

## 22 Bieg Niepodległości 2010

**WYNIKI ZAWODÓW****Bieg na dyst. 10km****Organizator:** Warszawski Ośrodek Sportu i Rekreacji**Termin:** 11 listopada 2010r.**Miejsce:** Warszawa**Dystans:** 10km

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Czas Time	Czas Netto	5km	[km/h]
1	4515	GIZYŃSKI MARIUSZ	WARSZAWA			81	M20/1	(M)1	00:29:57	00:29:57	00:15:03 / 2	20.03
2	4052	ŁUKASZ PARSZCZYŃSKI	WARSZAWA			85	M20/2	(M)2	00:30:10	00:30:09	00:15:03 / 1	19.90
3	4829	FUDAŁEJ MARCIN	OSTROWIEC		KKL KIELCE	76	M30/1	(M)3	00:31:22	00:31:22	00:15:20 / 3	19.13
4	6136	ROJEWSKI PRZEMYSŁAW	LUZINO		WAKOZ LUZINO	75	M30/2	(M)4	00:31:40	00:31:40	00:15:41 / 4	18.95
5	1667	BADUREK MACIEJ	MIŃSK MAZOWIECKI			88	M20/3	(M)5	00:32:27	00:32:26	00:15:49 / 5	18.50
6	697	CELIŃSKI ROBERT	TRZEBIESZÓW			73	M30/3	(M)6	00:32:46	00:32:46	00:15:58 / 6	18.31
7	4516	GIZYŃSKI PRZEMYSŁAW	PŁOCK		TKKF PŁOCK	79	M30/4	(M)7	00:33:02	00:33:01	00:16:26 / 7	18.17
8	6381	WOJCIECHOWSKI MACIEJ	SZCZYTNO		NKS NAMYSŁÓW / WYŻSZA SZKOŁA POLICJI	74	M30/5	(M)8	00:33:08	00:33:08	00:16:26 / 8	18.11
9	4748	NOŻYŃSKI DARIUSZ	WARSZAWA		DCS.PL	80	M30/6	(M)9	00:33:13	00:33:13	00:16:27 / 11	18.06
10	1575	POLAK SEBASTIAN	WARSZAWA		KB GYMNASION WARSZAWA	80	M30/7	(M)10	00:33:15	00:33:15	00:16:29 / 14	18.05
11	7223	ŚWIECAK ROBERT	MIASTKÓW			80	M30/8	(M)11	00:33:19	00:33:18	00:16:28 / 13	18.02
12	5655	KIELCZEWSKI GRZEGORZ	WROCLAW		BIEGAJZNAMI.PL	60	M50/1	(M)12	00:33:21	00:33:20	00:16:27 / 10	18.00
13	5703	KOSĘDA SEBASTIAN	ŁOWICZ		AZS-AWF WARSZAWA EKO-PLAST	81	M20/4	(M)13	00:33:43	00:33:42	00:16:27 / 9	17.80
14	2355	BARTOSZAK MICHAŁ			ACTION	70	M40/1	(M)14	00:33:43	00:33:43	00:16:54 / 17	17.80
15	209	JARZYŃSKA KAROLINA	KATOWICE		KS PIETKA KATOWICE	81	K20/1	(K)1	00:33:49	00:33:49	00:16:34 / 15	17.74
16	3042	JENDRYCH MAREK	WARSZAWA			84	M20/5	(M)15	00:33:57	00:33:56	00:16:28 / 12	17.68
17	5658	KLER SEBASTIAN	DOBRODZIEN		K.S. START DOBRODZIEN	76	M30/9	(M)16	00:34:22	00:34:22	00:16:59 / 18	17.46
18	5599	JĘDRUSIŃSKI DAMIAN	MIŃSK MAZOWIECKI		ENTRE.PL TEAM	91	M20/6	(M)17	00:34:29	00:34:28	00:16:41 / 16	17.41
19	2670	MAKOWSKI MICHAŁ	WARSZAWA		AZS-AWF WARSZAWA	86	M20/7	(M)18	00:34:31	00:34:31	00:17:06 / 19	17.38
20	765	PRZEPIÓRA SEBASTIAN	GORLICE		ENTRE TEAM	73	M30/10	(M)19	00:34:38	00:34:36	00:17:13 / 24	17.34
21	2433	LISAK KRZYSZTOF	RADOM		ERGO-SKLEP.PL / OTK RZEŹNIK	83	M20/8	(M)20	00:34:41	00:34:40	00:17:08 / 20	17.31
22	6131	RODZIK PIOTR	KIELCE		KKL KIELCE	80	M30/11	(M)21	00:34:43	00:34:42	00:17:10 / 22	17.29
23	482	LIPIEC TOMASZ	WARSZAWA		BYLEDOBIEC ANIN	71	M30/12	(M)22	00:34:48	00:34:48	00:17:09 / 21	17.24
24	3487	KUREK ŁUKASZ	PIASECZNO		ASAP24	83	M20/9	(M)23	00:34:51	00:34:50	00:17:12 / 23	17.22
25	2827	ŻURAWSKI MICHAŁ	PIONKI		ERA RUNNING TEAM	75	M30/13	(M)24	00:35:05	00:35:04	00:17:35 / 30	17.11
26	5487	GAŁĄZKA MARCIN	GARWOLIN			89	M20/10	(M)25	00:35:11	00:35:11	00:17:13 / 25	17.05
27	7009	YUSHCHYSHYN SERHIY	UKRAINA			88	M20/11	(M)26	00:35:12	00:35:11	00:17:35 / 28	17.05
28	809	RUDNIK MACIEJ	WARSZAWA		WARSZAWIAKY	70	M40/2	(M)27	00:35:20	00:35:19	00:17:35 / 29	16.99
29	1326	SZRAJNER PIOTR	WARSZAWA		ENTRE.PL TEAM / IM2010	74	M30/14	(M)28	00:35:25	00:35:24	00:17:25 / 26	16.95
30	1357	WAŚ ROBERT	WARSZAWA			71	M30/15	(M)29	00:35:27	00:35:26	00:17:43 / 35	16.93
31	6771	ŻYWEK DAWID	OTWOCK			85	M20/12	(M)30	00:35:30	00:35:26	00:17:56 / 43	16.93
32	1078	PIEŃKOS ANTONI	WARSZAWA			92	M20/13	(M)31	00:35:31	00:35:28	00:17:34 / 27	16.92
33	2360	BIELIŃSKI PIOTR			ACTION	67	M40/3	(M)32	00:35:36	00:35:36	00:17:36 / 33	16.85
34	1960	BARAN MATEUSZ	KONSTANCIN JEZIORNA			93	M20/14	(M)33	00:35:47	00:35:45	00:17:52 / 38	16.78
35	5749	KRÓL DARIUSZ	WOŁOMIN		TOW.AKTYWNY RELAKS	64	M40/4	(M)34	00:35:49	00:35:47	00:17:36 / 31	16.77
36	1613	ZAJĄC ROBERT	WAŁBRZYCH		KB TP	75	M30/16	(M)35	00:35:56	00:35:54	00:17:56 / 44	16.71
37	5585	JARZĘBOWICZ PAWEŁ	KATOWICE		DOLINIARZE.COM	79	M30/17	(M)36	00:35:56	00:35:54	00:18:07 / 51	16.71
38	2378	OSMAN ARTUR			ACTION	70	M40/5	(M)37	00:35:58	00:35:56	00:18:01 / 46	16.70
39	1883	DRABCZYK SZYMON	WARSZAWA			60	M50/2	(M)38	00:35:59	00:35:57	00:17:55 / 42	16.69
40	6386	WOJTKOWSKI JAROSŁAW	ZAMBRÓW		ALETEMPO	79	M30/18	(M)39	00:36:02	00:36:00	00:17:54 / 40	16.67
41	3133	GARDENER JACEK	WARSZAWA		ACCELERATE	66	M40/6	(M)40	00:36:10	00:36:08	00:17:46 / 37	16.61
42	766	ŚWIĘTOCHOWSKI KAROL	KOBYŁKA		KB HURAGAN	87	M20/15	(M)41	00:36:15	00:36:13	00:18:02 / 47	16.57
43	1678	WOJTALIK OSKAR	WARSZAWA			93	M20/16	(M)42	00:36:17	00:36:16	00:17:36 / 32	16.54
44	348	GLINKA KRZYSZTOF	WARSZAWA		MKS POLONIA WARSZAWA	64	M40/7	(M)43	00:36:18	00:36:17	00:18:02 / 49	16.54
45	7015	SZOPA MAREK	GORZÓW			74	M30/19	(M)44	00:36:19	00:36:18	00:17:59 / 45	16.53
46	1323	BAREWSKI BOGDAN	WARSZAWA		OTK RZEŹNIK	54	M50/3	(M)45	00:36:21	00:36:21	00:18:02 / 48	16.51
47	2331	KILJAN HUBERT	LEGIONOWO		LEGIONDOG	80	M30/20	(M)46	00:36:23	00:36:22	00:17:53 / 39	16.50

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Czas Netto	5km	[km/h]
48	2460	ZIEMKIEWICZ GRZEGORZ	WARSZAWA			76	M30/21 (M)47	00:36:23	00:36:19	00:18:17 / 61	16.52
49	1695	KOWALSKI ROBERT	ŻELECHÓW			91	M20/17 (M)48	00:36:26	00:36:23	00:17:44 / 36	16.49
50	5906	MAZUREK MARIUSZ	KALISZ		TRIATHLON DELFIN KALISZ	70	M40/8 (M)49	00:36:27	00:36:25	00:17:55 / 41	16.48
51	6118	RAKOCZY MARCIN	KIELCE		KKL KIELCE	76	M30/22 (M)50	00:36:28	00:36:15	00:18:13 / 55	16.55
52	5763	KRZYŻANOWSKI KAROL	GRAJEWÓ		MARATONKA	72	M30/23 (M)51	00:36:29	00:36:28	00:18:13 / 54	16.45
53	5505	GODLEWSKI ANDRZEJ	JEDWABNE			85	M20/18 (M)52	00:36:30	00:36:27	00:18:09 / 52	16.46
54	1097	MAGIERSKI JERZY	WARSZAWA- WESOLA		BYLEDOBIECANIN	56	M50/4 (M)53	00:36:34	00:36:32	00:18:11 / 53	16.42
55	2457	PIWKO RYSZARD	WARSZAWA		PARK LEŚNY BRÓDNO	65	M40/9 (M)54	00:36:40	00:36:37	00:18:14 / 57	16.39
56	2937	GRONOWSKI HUBERT	MICHAŁÓW-REGINÓW			89	M20/19 (M)55	00:36:41	00:36:17	00:18:50 / 80	16.54
57	2529	MIKETA JANUSZ	KAMIENSKIE MŁYNY			69	M40/10 (M)56	00:36:47	00:36:44	00:18:27 / 67	16.33
58	4677	RAJZER KRZYSZTOF	MARKI		ENTRE.PL TEAM	73	M30/24 (M)57	00:36:48	00:36:47	00:18:04 / 50	16.31
59	6547	BOBROWSKI WOJCIECH	LUBOŃ		KB MANIAC	90	M20/20 (M)58	00:36:48	00:36:42	00:18:26 / 66	16.35
60	953	PILARSKA KAROLINA	LUBLINIEC		LUBLINIEC WKB META	87	K20/2 (K)2	00:36:50	00:36:49	00:18:26 / 65	16.30
61	2009	STASZEWSKI WOJCIECH	WARSZAWA		GAZETA WYBORCZA/POLSKA BIEGA	67	M40/11 (M)59	00:36:55	00:36:53	00:18:16 / 59	16.27
62	6347	WESOŁOWSKI IRENEUSZ	WARSZAWA		AZS-AWF WARSZAWA	74	M30/25 (M)60	00:37:00	00:36:59	00:18:27 / 68	16.22
63	3481	KALINSKA RENATA	ŻABIENIEC		IMPACT TEAM	78	K30/1 (K)3	00:37:01	00:37:00	00:18:14 / 56	16.22
64	6416	ZAKRZEWSKI KRZYSZTOF	SOCHACZEW		KM AKTYWNI SOCHACZEW	90	M20/21 (M)61	00:37:07	00:37:02	00:18:52 / 83	16.20
65	1629	WIŚNIEWSKI ROBERT	MAŁA WIEŚ		NIEZRZESZONY	76	M30/26 (M)62	00:37:09	00:37:06	00:18:17 / 62	16.17
66	5441	DRAŻEK PAWEŁ	BELCHATÓW		PGE ELEKTROWNIA BELCHATÓW	68	M40/12 (M)63	00:37:17	00:37:15	00:18:43 / 75	16.11
67	4176	LEŚNIAK ADAM	HALINÓW		BYLEDOBIEC ANIN	65	M40/13 (M)64	00:37:20	00:37:18	00:18:17 / 60	16.09
68	1017	JURKOWSKI JAN	WARSZAWA		ART PROFI TEAM	83	M20/22 (M)65	00:37:22	00:37:18	00:18:18 / 64	16.09
69	759	WESOŁOWSKI MICHAŁ	RYKI		WKS	91	M20/23 (M)66	00:37:24	00:37:16	00:18:41 / 74	16.10
70	3694	STAWCZYK DOMINIKA	WARSZAWA		ENTRE.PL TEAM	82	K20/3 (K)4	00:37:26	00:37:25	00:18:15 / 58	16.04
71	2843	BRZEZIŃSKI CEZARY	WARSZAWA		AMATOR	69	M40/14 (M)67	00:37:33	00:37:23	00:19:10 / 102	16.05
72	1057	OPALA PRZEMYSŁAW	STRZESZEWO		WAT	87	M20/24 (M)68	00:37:38	00:37:22	00:18:50 / 81	16.06
73	1624	NOWOCIEŃ JACEK	PODKOWA LEŚNA		GLKS NADARZYN	59	M50/5 (M)69	00:37:41	00:37:39	00:18:45 / 77	15.94
74	2166	VIRGILI TREIG ALBERT	WARSZAWA			84	M20/25 (M)70	00:37:45	00:37:40	00:18:35 / 72	15.93
75	3778	KONIECZNY WOJCIECH	WARSZAWA			88	M20/26 (M)71	00:37:46	00:37:41	00:18:52 / 84	15.92
76	2312	KARCZEWSKI SYLWESTER	WARSZAWA		ENTRE PL TEAM	59	M50/6 (M)72	00:37:47	00:37:46	00:18:53 / 86	15.89
77	5653	KIECAL ANDRZEJ	SIEMIANOWICE ŚLĄSKIE		FEZ S.A. SIEMIANOWICE	71	M30/27 (M)73	00:37:49	00:37:46	00:18:47 / 79	15.89
78	1909	NAJDZION ROBERT	OLSZTYN		SZYBCY Z OLSZTYNA	76	M30/28 (M)74	00:37:50	00:37:44	00:19:03 / 94	15.90
79	712	RADZIEJOWSKI JAKUB	WARSZAWA		UKA	76	M30/29 (M)75	00:37:50	00:37:43	00:18:31 / 69	15.91
80	1161	SIEPIETOWSKI PIOTR	WARSZAWA			69	M40/15 (M)76	00:37:52	00:37:48	00:18:54 / 87	15.87
81	3256	MARCZAK PAWEŁ	WARSZAWA			71	M30/30 (M)77	00:37:52	00:37:40	00:18:53 / 85	15.93
82	7059	MUSIAŁPOWSKI PIOTR	WARSZAWA			77	M30/31 (M)78	00:37:52	00:37:49	00:18:55 / 89	15.87
83	3775	FIGURSKI CEZARY	WARSZAWA		UKS G-8 BIELANY WARSZAWA	66	M40/16 (M)79	00:37:53	00:37:49	00:18:52 / 82	15.87
84	1906	GODLEWSKI DANIEL	OLSZTYN		SZYBCY Z OLSZTYNA	75	M30/32 (M)80	00:37:54	00:37:48	00:19:03 / 95	15.87
85	1011	BRYŁA KRZYSZTOF	WARSZAWA		BYLEDOBIEC ANIN	79	M30/33 (M)81	00:37:58	00:37:57	00:18:39 / 73	15.81
86	304	ROSZKOWSKI TOMASZ	WARSZAWA			86	M20/27 (M)82	00:38:01	00:37:48	00:19:11 / 105	15.87
87	5712	KOWALCZYK ANDRZEJ	ŁEKNO			87	M20/28 (M)83	00:38:07	00:38:03	00:19:16 / 108	15.77
88	6267	SZTELMACH PIOTR	ŻELECHÓW			86	M20/29 (M)84	00:38:08	00:37:51	00:19:10 / 104	15.85
89	287	ZIÓLKOWSKI JACEK	WARSZAWA		SYRENKA	71	M30/34 (M)85	00:38:08	00:38:08	00:18:56 / 91	15.73
90	1979	ZIENKIEWICZ WOJCIECH	TYCHOWO			84	M20/30 (M)86	00:38:11	00:37:41	00:19:44 / 150	15.92
91	5301	BELOWSKI ŁUKASZ	WARSZAWA		KW WARSZAWA	82	M20/31 (M)87	00:38:13	00:38:07	00:19:30 / 128	15.74
92	7030	WIŚNIEWSKI BARTEK	WARSZAWA			77	M30/35 (M)88	00:38:13	00:38:05	00:19:07 / 99	15.75
93	5518	GORAJ MAREK	KIELCE			65	M40/17 (M)89	00:38:16	00:38:10	00:19:05 / 97	15.72
94	5627	KAMUSIŃSKI PAWEŁ	RADOM		KLUB MARATONCZYKA AZS POLITECHNIKA RADOM	80	M30/36 (M)90	00:38:18	00:38:16	00:18:47 / 78	15.68
95	382	KOTWA ANDRZEJ	OSTROWIEC			67	M40/18 (M)91	00:38:21	00:38:15	00:19:02 / 93	15.69
96	6125	RECLAW ARKADIUSZ	WARSZAWA		DZIAŁKI-LOS.PL	78	M30/37 (M)92	00:38:22	00:38:11	00:19:10 / 103	15.71
97	2160	JASTRZĘBSKI KRZYSZTOF	N.DWÓR MAZ.		JOGGER	68	M40/19 (M)93	00:38:24	00:38:20	00:18:45 / 76	15.65
98	4791	KUZYK AGNIESZKA	RACISZYN			76	K30/2 (K)5	00:38:24	00:38:23	00:19:05 / 98	15.63
99	2879	KOŁODZIEJEK PIOTR	W-WA		-	70	M40/20 (M)94	00:38:25	00:38:20	00:18:57 / 92	15.65
100	5455	DYRLAGA TOMASZ	WĘGIERSKA GÓRKA		POLITECHNIKA ŚLĄSKA	90	M20/32 (M)95	00:38:26	00:38:02	00:19:41 / 142	15.78
101	6460	NOSARZEWSKI KONRAD	STUPSK			91	M20/33 (M)96	00:38:28	00:38:20	00:19:14 / 106	15.65
102	2544	FIGAT ANDRZEJ	KOBYLKA		KOBYLKA	77	M30/38 (M)97	00:38:30	00:38:27	00:18:55 / 90	15.60
103	2136	DOMAŃSKI MICHAŁ	WARSZAWA		BYLEDOBIEC ANIN	80	M30/39 (M)98	00:38:31	00:38:26	00:19:25 / 123	15.61
104	3106	GASPARSKI BARTŁOMIEJ	WARSZAWA		ART-PROFI	77	M30/40 (M)99	00:38:35	00:38:30	00:18:55 / 88	15.58
105	971	STEFANIAK MACIEJ	WARSZAWA		ACCELERATE	83	M20/34 (M)100	00:38:39	00:38:33	00:19:21 / 118	15.56

<b>Miejsce Rank</b>	<b>Nr Bib</b>	<b>Nazwisko i imię Name</b>	<b>Miejscowość City</b>	<b>Kraj Nat</b>	<b>Drużyna Team</b>	<b>R-k YoB</b>	<b>W kategorii in Age Sex</b>	<b>Czas Time</b>	<b>Czas Netto</b>	<b>5km</b>	<b>[km/h]</b>
106	5654	KIELECKI TOMASZ	JÓZEFÓW		OKS START OTWOCK	85	M20/35 (M)101	00:38:39	00:38:37	00:19:20 / 114	15.54
107	4019	BEDNARCZYK BARTOSZ	WARSZAWA		BRYGADA KRYZYS	76	M30/41 (M)102	00:38:43	00:38:41	00:19:04 / 96	15.51
108	4334	DERES DAMIAN	ŻELECHÓW			87	M20/36 (M)103	00:38:49	00:38:46	00:19:29 / 126	15.48
109	5387	CISZCZONIK SEBASTIAN	RZESZÓW		RKW	84	M20/37 (M)104	00:38:52	00:38:46	00:19:29 / 127	15.48
110	4225	CIUPIŃSKI MICHAŁ	WARSZAWA			90	M20/38 (M)105	00:38:54	00:38:44	00:19:21 / 117	15.49
111	2718	ŁASIŃSKI MICHAŁ	WARSZAWA		PUMA Z BIEGIEM WARSZAWY	87	M20/39 (M)106	00:38:55	00:38:50	00:19:20 / 116	15.45
112	3068	ZAWADZAK ZBIGNIEW	WARSZAWA		ENTRE.PL TEAM	62	M40/21 (M)107	00:38:55	00:38:49	00:19:14 / 107	15.46
113	2757	KOWALCZYK MIKOŁAJ	WARSZAWA		NIEPRZEMAKALNI	78	M30/42 (M)108	00:38:55	00:38:39	00:19:16 / 109	15.52
114	2717	DZIWOSZ KATARZYNA	WARSZAWA			80	K30/3 (K)6	00:38:55	00:38:51	00:19:20 / 115	15.44
115	1752	BRODOWSKI KAMIL	GLINICE		LIDER WINNICA	88	M20/40 (M)109	00:38:59	00:38:30	00:19:37 / 138	15.58
116	5351	BREWKA MARIUSZ	ŁÓDŹ		DRUŻYNA SZPIKU	84	M20/41 (M)110	00:38:59	00:38:32	00:19:25 / 122	15.57
117	4625	OLEJKO MICHAŁ	KRAKÓW		EVEO	78	M30/43 (M)111	00:39:01	00:38:36	00:19:38 / 139	15.54
118	6437	ZIMNY EMANUEL	ŁOWICZ		KM AKTYWNI SOCHACZEW	81	M20/42 (M)112	00:39:02	00:38:57	00:19:17 / 110	15.40
119	3332	KOŁODZIEJSKI MIECZYŚLAW	WARSZAWA			68	M40/22 (M)113	00:39:05	00:39:00	00:19:27 / 124	15.38
120	5300	BELKA PAWEŁ	RYKI			89	M20/43 (M)114	00:39:06	00:38:53	00:19:33 / 129	15.43
121	1890	WEBER MICHAŁ	WROCLAW			85	M20/44 (M)115	00:39:09	00:39:00	00:19:35 / 130	15.38
122	2133	KĄCKI PAWEŁ	WARSZAWA		ABC KONDYCJA	75	M30/44 (M)116	00:39:10	00:38:45	00:19:43 / 149	15.48
123	452	WŁODARSKI JAROSŁAW	WARSZAWA			85	M20/45 (M)117	00:39:11	00:38:51	00:19:37 / 135	15.44
124	2268	PEKAŁSKI MAREK	WARSZAWA			77	M30/45 (M)118	00:39:14	00:38:48	00:19:55 / 172	15.46
125	5734	KOZŁOWSKI TOMASZ	PIASECZNO			72	M30/46 (M)119	00:39:15	00:39:11	00:19:48 / 164	15.31
126	3103	KRÓL DARIUSZ	WARSZAWA		BOARD TRAVEL	65	M40/23 (M)120	00:39:15	00:39:13	00:19:24 / 121	15.30
127	1697	WĄSIK ARKADIUSZ	PRZYKWA			82	M20/46 (M)121	00:39:15	00:38:52	00:20:17 / 227	15.44
128	2551	WYCISZKIEWICZ PIOTR	JELENIA GÓRA			70	M40/24 (M)122	00:39:15	00:39:12	00:19:17 / 112	15.31
129	2486	JANKOWSKI ANDRZEJ	WARSZAWA		ABCKONDYCJA	78	M30/47 (M)123	00:39:16	00:39:01	00:19:45 / 152	15.38
130	2339	TURSKI ARTUR	WARSZAWA			87	M20/47 (M)124	00:39:16	00:39:10	00:19:41 / 144	15.32
131	1059	KARAŚ ANDRZEJ	SULEJÓWEK			84	M20/48 (M)125	00:39:17	00:38:52	00:19:52 / 168	15.44
132	5368	CHANCKOWSKI ROBERT	BIAŁA RAWSKA			93	M20/49 (M)126	00:39:17	00:39:11	00:19:19 / 113	15.31
133	6164	SADOWSKI WALDEMAR	BIALYSTOK			80	M30/48 (M)127	00:39:17	00:39:13	00:19:57 / 177	15.30
134	1507	OŻAROWSKI PAWEŁ	BRAŃSK			80	M30/49 (M)128	00:39:19	00:39:16	00:19:58 / 179	15.28
135	3637	OLSZEWSKI BARTOSZ	WARSZAWA		WARSZAWIACY	84	M20/50 (M)129	00:39:24	00:39:19	00:19:37 / 136	15.26
136	6303	ŚWIESIULSKI ŁUKASZ	GARWOLIN			92	M20/51 (M)130	00:39:25	00:39:25	00:19:09 / 100	15.22
137	3636	OLSZEWSKI PAWEŁ	WARSZAWA		WARSZAWIACY	87	M20/52 (M)131	00:39:26	00:39:13	00:19:36 / 134	15.30
138	3140	SABADASZ TOMASZ	WARSZAWA		PIRANIA TARGÓWEK	75	M30/50 (M)132	00:39:27	00:39:12	00:19:54 / 171	15.31
139	3132	PHILLIPS ROBERT	WARSZAWA			74	M30/51 (M)133	00:39:27	00:39:23	00:19:09 / 101	15.23
140	4762	RUTA TOMASZ	ŁÓDŹ		WKB META LUBLINIEC	89	M20/53 (M)134	00:39:27	00:39:07	00:20:02 / 189	15.34
141	1375	BŁASZCZYK CEZARY	KATOWICE		KB HOLMES PLACE	71	M30/52 (M)135	00:39:28	00:39:22	00:19:51 / 167	15.24
142	2168	GOSK DOMINIK	WARSZAWA			92	M20/54 (M)136	00:39:29	00:39:19	00:19:46 / 158	15.26
143	5600	JĘDRZEJCZAK JACEK	ŁÓDŹ		BIEGACZ NOWOSOLNA	58	M50/7 (M)137	00:39:30	00:39:23	00:19:46 / 155	15.23
144	1792	STRZEŻYSZ PIOTR	WARSZAWA		KS BEDNARSKA	73	M30/53 (M)138	00:39:31	00:39:11	00:20:11 / 213	15.31
145	7074	URBANIAK ADAM	KALISZ			85	M20/55 (M)139	00:39:31	00:39:26	00:19:58 / 178	15.22
146	2158	LIBERADZKI HUBERT	N.DWÓR MAZ.		JOGGER	90	M20/56 (M)140	00:39:33	00:39:25	00:19:53 / 170	15.22
147	2483	POLANSKI PIOTR	WARSZAWA		WARSZAWA-MOKOTÓW	65	M40/25 (M)141	00:39:34	00:39:31	00:19:53 / 169	15.18
148	3556	BECZEK DARIUSZ	LEGIONOWO			75	M30/54 (M)142	00:39:34	00:39:21	00:19:36 / 133	15.25
149	6586	BURDKA PIOTR	BRZEZINY		KP PSP BRZEZINY	76	M30/55 (M)143	00:39:34	00:39:19	00:20:05 / 195	15.26
150	5438	DOMAŃSKI BARTŁOMIEJ	PIASECZNO			75	M30/56 (M)144	00:39:35	00:39:20	00:19:48 / 162	15.25
151	1786	TARCZYŃSKI TOMASZ	WARSZAWA			85	M20/57 (M)145	00:39:36	00:39:34	00:19:46 / 157	15.16
152	2236	IGNATOWICZ ANDRZEJ	TARCHOMIN		TRUCHT TARCHOMIN	74	M30/57 (M)146	00:39:36	00:39:22	00:19:50 / 165	15.24
153	1749	BRODOWSKI MICHAŁ	GLINICE		LIDER WINNICA	91	M20/58 (M)147	00:39:38	00:39:09	00:19:43 / 147	15.33
154	3917	OLESZKOWICZ MAREK	JASŁO			81	M20/59 (M)148	00:39:39	00:39:33	00:19:46 / 156	15.17
155	4498	ZIĘTEK OLGA	WARSZAWA			88	K20/4 (K)7	00:39:39	00:39:20	00:19:50 / 166	15.25
156	3491	NIEDŹWIADEK KAMIL	WARSZAWA		AWF WARSZAWA	89	M20/60 (M)149	00:39:42	00:39:35	00:19:28 / 125	15.16
157	2934	HORACZEK MICHAŁ	WARSZAWA			86	M20/61 (M)150	00:39:44	00:39:37	00:19:41 / 143	15.15
158	1761	WLEKLIK MACIEJ	WARSZAWA			85	M20/62 (M)151	00:39:48	00:39:26	00:19:47 / 160	15.22
159	977	JAROSIEWICZ PAWEŁ	WARSZAWA		ACCELERATE	90	M20/63 (M)152	00:39:48	00:39:24	00:20:22 / 236	15.23
160	5377	CHYŁA ARTUR	KONSTANCJA JEZIORNA		TOTALFIT.PL	68	M40/26 (M)153	00:39:49	00:39:24	00:19:56 / 175	15.23
161	36	DĄBROWA KAMIL	WARSZAWA		TOK FM	74	M30/58 (M)154	00:39:50	00:39:48	00:20:03 / 190	15.08
162	1418	KAROLKIEWICZ DANIEL	DROHICZYN		DROHICZYN TEAM	86	M20/64 (M)155	00:39:51	00:39:43	00:20:04 / 191	15.11
163	2895	DOMAŃSKI GERARD	WARSZAWA			73	M30/59 (M)156	00:39:51	00:39:44	00:20:01 / 187	15.10

