

Bieg GERHARTA HAUPTMANN

WYNIKI ZAWODÓW
































Nordic Walking 10 km

Organizator: Niemiecko-Polskie Stowarzyszenie Dolny Śląsk WKB PIAST Wrocław

Termin: 13.10.2012

Miejsce: Wrocław

Dystans: 10 km

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Czas Time	Czas Netto	[min/km]
Nordic Walking 10 km Mężczyźni KATEGORIA:M											
1	388	SADOWIŃSKI Aleksander	BRZEG		POL	61	M/1	(M)1	01:17:43	01:17:24	07.44
2	382	LANGER Artur	OLEŚNICA		POL	65	M/2	(M)2	01:18:47	01:18:30	07.51
3	383	MICIUŁA Zbigniew	ŚWIDNICA		POL	59	M/3	(M)3	01:32:28	01:32:11	09.13
Nordic Walking 10 km Kobiety KATEGORIA:K											
1	375	DZIEGIELEWSKA Urszula	WROCLAW		POL	56	K/1	(K)1	01:31:12	01:30:51	09.05
2	379	KOSIOL Wioletta	WROCLAW		POL	68	K/2	(K)2	01:31:27	01:31:08	09.06
3	377	GRYZŁO Halina	ROGÓW SOBÓCKI		POL	58	K/3	(K)3	01:36:33	01:36:13	09.37
4	381	KRASIŃSKA Aneta	DOMANICE		POL	82	K/4	(K)4	01:36:33	01:36:09	09.36
5	390	STAROŚCIAK Krystyna	WROCLAW		POL	46	K/5	(K)5	01:36:34	01:36:13	09.37
6	385	PRZYBYLSKA Małgorzata	ŻARÓW		POL	87	K/6	(K)6	01:40:28	01:40:07	10.00
7	386	PRZYBYLSKA Zofia	ŻARÓW		POL	59	K/7	(K)7	01:40:30	01:40:04	10.00
8	387	SADOWIŃSKA Elżbieta	BRZEG		POL	63	K/8	(K)8	01:40:49	01:40:27	10.02
9	384	PLUTA Barbara	ROGÓW SOBÓCKI		POL	62	K/9	(K)9	01:43:41	01:43:22	10.20
10	373	BOLEWSKA Anna	ROGÓW SOBÓCKI		POL	62	K/10	(K)10	01:43:44	01:43:24	10.20
11	430	MULARCZYK Magdalena	WROCLAW		POL	58	K/11	(K)11	01:49:32	01:49:10	10.55
Bieg 10 km Kobiety KATEGORIA:K16											
1	398	GĘBARZEWSKA Monika	WROCLAW		POL	96	K16/1	(K)3	00:42:14	00:42:11	04.13
2	401	ZIELEŃ Małgorzata	WROCLAW		POL	96	K16/2	(K)4	00:42:19	00:42:17	04.13
3	312	SZMIT Anna	SARNY WIELKIE		POL	95	K16/3	(K)5	00:43:16	00:43:16	04.19
4	74	GODEK Hanna	KATOWICE		POL	93	K16/4	(K)10	00:49:36	00:49:25	04.56
5	216	OBODZIŃSKA Maria	WROCLAW		POL	93	K16/5	(K)20	00:52:16	00:52:14	05.13
6	400	KOZŁOWSKA Emma	WROCLAW		POL	95	K16/6	(K)35	00:57:08	00:56:53	05.41
7	127	KOSIOL Katarzyna	WROCLAW		POL	95	K16/7	(K)46	00:59:53	00:59:37	05.57
Bieg 10 km Kobiety KATEGORIA:K60											
1	42	ĆWIK-MASZCZYŃSKA Teresa	WROCLAW		POL	51	K60/1	(K)49	01:01:00	01:00:51	06.05
Bieg 10 km Kobiety KATEGORIA:K50											
1	14	BIALAS Ewa	LEWIN BRZESKI		POL	62	K50/1	(K)15	00:50:57	00:50:55	05.05
2	293	SROKA Janina	WROCLAW		POL	55	K50/2	(K)32	00:55:50	00:55:37	05.33
3	332	TOMCZAK Wiesława	WROCLAW		POL	61	K50/3	(K)42	00:59:19	00:59:14	05.55
4	153	KSOK Krystyna	WROCLAW		POL	58	K50/4	(K)57	01:07:12	01:06:59	06.41
5	45	DOBRYSZYCKA Ewa	WROCLAW		POL	55	K50/5	(K)59	01:13:59	01:13:37	07.21
Bieg 10 km Kobiety KATEGORIA:K40											
1	145	KROWICKA Dorota	WROCLAW		POL	69	K40/1	(K)2	00:41:59	00:41:58	04.11
2	52	DUDEK Adrianna	WROCLAW		POL	70	K40/2	(K)9	00:48:14	00:48:04	04.48
3	58	FEDYCZKOWSKA Justyna	STRZEGOM		POL	72	K40/3	(K)11	00:50:02	00:49:51	04.59
4	114	KARSKA Ewa	ŻŁOTORYJA		POL	66	K40/4	(K)31	00:55:28	00:55:19	05.31
5	96	JASTRZĘBSKA Agnieszka	WROCLAW		POL	72	K40/5	(K)33	00:56:37	00:56:23	05.38
6	86	IDCZAK Agnieszka	OLEŚNICA		POL	71	K40/6	(K)47	00:59:59	00:59:42	05.58
7	163	LEWANDOWSKA Agnieszka	KĄTY WROCLAWSKIE		POL	69	K40/7	(K)50	01:01:19	01:01:12	06.07
8	87	IWANKIEWICZ Joanna	WROCLAW		POL	69	K40/8	(K)58	01:11:12	01:10:56	07.05
Bieg 10 km Kobiety KATEGORIA:K30											
1	185	MASALSKA-PAWLAK Agata	RADWANICE		POL	81	K30/1	(K)7	00:46:21	00:46:16	04.37
2	85	HAWRYŁO Marzena	WROCLAW		POL	74	K30/2	(K)12	00:50:16	00:50:13	05.01
3	361	ZAJĄC Dorota	WROCLAW		POL	80	K30/3	(K)13	00:50:52	00:50:45	05.04

