

4. Pólmarton Ślęzański

WYNIKI ZAWODÓW / RESULTS LIST

21km

Organizator: Urząd Miasta i Gminy Sobótka, OSiR Sobótka

Data: 26.03.2011

Miejsce/Spot: Sobótka

Distance: 21km

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii Grupy in Age Group Sex	Wynik Time	Wynik Netto	Tempo [km/h] [min/km]	5km	10km	Check points 15km
1	1319	SHAFAR VITALIJ	LUTSK	UKR	42195KIEV	82	M20/1 M20/1 (M)1	01:06:57	01:06:57	18.91 3:10	00:15:55 / 2	00:32:35 / 1	00:47:47 / 1
2	1318	IUKHYMCHUK MYKOLA	LUTSK	UKR		85	M20/2 M20/2 (M)2	01:08:29	01:08:28	18.49 3:15	00:15:55 / 1	00:33:35 / 3	00:48:43 / 3
3	1260	FISKOWICZ SIERGIEJ	RUDNIK	UKR	LKB RUDNIK	80	M30/1 M30/1 (M)3	01:08:36	01:08:35	18.46 3:15	00:16:01 / 3	00:33:12 / 2	00:48:34 / 2
4	1320	RUDYK MYKOLA	WINNITCA	UKR		73	M30/2 M30/2 (M)4	01:09:28	01:09:28	18.22 3:18	00:16:04 / 5	00:33:36 / 4	00:49:09 / 4
5	1273	KERN ARTUR	HRUBIESZÓW	POL	UBIA HRUBIESZÓW	80	M30/3 M30/3 (M)5	01:09:43	01:09:42	18.16 3:18	00:16:03 / 4	00:34:05 / 5	00:49:09 / 5
6	1306	ELAAARFAOUI ABDELLATIF	OULEO TIEMA	MAR	OLYMPIQE DCHIERA AGADIR	78	M30/4 M30/4 (M)6	01:11:00	01:10:56	17.85 3:22	00:16:29 / 7	00:34:37 / 9	00:50:08 / 7
7	1294	PUT JANUSZ	WROCLAW	POL	LKS LUBUSZ SLUBICE	84	M20/3 M20/3 (M)7	01:11:16	01:11:16	17.76 3:23	00:16:55 / 8	00:34:37 / 8	00:50:40 / 8
8	1322	RYABININ MIKOLAY	JAROSLAWL	RUS	AHILLES LESZNO	81	M30/5 M30/5 (M)8	01:11:51	01:11:50	17.62 3:24	00:16:29 / 6	00:34:12 / 7	00:50:08 / 6
9	1256	MARKOWSKI MICHAŁ	SIEDLCE	POL	MKS POGOŃ SIEDLCE	83	M20/4 M20/4 (M)9	01:12:01	01:12:00	17.58 3:25	00:16:55 / 9	00:34:12 / 6	00:50:48 / 9
10	1293	SOBCZYK TOMASZ	WROCLAW	POL	LUKS ŻÓRAWINA	77	M30/6 M30/6 (M)10	01:12:42	01:12:41	17.42 3:27	00:16:56 / 10	00:35:18 / 10	00:51:41 / 10
11	441	SZYMAŃSKI TOMASZ	WĘGLINIEC	POL	MKS AURUM KOBUD	86	M20/5 M20/5 (M)11	01:14:38	01:14:37	16.96 3:32	00:17:03 / 11	00:36:01 / 11	00:52:38 / 11
12	291	GRONOSTAJ GRZEGORZ	WROCLAW	POL	OPERA SOFTWARE	74	M30/7 M30/7 (M)12	01:16:53	01:16:52	16.47 3:39	00:18:44 / 13	00:37:48 / 13	00:54:32 / 12
13	164	DAWIDZIUK MACIEJ	PROBOSZCZÓW	POL		79	M30/8 M30/8 (M)13	01:16:57	01:16:56	16.45 3:39	00:18:11 / 12	00:37:20 / 12	00:54:45 / 13
14	417	KIELCZEWSKI GRZEGORZ	WROCLAW	POL	BIEGAJZNAMI.PL	60	M50/1 M50/1 (M)14	01:17:24	01:17:23	16.36 3:40	00:18:54 / 16	00:38:26 / 16	00:55:35 / 17
15	1341	GANCARZ PRZEMYSŁAW	WROCLAW	POL	KB KĄTY WROCLAWSKIE	83	M20/6 M20/6 (M)15	01:17:38	01:17:37	16.31 3:41	00:18:54 / 15	00:38:27 / 21	00:55:35 / 16
16	435	KONDRATOWICZ ŁUKASZ	KAMIENNA GÓRA	POL		81	M30/9 M30/9 (M)16	01:17:41	01:17:40	16.30 3:41	00:18:55 / 21	00:38:26 / 18	00:55:36 / 19
17	746	PIECZUROWSKI SŁAWOMIR	WROCLAW	POL	LUKS ŻÓRAWINA	60	M50/2 M50/2 (M)17	01:17:50	01:17:49	16.27 3:41	00:18:54 / 14	00:38:26 / 14	00:55:35 / 14
18	174	DOBROWOLSKI JAN	WROCLAW	POL	MATHRIDERS.PL	87	M20/7 M20/7 (M)18	01:17:52	01:17:48	16.27 3:41	00:18:54 / 17	00:38:26 / 15	00:55:38 / 20
19	1172	CHMURA MACIEJ	WROCLAW	POL	MKS JUVENIA WROCLAW	86	M20/8 M20/8 (M)19	01:18:10	01:18:09	16.20 3:42	00:18:55 / 23	00:38:26 / 17	00:55:35 / 15
20	772	PŁOCHOCKI RYSZARD	NOWE	POL	SUPERMARATON KALISZ	61	M50/3 M50/3 (M)20	01:18:22	01:18:21	16.16 3:43	00:18:54 / 18	00:38:27 / 22	00:55:35 / 18
21	350	JANUSZ RYSZARD	SZCZYTNA	POL	-	64	M40/1 M40/1 (M)21	01:19:13	01:19:12	15.98 3:45	00:18:54 / 19	00:38:26 / 19	00:55:44 / 22
22	1352	RAK PAWEŁ	OLEŚNICA	POL	KS SMOLNA	82	M20/9 M20/9 (M)22	01:19:21	01:19:17	15.97 3:46	00:18:55 / 20	00:38:27 / 20	00:55:41 / 21
23	1321	TRILINSKAYA NEDEZDA	MOSKWA	RUS	AHILES LESNO	79	K30/1 K30/1 (K)1	01:19:36	01:19:34	15.91 3:46	00:19:49 / 38	00:39:48 / 30	00:57:15 / 25
24	123	CHODORSKI PIOTR	WROCLAW	POL	WKB PIAST WROCLAW	73	M30/10 M30/10 (M)23	01:20:26	01:20:25	15.74 3:49	00:18:55 / 22	00:38:41 / 24	00:57:04 / 23
25	14	AMBROZIK ADAM	BRZEG	POL	JEDNOSTKA WOJSKOWA 2697	75	M30/11 M30/11 (M)24	01:20:34	01:20:29	15.73 3:49	00:19:30 / 33	00:38:41 / 23	00:57:15 / 24
26	1323	SERDIUK ALENA	KMARKIN	UKR	AHILLES LESZNO	81	K30/2 K30/2 (K)2	01:20:40	01:20:39	15.70 3:49	00:19:49 / 39	00:39:48 / 31	00:57:22 / 28
27	392	KAMOLA KAZIMIERZ	PULAWY	POL	CHEMIK ADBLUE PULAWY	60	M50/4 M50/4 (M)25	01:20:41	01:20:39	15.70 3:49	00:19:15 / 30	00:39:45 / 27	00:57:21 / 26
28	1117	ZABŁOTNY WIESŁAW	LEGNICA	POL		66	M40/2 M40/2 (M)26	01:20:50	01:20:49	15.66 3:50	00:18:56 / 24	00:39:32 / 26	00:57:22 / 27
29	357	JAROSZ BOGDAN	WROCLAW	POL	WOJSKOWY ZESPÓŁ	67	M40/3 M40/3 (M)27	01:21:13	01:21:11	15.59 3:51	00:19:29 / 32	00:40:05 / 34	00:58:12 / 33

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii Grupy in Age Group Sex	Wynik Time	Wynik Netto	Tempo [km/h] [min/km]	Check points
30	654	NADOLNY JÓZEF	GŁOGÓW	POL		61	M50/5 M50/5 (M)28	01:21:28	01:21:27	15.54 3:52 00:18:57 / 25 00:39:48 / 28 00:57:43 / 29	
31	1266	KARMANENKO KATERYNA	KOVEL	UKR	KOVEL	86	K20/1 K20/1 (K)3	01:21:33	01:21:31	15.53 3:52 00:19:49 / 40 00:39:50 / 32 00:57:47 / 31	
32	142	CZAPKA NORBERT	BRZEG	POL	1BSAP JW 2697 BRZEG	71	M40/4 M40/4 (M)29	01:21:49	01:21:44	15.49 3:53 00:19:29 / 31 00:39:48 / 29 00:57:47 / 30	
33	649	MUSIELSKI KAMIL	DZIERŻONIÓW	POL	DREAM BIKE BIELAWA	85	M20/10 M20/10 (M)30	01:21:52	01:21:41	15.50 3:53 00:19:50 / 42 00:40:36 / 40 00:58:52 / 35	
34	1261	FISKOWICZ LILIA	RUDNIK	MDA	LKB RUDNIK	89	K20/2 K20/2 (K)4	01:22:32	01:22:30	15.34 3:55 00:19:50 / 41 00:40:28 / 38 00:58:23 / 34	
35	280	GRABLEWSKI GRZEGORZ	WROCŁAW	POL	WKB PIAST WROCŁAW	75	M30/12 M30/12 (M)31	01:22:51	01:22:49	15.28 3:56 00:19:53 / 44 00:40:27 / 37 00:58:53 / 36	
36	18	ANTCZAK ADRIAN	BOGATYNIA	POL		76	M30/13 M30/13 (M)32	01:23:00	01:22:58	15.26 3:56 00:19:57 / 46 00:40:53 / 42 00:59:21 / 40	
37	518	KUŹMA WIESŁAW	WROCŁAW	POL	WKB PIAST WROCŁAW	62	M40/5 M40/5 (M)33	01:23:01	01:22:59	15.25 3:56 00:20:06 / 50 00:41:04 / 44 00:59:21 / 41	
38	109	BUSZEWSKI BENIAMIN	WROCŁAW	POL		74	M30/14 M30/14 (M)34	01:23:13	01:23:11	15.22 3:57 00:19:48 / 36 00:40:23 / 36 00:58:53 / 37	
39	1238	ŚLĘZAK PIOTR	OBORNIKI	POL	WBIEGU24.PL	89	M20/11 M20/11 (M)35	01:23:31	01:23:30	15.16 3:58 00:19:09 / 27 00:39:58 / 33 00:59:10 / 39	
40	700	OPALIŃSKI ARKADIUSZ	WROCŁAW	POL	LUKS ŻÓRAWINA	82	M20/12 M20/12 (M)36	01:23:35	01:23:33	15.15 3:58 00:20:11 / 51 00:41:13 / 46 01:00:03 / 47	
41	932	SPALIŃSKI PIOTR	OLAWA	POL	KB DOMBUD OLAWA	68	M40/6 M40/6 (M)37	01:23:45	01:23:45	15.11 3:58 00:19:50 / 43 00:40:35 / 39 00:59:09 / 38	
42	339	JAGIELSKI MARCIN	JAWORZYNA	POL		91	M20/13 M20/13 Powi/1 (M)38	01:23:50	01:23:45	15.11 3:58 00:20:25 / 59 00:41:37 / 51 00:59:43 / 43	
43	800	PROKOPOWICZ PAWEŁ	MIĘDZYLESIE	POL	NIEZRZESZONY	87	M20/14 M20/14 (M)39	01:24:07	01:24:01	15.07 3:59 00:20:26 / 60 00:41:23 / 50 00:59:59 / 46	
44	151	CZERSKI MARIAN	WROCŁAW	POL	WKB PIAST WROCŁAW	57	M50/6 M50/6 (M)40	01:24:25	01:24:25	14.99 4:0 00:20:24 / 56 00:41:20 / 49 01:00:10 / 50	
45	1218	POPIACKI WIESŁAW	SICHÓW	POL		82	M20/15 M20/15 (M)41	01:24:28	01:24:20	15.01 4:0 00:20:55 / 74 00:41:50 / 54 01:00:21 / 52	
46	1177	DUCHIŃSKI WOJCIECH	OSIELSKO	POL	INSPEKTORAT WSPARCIA SZ	69	M40/7 M40/7 (M)42	01:24:28	01:24:24	15.00 4:0 00:20:06 / 49 00:41:15 / 47 01:00:08 / 49	
47	1092	WOJNAROWICZ JANUSZ	ZGORZELEC	POL	EDI TEAM ZGORZELEC	72	M30/15 M30/15 (M)43	01:24:29	01:24:24	15.00 4:0 00:19:49 / 37 00:41:05 / 45 00:59:54 / 44	
48	1182	FICNER ANNA	ZŁOTORYJA	POL		85	K20/3 K20/3 (K)5	01:24:39	01:24:37	14.96 4:1 00:20:16 / 53 00:41:37 / 52 01:00:07 / 48	
49	145	CZECHEKOWSKI PIOTR RYSZARD	SZKLARSKA	POL		72	M30/16 M30/16 (M)44	01:24:49	01:24:48	14.93 4:1 00:19:45 / 35 00:41:03 / 43 00:59:58 / 45	
50	246	GAWROŃSKI ARTUR	KAMIENNA GÓRA	POL		64	M40/8 M40/8 (M)45	01:24:53	01:24:52	14.92 4:1 00:18:58 / 26 00:39:32 / 25 00:58:09 / 32	
51	539	LEWICKI PIOTR	KŁODZKO	POL	L.K.S.ISKRA JASZKOWA	74	M30/17 M30/17 (M)46	01:24:58	01:24:45	14.94 4:2 00:20:58 / 75 00:42:02 / 61 01:01:16 / 57	
52	762	PISKOROWSKA DANUTA	WROCŁAW	POL	LUKS ŻÓRAWINA	80	K30/3 K30/3 (K)6	01:24:58	01:24:57	14.90 4:2 00:20:59 / 77 00:41:49 / 53 01:00:35 / 54	
53	362	JASEK TADEUSZ	RADZIECHOWY	POL	RADZIECHOWY	51	M60/1 M60/1 (M)47	01:25:00	01:24:58	14.90 4:2 00:20:01 / 48 00:41:19 / 48 01:00:19 / 51	
54	427	KLUBA RAFAŁ	WAŁBRZYCH	POL	AZS-AWF WROCŁAW	88	M20/16 M20/16 (M)48	01:25:08	01:25:07	14.87 4:2 00:20:00 / 47 00:41:50 / 55 01:00:30 / 53	
55	824	REGIMOWICZ TOMASZ	GŁOGÓWEK	POL		76	M30/18 M30/18 (M)49	01:25:27	01:25:23	14.83 4:3 00:20:28 / 61 00:41:56 / 59 01:00:50 / 55	
56	396	KAPUŚCIŃSKI ZBIGNIEW	SZCZECIN	POL	MARATOŃCZYK TEAM	72	M30/19 M30/19 (M)50	01:25:42	01:25:38	14.78 4:4 00:21:05 / 80 00:42:50 / 72 01:01:20 / 60	
57	1234	STUDNIAREK ADAM	JEZOW SUDECKI	POL	CANISIUS COLLEGE	88	M20/17 M20/17 (M)51	01:25:49	01:25:45	14.76 4:4 00:20:21 / 54 00:42:01 / 60 01:01:20 / 62	
58	233	FRANKOWSKI DAMIAN	WROCŁAW	POL	WKB PIAST WROCŁAW	70	M40/9 M40/9 (M)52	01:25:53	01:25:47	14.76 4:4 00:20:54 / 73 00:42:44 / 69 01:02:02 / 67	
59	383	KACZMAREK ZBIGNIEW	TRZEBNICA	POL	LZS-4RUN-BROOKS	72	M30/20 M30/20 (M)53	01:26:00	01:25:58	14.72 4:5 00:20:35 / 64 00:41:55 / 58 01:01:10 / 56	
60	631	MOCZARSKI MARIUSZ	JELENIA GÓRA	POL		66	M40/10 M40/10 (M)54	01:26:11	01:26:06	14.70 4:5 00:20:44 / 67 00:42:25 / 65 01:01:30 / 64	
61	1186	JAGIEŁO MICHAŁ	LUBIENIA	POL	LKB RUDNIK	86	M20/18 M20/18 (M)55	01:26:14	01:26:11	14.69 4:5 00:19:11 / 29 00:40:42 / 41 00:59:22 / 42	
62	1048	URYGA WIOLETTA	KLUCZBORK	POL		68	K40/1 K40/1 (K)7	01:26:17	01:26:15	14.68 4:5 00:20:38 / 65 00:42:06 / 62 01:01:20 / 61	
63	713	PALICHLEB ADAM	SOBÓTKA	POL		64	M40/11 M40/11 Gmin/1 (M)56	01:26:36	01:26:34	14.62 4:6 00:20:41 / 66 00:42:15 / 63 01:01:21 / 63	
64	358	JAROSZ ELŻBIETA	WROCŁAW	POL	PAO QUEST JELCZ-LASKOWICE	71	K40/2 K40/2 (K)8	01:27:06	01:27:04	14.54 4:8 00:20:14 / 52 00:42:17 / 64 01:01:30 / 65	
65	1242	WENDERSKI WOJCIECH	KROBIA	POL	KB ŻÓŁWIK KROBIA	88	M20/19 M20/19 (M)57	01:27:07	01:26:31	14.63 4:8 00:22:11 / 121 00:43:47 / 89 01:02:45 / 78	
66	1360	KRASULAK DANIEL	WROCŁAW	POL	UKS ŚLĄSK WROCŁAW	81	M30/21 M30/21 (M)58	01:27:10	01:27:09	14.52 4:8 00:19:54 / 45 00:41:51 / 57 01:01:19 / 58	
67	1094	WOJŚLAW BARTŁOMIEJ	BIAŁA	POL	GLKS MARCINOWICE	84	M20/20 M20/20 Powi/2 (M)59	01:27:13	01:27:10	14.52 4:8 00:21:29 / 94 00:43:22 / 82 01:02:44 / 77	
68	511	KURIATA ROBERT	ZŁOTORYJA	POL	OLAWS ZŁOTORYJA	66	M40/12 M40/12 (M)60	01:27:15	01:27:10	14.52 4:8 00:20:58 / 76 00:43:11 / 78 01:02:37 / 75	

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii Grupy in Age Group Sex	Wynik Time	Wynik Netto	Tempo [km/h] [min/km]	Check points					
69	338	JAGIELLICZ MARCIN	WAŁBRZYCH	POL		88	M20/21	M20/21	(M)61	01:27:17	01:27:15	14.51 4:8	00:20:50 / 70	00:43:11 / 77	01:02:11 / 69	
70	368	JESION IRENEUSZ	LUBIN	POL		69	M40/13	M40/13	(M)62	01:27:29	01:27:24	14.48 4:9	00:20:31 / 62	00:42:31 / 67	01:01:47 / 66	
71	1253	DĘBSKI PIOTR	RADOM	POL	LKB RUDNIK	93	M20/22	M20/22	(M)63	01:27:55	01:27:47	14.42 4:10	00:20:31 / 63	00:43:05 / 75	01:02:24 / 70	
72	1034	TURAŁSKI TOMASZ	BELCHATÓW	POL	MARATONYPOLSKIE.PL TEAM	86	M20/23	M20/23	(M)64	01:28:03	01:27:56	14.40 4:10	00:21:39 / 100	00:43:56 / 94	01:03:00 / 82	
73	1043	ULIASZ JERZY	BYSTRZYCA	POL	L.K.S.ISKRA JASZKOWA	69	M40/14	M40/14	(M)65	01:28:05	01:28:00	14.38 4:11	00:22:21 / 128	00:44:28 / 107	01:04:05 / 96	
74	1108	WÓJTOWICZ PATRYK	SIECHNICE	POL		78	M30/22	M30/22	(M)66	01:28:08	01:28:02	14.38 4:11	00:21:42 / 101	00:43:26 / 83	01:03:15 / 85	
75	768	PLESNER MIECZYSLAW	MOCZYDLNICA	POL	-	71	M40/15	M40/15	(M)67	01:28:10	01:28:07	14.37 4:11	00:21:21 / 92	00:43:32 / 85	01:03:20 / 86	
76	241	GADZIŃSKI MAREK	WROCLAW	POL	WKB PIAST WROCLAW	62	M40/16	M40/16	(M)68	01:28:12	01:28:08	14.36 4:11	00:20:54 / 72	00:42:51 / 73	01:02:36 / 72	
77	387	KALICIŃSKA MONIKA	WROCLAW	POL	MKS JUVENIA WROCLAW	89	K20/4	K20/4	(K)9	01:28:13	01:28:11	14.35 4:11	00:20:24 / 55	00:42:45 / 70	01:02:36 / 74	
78	546	LOSIK PIOTR	GLOGÓW	POL	JW3444 GLOGÓW	87	M20/24	M20/24	(M)69	01:28:16	01:28:12	14.35 4:11	00:21:20 / 89	00:43:22 / 81	01:02:37 / 76	
79	521	KWIECIAK JAROSLAW	DĄBROWA	POL	POGORIA BIEGA-DĄBROWA	54	M50/7	M50/7	(M)70	01:28:18	01:28:11	14.35 4:11	00:22:01 / 110	00:43:55 / 93	01:03:14 / 83	
80	366	JAWORSKI STANISLAW	RUJA	POL	FENIKS LEGNICA	62	M40/17	M40/17	(M)71	01:28:21	01:28:17	14.34 4:11	00:20:54 / 71	00:42:52 / 74	01:02:36 / 73	
81	115	CAŁY SŁAWEK	OPOLE	POL	BIEG OPOLSKI	76	M30/23	M30/23	(M)72	01:28:28	01:28:26	14.31 4:12	00:21:00 / 78	00:43:07 / 76	01:02:46 / 79	
82	918	SOBCZAK HUBERT	RAWICZ	POL		87	M20/25	M20/25	(M)73	01:28:29	01:28:24	14.32 4:12	00:22:22 / 129	00:44:20 / 102	01:03:46 / 93	
83	288	GRODECKI SEBASTIAN	CHOCIANÓW	POL	KLUB BIEGACZA ZDYSZAAANI	78	M30/24	M30/24	(M)74	01:28:35	01:28:28	14.31 4:12	00:20:50 / 69	00:42:25 / 66	01:02:36 / 71	
84	1042	ULIASZ JACEK	BYSTRZYCA	POL	L.K.S.ISKRA JASZKOWA	92	M20/26	M20/26	(M)75	01:28:35	01:28:30	14.30 4:12	00:22:22 / 131	00:44:28 / 106	01:03:33 / 91	
85	745	PIECHOWICZ MARCIN	WROCLAW	POL	WKB PIAST WROCLAW	84	M20/27	M20/27	(M)76	01:28:47	01:28:42	14.27 4:13	00:20:49 / 68	00:42:43 / 68	01:02:54 / 81	
86	857	RYMARSKI ARKADIUSZ	WROCLAW	POL	WKB PIAST WROCLAW	75	M30/25	M30/25	(M)77	01:28:53	01:28:52	14.24 4:13	00:21:17 / 86	00:43:35 / 87	01:03:21 / 87	
87	6	ADAM KACPER	CZĘSTOCHOWA	POL	OLIMPIUS TEAM	92	M20/28	M20/28	(M)78	01:28:55	01:28:53	14.24 4:13	00:20:24 / 57	00:43:15 / 79	01:03:24 / 88	
88	984	SZMACIŃSKI ROBERT	GLOGÓW	POL	JW3444 GLOGÓW	73	M30/26	M30/26	(M)79	01:29:00	01:28:56	14.23 4:13	00:21:20 / 90	00:43:32 / 86	01:03:14 / 84	
89	1044	URAMEK GRZEGORZ	OBORNIKI	POL		74	M30/27	M30/27	(M)80	01:29:10	01:29:07	14.20 4:14	00:21:21 / 93	00:43:31 / 84	01:03:33 / 90	
90	1258	LISTOPAD DARIUSZ	LUBLIN	POL	CHEMIK AD BLUE	71	M40/18	M40/18	(M)81	01:29:19	01:29:18	14.17 4:14	00:19:11 / 28	00:40:20 / 35	01:01:19 / 59	
91	173	DOBROWOLSKI EMILIAN	SOBÓTKA	POL		77	M30/28	M30/28	Gmin/2	(M)82	01:29:20	01:29:12	14.19 4:14	00:21:50 / 105	00:44:20 / 101	01:03:57 / 94
92	1003	SZYMENDERSKI MARCIN	KOTOWICE	POL	KB DOMBUD OŁAWA	81	M30/29	M30/29	(M)83	01:29:40	01:29:39	14.12 4:15	00:21:05 / 81	00:42:49 / 71	01:02:07 / 68	
93	1084	WIŚNIEWSKI SŁAWOMIR	WROCLAW	POL	WKB PIAST WROCLAW	73	M30/30	M30/30	(M)84	01:29:44	01:29:41	14.11 4:15	00:21:30 / 95	00:44:06 / 95	01:04:11 / 100	
94	1179	DUDEK SYLWESTER	RUDNIK	POL	LKB RUDNIK	63	M40/19	M40/19	(M)85	01:29:52	01:29:50	14.09 4:16	00:21:20 / 87	00:44:17 / 99	01:04:10 / 99	
95	1359	SZUTY RADOSŁAW	ZWIERZYNYEC	POL	ZTC	85	M20/29	M20/29	(M)86	01:29:56	01:29:50	14.09 4:16	00:22:17 / 125	00:45:08 / 119	01:04:38 / 104	
96	394	KAPA WOJCIECH	CHRZANÓW	POL	AZS POLITECHNIKA WROCLAW	84	M20/30	M20/30	(M)87	01:29:58	01:29:45	14.10 4:16	00:22:24 / 133	00:45:08 / 118	01:05:28 / 121	
97	1081	WIĘCKOWSKI MACIEJ	OŁAWA	POL	CYKLO-SPORT CENTRUM	89	M20/31	M20/31	(M)88	01:29:59	01:29:44	14.11 4:16	00:21:31 / 96	00:43:49 / 90	01:04:40 / 105	
98	943	STANKIEWICZ ANTONI	SOBÓTKA	POL	WKB PIAST WROCLAW	58	M50/8	M50/8	Gmin/3	(M)89	01:30:01	01:29:57	14.07 4:16	00:21:43 / 103	00:44:18 / 100	01:04:15 / 102
99	460	KOWALCZYK RAFAŁ	WROCLAW	POL	PROFANA BRESLAU	78	M30/31	M30/31	(M)90	01:30:07	01:30:04	14.05 4:16	00:21:56 / 107	00:44:16 / 97	01:04:09 / 98	
100	455	KOTAS PAWEŁ	RYBNIK	POL	-	88	M20/32	M20/32	(M)91	01:30:10	01:30:01	14.06 4:16	00:22:24 / 134	00:45:03 / 116	01:05:28 / 119	
101	68	BIELICKI BARTOSZ	MILICZ	POL		80	M30/32	M30/32	(M)92	01:30:14	01:30:11	14.04 4:17	00:22:01 / 111	00:44:34 / 110	01:04:36 / 103	
102	802	PROZOROWSKI WIESŁAW	LESZNO	POL	MARATON LESZNO	68	M40/20	M40/20	(M)93	01:30:19	01:30:15	14.03 4:17	00:21:37 / 98	00:44:31 / 109	01:04:45 / 106	
103	1226	SIKORA STEFAN	BIELSKO BIALA	POL	BESKIDEK BIELSKO BIALA	49	M60/2	M60/2	(M)94	01:30:24	01:30:21	14.01 4:17	00:21:15 / 85	00:43:54 / 92	01:03:58 / 95	
104	977	SZCZEPANIAK WITOLD	OSTRÓW WLKP.	POL	-	75	M30/33	M30/33	(M)95	01:30:25	01:30:19	14.02 4:17	00:22:40 / 144	00:46:04 / 143	01:05:28 / 122	
105	344	JANISZEWSKI WIKTOR	MILICZ	POL	KB ORZEŁ MILICZ	75	M30/34	M30/34	(M)96	01:30:30	01:30:28	13.99 4:17	00:21:58 / 109	00:44:16 / 98	01:04:07 / 97	
106	752	PIGLA ANDRZEJ	WROCLAW	POL	WKB PIAST WROCLAW	71	M40/21	M40/21	(M)97	01:30:43	01:30:37	13.97 4:18	00:23:06 / 170	00:45:10 / 120	01:05:22 / 117	
107	1201	KRUMIN DOMINIK	KOBIERZYCE	POL	WKB PIAST WROCLAW	81	M30/35	M30/35	(M)98	01:30:51	01:30:26	14.00 4:18	00:22:36 / 141	00:45:27 / 125	01:05:13 / 111	
108	231	FRANASZCZUK WOJCIECH	SOBÓTKA	POL	SADY ŚLĘŻAŃSKIE	76	M30/36	M30/36	Gmin/4	(M)99	01:31:08	01:31:05	13.90 4:19	00:20:25 / 58	00:43:19 / 80	01:03:31 / 89

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii Grupy in Age Group Sex	Wynik Time	Wynik Netto	Tempo [km/h] [min/km]	Check points					
109	1126	ZAŁĘCKI PRZEMEK	WAŁBRZYCH	POL		79	M30/37	M30/37	(M)100	01:31:14	01:31:07	13.89 4:19	00:22:05 / 115	00:44:58 / 115	01:05:29 / 123	
110	573	MACIASZCZYK ROMAN	BIERUTÓW	POL		69	M40/22	M40/22	(M)101	01:31:21	01:31:12	13.88 4:20	00:22:25 / 135	00:45:06 / 117	01:05:08 / 110	
111	1334	SOBOLEWSKI ZDZISŁAW	LEGNICA	POL	KB LEW LEGNICA	63	M40/23	M40/23	(M)102	01:31:23	01:31:19	13.86 4:20	00:21:01 / 79	00:43:39 / 88	01:03:39 / 92	
112	1119	ZAJĄC GRZEGORZ	WAŁBRZYCH	POL	-	69	M40/24	M40/24	(M)103	01:31:27	01:30:54	13.93 4:20	00:23:03 / 165	00:45:50 / 131	01:06:06 / 130	
113	404	KARWATKA ANDRZEJ	GŁOGÓW	POL	PEBEKA LUBIN	57	M50/9	M50/9	(M)104	01:31:31	01:31:30	13.83 4:20	00:21:21 / 91	00:43:51 / 91	01:04:11 / 101	
114	371	JĘDRUSIŃSKI ROBERT	WROCŁAW	POL	WKB PIAST WROCŁAW	61	M50/10	M50/10	(M)105	01:31:36	01:31:33	13.83 4:21	00:21:50 / 104	00:44:22 / 104	01:04:46 / 107	
115	614	MICHAŁSKI ADAM	SOBÓTKA	POL	WKB PIAST WROCŁAW	70	M40/25	M40/25	Gmin/5	(M)106	01:31:52	01:31:51	13.78 4:21	00:21:10 / 84	00:44:21 / 103	01:04:53 / 109
116	1325	WARDYŃSKI JAROSŁAW	KOŻUCHÓW	POL	ŚWIAT MARATOŃCZYKA	71	M40/26	M40/26	(M)107	01:31:54	01:31:48	13.79 4:21	00:22:06 / 117	00:44:55 / 112	01:05:14 / 112	
117	399	KARDASIŃSKI KRZYSZTOF	OPOLE	POL	KMP OPOLE	76	M30/38	M30/38	(M)108	01:31:58	01:31:52	13.78 4:22	00:22:38 / 142	00:45:42 / 130	01:05:28 / 120	
118	801	PROSTEK SŁAWOMIR	KŁODZKO	POL	LUKS ŻÓRAWINA	78	M30/39	M30/39	(M)109	01:32:01	01:31:36	13.82 4:22	00:22:48 / 150	00:45:56 / 135	01:05:52 / 125	
119	87	BORDYCH JACEK	KOŻUCHÓW	POL	ŚWIAT MARATOŃCZYKA	69	M40/27	M40/27	(M)110	01:32:06	01:32:00	13.76 4:22	00:22:06 / 116	00:45:11 / 121	01:05:16 / 113	
120	69	BIENIAS ANDRZEJ	WROCŁAW	POL	LUKS ŻÓRAWINA	71	M40/28	M40/28	(M)111	01:32:17	01:32:15	13.72 4:22	00:21:20 / 88	00:44:25 / 105	01:05:18 / 115	
121	1100	WOŁOSEWICZ DANIEL	GDAŃSK	POL	I TY MOŻESZ ZOSTAĆ	85	M20/33	M20/33	(M)112	01:32:22	01:31:46	13.79 4:23	00:22:13 / 122	00:45:35 / 127	01:06:04 / 129	
122	636	MORAWSKA MARZENA	WROCŁAW	POL	WKB PIAST WROCŁAW	76	K30/4	K30/4	(K)10	01:32:22	01:32:20	13.71 4:23	00:21:39 / 99	00:44:55 / 113	01:05:17 / 114	
123	1127	ZAŁĘCKI ROBERT	WAŁBRZYCH	POL	-	73	M30/40	M30/40	(M)113	01:32:36	01:32:29	13.69 4:23	00:22:49 / 152	00:45:56 / 134	01:06:31 / 135	
124	80	BOGDAŁ MAREK	BOGATYNIA	POL	'NAPAD KOLKI' BOGATYNIA	71	M40/29	M40/29	(M)114	01:32:38	01:31:56	13.77 4:23	00:23:19 / 187	00:46:01 / 138	01:06:23 / 132	
125	1130	ZAWADA MARIUSZ	PUSTKÓW	POL	KB KĄTY WROCŁAWSKIE	78	M30/41	M30/41	(M)115	01:32:38	01:32:25	13.70 4:23	00:23:19 / 188	00:44:57 / 114	01:06:00 / 128	
126	473	KOZŁOWSKI KRYSZTIAN	ZŁOTORYJA	POL	OLAWS ZŁOTORYJA	85	M20/34	M20/34	(M)116	01:32:39	01:32:32	13.68 4:23	00:23:57 / 236	00:47:55 / 202	01:08:03 / 161	
127	1196	KOWALCZYK JACEK	WAŁBRZYCH	POL	DĘBY WAŁBRZYCH	69	M40/30	M40/30	(M)117	01:32:42	01:32:36	13.67 4:24	00:21:42 / 102	00:44:29 / 108	01:05:21 / 116	
128	1066	WCISŁO ADAM	KŁODZKO	POL	L.K.S.ISKRA JASZKOWA	73	M30/42	M30/42	(M)118	01:32:45	01:32:34	13.67 4:24	00:21:08 / 83	00:44:06 / 96	01:04:52 / 108	
129	370	JĘDRO JUSTYNA	WROCŁAW	POL	LUKS ŻÓRAWINA	83	K20/5	K20/5	(K)11	01:32:47	01:32:44	13.65 4:24	00:22:04 / 113	00:45:21 / 123	01:05:57 / 127	
130	699	ONUSZCZAK BOGDAN	LUBIN	POL		81	M30/43	M30/43	(M)119	01:32:58	01:32:36	13.67 4:24	00:23:21 / 191	00:46:17 / 150	01:06:44 / 139	
131	548	LUDWINIAK ADAM	KŁODZKO	POL	WKB PIAST WROCŁAW	85	M20/35	M20/35	(M)120	01:33:00	01:32:52	13.63 4:24	00:23:11 / 173	00:45:36 / 128	01:05:41 / 124	
132	1222	RAJA PAWEŁ	WROCŁAW	POL	BIEGI.ORG	85	M20/36	M20/36	(M)121	01:33:20	01:33:06	13.60 4:25	00:22:15 / 123	00:46:06 / 145	01:07:15 / 147	
133	580	MALESZKA WOJCIECH	WROCŁAW	POL		80	M30/44	M30/44	(M)122	01:33:22	01:33:20	13.56 4:26	00:19:41 / 34	00:41:51 / 56	01:02:53 / 80	
134	5	MAJEWSKI PIOTR	KARCZYN	POL	OLIMPIA POGDAJ	75	M30/45	M30/45	(M)123	01:33:25	01:33:15	13.57 4:26	00:22:34 / 139	00:46:06 / 144	01:06:44 / 138	
135	332	HURYŃ EWA	SZCZECIN	POL	MARATOŃCZYK TEAM	73	K30/5	K30/5	(K)12	01:33:33	01:33:29	13.54 4:26	00:23:12 / 177	00:46:16 / 148	01:06:52 / 141	
136	289	GROMEK GRZEGORZ	OPOLE	POL	CYKLOFAN OPOLE	80	M30/46	M30/46	(M)124	01:33:34	01:33:28	13.54 4:26	00:21:56 / 106	00:45:15 / 122	01:05:54 / 126	
137	1053	WALENCIEJ MARCIN	DĄBROWA	POL	WSOWL	90	M20/37	M20/37	(M)125	01:33:37	01:33:32	13.53 4:26	00:22:50 / 154	00:46:03 / 142	01:06:29 / 133	
138	968	SZAFARCZYK JANUSZ	DOBRODZIEŃ	POL	WKB META LUBLINIEC	69	M40/31	M40/31	(M)126	01:33:37	01:33:17	13.57 4:26	00:23:12 / 176	00:45:57 / 136	01:06:43 / 137	
139	1175	DAROWSKI DARIUSZ	TRZEBNICA	POL	DP-SPORT	72	M30/47	M30/47	(M)127	01:33:41	01:33:35	13.53 4:26	00:22:40 / 143	00:46:16 / 149	01:06:52 / 142	
140	205	DZIEWA MARCIN	NISKO	POL	WKB PIAST WROCŁAW	81	M30/48	M30/48	(M)128	01:33:53	01:33:32	13.53 4:27	00:23:07 / 171	00:45:56 / 133	01:06:38 / 136	
141	679	NOWAKOWSKI JACEK	BRZEG	POL	BIEGAJZNAMI.PL	71	M40/32	M40/32	(M)129	01:33:58	01:33:52	13.49 4:27	00:22:17 / 124	00:45:40 / 129	01:06:50 / 140	
142	380	KACZMARCZYK ŁUKASZ	JASZOWICE	POL		88	M20/38	M20/38	(M)130	01:34:09	01:34:05	13.45 4:28	00:23:22 / 196	00:46:42 / 163	01:06:56 / 144	
143	570	MACHOŃ PIOTR	CHOCIANÓW	POL	KLUB BIEGACZA ZDYSZAAANI	77	M30/49	M30/49	(M)131	01:34:13	01:33:58	13.47 4:28	00:23:05 / 168	00:46:39 / 159	01:07:21 / 150	
144	450	KOSTKA ANDRZEJ	POLKOWICE	POL		66	M40/33	M40/33	(M)132	01:34:18	01:34:11	13.44 4:28	00:22:07 / 118	00:46:02 / 141	01:07:02 / 146	
145	9	ADAMCZYK PIOTR	WROCŁAW	POL	I TY MOŻESZ ZOSTAĆ	70	M40/34	M40/34	(M)133	01:34:20	01:34:12	13.44 4:28	00:22:28 / 137	00:46:40 / 160	01:07:24 / 152	
146	798	PROCHOWNIK ŁUKASZ	OLAWA	POL	KB DOMBUD OLAWA	82	M20/39	M20/39	(M)134	01:34:20	01:34:12	13.44 4:28	00:23:19 / 186	00:46:38 / 158	01:07:46 / 158	
147	849	RYBA JAN	WROCŁAW	POL		62	M40/35	M40/35	(M)135	01:34:21	01:34:18	13.42 4:28	00:22:22 / 132	00:46:28 / 155	01:07:28 / 153	
148	1230	SOCZA DARIUSZ	GŁOGÓW	POL	NIE ZRZESZONY	72	M30/50	M30/50	(M)136	01:34:22	01:34:06	13.45 4:28	00:24:37 / 302	00:48:37 / 232	01:09:01 / 185	