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Czas Netto	5km	[km/h]
164	6322	TRACZ MACIEJ	ŁÓDŹ		STOWARZYSZENIE MIŁOŚNIKÓW WZGÓRZ DYLEWSK	70	M40/27 (M)157	00:39:52	00:39:33	00:20:01 / 185	15.17
165	5525	GRADZIK MARCIN	LGOTA NADWARCIE		POLITECHNIKA ŚLĄSKA	87	M20/65 (M)158	00:39:52	00:39:23	00:20:07 / 204	15.23
166	6544	SZOTA WOJCIECH	WARSZAWA			74	M30/60 (M)159	00:39:52	00:39:47	00:19:45 / 151	15.08
167	974	KŁÓSEK TOMASZ	WARSZAWA			74	M30/61 (M)160	00:39:54	00:39:48	00:19:56 / 174	15.08
168	3468	NAJBERG MICHAŁ	WARSZAWA		BYLEDOBIEC ANIN	82	M20/66 (M)161	00:39:54	00:39:38	00:20:21 / 235	15.14
169	4514	GIŻYŃSKA ANNA	WARSZAWA		KLUB BIEGACZA NIKE	82	K20/5 (K)8	00:39:55	00:39:45	00:20:09 / 211	15.09
170	933	DREWNOWSKI ROBERT	WARSZAWA			73	M30/62 (M)162	00:39:58	00:39:34	00:20:16 / 221	15.16
171	4773	DAWID ZBIGNIEW	TUREK		GEOTERMIA UNIEJÓW	64	M40/28 (M)163	00:39:59	00:39:43	00:20:05 / 194	15.11
172	3239	ŁABAJCZYK WITOLD	WARSZAWA		PSP	74	M30/63 (M)164	00:39:59	00:39:19	00:20:30 / 253	15.26
173	6177	SIEKIERSKI PAWEŁ	BIALYSTOK		DRUŻYNA SZPIKU / PODLASKI KLUB BIEGOWY	83	M20/67 (M)165	00:40:01	00:39:50	00:20:05 / 196	15.06
174	6280	SZYMBORSKI ŁUKASZ	GARWOLIN		AVON BIEGACZE AOP	84	M20/68 (M)166	00:40:04	00:39:52	00:20:01 / 186	15.05
175	546	CZECHOWSKI ROBERT	WARSZAWA		ALETEMPO	64	M40/29 (M)167	00:40:05	00:39:57	00:19:45 / 154	15.02
176	2106	ANDERS DANIEL	WARSZAWA			79	M30/64 (M)168	00:40:05	00:39:57	00:19:35 / 132	15.02
177	4670	PIOTROWSKI ANDRZEJ	WARSZAWA		ENTRE.PL TEAM	72	M30/65 (M)169	00:40:06	00:39:53	00:19:42 / 146	15.04
178	1108	WITCZAK ANDRZEJ	WARSZAWA			61	M40/30 (M)170	00:40:06	00:39:56	00:20:07 / 205	15.03
179	6717	ŁOŻYŃSKI PIOTR	OLSZTYN			63	M40/31 (M)171	00:40:07	00:39:59	00:19:43 / 148	15.01
180	6395	WÓJCİK WIESŁAW	CHOCIWEL		SZWLA STARGARD SZCZ	59	M50/8 (M)172	00:40:08	00:39:50	00:19:40 / 141	15.06
181	4814	NOWOSAD MICHAŁ	WARSZAWA			81	M20/69 (M)173	00:40:09	00:39:36	00:19:59 / 182	15.15
182	2429	SENK ALEKSANDER	WARSZAWA		OBOZYBIEGOWE.PL	79	M30/66 (M)174	00:40:13	00:40:06	00:19:55 / 173	14.96
183	6346	WERNER KRZYSZTOF	OLSZTYN		BIEGANIE.PL	86	M20/70 (M)175	00:40:15	00:39:46	00:20:20 / 233	15.09
184	5293	BĄCZEK MIROSŁAW	ŁOMŻA		NIEZRZESZONY	66	M40/32 (M)176	00:40:16	00:40:00	00:20:10 / 212	15.00
185	309	AKSIUCIK ARKADIUSZ	WARSZAWA			81	M20/71 (M)177	00:40:17	00:40:09	00:19:47 / 159	14.94
186	6165	SADRAK MICHAŁ	WARSZAWA			87	M20/72 (M)178	00:40:17	00:39:55	00:19:56 / 176	15.03
187	492	GAJOWIAK SEBASTIAN	WARSZAWA			82	M20/73 (M)179	00:40:18	00:40:04	00:20:06 / 199	14.98
188	2387	SIDOR KRZYSZTOF			ACTION	62	M40/33 (M)180	00:40:20	00:40:15	00:19:48 / 163	14.91
189	4112	SŁOMA MARCIN	WARSZAWA			68	M40/34 (M)181	00:40:21	00:40:19	00:19:59 / 181	14.88
190	6235	STRZYCZKOWSKI MACIEJ	WARSZAWA			95	M20/74 (M)182	00:40:21	00:39:59	00:20:27 / 247	15.01
191	3237	ZBRZEŃNIAK PIOTR	WARSZAWA			87	M20/75 (M)183	00:40:24	00:40:20	00:18:18 / 63	14.88
192	3226	PRUSIŃSKI NORBERT	WARSZAWA			67	M40/35 (M)184	00:40:26	00:40:19	00:20:06 / 203	14.88
193	2714	SZALENIEC TOMASZ	DZIAŁOSZYCE			75	M30/67 (M)185	00:40:27	00:40:20	00:19:40 / 140	14.88
194	98	ŁUKOMSKI JANUSZ	WARSZAWA		PKO	78	M30/68 (M)186	00:40:27	00:39:58	00:20:06 / 200	15.01
195	5335	BOGUCKI PAWEŁ	ŁASKARZEW		AVON	83	M20/76 (M)187	00:40:28	00:40:16	00:20:19 / 231	14.90
196	2710	NAGÓRSKI KAMIL	WARSZAWA		AUTONOMIA MAZOWIECKA	75	M30/69 (M)188	00:40:29	00:39:51	00:20:36 / 265	15.06
197	6446	ŻACH PIOTR	WARSZAWA		POLITECHNIKA WARSZAWSKA	74	M30/70 (M)189	00:40:30	00:40:14	00:20:17 / 228	14.91
198	2612	MICHALIK PAWEŁ	WARSZAWA			87	M20/77 (M)190	00:40:31	00:40:30	00:19:24 / 120	14.81
199	976	DĄBROWSKI KRZYSZTOF	RADZYMIN		ACCELERATE	50	M60/1 (M)191	00:40:31	00:40:28	00:20:00 / 183	14.83
200	1787	MIZERSKI MARCEL	WARSZAWA			76	M30/71 (M)192	00:40:31	00:40:29	00:19:47 / 161	14.82
201	6425	ZARZECKI ADRIAN	TŁUSZCZ		AZS UW	87	M20/78 (M)193	00:40:32	00:40:06	00:20:26 / 245	14.96
202	2157	PIETRZYKOWSKI TOMASZ	N.DWÓR MAZ.		JOGGER	93	M20/79 (M)194	00:40:33	00:40:29	00:19:45 / 153	14.82
203	5823	LICHOSIK JERZY	JELEŃSKA GÓRA			50	M60/2 (M)195	00:40:33	00:40:17	00:20:30 / 252	14.89
204	1346	NOWAK KRZYSZTOF	SULEJÓWEK			91	M20/80 (M)196	00:40:34	00:39:48	00:21:21 / 393	15.08
205	6379	WODER OLAF	GARWOLIN		TRUCHTACZ.PL	82	M20/81 (M)197	00:40:34	00:40:10	00:20:06 / 198	14.94
206	3981	ROGULSKI MACIEJ	WARSZAWA		LEGION	73	M30/72 (M)198	00:40:35	00:40:20	00:20:15 / 220	14.88
207	5636	KARLIKOWSKI ANDRZEJ	RADOM		UKSTECHNIKRADOM	56	M50/9 (M)199	00:40:35	00:40:06	00:20:06 / 201	14.96
208	178	WIECZOREK DARIUSZ				10	(M)200	00:40:35	00:40:07	00:20:06 / 197	14.96
209	3818	SZAŁADZIŃSKI SEBASTIAN	ZĄBKI			75	M30/73 (M)201	00:40:38	00:40:27	00:20:08 / 207	14.83
210	1677	GOŁASZEWSKI ŁUKASZ	WARSZAWA			91	M20/82 (M)202	00:40:38	00:40:04	00:20:58 / 317	14.98
211	2284	BŁAŻYŃSKI WITOLD	MŁAWA			85	M20/83 (M)203	00:40:38	00:40:36	00:20:12 / 214	14.78
212	5759	KRZESAK ADAM	PIASTÓW		IM2010	74	M30/74 (M)204	00:40:41	00:40:11	00:20:42 / 272	14.93
213	5719	KOWALSKI ADRIAN	KAMPINOS		KM AKTYWNI SOCHACZEW	88	M20/84 (M)205	00:40:42	00:40:37	00:20:02 / 188	14.77
214	3855	GAWLAK PAWEŁ	WARSZAWA			69	M40/36 (M)206	00:40:43	00:40:08	00:21:25 / 407	14.95
215	6190	SKOWRONEK KRZYSZTOF	SKAWINA			60	M50/10 (M)207	00:40:45	00:39:59	00:21:02 / 335	15.01
216	438	ŚLIWA KRZYSZTOF	WARSZAWA			85	M20/85 (M)208	00:40:47	00:40:34	00:20:57 / 314	14.79
217	153	SAJKOWSKI ANDRZEJ	WARSZAWA			52	M50/11 (M)209	00:40:47	00:40:46	00:19:35 / 131	14.72
218	2847	ANDRES BEATA	WARSZAWA		ENTRE.PL TEAM	75	K30/4 (K)9	00:40:48	00:40:47	00:20:14 / 217	14.71
219	4076	TERLIKOWSKI ARKADIUSZ	NOWA SÓL		UKS AREK SIEDLISSKO	76	M30/75 (M)210	00:40:50	00:40:46	00:20:23 / 240	14.72
220	1176	LIPSKI PIOTR	WARSZAWA			70	M40/37 (M)211	00:40:51	00:40:08	00:20:56 / 310	14.95
221	5499	GĘSZCZAK PATRYK	PABIANICE			92	M20/86 (M)212	00:40:51	00:40:37	00:18:32 / 70	14.77

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Czas Netto	5km	[km/h]
222	5429	DŁUŻNIEWSKI JACEK	ŁOMŻA		DAJESZ BYKU TEAM	75	M30/76 (M)213	00:40:51	00:40:40	00:20:22 / 237	14.75
223	1693	DARUK PIOTR	WARSZAWA			79	M30/77 (M)214	00:40:53	00:40:38	00:20:06 / 202	14.77
224	6120	RATAJCZYK GRZEGORZ	BELCHATÓW		KB SPARTAKUS	85	M20/87 (M)215	00:40:53	00:40:46	00:20:43 / 276	14.72
225	2902	STAROBRAT ARKADIUSZ	WARSZAWA			68	M40/38 (M)216	00:40:54	00:40:39	00:20:32 / 257	14.76
226	5442	DREŻEK KRZYSZTOF	GRAJEWO		MARATONKA	65	M40/39 (M)217	00:40:54	00:40:37	00:20:40 / 268	14.77
227	6822	OSIŃSKI MARCIN	RADOM			86	M20/88 (M)218	00:40:54	00:40:52	00:20:00 / 184	14.68
228	2935	ANDRZEJEWSKI SŁAWOMIR	WARSZAWA		TUKAN SALAD BAR	76	M30/78 (M)219	00:40:55	00:40:54	00:19:42 / 145	14.67
229	3899	KĘDZIERSKI DARIUSZ	WARSZAWA			73	M30/79 (M)220	00:40:55	00:40:46	00:20:12 / 215	14.72
230	6013	OLBRYŚ STANISŁAW-ADAM	NASIELSK		K B PIMAR LEGIONOWO	67	M40/40 (M)221	00:40:58	00:40:52	00:20:20 / 234	14.68
231	908	GÓRAL TADEUSZ	WARSZAWA		BRAK	70	M40/41 (M)222	00:40:58	00:40:34	00:20:14 / 216	14.79
232	5564	JACHIMCZYK ALEKSANDRA	CHRZANÓW		FALSTART CHRZANÓW	83	K20/6 (K)10	00:40:58	00:40:46	00:20:16 / 222	14.72
233	6170	SAWICKI PIOTR	SKIERNIEWICE			85	M20/89 (M)223	00:40:59	00:40:25	00:20:48 / 287	14.85
234	3707	PUCZYŁOWSKI TOMASZ	WARSZAWA		BIEGAMY Z OCHOTĄ	74	M30/80 (M)224	00:41:01	00:40:47	00:20:16 / 223	14.71
235	5923	MIESZKOWSKI RADOSŁAW	WARSZAWA		IM2010 WARSZAWA	71	M30/81 (M)225	00:41:02	00:40:50	00:20:16 / 224	14.69
236	5283	BARAŃSKI SZCZEPAN	WARSZAWA			78	M30/82 (M)226	00:41:03	00:40:56	00:20:08 / 208	14.66
237	6037	PAŁUBSKI ARKADIUSZ	BELCHATÓW		KB SPARTAKUS BELCHATÓW	78	M30/83 (M)227	00:41:03	00:40:56	00:20:43 / 279	14.66
238	5320	BIEŃKO TOMASZ	SOKÓŁ		BRAK	84	M20/90 (M)228	00:41:05	00:40:48	00:20:04 / 193	14.71
239	4535	MRUGASIEWICZ TOMASZ	SZEPIETOWO			83	M20/91 (M)229	00:41:05	00:40:46	00:20:17 / 226	14.72
240	5942	MITURA MIKOŁAJ	ZAKALEW		18 PULK ROZPOZNAWCZY	88	M20/92 (M)230	00:41:07	00:39:52	00:21:12 / 365	15.05
241	1348	NOWAK MACIEJ	SULEJÓWEK			65	M40/42 (M)231	00:41:07	00:40:23	00:21:22 / 397	14.86
242	4123	ROMAŃSKI KAZIMIERZ	LEGIONOWO		WSB CYTADELA	64	M40/43 (M)232	00:41:11	00:41:04	00:20:30 / 254	14.61
243	175	POŚNIK MATEUSZ				10	(M)233	00:41:12	00:40:27	00:21:00 / 328	14.83
244	5960	MOTEL PAWEŁ	WARSZAWA			79	M30/84 (M)234	00:41:13	00:40:51	00:20:34 / 261	14.69
245	1290	PECZSZ JAKUB	WARSZAWA		KLUB WYSOKOGORSKI W-WA GCH	77	M30/85 (M)235	00:41:13	00:40:58	00:20:08 / 209	14.65
246	349	OKULUS PIOTR	WARSZAWA		LEGION WARSZAWA	86	M20/93 (M)236	00:41:15	00:41:03	00:20:32 / 258	14.62
247	2023	RZESZUTEK MARCIN	TRUSKAW			83	M20/94 (M)237	00:41:15	00:40:54	00:20:24 / 241	14.67
248	6844	OLEK PAWEŁ	WARSZAWA			75	M30/86 (M)238	00:41:15	00:40:37	00:20:52 / 300	14.77
249	1385	ŻYWEK MACIEJ	WARSZAWA		ALETEMPO	73	M30/87 (M)239	00:41:17	00:41:07	00:19:37 / 137	14.59
250	1410	GRZĘDA TOMASZ	SZYDŁOWIEC		LENIWCE TEAM POLSKÓR	78	M30/88 (M)240	00:41:18	00:41:02	00:21:03 / 340	14.62
251	848	WOJTAS JANUSZ	WARSZAWA			67	M40/44 (M)241	00:41:19	00:40:53	00:21:01 / 329	14.68
252	2758	ZAWADZKI MACIEJ	WARSZAWA		BIEGAMY Z OCHOTĄ	78	M30/89 (M)242	00:41:19	00:41:03	00:20:49 / 289	14.62
253	6517	LIRO JANUSZ	WARSZAWA			83	M20/95 (M)243	00:41:19	00:41:09	00:20:08 / 206	14.58
254	6321	TRACZ JACEK	WYSOKA			63	M40/45 (M)244	00:41:20	00:41:00	00:20:32 / 259	14.63
255	4727	MIŚKIEWICZ MICHAŁ	WARSZAWA			91	M20/96 (M)245	00:41:20	00:40:52	00:20:28 / 248	14.68
256	6900	GOŚ PIOTR	OBÓRKI			83	M20/97 (M)246	00:41:20	00:41:15	00:19:22 / 119	14.55
257	2207	STRZYKOWSKI DANIEL	WARSZAWA			80	M30/90 (M)247	00:41:21	00:40:53	00:20:39 / 266	14.68
258	2264	LESZCZYŃSKI PAWEŁ	WARSZAWA			60	M50/12 (M)248	00:41:21	00:41:12	00:20:27 / 246	14.56
259	898	SZWAJKOWSKI PAWEŁ	WARSZAWA			74	M30/91 (M)249	00:41:22	00:41:00	00:20:58 / 320	14.63
260	3544	MUZYKA MICHAŁ	WARSZAWA		KOPYTKO	71	M30/92 (M)250	00:41:22	00:41:04	00:20:20 / 232	14.61
261	1892	ARAŻNY ZBIGNIEW	WARSZAWA			71	M30/93 (M)251	00:41:22	00:41:08	00:20:25 / 243	14.59
262	5956	MOKROS ZUZANNA	PABIANICE		RKS ŁÓDŹ	93	K20/7 (K)11	00:41:24	00:41:04	00:20:33 / 260	14.61
263	1967	MALESZKA PAWEŁ	JABŁONNA			63	M40/46 (M)252	00:41:24	00:41:19	00:20:15 / 218	14.52
264	5869	MAJEWSKI MACIEJ	ŚWIDNICA			80	M30/94 (M)253	00:41:24	00:40:50	00:20:50 / 291	14.69
265	1471	ŁUKASZEWSKI WITOLD	RADZIWIŁŁÓW			67	M40/47 (M)254	00:41:25	00:41:03	00:21:06 / 344	14.62
266	6884	ŁACHUT WOJCIECH	MŁAWA			78	M30/95 (M)255	00:41:25	00:41:05	00:20:29 / 250	14.60
267	6326	TYBURSKI MARIUSZ	PRZASNYSZ			76	M30/96 (M)256	00:41:26	00:41:02	00:21:10 / 356	14.62
268	837	FOREMNIK RAFAŁ	OŻARÓW MAZOWIECKI			74	M30/97 (M)257	00:41:27	00:41:13	00:20:40 / 267	14.56
269	2153	JAJSZCZAK MACIEJ	N.DWÓR MAZ.		JOGGER	95	M20/98 (M)258	00:41:27	00:41:19	00:19:59 / 180	14.52
270	5840	LUSAWA ADAM	LEGIONOWO		LOTOS JABŁONNA	80	M30/98 (M)259	00:41:27	00:41:13	00:20:31 / 256	14.56
271	4943	TOPOLSKI MARCIN	JADOWNIKI		BIEGAJZNAMI.PL	76	M30/99 (M)260	00:41:28	00:40:32	00:21:18 / 383	14.80
272	3102	KONARSKI JAKUB	WARSZAWA		WARSZAWIAKY	77	M30/100 (M)261	00:41:28	00:40:51	00:21:18 / 382	14.69
273	975	OWSIŃSKI ANDRZEJ	WARSZAWA		KLUB BIEGOWY ACCELERATE	70	M40/48 (M)262	00:41:29	00:41:03	00:20:43 / 278	14.62
274	5769	KUBLIK MACIEJ	JANÓW PODLASKI			75	M30/101 (M)263	00:41:29	00:41:11	00:21:02 / 334	14.57
275	807	ŚWIDERSKI SŁAWOMIR	OKUNIEW			72	M30/102 (M)264	00:41:30	00:41:05	00:20:43 / 275	14.60
276	3105	GASPARSKI ARKADIUSZ	WARSZAWA			77	M30/103 (M)265	00:41:30	00:40:40	00:20:52 / 297	14.75
277	2489	ZARZECKI KAROL	WARSZAWA			91	M20/99 (M)266	00:41:32	00:41:05	00:20:56 / 308	14.60
278	3783	ŚWIĘTOCHOWSKI MARCIN	KOBYŁKA			84	M20/100 (M)267	00:41:32	00:41:01	00:20:47 / 286	14.63
279	110	CHMIELEWSKI KRZYSZTOF	GÓRA KALWARIA			76	M30/104 (M)268	00:41:32	00:41:29	00:20:34 / 262	14.46

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Czas Netto	5km	[km/h]
280	305	DĄBROWSKI ROBERT	WARSZAWA			71	M30/105 (M)269	00:41:33	00:41:31	00:20:36 / 264	14.45
281	5631	KANTYKA BEATA	OŚWIĘCIM		ZADYSZKA OŚWIĘCIM	81	K20/8 (K)12	00:41:33	00:41:21	00:20:42 / 274	14.51
282	2397	WOJCIESKI TOMASZ			ACTION	71	M30/106 (M)270	00:41:35	00:41:14	00:21:02 / 338	14.55
283	2575	KOWALIK MARCIN	WARSZAWA			79	M30/107 (M)271	00:41:36	00:41:31	00:20:31 / 255	14.45
284	3870	SZUDER PRZEMYSŁAW	WARSZAWA			78	M30/108 (M)272	00:41:37	00:41:09	00:20:57 / 315	14.58
285	3827	BOGUSZEWSKI PIOTR	WOŁOMIN			81	M20/101 (M)273	00:41:37	00:40:59	00:21:24 / 401	14.64
286	3524	BOGUSZEWSKI DARIUSZ	WARSZAWA			79	M30/109 (M)274	00:41:37	00:41:20	00:21:07 / 347	14.52
287	4438	PAWELEC FILIP	BRWINÓW			81	M20/102 (M)275	00:41:38	00:40:52	00:21:58 / 502	14.68
288	5803	LASECKI MARIUSZ	KARCZEW			80	M30/110 (M)276	00:41:38	00:41:05	00:21:09 / 353	14.60
289	5554	HERMAN RAFAL	JOZEFOSŁAW		POWERSALES TRIATHLON TEAM	76	M30/111 (M)277	00:41:39	00:41:34	00:20:17 / 225	14.43
290	968	JAWORSKI MACIEJ	WARSZAWA			76	M30/112 (M)278	00:41:40	00:41:06	00:21:09 / 352	14.60
291	5706	KOSSAKOWSKI MATEUSZ	WOLA CYGOWSKA		KB POŚWIĘTNE	94	M20/103 (M)279	00:41:41	00:41:35	00:20:04 / 192	14.43
292	1003	BORYSIUK ŁUKASZ	HUSZLEW			87	M20/104 (M)280	00:41:41	00:41:34	00:20:43 / 277	14.43
293	2674	KALESKI PAWEŁ	KOBYŁKA			80	M30/113 (M)281	00:41:42	00:41:27	00:21:05 / 343	14.48
294	3596	GŁOWACKI JACEK	WARSZAWA		BIEGAMY Z OCHOTĄ	61	M40/49 (M)282	00:41:42	00:41:29	00:20:41 / 269	14.46
295	6070	PILKOWSKI TADEUSZ	KARCZEW		OKS OTWOCK	90	M20/105 (M)283	00:41:43	00:41:11	00:20:18 / 229	14.57
296	3308	KALINOWSKI ARKADIUSZ	MIŃSK MAZOWIECKI			72	M30/114 (M)284	00:41:44	00:41:05	00:20:52 / 298	14.60
297	2167	NIEMIRA MICHAŁ	WARSZAWA			84	M20/106 (M)285	00:41:45	00:41:31	00:20:23 / 239	14.45
298	4032	PIASECKI TOMASZ	WARSZAWA		MIM UW	80	M30/115 (M)286	00:41:45	00:41:21	00:21:05 / 342	14.51
299	496	SROKA BARTOSZ	GLUCHOŁAZY		JUVENIA GLUCHOŁAZY	85	M20/107 (M)287	00:41:48	00:41:39	00:20:26 / 244	14.41
300	828	KOWALCZYK PAWEŁ	WOŁOMIN		AKTYWNY RELAKS - WOŁOMIN	70	M40/50 (M)288	00:41:49	00:41:41	00:20:42 / 273	14.39
301	3797	PAŁYSA GRZEGORZ	GARWOLIN		AVON	81	M20/108 (M)289	00:41:50	00:41:39	00:20:29 / 251	14.41
302	5851	ŁOJEK NORBERT	OSTROWIEC			87	M20/109 (M)290	00:41:50	00:41:22	00:21:20 / 390	14.50
303	6030	OWCZAREK ROBERT	KATOWICE			85	M20/110 (M)291	00:41:51	00:41:29	00:21:36 / 429	14.46
304	6320	TRACIEWICZ PIOTR	KRAKÓW			82	M20/111 (M)292	00:41:52	00:41:21	00:21:15 / 376	14.51
305	1223	CZECHOWSKI MAREK	WARSZAWA			87	M20/112 (M)293	00:41:53	00:41:43	00:21:13 / 367	14.38
306	12	ŚMIGIELSKI DOMINIK	PLESZEW		POWERADE	81	M20/113 (M)294	00:41:53	00:41:50	00:20:54 / 303	14.34
307	5732	KOZIOL GRZEGORZ	WARSZAWA		PSP	80	M30/116 (M)295	00:41:53	00:41:04	00:21:51 / 479	14.61
308	5900	MATYJASIK MIROSLAW	PULAWY		123-A-TERAZ-MY	73	M30/117 (M)296	00:41:53	00:41:48	00:20:19 / 230	14.35
309	5860	ŁUKASIK MARCIN	WARSZAWA		123.PL	82	M20/114 (M)297	00:41:54	00:41:35	00:20:51 / 296	14.43
310	3730	KLEPACZ KRZYSZTOF	GRODZISK MAZOWIECKI			92	M20/115 (M)298	00:41:54	00:41:22	00:21:08 / 350	14.50
311	3649	TAJCHMAN MICHAŁ	WŁOSZCZOWA			82	M20/116 (M)299	00:41:55	00:41:51	00:20:23 / 238	14.34
312	1879	ORLIŃSKI TOMASZ	LEGIONOWO		GAZETA WYBORCZA	79	M30/118 (M)300	00:41:55	00:41:34	00:20:55 / 307	14.43
313	6166	SADURSKI KRZYSZTOF	ŁASKARZEW		AVON	74	M30/119 (M)301	00:41:55	00:41:42	00:20:53 / 302	14.39
314	7098	WÓJCIC MARCIN	BRODNICA			77	M30/120 (M)302	00:41:55	00:41:47	00:20:15 / 219	14.36
315	6042	PAPUGA DARIUSZ	JAWISZOWICE		ZADYSZKA OŚWIĘCIM	65	M40/51 (M)303	00:41:57	00:41:45	00:20:25 / 242	14.37
316	7021	BOBRUK MICHAŁ	BIALYSTOK			81	M20/117 (M)304	00:41:57	00:41:24	00:22:01 / 514	14.49
317	2521	KLIMCZEWSKI ANDRZEJ	ŁÓDŹ		FOREVER YOUNG ŁÓDŹ	62	M40/52 (M)305	00:41:58	00:41:36	00:20:54 / 305	14.42
318	1880	KUCHARSKI MAREK	PIASECZNO		GAZETA WYBORCZA	74	M30/121 (M)306	00:41:58	00:41:36	00:21:06 / 345	14.42
319	683	ROZKRUT BRONISŁAW	MICHAŁOWICE			65	M40/53 (M)307	00:41:59	00:41:44	00:20:46 / 284	14.38
320	1793	PAŁGAN GRZEGORZ	WARSZAWA		KS BEDNARSKA	78	M30/122 (M)308	00:42:00	00:41:22	00:21:34 / 423	14.50
321	5680	KOMAR ANDRZEJ	ZIELONY KĄT			76	M30/123 (M)309	00:42:01	00:41:54	00:20:42 / 271	14.32
322	6807	DEMSIŃSKI MAREK	POZNAŃ			74	M30/124 (M)310	00:42:01	00:41:32	00:20:46 / 282	14.45
323	1378	KAMIŃSKI ADAM	RASZYN			83	M20/118 (M)311	00:42:02	00:41:17	00:21:29 / 416	14.53
324	4913	WALASEK PRZEMYSŁAW	KOBYŁKA		KOBYŁKA BŁYSKAWICA	76	M30/125 (M)312	00:42:02	00:41:26	00:21:15 / 374	14.48
325	3031	KRYWONOSOW DENIS	OŻARÓW MAZOWIECKI			84	M20/119 (M)313	00:42:04	00:41:18	00:21:53 / 483	14.53
326	6353	WIECZOREK TOMASZ	KIELCE		KKL KIELCE	84	M20/120 (M)314	00:42:04	00:41:12	00:21:55 / 490	14.56
327	2333	NADOLSKI DARIUSZ	STAWISZYN-ZWALEWO		KB PROMYK CIECHANÓW	74	M30/126 (M)315	00:42:05	00:41:41	00:20:47 / 285	14.39
328	3443	LOKWENC MARIUSZ	WARSZAWA		BRAK	74	M30/127 (M)316	00:42:05	00:41:36	00:20:49 / 288	14.42
329	6102	PRZYBYSZ KRZYSZTOF	WARSZAWA		ART PROFI	69	M40/54 (M)317	00:42:06	00:41:54	00:21:02 / 336	14.32
330	4289	SŁOCIAK ŁUKASZ	WARSZAWA			95	M20/121 (M)318	00:42:06	00:41:54	00:20:53 / 301	14.32
331	1698	KRUPIŃSKI ANDRZEJ	NOWY DWÓR		SAPER KAZUN	69	M40/55 (M)319	00:42:07	00:41:55	00:21:02 / 337	14.31
332	2778	MARCZUK KAZIMIERZ	MAGDAŁAENKA		MAGDAŁAENKA	54	M50/13 (M)320	00:42:07	00:41:59	00:21:04 / 341	14.29
333	3912	OLSZÓWKA JAROSŁAW	WARSZAWA			72	M30/128 (M)321	00:42:07	00:41:54	00:21:01 / 332	14.32
334	5383	CIESIELSKI KRYSZTIAN	SOCHACZEW		KM AKTYWNI SOCHACZEW	91	M20/122 (M)322	00:42:07	00:41:34	00:21:59 / 505	14.43
335	664	BIAŁEK MARCIN	WARSZAWA		KB NIKE	69	M40/56 (M)323	00:42:08	00:41:14	00:22:07 / 537	14.55
336	4832	MAŃCZAK ROBERT	GDAŃSK			80	M30/129 (M)324	00:42:08	00:41:36	00:21:19 / 387	14.42
337	3490	NIEDŹWIADEK CZESŁAW	WARSZAWA		DOWÓDZTWO GARNIZONU WARSZAWA	56	M50/14 (M)325	00:42:09	00:41:58	00:21:09 / 355	14.30

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Czas Netto	5km	[km/h]
338	5297	BEHOUNEK LESZEK	ZAKOPANE		TOWARZYSTWO GIMNASTYCZNE SOKÓŁ ZAKOPANE	59	M50/15 (M)326	00:42:09	00:41:48	00:21:10 / 357	14.35
339	1160	SIDOROWICZ ANDRZEJ	POLANICA ZDRÓJ		NIEZRZESZONY	69	M40/57 (M)327	00:42:11	00:41:52	00:21:47 / 467	14.33
340	794	WIATR MICHAŁ	WARSZAWA		SOFTTUTOR	79	M30/130 (M)328	00:42:11	00:42:01	00:21:00 / 326	14.28
341	7049	WIĘCŁAN ANDRZEJ	BŁONIE			66	M40/58 (M)329	00:42:11	00:41:56	00:20:51 / 293	14.31
342	139	JACZEWSKI WOJCIECH	WARSZAWA			80	M30/131 (M)330	00:42:12	00:41:43	00:20:45 / 281	14.38
343	3050	SKALSKI PIOTR	WARSZAWA			67	M40/59 (M)331	00:42:13	00:41:46	00:21:02 / 339	14.37
344	3948	NADROWSKI SŁAWOMIR	MILANÓWEK			76	M30/132 (M)332	00:42:14	00:42:10	00:21:00 / 325	14.23
345	4131	PYZ MAREK	WARSZAWA		PYZY WĘDROWNICZKI	81	M20/123 (M)333	00:42:15	00:41:29	00:22:03 / 521	14.46
346	4577	GOTKOWICZ KRZYSZTOF	GDAŃSK			75	M30/133 (M)334	00:42:15	00:41:40	00:21:26 / 411	14.40
347	2204	CZARNECKI MARCIN	WARSZAWA			76	M30/134 (M)335	00:42:15	00:41:48	00:21:01 / 333	14.35
348	4029	MAZUR MAREK	PIASECZNO			67	M40/60 (M)336	00:42:15	00:41:52	00:21:38 / 435	14.33
349	539	KOZŁOWSKI GABRIEL	WARSZAWA			73	M30/135 (M)337	00:42:16	00:42:04	00:20:59 / 324	14.26
350	513	LISICA MARCIN	WARSZAWA			72	M30/136 (M)338	00:42:17	00:41:22	00:22:16 / 571	14.50
351	4255	PRÓCHNIK MARCIN	WARSZAWA		WAT WARSZAWA	88	M20/124 (M)339	00:42:17	00:41:44	00:21:01 / 330	14.38
352	2743	KOWALSKI MICHAŁ	WARSZAWA		TOWARZYSTWO GIMNASTYCZNE SOKÓŁ ZAKOPANE	92	M20/125 (M)340	00:42:20	00:41:46	00:21:45 / 459	14.37
353	5512	GONDEK ANDRZEJ	WARSZAWA			74	M30/137 (M)341	00:42:21	00:41:31	00:21:46 / 466	14.45
354	403	SZTUBECKI MICHAŁ	WARSZAWA			72	M30/138 (M)342	00:42:21	00:41:57	00:20:51 / 294	14.30
355	4608	SOTEK MAREK	WARSZAWA			73	M30/139 (M)343	00:42:24	00:41:44	00:22:03 / 522	14.38
356	5452	DWORZAŃSKI TOMASZ	LUBLIN		ZATKAŁO KAKAŁO	80	M30/140 (M)344	00:42:24	00:42:18	00:21:10 / 358	14.18
357	1301	BUDZYŃSKI KRZYSZTOF	WARSZAWA		URSYNÓW	65	M40/61 (M)345	00:42:25	00:41:26	00:21:36 / 428	14.48
358	2152	ŚLUSARCZYK PAULINA	N.DWÓR MAZ.		JOGGER	94	K20/9 (K)13	00:42:26	00:42:23	00:20:50 / 290	14.16
359	1587	GRUNWALD WITOLD	WARSZAWA		METRO WARSZAWSKIE	58	M50/16 (M)346	00:42:26	00:42:20	00:20:56 / 312	14.17
360	6451	ŻEBROWSKI PIOTR	BRUDZEŃ		TKKF PŁOCK	76	M30/141 (M)347	00:42:27	00:41:37	00:22:16 / 574	14.42
361	4532	GRABARCZYK MARCIN	WARSZAWA			68	M40/62 (M)348	00:42:27	00:42:02	00:21:26 / 408	14.27
362	5486	GAJEWSKI ALEKSANDER	WARSZAWA			87	M20/126 (M)349	00:42:28	00:41:26	00:22:08 / 544	14.48
363	3536	TRZESZCZKOWSKI KONRAD	WARSZAWA			85	M20/127 (M)350	00:42:28	00:41:45	00:20:59 / 323	14.37
364	3220	BEDNARZ PAWEŁ	DĄBROWA GÓRNICZA			87	M20/128 (M)351	00:42:28	00:41:12	00:22:12 / 556	14.56
365	1186	DELVERN PIERRE-MARIE	WARSZAWA			75	M30/142 (M)352	00:42:30	00:41:43	00:20:55 / 306	14.38
366	2642	GÓRZYŃSKI JAKUB	WARSZAWA			81	M20/129 (M)353	00:42:30	00:41:34	00:21:54 / 487	14.43
367	5403	CZARNECKI CEZARY	WARSZAWA			89	M20/130 (M)354	00:42:30	00:41:49	00:21:42 / 450	14.35
368	3656	KOWALIK ŁUKASZ	WARSZAWA		MIM UW	77	M30/143 (M)355	00:42:31	00:42:18	00:21:47 / 468	14.18
369	2943	BUCZYŃSKI MICHAŁ	RADOM			70	M40/63 (M)356	00:42:31	00:42:13	00:20:46 / 283	14.21
370	3896	ŁYŻWIŃSKI TOMASZ	WARSZAWA			68	M40/64 (M)357	00:42:32	00:42:09	00:21:45 / 464	14.23
371	4451	CZUBA KAROL	ŚWIDNIK			88	M20/131 (M)358	00:42:32	00:42:00	00:21:25 / 405	14.29
372	387	OLCZAK JANUSZ	WARSZAWA			64	M40/65 (M)359	00:42:33	00:42:25	00:21:14 / 370	14.15
373	3901	NOJSZEWSKI KAZIMIERZ	NOWA IWICZNA		BYLEDOBIEC ANIN	68	M40/66 (M)360	00:42:33	00:42:14	00:21:09 / 354	14.21
374	4133	GAWĘDA WŁODZIMIERZ	ZĄBKI			76	M30/144 (M)361	00:42:33	00:42:04	00:22:13 / 562	14.26
375	2125	BUJWID KRZYSZTOF	WARSZAWA			87	M20/132 (M)362	00:42:33	00:42:05	00:21:45 / 462	14.26
376	5988	NIEMCZYK KAZIMIERZ	MILANÓWEK		WUM	62	M40/67 (M)363	00:42:33	00:42:01	00:20:56 / 309	14.28
377	350	STANISZ PIOTR	WARSZAWA		LEGION WARSZAWA	86	M20/133 (M)364	00:42:35	00:42:23	00:20:51 / 295	14.16
378	2982	STEFANKOWSKI MAREK	IZABELIN		POLSKA BIEGA	69	M40/68 (M)365	00:42:35	00:42:35	00:20:45 / 280	14.09
379	2826	BAŃBURA PIOTR	KOŃSKIE		PASAT KOŃSKIE	79	M30/145 (M)366	00:42:36	00:42:13	00:21:16 / 378	14.21
380	5579	JANKOWSKI LECH	SZCZECIN		MARATOŃCZYK TEAM SZCZECIN	55	M50/17 (M)367	00:42:36	00:42:15	00:21:20 / 389	14.20
381	714	ASŁANOWICZ MARCIN	WARSZAWA			75	M30/146 (M)368	00:42:37	00:42:35	00:20:52 / 299	14.09
382	1573	ŚWIERCZ JACEK	WARSZAWA		BYLEDOBIEC ANIN	69	M40/69 (M)369	00:42:37	00:42:06	00:21:20 / 391	14.25
383	6428	ZAWISTOWSKI ARTUR	WARSZAWA		WARSZAWIACY	76	M30/147 (M)370	00:42:37	00:42:21	00:21:26 / 409	14.17
384	1313	SZTERNER BARTOSZ	WARSZAWA			86	M20/134 (M)371	00:42:37	00:42:20	00:20:54 / 304	14.17
385	3011	RADWAN MIKOŁAJ	WARSZAWA			84	M20/135 (M)372	00:42:37	00:42:17	00:21:08 / 349	14.19
386	5416	DAJCZER RAFAŁ	WARSZAWA			77	M30/148 (M)373	00:42:39	00:42:33	00:21:11 / 359	14.10
387	3843	KARCZ JACEK	WARSZAWA			73	M30/149 (M)374	00:42:40	00:42:32	00:21:01 / 331	14.11
388	5477	FIRADZA MICHAŁ	KROŚNIEWICE			75	M30/150 (M)375	00:42:40	00:42:32	00:21:19 / 385	14.11
389	429	RZEŃNICKI JACEK	WARSZAWA			84	M20/136 (M)376	00:42:41	00:42:06	00:21:47 / 471	14.25
390	2713	WOJDAK ROBERT	WARSZAWA		BIEGAMY Z OCHOTĄ	67	M40/70 (M)377	00:42:41	00:42:20	00:21:20 / 392	14.17
391	3450	MAJEWSKI MICHAŁ	WARSZAWA		AZS UW JUDO	87	M20/137 (M)378	00:42:41	00:41:51	00:21:31 / 419	14.34
392	1775	MIKITA KONRAD	DĘBE WIELKIE		AKADEMIA SZTUK WALKI	91	M20/138 (M)379	00:42:42	00:42:33	00:20:09 / 210	14.10
393	477	MADRACH PIOTR	WARSZAWA		KB GYMNASION WARSZAWA	83	M20/139 (M)380	00:42:43	00:42:15	00:20:58 / 319	14.20
394	2092	OBRYCKI OLGIERD	WARSZAWA		NR	79	M30/151 (M)381	00:42:43	00:42:16	00:21:27 / 412	14.20

