

7. MIĘDZYNARODOWY BIEG KRAKÓW-SKOTNIKI

WYNIKI ZAWODÓW

Bieg Główny 13.5km

Organizator: Skotnickie Stowarzyszenie Sportowe

Termin: 20.05.2012

Miejsce: Kraków-Skotniki

Dystans: 13km

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | Sex | Czas Time | Czas Netto | [min/km] |
|---|-----------|-------------------------|---------------------|-------------|-----------------|------------|-----------------------|--------|--------------|---------------|----------|
| Bieg Główny 13.5km Mężczyźni KATEGORIA:M16 | | | | | | | | | | | |
| 1 | 472 | KAWIK Tomasz | BRENNA | POL | | 91 | M16/1 | (M)4 | 00:46:49 | 00:46:49 | 03.28 |
| 2 | 214 | PIECH Kacper | BIAŁA PODLASKA | POL | | 90 | M16/2 | (M)9 | 00:48:40 | 00:48:40 | 03.36 |
| 3 | 77 | GOLONKA Mateusz | GORLICE | POL | | 89 | M16/3 | (M)10 | 00:48:59 | 00:48:59 | 03.37 |
| 4 | 536 | GÓRNIK Ireneusz | RYDUŁTOWY | POL | | 89 | M16/4 | (M)16 | 00:50:33 | 00:50:32 | 03.44 |
| 5 | 397 | DUDEK Szymon | RUDNIK | POL | | 91 | M16/5 | (M)28 | 00:54:27 | 00:54:25 | 04.01 |
| 6 | 396 | STRZALKOWSKI Adrian | | POL | | 90 | M16/6 | (M)41 | 00:56:39 | 00:56:37 | 04.11 |
| 7 | 184 | MIERNICZEK Łukasz | KRAKÓW | POL | | 91 | M16/7 | (M)42 | 00:56:48 | 00:56:47 | 04.12 |
| 8 | 200 | OLEJNIK Adam | NYSA | POL | | 91 | M16/8 | (M)49 | 00:58:08 | 00:58:07 | 04.18 |
| 9 | 398 | KWIECIEŃ Marek | RUDNIK | POL | | 92 | M16/9 | (M)51 | 00:58:18 | 00:58:17 | 04.19 |
| 10 | 103 | JOŃCZYK Jakub | NOWE BRZESKO | POL | | 89 | M16/10 | (M)54 | 00:58:39 | 00:58:36 | 04.20 |
| 11 | 170 | MARZEC Krystian | NOWE BRZESKO | POL | | 89 | M16/11 | (M)60 | 00:59:23 | 00:59:18 | 04.23 |
| 12 | 484 | KWIATKOWSKI Arkadiusz | KRAKÓW | POL | | 90 | M16/12 | (M)69 | 01:00:05 | 01:00:00 | 04.26 |
| 13 | 565 | KUBIŚ Jakub | BUKÓW | POL | | 94 | M16/13 | (M)88 | 01:01:45 | 01:01:32 | 04.33 |
| 14 | 566 | KUBIŚ Karol | BUKÓW | POL | | 95 | M16/14 | (M)90 | 01:01:50 | 01:01:35 | 04.33 |
| 15 | 150 | LIPKA Krzysztof | JAWORZNO | POL | | 91 | M16/15 | (M)91 | 01:01:50 | 01:01:50 | 04.34 |
| 16 | 524 | WODKA Kamil | BRZESKO | POL | | 94 | M16/16 | (M)92 | 01:01:56 | 01:01:49 | 04.34 |
| 17 | 570 | NOWICKI Sebastian | BUKÓW | POL | | 95 | M16/17 | (M)93 | 01:01:59 | 01:01:53 | 04.35 |
| 18 | 318 | WILK Tomasz | RYCHTAL | POL | | 89 | M16/18 | (M)96 | 01:02:12 | 01:01:59 | 04.35 |
| 19 | 410 | BOBAK Piotr | SKAWINA | POL | | 96 | M16/19 | (M)104 | 01:02:39 | 01:02:34 | 04.38 |
| 20 | 416 | SZLACHTA Łukasz | SZCZEPANÓW | POL | | 96 | M16/20 | (M)108 | 01:02:57 | 01:02:43 | 04.38 |
| 21 | 31 | BORUTA Maciek | NOWE BRZESKO | POL | | 89 | M16/21 | (M)121 | 01:04:44 | 01:04:40 | 04.47 |
| 22 | 377 | NIEMIEC Daniel | NYSA | POL | | 95 | M16/22 | (M)131 | 01:05:18 | 01:05:03 | 04.49 |
| 23 | 419 | KRAWCZYK Dominik | BOLESŁAW | POL | | 91 | M16/23 | (M)133 | 01:05:55 | 01:05:51 | 04.52 |
| 24 | 243 | SADOMSKI Krzysztof | WARSZAWA | POL | | 90 | M16/24 | (M)139 | 01:06:10 | 01:05:58 | 04.53 |
| 25 | 480 | JABŁOŃSKI Piotr | KRAKÓW | POL | | 95 | M16/25 | (M)141 | 01:06:21 | 01:06:09 | 04.54 |
| 26 | 80 | GOŚCINIŃSKI Bartłomiej | PRZYSIETNICA | POL | | 92 | M16/26 | (M)185 | 01:09:37 | 01:09:26 | 05.08 |
| 27 | 342 | CHORAŻY Hubert | BYSTRA | POL | | 92 | M16/27 | (M)228 | 01:12:51 | 01:12:46 | 05.23 |
| 28 | 364 | WIECZOREK Wojciech | SKAWINA | POL | | 89 | M16/28 | (M)230 | 01:13:06 | 01:13:04 | 05.24 |
| 29 | 408 | POLKO Łukasz | GÓRA-ZAWADKA | POL | | 94 | M16/29 | (M)252 | 01:14:55 | 01:14:34 | 05.31 |
| 30 | 405 | BUŁA Łukasz | KRAKÓW | POL | | 96 | M16/30 | (M)256 | 01:15:03 | 01:14:50 | 05.32 |
| 31 | 351 | KURNIK Piotr | KRAKÓW | POL | | 89 | M16/31 | (M)261 | 01:15:41 | 01:15:26 | 05.35 |
| 32 | 401 | MILLER Piotr | WARSZAWA | POL | | 91 | M16/32 | (M)263 | 01:15:50 | 01:15:32 | 05.35 |
| 33 | 20 | BARAN Wojciech | PIEKOSZÓW | POL | | 90 | M16/33 | (M)265 | 01:15:55 | 01:15:43 | 05.36 |
| 34 | 134 | KRUK Krzysztof | KRAKÓW | POL | | 92 | M16/34 | (M)273 | 01:16:35 | 01:16:27 | 05.39 |
| 35 | 532 | GAWELEK Piotr | BRZESZCZE | POL | | 90 | M16/35 | (M)275 | 01:16:44 | 01:16:23 | 05.39 |
| 36 | 540 | MIKULISZYN Paweł | KRZESZOWICE | POL | | 97 | M16/36 | (M)287 | 01:17:38 | 01:17:35 | 05.44 |
| 37 | 70 | GAŁĄZKA Mateusz | KRAKÓW | POL | | 89 | M16/37 | (M)300 | 01:18:59 | 01:18:45 | 05.50 |
| 38 | 581 | SZCZUKA Marcin | KRZESZOWICE | POL | | 96 | M16/38 | (M)325 | 01:21:13 | 01:20:47 | 05.59 |
| 39 | 478 | WOJTAS Gabriel | KRZESZOWICE | POL | | 95 | M16/39 | (M)327 | 01:21:14 | 01:20:48 | 05.59 |
| 40 | 350 | KUCZARA Tomasz | KRZESZOWICE | POL | | 93 | M16/40 | (M)328 | 01:21:14 | 01:20:49 | 05.59 |
| 41 | 136 | KUBASZOWSKI Paweł | KRAKÓW | POL | | 90 | M16/41 | (M)364 | 01:25:23 | 01:25:08 | 06.18 |
| 42 | 527 | BOŻEMSKI Amadeusz | KRAKÓW | POL | | 94 | M16/42 | (M)410 | 01:34:51 | 01:34:49 | 07.01 |
| 43 | 485 | BARYLAK Aleksander | KRAKÓW | POL | | 95 | M16/43 | (M)424 | 01:39:51 | 01:39:46 | 07.23 |

Bieg Główny 13.5km Mężczyźni KATEGORIA:M24

| | | | | | | | | | | | |
|---|-----|------------------|--------------|-----|--|----|-------|-------|----------|----------|-------|
| 1 | 252 | SNOCHOWSKI Rafał | LGOTA WIELKA | POL | | 83 | M24/1 | (M)3 | 00:46:35 | 00:46:35 | 03.27 |
| 2 | 59 | DULIŃSKI Łukasz | KRAKÓW | POL | | 83 | M24/2 | (M)14 | 00:50:04 | 00:50:03 | 03.42 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age Sex | Czas Time | Czas Netto | [min/km] |
|--------------|--------|----------------------|------------------|----------|--------------|---------|------------------------|-----------|------------|----------|
| 3 | 253 | SOBCZAK Henryk | NOWY TARG | POL | | 83 | M24/3 (M)19 | 00:51:45 | 00:51:44 | 03.49 |
| 4 | 346 | GÓRALCZYK Paweł | CHOCZNA | POL | | 87 | M24/4 (M)21 | 00:52:42 | 00:52:42 | 03.54 |
| 5 | 468 | STARZAK Paweł | SKAWINA | POL | | 83 | M24/5 (M)30 | 00:54:39 | 00:54:38 | 04.02 |
| 6 | 76 | GŁOWACZ Mateusz | JAWORZNO | POL | | 88 | M24/6 (M)31 | 00:54:43 | 00:54:38 | 04.02 |
| 7 | 394 | KORUBA Marcin | BUSKO - ZDRÓJ | POL | | 88 | M24/7 (M)52 | 00:58:21 | 00:58:06 | 04.18 |
| 8 | 69 | GAJKOWSKI Bartosz | KRAKÓW | POL | | 85 | M24/8 (M)63 | 00:59:43 | 00:59:41 | 04.25 |
| 9 | 464 | KOSTYRKA Tomasz | KRAKÓW | POL | | 87 | M24/9 (M)68 | 01:00:04 | 00:59:50 | 04.25 |
| 10 | 574 | KOSIŃSKI | KRAKÓW | POL | | 83 | M24/10 (M)77 | 01:00:56 | 01:00:37 | 04.29 |
| 11 | 160 | MAKOWIEC Jarosław | TUCHÓW | POL | | 87 | M24/11 (M)83 | 01:01:24 | 01:01:19 | 04.32 |
| 12 | 423 | KĘDZIEŃSKI Adam | SKAWINA | POL | | 87 | M24/12 (M)86 | 01:01:38 | 01:01:29 | 04.33 |
| 13 | 156 | MACHLOWSKI Łukasz | KRAKÓW | POL | | 86 | M24/13 (M)95 | 01:02:05 | 01:02:00 | 04.35 |
| 14 | 249 | SŁOMCZYŃSKI Marcin | KRAKÓW | POL | | 86 | M24/14 (M)98 | 01:02:27 | 01:02:23 | 04.37 |
| 15 | 206 | OSTASZ Łukasz | JÓZEFÓW | POL | | 86 | M24/15 (M)125 | 01:05:01 | 01:04:43 | 04.47 |
| 16 | 519 | BAGAN Paweł | KRAKÓW | POL | | 85 | M24/16 (M)136 | 01:06:06 | 01:05:40 | 04.51 |
| 17 | 325 | WOJTYŁA Szymon | BIERNA | POL | | 87 | M24/17 (M)166 | 01:07:51 | 01:07:25 | 04.59 |
| 18 | 46 | CERAZY Paweł | KRAKÓW | POL | | 84 | M24/18 (M)170 | 01:08:07 | 01:08:01 | 05.02 |
| 19 | 290 | TARKOWSKI Łukasz | KRAKÓW | POL | | 85 | M24/19 (M)172 | 01:08:15 | 01:07:40 | 05.00 |
| 20 | 129 | KOZIOL Piotr | KRAKÓW | POL | | 84 | M24/20 (M)202 | 01:10:27 | 01:10:04 | 05.11 |
| 21 | 557 | PRUSINOWSKI Kamil | KRAKÓW | POL | | 85 | M24/21 (M)221 | 01:12:04 | 01:12:00 | 05.20 |
| 22 | 579 | BARAN Rafał | KRZESZOWICE | POL | | 85 | M24/22 (M)257 | 01:15:07 | 01:14:43 | 05.32 |
| 23 | 109 | KANIA Tomasz | KRAKÓW | POL | | 88 | M24/23 (M)266 | 01:15:55 | 01:15:40 | 05.36 |
| 24 | 192 | NAGŁO Adrian | KRAKÓW | POL | | 84 | M24/24 (M)290 | 01:17:56 | 01:17:48 | 05.45 |
| 25 | 223 | POGON Tomek | BOCHNIA | POL | | 86 | M24/25 (M)296 | 01:18:26 | 01:18:19 | 05.48 |
| 26 | 514 | PROCHOWICZ Marcin | KRAKÓW | POL | | 85 | M24/26 (M)305 | 01:19:35 | 01:19:28 | 05.53 |
| 27 | 522 | DASIEWICZ Jakub | RADOM | POL | | 84 | M24/27 (M)306 | 01:19:36 | 01:19:28 | 05.53 |
| 28 | 179 | MAZUR Tomasz | CZĘSTOCHOWA | POL | | 83 | M24/28 (M)308 | 01:19:51 | 01:19:34 | 05.53 |
| 29 | 539 | FLOREK Michał | KRAKÓW | POL | | 84 | M24/29 (M)315 | 01:20:29 | 01:20:13 | 05.56 |
| 30 | 30 | BOROŃ Szymon | KRAKÓW | POL | | 86 | M24/30 (M)322 | 01:20:56 | 01:20:21 | 05.57 |
| 31 | 260 | STANEK Damian | SŁOMNIKI | POL | | 85 | M24/31 (M)324 | 01:21:09 | 01:20:40 | 05.58 |
| 32 | 54 | CZYŻYK Marcin | WARSZAWA | POL | | 85 | M24/32 (M)334 | 01:22:00 | 01:21:43 | 06.03 |
| 33 | 508 | LEWANDOWICZ Mariusz | KRAKÓW | POL | | 84 | M24/33 (M)336 | 01:22:10 | 01:22:00 | 06.04 |
| 34 | 208 | PACH Jacek | KRAKÓW | POL | | 84 | M24/34 (M)338 | 01:22:22 | 01:21:53 | 06.03 |
| 35 | 553 | GOZDALSKI Adam | RADOM | POL | | 85 | M24/35 (M)341 | 01:22:45 | 01:22:28 | 06.06 |
| 36 | 554 | LEWANDOWSKI Krystian | KRAKÓW | POL | | 84 | M24/36 (M)342 | 01:22:45 | 01:22:27 | 06.06 |
| 37 | 382 | GIERCZAK Patryk | KRAKÓW | POL | | 83 | M24/37 (M)347 | 01:23:32 | 01:23:20 | 06.10 |
| 38 | 114 | KĄDZIOLKA Waldemar | LIMANOWA | POL | | 84 | M24/38 (M)352 | 01:24:13 | 01:23:47 | 06.12 |
| 39 | 328 | WÓJCICKI Adam | KRAKÓW | POL | | 85 | M24/39 (M)357 | 01:24:39 | 01:24:11 | 06.14 |
| 40 | 128 | KOSMOWSKI Zbigniew | LICHEŃ STARY | POL | | 83 | M24/40 (M)377 | 01:27:31 | 01:27:10 | 06.27 |
| 41 | 530 | SZUBA Grzegorz | KRAKÓW | POL | | 83 | M24/41 (M)395 | 01:30:23 | 01:29:59 | 06.39 |
| 42 | 236 | ROKOSZAK Krzysztof | MIELEC | POL | | 83 | M24/42 (M)426 | 01:40:29 | 01:39:56 | 07.24 |