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii Grupy in Age Group Sex	Wynik Time	Wynik Netto	Tempo [km/h] [min/km]	Check points
149	1314	ŚCIGOŃKI JAN	STRZELCE	POL	RSIR STRZELCE OPOLSKIE	51 M60/3	M60/3 (M)137	01:34:24	01:34:23	13.41 4:28 00:22:36 / 140 00:46:41 / 161 01:07:20 / 149	
150	1143	ZIOLA TADEUSZ	BOGATYNIA	POL	EDI TEAM ZGORZELEC	63 M40/36	M40/36 (M)138	01:34:28	01:34:19	13.42 4:29 00:22:54 / 157 00:46:31 / 157 01:07:42 / 157	
151	715	PANEJKO-WANAT KATARZYNA	MILANÓWEK	POL	BYLEDOBIEC ANIN	84 K20/6	K20/6 (K)13	01:34:33	01:34:32	13.39 4:29 00:21:07 / 82 00:44:54 / 111 01:05:27 / 118	
152	20	ANTCZAK MIROSŁAW	KALISZ	POL	SUPERMARATON KALISZ	59 M50/11	M50/11 (M)139	01:34:37	01:34:32	13.39 4:29 00:23:53 / 231 00:47:45 / 195 01:08:20 / 168	
153	509	KUPCZYK TOMASZ	KALISZ	POL	SUPERMARATON KALISZ	80 M30/51	M30/51 (M)140	01:34:37	01:34:29	13.40 4:29 00:22:57 / 159 00:46:23 / 154 01:07:23 / 151	
154	52	BEKACZ STANISŁAW	WIŃSKO	POL	NIEZRZESZONY	63 M40/37	M40/37 (M)141	01:34:39	01:34:33	13.39 4:29 00:22:18 / 127 00:46:28 / 156 01:07:52 / 159	
155	781	POGORZELSKA ANNA	KOŻUCHÓW	POL	ŚWIAT MARATOŃCZYKA	81 K30/6	K30/6 (K)14	01:34:48	01:34:42	13.37 4:30 00:23:00 / 160 00:46:48 / 166 01:08:10 / 163	
156	86	BORDYCH ANDRZEJ	KOŻUCHÓW	POL	ŚWIAT MARATOŃCZYKA	74 M30/52	M30/52 (M)142	01:34:48	01:34:42	13.37 4:30 00:23:00 / 161 00:46:48 / 165 01:08:10 / 164	
157	1302	CIESIÓŁKA SEBASTIAN	WROCŁAW	POL	ARTEMIS WROCŁAW	75 M30/53	M30/53 (M)143	01:34:53	01:34:50	13.35 4:30 00:21:56 / 108 00:45:24 / 124 01:06:29 / 134	
158	591	MARCZAK MARIUSZ	ZIELONA GÓRA	POL	BRACHTWO BIEGACZY ZIELONA	58 M50/12	M50/12 (M)144	01:34:55	01:34:48	13.35 4:30 00:22:02 / 112 00:45:55 / 132 01:07:15 / 148	
159	657	NAPIERAJ DANIEL	ŻYTNIOŃ	POL		92 M20/40	M20/40 (M)145	01:35:06	01:34:59	13.33 4:30 00:22:52 / 155 00:46:01 / 139 01:06:15 / 131	
160	508	KULIŃSKI BOGDAN	GŁOGÓW	POL	TKKF HUTNIK GŁOGÓW	59 M50/13	M50/13 (M)146	01:35:10	01:34:55	13.34 4:31 00:21:33 / 97 00:45:31 / 126 01:06:55 / 143	
161	1056	WALUKIEWICZ DOMINIK	JELENIA GÓRA	POL		85 M20/41	M20/41 (M)147	01:35:14	01:34:32	13.39 4:31 00:24:09 / 263 00:47:44 / 193 01:08:37 / 176	
162	1082	WIRA MIROSŁAW	WROCŁAW	POL	WKB PIAST WROCŁAW	59 M50/14	M50/14 (M)148	01:35:15	01:34:59	13.33 4:31 00:23:43 / 219 00:47:32 / 182 01:08:42 / 179	
163	507	KUKUŁA WOJCIECH	OPOLE	POL	BIEG OPOLSKI	87 M20/42	M20/42 (M)149	01:35:15	01:35:06	13.31 4:31 00:23:08 / 172 00:46:57 / 167 01:08:26 / 171	
164	695	OLESEK BARTOSZ	WARSZAWA	POL		74 M30/54	M30/54 (M)150	01:35:15	01:34:48	13.35 4:31 00:23:51 / 227 00:47:33 / 185 01:08:43 / 180	
165	1195	KOŃCZAK ADAM	POLKOWICE	POL	ACTIVE LIFE-GMINA	58 M50/15	M50/15 (M)151	01:35:18	01:35:11	13.30 4:31 00:23:02 / 163 00:47:06 / 169 01:08:30 / 173	
166	590	MARCZAK JAKUB	WROCŁAW	POL		84 M20/43	M20/43 (M)152	01:35:20	01:35:09	13.30 4:31 00:24:06 / 256 00:47:55 / 201 01:09:38 / 200	
167	716	PANEJKO WIESŁAW	WROCŁAW	POL	BYLEDOBIEC ANIN	55 M50/16	M50/16 (M)153	01:35:24	01:35:22	13.27 4:31 00:22:08 / 120 00:46:07 / 146 01:06:58 / 145	
168	902	SKRZYPCZAK TOMASZ	WROCŁAW	POL	WKB PIAST WROCŁAW	85 M20/44	M20/44 (M)154	01:35:25	01:35:23	13.27 4:31 00:22:48 / 151 00:46:48 / 164 01:08:10 / 162	
169	1037	TWARDOCHLEB BARBARA	DOBRYKOWICE	POL	-	80 K30/7	K30/7 (K)15	01:35:25	01:35:22	13.27 4:31 00:22:22 / 130 00:46:19 / 152 01:07:30 / 154	
170	481	KRAUZE TOMASZ	WROCŁAW	POL	WKB PIAST WROCŁAW	67 M40/38	M40/38 (M)155	01:35:28	01:35:12	13.30 4:32 00:23:02 / 164 00:47:26 / 177 01:08:30 / 174	
171	726	PAWEŁKO ADRIAN	WAŁBRZYCH	POL	WAŁBRZYCH TEAM	88 M20/45	M20/45 (M)156	01:35:34	01:35:29	13.26 4:32 00:22:26 / 136 00:46:18 / 151 01:07:30 / 155	
172	42	BASIŃSKI WIKTOR	RUDNIKI	POL		60 M50/17	M50/17 (M)157	01:35:36	01:35:30	13.25 4:32 00:22:18 / 126 00:45:59 / 137 01:08:14 / 166	
173	397	KARBOWIAK HUBERT	WROCŁAW	POL	WKB PIAST WROCŁAW	69 M40/39	M40/39 (M)158	01:35:38	01:35:24	13.27 4:32 00:23:11 / 175 00:47:00 / 168 01:08:13 / 165	
174	844	RUDEWICZ MARIUSZ	LEGNICA	POL	ZG LUBIN	68 M40/40	M40/40 (M)159	01:35:39	01:35:26	13.26 4:32 00:25:33 / 403 00:49:17 / 266 01:09:57 / 212	
175	1342	ŁĄTKA PIOTR	OBORNIKI	POL		89 M20/46	M20/46 (M)160	01:35:39	01:35:29	13.26 4:32 00:23:22 / 197 00:47:14 / 171 01:08:36 / 175	
176	886	SEKIERKA JANUSZ	ŚLUPSKO	POL		79 M30/55	M30/55 (M)161	01:35:45	01:35:29	13.26 4:32 00:23:30 / 204 00:47:15 / 173 01:08:28 / 172	
177	390	KALKOWSKI PRZEMYSŁAW	ŚLAWNO	POL	WSOWL	89 M20/47	M20/47 (M)162	01:35:54	01:35:49	13.21 4:33 00:22:50 / 153 00:46:41 / 162 01:07:41 / 156	
178	76	BLASZCZAK KRYSZTIAN	NIEPRUSZEWO	POL	SSL	83 M20/48	M20/48 (M)163	01:35:58	01:35:43	13.22 4:33 00:24:22 / 278 00:48:49 / 246 01:10:23 / 227	
179	1155	ŻUKOWSKI MARIAN	PROCHOWICE	POL	KROKUS KWIATKOWICE	62 M40/41	M40/41 (M)164	01:36:14	01:35:55	13.20 4:34 00:23:37 / 210 00:47:35 / 187 01:08:41 / 178	
180	531	LESIK KRZYSZTOF	WODZISŁAW	POL	FORMA WODZISŁAW ŚLĄSKI	74 M30/56	M30/56 (M)165	01:36:19	01:36:08	13.17 4:34 00:24:02 / 248 00:47:56 / 203 01:09:35 / 196	
181	506	KUCZOK MIROSŁAW	WODZISŁAW	POL	FORMA WODZISŁAW ŚLĄSKI	72 M30/57	M30/57 (M)166	01:36:19	01:36:08	13.17 4:34 00:24:02 / 249 00:47:56 / 204 01:09:35 / 194	
182	641	MOŻEJKO ZBIGNIEW	WROCŁAW	POL		69 M40/42	M40/42 (M)167	01:36:22	01:36:15	13.15 4:34 00:24:05 / 252 00:47:53 / 198 01:09:16 / 188	
183	774	PLUKARSKI PATRYK	WROCŁAW	POL	WROCŁAWSKI KLUB	82 M20/49	M20/49 (M)168	01:36:24	01:35:30	13.25 4:34 00:24:26 / 283 00:48:17 / 212 01:09:48 / 208	
184	1292	ZIOBER PAWEŁ	WROCŁAW	POL	WKB PIAST WROCŁAW	77 M30/58	M30/58 (M)169	01:36:27	01:36:22	13.14 4:34 00:23:56 / 234 00:48:17 / 214 01:09:37 / 199	
185	138	CYNAR JAROSŁAW	WAŁBRZYCH	POL		79 M30/59	M30/59 (M)170	01:36:42	01:36:22	13.14 4:35 00:23:28 / 202 00:47:40 / 190 01:08:44 / 182	
186	648	MUSIAŁ MAREK	BYSTRZYCA	POL		55 M50/18	M50/18 Powi/3 (M)171	01:36:48	01:36:47	13.08 4:35 00:22:08 / 119 00:46:20 / 153 01:08:20 / 169	
187	579	MALEK KRZYSZTOF	WOŁOW	POL	NIE ZRZESZONY	68 M40/43	M40/43 (M)172	01:36:51	01:36:37	13.10 4:35 00:23:44 / 222 00:47:40 / 189 01:09:17 / 190	
188	41	BASIŃSKI PIOTR	WROCŁAW	POL	I TY MOŻESZ ZOSTAĆ	89 M20/50	M20/50 (M)173	01:36:52	01:36:45	13.08 4:35 00:23:57 / 237 00:48:26 / 221 01:09:36 / 198	

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii Grupy in Age Group Sex	Wynik Time	Wynik Netto	Tempo [km/h] [min/km]	Check points		
189	343	JANIAK WITOLD	WROCLAW	POL		70	M40/44 M40/44 (M)174	01:37:02	01:36:06	13.17 4:36 00:24:24 / 279 00:48:26 / 222 01:08:41 / 177			
190	33	BARAN WIESLAW	ŚCINAWA	POL	ŚCINAWA	65	M40/45 M40/45 (M)175	01:37:03	01:36:53	13.07 4:36 00:24:00 / 240 00:48:22 / 217 01:09:36 / 197			
191	1077	WIĄCEK MAREK	WROCLAW	POL	IM 2010	62	M40/46 M40/46 (M)176	01:37:14	01:37:01	13.05 4:37 00:23:57 / 235 00:47:49 / 196 01:09:48 / 207			
192	1150	ŻAK ARTUR	WAŁBRZYCH	POL	HERMES ŚWIDNICA	79	M30/60 M30/60 (M)177	01:37:14	01:36:55	13.06 4:37 00:23:33 / 205 00:47:34 / 186 01:09:10 / 186			
193	1244	WILK CZESLAW	MIRKÓW	POL		58	M50/19 M50/19 (M)178	01:37:17	01:37:07	13.03 4:37 00:24:29 / 289 00:48:56 / 250 01:10:20 / 225			
194	191	DUDA DARIUSZ	ZIELONA GÓRA	POL	MARATONYPOLSKIE.PL TEAM	62	M40/47 M40/47 (M)179	01:37:19	01:37:06	13.04 4:37 00:24:37 / 304 00:48:46 / 240 01:10:11 / 222			
195	409	KAWIORSKA MARIA	PSZCZEW	POL	MARATONYPOLSKIE.PL TEAM	56	K50/1 K50/1 (K)16	01:37:19	01:37:16	13.01 4:37 00:24:37 / 303 00:48:46 / 241 01:10:11 / 221			
196	1270	SZCZYPKOWSKI HIERONIM	OSTRÓW WLKP	POL	KS MARATON OSTRÓW	59	M50/20 M50/20 (M)180	01:37:20	01:37:06	13.04 4:37 00:24:05 / 253 00:48:35 / 228 01:09:46 / 204			
197	1269	SŁOTWIŃSKI DAMIAN	OSTRÓW WLKP.	POL	DZIĘKI ADAM	74	M30/61 M30/61 (M)181	01:37:26	01:37:12	13.02 4:37 00:24:15 / 270 00:48:41 / 238 01:10:42 / 238			
198	782	POGORZELSKI GRZEGORZ	WAŁBRZYCH	POL	DRUŻYNA SZPIKU	62	M40/48 M40/48 (M)182	01:37:28	01:37:23	13.00 4:37 00:23:40 / 213 00:48:17 / 211 01:09:47 / 205			
199	1241	WEISSENSTEINER DAWID	MROCKOWA	POL		87	M20/51 M20/51 (M)183	01:37:32	01:37:18	13.01 4:37 00:24:21 / 277 00:49:12 / 261 01:10:54 / 242			
200	790	POPIEL GRAŻYNA	TRZEBNICA	POL	TIETO	62	K40/3 K40/3 (K)17	01:37:38	01:37:34	12.97 4:38 00:23:21 / 189 00:47:32 / 183 01:08:59 / 183			
201	975	SZCZEPANIAK RAFAŁ	KARŁOWICE	POL	JRG BRZEG	83	M20/52 M20/52 (M)184	01:37:42	01:37:38	12.97 4:38 00:22:55 / 158 00:47:23 / 176 01:09:00 / 184			
202	861	RZEPECKI ROBERT	KALISZ	POL	SUPERMARATON KALISZ	63	M40/49 M40/49 (M)185	01:37:44	01:37:17	13.01 4:38 00:24:08 / 260 00:48:32 / 225 01:09:57 / 213			
203	514	KURZAJCZYK MARIUSZ	KALISZ	POL	SUPERMARATON KALISZ	65	M40/50 M40/50 (M)186	01:37:45	01:37:19	13.01 4:38 00:24:14 / 267 00:48:52 / 248 01:10:04 / 218			
204	1367	KOZAK DAWID	SOBÓTKA	POL	JUDO SOBÓTKA	92	M20/53 M20/53 Gmin/6 (M)187	01:37:47	01:37:37	12.97 4:38 00:22:41 / 148 00:47:16 / 174 01:08:43 / 181			
205	1146	ZIÓŁKOWSKI PRZEMYSŁAW	JUTROSIN	POL		68	M40/51 M40/51 (M)188	01:37:50	01:37:40	12.96 4:38 00:22:41 / 147 00:48:19 / 216 01:10:00 / 216			
206	876	SARNOWSKA BEATA	WROCLAW	POL	-	79	K30/8 K30/8 (K)18	01:37:50	01:37:49	12.94 4:38 00:23:11 / 174 00:47:15 / 172 01:09:14 / 187			
207	917	SOBCZAK ANDRZEJ	NOWA WIEŚ	POL	BIEGAJZNAMI.PL	61	M50/21 M50/21 (M)189	01:37:56	01:37:42	12.96 4:39 00:23:19 / 185 00:47:54 / 200 01:09:43 / 203			
208	896	SITKO KRZYSZTOF	JEDLINA ZDRÓJ	POL	JTST JEDLINA ZDRÓJ	73	M30/62 M30/62 (M)190	01:38:00	01:37:43	12.95 4:39 00:24:15 / 268 00:48:33 / 226 01:09:43 / 202			
209	216	FARON MIROSLAW	OLEŚNICA	POL	ADIDAS POLAND	78	M30/63 M30/63 (M)191	01:38:02	01:37:56	12.93 4:39 00:23:22 / 194 00:47:43 / 191 01:09:17 / 191			
210	1144	ZIÓŁKOWSKI GRZEGORZ	WROCLAW	POL	AZS POLITECHNIKA WROCLAW	85	M20/54 M20/54 (M)192	01:38:03	01:37:33	12.98 4:39 00:23:34 / 207 00:47:32 / 184 01:08:21 / 170			
211	158	ĆWIK ADAM	OLEŚNICA	POL		77	M30/64 M30/64 (M)193	01:38:06	01:37:58	12.92 4:39 00:23:41 / 217 00:48:19 / 215 01:10:19 / 224			
212	1111	WRÓBLEWSKI MIECZYSLAW	WROCLAW	POL	TRIATHLON POZNAN	56	M50/22 M50/22 (M)194	01:38:09	01:38:06	12.90 4:39 00:23:35 / 208 00:48:34 / 227 01:10:37 / 232			
213	618	MIELNICZAK ARTUR	POZNAŃ	POL		76	M30/65 M30/65 (M)195	01:38:11	01:37:54	12.93 4:39 00:24:32 / 294 00:49:32 / 282 01:11:14 / 258			
214	11	ADAMOWYCZ BOGUSŁAW	BOJADŁA	POL	NIEZRZESZONY	63	M40/52 M40/52 (M)196	01:38:15	01:37:52	12.93 4:39 00:25:15 / 370 00:49:16 / 263 01:11:09 / 253			
215	1190	KLUCOWICZ EDWARD	BOJADŁA	POL	BOJADŁA	62	M40/53 M40/53 (M)197	01:38:16	01:37:54	12.93 4:39 00:25:15 / 368 00:49:16 / 264 01:11:10 / 254			
216	310	HACZYK JAROSŁAW	OPOLE	POL	BIEG OPOLSKI	68	M40/54 M40/54 (M)198	01:38:16	01:38:08	12.90 4:39 00:22:31 / 138 00:47:10 / 170 01:09:35 / 195			
217	1149	WOJTAL JACEK	WROCLAW	POL	WKB PIAST WROCLAW	66	M40/55 M40/55 (M)199	01:38:26	01:38:09	12.90 4:40 00:24:07 / 258 00:48:30 / 223 01:09:52 / 210			
218	785	POLCYN WŁADYSŁAW	POZNAŃ	POL	JOHNSON	64	M40/56 M40/56 (M)200	01:38:36	01:38:29	12.85 4:40 00:23:22 / 198 00:47:27 / 178 01:09:31 / 192			
219	130	CIEŚLA JAROSŁAW	WAŁBRZYCH	POL	S.E.IR.POL.KOŁO NR17	65	M40/57 M40/57 (M)201	01:38:39	01:38:15	12.88 4:41 00:23:52 / 228 00:48:36 / 229 01:10:46 / 239			
220	1104	WOYCZYŃSKI DARIUSZ	WROCLAW	POL	WKB PIAST WROCLAW	68	M40/58 M40/58 (M)202	01:38:42	01:38:27	12.86 4:41 00:24:01 / 244 00:48:36 / 230 01:10:40 / 235			
221	924	SOBOL JERZY	WROCLAW	POL	KTN PSIE POLE	54	M50/23 M50/23 (M)203	01:38:43	01:38:37	12.84 4:41 00:23:21 / 190 00:48:07 / 205 01:10:08 / 220			
222	431	KOGUT STANISŁAW	ŚWIDNICA	POL	HERMES ŚWIDNICA	81	M30/66 M30/66 Powi/4 (M)204	01:38:45	01:38:24	12.86 4:41 00:23:34 / 206 00:48:23 / 218 01:10:31 / 230			
223	244	GALYSA MICHAŁ	WAŁBRZYCH	POL	-	58	M50/24 M50/24 (M)205	01:38:50	01:38:42	12.82 4:41 00:24:27 / 285 00:49:02 / 254 01:10:58 / 244			
224	121	CHODAKOWSKI ŁUKASZ	SIEMIATYCZE	POL		81	M30/67 M30/67 (M)206	01:38:52	01:38:11	12.89 4:41 00:26:12 / 482 00:50:07 / 307 01:11:19 / 262			
225	893	SIKORSKI ŁUKASZ	CZASTARY	POL	-	88	M20/55 M20/55 (M)207	01:38:54	01:38:42	12.82 4:41 00:24:06 / 255 00:48:38 / 233 01:10:32 / 231			
226	184	DREWNICKA-OGRODNIK JOANNA	PRZEMIŁÓW/WRO	POL		67	K40/4 K40/4 Gmin/7 (K)19	01:38:56	01:38:54	12.80 4:41 00:22:48 / 149 00:47:53 / 199 01:09:49 / 209			
227	1173	CHUDY JACEK	BLACHOWNIA	POL	MARATONYPOLSKIE.PL TEAM	75	M30/68 M30/68 (M)208	01:38:56	01:38:41	12.83 4:41 00:24:25 / 282 00:48:51 / 247 01:11:04 / 249			

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii Grupy in Age Group Sex	Wynik Time	Wynik Netto	Tempo [km/h] [min/km]	Check points				
228	1089	WOJCIECHOWSKI MARCIN	TRZEBNICA	POL	FORZA INTER	81	M30/69	M30/69	(M)209	01:38:57	01:38:42	12.82 4:41	00:24:40 / 311	00:49:41 / 291	01:11:26 / 267
229	1167	BLACHOWSKI PIOTR	SZLICHTYNGOWA	POL		72	M30/70	M30/70	(M)210	01:38:58	01:38:43	12.82 4:41	00:24:52 / 328	00:49:29 / 278	01:11:04 / 251
230	1189	KLINCEWICZ CEZARY	WROCLAW	POL	WWW.PGB.ORG.PL	81	M30/71	M30/71	(M)211	01:39:08	01:38:55	12.80 4:42	00:24:17 / 271	00:49:29 / 277	01:11:33 / 275
231	347	JANKOWSKI EUGENIUSZ	PULAWY	POL	OPEC PULAWY	54	M50/25	M50/25	(M)212	01:39:10	01:39:03	12.78 4:42	00:24:00 / 243	00:48:42 / 239	01:10:40 / 236
232	267	GOŁĘBIEWSKI JACEK	ŚWIDNICA	POL	HERMES ŚWIDNICA	74	M30/72	M30/72	Powi/5 (M)213	01:39:15	01:39:11	12.76 4:42	00:23:22 / 195	00:48:23 / 219	01:10:39 / 234
233	94	BRZEZIŃSKI WOJCIECH	ŚCINAWA	POL		62	M40/59	M40/59	(M)214	01:39:16	01:39:03	12.78 4:42	00:24:30 / 292	00:49:11 / 260	01:11:07 / 252
234	1209	MAKARCZYK DANIEL	CHOBIENIA	POL	ZG RUDNA	75	M30/73	M30/73	(M)215	01:39:16	01:39:11	12.76 4:42	00:23:16 / 182	00:48:17 / 213	01:10:54 / 241
235	545	LITWIN JAN	WROCLAW	POL	IM2010 ŚCIEŻKI BIEGOWE	61	M50/26	M50/26	(M)216	01:39:17	01:39:10	12.76 4:42	00:23:36 / 209	00:48:10 / 209	01:09:47 / 206
236	66	BIELAWSKI JAN	ŚCINAWA	POL	DRUŻYNA SZPIKU/ WPEC	64	M40/60	M40/60	(M)217	01:39:18	01:39:12	12.76 4:42	00:24:20 / 275	00:48:49 / 245	01:10:55 / 243
237	727	PAWLACZEK MICHAŁ	TRZEBNICA	POL		69	M40/61	M40/61	(M)218	01:39:18	01:39:05	12.78 4:42	00:24:39 / 307	00:49:41 / 290	01:12:30 / 302
238	907	ŚLAWIŃSKI MARCIN	WROCLAW	POL	ARTEMIS WROCLAW	71	M40/62	M40/62	(M)219	01:39:19	01:39:13	12.76 4:42	00:23:40 / 214	00:48:46 / 242	01:11:14 / 257
239	983	SZEWczyk TOMASZ	OSTRÓW	POL	RUNKING	79	M30/74	M30/74	(M)220	01:39:20	01:38:59	12.79 4:43	00:24:34 / 299	00:49:48 / 293	01:11:48 / 281
240	1051	WACZYŃSKI MAREK	SOBÓTKA	POL	SOBÓTKA	79	M30/75	M30/75	Gmin/8 (M)221	01:39:21	01:39:18	12.75 4:43	00:23:03 / 166	00:47:51 / 197	01:10:00 / 217
241	972	SZAWDZIN KRZYSZTOF	WROCLAW	POL		69	M40/63	M40/63	(M)222	01:39:25	01:39:20	12.74 4:43	00:24:08 / 261	00:49:05 / 255	01:11:13 / 256
242	279	GRABKOWSKI ROBERT	ŻMIGRÓD	POL	WKB PIAST WROCLAW	69	M40/64	M40/64	(M)223	01:39:26	01:39:01	12.78 4:43	00:23:58 / 238	00:48:31 / 224	01:10:22 / 226
243	90	BORS ARKADIUSZ	RACIBÓRZ	POL		83	M20/56	M20/56	(M)224	01:39:30	01:39:23	12.74 4:43	00:23:29 / 203	00:48:58 / 252	01:10:59 / 245
244	807	PUCHAŁA KRZYSZTOF	WROCLAW	POL	KG WROCLAW	66	M40/65	M40/65	(M)225	01:39:32	01:39:28	12.73 4:43	00:23:16 / 181	00:48:08 / 206	01:10:38 / 233
245	141	CZAPIGA ROBERT	NOWA	PUR	TEMPO WAŁBRZYCH	71	M40/66	M40/66	(M)226	01:39:32	01:39:10	12.76 4:43	00:25:46 / 427	00:50:52 / 339	01:12:30 / 303
246	729	PAWLAK GABRIEL	RADWANICE	POL	AZS POLITECHNIKA WROCLAW	79	M30/76	M30/76	(M)227	01:39:33	01:38:54	12.80 4:43	00:25:23 / 386	00:50:06 / 305	01:12:11 / 294
247	45	BAK PIOTR	OLEŚNICA	POL	KB LUPUS OLEŚNICA	78	M30/77	M30/77	(M)228	01:39:39	01:39:32	12.72 4:43	00:23:43 / 221	00:48:47 / 243	01:11:03 / 248
248	295	GRYGIELSKI ARTUR	SZKLARY GÓRNE	POL	ZG LUBIN	74	M30/78	M30/78	(M)229	01:39:40	01:39:35	12.71 4:43	00:23:17 / 183	00:48:09 / 207	01:10:12 / 223
249	862	SABOK BERNARD	WROCLAW	POL	IM 2010	74	M30/79	M30/79	(M)230	01:39:41	01:39:26	12.73 4:44	00:23:48 / 225	00:48:10 / 208	01:10:41 / 237
250	770	PLOCH SEBASTIAN	WROCLAW	POL		73	M30/80	M30/80	(M)231	01:39:42	01:39:36	12.71 4:44	00:24:39 / 309	00:50:05 / 304	01:12:17 / 298
251	658	NAPIERAJ DOMINIKA	ŻYTIŃÓW	POL		91	K20/7	K20/7	(K)20	01:39:42	01:39:29	12.72 4:44	00:24:19 / 273	00:49:23 / 269	01:11:30 / 270
252	306	GUTOWSKI DARIUSZ	KŁOBUCK	POL	NGB KŁOBUCK	68	M40/67	M40/67	(M)232	01:39:48	01:39:31	12.72 4:44	00:24:39 / 310	00:49:30 / 279	01:11:23 / 263
253	919	SOBCZAK JOLANTA	WROCLAW	POL	LUKS ŻÓRAWINA	65	K40/5	K40/5	(K)21	01:39:49	01:39:42	12.70 4:44	00:24:02 / 247	00:48:54 / 249	01:10:26 / 228
254	604	MATYSEK DARIUSZ	WROCLAW	POL	-	79	M30/81	M30/81	(M)233	01:39:53	01:39:34	12.71 4:44	00:23:39 / 212	00:49:17 / 265	01:11:16 / 259
255	732	PAWŁOWSKI ŁUKASZ	CZESTOCHOWA	POL	ZABIEGANI CZĘSTOCHOWA	79	M30/82	M30/82	(M)234	01:39:55	01:39:52	12.68 4:44	00:22:04 / 114	00:46:02 / 140	01:08:16 / 167
256	302	GURGUL RYSZARD	BOGUSZOW-GOR	POL	DĘBY WAŁBRZYCH	55	M50/27	M50/27	(M)235	01:39:57	01:39:53	12.67 4:44	00:23:43 / 220	00:48:36 / 231	01:10:48 / 240
257	1022	TOLŁOCZKO ARKADIUSZ	JELCZ-LASKOWIC	POL	DLA MOJEJ ZOSI	77	M30/83	M30/83	(M)236	01:39:58	01:39:38	12.70 4:44	00:25:16 / 374	00:50:31 / 321	01:12:34 / 305
258	708	OTROCKI MICHAŁ	BIELAWA	POL	NYSA BIEGA	78	M30/84	M30/84	(M)237	01:39:59	01:39:48	12.68 4:44	00:24:06 / 257	00:49:07 / 256	01:11:24 / 264
259	459	KOWALCZYK ŁUKASZ	WROCLAW	POL		82	M20/57	M20/57	(M)238	01:40:00	01:39:41	12.70 4:44	00:24:42 / 314	00:49:22 / 268	01:11:19 / 261
260	403	KARPIŃSKI KONRAD	WROCLAW	POL		78	M30/85	M30/85	(M)239	01:40:03	01:39:52	12.68 4:45	00:25:11 / 359	00:49:59 / 301	01:12:12 / 295
261	487	KROCZAK WOJCIECH	PIESZYCE	POL	POLSKA BIEGA	69	M40/68	M40/68	(M)240	01:40:05	01:39:46	12.69 4:45	00:23:38 / 211	00:48:38 / 234	01:10:31 / 229
262	61	BIAŁKOWSKI SEBASTIAN	WROCLAW	POL		76	M30/86	M30/86	(M)241	01:40:06	01:39:56	12.67 4:45	00:25:14 / 367	00:49:39 / 288	01:11:17 / 260
263	584	MANDRYKOWSKI BARTOSZ	WROCLAW	POL	BIESZCZADZKI FAKIR TEAM	82	M20/58	M20/58	(M)242	01:40:09	01:39:24	12.73 4:45	00:24:49 / 325	00:49:35 / 284	01:11:41 / 279
264	1264	GACON KAROLINA	STARACHOWICE	POL	LKB RUDNIK	75	K30/9	K30/9	(K)22	01:40:12	01:39:57	12.66 4:45	00:24:52 / 327	00:49:12 / 262	01:11:03 / 246
265	162	DAGIEL GRZEGORZ	GLOGÓW	POL		74	M30/87	M30/87	(M)243	01:40:18	01:39:57	12.66 4:45	00:24:25 / 280	00:49:24 / 272	01:11:25 / 265
266	19	ANTCZAK ARTUR	GLOGÓW	POL		74	M30/88	M30/88	(M)244	01:40:18	01:39:56	12.67 4:45	00:24:25 / 281	00:49:24 / 271	01:11:25 / 266
267	1064	WAYDA ADAM	GLOGÓW	POL	TC CHROBRY KOMAK GLOGÓW	68	M40/69	M40/69	(M)245	01:40:22	01:40:19	12.62 4:45	00:23:05 / 169	00:47:44 / 192	01:09:58 / 214

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	Tempo [km/h] [min/km]	Check points			
268	881	SERDA MARIUSZ	WROCLAW	POL	EIGER TEAM	78	M30/89	M30/89	(M)246	01:40:22	01:40:10	12.64 4:45	00:24:08 / 262	00:49:31 / 281	01:11:34 / 276	
269	1289	KIERZYK PRZEMYSŁAW	ZIELONA GÓRA	POL		79	M30/90	M30/90	(M)247	01:40:24	01:39:59	12.66 4:46	00:25:08 / 354	00:50:17 / 314	01:12:08 / 292	
270	1239	TAJDUŚ BOGUSŁAW	WAŁBRZYCH	POL	DĘBY WAŁBRZYCH	65	M40/70	M40/70	(M)248	01:40:26	01:40:19	12.62 4:46	00:23:01 / 162	00:48:41 / 237	01:11:32 / 272	
271	668	NIWIŃSKA ALEKSANDRA	CHOJNÓW	POL		86	K20/8	K20/8	(K)23	01:40:27	01:40:17	12.62 4:46	00:24:30 / 291	00:49:08 / 257	01:11:53 / 282	
272	676	NOWAK JAN	RACIBÓRZ	POL		58	M50/28	M50/28	(M)249	01:40:27	01:40:18	12.62 4:46	00:23:52 / 230	00:48:58 / 251	01:11:04 / 250	
273	443	KOPREK EDMUND	DOBRODZIEN	POL	WKB META LUBLINIEC	60	M50/29	M50/29	(M)250	01:40:33	01:40:17	12.62 4:46	00:25:02 / 335	00:50:09 / 309	01:12:18 / 299	
274	555	ŁAWRYNOWICZ JAKUB	WROCLAW	POL	NIEZRZESZONY	80	M30/91	M30/91	(M)251	01:40:35	01:40:29	12.60 4:46	00:24:15 / 269	00:49:22 / 267	01:11:29 / 269	
275	1078	WIERTEL RADOSŁAW	ŻARY	POL		75	M30/92	M30/92	(M)252	01:40:42	01:40:30	12.60 4:46	00:23:55 / 232	00:48:24 / 220	01:11:03 / 247	
276	419	KILAN ZBIGNIEW	SZCZOKOCINY	POL		57	M50/30	M50/30	(M)253	01:40:44	01:40:39	12.58 4:46	00:24:19 / 272	00:48:49 / 244	01:11:32 / 273	
277	1199	KOZŁOWSKI ADAM	WROCLAW	POL		88	M20/59	M20/59	(M)254	01:40:47	01:40:21	12.61 4:47	00:26:00 / 449	00:50:57 / 346	01:12:53 / 312	
278	815	RAJCZYBA ADAM	WROCLAW	POL		92	M20/60	M20/60	(M)255	01:40:54	01:40:46	12.56 4:47	00:23:22 / 192	00:47:30 / 179	01:09:35 / 193	
279	101	BUGAJNY DAMIAN	KALISZ	POL	SUPERMARATON KALISZ	75	M30/93	M30/93	(M)256	01:41:01	01:40:48	12.56 4:47	00:23:52 / 229	00:47:36 / 188	01:09:17 / 189	
280	1332	PIETRYKA JANUSZ	ZIELONA GÓRA	POL	BRACHTWO BIEGACZY ZG	67	M40/71	M40/71	(M)257	01:41:06	01:40:54	12.55 4:48	00:24:06 / 254	00:49:09 / 258	01:11:40 / 278	
281	870	SALMANOWICZ ZDZISŁAW	ZIELONA GÓRA	POL	BRACHTWO BIEGACZY ZIELONA	51	M60/4	M60/4	(M)258	01:41:06	01:41:01	12.53 4:48	00:24:35 / 300	00:49:53 / 297	01:11:56 / 283	
282	872	SALAŁA ROMAN	ŚWIEBODZICE	POL	TEMPO WAŁBRZYCH	78	M30/94	M30/94	Powil/6	(M)259	01:41:07	01:40:56	12.54 4:48	00:24:00 / 242	00:49:27 / 276	01:11:47 / 280
283	897	SKIBA WŁODZIMIERZ	POZNAŃ	POL	STOWARZYSZENIE	64	M40/72	M40/72	(M)260	01:41:09	01:40:49	12.56 4:48	00:26:19 / 493	00:52:25 / 432	01:14:14 / 378	
284	1134	ZGAGACZ PAWEŁ	WROCLAW	POL		70	M40/73	M40/73	(M)261	01:41:10	01:40:59	12.53 4:48	00:24:41 / 313	00:50:12 / 311	01:12:14 / 296	
285	970	SZANIEWSKI MIREK	JELENIA GÓRA	POL		73	M30/95	M30/95	(M)262	01:41:11	01:41:03	12.53 4:48	00:24:27 / 286	00:49:45 / 292	01:12:06 / 289	
286	237	FURMANEK KAMIL	ŚWIDNICA	POL	GLKS ŚWIDNICA	94	M20/61	M20/61	Powil/7	(M)263	01:41:20	01:41:16	12.50 4:48	00:23:15 / 179	00:48:41 / 236	01:12:06 / 290
287	1369	MICH ŁUKASZ	WROCLAW	POL		85	M20/62	M20/62	(M)264	01:41:20	01:41:16	12.50 4:48	00:23:13 / 178	00:48:11 / 210	01:09:42 / 201	
288	1354	ROICKI ŁUKASZ	LUBIN	POL		87	M20/63	M20/63	(M)265	01:41:21	01:41:14	12.50 4:48	00:22:41 / 146	00:47:32 / 181	01:09:59 / 215	
289	1164	BANASIAK ALICJA	BIELSKO BIALA	POL	SPRINT BIELSKO BIALA	52	K50/2	K50/2	(K)24	01:41:27	01:41:25	12.48 4:49	00:24:28 / 288	00:49:36 / 286	01:11:58 / 286	
290	873	SALDACZ MACIEJ	WROCLAW	POL	-	73	M30/96	M30/96	(M)266	01:41:30	01:40:53	12.55 4:49	00:25:06 / 351	00:50:28 / 318	01:12:15 / 297	
291	1346	ATES RUDOLF	KUDOWA ZDRÓJ	POL	ULKS OPAL KUDOWA ZDRÓJ	54	M50/31	M50/31	(M)267	01:41:32	01:41:28	12.48 4:49	00:24:03 / 250	00:49:33 / 283	01:11:58 / 285	
292	328	HORBOWY SŁAWOMIR	CZEPIELOWICE	POL		63	M40/74	M40/74	(M)268	01:41:33	01:41:16	12.50 4:49	00:25:54 / 441	00:51:38 / 385	01:11:58 / 284	
293	471	KOZŁOWICZ EDWARD	WAŁBRZYCH	POL		51	M60/5	M60/5	(M)269	01:41:34	01:40:54	12.55 4:49	00:26:49 / 554	00:51:38 / 386	01:13:01 / 316	
294	1211	MIZERA MARZENA	JELENIA GÓRA	POL		73	K30/10	K30/10	(K)25	01:41:36	01:41:06	12.52 4:49	00:25:32 / 399	00:50:34 / 325	01:13:05 / 318	
295	486	KRĘŻEL MAREK	WROCLAW	POL	-	84	M20/64	M20/64	(M)270	01:41:40	01:41:19	12.49 4:49	00:24:11 / 265	00:49:09 / 259	01:11:32 / 271	
296	959	STRÓŻYŃSKI MARCIN	CHOCIAŃÓW	POL	KLUB BIEGACZA ZDYSZAAANI	83	M20/65	M20/65	(M)271	01:41:40	01:41:25	12.48 4:49	00:23:04 / 167	00:46:15 / 147	01:07:54 / 160	
297	411	KAZIMIERSKI PAWEŁ	WITOSZÓW	POL	NIEZRZESZONY	74	M30/97	M30/97	Powil/8	(M)272	01:41:43	01:41:31	12.47 4:49	00:23:17 / 184	00:49:26 / 275	01:11:38 / 277
298	734	PELC PAWEŁ	WROCLAW	POL	-	78	M30/98	M30/98	(M)273	01:41:45	01:41:31	12.47 4:49	00:25:20 / 380	00:50:35 / 328	01:13:09 / 320	
299	1072	WESOŁOWSKI KRZYSZTOF	WROCLAW	POL	NIEZRZESZONY	68	M40/75	M40/75	(M)274	01:41:45	01:41:20	12.49 4:49	00:25:04 / 340	00:50:24 / 317	01:12:42 / 306	
300	256	GIZLER PIOTR	OLAWA	POL		75	M30/99	M30/99	(M)275	01:41:45	01:41:31	12.47 4:49	00:24:45 / 316	00:50:20 / 316	01:13:18 / 329	
301	742	PĘDZIKOWSKI STANISŁAW	ŚCINAWA	POL		70	M40/76	M40/76	(M)276	01:41:49	01:41:29	12.47 4:50	00:25:26 / 389	00:50:55 / 342	01:13:13 / 325	
302	1174	CIERZNIEWSKI DARIUSZ	LEGNICA	POL		65	M40/77	M40/77	(M)277	01:41:51	01:41:25	12.48 4:50	00:25:37 / 416	00:51:15 / 356	01:13:16 / 327	
303	1035	TUREK MICHAŁ	WSCHOWA	POL		87	M20/66	M20/66	(M)278	01:41:51	01:41:13	12.51 4:50	00:26:27 / 506	00:51:29 / 373	01:13:33 / 340	
304	558	ŁOPUSIEWICZ JANUSZ	WROCLAW	POL		84	M20/67	M20/67	(M)279	01:41:53	01:41:19	12.49 4:50	00:27:02 / 592	00:52:15 / 418	01:13:48 / 352	
305	1254	DĘBSKI DARIUSZ	RADOM	POL	LKB RUDNIK	71	M40/78	M40/78	(M)280	01:41:55	01:41:50	12.43 4:50	00:23:49 / 226	00:49:23 / 270	01:11:13 / 255	
306	157	ĆWIAKAŁA WOJCIECH	JELENIA GÓRA	POL		63	M40/79	M40/79	(M)281	01:41:56	01:41:39	12.45 4:50	00:25:54 / 440	00:51:38 / 384	01:13:45 / 346	
307	909	SMAL KRZYSZTOF	LUBAN	POL		48	M60/6	M60/6	(M)282	01:41:57	01:41:48	12.43 4:50	00:24:04 / 251	00:49:49 / 295	01:12:09 / 293	