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Czas Netto	5km	[km/h]
395	3580	DOROSZUK ADAM	WARSZAWA			91	M20/140 (M)382	00:42:43	00:42:00	00:21:21 / 396	14.29
396	4500	LENGIEWICZ JAKUB	WARSZAWA		OTK RZEŹNIK	77	M30/152 (M)383	00:42:44	00:42:24	00:20:56 / 313	14.15
397	1256	TAUZ ANDRZEJ	WARSZAWA		-	76	M30/153 (M)384	00:42:45	00:42:30	00:20:59 / 322	14.12
398	4351	BOROWIEC MICHAŁ	WARSZAWA			75	M30/154 (M)385	00:42:45	00:42:12	00:22:01 / 513	14.22
399	1261	JACQUES KRZYSZTOF	WARSZAWA			57	M50/18 (M)386	00:42:46	00:42:37	00:21:11 / 362	14.08
400	2756	GRZANA TOMASZ	WARSZAWA		NIEPRZEMAKALNI	75	M30/155 (M)387	00:42:46	00:42:30	00:21:21 / 394	14.12
401	5408	CZERNIAWSKI ADAM	WARSZAWA		KS BEDNARSKA	90	M20/141 (M)388	00:42:46	00:41:59	00:21:55 / 492	14.29
402	3928	SZLENDAK JAROSŁAW	PIASECZNO			62	M40/71 (M)389	00:42:48	00:42:41	00:21:12 / 363	14.06
403	4504	MARCHEWKA PIOTR	WARSZAWA		DPMT	88	M20/142 (M)390	00:42:48	00:42:38	00:21:44 / 454	14.07
404	2607	KOJRO ŁUKASZ	WARSZAWA		ZWIĄZKOWIEC	78	M30/156 (M)391	00:42:49	00:42:30	00:21:48 / 473	14.12
405	6024	OSIECKI KAMIL	KONSTANCIN-JEZIORNA			93	M20/143 (M)392	00:42:49	00:42:31	00:21:07 / 346	14.11
406	3208	WYPYCH RADOSŁAW	WARSZAWA		ART PROFI TEAM	69	M40/72 (M)393	00:42:50	00:42:48	00:20:41 / 270	14.02
407	6063	PIECZARKA DARIUSZ	OLSZTYN			72	M30/157 (M)394	00:42:50	00:41:11	00:22:44 / 689	14.57
408	4287	MISKIEWICZ MARCIN	KOZIENICE		KB GALERIA WARSZAWA	79	M30/158 (M)395	00:42:51	00:41:51	00:22:01 / 515	14.34
409	5711	KOTOWICZ TADEUSZ	OTWOCK			53	M50/19 (M)396	00:42:52	00:42:39	00:21:37 / 432	14.07
410	5905	MAZUREK FILIP	WARSZAWA			81	M20/144 (M)397	00:42:52	00:42:09	00:22:53 / 721	14.23
411	4834	CZACHOR MAREK	ŚWIEBODZIN		WULKANY MIŁOŚCI	82	M20/145 (M)398	00:42:53	00:42:21	00:22:16 / 572	14.17
412	4370	SWĘD KRZYSZTOF	WARSZAWA			86	M20/146 (M)399	00:42:53	00:39:29	00:23:44 / 943	15.20
413	5317	BIELEŃ ŁUKASZ	KROSNO		AZS WAT WARSZAWA	89	M20/147 (M)400	00:42:53	00:42:22	00:21:13 / 368	14.16
414	6071	PIOTRAK MARCIN	WARSZAWA		ANKODOR	75	M30/159 (M)401	00:42:53	00:42:23	00:20:56 / 311	14.16
415	2161	DOBROWOLSKI MAREK	N.DWÓR MAZ.		JOGGER	64	M40/73 (M)402	00:42:54	00:42:45	00:20:58 / 321	14.04
416	137	RODAK PAWEŁ	ŁĘKAWICA			84	M20/148 (M)403	00:42:54	00:42:00	00:22:00 / 508	14.29
417	6377	WNUK MARCIN	WARSZAWA		NASZE-BIEGANIE.PL	76	M30/160 (M)404	00:42:55	00:42:16	00:22:02 / 519	14.20
418	3677	BIELECKI TOMASZ	LUBLIN			87	M20/149 (M)405	00:42:55	00:42:53	00:21:35 / 424	13.99
419	4935	LEKI ROBERT	WARSZAWA			73	M30/161 (M)406	00:42:56	00:42:47	00:21:14 / 373	14.02
420	65	BRAMBOR ŁUKASZ	SZCZECIN		POWERADE	81	M20/150 (M)407	00:42:57	00:42:04	00:21:36 / 430	14.26
421	3422	SHADRACK MARK	WARSZAWA			71	M30/162 (M)408	00:42:57	00:42:18	00:21:58 / 501	14.18
422	2620	GAWDA PIOTR	LUBLIN			66	M40/74 (M)409	00:42:58	00:42:13	00:21:57 / 499	14.21
423	5583	JAROSIEWICZ DAMIAN	ŁOMŻA		SP UŚNIK )	84	M20/151 (M)410	00:42:58	00:42:40	00:21:12 / 366	14.06
424	927	WRÓBEL MARCIN	PIONKI			93	M20/152 (M)411	00:42:58	00:42:42	00:21:15 / 377	14.05
425	3362	MICHAŁOWSKI DANIEL	GRODZISK MAZOWIECKI			92	M20/153 (M)412	00:42:58	00:42:44	00:21:25 / 404	14.04
426	3764	MOTYKA JERZY	TARNOBRZEG			77	M30/163 (M)413	00:42:59	00:42:34	00:21:41 / 448	14.10
427	1994	NOWAK DARIUSZ	WARSZAWA			67	M40/75 (M)414	00:43:02	00:42:48	00:21:29 / 414	14.02
428	4928	WOJTYŚ TOMASZ	WARSZAWA			75	M30/164 (M)415	00:43:03	00:42:52	00:20:50 / 292	14.00
429	2069	KAJAK MIROŚŁAW	GARWOLIN		TRUCHTACZ.PL	58	M50/20 (M)416	00:43:04	00:42:46	00:21:22 / 398	14.03
430	84	FLADER PIOTR	WARSZAWA		ASICS	73	M30/165 (M)417	00:43:05	00:43:03	00:21:46 / 465	13.94
431	7002	NURZYŃSKI MICHAŁ	SKARŻYSKO KAMIENNA			69	M40/76 (M)418	00:43:05	00:42:35	00:21:24 / 402	14.09
432	3647	RYBICKI MARCIN	SKARŻYSKO-KAMIENNA			80	M30/166 (M)419	00:43:06	00:42:40	00:22:25 / 616	14.06
433	3476	DZIEGIELEWSKI ZBIGNIEW	WARSZAWA			72	M30/167 (M)420	00:43:06	00:42:50	00:21:00 / 327	14.01
434	94	SZYMAŃSKI ADAM	WYSZKÓW		PKO	73	M30/168 (M)421	00:43:06	00:42:42	00:22:10 / 548	14.05
435	2881	KLIGLICH PAWEŁ	WOŁOMIN		TOWARZYSTWO AKTYWNY RELAKS	77	M30/169 (M)422	00:43:07	00:43:00	00:21:15 / 375	13.95
436	6777	STRAK OLIVIA	WARSZAWA			98	K20/10 (K)14	00:43:07	00:43:02	00:19:17 / 111	13.94
437	5616	KAJETANIAK MARIUSZ	ŻUROMIN		POLITECHNIKA ŚLĄSKA	90	M20/154 (M)423	00:43:07	00:42:46	00:21:35 / 425	14.03
438	5880	MARCINIAK CEZARY	PABIANICE		PABIANICE	65	M40/77 (M)424	00:43:08	00:42:35	00:21:51 / 477	14.09
439	3241	JASKÓŁOWSKI WALDEMAR	WARSZAWA			69	M40/78 (M)425	00:43:09	00:42:29	00:21:56 / 494	14.12
440	3500	PASZKOWSKI MARCIN	BIAŁA PODLASKA		PPS	86	M20/155 (M)426	00:43:09	00:42:14	00:22:20 / 592	14.21
441	1199	LASOCKI PIOTR	WARSZAWA			81	M20/156 (M)427	00:43:11	00:42:59	00:21:40 / 444	13.96
442	5641	KARWOWSKI CEZARY	WARSZAWA			67	M40/79 (M)428	00:43:11	00:42:52	00:21:11 / 360	14.00
443	4357	SZCZYGIEL PRZEMYSŁAW	WARSZAWA			79	M30/170 (M)429	00:43:11	00:42:07	00:22:05 / 529	14.25
444	6855	KMIEĆ NORBERT	LEGIONOWO			81	M20/157 (M)430	00:43:11	00:42:48	00:21:11 / 361	14.02
445	628	BRONIAREK JACEK	WARSZAWA			73	M30/171 (M)431	00:43:12	00:42:40	00:21:56 / 498	14.06
446	2647	NOWAK TOMASZ	WARSZAWA			73	M30/172 (M)432	00:43:12	00:42:47	00:21:58 / 503	14.02
447	5720	KOWALSKI PIOTR	IZBICKO			90	M20/158 (M)433	00:43:12	00:42:41	00:21:49 / 476	14.06
448	1905	JĘDRYCH LESZEK	WARSZAWA		CF&IC RUNNERS	74	M30/173 (M)434	00:43:12	00:43:08	00:21:07 / 348	13.91
449	2240	WĘSEK GRZEGORZ	IZBISKA			91	M20/159 (M)435	00:43:13	00:42:12	00:22:34 / 652	14.22
450	3309	SZCZEPANIK MARIUSZ	WARSZAWA		SCIEZKI BIEGOWE POLE MOKOTOWSKIE	75	M30/174 (M)436	00:43:13	00:43:02	00:20:58 / 318	13.94
451	6029	OWCZAREK DAMIAN	MOKRE			87	M20/160 (M)437	00:43:14	00:42:53	00:21:35 / 427	13.99
452	2239	WÓJTOWICZ ROBERT	PIASECZNO			72	M30/175 (M)438	00:43:15	00:42:43	00:21:47 / 470	14.05



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Czas Netto	5km	[km/h]
453	5411	CZERWIŃSKI WOJCIECH	WARSZAWA			83	M20/161 (M)439	00:43:15	00:42:13	00:22:08 / 541	14.21
454	2667	PIETRUSIAK KONRAD	PRUSZKÓW			82	M20/162 (M)440	00:43:15	00:42:29	00:21:52 / 481	14.12
455	1325	PACURKOWSKI MARCIN	WARSZAWA			78	M30/176 (M)441	00:43:16	00:42:22	00:22:02 / 517	14.16
456	3966	PRZELASKOWSKI ARTUR	WARSZAWA			65	M40/80 (M)442	00:43:16	00:43:04	00:21:39 / 441	13.93
457	1224	CHRZANOWSKI JAKUB	WARSZAWA		ING	81	M20/163 (M)443	00:43:17	00:42:35	00:20:57 / 316	14.09
458	4465	ALCHIMOWICZ KRZYSZTOF	PIASECZNO			66	M40/81 (M)444	00:43:17	00:43:09	00:20:28 / 249	13.90
459	5618	KALANDYK MAREK	HERMANOWA			66	M40/82 (M)445	00:43:17	00:41:00	00:22:50 / 701	14.63
460	2716	ARTYSZUK MIROSLAW	WARSZAWA		DOWÓDZTWO SIŁ POWIETRZNYCH	60	M50/21 (M)446	00:43:18	00:43:01	00:21:21 / 395	13.95
461	2432	BIEL ARTUR	WARSZAWA			77	M30/177 (M)447	00:43:18	00:43:09	00:21:23 / 399	13.90
462	1068	KALINOWSKI MICHAŁ	WARSZAWA		WAH	80	M30/178 (M)448	00:43:19	00:42:29	00:21:36 / 431	14.12
463	4193	NGUYEN-BRODNICKI TUNG	WARSZAWA		ERA RUNNING TEAM	72	M30/179 (M)449	00:43:21	00:42:51	00:21:24 / 400	14.00
464	1711	BIELECKI MICHAŁ	WARSZAWA		JARTOM TEAM	75	M30/180 (M)450	00:43:21	00:43:00	00:22:03 / 523	13.95
465	1044	RZECZKOWSKI ZYGMUNT	WARSZAWA		METRO WARSZAWSKIE	54	M50/22 (M)451	00:43:25	00:42:33	00:22:06 / 533	14.10
466	2841	MAZUREK RYSZARD	TŁUSZCZ		BÓBR TŁUSZCZ	74	M30/181 (M)452	00:43:25	00:42:56	00:21:13 / 369	13.98
467	4408	ORZECHOWSKI BARTOSZ	WARSZAWA			80	M30/182 (M)453	00:43:25	00:42:43	00:22:00 / 507	14.05
468	2604	ŚLUBOWSKI CEZARY	DŁUGOSIODŁO			78	M30/183 (M)454	00:43:25	00:42:19	00:22:19 / 585	14.18
469	614	KSYNA BOGUSLAW	KAMION		OSP KAMION	56	M50/23 (M)455	00:43:26	00:43:21	00:21:18 / 384	13.84
470	2300	PYCZ DANIEL	WARSZAWA		POGROMCY NIEMOCY	76	M30/184 (M)456	00:43:27	00:42:33	00:22:52 / 713	14.10
471	373	STRUMIŃSKI MAREK	WARSZAWA			62	M40/83 (M)457	00:43:27	00:43:23	00:21:45 / 461	13.83
472	423	OLSZEWSKI JERZY	WARSZAWA-TARGÓWEK			59	M50/24 (M)458	00:43:27	00:43:22	00:21:19 / 386	13.84
473	762	BŁĄDZIEWICZ ROMUALD	WARSZAWA			49	M60/3 (M)459	00:43:27	00:43:06	00:21:53 / 485	13.92
474	192	KRUPIŃSKI MACIEJ	WARSZAWA			84	M20/164 (M)460	00:43:27	00:43:18	00:21:30 / 417	13.86
475	6052	PECKA TOMASZ	JASŁO		WZGÓRZA DYLEWSKIE TEAM	78	M30/185 (M)461	00:43:28	00:43:08	00:21:41 / 449	13.91
476	2577	TROC SŁAWOMIR	WARSZAWA			72	M30/186 (M)462	00:43:28	00:42:59	00:21:17 / 380	13.96
477	5853	ŁOSZEWSKI PATRYK	WARSZAWA			77	M30/187 (M)463	00:43:29	00:43:15	00:21:44 / 455	13.87
478	1333	WOŹNIAK MICHAŁ	BLIZNE			69	M40/84 (M)464	00:43:29	00:42:33	00:22:17 / 578	14.10
479	598	KREPS ANDRZEJ	WARSZAWA		CARSERVIS	67	M40/85 (M)465	00:43:30	00:42:54	00:21:52 / 480	13.99
480	951	BAJDA JACEK	LUBLINIEC		WKB META LUBLINIEC	77	M30/188 (M)466	00:43:31	00:40:48	00:23:34 / 901	14.71
481	4268	KOROL KRZYSZTOF	WARSZAWA		DB MARATHON TEAM	76	M30/189 (M)467	00:43:31	00:43:16	00:21:39 / 442	13.87
482	3146	SARZAŁA DARIUSZ	PULTUSK			59	M50/25 (M)468	00:43:32	00:43:27	00:22:18 / 579	13.81
483	6426	ZARZEKA MARCIN	BIAŁA PODLASKA		VEGE RUNNERS	74	M30/190 (M)469	00:43:33	00:42:48	00:22:15 / 568	14.02
484	920	KOŹUCHOWSKI KRZYSZTOF	WARSZAWA			68	M40/86 (M)470	00:43:33	00:43:21	00:21:34 / 421	13.84
485	1639	GERAS RYSZARD	WARSZAWA			81	M20/165 (M)471	00:43:33	00:43:24	00:21:26 / 410	13.82
486	2287	NADRATOWSKI TOMASZ	MŁAWA			83	M20/166 (M)472	00:43:33	00:43:13	00:21:33 / 420	13.88
487	3962	PASZKOWSKI ARKADIUSZ	GRODZISK MAZOWIECKI			70	M40/87 (M)473	00:43:33	00:42:58	00:22:29 / 636	13.96
488	6753	STANISZEWSKI KRZYSZTOF	GRAJEWO			80	M30/191 (M)474	00:43:33	00:42:57	00:22:05 / 531	13.97
489	213	CZYŻKOWSKI PAWEŁ	MIŃSK MAZOWIECKI		FANPAGE	85	M20/167 (M)475	00:43:34	00:42:46	00:22:29 / 637	14.03
490	3927	PALUS PAWEŁ	WARSZAWA			72	M30/192 (M)476	00:43:35	00:43:04	00:21:56 / 493	13.93
491	1024	ŚWISTAK MARCIN				81	M20/168 (M)477	00:43:35	00:43:02	00:22:18 / 583	13.94
492	5799	KWIATKOWSKI PAWEŁ	ŁASK		"32BLOTT \\\\"JASTRZĄB\\\\"	74	M30/193 (M)478	00:43:35	00:42:54	00:22:28 / 633	13.99
493	4442	WRÓBEL MARCIN	WARSZAWA		KB GALERIA	86	M20/169 (M)479	00:43:36	00:43:11	00:21:08 / 351	13.89
494	5776	KUKUŁA WOJCIECH	OPOLE		BIEGOPOLSKI.PL	87	M20/170 (M)480	00:43:36	00:42:54	00:22:20 / 589	13.99
495	6129	RĘBACZ SYLWESTER	ZDUŃSKA WOLA		32BLOTT JASTRZĄB	74	M30/194 (M)481	00:43:36	00:42:55	00:22:28 / 634	13.98
496	6310	TARKOWSKI ŁUKASZ	KRAKÓW			85	M20/171 (M)482	00:43:36	00:43:05	00:22:35 / 655	13.93
497	5896	MATLAK SŁAWOMIR	WYSZKÓW		W-W-Y	80	M30/195 (M)483	00:43:37	00:42:52	00:22:02 / 518	14.00
498	952	KOSELSKI KRZYSZTOF	LUBLINIEC		WKB META LUBLINIEC	61	M40/88 (M)484	00:43:38	00:42:33	00:22:27 / 626	14.10
499	1241	LEWANDOWSKI SEBASTIAN				78	M30/196 (M)485	00:43:38	00:43:25	00:20:35 / 263	13.82
500	1984	SCRIVO ANDREA	WARSZAWA			84	M20/172 (M)486	00:43:39	00:43:30	00:21:44 / 456	13.79
501	3186	LATUSZEK ZBIGNIEW	WARSZAWA WESOŁA		TRUCHTACZ.PL	82	M20/173 (M)487	00:43:39	00:43:12	00:21:38 / 436	13.89
502	2617	SKOWRONEK MICHAŁ	WARSZAWA			87	M20/174 (M)488	00:43:40	00:43:37	00:21:37 / 433	13.76
503	6008	NOWOSAD KAMIL	HRUBIESZÓW			84	M20/175 (M)489	00:43:40	00:43:19	00:21:25 / 406	13.85
504	3315	KOZŁOWSKI SOBIESŁAW	LEGNICA		BPS RUNNERS TEAM	79	M30/197 (M)490	00:43:41	00:43:23	00:22:24 / 610	13.83
505	3459	MAZEPA KRZYSZTOF	WARSZAWA		CISCO	72	M30/198 (M)491	00:43:42	00:43:14	00:22:01 / 511	13.88
506	4158	LASOCKI MARCIN	WARSZAWA			79	M30/199 (M)492	00:43:44	00:43:14	00:22:27 / 628	13.88
507	2771	BŁĄŻEJCZYK JACEK	WARSZAWA		POLISQUAD	76	M30/200 (M)493	00:43:44	00:43:39	00:21:17 / 379	13.75
508	4232	SEROCKI PIOTR	MARKI			77	M30/201 (M)494	00:43:45	00:43:23	00:21:40 / 446	13.83
509	3027	KOTERBA MACIEJ	OŻARÓW MAZOWIECKI		WSD	88	M20/176 (M)495	00:43:45	00:42:03	00:23:30 / 870	14.27
510	497	OLECHOWSKI JACEK	WARSZAWA			77	M30/202 (M)496	00:43:46	00:43:16	00:21:19 / 388	13.87

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Czas Netto	5km	[km/h]
511	185	KOSEDOWSKI KRZYSZTOF	WARSZAWA			60	M50/26 (M)497	00:43:46	00:43:44	00:21:39 / 439	13.72
512	6537	KOWALIK PIOTR	WARSZAWA		KRZEPCY I WŚCIEKŁA	10	(M)498	00:43:46	00:42:21	00:22:37 / 665	14.17
513	6438	ZIMOWSKI ROBERT	BELCHATÓW		PGE JUPITER ELEKTROWNIA BELCHATÓW	64	M40/89 (M)499	00:43:47	00:42:50	00:22:33 / 646	14.01
514	4009	MAŁECKI ROBERT	WARSZAWA			74	M30/203 (M)500	00:43:47	00:43:15	00:22:24 / 613	13.87
515	5728	KOZAR TOMASZ	WARSZAWA		CISCO RUNNING SQUAD	69	M40/90 (M)501	00:43:47	00:43:33	00:22:25 / 617	13.78
516	3258	BUCZKOWSKI DANIEL	WARSZAWA			58	M50/27 (M)502	00:43:47	00:42:10	00:23:18 / 815	14.23
517	983	SEKUNDA PIOTR	RADZYMIN		ACCELERATE	87	M20/177 (M)503	00:43:48	00:43:13	00:21:14 / 371	13.88
518	4154	CZYŻKOWSKI RAFAŁ	WARSZAWA			81	M20/178 (M)504	00:43:49	00:43:32	00:21:38 / 437	13.78
519	5615	KACZMARSKI ROBERT	PARCZEW			73	M30/204 (M)505	00:43:50	00:43:14	00:22:13 / 560	13.88
520	2991	GŁOWALA ŁUKASZ	LUBLIN			80	M30/205 (M)506	00:43:50	00:42:47	00:22:22 / 600	14.02
521	359	KOTYŃSKI ŁUKASZ	WOŁOMIN			84	M20/179 (M)507	00:43:51	00:43:07	00:21:56 / 496	13.92
522	1625	BARAŃSKI JAKUB	KLAUDYN			90	M20/180 (M)508	00:43:51	00:43:28	00:21:45 / 458	13.80
523	3745	ŻEGARSKI TOMASZ	LEGIONOWO			78	M30/206 (M)509	00:43:52	00:43:01	00:23:00 / 749	13.95
524	1732	STYKOWSKI ROBERT	WARSZAWA		ART PROFI	77	M30/207 (M)510	00:43:54	00:43:49	00:21:31 / 418	13.69
525	6230	STĘBOROWSKI ŁUKASZ	SOCHACZEW		TKKF PŁOCK	86	M20/181 (M)511	00:43:54	00:43:21	00:22:09 / 545	13.84
526	3229	JOKA ADAM	PIASECZNO			83	M20/182 (M)512	00:43:55	00:42:55	00:22:20 / 591	13.98
527	2742	KOWALSKI ŁUKASZ	WARSZAWA		TOWARZYSTWO GIMNASTYCZNE SOKÓŁ ZAKOPANE	92	M20/183 (M)513	00:43:55	00:43:21	00:21:58 / 504	13.84
528	5315	BIELAŃSKI TYBERIUSZ	KATOWICE			74	M30/208 (M)514	00:43:55	00:43:39	00:21:45 / 463	13.75
529	4855	LUTOBORSKI CYPRIAN	WARSZAWA		25 BKP * STRZELEC * NTP.PL	76	M30/209 (M)515	00:43:55	00:42:57	00:22:26 / 621	13.97
530	3231	JAKUBIAK RAFAŁ	WARSZAWA		BIEGAMY Z OCHOTĄ	78	M30/210 (M)516	00:43:56	00:43:36	00:21:47 / 472	13.76
531	803	LUCIMA PAWEŁ	WARSZAWA			73	M30/211 (M)517	00:43:57	00:43:39	00:21:41 / 447	13.75
532	2490	PAŁASZ MACIEJ	WARSZAWA			69	M40/91 (M)518	00:43:57	00:43:19	00:22:23 / 605	13.85
533	491	PIOTROWSKI ADAM	WARSZAWA		WWW.FORT-BEMA.PL	72	M30/212 (M)519	00:43:58	00:43:44	00:21:54 / 488	13.72
534	940	BRZEZIŃSKI MACIEJ	PŁOCHOCIN			92	M20/184 (M)520	00:43:58	00:42:38	00:23:04 / 766	14.07
535	3732	BARABACH MARCIN	PRZEWORNO			78	M30/213 (M)521	00:43:58	00:43:26	00:22:46 / 691	13.81
536	1733	ŻAK ROBERT	MARKI			77	M30/214 (M)522	00:43:59	00:43:40	00:22:13 / 561	13.74
537	3650	SWORCZUK PAWEŁ	MIĘDZYRZEC PODLASKI		WOJSKOWE CENTRUM GEOGRAFICZNE	81	M20/185 (M)523	00:43:59	00:43:15	00:22:51 / 707	13.87
538	5485	GAJDA ROBERT	PULTUSK		KRS ZDROWY STYL ŻYCIA PULTUSK	63	M40/92 (M)524	00:44:00	00:43:41	00:22:22 / 604	13.74
539	810	BIESZYŃSKI RYSZARD	ŁOMIANKI		ŁOMIANKI	60	M50/28 (M)525	00:44:01	00:43:44	00:21:49 / 475	13.72
540	7037	ADYNETS ANDREI	BIAŁORUŚ			87	M20/186 (M)526	00:44:01	00:43:59	00:21:54 / 489	13.64
541	5881	MARCINIAK SEBASTIAN	SULĘCIN		WAT	89	M20/187 (M)527	00:44:02	00:43:13	00:22:14 / 563	13.88
542	5454	DYMEK JÓZEF	BRZEZINKA			50	M60/4 (M)528	00:44:03	00:43:23	00:22:25 / 618	13.83
543	5310	BIAŁOGRODZKI SYLWESTER	ZALESIE GÓRNE		NIEZRZESZONY	61	M40/93 (M)529	00:44:04	00:43:21	00:22:26 / 623	13.84
544	819	RZEPNIEWSKI WOJCIECH	WARSZAWA			51	M50/29 (M)530	00:44:05	00:43:27	00:22:26 / 622	13.81
545	6880	KOZŁOWSKI LUDWIK	WARSZAWA			53	M50/30 (M)531	00:44:05	00:43:25	00:22:16 / 573	13.82
546	5608	JULKE JAROSŁAW	POZNAŃ		WSPWŁĄD. POZNAŃ	73	M30/215 (M)532	00:44:07	00:43:23	00:22:37 / 663	13.83
547	1480	WIŚNIEWSKI ANDRZEJ	WARSZAWA			66	M40/94 (M)533	00:44:08	00:43:35	00:22:38 / 671	13.77
548	11	WICIŃSKI RAFAŁ	RADOM		POWERADE	68	M40/95 (M)534	00:44:08	00:44:05	00:21:14 / 372	13.61
549	5033	PŁOSKOŃSKI PIOTR	RUSINÓW		NIEZRZESZONY	65	M40/96 (M)535	00:44:09	00:43:59	00:21:37 / 434	13.64
550	2766	KARCZMARCZYK PIOTR	WARSZAWA		OSP URSUS	77	M30/216 (M)536	00:44:09	00:43:40	00:22:25 / 615	13.74
551	4260	PCOCKĘ MICHAŁ	STARZYWO			87	M20/188 (M)537	00:44:09	00:43:49	00:22:26 / 624	13.69
552	4623	GRUSZCZYŃSKI WITOLD	WARSZAWA			86	M20/189 (M)538	00:44:10	00:43:14	00:22:39 / 673	13.88
553	4766	FIJAK JERZY	BIELSKO BIAŁA			56	M50/31 (M)539	00:44:10	00:43:57	00:21:56 / 495	13.65
554	1628	ŁASZCZUK WITOLD	WARSZAWA		GAZETA WYBORCZA/POLSKA BIEGA	59	M50/32 (M)540	00:44:11	00:43:50	00:22:02 / 520	13.69
555	2711	MAJEWSKI PIOTR	WARSZAWA		AUTONOMIA MAZOWIECKA	76	M30/217 (M)541	00:44:11	00:43:32	00:22:08 / 543	13.78
556	4505	WÓJCIK PIOTR	WARSZAWA			72	M30/218 (M)542	00:44:11	00:44:02	00:21:47 / 469	13.63
557	381	FURTAK WOJCIECH	GDYNIA			78	M30/219 (M)543	00:44:12	00:43:54	00:22:23 / 608	13.67
558	673	PAWLICKI TOMASZ	WARSZAWA		LASKI KABACKIE	80	M30/220 (M)544	00:44:12	00:43:47	00:22:07 / 538	13.70
559	4914	KRAWCZYK TOMASZ	WARSZAWA			77	M30/221 (M)545	00:44:12	00:43:11	00:22:17 / 575	13.89
560	3587	KLIMA WOJCIECH	WARSZAWA		GAZETA WYBORCZA POLSKA BIEGA	76	M30/222 (M)546	00:44:12	00:43:42	00:22:23 / 607	13.73
561	5878	MARCINIAK ANDRZEJ	MŁAWA			74	M30/223 (M)547	00:44:13	00:44:00	00:21:40 / 445	13.64
562	1679	MUSIAŁ ROBERT	WARSZAWA			64	M40/97 (M)548	00:44:13	00:43:35	00:22:29 / 638	13.77
563	2994	KURZAWA SŁAWOMIR	WARSZAWA			66	M40/98 (M)549	00:44:13	00:43:58	00:22:30 / 639	13.65
564	138	GOCH ROBERT	PIASECZNO			64	M40/99 (M)550	00:44:13	00:44:10	00:21:43 / 452	13.58
565	890	DĄBROWSKI MIROSLAW	WARSZAWA			67	M40/100 (M)551	00:44:14	00:43:36	00:22:15 / 570	13.76
566	5481	FUKIET BARTEK	WARSZAWA			71	M30/224 (M)552	00:44:15	00:44:10	00:22:21 / 595	13.58
567	2752	MICHALSKI MARIUSZ	RADOM		FITNESS PARK RADOM	81	M20/190 (M)553	00:44:15	00:42:36	00:23:17 / 803	14.08
568	5783	KUREK MARCIN	DUCZKI			78	M30/225 (M)554	00:44:16	00:43:47	00:22:11 / 552	13.70