Bieg Główny 13.5km Mężczyźni KATEGORIA:M30

| | | | | | | | | | | |
|----|-----|----------------------|----------------|-----|--|----|--------------|----------|----------|-------|
| 1 | 145 | LACHOWSKI Andrzej | KRAKÓW | POL | | 82 | M30/1 (M)1 | 00:43:49 | 00:43:49 | 03.14 |
| 2 | 392 | KERN Artur | HRUBIEŚZÓW | POL | | 80 | M30/2 (M)2 | 00:44:11 | 00:44:11 | 03.16 |
| 3 | 538 | BRACHMAN Tomasz | KRAKÓW | POL | | 80 | M30/3 (M)6 | 00:46:57 | 00:46:56 | 03.28 |
| 4 | 431 | MAGIERA Piotr | MYSZKOW | POL | | 82 | M30/4 (M)8 | 00:47:53 | 00:47:53 | 03.32 |
| 5 | 161 | MAKOWIEC Robert | TUCHÓW | POL | | 75 | M30/5 (M)13 | 00:49:53 | 00:49:53 | 03.41 |
| 6 | 546 | THEN Dawid | BIELSKO BIAŁA | POL | | 79 | M30/6 (M)20 | 00:52:18 | 00:52:16 | 03.52 |
| 7 | 304 | TOPOLSKI Marcin | JADOWNIKI | POL | | 76 | M30/7 (M)23 | 00:53:01 | 00:53:01 | 03.55 |
| 8 | 281 | SZNAPKA Marcin | ŚWIĘTOCHŁOWICE | POL | | 80 | M30/8 (M)25 | 00:53:30 | 00:53:29 | 03.57 |
| 9 | 142 | KUŁYNYCZ Dariusz | NIEPOŁOMICE | POL | | 74 | M30/9 (M)26 | 00:54:08 | 00:54:07 | 04.00 |
| 10 | 316 | WAŚOWICZ Jan | KRAKÓW | POL | | 73 | M30/10 (M)27 | 00:54:24 | 00:54:22 | 04.01 |
| 11 | 432 | BUCZYŃSKI Mariusz | BOLESŁAW | POL | | 82 | M30/11 (M)32 | 00:54:47 | 00:54:45 | 04.03 |
| 12 | 34 | BRZEZINA Michał | KRAKOW | POL | | 82 | M30/12 (M)35 | 00:55:42 | 00:55:33 | 04.06 |
| 13 | 309 | WACHULEC Władysław | KRAKÓW | POL | | 79 | M30/13 (M)38 | 00:56:06 | 00:56:03 | 04.09 |
| 14 | 486 | OSIECKI Jakub | KRAKÓW | POL | | 81 | M30/14 (M)39 | 00:56:08 | 00:56:06 | 04.09 |
| 15 | 348 | GRZĘDZIELSKI Jacek | KRAKÓW | POL | | 77 | M30/15 (M)45 | 00:57:30 | 00:57:28 | 04.15 |
| 16 | 11 | ADAMCZYK Rafał | KATOWICE | POL | | 78 | M30/16 (M)46 | 00:57:43 | 00:57:41 | 04.16 |
| 17 | 521 | STYRYLSKI Aleksander | SKAWINA | POL | | 73 | M30/17 (M)47 | 00:57:45 | 00:57:38 | 04.16 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age Sex | Czas Time | Czas Netto | [min/km] |
|--------------|--------|----------------------|------------------|----------|--------------|---------|------------------------|-----------|------------|----------|
| 18 | 467 | BUCZYŃSKI Arkadiusz | BOLESŁAW | POL | | 74 | M30/18 (M)48 | 00:57:59 | 00:57:55 | 04.17 |
| 19 | 459 | WTOREK Paweł | KRAKÓW | POL | | 81 | M30/19 (M)50 | 00:58:11 | 00:58:11 | 04.18 |
| 20 | 83 | GRANAT Mariusz | KRAKÓW | POL | | 73 | M30/20 (M)55 | 00:58:53 | 00:58:51 | 04.21 |
| 21 | 333 | ZIELONKA Robert | CHRZANÓW | POL | | 73 | M30/21 (M)56 | 00:58:53 | 00:58:52 | 04.21 |
| 22 | 267 | SUDOŁ Wojciech | KRAKÓW | POL | | 79 | M30/22 (M)57 | 00:59:01 | 00:58:56 | 04.21 |
| 23 | 91 | HERUDZIŃSKI Jacek | KRAKÓW | POL | | 73 | M30/23 (M)58 | 00:59:08 | 00:59:07 | 04.22 |
| 24 | 43 | CADER Jacek | ZABIERZÓW | POL | | 82 | M30/24 (M)61 | 00:59:25 | 00:59:22 | 04.23 |
| 25 | 165 | MALINA Adam | BOJSZOWY | POL | | 75 | M30/25 (M)62 | 00:59:41 | 00:59:40 | 04.25 |
| 26 | 526 | WILCZYŃSKI Dariusz | KRAKÓW | POL | | 74 | M30/26 (M)65 | 00:59:58 | 00:59:45 | 04.25 |
| 27 | 355 | MÜLDNER Rafał | KRAKÓW | POL | | 74 | M30/27 (M)67 | 01:00:02 | 00:59:53 | 04.26 |
| 28 | 230 | PTAK Tomasz | DOBCZYCE | POL | | 78 | M30/28 (M)70 | 01:00:09 | 01:00:07 | 04.27 |
| 29 | 105 | JUSZCZYK Dominik | BOCHNIA | POL | | 80 | M30/29 (M)73 | 01:00:21 | 01:00:01 | 04.26 |
| 30 | 121 | KLUŚ Dominik | KRAKÓW | POL | | 81 | M30/30 (M)75 | 01:00:38 | 01:00:35 | 04.29 |
| 31 | 443 | GÓDŹ Wojtek | KIELCE | POL | | 74 | M30/31 (M)76 | 01:00:52 | 01:00:50 | 04.30 |
| 32 | 16 | BANACH Gerard | KRAKÓW | POL | | 78 | M30/32 (M)78 | 01:01:05 | 01:01:02 | 04.31 |
| 33 | 295 | TOBOLA Zbigniew | KRAKÓW | POL | | 74 | M30/33 (M)81 | 01:01:19 | 01:01:14 | 04.32 |
| 34 | 278 | SZEWczyk Mariusz | KRAKOW | POL | | 80 | M30/34 (M)89 | 01:01:45 | 01:01:42 | 04.34 |
| 35 | 265 | STOKŁOSA Szymon | TARGOWISKO | POL | | 80 | M30/35 (M)94 | 01:02:00 | 01:01:48 | 04.34 |
| 36 | 212 | PETRUS Łukasz | DĄBROWA GÓRNICZA | POL | | 80 | M30/36 (M)99 | 01:02:29 | 01:02:25 | 04.37 |
| 37 | 413 | MAŚLANKA Jarosław | KRAKÓW | POL | | 73 | M30/37 (M)101 | 01:02:33 | 01:02:28 | 04.37 |
| 38 | 29 | BORKOWSKI Piotr | MOGILANY | POL | | 79 | M30/38 (M)109 | 01:03:12 | 01:03:04 | 04.40 |
| 39 | 417 | GRODZKI Sebastian | KRAKÓW | POL | | 78 | M30/39 (M)110 | 01:03:14 | 01:03:09 | 04.40 |
| 40 | 580 | ZIĘBOWICZ Sławomir | | POL | | 80 | M30/40 (M)111 | 01:03:21 | 01:02:35 | 04.38 |
| 41 | 335 | ZIÓLKOWSKI Paweł | KRAKÓW | POL | | 82 | M30/41 (M)112 | 01:03:25 | 01:03:08 | 04.40 |
| 42 | 115 | KĘDZIOR Paweł | RACIBÓRZ | POL | | 75 | M30/42 (M)119 | 01:04:38 | 01:04:18 | 04.45 |
| 43 | 534 | NAGŁO Sebastian | KRAKÓW | POL | | 77 | M30/43 (M)127 | 01:05:10 | 01:05:03 | 04.49 |
| 44 | 215 | PIECZARA Krzysztof | JAWORZNO | POL | | 81 | M30/44 (M)128 | 01:05:13 | 01:05:01 | 04.48 |
| 45 | 381 | PIEKARSKI Aleksander | KRAKÓW | POL | | 74 | M30/45 (M)129 | 01:05:15 | 01:05:04 | 04.49 |
| 46 | 293 | TICHORUK Rafał | KRAKÓW | POL | | 78 | M30/46 (M)130 | 01:05:16 | 01:04:57 | 04.48 |
| 47 | 327 | WOŁOWSKI Lech | WARSZAWA | POL | | 75 | M30/47 (M)132 | 01:05:39 | 01:05:28 | 04.50 |
| 48 | 248 | SKOTAK Rafał | KRAKÓW | POL | | 77 | M30/48 (M)134 | 01:05:57 | 01:05:11 | 04.49 |
| 49 | 110 | KANIA Zdzisław | KRAKOW | POL | | 76 | M30/49 (M)142 | 01:06:21 | 01:06:06 | 04.53 |
| 50 | 379 | KOŁODZIEJ Tomasz | NYSA | POL | | 77 | M30/50 (M)144 | 01:06:31 | 01:06:17 | 04.54 |
| 51 | 301 | TOMCZYK Marcin | KRAKÓW | POL | | 73 | M30/51 (M)149 | 01:06:43 | 01:06:23 | 04.55 |
| 52 | 506 | CZERNEK Marek | KRAKÓW | POL | | 77 | M30/52 (M)151 | 01:06:48 | 01:06:39 | 04.56 |
| 53 | 241 | RYMARCZYK Przemysław | KRAKÓW | POL | | 78 | M30/53 (M)152 | 01:06:53 | 01:06:40 | 04.56 |
| 54 | 15 | BADYŁAK Adam | KRAKÓW | POL | | 73 | M30/54 (M)153 | 01:06:53 | 01:06:33 | 04.55 |
| 55 | 153 | LUBOWICKI Piotr | KRAKÓW | POL | | 75 | M30/55 (M)164 | 01:07:47 | 01:07:45 | 05.01 |
| 56 | 125 | KONIK Jarosław | KRAKÓW | POL | | 74 | M30/56 (M)165 | 01:07:48 | 01:07:24 | 04.59 |
| 57 | 359 | STASZKIEWICZ Rafał | KRZESZOWICE | POL | | 78 | M30/57 (M)168 | 01:08:06 | 01:07:44 | 05.01 |
| 58 | 65 | FARON Dariusz | NOWY SĄCZ | POL | | 73 | M30/58 (M)169 | 01:08:07 | 01:07:55 | 05.01 |
| 59 | 226 | PORĘBSKI Dariusz | KRAKÓW | POL | | 79 | M30/59 (M)173 | 01:08:17 | 01:08:01 | 05.02 |
| 60 | 49 | CHŁOPEK Kazimierz | KRAKÓW | POL | | 79 | M30/60 (M)177 | 01:08:27 | 01:08:16 | 05.03 |
| 61 | 79 | GOSIEWSKI Robert | KRAKÓW | POL | | 77 | M30/61 (M)178 | 01:08:32 | 01:08:10 | 05.03 |
| 62 | 421 | MARCINIEC Damian | WIELICZKA | POL | | 82 | M30/62 (M)186 | 01:09:42 | 01:09:27 | 05.08 |
| 63 | 279 | SZKÓŁKA Marcin | KRAKÓW | POL | | 79 | M30/63 (M)187 | 01:09:42 | 01:09:18 | 05.08 |
| 64 | 560 | NOWAK Michał | KRAKÓW | POL | | 82 | M30/64 (M)188 | 01:09:51 | 01:09:30 | 05.08 |