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii Grupy in Age Group Sex	Wynik Time	Wynik Netto	Tempo [km/h] [min/km]	Check points
308	987	SZNAJDER MARIAN	SIEDLISKO	POL	FREDEX NOWA SÓL	66 M40/80	M40/80 (M)283	01:41:57	01:41:28	12.48 4:50 00:25:39 / 418 00:51:17 / 357	01:13:47 / 351
309	553	ŁASAK GRZEGORZ	OLAWA	POL	OLAWA	77 M30/100	M30/100 (M)284	01:42:01	01:41:16	12.50 4:50 00:25:01 / 332 00:49:49 / 296	01:13:12 / 324
310	103	BUJACZ JACEK	WROCŁAW	POL		74 M30/101	M30/101 (M)285	01:42:01	01:41:52	12.43 4:50 00:24:49 / 324 00:49:55 / 299	01:12:21 / 300
311	1090	WOJCIESZONEK KRZYSZTOF	GÓRA->WROCLA	POL	OŻW WROCŁAW	86 M20/68	M20/68 (M)286	01:42:02	01:41:31	12.47 4:50 00:25:29 / 392 00:50:56 / 344	01:13:29 / 336
312	296	GRZEGOREK JERZY	TRZEBNICA	POL	ZAKWAS-ZADYSZKA TSS	59 M50/32	M50/32 (M)287	01:42:05	01:41:56	12.42 4:50 00:26:18 / 487 00:52:04 / 411	01:13:56 / 356
313	100	BUGA PIOTR	WROCŁAW	POL	SFORA OJCA DYREKTORA	80 M30/102	M30/102 (M)288	01:42:08	01:41:39	12.45 4:50 00:26:00 / 453 00:51:30 / 377	01:13:21 / 333
314	1296	RAJCHEL SŁAWOMIR	WROCŁAW	POL		82 M20/69	M20/69 (M)289	01:42:09	01:41:56	12.42 4:51 00:26:29 / 507 00:52:12 / 415	01:14:09 / 370
315	385	KALBARCZYK ANDRZEJ	WROCŁAW	POL	VAMOS AMIGOS WROCŁAW	75 M30/103	M30/103 (M)290	01:42:10	01:42:04	12.40 4:51 00:24:33 / 298 00:49:38 / 287	01:12:31 / 304
316	670	NIŻYŃSKI JANUSZ	WROCŁAW	POR		60 M50/33	M50/33 (M)291	01:42:12	01:41:54	12.42 4:51 00:24:41 / 312 00:50:13 / 312	01:12:46 / 307
317	433	KOMÓR WIESŁAW	WROCŁAW	POL		62 M40/81	M40/81 (M)292	01:42:17	01:42:09	12.39 4:51 00:24:38 / 305 00:50:36 / 330	01:13:02 / 317
318	769	PLESNER RYSZARD	BOŻEN 41/1	POL	ULKS PODLASIE WOŁÓW	64 M40/82	M40/82 (M)293	01:42:24	01:42:08	12.39 4:51 00:26:23 / 504 00:52:21 / 429	01:14:46 / 389
319	39	BARTECZKA TOMASZ	WROCŁAW	POL		82 M20/70	M20/70 (M)294	01:42:26	01:42:09	12.39 4:51 00:24:32 / 296 00:49:31 / 280	01:12:01 / 288
320	1118	ZAGROBELNY RADOŚLAW	WROCŁAW	POL		64 M40/83	M40/83 (M)295	01:42:30	01:42:14	12.38 4:52 00:25:02 / 334 00:50:31 / 320	01:13:25 / 335
321	852	RYBICKI MARCIN	WROCŁAW	POL	SFORA OJCA DYREKTORA	80 M30/104	M30/104 (M)296	01:42:33	01:42:05	12.40 4:52 00:25:01 / 331 00:50:28 / 319	01:13:32 / 338
322	688	OLBERT IRENEUSZ	BRZEG DOLNY	POL		70 M40/84	M40/84 (M)297	01:42:36	01:42:33	12.34 4:52 00:23:26 / 200 00:48:38 / 235	01:11:32 / 274
323	1288	SKOLIMOWSKI DARIUSZ	SKOWARCZ	POL		72 M30/105	M30/105 (M)298	01:42:37	01:42:05	12.40 4:52 00:26:32 / 515 00:52:10 / 414	01:14:07 / 366
324	349	JANOWSKI KRZYSZTOF	KAMIENIEC	POL	LUKS ŻÓRAWINA	70 M40/85	M40/85 (M)299	01:42:39	01:42:32	12.35 4:52 00:25:17 / 377 00:51:42 / 390	01:14:55 / 400
325	200	DYJECIŃSKI TOMASZ	OLEŚNICA	POL	I TY MOŻESZ ZOSTAĆ	73 M30/106	M30/106 (M)300	01:42:41	01:42:29	12.35 4:52 00:25:15 / 369 00:51:22 / 359	01:14:06 / 365
326	1113	WYBRANIEC ANDRZEJ	KIETRZ	POL	KS GRYF KIETRZ	50 M60/7	M60/7 (M)301	01:42:42	01:42:20	12.37 4:52 00:25:35 / 414 00:51:24 / 364	01:13:37 / 342
327	835	ROMANIUK JACEK	WROCŁAW	POL		64 M40/86	M40/86 (M)302	01:42:43	01:42:20	12.37 4:52 00:24:39 / 308 00:49:58 / 300	01:12:56 / 314
328	21	ANTONIAK PAWEŁ	WROCŁAW	POL		72 M30/107	M30/107 (M)303	01:42:46	01:42:12	12.39 4:52 00:25:18 / 378 00:51:09 / 355	01:12:56 / 313
329	1170	BORUCKI ARTUR	WROCŁAW	POL		64 M40/87	M40/87 (M)304	01:42:47	01:42:20	12.37 4:52 00:25:04 / 343 00:50:45 / 335	01:13:17 / 328
330	756	PIOTRKOWSKI JERZY	WROCŁAW	POL	WKB PIAST WROCŁAW	58 M50/34	M50/34 (M)305	01:42:48	01:42:00	12.41 4:52 00:26:34 / 524 00:51:49 / 397	01:13:55 / 354
331	53	BELZYT EDMUND	CZĘSTOCHOWA	POL	ZABIEGANI CZĘSTOCHOWA	56 M50/35	M50/35 (M)306	01:42:50	01:42:41	12.33 4:52 00:24:20 / 274 00:50:18 / 315	01:12:47 / 308
332	375	JÓZWIAK PIOTR	ZŁOTORYJA	POL	OLAWS ZŁOTORYJA	75 M30/108	M30/108 (M)307	01:42:50	01:42:11	12.39 4:52 00:25:32 / 401 00:51:01 / 347	01:13:12 / 322
333	992	SZPITER TOMASZ	ZŁOTORYJA	POL	OLAWS ZŁOTORYJA	69 M40/88	M40/88 (M)308	01:42:50	01:42:12	12.39 4:52 00:25:32 / 400 00:51:01 / 348	01:13:12 / 323
334	628	MIZIOLEK ZYGMUNT	JAROSZÓW	POL		69 M40/89	M40/89 (M)309	01:42:51	01:42:38	12.33 4:53 00:24:53 / 329 00:50:35 / 327	01:13:22 / 334
335	270	GÓRALCZYK ARTUR	OPOLE	POL	BIEG OPOLSKI	67 M40/90	M40/90 (M)310	01:42:55	01:42:47	12.32 4:53 00:24:27 / 284 00:50:15 / 313	01:13:30 / 337
336	667	NIKONOR MARCIN	KIELCZÓW	POL	-	83 M20/71	M20/71 (M)311	01:42:56	01:42:43	12.32 4:53 00:25:10 / 358 00:51:07 / 353	01:13:47 / 350
337	1240	WĄSIK MAREK	WROCŁAW	POL	WKB PIAST WROCŁAW	60 M50/36	M50/36 (M)312	01:42:57	01:42:44	12.32 4:53 00:23:41 / 216 00:50:10 / 310	01:13:20 / 331
338	638	MOSIO JÓZEF	WAŁBRZYCH	POL		51 M60/8	M60/8 (M)313	01:42:58	01:42:56	12.30 4:53 00:24:07 / 259 00:50:32 / 322	01:13:21 / 332
339	131	CIEŚLAK MARIUSZ	WROCŁAW	POL	WKB PIAST WROCŁAW	72 M30/109	M30/109 (M)314	01:42:59	01:42:38	12.33 4:53 00:25:03 / 338 00:51:28 / 372	01:14:11 / 372
340	329	HOSZOWSKI MARIUSZ	ŚWIDNICA	POL		72 M30/110	M30/110 Powi/9 (M)315	01:42:59	01:42:54	12.30 4:53 00:23:22 / 193 00:49:02 / 253	01:12:27 / 301
341	1073	WESOŁOWSKI STANISŁAW	URAZ	POL	WKB PIAST WROCŁAW	54 M50/37	M50/37 (M)316	01:43:00	01:42:45	12.32 4:53 00:25:04 / 342 00:51:28 / 368	01:14:14 / 376
342	890	SIERKA ARTUR	WROCŁAW	POL		81 M30/111	M30/111 (M)317	01:43:02	01:42:55	12.30 4:53 00:23:26 / 199 00:49:26 / 274	01:11:59 / 287
343	402	KAROLISZYN DAMIAN	DOMASŁAW	POL	DRUŻYNA SZPIKU	83 M20/72	M20/72 (M)318	01:43:03	01:42:16	12.38 4:53 00:26:08 / 473 00:51:23 / 362	01:13:33 / 339
344	290	GROMKO ANDRZEJ	MILICZ	POL	KB ORZEŁ MILICZ	57 M50/38	M50/38 (M)319	01:43:04	01:42:55	12.30 4:53 00:25:29 / 393 00:51:25 / 365	01:14:08 / 369
345	219	FIEDOROW SZYMON	WROCŁAW	POL	WKB PIAST WROCŁAW	73 M30/112	M30/112 (M)320	01:43:08	01:42:46	12.32 4:53 00:25:04 / 341 00:51:28 / 371	01:14:11 / 371
346	1062	WAWRZYŃIAK HUBERT	WROCŁAW	POL	-	71 M40/91	M40/91 (M)321	01:43:09	01:43:01	12.29 4:53 00:24:38 / 306 00:50:01 / 302	01:12:48 / 309
347	408	KASZUBA EDWARD	WROCŁAW	POL	WKB PIAST WROCŁAW	44 M60/9	M60/9 (M)322	01:43:12	01:43:02	12.29 4:54 00:25:03 / 337 00:51:28 / 370	01:14:13 / 375

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii Grupy in Age Group Sex	Wynik Time	Wynik Netto	Tempo [km/h] [min/km]	Check points
348	388	KALINOWSKI GRZEGORZ	BIELANY	POL	TEMMPO WAŁBRZYCH	75 M30/113	M30/113 (M)323	01:43:15	01:43:03	12.28 4:54 00:26:03 / 459 00:52:15 / 417 01:14:58 / 404	
349	829	ROGAŁA TOMASZ	WROCLAW	POL		63 M40/92	M40/92 (M)324	01:43:15	01:43:06	12.28 4:54 00:24:48 / 322 00:50:57 / 345 01:14:04 / 363	
350	127	CIBORSKI IRENEUSZ	WROCLAW	POL	ADDICT WROCLAW	53 M50/39	M50/39 (M)325	01:43:16	01:43:05	12.28 4:54 00:25:16 / 372 00:51:04 / 350 01:14:08 / 368	
351	610	MEDEJSZO MARIUSZ	NOWA SÓL	POL		75 M30/114	M30/114 (M)326	01:43:17	01:42:49	12.31 4:54 00:27:08 / 599 00:53:18 / 490 01:15:42 / 437	
352	527	LEBIODA RAFAŁ	WROCLAW	POL		75 M30/115	M30/115 (M)327	01:43:18	01:42:56	12.30 4:54 00:25:05 / 349 00:51:05 / 352 01:14:07 / 367	
353	693	OLENIASZ MAREK	TRZEBNICA	POL	LZS TRZEBNICA	55 M50/40	M50/40 (M)328	01:43:22	01:42:42	12.33 4:54 00:26:54 / 570 00:52:39 / 444 01:15:19 / 417	
354	556	ŁĄCZ TOMASZ	OLEŚNICA	POL	TSA ZAKWAS	80 M30/116	M30/116 (M)329	01:43:25	01:43:15	12.26 4:54 00:25:16 / 371 00:50:34 / 326 01:13:40 / 344	
355	432	KOŁODZIEJ ADAM	ZŁOTORYJA	POL	OLAWS ZŁOTORYJA	83 M20/73	M20/73 (M)330	01:43:27	01:42:51	12.31 4:54 00:28:54 / 791 00:55:07 / 608 01:15:52 / 442	
356	906	SKUDLARSKI KAMIL	WROCLAW	POL	I TY MOŻESZ ZOSTAĆ	61 M50/41	M50/41 (M)331	01:43:35	01:43:25	12.24 4:55 00:25:14 / 366 00:50:54 / 340 01:14:03 / 362	
357	132	CIEŚLAK ZDZIŚLAW	ŚWIDNICA	POL	TEMMPO WAŁBRZYCH	70 M40/93	M40/93 Powi/10 (M)332	01:43:36	01:43:26	12.24 4:55 00:23:59 / 239 00:49:55 / 298 01:12:53 / 311	
358	561	ŁUDZIŃSKI MIROŚLAW	WROCLAW	POL	WCT SPARTAN	60 M50/42	M50/42 (M)333	01:43:36	01:43:05	12.28 4:55 00:26:39 / 530 00:53:00 / 464 01:15:30 / 430	
359	31	BANAŚ PIOTR	KALISZ	POL	SUPERMARATON KALISZ	57 M50/43	M50/43 (M)334	01:43:38	01:43:10	12.27 4:55 00:26:46 / 544 00:52:21 / 425 01:14:51 / 397	
360	1248	WÓJCIK JULIAN	STARGARD	POL	SZWLA STARGARD	54 M50/44	M50/44 (M)335	01:43:40	01:43:22	12.25 4:55 00:26:21 / 502 00:53:09 / 474 01:15:30 / 429	
361	351	JANUSZKIEWICZ GRZEGORZ	JELENIA GÓRA	POL		57 M50/45	M50/45 (M)336	01:43:41	01:43:12	12.27 4:55 00:25:58 / 446 00:51:42 / 389 01:14:05 / 364	
362	565	MACHATA JACEK	WROCLAW	POL		78 M30/117	M30/117 (M)337	01:43:42	01:43:10	12.27 4:55 00:26:09 / 476 00:52:09 / 413 01:14:45 / 388	
363	1250	ZIELIŃSKI MICHAŁ	OPOLE	POL		82 M20/74	M20/74 (M)338	01:43:43	01:43:06	12.28 4:55 00:26:19 / 495 00:52:24 / 431 01:15:36 / 433	
364	941	STANEK BARTOSZ	ŚMIGIEL	POL	KB MANIAC POZNAŃ	88 M20/75	M20/75 (M)339	01:43:47	01:43:21	12.25 4:55 00:26:29 / 508 00:53:02 / 466 01:15:02 / 406	
365	1074	WESOŁY KRZYSZTOF	SYCÓW	POL	INSERT TEAM	76 M30/118	M30/118 (M)340	01:43:51	01:43:19	12.25 4:55 00:25:23 / 384 00:50:49 / 337 01:13:36 / 341	
366	880	SERAFIN JACEK	WROCLAW	POL	I TY MOŻESZ ZOSTAĆ	67 M40/94	M40/94 (M)341	01:43:57	01:43:46	12.20 4:56 00:25:16 / 373 00:51:04 / 351 01:14:13 / 374	
367	961	STYCZEŃ MIECZYŚLAW	KĄTY	POL	KB KĄTY WROCLAWSKIE	40 M70/1	M70/1 (M)342	01:43:57	01:43:53	12.19 4:56 00:25:13 / 365 00:51:51 / 400 01:14:12 / 373	
368	602	MATUSIK PIOTR	LEGNICA	POL		77 M30/119	M30/119 (M)343	01:43:58	01:43:42	12.21 4:56 00:25:10 / 357 00:50:51 / 338 01:14:39 / 386	
369	1122	ZAKLUKIEWICZ JERZY	OLAWA	POL	KB DOMBUD OLAWA	71 M40/95	M40/95 (M)344	01:43:58	01:43:51	12.19 4:56 00:25:07 / 353 00:50:38 / 333 01:13:59 / 358	
370	916	SMYKOWSKI WŁADYSŁAW	OLAWA	POL	KB DOMBUD OLAWA	49 M60/10	M60/10 (M)345	01:44:01	01:43:32	12.23 4:56 00:27:00 / 584 00:52:36 / 441 01:15:05 / 407	
371	582	MALEK STANISŁAW	PRASZKA	POL	NEAPCO PRASZKA	54 M50/46	M50/46 (M)346	01:44:04	01:43:36	12.22 4:56 00:26:00 / 450 00:51:54 / 402 01:14:25 / 383	
372	1311	WOSZ BOGUMIŁ	JELCZ	POL		63 M40/96	M40/96 (M)347	01:44:06	01:44:04	12.16 4:56 00:24:48 / 321 00:51:37 / 381 01:15:18 / 415	
373	938	STACHOWSKI MIROŚLAW	ŻARY	POL	11 LDKPANC ŻAGAŃ	64 M40/97	M40/97 (M)348	01:44:06	01:43:55	12.18 4:56 00:23:41 / 215 00:49:36 / 285 01:11:28 / 268	
374	974	SZCZEPANIAK KRZYSZTOF	OLEŚNICA	POL	KB LUPUS OLEŚNICA	72 M30/120	M30/120 (M)349	01:44:09	01:43:56	12.18 4:56 00:25:33 / 402 00:50:54 / 341 01:14:35 / 385	
375	1029	TROJAN STANISŁAW	WROCLAW	POL	WKB PIAST WROCLAW	58 M50/47	M50/47 (M)350	01:44:09	01:43:52	12.19 4:56 00:25:05 / 347 00:50:33 / 324 01:13:10 / 321	
376	30	BANASZAK PAWEŁ	LESZNO	POL	MARATON LESZNO	71 M40/98	M40/98 (M)351	01:44:13	01:43:59	12.17 4:56 00:24:21 / 276 00:50:36 / 331 01:13:49 / 353	
377	1187	KIMMEL MARIUSZ	KOMORNIKI	POL	KTTK KOMORZANKA	69 M40/99	M40/99 (M)352	01:44:14	01:43:59	12.17 4:56 00:24:31 / 293 00:50:56 / 343 01:13:56 / 355	
378	741	PETRYK ADAM	LUBECKO	POL		74 M30/121	M30/121 (M)353	01:44:19	01:43:46	12.20 4:57 00:27:03 / 594 00:53:33 / 513 01:15:39 / 434	
379	1329	FITA ROMAN	KOŹUCHÓW	POL	ŚWIAT MARATOŃCZYKA	54 M50/48	M50/48 (M)354	01:44:20	01:44:09	12.15 4:57 00:24:28 / 287 00:49:48 / 294 01:13:18 / 330	
380	169	DĘBICKI WOJCIECH	NAMYSŁÓW	POL	FILATEAM	79 M30/122	M30/122 (M)355	01:44:21	01:44:10	12.15 4:57 00:24:47 / 318 00:50:38 / 332 01:13:46 / 348	
381	1224	RYCHLEWSKI JAN	WROCLAW	POL		85 M20/76	M20/76 (M)356	01:44:22	01:44:07	12.16 4:57 00:25:50 / 432 00:51:29 / 375 01:13:59 / 359	
382	407	KASPERSKI JULIAN	CHOCIANÓW	POL		47 M60/11	M60/11 (M)357	01:44:23	01:44:19	12.13 4:57 00:25:13 / 364 00:51:31 / 379 01:14:14 / 380	
383	55	BERESTECKI ANDRZEJ	BOLESŁAWIEC	POL		61 M50/49	M50/49 (M)358	01:44:25	01:44:05	12.16 4:57 00:25:16 / 375 00:51:24 / 363 01:13:46 / 347	
384	988	SZNAJDER ZENON	NOWA SÓL	POL	FREDEX NOWA SÓL	59 M50/50	M50/50 (M)359	01:44:28	01:44:02	12.17 4:57 00:26:06 / 466 00:52:17 / 420 01:14:47 / 392	
385	81	BOGDAŁ ŻANETA	WROCLAW	POL		80 K30/11	K30/11 (K)26	01:44:28	01:43:43	12.20 4:57 00:26:07 / 471 00:52:17 / 419 01:14:47 / 391	
386	294	GRUSZKA ROBERT	WIERUSZÓW	POL	NIEZRZESZONY	77 M30/123	M30/123 (M)360	01:44:29	01:44:20	12.13 4:57 00:25:30 / 394 00:51:49 / 396 01:14:51 / 399	
387	1335	RÓJ RADOŚLAW	WROCLAW	POL	SHERPAS RT	74 M30/124	M30/124 (M)361	01:44:29	01:44:01	12.17 4:57 00:26:00 / 452 00:51:48 / 395 01:14:24 / 382	

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii Grupy in Age Group Sex	Wynik Time	Wynik Netto	Tempo [km/h] [min/km]	Check points
388	965	SULEK JÓZEF	TRZEBNICA	POL	LZS TRZEBNICA	61 M50/51	M50/51 (M)362	01:44:31	01:43:50	12.19 4:57	00:26:55 / 575 00:52:32 / 435 01:15:17 / 414
389	601	MATURA ŁUKASZ	DABROWA	POL	STOWARZYSZENIE BIEG	74 M30/125	M30/125 (M)363	01:44:33	01:44:01	12.17 4:57	00:27:25 / 641 00:53:35 / 519 01:15:50 / 440
390	899	SKOP MICHAŁ	OPOLE	POL	BIEG OPOLSKI	70 M40/100	M40/100 (M)364	01:44:34	01:44:02	12.17 4:57	00:27:24 / 637 00:53:34 / 516 01:15:50 / 441
391	1016	ŚWIĘTUCH KRZYSZTOF	WROCŁAW	POL		79 M30/126	M30/126 (M)365	01:44:35	01:44:20	12.13 4:57	00:27:43 / 664 00:53:10 / 476 01:15:42 / 436
392	1259	ZYCH LESŁAW	SAMOBRZEC	POL	LKB RUDNIK	53 M50/52	M50/52 (M)366	01:44:36	01:44:29	12.12 4:57	00:25:21 / 382 00:51:43 / 391 01:14:46 / 390
393	1002	SZYMAŃSKI ŁUKASZ	OLAWA	POL		78 M30/127	M30/127 (M)367	01:44:38	01:44:16	12.14 4:58	00:25:46 / 428 00:52:21 / 424 01:15:54 / 443
394	1249	WYLEGAŁSKI PIOTR	WROCŁAW	POL		71 M40/101	M40/101 (M)368	01:44:40	01:44:07	12.16 4:58	00:27:01 / 589 00:53:13 / 480 01:16:02 / 451
395	551	ŁACH ŁUKASZ	WOJNAROWICE	POL		88 M20/77	M20/77 Gmin/9 (M)369	01:44:43	01:44:28	12.12 4:58	00:24:02 / 245 00:50:32 / 323 01:13:47 / 349
396	914	SMOLIS IVO	WROCŁAW	POL		88 M20/78	M20/78 (M)370	01:44:45	01:44:25	12.12 4:58	00:26:02 / 454 00:51:44 / 392 01:14:41 / 387
397	1377	ADAMCZYK DOMINIK	BOGUSZÓW	POL		76 M30/128	M30/128 (M)371	01:44:49	01:44:34	12.11 4:58	00:25:50 / 433 00:51:29 / 374 01:13:59 / 357
398	1132	ZBOROWSKI PIOTR	WROCŁAW	POL	NIE ZRZESZONY	71 M40/102	M40/102 (M)372	01:44:49	01:44:22	12.13 4:58	00:26:31 / 512 00:52:18 / 422 01:15:28 / 424
399	476	KOZYRSKA AGNIESZKA	SOBÓTKA	POL	WKB PIAST WROCŁAW	72 K30/12	K30/12 Gmin/10 (K)27	01:44:50	01:44:29	12.12 4:58	00:25:24 / 387 00:51:27 / 367 01:14:51 / 398
400	993	SZTYK JAREK	JELCZ-LASKOWIC	POL	HARCOWNIK	67 M40/103	M40/103 (M)373	01:44:52	01:44:25	12.12 4:58	00:25:05 / 346 00:51:37 / 383 01:15:05 / 408
401	415	KIELAR ADAM	WROCŁAW	POL	PSY GOŃCZE	82 M20/79	M20/79 (M)374	01:44:56	01:44:29	12.12 4:58	00:25:05 / 345 00:52:02 / 407 01:15:19 / 418
402	599	MATŁĄG MICHAŁ	POZNAŃ	POL	KB MANIAC POZNAŃ	75 M30/129	M30/129 (M)375	01:44:57	01:44:31	12.11 4:58	00:27:01 / 590 00:53:11 / 477 01:15:43 / 438
403	386	KALECIŃSKI PIOTR	WROCŁAW	POL		71 M40/104	M40/104 (M)376	01:44:59	01:44:39	12.10 4:59	00:26:04 / 460 00:52:46 / 453 01:15:40 / 435
404	626	MISZTAŁ GRZEGORZ	WROCŁAW	POL	3 WROCŁAWSKA BRYGADA	71 M40/105	M40/105 (M)377	01:45:01	01:44:44	12.09 4:59	00:26:06 / 468 00:52:17 / 421 01:14:59 / 405
405	1207	ŁAGODZIŃSKI MAREK	KROBIA	POL	KB ŻÓŁWIK KROBIA	77 M30/130	M30/130 (M)378	01:45:01	01:44:43	12.09 4:59	00:25:54 / 442 00:52:39 / 445 01:14:48 / 393
406	1123	ZAKOWANY WOJCIECH	WROCŁAW	POL	WKB PIAST WROCŁAW	64 M40/106	M40/106 (M)379	01:45:02	01:44:17	12.14 4:59	00:26:54 / 571 00:53:00 / 465 01:15:59 / 448
407	99	BUDZIK RYSZARD	BRZEG	POL	BKB MARATOŃCZYK BRZEG	62 M40/107	M40/107 (M)380	01:45:02	01:44:45	12.08 4:59	00:25:03 / 336 00:51:20 / 358 01:14:48 / 395
408	747	PIEŚKIEWICZ MAŁGORZATA	LEŚNA	POL	AZS AM WROCŁAW	86 K20/9	K20/9 (K)28	01:45:03	01:44:50	12.07 4:59	00:26:02 / 455 00:52:21 / 428 01:15:28 / 427
409	622	MIKOŁAJCZAK PRZEMYSŁAW	WAŁBRZYCH	POL		78 M30/131	M30/131 (M)381	01:45:04	01:44:43	12.09 4:59	00:26:05 / 464 00:52:21 / 427 01:15:27 / 423
410	135	CUKROWSKI EUGENIUSZ	RYBNIK	POL	SBD ENERGETYK RYBNIK	55 M50/53	M50/53 (M)382	01:45:14	01:44:56	12.06 4:59	00:23:55 / 233 00:52:21 / 426 01:12:58 / 315
411	517	KUTKOWSKI MAREK	SZPROTAWA	POL	SFORA OJCA DYREKTORA	75 M30/132	M30/132 (M)383	01:45:14	01:45:06	12.04 4:59	00:24:29 / 290 00:50:41 / 334 01:14:00 / 361
412	666	NIEZGÓDKA PRZEMYSŁAW	WROCŁAW	POL	WKB PIAST WROCŁAW	84 M20/80	M20/80 (M)384	01:45:16	01:45:10	12.04 4:59	00:22:53 / 156 00:47:16 / 175 01:10:05 / 219
413	563	ŁYSAKOWSKI ŁUKASZ	OBORNIKI	POL		90 M20/81	M20/81 (M)385	01:45:18	01:45:13	12.03 4:59	00:24:47 / 319 00:50:06 / 306 01:12:52 / 310
414	572	MACHULA ARKADIUSZ	ZIĘBICE	POL		72 M30/133	M30/133 (M)386	01:45:19	01:44:35	12.10 4:60	00:26:47 / 548 00:53:14 / 482 01:15:48 / 439
415	406	KASPERSKI ARTUR	POZNAŃ	PUR	POZNAŃ	79 M30/134	M30/134 (M)387	01:45:22	01:45:16	12.02 4:60	00:23:42 / 218 00:49:25 / 273 01:13:09 / 319
416	973	SZCZEPANIAK JAN	GÓRKI	POL	WKB 'SKORPION' - OPOLE	58 M50/54	M50/54 (M)388	01:45:23	01:44:53	12.07 4:60	00:26:32 / 519 00:52:35 / 438 01:16:06 / 456
417	771	PLUSKOTA HENRYK	PRASZKA	POL	NEAPCO PRASZKA	58 M50/55	M50/55 (M)389	01:45:23	01:44:56	12.06 4:60	00:26:48 / 549 00:52:35 / 437 01:15:57 / 445
418	1363	DUBOWIECKI WITOLD	WROCŁAW	POL		71 M40/108	M40/108 (M)390	01:45:27	01:45:12	12.03 4:60	00:25:52 / 437 00:52:04 / 410 01:16:00 / 450
419	617	MICHERDA KRZYSZTOF	ŚWIDNICA	POL		58 M50/56	M50/56 Powi/11 (M)391	01:45:28	01:45:26	12.01 4:60	00:23:48 / 224 00:50:08 / 308 01:13:43 / 345
420	542	LICZNER JOANNA	WROCŁAW	POL	WHIRLPOOL AZS	69 K40/6	K40/6 (K)29	01:45:30	01:44:55	12.07 5:0	00:26:31 / 511 00:52:35 / 439 01:16:03 / 452
421	414	KĘPKA KAMIL	CHOCIANÓW	POL	KLUB BIEGACZA ZDYSZAAANI	82 M20/82	M20/82 (M)392	01:45:31	01:45:25	12.01 5:0	00:25:35 / 412 00:51:31 / 378 01:14:14 / 377
422	712	PALCZAK JÓZEF	WROCŁAW	POL	WKB PIAST WROCŁAW	41 M70/2	M70/2 (M)393	01:45:33	01:45:29	12.00 5:0	00:25:12 / 361 00:51:29 / 376 01:14:21 / 381
423	304	GUSIN PAWEŁ	WROCŁAW	POL	-	64 M40/109	M40/109 (M)394	01:45:34	01:44:53	12.07 5:0	00:26:42 / 533 00:52:27 / 433 01:15:28 / 426
424	616	MICHAŁSKI MARIUSZ	RAMULTOWICE	POL		78 M30/135	M30/135 (M)395	01:45:35	01:44:59	12.06 5:0	00:25:55 / 443 00:52:45 / 451 01:16:04 / 453
425	137	CYMANEK ANDRZEJ	WROCŁAW	POL	FORTUM WROCŁAW	62 M40/110	M40/110 (M)396	01:45:37	01:45:30	12.00 5:0	00:25:45 / 426 00:52:20 / 423 01:15:58 / 447
426	469	KOZIMOR WIESŁAW	LEWIN BRZESKI	POL	MARATONYPOLSKIE.PL TEAM	61 M50/57	M50/57 (M)397	01:45:38	01:45:16	12.02 5:0	00:25:47 / 430 00:52:32 / 436 01:15:31 / 431
427	524	LASKOWSKI WOJCIECH	WROCŁAW	POL	WKB PIAST WROCŁAW	84 M20/83	M20/83 (M)398	01:45:41	01:45:19	12.02 5:1	00:26:47 / 547 00:52:50 / 455 01:15:34 / 432

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii Grupy in Age Group Sex	Wynik Time	Wynik Netto	Tempo [km/h] [min/km]	Check points
428	333	HYS DAMIAN	TRZEBNICA	POL	-	75	M30/136 M30/136 (M)399	01:45:48	01:45:35	11.99 5:1 00:23:47 / 223 00:47:31 / 180	01:09:56 / 211
429	1050	UT MIROSLAW	BORÓW	POL	WKB PIAST WROCLAW	74	M30/137 M30/137 (M)400	01:45:48	01:45:27	12.00 5:1 00:24:12 / 266 00:51:28 / 369	01:15:07 / 409
430	1095	WOJTCZAK KRZYSZTOF	KUTNO	POL		63	M40/111 M40/111 (M)401	01:45:52	01:45:24	12.01 5:1 00:27:47 / 669 00:54:00 / 537	01:17:16 / 497
431	1057	WAŁĘSIAK MARIUSZ	ORZECHOWO	POL		86	M20/84 M20/84 (M)402	01:45:56	01:45:39	11.98 5:1 00:26:04 / 463 00:52:02 / 408	01:14:50 / 396
432	1361	PIĄTKOWSKI SEBASTIAN	WROCLAW	POL		85	M20/85 M20/85 (M)403	01:45:58	01:45:49	11.96 5:1 00:25:04 / 339 00:51:50 / 398	01:14:57 / 402
433	574	MAĆKÓW WALDEMAR	NYSA	POL		83	M20/86 M20/86 (M)404	01:45:58	01:45:48	11.96 5:1 00:25:36 / 415 00:51:51 / 399	01:14:57 / 403
434	98	BUDZANOWSKI ANDRZEJ	WROCLAW	POL	EIGER TEAM	59	M50/58 M50/58 (M)405	01:45:59	01:45:47	11.97 5:1 00:24:33 / 297 00:51:41 / 387	01:15:14 / 413
435	1160	ŻYWICZKA MICHAŁ	WROCLAW	POL	-	85	M20/87 M20/87 (M)406	01:45:59	01:45:14	12.03 5:1 00:24:50 / 326 00:51:41 / 388	01:15:18 / 416
436	1183	GANCZAREK JACEK	WAŁBRZYCH	POL		76	M30/138 M30/138 (M)407	01:45:59	01:45:55	11.95 5:1 00:25:06 / 350 00:52:37 / 442	01:16:37 / 464
437	625	MISIAK MICHAŁ	ZŁOTORYJA	POL	OLAWS ZŁOTORYJA	75	M30/139 M30/139 (M)408	01:46:00	01:45:32	11.99 5:1 00:25:31 / 397 00:51:56 / 404	01:15:27 / 422
438	664	NIEMCZUK PRZEMYSŁAW	STRZEGOM	POL	WWW.TRENINGBIEGACZA.PL	78	M30/140 M30/140 Powi/12 (M)409	01:46:02	01:45:24	12.01 5:2 00:27:53 / 689 00:54:42 / 580	01:18:43 / 563
439	1324	SOROCZYŃSKI SEBASTIAN	ZAWIDÓW	POL	OLAWS	91	M20/88 M20/88 (M)410	01:46:03	01:45:23	12.01 5:2 00:27:28 / 644 00:54:00 / 539	01:16:51 / 477
440	671	NIŻYŃSKI WOJCIECH	WROCLAW	POL		64	M40/112 M40/112 (M)411	01:46:08	01:45:31	12.00 5:2 00:27:11 / 607 00:53:34 / 515	01:16:42 / 470
441	243	GAJEWSKI MICHAŁ	SKARŻYSKO-KAMIA	POL	SFORA OJCA DYREKTORA	80	M30/141 M30/141 (M)412	01:46:10	01:45:40	11.98 5:2 00:25:32 / 398 00:51:08 / 354	01:13:38 / 343
442	10	ADAMOWICZ PIOTR	ŻAGAŃ	POL		77	M30/142 M30/142 (M)413	01:46:10	01:45:58	11.95 5:2 00:26:52 / 563 00:53:26 / 502	01:17:17 / 498
443	1194	KONIECZNY JANUSZ	WROCLAW	POL	WKB PIAST WROCLAW	55	M50/59 M50/59 (M)414	01:46:10	01:45:31	12.00 5:2 00:27:11 / 609 00:53:50 / 530	01:17:10 / 492
444	783	POLAŃSKI BARTOSZ	MIRKÓW	POL	-	82	M20/89 M20/89 (M)415	01:46:13	01:45:49	11.96 5:2 00:27:09 / 604 00:53:07 / 472	01:15:59 / 449
445	675	NOWACZYK WOJCIECH	WROCLAW	POL		64	M40/113 M40/113 (M)416	01:46:13	01:45:53	11.95 5:2 00:27:22 / 633 00:53:45 / 528	01:16:39 / 465
446	1357	DERECZENIK RAFAŁ	SZKLARY GÓRNE	POL		76	M30/143 M30/143 (M)417	01:46:14	01:46:07	11.93 5:2 00:22:41 / 145 00:47:45 / 194	01:12:07 / 291
447	845	RUDNICKI KONRAD	ZĄBKOWICE	POL	-	89	M20/90 M20/90 (M)418	01:46:16	01:46:04	11.93 5:2 00:25:09 / 355 00:51:22 / 360	01:15:08 / 410
448	249	GĘBACKA EWELINA	ZŁOTORYJA	POL		86	K20/10 K20/10 (K)30	01:46:17	01:45:37	11.99 5:2 00:27:28 / 645 00:54:03 / 544	01:17:38 / 512
449	955	STĘPNIOWSKI ŁUKASZ	BIAŁA	POL	ULKS NEFRYT BIAŁA	88	M20/91 M20/91 Powi/13 (M)419	01:46:20	01:46:18	11.91 5:2 00:26:04 / 461 00:52:57 / 462	01:16:40 / 467
450	122	CHODOR MARIUSZ	WROCLAW	POL	TRENER OSIEDLOWY	79	M30/144 M30/144 (M)420	01:46:21	01:45:54	11.95 5:2 00:27:32 / 650 00:53:15 / 484	01:17:38 / 510
451	15	ANASZEWSKI ANDRZEJ	WROCLAW	POL		68	M40/114 M40/114 (M)421	01:46:24	01:46:08	11.93 5:3 00:24:36 / 301 00:51:03 / 349	01:14:14 / 379
452	1349	TRAWNICZEK JOANNA	BIELAWA	POL		72	K30/13 K30/13 (K)31	01:46:27	01:46:12	11.92 5:3 00:25:43 / 421 00:52:03 / 409	01:16:06 / 454
453	496	KUBASZEWSKI HENRYK	LESZNO	POL	MPEC LESZNO	51	M60/12 M60/12 (M)422	01:46:29	01:46:01	11.94 5:3 00:26:53 / 569 00:53:30 / 507	01:16:55 / 481
454	359	JAROSZ JACEK	WROCLAW	POL		78	M30/145 M30/145 (M)423	01:46:30	01:46:26	11.89 5:3 00:24:48 / 320 00:51:36 / 380	01:15:13 / 412
455	393	KANIEWSKI LESŁAW	TRZEBNICA	POL	LZS TRZEBNICA	53	M50/60 M50/60 (M)424	01:46:31	01:46:19	11.91 5:3 00:25:44 / 423 00:52:14 / 416	01:15:29 / 428
456	1009	ŚLIWAK KAMIL	LEGNICA	POL	FENIKS LEGNICA	85	M20/92 M20/92 (M)425	01:46:32	01:46:18	11.91 5:3 00:24:46 / 317 00:51:26 / 366	01:14:48 / 394
457	606	MATYSZCZAK SŁAWOMIR	RĘBIELICE	POL		60	M50/61 M50/61 (M)426	01:46:33	01:45:39	11.98 5:3 00:26:53 / 567 00:53:06 / 471	01:16:08 / 459
458	1303	JUSZKO MACIEJ	STANOWICE	POL	OLAWA	81	M30/146 M30/146 (M)427	01:46:36	01:46:18	11.91 5:3 00:27:52 / 682 00:55:05 / 604	01:18:33 / 556
459	1014	ŚWIERK SEWERYN	JANOWICE	POL		79	M30/147 M30/147 (M)428	01:46:38	01:46:13	11.92 5:3 00:26:31 / 510 00:53:58 / 535	01:17:38 / 511
460	833	ROLSKI MICHAŁ	WROCLAW	POL		74	M30/148 M30/148 (M)429	01:46:39	01:46:14	11.92 5:3 00:26:26 / 505 00:52:54 / 458	01:16:44 / 471
461	458	KOWALCZYK DAMIAN	DZIADKOWO	POL	OŻW WROCLAW	88	M20/93 M20/93 (M)430	01:46:42	01:46:41	11.87 5:3 00:26:05 / 465 00:52:56 / 461	01:16:40 / 468
462	810	PUSZCZEWICZ ZENON	PISARZOWICE	POL	KB LUPUS OLEŚNICA-BRZEG	41	M70/3 M70/3 (M)431	01:46:53	01:46:50	11.85 5:4 00:25:12 / 362 00:51:37 / 382	01:15:28 / 425
463	1060	WAWLEWSKI PAWEŁ	JAROTY	POL	DSOW WROCLAW	72	M30/149 M30/149 (M)432	01:46:55	01:46:51	11.85 5:4 00:25:34 / 405 00:52:24 / 430	01:15:56 / 444
464	112	BYŁÓW ANDRZEJ	WROCLAW	POL	-----	77	M30/150 M30/150 (M)433	01:46:59	01:46:25	11.89 5:4 00:26:44 / 537 00:52:00 / 406	01:15:25 / 420
465	325	HERDE BARBARA	OPOLE	POL	AZS POLITECHNIKA OPOLSKA	84	K20/11 K20/11 (K)32	01:47:02	01:46:44	11.86 5:4 00:25:44 / 424 00:52:51 / 456	01:16:06 / 457
466	301	GULACZ MAREK	WAŁBRZYCH	POL		60	M50/62 M50/62 (M)434	01:47:03	01:46:30	11.89 5:4 00:27:00 / 587 00:53:17 / 487	01:17:31 / 505
467	1278	FURMAŃSKI MARCIN	WROCLAW	POL		78	M30/151 M30/151 (M)435	01:47:04	01:46:49	11.85 5:4 00:26:10 / 478 00:53:12 / 478	01:16:49 / 475