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Czas Netto	5km	[km/h]
569	1955	KUGACZ JACEK	ZIELONKA			74	M30/226 (M)555	00:44:16	00:43:00	00:22:52 / 715	13.95
570	2882	OPOWICZ MARZENA	WARSZAWA		KB GIMNAZJON	63	K40/1 (K)15	00:44:16	00:43:53	00:22:06 / 532	13.67
571	3874	JAROSIŃSKI TOMASZ	WARSZAWA			69	M40/101 (M)556	00:44:16	00:43:37	00:22:23 / 606	13.76
572	2220	BUGAJSKI ADAM	GDAŃSK		POLANIE	74	M30/227 (M)557	00:44:18	00:44:13	00:21:25 / 403	13.57
573	2409	KOWALCZYK ARKADIUSZ	WARSZAWA		SZKODA GADAĆ	70	M40/102 (M)558	00:44:18	00:44:11	00:21:53 / 484	13.58
574	2370	KUCHTA PIOTR			ACTION	76	M30/228 (M)559	00:44:18	00:43:44	00:22:28 / 632	13.72
575	2890	KRÓL KAMIL	MIŃSK MAZOWIECKI			92	M20/191 (M)560	00:44:18	00:43:26	00:22:14 / 565	13.81
576	2179	HOŁOWACZ KRZYSZTOF	WARSZAWA		ABCKONDYCJA	77	M30/229 (M)561	00:44:19	00:43:43	00:22:30 / 640	13.72
577	2424	BONIEWSKA KAROLINA	WARSZAWA		MKS POLONIA	82	K20/11 (K)16	00:44:19	00:44:00	00:22:19 / 587	13.64
578	4281	GRZEGORCZYK MARTA	WARSZAWA		WARSZAWIACY	92	K20/12 (K)17	00:44:19	00:42:41	00:22:59 / 745	14.06
579	4944	BRZOSKO JAKUB	ZAKOPANE			78	M30/230 (M)562	00:44:20	00:43:21	00:24:06 / 1044	13.84
580	1444	GRAJKOWSKI TOMASZ	WARSZAWA			81	M20/192 (M)563	00:44:21	00:42:59	00:23:19 / 820	13.96
581	3786	WITANOWSKI ŁUKASZ	WARSZAWA			80	M30/231 (M)564	00:44:21	00:44:03	00:21:56 / 497	13.62
582	440	SZAMBURSKI MAKSYMILIAN	WARSZAWA			72	M30/232 (M)565	00:44:23	00:44:12	00:21:43 / 451	13.57
583	3576	BIERANOWSKI PIOTR	WARSZAWA			79	M30/233 (M)566	00:44:24	00:42:47	00:22:55 / 730	14.02
584	6762	KOBYLIŃSKI KONRAD	JAWORZNO			87	M20/193 (M)567	00:44:24	00:43:27	00:22:35 / 653	13.81
585	2183	CENDROWSKI MARCIN	WARSZAWA			68	M40/103 (M)568	00:44:25	00:42:31	00:23:08 / 776	14.11
586	2354	ABRAMCZYK ROMAN			ACTION	78	M30/234 (M)569	00:44:25	00:43:49	00:21:59 / 506	13.69
587	3979	ANTOSIK BARTOSZ	WARSZAWA			71	M30/235 (M)570	00:44:25	00:43:40	00:22:37 / 661	13.74
588	2997	GAŁAŁA STEFAN	MILANÓWEK			82	M20/194 (M)571	00:44:25	00:44:15	00:21:49 / 474	13.56
589	324	ZALEWSKI MARCIN	WARSZAWA			52	M50/33 (M)572	00:44:27	00:44:19	00:21:44 / 457	13.54
590	3393	PAPARO RICCARDO	WARSZAWA		WŁOCHY	72	M30/236 (M)573	00:44:27	00:44:23	00:21:39 / 440	13.52
591	5855	ŁUBIAN MICHAŁ	GARWOLIN		BLOCKERS-GARWOLIN	75	M30/237 (M)574	00:44:27	00:43:31	00:22:31 / 641	13.79
592	4723	JANOWSKI BOGDAN	WARSZAWA			66	M40/104 (M)575	00:44:27	00:43:27	00:23:29 / 863	13.81
593	3329	LEŚNOWOLSKI PIOTR	WARSZAWA			68	M40/105 (M)576	00:44:28	00:44:00	00:22:21 / 597	13.64
594	4668	KUBACZ NORBERT	WARSZAWA			72	M30/238 (M)577	00:44:28	00:43:40	00:22:34 / 651	13.74
595	3131	VESSEAU JEAN-YVES	WARSAW			72	M30/239 (M)578	00:44:29	00:42:54	00:23:29 / 856	13.99
596	1917	TORZEWSKI ROMAN	BONIEWO			71	M30/240 (M)579	00:44:29	00:44:08	00:22:17 / 576	13.60
597	4452	MIELCZARSKI BARTOSZ	WARSZAWA			10	(M)580	00:44:29	00:43:58	00:22:10 / 550	13.65
598	6429	ZDANOWICZ MACIEJ	GRODZISK MAZ.		NIE NALEŻĘ DO KLUBU	87	M20/195 (M)581	00:44:31	00:43:29	00:22:21 / 596	13.80
599	4688	GĘBAROWSKI PIOTR	WARSZAWA		JUMOPI	73	M30/241 (M)582	00:44:31	00:44:02	00:22:04 / 525	13.63
600	2481	ROSZKIEWICZ HUBERT	ZALESIE GÓRNE		RH-FITNESS	79	M30/242 (M)583	00:44:32	00:44:22	00:22:00 / 509	13.52
601	3129	REDA SŁAWOMIR	WARSZAWA			58	M50/34 (M)584	00:44:32	00:44:08	00:22:54 / 723	13.60
602	487	SZMAKFEFER MARCIN	WARSZAWA			73	M30/243 (M)585	00:44:34	00:44:03	00:22:05 / 530	13.62
603	562	BIAŁOWĄS TOMASZ	WARSZAWA		K.B. MARANATHA	75	M30/244 (M)586	00:44:34	00:43:45	00:22:31 / 642	13.71
604	3173	PRZYBYŁKOWICZ JACEK	WARSZAWA			74	M30/245 (M)587	00:44:34	00:44:24	00:21:34 / 422	13.51
605	197	JALOCHA WALDEMAR	PRUSZKÓW			66	M40/106 (M)588	00:44:35	00:44:06	00:22:15 / 567	13.61
606	7011	LISICINS INANS	RYGA			76	M30/246 (M)589	00:44:35	00:44:05	00:22:50 / 703	13.61
607	3557	KACZOREK ROBERT	WARSZAWA			52	M50/35 (M)590	00:44:36	00:43:58	00:22:15 / 566	13.65
608	5983	NAWROT ARKADIUSZ	MIŃSK MAZOWIECKI		KB DREPTAK	77	M30/247 (M)591	00:44:36	00:44:26	00:21:57 / 500	13.50
609	6001	NOWAK SEBASTIAN	DYWITY			78	M30/248 (M)592	00:44:37	00:43:49	00:23:21 / 826	13.69
610	1899	KOSIOREK DARIUSZ	WARSZAWA			66	M40/107 (M)593	00:44:37	00:43:09	00:23:24 / 839	13.90
611	150	POLKO ROMAN	WARSZAWA		WKB META	62	M40/108 (M)594	00:44:38	00:44:38	00:21:45 / 460	13.44
612	5555	HUBA MIREK	WYSZKÓW		W-W-Y	80	M30/249 (M)595	00:44:38	00:43:53	00:22:47 / 694	13.67
613	4583	SKWIRUT MICHAŁ	WARSZAWA		METRO WARSZAWSKIE	76	M30/250 (M)596	00:44:38	00:44:11	00:22:24 / 612	13.58
614	5509	GOGOŁEK MACIEJ	WARSZAWA			84	M20/196 (M)597	00:44:39	00:43:40	00:22:42 / 683	13.74
615	1458	BOGOWICZ ZBIGNIEW	WARSZAWA		MARYMONT-RUDA	49	M60/5 (M)598	00:44:39	00:43:56	00:23:15 / 798	13.66
616	1342	KORDOWSKI DOMINIK	ŻABIA WOLA			86	M20/197 (M)599	00:44:39	00:44:04	00:22:22 / 603	13.62
617	893	BODZIAK MARCIN	OLSZTYN		TERADATA RUNNING TEAM	70	M40/109 (M)600	00:44:41	00:44:03	00:22:08 / 542	13.62
618	2688	KONARSKI TOMASZ	ŁOMIANKI		IM2010	84	M20/198 (M)601	00:44:41	00:44:04	00:22:51 / 705	13.62
619	3848	MIATKOWSKI BŁAŻEJ	WARSZAWA			70	M40/110 (M)602	00:44:42	00:43:38	00:23:03 / 760	13.75
620	2574	KUKLA MARCIN	WARSZAWA			69	M40/111 (M)603	00:44:42	00:43:50	00:23:26 / 843	13.69
621	13	EKIERT MARIUSZ	GARWOLIN		POWERADE	73	M30/251 (M)604	00:44:42	00:44:30	00:22:05 / 528	13.48
622	129	FALKOWSKI PIOTR	PIASECZNO		TVP SPORT	69	M40/112 (M)605	00:44:42	00:44:39	00:22:11 / 553	13.44
623	488	WACHNIK PIOTR	WARSZAWA		NZ	60	M50/36 (M)606	00:44:43	00:43:50	00:22:26 / 625	13.69
624	1156	BELKIEWICZ RAFAŁ	WARSZAWA			80	M30/252 (M)607	00:44:44	00:44:23	00:22:13 / 558	13.52
625	4362	WRÓBEL MAREK	WARSZAWA-WESOŁA			72	M30/253 (M)608	00:44:44	00:44:09	00:22:43 / 684	13.59
626	3439	JARZĘBOWICZ TOMASZ	WARSZAWA			79	M30/254 (M)609	00:44:44	00:43:13	00:22:58 / 744	13.88

<b>Miejsce Rank</b>	<b>Nr Bib</b>	<b>Nazwisko i imię Name</b>	<b>Miejscowość City</b>	<b>Kraj Nat</b>	<b>Drużyna Team</b>	<b>R-k YoB</b>	<b>W kategorii in Age Sex</b>	<b>Czas Time</b>	<b>Czas Netto</b>	<b>5km</b>	<b>[km/h]</b>
627	3333	MOCHIZUKI KENTA	WARSZAWA			84	M20/199 (M)610	00:44:44	00:42:10	00:23:51 / 978	14.23
628	4602	MIKOŁAJCZYK KONRAD	WARSZAWA			79	M30/255 (M)611	00:44:44	00:44:23	00:22:01 / 516	13.52
629	3703	KULIK JACEK	GRODZISK MAZOWIECKI			63	M40/113 (M)612	00:44:45	00:43:57	00:22:53 / 718	13.65
630	6115	RADOMSKI GRZEGORZ	WOŁOMIN		LECHICI ZIELONKA	63	M40/114 (M)613	00:44:45	00:43:51	00:22:54 / 725	13.68
631	2751	STAWICKI GRZESIEK	WARSZAWA		MAZOVIA FUTSAL CLUB 2010	81	M20/200 (M)614	00:44:45	00:43:43	00:23:30 / 865	13.72
632	4659	BIERNAT PIOTR	KRYNICA-ZDRÓJ			69	M40/115 (M)615	00:44:45	00:43:37	00:23:22 / 830	13.76
633	108	AULEYTNER JANUSZ	WARSZAWA		PKO	75	M30/256 (M)616	00:44:45	00:44:21	00:22:00 / 510	13.53
634	2393	WAWROWSKI JANUSZ			ACTION	10	(M)617	00:44:46	00:44:06	00:22:40 / 678	13.61
635	3196	BĘBEŃCA BŁAŻEJ	RADOM		WESOŁA PIASKOWA	83	M20/201 (M)618	00:44:47	00:44:04	00:22:18 / 581	13.62
636	3079	MALISZEWSKI CEZARY	WARSZAWA		DENAT WARSZAWA	58	M50/37 (M)619	00:44:47	00:44:18	00:22:07 / 535	13.54
637	5380	CIEĆKO ARTUR	PRZEMYŚL		ZATKAŁO KAKAŁO	76	M30/257 (M)620	00:44:48	00:44:43	00:22:40 / 677	13.42
638	1349	WIDLAK JANUSZ	WARSZAWA			73	M30/258 (M)621	00:44:48	00:44:19	00:22:19 / 586	13.54
639	1398	SZAJBE DARIUSZ	WARSZAWA			70	M40/116 (M)622	00:44:48	00:44:16	00:22:08 / 539	13.55
640	1954	RASZTAWICKI DARIUSZ	ZIELONKA		LECHICI ZIELONKA	81	M20/202 (M)623	00:44:49	00:43:33	00:23:45 / 949	13.78
641	1692	NOWAK PAWEŁ	KALINOWO		ROCH JASIEINICA	89	M20/203 (M)624	00:44:50	00:43:53	00:23:06 / 770	13.67
642	3178	KAWYCZ PIOTR	WARSZAWA			70	M40/117 (M)625	00:44:50	00:44:26	00:22:13 / 559	13.50
643	4690	KOTKOWSKI PIOTR	WARSZAWA		PASSUS SPORT TEAM	73	M30/259 (M)626	00:44:51	00:44:17	00:22:34 / 649	13.55
644	3527	GALUS PIOTR	WARSZAWA		KB HOLMES PLACE	83	M20/204 (M)627	00:44:51	00:43:50	00:22:51 / 709	13.69
645	2839	DYMIŃSKI MARCIN	ZĄBKI		BÓBR TŁUSZCZ	79	M30/260 (M)628	00:44:52	00:44:23	00:22:04 / 524	13.52
646	6062	PIECZARKA WOJCIECH	WARSZAWA			84	M20/205 (M)629	00:44:52	00:43:13	00:23:28 / 853	13.88
647	428	WDOWIK TOMASZ	WARSZAWA			87	M20/206 (M)630	00:44:53	00:43:58	00:23:04 / 763	13.65
648	1952	LITWINIUK JAKUB	WARSZAWA			90	M20/207 (M)631	00:44:53	00:44:13	00:22:57 / 739	13.57
649	5482	FURMAN TOMASZ	INOWROCLAW		DRUŻYNA FURMANA	61	M40/118 (M)632	00:44:53	00:44:14	00:22:36 / 660	13.56
650	5996	NIZIOŁ MARIAN	PIASECZNO			57	M50/38 (M)633	00:44:55	00:44:36	00:22:20 / 594	13.45
651	5261	ANTONKIEWICZ PAWEŁ	MIŃSK MAZOWIECKI			80	M30/261 (M)634	00:44:56	00:44:29	00:22:28 / 635	13.49
652	4282	GRZEGORCZYK WOJCIECH	WARSZAWA		ABCKONDYCJA.PL	67	M40/119 (M)635	00:44:56	00:44:12	00:22:41 / 679	13.57
653	467	STACHURSKI ARTUR	DĄBROWA GÓRNICZA		DRŻYM TEAM	77	M30/262 (M)636	00:44:57	00:44:47	00:22:21 / 598	13.40
654	786	DYGOŃ PRZEMYSŁAW	WARSZAWA		ACCELERATE	74	M30/263 (M)637	00:44:57	00:44:20	00:22:58 / 741	13.53
655	658	MRÓZ ŁUKASZ	WARSZAWA		KLUB BIEGACZA BISIDE	84	M20/208 (M)638	00:44:57	00:43:02	00:23:56 / 1002	13.94
656	1713	TURLEJ DARIUSZ	WARSZAWA		DARTS WARSZAWA	57	M50/39 (M)639	00:44:58	00:44:12	00:22:51 / 706	13.57
657	2837	KOSAK PAWEŁ	OLECKO			83	M20/209 (M)640	00:44:58	00:43:57	00:22:52 / 714	13.65
658	4746	LEŚ TOMASZ	WARSZAWA		TRUCHT TARCHOMIN	88	M20/210 (M)641	00:44:59	00:44:45	00:21:28 / 413	13.41
659	1572	ŚWIERCZ IWONA	WARSZAWA		BYLEDOBIEC ANIN	69	K40/2 (K)18	00:44:59	00:44:25	00:22:33 / 647	13.51
660	3342	RAJKOWSKI KRZYSZTOF	PRUSZKÓW		KB PRUSZKÓW	64	M40/120 (M)642	00:44:59	00:44:40	00:22:36 / 657	13.43
661	506	PRZYBYLSKI TOMASZ	WARSZAWA			55	M50/40 (M)643	00:45:01	00:44:32	00:22:47 / 693	13.47
662	4492	SADOWSKI PIOTR	PIASECZNO			68	M40/121 (M)644	00:45:02	00:44:53	00:21:39 / 438	13.37
663	1521	WALIŃSKI JAROSŁAW	SKARŻYSKO - KAMIENNA			68	M40/122 (M)645	00:45:02	00:44:48	00:21:18 / 381	13.39
664	4910	KRAWCZYK MICHAŁ	WARSZAWA			78	M30/264 (M)646	00:45:03	00:43:56	00:23:27 / 848	13.66
665	4288	MARCINIAK JANUSZ	ŻÓŁWIN		WARSZAWIAKY	60	M50/41 (M)647	00:45:03	00:44:17	00:22:51 / 708	13.55
666	7096	WRÓBLEWSKI MACIEJ	WARSZAWA			77	M30/265 (M)648	00:45:03	00:43:29	00:23:32 / 890	13.80
667	4266	BARANOWSKI ARKADIUSZ	WARSZAWA			64	M40/123 (M)649	00:45:04	00:44:59	00:22:24 / 609	13.34
668	3304	TRYBUSZKIEWICZ WOJCIECH	WARSZAWA			72	M30/266 (M)650	00:45:05	00:44:36	00:22:54 / 727	13.45
669	959	ROSIŃSKI ŁUKASZ	LUBLINIEC		WKB META LUBLINIEC	83	M20/211 (M)651	00:45:06	00:44:01	00:24:01 / 1017	13.63
670	34	OLSZANKA KRZYSZTOF	WARSZAWA		BIURO POSELSKIE	71	M30/267 (M)652	00:45:06	00:45:06	00:22:10 / 549	13.30
671	5277	BANASIK ŁUKASZ	OSTRÓW WLKP.		JW 2189 KAZUŃ	81	M20/212 (M)653	00:45:07	00:44:15	00:23:02 / 754	13.56
672	4622	DŁUGOSIELSKI PIOTR	WARSZAWA			77	M30/268 (M)654	00:45:07	00:44:53	00:22:04 / 527	13.37
673	1946	ZAWADZKI KAMIL	WARSZAWA			79	M30/269 (M)655	00:45:08	00:44:13	00:23:19 / 821	13.57
674	6155	RYCZER FRANCISZEK	WARSZAWA		AZS POLITECHNIKA WARSZAWSKA	86	M20/213 (M)656	00:45:08	00:44:26	00:22:14 / 564	13.50
675	3905	MITUNIEWICZ KUBA	WAWER			84	M20/214 (M)657	00:45:09	00:44:59	00:21:51 / 478	13.34
676	1943	SIKORA GRZEGORZ	WARSZAWA			83	M20/215 (M)658	00:45:09	00:44:13	00:22:39 / 674	13.57
677	4846	KOŁODZIEJ PAWEŁ	JÓZEFÓW		UKS JEDYNKA PRZY SP1 W JÓZEFOWIE	66	M40/124 (M)659	00:45:09	00:44:57	00:22:06 / 534	13.35
678	3633	ŁUCZKIEWICZ JAROSŁAW	PRUSZKÓW		BEZIEMIENI	78	M30/270 (M)660	00:45:10	00:44:18	00:23:28 / 852	13.54
679	2182	LORANC PRZEMYSŁAW	WARSZAWA		ACCREO ALL BLUES	87	M20/216 (M)661	00:45:10	00:42:08	00:24:50 / 1237	14.24
680	1560	KLUZIAK KAMIL	ZIELONKA		HPM	85	M20/217 (M)662	00:45:11	00:44:39	00:22:17 / 577	13.44
681	5743	KRAWCZAK KRZYSZTOF	SZCZECIN		NIEZRZESZONY	73	M30/271 (M)663	00:45:12	00:44:22	00:22:56 / 735	13.52
682	5898	MATUSIAK DARIUSZ	MINSK MAZOWIECKI		WATRA MROZY	67	M40/125 (M)664	00:45:12	00:44:49	00:22:15 / 569	13.39
683	2128	ZENC ROBERT	WARSZAWA			75	M30/272 (M)665	00:45:13	00:44:56	00:22:20 / 593	13.35
684	1580	TOMCZAK TOMASZ	WARSZAWA		AGR WELODROM	83	M20/218 (M)666	00:45:14	00:44:51	00:22:38 / 668	13.38

<b>Miejsce Rank</b>	<b>Nr Bib</b>	<b>Nazwisko i imię Name</b>	<b>Miejscowość City</b>	<b>Kraj Nat</b>	<b>Drużyna Team</b>	<b>R-k YoB</b>	<b>W kategorii in Age Sex</b>	<b>Czas Time</b>	<b>Czas Netto</b>	<b>5km</b>	<b>[km/h]</b>
685	2307	HEMPEREK MATEUSZ	WARSZAWA			79	M30/273 (M)667	00:45:14	00:44:35	00:23:12 / 785	13.46
686	4303	JASZCZAK MIROSŁAW	WARSZAWA			59	M50/42 (M)668	00:45:14	00:44:38	00:22:55 / 733	13.44
687	2145	POGORZELSKI MAREK			BGK	66	M40/126 (M)669	00:45:14	00:44:51	00:22:38 / 666	13.38
688	6500	ZUPAN GRZEGORZ	CHELM			77	M30/274 (M)670	00:45:14	00:44:45	00:22:13 / 557	13.41
689	6007	NOWISZ JAROSŁAW	WARSZAWA		KAHUNA	76	M30/275 (M)671	00:45:14	00:44:09	00:23:33 / 895	13.59
690	5692	KOPEĆ WALDEMAR	BELCHÓW		2 BMT KUTNO	70	M40/127 (M)672	00:45:15	00:43:42	00:23:50 / 969	13.73
691	1492	WIŚNIEWSKI PIOTR	RADZIKÓW		RUMAKI	73	M30/276 (M)673	00:45:15	00:44:28	00:23:11 / 783	13.49
692	571	BARSZCZEWSKI PAWEŁ	WARSZAWA		WITAR TARNOBRZEG	73	M30/277 (M)674	00:45:16	00:45:12	00:22:35 / 654	13.27
693	4160	STANKIEWICZ KRZYSZTOF	WARSZAWA		BIK S.A.	71	M30/278 (M)675	00:45:16	00:45:00	00:22:27 / 630	13.33
694	6225	STAWOWSKI PIOTR	WARSZAWA			79	M30/279 (M)676	00:45:17	00:44:54	00:23:11 / 782	13.36
695	2459	FRYDRYCH MARIUSZ	WARSZAWA		WARSZAWA-KABATY	59	M50/43 (M)677	00:45:17	00:45:08	00:22:26 / 620	13.29
696	1997	MOSSAKOWSKI PRZEMYSŁAW	WARSZAWA			60	M50/44 (M)678	00:45:18	00:45:01	00:22:11 / 554	13.33
697	846	WITKOWSKI PAWEŁ	WARSZAWA			74	M30/280 (M)679	00:45:19	00:44:47	00:22:37 / 664	13.40
698	961	ŚLIWAK ANDRZEJ	WARSZAWA			68	M40/128 (M)680	00:45:19	00:44:46	00:22:36 / 658	13.40
699	5303	BEREZA ŁUKASZ	KATOWICE			94	M20/219 (M)681	00:45:19	00:45:06	00:22:01 / 512	13.30
700	2533	OLEKSIK MARCIN	WARSZAWA			73	M30/281 (M)682	00:45:20	00:45:10	00:21:12 / 364	13.28
701	1365	SZEWczyk MARIUSZ	BIAŁA RAWSKA			86	M20/220 (M)683	00:45:20	00:44:09	00:23:32 / 889	13.59
702	1789	DAŃSKI KAMIL	RADOM			83	M20/221 (M)684	00:45:20	00:43:52	00:23:29 / 858	13.68
703	2588	RYBAK ANDRZEJ	WARSZAWA			71	M30/282 (M)685	00:45:21	00:44:30	00:23:48 / 961	13.48
704	1675	KALISIAK PAWEŁ	KOBYŁKA			79	M30/283 (M)686	00:45:22	00:44:24	00:23:14 / 796	13.51
705	5540	GRZYBOWSKI TOMASZ	SEROCK			88	M20/222 (M)687	00:45:22	00:41:51	00:26:09 / 1677	14.34
706	3849	GOLIANSKI MARIUSZ	GRÓJEC		JW 2420	82	M20/223 (M)688	00:45:22	00:44:30	00:23:18 / 812	13.48
707	389	JEŻOWSKI MATEUSZ	WARSZAWA			90	M20/224 (M)689	00:45:23	00:45:19	00:21:52 / 482	13.24
708	4103	SIENIUĆ JAKUB	PIASECZNO			76	M30/284 (M)690	00:45:23	00:43:37	00:23:51 / 975	13.76
709	6819	BĘBENEK TOMASZ	JABŁONNA			85	M20/225 (M)691	00:45:23	00:44:17	00:23:10 / 780	13.55
710	2464	KASZEWSKI PRZEMYSŁAW	GOSTYNIN			79	M30/285 (M)692	00:45:24	00:45:14	00:22:20 / 590	13.26
711	557	PACHOŃSKI KRZYSZTOF	WARSZAWA			79	M30/286 (M)693	00:45:25	00:44:25	00:23:42 / 933	13.51
712	4920	LEWIŃSKI MARCIN	WARSZAWA		EST TEAM	73	M30/287 (M)694	00:45:25	00:44:17	00:23:30 / 874	13.55
713	4099	STECZKOWSKI PAWEŁ	WARSZAWA		DEALER SPORT	72	M30/288 (M)695	00:45:25	00:44:53	00:23:57 / 1007	13.37
714	7018	GADECKI ARTUR	KIELCE			76	M30/289 (M)696	00:45:25	00:44:34	00:23:21 / 828	13.46
715	7041	PAJDOSZ RAFAŁ	BIAŁA PODLASKA			77	M30/290 (M)697	00:45:25	00:43:05	00:24:27 / 1128	13.93
716	6286	SZYPOWSKI MARCIN	KOSZALIN			82	M20/226 (M)698	00:45:26	00:44:31	00:23:19 / 818	13.48
717	3299	CZAJKA MACIEJ	WARSZAWA			83	M20/227 (M)699	00:45:26	00:44:26	00:23:41 / 930	13.50
718	2870	JAŚKIEWICZ ŁUKASZ	GIŻYCKO			84	M20/228 (M)700	00:45:26	00:44:58	00:22:07 / 536	13.34
719	5345	BORKOWSKI JAKUB	WARSZAWA			83	M20/229 (M)701	00:45:26	00:43:51	00:23:43 / 938	13.68
720	3923	SZCZOTKA RAFAŁ	WARSZAWA			79	M30/291 (M)702	00:45:27	00:43:54	00:23:43 / 940	13.67
721	2820	PRZEWORSKI MARIUSZ	WARSZAWA		SPORTOWA REWOLUCJA UPC	73	M30/292 (M)703	00:45:27	00:44:27	00:23:24 / 835	13.50
722	836	CHRABAŁOWSKI TOMASZ	WARSZAWA			73	M30/293 (M)704	00:45:28	00:44:58	00:22:42 / 681	13.34
723	5404	CZECHOWSKI MARCIN	ŁOMIANKI			69	M40/129 (M)705	00:45:28	00:45:16	00:21:43 / 453	13.25
724	1384	LEWANDOWSKA MARTYNA	WARSZAWA		ALETEMPO	79	K30/5 (K)19	00:45:28	00:45:18	00:22:38 / 670	13.25
725	5686	KONDEJ MARIAN	ŁASKARZEW		AVON	67	M40/130 (M)706	00:45:28	00:45:16	00:22:32 / 645	13.25
726	2554	BIEDŹ RAFAŁ	PRUSZKÓW		-	81	M20/230 (M)707	00:45:29	00:45:10	00:22:48 / 695	13.28
727	1210	BĘBENEK ANNA	JEZIORZANY		JEZIORZANY	83	K20/13 (K)20	00:45:29	00:43:59	00:23:30 / 871	13.64
728	3910	STASZKIEWICZ ANDRZEJ	WARSZAWA			70	M40/131 (M)708	00:45:29	00:45:24	00:22:48 / 696	13.22
729	6152	RYBICKI ANDRZEJ	WARSZAWA			72	M30/294 (M)709	00:45:29	00:44:39	00:23:02 / 756	13.44
730	3573	SPRAWKA PIOTR	NOWY DWÓR		NUTRIMASS.PL	73	M30/295 (M)710	00:45:29	00:45:12	00:22:44 / 688	13.27
731	4344	MAZANEK DIETMAR	PODKOWA LEŚNA		PODKOWA LEŚNA	73	M30/296 (M)711	00:45:29	00:44:40	00:23:03 / 757	13.43
732	4188	RZEPNIEWSKI TOMASZ	WARSZAWA			80	M30/297 (M)712	00:45:29	00:44:51	00:23:16 / 799	13.38
733	5665	KORCZYŃSKI STANISŁAW	ŁÓDŹ			53	M50/45 (M)713	00:45:29	00:44:47	00:22:56 / 738	13.40
734	5716	KOWALCZYK KRZYSZTOF	SKIERNIEWICE		FINISHLINE	72	M30/298 (M)714	00:45:29	00:45:06	00:22:55 / 732	13.30
735	581	BRZOZOWSKI ANDRZEJ	ZAMOŚĆ		WARSZAWA MOKOTÓW	54	M50/46 (M)715	00:45:30	00:45:12	00:22:51 / 704	13.27
736	3006	MĘCIŃSKI ŁUKASZ	WARSZAWA			73	M30/299 (M)716	00:45:30	00:44:46	00:22:56 / 737	13.40
737	2653	SPYCHALSKI RAFAŁ	WARSZAWA		RALPHICO	75	M30/300 (M)717	00:45:31	00:44:59	00:22:58 / 743	13.34
738	5440	DRACH BARTŁOMIEJ	BELCHATÓW		KB SPARTAKUS BELCHATÓW	86	M20/231 (M)718	00:45:31	00:44:11	00:23:27 / 847	13.58
739	2938	SALIŃSKI BARTŁOMIEJ	WARSZAWA			88	M20/232 (M)719	00:45:31	00:44:13	00:23:29 / 862	13.57
740	5614	KACZAN NORBERT	OLSZTYN		GAZETA WYBORCZA/POLSKA BIEGA	75	M30/301 (M)720	00:45:32	00:44:50	00:23:18 / 816	13.38
741	1788	FREITES LUIS	WARSZAWA			61	M40/132 (M)721	00:45:32	00:45:25	00:22:09 / 547	13.21
742	3263	KOSSAK TOMASZ	WARSZAWA			68	M40/133 (M)722	00:45:32	00:45:21	00:22:22 / 601	13.23