| 65 | 345 | GAŚSIOROWSKI Hubert | KRAKÓW | POL | | 80 | M30/65 (M)189 | 01:09:53 | 01:09:31 | 05.08 |
| 66 | 352 | KURZEJA Artur | KATOWICE | POL | | 73 | M30/66 (M)191 | 01:09:56 | 01:09:25 | 05.08 |
| 67 | 446 | WARCHOLIK Witold | KRAKÓW | POL | | 74 | M30/67 (M)196 | 01:10:12 | 01:10:03 | 05.11 |
| 68 | 41 | BZYMEK Dariusz | KRAKÓW | POL | | 80 | M30/68 (M)197 | 01:10:13 | 01:09:37 | 05.09 |
| 69 | 131 | KRAWCZYK Zenek | KRAKÓW | POL | | 76 | M30/69 (M)198 | 01:10:16 | 01:10:08 | 05.11 |
| 70 | 479 | PIĄTÓN Piotr | WIELICZKA | POL | | 78 | M30/70 (M)200 | 01:10:24 | 01:10:08 | 05.11 |
| 71 | 332 | ZIARKO Piotr | KRAKÓW | POL | | 80 | M30/71 (M)201 | 01:10:25 | 01:10:21 | 05.12 |
| 72 | 415 | KRAWCZYK Marcin | KRAKÓW | POL | | 78 | M30/72 (M)207 | 01:10:36 | 01:10:19 | 05.12 |
| 73 | 258 | SOWA Paweł | BIAŁKA | POL | | 82 | M30/73 (M)209 | 01:10:39 | 01:10:18 | 05.12 |
| 74 | 48 | CHLEBDA Ryszard | KRAKÓW | POL | | 75 | M30/74 (M)213 | 01:11:06 | 01:10:59 | 05.15 |
| 75 | 139 | KUCZARA Robert | KRZESZOWICE | POL | | 79 | M30/75 (M)216 | 01:11:25 | 01:10:58 | 05.15 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age Sex | Czas Time | Czas Netto | [min/km] |
|--------------|--------|----------------------|------------------|----------|--------------|---------|------------------------|-----------|------------|----------|
| 76 | 313 | WALIGÓRA Miłosz | MORAWICA | POL | | 79 | M30/76 (M)217 | 01:11:26 | 01:11:12 | 05.16 |
| 77 | 256 | SOŚNIK Sebastian | KRAKÓW | POL | | 74 | M30/77 (M)220 | 01:12:01 | 01:11:37 | 05.18 |
| 78 | 556 | DYTRY Szymon | KRAKÓW | POL | | 78 | M30/78 (M)223 | 01:12:13 | 01:12:08 | 05.20 |
| 79 | 312 | WALC Robert | TARNOWSKIE GÓRY | POL | | 76 | M30/79 (M)226 | 01:12:41 | 01:12:35 | 05.22 |
| 80 | 311 | WAJDZIK Maciej | ZEMBRZYCE | POL | | 80 | M30/80 (M)229 | 01:12:56 | 01:12:47 | 05.23 |
| 81 | 120 | KISIEL Grzegorz | LESKO | POL | | 82 | M30/81 (M)232 | 01:13:12 | 01:12:53 | 05.23 |
| 82 | 285 | ŚCIESZKA Wojciech | KRAKÓW | POL | | 73 | M30/82 (M)235 | 01:13:26 | 01:13:18 | 05.25 |
| 83 | 516 | ŁĘKAWSKI Krzysztof | BOREK SZLACHECKI | POL | | 73 | M30/83 (M)236 | 01:13:28 | 01:13:07 | 05.24 |
| 84 | 384 | LIPKA Adam | KRAKÓW | POL | | 74 | M30/84 (M)239 | 01:13:51 | 01:13:39 | 05.27 |
| 85 | 198 | OKOŃ Grzegorz | KRAKÓW | POL | | 81 | M30/85 (M)242 | 01:13:56 | 01:13:47 | 05.27 |
| 86 | 569 | BOGUSZ Adam | KRAKÓW | POL | | 78 | M30/86 (M)247 | 01:14:39 | 01:14:19 | 05.30 |
| 87 | 45 | CAŁA Michał | KRAKÓW | POL | | 75 | M30/87 (M)250 | 01:14:52 | 01:14:31 | 05.31 |
| 88 | 551 | PURCHLA Piotr | POLANOWICE KRK | POL | | 77 | M30/88 (M)251 | 01:14:54 | 01:14:38 | 05.31 |
| 89 | 78 | GONDEK Krzysztof | PRZECLAW | POL | | 78 | M30/89 (M)253 | 01:14:58 | 01:14:51 | 05.32 |
| 90 | 85 | GRĄDEK Tomasz | KRAKÓW | POL | | 74 | M30/90 (M)254 | 01:14:59 | 01:14:52 | 05.32 |
| 91 | 97 | JAMBORSKI Łukasz | KRAKÓW | POL | | 80 | M30/91 (M)255 | 01:15:01 | 01:14:43 | 05.32 |
| 92 | 559 | OLEKSIEWICZ Michał | KRAKÓW | POL | | 82 | M30/92 (M)264 | 01:15:50 | 01:15:44 | 05.36 |
| 93 | 24 | BELC Sebastian | BYTOM | POL | | 73 | M30/93 (M)267 | 01:16:01 | 01:15:56 | 05.37 |
| 94 | 144 | KUŚ Sebastian | LISZKI | POL | | 77 | M30/94 (M)272 | 01:16:35 | 01:16:27 | 05.39 |
| 95 | 154 | ŁAKOMY Andrzej | KRAKÓW | POL | | 76 | M30/95 (M)276 | 01:16:46 | 01:16:16 | 05.38 |
| 96 | 576 | HORAK Tomasz | SMOLEC | POL | | 74 | M30/96 (M)282 | 01:17:03 | 01:16:47 | 05.41 |
| 97 | 429 | KRAWCZYK Jacek | KRAKÓW | POL | | 74 | M30/97 (M)291 | 01:18:05 | 01:17:44 | 05.45 |
| 98 | 55 | DAJSZCZYK Dariusz | KRAKÓW | POL | | 81 | M30/98 (M)294 | 01:18:19 | 01:18:00 | 05.46 |
| 99 | 528 | NOWAK Jacek | KRAKÓW | POL | | 77 | M30/99 (M)302 | 01:19:06 | 01:18:36 | 05.49 |
| 100 | 362 | ŚMIECH Sławomir | LISZKI | POL | | 75 | M30/100 (M)316 | 01:20:36 | 01:20:05 | 05.55 |
| 101 | 562 | LEWANDOWSKI Marcin | KRAKÓW | POL | | 73 | M30/101 (M)319 | 01:20:46 | 01:20:41 | 05.58 |
| 102 | 210 | PALKA Jacek | DOBRA | POL | | 79 | M30/102 (M)321 | 01:20:54 | 01:20:26 | 05.57 |
| 103 | 257 | SOWA Maciej | KRAKÓW | POL | | 74 | M30/103 (M)323 | 01:20:58 | 01:20:36 | 05.58 |
| 104 | 487 | HOSAJA Mateusz | MYŚLENICE | POL | | 79 | M30/104 (M)326 | 01:21:14 | 01:20:48 | 05.59 |
| 105 | 101 | JASTRZĘBSKI Jakub | KROSNO | POL | | 79 | M30/105 (M)331 | 01:21:44 | 01:21:33 | 06.02 |
| 106 | 178 | MAZUR Marcin | SKAWINA | POL | | 76 | M30/106 (M)332 | 01:21:48 | 01:21:41 | 06.03 |
| 107 | 186 | MIKRUT Łukasz | KRAKÓW | POL | | 80 | M30/107 (M)333 | 01:21:54 | 01:21:35 | 06.02 |
| 108 | 418 | SYSŁO Marcin | KRAKÓW | POL | | 82 | M30/108 (M)340 | 01:22:39 | 01:22:09 | 06.05 |
| 109 | 383 | SALEK Jarosław | KRAKÓW | POL | | 74 | M30/109 (M)345 | 01:23:26 | 01:23:15 | 06.10 |
| 110 | 535 | PIWOWAR Tomasz | KRAKÓW | POL | | 82 | M30/110 (M)350 | 01:23:58 | 01:23:30 | 06.11 |
| 111 | 324 | WOJTYGA Marcin | SKAWINA | POL | | 78 | M30/111 (M)358 | 01:24:42 | 01:24:22 | 06.15 |
| 112 | 38 | BUDZIOSZ Paweł | KRAKÓW | POL | | 78 | M30/112 (M)363 | 01:25:18 | 01:25:12 | 06.18 |
| 113 | 61 | DYCHAŁA Jerzy | RACIBÓRZ | POL | | 77 | M30/113 (M)366 | 01:25:30 | 01:25:06 | 06.18 |
| 114 | 189 | MROZEK Janusz | RACIBÓRZ | POL | | 77 | M30/114 (M)367 | 01:25:31 | 01:25:08 | 06.18 |
| 115 | 262 | STANKIEWICZ Bogusław | GŁOGOCZÓW | POL | | 76 | M30/115 (M)376 | 01:27:04 | 01:26:33 | 06.24 |
| 116 | 404 | KOT Marcin | KRZESZOWICE | POL | | 79 | M30/116 (M)379 | 01:27:50 | 01:27:41 | 06.29 |
| 117 | 578 | RZEPECKI Piotr | KRAKÓW | POL | | 75 | M30/117 (M)381 | 01:27:50 | 01:27:40 | 06.29 |
| 118 | 93 | IGIELSKI Grzegorz | KRAKÓW | POL | | 77 | M30/118 (M)382 | 01:27:51 | 01:27:43 | 06.29 |
| 119 | 473 | CICHY Dariusz | KRAKÓW | POL | | 75 | M30/119 (M)383 | 01:28:16 | 01:27:44 | 06.29 |
| 120 | 306 | TRZECIAK Piotr | KRAKÓW | POL | | 73 | M30/120 (M)386 | 01:28:32 | 01:28:10 | 06.31 |
| 121 | 424 | DUDZIAK Michał | SKAWINA | POL | | 77 | M30/121 (M)387 | 01:28:33 | 01:27:59 | 06.31 |
| 122 | 282 | SZOPA Piotr | KRAKÓW | POL | | 82 | M30/122 (M)390 | 01:29:02 | 01:28:31 | 06.33 |
| 123 | 68 | FRANC Tomasz | KRAKÓW | POL | | 74 | M30/123 (M)406 | 01:33:34 | 01:33:09 | 06.54 |
| 124 | 211 | PALETKO Marek | JASZENICA DOLNA | POL | | 82 | M30/124 (M)409 | 01:34:45 | 01:34:31 | 07.00 |
| 125 | 452 | SŁOWIOK Olgierd | BRENNA | POL | | 82 | M30/125 (M)411 | 01:34:54 | 01:34:49 | 07.01 |
| 126 | 270 | SZCZECKI Krzysztof | KRAKOW | POL | | 79 | M30/126 (M)412 | 01:35:16 | 01:35:05 | 07.02 |
| 127 | 191 | MUSIAŁ Witold | KRAKÓW | POL | | 76 | M30/127 (M)414 | 01:36:15 | 01:35:45 | 07.05 |
| 128 | 246 | SZMIDT Przemysław | SIENNO | POL | | 79 | M30/128 (M)415 | 01:36:20 | 01:36:04 | 07.06 |
| 129 | 390 | PIERÓG Jakub | KRAKÓW | POL | | 82 | M30/129 (M)418 | 01:38:20 | 01:37:50 | 07.14 |
| 130 | 53 | CZERYNA Robert | KRAKÓW | POL | | 73 | M30/130 (M)428 | 01:46:08 | 01:45:59 | 07.51 |