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii Grupy in Age Group Sex	Wynik Time	Wynik Netto	Tempo [km/h] [min/km]	Check points
468	285	GRĘDA JÓZEF	SYCÓW	POL	KB LUPUS SYCÓW	46 M60/13	M60/13 (M)436	01:47:06	01:47:00	11.83 5.5 00:25:41 / 419 00:53:04 / 468	01:16:26 / 462
469	808	PUDŁO ROBERT	WROCLAW	POL	ROYAL RANGERS FUN	74 M30/152	M30/152 (M)437	01:47:06	01:46:37	11.87 5.5 00:27:56 / 694 00:54:31 / 568	01:17:25 / 502
470	206	DZIKI MICHAŁ	OLEŚNICA	POL	BIKE TEAM OLEŚNICA	53 M50/63	M50/63 (M)438	01:47:08	01:46:46	11.86 5.5 00:25:49 / 431 00:52:45 / 450	01:16:20 / 460
471	166	DĄBROWSKI WITOLD	OLAWA	POL	NIEZRZESZONY	55 M50/64	M50/64 (M)439	01:47:08	01:47:04	11.82 5.5 00:26:20 / 500 00:53:20 / 495	01:16:25 / 461
472	1236	SUSZKO BARTŁOMIEJ	WROCLAW	POL		74 M30/153	M30/153 (M)440	01:47:12	01:47:00	11.83 5.5 00:26:03 / 458 00:51:53 / 401	01:14:27 / 384
473	125	CHWASTYK KAROL	KĄTY	POL	KB KĄTY WROCLAWSKIE	38 M70/4	M70/4 (M)441	01:47:14	01:47:11	11.81 5.5 00:26:20 / 497 00:53:27 / 505	01:16:57 / 484
474	334	ILKÓW MARCIN	GLUSZYCA	POL		77 M30/154	M30/154 (M)442	01:47:17	01:47:08	11.82 5.5 00:24:02 / 246 00:50:47 / 336	01:15:21 / 419
475	367	JENDRASZAK ZDZISŁAW	JELCZ-LASKOWIC	POL		53 M50/65	M50/65 (M)443	01:47:17	01:47:14	11.80 5.5 00:25:28 / 391 00:52:42 / 447	01:16:55 / 480
476	718	PAROBCZY PIOTR	WROCLAW	POL	CARGILL	76 M30/155	M30/155 (M)444	01:47:18	01:47:03	11.82 5.5 00:27:26 / 643 00:54:50 / 584	01:17:51 / 522
477	1213	NOWAK MARIAN	LUBIN	POL	AMATOR	61 M50/66	M50/66 (M)445	01:47:20	01:47:11	11.81 5.5 00:25:11 / 360 00:51:23 / 361	01:15:26 / 421
478	995	SZUMSKI PIOTR	WROCLAW	POL	I TY MOŻESZ ZOSTAĆ	69 M40/115	M40/115 (M)446	01:47:21	01:47:04	11.82 5.5 00:26:11 / 479 00:53:16 / 486	01:16:48 / 474
479	278	GRABCZYK PAWEŁ	WROCLAW	POL		78 M30/156	M30/156 (M)447	01:47:28	01:47:04	11.82 5.6 00:27:35 / 655 00:55:11 / 612	01:18:18 / 546
480	1210	MILCZAREK JANUSZ	ŁÓDŹ	POL	JASTRZĄB - 32.BLOTT ŁASK	62 M40/116	M40/116 (M)448	01:47:28	01:47:20	11.79 5.6 00:24:09 / 264 00:51:44 / 393	01:16:06 / 455
481	596	MASALSKA-PAWLAK AGATA	RADWANICE	POL	AZS POLITECHNIKA WROCLAW	81 K30/14	K30/14 (K)33	01:47:31	01:46:53	11.84 5.6 00:26:44 / 538 00:53:30 / 506	01:16:58 / 485
482	1276	LECHOWICZ ANTONI	DĄBRÓWKA	POL		58 M50/67	M50/67 (M)449	01:47:33	01:47:13	11.81 5.6 00:26:51 / 559 00:53:16 / 485	01:16:40 / 466
483	217	FEDYCZKOWSKI EDWARD	STRZEGOM	POL	START STRZEGOM	73 M30/157	M30/157 Powi/14 (M)450	01:47:36	01:47:01	11.83 5.6 00:26:59 / 582 00:54:21 / 554	01:17:39 / 513
484	1217	PLUCIŃSKI DARIUSZ	WROCLAW	POL	WKB PIAST WROCLAW	62 M40/117	M40/117 (M)451	01:47:40	01:47:34	11.77 5.6 00:24:00 / 241 00:50:36 / 329	01:16:08 / 458
485	1284	SOBIERAJ EWA	GLUSZYCA	POL		75 K30/15	K30/15 (K)34	01:47:41	01:47:14	11.80 5.6 00:26:34 / 526 00:53:32 / 509	01:17:15 / 493
486	1283	KOLISZ ANDRZEJ	OPOLE	POL		70 M40/118	M40/118 (M)452	01:47:42	01:47:15	11.80 5.6 00:26:34 / 525 00:53:31 / 508	01:17:15 / 496
487	480	KRAŚNIEWSKI KRZYSZTOF	RADZIAŃ	POL	WKB PIAST WROCLAW	65 M40/119	M40/119 (M)453	01:47:43	01:47:07	11.82 5.6 00:29:29 / 861 00:56:32 / 694	01:18:36 / 558
488	456	KOTOWSKI PAWEŁ	WROCLAW	POL	MKS JUVENIA WROCLAW	89 M20/94	M20/94 (M)454	01:47:46	01:47:45	11.75 5.6 00:23:26 / 201 00:50:02 / 303	01:13:59 / 360
489	197	DUL WIESŁAW	JELENIA GÓRA	POL	MARATHON - JELENIA GÓRA	52 M50/68	M50/68 (M)455	01:47:47	01:47:19	11.80 5.7 00:26:00 / 451 00:53:13 / 481	01:16:56 / 482
490	1305	KISIEL TOMASZ	WRZOSOWA	POL	NIEZRZESZONY	68 M40/120	M40/120 (M)456	01:47:48	01:47:26	11.78 5.7 00:26:56 / 578 00:53:34 / 517	01:17:30 / 504
491	384	KACZMARSKI JAROSŁAW	TOMASZÓW	POL		74 M30/158	M30/158 (M)457	01:47:50	01:47:32	11.77 5.7 00:25:51 / 436 00:53:18 / 489	01:18:03 / 535
492	1309	RYDYK ZBIGNIEW	JELCZ-LASKOWIC	POL		64 M40/121	M40/121 (M)458	01:47:56	01:47:54	11.73 5.7 00:25:12 / 363 00:52:53 / 457	01:16:56 / 483
493	1237	SZTURO JAN	PODGÓRZYN	POL		67 M40/122	M40/122 (M)459	01:47:57	01:47:25	11.78 5.7 00:28:45 / 766 00:56:16 / 673	01:19:01 / 577
494	287	GROCHOWSKI GRZEGORZ	PIEKARY ŚLĄSKIE	POL	MOSIR PIEKARY ŚLĄSKIE	71 M40/123	M40/123 (M)460	01:48:01	01:47:34	11.77 5.7 00:26:49 / 553 00:53:27 / 504	01:16:53 / 478
495	201	DYMEK MICHAŁ	WROCLAW	POL		84 M20/95	M20/95 (M)461	01:48:03	01:47:39	11.76 5.7 00:27:05 / 596 00:54:13 / 553	01:18:08 / 541
496	303	GURYN ZBIGNIEW	LEGNICA	POL		71 M40/124	M40/124 (M)462	01:48:04	01:47:28	11.78 5.7 00:29:14 / 832 00:57:00 / 723	01:20:27 / 653
497	963	SUDNIKOWICZ PAWEŁ	ŻMIGRÓD	POL	ADIDAS POLAND	86 M20/96	M20/96 (M)463	01:48:05	01:47:41	11.76 5.7 00:27:10 / 606 00:55:04 / 603	01:18:30 / 553
498	954	STĘPIŃSKI MAREK	WROCLAW	POL		78 M30/159	M30/159 (M)464	01:48:11	01:47:44	11.75 5.8 00:26:53 / 566 00:53:45 / 529	01:17:08 / 491
499	341	JAMROZIŃSKI MICHAŁ	WROCLAW	POL	VAMOS AMIGOS WROCLAW	74 M30/160	M30/160 (M)465	01:48:18	01:47:55	11.73 5.8 00:25:33 / 404 00:51:59 / 405	01:15:58 / 446
500	1215	PIENIO ADAM	OPOLE	POL		82 M20/97	M20/97 (M)466	01:48:22	01:47:45	11.75 5.8 00:26:16 / 483 00:52:54 / 460	01:17:34 / 507
501	719	PARTYKA ARTUR	WROCLAW	POL	DRUŻYNA SZPIKU	63 M40/125	M40/125 (M)467	01:48:25	01:48:12	11.70 5.8 00:26:09 / 477 00:52:54 / 459	01:17:36 / 508
502	1345	ROMAN ELŻBIETA	KUDOWA ZDRÓJ	POL	ULKS OPAL KUDOWA ZDRÓJ	54 K50/3	K50/3 (K)35	01:48:26	01:48:19	11.69 5.8 00:25:27 / 390 00:54:01 / 541	01:16:51 / 476
503	247	GAWRYŚ CZESŁAW	DUSZNIKI ZDRÓJ	POL	-	47 M60/14	M60/14 (M)468	01:48:36	01:48:25	11.68 5.9 00:26:33 / 522 00:53:26 / 501	01:17:04 / 490
504	967	SURMA MARCIN	ŚWIEBODZICE	POL		79 M30/161	M30/161 Powi/15 (M)469	01:48:37	01:48:28	11.67 5.9 00:25:02 / 333 00:52:07 / 412	01:16:58 / 486
505	643	MRUGALSKI MATEUSZ	OSTRZESZÓW	POL	NIEZRZESZONY	85 M20/98	M20/98 (M)470	01:48:38	01:47:48	11.74 5.9 00:27:19 / 627 00:54:35 / 574	01:18:33 / 555
506	29	BALBUS MICHAŁ	BYTOM	POL		52 M50/69	M50/69 (M)471	01:48:40	01:48:37	11.65 5.9 00:25:25 / 388 00:52:38 / 443	01:16:47 / 473
507	8	ADAMCZYK MATEUSZ	ŻÓRAWINA	POL	KLUB KRASNALA	80 M30/162	M30/162 (M)472	01:48:41	01:48:30	11.67 5.9 00:26:18 / 492 00:54:01 / 540	01:18:16 / 544

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii Grupy in Age Group Sex	Wynik Time	Wynik Netto	Tempo [km/h] [min/km]	Check points
508	869	SALA MIECZYŚLAW	JELEŃ GÓRA	POL		61	M50/70 M50/70 (M)473	01:48:44	01:48:24	11.68 5.9 00:25:17 / 376 00:52:46 / 452	01:17:15 / 495
509	874	SARNA ROMAN	WROCLAW	POL		63	M40/126 M40/126 (M)474	01:48:44	01:48:41	11.65 5.9 00:26:06 / 467 00:53:35 / 520	01:18:03 / 534
510	1208	LUGOWSKI IGOR	LUBIN	POL	LUBIN	73	M30/163 M30/163 (M)475	01:48:45	01:48:38	11.65 5.9 00:26:18 / 488 00:53:36 / 524	01:17:56 / 528
511	690	OLEJNICZAK HIERONIM	WROCLAW	POL	WKB PIAST WROCLAW	49	M60/15 M60/15 (M)476	01:48:45	01:48:19	11.69 5.9 00:26:32 / 518 00:53:33 / 514	01:17:15 / 494
512	1373	ORDA ANDRZEJ	BOLESŁAWIEC	POL	TKKF BOLESŁAWIEC	71	M40/127 M40/127 (M)477	01:48:47	01:48:28	11.67 5.9 00:26:41 / 531 00:54:28 / 564	01:18:07 / 540
513	1252	ŻMUDA BARTŁOMIEJ	KRAPKOWICE	POL	BYLEDOTRZĘC BART OTMĘT	73	M30/164 M30/164 (M)478	01:48:48	01:48:19	11.69 5.9 00:27:17 / 621 00:54:10 / 552	01:18:05 / 537
514	1366	BURZYŃSKI MACIEJ	WARSZAWA	POL		84	M20/99 M20/99 (M)479	01:48:50	01:48:40	11.65 5.10 00:26:04 / 462 00:53:37 / 525	01:17:24 / 500
515	979	STYPUŁA MARIAN	ŚWIDNICA	POL		61	M50/71 M50/71 Powi/16 (M)480	01:48:51	01:48:46	11.64 5.10 00:25:31 / 396 00:52:47 / 454	01:17:25 / 501
516	525	LATUS ŁUKASZ	WYSOKA	POL		85	M20/100 M20/100 (M)481	01:48:53	01:48:35	11.66 5.10 00:25:05 / 348 00:51:54 / 403	01:14:57 / 401
517	721	PASTUCHA MAREK	KRAPKOWICE	POL	CROSS KRAPKOWICE	60	M50/72 M50/72 (M)482	01:48:53	01:48:39	11.65 5.10 00:29:24 / 850 00:56:01 / 660	01:18:59 / 575
518	792	POPIELSKI BERNARD	KĄTY	POL	KB KĄTY WROCLAWSKIE	71	M40/128 M40/128 (M)483	01:48:53	01:48:50	11.63 5.10 00:26:20 / 498 00:53:26 / 500	01:16:55 / 479
519	263	GOLDWASSER ZBIGNIEW	SOBÓTKA	POL	SKSM SP. Z O.O.	66	M40/129 M40/129 Gmin/11 (M)484	01:48:53	01:48:43	11.64 5.10 00:26:45 / 540 00:54:05 / 546	01:17:46 / 518
520	1353	TOMCZAK DOMINIK	WROCLAW	POL	CUBESOFT.PL	80	M30/165 M30/165 (M)485	01:48:56	01:48:05	11.71 5.10 00:27:52 / 685 00:55:20 / 624	01:18:54 / 574
521	597	MATERLA MAREK	ŚLUPSKO	POL	ZRYW ŚLUPSKO	84	M20/101 M20/101 (M)486	01:48:57	01:48:42	11.65 5.10 00:27:39 / 661 00:54:03 / 543	01:17:47 / 519
522	887	SIELICKI ROMAN	LEGNICA	POL	LEW LEGNICA	62	M40/130 M40/130 (M)487	01:48:58	01:48:20	11.68 5.10 00:27:19 / 628 00:54:05 / 547	01:17:55 / 526
523	436	KONIECZKO RAFAŁ	BRZEG	POL	BKS OŁAWSKA	84	M20/102 M20/102 (M)488	01:48:58	01:48:55	11.62 5.10 00:25:30 / 395 00:55:06 / 605	01:19:38 / 608
524	838	ROSIŃSKI WITOLD	DLUGOŁĘKA	POL		65	M40/131 M40/131 (M)489	01:49:00	01:48:35	11.66 5.10 00:26:43 / 535 00:54:30 / 567	01:18:28 / 551
525	1120	ZAJĄCZKOWSKA ANNA	TRZEBNICA	POL		93	K20/12 K20/12 (K)36	01:49:01	01:48:35	11.66 5.10 00:28:37 / 754 00:55:27 / 629	01:18:39 / 560
526	962	SUCHTA ADAM	WROCLAW	POL	PWR W2	88	M20/103 M20/103 (M)490	01:49:02	01:48:43	11.64 5.10 00:26:33 / 520 00:53:10 / 475	01:16:46 / 472
527	321	HARASYMOWICZ PIOTR	JELCZ-LASKOWIC	POL		83	M20/104 M20/104 (M)491	01:49:04	01:48:40	11.65 5.10 00:25:35 / 410 00:51:48 / 394	01:15:08 / 411
528	904	SKRZYPIEC KONRAD	WROCLAW	POL	-	76	M30/166 M30/166 (M)492	01:49:04	01:48:15	11.69 5.10 00:29:13 / 830 00:56:00 / 659	01:19:23 / 593
529	1075	WĘCLEWSKI ANDRZEJ	BIELAWA	POL	BIELAWA	55	M50/73 M50/73 (M)493	01:49:09	01:48:31	11.66 5.10 00:28:43 / 760 00:55:29 / 633	01:19:14 / 589
530	1020	TEKLAK MARCIN	BIELAWA	POL		87	M20/105 M20/105 (M)494	01:49:10	01:48:48	11.63 5.10 00:25:51 / 435 00:53:55 / 532	01:19:05 / 580
531	73	BIL JANUSZ	PRASZKA	POL	NEAPCO	53	M50/74 M50/74 (M)495	01:49:11	01:48:58	11.62 5.11 00:26:32 / 517 00:54:09 / 550	01:17:53 / 524
532	451	KOŚCIAŃSKI NESTOR	WROCLAW	POL	VAMOS AMIGOS WROCLAW	71	M40/132 M40/132 (M)496	01:49:12	01:48:37	11.65 5.11 00:28:25 / 743 00:55:13 / 614	01:18:30 / 552
533	637	MOSIAŁA JAN	PRASZKA	POL	NEAPCO PRASZKA	62	M40/133 M40/133 (M)497	01:49:12	01:48:58	11.62 5.11 00:26:33 / 523 00:54:09 / 551	01:17:53 / 523
534	1171	BRZEZIŃSKI BOLESŁAW	CZERWIŃSK	POL		44	M60/16 M60/16 (M)498	01:49:13	01:49:01	11.61 5.11 00:26:19 / 494 00:53:59 / 536	01:18:04 / 536
535	994	SZUKALSKI ALEKSANDER	WROCLAW	POL		82	M20/106 M20/106 (M)499	01:49:15	01:48:36	11.66 5.11 00:26:31 / 514 00:53:35 / 521	01:17:01 / 489
536	465	KOWALSKI-NEUKIRCH HENRYK	KATOWICE	POL	NIEZRZESZONY	49	M60/17 M60/17 (M)500	01:49:17	01:48:57	11.62 5.11 00:26:52 / 562 00:54:35 / 575	01:18:11 / 542
537	124	CHOJNACKA MAŁGORZATA	MĘDLÓW	POL	NIEZRZESZONY	68	K40/7 K40/7 (K)37	01:49:18	01:48:57	11.62 5.11 00:26:51 / 560 00:54:02 / 542	01:18:25 / 549
538	891	SIKORA ADAM	ŻELOWICE	POL	NIEZRZESZONY	81	M30/167 M30/167 (M)501	01:49:18	01:48:27	11.67 5.11 00:27:10 / 605 00:54:51 / 588	01:18:22 / 548
539	498	KUBIAK MAREK	WRONKI	POL	AMICA	75	M30/168 M30/168 (M)502	01:49:20	01:48:42	11.65 5.11 00:28:03 / 704 00:55:31 / 634	01:19:47 / 616
540	107	BURSA BARTOSZ	NOWOGRÓD	POL		88	M20/107 M20/107 (M)503	01:49:23	01:49:03	11.61 5.11 00:26:45 / 539 00:53:35 / 522	01:17:59 / 530
541	665	NIENARTOWICZ JAKUB	WROCLAW	POL	ZBIGNIEW DZIUBIŃSKI TEAM	89	M20/108 M20/108 (M)504	01:49:23	01:49:09	11.60 5.11 00:27:33 / 651 00:55:16 / 619	01:19:40 / 611
542	1059	WARWAS ARTUR	WROCLAW	POL	WKB PIAST WROCLAW	66	M40/134 M40/134 (M)505	01:49:23	01:48:53	11.63 5.11 00:25:55 / 444 00:56:18 / 678	01:19:10 / 585
543	878	SEIFFERT PAWEŁ	BRZEG	POL		87	M20/109 M20/109 (M)506	01:49:25	01:48:35	11.66 5.11 00:26:18 / 490 00:53:04 / 467	01:17:42 / 515
544	314	HALIKOWSKA AGNIESZKA	WROCLAW	POL	-	81	K30/16 K30/16 (K)38	01:49:25	01:48:56	11.62 5.11 00:26:52 / 564 00:54:05 / 548	01:17:50 / 521
545	901	SKRĘTKOWICZ MIROSLAW	SIECHNICE	POL	I TY MOŻESZ ZOSTAĆ	64	M40/135 M40/135 (M)507	01:49:30	01:49:07	11.60 5.11 00:24:43 / 315 00:49:39 / 289	01:13:16 / 326
546	119	CHMIST JACEK	WROCLAW	POL	-	80	M30/169 M30/169 (M)508	01:49:33	01:49:12	11.59 5.12 00:28:21 / 734 00:56:13 / 669	01:20:03 / 629
547	27	BAGNECKI RAFAŁ	MYSZKÓW	POL		87	M20/110 M20/110 (M)509	01:49:34	01:49:16	11.58 5.12 00:26:35 / 527 00:53:23 / 498	01:17:37 / 509

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii Grupy in Age Group Sex	Wynik Time	Wynik Netto	Tempo [km/h] [min/km]	Check points
548	656	NAPIERAJ ANDRZEJ	ŻYTNIOŹ	POL		68	M40/136 M40/136 (M)510	01:49:39	01:49:25	11.57 5:12 00:26:00 / 448 00:52:30 / 434	01:16:28 / 463
549	585	MARCHWICKI JACEK	LEGNICA	POL	KLUB BIEGOWY 'BARTEK'	64	M40/137 M40/137 (M)511	01:49:42	01:49:25	11.57 5:12 00:27:25 / 640 00:54:38 / 577	01:18:50 / 569
550	858	RYSZKA ERWIN	BIELAWA	POL	ERWINTOUR	71	M40/138 M40/138 (M)512	01:49:43	01:49:25	11.57 5:12 00:25:19 / 379 00:52:35 / 440	01:16:41 / 469
551	1006	ŚLEBODA ROBERT	WOŁÓW	POL	TKKF RAZEM WOŁÓW	67	M40/139 M40/139 (M)513	01:49:43	01:49:40	11.54 5:12 00:25:57 / 445 00:53:33 / 511	01:17:43 / 516
552	489	KRÓL GRZEGORZ	POZNAŃ	POL		69	M40/140 M40/140 (M)514	01:49:47	01:49:21	11.58 5:12 00:28:11 / 720 00:55:28 / 631	01:19:23 / 594
553	739	PERŁAKOWSKI TADEUSZ	KŁOBUCZYN	POL	TKKF HUTNIK GŁOGÓW	56	M50/75 M50/75 (M)515	01:49:49	01:49:12	11.59 5:12 00:28:10 / 717 00:58:03 / 765	01:21:35 / 695
554	1300	HAŁOT MIROSLAW	WROCLAW	POL		72	M30/170 M30/170 (M)516	01:49:49	01:49:18	11.58 5:12 00:29:45 / 882 00:58:09 / 772	01:21:16 / 681
555	485	KRETOWICZ ŁUKASZ	GRACZE	POL	KLUB MONAR GRACZE	91	M20/111 M20/111 (M)517	01:49:52	01:49:08	11.60 5:12 00:29:11 / 822 00:56:26 / 690	01:19:59 / 624
556	178	DOMARADZKI WOJCIECH	POZNAŃ	POL	COPERNICUS TEAM	83	M20/112 M20/112 (M)518	01:49:53	01:49:17	11.58 5:13 00:29:11 / 821 00:56:08 / 665	01:19:57 / 621
557	484	KRAWCZYK ZDZISŁAW	WROCLAW	POL		84	M20/113 M20/113 (M)519	01:49:55	01:49:16	11.58 5:13 00:28:44 / 762 00:56:25 / 688	01:20:18 / 643
558	440	KOPEĆ BARTŁOMIEJ	WROCLAW	POL		79	M30/171 M30/171 (M)520	01:49:56	01:49:34	11.55 5:13 00:28:36 / 753 00:56:27 / 691	01:20:14 / 638
559	154	CZUJKO MACIEJ	WROCLAW	POL		79	M30/172 M30/172 (M)521	01:49:58	01:49:53	11.52 5:13 00:25:22 / 383 00:53:05 / 469	01:17:19 / 499
560	692	OLENDER GRZEGORZ	WROCLAW	POL	-	78	M30/173 M30/173 (M)522	01:49:58	01:49:34	11.55 5:13 00:27:15 / 614 00:54:50 / 586	01:18:14 / 543
561	495	KSOK MIROSLAW	WROCLAW	POL	ŚCIEŻKI BIEGOWE WROCLAW	57	M50/76 M50/76 (M)523	01:50:04	01:49:39	11.54 5:13 00:26:54 / 572 00:54:35 / 573	01:18:32 / 554
562	274	GÓRNY MAREK	ŚWIECIECHOWA	POL	DRUŻYNA SZPIKU	55	M50/77 M50/77 (M)524	01:50:04	01:49:40	11.54 5:13 00:26:20 / 499 00:53:36 / 523	01:18:06 / 539
563	251	GĘSTWA WOJCIECH	WROCLAW	POL	TEAM AMNESTY	78	M30/174 M30/174 (M)525	01:50:05	01:49:23	11.57 5:13 00:27:52 / 681 00:55:18 / 621	01:19:07 / 581
564	669	NIWIŃSKA ALINA	WROCLAW	POL		79	K30/17 K30/17 (K)39	01:50:06	01:49:55	11.52 5:13 00:25:42 / 420 00:53:27 / 503	01:17:44 / 517
565	54	BERA MARCIN	OLEŚNICA	POL	KB LUPUS OLEŚNICA	77	M30/175 M30/175 (M)526	01:50:08	01:49:22	11.57 5:13 00:28:46 / 769 00:56:18 / 679	01:20:00 / 626
566	271	GÓRECKI RYSZARD	GLIWICE	POL		65	M40/141 M40/141 (M)527	01:50:09	01:49:45	11.53 5:13 00:27:13 / 610 00:55:01 / 598	01:18:41 / 561
567	788	PONIATOWSKI RAFAŁ	ZACHOWICE	POL		89	M20/114 M20/114 (M)528	01:50:10	01:49:51	11.52 5:13 00:27:30 / 648 00:55:44 / 643	01:19:32 / 600
568	776	PODESZWA PRZEMYSŁAW	WODZISŁAW	POL		79	M30/176 M30/176 (M)529	01:50:11	01:49:59	11.51 5:13 00:27:17 / 620 00:54:55 / 590	01:19:10 / 586
569	740	PERNACH PIOTR	ŻAGAŃ	POL		78	M30/177 M30/177 (M)530	01:50:13	01:49:33	11.55 5:13 00:27:17 / 619 00:54:42 / 581	01:18:45 / 565
570	155	CZYKINOWSKI ADAM	MACIEJOWICE	POL	STOWARZYSZENIE INICJATYW	76	M30/178 M30/178 (M)531	01:50:15	01:49:57	11.51 5:14 00:25:50 / 434 00:53:19 / 491	01:17:41 / 514
571	543	LIPOWSKI ZDZISŁAW	LEGNICA	POL	KB LEW LEGNICA	46	M60/18 M60/18 (M)532	01:50:18	01:49:59	11.51 5:14 00:26:33 / 521 00:54:31 / 569	01:19:29 / 597
572	258	GŁADUNIEC KRZYSZTOF	JEDLINA ZDRÓJ	POL	JTST JEDLINA ZDRÓJ	72	M30/179 M30/179 (M)533	01:50:21	01:50:12	11.49 5:14 00:24:48 / 323 00:52:58 / 463	01:17:29 / 503
573	831	ROKITNICKI GRZEGORZ	RUJA	POL	FENIKS LEGNICA	73	M30/180 M30/180 (M)534	01:50:23	01:50:07	11.50 5:14 00:26:50 / 557 00:54:22 / 556	01:18:18 / 545
574	129	CIEŚLA JAN	PRASZKA	POL		50	M60/19 M60/19 (M)535	01:50:24	01:49:57	11.51 5:14 00:26:48 / 550 00:53:08 / 473	01:17:33 / 506
575	865	SADOWSKI ANDRZEJ	DZIEWIĘTLICE	POL	DZIEWIĘTLICE	57	M50/78 M50/78 (M)536	01:50:26	01:50:02	11.50 5:14 00:26:22 / 503 00:54:59 / 594	01:19:03 / 579
576	964	SULIMA GRZEGORZ	STRZEGOM	POL	START STRZEGOM	67	M40/142 M40/142 Powi/17 (M)537	01:50:27	01:49:40	11.54 5:14 00:26:58 / 580 00:54:24 / 557	01:18:26 / 550
577	134	CLAYTON TIMOTHY	WROCLAW	POL		79	M30/181 M30/181 (M)538	01:50:29	01:50:11	11.49 5:14 00:28:02 / 701 00:55:13 / 613	01:19:45 / 613
578	650	MUSIEWICZ JAN	WROCLAW	POL	WKB PIAST WROCLAW	56	M50/79 M50/79 (M)539	01:50:29	01:50:12	11.49 5:14 00:28:02 / 702 00:55:59 / 657	01:19:45 / 614
579	593	MAREK ROMUALD	WROCLAW	POL		59	M50/80 M50/80 (M)540	01:50:33	01:49:48	11.53 5:14 00:26:08 / 472 00:53:43 / 526	01:18:43 / 564
580	630	MŁYNARCZYK MIREK	POZNAŃ	POL		75	M30/182 M30/182 (M)541	01:50:34	01:50:13	11.48 5:14 00:26:55 / 574 00:54:29 / 566	01:18:53 / 573
581	1024	TOMAŚKO PIOTREK	WROCLAW	POL	-	70	M40/143 M40/143 (M)542	01:50:35	01:50:05	11.50 5:15 00:29:29 / 864 00:57:13 / 734	01:20:35 / 661
582	1124	ZAKRĘTA KINGA	BRALIN	POL		84	K20/13 K20/13 (K)40	01:50:35	01:49:56	11.51 5:15 00:28:44 / 763 00:56:25 / 689	01:20:18 / 642
583	264	GOLIK JERZY	BRZEG	POL	PKS-BRZEG	56	M50/81 M50/81 (M)543	01:50:43	01:50:39	11.44 5:15 00:25:46 / 429 00:53:19 / 493	01:18:01 / 532
584	949	STAROŚCIAK WOJCIECH	WROCLAW	POL		69	M40/144 M40/144 (M)544	01:50:43	01:50:20	11.47 5:15 00:28:43 / 761 00:56:39 / 701	01:20:07 / 630
585	550	ŁABUZ MAREK	WROCLAW	POL	WKB PIAST WROCLAW	56	M50/82 M50/82 (M)545	01:50:44	01:50:34	11.45 5:15 00:27:52 / 684 00:55:10 / 611	01:19:14 / 588
586	560	ŁUCZYN MARCIN	WROCLAW	POL		83	M20/115 M20/115 (M)546	01:50:46	01:50:27	11.46 5:15 00:27:20 / 630 00:54:51 / 589	01:19:38 / 606
587	276	GÓRSKI MACIEJ	WROCLAW	POL		74	M30/183 M30/183 (M)547	01:50:47	01:50:07	11.50 5:15 00:26:45 / 542 00:53:44 / 527	01:18:01 / 531

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii Grupy in Age Group Sex	Wynik Time	Wynik Netto	Tempo [km/h] [min/km]	Check points
588	235	FRONTCZAK MAREK	KALISZ	POL	SUPERMARATON KALISZ	52 M50/83	M50/83 (M)548	01:50:48	01:50:21	11.47 5:15 00:27:59 / 698 00:56:27 / 692	01:20:16 / 640
589	1331	BZDYRA BOGUSŁAW	WROCŁAW	POL	EIGER TEAM	73 M30/184	M30/184 (M)549	01:50:49	01:50:33	11.45 5:15 00:26:46 / 545 00:54:34 / 572	01:18:53 / 572
590	59	BIAŁAS STANISŁAW	LEWIN BRZESKI	POL	PKS-BRZEG	56 M50/84	M50/84 (M)550	01:50:51	01:50:46	11.43 5:15 00:25:52 / 438 00:54:26 / 560	01:19:00 / 576
591	204	DZIELIŃSKI STANISŁAW	BYTOM	POL		54 M50/85	M50/85 (M)551	01:50:53	01:50:38	11.44 5:15 00:26:52 / 561 00:55:07 / 607	01:19:36 / 604
592	986	SZMIT RADOSŁAW	STRZELIN	POL	-----	79 M30/185	M30/185 (M)552	01:50:57	01:50:50	11.42 5:16 00:27:53 / 688 00:56:05 / 662	01:20:19 / 646
593	571	MACHOWSKI EDWARD	WOŁÓW	POL	WKB PIAST WROCŁAW	48 M60/20	M60/20 (M)553	01:51:00	01:50:47	11.43 5:16 00:26:16 / 484 00:53:32 / 510	01:17:54 / 525
594	182	DRAGUŁA RADOSŁAW	WROCŁAW	POL		79 M30/186	M30/186 (M)554	01:51:03	01:50:47	11.43 5:16 00:27:02 / 591 00:55:17 / 620	01:19:07 / 582
595	1231	SOCZOMSKI MIROSŁAW	STRZELIN	POL	EDI TEAM ZGORZELEC	65 M40/145	M40/145 (M)555	01:51:03	01:50:54	11.41 5:16 00:25:38 / 417 00:53:19 / 492	01:18:48 / 568
596	905	SKUDLARSKI JAKUB	WROCŁAW	POL	I TY MOŻESZ ZOSTAĆ	91 M20/116	M20/116 (M)556	01:51:03	01:50:53	11.42 5:16 00:27:18 / 625 00:54:34 / 571	01:17:55 / 527
597	1280	KĘDZIORA MAREK	KRAPKOWICE	POL		59 M50/86	M50/86 (M)557	01:51:05	01:50:42	11.43 5:16 00:27:42 / 663 00:55:03 / 601	01:19:15 / 591
598	578	MAKUCH RAFAŁ	SZPROTAWA	POL	NIEZRZESZONY	79 M30/187	M30/187 (M)558	01:51:05	01:50:39	11.44 5:16 00:26:59 / 581 00:54:25 / 559	01:18:51 / 571
599	311	HACZYK NATALIA	OPOLE	POL	BIEG OPOLSKI	73 K30/18	K30/18 (K)41	01:51:06	01:50:36	11.45 5:16 00:27:24 / 638 00:54:40 / 579	01:19:27 / 596
600	429	KŁOPOTOWSKI GRZEGORZ	LWÓWEK ŚLĄSKI	POL		75 M30/188	M30/188 (M)559	01:51:06	01:50:55	11.41 5:16 00:25:35 / 411 00:53:23 / 496	01:18:20 / 547
601	763	PISZCZAŁKA KRZYSZTOF	SOBÓTKA	POL	KWATERY PRYWATNE POD 13	61 M50/87	M50/87 Gmin/12 (M)560	01:51:08	01:50:52	11.42 5:16 00:27:46 / 667 00:55:28 / 630	01:20:01 / 628
602	1193	KOMAR MARCIN	ZĄBKOWICE	POL		83 M20/117	M20/117 (M)561	01:51:11	01:50:48	11.42 5:16 00:27:17 / 622 00:55:15 / 617	01:20:12 / 636
603	944	STANKIEWICZ IRENEUSZ	LUBIN	POL	NIE ZRZESZONY	67 M40/146	M40/146 (M)562	01:51:13	01:50:56	11.41 5:16 00:25:34 / 408 00:53:20 / 494	01:18:41 / 562
604	298	GRZELAK JUSTYNA	LESZNO	POL	DRUŻYNA SZPIKU/MARATON	74 K30/19	K30/19 (K)42	01:51:13	01:50:54	11.41 5:16 00:27:52 / 683 00:55:45 / 645	01:19:51 / 619
605	82	BOGUCKI FRANCISZEK	WROCŁAW	POL		60 M50/88	M50/88 (M)563	01:51:15	01:51:05	11.40 5:16 00:27:01 / 588 00:55:06 / 606	01:19:35 / 603
606	547	LUBCZYŃSKI KRZYSZTOF	SYCOW	POL		75 M30/189	M30/189 (M)564	01:51:16	01:50:57	11.41 5:16 00:27:53 / 686 00:57:13 / 733	01:20:59 / 672
607	449	KOSAŁKA EDWARD	ŻARY	POL	11 LDKPANC ŻAGAŃ	65 M40/147	M40/147 (M)565	01:51:17	01:51:05	11.40 5:16 00:26:51 / 558 00:53:58 / 534	01:18:02 / 533
608	1140	ZIENIEWICZ GRZEGORZ	DZIERZONIÓW	POL		71 M40/148	M40/148 (M)566	01:51:25	01:51:06	11.39 5:17 00:25:44 / 425 00:54:26 / 561	01:19:02 / 578
609	921	SOBERA ANDRZEJ	WROCŁAW	POL	-	72 M30/190	M30/190 (M)567	01:51:27	01:51:08	11.39 5:17 00:27:23 / 635 00:55:59 / 658	01:20:08 / 632
610	811	PYTKIEWICZ SŁAWOMIR	SMARDZÓW	POL	OPP WROCŁAW	73 M30/191	M30/191 (M)568	01:51:30	01:50:56	11.41 5:17 00:27:50 / 676 00:55:14 / 616	01:19:36 / 605
611	766	PIWOWARSKI GRZEGORZ	SYCÓW	POL	KB LUPUS SYCÓW	66 M40/149	M40/149 (M)569	01:51:32	01:51:16	11.38 5:17 00:26:43 / 536 00:54:22 / 555	01:19:08 / 584
612	1065	WĄSIK MARCIN	BRZEZINA	POL	WKB PIAST WROCŁAW	78 M30/192	M30/192 (M)570	01:51:36	01:51:12	11.38 5:17 00:27:08 / 598 00:55:24 / 626	01:19:13 / 587
613	340	JAKUBOWSKI MIROSŁAW	LEGNICA	POL	KB LEW LEGNICA	59 M50/89	M50/89 (M)571	01:51:39	01:51:12	11.38 5:18 00:27:22 / 632 00:55:25 / 628	01:19:58 / 623
614	376	JÓŻWIK WIESŁAW	WODZISŁAW ŚL.	POL	FORMA WODZISŁAW ŚLĄSKI	65 M40/150	M40/150 (M)572	01:51:40	01:51:29	11.35 5:18 00:27:16 / 616 00:55:09 / 610	01:19:34 / 602
615	823	RECLIJ JAROSŁAW	SKRZYSZÓW	POL	FORMA WODZISŁAW ŚLĄSKI	66 M40/151	M40/151 (M)573	01:51:42	01:51:31	11.35 5:18 00:27:16 / 615 00:55:03 / 600	01:19:38 / 607
616	245	GARNEK PIOTR	WROCŁAW	POL		79 M30/193	M30/193 (M)574	01:51:43	01:51:19	11.37 5:18 00:27:09 / 603 00:54:27 / 562	01:19:32 / 601
617	172	DOBROSKOK KAMIL	LUBIN	POL	THE ROCK WROCŁAW	85 M20/118	M20/118 (M)575	01:51:47	01:51:32	11.35 5:18 00:26:45 / 541 00:54:58 / 592	01:19:59 / 625
618	642	MRÓZ WOJCIECH	WROCŁAW	POL	DRUŻYNA SZPIKU	83 M20/119	M20/119 (M)576	01:51:47	01:51:29	11.35 5:18 00:27:20 / 629 00:54:50 / 583	01:19:39 / 610
619	400	KARGOL PAWEŁ	OLEŚNICA	POL	KB LUPUS OLEŚNICA	78 M30/194	M30/194 (M)577	01:51:48	01:51:36	11.34 5:18 00:25:43 / 422 00:53:17 / 488	01:17:56 / 529
620	894	SIMIŃSKI JACEK	POBIEDNA	POL		64 M40/152	M40/152 (M)578	01:51:49	01:51:04	11.40 5:18 00:27:14 / 613 00:54:29 / 565	01:18:50 / 570
621	720	PASTUCHA ANNA	KRAPKOWICE	POL	CROSS KRAPKOWICE	58 K50/4	K50/4 (K)43	01:51:49	01:51:37	11.34 5:18 00:27:00 / 585 00:55:50 / 649	01:19:51 / 620
622	885	SHUMCHYK ALENA	WROCŁAW	POL	POLSKA BIEGA	81 K30/20	K30/20 (K)44	01:51:52	01:51:16	11.38 5:18 00:29:33 / 869 00:57:42 / 748	01:22:14 / 710
623	226	FOLC GRZEGORZ	MIEROSZÓW	POL	-	73 M30/195	M30/195 (M)579	01:51:54	01:51:41	11.33 5:18 00:26:03 / 456 00:54:00 / 538	01:19:40 / 612
624	305	GUSZPIT IRENEUSZ	WROCŁAW	POL		51 M60/21	M60/21 (M)580	01:51:54	01:51:13	11.38 5:18 00:28:12 / 721 00:55:46 / 646	01:20:17 / 641
625	438	KONIECZNY JACEK	SOSNOWIEC	POL		65 M40/153	M40/153 (M)581	01:51:54	01:51:32	11.35 5:18 00:26:11 / 481 00:52:42 / 448	01:16:59 / 487
626	77	BLASZCZYK KRZYSZTOF	POZNAŃ	POL		59 M50/90	M50/90 (M)582	01:52:02	01:51:44	11.33 5:19 00:27:25 / 639 00:55:18 / 622	01:20:21 / 649
627	437	KONIECZNIK GRZEGORZ	OLAWA	POL		74 M30/196	M30/196 (M)583	01:52:06	01:51:30	11.35 5:19 00:28:59 / 796 00:56:49 / 711	01:21:24 / 688