<b>Miejsce Rank</b>	<b>Nr Bib</b>	<b>Nazwisko i imię Name</b>	<b>Miejscowość City</b>	<b>Kraj Nat</b>	<b>Drużyna Team</b>	<b>R-k YoB</b>	<b>W kategorii in Age</b>	<b>Sex</b>	<b>Czas Time</b>	<b>Czas Netto</b>	<b>5km</b>	<b>[km/h]</b>
743	5797	KWIATKOWSKI KRYSZTOF	KAZUŃ NOWY			80	M30/302	(M)723	00:45:33	00:44:42	00:23:01 / 752	13.42
744	2793	BOJKO FILIP	WARSZAWA			79	M30/303	(M)724	00:45:33	00:45:12	00:22:51 / 711	13.27
745	1555	MOREAU BENJAMIN	WARSZAWA			73	M30/304	(M)725	00:45:33	00:44:21	00:23:13 / 787	13.53
746	3190	MISIUREWICZ PAWEŁ	WARSZAWA		PASSUS SPORT TEAM	69	M40/134	(M)726	00:45:34	00:45:20	00:22:53 / 719	13.24
747	2759	LEWANDOWSKI ROBERT	WARSZAWA			76	M30/305	(M)727	00:45:34	00:44:22	00:23:13 / 788	13.52
748	5348	BOROWSKI MICHAŁ	GRAJEWO		MARATONKA GRAJEWO	80	M30/306	(M)728	00:45:35	00:45:05	00:22:52 / 712	13.31
749	2597	DAWID TOMASZ	WARSZAWA			73	M30/307	(M)729	00:45:35	00:45:18	00:22:24 / 614	13.25
750	1155	WICIŃSKI ANDRZEJ	WARSZAWA			70	M40/135	(M)730	00:45:36	00:45:22	00:22:18 / 582	13.23
751	5814	LESIUK GERARD	PULAWY			74	M30/308	(M)731	00:45:36	00:44:36	00:23:32 / 884	13.45
752	6069	PILECKI ADAM	STALOWA WOLA		WAT	88	M20/233	(M)732	00:45:38	00:44:26	00:23:14 / 793	13.50
753	1277	STAŃCZYK RAFAŁ	WARSZAWA			80	M30/309	(M)733	00:45:38	00:45:07	00:22:59 / 748	13.30
754	6824	AWRUK BARTOSZ	BIALYSTOK			82	M20/234	(M)734	00:45:38	00:45:10	00:22:22 / 602	13.28
755	1623	GMAJ BARTŁOMIEJ	WARSZAWA		WSPINVISION.	77	M30/310	(M)735	00:45:39	00:44:15	00:24:06 / 1042	13.56
756	2754	LECHOWSKI LUKASZ	RADOM			76	M30/311	(M)736	00:45:39	00:43:59	00:23:24 / 836	13.64
757	1897	GRYCNER TOMASZ	WARSZAWA		BEZIMIENI	80	M30/312	(M)737	00:45:40	00:44:43	00:23:14 / 795	13.42
758	5626	KAMIŃSKI STANISŁAW	NADARZYN			58	M50/47	(M)738	00:45:41	00:44:52	00:22:41 / 680	13.37
759	2627	KOSSOWSKI PIOTR	WARSZAWA			77	M30/313	(M)739	00:45:41	00:44:44	00:23:25 / 840	13.41
760	1826	NOWAK LUKASZ	PILAWA DOLNA			80	M30/314	(M)740	00:45:42	00:44:51	00:22:58 / 742	13.38
761	3336	PYNDRYK NORBERT	WARSZAWA			81	M20/235	(M)741	00:45:42	00:45:31	00:22:37 / 662	13.18
762	3850	LIS EMIL	GRÓJEC		GROM PRACE MALE	83	M20/236	(M)742	00:45:42	00:44:50	00:22:38 / 667	13.38
763	16	SMOKOWSKI TOMASZ	WARSZAWA		ASICS	73	M30/315	(M)743	00:45:42	00:44:03	00:22:45 / 690	13.62
764	6447	ŻAK MICHAŁ	KATOWICE			79	M30/316	(M)744	00:45:43	00:45:10	00:23:20 / 825	13.28
765	2180	OLSZTA PAWEŁ	ZĄBKI			75	M30/317	(M)745	00:45:44	00:43:26	00:24:13 / 1069	13.81
766	2939	TOMASZEWSKI DARIUSZ	DĘBLIN			88	M20/237	(M)746	00:45:45	00:44:27	00:23:31 / 880	13.50
767	4161	ZDUŃCZYK ANDRZEJ	SADOWA			74	M30/318	(M)747	00:45:46	00:45:08	00:22:54 / 724	13.29
768	871	KUBASZEWSKI MIROSLAW	WARSZAWA			63	M40/136	(M)748	00:45:46	00:45:09	00:23:24 / 838	13.29
769	6201	SOBERA MACIEJ	KOZIENICE			75	M30/319	(M)749	00:45:46	00:44:55	00:22:34 / 650	13.36
770	4844	WIELOGÓRKA PIOTR	WARSZAWA		BYLEDOBIEC ANIN	76	M30/320	(M)750	00:45:46	00:45:11	00:23:17 / 808	13.28
771	1139	KNAP ARKADIUSZ	WARSZAWA			74	M30/321	(M)751	00:45:47	00:45:10	00:22:57 / 740	13.28
772	2093	AMBROZIAK DANIEL	WARSZAWA			88	M20/238	(M)752	00:45:47	00:45:45	00:22:56 / 734	13.11
773	6168	SALSKI RAFAŁ	ŻYRARDÓW			68	M40/137	(M)753	00:45:47	00:44:23	00:23:31 / 876	13.52
774	9	OLEJNICZAK WOJCIECH	WARSZAWA		BIURO POSELSKIE	74	M30/322	(M)754	00:45:48	00:45:48	00:22:11 / 551	13.10
775	7055	DEMBIŃSKI JAROSŁAW	GRAJEWO			65	M40/138	(M)755	00:45:48	00:45:45	00:22:31 / 643	13.11
776	5434	DOMAGAŁA JERZY	NADARZYN			63	M40/139	(M)756	00:45:49	00:45:22	00:23:32 / 885	13.23
777	3242	KUCHAREK ZBIGNIEW	WARSZAWA			56	M50/48	(M)757	00:45:49	00:45:28	00:22:43 / 685	13.20
778	4365	BARTOSZ MAREK	KRAKÓW			79	M30/323	(M)758	00:45:50	00:45:22	00:22:50 / 702	13.23
779	4423	BOROWICZ LUKASZ	SOSNOWIEC		ZABIEGANI CZĘSTOCHOWA	78	M30/324	(M)759	00:45:51	00:44:55	00:23:15 / 797	13.36
780	50	ZABŁOŃSKI ARKADIUSZ	WARSZAWA		PKO	69	M40/140	(M)760	00:45:51	00:45:27	00:22:28 / 631	13.20
781	156	BUKOWSKI JANUSZ	WARSZAWA		GAZOWNIK	56	M50/49	(M)761	00:45:52	00:45:52	00:22:18 / 584	13.08
782	3001	BANDURSKI PAWEŁ	WARSZAWA		BRAK	72	M30/325	(M)762	00:45:53	00:45:16	00:22:47 / 692	13.25
783	1426	BADOWSKI MAREK	WARSZAWA			71	M30/326	(M)763	00:45:53	00:45:11	00:23:52 / 984	13.28
784	2813	DZIEKAN KRZYSZTOF	PRUSZKÓW			72	M30/327	(M)764	00:45:53	00:45:26	00:22:52 / 716	13.21
785	2906	MŚCICHOWSKI BARTŁOMIEJ	WARSZAWA			78	M30/328	(M)765	00:45:53	00:44:49	00:23:24 / 837	13.39
786	1606	MĄDRZYK MAREK	KRAKÓW		KB TP	63	M40/141	(M)766	00:45:54	00:45:23	00:23:12 / 786	13.22
787	5698	KORKUŚ JAROSŁAW	WROCLAW			86	M20/239	(M)767	00:45:54	00:45:14	00:23:03 / 758	13.26
788	4547	PAJĄCZKOWSKI DARIUSZ	WARSZAWA			81	M20/240	(M)768	00:45:54	00:44:12	00:24:09 / 1056	13.57
789	5255	AKSAMIT JAKUB	SOCHACZEW			88	M20/241	(M)769	00:45:55	00:45:45	00:22:40 / 676	13.11
790	3300	RUTKOWSKI SŁAWOMIR	WARSZAWA			59	M50/50	(M)770	00:45:55	00:45:11	00:23:06 / 768	13.28
791	335	KALBARCZYK KRZYSZTOF	WARSZAWA			76	M30/329	(M)771	00:45:57	00:45:22	00:23:33 / 894	13.23
792	2276	STELMASZCZYK MACIEJ	WARSZAWA		AKD RIDE OR DIE	78	M30/330	(M)772	00:45:57	00:45:35	00:22:49 / 697	13.16
793	1173	PLICTON STEPHAN				79	M30/331	(M)773	00:45:58	00:43:09	00:24:11 / 1063	13.90
794	4394	LESZCZUK KAMIL	SIEDLCE		ERA RUNNING TEAM	86	M20/242	(M)774	00:45:58	00:44:15	00:23:41 / 929	13.56
795	37	MITURA ADAM	WARSZAWA		COMPRESS	77	M30/332	(M)775	00:45:58	00:44:22	00:23:45 / 948	13.52
796	5867	MAJCHRZAK JAROSŁAW	WARSZAWA			70	M40/142	(M)776	00:45:59	00:45:51	00:22:54 / 726	13.09
797	4638	NIEDZIELSKI LUKASZ	JÓZEFOSŁAW			75	M30/333	(M)777	00:45:59	00:43:58	00:23:58 / 1008	13.65
798	2871	LANCKAMER ROBERT	WARSZAWA			72	M30/334	(M)778	00:46:00	00:45:14	00:22:55 / 729	13.26
799	568	DANKOWSKI JAROSŁAW	KARCZEW			75	M30/335	(M)779	00:46:01	00:45:21	00:23:22 / 831	13.23
800	2242	MIKINA ARTUR	WARSZAWA		PWPW SA	59	M50/51	(M)780	00:46:01	00:45:19	00:23:06 / 771	13.24

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Czas Netto	5km	[km/h]
801	505	LUTY JACEK	WARSZAWA			68	M40/143 (M)781	00:46:01	00:45:28	00:23:03 / 759	13.20
802	5748	KROCZAK WOJCIECH	PIESZYCE		POLSKA BIEGA	69	M40/144 (M)782	00:46:01	00:45:18	00:23:09 / 779	13.25
803	1004	KOWALSKI KAMIL	NIEPORĘT			86	M20/243 (M)783	00:46:02	00:45:55	00:21:35 / 426	13.07
804	3540	BOŻKO MARCIN	WARSZAWA			78	M30/336 (M)784	00:46:02	00:45:15	00:23:31 / 878	13.26
805	6510	HOTÓWKA MIKOŁAJ	WARSZAWA			74	M30/337 (M)785	00:46:02	00:44:06	00:23:54 / 994	13.61
806	6402	WRZESIŃSKI KAZIMIERZ	WŁOCŁAWEK			62	M40/145 (M)786	00:46:03	00:45:32	00:22:55 / 731	13.18
807	4469	WOJTKOWSKI IRENEUSZ	WARSZAWA		INFOVIDE-MATRIX	61	M40/146 (M)787	00:46:03	00:45:11	00:23:25 / 841	13.28
808	3285	HAPONIUK PAWEŁ	WARSZAWA			72	M30/338 (M)788	00:46:03	00:44:46	00:23:28 / 851	13.40
809	1753	GÓRECKI JAROSŁAW	WARSZAWA		LIDER WINNICA	95	M20/244 (M)789	00:46:04	00:43:59	00:25:03 / 1308	13.64
810	2791	RZESZOTARSKI DARIUSZ	MICHAŁÓWEK		MICHAŁÓWKAKY	70	M40/147 (M)790	00:46:04	00:45:57	00:22:59 / 747	13.06
811	1666	GOLAK MICHAŁ	WARSZAWA			10	(M)791	00:46:04	00:44:52	00:23:32 / 888	13.37
812	6254	SZCZEPANIK DANIEL	WARSZAWA		ANKODOR	75	M30/339 (M)792	00:46:04	00:44:31	00:23:32 / 891	13.48
813	345	PARZYSZEK RADEK	MARUSZÓW			81	M20/245 (M)793	00:46:05	00:45:40	00:22:52 / 717	13.14
814	4208	DALIA FELICE	WARSZAWA			79	M30/340 (M)794	00:46:05	00:45:57	00:21:54 / 486	13.06
815	1938	RAUER ŁUKASZ	WARSZAWA		WSPINVISION	76	M30/341 (M)795	00:46:05	00:44:56	00:23:39 / 919	13.35
816	2796	DOMIN DANIEL	WARSZAWA			81	M20/246 (M)796	00:46:05	00:45:21	00:23:04 / 762	13.23
817	6311	TARNOWSKI MACIEJ	WARSZAWA			83	M20/247 (M)797	00:46:06	00:46:03	00:22:32 / 644	13.03
818	1023	RYKAŁA ARTUR	WARSZAWA			80	M30/342 (M)798	00:46:06	00:45:33	00:21:55 / 491	13.17
819	1403	KORZONKOWSKI TOMASZ	WARSZAWA		****ENTRE****	76	M30/343 (M)799	00:46:06	00:45:19	00:23:38 / 913	13.24
820	2200	BANACH KRZYSZTOF	LUBLIN			72	M30/344 (M)800	00:46:06	00:43:47	00:24:28 / 1132	13.70
821	2430	BIELUSZKA PAWEŁ	WARSZAWA			84	M20/248 (M)801	00:46:06	00:44:56	00:24:16 / 1084	13.35
822	2303	ŁYJAK PIOTR	WARSZAWA		MAPI SPORT	90	M20/249 (M)802	00:46:07	00:44:46	00:23:23 / 832	13.40
823	1971	SERWATKA LECH	WARSZAWA			75	M30/345 (M)803	00:46:07	00:45:26	00:23:48 / 956	13.21
824	4915	WROŃSKI MACIEJ	WARSZAWA		UKS KUSY	88	M20/250 (M)804	00:46:07	00:45:21	00:22:27 / 629	13.23
825	2611	KRZEMIŃSKI KRZYSZTOF	WARSZAWA			85	M20/251 (M)805	00:46:07	00:46:03	00:22:08 / 540	13.03
826	2966	GRUCHACZ ROBERT	WARSZAWA			89	M20/252 (M)806	00:46:07	00:45:51	00:21:40 / 443	13.09
827	5290	BARTYZEL DARIUSZ	TYCHY		NIEZRZESZONY	77	M30/346 (M)807	00:46:08	00:45:28	00:23:14 / 794	13.20
828	5382	CIESIELSKI BARTOSZ	ŁÓDŹ		JEET KUNE DO WARSZAWA	72	M30/347 (M)808	00:46:08	00:44:30	00:24:11 / 1065	13.48
829	2184	JASIK PIOTR	WARSZAWA			58	M50/52 (M)809	00:46:08	00:45:21	00:23:00 / 751	13.23
830	3160	SIERZPUTOWSKI ROBERT	GRÓJEC		JW 3411 GRÓJEC	72	M30/348 (M)810	00:46:08	00:45:23	00:23:18 / 814	13.22
831	3370	ŁUKOMSKI ŁUKASZ	WARSZAWA		WOJOWNICZE ŻÓŁWIE NINJA	82	M20/253 (M)811	00:46:08	00:44:40	00:23:30 / 869	13.43
832	3112	NIEDZIELA ARTUR	WARSZAWA			74	M30/349 (M)812	00:46:08	00:45:52	00:22:40 / 675	13.08
833	4136	OLSZEWSKI ALEKSANDER	WARSZAWA			94	M20/254 (M)813	00:46:08	00:45:05	00:25:15 / 1359	13.31
834	1756	KULESZA TOMASZ	KĘTRZYN			84	M20/255 (M)814	00:46:09	00:44:44	00:24:00 / 1013	13.41
835	2548	DŁUGOŁĘCKI SŁAWOMIR	ZARĘBY KOŚCIELNE		-	60	M50/53 (M)815	00:46:10	00:45:32	00:22:59 / 746	13.18
836	939	SOWIŃSKI DOMINIK	ŁOMIANKI			92	M20/256 (M)816	00:46:10	00:44:50	00:23:51 / 977	13.38
837	1363	MAJEWSKI MARCIN	JEDLNA-LETNISKO			83	M20/257 (M)817	00:46:11	00:45:57	00:23:30 / 873	13.06
838	5542	GURYN KRZYSZTOF	WARSZAWA			77	M30/350 (M)818	00:46:11	00:46:00	00:22:21 / 599	13.04
839	6199	SMOLIŃSKI MICHAŁ	ŁÓDŹ			90	M20/258 (M)819	00:46:11	00:45:12	00:23:31 / 883	13.27
840	4240	TOLAK TADEUSZ	WARSZAWA			56	M50/54 (M)820	00:46:12	00:45:30	00:23:35 / 905	13.19
841	4242	LENARCZYK JAKUB	WARSZAWA			78	M30/351 (M)821	00:46:13	00:44:19	00:24:15 / 1079	13.54
842	5319	BIELICKI PIOTR	KUTNO		NIEZRZESZONY	76	M30/352 (M)822	00:46:14	00:45:08	00:23:33 / 893	13.29
843	6048	PAWLICA KRYSZTIAN	RZESZÓW			85	M20/259 (M)823	00:46:14	00:46:05	00:22:27 / 627	13.02
844	985	BOREK JACEK	WARSZAWA		ACCELERATE	71	M30/353 (M)824	00:46:14	00:45:09	00:23:34 / 900	13.29
845	1904	POJAWA TOMASZ	WARSZAWA		BYLEDOBIEC ANIN	73	M30/354 (M)825	00:46:14	00:45:40	00:23:18 / 811	13.14
846	5405	CZEKAJ WOJCIECH	RADOM			61	M40/148 (M)826	00:46:15	00:45:29	00:23:37 / 912	13.19
847	1086	PIROGOW PAWEŁ	WARSZAWA			92	M20/260 (M)827	00:46:15	00:44:51	00:23:30 / 867	13.38
848	6887	ZAKRZEWSKI MATEUSZ	WARSZAWA			82	M20/261 (M)828	00:46:16	00:45:46	00:23:08 / 777	13.11
849	978	CACKO MONIKA	OTWOCK		ACCELERATE	82	K20/14 (K)21	00:46:18	00:44:47	00:24:16 / 1082	13.40
850	2248	PIOTRKOWICZ MAREK	WARSZAWA			71	M30/355 (M)829	00:46:18	00:44:39	00:24:06 / 1043	13.44
851	5943	MITURA ADAM	ZAKALEW		GIGANT PRZYTOCZNO	94	M20/262 (M)830	00:46:18	00:45:03	00:24:47 / 1223	13.32
852	3311	LUBA ALICJA	WARSZAWA		POLONIA	83	K20/15 (K)22	00:46:18	00:45:59	00:23:19 / 819	13.05
853	468	CICHACKI SYLWESTER	WARSZAWA		STAL_PL	89	M20/263 (M)831	00:46:19	00:44:51	00:23:30 / 868	13.38
854	6054	PĘCINA KONRAD	PABIANICE			91	M20/264 (M)832	00:46:19	00:46:05	00:23:30 / 872	13.02
855	3552	STOŁOWY DOMINIK	WARSZAWA		BRAK	95	M20/265 (M)833	00:46:19	00:46:08	00:21:29 / 415	13.01
856	1839	DĄBROWSKI PIOTR	WARSZAWA		SBBP.WAW.PL	68	M40/149 (M)834	00:46:20	00:43:52	00:25:05 / 1320	13.68
857	6119	RAKOCZY PIOTR	WARSZAWA			77	M30/356 (M)835	00:46:20	00:46:01	00:22:33 / 648	13.04
858	4741	LUBOIŃSKA URSZULA	WARSZAWA			77	K30/6 (K)23	00:46:20	00:46:14	00:22:18 / 580	12.98

<b>Miejsce Rank</b>	<b>Nr Bib</b>	<b>Nazwisko i imię Name</b>	<b>Miejscowość City</b>	<b>Kraj Nat</b>	<b>Drużyna Team</b>	<b>R-k YoB</b>	<b>W kategorii in Age Sex</b>	<b>Czas Time</b>	<b>Czas Netto</b>	<b>5km</b>	<b>[km/h]</b>
859	1557	CAŁKA PIOTR	WARSZAWA		HYPERMEDIAISOBAR	83	M20/266 (M)836	00:46:21	00:45:51	00:23:13 / 789	13.09
860	1615	MALISZEWSKI JACEK	WARSZAWA		ENERGO-TEL S.A.	74	M30/357 (M)837	00:46:21	00:46:02	00:22:36 / 659	13.03
861	4144	WALLACZ SCOTT	WARSZAWA			71	M30/358 (M)838	00:46:22	00:45:51	00:23:25 / 842	13.09
862	3929	PIASECKA MONIKA	WARSZAWA		HP RUN	75	K30/7 (K)24	00:46:22	00:45:48	00:23:50 / 967	13.10
863	1603	KĘSICKI ANDRZEJ	KRAKÓW		KB TP	67	M40/150 (M)839	00:46:23	00:43:22	00:25:15 / 1361	13.84
864	512	HULEWICZ PIOTR	WARSZAWA		REAL WINGS	71	M30/359 (M)840	00:46:24	00:44:48	00:24:16 / 1081	13.39
865	1001	WOLANIN TOMASZ	WARSZAWA		ACCELERATE	71	M30/360 (M)841	00:46:24	00:45:18	00:23:38 / 918	13.25
866	2814	HOJDA MAREK	WARSZAWA			66	M40/151 (M)842	00:46:25	00:44:46	00:24:39 / 1189	13.40
867	3788	KOZERA MARCIN	WARSZAWA		POLSKA BIEGA	80	M30/361 (M)843	00:46:25	00:45:14	00:23:46 / 952	13.26
868	757	WIŚNIEWSKI PAWEŁ	PULŃTUSK			88	M20/267 (M)844	00:46:26	00:44:56	00:23:31 / 879	13.35
869	1918	KĘDZIERSKI FABIAN	WARSZAWA			74	M30/362 (M)845	00:46:27	00:45:51	00:23:52 / 981	13.09
870	3214	KOLAT DANIEL	WARSZAWA			70	M40/152 (M)846	00:46:27	00:45:10	00:23:52 / 982	13.28
871	2016	POTIOPA SEBASTIAN	SIEDLCE		GAZETA WYBORCZA/POLSKA BIEGA	80	M30/363 (M)847	00:46:27	00:45:35	00:23:50 / 972	13.16
872	1903	PAWŁOWSKA-POJAWA ANNA	WARSZAWA		BYLEDOBIEC ANIN	76	K30/8 (K)25	00:46:28	00:45:54	00:23:05 / 767	13.07
873	3756	CHYŁKOWSKI MICHAŁ	MILANÓWEK			76	M30/364 (M)848	00:46:29	00:46:23	00:22:49 / 698	12.94
874	3314	FRAĆ DANIEL	WARSZAWA			73	M30/365 (M)849	00:46:29	00:45:20	00:23:42 / 934	13.24
875	3385	HENSLER GRZEGORZ	WARSZAWA			77	M30/366 (M)850	00:46:29	00:45:08	00:24:25 / 1118	13.29
876	1973	NARTOWSKI JAN	WARSZAWA		KB JÓZEFOSŁAW	59	M50/55 (M)851	00:46:30	00:45:57	00:23:17 / 810	13.06
877	2274	ROSŁOWICZ JERZY	LUBLIN			52	M50/56 (M)852	00:46:30	00:45:31	00:23:55 / 997	13.18
878	1340	ŚCISŁOWSKI NORBERT	WARKA		KS START PUŁASKI WARKA	82	M20/268 (M)853	00:46:31	00:45:33	00:23:53 / 987	13.17
879	4931	PANKIEWICZ MACIEJ	WARSZAWA			82	M20/269 (M)854	00:46:31	00:45:54	00:22:43 / 686	13.07
880	6075	PIWOŃSKI ARKADIUSZ	WARSZAWA			78	M30/367 (M)855	00:46:32	00:45:31	00:23:54 / 992	13.18
881	6365	WILMOWSKI MAREK	ŁÓDŹ		UKS BUSHI	68	M40/153 (M)856	00:46:32	00:45:54	00:23:29 / 859	13.07
882	4091	TARASZKIEWICZ SŁAWOMIR	WARSZAWA			74	M30/368 (M)857	00:46:33	00:45:34	00:23:29 / 861	13.17
883	5484	GAJDA SŁAWOMIR	ŁASK		32BLOT T JASTRZĄB	74	M30/369 (M)858	00:46:33	00:45:52	00:22:38 / 669	13.08
884	6841	GRZELCZAK TOMASZ				67	M40/154 (M)859	00:46:33	00:45:32	00:23:54 / 993	13.18
885	5605	JÓZWIK WALDEMAR	WARSZAWA		AZS WUM	78	M30/370 (M)860	00:46:34	00:45:44	00:23:17 / 809	13.12
886	6167	SAJ SŁAWOMIR	OSTROŁĘKA		AG BEZ LIMITU	69	M40/155 (M)861	00:46:34	00:45:45	00:23:38 / 914	13.11
887	5638	KARPIŃSKI ROBERT	MARKI			71	M30/371 (M)862	00:46:34	00:44:53	00:24:18 / 1088	13.37
888	2229	WAŚIŃSKI JAN	WARSZAWA		KS BEDNARSKA	83	M20/270 (M)863	00:46:34	00:44:34	00:24:29 / 1136	13.46
889	6079	PLISZKA BARTOSZ	OSTROŁĘKA		AG BEZ LIMITU OSTROŁĘKA I OKOLICE	73	M30/372 (M)864	00:46:34	00:45:45	00:23:38 / 916	13.11
890	4951	HOFFMAN GRZEGORZ	WARSZAWA			85	M20/271 (M)865	00:46:34	00:44:41	00:24:41 / 1200	13.43
891	179	MARCHEWKA JAN				10	(M)866	00:46:34	00:45:06	00:23:30 / 866	13.30
892	6273	SZYLING-KŁOS MONIKA	WŁOCŁAWEK			74	K30/9 (K)26	00:46:35	00:46:06	00:23:20 / 824	13.02
893	4955	SITARSKI ADAM	WARSZAWA			87	M20/272 (M)867	00:46:35	00:45:24	00:23:51 / 979	13.22
894	845	NGUYEN VIET RAFAŁ	GŁOSKÓW		WSTIR	88	M20/273 (M)868	00:46:36	00:46:19	00:24:10 / 1060	12.95
895	498	TELEŚNICKI GRZEGORZ	WARSZAWA			71	M30/373 (M)869	00:46:36	00:45:52	00:23:39 / 922	13.08
896	5444	DRUZGA DAMIAN	WARSZAWA		KB IM. FORRESTA GUMPA	79	M30/374 (M)870	00:46:36	00:45:04	00:23:03 / 761	13.31
897	4316	JAKUBIAK KONRAD	SOCHACZEW			80	M30/375 (M)871	00:46:36	00:46:29	00:22:36 / 656	12.91
898	4128	PAWŁOWSKI HUBERT	WARSZAWA			92	M20/274 (M)872	00:46:37	00:45:14	00:24:54 / 1256	13.26
899	4875	LUDWINIAK RENATA	WARSZAWA			75	K30/10 (K)27	00:46:37	00:45:50	00:23:27 / 849	13.09
900	3683	KURCEWICZ DARIUSZ	WARSZAWA		MADAROS	69	M40/156 (M)873	00:46:38	00:45:59	00:23:20 / 823	13.05
901	1676	KALISIAK SZYMON	KOBYŁKA			82	M20/275 (M)874	00:46:38	00:45:40	00:23:38 / 915	13.14
902	1322	DALASIŃSKI JAN	WARSZAWA			62	M40/157 (M)875	00:46:39	00:44:48	00:24:33 / 1161	13.39
903	1107	GÓRA MARCIN	WARSZAWA		KB TWM	70	M40/158 (M)876	00:46:39	00:45:57	00:23:07 / 774	13.06
904	7423	NIEDŹWIECKI MATEUSZ	WARSZAWA			96	M20/276 (M)877	00:46:39	00:44:41	00:24:46 / 1220	13.43
905	4965	GERULA ROBERT	WARSZAWA			69	M40/159 (M)878	00:46:39	00:44:49	00:24:29 / 1142	13.39
906	5914	MICHALSKI MACIEJ	LEGIONOWO			79	M30/376 (M)879	00:46:39	00:45:59	00:23:47 / 955	13.05
907	128	KORCZ SŁAWOMIR	WARSZAWA			65	M40/160 (M)880	00:46:39	00:45:57	00:23:08 / 775	13.06
908	481	WOJCIESZYŃSKI KRZYSZTOF	WARSZAWA			76	M30/377 (M)881	00:46:40	00:44:56	00:24:26 / 1125	13.35
909	4270	JABŁOŃSKI GRZEGORZ	WARSZAWA			85	M20/277 (M)882	00:46:40	00:44:16	00:25:43 / 1535	13.55
910	4013	SASIM JORDAN	WARSZAWA			81	M20/278 (M)883	00:46:40	00:45:37	00:24:03 / 1027	13.15
911	1745	OSTASZEWSKI ŁUKASZ	WINNICA		LIDER WINNICA	92	M20/279 (M)884	00:46:41	00:44:36	00:25:04 / 1310	13.45
912	3238	JAWORSKI RAFAŁ	BŁONIE		WKB META LUBLINIEC	71	M30/378 (M)885	00:46:41	00:46:06	00:23:32 / 892	13.02
913	2669	PIKUS PIOTR	CHRUSZCZEWO			88	M20/280 (M)886	00:46:41	00:45:42	00:23:44 / 942	13.13
914	57	ZGLIŃSKI PIOTR	SULEJÓWEK		PKO	74	M30/379 (M)887	00:46:41	00:44:43	00:24:29 / 1140	13.42
915	4835	GUT MATEUSZ	WARSZAWA			88	M20/281 (M)888	00:46:41	00:44:51	00:24:49 / 1231	13.38
916	308	RYŚ DARIUSZ	WARSZAWA			80	M30/380 (M)889	00:46:42	00:45:02	00:24:04 / 1031	13.32



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Czas Netto	5km	[km/h]
917	1179	BIELSKI MARCIN	NOWE MIASTO NAD		BRAK	78	M30/381 (M)890	00:46:42	00:44:54	00:24:48 / 1229	13.36
918	2672	LEŚNIEWSKI IRENEUSZ	WARSZAWA			65	M40/161 (M)891	00:46:42	00:45:58	00:23:11 / 781	13.05
919	623	NYCKOWSKI JAN	WARSZAWA			85	M20/282 (M)892	00:46:42	00:45:42	00:23:33 / 896	13.13
920	470	RUSZNIK PAWEŁ	KRASNYSTAW			87	M20/283 (M)893	00:46:43	00:44:50	00:25:01 / 1296	13.38
921	768	BURZYŃSKI MACIEJ	WARSZAWA			84	M20/284 (M)894	00:46:43	00:46:13	00:22:53 / 720	12.98
922	7140	TYMCZYSZYN MAREK	WARSZAWA			73	M30/382 (M)895	00:46:43	00:45:47	00:24:24 / 1114	13.11
923	5817	LETZA CEZARY	WARSZAWA			66	M40/162 (M)896	00:46:44	00:46:05	00:23:11 / 784	13.02
924	3674	NEMETH BALAZS	WARSZAWA			81	M20/285 (M)897	00:46:45	00:46:07	00:23:13 / 791	13.01
925	2419	KANOWNIK MICHAŁ	WARSZAWA		KB HOLMES PLACE	77	M30/383 (M)898	00:46:45	00:45:44	00:23:17 / 806	13.12
926	6403	WRZEŚIŃSKI STEFAN	WŁOCŁAWEK			57	M50/57 (M)899	00:46:45	00:45:46	00:23:44 / 946	13.11
927	4206	JENKINS CHRIS	WARSAW		WILANOW COFFIN DODGERS	47	M60/6 (M)900	00:46:45	00:44:34	00:25:08 / 1337	13.46
928	2482	ROSZKIEWICZ ROBERT	ZALESIE GÓRNE		RH FITNESS	79	M30/384 (M)901	00:46:46	00:46:33	00:23:16 / 802	12.89
929	3428	GOLAK WOJCIECH	WARSZAWA			83	M20/286 (M)902	00:46:46	00:45:34	00:23:34 / 903	13.17
930	3337	KLUPŚ DAMIAN	GOSTYŃ			83	M20/287 (M)903	00:46:46	00:46:19	00:23:21 / 829	12.95
931	1674	ŻUK KONRAD	KOBYŁKA		NAJSZYBIEJSI	88	M20/288 (M)904	00:46:47	00:45:49	00:23:36 / 908	13.10
932	6696	KUCHARSKI DAMIAN	CZĘSTOCHOWA		ZABIEGANI	86	M20/289 (M)905	00:46:47	00:45:58	00:23:28 / 854	13.05
					CZĘSTOCHOWA/MARATONYPOLSKIE.PL						
933	3563	ŁABĘDZKI JERZY	MICHAŁOWICE			73	M30/385 (M)906	00:46:47	00:45:52	00:23:46 / 951	13.08
934	3272	MILEWSKI MACIEJ	LEGIONOWO			75	M30/386 (M)907	00:46:48	00:44:35	00:24:58 / 1272	13.46
935	2927	CLARE SIMON	WARSZAWA			69	M40/163 (M)908	00:46:48	00:44:50	00:24:38 / 1183	13.38
936	1204	PIECZAROWSKI RAFAŁ	WARSZAWA			82	M20/290 (M)909	00:46:49	00:45:41	00:23:36 / 907	13.13
937	4122	KRAKOWIAK KAMIL	WARSZAWA			87	M20/291 (M)910	00:46:49	00:46:12	00:23:13 / 792	12.99
938	366	DOMAGAŁA JAROSŁAW	WARSZAWA			66	M40/164 (M)911	00:46:50	00:45:35	00:23:52 / 986	13.16
939	2558	LYPINSKI MIKAEL	WARSZAWA			75	M30/387 (M)912	00:46:50	00:45:54	00:23:51 / 976	13.07
940	2359	BIELIŃSKA ANNA			ACTION	66	K40/3 (K)28	00:46:50	00:45:17	00:24:14 / 1075	13.25
941	157	SUDOŁ GRZEGORZ	KRAKÓW			78	M30/388 (M)913	00:46:50	00:45:17	00:24:13 / 1071	13.25
942	3363	SZANIAWSKI WOJCIECH	WARSZAWA			73	M30/389 (M)914	00:46:51	00:45:57	00:24:32 / 1151	13.06
943	1420	WITKOWSKI TADEUSZ	TARNÓW OPOLSKI		NIEZRZESZONY	56	M50/58 (M)915	00:46:51	00:46:12	00:23:40 / 927	12.99
944	3163	SŁOWIŃSKI MARCIN	MILAKÓW		JW 3411 GRÓJEC	84	M20/292 (M)916	00:46:51	00:46:06	00:24:07 / 1052	13.02
945	4584	KORCZAK KONRAD	WARSZAWA			71	M30/390 (M)917	00:46:52	00:45:15	00:24:12 / 1067	13.26
946	3268	OPALSKI WOJCIECH	WARSZAWA			74	M30/391 (M)918	00:46:52	00:46:08	00:23:47 / 953	13.01
947	2589	ONYSZCZUK JAROSŁAW	WARSZAWA		NIEZRZESZONY	70	M40/165 (M)919	00:46:52	00:45:14	00:25:00 / 1289	13.26
948	1751	BRODOWSKI MARCIN	GLINICE		LIDER WINNICA	73	M30/392 (M)920	00:46:52	00:45:30	00:25:03 / 1303	13.19
949	5989	NIEMCZYK GRZEGORZ	MILANÓWEK		WUM	90	M20/293 (M)921	00:46:52	00:46:21	00:23:04 / 764	12.94
950	5610	JURKOWSKI JAKUB	WARSZAWA			80	M30/393 (M)922	00:46:53	00:46:00	00:23:02 / 755	13.04
951	5508	GOGŁUSKA ROBERT	KULIGÓW			73	M30/394 (M)923	00:46:53	00:46:53	00:22:09 / 546	12.80
952	268	BEDNARCZYK MARIUSZ	WARSZAWA		STRAZ MIEJSKA RPI-OT7	70	M40/166 (M)924	00:46:54	00:46:36	00:23:34 / 902	12.88
953	3081	WARZYWODA MAREK	WARSZAWA			72	M30/395 (M)925	00:46:54	00:45:53	00:23:31 / 875	13.08
954	3982	DĄBEK PAWEŁ	PRZEMYŚL			84	M20/294 (M)926	00:46:54	00:46:51	00:22:51 / 710	12.81
955	569	KLUCZYŃSKI JAROSŁAW	WARSZAWA			63	M40/167 (M)927	00:46:55	00:46:42	00:22:04 / 526	12.85
956	2173	SUTARCZYK MAREK	WARSZAWA		OSIR BEMOWO WARSZAWA	55	M50/59 (M)928	00:46:56	00:46:31	00:22:56 / 736	12.90
957	5934	MIODUSZEWSKI MATEUSZ	WARSZAWA			76	M30/396 (M)929	00:46:56	00:46:18	00:23:20 / 822	12.96
958	5413	CZUBA KRZYSZTOF	ŚLIWNIKI			71	M30/397 (M)930	00:46:56	00:45:23	00:24:35 / 1173	13.22
959	4444	KROGULEC MATEUSZ	ŁOMIANKI			88	M20/295 (M)931	00:46:56	00:46:29	00:23:49 / 965	12.91
960	2651	WAGNER JOLANTA	WARSZAWA			66	K40/4 (K)29	00:46:56	00:45:59	00:23:49 / 966	13.05
961	3976	ADAMOWICZ HUBERT	WARSZAWA		BRAK	73	M30/398 (M)932	00:46:57	00:45:08	00:24:11 / 1061	13.29
962	1468	RĄCZKA MACIEJ	WARSZAWA			88	M20/296 (M)933	00:46:57	00:45:37	00:25:18 / 1375	13.15
963	3757	CHYŁKOWSKI MARCIN	MICHAŁOWICE			76	M30/399 (M)934	00:46:58	00:46:52	00:22:49 / 699	12.80
964	1181	STASZAK DARIUSZ	WARSZAWA			82	M20/297 (M)935	00:46:58	00:44:38	00:25:04 / 1312	13.44
965	4735	MATYKA MARCIN	WARSZAWA			74	M30/400 (M)936	00:46:58	00:46:33	00:23:34 / 899	12.89
966	3692	BURSZTYNOWSKI DARIUSZ	WARSZAWA			58	M50/60 (M)937	00:46:59	00:45:27	00:23:39 / 921	13.20
967	2237	SZYSZKOWSKI TOMASZ	JÓZEFÓW		BRAK	75	M30/401 (M)938	00:47:00	00:44:24	00:24:52 / 1244	13.51
968	4256	PETRULIS STANISŁAW	WARSZAWA			74	M30/402 (M)939	00:47:00	00:46:31	00:22:24 / 611	12.90
969	307	SZYSZKOWSKI WŁODZIMIERZ	WARSZAWA			68	M40/168 (M)940	00:47:01	00:46:30	00:24:05 / 1035	12.90
970	5533	GRUDNIEWSKI EDWARD	KOZIENICE		ELEKTROWNIA KOZIENICE	55	M50/61 (M)941	00:47:01	00:45:51	00:23:53 / 990	13.09
971	2351	TRACZEWSKI PIOTR	ŁOMIANKI			66	M40/169 (M)942	00:47:01	00:44:55	00:24:42 / 1201	13.36
972	751	BLADOS TOMASZ	KONSTANCJA - JEZIORNA		ITI ADVENTURE TEAM	83	M20/298 (M)943	00:47:02	00:46:36	00:23:27 / 846	12.88
973	752	PERET ELŻBIETA	WARSZAWA		WARSZAWA	82	K20/16 (K)30	00:47:02	00:46:36	00:23:26 / 844	12.88
974	5448	DUDEK PAWEŁ	W-WA			81	M20/299 (M)944	00:47:02	00:46:26	00:24:31 / 1146	12.92