Bieg Główny 13.5km Mężczyźni KATEGORIA:M40



























































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|---|-----|----------------|--------------|-----|--|----|------------|----------|----------|-------|
| 1 | 525 | CZYŻ Grzegorz | BOGUMIŁOWICE | POL | | 67 | M40/1 (M)5 | 00:46:55 | 00:46:54 | 03.28 |
| 2 | 386 | TRENER Mariusz | KRAKÓW | POL | | 70 | M40/2 (M)7 | 00:47:37 | 00:47:36 | 03.31 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age Sex | Czas Time | Czas Netto | [min/km] |
|--------------|--------|-------------------------|--------------------|----------|--------------|---------|------------------------|-----------|------------|----------|
| 3 | 503 | KASPRZYK Jacek | KRAKÓW | POL | | 70 | M40/3 (M)11 | 00:49:30 | 00:49:30 | 03.40 |
| 4 | 374 | OLSZOWIK Grzegorz | KRAKÓW | POL | | 66 | M40/4 (M)12 | 00:49:44 | 00:49:44 | 03.41 |
| 5 | 302 | TOPA Jerzy | CHRZANÓW | POL | | 65 | M40/5 (M)15 | 00:50:14 | 00:50:14 | 03.43 |
| 6 | 572 | MICHAŁOWSKI Jan | KRAKÓW | POL | | 72 | M40/6 (M)17 | 00:50:40 | 00:50:40 | 03.45 |
| 7 | 271 | SZCZEPANIUK Marek | SKAŁA | POL | | 70 | M40/7 (M)18 | 00:50:59 | 00:50:59 | 03.46 |
| 8 | 254 | SOKOŁOWSKI Marek | MYSŁOWICE-WESOLA | POL | | 69 | M40/8 (M)24 | 00:53:18 | 00:53:18 | 03.56 |
| 9 | 180 | MAZURKIEWICZ Marek | KRAKÓW | POL | | 66 | M40/9 (M)29 | 00:54:35 | 00:54:35 | 04.02 |
| 10 | 448 | MAJ Tadeusz | KRAKÓW | POL | | 63 | M40/10 (M)33 | 00:54:58 | 00:54:58 | 04.04 |
| 11 | 261 | STANISZEWSKI Artur | KRAKÓW | POL | | 70 | M40/11 (M)43 | 00:57:14 | 00:57:13 | 04.14 |
| 12 | 469 | KIJANKA Artur | ZIELONKI | POL | | 68 | M40/12 (M)53 | 00:58:33 | 00:58:30 | 04.20 |
| 13 | 222 | PODSADOWSKI Zbigniew | GORLICE | POL | | 72 | M40/13 (M)64 | 00:59:49 | 00:59:42 | 04.25 |
| 14 | 116 | KĘSICKI Andrzej | KRAKÓW | POL | | 67 | M40/14 (M)71 | 01:00:16 | 00:59:47 | 04.25 |
| 15 | 140 | KUĆ Jarosław | KRAKÓW | POL | | 66 | M40/15 (M)79 | 01:01:12 | 01:01:09 | 04.31 |
| 16 | 389 | PAJEWSKI Jerzy j. | KRAKÓW | POL | | 68 | M40/16 (M)82 | 01:01:22 | 01:01:17 | 04.32 |
| 17 | 25 | BIĘNKOWSKI Łukasz | KRAKÓW | POL | | 68 | M40/17 (M)85 | 01:01:37 | 01:01:33 | 04.33 |
| 18 | 84 | GRĄDEK Dariusz | KRAKÓW | POL | | 71 | M40/18 (M)87 | 01:01:43 | 01:01:40 | 04.34 |
| 19 | 420 | BARAN Józef | KLESZCZÓW | POL | | 64 | M40/19 (M)97 | 01:02:21 | 01:02:20 | 04.37 |
| 20 | 50 | CHMIELEWSKI Robert | JAWORZNO | POL | | 70 | M40/20 (M)100 | 01:02:31 | 01:02:25 | 04.37 |
| 21 | 369 | ROGASCH Stanisław | KRAKÓW | POL | | 65 | M40/21 (M)102 | 01:02:38 | 01:02:13 | 04.36 |
| 22 | 297 | TOFILSKI Adam | KRAKÓW | POL | | 70 | M40/22 (M)103 | 01:02:38 | 01:02:23 | 04.37 |
| 23 | 500 | SKOTNICKI Adrian | WROCLAW | POL | | 71 | M40/23 (M)105 | 01:02:43 | 01:02:39 | 04.38 |
| 24 | 303 | TOPA Sławomir | LIBIAŻ | POL | | 66 | M40/24 (M)106 | 01:02:50 | 01:02:42 | 04.38 |
| 25 | 112 | KAPŁON Krzysztof | RABKA-ZDRÓJ | POL | | 69 | M40/25 (M)107 | 01:02:53 | 01:02:48 | 04.39 |
| 26 | 47 | CHLEBDA Andrzej | KRAKÓW | POL | | 64 | M40/26 (M)114 | 01:03:33 | 01:03:27 | 04.42 |
| 27 | 326 | WOŁOZYN Ryszard | BIELSKO-BIAŁA | POL | | 66 | M40/27 (M)118 | 01:04:29 | 01:04:19 | 04.45 |
| 28 | 365 | WILK Krzysztof | KRAKÓW | POL | | 68 | M40/28 (M)122 | 01:04:51 | 01:04:49 | 04.48 |
| 29 | 107 | KALANDYK Marek | TYCZYN | POL | | 66 | M40/29 (M)124 | 01:05:00 | 01:04:55 | 04.48 |
| 30 | 163 | MALEC Zbigniew | KRAKÓW | POL | | 71 | M40/30 (M)140 | 01:06:17 | 01:06:15 | 04.54 |
| 31 | 376 | KLECZA Jarosław | NYSA | POL | | 68 | M40/31 (M)145 | 01:06:31 | 01:06:16 | 04.54 |
| 32 | 582 | JACKOWSKI Artur | KRAPKOWICE | POL | | 71 | M40/32 (M)147 | 01:06:37 | 01:06:10 | 04.54 |
| 33 | 357 | PIWOWARCZYK Jan | DOBCZYCE | POL | | 64 | M40/33 (M)150 | 01:06:44 | 01:06:28 | 04.55 |
| 34 | 90 | GUZOWSKI Jacek | KRAKOW | POL | | 72 | M40/34 (M)156 | 01:07:11 | 01:07:08 | 04.58 |
| 35 | 505 | WCISŁO Marek | KRAKÓW | POL | | 63 | M40/35 (M)159 | 01:07:26 | 01:07:14 | 04.58 |
| 36 | 455 | GUNIA Mariusz | OŚWIĘCIM | POL | | 65 | M40/36 (M)160 | 01:07:33 | 01:07:13 | 04.58 |
| 37 | 449 | JANUSZEWSKI Tomasz | ZBYTKÓW | POL | | 65 | M40/37 (M)171 | 01:08:08 | 01:08:03 | 05.02 |
| 38 | 182 | MAŁDRZYK Marek | KRAKÓW | POL | | 63 | M40/38 (M)174 | 01:08:21 | 01:08:03 | 05.02 |
| 39 | 194 | NISSNER Piotr | KRAKÓW | POL | | 63 | M40/39 (M)175 | 01:08:27 | 01:08:17 | 05.03 |
| 40 | 240 | RUSEK Jarosław | KRAKÓW | POL | | 69 | M40/40 (M)176 | 01:08:27 | 01:08:11 | 05.03 |
| 41 | 263 | STARZYŃSKI Tomasz | KRAKÓW | POL | | 68 | M40/41 (M)179 | 01:08:35 | 01:08:21 | 05.03 |
| 42 | 39 | BUGAJSKI Robert | KRAKÓW | POL | | 69 | M40/42 (M)180 | 01:08:51 | 01:08:36 | 05.04 |
| 43 | 353 | LIPNICKI Grzegorz | KRAKÓW | POL | | 63 | M40/43 (M)181 | 01:09:08 | 01:09:00 | 05.06 |
| 44 | 228 | PRADEL Grzegorz | KRAKÓW | POL | | 63 | M40/44 (M)182 | 01:09:11 | 01:08:54 | 05.06 |
| 45 | 27 | BLAK Wiesław | SKAWINA | POL | | 64 | M40/45 (M)184 | 01:09:24 | 01:09:10 | 05.07 |
| 46 | 169 | MARGAS Grzegorz | PROSZOWICE | POL | | 70 | M40/46 (M)190 | 01:09:54 | 01:09:32 | 05.09 |
| 47 | 96 | JACIUBEK Jacek | KRAKÓW | POL | | 66 | M40/47 (M)194 | 01:10:06 | 01:09:42 | 05.09 |
| 48 | 269 | SUPERSON Wojtek | KRAKOW | POL | | 71 | M40/48 (M)195 | 01:10:09 | 01:09:50 | 05.10 |
| 49 | 229 | PRZYBYLSKI Jacek szymon | WRÓBLIK SZLACHECKI | POL | | 68 | M40/49 (M)199 | 01:10:18 | 01:09:50 | 05.10 |
| 50 | 395 | ZASADA Tomasz | KRAKÓW | POL | | 71 | M40/50 (M)205 | 01:10:35 | 01:10:20 | 05.12 |
| 51 | 89 | GRZYB Kazimierz | KRAKÓW | POL | | 72 | M40/51 (M)208 | 01:10:37 | 01:10:22 | 05.12 |
| 52 | 450 | KANIA Wiesław | KRAKÓW SKOTNIKI | POL | | 71 | M40/52 (M)212 | 01:10:53 | 01:10:41 | 05.14 |
| 53 | 81 | GÓRECKI Ryszard | GLIWICE | POL | | 65 | M40/53 (M)218 | 01:11:54 | 01:11:41 | 05.18 |
| 54 | 458 | PAWELSKI Andrzej | KRAKÓW | POL | | 64 | M40/54 (M)227 | 01:12:47 | 01:12:32 | 05.22 |
| 55 | 36 | BRZOZOWSKI Piotr | JAWORZNO | POL | | 69 | M40/55 (M)231 | 01:13:08 | 01:12:58 | 05.24 |
| 56 | 445 | LIBERA Stanisław | KRAKÓW | POL | | 63 | M40/56 (M)237 | 01:13:34 | 01:13:19 | 05.25 |
| 57 | 14 | ANTKIEWICZ Janusz | KRAKÓW | POL | | 64 | M40/57 (M)240 | 01:13:55 | 01:13:53 | 05.28 |
| 58 | 130 | KRAMARCZYK Maciej | WĘGRZCE WIELKIE | POL | | 68 | M40/58 (M)249 | 01:14:51 | 01:14:27 | 05.30 |
| 59 | 195 | NIEWIELSKI Janusz | WIELICZKA | POL | | 65 | M40/59 (M)258 | 01:15:13 | 01:14:52 | 05.32 |
| 60 | 375 | GRABOWSKI Mariusz | KRAKÓW | POL | | 70 | M40/60 (M)259 | 01:15:19 | 01:15:02 | 05.33 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age Sex | Czas Time | Czas Netto | [min/km] |
|--------------|--------|-----------------------------|------------------|----------|--------------|---------|------------------------|-----------|------------|----------|
| 61 | 221 | MATYJASZKIEWICZ Włodzimierz | KRAKÓW | POL | | 71 | M40/61 (M)260 | 01:15:22 | 01:15:05 | 05.33 |
| 62 | 234 | REMISZEWSKI Arkadiusz | OSTROWIEC ŚW. | POL | | 65 | M40/62 (M)271 | 01:16:24 | 01:16:12 | 05.38 |
| 63 | 102 | JĘDRYSIK Michał | OŚWIĘCIM | POL | | 68 | M40/63 (M)274 | 01:16:43 | 01:16:34 | 05.40 |
| 64 | 12 | ANDRUKOWICZ Marcin | OLKUSZ | POL | | 70 | M40/64 (M)277 | 01:16:48 | 01:16:28 | 05.39 |
| 65 | 338 | BALICKI Marek | KRAKÓW | POL | | 71 | M40/65 (M)278 | 01:16:51 | 01:16:19 | 05.39 |
| 66 | 422 | MADEJ Mirosław | KRAKÓW | | | 64 | M40/66 (M)279 | 01:16:53 | 01:16:31 | 05.40 |
| 67 | 283 | SZPALA Ireneusz | TARNOWSKIE GÓRY | POL | | 63 | M40/67 (M)281 | 01:17:01 | 01:16:51 | 05.41 |
| 68 | 393 | MARAS Ladislav | PRESOV | SVK | | 63 | M40/68 (M)288 | 01:17:39 | 01:17:18 | 05.43 |
| 69 | 368 | KLAUS Paweł | KRAKÓW | POL | | 71 | M40/69 (M)289 | 01:17:53 | 01:17:31 | 05.44 |
| 70 | 499 | GRUDZIEN Robert | KRAKÓW | POL | | 69 | M40/70 (M)292 | 01:18:07 | 01:17:50 | 05.45 |
| 71 | 564 | KONIECZNY Mariusz | JĘDRZEJÓW | POL | | 71 | M40/71 (M)301 | 01:19:04 | 01:19:01 | 05.51 |
| 72 | 164 | MALICKI Grzegorz | NOWY KAZANÓW | POL | | 70 | M40/72 (M)304 | 01:19:22 | 01:19:12 | 05.52 |
| 73 | 1 | MACHNO Piotr | KRAKÓW | POL | | 69 | M40/73 (M)310 | 01:19:53 | 01:19:26 | 05.53 |
| 74 | 231 | RACHWAŁ Adam | GORLICE | POL | | 72 | M40/74 (M)311 | 01:19:55 | 01:19:50 | 05.54 |
| 75 | 32 | BOŻEMSKI Bronisław | KRAKÓW | POL | | 71 | M40/75 (M)312 | 01:20:08 | 01:20:04 | 05.55 |
| 76 | 18 | BARAN Dariusz | KRAKÓW | POL | | 70 | M40/76 (M)337 | 01:22:21 | 01:21:52 | 06.03 |
| 77 | 372 | ZWONEK Piotr | KRAKÓW | POL | | 67 | M40/77 (M)349 | 01:23:55 | 01:23:30 | 06.11 |
| 78 | 87 | GRODECKI Janusz | KALWARIA | POL | | 71 | M40/78 (M)354 | 01:24:23 | 01:24:12 | 06.14 |
| 79 | 466 | WALA Krzysztof | STRYSZAWA | POL | | 70 | M40/79 (M)355 | 01:24:31 | 01:24:20 | 06.14 |
| 80 | 314 | WARESIAK Jan | SZCZEPANÓW | POL | | 68 | M40/80 (M)356 | 01:24:34 | 01:24:22 | 06.14 |
| 81 | 187 | MIRECKI Adam | KRAKÓW | POL | | 66 | M40/81 (M)359 | 01:24:46 | 01:24:27 | 06.15 |
| 82 | 388 | MACIEJKO Krzysztof | KRAKÓW | POL | | 72 | M40/82 (M)361 | 01:25:04 | 01:24:44 | 06.16 |
| 83 | 75 | GILOWSKI Michał | KRAKÓW | POL | | 71 | M40/83 (M)365 | 01:25:28 | 01:25:06 | 06.18 |
| 84 | 477 | ROMANOWSKI Dariusz | KRAKÓW | POL | | 64 | M40/84 (M)368 | 01:25:36 | 01:25:25 | 06.19 |
| 85 | 545 | KARCZ Piotr | KRYSPIŃÓW | POL | | 69 | M40/85 (M)369 | 01:25:40 | 01:25:19 | 06.19 |
| 86 | 409 | PAWLIK Piotr | KRAKÓW | POL | | 72 | M40/86 (M)370 | 01:25:45 | 01:25:13 | 06.18 |
| 87 | 425 | DROGOSZCZ Robert | KRAKÓW | POL | | 63 | M40/87 (M)371 | 01:25:47 | 01:25:23 | 06.19 |
| 88 | 343 | FARON Janusz | NOWY SĄCZ | POL | | 65 | M40/88 (M)380 | 01:27:50 | 01:27:41 | 06.29 |
| 89 | 568 | MYTNIK Grzegorz | ZABIERZÓW | POL | | 72 | M40/89 (M)388 | 01:28:45 | 01:28:37 | 06.33 |
| 90 | 100 | JANAS Paweł | KRAKÓW | POL | | 67 | M40/90 (M)391 | 01:29:11 | 01:29:02 | 06.35 |
| 91 | 340 | BEDNARZ Wacław | KRAKÓW | POL | | 65 | M40/91 (M)392 | 01:29:57 | 01:29:27 | 06.37 |
| 92 | 482 | GORAJ Ireneusz | KRAKÓW | POL | | 65 | M40/92 (M)396 | 01:30:28 | 01:30:11 | 06.40 |
| 93 | 305 | TRYSTUŁA Dariusz | KRAKÓW | POL | | 69 | M40/93 (M)398 | 01:30:31 | 01:30:02 | 06.40 |
| 94 | 94 | JABŁOŃSKI Bogusław | KRAKÓW | POL | | 64 | M40/94 (M)399 | 01:30:53 | 01:30:42 | 06.43 |
| 95 | 456 | KUCHARCZYK Mariusz | KRAKÓW | POL | | 72 | M40/95 (M)402 | 01:32:37 | 01:32:06 | 06.49 |
| 96 | 149 | LIGĘZA Witold | KRAKÓW | POL | | 72 | M40/96 (M)405 | 01:33:28 | 01:33:07 | 06.53 |
| 97 | 138 | KUCHARSKI Piotr | RUDAWA | POL | | 71 | M40/97 (M)407 | 01:33:34 | 01:33:09 | 06.54 |
| 98 | 73 | GAWROŃSKI Grzegorz | OSTROWIEC | POL | | 64 | M40/98 (M)413 | 01:36:10 | 01:35:53 | 07.06 |
| 99 | 504 | NOWAK Piotr | PABIANICE | POL | | 70 | M40/99 (M)416 | 01:36:50 | 01:36:44 | 07.09 |
| 100 | 185 | MIERZWA Maciej | ŁĄKTA DOLNA | POL | | 67 | M40/100 (M)417 | 01:38:05 | 01:37:37 | 07.13 |
| 101 | 106 | KACZMARSKI Robert | KRAKÓW | POL | | 65 | M40/101 (M)419 | 01:38:44 | 01:38:24 | 07.17 |
| 102 | 463 | PIĘTA Leszek | TRZCINICA | POL | | 63 | M40/102 (M)423 | 01:39:50 | 01:39:31 | 07.22 |
| 103 | 323 | WOJTASIK Arkadiusz | KRAKÓW | POL | | 71 | M40/103 (M)425 | 01:40:15 | 01:40:05 | 07.24 |
| 104 | 550 | MAGDA Kazimierz | KRAKÓW | POL | | 64 | M40/104 (M)430 | 01:48:12 | 01:48:00 | 08.00 |
| 105 | 1500 | KONIEC Biegu | KRAKÓW SKOTNIKI | POL | | 68 | M40/105 (M)431 | 02:02:09 | 02:01:30 | 09.00 |