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii Grupy in Age Group Sex	Wynik Time	Wynik Netto	Tempo [km/h] [min/km]	Check points
628	199	DUSZYŃSKI TOMASZ	STRZELIN	POL	PAPERBACK WYDAWNICTWO	76	M30/197 M30/197 (M)584	01:52:09	01:51:48	11.32 5:19 00:28:16 / 728 00:56:22 / 681 01:20:26 / 652	
629	136	CYCUŁA PAWEŁ	GOCZAŁKÓW	POL		83	M20/120 M20/120 Powi/18 (M)585	01:52:14	01:51:43	11.33 5:19 00:28:25 / 741 00:56:23 / 683 01:20:59 / 673	
630	639	MOSZONKA HENRYK	ŻÓRAWINA	POL	LUKS ŻÓRAWINA	57	M50/91 M50/91 (M)586	01:52:16	01:52:06	11.29 5:19 00:27:59 / 697 00:55:58 / 655 01:20:11 / 634	
631	190	DUBIKOWSKI ANDRZEJ	ZIĘBICE	POL		56	M50/92 M50/92 (M)587	01:52:19	01:52:14	11.28 5:19 00:26:30 / 509 00:54:50 / 585 01:19:50 / 618	
632	982	SZCZOT ANDRZEJ	WROCŁAW	POL	WKB PIAST WROCŁAW	76	M30/198 M30/198 (M)588	01:52:21	01:52:15	11.28 5:20 00:27:52 / 679 00:56:04 / 661 01:20:19 / 645	
633	1214	PAWLAK KAZIMIERZ	OSTRÓW WLKP.	POL	KS MARATON OSTRÓW WLKP.	59	M50/93 M50/93 (M)589	01:52:22	01:52:16	11.28 5:20 00:26:42 / 532 00:54:50 / 587 01:19:31 / 599	
634	1012	ŚMIETANA STEFAN	WROCŁAW	POL	-	52	M50/94 M50/94 (M)590	01:52:22	01:52:01	11.30 5:20 00:27:46 / 666 00:55:34 / 639 01:20:19 / 647	
635	1251	ŻABIŃSKI GRZEGORZ	TRZEBNICA	POL	LZS TRZEBNICA	82	M20/121 M20/121 (M)591	01:52:24	01:52:18	11.27 5:20 00:25:23 / 385 00:53:25 / 499 01:18:47 / 567	
636	207	DZIURDZIEWSKI MIROSŁAW	OLEŚNICA	POL	WKB PIAST WROCŁAW	60	M50/95 M50/95 (M)592	01:52:27	01:51:50	11.32 5:20 00:28:07 / 711 00:56:37 / 700 01:21:06 / 679	
637	684	OCHĘDZAN BARTŁOMIEJ	NAMYSŁÓW	POL		74	M30/199 M30/199 (M)593	01:52:31	01:52:20	11.27 5:20 00:27:04 / 595 00:55:19 / 623 01:20:19 / 648	
638	999	SZWED BOLESŁAW	KIELCZ	POL		59	M50/96 M50/96 (M)594	01:52:31	01:52:01	11.30 5:20 00:27:51 / 678 00:56:12 / 667 01:20:31 / 658	
639	413	KENAR MARCIN	BRZEG	POL		74	M30/200 M30/200 (M)595	01:52:34	01:52:02	11.30 5:20 00:27:52 / 680 00:56:06 / 663 01:20:21 / 650	
640	1058	WANAT WACŁAW	WROCŁAW	POL	BYLEDOBIEC ANIN	46	M60/22 M60/22 (M)596	01:52:38	01:52:24	11.26 5:20 00:27:09 / 601 00:55:32 / 637 01:20:14 / 637	
641	1206	LACH SEBASTIAN	GRODKÓW	POL		76	M30/201 M30/201 (M)597	01:52:43	01:52:34	11.25 5:21 00:26:11 / 480 00:53:15 / 483 01:17:48 / 520	
642	1333	KOMAR PIOTR	ZĄBKOWICE	POL		93	M20/122 M20/122 (M)598	01:52:43	01:52:21	11.27 5:21 00:27:17 / 618 00:55:15 / 618 01:20:12 / 635	
643	598	MATKOWSKI KAZIMIERZ	PIETRZYKOWICE	POL	NIEZRZESZONY	62	M40/154 M40/154 (M)599	01:52:47	01:52:41	11.23 5:21 00:25:21 / 381 00:53:13 / 479 01:18:39 / 559	
644	1374	BASIŃSKI MICHAŁ	WROCŁAW	POL		75	M30/202 M30/202 (M)600	01:52:55	01:52:18	11.27 5:21 00:29:34 / 870 00:57:35 / 744 01:22:08 / 708	
645	468	KOZACZUK KRZYSZTOF	JORDANÓW	POL	NIEZRZESZONY	58	M50/97 M50/97 (M)601	01:52:56	01:52:25	11.26 5:21 00:28:02 / 703 00:55:54 / 653 01:20:45 / 667	
646	1245	WODZIŃSKA TERESA	WROCŁAW	POL		69	K40/8 K40/8 (K)45	01:52:57	01:52:54	11.21 5:21 00:26:06 / 470 00:54:40 / 578 01:19:15 / 590	
647	980	SZCZĘŚNIAK JÓZEF	TYNIEC NAD	POL	NIE ZRZESZONY	43	M60/23 M60/23 (M)602	01:52:58	01:52:55	11.21 5:21 00:26:20 / 501 00:54:08 / 549 01:19:58 / 622	
648	892	SIKORA JACEK	ŻELOWICE	POL	NIEZRZESZONY	74	M30/203 M30/203 (M)603	01:52:58	01:52:32	11.25 5:21 00:26:06 / 469 00:52:41 / 446 01:17:00 / 488	
649	854	RYDECKI PAWEŁ	BLACHOWNIA	POL		64	M40/155 M40/155 (M)604	01:52:59	01:52:11	11.28 5:21 00:29:14 / 831 00:57:05 / 728 01:21:23 / 686	
650	632	MOJECKI MAREK	LEGNICA	POL	BRACTWO RYCERSKIE ZIEMI	60	M50/98 M50/98 (M)605	01:52:59	01:52:34	11.25 5:21 00:27:38 / 660 00:55:31 / 636 01:20:42 / 664	
651	884	SĘDZIKOWSKI DAWID	GRACZE	POL	KLUB MONAR GRACZE	83	M20/123 M20/123 (M)606	01:53:00	01:52:17	11.27 5:21 00:29:10 / 818 00:56:48 / 710 01:21:02 / 676	
652	261	GODLEWSKI BOGDAN	SOBIN	POL	DRUZYNA SZPIKU KGHM	74	M30/204 M30/204 (M)607	01:53:01	01:52:11	11.28 5:21 00:29:58 / 897 00:58:07 / 769 01:21:39 / 696	
653	308	HACKEMER MAREK	WROCŁAW	POL		58	M50/99 M50/99 (M)608	01:53:08	01:53:05	11.19 5:22 00:25:35 / 413 00:54:04 / 545 01:19:07 / 583	
654	704	OSTROWSKI PIOTR	TCZEW	POL		71	M40/156 M40/156 (M)609	01:53:09	01:53:05	11.19 5:22 00:25:09 / 356 00:53:05 / 470 01:18:46 / 566	
655	1274	FOJT BARTŁOMIEJ	POZNAŃ	POL	DRUŻYNA SZPIKU	76	M30/205 M30/205 (M)610	01:53:11	01:53:04	11.20 5:22 00:27:37 / 658 00:55:41 / 641 01:20:53 / 669	
656	1068	WENCEL ROBERT	KĘDZIERZYN -	POL		71	M40/157 M40/157 (M)611	01:53:13	01:52:31	11.25 5:22 00:28:48 / 772 00:56:46 / 708 01:21:30 / 692	
657	326	HILLA MACIEJ	GRACZE	POL	KLUB MONAR GRACZE	84	M20/124 M20/124 (M)612	01:53:18	01:52:37	11.24 5:22 00:29:16 / 838 00:56:49 / 713 01:21:13 / 680	
658	160	DACEWICZ LESZEK	JELEMIA GÓRA	POL		41	M70/5 M70/5 (M)613	01:53:19	01:53:16	11.18 5:22 00:25:34 / 406 00:56:49 / 712 01:19:39 / 609	
659	126	CHYŁA MARCIN	WROCŁAW	POL		80	M30/206 M30/206 (M)614	01:53:21	01:52:56	11.21 5:22 00:27:38 / 659 00:55:31 / 635 01:20:43 / 666	
660	133	CIEŚLIK MACIEJ	POZNAŃ	POL	NIEZRZESZONY	77	M30/207 M30/207 (M)615	01:53:27	01:53:08	11.19 5:23 00:29:13 / 828 00:57:28 / 741 01:21:48 / 698	
661	1046	URBAN MIECZYŚLAW	RAWICZ	POL		52	M50/100 M50/100 (M)616	01:53:35	01:52:41	11.23 5:23 00:28:10 / 716 00:56:43 / 703 01:21:00 / 674	
662	523	LACHOWICZ JANUSZ JONY	RĘKÓW	POL	RĘKÓW PERPEDES	61	M50/101 M50/101 Gmin/13 (M)617	01:53:36	01:53:00	11.20 5:23 00:26:17 / 486 00:53:34 / 518 01:18:35 / 557	
663	1038	TYL MACIEJ	POZNAŃ	POL	QUAY POZNAŃ	69	M40/158 M40/158 (M)618	01:53:37	01:53:05	11.19 5:23 00:28:14 / 725 00:56:06 / 664 01:21:34 / 693	
664	12	AKUTKO SEBASTIAN	WROCŁAW	POL		77	M30/208 M30/208 (M)619	01:53:40	01:53:25	11.16 5:23 00:27:05 / 597 00:55:43 / 642 01:21:26 / 689	
665	1347	TRAWIŃSKI ROBERT	WROCŁAW	POL		83	M20/125 M20/125 (M)620	01:53:40	01:53:07	11.19 5:23 00:27:50 / 673 00:55:52 / 650 01:20:29 / 654	
666	789	PONIECKI JAN	SYCÓW	POL	KB LUPUS SYCÓW	46	M60/24 M60/24 (M)621	01:53:41	01:53:23	11.16 5:23 00:27:42 / 662 00:56:18 / 677 01:20:30 / 657	
667	1277	WINKOWSKI ŁUKASZ	WROCŁAW	POL	KOMENDA WOJEWÓDZKA	79	M30/209 M30/209 (M)622	01:53:41	01:52:53	11.21 5:23 00:30:22 / 918 00:59:42 / 846 01:24:12 / 776	

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii Grupy in Age Group Sex	Wynik Time	Wynik Netto	Tempo [km/h] [min/km]	Check points
668	1152	ŻAK SŁAWOMIR	WROCLAW	POL		78	M30/210 M30/210 (M)623	01:53:46	01:53:23	11.16 5:24 00:25:52 / 439 00:52:44 / 449	01:18:06 / 538
669	956	STOPA SZYMON	WROCLAW	POL		77	M30/211 M30/211 (M)624	01:53:47	01:53:41	11.13 5:24 00:26:08 / 475 00:54:24 / 558	01:20:29 / 656
670	1106	WÓJCIK ADRIAN	WROCLAW	POL	INSERT TEAM / IM 2010	74	M30/212 M30/212 (M)625	01:53:48	01:53:17	11.17 5:24 00:28:04 / 706 00:56:46 / 707	01:22:08 / 709
671	945	STANKIEWICZ IWONA	SOBÓTKA	POL	WKB PIAST WROCLAW	59	K50/5 K50/5 Gmin/14 (K)46	01:53:49	01:53:45	11.13 5:24 00:27:13 / 611 00:55:58 / 654	01:21:05 / 678
672	181	DRABIK MARCIN	WROCLAW	POL	WKB PIAST WROCLAW	71	M40/159 M40/159 (M)626	01:53:50	01:53:30	11.15 5:24 00:26:56 / 577 00:55:03 / 599	01:19:47 / 617
673	1263	MOSIEWICZ JACEK	WROCLAW	POL		76	M30/213 M30/213 (M)627	01:53:51	01:53:31	11.15 5:24 00:27:34 / 653 00:55:49 / 648	01:21:51 / 701
674	867	SADOWSKI PIOTR	LUBIN	POL		84	M20/126 M20/126 (M)628	01:53:54	01:53:33	11.15 5:24 00:28:59 / 795 00:58:03 / 766	01:22:54 / 727
675	825	REKOWSKI KRZYSZTOF	WROCLAW	POL	-	75	M30/214 M30/214 (M)629	01:53:54	01:53:26	11.16 5:24 00:29:08 / 814 00:57:52 / 759	01:22:55 / 729
676	1378	DUDA ALEKSANDER	WROCLAW	POL	BIALSKA TEST TEAM	73	M30/215 M30/215 (M)630	01:53:55	01:53:11	11.18 5:24 00:28:41 / 756 00:57:04 / 726	01:22:41 / 718
677	659	NAZAREWICZ MIECZYSLAW	LEGNICA	POL		69	M40/160 M40/160 (M)631	01:53:57	01:53:10	11.19 5:24 00:31:32 / 995 01:02:38 / 958	01:25:39 / 821
678	72	BIERNACZYK JACEK	GLOGÓW	POL		76	M30/216 M30/216 (M)632	01:53:58	01:53:55	11.11 5:24 00:25:34 / 407 00:54:27 / 563	01:19:25 / 595
679	830	ROJEK GRACJAN	CHWAŁÓW	POL	-	83	M20/127 M20/127 (M)633	01:54:04	01:53:56	11.11 5:24 00:28:18 / 731 00:57:24 / 738	01:22:53 / 725
680	640	MOTYKA MIROSLAW	WROCLAW	POL		66	M40/161 M40/161 (M)634	01:54:10	01:53:31	11.15 5:25 00:28:44 / 764 00:57:49 / 755	01:23:14 / 739
681	91	BOSY JACEK	OPOLE	POL	FAST FOOT OPOLE	79	M30/217 M30/217 (M)635	01:54:12	01:53:53	11.12 5:25 00:28:35 / 751 00:57:09 / 730	01:21:54 / 702
682	828	ROGAŁA KLAUDIUSZ	WROCLAW	POL	DRUŻYNA SZPIKU	73	M30/218 M30/218 (M)636	01:54:18	01:54:09	11.09 5:25 00:26:48 / 551 00:55:01 / 597	01:20:32 / 659
683	877	SASNAŁ PRZEMYSŁAW	WROCLAW	POL	NIEZRZESZONY	86	M20/128 M20/128 (M)637	01:54:21	01:53:47	11.12 5:25 00:28:25 / 740 00:56:58 / 722	01:21:19 / 684
684	215	FAŁOWSKI WOJCIECH	WROCLAW	POL		80	M30/219 M30/219 (M)638	01:54:21	01:53:38	11.14 5:25 00:27:50 / 675 00:55:36 / 640	01:20:24 / 651
685	913	SMOLIŃSKI PAWEŁ	WROCLAW	POL	MERITUM -PR	64	M40/162 M40/162 (M)639	01:54:24	01:53:45	11.13 5:25 00:28:45 / 765 00:56:17 / 676	01:20:39 / 662
686	589	MARCINOWSKI EUGENIUSZ	BIELAWA	POL	DREAM BIKE BIELAWA	56	M50/102 M50/102 (M)640	01:54:25	01:54:22	11.07 5:25 00:26:47 / 546 00:56:16 / 672	01:21:16 / 682
687	93	BRYCH ADAM	WAŁBRZYCH	POL		68	M40/163 M40/163 (M)641	01:54:27	01:53:59	11.11 5:25 00:28:50 / 776 00:56:49 / 714	01:21:54 / 703
688	492	KRUSZYŃSKI GRZEGORZ	SPALICE	POL		67	M40/164 M40/164 (M)642	01:54:29	01:53:56	11.11 5:26 00:27:50 / 677 00:55:52 / 651	01:20:29 / 655
689	497	KUBIAK DANIEL	BOGUSZÓW-GOR	POL	WAŁBRZYSKI KLUB GÓRSKI I	72	M30/220 M30/220 (M)643	01:54:31	01:53:42	11.13 5:26 00:27:28 / 646 00:55:29 / 632	01:20:56 / 671
690	651	MUSUR ADAM	OLEŚNICA	POL	POLSKA BIEGA	53	M50/103 M50/103 (M)644	01:54:39	01:54:20	11.07 5:26 00:27:58 / 696 00:56:57 / 720	01:22:57 / 731
691	143	CZARKOWSKI NORBERT	ŚWIEBODZICE	POL	TEMMPO WAŁBRZYCH	74	M30/221 M30/221 Powi/19 (M)645	01:54:40	01:54:30	11.06 5:26 00:26:03 / 457 00:54:36 / 576	01:20:51 / 668
692	915	SMYK MACIEJ	WROCLAW	POL		69	M40/165 M40/165 (M)646	01:54:41	01:53:46	11.13 5:26 00:27:18 / 624 00:55:22 / 625	01:20:09 / 633
693	1039	TYL TOMASZ	KŁODZKO	POL	KLASYKKŁODZKI.COM KKZK	78	M30/222 M30/222 (M)647	01:54:45	01:54:12	11.08 5:26 00:29:25 / 852 00:57:12 / 732	01:22:44 / 719
694	784	POLAŃSKI PIOTR	MIEROSZÓW	POL	-	67	M40/166 M40/166 (M)648	01:54:46	01:54:33	11.05 5:26 00:26:16 / 485 00:55:32 / 638	01:21:18 / 683
695	934	SPRAWKA SŁAWOMIR	ŚWIDNICA	POL	ŚWIDNICA	76	M30/223 M30/223 Powi/20 (M)649	01:54:47	01:54:32	11.05 5:26 00:28:23 / 737 00:57:02 / 725	01:22:19 / 711
696	837	ROMAŃCZUKIEWICZ ANDRZEJ	KŁODZKO	POL	NIEZRZESZONY	68	M40/167 M40/167 (M)650	01:54:51	01:54:18	11.07 5:27 00:29:25 / 853 00:57:12 / 731	01:22:44 / 720
697	319	HANUSYK KRZYSZTOF	WROCLAW	POL	NIEZRZESZONY	75	M30/224 M30/224 (M)651	01:54:54	01:54:32	11.05 5:27 00:29:18 / 841 00:58:45 / 806	01:22:49 / 724
698	1103	WOŚKO JAN	KRAPKOWICE	POL	CROSS KRAPKOWICE	53	M50/104 M50/104 (M)652	01:54:55	01:54:39	11.04 5:27 00:27:55 / 693 00:56:32 / 695	01:21:50 / 700
699	1308	BŁOCH MAREK	GRODKÓW	POL		59	M50/105 M50/105 (M)653	01:54:59	01:54:51	11.02 5:27 00:26:50 / 556 00:55:04 / 602	01:20:40 / 663
700	923	SOBKOWIAK EWA	POZNAŃ	POL	KB MANIAC POZNAŃ	63	K40/9 K40/9 (K)47	01:55:02	01:54:43	11.03 5:27 00:28:17 / 730 00:56:44 / 705	01:22:30 / 715
701	104	BUKOWSKI MICHAŁ	JASTRZĘBIE	POL	FDNT RUNNING TEAM	88	M20/129 M20/129 (M)654	01:55:04	01:54:27	11.06 5:27 00:28:26 / 744 00:56:25 / 687	01:21:30 / 691
702	34	BARANIECKI ZBIGNIEW	POZNAŃ	POL	KB MANIAC POZNAŃ	58	M50/106 M50/106 (M)655	01:55:04	01:54:45	11.03 5:27 00:28:16 / 726 00:56:44 / 704	01:22:30 / 716
703	1071	WERNIK KATARZYNA	WODZISŁAW	POL	FORMA WODZISŁAW ŚLĄSKI	70	K40/10 K40/10 (K)48	01:55:05	01:54:28	11.06 5:27 00:28:24 / 738 00:56:46 / 706	01:22:19 / 712
704	911	SMOLAK ANDRZEJ	BRZEG DOLNY	POL		70	M40/168 M40/168 (M)656	01:55:07	01:54:34	11.05 5:27 00:27:48 / 670 00:56:14 / 670	01:22:01 / 704
705	461	KOWALCZYK SYLWESTER	SOBÓTKA	POL	HURT.'BOŻENA' OSP SOBÓTKA	85	M20/130 M20/130 Gmin/15 (M)657	01:55:07	01:54:51	11.02 5:27 00:27:46 / 668 00:55:47 / 647	01:20:01 / 627
706	337	JACKOWIAK JACEK	WROCLAW	POL	I TY MOŻESZ ZOSTAĆ	77	M30/225 M30/225 (M)658	01:55:08	01:54:35	11.05 5:27 00:30:30 / 925 00:59:59 / 854	01:24:04 / 775
707	1282	UŚCIŁO MICHAŁ	GÓRA	POL		85	M20/131 M20/131 (M)659	01:55:10	01:54:26	11.06 5:28 00:31:52 / 1013 01:01:18 / 907	01:25:48 / 823

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii Grupy in Age Group Sex	Wynik Time	Wynik Netto	Tempo [km/h] [min/km]	Check points
708	594	MARKOWICZ GRZEGORZ	WROCLAW	POL		62	M40/169 M40/169 (M)660	01:55:11	01:55:01	11.01 5:28 00:28:09 / 715 00:57:32 / 743	01:22:58 / 732
709	1198	KOZIARA-SUSZKO DAGMARA	WROCLAW	POL		74	K30/21 K30/21 (K)49	01:55:15	01:54:35	11.05 5:28 00:26:46 / 543 00:54:56 / 591	01:20:33 / 660
710	889	SIERADZKA RENATA	ŚWIDNICA	POL	POLSKA BIEGA	72	K30/22 K30/22 Powi/21	01:55:17	01:55:14	10.98 5:28 00:27:30 / 647 00:56:24 / 684	01:22:06 / 706
711	950	STARZYK MARIUSZ	LUBIN	POL		76	M30/226 M30/226 (M)661	01:55:23	01:54:46	11.03 5:28 00:29:42 / 880 00:58:31 / 794	01:23:18 / 745
712	922	SOBIŁO MAREK	LUBIN	POL	VOLKSWAGEN MOTOR POLSKA	76	M30/227 M30/227 (M)662	01:55:23	01:54:45	11.03 5:28 00:29:42 / 879 00:58:31 / 793	01:23:18 / 744
713	1041	ULATOWSKI IRENEUSZ	BRZEG DOLNY	POL		63	M40/170 M40/170 (M)663	01:55:25	01:55:09	10.99 5:28 00:26:59 / 583 00:56:18 / 680	01:22:02 / 705
714	323	HAZUBSKA ANNA	TRZEBNICA	POL	LZS TRZEBNICA	69	K40/11 K40/11 (K)51	01:55:30	01:55:13	10.99 5:28 00:28:05 / 710 00:56:51 / 719	01:22:47 / 723
715	324	HAZUBSKI ANDRZEJ	TRZEBNICA	POL	LZS TRZEBNICA	68	M40/171 M40/171 (M)664	01:55:31	01:55:14	10.98 5:29 00:28:05 / 709 00:56:50 / 715	01:22:47 / 722
716	1191	KOBER PIOTR J.	WARSZAWA	POL	ALETEMPO	70	M40/172 M40/172 (M)665	01:55:37	01:54:47	11.03 5:29 00:26:18 / 491 00:56:50 / 716	01:21:24 / 687
717	1121	ZAJĄCZKOWSKI DARIUSZ	TRZEBNICA	POL	STRAŻACY	68	M40/173 M40/173 (M)666	01:55:39	01:55:12	10.99 5:29 00:28:47 / 770 00:57:27 / 740	01:23:11 / 737
718	1105	WOŹNICA ROMAN	BIERZYCE	POL		71	M40/174 M40/174 (M)667	01:55:43	01:55:23	10.97 5:29 00:28:49 / 773 00:57:37 / 745	01:23:03 / 734
719	840	ROSZKO ZBYSZKO	WROCLAW	POL	-	78	M30/228 M30/228 (M)668	01:55:44	01:54:56	11.01 5:29 00:31:03 / 971 01:01:27 / 915	01:26:58 / 865
720	1052	WALCZYK MARCIN	KRAKÓW	POL	-	75	M30/229 M30/229 (M)669	01:55:46	01:55:31	10.96 5:29 00:26:55 / 576 00:54:59 / 595	01:20:15 / 639
721	374	JÓZEFIAK PIOTR	WROCLAW	POL		60	M50/107 M50/107 (M)670	01:55:48	01:55:02	11.00 5:29 00:30:38 / 938 00:58:22 / 783	01:23:41 / 758
722	1159	ŻYWICZKA MARCIN	WROCLAW	POL	-	85	M20/132 M20/132 (M)671	01:55:51	01:55:47	10.93 5:29 00:25:00 / 330 00:53:23 / 497	01:19:17 / 592
723	65	BIEGAŃSKI MACIEJ	RADWANICE	POL		69	M40/175 M40/175 (M)672	01:55:53	01:55:28	10.96 5:30 00:31:06 / 975 01:00:17 / 872	01:25:18 / 812
724	1343	BORUCKI KRZYSZTOF	WROCLAW	POL	MKS OLAVIA OŁAWA	91	M20/133 M20/133 (M)673	01:55:57	01:55:32	10.96 5:30 00:26:48 / 552 00:53:58 / 533	01:20:18 / 644
725	1129	ZARĘBSKI WOJCIECH	WROCLAW	POL		72	M30/230 M30/230 (M)674	01:56:13	01:55:39	10.95 5:31 00:27:00 / 586 00:56:25 / 686	01:22:39 / 717
726	56	BEREZIUK MICHAŁ	DZIEWIĘTLICE	POL	DZIEWIĘTLICE	80	M30/231 M30/231 (M)675	01:56:17	01:55:53	10.92 5:31 00:25:07 / 352 00:56:25 / 685	01:19:46 / 615
727	1019	TEKIELI AGATA	BYSTRZYCA	POL		85	K20/14 K20/14 (K)52	01:56:23	01:55:47	10.93 5:31 00:29:28 / 857 00:57:51 / 757	01:22:54 / 726
728	79	BODUCH MARIUSZ	ŚWIERCZÓW	POL	NKB ZRYW NAMYSŁÓW	79	M30/232 M30/232 (M)676	01:56:24	01:55:45	10.94 5:31 00:30:10 / 911 00:58:55 / 815	01:24:53 / 800
729	378	KACIŁOWICZ JACEK	OPOLE	POL	BPSC TEAM	53	M50/108 M50/108 (M)677	01:56:25	01:55:48	10.93 5:31 00:29:24 / 849 00:58:21 / 782	01:23:40 / 757
730	269	GORŁOWSKI EMIL	ŚWIDNICA	POL		79	M30/233 M30/233 Powi/22	01:56:27	01:55:53	10.92 5:31 00:27:53 / 687 00:56:22 / 682	01:21:03 / 677
731	1221	RADKE WITOLD	WAŁBRZYCH	POL	100 MARATHON CLUB	43	M60/25 M60/25 (M)679	01:56:30	01:56:13	10.89 5:31 00:28:29 / 748 00:58:07 / 770	01:23:32 / 754
732	730	PAWLIK PAWEŁ	WROCLAW	POL	NIEZRZESZONY	70	M40/176 M40/176 (M)680	01:56:32	01:55:53	10.92 5:31 00:29:19 / 842 00:57:51 / 756	01:23:54 / 766
733	1125	ZALEWSKI MICHAŁ	WROCLAW	POL		76	M30/234 M30/234 (M)681	01:56:41	01:56:12	10.89 5:32 00:29:10 / 819 00:58:14 / 774	01:23:17 / 743
734	541	LEWRIGHT DERRICK	JÓZEFÓW	POL		76	M30/235 M30/235 (M)682	01:56:44	01:56:32	10.86 5:32 00:26:42 / 534 00:56:34 / 696	01:22:28 / 714
735	416	KIELBAŚA PAWEŁ	STRZEGOM	POL		78	M30/236 M30/236 Powi/23	01:56:44	01:55:57	10.92 5:32 00:30:27 / 923 00:59:04 / 820	01:24:49 / 797
736	935	SPYCHAŁA MAREK	WROCLAW	POL	WWW.KAJAKOWESMOKI.WROC	75	M30/237 M30/237 (M)684	01:56:49	01:56:28	10.87 5:32 00:28:54 / 790 00:58:15 / 775	01:24:42 / 791
737	1112	WRZESIŃSKI KRZYSZTOF	BORÓW	POL	WKB PIAST WROCLAW	68	M40/177 M40/177 (M)685	01:56:52	01:56:08	10.90 5:32 00:29:06 / 807 00:57:40 / 747	01:23:37 / 755
738	760	PIOTROWSKI MAREK	WROCLAW	POL	ORKIESTRA REPREZENTACYJA	61	M50/109 M50/109 (M)686	01:56:53	01:56:24	10.87 5:32 00:29:15 / 835 00:58:08 / 771	01:23:25 / 749
739	603	MATUSZAK PRZEMYSŁAW	PRUDNIK	POL		81	M30/238 M30/238 (M)687	01:56:54	01:56:20	10.88 5:32 00:31:11 / 984 01:01:23 / 912	01:26:00 / 830
740	1141	ZIENIEWICZ WOJCIECH	WROCLAW	POL	EIGER TEAM	75	M30/239 M30/239 (M)688	01:56:55	01:56:43	10.85 5:33 00:26:37 / 528 00:55:13 / 615	01:21:27 / 690
741	779	PODWIKA DOMAN	WROCLAW	POL	WWW.EDWARDKRZYZAK.PL	75	M30/240 M30/240 (M)689	01:56:55	01:56:32	10.86 5:33 00:29:22 / 845 00:58:07 / 767	01:23:57 / 769
742	1202	KRZYŻAK EDWARD	WROCLAW	POL	WWW.EDWARDKRZYZAK.PL	69	M40/178 M40/178 (M)690	01:56:56	01:56:33	10.86 5:33 00:29:22 / 846 00:58:07 / 768	01:23:58 / 771
743	211	FABIŃSKI CZESŁAW	KALISZ	POL	SUPERMARATON KALISZ	55	M50/110 M50/110 (M)691	01:56:57	01:56:28	10.87 5:33 00:28:00 / 700 00:56:28 / 693	01:22:06 / 707
744	412	KĄŻMIERKIEWICZ MARIAN	JELCZ-LASKOWIC	POL	HARCOWNIK	55	M50/111 M50/111 (M)692	01:56:59	01:56:28	10.87 5:33 00:29:06 / 809 00:58:54 / 813	01:24:42 / 790
745	58	BEREŻNICKI ŁUKASZ	OŁAWA	POL	MKS OLAVIA OŁAWA	86	M20/134 M20/134 (M)693	01:56:59	01:56:23	10.88 5:33 00:27:20 / 631 00:55:07 / 609	01:20:55 / 670
746	1135	ZGRZYWA JAN	SŁUBICE	POL		73	M30/241 M30/241 (M)694	01:57:06	01:56:29	10.87 5:33 00:30:01 / 899 00:59:46 / 850	01:25:16 / 811
747	731	PAWLIK ZYGMUNT	OŁAWA	POL		46	M60/26 M60/26 (M)695	01:57:07	01:56:57	10.82 5:33 00:26:50 / 555 00:55:52 / 652	01:21:35 / 694

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii Grupy in Age Group Sex	Wynik Time	Wynik Netto	Tempo [km/h] [min/km]	Check points
748	1181	FAFROWICZ KAZIMIERZ	KŁODZKO	POL	L.K.S.ISKRA JASZKOWA	54 M50/112	M50/112 (M)696	01:57:09	01:56:40	10.85 5:33	00:29:36 / 874 00:58:17 / 779 01:24:37 / 787
749	1030	TRZEBSKI GRZEGORZ	DOMANICE	POL		80 M30/242	M30/242 (M)697	01:57:09	01:57:02	10.82 5:33	00:28:18 / 732 00:57:24 / 737 01:22:54 / 728
750	1362	MORAWSKI MARIUSZ	SMOLEC	POL		67 M40/179	M40/179 (M)698	01:57:13	01:56:27	10.87 5:33	00:29:07 / 812 00:58:19 / 780 01:23:26 / 750
751	255	GIZINSKI STEFAN	WOŁÓW	POL	WKB PIAST WROCŁAW	48 M60/27	M60/27 (M)699	01:57:17	01:56:55	10.83 5:34	00:28:04 / 707 00:57:54 / 761 01:23:56 / 768
752	356	JAROCKA EWA	WROCŁAW	POL		78 K30/23	K30/23 (K)53	01:57:19	01:56:54	10.83 5:34	00:26:31 / 513 00:55:01 / 596 01:21:02 / 675
753	680	NOWICKI ANDRZEJ	KRAPKOWICE	POL	AKTYWNE KRAPKOWICE	56 M50/113	M50/113 (M)700	01:57:20	01:57:09	10.81 5:34	00:27:17 / 617 00:57:07 / 729 01:23:00 / 733
754	761	PIOTROWSKI MIROSŁAW	KIETRZ	POL	KS GRYF KIETRZ	66 M40/180	M40/180 (M)701	01:57:25	01:56:37	10.85 5:34	00:30:14 / 914 00:59:15 / 830 01:24:48 / 795
755	472	KOZŁOWSKA ALICJA	LESZNO	POL	MARATON LESZNO	70 K40/12	K40/12 (K)54	01:57:25	01:57:06	10.81 5:34	00:27:55 / 692 00:57:42 / 749 01:23:53 / 764
756	265	GOLĄBKA GRZEGORZ	LESZNO	POL		81 M30/243	M30/243 (M)702	01:57:26	01:57:08	10.81 5:34	00:27:55 / 691 00:57:42 / 750 01:23:52 / 763
757	805	PRZYBYLSKI WOJCIECH	POZNAŃ	POL	QUAY POZNAŃ	71 M40/181	M40/181 (M)703	01:57:26	01:56:57	10.82 5:34	00:29:12 / 826 00:57:44 / 752 01:23:22 / 747
758	816	RAJCZYBA MAŁGORZATA	WROCŁAW	POL	WKB PIAST WROCŁAW	65 K40/13	K40/13 (K)55	01:57:28	01:57:24	10.78 5:34	00:27:45 / 665 00:57:14 / 735 01:23:24 / 748
759	222	FIJAŁKOWSKI ROBERT	WOLSZTYN	POL	GRODZISKI KLUB BIEGACZA	70 M40/182	M40/182 (M)704	01:57:30	01:56:57	10.82 5:34	00:28:58 / 794 00:58:31 / 792 01:24:19 / 778
760	430	KNUROWSKI MARCIN	GŁOGÓW	POL		71 M40/183	M40/183 (M)705	01:57:32	01:57:03	10.81 5:34	00:29:49 / 887 00:59:28 / 837 01:24:49 / 796
761	421	KINAL LESZEK	WROCŁAW	POL	WROCŁAW KUŹNIKI	50 M60/28	M60/28 (M)706	01:57:34	01:57:06	10.81 5:34	00:29:03 / 801 00:57:57 / 762 01:23:27 / 751
762	920	SOBCZYK ARTUR	WROCŁAW	POL	-	81 M30/244	M30/244 (M)707	01:57:35	01:56:43	10.85 5:34	00:28:17 / 729 00:56:36 / 698 01:21:50 / 699
763	434	KOMZA NATALIA	WROCŁAW	POL	WKB PIAST WROCŁAW	78 K30/24	K30/24 (K)56	01:57:38	01:57:05	10.81 5:35	00:30:50 / 955 01:00:04 / 858 01:25:49 / 825
764	336	JACH PAWEŁ I MACIEK	WROCŁAW	POL		64 M40/184	M40/184 (M)708	01:57:47	01:57:01	10.82 5:35	00:28:49 / 775 01:00:04 / 857 01:24:43 / 792
765	1158	ŻYREK MACIEJ	BIELSKO-BIAŁA	POL		74 M30/245	M30/245 (M)709	01:57:55	01:57:14	10.80 5:35	00:30:46 / 946 01:00:26 / 878 01:26:01 / 832
766	557	ŁOJCZUK EMIL	WROCŁAW	POL		76 M30/246	M30/246 (M)710	01:57:57	01:57:40	10.76 5:35	00:26:54 / 573 00:57:04 / 727 01:23:12 / 738
767	354	JAREMA GRZEGORZ	RUDAWA	POL	MARATONYPOLSKIE.PL TEAM	75 M30/247	M30/247 (M)711	01:57:57	01:57:38	10.76 5:35	00:28:35 / 752 00:58:32 / 795 01:24:20 / 779
768	43	BAUER BOGDAN	KĘDZIERZYN-KOŹ	POL		71 M40/185	M40/185 (M)712	01:58:06	01:57:55	10.73 5:36	00:27:35 / 656 00:56:50 / 717 01:23:15 / 741
769	1368	JĘDRZEJAS KRZYSZTOF	KĘDZIERZYN-KOŹ	POL	NIEZRZESZONY	54 M50/114	M50/114 (M)713	01:58:08	01:57:26	10.78 5:36	00:28:53 / 783 00:57:38 / 746 01:23:15 / 740
770	689	OLECHNOWSKI PAWEŁ	LEGNICA	POL		79 M30/248	M30/248 (M)714	01:58:08	01:57:31	10.77 5:36	00:26:19 / 496 00:54:31 / 570 01:19:29 / 598
771	1180	DYRDA TOMASZ	WROCŁAW	POL		73 M30/249	M30/249 (M)715	01:58:08	01:57:47	10.75 5:36	00:27:26 / 642 00:56:51 / 718 01:23:20 / 746
772	1047	URLICKI LECH	NOWA SÓL	POL	ZNP NOWA SÓL	50 M60/29	M60/29 (M)716	01:58:09	01:57:39	10.76 5:36	00:29:37 / 876 01:00:40 / 887 01:27:47 / 882
773	748	PIETRAS ADAM	ŻARÓW -	POL	INDYWIDYALNIE	53 M50/115	M50/115 Powi/24 (M)717	01:58:11	01:57:46	10.75 5:36	00:27:09 / 602 00:56:58 / 721 01:23:32 / 753
774	501	KUCHAREWICZ PRZEMYSŁAW	WROCŁAW	POL	VAMOS AMIGOS WROCŁAW	74 M30/250	M30/250 (M)718	01:58:12	01:58:06	10.72 5:36	00:27:56 / 695 00:57:42 / 751 01:23:45 / 761
775	759	PIOTROWSKI KRZYSZTOF	KRAPKOWICE	POL	CROSS KRAPKOWICE	75 M30/251	M30/251 (M)719	01:58:13	01:57:30	10.77 5:36	00:29:16 / 836 00:58:26 / 786 01:23:32 / 752
776	177	DOMAŃSKI STANISŁAW	CZĘSTOCHOWA	POL		46 M60/30	M60/30 (M)720	01:58:13	01:57:47	10.75 5:36	00:28:41 / 757 00:58:34 / 796 01:23:57 / 770
777	475	KOZUBAL JANUSZ	WROCŁAW	POL		72 M30/252	M30/252 (M)721	01:58:14	01:58:01	10.73 5:36	00:26:56 / 579 00:56:12 / 668 01:23:16 / 742
778	985	SZMAGIEREWSKI WOJCIECH	WROCŁAW	POL		68 M40/186	M40/186 (M)722	01:58:16	01:57:46	10.75 5:36	00:29:27 / 856 00:58:42 / 803 01:25:03 / 801
779	813	RAFAŁOWICZ RAFAŁ	GAWORZYCE	POL	ACTIVE LIFE-GMINA	74 M30/253	M30/253 (M)723	01:58:16	01:57:51	10.74 5:36	00:28:53 / 786 00:58:42 / 802 01:24:38 / 788
780	1011	ŚMIETANA MARCIN	WROCŁAW	POL		75 M30/254	M30/254 (M)724	01:58:18	01:57:42	10.75 5:36	00:30:40 / 940 01:00:25 / 875 01:26:02 / 833
781	996	SZUROWSKI PIOTR	WAŁBRZYCH	POL	F.P.U. UNIPES - TEAM	74 M30/255	M30/255 (M)725	01:58:19	01:57:30	10.77 5:36	00:30:57 / 961 01:01:34 / 919 01:26:28 / 849
782	655	NADOLNY LESZEK	LESZNO	POL	DRUŻYNA SZPIKU	57 M50/116	M50/116 (M)726	01:58:21	01:58:07	10.72 5:37	00:26:18 / 489 00:54:48 / 582 01:20:43 / 665
783	722	PASTUSZKA TOMASZ	WROCŁAW	POL	IM 2010	82 M20/135	M20/135 (M)727	01:58:21	01:57:50	10.74 5:37	00:30:22 / 919 01:01:05 / 893 01:27:19 / 873
784	503	KUCHARSKI HENRYK	GŁOGÓW	POL	TKKF HUTNIK GŁOGÓW	52 M50/117	M50/117 (M)728	01:58:22	01:58:11	10.71 5:37	00:28:10 / 718 00:58:03 / 764 01:23:44 / 760
785	1281	GERLACH PAWEŁ	KRAPKOWICE	POL		50 M60/31	M60/31 (M)729	01:58:23	01:57:54	10.74 5:37	00:29:12 / 825 00:58:56 / 817 01:24:32 / 782
786	448	KORDZIŃSKI KAZIMIERZ	LUBLINIEC	POL	RMD MONTRAIL TEAM	58 M50/118	M50/118 (M)730	01:58:25	01:58:09	10.71 5:37	00:28:28 / 747 00:58:26 / 787 01:24:34 / 786
787	532	LESIK TOMASZ	LUBLINIEC	POL	CROSS KAROLINKA CHORZÓW	54 M50/119	M50/119 (M)731	01:58:25	01:58:10	10.71 5:37	00:28:28 / 746 00:58:26 / 788 01:24:33 / 783

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii Grupy in Age Group Sex	Wynik Time	Wynik Netto	Tempo [km/h] [min/km]	Check points		
788	342	JANIAK MARIUSZ	WROCLAW	POL		69	M40/187 M40/187 (M)732	01:58:25	01:57:46	10.75 5:37	00:29:02 / 799	00:57:51 / 758	01:23:59 / 772
789	149	CZERNATOWICZ ADAM	ZLOTORYJA	POL	OLAWS ZLOTORYJA	71	M40/188 M40/188 (M)733	01:58:26	01:58:03	10.72 5:37	00:28:00 / 699	00:57:19 / 736	01:23:54 / 765
790	948	STAROŚCIAK ANTONI	WROCLAW	POL	WSOWLAD	44	M60/32 M60/32 (M)734	01:58:26	01:58:03	10.72 5:37	00:29:21 / 843	00:58:55 / 816	01:25:07 / 804
791	28	BALBUS ANNA	BYTOM	POL	MARATONYPOLSKIE.PL TEAM	80	K30/25 K30/25 (K)57	01:58:27	01:57:36	10.76 5:37	00:29:12 / 827	00:59:09 / 825	01:25:07 / 803
792	627	MIŚKIEWICZ JACEK	GULÓW	POL		72	M30/256 M30/256 (M)735	01:58:28	01:58:16	10.70 5:37	00:28:42 / 758	00:58:46 / 807	01:25:15 / 809
793	1032	TRZMIEL CZESŁAW	OPOLE	POL		60	M50/120 M50/120 (M)736	01:58:31	01:57:51	10.74 5:37	00:29:13 / 829	00:58:42 / 804	01:24:34 / 784
794	51	BEJNAR ŁUKASZ	WROCLAW	POL		84	M20/136 M20/136 (M)737	01:58:32	01:57:44	10.75 5:37	00:28:54 / 788	00:58:24 / 784	01:25:37 / 819
795	70	BIERNACKI ARKADIUSZ	OPOLE	POL		68	M40/189 M40/189 (M)738	01:58:35	01:58:16	10.70 5:37	00:29:05 / 803	00:59:12 / 828	01:25:10 / 806
796	165	DĄBROWSKI JERZY	POLKOWICE	POL	MASTERS POLKOWICE	53	M50/121 M50/121 (M)739	01:58:35	01:58:26	10.69 5:37	00:26:08 / 474	00:54:58 / 593	01:21:42 / 697
797	57	BEREŹNICKI JACEK	OLAWA	POL	MKS OLAVIA OLAWA	69	M40/190 M40/190 (M)740	01:58:38	01:58:02	10.72 5:37	00:30:37 / 934	01:00:25 / 877	01:26:01 / 831
798	806	PUCHACZ KATARZYNA	ZAMOSC	POL	FDNT RUNNING TEAM	86	K20/15 K20/15 (K)58	01:58:40	01:58:03	10.72 5:37	00:29:29 / 862	00:58:55 / 814	01:24:39 / 789
799	1232	SOSIŃSKA JOLANTA	WROCLAW	POL		69	K40/14 K40/14 (K)59	01:58:41	01:58:08	10.72 5:38	00:30:50 / 954	01:00:04 / 859	01:25:49 / 824
800	724	PASZKOWSKI TOMASZ	WROCLAW	POL	NIEZRZESZONY	74	M30/257 M30/257 (M)741	01:58:46	01:58:40	10.67 5:38	00:25:05 / 344	00:53:33 / 512	01:20:07 / 631
801	1049	USZKO SABINA	SIEDLEC	POL		65	K40/15 K40/15 (K)60	01:58:48	01:58:37	10.67 5:38	00:27:11 / 608	00:57:29 / 742	01:24:13 / 777
802	804	PRZYBYLSKI CZESŁAW	ŚWIDNICA	POL	HERMES ŚWIDNICA	46	M60/33 M60/33 Powi/25	01:58:50	01:58:47	10.66 5:38	00:27:23 / 636	00:55:58 / 656	01:22:46 / 721
803	462	KOWALSKA KRYSZYNA	WROCLAW	POL	WKB PIAST WROCLAW	56	K50/6 K50/6 (K)61	01:58:51	01:58:46	10.66 5:38	00:28:38 / 755	00:58:27 / 790	01:25:11 / 807
804	1088	WOJAKOWSKI PIOTR	NIEMCZA	POL		71	M40/191 M40/191 (M)743	01:58:51	01:58:38	10.67 5:38	00:28:16 / 727	00:58:46 / 808	01:25:16 / 810
805	743	PIĄTKIEWICZ MACIEJ	POZNAŃ	POL		76	M30/258 M30/258 (M)744	01:58:57	01:58:24	10.69 5:38	00:28:23 / 735	00:58:45 / 805	01:24:51 / 798
806	567	MACHOŃ GRZEGORZ	CHOCIANÓW	POL	KLUB BIEGACZA ZDYSZAAANI	76	M30/259 M30/259 (M)745	01:59:03	01:58:17	10.70 5:39	00:29:37 / 875	00:59:55 / 852	01:25:07 / 805
807	214	FĄŁOWSKI RAFAŁ	GAJKÓW	POL		70	M40/192 M40/192 (M)746	01:59:07	01:58:24	10.69 5:39	00:28:53 / 784	00:59:27 / 836	01:24:52 / 799
808	327	HOFFMANN MARCIN	POZNAŃ	POL	HADES POZNAŃ	86	M20/137 M20/137 (M)747	01:59:08	01:58:29	10.68 5:39	00:30:37 / 937	01:00:37 / 884	01:26:53 / 864
809	529	LECHOWICZ JERZY	KRAPKOWICE	POL	CEM-BUD GÓRAŹDŹE	50	M60/34 M60/34 (M)748	01:59:12	01:58:44	10.66 5:39	00:29:32 / 868	00:59:28 / 838	01:26:08 / 840
810	513	KURZAJCZYK HANNA	KALISZ	POL	SUPERMARATON KALISZ	85	K20/16 K20/16 (K)62	01:59:12	01:58:45	10.66 5:39	00:28:08 / 712	00:58:21 / 781	01:24:34 / 785
811	1376	MEILLAN JEAN-PIERRE	LUTHENAY	FRA		56	M50/122 M50/122 (M)749	01:59:16	01:58:52	10.65 5:39	00:28:08 / 713	00:56:41 / 702	01:23:09 / 736
812	1275	SULEJ JAROSŁAW	WARSZAWA	POL		71	M40/193 M40/193 (M)750	01:59:16	01:58:35	10.67 5:39	00:33:18 / 1105	01:03:14 / 973	01:28:12 / 890
813	583	MANDAT JAN	OLEŚNICA	POL	KB LUPUS OLEŚNICA	59	M50/123 M50/123 (M)751	01:59:16	01:59:14	10.62 5:39	00:27:19 / 626	00:58:50 / 810	01:25:25 / 815
814	194	DUDA TOMASZ	ŚLIWICE	POL	RADIO WROCLAW	68	M40/194 M40/194 (M)752	01:59:19	01:59:06	10.63 5:39	00:27:37 / 657	00:57:27 / 739	01:24:02 / 774
815	809	PURZYŃSKI MARCIN	BIERUTÓW	POL		77	M30/260 M30/260 (M)753	01:59:19	01:58:50	10.65 5:39	00:29:31 / 865	00:59:22 / 833	01:26:19 / 844
816	391	KAMIŃSKI MARCIN	SKARŻYSKO-KAMIPOL	POL	SFORA OJCA DYREKTORA	80	M30/261 M30/261 (M)754	01:59:28	01:58:57	10.64 5:40	00:27:31 / 649	00:56:16 / 674	01:23:08 / 735
817	218	FEDYCZKOWSKA JUSTYNA	STRZEGOM	POL	START STRZEGOM	72	K30/26 K30/26 Powi/26	01:59:34	01:59:00	10.64 5:40	00:29:17 / 840	00:59:05 / 824	01:25:40 / 822
818	1268	STARONIEWICZ JANUSZ	RABKA	POL	KJB RABKA SŁONE	54	M50/124 M50/124 (M)755	01:59:34	01:58:45	10.66 5:40	00:29:12 / 823	00:59:20 / 831	01:26:06 / 838
819	1299	MAJKOWSKI MICHAŁ	ŻERNIKI	POL		79	M30/262 M30/262 (M)756	01:59:35	01:59:02	10.63 5:40	00:31:44 / 1004	01:00:36 / 883	01:26:07 / 839
820	629	MLECZEK TADEUSZ	WROCLAW	POL	-	58	M50/125 M50/125 (M)757	01:59:38	01:59:22	10.60 5:40	00:27:08 / 600	00:58:13 / 773	01:24:47 / 794
821	189	DUBIJ LEON	WROCLAW	POL	WKB PIAST WROCLAW	41	M70/6 M70/6 (M)758	01:59:46	01:59:18	10.61 5:41	00:29:06 / 806	00:59:05 / 822	01:25:05 / 802
822	942	STANGRET ADAM	LUBIN	POL	NIEZRZESZONY	60	M50/126 M50/126 (M)759	01:59:46	01:59:22	10.60 5:41	00:28:11 / 719	00:58:40 / 800	01:25:50 / 826
823	1093	WOJNAROWSKA KAROLINA	WROCLAW	POL	WCT SPARTAN WROCLAW	84	K20/17 K20/17 (K)64	02:00:05	01:59:34	10.59 5:42	00:29:31 / 866	00:59:12 / 827	01:26:41 / 859
824	1028	TONDERYS MARTYNA	ŻÓRAWINA	POL	LUKS ŻÓRAWINA	90	K20/18 K20/18 (K)65	02:00:05	01:59:55	10.56 5:42	00:28:43 / 759	00:58:39 / 798	01:25:25 / 814
825	176	DOLIŃSKI TOMASZ	WROCLAW	POL	ORKIESTRA REPREZENTACYJA	64	M40/195 M40/195 (M)760	02:00:12	01:59:42	10.57 5:42	00:29:26 / 855	00:58:39 / 797	01:26:36 / 856
826	1316	MIZERA MACIEJ	WROCLAW	POL		75	M30/263 M30/263 (M)761	02:00:13	01:59:27	10.60 5:42	00:32:47 / 1067	01:04:44 / 1021	01:30:13 / 947
827	711	PAJĄK RADOSŁAW	OLEŚNICA	POL	KB LUPUS OLEŚNICA	86	M20/138 M20/138 (M)762	02:00:18	01:59:44	10.57 5:42	00:28:46 / 767	01:04:44 / 1020	01:22:56 / 730