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Czas Netto	[min/km]
4	137	KRAJEWSKA Agata	OLAWA	POL		79	K30/4 (K)14	00:50:54	00:50:42	05.04
5	161	LEŚNIEWSKA Izabela	WROCLAW	POL		73	K30/5 (K)17	00:51:16	00:51:03	05.06
6	73	GNICH Joanna	WROCLAW	POL		78	K30/6 (K)25	00:52:50	00:52:48	05.16
7	37	CYTAWA Ilona	WROCLAW	POL		75	K30/7 (K)26	00:53:10	00:53:07	05.18
8	417	GÓRECKA Malwina	WROCLAW	POL		73	K30/8 (K)28	00:53:34	00:53:24	05.20
9	107	KACZMARCZYK Urszula	WROCLAW	POL		79	K30/9 (K)29	00:53:40	00:53:31	05.21
10	80	GRUBERSKA Beata	OBORNIKI ŚLĄSKIE	POL		75	K30/10 (K)37	00:57:54	00:57:47	05.46
11	90	JANCZEWSKA Marta	WARSZAWA	POL		81	K30/11 (K)39	00:58:39	00:58:26	05.50
12	316	SZWAJKA Oliwia	KARWIANY	POL		81	K30/12 (K)40	00:58:52	00:58:39	05.51
13	318	SZYMAŃSKA Edyta	WROCLAW	POL		75	K30/13 (K)41	00:58:57	00:58:53	05.53
14	347	WIERZBA Anita	WROCLAW	POL		76	K30/14 (K)44	00:59:37	00:59:25	05.56
15	306	SZAŁACIŃSKA Marta	WROCLAW	POL		81	K30/15 (K)48	01:00:32	01:00:12	06.01
16	408	SERWATKA Margareta	PRAGA	POL		76	K30/16 (K)53	01:02:12	01:02:02	06.12
17	295	STANGE-CICHOCKA Małgorzata	WROCLAW	POL		80	K30/17 (K)55	01:03:08	01:02:52	06.17
18	50	DUCHIŃSKA Iza	KAMIENIEC	POL		77	K30/18 (K)56	01:04:35	01:04:16	06.25

Bieg 10 km Kobiety KATEGORIA:K20




1	427	KUROWSKA Katarzyna	CHRZANÓW	POL		91	K20/1 (K)1	00:38:51	00:38:51	03.53
2	275	SKARBOWSKA Adrianna	WROCLAW	POL		88	K20/2 (K)6	00:43:32	00:43:32	04.21
3	75	GOULIA Vítá	WROCLAW	POL		83	K20/3 (K)8	00:47:53	00:47:49	04.46
4	357	WYSZYŃSKA Katarzyna	SIEWIERZ	POL		84	K20/4 (K)16	00:51:15	00:51:07	05.06
5	236	PIETNOCZKA Paulina	WĘGRY	POL		86	K20/5 (K)18	00:51:18	00:51:09	05.06
6	125	KORACH Barbara	WROCLAW	POL		91	K20/6 (K)19	00:51:31	00:51:29	05.08
7	44	DEREŃ Agata	STARA ŁOMNICA	POL		90	K20/7 (K)21	00:52:16	00:52:11	05.13
8	438	BEREZOWSKA Izabela	WROCLAW	POL		85	K20/8 (K)22	00:52:24	00:52:21	05.14
9	251	PRAKXMAJER Magdalena	SZCZECIN	POL		92	K20/9 (K)23	00:52:24	00:52:18	05.13
10	160	LEŚNIAK Paulina	WROCLAW	POL		84	K20/10 (K)24	00:52:37	00:52:22	05.14
11	435	NOWAK Maja	SZCZECIN	POL		90	K20/11 (K)27	00:53:15	00:52:57	05.17
12	206	NIEDZIELSKA Katarzyna	WROCLAW	POL		90	K20/12 (K)30	00:55:17	00:55:12	05.31
13	338	ULIASZ Alicja	BYSTRZYCA KŁODZKA	POL		90	K20/13 (K)34	00:56:45	00:56:40	05.40
14	245	PLEWA Katarzyna	STRONIE ŚLĄSKIE	POL		84	K20/14 (K)36	00:57:51	00:57:50	05.47
15	61	FORMELLA Rachelá	WROCLAW	POL		89	K20/15 (K)38	00:58:27	00:58:20	05.50
16	370	ŻABIŃSKA Marta	WROCLAW	POL		88	K20/16 (K)43	00:59:37	00:59:26	05.56
17	258	ROGOWSKA Monika	WAŁBRZYCH	POL		87	K20/17 (K)45	00:59:41	00:59:28	05.56
18	191	MICHALAK Martyna	WROCLAW	POL		84	K20/18 (K)51	01:01:19	01:01:02	06.06
19	29	CHMIELEWSKA Beata	WROCLAW	POL		90	K20/19 (K)52	01:01:24	01:01:06	06.06
20	63	FORNALIK Patrycja	WROCLAW	POL		89	K20/20 (K)54	01:02:41	01:02:30	06.15

Bieg 10 km Mężczyźni KATEGORIA:M16




1	405	CHAŁUPCZAK Jakub	WROCLAW	POL		93	M16/1 (M)2	00:33:53	00:33:52	03.23
2	406	KURCZEWSKI Sebastian	WROCLAW	POL		95	M16/2 (M)3	00:34:16	00:34:16	03.25
3	413	SKOWROŃSKI Tomasz	KALISZ	POL		93	M16/3 (M)11	00:37:22	00:37:21	03.44
4	268	SAMOŁUK Adrian	BIAŁY KOŚCIÓŁ	POL		93	M16/4 (M)15	00:38:19	00:38:15	03.49
5	12	BAK Marek	WROCLAW	POL		94	M16/5 (M)44	00:42:05	00:42:02	04.12
6	59	FELBEL Oliver	NAMYŚLÓW	POL		96	M16/6 (M)55	00:43:23	00:43:19	04.19
7	35	CYMERMAN Marcin	KĄTY WROCLAWSKIE	POL		94	M16/7 (M)79	00:44:56	00:44:49	04.28
8	272	SERAFIN Tomasz	WROCLAW	POL		96	M16/8 (M)81	00:45:04	00:45:02	04.30
9	139	KRASOŃ Rafał	SOBÓTKA	POL		94	M16/9 (M)113	00:46:45	00:46:40	04.40
10	2	BACHIŃSKI Wojciech	ROGÓW SOBÓCKI	POL		93	M16/10 (M)128	00:47:21	00:46:59	04.41
11	367	ZBYRYT Natan	NOWA RUDA	POL		94	M16/11 (M)135	00:47:48	00:47:46	04.46
12	135	KOZIOŁ Łukasz	SOBÓTKA	POL		94	M16/12 (M)186	00:49:41	00:49:33	04.57
13	154	KUBOWICZ Łukasz	OLAWA	POL		95	M16/13 (M)239	00:55:14	00:55:02	05.30
14	83	GUGUŁ Jakub	WROCLAW	POL		94	M16/14 (M)242	00:55:29	00:55:21	05.32
15	221	OSTROWSKI Karol	KIELCZÓW	POL		93	M16/15 (M)259	00:57:39	00:57:28	05.44