Bieg Główny 13.5km Mężczyźni KATEGORIA:M50

| | | | | | | | | | | |
|----|-----|------------------------|-------------------|-----|--|----|---------------|----------|----------|-------|
| 1 | 157 | MACIOL Andrzej | KRAKOW | POL | | 54 | M50/1 (M)22 | 00:52:46 | 00:52:46 | 03.54 |
| 2 | 193 | NIEDZIELA Stefan | KNURÓW | POL | | 59 | M50/2 (M)34 | 00:55:04 | 00:55:03 | 04.04 |
| 3 | 22 | BEHOUNEK Leszek | ZAKOPANE | POL | | 59 | M50/3 (M)37 | 00:55:51 | 00:55:46 | 04.07 |
| 4 | 108 | KALICIŃSKI Bogusław | KRAKÓW | POL | | 61 | M50/4 (M)40 | 00:56:13 | 00:56:12 | 04.09 |
| 5 | 72 | GAWEL Bogdan | OŚWIĘCIM-ZABORZE | POL | | 56 | M50/5 (M)44 | 00:57:21 | 00:57:15 | 04.14 |
| 6 | 124 | KOŁODZIEJCZYK Jerzy | KRAKÓW | POL | | 58 | M50/6 (M)59 | 00:59:17 | 00:59:15 | 04.23 |
| 7 | 518 | KAMIŃSKI Krzysztof | KRAKÓW | POL | | 58 | M50/7 (M)66 | 00:59:58 | 00:59:52 | 04.26 |
| 8 | 232 | RADCZAK Andrzej | KRAKÓW | POL | | 61 | M50/8 (M)74 | 01:00:30 | 01:00:21 | 04.28 |
| 9 | 224 | POGROSZEWSKI Krzysztof | KRAKÓW | POL | | 56 | M50/9 (M)80 | 01:01:15 | 01:01:12 | 04.32 |
| 10 | 510 | SZNAPKA Eugeniusz | ŚWIĘTOCHŁOWICE | POL | | 55 | M50/10 (M)84 | 01:01:28 | 01:01:13 | 04.32 |
| 11 | 176 | MAZUR Andrzej | GRUSZEWNIA, KAMYK | POL | | 56 | M50/11 (M)113 | 01:03:28 | 01:03:19 | 04.41 |
| 12 | 64 | DYRLAGA Stanisław | WĘGIERSKA GÓRKA | POL | | 58 | M50/12 (M)115 | 01:03:37 | 01:03:26 | 04.41 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age Sex | Czas Time | Czas Netto | [min/km] |
|--------------|--------|----------------------|------------------|---|--------------|---------|------------------------|-----------|------------|----------|
| 13 | 380 | JAGIELAK Janusz | KRAKÓW |  POL | | 57 | M50/13 (M)116 | 01:03:57 | 01:03:52 | 04.43 |
| 14 | 244 | SCHECHTEL Marek | KRAKÓW |  POL | | 62 | M50/14 (M)120 | 01:04:38 | 01:04:23 | 04.46 |
| 15 | 529 | SMOTER Tadeusz | KRAKÓW |  POL | | 56 | M50/15 (M)123 | 01:04:54 | 01:04:36 | 04.47 |
| 16 | 255 | SONDEL Mieczysław | OLKUSZ |  POL | | 57 | M50/16 (M)135 | 01:06:04 | 01:06:02 | 04.53 |
| 17 | 558 | KUYAWA Scott | EL PASO |  USA | | 58 | M50/17 (M)138 | 01:06:09 | 01:06:05 | 04.53 |
| 18 | 238 | RÓŻAK Stanisław | WOŁOWICE |  POL | | 60 | M50/18 (M)143 | 01:06:30 | 01:06:19 | 04.54 |
| 19 | 242 | RZESZÓDKO Stanisław | ANDRYCHÓW |  POL | | 57 | M50/19 (M)154 | 01:07:02 | 01:06:53 | 04.57 |
| 20 | 367 | GÓRKA Jan-witold | KRAKÓW |  POL | | 61 | M50/20 (M)155 | 01:07:05 | 01:07:00 | 04.57 |
| 21 | 435 | MYSTEK Bogdan | OLKUSZ |  POL | | 62 | M50/21 (M)158 | 01:07:22 | 01:07:16 | 04.58 |
| 22 | 428 | ZAREMBA Tadeusz | GLIWICE |  POL | | 54 | M50/22 (M)161 | 01:07:34 | 01:07:27 | 04.59 |
| 23 | 356 | PACEWICZ Marek | ZIELONKI |  POL | | 56 | M50/23 (M)162 | 01:07:43 | 01:07:28 | 04.59 |
| 24 | 475 | BYSTRON Bogusław | KRAKÓW |  POL | | 62 | M50/24 (M)163 | 01:07:44 | 01:07:26 | 04.59 |
| 25 | 118 | KIELAR Janusz | KRAKÓW |  POL | | 60 | M50/25 (M)192 | 01:10:00 | 01:09:55 | 05.10 |
| 26 | 152 | LORENCKI Andrzej | TARNOWSKIE GÓRY |  POL | | 60 | M50/26 (M)193 | 01:10:04 | 01:09:55 | 05.10 |
| 27 | 218 | PILCH Krzysztof | KRAKÓW |  POL | | 58 | M50/27 (M)203 | 01:10:29 | 01:10:08 | 05.11 |
| 28 | 501 | DOBROWOLSKI Zbigniew | OŚWIĘCIM |  POL | | 62 | M50/28 (M)204 | 01:10:32 | 01:10:22 | 05.12 |
| 29 | 542 | TURSKI Bogdan | KRAKÓW |  POL | | 53 | M50/29 (M)206 | 01:10:35 | 01:10:03 | 05.11 |
| 30 | 319 | WIOREK Edward | KRAKÓW |  POL | | 62 | M50/30 (M)210 | 01:10:44 | 01:10:23 | 05.12 |
| 31 | 99 | JAMRÓZ Marian | JAWORZNO |  POL | | 59 | M50/31 (M)211 | 01:10:50 | 01:10:39 | 05.14 |
| 32 | 251 | SŁOWIŃSKI Roman | GDYNIA |  POL | | 62 | M50/32 (M)214 | 01:11:15 | 01:10:50 | 05.14 |
| 33 | 354 | MAJEWSKI Jan | DĄBROWA GÓRNICZA |  POL | | 56 | M50/33 (M)219 | 01:11:58 | 01:11:53 | 05.19 |
| 34 | 66 | FICOŃ Jan | TWADRORZECZKA |  POL | | 58 | M50/34 (M)233 | 01:13:23 | 01:13:20 | 05.25 |
| 35 | 465 | MOSKAL Andrzej | BIECZ |  POL | | 54 | M50/35 (M)238 | 01:13:38 | 01:13:19 | 05.25 |
| 36 | 531 | ŚLUSARCZYK Jerzy | KRAKÓW |  POL | | 58 | M50/36 (M)241 | 01:13:56 | 01:13:44 | 05.27 |
| 37 | 86 | GROCH Marek | KRAKÓW |  POL | | 57 | M50/37 (M)243 | 01:14:04 | 01:13:53 | 05.28 |
| 38 | 292 | TEKIELA Tadeusz | KRAKÓW |  POL | | 57 | M50/38 (M)244 | 01:14:08 | 01:14:03 | 05.29 |
| 39 | 273 | SZCZYGIEL Marian | KRAKÓW |  POL | | 57 | M50/39 (M)248 | 01:14:46 | 01:14:40 | 05.31 |
| 40 | 360 | SZCZĘCOCKI Paweł | KRAKÓW |  POL | | 57 | M50/40 (M)262 | 01:15:47 | 01:15:39 | 05.36 |
| 41 | 400 | KOZIOL Jan | ŁĄCZANY |  POL | | 60 | M50/41 (M)268 | 01:16:04 | 01:15:58 | 05.37 |
| 42 | 74 | GAŚSIOROWSKI Konrad | KRAKÓW |  POL | | 53 | M50/42 (M)269 | 01:16:05 | 01:15:50 | 05.37 |
| 43 | 483 | WŁODARCZYK Zbigniew | SKAWINA |  POL | | 53 | M50/43 (M)270 | 01:16:05 | 01:15:39 | 05.36 |
| 44 | 3 | WCISŁO Stanisław | KRAKÓW SKOTNIKI |  POL | | 58 | M50/44 (M)280 | 01:16:54 | 01:16:31 | 05.40 |
| 45 | 373 | DOMANSKI Stanisław | WROCLAW |  POL | | 59 | M50/45 (M)283 | 01:17:06 | 01:17:06 | 05.42 |
| 46 | 213 | PIĄTEK Stanisław | KRAKÓW |  POL | | 58 | M50/46 (M)284 | 01:17:18 | 01:17:17 | 05.43 |
| 47 | 245 | SENDER Andrzej | WIELICZKA |  POL | | 58 | M50/47 (M)285 | 01:17:19 | 01:17:02 | 05.42 |
| 48 | 462 | URBAŃSKI Józef | KROSNO |  POL | | 58 | M50/48 (M)286 | 01:17:36 | 01:17:17 | 05.43 |
| 49 | 561 | CYGANIEWICZ Leszek | KRAKÓW |  POL | | 57 | M50/49 (M)298 | 01:18:48 | 01:18:31 | 05.49 |
| 50 | 294 | TOBIASZ Wiesław | KRAKÓW |  POL | | 55 | M50/50 (M)299 | 01:18:57 | 01:18:50 | 05.50 |
| 51 | 266 | STRASIŃSKI Wacław | KRAKÓW |  POL | | 61 | M50/51 (M)303 | 01:19:10 | 01:18:42 | 05.49 |
| 52 | 391 | SABANOŠ Gejza | LUBOTICE |  SVK | | 61 | M50/52 (M)307 | 01:19:39 | 01:19:19 | 05.52 |
| 53 | 217 | PIETRUSZKA Józef | RUDAWA |  POL | | 62 | M50/53 (M)309 | 01:19:53 | 01:19:32 | 05.53 |
| 54 | 137 | KUBICA Kazimierz | BIELSKO-BIAŁA |  POL | | 54 | M50/54 (M)314 | 01:20:21 | 01:20:14 | 05.56 |
| 55 | 204 | OPIOLA Sławomir | KRAKÓW |  POL | | 61 | M50/55 (M)317 | 01:20:39 | 01:20:24 | 05.57 |
| 56 | 284 | SZUMIEC Andrzej | KRAKÓW |  POL | | 61 | M50/56 (M)318 | 01:20:46 | 01:20:24 | 05.57 |
| 57 | 444 | ZIĘBA Tadeusz | POŁANIEC |  POL | | 57 | M50/57 (M)320 | 01:20:47 | 01:20:42 | 05.58 |
| 58 | 233 | RAMUT Ryszard | KRAKÓW |  POL | | 59 | M50/58 (M)329 | 01:21:24 | 01:21:00 | 06.00 |
| 59 | 371 | ZAJĄC Andrzej | KRAKÓW |  POL | | 60 | M50/59 (M)330 | 01:21:43 | 01:21:16 | 06.01 |
| 60 | 104 | JURASZEK Antoni | WĘGIERSKA GÓRKA |  POL | | 56 | M50/60 (M)339 | 01:22:27 | 01:22:13 | 06.05 |
| 61 | 337 | ŻMIGRODZKI Ryszard | SŁOMNIKI |  POL | | 58 | M50/61 (M)343 | 01:22:55 | 01:22:29 | 06.06 |
| 62 | 28 | BOBOWSKI Marian | KRAKÓW |  POL | | 57 | M50/62 (M)344 | 01:23:19 | 01:22:58 | 06.08 |
| 63 | 427 | KLAWENDER Ryszard | GLIWICE |  POL | | 59 | M50/63 (M)346 | 01:23:30 | 01:23:10 | 06.09 |
| 64 | 183 | MENTEL Zbigniew | KRAKÓW |  POL | | 57 | M50/64 (M)348 | 01:23:47 | 01:23:27 | 06.10 |
| 65 | 310 | WADOWSKI Włodzimierz | KRAKÓW |  POL | | 58 | M50/65 (M)353 | 01:24:18 | 01:24:01 | 06.13 |
| 66 | 299 | TOKARZ Jerzy | KRAKÓW |  POL | | 59 | M50/66 (M)360 | 01:24:50 | 01:24:32 | 06.15 |
| 67 | 471 | KOWALCZYK Tadeusz | KRAKÓW |  POL | | 54 | M50/67 (M)362 | 01:25:17 | 01:25:07 | 06.18 |
| 68 | 329 | WÓJCIK Leszek | DOBCZYCE |  POL | | 55 | M50/68 (M)372 | 01:25:49 | 01:25:29 | 06.19 |
| 69 | 331 | KOZIOL Witold | OSTROWIEC |  POL | | 59 | M50/69 (M)374 | 01:26:50 | 01:26:39 | 06.25 |
| 70 | 289 | ŚWIERCZEK Zdzisław | KRAKÓW |  POL | | 57 | M50/70 (M)378 | 01:27:44 | 01:27:33 | 06.29 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age Sex | Czas Time | Czas Netto | [min/km] |
|--------------|--------|----------------------|------------------|----------|--------------|---------|------------------------|-----------|------------|----------|
| 71 | 387 | MIGDAŁ Adam | KRAKÓW | | POL | 55 | M50/71 (M)384 | 01:28:16 | 01:27:55 | 06.30 |
| 72 | 52 | CIERNIAK Zdzisław | KRAKÓW | | POL | 53 | M50/72 (M)389 | 01:29:01 | 01:28:30 | 06.33 |
| 73 | 287 | ŚRODA Janusz | TARNOWSKIE GÓRY | | POL | 61 | M50/73 (M)397 | 01:30:29 | 01:29:57 | 06.39 |
| 74 | 166 | MALISZEWSKI Bogusław | GLIWICE | | POL | 54 | M50/74 (M)400 | 01:31:04 | 01:30:35 | 06.42 |
| 75 | 155 | ŁAPUSZEK Marek | KRAKÓW | | POL | 57 | M50/75 (M)401 | 01:31:31 | 01:31:16 | 06.45 |
| 76 | 567 | ZEMUŁA Zbigniew | KRAKÓW | | POL | 54 | M50/76 (M)403 | 01:32:45 | 01:32:20 | 06.50 |
| 77 | 275 | SZCZYPIÓR Krzysztof | OBLĘGOREK | | POL | 61 | M50/77 (M)404 | 01:32:48 | 01:32:21 | 06.50 |
| 78 | 358 | SPIECHA Wacław | KRAKÓW | | POL | 60 | M50/78 (M)408 | 01:34:41 | 01:34:14 | 06.58 |
| 79 | 361 | SZOPA Leszek | PODOLSZE | | POL | 53 | M50/79 (M)421 | 01:39:15 | 01:38:41 | 07.18 |
| 80 | 172 | MASLYK Jan | KRAKÓW | | POL | 57 | M50/80 (M)427 | 01:44:25 | 01:43:52 | 07.41 |
| 81 | 414 | MISIARZ Józef | KRAKÓW | | POL | 57 | M50/81 (M)429 | 01:48:07 | 01:47:36 | 07.58 |