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii Grupy in Age Group Sex	Wynik Time	Wynik Netto	Tempo [km/h] [min/km]	Check points		
828	1200	KRENZ DAMIAN	WROCLAW	POL		74	M30/264 M30/264 (M)763	02:00:19	02:00:09	10.54 5:42 00:27:54 / 690 00:59:21 / 832 01:26:17 / 843			
829	822	RĄCZKOWSKI JANUSZ	CHOCIANÓW	POL	KLUB BIEGACZA ZDYSZAAANI	56	M50/127 M50/127 (M)764	02:00:25	01:59:37	10.58 5:42 00:30:15 / 915 00:59:55 / 853 01:26:05 / 835			
830	242	GAJDA URSZULA	OZIMEK	POL	-	72	K30/27 K30/27 (K)66	02:00:28	02:00:16	10.53 5:43 00:29:34 / 871 01:00:35 / 881 01:26:05 / 836			
831	827	RESPONDEK DARIUSZ	WROCLAW	POL		74	M30/265 M30/265 (M)765	02:00:30	01:59:55	10.56 5:43 00:28:52 / 781 00:58:57 / 818 01:26:30 / 850			
832	275	GÓRNY TOMASZ	ŚWIECIECHOWA	POL	DRUŻYNA SZPIKU	82	M20/139 M20/139 (M)766	02:00:31	02:00:03	10.54 5:43 00:26:53 / 568 00:56:36 / 699 01:26:00 / 829			
833	969	SZAŁAŃSKI PIOTR	BEŁCHATÓW	POL		85	M20/140 M20/140 (M)767	02:00:34	01:59:55	10.56 5:43 00:29:47 / 885 00:59:38 / 844 01:26:24 / 846			
834	697	OLSZEWSKI KRZYSZTOF	JELENIA GÓRA	POL		65	M40/196 M40/196 (M)768	02:00:34	01:59:59	10.55 5:43 00:32:15 / 1040 01:02:19 / 942 01:28:42 / 906			
835	171	DOBOSZ GRZEGORZ	KŁOBUCK	POL	NGB KŁOBUCK	61	M50/128 M50/128 (M)769	02:00:36	01:59:49	10.56 5:43 00:31:05 / 973 01:02:03 / 934 01:28:26 / 899			
836	803	PRZECZ WŁADYSŁAW	NADOLICE	POL	WKB PIAST WROCLAW	56	M50/129 M50/129 (M)770	02:00:37	02:00:16	10.53 5:43 00:29:09 / 816 00:58:40 / 799 01:25:25 / 813			
837	859	RZEMIŃSKI ROBERT	JELENIA GÓRA	POL		71	M40/197 M40/197 (M)771	02:00:37	02:00:02	10.55 5:43 00:32:15 / 1041 01:02:20 / 944 01:28:42 / 907			
838	220	FIGAS SEBASTIAN	SADKÓW	POL		76	M30/266 M30/266 (M)772	02:00:40	02:00:07	10.54 5:43 00:29:06 / 808 00:58:48 / 809 01:26:23 / 845			
839	1391	BANACH MARIUSZ	WAŁBRZYCH			77	M30/267 M30/267 (M)773	02:00:48	02:00:07	10.54 5:44 00:39:01 / 1193 01:06:05 / 1070 01:30:12 / 945			
840	703	OSTROWSKI DARIUSZ	KIELCZÓW	POL		69	M40/198 M40/198 (M)774	02:00:50	02:00:21	10.52 5:44 00:29:40 / 878 01:00:07 / 866 01:27:32 / 879			
841	1205	KUŚMIEREK WIKTOR	OPOLE	POL	WKB META LUBLINIEC	45	M60/35 M60/35 (M)775	02:00:56	02:00:16	10.53 5:44 00:28:52 / 780 00:58:52 / 811 01:25:26 / 816			
842	238	FURTAŁ KRZYSZTOF	LUBIN	POL	LUBIN	62	M40/199 M40/199 (M)776	02:00:58	02:00:29	10.51 5:44 00:28:25 / 742 00:59:25 / 835 01:26:16 / 842			
843	1008	ŚLEDZIŃSKI RYSZARD	KRAPKOWICE	POL	CROSS KRAPKOWICE	61	M50/130 M50/130 (M)777	02:01:00	02:00:47	10.48 5:44 00:29:14 / 833 00:59:14 / 829 01:26:43 / 862			
844	272	GÓRKA RYSZARD	WÓJCIN	POL	POLICJA WIERUSZÓW	69	M40/200 M40/200 (M)778	02:01:02	02:00:15	10.53 5:44 00:33:10 / 1090 01:04:53 / 1028 01:29:16 / 921			
845	335	IMIELSKI TOMASZ	WROCLAW	POL		78	M30/268 M30/268 (M)779	02:01:06	02:00:17	10.52 5:44 00:30:31 / 926 01:00:09 / 868 01:26:34 / 854			
846	577	MAKOWSKI RAFAŁ	SMOLEC	POL		78	M30/269 M30/269 (M)780	02:01:06	02:00:39	10.49 5:44 00:29:28 / 859 00:59:45 / 849 01:27:07 / 872			
847	500	KUHARCZYK ALEKSANDER	ŻÓRAWINA	POL	STRAŻACY	80	M30/270 M30/270 (M)781	02:01:07	02:00:19	10.52 5:44 00:30:32 / 930 00:59:45 / 848 01:26:34 / 852			
848	576	MAKOWSKI LUKASZ	FABIANKI	POL		84	M20/141 M20/141 (M)782	02:01:15	02:00:27	10.51 5:45 00:30:32 / 931 00:59:45 / 847 01:26:34 / 853			
849	981	SZCZĘŚNIK JERZY	WROCLAW	POL		68	M40/201 M40/201 (M)783	02:01:18	02:00:44	10.48 5:45 00:27:03 / 593 00:56:35 / 697 01:23:38 / 756			
850	971	SZATKOWSKI MICHAŁ	BOŻEŃ 41/3	POL	ULKS PODLASIE WOŁÓW	81	M30/271 M30/271 (M)784	02:01:24	02:00:50	10.48 5:45 00:27:34 / 652 00:56:17 / 675 01:24:31 / 781			
851	795	PRAWDZIK RYSZARD	ZAROW	POL	-	49	M60/36 M60/36 Powi/27 (M)785	02:01:25	02:01:03	10.46 5:45 00:27:34 / 654 00:57:52 / 760 01:24:01 / 773			
852	105	BUNDYRA CZESŁAW	WROCLAW	POL	WROCLAW KUŹNIKI	50	M60/37 M60/37 (M)786	02:01:27	02:00:58	10.46 5:45 00:29:23 / 847 01:00:46 / 891 01:27:05 / 871			
853	1076	WIATROWSKI KRZYSZTOF	WROCLAW	POL		70	M40/202 M40/202 (M)787	02:01:27	02:01:09	10.45 5:45 00:28:04 / 708 00:59:24 / 834 01:25:51 / 827			
854	292	GRUCA TOMASZ	WROCLAW	POL	I TY MOŻESZ ZOSTAĆ	71	M40/203 M40/203 (M)788	02:01:32	02:01:02	10.46 5:46 00:28:28 / 745 00:58:17 / 778 01:24:47 / 793			
855	97	BUCKO ARTUR	JELENIA GÓRA	POL		64	M40/204 M40/204 (M)789	02:01:36	02:01:11	10.45 5:46 00:28:54 / 787 01:00:05 / 861 01:26:58 / 866			
856	482	KRAWCZYK DARIUSZ	WROCLAW	POL	WKB PIAST WROCLAW	49	M60/38 M60/38 (M)790	02:01:42	02:01:23	10.43 5:46 00:29:09 / 817 00:59:04 / 821 01:26:04 / 834			
857	754	PILARZ-MĄKIEWICZ DANUTA	WROCLAW	POL	WKB PIAST WROCLAW	64	K40/16 K40/16 (K)67	02:01:46	02:01:17	10.44 5:46 00:29:35 / 873 01:01:08 / 899 01:27:31 / 878			
858	1229	SOBÓTKA SŁAWOMIR	KRAPKOWICE	POL		71	M40/205 M40/205 (M)791	02:01:46	02:01:22	10.43 5:46 00:29:49 / 889 01:00:06 / 863 01:26:59 / 867			
859	701	ORZECZOWSKI PAWEŁ	TRZEBNICA	POL	IM2010 TRZEBNICA	65	M40/206 M40/206 (M)792	02:01:48	02:01:07	10.45 5:46 00:30:47 / 949 01:01:05 / 895 01:28:08 / 886			
860	1145	ZIÓŁKOWSKI KRZYSZTOF	WROCLAW	POL	I TY MOŻESZ ZOSTAĆ	53	M50/131 M50/131 (M)793	02:01:48	02:01:14	10.44 5:46 00:28:24 / 739 00:58:27 / 789 01:25:36 / 818			
861	312	HADYŚ KARINA	WROCLAW	POL		75	K30/28 K30/28 (K)68	02:01:51	02:01:28	10.42 5:47 00:29:49 / 890 01:00:05 / 862 01:27:00 / 869			
862	851	RYBARCZYK ADRIAN	GŁOGÓW	POL		77	M30/272 M30/272 (M)794	02:01:51	02:01:22	10.43 5:47 00:29:58 / 895 01:00:38 / 885 01:26:33 / 851			
863	753	PILARSKI DIONIZY	OLEŚNICA	POL	KB LUPUS OLEŚNICA	61	M50/132 M50/132 (M)795	02:01:52	02:01:23	10.43 5:47 00:29:35 / 872 01:01:08 / 898 01:27:31 / 877			
864	369	JEŻEWSKI ROBERT	WROCLAW	POL		78	M30/273 M30/273 (M)796	02:01:55	02:01:05	10.45 5:47 00:31:55 / 1018 01:03:55 / 995 01:32:37 / 1000			
865	74	BLECHARZ PAWEŁ	WROCLAW	POL		84	M20/142 M20/142 (M)797	02:01:56	02:01:09	10.45 5:47 00:28:54 / 789 00:58:24 / 785 01:25:38 / 820			
866	467	KOWALSKI TOMASZ	WROCLAW	POL		71	M40/207 M40/207 (M)798	02:02:01	02:01:24	10.43 5:47 00:31:10 / 979 01:01:06 / 896 01:28:11 / 888			
867	1151	ŻAK KRZYSZTOF	WROCLAW	POL	NIEZRZESZONY	49	M60/39 M60/39 (M)799	02:02:02	02:01:12	10.44 5:47 00:31:56 / 1020 01:02:03 / 933 01:28:23 / 897			

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii Grupy in Age Group Sex	Wynik Time	Wynik Netto	Tempo [km/h] [min/km]	Check points		
868	775	PLUKARSKI TOMASZ	WROCLAW	POL	WWW.PIELGRZYMKI.PL	74	M30/274 M30/274 (M)800	02:02:16	02:01:23	10.43 5:48 00:31:54 / 1017	01:02:55 / 966	01:28:14 / 892	
869	300	GRZYB SŁAWOMIR	WROCLAW	POL		81	M30/275 M30/275 (M)801	02:02:17	02:01:23	10.43 5:48 00:32:40 / 1063	01:02:54 / 965	01:28:12 / 889	
870	1001	SZYMAŃSKI DARIUSZ	WROCLAW	POL	NIE ZRZESZONY	74	M30/276 M30/276 (M)802	02:02:21	02:01:50	10.39 5:48 00:31:00 / 964	01:01:05 / 894	01:27:00 / 868	
871	209	ELIAS MARCIN	POZNAN	POL	-	75	M30/277 M30/277 (M)803	02:02:23	02:01:29	10.42 5:48 00:31:13 / 986	01:03:22 / 981	01:29:54 / 941	
872	1370	STAWIARZ PAWEŁ	WROCLAW	POL	-	86	M20/143 M20/143 (M)804	02:02:23	02:01:55	10.38 5:48 00:28:52 / 778	00:58:16 / 777	01:23:55 / 767	
873	26	BABSKI TADEUSZ	JELCZ-LASKOWIC	POL	HARCOWNIK	57	M50/133 M50/133 (M)805	02:02:23	02:02:03	10.37 5:48 00:28:46 / 768	01:00:02 / 855	01:26:34 / 855	
874	1091	WOJDYŁA DARIUSZ	WAŁBRZYCH	POL	-	63	M40/208 M40/208 (M)806	02:02:23	02:01:47	10.39 5:48 00:30:09 / 910	01:00:41 / 889	01:27:42 / 881	
875	78	BOBA JAROSŁAW	WROCLAW	POL	I TY MOŻESZ ZOSTAĆ	71	M40/209 M40/209 (M)807	02:02:25	02:01:55	10.38 5:48 00:29:07 / 810	00:59:36 / 842	01:26:14 / 841	
876	818	RASZEWSKA-BUJACZ ALEKSANDRA	WROCLAW	POL		72	K30/29 K30/29 (K)69	02:02:26	02:01:45	10.40 5:48 00:29:45 / 883	01:00:02 / 856	01:26:06 / 837	
877	32	BANAŚ TOMASZ	BIELANY	POL		71	M40/210 M40/210 (M)808	02:02:26	02:02:18	10.35 5:48 00:29:08 / 813	01:00:04 / 860	01:26:42 / 860	
878	530	LEONARSKI PAWEŁ	LEGNICA	POL	SAMOCODÓWKA LEGNICA	91	M20/144 M20/144 (M)809	02:02:32	02:01:55	10.38 5:48 00:31:11 / 985	01:02:02 / 930	01:28:27 / 900	
879	1267	BLASZCZYK ARIEL	GRACZE	POL	MONAR	87	M20/145 M20/145 (M)810	02:02:50	02:02:07	10.37 5:49 00:29:16 / 837	00:56:48 / 709	01:24:25 / 780	
880	313	HADZICKA SYLWIA	WROCLAW	POL		80	K30/30 K30/30 (K)70	02:02:52	02:02:28	10.34 5:49 00:28:53 / 782	00:59:53 / 851	01:26:28 / 848	
881	635	MORAWSKA BOŻENA	ŚWIDNICA	POL		69	K40/17 K40/17 Powi/28 (K)71	02:02:55	02:02:24	10.34 5:50 00:29:07 / 811	00:59:11 / 826	01:25:51 / 828	
882	139	CZAJKOWSKI STANISŁAW	JELCZ-LASKOWIC	POL	ZIMNAR JELCZ/OLAWA	50	M60/40 M60/40 (M)811	02:03:08	02:02:51	10.30 5:50 00:27:49 / 672	00:57:00 / 724	01:23:48 / 762	
883	1285	DECKERT JAN	POZNAŃ	POL		54	M50/134 M50/134 (M)812	02:03:17	02:02:46	10.31 5:51 00:30:41 / 941	01:01:18 / 908	01:28:49 / 909	
884	812	RADAJEWSKI ARKADIUSZ	KRAPKOWICE	POL	CROSS KRAPKOWICE	74	M30/278 M30/278 (M)813	02:03:19	02:03:06	10.28 5:51 00:29:14 / 834	00:59:41 / 845	01:27:39 / 880	
885	163	DANIELIK MACIEK	SOBÓTKA	POL	NIEZRZESZONY	78	M30/279 M30/279 Gmin/16 (M)814	02:03:23	02:02:56	10.30 5:51 00:30:42 / 942	01:02:19 / 943	01:29:49 / 940	
886	1315	SLANDA SEBASTIAN	WROCLAW	POL		75	M30/280 M30/280 (M)815	02:03:27	02:02:41	10.32 5:51 00:32:47 / 1068	01:04:44 / 1022	01:30:13 / 948	
887	1166	BIEGAŃSKI LESZEK	STRZEGOMIAMY	POL	-NOBBEL	62	M40/211 M40/211 Gmin/17 (M)816	02:03:31	02:03:11	10.28 5:51 00:29:46 / 884	01:01:55 / 925	01:29:09 / 919	
888	111	BYKOWSKI BOGDAN	STARY KISIELIN	POL		49	M60/41 M60/41 (M)817	02:03:36	02:02:55	10.30 5:52 00:30:42 / 943	01:01:22 / 910	01:29:34 / 931	
889	44	BAUK MARCIN	SKARBIMIERZ	POL	PIORUN SKARBIMIERZ	80	M30/281 M30/281 (M)818	02:03:37	02:03:34	10.24 5:52 00:25:35 / 409	00:55:44 / 644	01:23:42 / 759	
890	479	KRAMEK MATEUSZ	WROCLAW	POL	MACHTPOINT RUNNING TEAM	90	M20/146 M20/146 (M)819	02:03:38	02:02:53	10.30 5:52 00:32:53 / 1073	01:05:53 / 1060	01:34:30 / 1042	
891	110	BUZDYGAN SZYMON	LEGNICA	POL	SAMOCODÓWKA LEGNICA	90	M20/147 M20/147 (M)820	02:03:38	02:03:02	10.29 5:52 00:31:00 / 963	01:02:01 / 929	01:29:04 / 918	
892	192	DUDA JAROSŁAW	OLEŚNICA	POL		74	M30/282 M30/282 (M)821	02:03:41	02:02:51	10.30 5:52 00:31:11 / 982	01:01:22 / 909	01:28:24 / 898	
893	1286	KOZERA WIESŁAW	WROCLAW	POL		72	M30/283 M30/283 (M)822	02:03:41	02:03:01	10.29 5:52 00:28:49 / 774	00:58:54 / 812	01:26:36 / 857	
894	148	CZEKAŁA PRZEMYSŁAW	KOBIERZYCE	POL		59	M50/135 M50/135 (M)823	02:03:42	02:02:52	10.30 5:52 00:31:51 / 1010	01:03:18 / 975	01:30:17 / 952	
895	868	SADOWY ANDRZEJ	PLESZEW	POL		60	M50/136 M50/136 (M)824	02:03:52	02:03:31	10.25 5:52 00:28:14 / 724	00:58:30 / 791	01:25:27 / 817	
896	588	MARCINKIEWICZ PAWEŁ	OPOLE	POL		69	M40/212 M40/212 (M)825	02:03:55	02:03:14	10.27 5:52 00:29:02 / 800	01:00:11 / 869	01:27:22 / 874	
897	1156	ŻUKROWSKI JANUSZ	WROCLAW	POL	WKB PIAST WROCLAW	55	M50/137 M50/137 (M)826	02:03:57	02:03:36	10.24 5:53 00:28:52 / 779	01:00:34 / 880	01:27:24 / 875	
898	1233	STACHOWSKI PRZEMYSŁAW	WROCLAW	POL	CANDELA	70	M40/213 M40/213 (M)827	02:04:02	02:03:15	10.27 5:53 00:31:04 / 972	01:01:27 / 914	01:28:47 / 908	
899	595	MARKOWSKI ROBERT	WROCLAW	POL	EIGER TEAM	73	M30/284 M30/284 (M)828	02:04:07	02:03:56	10.21 5:53 00:26:37 / 529	00:56:11 / 666	01:26:42 / 861	
900	1055	WALIGÓRA ROMAN	RADWANICE	POL	DRUŻYNA SZPIKU	74	M30/285 M30/285 (M)829	02:04:08	02:03:19	10.26 5:53 00:31:32 / 994	01:02:24 / 951	01:28:38 / 903	
901	1023	TOMASZ JACEK	WROCLAW	POL		74	M30/286 M30/286 (M)830	02:04:09	02:03:44	10.23 5:53 00:30:05 / 906	01:02:44 / 959	01:30:20 / 953	
902	686	ODZIMKOWSKI MARCIN	MROWINY	POL		82	M20/148 M20/148 Powi/29 (M)831	02:04:26	02:04:16	10.19 5:54 00:29:29 / 863	01:01:13 / 902	01:28:22 / 895	
903	114	BZYMEK CEZARY	ROGÓW SOBÓCKI	POL	-	91	M20/149 M20/149 Gmin/18 (M)832	02:04:35	02:04:31	10.17 5:54 00:26:32 / 516	00:59:37 / 843	01:28:57 / 914	
904	623	MILAŃCZYK ANDRZEJ	PASIECZNA	POL	-	86	M20/150 M20/150 Powi/30 (M)833	02:04:38	02:04:13	10.19 5:54 00:33:09 / 1088	01:03:11 / 971	01:29:45 / 937	
905	1162	ABULEWICZ WOJCIECH	WROCLAW	POL		68	M40/214 M40/214 (M)834	02:04:41	02:04:28	10.17 5:55 00:30:08 / 908	01:01:36 / 920	01:29:26 / 926	
906	1313	KĘDZIERSKI ZENON	STRZELCE	POL	OSIR STRZELCE OPOLSKIE	51	M60/42 M60/42 (M)835	02:04:45	02:04:30	10.17 5:55 00:29:12 / 824	01:00:12 / 870	01:27:53 / 883	

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii Grupy in Age Group Sex	Wynik Time	Wynik Netto	Tempo [km/h] [min/km]	Check points
907	195	DUDEK IRENEUSZ	OLAŁA	POL	-	75	M30/287 M30/287 (M)836	02:04:47	02:04:15	10.19 5:55 00:30:32 / 929 01:02:02 / 931 01:29:24 / 923	
908	185	DROBINA MATEUSZ	KEPNO	POL		81	M30/288 M30/288 (M)837	02:04:49	02:04:28	10.17 5:55 00:30:49 / 952 01:02:21 / 945 01:29:44 / 936	
909	49	BEDNAREK ADAM	ŁÓDŹ	POL		86	M20/151 M20/151 (M)838	02:04:57	02:04:21	10.18 5:55 00:31:58 / 1024 01:03:50 / 989 01:30:44 / 968	
910	113	BYSIEC CZESŁAW	DOBRODZIĘ	POL	WKB META LUBLINIEC	49	M60/43 M60/43 (M)839	02:04:57	02:04:25	10.17 5:55 00:31:01 / 966 01:03:50 / 990 01:28:51 / 913	
911	1220	PRZYBYSZEWSKI ADAM	WROCLAW	POL	ZDIUM WROCLAW	61	M50/138 M50/138 (M)840	02:04:58	02:04:25	10.17 5:55 00:28:57 / 793 00:59:04 / 819 01:26:38 / 858	
912	647	MURZYN PIOTR	WROCLAW	POL	-MUTIN TEAM	80	M30/289 M30/289 (M)841	02:04:58	02:04:18	10.18 5:55 00:31:52 / 1012 01:03:19 / 978 01:30:50 / 976	
913	1116	WYSZYŃSKA KATARZYNA	SIEWIERZ	POL		84	K20/19 K20/19 (K)72	02:04:58	02:04:12	10.19 5:55 00:30:09 / 909 01:00:35 / 882 01:27:28 / 876	
914	318	HAŁON ANDRZEJ	OPOLE	POL	BPSC TEAM	54	M50/139 M50/139 (M)842	02:05:01	02:04:24	10.18 5:56 00:29:24 / 848 00:59:05 / 823 01:27:02 / 870	
915	566	MACHLARZ JACEK	OPOLE	POL	BIEG OPOLSKI	70	M40/215 M40/215 (M)843	02:05:06	02:04:36	10.16 5:56 00:31:39 / 1000 01:02:30 / 954 01:29:30 / 929	
916	1036	TUZINOWSKI WŁADYSŁAW	WROCLAW	POL	WKB PIAST WROCLAW	46	M60/44 M60/44 (M)844	02:05:11	02:04:33	10.16 5:56 00:31:43 / 1003 01:03:15 / 974 01:29:41 / 935	
917	1307	ANTOS PRZEMYSŁAW	KWIDZYN	POL	WSOWL	90	M20/152 M20/152 (M)845	02:05:14	02:04:20	10.18 5:56 00:32:18 / 1044 01:03:20 / 979 01:30:30 / 960	
918	1137	ZIELIŃSKI DAMIAN	JELENIA GORA	POL	OŹW WROCLAW	86	M20/153 M20/153 (M)846	02:05:16	02:05:14	10.11 5:56 00:28:57 / 792 01:01:00 / 892 01:29:28 / 928	
919	738	PERDION MICHAŁ	WROCLAW	POL		81	M30/290 M30/290 (M)847	02:05:18	02:04:39	10.15 5:56 00:31:52 / 1011 01:03:19 / 977 01:30:49 / 975	
920	510	KUREK ANNA	JELENIA GÓRA	POL	-	75	K30/31 K30/31 (K)73	02:05:18	02:04:39	10.15 5:56 00:30:11 / 912 01:01:37 / 921 01:29:38 / 934	
921	22	ANTOS MICHAŁ	WROCLAW	POL	-	87	M20/154 M20/154 (M)848	02:05:18	02:04:23	10.18 5:56 00:32:19 / 1045 01:03:20 / 980 01:30:30 / 959	
922	477	KOŹUSZEK JACEK	WROCLAW	POL	WKB PIAST WROCLAW	65	M40/216 M40/216 (M)849	02:05:22	02:04:59	10.13 5:57 00:28:23 / 736 00:58:15 / 776 01:26:46 / 863	
923	1136	ZIELIŃSKI BOGUMIŁ	MIEROSZÓW	POL	-	63	M40/217 M40/217 (M)850	02:05:22	02:04:41	10.15 5:57 00:28:13 / 722 00:59:29 / 839 01:28:51 / 912	
924	1304	WEJMAN PAWEŁ	MIROSLAWICE	POL		91	M20/155 M20/155 Gmin/19 (M)851	02:05:25	02:04:46	10.15 5:57 00:29:16 / 839 01:02:12 / 938 01:29:28 / 927	
925	88	BORKOWSKI JACEK	ZĄBKOWICE	POL		87	M20/156 M20/156 (M)852	02:05:25	02:04:56	10.13 5:57 00:29:10 / 820 01:00:32 / 879 01:28:23 / 896	
926	96	BUBEL MARCIN	WROCLAW	POL	DRUŻYNA SZPIKU	70	M40/218 M40/218 (M)853	02:05:27	02:04:47	10.14 5:57 00:30:23 / 920 01:01:07 / 897 01:28:49 / 910	
927	152	CZERWIEC JAROSŁAW	SOBÓTKA	POL		81	M30/291 M30/291 Gmin/20 (M)854	02:05:28	02:05:22	10.10 5:57 00:27:18 / 623 00:57:46 / 754 01:25:12 / 808	
928	522	KWIECIEŃ PIOTR	OLEŚNICA	POL		72	M30/292 M30/292 (M)855	02:05:29	02:04:39	10.15 5:57 00:31:11 / 983 01:01:23 / 913 01:28:21 / 894	
929	554	ŁASZUK MAŁGORZATA	ŚWIDNICA	POL		74	K30/32 K30/32 Powi/31 (K)74	02:05:31	02:04:48	10.14 5:57 00:30:47 / 948 01:02:07 / 937 01:28:37 / 902	
930	505	KUCZAJ TOMASZ	LIGOTA PIĘKNA	POL	KP PSP TRZEBNICA	83	M20/157 M20/157 (M)856	02:05:35	02:05:07	10.12 5:57 00:32:27 / 1051 01:04:10 / 1006 01:31:55 / 991	
931	330	HUMEŃCZUK MICHAŁ	ŚWIEBODZICE	POL		82	M20/158 M20/158 Powi/32 (M)857	02:05:36	02:04:43	10.15 5:57 00:29:50 / 891 01:01:08 / 900 01:27:56 / 884	
932	951	STAWARZ MIECZYSLAW	BIELAWA	POL		51	M60/45 M60/45 (M)858	02:05:38	02:05:03	10.12 5:57 00:29:25 / 851 01:01:16 / 905 01:29:02 / 917	
933	1312	ZACKIEWICZ TOMASZ	JELCZ	POL	HARCOWNIK JELCZ	70	M40/219 M40/219 (M)859	02:05:40	02:05:38	10.08 5:57 00:29:57 / 894 01:02:22 / 949 01:30:12 / 946	
934	839	ROSTEK ROMAN	WROCLAW	POL	-	71	M40/220 M40/220 (M)860	02:05:43	02:04:49	10.14 5:58 00:31:33 / 997 01:02:25 / 953 01:29:48 / 939	
935	1310	STEMPKOWSKI ANDRZEJ	WROCLAW	POL	WOPR WROCLAW GRUPA	75	M30/293 M30/293 (M)861	02:05:44	02:05:27	10.09 5:58 00:29:32 / 867 01:02:58 / 967 01:30:15 / 950	
936	1033	TUCZYŃSKA JULITA	WROCLAW	POL	SEKCJA GROTOŁAŻÓW	72	K30/33 K30/33 (K)75	02:05:45	02:04:49	10.14 5:58 00:30:52 / 958 01:03:26 / 983 01:30:21 / 956	
937	559	ŁUCZAK JAROSŁAW	OLEŚNICA	POL	KB LUPUS OLEŚNICA	72	M30/294 M30/294 (M)862	02:05:48	02:05:16	10.11 5:58 00:31:01 / 965 01:02:58 / 968 01:31:07 / 978	
938	445	KORALEWSKI JANUSZ	WROCLAW	POL	WROCLAW KUŹNIKI	56	M50/140 M50/140 (M)863	02:05:53	02:05:25	10.09 5:58 00:29:05 / 804 01:00:40 / 886 01:28:40 / 904	
939	1326	KAZANOWICZ PRZEMYSŁAW	KARCZYN	POL	OLIMPIA POGDAJ	83	M20/159 M20/159 (M)864	02:05:57	02:05:46	10.06 5:58 00:28:53 / 785 01:00:13 / 871 01:28:40 / 905	
940	64	BIĄŁY TOMASZ	WROCLAW	POL	-	86	M20/160 M20/160 (M)865	02:06:07	02:05:21	10.10 5:59 00:33:15 / 1097 01:03:43 / 987 01:30:23 / 957	
941	705	OSTROWSKI RAFAŁ	WROCLAW	POL	-	75	M30/295 M30/295 (M)866	02:06:11	02:05:38	10.08 5:59 00:27:22 / 634 00:57:45 / 753 01:26:26 / 847	
942	847	RUP RADOSŁAW	KATOWICE	POL	MARATONYPOLSKIE.PL TEAM	77	M30/296 M30/296 (M)867	02:06:11	02:05:26	10.09 5:59 00:30:45 / 944 01:01:31 / 918 01:29:58 / 943	
943	1365	CHOWANIAK WALDEMAR	OLAŁA	POL		85	M20/161 M20/161 (M)868	02:06:16	02:06:07	10.04 5:59 00:32:46 / 1065 01:05:22 / 1046 01:32:38 / 1003	
944	286	GROCHALSKI SEBASTIAN	SMOLEC	POL		76	M30/297 M30/297 (M)869	02:06:17	02:05:49	10.06 5:59 00:32:37 / 1061 01:05:22 / 1045 01:31:15 / 985	
945	1235	STYŚ JAN	WROCLAW	POL		84	M20/162 M20/162 (M)870	02:06:19	02:05:46	10.06 5:59 00:27:49 / 671 00:56:15 / 671 01:22:19 / 713	
946	662	NIEDOŚPIAŁ JERZY	WROCLAW	POL	PRZEMKÓW BIEGA	69	M40/221 M40/221 (M)871	02:06:22	02:05:53	10.06 5:59 00:29:26 / 854 01:01:45 / 923 01:29:25 / 924	

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	Tempo [km/h] [min/km]	Check points	
947	428	KŁODNICKI KRZYSZTOF	OLEŚNICA	POL	KB LUPUS OLEŚNICA	72	M30/298	M30/298	(M)872	02:06:24	02:05:53	10.06 5:59	00:31:01 / 967 01:02:21 / 948 01:30:35 / 964	
948	1364	SZUMOTALSKI TOMASZ	WROCŁAW	POL	-	71	M40/222	M40/222	(M)873	02:06:27	02:06:18	10.02 5:60	00:31:01 / 968 01:05:23 / 1048 01:32:37 / 999	
949	1317	JEMIOŁA JACEK	WROCŁAW	POL		66	M40/223	M40/223	(M)874	02:06:28	02:05:41	10.07 5:60	00:32:47 / 1066 01:04:43 / 1018 01:30:48 / 973	
950	322	HAZA GRZEGORZ	WROCŁAW	POL	-	80	M30/299	M30/299	(M)875	02:06:29	02:06:03	10.04 5:60	00:30:04 / 905 01:01:44 / 922 01:30:48 / 972	
951	702	OSTROWSKA ANNA	ZIEMNICE	POL		89	K20/20	K20/20	(K)76	02:06:29	02:05:57	10.05 5:60	00:30:31 / 927 01:02:04 / 935 01:30:36 / 965	
952	47	BAKOWSKA-TOMASZ BEATA	WROCŁAW	POL		76	K30/34	K30/34	(K)77	02:06:31	02:06:07	10.04 5:60	00:30:04 / 903 01:02:44 / 960 01:30:21 / 955	
953	1291	PAWŁOWSKI PAWEŁ	SOBÓTKA	POL		82	M20/163	M20/163	Gmin/21	(M)876	02:06:33	10.07 5:60	00:31:34 / 998 01:02:31 / 956 01:30:13 / 949	
954	898	SKICA ROBERT	KIELCZÓW	POL		74	M30/300	M30/300	(M)877	02:06:39	02:06:12	10.03 6:0	00:29:29 / 860 01:00:07 / 867 01:28:05 / 885	
955	491	KRUPIŃSKI TADEUSZ	LIGOTA PIĘKNA	POL	-	64	M40/224	M40/224	(M)878	02:06:47	02:05:53	10.06 6:1	00:30:03 / 902 01:01:28 / 916 01:29:46 / 938	
956	535	LEŚNICKI KONRAD	GRACZE	POL	KLUB MONAR GRACZE	91	M20/164	M20/164	(M)879	02:06:57	02:06:15	10.03 6:1	00:32:20 / 1047 01:04:28 / 1014 01:31:24 / 986	
957	879	SERAFIN ADAM	LEGNICA	POL		57	M50/141	M50/141	(M)880	02:07:00	02:06:14	10.03 6:1	00:31:32 / 996 01:02:38 / 957 01:30:21 / 954	
958	519	KUŹMICH JANUSZ	WROCAW	POL	I TY MOŻESZ ZOSTAĆ	68	M40/225	M40/225	(M)881	02:07:09	02:06:27	10.01 6:2	00:33:00 / 1082 01:04:47 / 1024 01:32:50 / 1010	
959	282	GRANICZNY KRZYSZTOF	WROCŁAW	POL		70	M40/226	M40/226	(M)882	02:07:11	02:06:36	10.00 6:2	00:29:42 / 881 01:01:53 / 924 01:29:35 / 932	
960	733	PAZIEWSKI ARTUR	RADWANICE	POL		79	M30/301	M30/301	(M)883	02:07:15	02:06:49	9.98 6:2	00:31:07 / 976 01:01:14 / 903 01:29:26 / 925	
961	299	GRZESIAK WOJCIECH	WOŁÓW	POL		73	M30/302	M30/302	(M)884	02:07:17	02:07:05	9.96 6:2	00:31:30 / 992 01:03:18 / 976 01:31:11 / 982	
962	1339	CHMIELECKI ZYGMUNT	WROCŁAW	POL		66	M40/227	M40/227	(M)885	02:07:20	02:06:27	10.01 6:2	00:29:56 / 893 01:01:17 / 906 01:29:02 / 916	
963	846	RUDNO-RUDZINSKI KRZYSZTOF	WROCŁAW	POL	-	49	M60/46	M60/46	(M)886	02:07:27	02:07:08	9.96 6:2	00:30:51 / 956 01:02:47 / 963 01:30:45 / 969	
964	1243	WERSZNER PRZEMYSŁAW	WROCAW	POL	I TY MOŻESZ ZOSTAĆ	70	M40/228	M40/228	(M)887	02:07:36	02:07:07	9.96 6:3	00:29:21 / 844 01:00:25 / 876 01:28:34 / 901	
965	424	KLIMAS MARCIN	WROCŁAW	POL		82	M20/165	M20/165	(M)888	02:07:39	02:07:26	9.93 6:3	00:29:01 / 798 01:00:19 / 873 01:28:12 / 891	
966	1176	DĄBROWSKI KAMIL	WROCŁAW	POL		81	M30/303	M30/303	(M)889	02:07:41	02:06:59	9.97 6:3	00:32:26 / 1050 01:04:15 / 1008 01:31:15 / 984	
967	927	SOKOŁOWSKI DANIEL	ŚWIEBODZICE	POL		51	M60/47	M60/47	Pow/33	(M)890	02:07:42	02:06:59	9.97 6:3	00:32:43 / 1064 01:05:43 / 1059 01:32:59 / 1013
968	40	BARTOSZEK-KUNECKA JOANNA	RATOWICE	POL		74	K30/35	K30/35	(K)78	02:07:45	02:07:09	9.96 6:3	00:31:56 / 1021 01:04:40 / 1017 01:32:40 / 1004	
969	210	ETZEL JERZY	POZNAN	POL	KB MANIAC POZNAŃ	44	M60/48	M60/48	(M)891	02:07:50	02:07:32	9.93 6:4	00:30:36 / 933 01:02:49 / 964 01:30:48 / 974	
970	1371	TARKA WOJCIECH	WROCŁAW	POL		67	M40/229	M40/229	(M)892	02:07:55	02:07:25	9.93 6:4	00:30:27 / 924 01:01:57 / 926 01:29:34 / 930	
971	193	DUDA MAREK	WROCŁAW	POL		71	M40/230	M40/230	(M)893	02:07:57	02:07:38	9.92 6:4	00:31:20 / 988 01:05:02 / 1032 01:31:25 / 987	
972	365	JAWORSKI ARTUR	WROCŁAW	POL	2 WOG	67	M40/231	M40/231	(M)894	02:08:00	02:07:39	9.92 6:4	00:30:04 / 904 01:02:00 / 927 01:31:09 / 980	
973	978	SZCZEPAŃSKI RAFAŁ	WROCŁAW	POL		75	M30/304	M30/304	(M)895	02:08:02	02:07:47	9.91 6:4	00:28:47 / 771 01:01:29 / 917 01:30:00 / 944	
974	1212	MRUK MAGDALENA	OLAWA	POL	WILD COWS	78	K30/36	K30/36	(K)79	02:08:02	02:07:27	9.93 6:4	00:31:02 / 970 01:02:21 / 947 01:30:37 / 966	
975	167	DELKOWSKA AGATA	OLAWA	POL	WILD COWS	79	K30/37	K30/37	(K)80	02:08:03	02:07:28	9.93 6:4	00:31:02 / 969 01:02:21 / 946 01:30:37 / 967	
976	633	MOKRZYCKA KRYSZYNA	WROCŁAW	POL		52	K50/7	K50/7	(K)81	02:08:08	02:07:49	9.90 6:4	00:31:46 / 1007 01:04:00 / 997 01:31:55 / 990	
977	281	GRACZYK BOGUMIŁA	KOWARY	POL		51	K60/1	K60/1	(K)82	02:08:09	02:08:01	9.89 6:4	00:29:05 / 805 01:01:12 / 901 01:29:01 / 915	
978	900	SKOWRONEK ARTUR	WROCŁAW	POL		76	M30/305	M30/305	(M)896	02:08:18	02:07:57	9.89 6:5	00:30:37 / 936 01:02:45 / 961 01:30:34 / 962	
979	621	MIKITA-SKOWRONEK BOGUMIŁA	WROCŁAW	POL		78	K30/38	K30/38	(K)83	02:08:18	02:07:57	9.89 6:5	00:30:37 / 935 01:02:46 / 962 01:30:35 / 963	
980	937	STACHOWSKA-DUDEK JOANNA	OLAWA	POL		79	K30/39	K30/39	(K)84	02:08:18	02:07:54	9.90 6:5	00:30:48 / 951 01:03:06 / 970 01:31:43 / 989	
981	544	LIPSKI BARTOSZ	WROCŁAW	POL		81	M30/306	M30/306	(M)897	02:08:26	02:07:28	9.93 6:5	00:32:55 / 1076 01:05:22 / 1044 01:32:56 / 1012	
982	225	FLEJTERSKI ADAM	WROCŁAW	POL	-	56	M50/142	M50/142	(M)898	02:08:32	02:08:11	9.88 6:6	00:31:21 / 989 01:03:35 / 986 01:32:45 / 1006	