Bieg 10 km Mężczyźni KATEGORIA:M70


































1	224	PALCZAK Józef	WROCLAW	POL		41	M70/1 (M)97	00:46:03	00:45:56	04.35
2	424	CHAWSTYK Karol	KĄTY WROCLAWSKIE	POL		38	M70/2 (M)142	00:48:00	00:47:56	04.47
3	192	MICHOWSKI Marian	WROCLAW	POL		39	M70/3 (M)204	00:51:33	00:51:27	05.08
4	230	PATER Zbigniew	WROCLAW	POL		40	M70/4 (M)263	00:58:31	00:58:27	05.50

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Czas Netto	[min/km]
5	232	PAWLACZYK Marian	WROCLAW	 POL		34	M70/5 (M)269	00:59:51	00:59:38	05.57
6	181	MALISZEWSKI Józef	WROCLAW	 POL		40	M70/6 (M)275	01:03:08	01:02:48	06.16
7	339	URAMOWSKI Józef	WROCLAW	 POL		38	M70/7 (M)279	01:11:12	01:10:55	07.05

Bieg 10 km Mężczyźni KATEGORIA:M60

1	407	CHARNETSKI Anatolui	BELAPUS MOZIR	 BLR		49	M60/1 (M)61	00:43:47	00:43:47	04.22
2	415	CHMURA Jan	WROCLAW	 POL		49	M60/2 (M)83	00:45:08	00:45:08	04.30
3	39	CZAJKOWSKI Stanisław	JELCZ-LASKOWICE	 POL		50	M60/3 (M)93	00:45:49	00:45:48	04.34
4	213	NOWICKI Zbigniew	WROCLAW	 POL		50	M60/4 (M)98	00:46:09	00:46:06	04.36
5	246	PŁONKA Marian	WROCLAW	 POL		48	M60/5 (M)110	00:46:35	00:46:31	04.39
6	55	DYLLA Franz	TARNÓW OPOLSKI	 GER		48	M60/6 (M)136	00:47:48	00:47:40	04.46
7	175	MACHOWSKI Edward	WOŁÓW	 POL		48	M60/7 (M)139	00:47:57	00:47:55	04.47
8	70	GIZINSKI Stefan	WOŁÓW	 POL		48	M60/8 (M)143	00:48:00	00:47:56	04.47
9	299	STAROŚCIAK Antoni	WROCLAW	 POL		44	M60/9 (M)144	00:48:06	00:47:59	04.47
10	159	LEŚNIAK Józef	WROCLAW	 POL		45	M60/10 (M)148	00:48:14	00:48:09	04.48
11	399	MACIUKIEWICZ Wojciech	WROCLAW	 POL		52	M60/11 (M)152	00:48:26	00:48:14	04.49
12	144	KRĘCZYŃSKI Jacek	GLIWICE	 POL		50	M60/12 (M)182	00:49:28	00:49:22	04.56
13	307	SZCZEŚNIAK Andrzej	WROCLAW	 POL		49	M60/13 (M)188	00:49:49	00:49:49	04.58
14	22	BORA Andrzej	WROCLAW	 POL		48	M60/14 (M)191	00:50:19	00:50:09	05.00
15	27	BUNDYRA Czesław	WROCLAW	 POL		50	M60/15 (M)208	00:51:48	00:51:39	05.09
16	120	KINAL Leszek	WROCLAW	 POL		50	M60/16 (M)209	00:51:52	00:51:43	05.10
17	259	RUDNO-RUDZINSKI Krzysztof	WROCLAW	 POL		49	M60/17 (M)211	00:52:00	00:51:54	05.11
18	141	KRAWCZYK Dariusz	WROCLAW	 POL		49	M60/18 (M)232	00:54:02	00:53:50	05.23
19	18	BLOK Jan	WROCLAW	 POL		49	M60/19 (M)241	00:55:28	00:55:21	05.32
20	345	WENK Bernhard	WROCLAW	 GER		49	M60/20 (M)280	01:11:42	01:11:27	07.08