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Czas Netto	5km	[km/h]
975	312	WIETESKA WALDEMAR	RASZYN			72	M30/403 (M)945	00:47:03	00:46:30	00:23:57 / 1005	12.90
976	4459	MARCINOWSKI JAKUB	WARSZAWA			75	M30/404 (M)946	00:47:03	00:46:55	00:22:50 / 700	12.79
977	310	TRONIARZ MARCIN	RASZYN			75	M30/405 (M)947	00:47:03	00:46:30	00:23:56 / 1004	12.90
978	4440	SZYMCZAK MACIEJ	WARSZAWA			74	M30/406 (M)948	00:47:04	00:46:34	00:23:06 / 769	12.88
979	4172	ŚCIBIOR KRZYSZTOF	WARSZAWA			65	M40/170 (M)949	00:47:04	00:45:30	00:24:28 / 1134	13.19
980	1372	PIKULSKI MACIEJ	WARSZAWA			84	M20/300 (M)950	00:47:05	00:44:53	00:25:26 / 1425	13.37
981	1309	ROCCEGGIANI PIERLUCA	WARSZAWA		LA CENTRALE -ROMA	70	M40/171 (M)951	00:47:06	00:45:36	00:24:46 / 1221	13.16
982	6418	ZAKRZEWSKI PRZEMYSŁAW	WARSZAWA			81	M20/301 (M)952	00:47:06	00:46:13	00:23:29 / 857	12.98
983	4040	CHMIELEWSKI ROBERT	JÓZEFÓW			67	M40/172 (M)953	00:47:06	00:46:34	00:23:04 / 765	12.88
984	2901	BIERNACKI ARTUR	WARSZAWA			71	M30/407 (M)954	00:47:06	00:46:41	00:23:56 / 1000	12.85
985	2295	PIWOWAR KRZYSZTOF	WARSZAWA			94	M20/302 (M)955	00:47:07	00:46:34	00:22:42 / 682	12.88
986	5568	JACOSZEK MIROŚLAW	WARSZAWA		RAIFFEISEN LEASING RUNNERS	98	M20/303 (M)956	00:47:07	00:46:28	00:23:16 / 800	12.91
987	5281	BARAN HENRYK	PODWYSOKIE		KB TP	74	M30/408 (M)957	00:47:07	00:46:36	00:23:40 / 926	12.88
988	409	KOSSAKOWSKA KATARZYNA	WARSZAWA		DELOITTE ADVENTURE TEAM	74	K30/11 (K)31	00:47:08	00:46:57	00:23:21 / 827	12.78
989	2534	DUBAJ MICHAŁ	WARSZAWA		12TRI/FACEBOOK-BIEGANIE/AIKIDOWARZA WA.P	89	M20/304 (M)958	00:47:08	00:46:41	00:23:49 / 962	12.85
990	3427	ZWIERZCHOŃ GRZEGORZ	WARSZAWA		12TRI.PL / BIEGNIJZWIERZU.PL / FACEBOOK	81	M20/305 (M)959	00:47:08	00:44:48	00:25:04 / 1317	13.39
991	2140	SZYMAŃSKI PIOTR	WARSZAWA			76	M30/409 (M)960	00:47:08	00:45:25	00:24:59 / 1281	13.21
992	3914	OLSZEWSKI JAROSŁAW	LEGIONOWO			56	M50/62 (M)961	00:47:08	00:47:00	00:23:31 / 881	12.77
993	1421	WOJCIECHOWSKI PAWEŁ	WARSZAWA			71	M30/410 (M)962	00:47:09	00:45:43	00:24:42 / 1202	13.12
994	3972	LESZCZENKO JOANNA	WARSZAWA			83	K20/17 (K)32	00:47:09	00:46:37	00:23:43 / 941	12.87
995	2112	BARTOSIAK PATRYCJA	WARSZAWA		WKS GWARDIA	92	K20/18 (K)33	00:47:09	00:45:05	00:25:04 / 1314	13.31
996	3386	DRABIK JACEK	WARSZAWA			79	M30/411 (M)963	00:47:10	00:45:52	00:24:27 / 1126	13.08
997	1863	PARASZEWSKI PAWEŁ	WARSZAWA			69	M40/173 (M)964	00:47:10	00:46:17	00:24:06 / 1040	12.96
998	4674	PRUSAK MICHAŁ	WARSZAWA			87	M20/306 (M)965	00:47:10	00:47:01	00:22:39 / 672	12.76
999	7076	CZARKOWSKI MICHAŁ	GRAGACZ			81	M20/307 (M)966	00:47:10	00:45:11	00:24:51 / 1241	13.28
1000	5959	MOSUR KAMIL	WARSZAWA			77	M30/412 (M)967	00:47:11	00:47:01	00:22:43 / 687	12.76
1001	3302	SZULC TOMASZ	WARSZAWA			72	M30/413 (M)968	00:47:11	00:46:39	00:23:40 / 925	12.86
1002	4949	MILIŃSKI PIOTR	GDAŃSK			91	M20/308 (M)969	00:47:11	00:46:42	00:23:55 / 998	12.85
1003	777	BIAŁKOWSKI KRZYSIEK	WARSZAWA		-	82	M20/309 (M)970	00:47:12	00:46:11	00:24:01 / 1018	12.99
1004	1989	GAC TOMASZ	WARSZAWA			72	M30/414 (M)971	00:47:12	00:44:31	00:25:37 / 1491	13.48
1005	4742	KWIATKOWSKI MATEUSZ	WARSZAWA			89	M20/310 (M)972	00:47:12	00:46:16	00:23:45 / 947	12.97
1006	997	WILCZKOWIAK JAN	WARSZAWA		ACCELERATE	82	M20/311 (M)973	00:47:12	00:45:53	00:24:32 / 1155	13.08
1007	3987	GOLIŃSKI ARTUR	WARSZAWA			71	M30/415 (M)974	00:47:12	00:46:15	00:23:54 / 995	12.97
1008	1980	BRYŁA JAKUB	WARSZAWA			80	M30/416 (M)975	00:47:14	00:46:44	00:23:00 / 750	12.84
1009	620	FAHRNI PRISCA	WARSZAWA			66	K40/5 (K)34	00:47:14	00:46:17	00:24:00 / 1015	12.96
1010	724	SOCHA TOMASZ	WARSZAWA			68	M40/174 (M)976	00:47:14	00:44:41	00:25:22 / 1403	13.43
1011	1232	SZYMAŃSKI ROBERT	WARSZAWA			49	M60/7 (M)977	00:47:14	00:46:57	00:23:06 / 772	12.78
1012	1642	BIELERZEWSKI JAKUB	WARSZAWA		BRAK	74	M30/417 (M)978	00:47:15	00:46:21	00:23:48 / 959	12.94
1013	1072	RYDZ MICHAŁ	WARSZAWA			86	M20/312 (M)979	00:47:15	00:46:35	00:24:04 / 1029	12.88
1014	2565	KOWALEWSKI ROBERT	WARSZAWA		GAZETA WYBORCZA	70	M40/175 (M)980	00:47:15	00:45:39	00:24:35 / 1171	13.14
1015	2099	STEELE PHILIP	PODKOWA LEŚNA			63	M40/176 (M)981	00:47:15	00:46:13	00:23:44 / 945	12.98
1016	6068	PIĘTKA KRZYSZTOF	GÓRZNO		TRUCHTACZ GARWOLIN	72	M30/418 (M)982	00:47:15	00:47:11	00:22:20 / 588	12.72
1017	4966	WIŚNIEWSKI ANDRZEJ	OTWOCK		KB PLL LOT	57	M50/63 (M)983	00:47:16	00:47:05	00:24:09 / 1057	12.74
1018	6023	OSAKOWICZ MATEUSZ	WARSZAWA			80	M30/419 (M)984	00:47:17	00:46:14	00:23:57 / 1006	12.98
1019	4634	FELIS PAWEŁ	BOBROWIEC			69	M40/177 (M)985	00:47:17	00:46:21	00:24:04 / 1033	12.94
1020	4468	PRZYTUŁA ROBERT				64	M40/178 (M)986	00:47:17	00:47:13	00:24:08 / 1054	12.71
1021	1284	CHRISTIAN FORSBERG ANDERS	WARSZAWA		DANISH DYNAMITE	85	M20/313 (M)987	00:47:18	00:45:26	00:24:33 / 1162	13.21
1022	2576	CIASNOCHA ŁUKASZ	JANÓW LUBELSKI			82	M20/314 (M)988	00:47:18	00:46:38	00:24:36 / 1175	12.87
1023	4585	GAC JACEK	WARSZAWA		DGW	67	M40/179 (M)989	00:47:18	00:46:07	00:24:04 / 1034	13.01
1024	3364	KOWALSKI PIOTR	WARSZAWA			82	M20/315 (M)990	00:47:18	00:45:42	00:24:31 / 1150	13.13
1025	4355	OLEĐZKA EMILIA	CHELM		VADERIIIIIIIIIIII'S SQUAD	76	K30/12 (K)35	00:47:19	00:45:37	00:25:01 / 1294	13.15
1026	2296	FIEDORUK PIOTR	WARSZAWA		AZS WAT	62	M40/180 (M)991	00:47:19	00:46:07	00:24:20 / 1095	13.01
1027	6773	PASEK RAFAŁ	POZNAŃ			74	M30/420 (M)992	00:47:19	00:45:33	00:25:22 / 1405	13.17
1028	1101	JESIONOWSKA JOANNA	BŁONIE			94	K20/19 (K)36	00:47:20	00:46:18	00:24:02 / 1020	12.96
1029	2560	LEONIAK GRZEGORZ	WARSZAWA			66	M40/181 (M)993	00:47:20	00:46:53	00:23:41 / 931	12.80
1030	3119	BELKA GRZEGORZ	JÓZEFÓW			78	M30/421 (M)994	00:47:21	00:46:05	00:23:13 / 790	13.02
1031	840	WAROT KRZYSZTOF	WARSZAWA			69	M40/182 (M)995	00:47:21	00:44:27	00:25:23 / 1407	13.50
1032	2298	ZYCHOWICZ JACEK	MIŃSK MAZOWIECKI		RODIFOR@GMSIL.COM	82	M20/316 (M)996	00:47:22	00:46:27	00:24:12 / 1068	12.92

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Czas Netto	5km	[km/h]
1033	1373	MRÓZ MACIEJ	WŁODAWA			92	M20/317 (M)997	00:47:22	00:46:48	00:24:36 / 1174	12.82
1034	3280	ŁUKASZEWICZ ROBERT	WARSZAWA			81	M20/318 (M)998	00:47:22	00:45:44	00:24:10 / 1058	13.12
1035	1056	BEBELSKI RAFAŁ	WARSZAWA		DRUŻYNA SZPIKU	77	M30/422 (M)999	00:47:23	00:46:22	00:23:40 / 924	12.94
1036	1974	GERGONT MATEUSZ	WARSZAWA			83	M20/319 (M)1000	00:47:23	00:46:43	00:23:48 / 958	12.84
1037	5821	LEWICKI TOMASZ	DRAWSKO POMORSKIE		SPORTMANIA.GD.PL	76	M30/423 (M)1001	00:47:23	00:46:39	00:23:09 / 778	12.86
1038	7224	PASTUSZAK ANDRZEJ	PILAWA			75	M30/424 (M)1002	00:47:23	00:45:19	00:25:02 / 1298	13.24
1039	7036	SZELUGA TOMASZ	OLSZTYN			76	M30/425 (M)1003	00:47:24	00:46:39	00:23:30 / 864	12.86
1040	3265	SZMIDT JACEK	WARSZAWA		BIELAŃSKI KLUB BIEGACZA	57	M50/64 (M)1004	00:47:25	00:47:07	00:23:42 / 937	12.73
1041	6522	KRAWCZYK PIOTR	WARSZAWA		STOWARZYSZENIE TERAPEUTÓW	67	M40/183 (M)1005	00:47:25	00:45:30	00:24:55 / 1262	13.19
1042	1304	OBUCHOWICZ MACIEJ	WARSZAWA			72	M30/426 (M)1006	00:47:26	00:44:44	00:25:24 / 1416	13.41
1043	1744	CZERWIEC ANDRZEJ	WARSZAWA			79	M30/427 (M)1007	00:47:26	00:45:33	00:24:25 / 1117	13.17
1044	6316	TOMCZAK DARIUSZ	WARSZAWA			65	M40/184 (M)1008	00:47:26	00:47:10	00:23:44 / 944	12.72
1045	3851	HILLER MAREK	WARSZAWA			74	M30/428 (M)1009	00:47:27	00:46:15	00:24:30 / 1145	12.97
1046	288	PLATOWSKI FELIKS	PRUSZKÓW		SYRENKA	76	M30/429 (M)1010	00:47:27	00:45:26	00:25:08 / 1334	13.21
1047	3581	WOŹNIAK MACIEJ	TORUŃ			88	M20/320 (M)1011	00:47:27	00:45:35	00:24:23 / 1107	13.16
1048	4871	SYGUT MARCIN	WARSZAWA		WCKIK WARSZAWA	70	M40/185 (M)1012	00:47:28	00:46:14	00:24:40 / 1194	12.98
1049	6313	TLAŁKA MARIUSZ	WARSZAWA			70	M40/186 (M)1013	00:47:28	00:46:24	00:23:50 / 973	12.93
1050	3305	SKRZESZEWSKI GRZEGORZ	WARSZAWA			58	M50/65 (M)1014	00:47:28	00:47:26	00:23:37 / 910	12.65
1051	6888	FINFANDO ZBIGNIEW	IZABELIN			67	M40/187 (M)1015	00:47:28	00:45:51	00:24:43 / 1205	13.09
1052	6308	TALAGA BARTOSZ	WARSZAWA		MARATONKA GRAJEWO	70	M40/188 (M)1016	00:47:29	00:46:33	00:24:11 / 1062	12.89
1053	6158	RZEPECKI KRZYSZTOF	PIOTRKÓW TRYB.		BRAK	79	M30/430 (M)1017	00:47:29	00:46:09	00:23:53 / 991	13.00
1054	4475	ZAWADZKI ANDRZEJ	WARSZAWA			78	M30/431 (M)1018	00:47:29	00:46:15	00:24:01 / 1016	12.97
1055	5757	KRZEPOTA SEBASTIAN	WARSZAWA			75	M30/432 (M)1019	00:47:29	00:46:35	00:23:41 / 932	12.88
1056	5758	KRZEPOTA JAKUB	SZCZECIN			75	M30/433 (M)1020	00:47:29	00:46:34	00:23:42 / 935	12.88
1057	2366	KULCZYKOWSKI SZYMON			ACTION	86	M20/321 (M)1021	00:47:29	00:46:41	00:24:08 / 1055	12.85
1058	6331	URBANIAK HUBERT	WYSZKÓW		W-W-Y	80	M30/434 (M)1022	00:47:30	00:46:46	00:24:14 / 1074	12.83
1059	2877	SIKORZEWSKI WOJTEK	WARSZAWA		KWW	72	M30/435 (M)1023	00:47:30	00:46:07	00:24:45 / 1216	13.01
1060	3501	ZDZIECHOWSKI SZYMON	WARSZAWA			79	M30/436 (M)1024	00:47:30	00:46:07	00:24:45 / 1215	13.01
1061	2233	ANDZIAK MIROSLAW	GRÓJEC			72	M30/437 (M)1025	00:47:30	00:47:13	00:23:17 / 807	12.71
1062	3255	PRUS JAROSLAW	KONSTANCIN-JEZIORNA			68	M40/189 (M)1026	00:47:30	00:46:26	00:24:17 / 1085	12.92
1063	4519	SIKORSKI ROBERT	GRODZISK MAZOWIECKI			69	M40/190 (M)1027	00:47:31	00:46:48	00:24:18 / 1089	12.82
1064	1206	GRANAT ZBIGNIEW	WARSZAWA			59	M50/66 (M)1028	00:47:31	00:46:50	00:23:17 / 804	12.81
1065	4341	CZARNECKI ARTUR	MILANÓWEK			85	M20/322 (M)1029	00:47:32	00:46:32	00:23:36 / 909	12.89
1066	3149	ŚWICA PAWEŁ	WARSZAWA			80	M30/438 (M)1030	00:47:33	00:46:52	00:23:36 / 906	12.80
1067	4275	SENGER ROBERT	WARSZAWA			82	M20/323 (M)1031	00:47:33	00:47:10	00:23:40 / 923	12.72
1068	1164	CELIŃSKI TOMASZ	OTWOCK		//////////PANACEUM	68	M40/191 (M)1032	00:47:34	00:47:11	00:24:13 / 1072	12.72
1069	281	JEŹOWSKI CEZARY	WARSZAWA		SYRENKA	92	M20/324 (M)1033	00:47:34	00:45:57	00:24:52 / 1245	13.06
1070	2616	KUCIŃSKI ANDRZEJ	BRWINÓW			60	M50/67 (M)1034	00:47:34	00:47:08	00:23:48 / 960	12.73
1071	4507	STUPALKOWSKI MAREK	WARSZAWA			62	M40/192 (M)1035	00:47:35	00:46:01	00:24:33 / 1164	13.04
1072	7066	CELEJ ANDRZEJ	KŁOCZEW			71	M30/439 (M)1036	00:47:35	00:45:21	00:25:37 / 1499	13.23
1073	6827	CHAZONOW ADAM				73	M30/440 (M)1037	00:47:35	00:46:02	00:25:07 / 1328	13.03
1074	2449	DZIUBANY TOMASZ	WARSZAWA		YOKOGAWA RUNNERS	71	M30/441 (M)1038	00:47:36	00:46:25	00:24:19 / 1091	12.93
1075	5818	LEWANDOWSKI ADAM	WARSZAWA			81	M20/325 (M)1039	00:47:36	00:46:04	00:25:40 / 1512	13.02
1076	5426	DETLAFF MARIUSZ	WILCZA GÓRA		NIEZRZESZONY	83	M20/326 (M)1040	00:47:36	00:46:41	00:23:51 / 974	12.85
1077	2907	SZYMAŃSKI MACIEJ	BYDGOSZCZ			88	M20/327 (M)1041	00:47:36	00:45:32	00:24:22 / 1103	13.18
1078	212	DOROSZUK CEZARY	BIAŁA PODLASKA		FANPAGE	83	M20/328 (M)1042	00:47:36	00:46:34	00:23:50 / 968	12.88
1079	96	KAROL MACIEJ	WARSZAWA		PKO	85	M20/329 (M)1043	00:47:36	00:45:40	00:24:53 / 1248	13.14
1080	6801	WAWER WITOLD	MIĘTNE			64	M40/193 (M)1044	00:47:36	00:46:35	00:23:53 / 988	12.88
1081	730	BEŁDOWSKI JACEK	PODKOWA LEŚNA			63	M40/194 (M)1045	00:47:37	00:46:56	00:23:31 / 882	12.78
1082	2628	FUHRMANN ULRIKE	WARSZAWA		FUNDACJA MARATON WARSZAWSKI	63	K40/6 (K)37	00:47:37	00:45:59	00:24:53 / 1250	13.05
1083	6897	SIDOR PAWEŁ	WARSZAWA			72	M30/442 (M)1046	00:47:37	00:46:33	00:24:35 / 1170	12.89
1084	960	ROSIŃSKI ZBIGNIEW	LUBLINIEC		WKB META LUBLINIEC	60	M50/68 (M)1047	00:47:38	00:46:33	00:24:44 / 1209	12.89
1085	1532	TARTANUS PIOTR	WARSZAWA			72	M30/443 (M)1048	00:47:38	00:47:35	00:23:01 / 753	12.61
1086	1907	GODLEWSKA IWONA	OLSZTYN			74	K30/13 (K)38	00:47:38	00:45:59	00:24:48 / 1227	13.05
1087	5704	KOSIAK PAWEŁ	RADOM		UKS TECHNIK RADOM	80	M30/444 (M)1049	00:47:38	00:46:43	00:24:28 / 1133	12.84
1088	2139	WASILEK PAWEŁ	WARSZAWA			80	M30/445 (M)1050	00:47:38	00:45:47	00:24:49 / 1233	13.11
1089	4022	PATEREK ANDRZEJ	W		ALETEMPO	54	M50/69 (M)1051	00:47:38	00:46:48	00:23:16 / 801	12.82
1090	1508	KALUSKI MARCIN	OTWOCK			81	M20/330 (M)1052	00:47:39	00:45:48	00:25:25 / 1418	13.10

<b>Miejsce Rank</b>	<b>Nr Bib</b>	<b>Nazwisko i imię Name</b>	<b>Miejscowość City</b>	<b>Kraj Nat</b>	<b>Drużyna Team</b>	<b>R-k YoB</b>	<b>W kategorii in Age Sex</b>	<b>Czas Time</b>	<b>Czas Netto</b>	<b>5km</b>	<b>[km/h]</b>
1091	1987	WIŚNIEWSKI KAROL	PIASECZNO			88	M20/331 (M)1053	00:47:39	00:46:10	00:25:22 / 1399	13.00
1092	4413	KALISIAK MATEUSZ	WARSZAWA		NAJSZYBCIEJSI	81	M20/332 (M)1054	00:47:39	00:46:41	00:24:11 / 1064	12.85
1093	2965	MIERZEJEWSKI MARIUSZ	WARSZAWA			70	M40/195 (M)1055	00:47:39	00:46:57	00:22:53 / 722	12.78
1094	5883	MARCISZEWSKI SZYMON	WŁOCLAWEK			85	M20/333 (M)1056	00:47:40	00:46:21	00:24:37 / 1179	12.94
1095	3863	SZPILSKI KAMIL	WARSZAWA			78	M30/446 (M)1057	00:47:41	00:46:22	00:24:28 / 1135	12.94
1096	1812	JANKOWSKI TADEUSZ	WARSZAWA			61	M40/196 (M)1058	00:47:41	00:47:22	00:23:50 / 971	12.67
1097	3462	GUNIA TOMASZ	WARSZAWA		BRAK	87	M20/334 (M)1059	00:47:41	00:46:13	00:24:42 / 1203	12.98
1098	2727	LESZCZYŃSKI JACEK	OTOWCK			95	M20/335 (M)1060	00:47:41	00:46:51	00:24:22 / 1102	12.81
1099	7086	BERTHEL FREDERIC	WARSZAWA			65	M40/197 (M)1061	00:47:41	00:45:54	00:24:30 / 1144	13.07
1100	644	KOSECKI KONRAD	RADZYMIN			81	M20/336 (M)1062	00:47:42	00:46:02	00:24:04 / 1030	13.03
1101	1592	MALMON RAFAL	SZYDŁOWIEC		KB HOLMES PLACE	73	M30/447 (M)1063	00:47:42	00:46:24	00:24:36 / 1176	12.93
1102	753	KIELEK PRZEMYSŁAW	GRODZISK MAZOWIECKI			78	M30/448 (M)1064	00:47:42	00:45:40	00:25:25 / 1419	13.14
1103	3440	GOLCZEWSKI STANISŁAW	KOBYŁKA			76	M30/449 (M)1065	00:47:42	00:46:07	00:24:31 / 1147	13.01
1104	2033	BIAŁECKI JERZY	WARSZAWA		ALETEMPO	59	M50/70 (M)1066	00:47:42	00:46:19	00:24:54 / 1255	12.95
1105	1409	ŻURAWSKI PAWEŁ	NOWY GLINNIK		LENIWCE TEAM	78	M30/450 (M)1067	00:47:43	00:47:25	00:24:03 / 1025	12.65
1106	1703	WIELECHOWSKA MAGDALENA	CIECHANÓW			84	K20/20 (K)39	00:47:43	00:46:06	00:25:31 / 1448	13.02
1107	1830	KALINOWSKI PIOTR	WARSZAWA			78	M30/451 (M)1068	00:47:43	00:46:06	00:24:25 / 1119	13.02
1108	3806	LESIUK PAWEŁ	PULAWY			82	M20/337 (M)1069	00:47:43	00:44:58	00:25:52 / 1591	13.34
1109	6018	ORDYNOWSKI PIOTR	TOMASZÓW			68	M40/198 (M)1070	00:47:43	00:47:04	00:24:03 / 1024	12.75
1110	3572	MAJEWSKI JAN	WORNÓWEK			94	M20/338 (M)1071	00:47:43	00:45:46	00:25:14 / 1357	13.11
1111	396	DRELCZUK KRZYSZTOF	ZIELONA GÓRA		K2TEAM.PL	78	M30/452 (M)1072	00:47:44	00:46:45	00:24:40 / 1195	12.83
1112	995	TAIPALE PEKKA	WARSZAWA		ACCELERATE	78	M30/453 (M)1073	00:47:44	00:46:25	00:25:00 / 1288	12.93
1113	2578	CORBI MATHIEU	WARSZAWA			83	M20/339 (M)1074	00:47:44	00:47:16	00:23:28 / 855	12.69
1114	6263	SZELWACHOWSKI MARCIN	WARSZAWA		KB LAS HORMIGAS	90	M20/340 (M)1075	00:47:44	00:46:13	00:24:19 / 1093	12.98
1115	2094	BALDYGA KRZYSZTOF	WĘGRÓW			87	M20/341 (M)1076	00:47:44	00:47:42	00:23:19 / 817	12.58
1116	4534	WIŚNIEWSKI ALEKSANDER	WARSZAWA			87	M20/342 (M)1077	00:47:44	00:46:18	00:25:06 / 1326	12.96
1117	296	JĘZOWSKI SŁAWOMIR			SYRENKA	61	M40/199 (M)1078	00:47:45	00:46:08	00:24:53 / 1249	13.01
1118	1482	OSZMAŃSKI ANDRZEJ	WARSZAWA			82	M20/343 (M)1079	00:47:46	00:47:06	00:23:49 / 964	12.74
1119	2741	KOWALSKI LESZEK	WARSZAWA		TOWARZYSTWO GIMNASTYCZNE SOKÓŁ ZAKOPANE	60	M50/71 (M)1080	00:47:47	00:47:12	00:23:56 / 1003	12.71
1120	2078	ZIÓLKOWSKI DARIUSZ	WARSZAWA			72	M30/454 (M)1081	00:47:48	00:46:55	00:24:05 / 1036	12.79
1121	3986	RYCHLAK JERZY	WARSZAWA			70	M40/200 (M)1082	00:47:48	00:47:20	00:24:21 / 1099	12.68
1122	3685	JAGIELKA JAKUB	WARSZAWA			71	M30/455 (M)1083	00:47:48	00:46:47	00:24:44 / 1211	12.83
1123	3695	STRZELCZYK PIOTR	NOWA IWICZNA		HENKEL RUNNING TEAM	74	M30/456 (M)1084	00:47:49	00:45:30	00:25:18 / 1373	13.19
1124	1369	BOBRYK KRZYSZTOF	WARSZAWA			91	M20/344 (M)1085	00:47:49	00:46:31	00:25:09 / 1340	12.90
1125	5323	BŁACH MARCIN	PIŃCZÓW			78	M30/457 (M)1086	00:47:49	00:46:22	00:25:32 / 1452	12.94
1126	3048	FARBISZEWSKI MAREK	WARSZAWA			77	M30/458 (M)1087	00:47:49	00:47:22	00:24:01 / 1019	12.67
1127	1748	BRYŚKIEWICZ JACEK	WINNICA		LIDER WINNICA	83	M20/345 (M)1088	00:47:50	00:44:56	00:25:13 / 1353	13.35
1128	1299	PIOTROWSKI RAFAŁ	MAGDALENKA			73	M30/459 (M)1089	00:47:50	00:45:35	00:25:13 / 1351	13.16
1129	2600	MICHALIK MARCIN	WARSZAWA			53	M50/72 (M)1090	00:47:51	00:46:34	00:24:26 / 1122	12.88
1130	2753	WRZOSEK RAFAŁ	RADOM			80	M30/460 (M)1091	00:47:51	00:46:11	00:24:47 / 1222	12.99
1131	3959	BYSZEWSKI GRZEGORZ	WARSZAWA			84	M20/346 (M)1092	00:47:52	00:46:23	00:24:21 / 1100	12.94
1132	3619	CZERWIŃSKI JAROSŁAW	OKUNIEW			81	M20/347 (M)1093	00:47:52	00:44:08	00:26:42 / 1845	13.60
1133	4628	GOLEŃ JAN	WARSZAWA		KB GALERIA WARSZAWA	69	M40/201 (M)1094	00:47:52	00:46:52	00:24:20 / 1094	12.80
1134	7094	WCISŁO MAREK	WARSZAWA			70	M40/202 (M)1095	00:47:54	00:47:08	00:23:55 / 999	12.73
1135	1531	DĘBOWSKI GRZEGORZ	SUJELÓWEK			70	M40/203 (M)1096	00:47:55	00:47:03	00:24:26 / 1124	12.75
1136	1893	WIERZBICKI ANDRZEJ	WARSZAWA			74	M30/461 (M)1097	00:47:55	00:47:40	00:23:26 / 845	12.59
1137	5850	ŁĄZNIEWSKI ADRIAN	WŁOCLAWEK			83	M20/348 (M)1098	00:47:55	00:45:45	00:25:36 / 1481	13.11
1138	711	ZYCH TOMASZ	JASIENICA		FACEBOOK.COM BIEGANIE	91	M20/349 (M)1099	00:47:56	00:47:29	00:23:48 / 957	12.64
1139	3770	ARSZELEWSKI BERNARND	PODKOWA LEŚNA		DB MARATHON TEAM	82	M20/350 (M)1100	00:47:57	00:46:31	00:24:18 / 1090	12.90
1140	1771	KOMOROWSKI PIOTR	WARSZAWA			83	M20/351 (M)1101	00:47:57	00:47:55	00:23:18 / 813	12.52
1141	74	BIELAK MARCIN	BĘŁŻYCE		POWERADE	80	M30/462 (M)1102	00:47:57	00:47:04	00:24:07 / 1046	12.75
1142	1964	GONDEK ROBERT	WARSZAWA		ALLIANZ MTB TEAM	76	M30/463 (M)1103	00:47:58	00:46:02	00:24:53 / 1252	13.03
1143	1265	DMITRUK ALEKSANDER	KRAKÓW			94	M20/352 (M)1104	00:47:58	00:46:55	00:24:54 / 1253	12.79
1144	232	PAWLKOWSKI JACEK	KRAKÓW		CROSS KRAKÓW	64	M40/204 (M)1105	00:47:58	00:46:06	00:25:30 / 1444	13.02
1145	6391	WOŹNIAK JAN	WARSZAWA			80	M30/464 (M)1106	00:47:58	00:47:39	00:23:17 / 805	12.59
1146	4760	LEŚNIEWSKI MAREK	ŁÓDŹ		WKB META LUBLINIEC	55	M50/73 (M)1107	00:47:58	00:46:38	00:25:05 / 1321	12.87
1147	1779	OSTROWSKA MONIKA	WARSZAWA		BARCELONETA	72	K30/14 (K)40	00:47:59	00:46:32	00:24:32 / 1154	12.89
1148	233	PŁONKA JERZY	KRAKÓW		CROSS KRAKÓW	90	M20/353 (M)1108	00:47:59	00:46:13	00:25:30 / 1446	12.98