Bieg Główny 13.5km Mężczyźni KATEGORIA:M60

| | | | | | | | | | | |
|----|-----|------------------------|-----------------|--|-----|----|---------------|----------|----------|-------|
| 1 | 247 | SIKORA Stefan | BIELSKO BIAŁA | | POL | 49 | M60/1 (M)36 | 00:55:46 | 00:55:44 | 04.07 |
| 2 | 341 | BUKOWIEC Wincenty | UJANOWICE | | POL | 51 | M60/2 (M)72 | 01:00:18 | 01:00:18 | 04.28 |
| 3 | 62 | DYMEK Józef | RUDAWA | | POL | 50 | M60/3 (M)117 | 01:04:02 | 01:04:01 | 04.44 |
| 4 | 334 | ZIÓŁKO Jan | KRAKÓW | | POL | 52 | M60/4 (M)126 | 01:05:08 | 01:05:08 | 04.49 |
| 5 | 40 | BUKOWSKI Marian | KOŃSKIE | | POL | 48 | M60/5 (M)137 | 01:06:07 | 01:05:59 | 04.53 |
| 6 | 126 | KORDOS Jan | KRAKÓW | | POL | 49 | M60/6 (M)146 | 01:06:34 | 01:06:23 | 04.55 |
| 7 | 197 | OGONOWSKI Edward | OPOLE | | POL | 49 | M60/7 (M)148 | 01:06:40 | 01:06:18 | 04.54 |
| 8 | 339 | BEDNARCZYK Lesław | CZĘSTOCHOWA | | POL | 52 | M60/8 (M)157 | 01:07:13 | 01:06:52 | 04.57 |
| 9 | 402 | NOWAK Czesław | KNURÓW | | POL | 51 | M60/9 (M)167 | 01:08:04 | 01:08:02 | 05.02 |
| 10 | 147 | LEŚNIAK Marian | KRAKÓW | | POL | 47 | M60/10 (M)215 | 01:11:23 | 01:11:03 | 05.15 |
| 11 | 205 | OREMUS Ryszard | KRAKÓW | | POL | 48 | M60/11 (M)224 | 01:12:24 | 01:12:01 | 05.20 |
| 12 | 82 | GRABOWSKI Stanisław | KRAKÓW | | POL | 51 | M60/12 (M)225 | 01:12:25 | 01:12:04 | 05.20 |
| 13 | 315 | WARSZAWSKI Włodzimierz | JAWORZNO | | POL | 47 | M60/13 (M)234 | 01:13:24 | 01:13:12 | 05.25 |
| 14 | 291 | TASAREK Ryszard | NYSA | | POL | 52 | M60/14 (M)245 | 01:14:23 | 01:14:19 | 05.30 |
| 15 | 320 | WOJCIECHOWSKI Janusz | KRAKÓW | | POL | 51 | M60/15 (M)293 | 01:18:18 | 01:17:57 | 05.46 |
| 16 | 33 | BRODA Tomasz | KARKÓW | | POL | 48 | M60/16 (M)297 | 01:18:28 | 01:18:22 | 05.48 |
| 17 | 207 | PABIS Lesław | BIELSKO BIAŁA | | POL | 52 | M60/17 (M)313 | 01:20:11 | 01:20:04 | 05.55 |
| 18 | 167 | MAMRO Zdzisław | KRAKÓW | | POL | 46 | M60/18 (M)351 | 01:24:10 | 01:23:59 | 06.13 |
| 19 | 181 | MAĆZKA Jerzy | KRAKÓW | | POL | 50 | M60/19 (M)375 | 01:27:03 | 01:26:34 | 06.24 |
| 20 | 58 | DUDEK Jan | TARNOWSKIE GÓRY | | POL | 50 | M60/20 (M)385 | 01:28:19 | 01:28:04 | 06.31 |
| 21 | 133 | KRÓL Tadeusz | JAWORZNO | | POL | 52 | M60/21 (M)393 | 01:30:04 | 01:29:30 | 06.37 |

Bieg Główny 13.5km Mężczyźni KATEGORIA:M70

| | | | | | | | | | | |
|---|-----|--------------------|----------------|--|-----|----|--------------|----------|----------|-------|
| 1 | 202 | OPALLA Norbert | ŚWIĘTOCHŁOWICE | | POL | 40 | M70/1 (M)183 | 01:09:20 | 01:09:08 | 05.07 |
| 2 | 476 | EHLERS Wilhelm | KÖLN | | GER | 35 | M70/2 (M)222 | 01:12:10 | 01:11:57 | 05.19 |
| 3 | 190 | MRÓZ Andrzej | KĘTY | | POL | 38 | M70/3 (M)246 | 01:14:29 | 01:14:16 | 05.30 |
| 4 | 98 | JAMRO Leopold | GORLICE | | POL | 42 | M70/4 (M)295 | 01:18:22 | 01:18:14 | 05.47 |
| 5 | 523 | KITA Stanisław | JADOWNIKI | | POL | 39 | M70/5 (M)335 | 01:22:02 | 01:21:31 | 06.02 |
| 6 | 113 | KARPIŃSKI Zdzisław | KRAKÓW | | POL | 42 | M70/6 (M)373 | 01:26:40 | 01:26:12 | 06.23 |
| 7 | 457 | SICIARZ Andrzej | KRAKÓW | | POL | 36 | M70/7 (M)394 | 01:30:15 | 01:29:53 | 06.39 |
| 8 | 411 | EMILI Giovanni | KRAKÓW | | ITA | 32 | M70/8 (M)420 | 01:39:00 | 01:38:36 | 07.18 |
| 9 | 512 | STACHOW Jan | KRAKÓW | | POL | 29 | M70/9 (M)422 | 01:39:17 | 01:38:53 | 07.19 |

Bieg Główny 13.5km Kobiety KATEGORIA:K16

| | | | | | | | | | | |
|----|-----|-----------------------|-----------|--|-----|----|--------------|----------|----------|-------|
| 1 | 237 | ROLKA Gabriela | NOWY SĄCZ | | POL | 89 | K16/1 (K)5 | 00:57:09 | 00:57:09 | 04.14 |
| 2 | 268 | SULOWSKA Iwona | ROGI | | POL | 89 | K16/2 (K)9 | 00:59:01 | 00:58:57 | 04.22 |
| 3 | 547 | BULDA Aleksandra | SKAWINA | | POL | 92 | K16/3 (K)10 | 00:59:22 | 00:59:19 | 04.23 |
| 4 | 13 | ANTKIEWICZ Aleksandra | KRAKÓW | | POL | 94 | K16/4 (K)26 | 01:09:09 | 01:09:08 | 05.07 |
| 5 | 235 | ROKOSZ Joanna | KRAKÓW | | POL | 91 | K16/5 (K)37 | 01:15:18 | 01:15:04 | 05.33 |
| 6 | 575 | KWIATKOWSKA Kaja | KRAKÓW | | POL | 96 | K16/6 (K)40 | 01:15:50 | 01:15:31 | 05.35 |
| 7 | 250 | SŁOWIŃSKA Katarzyna | KLUCZE | | POL | 89 | K16/7 (K)41 | 01:16:16 | 01:16:05 | 05.38 |
| 8 | 515 | ŁUSZCZEK Katarzyna | KRAKÓW | | POL | 94 | K16/8 (K)53 | 01:20:02 | 01:19:43 | 05.54 |
| 9 | 451 | ĆWIAKAŁA Joanna | KĘTY | | POL | 89 | K16/9 (K)68 | 01:23:59 | 01:23:49 | 06.12 |
| 10 | 173 | MATOJA Joanna | SIEPRAW | | POL | 89 | K16/10 (K)80 | 01:28:18 | 01:28:05 | 06.31 |

Bieg Główny 13.5km Kobiety KATEGORIA:K24

| | | | | | | | | | | |
|---|----|-----------------------|-----------|--|-----|----|------------|----------|----------|-------|
| 1 | 42 | CADER Agnieszka | ZABIERZÓW | | POL | 83 | K24/1 (K)2 | 00:53:35 | 00:53:35 | 03.58 |
| 2 | 95 | JACHIMCZYK Aleksandra | CHRZANÓW | | POL | 83 | K24/2 (K)6 | 00:57:23 | 00:57:22 | 04.14 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age Sex | Czas Time | Czas Netto | [min/km] |
|--------------|--------|--------------------------|------------------|----------|--------------|---------|------------------------|-----------|------------|----------|
| 3 | 577 | POSMYSZ Anna | SKAŁA | POL | | 84 | K24/3 (K)13 | 01:02:02 | 01:02:01 | 04.35 |
| 4 | 280 | SZNAPKA Magdalena | ŚWIĘTOCHŁOWICE | POL | | 87 | K24/4 (K)19 | 01:07:39 | 01:07:34 | 05.00 |
| 5 | 454 | SALWIŃSKA Urszula | JAWORZNO | POL | | 86 | K24/5 (K)42 | 01:16:27 | 01:16:18 | 05.39 |
| 6 | 177 | MAZUR Dorota | CZĘSTOCHOWA | POL | | 85 | K24/6 (K)43 | 01:17:02 | 01:16:44 | 05.41 |
| 7 | 336 | ZWOLIŃSKA Ewelina | OSTROWIEC | POL | | 84 | K24/7 (K)45 | 01:17:34 | 01:17:21 | 05.43 |
| 8 | 21 | BATKO Magdalena | KRAKÓW | POL | | 85 | K24/8 (K)46 | 01:17:36 | 01:17:10 | 05.42 |
| 9 | 119 | KISIEL Agnieszka | WIELICZKA | POL | | 87 | K24/9 (K)51 | 01:19:13 | 01:18:54 | 05.50 |
| 10 | 298 | TOKARSKA Natalia | KRAKOW | POL | | 84 | K24/10 (K)54 | 01:20:24 | 01:19:59 | 05.55 |
| 11 | 509 | LEWANDOWICZ Jolanta | KRAKÓW | POL | | 85 | K24/11 (K)55 | 01:20:26 | 01:20:17 | 05.56 |
| 12 | 555 | PRUSINOWSKA Katarzyna | KRAKÓW | POL | | 83 | K24/12 (K)61 | 01:22:26 | 01:22:20 | 06.05 |
| 13 | 552 | BRONOWSKA SZLACHTA Agata | | POL | | 83 | K24/13 (K)66 | 01:23:53 | 01:23:30 | 06.11 |
| 14 | 272 | SZCZĘŚ-WÓJCICKA Zuzanna | KRAKÓW | POL | | 86 | K24/14 (K)72 | 01:24:39 | 01:24:10 | 06.14 |
| 15 | 481 | ZYGMUNT Patrycja | KALTENBRUNN | GER | | 84 | K24/15 (K)85 | 01:31:09 | 01:31:04 | 06.44 |
| 16 | 276 | SZCZYPIÓR Marta | OBLĘGOREK | POL | | 85 | K24/16 (K)89 | 01:33:18 | 01:32:52 | 06.52 |
| 17 | 225 | POPLAWSKA Marzena | GRABIN | POL | | 85 | K24/17 (K)91 | 01:34:45 | 01:34:31 | 07.00 |
| 18 | 513 | WEREWKA Beata | KRAKÓW | POL | | 84 | K24/18 (K)95 | 01:36:41 | 01:36:24 | 07.08 |
| 19 | 216 | PIECZYRAK Anna | KRAKÓW | POL | | 85 | K24/19 (K)100 | 01:43:49 | 01:43:31 | 07.40 |
| 20 | 437 | CZAPCZYK Małgorzata | OSTROWIEC ŚW. | POL | | 84 | K24/20 (K)102 | 01:53:18 | 01:53:08 | 08.22 |
| 21 | 541 | PESZT Izabela | KRAKÓW | POL | | 86 | K24/21 (K)105 | 02:02:08 | 02:02:03 | 09.02 |

Bieg Główny 13.5km Kobiety KATEGORIA:K30

| | | | | | | | | | | |
|----|-----|-----------------------------------|------------------|-----|--|----|---------------|----------|----------|-------|
| 1 | 442 | KUCHARSKA Ewa | PSZCZYNA | POL | | 81 | K30/1 (K)1 | 00:50:47 | 00:50:47 | 03.45 |
| 2 | 474 | PIETSCH-FULBISZEWSKA Agnieszka | OLKUSZ | POL | | 80 | K30/2 (K)3 | 00:56:23 | 00:56:21 | 04.10 |
| 3 | 573 | BRZZIŃSKA OSIECKA Magdalena | KRAKÓW | POL | | 81 | K30/3 (K)7 | 00:57:50 | 00:57:48 | 04.16 |
| 4 | 159 | MAJER Ewa | DOBCZYCE | POL | | 82 | K30/4 (K)8 | 00:58:34 | 00:58:33 | 04.20 |
| 5 | 141 | KULPA Małgorzata | KRAKÓW | POL | | 82 | K30/5 (K)12 | 01:01:27 | 01:01:26 | 04.33 |
| 6 | 111 | KANTYKA Beata | OŚWIĘCIM | POL | | 81 | K30/6 (K)14 | 01:02:30 | 01:02:28 | 04.37 |
| 7 | 162 | MALEC Magdalena | KRAKÓW | POL | | 77 | K30/7 (K)17 | 01:05:17 | 01:05:15 | 04.50 |
| 8 | 274 | SZCZYPCZYK-ŚCISŁO Ewa | KRAKÓW | POL | | 81 | K30/8 (K)18 | 01:05:39 | 01:05:33 | 04.51 |
| 9 | 507 | WRÓŃSKA Beata | JASŁO | POL | | 80 | K30/9 (K)21 | 01:08:19 | 01:08:14 | 05.03 |
| 10 | 209 | PACHURA Kinga | KRAKÓW | POL | | 76 | K30/10 (K)24 | 01:08:36 | 01:08:35 | 05.04 |
| 11 | 349 | KOLAKOWSKA Anna | KRAKÓW | POL | | 76 | K30/11 (K)29 | 01:10:36 | 01:10:21 | 05.12 |
| 12 | 67 | FLAGA Iwona | KRAKÓW | POL | | 77 | K30/12 (K)31 | 01:10:37 | 01:10:21 | 05.12 |
| 13 | 196 | NOWAK Monika | KRAKÓW | POL | | 79 | K30/13 (K)34 | 01:13:40 | 01:13:25 | 05.26 |
| 14 | 286 | ŚMIGLA Izabela | MYŚLENICE | POL | | 82 | K30/14 (K)35 | 01:14:05 | 01:13:39 | 05.27 |
| 15 | 537 | KLIMEK Magdalena | KRAKOW | POL | | 75 | K30/15 (K)36 | 01:14:48 | 01:14:42 | 05.32 |
| 16 | 488 | CZERWIONKA Lidia | KRAKÓW | POL | | 80 | K30/16 (K)39 | 01:15:49 | 01:15:23 | 05.35 |
| 17 | 26 | BISZTYGA Sabina | KRAKÓW | POL | | 79 | K30/17 (K)50 | 01:18:33 | 01:18:13 | 05.47 |
| 18 | 439 | KOPACKA Justyna | KRAKÓW | POL | | 74 | K30/18 (K)56 | 01:20:29 | 01:20:16 | 05.56 |
| 19 | 300 | TOMASZEK Bernadeta | KRAKÓW | POL | | 75 | K30/19 (K)60 | 01:22:17 | 01:22:01 | 06.04 |
| 20 | 517 | WOJTASIŃSKA Joanna | KRAKÓW | POL | | 74 | K30/20 (K)62 | 01:22:43 | 01:22:35 | 06.07 |
| 21 | 308 | WACHULEC Ewelina | KRAKÓW | POL | | 80 | K30/21 (K)65 | 01:23:49 | 01:23:47 | 06.12 |
| 22 | 88 | GRZESIŃSKA Marta | KRAKÓW | POL | | 74 | K30/22 (K)67 | 01:23:55 | 01:23:40 | 06.11 |
| 23 | 544 | DOBAJ Katarzyna | KRAKÓW | POL | | 76 | K30/23 (K)69 | 01:24:04 | 01:23:55 | 06.12 |
| 24 | 201 | OLÓWEK Katarzyna | KRAKÓW | POL | | 76 | K30/24 (K)73 | 01:24:52 | 01:24:29 | 06.15 |
| 25 | 168 | MARCZYK Edyta | KRAKÓW | POL | | 77 | K30/25 (K)74 | 01:24:52 | 01:24:28 | 06.15 |
| 26 | 317 | WILK Ewa | KRAKÓW | POL | | 82 | K30/26 (K)78 | 01:27:27 | 01:27:15 | 06.27 |
| 27 | 470 | KOWALCZYK Joanna | KRAKÓW | POL | | 73 | K30/27 (K)79 | 01:27:30 | 01:27:18 | 06.28 |
| 28 | 158 | MAJCHER Beata | KRAKÓW | POL | | 74 | K30/28 (K)81 | 01:29:01 | 01:28:30 | 06.33 |
| 29 | 143 | KURZEJA Bożena | DĄBROWA GÓRNICZA | POL | | 74 | K30/29 (K)82 | 01:29:09 | 01:28:36 | 06.33 |
| 30 | 366 | BLAZY-WOLSKA Aleksandra | BYTOM | POL | | 73 | K30/30 (K)83 | 01:29:25 | 01:29:00 | 06.35 |
| 31 | 347 | GRABOWSKA Katarzyna | KRAKÓW | POL | | 80 | K30/31 (K)84 | 01:29:35 | 01:29:14 | 06.36 |
| 32 | 44 | CAŁA Balbina | KRAKÓW | POL | | 76 | K30/32 (K)88 | 01:33:18 | 01:32:57 | 06.53 |
| 33 | 322 | WOJDYŁO-GIŁOWSKA Magdalena | KRAKÓW | POL | | 76 | K30/33 (K)90 | 01:33:53 | 01:33:27 | 06.55 |
| 34 | 430 | GÓZDŹ - MORAWSKA Małgosia | KIELCE | POL | | 80 | K30/34 (K)92 | 01:35:10 | 01:35:03 | 07.02 |
| 35 | 227 | POWAŻKA Elżbieta | KRAKÓW | POL | | 74 | K30/35 (K)97 | 01:38:42 | 01:38:32 | 07.17 |
| 36 | 122 | KNAPIK Joanna | KRAKÓW | POL | | 78 | K30/36 (K)99 | 01:41:40 | 01:41:19 | 07.30 |
| 37 | 438 | BIELAKOWSKA MADEJ MagdalenaSZEWNA | | POL | | 79 | K30/37 (K)103 | 01:53:18 | 01:53:05 | 08.22 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age Sex | Czas Time | Czas Netto | [min/km] |
|--------------|--------|----------------------|------------------|----------|--------------|---------|------------------------|-----------|------------|----------|
|--------------|--------|----------------------|------------------|----------|--------------|---------|------------------------|-----------|------------|----------|