Bieg 10 km Mężczyźni KATEGORIA:M50

1	118	KIŁCZEWSKI Grzegorz	WROCLAW	 POL		60	M50/1 (M)1	00:33:47	00:33:46	03.22
2	41	CZERSKI Marian	WROCLAW	 POL		57	M50/2 (M)8	00:36:58	00:36:56	03.41
3	239	PILARSKI Dionizy	OLEŚNICA	 POL		61	M50/3 (M)18	00:38:41	00:38:40	03.52
4	65	GADZINSKI Marek	WROCLAW	 POL		62	M50/4 (M)19	00:38:43	00:38:42	03.52
5	351	WÓJCİK Jacek	KOTOWICE	 POL		61	M50/5 (M)20	00:38:46	00:38:45	03.52
6	298	STANKIEWICZ Antoni	SOBÓTKA	 POL		58	M50/6 (M)27	00:39:29	00:39:28	03.56
7	436	WILK Czesław	WĘGRÓW	 POL		58	M50/7 (M)32	00:40:02	00:40:02	04.00
8	32	CIBORSKI Ireneusz	WROCLAW	 POL		53	M50/8 (M)59	00:43:33	00:43:31	04.21
9	6	BARANOWSKI Antoni	TUMIDAJ	 POL		59	M50/9 (M)64	00:43:56	00:43:55	04.23
10	428	PIETRZYK Dariusz	WROCLAW	 POL		59	M50/10 (M)70	00:44:08	00:44:02	04.24
11	280	SKUDLARSKI Kamil	WROCLAW	 POL		61	M50/11 (M)71	00:44:14	00:44:12	04.25
12	281	SŁOMKA Marek	OPOLE	 POL		56	M50/12 (M)90	00:45:33	00:45:31	04.33
13	344	WAŚIK Marek	WROCLAW	 POL		60	M50/13 (M)91	00:45:36	00:45:30	04.33
14	346	WESOŁOWSKI Stanisław	URAZ	 POL		54	M50/14 (M)102	00:46:24	00:46:19	04.37
15	173	ŁOPUSIEWICZ Mariusz	WROCLAW	 POL		60	M50/15 (M)104	00:46:25	00:46:23	04.38
16	252	PRZECH Władysław	NADOLICE WIELKIE	 POL		56	M50/16 (M)105	00:46:26	00:46:26	04.38
17	15	BIAŁAS Stanisław	LEWIN BRZESKI	 POL		56	M50/17 (M)112	00:46:44	00:46:43	04.40
18	243	PISZCZAŁKA Krzysztof	SOBÓTKA	 POL		61	M50/18 (M)119	00:46:55	00:46:50	04.41
19	215	NOWIŃSKI Jan	TRZEBNICA	 POL		61	M50/19 (M)129	00:47:24	00:47:15	04.43
20	208	NIEZGÓDKA Zbigniew	WROCLAW	 POL		59	M50/20 (M)151	00:48:20	00:48:09	04.48
21	134	KOZIMOR Wiesław	LEWIN BRZESKI	 POL		61	M50/21 (M)168	00:49:01	00:48:55	04.53
22	200	MUSUR Adam	OLEŚNICA	 POL		53	M50/22 (M)177	00:49:23	00:49:21	04.56
23	303	STRUCKI Jacek	WROCLAW	 POL		58	M50/23 (M)179	00:49:25	00:49:13	04.55
24	33	CIECIORA Wojciech	SOBÓTKA	 POL		61	M50/24 (M)181	00:49:26	00:49:22	04.56
25	241	PIOTROWSKI Marek	WROCLAW	 POL		61	M50/25 (M)185	00:49:39	00:49:28	04.56
26	201	MOSZONKA Henryk	ŻÓRAWINA	 POL		57	M50/26 (M)190	00:50:12	00:50:02	05.00
27	183	MANDAT Jan	OLEŚNICA	 POL		59	M50/27 (M)197	00:50:50	00:50:49	05.04
28	199	MOSKWA Krzysztof	LESZNO	 POL		57	M50/28 (M)200	00:51:02	00:50:49	05.04
29	92	JANKOWICZ Jerzy	WROCLAW	 POL		58	M50/29 (M)206	00:51:46	00:51:32	05.09
30	189	MICHAJLUK Bogdan	SADKÓW	 POL		59	M50/30 (M)216	00:52:21	00:52:15	05.13
31	121	KLAWENDER Ryszard	GLIWICE	 POL		59	M50/31 (M)225	00:52:50	00:52:43	05.16
32	40	CZERNEWCAN Bogusław	WROCLAW	 POL		59	M50/32 (M)226	00:52:51	00:52:51	05.17
33	416	ŚWIRNIAK Bernard	STRZEGOM	 POL		55	M50/33 (M)231	00:53:36	00:53:36	05.21

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Czas Netto	[min/km]
34	425	MAZUR Tadeusz	WROCLAW		POL	55	M50/34 (M)244	00:56:03	00:55:53	05.35
35	439	CHODACZEK Mieczysław	WROCLAW		POL	59	M50/35 (M)247	00:56:16	00:56:03	05.36
36	136	KOZIOROWSKI Krzysztof	ZORAWINA		POL	54	M50/36 (M)248	00:56:19	00:56:03	05.36
37	317	SZWAJKA Wacław	RACIBÓRZ		POL	56	M50/37 (M)260	00:58:04	00:57:51	05.47
38	253	PRZYBYLSKI Jan	ŻARÓW		POL	55	M50/38 (M)261	00:58:08	00:58:02	05.48
39	402	SOBOL Józef	WROCLAW		POL	59	M50/39 (M)262	00:58:25	00:58:05	05.48
40	288	SOLTYŃSKI Andrzej	NADOLICE WIELKIE		POL	60	M50/40 (M)272	01:01:20	01:01:19	06.07
41	182	MALYS Waldemar	WROCLAW		POL	57	M50/41 (M)276	01:03:12	01:03:05	06.18
42	249	POLOCZEK Marek	WROCLAW		POL	55	M50/42 (M)277	01:03:12	01:02:55	06.17