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Czas Netto	5km	[km/h]
1149	5810	LECH KONRAD	RADOM		ŚL-WOPR	91	M20/354 (M)1109	00:47:59	00:47:03	00:24:57 / 1268	12.75
1150	4377	BRZOZOWSKI PIOTR	LUBLIN			78	M30/465 (M)1110	00:47:59	00:45:47	00:25:54 / 1603	13.11
1151	2071	KULCZYŃSKI GRZEGORZ	WARSZAWA			76	M30/466 (M)1111	00:48:00	00:46:30	00:25:22 / 1406	12.90
1152	6055	PEKALA JAROSŁAW	ZGIERZ		32. BLOTT	70	M40/205 (M)1112	00:48:00	00:47:19	00:23:37 / 911	12.68
1153	2518	PODWYSOCKI MARCIN			ATP AUGUSTÓW	88	M20/355 (M)1113	00:48:00	00:46:30	00:24:27 / 1127	12.90
1154	2861	SOSZYŃSKI KRZYSZTOF	WARSZAWA		KOSMOS	63	M40/206 (M)1114	00:48:00	00:47:07	00:25:01 / 1293	12.73
1155	7027	ZIELIŃSKI KAROL	ZĄBKI			57	M50/74 (M)1115	00:48:00	00:47:00	00:23:56 / 1001	12.77
1156	4923	WALOS-LAKOMSKA SYLWIA	WARSZAWA			75	K30/15 (K)41	00:48:01	00:47:28	00:24:21 / 1101	12.64
1157	375	GUTKOWSKA KAROLINA	WARSZAWA		12TRI.PL	86	K20/21 (K)42	00:48:02	00:47:38	00:24:07 / 1051	12.60
1158	970	MICHALSKI DARIUSZ	WARSZAWA			60	M50/75 (M)1116	00:48:02	00:46:24	00:24:49 / 1232	12.93
1159	1759	MAMLA ZBIGNIEW	WARSZAWA		TRUCHT TARCHOMIN	70	M40/207 (M)1117	00:48:02	00:47:06	00:24:04 / 1032	12.74
1160	1009	JUCHNIEWICZ LIDIA	WARSZAWA			81	K20/22 (K)43	00:48:02	00:47:36	00:24:08 / 1053	12.61
1161	1122	STAŚKIEWICZ TOMASZ	WARSZAWA			75	M30/467 (M)1118	00:48:02	00:47:37	00:24:07 / 1047	12.60
1162	3697	WISZNIEWSKI MATEUSZ	WOHYŃ		BRAK	94	M20/356 (M)1119	00:48:02	00:45:10	00:25:26 / 1426	13.28
1163	4398	CHMIELEWSKI ARTUR	WARSZAWA			68	M40/208 (M)1120	00:48:02	00:46:44	00:24:22 / 1104	12.84
1164	4959	SIEMIANOWSKI PIOTR	WARSZAWA		NIEPRZEMAKALNI	70	M40/209 (M)1121	00:48:03	00:46:57	00:24:15 / 1080	12.78
1165	193	MĄDRZAK GRZEGORZ	WARSZAWA			74	M30/468 (M)1122	00:48:03	00:47:53	00:23:52 / 983	12.53
1166	2732	MARTYNIAK DANIEL	OTWOCK			94	M20/357 (M)1123	00:48:04	00:47:13	00:24:50 / 1235	12.71
1167	5578	JANKIEWICZ BOGUSŁAW	WOŁOMIN		AKTYWNY RELAKS	74	M30/469 (M)1124	00:48:05	00:47:38	00:24:05 / 1038	12.60
1168	4049	SZYMAŃSKI MACIEJ	ŁÓDŹ			80	M30/470 (M)1125	00:48:05	00:47:02	00:23:23 / 833	12.76
1169	4048	NURKOWSKI MACIEJ	NOWA IWICZNA			78	M30/471 (M)1126	00:48:05	00:47:02	00:23:24 / 834	12.76
1170	99	KOBIERSKI RADOSŁAW	WARSZAWA		PKO	79	M30/472 (M)1127	00:48:05	00:46:51	00:24:29 / 1139	12.81
1171	4071	BAK AGATA	SOBIENIE JEZIORY		CZOSNEK	84	K20/23 (K)44	00:48:06	00:47:37	00:23:51 / 980	12.60
1172	2306	WITEK KONRAD	WARSZAWA		ENTRE.PL TEAM MAGDALENKA	74	M30/473 (M)1128	00:48:06	00:46:37	00:25:30 / 1441	12.87
1173	2067	WITEK ADAM	WARSZAWA		TORPEDA	71	M30/474 (M)1129	00:48:06	00:46:36	00:25:30 / 1440	12.88
1174	892	MAJKOWSKI MICHAŁ				74	M30/475 (M)1130	00:48:06	00:47:46	00:23:52 / 985	12.56
1175	1366	BALISZEWSKI ŁUKASZ	WARSZAWA			92	M20/358 (M)1131	00:48:06	00:46:43	00:25:30 / 1443	12.84
1176	1668	ŁOCHOWSKI ANDRZEJ	WARSZAWA			86	M20/359 (M)1132	00:48:06	00:46:34	00:23:41 / 928	12.88
1177	4243	LENARCZYK KATARZYNA	WARSZAWA			76	K30/16 (K)45	00:48:06	00:46:02	00:25:15 / 1362	13.03
1178	6327	TYCZYŃSKI ARKADIUSZ	RADOM		NIE ZRZESZONY	75	M30/476 (M)1133	00:48:06	00:47:50	00:23:39 / 920	12.54
1179	327	SOKOŁOWSKI ARTUR	WARSZAWA			68	M40/210 (M)1134	00:48:08	00:46:27	00:24:48 / 1230	12.92
1180	4350	ŻUREK KATARZYNA	NOWY DWÓR		WKB META LUBLINIEC	75	K30/17 (K)46	00:48:08	00:47:43	00:24:05 / 1037	12.57
1181	2666	LEWANDOWSKI PIOTR	WARSZAWA			74	M30/477 (M)1135	00:48:09	00:48:01	00:22:25 / 619	12.50
1182	6307	TAJCHER JAROSŁAW	WARSZAWA			79	M30/478 (M)1136	00:48:11	00:48:00	00:23:33 / 897	12.50
1183	1827	STRZYŻEWSKI WOJCIECH	WARSZAWA			81	M20/360 (M)1137	00:48:11	00:47:21	00:24:17 / 1087	12.67
1184	5287	BARTCZAK MARCIN	BODZANÓW			90	M20/361 (M)1138	00:48:11	00:46:23	00:24:57 / 1266	12.94
1185	2376	MORLO MAREK			ACTION	62	M40/211 (M)1139	00:48:11	00:46:59	00:24:16 / 1083	12.77
1186	5562	JABŁOŃSKI MARIUSZ	RADOM		JW 3463	74	M30/479 (M)1140	00:48:12	00:46:17	00:25:59 / 1621	12.96
1187	4778	KULIŃSKI ARTUR	ORZYSZ		BIEGAJZNAMI.PL	76	M30/480 (M)1141	00:48:12	00:46:17	00:25:03 / 1306	12.96
1188	3245	CIEMSKI WOJTEK	WARSZAWA		WWW.BZC.PL	92	M20/362 (M)1142	00:48:12	00:47:37	00:24:20 / 1096	12.60
1189	3213	STABIŃSKI MICHAŁ	WARSZAWA		BRAK	83	M20/363 (M)1143	00:48:13	00:46:00	00:24:53 / 1247	13.04
1190	6202	SOBIEGRAJ KRZYSZTOF	RADOM		JW 3463 RADOM	88	M20/364 (M)1144	00:48:13	00:46:18	00:25:59 / 1623	12.96
1191	1395	URBAN ROBERT	WARSZAWA			73	M30/481 (M)1145	00:48:13	00:46:45	00:24:44 / 1212	12.83
1192	1303	PAŁZEWICZ MARIA	WARSZAWA			87	K20/24 (K)47	00:48:13	00:46:31	00:25:19 / 1382	12.90
1193	4911	MAZUREK MARCIN	WARSZAWA			76	M30/482 (M)1146	00:48:14	00:45:43	00:25:42 / 1532	13.12
1194	1063	LEWANDOWSKI PAWEŁ	WARSZAWA		KB GYMNASION WARSZAWA	80	M30/483 (M)1147	00:48:14	00:46:21	00:25:04 / 1309	12.94
1195	5882	MARCINIEWICZ MARCIN	ZAMOŚĆ		JW 1131 MIŃSK MAZOWIECKI	84	M20/365 (M)1148	00:48:14	00:47:27	00:23:32 / 886	12.64
1196	6174	SIDOROWICZ JAKUB	WROCLAW			86	M20/366 (M)1149	00:48:15	00:45:44	00:25:31 / 1450	13.12
1197	6197	SMOLIK SŁAWOMIR	WARSZAWA			64	M40/212 (M)1150	00:48:15	00:47:01	00:24:23 / 1108	12.76
1198	4039	ARNOLD WALDEMAR	WARSZAWA		K.B.GYMNASION	53	M50/76 (M)1151	00:48:15	00:47:24	00:24:04 / 1028	12.66
1199	3980	JASTRZĘBSKI ANDRZEJ	WARSZAWA			73	M30/484 (M)1152	00:48:16	00:48:01	00:22:55 / 728	12.50
1200	1712	LUTOSTANSKI ROBERT	WARSZAWA		JARTOM TEAM	81	M20/367 (M)1153	00:48:16	00:47:55	00:25:00 / 1284	12.52
1201	186	KOZŁOWSKI ADAM	WARSZAWA			62	M40/213 (M)1154	00:48:17	00:46:57	00:24:26 / 1123	12.78
1202	1519	PRZYBYSZ GERARD	WARSZAWA			80	M30/485 (M)1155	00:48:17	00:45:36	00:26:09 / 1680	13.16
1203	161	OLCZAK MARTA				82	K20/25 (K)48	00:48:17	00:45:56	00:25:27 / 1430	13.06
1204	2275	DAMAZ ARKADIUSZ	WARSZAWA			71	M30/486 (M)1156	00:48:20	00:47:57	00:23:35 / 904	12.51
1205	3965	DYŻEWSKI MICHAŁ	WARSZAWA			74	M30/487 (M)1157	00:48:20	00:47:29	00:24:12 / 1066	12.64
1206	5708	KOSTYRA RADOSŁAW	JÓZEFÓW			80	M30/488 (M)1158	00:48:21	00:46:31	00:24:47 / 1226	12.90

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Czas Netto	5km	[km/h]
1207	4308	MACIEJEWSKI ADAM	WARSZAWA			75	M30/489 (M)1159	00:48:21	00:46:35	00:24:47 / 1225	12.88
1208	912	KOCIMSKI JAN	SOCHACZEW		KM AKTYWNI SOCHACZEW	48	M60/8 (M)1160	00:48:22	00:46:29	00:25:34 / 1466	12.91
1209	2447	DĄBROSZ PAWEŁ	NOWY DWÓR			89	M20/368 (M)1161	00:48:22	00:47:41	00:23:50 / 970	12.58
1210	6385	WOJTCZAK KRZYSZTOF	KUTNO		2BMT KUTNO	63	M40/214 (M)1162	00:48:22	00:46:44	00:25:34 / 1470	12.84
1211	5789	KUSTO PIOTR	WARSZAWA		ERA RUNNING TEAM	74	M30/490 (M)1163	00:48:22	00:46:49	00:25:02 / 1297	12.82
1212	3856	FOGIEL MARCIN	WARSZAWA			86	M20/369 (M)1164	00:48:22	00:48:10	00:23:55 / 996	12.46
1213	3611	ORŁOWSKI PRZEMYSŁAW	JÓZEFOSŁAW			73	M30/491 (M)1165	00:48:23	00:47:45	00:23:43 / 939	12.57
1214	1388	TOMALSKI PAWEŁ	WARSZAWA			85	M20/370 (M)1166	00:48:24	00:46:49	00:25:35 / 1472	12.82
1215	1708	MEDYŃSKI RAFAŁ	WARSZAWA		JARTOM TEAM	75	M30/492 (M)1167	00:48:24	00:47:21	00:25:10 / 1344	12.67
1216	3083	DUDA ZUZIA	JÓZEFÓW		WTW WARSZAWA	94	K20/26 (K)49	00:48:24	00:47:21	00:24:36 / 1177	12.67
1217	2563	KORKOSZ ANDRZEJ	WARSZAWA		GROTY TEAM	77	M30/493 (M)1168	00:48:25	00:47:12	00:24:34 / 1168	12.71
1218	5343	BORKOWSKI DANIEL	RADOM			77	M30/494 (M)1169	00:48:26	00:45:40	00:25:38 / 1504	13.14
1219	4702	FARION ALEXANDRE	MARKI			74	M30/495 (M)1170	00:48:26	00:45:29	00:25:52 / 1590	13.19
1220	3035	PUSTÓWKA TOMASZ	DZIEGIELÓW			76	M30/496 (M)1171	00:48:26	00:47:12	00:24:41 / 1197	12.71
1221	5536	GRZEŚKOWIAK BARTOSZ	POZNAŃ		UNIQA RUNNERS	77	M30/497 (M)1172	00:48:27	00:47:47	00:25:20 / 1389	12.56
1222	2209	KLIMEK KRZYSZTOF	WARSZAWA		NIE	53	M50/77 (M)1173	00:48:27	00:47:18	00:24:39 / 1188	12.68
1223	2208	ŁAPIŃSKI ZENON	WARSZAWA		ALETEMPO	55	M50/78 (M)1174	00:48:27	00:47:17	00:24:38 / 1187	12.69
1224	6344	WAŚLICKI KRZYSZTOF	WARSZAWA			76	M30/498 (M)1175	00:48:28	00:46:53	00:25:00 / 1283	12.80
1225	778	ŻOCHOWSKI MARCIN	WARSZAWA			76	M30/499 (M)1176	00:48:28	00:46:07	00:25:18 / 1381	13.01
1226	3551	OSTASZ MICHAŁ	WARSZAWA		KICK CENTRE	75	M30/500 (M)1177	00:48:28	00:46:07	00:25:18 / 1378	13.01
1227	1957	STĘPNIEWSKI EMIL	RADOM			76	M30/501 (M)1178	00:48:29	00:47:57	00:23:07 / 773	12.51
1228	3702	KOŹLICKI ARTUR	WARSZAWA			76	M30/502 (M)1179	00:48:29	00:45:33	00:25:58 / 1618	13.17
1229	674	LEWANDOWSKI WOJCIECH	ŚWIECIE		DRUŻYNA SZPIKU	64	M40/215 (M)1180	00:48:30	00:47:00	00:25:26 / 1422	12.77
1230	919	BARAN BARTOSZ	WARSZAWA		PUMA RUNNING TEAM	76	M30/503 (M)1181	00:48:30	00:46:59	00:24:02 / 1021	12.77
1231	4432	JOWIK PAWEŁ	WARSZAWA			75	M30/504 (M)1182	00:48:30	00:48:13	00:24:25 / 1116	12.44
1232	3826	ZACKIEWICZ MACIEJ	WARSZAWA			93	M20/371 (M)1183	00:48:30	00:46:23	00:25:45 / 1546	12.94
1233	1554	GRZESIUŁ DANIEL	WARSZAWA			76	M30/505 (M)1184	00:48:30	00:47:59	00:24:17 / 1086	12.50
1234	2064	WOJTAN ROBERT	ZĄBKI			71	M30/506 (M)1185	00:48:30	00:47:44	00:24:45 / 1217	12.57
1235	3298	MALINOWSKI PAWEŁ	RASZYN			73	M30/507 (M)1186	00:48:30	00:45:48	00:26:19 / 1726	13.10
1236	4354	JAKUBOWSKI ARKADIUSZ	WARSZAWA			78	M30/508 (M)1187	00:48:31	00:47:44	00:24:31 / 1149	12.57
1237	412	SZTOMBER PIOTR	WARSZAWA			85	M20/372 (M)1188	00:48:31	00:48:16	00:24:13 / 1073	12.43
1238	2812	JEDYNAK TOMASZ	WARSZAWA			87	M20/373 (M)1189	00:48:31	00:46:55	00:25:19 / 1385	12.79
1239	6240	SUDA JACEK	PARYŻ			78	M30/509 (M)1190	00:48:31	00:44:24	00:26:48 / 1883	13.51
1240	3086	ŚWIĄTEK EWELINA	BORZĘCIN DUŻY			80	K30/18 (K)50	00:48:32	00:48:26	00:24:22 / 1105	12.39
1241	1158	DĄBROWSKI MARCIN	WARSZAWA			78	M30/510 (M)1191	00:48:34	00:47:03	00:25:01 / 1291	12.75
1242	567	KULIK KRZYSZTOF	WARSZAWA			80	M30/511 (M)1192	00:48:35	00:45:25	00:26:26 / 1760	13.21
1243	4704	GILEWICZ MICHAŁ	OTRĘBUSY			89	M20/374 (M)1193	00:48:36	00:47:45	00:23:47 / 954	12.57
1244	3482	TUR PAWEŁ	BIAŁA PODLASKA			83	M20/375 (M)1194	00:48:36	00:47:09	00:25:23 / 1410	12.73
1245	4420	RICHTER ŁUKASZ	WARSZAWA			78	M30/512 (M)1195	00:48:36	00:45:23	00:26:11 / 1690	13.22
1246	1293	KROCHMAL ANDRZEJ	WARSZAWA		KB ORIENTUZ	56	M50/79 (M)1196	00:48:37	00:47:15	00:24:38 / 1185	12.70
1247	6315	TOMASZEWSKI MAREK	WARSZAWA			80	M30/513 (M)1197	00:48:38	00:47:07	00:25:29 / 1436	12.73
1248	3369	RÓWNICKI DARIUSZ	WARSZAWA			72	M30/514 (M)1198	00:48:38	00:46:51	00:25:35 / 1473	12.81
1249	5473	FIJAŁKIEWICZ PIOTR	WARSZAWA			85	M20/376 (M)1199	00:48:39	00:46:51	00:25:35 / 1478	12.81
1250	4278	LIS MICHAŁ	GRABINA		ALETEMPO	79	M30/515 (M)1200	00:48:39	00:46:01	00:25:50 / 1579	13.04
1251	5445	DUBAS ARKADIUSZ	TARNOWSKIE GÓRY			62	M40/216 (M)1201	00:48:41	00:46:38	00:25:42 / 1534	12.87
1252	3064	JAZŁO PRZEMYSŁAW	WARSZAWA		DZIELNICA URSUS	85	M20/377 (M)1202	00:48:41	00:48:05	00:24:00 / 1014	12.48
1253	1060	PIETRZYK MAREK	MAGNUSZEW			90	M20/378 (M)1203	00:48:42	00:47:57	00:24:52 / 1246	12.51
1254	1043	NOWAKOWSKI SEBASTIAN	WARSZAWA			92	M20/379 (M)1204	00:48:42	00:47:16	00:25:16 / 1366	12.69
1255	6184	SITOWSKI PAWEŁ	WILCZA GÓRA			70	M40/217 (M)1205	00:48:42	00:47:24	00:25:00 / 1282	12.66
1256	3244	CIEMSKI ZENON	WARSZAWA		WWW.BZC.PL	65	M40/218 (M)1206	00:48:42	00:48:08	00:24:32 / 1156	12.47
1257	3243	CIEMSKI PAWEŁ	WARSZAWA		WWW.BZC.PL	88	M20/380 (M)1207	00:48:42	00:48:06	00:24:33 / 1163	12.47
1258	3873	MAŁKIEWICZ MIROSLAW	WARSZAWA			81	M20/381 (M)1208	00:48:43	00:47:46	00:25:01 / 1290	12.56
1259	958	ROSIŃSKI ARKADIUSZ	LUBLINIEC		WKB META LUBLINIEC	68	M40/219 (M)1209	00:48:44	00:46:36	00:25:24 / 1417	12.88
1260	2061	SZCZERBIŃSKI MARCIN	ŁOMIANKI			79	M30/516 (M)1210	00:48:44	00:48:01	00:24:00 / 1012	12.50
1261	4770	KAPUŚCIŃSKI JACEK	WARSZAWA			56	M50/80 (M)1211	00:48:44	00:47:29	00:24:51 / 1242	12.64
1262	2683	PILIPIUK BARTOSZ	BIALYSTOK			86	M20/382 (M)1212	00:48:45	00:46:30	00:25:36 / 1485	12.90
1263	4925	SYSA KAZIMIERZ	KRASNYSTAW			56	M50/81 (M)1213	00:48:45	00:47:23	00:25:13 / 1354	12.66
1264	2996	WYSOCKI WOJCIECH	PIASECZNO			81	M20/383 (M)1214	00:48:45	00:46:49	00:25:48 / 1566	12.82

<b>Miejsce Rank</b>	<b>Nr Bib</b>	<b>Nazwisko i imię Name</b>	<b>Miejscowość City</b>	<b>Kraj Nat</b>	<b>Drużyna Team</b>	<b>R-k YoB</b>	<b>W kategorii in Age</b>	<b>Sex</b>	<b>Czas Time</b>	<b>Czas Netto</b>	<b>5km</b>	<b>[km/h]</b>
1265	1432	MICHALSKI RYSZARD	WARSZAWA		KLUB BIEGACZY WPIONIE.PL	80	M30/517	(M)1215	00:48:46	00:47:51	00:24:07 / 1049	12.54
1266	3660	JUSZCZAK PAWEŁ	POZNAŃ			78	M30/518	(M)1216	00:48:46	00:46:59	00:25:41 / 1525	12.77
1267	6241	SULEJ JAROSŁAW	WARSZAWA			71	M30/519	(M)1217	00:48:46	00:46:43	00:25:36 / 1489	12.84
1268	3588	ROMAŃSKI ADAM	WARSZAWA			79	M30/520	(M)1218	00:48:47	00:46:36	00:25:26 / 1423	12.88
1269	639	RACHWAŁIK TOMASZ	STASI LAS			72	M30/521	(M)1219	00:48:47	00:47:13	00:25:04 / 1311	12.71
1270	1609	WYSOKIŃSKI JERZY	BIAŁA PODLASKA		KB TP	63	M40/220	(M)1220	00:48:47	00:48:14	00:24:58 / 1274	12.44
1271	4540	KOGUCIUK ŁUKASZ	CHELM		WAT WARSZAWA	89	M20/384	(M)1221	00:48:47	00:47:16	00:25:33 / 1461	12.69
1272	4521	BIENIEK DARIUSZ	WARSZAWA		AZS WAT WARSZAWA	88	M20/385	(M)1222	00:48:47	00:47:15	00:25:33 / 1460	12.70
1273	3091	TYSZKA DARIUSZ	WARSZAWA			75	M30/522	(M)1223	00:48:48	00:46:29	00:25:28 / 1431	12.91
1274	1873	BRODA ADAM	PIASTÓW			72	M30/523	(M)1224	00:48:48	00:46:49	00:25:37 / 1494	12.82
1275	6287	SZYPYSAK TOMASZ	SOCHACZEW		KM AKTYWNI SOCHACZEW	75	M30/524	(M)1225	00:48:49	00:45:25	00:26:37 / 1820	13.21
1276	1998	WOLEK EWA	WARSZAWA		UNTS	68	K40/7	(K)51	00:48:49	00:47:59	00:24:48 / 1228	12.50
1277	4793	MŁYNARSKA MARIOLA	PAJĘCZNO		WKB META LUBLINIEC	71	K30/19	(K)52	00:48:49	00:47:33	00:24:43 / 1206	12.62
1278	4806	PORAYSKI-POMYSTA PIOTR	WARSZAWA			66	M40/221	(M)1226	00:48:49	00:47:49	00:25:09 / 1341	12.55
1279	5830	LISIAK JERZY	LUBLIN		PGF CEFARM LUBLIN	70	M40/222	(M)1227	00:48:50	00:48:07	00:24:29 / 1137	12.47
1280	1948	LULA MARIUSZ	WARSZAWA			79	M30/525	(M)1228	00:48:50	00:47:43	00:25:49 / 1573	12.57
1281	5483	GABRYŚ ALEKSANDER	WARSZAWA		EA AT	81	M20/386	(M)1229	00:48:50	00:48:05	00:24:28 / 1131	12.48
1282	3360	CHILCZUK PIOTR	WARSZAWA			89	M20/387	(M)1230	00:48:50	00:46:50	00:25:01 / 1292	12.81
1283	2992	MITUŁA ŁUKASZ	WOŁOMIN		WSB CYTADELA	86	M20/388	(M)1231	00:48:51	00:48:10	00:25:11 / 1347	12.46
1284	2154	ZARZYCKI ZDZISŁAW	N.DWÓR MAZ.		JOGGER	58	M50/82	(M)1232	00:48:51	00:48:46	00:24:03 / 1026	12.30
1285	2993	MITUŁA ANNA	WOLOMIN		WSB CYTADELA	85	K20/27	(K)53	00:48:51	00:48:10	00:25:12 / 1349	12.46
1286	5292	BATORY STEFAN	WARSZAWA			78	M30/526	(M)1233	00:48:51	00:46:30	00:25:29 / 1437	12.90
1287	5516	GONTAREK ADAM	STUDZIANKI PANCERNE		KB POŚWIĘTNE	85	M20/389	(M)1234	00:48:53	00:48:19	00:24:41 / 1196	12.42
1288	2347	JASZCZUK PAWEŁ	WARSZAWA			87	M20/390	(M)1235	00:48:53	00:46:33	00:25:50 / 1585	12.89
1289	4183	BYTNIIEWSKI ZDZISŁAW	WARSZAWA			58	M50/83	(M)1236	00:48:54	00:48:06	00:24:29 / 1138	12.47
1290	5893	MASTALERZ TOMASZ	KIELCE		ERA RUNNING TEAM	76	M30/527	(M)1237	00:48:54	00:46:47	00:26:17 / 1713	12.83
1291	1581	TOMCZAK WŁODZIMIERZ	WARSZAWA		AGR WELODROM	54	M50/84	(M)1238	00:48:55	00:47:21	00:25:06 / 1324	12.67
1292	4068	AUGUSTYN MAREK	ŁOMIANKI		NIEZRZESZONY	56	M50/85	(M)1239	00:48:55	00:47:15	00:25:45 / 1548	12.70
1293	1911	POLIKARSKI WOJCIECH	OLSZTYN		SZYBCY Z OLSZTYNA	80	M30/528	(M)1240	00:48:55	00:46:28	00:26:33 / 1805	12.91
1294	4397	GRYGOLEC JAROSŁAW	WARSZAWA			77	M30/529	(M)1241	00:48:55	00:46:44	00:25:02 / 1299	12.84
1295	5780	KURAS LESZEK	ŁÓDŹ			80	M30/530	(M)1242	00:48:55	00:48:44	00:23:28 / 850	12.31
1296	1504	WÓJCIK ROBERT	WARSZAWA			75	M30/531	(M)1243	00:48:56	00:47:37	00:25:00 / 1287	12.60
1297	1608	SZMYTKOWSKI KRZYSZTOF	LEGIONOWO		KB TP	72	M30/532	(M)1244	00:48:56	00:46:19	00:26:20 / 1734	12.95
1298	4872	IWASZCZYŃSKI SŁAWOMIR	WARSZAWA		KB HOLMES PLACE	61	M40/223	(M)1245	00:48:56	00:46:43	00:26:06 / 1657	12.84
1299	3251	CIEMSKI PIOTR	WARSZAWA		WWW.BZC.PL	88	M20/391	(M)1246	00:48:56	00:48:21	00:24:32 / 1157	12.41
1300	6536	PANKIEWICZ PAULINA	WARSZAWA		KRZEPY I WŚCIEKŁA	10		(K)54	00:48:56	00:46:03	00:25:50 / 1580	13.03
1301	6329	TYSZKIEWICZ WIESŁAW	PSARY			68	M40/224	(M)1247	00:48:57	00:48:49	00:23:32 / 887	12.29
1302	5865	MADETKO ŁUKASZ	RASZYN		KS RASZYN	85	M20/392	(M)1248	00:48:57	00:48:04	00:25:48 / 1565	12.48
1303	6720	MADETKO KRZYSZTOF	JAROSZOWA WOLA			90	M20/393	(M)1249	00:48:57	00:48:04	00:25:49 / 1570	12.48
1304	6552	ANTCZAK AGNIESZKA	ŁÓDŹ		BIEGACZ NOWOSOLNA	76	K30/20	(K)55	00:48:57	00:48:01	00:25:03 / 1305	12.50
1305	4604	JANECKI PRZEMYSŁAW	WARSZAWA		W PIONIE	80	M30/533	(M)1250	00:48:57	00:47:12	00:25:44 / 1544	12.71
1306	671	STASZAK MACIEJ	WARSZAWA			75	M30/534	(M)1251	00:48:58	00:46:39	00:26:18 / 1720	12.86
1307	1885	ZYCH TOMASZ	KRUSZEWO		NADLEŚNICTWO OSTROŁĘKA	49	M60/9	(M)1252	00:48:58	00:47:33	00:25:17 / 1370	12.62
1308	558	KEJNA MICHAŁ	WARSZAWA			76	M30/535	(M)1253	00:48:58	00:47:57	00:25:14 / 1358	12.51
1309	1685	STRABURZYŃSKI PAWEŁ	WARSZAWA			56	M50/86	(M)1254	00:48:58	00:47:16	00:25:34 / 1465	12.69
1310	5439	DRAB SZYMON	ŁÓDŹ		SZAKALE BALUT ŁÓDŹ	88	M20/394	(M)1255	00:48:58	00:46:47	00:26:04 / 1646	12.83
1311	1823	RÓŻAŃSKI KRZYSZTOF	WARSZAWA			66	M40/225	(M)1256	00:48:58	00:47:35	00:24:59 / 1277	12.61
1312	4135	OLSZEWSKI RADOSŁAW	WARSZAWA			64	M40/226	(M)1257	00:48:58	00:47:55	00:25:15 / 1360	12.52
1313	6527	DEMIĄNCZUK KRZYSZTOF	WARSZAWA			79	M30/536	(M)1258	00:48:58	00:45:14	00:26:50 / 1895	13.26
1314	4261	MIKULSKI JACEK	MARKI			72	M30/537	(M)1259	00:48:59	00:48:11	00:25:22 / 1400	12.45
1315	5694	KOPIEC KAROL	WARSZAWA			82	M20/395	(M)1260	00:48:59	00:47:31	00:25:15 / 1363	12.63
1316	3116	MŁYNIEC MAREK	WARSZAWA			74	M30/538	(M)1261	00:48:59	00:46:49	00:25:49 / 1575	12.82
1317	6543	MIESZKALSKI GRZEGORZ	WARSZAWA			83	M20/396	(M)1262	00:48:59	00:46:26	00:26:16 / 1711	12.92
1318	3115	MŁYNIEC TOMASZ	WARSZAWA			92	M20/397	(M)1263	00:49:00	00:46:50	00:25:49 / 1574	12.81
1319	2989	GORZELAK ARTUR	WARSZAWA			85	M20/398	(M)1264	00:49:01	00:47:51	00:25:13 / 1352	12.54
1320	87	KUCHARSKI KRZYSZTOF	WARSZAWA		RADIO WARSAWA PRAGA	76	M30/539	(M)1265	00:49:01	00:47:45	00:24:52 / 1243	12.57
1321	4947	KUCZYŃSKI DANIEL	WARSZAWA		PRĘŻNE WACKI	75	M30/540	(M)1266	00:49:02	00:47:22	00:24:57 / 1269	12.67
1322	2876	GRYS SYLWESTER	JAWORZNO		BRAK	71	M30/541	(M)1267	00:49:02	00:47:16	00:25:33 / 1463	12.69