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii Grupy in Age Group Sex	Wynik Time	Wynik Netto	Tempo [km/h] [min/km]	Check points		
983	1255	KOŚCIK PRZEMYSŁAW	WROCLAW	POL	-	70	M40/232 M40/232 (M)899	02:08:33	02:08:05	9.88 6.6 00:29:04 / 802 01:01:15 / 904 01:29:13 / 920			
984	372	JĘDRZEJAS JAKUB	KĘDZIERZYN-KOŹ	POL	NIEZRZESZONY	79	M30/307 M30/307 (M)900	02:08:55	02:08:07	9.88 6.7 00:33:48 / 1140 01:06:21 / 1081 01:32:54 / 1011			
985	512	KURPAS MAREK	KOŹUCHÓW	POL	ŚWIAT MARATOŃCZYKA	65	M40/233 M40/233 (M)901	02:08:58	02:08:28	9.85 6.7 00:29:38 / 877 01:00:43 / 890 01:32:37 / 1002			
986	422	KIRCUŃ PAWEŁ	OLEŚNICA	POL	KB LUPUS OLEŚNICA	75	M30/308 M30/308 (M)902	02:09:05	02:08:17	9.87 6.7 00:33:00 / 1083 01:06:00 / 1063 01:32:37 / 1001			
987	871	SALAŁA MARCIN	DZIERŻONIÓW	POL		83	M20/166 M20/166 (M)903	02:09:15	02:08:26	9.86 6.8 00:34:00 / 1141 01:05:59 / 1062 01:33:21 / 1020			
988	398	KARCZYŃSKI KRZYSZTOF	WROCLAW	POL	2 WOG	71	M40/234 M40/234 (M)904	02:09:28	02:09:08	9.80 6.8 00:30:08 / 907 01:02:00 / 928 01:29:37 / 933			
989	526	LAZAREK-LITWIN MAGDALENA	WYSOKA	POL	I TY MOŻESZ ZOSTAĆ	74	K30/40 K30/40 (K)85	02:09:32	02:08:57	9.82 6.8 00:30:24 / 922 01:02:16 / 941 01:31:09 / 979			
990	612	MIARA BARTOSZ	ŚWIDNICA	POL	MATEUNIU TEAM	77	M30/309 M30/309 Powi/34 (M)905	02:09:34	02:08:54	9.82 6.8 00:32:20 / 1046 01:04:24 / 1011 01:32:32 / 997			
991	750	PIETRUSZCZAK LECH	GRACZE	POL	KLUB MONAR GRACZE	80	M30/310 M30/310 (M)906	02:09:41	02:08:58	9.82 6.9 00:34:04 / 1144 01:06:57 / 1099 01:35:29 / 1066			
992	1007	ŚLEBODA RYSZARD	WOŁÓW	POL	WKB PIAST WROCLAW	44	M60/49 M60/49 (M)907	02:09:48	02:09:44	9.76 6.9 00:29:59 / 898 01:02:22 / 950 01:30:27 / 958			
993	50	BEDNAREK STANISŁAW	ŁÓDŹ	POL		56	M50/143 M50/143 (M)908	02:09:54	02:09:16	9.79 6.9 00:31:59 / 1025 01:03:51 / 992 01:30:46 / 970			
994	444	KOPYT MARCIN	WROCLAW	POL	WKB MARATON KLECZKÓW	90	M20/167 M20/167 (M)909	02:10:00	02:09:29	9.78 6.10 00:26:52 / 565 00:55:24 / 627 01:21:22 / 685			
995	48	BEDNARCZYK WIESŁAW	BRZEG	POL	BKB MARATOŃCZYK BRZEG	56	M50/144 M50/144 (M)910	02:10:01	02:09:52	9.75 6.10 00:30:59 / 962 01:04:00 / 998 01:32:41 / 1005			
996	998	SZWARC ZBIGNIEW	OLAWA	POL	MATCHPOINT RUNNING TEAM	77	M30/311 M30/311 (M)911	02:10:07	02:09:22	9.78 6.10 00:32:53 / 1074 01:05:53 / 1061 01:34:31 / 1043			
997	615	MICHAŁSKI JACEK	WROCLAW	POL		78	M30/312 M30/312 (M)912	02:10:08	02:09:17	9.79 6.10 00:31:56 / 1022 01:03:55 / 994 01:32:59 / 1014			
998	223	FIJAŁKOWSKI WOJCIECH	WROCLAW	POL	KLUB MONAR GRACZE	61	M50/145 M50/145 (M)913	02:10:08	02:09:25	9.78 6.10 00:34:03 / 1143 01:06:56 / 1097 01:35:31 / 1070			
999	128	CIEPLY TOMASZ	OLAWA	POL	OLAWIANIE W GÓRACH	81	M30/313 M30/313 (M)914	02:10:16	02:09:42	9.76 6.10 00:33:23 / 1116 01:05:39 / 1055 01:33:51 / 1030			
1000	882	SEREDYNIECKI RYSZARD	OLAWA	POL	OLAWIANIE W GÓRACH	72	M30/314 M30/314 (M)915	02:10:19	02:09:45	9.76 6.11 00:33:15 / 1095 01:05:39 / 1056 01:33:51 / 1029			
1001	221	FIGURA ŁUKASZ	WROCLAW	POL	TIETO	83	M20/168 M20/168 (M)916	02:10:20	02:09:51	9.75 6.11 00:29:48 / 886 01:02:25 / 952 01:29:55 / 942			
1002	236	FRYDRYK GRZEGORZ	BOLESŁAWIEC	POL	TIETO	82	M20/169 M20/169 (M)917	02:10:20	02:09:51	9.75 6.11 00:30:49 / 953 01:02:15 / 940 01:30:47 / 971			
1003	494	KRZEMIŃSKI MAREK	WROCLAW	POL	NIEZRZESZONY	54	M50/146 M50/146 (M)918	02:10:23	02:10:15	9.72 6.11 00:28:32 / 749 01:02:02 / 932 01:31:10 / 981			
1004	1225	SALA ŁUKASZ	JELENIA GÓRA	POL	HANIEKOWIE JELENIA GÓRA	85	M20/170 M20/170 (M)919	02:10:25	02:10:17	9.72 6.11 00:26:00 / 447 00:57:58 / 763 01:28:09 / 887			
1005	1204	KUCZYŃSKI TADEUSZ	WROCLAW	POL	-	55	M50/147 M50/147 (M)920	02:10:31	02:10:11	9.72 6.11 00:30:01 / 900 01:01:22 / 911 01:29:21 / 922			
1006	1338	PARCZYK JERZY	WROCLAW	POL		67	M40/235 M40/235 (M)921	02:10:36	02:10:26	9.70 6.11 00:30:46 / 947 01:04:44 / 1019 01:34:22 / 1041			
1007	1298	MAJKOWSKI TOMASZ	WROCLAW	POL	AMATOR	72	M30/315 M30/315 (M)922	02:10:38	02:10:06	9.73 6.12 00:32:39 / 1062 01:04:26 / 1012 01:32:04 / 992			
1008	534	LEŚNIAK JÓZEF	WROCLAW	POL	WKB PIAST WROCLAW	45	M60/50 M60/50 (M)923	02:10:40	02:10:36	9.69 6.12 00:29:50 / 892 01:05:32 / 1052 01:33:23 / 1022			
1009	520	KWARCIŃSKI ADAM	POŻEZDRZE	POL	FDNT RUNNING TEAM	86	M20/171 M20/171 (M)924	02:10:41	02:10:05	9.73 6.12 00:32:14 / 1039 01:04:54 / 1030 01:33:22 / 1021			
1010	853	RYCHEL ELIASZ	GRACZE	POL	KLUB MONAR GRACZE	91	M20/172 M20/172 (M)925	02:10:45	02:10:03	9.73 6.12 00:32:24 / 1048 01:05:21 / 1042 01:34:04 / 1035			
1011	175	DOBRYSZYCKA EWA	WROCLAW	POL	MATCHPOINT RUNNING TEAM	55	K50/8 K50/8 (K)86	02:10:49	02:10:13	9.72 6.12 00:33:15 / 1096 01:05:22 / 1047 01:33:41 / 1027			
1012	1297	KRYSIĄK DARIUSZ	WROCLAW	POL		60	M50/148 M50/148 (M)926	02:10:50	02:10:17	9.72 6.12 00:32:07 / 1031 01:04:23 / 1010 01:32:27 / 996			
1013	439	KOPEC ROBERT	WROCLAW	POL		71	M40/236 M40/236 (M)927	02:10:53	02:10:42	9.68 6.12 00:29:28 / 858 01:02:06 / 936 01:30:16 / 951			
1014	681	NOWICKI ANDRZEJ	MILICZ	POL		63	M40/237 M40/237 (M)928	02:11:02	02:10:29	9.70 6.13 00:27:50 / 674 01:00:24 / 874 01:31:12 / 983			
1015	1295	BOGDAŃSKI BARTŁOMIEJ	SOBÓTKA	POL	UKS DOJO SOBÓTKA	77	M30/316 M30/316 Gmin/22 (M)929	02:11:09	02:10:58	9.67 6.13 00:28:13 / 723 00:59:29 / 840 01:28:51 / 911			
1016	1021	THORZ DAMIAN	CHOCIANÓW	POL	KLUB BIEGACZA ZDYSZAAANI	72	M30/317 M30/317 (M)930	02:11:20	02:10:33	9.70 6.14 00:32:48 / 1070 01:04:57 / 1031 01:33:36 / 1024			
1017	202	DZIAŁDZIAK KRZYSZTOF	OLAWA	POL	PSY GOŃCZE	82	M20/173 M20/173 (M)931	02:11:25	02:11:18	9.64 6.14 00:37:20 / 1184 01:04:08 / 1005 01:32:22 / 995			
1018	316	HAŁGAS AGNIESZKA	WAŁBRZYCH	POL	PĘDZĄCE ŚLIMAKI :)	81	K30/41 K30/41 (K)87	02:11:25	02:11:07	9.65 6.14 00:30:55 / 959 01:03:12 / 972 01:32:21 / 994			
1019	767	PLEBANEK STANISŁAW	WROCLAW	POL	-	86	M20/174 M20/174 (M)932	02:11:26	02:10:38	9.69 6.14 00:33:19 / 1110 01:07:39 / 1123 01:35:20 / 1061			
1020	592	MAREK PAWEŁ	WROCLAW	POL		81	M30/318 M30/318 (M)933	02:11:47	02:11:32	9.62 6.15 00:27:13 / 612 00:58:41 / 801 01:28:19 / 893			
1021	331	HUNEK SŁAWOMIR	WAŁBRZYCH	POL		55	M50/149 M50/149 (M)934	02:11:56	02:11:48	9.60 6.15 00:31:08 / 978 01:05:06 / 1033 01:34:53 / 1048			
1022	613	MIARKA PIOTR	CZĘSTOCHOWA	POL	NIEZRZESZONY	87	M20/175 M20/175 (M)935	02:11:58	02:11:04	9.66 6.15 00:32:18 / 1043 01:03:25 / 982 01:31:06 / 977			

<i>Miejsce Rank</i>	<i>Nr Bib</i>	<i>Nazwisko i imię Name</i>	<i>Miejscowość City</i>	<i>Kraj Nat</i>	<i>Drużyna Team</i>	<i>R-k YoB</i>	<i>W kategorii Grupy in Age Group Sex</i>	<i>Wynik Time</i>	<i>Wynik Netto</i>	<i>Tempo [km/h] [min/km]</i>		<i>Check points</i>	
1023	1247	WOLSZCZAK EWELINA	WARSZAWA	POL		83	K20/21 K20/21 (K)88	02:12:02	02:11:24	9.63	6:16	00:30:52 / 957	01:04:13 / 1007 01:32:50 / 1009
1024	860	RZEPECKI MARIUSZ	WROCLAW	POL	RADIO WROCLAW	62	M40/238 M40/238 (M)936	02:12:04	02:11:49	9.60	6:16	00:30:46 / 945	01:04:52 / 1026 01:33:59 / 1034
1025	401	KAROLEWICZ BOŻENA	WROCLAW	POL	PROJEKT BIEGUNKA	75	K30/42 K30/42 (K)89	02:12:10	02:11:19	9.64	6:16	00:33:38 / 1135	01:06:27 / 1091 01:35:36 / 1082
1026	117	CHABOWSKI MARCIN	WROCLAW	POL	PROJEKT BIEGUNKA	77	M30/319 M30/319 (M)937	02:12:11	02:11:19	9.64	6:16	00:33:38 / 1134	01:06:28 / 1092 01:35:35 / 1076
1027	315	HALLER WOJCIECH	WROCLAW	POL	PROJEKT BIEGUNKA	77	M30/320 M30/320 (M)938	02:12:11	02:11:20	9.64	6:16	00:33:38 / 1136	01:06:27 / 1090 01:35:36 / 1080
1028	1185	GRUCHAJ MARCIN	WROCLAW	POL		81	M30/321 M30/321 (M)939	02:12:36	02:11:43	9.61	6:17	00:32:02 / 1028	01:04:04 / 1003 01:32:07 / 993
1029	1054	WALIDUDA JAROSLAW	PISARZOWICE	POL	KB LUPUS OLEŚNICA	72	M30/322 M30/322 (M)940	02:12:39	02:11:59	9.59	6:17	00:33:36 / 1132	01:04:04 / 1002 01:34:50 / 1047
1030	1227	SOBCZAK RENATA	OLEŚNICA	POL	KB LUPUS OLEŚNICA	53	K50/9 K50/9 (K)90	02:12:39	02:11:56	9.59	6:17	00:33:20 / 1111	01:06:19 / 1078 01:35:30 / 1068
1031	1161	ABULEWICZ ANDRZEJ	WROCLAW	POL	KP PSP TRZEBNICA	58	M50/150 M50/150 (M)941	02:12:46	02:12:13	9.57	6:18	00:30:57 / 960	01:03:57 / 996 01:33:05 / 1015
1032	1327	WENK BERNHARD	WROCLAW	POL	WKB PIAST WROCLAW	49	M60/51 M60/51 (M)942	02:12:48	02:12:01	9.59	6:18	00:32:01 / 1026	01:04:52 / 1025 01:35:04 / 1057
1033	819	RASZEWSKI ARTUR	WROCLAW	POL	DRUŻYNA SZPIKU	66	M40/239 M40/239 (M)943	02:12:48	02:12:00	9.59	6:18	00:32:57 / 1077	01:05:25 / 1049 01:34:45 / 1045
1034	240	GADZIŃSKA KRYSZYNA	WROCLAW	POL	WKB PIAST WROCLAW	64	K40/18 K40/18 (K)91	02:12:51	02:12:48	9.53	6:18	00:30:17 / 917	01:04:02 / 1000 01:32:49 / 1007
1035	85	BORA ANDRZEJ	WROCLAW	POL	WKB PIAST WROCLAW	48	M60/52 M60/52 (M)944	02:12:51	02:12:34	9.55	6:18	00:30:17 / 916	01:04:02 / 999 01:32:49 / 1008
1036	1330	ROGALIŃSKI FELIKS	KĄTY	POL	KB KĄTY WROCLAWSKIE	49	M60/53 M60/53 (M)945	02:13:02	02:12:36	9.55	6:18	00:32:09 / 1034	01:06:09 / 1074 01:35:34 / 1074
1037	778	PODSIADŁY ROBERT	WROCLAW	POL	IM2010 WROCLAW / KS	59	M50/151 M50/151 (M)946	02:13:13	02:12:50	9.53	6:19	00:32:02 / 1027	01:05:21 / 1043 01:34:50 / 1046
1038	936	STACHOWIAK LUKASZ	PORĘBA	POL		78	M30/323 M30/323 (M)947	02:13:15	02:12:34	9.55	6:19	00:30:47 / 950	01:04:19 / 1009 01:32:36 / 998
1039	1216	PIETRAS MAREK	TRZEBNICA	POL		85	M20/176 M20/176 (M)948	02:13:16	02:12:28	9.56	6:19	00:32:58 / 1078	01:06:17 / 1077 01:35:35 / 1077
1040	490	KRUK WACŁAW	ŚWIDNICA	POL		67	M40/240 M40/240 Powi/35 (M)949	02:13:19	02:12:54	9.52	6:19	00:33:20 / 1112	01:06:25 / 1088 01:35:37 / 1084
1041	228	FORCZEK GRZEGORZ	ŚWIDNICA	POL		63	M40/241 M40/241 Powi/36 (M)950	02:13:21	02:12:56	9.52	6:19	00:33:19 / 1108	01:06:24 / 1087 01:35:28 / 1065
1042	1005	SZYSZKA KASIA - EWA	OPOLE	POL	STOWARZYSZENIE BIEG	65	K40/19 K40/19 (K)92	02:13:23	02:13:12	9.50	6:19	00:31:10 / 980	01:05:14 / 1038 01:34:56 / 1051
1043	1336	WRONA PATRYCJA	ZABKOWICE	POL	ZĄBKOWICKI KLUB KARATE	91	K20/22 K20/22 (K)93	02:13:25	02:12:42	9.54	6:19	00:31:53 / 1015	01:05:08 / 1036 01:34:54 / 1049
1044	1355	KOTERSKI PAWEŁ	WROCLAW	POL		71	M40/242 M40/242 (M)951	02:13:27	02:13:16	9.50	6:20	00:28:20 / 733	01:00:06 / 865 01:33:14 / 1018
1045	1031	TRZĘSICKA IRENA	WROCLAW	POL	-	70	K40/20 K40/20 (K)94	02:13:35	02:13:19	9.49	6:20	00:33:42 / 1138	01:07:34 / 1118 01:36:53 / 1100
1046	463	KOWALSKI ARTUR	BOLESŁAWIEC	POL	-	89	M20/177 M20/177 (M)952	02:13:35	02:13:15	9.50	6:20	00:30:35 / 932	01:03:30 / 985 01:33:40 / 1026
1047	418	KIEWRA MACIEJ	WROCLAW	POL	INTENSO	78	M30/324 M30/324 (M)953	02:13:35	02:12:53	9.53	6:20	00:33:06 / 1087	01:06:20 / 1080 01:35:34 / 1073
1048	516	KUSAK RYSZARD	WROCLAW	POL		50	M60/54 M60/54 (M)954	02:13:43	02:13:06	9.51	6:20	00:33:04 / 1086	01:06:27 / 1089 01:35:37 / 1083
1049	714	PALKUS MARCIN	KRAKÓW	POL		74	M30/325 M30/325 (M)955	02:13:47	02:13:15	9.50	6:20	00:31:55 / 1019	01:05:16 / 1039 01:34:07 / 1036
1050	600	MATURA JOANNA	DABROWA	POL	STOWARZYSZENIE BIEG	74	K30/43 K30/43 (K)95	02:13:48	02:13:06	9.51	6:21	00:31:38 / 999	01:05:29 / 1051 01:35:41 / 1085
1051	1107	WÓJCIK KRZYSZTOF	WYSOKA	POL		75	M30/326 M30/326 (M)956	02:13:49	02:13:42	9.47	6:21	00:28:51 / 777	01:02:30 / 955 01:33:07 / 1016
1052	1133	ZDRAJKOWSKA ANETTA	LUBIN	POL	KB LEW LEGNICA	75	K30/44 K30/44 (K)96	02:13:51	02:13:11	9.50	6:21	00:31:18 / 987	01:03:48 / 988 01:34:21 / 1040
1053	75	BLACH JERZY	LUBNICE	POL		71	M40/243 M40/243 (M)957	02:13:53	02:13:05	9.51	6:21	00:33:10 / 1089	01:05:41 / 1058 01:33:56 / 1032
1054	1018	TARGOSZ KRZYSZTOF	GRACZE	POL	KLUB MONAR GRACZE	78	M30/327 M30/327 (M)958	02:13:58	02:13:15	9.50	6:21	00:34:03 / 1142	01:06:56 / 1096 01:35:31 / 1069
1055	470	KOZIŃSKA MAGDALENA	WROCLAW	POL	-	78	K30/45 K30/45 (K)97	02:14:03	02:13:13	9.50	6:21	00:32:30 / 1055	01:06:19 / 1079 01:35:26 / 1063
1056	227	FORCZEK ANITA	ŚWIDNICA	POL		63	K40/21 K40/21 Powi/37 (K)98	02:14:05	02:13:41	9.47	6:21	00:33:20 / 1113	01:06:24 / 1085 01:35:36 / 1081
1057	661	NIEDBALSKI ZBIGNIEW	BOGUSZÓW-GOR	POL		62	M40/244 M40/244 (M)959	02:14:06	02:13:44	9.47	6:21	00:31:44 / 1005	01:05:17 / 1040 01:35:28 / 1064
1058	694	OLESZCZUK RADOŚLAW	KRAPKOWICE	POL	CROSS KRAPKOWICE	75	M30/328 M30/328 (M)960	02:14:09	02:13:26	9.49	6:22	00:31:42 / 1002	01:04:46 / 1023 01:33:39 / 1025
1059	1328	KULBA MAREK	WROCLAW	POL	-	91	M20/178 M20/178 (M)961	02:14:14	02:13:38	9.47	6:22	00:29:00 / 797	01:02:12 / 939 01:34:19 / 1039
1060	410	KAZIMIERSKA DOROTA	ŚWIDNICA	POL	NIEZRZESZONY	74	K30/46 K30/46 Powi/38 (K)99	02:14:20	02:14:01	9.45	6:22	00:31:45 / 1006	01:05:28 / 1050 01:35:18 / 1059
1061	1069	WERNICKI LUKASZ	GRACZE	POL	KLUB MONAR GRACZE	79	M30/329 M30/329 (M)962	02:14:25	02:13:41	9.47	6:22	00:34:04 / 1145	01:06:57 / 1098 01:35:30 / 1067
1062	910	SMEŁA AGATA	BIELANY	POL	CADBURY	77	K30/47 K30/47 (K)100	02:14:28	02:13:56	9.45	6:22	00:32:08 / 1033	01:06:03 / 1068 01:35:00 / 1055

<i>Miejsce Rank</i>	<i>Nr Bib</i>	<i>Nazwisko i imię Name</i>	<i>Miejscowość City</i>	<i>Kraj Nat</i>	<i>Drużyna Team</i>	<i>R-k YoB</i>	<i>W kategorii Grupy in Age Group Sex</i>	<i>Wynik Time</i>	<i>Wynik Netto</i>	<i>Tempo [km/h] [min/km]</i>		<i>Check points</i>		
1063	1372	GORAJ ANNA	WROCLAW	POL		77 K30/48	K30/48	(K)101	02:14:28	02:14:00	9.45 6:22	00:31:10 / 981	01:04:40 / 1016	01:35:19 / 1060
1064	1188	KLESZCZ Tomek	WROCLAW	POL	CADBURY	82 M20/179	M20/179	(M)963	02:14:29	02:13:57	9.45 6:22	00:32:08 / 1032	01:06:03 / 1065	01:34:58 / 1054
1065	1228	SOBKOWIAK EDYTA	POZNAŃ	POL		65 K40/22	K40/22	(K)102	02:14:32	02:14:17	9.43 6:23	00:30:02 / 901	01:04:07 / 1004	01:34:42 / 1044
1066	196	DUDZIK JACEK	KŁODZŁO	POL	L.K.S.ISKRA JASZKOWA	55 M50/152	M50/152	(M)964	02:14:36	02:14:24	9.42 6:23	00:24:32 / 295	00:53:55 / 531	01:35:44 / 1086
1067	266	GOŁĘBIEWICZ MICHAŁ	OBORNIKI	POL	I TY MOŻESZ ZOSTAĆ	83 M20/180	M20/180	(M)965	02:14:41	02:14:35	9.41 6:23	00:28:32 / 750	01:03:54 / 993	01:33:35 / 1023
1068	355	JAREMEK RYSZARD	WROCLAW	POL		61 M50/153	M50/153	(M)966	02:14:47	02:14:38	9.40 6:23	00:33:25 / 1120	01:07:30 / 1116	01:36:25 / 1094
1069	940	STADNIK BARTOSZ	WROCLAW	POL		86 M20/181	M20/181	(M)967	02:14:55	02:14:03	9.44 6:24	00:33:11 / 1093	01:05:19 / 1041	01:34:15 / 1037
1070	478	KRAKOWIAK BARBARA	TRZEBNICA	POL	LZS TRZEBNICA	46 K60/2	K60/2	(K)103	02:14:57	02:14:20	9.42 6:24	00:33:16 / 1101	01:06:24 / 1086	01:35:36 / 1078
1071	749	PIETROWSKI DARIUSZ	WROCLAW	POL	I TY MOŻESZ ZOSTAĆ	68 M40/245	M40/245	(M)968	02:15:01	02:14:12	9.43 6:24	00:33:34 / 1130	01:07:36 / 1119	01:37:12 / 1103
1072	864	SADOWIŃSKI ALEKSANDER	BRZEG	POL	INDYWIDYALNIE	61 M50/154	M50/154	(M)969	02:15:01	02:14:52	9.39 6:24	00:31:21 / 990	01:03:51 / 991	01:33:46 / 1028
1073	634	MOŃKA MARTA	KAMIENIEC	POL	I TY MOŻESZ ZOSTAĆ	80 K30/49	K30/49	(K)104	02:15:02	02:14:13	9.43 6:24	00:33:34 / 1129	01:07:36 / 1120	01:37:13 / 1106
1074	1063	WAWSZCZAK TOMASZ	WROCLAW	POL	I TY MOŻESZ ZOSTAĆ	70 M40/246	M40/246	(M)970	02:15:05	02:14:16	9.43 6:24	00:33:34 / 1128	01:07:37 / 1121	01:37:13 / 1104
1075	1337	STOLARCZYK WITOLD	ZĄBKOWICE	POL	ZĄBKOWICKI KLUB KARATE	63 M40/247	M40/247	(M)971	02:15:17	02:14:35	9.41 6:25	00:31:53 / 1014	01:05:08 / 1035	01:34:54 / 1050
1076	832	ROLECZEK PIOTR	ZŁOTORYJA	POL	OLAWS ZŁOTORYJA	69 M40/248	M40/248	(M)972	02:15:17	02:14:41	9.40 6:25	00:31:25 / 991	01:06:03 / 1066	01:36:32 / 1096
1077	991	SZOPRUN KRZYSZTOF	WROCLAW	POL		78 M30/330	M30/330	(M)973	02:15:24	02:14:50	9.39 6:25	00:32:49 / 1071	01:05:39 / 1057	01:36:47 / 1099
1078	1086	WŁOCH AGNIESZKA	WROCLAW	POL	-	82 K20/23	K20/23	(K)105	02:15:25	02:15:08	9.37 6:25	00:31:47 / 1009	01:07:14 / 1110	01:35:33 / 1072
1079	960	STULIK SEBASTIAN	WROCLAW	POL	-	83 M20/182	M20/182	(M)974	02:15:26	02:15:08	9.37 6:25	00:31:47 / 1008	01:07:15 / 1111	01:35:32 / 1071
1080	744	PIECHOCKI JACEK	WROCLAW	POL	I TY MOŻESZ ZOSTAĆ	57 M50/155	M50/155	(M)975	02:15:37	02:15:01	9.38 6:26	00:33:17 / 1102	01:07:08 / 1106	01:37:13 / 1105
1081	60	BIALKOWSKI RAFAŁ	WROCLAW	POL	-----	74 M30/331	M30/331	(M)976	02:15:38	02:15:06	9.37 6:26	00:33:18 / 1106	01:07:18 / 1113	01:37:30 / 1111
1082	1061	WASILUK JAKUB	WROCLAW	POL		82 M20/183	M20/183	(M)977	02:15:50	02:15:16	9.36 6:26	00:32:37 / 1060	01:04:54 / 1029	01:33:53 / 1031
1083	284	GRASZEK PIOTR	BYDGOSZCZ	POL	POLSKA BIEGA	70 M40/249	M40/249	(M)978	02:15:54	02:15:40	9.33 6:27	00:31:05 / 974	01:04:27 / 1013	01:35:22 / 1062
1084	1168	BLAWACKI GRZEGORZ	SZCZAWNÓ	POL	TEMPO WAŁBRZYCH	71 M40/250	M40/250	(M)979	02:15:59	02:15:47	9.32 6:27	00:31:31 / 993	01:05:33 / 1053	01:36:29 / 1095
1085	1344	MAZUR TADEUSZ	WROCLAW	POL	WKB PIAST WROCLAW	55 M50/156	M50/156	(M)980	02:16:09	02:15:04	9.37 6:27	00:32:29 / 1054	01:07:10 / 1109	01:35:16 / 1058
1086	930	SOLTYŃSKI ANDRZEJ	NADOLICE	POL	WKB PIAST WROCLAW	60 M50/157	M50/157	(M)981	02:16:12	02:16:06	9.30 6:27	00:29:08 / 815	01:02:59 / 969	01:31:27 / 988
1087	348	JANKOWSKI MICHAŁ	WROCLAW	POL		81 M30/332	M30/332	(M)982	02:16:13	02:15:20	9.35 6:27	00:33:11 / 1092	01:06:10 / 1075	01:36:55 / 1101
1088	71	BIERNACKI WITOLD	WROCLAW	POL		74 M30/333	M30/333	(M)983	02:16:14	02:15:28	9.34 6:27	00:32:28 / 1053	01:05:35 / 1054	01:33:57 / 1033
1089	179	DOMINIAK WOJCIECH	WROCLAW	POL		81 M30/334	M30/334	(M)984	02:16:30	02:15:45	9.32 6:28	00:32:37 / 1059	01:04:52 / 1027	01:33:09 / 1017
1090	549	ŁABUZ EWA	WROCLAW	POL	WKB PIAST WROCLAW	55 K50/10	K50/10	(K)106	02:16:33	02:16:04	9.30 6:28	00:29:58 / 896	01:04:40 / 1015	01:35:00 / 1056
1091	95	BUBEL ALINA	WROCLAW	POL	DRUŻYNA SZPIKU	69 K40/23	K40/23	(K)107	02:16:40	02:16:00	9.31 6:29	00:32:47 / 1069	01:07:02 / 1103	01:37:31 / 1113
1092	1101	WOREK JAROSŁAW	GLUCHOŁAZY	POL		65 M40/251	M40/251	(M)985	02:16:42	02:16:05	9.30 6:29	00:33:03 / 1085	01:06:22 / 1082	01:37:11 / 1102
1093	912	SMOLIŃSKA MAŁGORZATA	WARSZAWA	POL	POLSKA BIEGA	75 K30/50	K30/50	(K)108	02:16:43	02:16:15	9.29 6:29	00:33:18 / 1103	01:07:18 / 1112	01:37:30 / 1112
1094	257	GLINCZEWSKI ZBIGNIEW	WROCLAW	POL	KB KUSY ODNOWA	47 M60/55	M60/55	(M)986	02:17:03	02:16:38	9.26 6:30	00:33:25 / 1121	01:07:04 / 1105	01:37:34 / 1115
1095	1026	TOMCZAK WIESŁAWA	WROCLAW	POL	WKB PIAST WROCLAW	61 K50/11	K50/11	(K)109	02:17:07	02:16:42	9.26 6:30	00:32:05 / 1030	01:06:23 / 1084	01:35:58 / 1089
1096	1153	ŻOŁNIEROWICZ JACEK	WROCLAW	POL		70 M40/252	M40/252	(M)987	02:17:08	02:16:24	9.28 6:30	00:33:31 / 1126	01:07:23 / 1115	01:38:06 / 1118
1097	1025	TOMCZAK HENRYK	WROCLAW	POL	WKB PIAST WROCLAW	62 M40/253	M40/253	(M)988	02:17:09	02:16:45	9.26 6:30	00:32:05 / 1029	01:06:23 / 1083	01:35:58 / 1088
1098	581	MALISZEWSKI JÓZEF	WROCLAW	POL	WKB PIAST WROCLAW	40 M70/7	M70/7	(M)989	02:17:15	02:16:37	9.27 6:30	00:33:16 / 1100	01:06:06 / 1071	01:35:46 / 1087
1099	683	NOWICKI TOMASZ	WOŁÓW	POL		73 M30/335	M30/335	(M)990	02:17:17	02:16:46	9.26 6:30	00:30:12 / 913	01:03:29 / 984	01:34:19 / 1038
1100	1301	SADOWSKI BARTOSZ	WROCLAW	POL		89 M20/184	M20/184	(M)991	02:17:18	02:17:10	9.23 6:30	00:28:08 / 714	01:00:40 / 888	01:33:17 / 1019
1101	540	LEWRIGHT AMBER	JÓZEFÓW	POL		76 K30/51	K30/51	(K)110	02:17:31	02:17:18	9.22 6:31	00:32:54 / 1075	01:07:34 / 1117	01:38:33 / 1122
1102	843	RÓŻNIAK ROMAN	SOBÓTKA	POL		65 M40/254	M40/254 Gmin/23	(M)992	02:17:34	02:16:51	9.25 6:31	00:33:33 / 1127	01:07:43 / 1126	01:37:21 / 1107

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii Grupy in Age Group Sex	Wynik Time	Wynik Netto	Tempo [km/h] [min/km]	Check points		
1103	1015	ŚWIĘTANOWSKA BARBARA	OPOLE	POL	BIEG OPOLSKI	76	K30/52 K30/52 (K)111	02:17:34	02:16:44	9.26 6.31	00:34:06 / 1147	01:08:22 / 1134	01:38:46 / 1123
1104	1246	WOJTOWICZ MATEUSZ	WROCLAW	POL	-	83	M20/185 M20/185 (M)993	02:17:39	02:17:05	9.23 6.31	00:33:26 / 1122	01:07:43 / 1127	01:37:26 / 1108
1105	1197	KOWALCZYK MAGDALENA	WROCLAW	POL	-	84	K20/24 K20/24 (K)112	02:17:40	02:17:06	9.23 6.32	00:33:27 / 1123	01:07:43 / 1125	01:37:27 / 1109
1106	1265	SKŁADZIEN BOGUSŁAW	WROCLAW	POL		54	M50/158 M50/158 (M)994	02:17:53	02:17:19	9.22 6.32	00:33:27 / 1124	01:06:29 / 1093	01:35:35 / 1075
		GRZEGORZ											
1107	735	PENCAKOWSKI RADOSŁAW	SERBY	POL		78	M30/336 M30/336 (M)995	02:17:59	02:17:28	9.21 6.32	00:32:16 / 1042	01:06:15 / 1076	01:36:11 / 1092
1108	457	KOTWICA ANDRZEJ	WROCLAW	POL	-	63	M40/255 M40/255 (M)996	02:18:22	02:17:34	9.20 6.34	00:33:21 / 1114	01:06:48 / 1095	01:36:11 / 1091
1109	709	PACHOWICZ ADAM	WROCLAW	POL		85	M20/186 M20/186 (M)997	02:18:35	02:17:57	9.18 6.34	00:31:57 / 1023	01:06:03 / 1067	01:36:11 / 1090
1110	454	KOTARSKI DARIUSZ	WROCLAW	POL	KB LUPUS OLEŚNICA-BRZEG	76	M30/337 M30/337 (M)998	02:18:36	02:18:19	9.15 6.34	00:34:20 / 1153	01:08:43 / 1138	01:38:26 / 1119
1111	224	FILAR MACIEJ	WROCLAW	POL	OLD PISTOLEROS -)	75	M30/338 M30/338 (M)999	02:18:48	02:18:25	9.14 6.35	00:33:23 / 1117	01:06:00 / 1064	01:36:47 / 1098
1112	725	PATER ZBIGNIEW	WROCLAW	POL	WKB PIAST WROCLAW	40	M70/8 M70/8 (M)1000	02:18:50	02:17:59	9.17 6.35	00:34:05 / 1146	01:09:08 / 1139	01:40:02 / 1129
1113	685	OCIESA MARIUSZ	WROCLAW	POL	OLD PISTOLEROS -)	70	M40/256 M40/256 (M)1001	02:18:50	02:18:28	9.14 6.35	00:33:22 / 1115	01:06:09 / 1073	01:36:46 / 1097
1114	820	RATAJCZAK PRZEMYSŁAW	WROCLAW	POL		78	M30/339 M30/339 (M)1002	02:19:01	02:18:15	9.16 6.35	00:32:59 / 1079	01:06:38 / 1094	01:37:30 / 1110
1115	499	KUBRAK ŁUKASZ	GRACZE	POL	KLUB MONAR GRACZE	86	M20/187 M20/187 (M)1003	02:19:26	02:18:44	9.12 6.37	00:38:07 / 1189	01:13:10 / 1175	01:45:12 / 1170
1116	147	CZEKAJ KRZYSZTOF	WROCLAW	POL		59	M50/159 M50/159 (M)1004	02:19:40	02:19:04	9.10 6.37	00:34:08 / 1152	01:08:28 / 1136	01:40:11 / 1130
1117	1223	RASZYK PIOTR	ŁÓDŹ	POL	CYKLOMANIAK	53	M50/160 M50/160 (M)1005	02:19:50	02:19:09	9.10 6.38	00:33:16 / 1099	01:07:04 / 1104	01:37:33 / 1114
1118	728	PAWLACZYK MARIAN	WROCLAW	POL	WKB PIAST WROCLAW	34	M70/9 M70/9 (M)1006	02:20:00	02:19:07	9.10 6.38	00:35:20 / 1164	01:11:07 / 1155	01:41:12 / 1134
1119	834	ROMANIUK BARTOSZ	WROCLAW	POL		90	M20/188 M20/188 (M)1007	02:20:02	02:19:18	9.09 6.38	00:35:38 / 1166	01:09:35 / 1140	01:39:40 / 1125
1120	682	NOWICKI KRZYSZTOF	GRACZE	POL	KLUB MONAR GRACZE	85	M20/189 M20/189 (M)1008	02:20:11	02:19:30	9.07 6.39	00:33:18 / 1104	01:07:08 / 1107	01:38:30 / 1120
1121	1272	WOJCIECHOWSKI STANISŁAW	LESZNO	POL		52	M50/161 M50/161 (M)1009	02:20:37	02:20:26	9.01 6.40	00:32:51 / 1072	01:07:59 / 1128	01:39:54 / 1127
1122	446	KORDEL KATARZYNA	WROCLAW	POL	GO DOLNOŚLĄSKIE WOPR	89	K20/25 K20/25 (K)113	02:20:38	02:20:19	9.02 6.40	00:30:39 / 939	01:05:07 / 1034	01:35:36 / 1079
1123	925	SOBOL JÓZEF	WROCLAW	POL		59	M50/162 M50/162 (M)1010	02:20:42	02:20:22	9.02 6.40	00:32:28 / 1052	01:07:09 / 1108	01:39:55 / 1128
1124	1262	KURTYKA ANDRZEJ	WROCLAW	POL	WKB PIAST WROCLAW	53	M50/163 M50/163 (M)1011	02:20:54	02:20:28	9.01 6.41	00:30:24 / 921	01:04:03 / 1001	01:34:57 / 1053
1125	102	BUGAJNY MATEUSZ	WROCLAW	POL		84	M20/190 M20/190 (M)1012	02:21:02	02:20:21	9.02 6.41	00:34:07 / 1151	01:08:22 / 1133	01:34:57 / 1052
1126	63	BIAŁOŻYD ANDRZEJ	WROCLAW	POL		58	M50/164 M50/164 (M)1013	02:21:02	02:20:20	9.02 6.41	00:32:32 / 1058	01:06:06 / 1072	01:38:31 / 1121
1127	230	FRACZAK-PAWLAK AGNIESZKA	OBORNIKI	POL	KULFONY CLUB	84	K20/26 K20/26 (K)114	02:21:20	02:21:07	8.97 6.42	00:32:11 / 1036	01:07:00 / 1100	01:37:44 / 1116
1128	234	FRĄCZAK JAN	OBORNIKI	POL	KULFONY CLUB	52	M50/165 M50/165 (M)1014	02:21:20	02:21:06	8.97 6.42	00:32:11 / 1035	01:07:01 / 1101	01:37:44 / 1117
1129	1184	GORCZYCA PAWEŁ	BRZEG	POL	-	85	M20/191 M20/191 (M)1015	02:21:29	02:20:41	9.00 6.42	00:33:01 / 1084	01:07:01 / 1102	01:39:21 / 1124
1130	568	MACHOŃ JUSTYNA	CHOCIANÓW	POL	KLUB BIEGACZA ZDYSZAAANI	78	K30/53 K30/53 (K)115	02:21:33	02:20:47	8.99 6.43	00:37:08 / 1183	01:13:12 / 1176	01:45:13 / 1171
1131	765	PIWKO RADOSŁAW	LUBAŃ	POL	-	82	M20/192 M20/192 (M)1016	02:21:38	02:21:14	8.96 6.43	00:36:02 / 1172	01:10:09 / 1145	01:41:17 / 1137
1132	691	OLEKSY ZDZISŁAW	KAMIENNA GÓRA	POL	AMATOR	55	M50/166 M50/166 (M)1017	02:21:52	02:21:38	8.94 6.43	00:31:07 / 977	01:06:04 / 1069	01:36:15 / 1093
1133	146	CZECHOWSKA OLGA	WROCLAW	POL	I TY MOŻESZ ZOSTAĆ	80	K30/54 K30/54 (K)116	02:22:44	02:22:03	8.91 6.46	00:34:07 / 1148	01:10:11 / 1146	01:42:02 / 1143
1134	1340	SZUSZKIEWICZ JACEK	WROCLAW	POL		66	M40/257 M40/257 (M)1018	02:22:51	02:21:55	8.92 6.46	00:35:18 / 1161	01:10:32 / 1151	01:41:30 / 1140
1135	1192	KOCHANOWSKI MARIAN	KRAPKOWICE	POL		62	M40/258 M40/258 (M)1019	02:22:57	02:22:34	8.88 6.47	00:29:49 / 888	01:00:06 / 864	01:30:32 / 961
1136	1351	UFFELMANN GERHARD	HERDECKE	GER		38	M70/10 M70/10 (M)1020	02:23:06	02:22:25	8.89 6.47	00:23:15 / 180	01:07:22 / 1114	01:47:55 / 1176
1137	7	ADAMCZYK KATARZYNA	WROCLAW	POL		79	K30/55 K30/55 (K)117	02:23:09	02:22:52	8.86 6.47	00:31:41 / 1001	01:05:13 / 1037	01:41:39 / 1141
1138	794	POŹNIAK ŁUKASZ	WRÓBLOWICE	POL		75	M30/340 M30/340 (M)1021	02:23:31	02:22:39	8.87 6.48	00:33:35 / 1131	01:08:21 / 1132	01:41:08 / 1132
1139	1079	WIĘCKIEWICZ KRZYSZTOF	ŚWIĘTA	POL		71	M40/259 M40/259 (M)1022	02:23:38	02:22:47	8.87 6.48	00:33:24 / 1118	01:09:39 / 1141	01:41:10 / 1133
1140	1348	MALART JERZY	WROCLAW	POL	WKB PIAST WROCLAW	50	M60/56 M60/56 (M)1023	02:24:21	02:23:26	8.83 6.51	00:36:10 / 1174	01:12:59 / 1171	01:43:37 / 1151
1141	353	JAREMA BEATA	RUDAWA	POL	MARATONYPOLSKIE.PL TEAM	73	K30/56 K30/56 (K)118	02:24:27	02:24:10	8.78 6.51	00:32:13 / 1038	01:07:39 / 1124	01:44:26 / 1163