Bieg 10 km Mężczyźni KATEGORIA:M40

1	176	MACIASZCZYK Roman	BIERUTÓW		POL	69	M40/1 (M)12	00:37:27	00:37:26	03.44
2	94	JANOWSKI Krzysztof	KAMIENIEC		POL	70	M40/2 (M)16	00:38:19	00:38:18	03.49
3	91	JANIAK Witold	WROCLAW		POL	70	M40/3 (M)25	00:39:11	00:39:10	03.55
4	9	BAUER Andreas	WROCLAW		GER	64	M40/4 (M)29	00:39:41	00:39:39	03.57
5	21	BODIO Dariusz	ZIĘBICE		POL	67	M40/5 (M)31	00:39:52	00:39:50	03.59
6	179	MALEK Krzysztof	WOŁÓW		POL	68	M40/6 (M)38	00:41:19	00:41:17	04.07
7	366	ZBYRYT Marek	NOWA RUDA		POL	65	M40/7 (M)43	00:42:01	00:42:00	04.12
8	397	GĘBARZEWSKI Robert	WROCLAW		POL	70	M40/8 (M)48	00:42:42	00:42:41	04.16
9	444	MORSKI Piotr	WROCLAW		POL	65	M40/9 (M)56	00:43:23	00:43:22	04.20
10	36	CYTAWA Arkadiusz	WROCLAW		POL	71	M40/10 (M)63	00:43:52	00:43:51	04.23
11	311	SZMAGIEREWSKI Wojciech	WROCLAW		POL	68	M40/11 (M)65	00:43:57	00:43:48	04.22
12	429	KOWAL Adam	CHWAŁOWICE		POL	65	M40/12 (M)66	00:44:01	00:43:52	04.23
13	271	SERAFIN Jacek	WROCLAW		POL	67	M40/13 (M)73	00:44:20	00:44:18	04.25
14	432	BERNHARD Piotr	WROCLAW		POL	71	M40/14 (M)75	00:44:28	00:44:25	04.26
15	341	WARWAS Artur	WROCLAW		POL	66	M40/15 (M)77	00:44:40	00:44:35	04.27
16	238	PIETRZAK Przemysław	OLEŚNICA		POL	68	M40/16 (M)82	00:45:08	00:44:58	04.29
17	138	KRASOŃ Mirosław	SOBÓTKA		POL	65	M40/17 (M)84	00:45:09	00:45:05	04.30
18	324	SZYNAL Marek	WROCLAW		POL	65	M40/18 (M)85	00:45:11	00:45:09	04.30
19	171	ŁADA Mariusz	KNURÓW		POL	69	M40/19 (M)92	00:45:41	00:45:35	04.33
20	282	SMAZA Dariusz	WROCLAW		POL	63	M40/20 (M)96	00:46:01	00:45:57	04.35
21	126	KOSIOL Andrzej	WROCLAW		POL	64	M40/21 (M)100	00:46:16	00:46:12	04.37
22	28	CHABKO Jacek	WROCLAW		POL	68	M40/22 (M)107	00:46:30	00:46:10	04.37
23	337	ULATOWSKI Ireneusz	BRZEG DOLNY		POL	63	M40/23 (M)118	00:46:53	00:46:45	04.40
24	360	ZAGROBELNY Radosław	WROCLAW		POL	64	M40/24 (M)132	00:47:31	00:47:28	04.44
25	300	STAWARZ Paweł	OLEŚNICA		POL	69	M40/25 (M)133	00:47:36	00:47:27	04.44
26	7	BARTKOWIAK Hubert	ŻMIGRÓD		POL	68	M40/26 (M)147	00:48:11	00:48:04	04.48
27	442	HETMAN Robert	WROCLAW		POL	63	M40/27 (M)149	00:48:16	00:48:12	04.49
28	328	TATROCKI Krzysztof	SOBÓTKA		POL	69	M40/28 (M)158	00:48:46	00:48:46	04.52
29	100	JĘDRZEJEWSKI Zbigniew	WROCLAW		POL	63	M40/29 (M)161	00:48:49	00:48:47	04.52
30	220	OSTROWSKI Dariusz	KIELCZÓW		POL	69	M40/30 (M)162	00:48:49	00:48:39	04.51
31	164	LEWANDOWSKI Dariusz	KĄTY WROCLAWSKIE		POL	68	M40/31 (M)163	00:48:52	00:48:46	04.52
32	19	BOBIK Paweł	WROCLAW		POL	69	M40/32 (M)164	00:48:52	00:48:37	04.51
33	184	MARYNOWSKI Jerzy	WROCLAW		POL	69	M40/33 (M)165	00:48:52	00:48:44	04.52
34	117	KASPRZAK Tomasz	WROCLAW		POL	63	M40/34 (M)166	00:49:01	00:48:45	04.52
35	364	ZARĘBSKI Wojciech	WROCLAW		POL	72	M40/35 (M)167	00:49:01	00:48:58	04.53
36	212	NOWICKI Wojciech	KIELCZÓW		POL	72	M40/36 (M)175	00:49:09	00:48:58	04.53
37	229	PASIERB Antoni	WROCLAW		POL	71	M40/37 (M)184	00:49:33	00:49:28	04.56
38	244	PISZCZEK Ryszard	WROCLAW		POL	63	M40/38 (M)192	00:50:20	00:50:06	05.00
39	203	MULICA Darek	WROCLAW		POL	67	M40/39 (M)193	00:50:21	00:50:05	05.00
40	322	SZYMCZAK Wojciech	WROCLAW		POL	68	M40/40 (M)194	00:50:30	00:50:21	05.02
41	103	JURECKI Zygfryd	WROCLAW		POL	65	M40/41 (M)195	00:50:42	00:50:27	05.02
42	3	BANAŚ Tomasz	BIELANY WROCLAWSKIE		POL	71	M40/42 (M)199	00:51:01	00:50:53	05.05
43	26	BÖTTCHER Lothar	BERLIN		GER	65	M40/43 (M)201	00:51:19	00:51:03	05.06
44	297	STANIOROWSKI Piotr	WROCLAW		POL	67	M40/44 (M)202	00:51:23	00:51:20	05.08
45	325	SZYSZKOWIAK Feliks	WROCLAW		POL	64	M40/45 (M)213	00:52:05	00:51:44	05.10
46	336	TYSZKOWSKI Michał	CHRZAŚTAWA MAŁA		POL	67	M40/46 (M)214	00:52:13	00:52:09	05.12
47	314	SZUSZKIEWICZ Jacek	WROCLAW		POL	66	M40/47 (M)220	00:52:32	00:52:19	05.13
48	393	LISOWSKI Jacek	WROCLAW		POL	71	M40/48 (M)221	00:52:35	00:52:32	05.15

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Czas Netto	[min/km]
49	88	IWANKIEWICZ Paweł	WROCLAW		POL	66	M40/49 (M)224	00:52:43	00:52:27	05.14
50	112	KARCZYŃSKI Krzysztof	WROCLAW		POL	71	M40/50 (M)229	00:53:05	00:52:54	05.17
51	265	RZECZKOWSKI Dariusz	WROCLAW		POL	68	M40/51 (M)230	00:53:28	00:53:18	05.19
52	353	WÓJCIK Stanisław	SMOLEC		POL	63	M40/52 (M)251	00:56:36	00:56:21	05.38
53	225	PALUSZCZAK Roman	MARCINKOWICE		POL	71	M40/53 (M)253	00:56:50	00:56:42	05.40
54	437	PEKALA Wojciech	WROCLAW		POL	68	M40/54 (M)257	00:57:14	00:56:55	05.41
55	102	JURCZAK Jacek	WROCLAW		POL	66	M40/55 (M)258	00:57:24	00:57:12	05.43
56	174	ŁUCZAK Jarosław	OLEŚNICA		POL	72	M40/56 (M)265	00:58:58	00:58:54	05.53
57	327	ŚWIĘŚ Dariusz	ŁĘG		POL	68	M40/57 (M)271	01:00:50	01:00:32	06.03



