Bieg Główny 13.5km Kobiety KATEGORIA:K40

| | | | | | | | | | | |
|----|-----|--------------------------------|-----------|--|-----|----|--------------|----------|----------|-------|
| 1 | 441 | MALSKA Janina | KRAKOW | | POL | 70 | K40/1 (K)4 | 00:56:54 | 00:56:53 | 04.12 |
| 2 | 436 | GALUSZKA Halina | PORĄBKA | | POL | 71 | K40/2 (K)11 | 00:59:29 | 00:59:25 | 04.24 |
| 3 | 571 | CHELMICKA Magdalena | KRAKÓW | | POL | 71 | K40/3 (K)16 | 01:04:56 | 01:04:51 | 04.48 |
| 4 | 461 | KANCLERZ JANUSZEWSKA Katarzyna | ZBYTKÓW | | POL | 66 | K40/4 (K)20 | 01:08:09 | 01:08:04 | 05.02 |
| 5 | 406 | NĘDZA Sławomira | KRAKÓW | | POL | 72 | K40/5 (K)22 | 01:08:21 | 01:08:17 | 05.03 |
| 6 | 71 | GARLEWICZ Asia | KRAKOW | | POL | 72 | K40/6 (K)23 | 01:08:35 | 01:08:28 | 05.04 |
| 7 | 132 | KRÓL Elżbieta | KRAKÓW | | POL | 71 | K40/7 (K)25 | 01:08:50 | 01:08:48 | 05.05 |
| 8 | 264 | STĘPSKA Małgosia | KRAKÓW | | POL | 72 | K40/8 (K)27 | 01:10:09 | 01:09:50 | 05.10 |
| 9 | 296 | TOFILSKA Monika | KRAKÓW | | POL | 70 | K40/9 (K)30 | 01:10:36 | 01:10:22 | 05.12 |
| 10 | 57 | DOBROWOLANSKA Marzena | KRAKOW | | POL | 72 | K40/10 (K)33 | 01:11:53 | 01:11:46 | 05.18 |
| 11 | 426 | BARAN Beata | KLESZCZÓW | | POL | 67 | K40/11 (K)38 | 01:15:20 | 01:14:55 | 05.32 |
| 12 | 407 | TLAŁKA - DŁUGOSZ Małgorzata | ZAKOPANE | | POL | 63 | K40/12 (K)44 | 01:17:25 | 01:17:08 | 05.42 |
| 13 | 35 | BRZOZOWSKA Teresa | JAWORZNO | | POL | 69 | K40/13 (K)48 | 01:18:07 | 01:17:58 | 05.46 |
| 14 | 63 | DYMEK Teresa | KRAKÓW | | POL | 71 | K40/14 (K)52 | 01:19:22 | 01:19:06 | 05.51 |
| 15 | 19 | BARAN-GĄDEK Ewa | KRAKÓW | | POL | 67 | K40/15 (K)57 | 01:21:01 | 01:20:56 | 05.59 |
| 16 | 151 | LIPNICKA Bożena anna | KRAKÓW | | POL | 66 | K40/16 (K)63 | 01:22:57 | 01:22:51 | 06.08 |
| 17 | 378 | DUDEK Emilia | NYSA | | POL | 72 | K40/17 (K)64 | 01:23:28 | 01:23:10 | 06.09 |
| 18 | 403 | MACHLOWSKA Grażyna | KRAKÓW | | POL | 63 | K40/18 (K)70 | 01:24:11 | 01:24:02 | 06.13 |
| 19 | 203 | OPIOŁA Elżbieta | KRAKÓW | | POL | 63 | K40/19 (K)71 | 01:24:13 | 01:23:50 | 06.12 |
| 20 | 412 | MASLYK Anna | KRAKÓW | | POL | 63 | K40/20 (K)75 | 01:25:08 | 01:24:32 | 06.15 |
| 21 | 220 | PLUSKA Elżbieta | OPOLE | | POL | 66 | K40/21 (K)76 | 01:26:01 | 01:25:49 | 06.21 |
| 22 | 199 | OKTABSKA Renata | KRAKOW | | POL | 67 | K40/22 (K)77 | 01:27:04 | 01:26:39 | 06.25 |
| 23 | 174 | MATOGA Lucyna | SIEPRAW | | POL | 67 | K40/23 (K)86 | 01:31:59 | 01:31:45 | 06.47 |
| 24 | 433 | WOŹNIAK-KASPEREK Elżbieta | KIELCE | | POL | 69 | K40/24 (K)87 | 01:32:49 | 01:32:22 | 06.50 |
| 25 | 4 | KOSSAK MACHNO Danuta | KRAKÓW | | POL | 71 | K40/25 (K)94 | 01:35:11 | 01:34:46 | 07.01 |
| 26 | 56 | DEC Edyta | KRAKÓW | | POL | 69 | K40/26 (K)96 | 01:38:05 | 01:37:36 | 07.13 |

Bieg Główny 13.5km Kobiety KATEGORIA:K50

| | | | | | | | | | | |
|---|-----|----------------------|----------------|--|-----|----|-------------|----------|----------|-------|
| 1 | 330 | WSZOLEK Helena | KRAKÓW | | POL | 57 | K50/1 (K)28 | 01:10:35 | 01:10:33 | 05.13 |
| 2 | 399 | ZALISKO Oksana | LVIV PUSTOMYTY | | UKR | 56 | K50/2 (K)32 | 01:11:08 | 01:11:05 | 05.15 |
| 3 | 370 | SIWA- ZYCH Bogusława | KRAKÓW | | POL | 59 | K50/3 (K)49 | 01:18:11 | 01:18:09 | 05.47 |
| 4 | 363 | TARKOWSKA Jadwiga | KRAKÓW | | POL | 59 | K50/4 (K)58 | 01:21:02 | 01:20:34 | 05.58 |
| 5 | 23 | BEHOUNEK Małgorzata | ZAKOPANE | | POL | 61 | K50/5 (K)59 | 01:22:02 | 01:21:45 | 06.03 |
| 6 | 2 | BOCZKOWSKA Ewa | KRAKÓW | | POL | 58 | K50/6 (K)93 | 01:35:11 | 01:34:44 | 07.01 |

Bieg Główny 13.5km Kobiety KATEGORIA:K60

| | | | | | | | | | | |
|---|-----|--------------------------|---------------|--|-----|----|--------------|----------|----------|-------|
| 1 | 17 | BANASIAK Alicja | BIELSKO BIALA | | POL | 52 | K60/1 (K)15 | 01:04:20 | 01:04:16 | 04.45 |
| 2 | 563 | PRYMAKOWSKA Barbara | TARNOW | | POL | 43 | K60/2 (K)47 | 01:17:38 | 01:17:35 | 05.44 |
| 3 | 533 | PĄCZKO Lidia | KRAKÓW | | POL | 43 | K60/3 (K)98 | 01:40:28 | 01:40:19 | 07.25 |
| 4 | 548 | TURSKA Krystyna | KRAKÓW | | POL | 52 | K60/4 (K)101 | 01:48:07 | 01:47:36 | 07.58 |
| 5 | 321 | WOJCIECHOWSKA Małgorzata | KRAKÓW | | POL | 52 | K60/5 (K)104 | 01:57:33 | 01:57:04 | 08.40 |

Marszbieg 2.5km Mężczyźni KATEGORIA:M10

| | | | | | | | | | | |
|----|------|-------------------|---------------|--|-----|----|--------------|----------|----------|-------|
| 1 | 1225 | BORKOWSKI Mateusz | RUDNIK | | POL | 97 | M10/1 (M)1 | 00:08:42 | 00:08:42 | 03.29 |
| 2 | 1256 | SWIDEREK Kacper | | | POL | 96 | M10/2 (M)3 | 00:09:20 | 00:09:20 | 03.44 |
| 3 | 1219 | SATOR Damian | BUSKO - ZDRÓJ | | POL | 96 | M10/3 (M)4 | 00:09:53 | 00:09:53 | 03.57 |
| 4 | 1241 | KASPRZYK Patryk | KRAKÓW | | POL | 96 | M10/4 (M)5 | 00:10:09 | 00:10:08 | 04.03 |
| 5 | 1298 | KUKLA Michał | KRAKÓW | | POL | 96 | M10/5 (M)7 | 00:10:32 | 00:10:32 | 04.13 |
| 6 | 1224 | SZYMCZYK Artur | BUSKO - ZDRÓJ | | POL | 98 | M10/6 (M)8 | 00:10:47 | 00:10:47 | 04.18 |
| 7 | 1255 | LITEWKA Damian | BUKOWNO | | POL | 98 | M10/7 (M)10 | 00:11:13 | 00:11:13 | 04.29 |
| 8 | 1295 | LUBOWICKI Damian | KRZESZOWICE | | POL | 97 | M10/8 (M)11 | 00:11:17 | 00:11:15 | 04.30 |
| 9 | 1260 | WACHOWIEC Mateusz | PULAWY | | POL | 01 | M10/9 (M)12 | 00:11:25 | 00:11:25 | 04.34 |
| 10 | 1258 | DRYNDĄ Mateusz | BUKOWNO | | POL | 97 | M10/10 (M)16 | 00:12:55 | 00:12:53 | 05.09 |
| 11 | 1302 | ŚCIESZKA Wojciech | KRAKÓW | | POL | 98 | M10/11 (M)18 | 00:13:11 | 00:13:10 | 05.16 |
| 12 | 1301 | ŻELAZOWSKI Michał | KRAKÓW | | POL | 04 | M10/12 (M)20 | 00:14:08 | 00:14:07 | 05.38 |
| 13 | 1261 | WACHOWIEC Michał | PULAWY | | POL | 99 | M10/13 (M)22 | 00:14:13 | 00:14:12 | 05.41 |
| 14 | 1211 | KRAWCZYK Bartek | KRAKÓW | | POL | 01 | M10/14 (M)23 | 00:14:23 | 00:14:23 | 05.45 |
| 15 | 1294 | KWIECIEŃ Jakub | KRZESZOWICE | | POL | 96 | M10/15 (M)26 | 00:14:44 | 00:14:42 | 05.52 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age Sex | Czas Time | Czas Netto | [min/km] |
|--------------|--------|----------------------|------------------|----------|--------------|---------|------------------------|-----------|------------|----------|
| 16 | 1212 | MACHNO Artur | | POL | | 99 | M10/16 (M)31 | 00:16:13 | 00:16:10 | 06.28 |
| 17 | 1244 | BEDNARZ Bazyli | KRAKÓW | POL | | 00 | M10/17 (M)32 | 00:16:17 | 00:16:13 | 06.29 |
| 18 | 1213 | MACHNO Mikołaj | | POL | | 01 | M10/18 (M)35 | 00:16:40 | 00:16:37 | 06.38 |
| 19 | 1306 | STACHOWSKI Dominik | | POL | | 00 | M10/19 (M)36 | 00:18:02 | 00:17:54 | 07.09 |
| 20 | 1232 | KĘSIK Mateusz | KRAKÓW | POL | | 02 | M10/20 (M)37 | 00:18:50 | 00:18:41 | 07.28 |
| 21 | 1240 | KUCHARCZYK Tomasz | | POL | | 00 | M10/21 (M)38 | 00:20:00 | 00:20:00 | 08.00 |
| 22 | 1248 | DOBAJ Kacper | KRAKÓW | POL | | 04 | M10/22 (M)39 | 00:20:03 | 00:20:00 | 08.00 |
| 23 | 1236 | MAKOWSKI Szymon | GORLICE | POL | | 04 | M10/23 (M)40 | 00:20:14 | 00:20:08 | 08.03 |
| 24 | 1231 | KUCHARSKI Jan | RUDAWA | POL | | 01 | M10/24 (M)41 | 00:20:26 | 00:20:23 | 08.09 |
| 25 | 1229 | KUCHARSKI Jerzy | RUDAWA | POL | | 05 | M10/25 (M)42 | 00:20:30 | 00:20:22 | 08.09 |
| 26 | 1300 | ŻELAZOWSKI Maciej | KRAKÓW | POL | | 06 | M10/26 (M)43 | 00:21:27 | 00:21:24 | 08.33 |
| 27 | 1235 | MAKOWSKI Miłosz | GORLICE | POL | | 06 | M10/27 (M)45 | 00:22:45 | 00:22:37 | 09.03 |
| 28 | 1230 | KUCHARSKI Jakub | RUDAWA | POL | | 99 | M10/28 (M)47 | 00:24:09 | 00:24:05 | 09.38 |