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii Grupy in Age Group Sex	Wynik Time	Wynik Netto	Tempo [km/h] [min/km]	Check points		
1142	62	BIAŁOŃ ADAM	SOBÓTKA	POL	NIE ZRZESZONY	85	M20/193 M20/193 Gmin/24 (M)1024	02:24:51	02:23:56	8.79 6:52	00:33:25 / 1119	01:08:23 / 1135	01:41:59 / 1142
1143	363	JASKÓŁKA JAROSŁAW	PYSKOWICE	POL		81	M30/341 M30/341 (M)1025	02:25:06	02:24:41	8.75 6:53	00:33:19 / 1109	01:08:28 / 1137	01:40:38 / 1131
1144	277	GRABARCZYK TADEUSZ	WROCŁAW	POL	ARTEMIS WROCŁAW	56	M50/167 M50/167 (M)1026	02:25:25	02:24:35	8.75 6:54	00:35:46 / 1168	01:12:42 / 1168	01:45:12 / 1169
1145	188	DROZDOWSKI KRZYSZTOF	WAŁBRZYCH	POL	-	65	M40/260 M40/260 (M)1027	02:25:28	02:25:16	8.71 6:54	00:31:54 / 1016	01:07:37 / 1122	01:45:12 / 1168
1146	624	MILEJSKA HALINA	WROCŁAW	POL	-	72	K30/57 K30/57 (K)119	02:25:33	02:24:58	8.73 6:54	00:33:11 / 1094	01:10:30 / 1150	01:42:42 / 1145
1147	161	DACZKOWSKI ANDRZEJ	WROCŁAW	POL		71	M40/261 M40/261 (M)1028	02:25:36	02:25:13	8.72 6:54	00:33:43 / 1139	01:10:49 / 1152	01:43:58 / 1155
1148	389	KALOCIŃSKI PIOTR	WROCŁAW	POL		83	M20/194 M20/194 (M)1029	02:25:42	02:25:25	8.70 6:54	00:30:32 / 928	01:08:15 / 1130	01:39:48 / 1126
1149	1138	ZIELONKA TOMASZ	LUBIN	POL	-	76	M30/342 M30/342 (M)1030	02:25:51	02:25:05	8.72 6:55	00:33:41 / 1137	01:08:15 / 1131	01:42:37 / 1144
1150	309	HACZYK GABRIELA	OPOLE	POL	BIEG OPOLSKI	48	K60/3 K60/3 (K)120	02:25:57	02:25:33	8.70 6:55	00:34:33 / 1156	01:12:32 / 1166	01:43:41 / 1153
1151	990	SZOPA LESZEK	PODOLSZE	POL		53	M50/168 M50/168 (M)1031	02:25:58	02:25:09	8.72 6:55	00:37:45 / 1188	01:18:07 / 1190	01:48:39 / 1182
1152	1169	BORUCKA GRAŻYNA	WROCŁAW	POL		70	K40/24 K40/24 (K)121	02:26:20	02:25:54	8.68 6:56	00:33:19 / 1107	01:08:07 / 1129	01:41:15 / 1136
1153	586	MARCINISZYN TOMASZ	GRACZE	POL	KLUB MONAR GRACZE	87	M20/195 M20/195 (M)1032	02:26:54	02:26:12	8.66 6:58	00:38:08 / 1190	01:18:30 / 1192	01:41:15 / 1135
1154	1010	ŚMIESZEK KACPER	WROCŁAW	POL	TIETO	87	M20/196 M20/196 (M)1033	02:26:59	02:26:29	8.64 6:58	00:32:59 / 1081	01:10:09 / 1144	01:41:21 / 1138
1155	1279	DĄBROWSKI MICHAŁ	SOBÓTKA	POL	SOBÓTKA	87	M20/197 M20/197 Gmin/25 (M)1034	02:27:00	02:26:10	8.66 6:58	00:35:47 / 1169	01:12:43 / 1169	01:45:11 / 1167
1156	939	STADNICZUK MICHAŁ	NAMYSŁÓW	POL	LUKS ŻÓRAWINA	30	M70/11 M70/11 (M)1035	02:27:21	02:27:19	8.59 6:59	00:32:31 / 1056	01:10:29 / 1148	01:42:47 / 1147
1157	317	HAŁGAS PAWEŁ	WAŁBRZYCH	POL	PĘDZĄCE ŚLIMAKI :)	86	M20/198 M20/198 (M)1036	02:27:21	02:26:53	8.62 6:59	00:36:15 / 1175	01:13:02 / 1172	01:42:47 / 1146
1158	2930	ZAWODNIK DO UZUP					(M)1037	02:27:21	02:27:19	8.59 6:59	00:36:15 / 1176	01:13:02 / 1173	01:42:47 / 1148
1159	528	LECH-PAZIEWSKA EWA	RADWANICE	POL		81	K30/58 K30/58 (K)122	02:27:24	02:27:00	8.61 6:59	00:32:26 / 1049	01:11:29 / 1161	01:44:26 / 1161
1160	156	CZYŻEWSKA SYLWIA	BIELAWA	POL	POLSKA BIEGA	80	K30/59 K30/59 (K)123	02:27:26	02:26:45	8.63 6:59	00:35:20 / 1163	01:11:28 / 1159	01:44:26 / 1160
1161	1257	KOWALSKI DARIUSZ	MODLICZKA	POL		70	M40/262 M40/262 (M)1038	02:27:27	02:26:37	8.63 6:59	00:35:20 / 1162	01:11:28 / 1160	01:44:26 / 1162
1162	569	MACHOŃ MIRELA	CHOCIANÓW	POL	KLUB BIEGACZA ZDYSZAAANI	84	K20/27 K20/27 (K)124	02:27:38	02:26:52	8.62 6:60	00:37:08 / 1182	01:13:13 / 1177	01:45:29 / 1172
1163	1004	SZYNAŁ RADOŚLAW	WROCŁAW	POL	TIETO	86	M20/199 M20/199 (M)1039	02:27:56	02:27:26	8.59 7:1	00:32:59 / 1080	01:10:09 / 1143	01:41:22 / 1139
1164	1350	HOJKA RYSZARD	WROCŁAW	POL		41	M70/12 M70/12 (M)1040	02:28:22	02:27:52	8.56 7:2	00:34:28 / 1155	01:12:50 / 1170	01:43:40 / 1152
1165	952	STERNALSKI MICHAŁ	WROCŁAW	POL	WKB PIAST WROCŁAW	76	M30/343 M30/343 (M)1041	02:29:13	02:29:06	8.49 7:4	00:37:21 / 1186	01:12:11 / 1162	01:43:37 / 1150
1166	25	AUGUSTYNIAK MONIKA	WROCŁAW	POL	-	77	K30/60 K30/60 (K)125	02:29:20	02:28:42	8.51 7:5	00:33:15 / 1098	01:10:11 / 1147	01:43:42 / 1154
1167	1148	ZUBKOWSKI TOMASZ	WROCŁAW	POL		76	M30/344 M30/344 (M)1042	02:29:46	02:29:13	8.48 7:6	00:38:12 / 1191	01:15:06 / 1186	01:47:14 / 1174
1168	170	DLUGOPOLSKA - MIKONOWICZ	WROCŁAW	POL	-	76	K30/61 K30/61 (K)126	02:29:49	02:29:00	8.50 7:6	00:35:55 / 1170	01:12:29 / 1165	01:45:06 / 1164
1169	425	KLIN ZUZANNA	TRZEBNICA	POL		82	K20/28 K20/28 (K)127	02:29:50	02:29:01	8.49 7:6	00:35:55 / 1171	01:12:29 / 1163	01:45:09 / 1166
1170	678	NOWAKOWSKA GENOWEFA	JELENIA GÓRA	POL	NIEZRZESZONY	52	K50/12 K50/12 (K)128	02:30:38	02:30:29	8.41 7:8	00:34:07 / 1150	01:11:27 / 1158	01:44:17 / 1158
1171	504	KUCHARSKI TOMASZ	GŁOGÓW	POL	NIEZRZESZONY	77	M30/345 M30/345 (M)1043	02:31:09	02:31:00	8.38 7:10	00:34:07 / 1149	01:11:27 / 1157	01:44:17 / 1157
1172	453	KOTARBA KRZYSZTOF	WROCŁAW	POL	COTAR BIELANY WR.	74	M30/346 M30/346 (M)1044	02:32:21	02:32:04	8.32 7:13	00:34:55 / 1160	01:12:39 / 1167	01:46:28 / 1173
1173	1110	WRÓBEL WIOLETA	WROCŁAW	POL		86	K20/29 K20/29 (K)129	02:32:57	02:32:40	8.29 7:15	00:32:13 / 1037	01:10:29 / 1149	01:45:06 / 1165
1174	89	BOROWICZ MACIEJ	POZNAŃ	POL	QUAY POZNAŃ	51	M60/57 M60/57 (M)1045	02:33:26	02:32:53	8.28 7:16	00:37:33 / 1187	01:14:21 / 1182	01:50:07 / 1189
1175	644	MRUK KATARZYNA	ŚWIDNICA	POL		75	K30/62 K30/62 Powi/39 (K)130	02:33:57	02:33:26	8.25 7:18	00:34:43 / 1158	01:13:57 / 1179	01:48:24 / 1177
1176	660	NETIACHA MAŁGORZATA	SOBÓTKA	POL		75	K30/63 K30/63 Gmin/26 (K)131	02:33:57	02:33:26	8.25 7:18	00:34:42 / 1157	01:13:57 / 1180	01:48:25 / 1178
1177	1290	KAWCZYŃSKI ADAM	MICHAŁOWICE	POL		77	M30/347 M30/347 (M)1046	02:34:17	02:33:52	8.23 7:19	00:33:10 / 1091	01:09:53 / 1142	01:48:25 / 1179
1178	786	POLOCZEK MAREK	WROCŁAW	POL	WKB PIAST WROCŁAW	55	M50/169 M50/169 (M)1047	02:34:22	02:33:32	8.24 7:19	00:36:46 / 1181	01:17:22 / 1189	01:51:01 / 1190
1179	118	CHLASTAWA MARTA	WAŁBRZYCH	POL	PĘDZĄCE ŚLIMAKI :)	86	K20/30 K20/30 (K)132	02:35:15	02:34:58	8.17 7:22	00:34:44 / 1159	01:13:55 / 1178	01:48:37 / 1181
1180	552	ŁĄCZNY MACIEJ	JELENIA GÓRA	POL	VEGE RUNNERS	74	M30/348 M30/348 (M)1048	02:35:45	02:34:55	8.17 7:23	00:36:29 / 1177	01:14:32 / 1184	01:49:19 / 1187

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii Grupy in Age Group Sex	Wynik Time	Wynik Netto	Tempo [km/h] [min/km]		Check points	
1181	150	CZERNICKI PIOTR	PIECHOWICE	POL		73	M30/349 M30/349 (M)1049	02:35:46	02:34:56	8.17	7:23	00:36:41 / 1178	01:14:32 / 1183 01:49:19 / 1186
1182	153	CZOPIK RADEK	KOBIERZYCE	POL	EGOBODY	79	M30/350 M30/350 (M)1050	02:35:56	02:35:30	8.14	7:23	00:33:37 / 1133	01:11:02 / 1154 01:44:19 / 1159
1183	1017	ŚWIGOST MICHAŁ	GDAŃSK	POL	EGOBODY	78	M30/351 M30/351 (M)1051	02:35:57	02:35:30	8.14	7:24	00:33:30 / 1125	01:11:02 / 1153 01:44:06 / 1156
1184	1375	PIWOWARCZYK DOMINIK	LIBIAŹ	POL	SPEEDY GONZALES LIBIAŹ	76	M30/352 M30/352 (M)1052	02:36:05	02:35:26	8.14	7:24	00:35:28 / 1165	01:12:29 / 1164 01:48:26 / 1180
1185	1165	BIALIK WIESŁAW	CIESZENIEWO	POL	-	54	M50/170 M50/170 (M)1053	02:36:13	02:35:50	8.12	7:24	00:28:04 / 705	00:59:31 / 841 01:43:27 / 1149
1186	159	ĆWIK-MASZCZYŃSKA TERESA	WROCŁAW	POL	WKB PIAST WROCŁAW	51	K60/4 K60/4 (K)133	02:36:25	02:36:02	8.11	7:25	00:34:20 / 1154	01:14:43 / 1185 01:48:48 / 1183
1187	836	ROMANIUK MACIEJ	WROCŁAW	POL		83	M20/200 M20/200 (M)1054	02:37:26	02:36:42	8.08	7:28	00:35:39 / 1167	01:14:06 / 1181 01:49:12 / 1185
1188	1356	KOTERSKI WOJCIECH	WROCŁAW	POL	ŁÓDKA BOLS	76	M30/353 M30/353 (M)1055	02:38:27	02:38:15	8.00	7:31	00:32:31 / 1057	01:11:18 / 1156 01:47:42 / 1175
1189	1358	PACZKOWSKI PAWEŁ	GRACZE	POL	KLUB MONAR GRACZE	86	M20/201 M20/201 (M)1056	02:38:54	02:38:09	8.00	7:32	00:36:41 / 1179	01:13:10 / 1174 01:49:22 / 1188
1190	698	OLSZEWSKI TOMASZ	WROCŁAW	POL	TIETO	82	M20/202 M20/202 (M)1057	02:39:50	02:39:26	7.94	7:35	00:36:03 / 1173	01:15:19 / 1187 01:51:11 / 1191
1191	382	KACZMAREK STEPHAN	WARSZAWA	POL		81	M30/354 M30/354 (M)1058	02:40:46	02:40:16	7.90	7:37	00:38:58 / 1192	01:18:11 / 1191 01:54:27 / 1192
1192	706	OSTROWSKI ZBIGNIEW	WROCŁAW	POL		69	M40/263 M40/263 (M)1059	02:40:59	02:40:07	7.91	7:38	00:37:21 / 1185	01:15:42 / 1188 01:48:55 / 1184
1193	1287	SZAFRANIEC MAGDALENA	WROCŁAW	POL		82	K20/31 K20/31 (K)134	02:46:16	02:45:45	7.64	7:53	00:41:02 / 1199	01:21:37 / 1195 01:56:44 / 1196
1194	381	KACZMAREK CHRISTIAN	WARSZAWA	POL		53	M50/171 M50/171 (M)1060	02:46:17	02:45:46	7.64	7:53	00:41:02 / 1198	01:21:37 / 1194 01:56:44 / 1195
1195	957	STORY WIĘNCZYŚŁAW	WROCŁAW	POL		60	M50/172 M50/172 (M)1061	02:51:00	02:50:06	7.44	8:6	00:40:55 / 1197	01:22:41 / 1196 02:00:56 / 1199
1196	1115	WYRWA MATEUSZ	GRACZE	POL	KLUB MONAR GRACZE	86	M20/203 M20/203 (M)1062	02:51:00	02:50:17	7.43	8:6	00:41:10 / 1201	01:23:45 / 1200 01:58:43 / 1197
1197	83	BOŁTUĆ RADOŚLAW	WROCŁAW	POL		78	M30/355 M30/355 (M)1063	02:51:01	02:50:14	7.44	8:6	00:36:46 / 1180	01:23:45 / 1199 01:55:44 / 1193
1198	619	MIGAS SAMUELA	GRACZE	POL	KLUB MONAR GRACZE	88	K20/32 K20/32 (K)135	02:52:01	02:51:17	7.39	8:9	00:41:10 / 1200	01:23:45 / 1198 01:58:44 / 1198
1199	1045	URAMOWSKI JÓZEF	WROCŁAW	POL	WKB PIAST WROCŁAW	38	M70/13 M70/13 (M)1064	02:54:42	02:53:49	7.28	8:17	00:40:16 / 1194	01:20:20 / 1193 01:56:35 / 1194
1200	958	STROJWAŚ ANNA	WROCŁAW	POL	WKB PIAST WROCŁAW	57	K50/13 K50/13 (K)136	02:56:41	02:55:49	7.20	8:22	00:40:49 / 1195	01:23:35 / 1197 02:04:05 / 1200
1201	1271	ROSİŃSKA JANINA	PABIANICE	POL	AZS ŁÓDŹ	36	K70/1 K70/1 (K)137	02:57:20	02:57:17	7.14	8:24	00:40:49 / 1196	01:25:22 / 1201 02:04:30 / 1201

4. Półmaraton Ślęzański

WYNIKI ZAWODÓW

21km

Organizator: Urząd Miasta i Gminy Sobótka, OSiR Sobótka

Termin: 26.03.2011

Miejsce: Sobótka

Dystans: 21km

KOBIETY (WOMEN)

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[km/h]
1	1321	TRILINSKAYA NEDEZDA	MOSKWA	RUS	AHILES LESNO	79	K30/1		(K)1	01:19:36	01:19:34	15.91
2	1323	SERDIUK ALENA	KMARKIN	UKR	AHILLES LESZNO	81	K30/2		(K)2	01:20:40	01:20:39	15.70
3	1266	KARMANENKO KATERYNA	KOVEL	UKR	KOVEL	86	K20/1		(K)3	01:21:33	01:21:31	15.53
4	1261	FISKOWICZ LILIA	RUDNIK	MDA	LKB RUDNIK	89	K20/2		(K)4	01:22:32	01:22:30	15.34
5	1182	FICNER ANNA	ZŁOTORYJA	POL		85	K20/3		(K)5	01:24:39	01:24:37	14.96
6	762	PISKOROWSKA DANUTA	WROCŁAW	POL	LUKS ŻÓRAWINA	80	K30/3		(K)6	01:24:58	01:24:57	14.90
7	1048	URYGA WIOLETTA	KLUCZBORK	POL		68	K40/1		(K)7	01:26:17	01:26:15	14.68
8	358	JAROSZ ELŻBIETA	WROCŁAW	POL	PAO QUEST JELCZ-LASKOWICE	71	K40/2		(K)8	01:27:06	01:27:04	14.54
9	387	KALICIŃSKA MONIKA	WROCŁAW	POL	MKS JUVENIA WROCŁAW	89	K20/4		(K)9	01:28:13	01:28:11	14.35
10	636	MORAWSKA MARZENA	WROCŁAW	POL	WKB PIAST WROCŁAW	76	K30/4	WKB/15	(K)10	01:32:22	01:32:20	13.71
11	370	JĘDRO JUSTYNA	WROCŁAW	POL	LUKS ŻÓRAWINA	83	K20/5		(K)11	01:32:47	01:32:44	13.65
12	332	HURYŃ EWA	SZCZECIN	POL	MARATOŃCZYK TEAM SZCZECIN	73	K30/5		(K)12	01:33:33	01:33:29	13.54
13	715	PANEJKO-WANAT KATARZYNA	MILANÓWEK	POL	BYLEDOBIEC ANIN	84	K20/6		(K)13	01:34:33	01:34:32	13.39
14	781	POGORZELSKA ANNA	KOŻUCHÓW	POL	ŚWIAT MARATOŃCZYKA KOŻUCHÓW	81	K30/6		(K)14	01:34:48	01:34:42	13.37
15	1037	TWARDOSCHLEB BARBARA	DOBRZYKOWICE	POL	-	80	K30/7		(K)15	01:35:25	01:35:22	13.27
16	409	KAWIORSKA MARIA	PSZCZEW	POL	MARATONYPOLSKIE.PL TEAM	56	K50/1		(K)16	01:37:19	01:37:16	13.01
17	790	POPIEL GRAŻYNA	TRZEBNICA	POL	TIETO	62	K40/3		(K)17	01:37:38	01:37:34	12.97
18	876	SARNOWSKA BEATA	WROCŁAW	POL	-	79	K30/8		(K)18	01:37:50	01:37:49	12.94
19	184	DREWNICKA-OGRODNIK JOANNA	PRZEMIŁÓW/WROCŁAW	POL		67	K40/4	Gmin/7	(K)19	01:38:56	01:38:54	12.80
20	658	NAPIERAJ DOMINIKA	ŻYTNIÓW	POL		91	K20/7		(K)20	01:39:42	01:39:29	12.72
21	919	SOBCZAK JOLANTA	WROCŁAW	POL	LUKS ŻÓRAWINA	65	K40/5		(K)21	01:39:49	01:39:42	12.70
22	1264	GACIŃ KAROLINA	STARACHOWICE	POL	LKB RUDNIK	75	K30/9		(K)22	01:40:12	01:39:57	12.66
23	668	NIWIŃSKA ALEKSANDRA	CHOJNÓW	POL		86	K20/8		(K)23	01:40:27	01:40:17	12.62
24	1164	BANASIAK ALICJA	BIELSKO BIALA	POL	SPRINT BIELSKO BIALA	52	K50/2		(K)24	01:41:27	01:41:25	12.48
25	1211	MIZERA MARZENA	JELENIA GÓRA	POL		73	K30/10		(K)25	01:41:36	01:41:06	12.52
26	81	BOGDAŁ ŻANETA	WROCŁAW	POL		80	K30/11		(K)26	01:44:28	01:43:43	12.20
27	476	KOZYRSKA AGNIESZKA	SOBÓTKA	POL	WKB PIAST WROCŁAW	72	K30/12	Gmin/10WKB/33	(K)27	01:44:50	01:44:29	12.12
28	747	PIEŚKIEWICZ MAŁGORZATA	LEŚNA	POL	AZS AM WROCŁAW	86	K20/9		(K)28	01:45:03	01:44:50	12.07
29	542	LICZNER JOANNA	WROCŁAW	POL	WHIRLPOOL AZS POLITECHNIKA WROCŁAWSKA	69	K40/6		(K)29	01:45:30	01:44:55	12.07
30	249	GĘBACKA EWELINA	ZŁOTORYJA	POL		86	K20/10		(K)30	01:46:17	01:45:37	11.99
31	1349	TRAWNICZEK JOANNA	BIELAWA	POL		72	K30/13		(K)31	01:46:27	01:46:12	11.92
32	325	HERDE BARBARA	OPOLE	POL	AZS POLITECHNIKA OPOLSKA	84	K20/11		(K)32	01:47:02	01:46:44	11.86
33	596	MASALSKA-PAWLAK AGATA	RADWANICE	POL	AZS POLITECHNIKA WROCŁAW	81	K30/14		(K)33	01:47:31	01:46:53	11.84
34	1284	SOBIERAJ EWA	GLUSZYCA	POL		75	K30/15		(K)34	01:47:41	01:47:14	11.80
35	1345	ROMAN ELŻBIETA	KUDOWA ZDRÓJ	POL	ULKS OPAL KUDOWA ZDRÓJ	54	K50/3		(K)35	01:48:26	01:48:19	11.69
36	1120	ZAJĄCZKOWSKA ANNA	TRZEBNICA	POL		93	K20/12		(K)36	01:49:01	01:48:35	11.66
37	124	CHOJNACKA MAŁGORZATA	MĘDLÓW	POL	NIEZRZESZONY	68	K40/7		(K)37	01:49:18	01:48:57	11.62
38	314	HALIKOWSKA AGNIESZKA	WROCŁAW	POL	-	81	K30/16		(K)38	01:49:25	01:48:56	11.62
39	669	NIWIŃSKA ALINA	WROCŁAW	POL		79	K30/17		(K)39	01:50:06	01:49:55	11.52
40	1124	ZAKRĘTA KINGA	BRALIN	POL		84	K20/13		(K)40	01:50:35	01:49:56	11.51
41	311	HACZYK NATALIA	OPOLE	POL	BIEG OPOLSKI	73	K30/18		(K)41	01:51:06	01:50:36	11.45
42	298	GRZELAK JUSTYNA	LESZNO	POL	DRUŻYNA SZPIKU/MARATON LESZNO	74	K30/19		(K)42	01:51:13	01:50:54	11.41
43	720	PASTUCHA ANNA	KRAPKOWICE	POL	CROSS KRAPKOWICE	58	K50/4		(K)43	01:51:49	01:51:37	11.34
44	885	SHUMCHYK ALENA	WROCŁAW	POL	POLSKA BIEGA	81	K30/20		(K)44	01:51:52	01:51:16	11.38
45	1245	WODZIŃSKA TERESA	WROCŁAW	POL		69	K40/8		(K)45	01:52:57	01:52:54	11.21
46	945	STANKIEWICZ IWONA	SOBÓTKA	POL	WKB PIAST WROCŁAW	59	K50/5	Gmin/14WKB/50	(K)46	01:53:49	01:53:45	11.13

26.03.2011 13:21:11

KOBIECY (WOMEN)

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[km/h]
47	923	SOBKOWIAK EWA	POZNAŃ	POL	KB MANIAC POZNAŃ	63	K40/9		(K)47	01:55:02	01:54:43	11.03
48	1071	WERNIK KATARZYNA	WODZISŁAW ŚLĄSKI	POL	FORMA WODZISŁAW ŚLĄSKI	70	K40/10		(K)48	01:55:05	01:54:28	11.06
49	1198	KOZIARA-SUSZKO DAGMARA	WROCLAW	POL		74	K30/21		(K)49	01:55:15	01:54:35	11.05
50	889	SIERADZKA RENATA	ŚWIDNICA	POL	POLSKA BIEGA	72	K30/22	Powi/21	(K)50	01:55:17	01:55:14	10.98
51	323	HAZUBSKA ANNA	TRZEBNICA	POL	LZS TRZEBNICA	69	K40/11		(K)51	01:55:30	01:55:13	10.99
52	1019	TEKIELI AGATA	BYSTRZYCA KŁODZKA	POL		85	K20/14		(K)52	01:56:23	01:55:47	10.93
53	356	JAROCKA EWA	WROCLAW	POL		78	K30/23		(K)53	01:57:19	01:56:54	10.83
54	472	KOZŁOWSKA ALICJA	LESZNO	POL	MARATON LESZNO	70	K40/12		(K)54	01:57:25	01:57:06	10.81
55	816	RAJCZYBA MAŁGORZATA	WROCLAW	POL	WKB PIAST WROCLAW	65	K40/13	WKB/54	(K)55	01:57:28	01:57:24	10.78
56	434	KOMZA NATALIA	WROCLAW	POL	WKB PIAST WROCLAW	78	K30/24	WKB/55	(K)56	01:57:38	01:57:05	10.81
57	28	BALBUS ANNA	BYTOM	POL	MARATONYPOLSKIE.PL TEAM	80	K30/25		(K)57	01:58:27	01:57:36	10.76
58	806	PUCHACZ KATARZYNA	ZAMOSC	POL	FDNT RUNNING TEAM	86	K20/15		(K)58	01:58:40	01:58:03	10.72
59	1232	SOSIŃSKA JOLANTA	WROCLAW	POL		69	K40/14		(K)59	01:58:41	01:58:08	10.72
60	1049	USZKO SABINA	SIEDLEC	POL		65	K40/15		(K)60	01:58:48	01:58:37	10.67
61	462	KOWALSKA KRYSZYNA	WROCLAW	POL	WKB PIAST WROCLAW	56	K50/6	WKB/56	(K)61	01:58:51	01:58:46	10.66
62	513	KURZAJCZYK HANNA	KALISZ	POL	SUPERMARATON KALISZ	85	K20/16		(K)62	01:59:12	01:58:45	10.66
63	218	FEDYCZKOWSKA JUSTYNA	STRZEGOM	POL	START STRZEGOM	72	K30/26	Powi/26	(K)63	01:59:34	01:59:00	10.64
64	1093	WOJNAROWSKA KAROLINA	WROCLAW	POL	WCT SPARTAN WROCLAW	84	K20/17		(K)64	02:00:05	01:59:34	10.59
65	1028	TONDERYS MARTYNA	ŻÓRAWINA	POL	LUKS ŻÓRAWINA	90	K20/18		(K)65	02:00:05	01:59:55	10.56
66	242	GAJDA URSZULA	OZIMEK	POL	-	72	K30/27		(K)66	02:00:28	02:00:16	10.53
67	754	PILARZ-MALKIEWICZ DANUTA	WROCLAW	POL	WKB PIAST WROCLAW	64	K40/16	WKB/60	(K)67	02:01:46	02:01:17	10.44
68	312	HADYŚ KARINA	WROCLAW	POL		75	K30/28		(K)68	02:01:51	02:01:28	10.42
69	818	RASZEWSKA-BUJACZ ALEKSANDRA	WROCLAW	POL		72	K30/29		(K)69	02:02:26	02:01:45	10.40
70	313	HADZICKA SYLWIA	WROCLAW	POL		80	K30/30		(K)70	02:02:52	02:02:28	10.34
71	635	MORAWSKA BOŻENA	ŚWIDNICA	POL		69	K40/17	Powi/28	(K)71	02:02:55	02:02:24	10.34
72	1116	WYSZYŃSKA KATARZYNA	SIEWIERZ	POL		84	K20/19		(K)72	02:04:58	02:04:12	10.19
73	510	KUREK ANNA	JELENIA GÓRA	POL	-	75	K30/31		(K)73	02:05:18	02:04:39	10.15
74	554	ŁASZUK MAŁGORZATA	ŚWIDNICA	POL		74	K30/32	Powi/31	(K)74	02:05:31	02:04:48	10.14
75	1033	TUCZYŃSKA JULITA	WROCLAW	POL	SEKCJA GROTOŁAZÓW WROCLAW	72	K30/33		(K)75	02:05:45	02:04:49	10.14
76	702	OSTROWSKA ANNA	ZIEMNICE	POL		89	K20/20		(K)76	02:06:29	02:05:57	10.05
77	47	BAKOWSKA-TOMASZ BEATA	WROCLAW	POL		76	K30/34		(K)77	02:06:31	02:06:07	10.04
78	40	BARTOSZEK-KUNECKA JOANNA	RATOWICE	POL		74	K30/35		(K)78	02:07:45	02:07:09	9.96
79	1212	MRUK MAGDALENA	OLAWA	POL	WILD COWS	78	K30/36		(K)79	02:08:02	02:07:27	9.93
80	167	DELKOWSKA AGATA	OLAWA	POL	WILD COWS	79	K30/37		(K)80	02:08:03	02:07:28	9.93
81	633	MOKRZYCKA KRYSZYNA	WROCLAW	POL		52	K50/7		(K)81	02:08:08	02:07:49	9.90
82	281	GRACZYK BOGUMIŁA	KOWARY	POL		51	K60/1		(K)82	02:08:09	02:08:01	9.89
83	621	MIKITA-SKOWRONEK BOGUMIŁA	WROCLAW	POL		78	K30/38		(K)83	02:08:18	02:07:57	9.89
84	937	STACHOWSKA-DUDEK JOANNA	OLAWA	POL		79	K30/39		(K)84	02:08:18	02:07:54	9.90
85	526	LAZAREK-LITWIN MAGDALENA	WYSOKA	POL	I TY MOŻESZ ZOSTAĆ MARATOŃCZYKIEM	74	K30/40		(K)85	02:09:32	02:08:57	9.82
86	175	DOBRYSZYCKA EWA	WROCLAW	POL	MATCHPOINT RUNNING TEAM	55	K50/8		(K)86	02:10:49	02:10:13	9.72
87	316	HAŁGAS AGNIESZKA	WAŁBRZYCH	POL	PĘDZĄCE ŚLIMAKI :)	81	K30/41		(K)87	02:11:25	02:11:07	9.65
88	1247	WOLSZCZAK EWELINA	WARSZAWA	POL		83	K20/21		(K)88	02:12:02	02:11:24	9.63
89	401	KAROLEWICZ BOŻENA	WROCLAW	POL	PROJEKT BIEGUNKA	75	K30/42		(K)89	02:12:10	02:11:19	9.64
90	1227	SOBCZAK RENATA	OLEŚNICA	POL	KB LUPUS OLEŚNICA	53	K50/9		(K)90	02:12:39	02:11:56	9.59
91	240	GADZIŃSKA KRYSZYNA	WROCLAW	POL	WKB PIAST WROCLAW	64	K40/18	WKB/67	(K)91	02:12:51	02:12:48	9.53
92	1005	SZYSZKA KASIA - EWA	OPOLE	POL	STOWARZYSZENIE BIEG OPOLSKI	65	K40/19		(K)92	02:13:23	02:13:12	9.50
93	1336	WRONA PATRYCJA	ZABKOWICE ŚLĄSKIE	POL	ZĄBKOWICKI KLUB KARATE KYOKUSHINKAI	91	K20/22		(K)93	02:13:25	02:12:42	9.54
94	1031	TRZĘSICKA IRENA	WROCLAW	POL	-	70	K40/20		(K)94	02:13:35	02:13:19	9.49
95	600	MATURA JOANNA	DABROWA	POL	STOWARZYSZENIE BIEG OPOLSKI	74	K30/43		(K)95	02:13:48	02:13:06	9.51
96	1133	ZDRAJKOWSKA ANETTA	LUBIN	POL	KB LEW LEGNICA	75	K30/44		(K)96	02:13:51	02:13:11	9.50
97	470	KOZIŃSKA MAGDALENA	WROCLAW	POL	-	78	K30/45		(K)97	02:14:03	02:13:13	9.50
98	227	FORCZEK ANITA	ŚWIDNICA	POL		63	K40/21	Powi/37	(K)98	02:14:05	02:13:41	9.47
99	410	KAZIMIERSKA DOROTA	ŚWIDNICA	POL	NIEZRZESZONY	74	K30/46	Powi/38	(K)99	02:14:20	02:14:01	9.45
100	910	SMELA AGATA	BIELANY WROCLAWSKIE	POL	CADBURY	77	K30/47		(K)100	02:14:28	02:13:56	9.45
101	1372	GORAJ ANNA	WROCLAW	POL		77	K30/48		(K)101	02:14:28	02:14:00	9.45
102	1228	SOBKOWIAK EDYTA	POZNAŃ	POL		65	K40/22		(K)102	02:14:32	02:14:17	9.43

26.03.2011 13:21:11

KOBIETY (WOMEN)

<i>Miejsce Rank</i>	<i>Nr Bib</i>	<i>Nazwisko i imię Name</i>	<i>Miejscowość City</i>	<i>Kraj Nat</i>	<i>Drużyna Team</i>	<i>R-k YoB</i>	<i>W kategorii in Age</i>	<i>Grupy Group</i>	<i>Sex</i>	<i>Wynik Time</i>	<i>Wynik Netto</i>	<i>[km/h]</i>
103	478	KRAKOWIAK BARBARA	TRZEBNICA	POL	LZS TRZEBNICA	46	K60/2		(K)103	02:14:57	02:14:20	9.42
104	634	MOŃKA MARTA	KAMIENIEC	POL	I TY MOŻESZ ZOSTAĆ MARATOŃCZYKIEM	80	K30/49		(K)104	02:15:02	02:14:13	9.43
105	1086	WŁOCH AGNIESZKA	WROCŁAW	POL	-	82	K20/23		(K)105	02:15:25	02:15:08	9.37
106	549	ŁABUŻ EWA	WROCŁAW	POL	WKB PIAST WROCŁAW	55	K50/10	WKB/71	(K)106	02:16:33	02:16:04	9.30
107	95	BUBEL ALINA	WROCŁAW	POL	DRUŻYNA SZPIKU	69	K40/23		(K)107	02:16:40	02:16:00	9.31
108	912	SMOLIŃSKA MAŁGORZATA	WARSZAWA	POL	POLSKA BIEGA	75	K30/50		(K)108	02:16:43	02:16:15	9.29
109	1026	TOMCZAK WIESŁAWA	WROCŁAW	POL	WKB PIAST WROCŁAW	61	K50/11	WKB/72	(K)109	02:17:07	02:16:42	9.26
110	540	LEWRIGHT AMBER	JÓZEFÓW	POL		76	K30/51		(K)110	02:17:31	02:17:18	9.22
111	1015	ŚWIĘTANOWSKA BARBARA	OPOLE	POL	BIEG OPOLSKI	76	K30/52		(K)111	02:17:34	02:16:44	9.26
112	1197	KOWALCZYK MAGDALENA	WROCŁAW	POL	-	84	K20/24		(K)112	02:17:40	02:17:06	9.23
113	446	KORDEL KATARZYNA	WROCŁAW	POL	GO DOLNOŚLĄSKIE WOPR	89	K20/25		(K)113	02:20:38	02:20:19	9.02
114	230	FRACZAK-PAWLAK AGNIESZKA	OBORNIKI ŚLĄSKIE	POL	KULFONY CLUB	84	K20/26		(K)114	02:21:20	02:21:07	8.97
115	568	MACHOŃ JUSTYNA	CHOCIANÓW	POL	KLUB BIEGACZA ZDYSZAAANI CHOCIANÓW	78	K30/53		(K)115	02:21:33	02:20:47	8.99
116	146	CZECHOWSKA OLGA	WROCŁAW	POL	I TY MOŻESZ ZOSTAĆ MARATOŃCZYKIEM	80	K30/54		(K)116	02:22:44	02:22:03	8.91
117	7	ADAMCZYK KATARZYNA	WROCŁAW	POL		79	K30/55		(K)117	02:23:09	02:22:52	8.86
118	353	JAREMA BEATA	RUDAWA	POL	MARATONYPOLSKIE.PL TEAM	73	K30/56		(K)118	02:24:27	02:24:10	8.78
119	624	MILEJSKA HALINA	WROCŁAW	POL	-	72	K30/57		(K)119	02:25:33	02:24:58	8.73
120	309	HACZYK GABRIELA	OPOLE	POL	BIEG OPOLSKI	48	K60/3		(K)120	02:25:57	02:25:33	8.70
121	1169	BORUCKA GRAŻYNA	WROCŁAW	POL		70	K40/24		(K)121	02:26:20	02:25:54	8.68
122	528	LECH-PAZIEWSKA EWA	RADWANICE	POL		81	K30/58		(K)122	02:27:24	02:27:00	8.61
123	156	CZYŻEWSKA SYLWIA	BIELAWA	POL	POLSKA BIEGA	80	K30/59		(K)123	02:27:26	02:26:45	8.63
124	569	MACHOŃ MIRELA	CHOCIANÓW	POL	KLUB BIEGACZA ZDYSZAAANI CHOCIANÓW	84	K20/27		(K)124	02:27:38	02:26:52	8.62
125	25	AUGUSTYNIAK MONIKA	WROCŁAW	POL	-	77	K30/60		(K)125	02:29:20	02:28:42	8.51
126	170	DLUGOPOLSKA - MIKONOWICZ ANETA	WROCŁAW	POL	-	76	K30/61		(K)126	02:29:49	02:29:00	8.50
127	425	KLIN ZUZANNA	TRZEBNICA	POL		82	K20/28		(K)127	02:29:50	02:29:01	8.49
128	678	NOWAKOWSKA GENOWEFA	JELENIA GÓRA	POL	NIEZRZESZONY	52	K50/12		(K)128	02:30:38	02:30:29	8.41
129	1110	WRÓBEL WIOLETA	WROCŁAW	POL		86	K20/29		(K)129	02:32:57	02:32:40	8.29
130	644	MRUK KATARZYNA	ŚWIDNICA	POL		75	K30/62	Pow/39	(K)130	02:33:57	02:33:26	8.25
131	660	NETIACHA MAŁGORZATA	SOBÓTKA	POL		75	K30/63	Gmin/26	(K)131	02:33:57	02:33:26	8.25
132	118	CHLASTAWA MARTA	WAŁBRZYCH	POL	PĘDZĄCE ŚLIMAKI :)	86	K20/30		(K)132	02:35:15	02:34:58	8.17
133	159	ĆWIK-MASZCZYŃSKA TERESA	WROCŁAW	POL	WKB PIAST WROCŁAW	51	K60/4	WKB/81	(K)133	02:36:25	02:36:02	8.11
134	1287	SZAFRANIEC MAGDALENA	WROCŁAW	POL		82	K20/31		(K)134	02:46:16	02:45:45	7.64
135	619	MIGAS SAMUELA	GRACZE	POL	KLUB MONAR GRACZE	88	K20/32		(K)135	02:52:01	02:51:17	7.39
136	958	STROJWĄS ANNA	WROCŁAW	POL	WKB PIAST WROCŁAW	57	K50/13	WKB/83	(K)136	02:56:41	02:55:49	7.20
137	1271	ROSIŃSKA JANINA	PABIANICE	POL	AZS ŁÓDŹ	36	K70/1		(K)137	02:57:20	02:57:17	7.14