Bieg 10 km Mężczyźni KATEGORIA:M30

1	349	WŁODARCZYK Robert	WROCLAW		POL	75	M30/1 (M)4	00:34:28	00:34:27	03.26
2	30	CHODORSKI Piotr	WROCLAW		POL	73	M30/2 (M)6	00:36:07	00:36:06	03.36
3	16	BIELICKI Bartosz	MILICZ		POL	80	M30/3 (M)9	00:37:08	00:37:07	03.42
4	348	WIŚNIEWSKI Sławomir	WROCLAW		POL	73	M30/4 (M)13	00:37:33	00:37:31	03.45
5	56	DZIEWA Marcin	NISKO		POL	81	M30/5 (M)21	00:38:48	00:38:44	03.52
6	273	SIERKA Artur	WROCLAW		POL	81	M30/6 (M)22	00:38:50	00:38:49	03.52
7	108	KALEMBKIEWICZ Mirek	WROCLAW		POL	76	M30/7 (M)24	00:39:00	00:38:59	03.53
8	333	TOMCZUK Krzysztof	WROCLAW		POL	82	M30/8 (M)28	00:39:34	00:39:29	03.56
9	433	OLEJNICZAK Jarosław	WROCLAW		POL	73	M30/9 (M)30	00:39:51	00:39:47	03.58
10	186	MATYSEK Dariusz	WROCLAW		POL	76	M30/10 (M)33	00:40:21	00:40:18	04.01
11	330	TOLŁOCZKO Arkadiusz	CHWAŁOWICE		POL	77	M30/11 (M)34	00:40:28	00:40:26	04.02
12	165	LEWICKI Piotr	KŁODZKO		POL	74	M30/12 (M)36	00:40:57	00:40:51	04.05
13	233	PAWLAK Gabriel	RADWANICE		POL	79	M30/13 (M)37	00:41:14	00:41:06	04.06
14	277	SKOWROŃSKI Janusz	OLEŚNICA		POL	76	M30/14 (M)39	00:41:22	00:41:19	04.07
15	354	WRÓBEL Łukasz	WROCLAW		POL	77	M30/15 (M)40	00:41:32	00:41:24	04.08
16	131	KOWALCZYK Paweł	WROCLAW		POL	81	M30/16 (M)42	00:41:58	00:41:56	04.11
17	209	NIKODON Paweł	WROCLAW		POL	78	M30/17 (M)49	00:42:47	00:42:44	04.16
18	151	KRZESIŃSKI Dariusz	WROCLAW		POL	77	M30/18 (M)50	00:42:52	00:42:48	04.16
19	291	SPYRCZAK Rafał	WROCLAW		POL	76	M30/19 (M)54	00:43:17	00:43:11	04.19
20	431	STEFANICKI Tomasz	WROCLAW		POL	80	M30/20 (M)57	00:43:28	00:43:27	04.20
21	170	ŁADA Lucjan	LUBIN		POL	73	M30/21 (M)60	00:43:35	00:43:29	04.20
22	4	BARAN Bartłomiej	OLAWA		POL	74	M30/22 (M)67	00:44:04	00:43:57	04.23
23	193	MIELNIKOWSKI Piotr	SOBÓTKA		POL	74	M30/23 (M)68	00:44:06	00:44:05	04.24
24	79	GRESZTA Piotr	WROCLAW		POL	75	M30/24 (M)69	00:44:07	00:44:01	04.24
25	38	CZAJKA Grzegorz	NOWA RUDA		POL	79	M30/25 (M)80	00:45:00	00:44:51	04.29
26	57	FEDYCZKOWSKI Edward	STRZEGOM		POL	73	M30/26 (M)88	00:45:25	00:45:23	04.32
27	242	PIOTROWSKI Marek	OLEŚNICA		POL	75	M30/27 (M)94	00:45:55	00:45:52	04.35
28	51	DUDA Jarosław	OLEŚNICA		POL	74	M30/28 (M)101	00:46:22	00:46:12	04.37
29	284	SMOLIŃSKI Mariusz	LEŚNA		POL	77	M30/29 (M)111	00:46:40	00:46:34	04.39
30	77	GÓRSKI Tomasz	OŻARÓW MAZOWIECKI		POL	76	M30/30 (M)114	00:46:45	00:46:43	04.40
31	250	POSŁUSZNY Paweł	WROCLAW		POL	79	M30/31 (M)115	00:46:49	00:46:34	04.39
32	132	KOWALCZYK Robert	ZIĘBICE		POL	78	M30/32 (M)116	00:46:51	00:46:38	04.39
33	76	GÓRSKI Łukasz	WROCLAW		POL	82	M30/33 (M)117	00:46:52	00:46:49	04.40
34	34	CISZEWSKI Arkadiusz	KOBIERZYCE		POL	79	M30/34 (M)121	00:46:59	00:46:57	04.41
35	329	TOCZYŃSKI Paweł	WROCLAW		POL	74	M30/35 (M)122	00:47:06	00:46:40	04.40
36	235	PICH Robert	ŻŁOBIZNA		POL	75	M30/36 (M)124	00:47:09	00:46:58	04.41
37	335	TUBICZ Paweł	WROCLAW		POL	79	M30/37 (M)125	00:47:14	00:46:59	04.41
38	66	GAJOWY Artur	TRZEBNICA		POL	73	M30/38 (M)130	00:47:28	00:47:16	04.43
39	310	SZLAGA Daniel	ZIĘBICE		POL	75	M30/39 (M)131	00:47:28	00:47:26	04.44
40	264	RZATKIEWICZ Konrad	WROCLAW		POL	79	M30/40 (M)137	00:47:49	00:47:34	04.45
41	255	RDULTOWSKI Robert	WROCLAW		POL	78	M30/41 (M)138	00:47:54	00:47:50	04.47
42	266	SACIUK Piotr	WROCLAW		POL	78	M30/42 (M)140	00:47:57	00:47:48	04.46
43	356	WYLEZIŃSKI Piotr	WROCLAW		POL	73	M30/43 (M)141	00:47:59	00:47:56	04.47
44	395	ZINIEWICZ Łukasz	SZCZECIN		POL	80	M30/44 (M)146	00:48:07	00:48:00	04.48
45	355	WRÓBEL Robert	WROCLAW		POL	73	M30/45 (M)150	00:48:18	00:48:12	04.49
46	10	BAUGARTNER Marcin	WROCLAW		POL	75	M30/46 (M)153	00:48:29	00:48:19	04.49
47	396	BARTECZKA Tomasz	WROCLAW		POL	82	M30/47 (M)154	00:48:36	00:48:28	04.50
48	365	ZĄBEK Łukasz	WROCLAW		POL	78	M30/48 (M)155	00:48:37	00:48:31	04.51