Marszbieg 2.5km Kobiety KATEGORIA:K10

| | | | | | | | | | | |
|----|------|---------------------|--------------------|-----|--|----|--------------|----------|----------|-------|
| 1 | 1257 | DRYNDA Patrycja | BUKOWNO | POL | | 98 | K10/1 (K)1 | 00:11:17 | 00:11:15 | 04.30 |
| 2 | 1252 | KRAWCZYK Weronika | BOLESŁAW | POL | | 96 | K10/2 (K)4 | 00:12:11 | 00:12:09 | 04.51 |
| 3 | 1216 | KOWALSKA Kinga | BUSKO-ZDRÓJ | POL | | 99 | K10/3 (K)5 | 00:12:44 | 00:12:44 | 05.05 |
| 4 | 1218 | GOZDEK Joanna | BUSKO - ZDRÓJ | POL | | 00 | K10/4 (K)6 | 00:12:45 | 00:12:45 | 05.06 |
| 5 | 1227 | MACHNO Patrycja | KRAKÓW | POL | | 00 | K10/5 (K)11 | 00:14:35 | 00:14:24 | 05.45 |
| 6 | 1269 | ZAPART Zuzanna | KRAKÓW | POL | | 99 | K10/6 (K)13 | 00:14:58 | 00:14:56 | 05.58 |
| 7 | 1251 | MUSIAŁ Małgorzata | WRZAŚOWICE/ŚWIĄTKI | POL | | 00 | K10/7 (K)20 | 00:16:11 | 00:16:08 | 06.27 |
| 8 | 1263 | WACHOWIEC Olga | PULAWY | POL | | 97 | K10/8 (K)24 | 00:16:28 | 00:16:22 | 06.33 |
| 9 | 1287 | PODSADOWSKA Natalia | GORLICE | POL | | 96 | K10/9 (K)27 | 00:17:31 | 00:17:28 | 06.59 |
| 10 | 1309 | GARLEWICZ Iga | KRAKÓW | POL | | 02 | K10/10 (K)29 | 00:18:16 | 00:18:08 | 07.15 |
| 11 | 1289 | DUDA Urszula | KRAKÓW | POL | | 02 | K10/11 (K)32 | 00:18:27 | 00:18:25 | 07.22 |
| 12 | 1249 | WARESIĄK Barbara | SZCZEPANÓW | POL | | 02 | K10/12 (K)37 | 00:19:32 | 00:19:31 | 07.48 |
| 13 | 1247 | DOBAJ Kinga | KRAKÓW | POL | | 98 | K10/13 (K)40 | 00:20:10 | 00:20:08 | 08.03 |
| 14 | 1250 | WOLAK Klaudia | MOKRZYSKA | POL | | 02 | K10/14 (K)48 | 00:22:49 | 00:22:47 | 09.07 |
| 15 | 1311 | GARLEWICZ Kaja | KRAKÓW | POL | | 03 | K10/15 (K)49 | 00:23:04 | 00:23:02 | 09.13 |
| 16 | 1275 | NISSNER Kinga | KRAKÓW | POL | | 00 | K10/16 (K)52 | 00:24:24 | 00:24:22 | 09.44 |
| 17 | 1305 | ZAPART Emilia | KRAKÓW | POL | | 02 | K10/17 (K)53 | 00:24:31 | 00:24:30 | 09.48 |

Marszbieg 2.5km Mężczyźni KATEGORIA:M17












| | | | | | | | | | | |
|---|------|------------------|---------|-----|--|----|-------------|----------|----------|-------|
| 1 | 1253 | GLIBOWSKI Michał | BUKOWNO | POL | | 95 | M17/1 (M)17 | 00:12:55 | 00:12:54 | 05.09 |
| 2 | 1264 | ŁYSIK Mateusz | KRAKÓW | POL | | 93 | M17/2 (M)21 | 00:14:12 | 00:14:12 | 05.41 |
| 3 | 1234 | WOJCIECHOWSKI | KRAKÓW | POL | | 80 | M17/3 (M)24 | 00:14:34 | 00:14:24 | 05.45 |
| 4 | 1215 | MARAS Ladislav | | | | 87 | M17/4 (M)27 | 00:15:04 | 00:14:59 | 05.59 |
| 5 | 1273 | KNAP Michał | KRAKÓW | POL | | 84 | M17/5 (M)28 | 00:15:11 | 00:15:09 | 06.03 |
| 6 | 1291 | ROGASH Michał | KRAKÓW | POL | | 92 | M17/6 (M)34 | 00:16:37 | 00:16:34 | 06.37 |
| 7 | 1238 | MAKOWSKI Łukasz | GORLICE | POL | | 78 | M17/7 (M)44 | 00:22:44 | 00:22:37 | 09.02 |

Marszbieg 2.5km Kobiety KATEGORIA:K17

| | | | | | | | | | | |
|----|------|----------------------|-----------------|-----|--|----|--------------|----------|----------|-------|
| 1 | 1222 | KUCHARSKA Ewelina | BUSKO - ZDRÓJ | POL | | 93 | K17/1 (K)2 | 00:11:32 | 00:11:32 | 04.36 |
| 2 | 1292 | KWIECIŃSKA Zofia | KRAKÓW | POL | | 92 | K17/2 (K)3 | 00:11:46 | 00:11:46 | 04.42 |
| 3 | 1223 | KUCHARSKA Małgorzata | BUSKO - ZDRÓJ | POL | | 95 | K17/3 (K)7 | 00:13:16 | 00:13:16 | 05.18 |
| 4 | 1205 | PILCH Marlena | KRAKÓW | POL | | 83 | K17/4 (K)8 | 00:13:32 | 00:13:32 | 05.24 |
| 5 | 1293 | PALKA Anastazja | KRAKÓW | POL | | 92 | K17/5 (K)9 | 00:14:00 | 00:13:58 | 05.35 |
| 6 | 1208 | WALC Anna | TARNOWSKIE GÓRY | POL | | 78 | K17/6 (K)10 | 00:14:16 | 00:14:14 | 05.41 |
| 7 | 1286 | JANKOWSKA Agnieszka | SOPOT | POL | | 88 | K17/7 (K)12 | 00:14:56 | 00:14:54 | 05.57 |
| 8 | 1268 | KRUŻLAK Sylwia | BIEŃKÓWKA | POL | | 94 | K17/8 (K)16 | 00:15:10 | 00:15:10 | 06.04 |
| 9 | 1254 | GALEC Anna | BUKOWNO | POL | | 93 | K17/9 (K)18 | 00:15:53 | 00:15:52 | 06.20 |
| 10 | 1214 | ZIELNIK Karolina | KRAKÓW | POL | | 95 | K17/10 (K)19 | 00:16:00 | 00:15:57 | 06.22 |
| 11 | 1233 | DADELA Justyna | KRAKÓW | POL | | 80 | K17/11 (K)28 | 00:17:35 | 00:17:27 | 06.58 |
| 12 | 1283 | BEDNARZ Joanna | OSIEK | POL | | 80 | K17/12 (K)30 | 00:18:16 | 00:18:13 | 07.17 |
| 13 | 1304 | PACEWICZ Agata | ZIELONKI | POL | | 88 | K17/13 (K)34 | 00:18:40 | 00:18:34 | 07.25 |
| 14 | 1272 | ĆWIAKAŁSKA Anna | KRAKÓW | POL | | 86 | K17/14 (K)35 | 00:19:00 | 00:18:58 | 07.35 |
| 15 | 1209 | STĘPIEŃ Natalia | KRAKÓW | POL | | 94 | K17/15 (K)44 | 00:21:12 | 00:21:09 | 08.27 |
| 16 | 1299 | ŻELAZOWSKA Karolina | KRAKÓW | POL | | 78 | K17/16 (K)45 | 00:21:27 | 00:21:25 | 08.34 |
| 17 | 1278 | GAGAT Edyta | OSTROWIEC ŚW. | POL | | 81 | K17/17 (K)50 | 00:23:20 | 00:23:15 | 09.18 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | Sex | Czas Time | Czas Netto | [min/km] |
|-----------------|-----------|-------------------------|---------------------|-------------|-----------------|------------|-----------------------|-----|--------------|---------------|----------|
|-----------------|-----------|-------------------------|---------------------|-------------|-----------------|------------|-----------------------|-----|--------------|---------------|----------|

Marszbieg 2.5km Mężczyźni KATEGORIA:M35

| | | | | | | | | | | | |
|----|------|---------------------|-------------------|---|--|----|--------|-------|----------|----------|-------|
| 1 | 1276 | KRZEMIEN Rafał | WIELICZKA |  POL | | 70 | M35/1 | (M)2 | 00:08:51 | 00:08:51 | 03.32 |
| 2 | 1242 | MACHLOWSKI Ryszard | KRAKÓW |  POL | | 63 | M35/2 | (M)6 | 00:10:14 | 00:10:14 | 04.05 |
| 3 | 1217 | PEREPICZKO Zdzisław | BUSKO - ZDRÓJ |  POL | | 64 | M35/3 | (M)9 | 00:11:01 | 00:11:01 | 04.24 |
| 4 | 1274 | MACHNO Grzegorz | KRAKÓW |  POL | | 70 | M35/4 | (M)13 | 00:11:45 | 00:11:45 | 04.42 |
| 5 | 1204 | PILCH Marek | KRAKÓW |  POL | | 54 | M35/5 | (M)14 | 00:12:12 | 00:12:12 | 04.53 |
| 6 | 1259 | WACHOWIEC Marek | PULAWY |  POL | | 66 | M35/6 | (M)15 | 00:12:45 | 00:12:40 | 05.04 |
| 7 | 1228 | RZEPECKI Jakub | BELCZYN-ŁYSA GÓRA |  POL | | 76 | M35/7 | (M)19 | 00:13:59 | 00:13:58 | 05.35 |
| 8 | 1271 | SOSIN Piotr | KRAKÓW |  POL | | 73 | M35/8 | (M)25 | 00:14:37 | 00:14:26 | 05.46 |
| 9 | 1270 | WICHEREK Maciej | KRAKÓW |  POL | | 71 | M35/9 | (M)29 | 00:15:17 | 00:15:09 | 06.03 |
| 10 | 1285 | PRAZNOWSKI Rafał | | | | 65 | M35/10 | (M)30 | 00:15:58 | 00:15:57 | 06.23 |
| 11 | 1210 | STĘPIEŃ Tomasz | KRAKÓW |  POL | | 65 | M35/11 | (M)33 | 00:16:32 | 00:16:31 | 06.36 |
| 12 | 1310 | GARLEWICZ Grzegorz | KRAKÓW |  POL | | 75 | M35/12 | (M)46 | 00:23:06 | 00:23:05 | 09.14 |

Marszbieg 2.5km Kobiety KATEGORIA:K35

| | | | | | | | | | | | |
|----|------|-----------------------|---------------|---|--|----|--------|-------|----------|----------|-------|
| 1 | 1267 | JANISZ Agata | KRAKÓW |  POL | | 75 | K35/1 | (K)14 | 00:14:59 | 00:14:56 | 05.58 |
| 2 | 1262 | WACHOWIEC Olga | PULAWY |  POL | | 72 | K35/2 | (K)15 | 00:15:09 | 00:15:04 | 06.01 |
| 3 | 1207 | STARZYŃSKA Ewa | KRAKÓW |  POL | | 69 | K35/3 | (K)17 | 00:15:26 | 00:15:25 | 06.10 |
| 4 | 1265 | MROZKA Elżbieta | KRAKÓW |  POL | | 61 | K35/4 | (K)21 | 00:16:20 | 00:16:16 | 06.30 |
| 5 | 1243 | TRZEBEL-BEDNARZ Beata | KRAKÓW |  POL | | 65 | K35/5 | (K)22 | 00:16:23 | 00:16:19 | 06.31 |
| 6 | 1284 | PRAZNOWSKA Malgorzata | | | | 65 | K35/6 | (K)23 | 00:16:24 | 00:16:20 | 06.32 |
| 7 | 1246 | POWAŻKA Gabriela | KRAKÓW |  POL | | 73 | K35/7 | (K)25 | 00:17:04 | 00:16:59 | 06.47 |
| 8 | 1201 | CHLEBDA Aldona | KRAKÓW |  POL | | 75 | K35/8 | (K)26 | 00:17:18 | 00:17:15 | 06.54 |
| 9 | 1290 | ŚLIMAK Katarzyna | KRAKÓW |  POL | | 72 | K35/9 | (K)31 | 00:18:27 | 00:18:24 | 07.21 |
| 10 | 1296 | KOC OGONOWSKA | OPOLE |  POL | | 57 | K35/10 | (K)33 | 00:18:40 | 00:18:35 | 07.26 |
| 11 | 1206 | PODSADOWSKA Wioletta | GORLICE |  POL | | 70 | K35/11 | (K)36 | 00:19:29 | 00:19:28 | 07.47 |
| 12 | 1202 | KUBICA Grażyna | BIELSKO-BIAŁA |  POL | | 53 | K35/12 | (K)38 | 00:19:44 | 00:19:42 | 07.53 |
| 13 | 1239 | KUCHARCZYK Grażyna | KRAKÓW |  POL | | 75 | K35/13 | (K)39 | 00:20:00 | 00:19:58 | 07.59 |
| 14 | 1237 | MAKOWSKA Magdalena | GORLICE |  POL | | 77 | K35/14 | (K)41 | 00:20:13 | 00:20:06 | 08.02 |
| 15 | 1226 | KUCHARSKA Gabriela | RUDAWA |  POL | | 72 | K35/15 | (K)42 | 00:20:30 | 00:20:24 | 08.09 |
| 16 | 1203 | PABIS Maria | BIELSKO BIAŁA |  POL | | 52 | K35/16 | (K)43 | 00:20:39 | 00:20:36 | 08.14 |
| 17 | 1303 | PACEWICZ Krystyna | ZIELONKI |  POL | | 55 | K35/17 | (K)46 | 00:21:28 | 00:21:24 | 08.33 |
| 18 | 1277 | CUDZIK Renata | OSTROWIEC |  POL | | 60 | K35/18 | (K)47 | 00:21:34 | 00:21:29 | 08.35 |
| 19 | 1266 | NISSNER Agnieszka | KRAKÓW |  POL | | 69 | K35/19 | (K)51 | 00:24:24 | 00:24:23 | 09.45 |
| 20 | 1297 | STĘPIEŃ Barbara | OPOLE |  POL | | 63 | K35/20 | (K)54 | 00:24:32 | 00:24:26 | 09.46 |