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Czas Netto	[min/km]
49	81	GRUSZCZYŃSKI Piotr	ZGORZELEC	POL		77	M30/49 (M)157	00:48:43	00:48:36	04.51
50	263	RYCZYŃSKI Jacek	OLEŚNICA	POL		74	M30/50 (M)160	00:48:48	00:48:37	04.51
51	270	SEMPIK Robert	WROCLAW	POL		73	M30/51 (M)169	00:49:02	00:49:00	04.54
52	222	OWCZARZ Mieczysław	WROCLAW	POL		79	M30/52 (M)170	00:49:03	00:48:57	04.53
53	269	SARNA Paweł	WROCLAW	POL		81	M30/53 (M)172	00:49:04	00:48:54	04.53
54	25	BORUCH Jarosław	WROCLAW	POL		79	M30/54 (M)174	00:49:06	00:48:50	04.53
55	443	HYSKI Mateusz	KLUCZBORK	POL		80	M30/55 (M)176	00:49:15	00:49:01	04.54
56	84	GUŁA Sławomir	KOBIERZYCE	POL		79	M30/56 (M)178	00:49:25	00:49:12	04.55
57	219	OLSZEWSKI Kamil	WROCLAW	POL		78	M30/57 (M)180	00:49:25	00:49:13	04.55
58	305	SZAFRAŃSKI Piotr	WROCLAW	POL		77	M30/58 (M)183	00:49:30	00:49:24	04.56
59	256	RESPONDEK Dariusz	WROCLAW	POL		74	M30/59 (M)187	00:49:43	00:49:28	04.56
60	352	WÓJCIK Krzysztof	WYSOKA	POL		75	M30/60 (M)189	00:50:05	00:50:01	05.00
61	422	KUBIAK Marcin	WROCLAW	POL		76	M30/61 (M)196	00:50:44	00:50:33	05.03
62	43	DARŁAK Dariusz	WROCLAW	POL		74	M30/62 (M)198	00:50:51	00:50:37	05.03
63	227	PANKAŁA Rafał	WROCLAW	POL		80	M30/63 (M)203	00:51:25	00:51:21	05.08
64	109	KALEMBKIEWICZ Piotr	WROCLAW	POL		78	M30/64 (M)205	00:51:39	00:51:31	05.09
65	257	ROGAŁA Klaudiusz	WROCLAW	POL		73	M30/65 (M)207	00:51:48	00:51:42	05.10
66	414	SZYMAŃSKI Klaudiusz	WROCLAW	POL		79	M30/66 (M)210	00:51:54	00:51:45	05.10
67	368	ZIMOŃ Adam	WROCLAW	POL		75	M30/67 (M)212	00:52:01	00:51:50	05.11
68	97	JAWORSKI Przemysław	SMOLEC	POL		79	M30/68 (M)215	00:52:18	00:52:03	05.12
69	113	KARDAS Jacek	WROCLAW	POL		73	M30/69 (M)219	00:52:30	00:52:21	05.14
70	308	SZKUDLAREK Michał	BRZEG	POL		78	M30/70 (M)223	00:52:40	00:52:36	05.15
71	278	SKOWROŃSKI Krzysztof	KROTOSZYN	POL		81	M30/71 (M)233	00:54:49	00:54:32	05.27
72	162	LEŚNIEWSKI Jakub	WROCLAW	POL		74	M30/72 (M)236	00:54:58	00:54:45	05.28
73	315	SZWAJKA Michał	KARWIANY	POL		80	M30/73 (M)237	00:55:02	00:54:49	05.28
74	143	KRENZ Damian	WROCLAW	POL		74	M30/74 (M)240	00:55:16	00:55:12	05.31
75	290	SORÓBKA Tomasz	SMOLEC	POL		73	M30/75 (M)250	00:56:36	00:56:20	05.38
76	363	ZAMERSKI Marek	NOWA SÓL	POL		80	M30/76 (M)254	00:56:53	00:56:34	05.39
77	194	MIKICIUK Arkadiusz	WROCLAW	POL		75	M30/77 (M)255	00:56:56	00:56:37	05.39
78	403	PAWLUK Tomasz	BIELANY WROCLAWSKIE	POL		78	M30/78 (M)256	00:56:58	00:56:47	05.40
79	319	SZYMAŃSKI Dariusz	WROCLAW	POL		74	M30/79 (M)264	00:58:57	00:58:54	05.53
80	423	ŻARKIEWICZ Piotr	WROCLAW	POL		75	M30/80 (M)266	00:59:19	00:59:01	05.54
81	420	SŁOMCZYŃSKI Robert	SIECHNICE	POL		75	M30/81 (M)267	00:59:44	00:59:35	05.57
82	274	SIKORSKI Wojciech	SIECHNICE	POL		77	M30/82 (M)268	00:59:44	00:59:36	05.57
83	130	KOTARSKI Jan	OLEŚNICA	POL		75	M30/83 (M)274	01:01:41	01:01:28	06.08
84	426	DUCHIŃSKI Krzysztof	DUCHY	POL		75	M30/84 (M)278	01:04:35	01:04:16	06.25

Bieg 10 km Mężczyźni KATEGORIA:M20

1	421	ŚLĘZAK Piotr	OBORNIKI ŚLĄSKIE	POL		89	M20/1 (M)5	00:34:52	00:34:52	03.29
2	267	SAKOWSKI Marcin	RYCHWAŁ	POL		91	M20/2 (M)7	00:36:45	00:36:45	03.40
3	78	GREMBSKI Maciej	GŁOGÓW	POL		92	M20/3 (M)10	00:37:10	00:37:09	03.42
4	106	KACZMARCZYK Łukasz	JASZOWICE	POL		88	M20/4 (M)14	00:38:10	00:38:09	03.48
5	279	SKRZYPCZAK Tomasz	WROCLAW	POL		85	M20/5 (M)17	00:38:35	00:38:34	03.51
6	411	ŚWIERCZ Szymon	GŁOGÓW	POL		89	M20/6 (M)23	00:38:57	00:38:53	03.53
7	286	SOCHA Artur	WAŁBRZYCH	POL		89	M20/7 (M)26	00:39:23	00:39:22	03.56
8	412	WOJCIESZONEK Krzysztof	GÓRA	POL		86	M20/8 (M)35	00:40:40	00:40:34	04.03
9	17	BIERNACKI Krzysztof	WROCLAW	POL		90	M20/9 (M)41	00:41:43	00:41:35	04.09
10	207	NIEZGÓDKA Przemysław	WROCLAW	POL		84	M20/10 (M)45	00:42:24	00:42:23	04.14
11	157	LABUSEK Łukasz	WROCLAW	POL		92	M20/11 (M)46	00:42:36	00:42:30	04.15
12	177	MACIEJEWSKI Maciej	WROCLAW	POL		89	M20/12 (M)47	00:42:36	00:42:33	04.15
13	68	GAŚSIOR Jakub	RAWICZ	POL		91	M20/13 (M)51	00:42:53	00:42:45	04.16
14	418	WOŁOSEWICZ Daniel	WROCLAW	POL		85	M20/14 (M)52	00:43:12	00:43:09	04.18
15	326	ŚNIOCH Marek	WROCLAW	POL		85	M20/15 (M)53	00:43:13	00:43:12	04.19
16	168	ŁABA Maciej	WROCLAW	POL		88	M20/16 (M)58	00:43:31	00:43:31	04.21
17	358	ZABŁOCKI Bartłomiej	WROCLAW	POL		84	M20/17 (M)62	00:43:52	00:43:44	04.22
18	419	SKUDLARSKI Jakub	WROCLAW	POL		91	M20/18 (M)72	00:44:15	00:44:11	04.25
19	409	KULBA Marek	WROCLAW	POL		91	M20/19 (M)74	00:44:27	00:44:20	04.26
20	410	KRĘŻEL Krzysztof	WISZNIA MAŁA	POL		91	M20/20 (M)76	00:44:38	00:44:26	04.26
21	371	ŻÓŁTAŃSKI Marcin	WITOSZYN	POL		86	M20/21 (M)78	00:44:45	00:44:38	04.27

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k	W kategorii YoB in Age Sex	Czas Time	Czas Netto	[min/km]
22	119	KIEŁT Jacek	ŁAŃCUT	 POL		87	M20/22 (M)86	00:45:17	00:45:14	04.31
23	169	ŁACH Łukasz	WOJNAROWICE	 POL		88	M20/23 (M)87	00:45:21	00:44:57	04.29
24	211	NOWAK Piotr	WROCLAW	 POL		90	M20/24 (M)89	00:45:27	00:45:22	04.32
25	195	MISIUREK Bartosz	WROCLAW	 POL		83	M20/25 (M)95	00:45:57	00:45:54	04.35
26	234	PAWLEWICZ Paweł	RUSZÓW	 POL		84	M20/26 (M)99	00:46:14	00:46:09	04.36
27	205	NĘDZA Jacek	GRÓDEK NAD DUNAJCEM	 POL		84	M20/27 (M)103	00:46:25	00:46:19	04.37
28	110	KALUS Jacek	WAŁBRZYCH	 POL		90	M20/28 (M)106	00:46:30	00:46:25	04.38
29	260	RUDZKI Paweł	WROCLAW	 POL		89	M20/29 (M)108	00:46:32	00:46:16	04.37
30	254	PRZYWARTY Łukasz	WROCLAW	 POL		89	M20/30 (M)109	00:46:33	00:46:26	04.38
31	261	RUTKOWSKI Adam	WROCLAW	 POL		86	M20/31 (M)120	00:46:56	00:46:46	04.40
32	394	WIDUŁA Przemysław	CZĘSTOCHOWA	 POL		89	M20/32 (M)123	00:47:07	00:46:52	04.41
33	31	CHWALISZ Łukasz	BOLEWICE	 POL		90	M20/33 (M)126	00:47:14	00:46:59	04.41
34	434	URBANOWICZ Konrad	WROCLAW	 POL		90	M20/34 (M)127	00:47:14	00:46:57	04.41
35	226	PAMUŁA Radosław	WROCLAW	 POL		92	M20/35 (M)134	00:47:38	00:47:30	04.45
36	20	BOCZEK Leszek	WROCLAW	 POL		85	M20/36 (M)145	00:48:07	00:47:54	04.47
37	294	STACHOWIAK Krzysztof	NAMYŚLÓW	 POL		90	M20/37 (M)156	00:48:39	00:48:25	04.50
38	440	GOZDALSKI Adam	RADOM	 POL		85	M20/38 (M)159	00:48:47	00:48:42	04.52
39	197	MOGILAN Arkadiusz	MILICZ	 POL		84	M20/39 (M)171	00:49:03	00:48:57	04.53
40	441	LASKOWSKI Wojciech	WROCLAW	 POL		84	M20/40 (M)173	00:49:04	00:48:48	04.52
41	152	KRZESZOWSKI Piotr	PRZEWORNO	 POL		86	M20/41 (M)217	00:52:24	00:52:14	05.13
42	122	KOBA Jakub	WROCLAW	 POL		84	M20/42 (M)218	00:52:25	00:52:03	05.12
43	187	MELIŃSKI Marek	DZIERŻONIÓW	 POL		84	M20/43 (M)222	00:52:38	00:52:25	05.14
44	237	PIETRASZKO Jakub	WROCLAW	 POL		91	M20/44 (M)227	00:52:56	00:52:49	05.16
45	148	KRUPIANIK Tomasz	WROCLAW	 POL		83	M20/45 (M)228	00:53:01	00:52:57	05.17
46	217	OLENDER Kamil	WROCLAW	 POL		83	M20/46 (M)234	00:54:54	00:54:41	05.28
47	276	SKOREK Karol	WROCLAW	 POL		83	M20/47 (M)235	00:54:56	00:54:43	05.28
48	404	MAJEWSKI Łukasz	WROCLAW	 POL		83	M20/48 (M)238	00:55:10	00:54:58	05.29
49	231	PATYRA Łukasz	WROCLAW	 POL		83	M20/49 (M)243	00:55:31	00:55:17	05.31
50	142	KRAWCZYSZYN Bartłomiej	WROCLAW	 POL		83	M20/50 (M)245	00:56:03	00:55:48	05.34
51	188	MELIŃSKI Rafał	DZIERŻONIÓW	 POL		85	M20/51 (M)246	00:56:12	00:56:01	05.36
52	172	ŁOPUSIEWICZ Janusz	WROCLAW	 POL		84	M20/52 (M)249	00:56:27	00:56:09	05.36
53	156	KURIATA Tomasz	NIEMCZA	 POL		84	M20/53 (M)252	00:56:49	00:56:38	05.39
54	146	KRUPA Radosław	BIELAWA	 POL		90	M20/54 (M)270	01:00:07	00:59:49	05.58
55	196	MIS Piotr	NAMYŚLÓW	 POL		90	M20/55 (M)273	01:01:24	01:01:07	06.06