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Czas Time	Czas Netto	5km	[km/h]
1323	6231	STĘPIEŃ LESZEK	WOŁOMIN		KB POŚWIĘTNE	78	M30/542	(M)1268	00:49:03	00:47:44	00:24:55 / 1261	12.57
1324	3869	ŻUBROWSKI ADAM	TLUSZCZ		BÓBR	77	M30/543	(M)1269	00:49:03	00:47:23	00:24:54 / 1254	12.66
1325	5559	IDZIAK GRZEGORZ	DZIAŁDOWO			85	M20/399	(M)1270	00:49:03	00:46:37	00:25:32 / 1456	12.87
1326	2049	OLEJNIK JANUSZ	WARSZAWA			68	M40/227	(M)1271	00:49:04	00:46:27	00:25:43 / 1537	12.92
1327	1923	SOSIŃSKI PIOTR	WARSZAWA			82	M20/400	(M)1272	00:49:04	00:47:36	00:23:58 / 1009	12.61
1328	5502	GLADYSZ MARCEL	WARSZAWA			68	M40/228	(M)1273	00:49:04	00:47:03	00:25:41 / 1527	12.75
1329	4109	MISIAK PIOTR	JÓZEFÓW		DEALER SPORT	72	M30/544	(M)1274	00:49:04	00:48:32	00:24:22 / 1106	12.36
1330	910	PISKOWSKI KRZYSZTOF	WARSZAWA			76	M30/545	(M)1275	00:49:05	00:48:26	00:24:33 / 1159	12.39
1331	1358	KIERSKI MICHAŁ	WARSZAWA			81	M20/401	(M)1276	00:49:05	00:47:46	00:24:15 / 1077	12.56
1332	6212	STANEK JAROSŁAW	PIŃCZÓW		KL PONIDZIE PIŃCZÓW	61	M40/229	(M)1277	00:49:05	00:47:38	00:25:36 / 1487	12.60
1333	2897	ŻELEŃNICKI GRZEGORZ	KOBYŁKA			76	M30/546	(M)1278	00:49:05	00:48:27	00:24:15 / 1078	12.38
1334	4800	PLATEK ADAM	WARSZAWA			71	M30/547	(M)1279	00:49:06	00:48:05	00:24:51 / 1239	12.48
1335	635	MOSTOWSKA MAGDALENA	WARSZAWA			77	K30/21	(K)56	00:49:06	00:46:14	00:25:53 / 1600	12.98
1336	1794	DOMAŃSKI FILIP	WARSZAWA			79	M30/548	(M)1280	00:49:06	00:46:48	00:25:59 / 1619	12.82
1337	4227	MACHNACKI MICHAŁ	CHOTOMÓW		GRUPA BIEGOWA CHTMO	76	M30/549	(M)1281	00:49:06	00:47:14	00:25:37 / 1496	12.70
1338	3657	JĘDRZEJEWSKI RAFAŁ	WARSZAWA		RUN DARKINS	70	M40/230	(M)1282	00:49:07	00:47:21	00:25:18 / 1377	12.67
1339	1296	NIEMCZYK DAMIAN	WARSZAWA			83	M20/402	(M)1283	00:49:07	00:47:32	00:25:08 / 1333	12.62
1340	5845	ŁASTOWIECKI RADOSŁAW	MIŃSK MAZOWIECKI			75	M30/550	(M)1284	00:49:08	00:47:29	00:25:26 / 1427	12.64
1341	2353	BALCERZAK ANDRZEJ			ACTION	53	M50/87	(M)1285	00:49:08	00:47:39	00:24:14 / 1076	12.59
1342	3276	LUCZAJ ANNA	BIELSKO - BIAŁA		BIESZCZADZKIE JELONKI	84	K20/28	(K)57	00:49:09	00:47:53	00:25:10 / 1346	12.53
1343	1844	NARKIEWICZ PAWEŁ	WARSZAWA			81	M20/403	(M)1286	00:49:09	00:45:59	00:26:53 / 1912	13.05
1344	5609	JURCZUK JERZY	WARSZAWA		MOSTOSTAL WARSZAWA	76	M30/551	(M)1287	00:49:09	00:47:38	00:24:38 / 1186	12.60
1345	6213	STANISZEWSKI WALDEMAR	WARSZAWA		WARSZAWA-TARCHOMIN	48	M60/10	(M)1288	00:49:10	00:47:32	00:25:35 / 1474	12.62
1346	3866	BUJALSKI ŁUKASZ	WARSZAWA		CENTRUM BIEGOWE ERGO	84	M20/404	(M)1289	00:49:10	00:48:21	00:24:58 / 1276	12.41
1347	5664	KLUKOWSKI DARIUSZ	WARSZAWA		GOLDI\\S GYM	65	M40/231	(M)1290	00:49:11	00:49:01	00:24:21 / 1098	12.24
1348	4651	BRĄGOSZEWSKI PAWEŁ	OTWOCK			75	M30/552	(M)1291	00:49:11	00:47:17	00:25:42 / 1531	12.69
1349	10	IGNACIUK GRZEGORZ	DZIEKANÓW LEŚNY		PKO	76	M30/553	(M)1292	00:49:11	00:49:10	00:24:03 / 1023	12.20
1350	859	MALISZEWSKI WOJCIECH	JÓZEFOSŁAW			74	M30/554	(M)1293	00:49:12	00:47:11	00:24:59 / 1278	12.72
1351	2956	ROMANIUK DANIEL	WARSZAWA		KS ROMANIUX	82	M20/405	(M)1294	00:49:13	00:46:55	00:25:40 / 1518	12.79
1352	633	PRZYBOROWSKI RAFAŁ	WARSZAWA		UKS OLIMPUS	93	M20/406	(M)1295	00:49:14	00:46:35	00:26:37 / 1821	12.88
1353	4125	PAWŁOWSKI MATEUSZ	WARSZAWA			95	M20/407	(M)1296	00:49:14	00:47:51	00:24:56 / 1263	12.54
1354	1595	KURZYDŁOWSKI MICHAŁ				85	M20/408	(M)1297	00:49:14	00:47:16	00:26:31 / 1788	12.69
1355	4950	WOŹNICZKA MATEUSZ	WARSZAWA			86	M20/409	(M)1298	00:49:14	00:48:01	00:24:43 / 1204	12.50
1356	5941	MIŚKIEWICZ PAWEŁ	WARSZAWA			82	M20/410	(M)1299	00:49:14	00:46:51	00:24:59 / 1280	12.81
1357	4839	PRAGACZ ANDRZEJ	IZABELIN			87	M20/411	(M)1300	00:49:14	00:47:17	00:25:21 / 1395	12.69
1358	3188	BRODZIAK JAKUB	WARSZAWA		PEKAO LEASING RUNNERS	75	M30/555	(M)1301	00:49:15	00:47:53	00:25:44 / 1540	12.53
1359	4015	LIPKA LESZEK	LIPINKI		NIEZRZESZONY	59	M50/88	(M)1302	00:49:15	00:48:26	00:24:34 / 1167	12.39
1360	95	GOŁĄB STANISŁAW	ŁÓDŹ		POWERADE	62	M40/232	(M)1303	00:49:15	00:47:17	00:25:46 / 1554	12.69
1361	1992	SÓJKA MARCIN	WARSZAWA		KB HOLMES PLACE	70	M40/233	(M)1304	00:49:16	00:48:28	00:25:20 / 1392	12.38
1362	1776	MATWIEJ DAWID	DĘBE WIELKIE		AKADEMIA SZTUK WALKI	83	M20/412	(M)1305	00:49:16	00:45:55	00:26:22 / 1741	13.07
1363	2282	WERNER RAFAŁ	WARSZAWA			87	M20/413	(M)1306	00:49:16	00:49:09	00:25:05 / 1318	12.21
1364	7077	GAŁĄZKA TOMASZ	KOLK			88	M20/414	(M)1307	00:49:16	00:48:01	00:25:08 / 1338	12.50
1365	923	RODAK ADAM	WARSZAWA			91	M20/415	(M)1308	00:49:17	00:45:29	00:26:44 / 1855	13.19
1366	4892	ROEHRYCH PAWEŁ	WARSZAWA		MARATONY POLSKIE.PL TEAM	71	M30/556	(M)1309	00:49:17	00:45:29	00:26:44 / 1856	13.19
1367	338	NOWAKOWSKI MARIUSZ	WARSZAWA		POLSKA BIEGA	60	M50/89	(M)1310	00:49:18	00:47:15	00:25:37 / 1490	12.70
1368	3049	PIETRZAK MARIUSZ	WARSZAWA			75	M30/557	(M)1311	00:49:18	00:48:30	00:25:03 / 1302	12.37
1369	5339	BORAWSKI KRZYSZTOF	GRAJEWO		MARATONKA GRAJEWO	54	M50/90	(M)1312	00:49:18	00:48:47	00:24:46 / 1219	12.30
1370	4718	CZWARNO TOMASZ	WARSZAWA		BRAK	78	M30/558	(M)1313	00:49:18	00:49:04	00:24:32 / 1158	12.23
1371	2081	PODCZASKI MACIEJ				74	M30/559	(M)1314	00:49:18	00:49:16	00:24:07 / 1045	12.18
1372	904	GARBIEC TOMASZ	WARSZAWA			75	M30/560	(M)1315	00:49:19	00:47:36	00:25:07 / 1330	12.61
1373	1487	SKRZYPKOWSKI TOMASZ	OTWOCK			57	M50/91	(M)1316	00:49:19	00:48:58	00:24:03 / 1022	12.25
1374	4157	BAK TOMASZ	WARSZAWA			71	M30/561	(M)1317	00:49:19	00:49:07	00:24:27 / 1129	12.22
1375	2740	GAŚNICA-JÓZKOWY BARBARA	ZAKOPANE		TOWARZYSTWO GIMNASTYCZNE SOKÓŁ ZAKOPANE	69	K40/8	(K)58	00:49:20	00:48:45	00:24:38 / 1184	12.31
1376	3396	FRANECKI PIOTR	RZESZÓW			89	M20/416	(M)1318	00:49:20	00:47:25	00:25:28 / 1435	12.65
1377	4187	JANKOWSKI MAREK	WOŁOMIN			63	M40/234	(M)1319	00:49:20	00:47:47	00:25:04 / 1315	12.56
1378	4491	WAWRYN MARCIN	TOMASZÓW LUBELSKI			81	M20/417	(M)1320	00:49:21	00:48:35	00:26:11 / 1693	12.35
1379	1898	GRYCNER PAWEŁ	WARSZAWA		BEZIEMIENI	84	M20/418	(M)1321	00:49:22	00:48:16	00:25:22 / 1404	12.43
1380	2034	SUPRYK RENATA	WARSZAWA		AGR WELODROM	79	K30/22	(K)59	00:49:22	00:47:49	00:25:06 / 1325	12.55



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Czas Netto	5km	[km/h]
1381	1267	KRZANOWSKI PIOTR	KRAKÓW			70	M40/235 (M)1322	00:49:22	00:48:17	00:25:20 / 1387	12.43
1382	7024	WROŃSKI KONRAD	WARSZAWA			85	M20/419 (M)1323	00:49:22	00:48:35	00:24:45 / 1214	12.35
1383	2719	ŁASIŃSKI PAWEŁ	WARSZAWA		PUMA Z BIEGIEM WARSZAWY	83	M20/420 (M)1324	00:49:23	00:49:17	00:24:33 / 1160	12.17
1384	784	ŻUKOWSKI ROMAN	GRODZISK MAZOWIECKI			81	M20/421 (M)1325	00:49:23	00:47:47	00:25:51 / 1586	12.56
1385	3909	PODLEŚ ROBERT	WARSZAWA			62	M40/236 (M)1326	00:49:23	00:48:40	00:25:20 / 1390	12.33
1386	6275	SZYMAŃSKA JUSTYNA	PŁOŃSK		PŁOŃSK	87	K20/29 (K)60	00:49:23	00:49:14	00:25:53 / 1601	12.19
1387	2088	PRUSACZYK MATEUSZ	OLSZEWO-BORKI			90	M20/422 (M)1327	00:49:23	00:47:44	00:26:40 / 1836	12.57
1388	3659	ADAMCZEWSKI MAREK	WARSZAWA			70	M40/237 (M)1328	00:49:23	00:47:36	00:25:41 / 1526	12.61
1389	723	WUDARCZYK AREK	WARSZAWA			79	M30/562 (M)1329	00:49:24	00:47:17	00:25:55 / 1607	12.69
1390	316	PUTON ROMAN	WARSZAWA			59	M50/92 (M)1330	00:49:24	00:48:47	00:24:55 / 1257	12.30
1391	5352	BRÓDKA PAWEŁ	RADOM		KLUB MARATOŃCZYKA AZS PR RADOM	74	M30/563 (M)1331	00:49:24	00:48:31	00:25:04 / 1313	12.37
1392	1125	PAWIŃSKI ARTUR	WARSZAWA			74	M30/564 (M)1332	00:49:25	00:48:57	00:24:40 / 1192	12.26
1393	783	STANIÓRSKI ANDRZEJ	WARSZAWA			78	M30/565 (M)1333	00:49:25	00:47:49	00:24:53 / 1251	12.55
1394	4926	WAGNER MARCIN	WARSZAWA		BIEGAMY Z OCHOTĄ	72	M30/566 (M)1334	00:49:25	00:48:40	00:24:30 / 1143	12.33
1395	4588	OLESIŃSKI ARTUR	WARSZAWA		KB GYMNASION WARSZAWA	80	M30/567 (M)1335	00:49:26	00:47:31	00:26:05 / 1651	12.63
1396	2888	KUBERA ŁUKASZ	WARSZAWA		KM PSP WARSZAWA	84	M20/423 (M)1336	00:49:26	00:47:10	00:27:06 / 1995	12.72
1397	585	ŁUKASZUK MICHAŁ	WARSZAWA			80	M30/568 (M)1337	00:49:27	00:47:43	00:25:33 / 1462	12.57
1398	5643	KASPRZAK MIKOŁAJ	WARSZAWA			92	M20/424 (M)1338	00:49:27	00:47:58	00:24:56 / 1265	12.51
1399	3780	BOGLE JOHANNA	WARSZAWA			78	K30/23 (K)61	00:49:27	00:47:37	00:25:47 / 1555	12.60
1400	646	KACZMAREK ROBERT	WARSZAWA			73	M30/569 (M)1339	00:49:28	00:47:14	00:25:52 / 1592	12.70
1401	663	BIADUŃ PIOTR	PULAWY		WAT	89	M20/425 (M)1340	00:49:28	00:49:05	00:24:07 / 1050	12.22
1402	2531	GAJERSKI SZYMON	WARSZAWA		ERA RUNNING TEAM	77	M30/570 (M)1341	00:49:28	00:47:43	00:25:25 / 1421	12.57
1403	4364	KUCZKOWSKI JERZY	OŻARÓW MAZOWIECKI		BIEGNE DLA CÔRECZKI	56	M50/93 (M)1342	00:49:28	00:47:15	00:26:40 / 1837	12.70
1404	3164	PALUCH DARIUSZ	GRÓJEC		JW 3411 GRÓJEC	76	M30/571 (M)1343	00:49:28	00:48:43	00:24:58 / 1275	12.32
1405	2950	ZIELIŃSKI ZBIGNIEW	WARSZAWA			69	M40/238 (M)1344	00:49:29	00:48:50	00:25:20 / 1393	12.29
1406	1782	PIÓRO PIOTR	WARSZAWA			75	M30/572 (M)1345	00:49:29	00:48:27	00:25:24 / 1414	12.38
1407	4075	MATYSIAK ARKADIUSZ	ZĄBKI			89	M20/426 (M)1346	00:49:29	00:46:22	00:26:33 / 1806	12.94
1408	6096	PROKOPOWICZ MAREK	WARSZAWA			62	M40/239 (M)1347	00:49:29	00:47:54	00:25:50 / 1581	12.53
1409	5978	NAPORA MIECZYŚLAW	PIŃCZÓW		KL PONIDZIE PIŃCZÓW	48	M60/11 (M)1348	00:49:29	00:48:00	00:25:01 / 1295	12.50
1410	3978	WIŚNIEWSKI KRZYSZTOF	WARSZAWA			77	M30/573 (M)1349	00:49:29	00:47:51	00:26:02 / 1637	12.54
1411	17	SMOKOWSKA ADRIANA	WARSZAWA		ASICS	74	K30/24 (K)62	00:49:29	00:48:50	00:25:19 / 1386	12.29
1412	4561	KACZOR MARCIN	IMIELIN			73	M30/574 (M)1350	00:49:29	00:48:12	00:24:51 / 1238	12.45
1413	1673	BIELEC ARTUR	WARSZAWA			73	M30/575 (M)1351	00:49:30	00:47:55	00:25:51 / 1587	12.52
1414	4074	SKWARA ŁUKASZ	WARSZAWA		KS BEDNARSKA	83	M20/427 (M)1352	00:49:30	00:46:21	00:27:08 / 2003	12.94
1415	2234	BARANOWSKI KRZYSZTOF	RADOM			82	M20/428 (M)1353	00:49:30	00:48:21	00:25:22 / 1401	12.41
1416	5744	KRAWCZYK PAULINA	PROSTKI		MARATONKA GRAJEWO	93	K20/30 (K)63	00:49:31	00:49:00	00:24:37 / 1178	12.24
1417	2557	CHMIELOWSKI FILIP	IZABELIN			88	M20/429 (M)1354	00:49:32	00:48:22	00:26:23 / 1745	12.41
1418	2959	KOWALCZYK KAMIL	WARSZAWA		KM PSP WARSZAWA	85	M20/430 (M)1355	00:49:32	00:47:17	00:27:06 / 1993	12.69
1419	3537	NOWAKOWSKI WOJCIECH	WARSZAWA			92	M20/431 (M)1356	00:49:32	00:49:03	00:23:58 / 1010	12.23
1420	3731	WIŚNIEWSKI PIOTR	ULANÓW		KB PLL LOT	92	M20/432 (M)1357	00:49:32	00:49:00	00:25:02 / 1301	12.24
1421	252	GROSZKOWSKI HENRYK	WARSZAWA		SYRENKA	54	M50/94 (M)1358	00:49:33	00:47:56	00:25:21 / 1397	12.52
1422	2952	GAWRON RAFAŁ	WARSZAWA			87	M20/433 (M)1359	00:49:33	00:48:00	00:24:47 / 1224	12.50
1423	1602	JANUSZEWSKI MAREK	WARSZAWA		KB TP	70	M40/240 (M)1360	00:49:34	00:46:57	00:26:22 / 1737	12.78
1424	6206	SOLTYSEK MIECZYŚLAW	KUTNO		2 BMT KUTNO	71	M30/576 (M)1361	00:49:34	00:48:01	00:25:34 / 1469	12.50
1425	1353	PEPŁOWSKI KONRAD	WARSZAWA			91	M20/434 (M)1362	00:49:34	00:47:52	00:26:18 / 1721	12.53
1426	2985	SZPANOWSKI PIOTR	OŻARÓW MAZOWIECKI			73	M30/577 (M)1363	00:49:35	00:48:22	00:24:50 / 1234	12.41
1427	2573	CAKA PAWEŁ	WARSAWA			47	M60/12 (M)1364	00:49:35	00:47:57	00:25:35 / 1476	12.51
1428	1205	FILIPEK CEZARY	ZIELONKA			76	M30/578 (M)1365	00:49:36	00:49:16	00:23:49 / 963	12.18
1429	3264	ZARZYCKI TOMASZ	WARSZAWA			68	M40/241 (M)1366	00:49:36	00:48:55	00:24:39 / 1190	12.27
1430	3069	TKACZYK PIOTR	WARSZAWA			92	M20/435 (M)1367	00:49:37	00:46:33	00:26:20 / 1733	12.89
1431	3748	TERTIL BARTOSZ	WARSZAWA		ERA RUNNING TEAM	74	M30/579 (M)1368	00:49:37	00:47:13	00:25:55 / 1608	12.71
1432	6548	MAMIŃSKI BOGUSŁAW	WARSZAWA			64	M40/242 (M)1369	00:49:37	00:47:17	00:27:47 / 2175	12.69
1433	6549	KRUPANEK ROMUALD	WARSZAWA			55	M50/95 (M)1370	00:49:37	00:47:17	00:27:48 / 2176	12.69
1434	2367	KOPEĆ MARCIN			ACTION	88	M20/436 (M)1371	00:49:38	00:48:41	00:23:45 / 950	12.32
1435	7003	MUSUR ADAM	OLEŚNICA			53	M50/96 (M)1372	00:49:38	00:49:21	00:24:24 / 1115	12.16
1436	3727	SULIŃSKI GRZEGORZ	WARSZAWA		K.S.HEKTOR	79	M30/580 (M)1373	00:49:39	00:47:32	00:26:20 / 1728	12.62
1437	1801	BŁASZCZYK PRZEMYSŁAW	WARSZAWA			84	M20/437 (M)1374	00:49:39	00:46:43	00:26:36 / 1814	12.84
1438	3955	JELOWICKI TOMASZ	WARSZAWA			94	M20/438 (M)1375	00:49:39	00:47:52	00:25:42 / 1533	12.53

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Czas Netto	5km	[km/h]
1439	1522	ŻURKO TOMASZ	SULEJÓWEK			66	M40/243 (M)1376	00:49:40	00:47:17	00:25:49 / 1571	12.69
1440	493	SAJNUG RAFAŁ	WARSZAWA			81	M20/439 (M)1377	00:49:41	00:49:26	00:24:13 / 1070	12.14
1441	4311	KUBICKI TADEUSZ	WARSZAWA			90	M20/440 (M)1378	00:49:41	00:48:22	00:25:50 / 1582	12.41
1442	2156	LEJTAN JOANNA	N.DWÓR MAZ.		JOGGER	82	K20/31 (K)64	00:49:42	00:49:32	00:25:51 / 1589	12.11
1443	75	PIWKO TOMASZ	WOŁOMIN		POWERADE	82	M20/441 (M)1379	00:49:42	00:49:39	00:23:31 / 877	12.08
1444	2251	SPRENGEL PIOTR	MILANÓWEK			89	M20/442 (M)1380	00:49:42	00:47:45	00:25:48 / 1560	12.57
1445	4246	CZOSNYKA TOMASZ	WARSZAWA			85	M20/443 (M)1381	00:49:42	00:49:38	00:23:34 / 898	12.09
1446	2350	SMOŁOKOWSKA IZABELA	WARSZAWA			64	K40/9 (K)65	00:49:43	00:47:36	00:25:58 / 1617	12.61
1447	3845	SUSKA TOMASZ	LEGIONOWO			76	M30/581 (M)1382	00:49:43	00:46:54	00:27:46 / 2170	12.79
1448	3718	LIPKA MAREK	WARSZAWA			85	M20/444 (M)1383	00:49:43	00:46:59	00:27:02 / 1974	12.77
1449	4406	DYMEL KRZYSZTOF	RASZYN			84	M20/445 (M)1384	00:49:44	00:47:03	00:26:47 / 1876	12.75
1450	187	GACZKOWSKI JAN	WARSZAWA		AZS UW	92	M20/446 (M)1385	00:49:44	00:48:49	00:25:26 / 1424	12.29
1451	4383	KOMOR MIROSLAW	PIASTOW		NIEZRZESZONY	51	M50/97 (M)1386	00:49:44	00:46:59	00:26:32 / 1795	12.77
1452	5862	MACULEWICZ MARCIN	KIELCE		JP II 1920 - 2005	72	M30/582 (M)1387	00:49:44	00:49:38	00:24:51 / 1240	12.09
1453	4660	TARKOWSKA KATARZYNA	WARSZAWA			74	K30/25 (K)66	00:49:45	00:47:04	00:26:47 / 1875	12.75
1454	5752	KRÓLIKOWSKI ROMAN	KUTNO		2 BMT KUTNO	72	M30/583 (M)1388	00:49:45	00:48:12	00:25:34 / 1464	12.45
1455	6198	SMOLIŃSKI MARIUSZ	ŁÓDŹ		METALCHEMSC.COM	63	M40/244 (M)1389	00:49:46	00:48:47	00:26:04 / 1645	12.30
1456	1851	TREICHL ROBERT	WARSZAWA			84	M20/447 (M)1390	00:49:46	00:48:34	00:25:35 / 1477	12.35
1457	6511	ŻERDZICKI ANDRZEJ	WARSZAWA			54	M50/98 (M)1391	00:49:46	00:49:09	00:24:56 / 1264	12.21
1458	5526	GRATYS KATARZYNA	WARSZAWA		ENTRE.PL TEAM	81	K20/32 (K)67	00:49:47	00:47:28	00:25:49 / 1567	12.64
1459	4841	POTRZEBOWSKI PIOTR	SZCZECIN		WYŻSZA SZKOŁA INTEGRACJI EUROPEJSKIEJ SZ	73	M30/584 (M)1392	00:49:47	00:48:06	00:24:55 / 1260	12.47
1460	2602	MAJEWSKI TOMASZ	KOBYŁKA		RETRO BIKE TEAM	70	M40/245 (M)1393	00:49:47	00:48:15	00:24:59 / 1279	12.44
1461	239	GRABIŃSKI MARCIN	LUBLINIEC		CROSS	79	M30/585 (M)1394	00:49:47	00:48:02	00:25:30 / 1442	12.49
1462	235	BADOWSKI KRZYSZTOF	BYDGOSZCZ		CROSS	62	M40/246 (M)1395	00:49:47	00:48:01	00:25:30 / 1445	12.50
1463	2395	WIKA JAKUB			ACTION	10	(M)1396	00:49:47	00:48:08	00:25:31 / 1451	12.47
1464	615	KUJAWSKI MARIUSZ	PŁOCK			84	M20/448 (M)1397	00:49:48	00:47:42	00:26:00 / 1629	12.58
1465	4251	MOGIŁKA PRZEMYSŁAW	WARSZAWA			75	M30/586 (M)1398	00:49:48	00:48:07	00:25:44 / 1542	12.47
1466	5570	JAMRÓZ MARIOLA	KIELCE		FITNESS CLUB TAO	69	K40/10 (K)68	00:49:48	00:47:40	00:26:26 / 1764	12.59
1467	4352	KOZAKOWSKI WIKTOR	WARSZAWA		ARMEXIM CYCLING TEAM	79	M30/587 (M)1399	00:49:48	00:46:54	00:25:49 / 1572	12.79
1468	5975	NALEPA DAMIAN	WARSZAWA		PSP	86	M20/449 (M)1400	00:49:48	00:46:19	00:27:01 / 1969	12.95
1469	2883	ODOLCZYK JOANNA	WARSZAWA		ABC KONDYCJA	65	K40/11 (K)69	00:49:48	00:48:06	00:26:05 / 1655	12.47
1470	4626	MICHALSKI ROBERT	WOŁOMIN			82	M20/450 (M)1401	00:49:49	00:48:13	00:26:19 / 1725	12.44
1471	2321	NITKIEWICZ MARCIN	ŁAŃCUT			84	M20/451 (M)1402	00:49:50	00:47:22	00:26:31 / 1790	12.67
1472	475	WALCZAK SŁAWEK	WARSZAWA			78	M30/588 (M)1403	00:49:51	00:47:30	00:26:51 / 1902	12.63
1473	2912	SZADURA MAŁGORZATA	SKRZESZEW		CHTOMO	65	K40/12 (K)70	00:49:51	00:48:33	00:26:03 / 1641	12.36
1474	3907	ZIELIŃSKI CEZARY	WARSZAWA			92	M20/452 (M)1404	00:49:51	00:48:43	00:24:24 / 1112	12.32
1475	2494	KOBUSIŃSKI JÓZEF	WARSZAWA			51	M50/99 (M)1405	00:49:51	00:48:53	00:24:58 / 1271	12.27
1476	5520	GÓRSKI MARCIN	WARSZAWA			80	M30/589 (M)1406	00:49:52	00:46:47	00:26:52 / 1909	12.83
1477	6010	OBIDZINSKI PIOTR	SKIERNIEWICE			81	M20/453 (M)1407	00:49:52	00:47:44	00:26:07 / 1663	12.57
1478	2822	HRYSKIEWICZ PIOTR	LEGIONOWO			74	M30/590 (M)1408	00:49:52	00:47:27	00:26:28 / 1772	12.64
1479	3469	SIWIŃSKI ROBERT	WARSZAWA			86	M20/454 (M)1409	00:49:52	00:48:31	00:26:11 / 1692	12.37
1480	3936	ŚWIERZYŃSKI ROBERT	WARSZAWA			75	M30/591 (M)1410	00:49:52	00:49:32	00:24:25 / 1121	12.11
1481	222	GEORGEON CHRISTIAN	WARSZAWA			83	M20/455 (M)1411	00:49:53	00:49:11	00:24:37 / 1180	12.20
1482	20	KRYSTOPIAK HUBERT	WARSZAWA			10	(M)1412	00:49:53	00:48:24	00:25:17 / 1368	12.40
1483	1428	NIEDZIÓŁKA JACEK	WARSZAWA			66	M40/247 (M)1413	00:49:54	00:49:12	00:25:00 / 1285	12.20
1484	1307	BORODZIUK MICHAŁ	TRZEBIATÓW			85	M20/456 (M)1414	00:49:54	00:48:27	00:24:35 / 1172	12.38
1485	1305	SZYLIŃSKI JAKUB	WARSZAWA			63	M40/248 (M)1415	00:49:55	00:47:13	00:26:25 / 1758	12.71
1486	1297	GAWRON TOMASZ	KONSTANCIN-JEZIORNA			58	M50/100 (M)1416	00:49:55	00:49:03	00:25:05 / 1322	12.23
1487	6618	GASZYŃA DAVID	WARSZAWA			83	M20/457 (M)1417	00:49:55	00:47:42	00:25:40 / 1514	12.58
1488	5541	GRZYMAŁA PAWEŁ	WYSZKÓW		-	80	M30/592 (M)1418	00:49:56	00:48:59	00:25:37 / 1492	12.25
1489	2944	KILIŃSKI TOMASZ	ROZALIN			79	M30/593 (M)1419	00:49:56	00:49:19	00:24:46 / 1218	12.17
1490	5689	KOŃPA KRZYSZTOF	BRODNICA			71	M30/594 (M)1420	00:49:56	00:49:36	00:24:06 / 1041	12.10
1491	5857	ŁUCZYK JANUSZ	POŚWIĘTNE			79	M30/595 (M)1421	00:49:57	00:48:02	00:26:03 / 1643	12.49
1492	4322	ROGOWSKI GRZEGORZ	WARSZAWA			86	M20/458 (M)1422	00:49:57	00:48:32	00:25:14 / 1356	12.36
1493	998	COLOMBO LUCA	WARSZAWA		ACCELERATE	80	M30/596 (M)1423	00:49:57	00:49:50	00:23:38 / 917	12.04
1494	4095	CHYS TOMASZ	WARSZAWA			95	M20/459 (M)1424	00:49:57	00:46:16	00:27:11 / 2020	12.97
1495	399	MAĆZKA MIROSLAW	WARSZAWA			78	M30/597 (M)1425	00:49:58	00:47:27	00:26:50 / 1889	12.64
1496	2015	STASZAK KATARZYNA	WARSZAWA		GAZETA WYBORCZA/POLSKA BIEGA	79	K30/26 (K)71	00:49:59	00:49:19	00:25:09 / 1339	12.17

<b>Miejsce Rank</b>	<b>Nr Bib</b>	<b>Nazwisko i imię Name</b>	<b>Miejscowość City</b>	<b>Kraj Nat</b>	<b>Drużyna Team</b>	<b>R-k YoB</b>	<b>W kategorii in Age Sex</b>	<b>Czas Time</b>	<b>Czas Netto</b>	<b>5km</b>	<b>[km/h]</b>
1497	1600	PNIEWSKI ZDZIŚLAW	PULTUSK			59	M50/101 (M)1426	00:49:59	00:48:51	00:25:38 / 1503	12.28
1498	1825	GRABOWSKI HUBERT	KONSTANCIN-JEZIORNA			78	M30/598 (M)1427	00:50:00	00:48:09	00:25:50 / 1583	12.46
1499	3206	ZGLEJSZEWSKI WOJCIECH	CIECHANÓW		JW 5699 PRZASNYSZ	80	M30/599 (M)1428	00:50:00	00:47:39	00:26:47 / 1877	12.59
1500	3349	KACZOROWSKI JAKUB	WARSZAWA		ASS RUNNERS	78	M30/600 (M)1429	00:50:01	00:48:55	00:25:07 / 1331	12.27
1501	448	ZAWADA MICHAŁ	WARSZAWA			84	M20/460 (M)1430	00:50:01	00:47:45	00:25:56 / 1610	12.57
1502	2000	WIERZBICKI KONRAD	ŁOMIANKI			81	M20/461 (M)1431	00:50:01	00:47:13	00:26:18 / 1718	12.71
1503	248	SITAREK ALBERT	WARSZAWA		ZARZĄD DRÓG MIEJSKICH	69	M40/249 (M)1432	00:50:01	00:49:48	00:24:58 / 1273	12.05
1504	682	FRASUNKIEWICZ ROBERT	WOLOMIN			71	M30/601 (M)1433	00:50:02	00:48:52	00:25:29 / 1438	12.28
1505	2159	PIEKUT ANDRZEJ	N.DWÓR MAZ.		JOGGER	59	M50/102 (M)1434	00:50:02	00:49:53	00:24:24 / 1111	12.03
1506	662	BIAŁECKI ADAM	WARSZAWA		WAT	89	M20/462 (M)1435	00:50:03	00:48:31	00:26:09 / 1678	12.37
1507	5545	GUTKOWSKI TOMEK	RADOM			79	M30/602 (M)1436	00:50:03	00:49:46	00:24:21 / 1097	12.06
1508	3205	SERAFIN TOMASZ	WARSZAWA			79	M30/603 (M)1437	00:50:03	00:47:42	00:26:47 / 1878	12.58
1509	4765	SOCHA JAROSŁAW	WARSZAWA			70	M40/250 (M)1438	00:50:04	00:49:46	00:24:27 / 1130	12.06
1510	4147	WÓJCIK PIOTR	WARSZAWA			85	M20/463 (M)1439	00:50:04	00:48:43	00:25:04 / 1316	12.32
1511	2438	MAC RADOSŁAW	WARSZAWA		BRAK	74	M30/604 (M)1440	00:50:05	00:47:27	00:27:11 / 2017	12.64
1512	1648	CYPEL PIOTR	SOCHACZEW		DRAGON	82	M20/464 (M)1441	00:50:05	00:48:45	00:26:58 / 1949	12.31
1513	3185	LATUSZEK KRZYSZTOF	MIĘTNE		TRUCZTACZ.PL	69	M40/251 (M)1442	00:50:05	00:48:29	00:25:42 / 1530	12.38
1514	3836	CZERNIAWSKI SYLWESTER	KOLUSZKI			67	M40/252 (M)1443	00:50:06	00:48:16	00:26:35 / 1810	12.43
1515	3847	SZYMCZAK PIOTR	OSTROŁĘKA			77	M30/605 (M)1444	00:50:07	00:46:55	00:28:00 / 2261	12.79
1516	684	KORZENIOWSKI KRZYSZTOF	WARSZAWA			85	M20/465 (M)1445	00:50:07	00:46:52	00:27:41 / 2148	12.80
1517	1505	WYSZOMIERSKI DARIUSZ	WARSZAWA			71	M30/606 (M)1446	00:50:07	00:48:01	00:26:20 / 1730	12.50
1518	6442	ZWIERZCHOWSKI MACIEJ	WARSZAWA			78	M30/607 (M)1447	00:50:08	00:49:20	00:25:18 / 1379	12.16
1519	6443	ZWIERZCHOWSKI WOJCIECH	WARSZAWA			70	M40/253 (M)1448	00:50:08	00:49:20	00:25:18 / 1380	12.16
1520	3266	DZIACZYŃSKI MARIUSZ	PIASECZNO		ABC KONDYCJA	66	M40/254 (M)1449	00:50:08	00:48:15	00:25:05 / 1319	12.44
1521	302	BORUCIŃSKI PAWEŁ	KLAUDYN			59	M50/103 (M)1450	00:50:09	00:49:54	00:24:23 / 1109	12.02
1522	4069	LIMINOWICZ ANDRZEJ	WARSZAWA			68	M40/255 (M)1451	00:50:09	00:48:53	00:25:32 / 1457	12.27
1523	3306	BAGIŃSKI PAWEŁ	WARSZAWA			76	M30/608 (M)1452	00:50:09	00:48:13	00:26:07 / 1664	12.44
1524	1136	OSIŃSKI STANISŁAW	WARSZAWA			51	M50/104 (M)1453	00:50:09	00:48:32	00:26:05 / 1652	12.36
1525	1427	NIEDZIÓŁKA MAŁGORZATA	WARSZAWA			68	K40/13 (K)72	00:50:09	00:49:27	00:25:00 / 1286	12.13
1526	2340	SOBORAK PIOTR	KONSTANCIN			95	M20/466 (M)1454	00:50:09	00:48:18	00:25:13 / 1355	12.42
1527	2734	SKOCZEK KACPER	OTWOCK			10	(M)1455	00:50:09	00:49:19	00:25:36 / 1484	12.17
1528	41	SZYMAŃSKI DOMINIK				73	M30/609 (M)1456	00:50:09	00:50:06	00:23:53 / 989	11.98
1529	7068	FARANA TOMASZ	WARSZAWA			75	M30/610 (M)1457	00:50:09	00:49:02	00:25:09 / 1342	12.24
1530	4002	AKSAMIT HENRYK	WARSZAWA			55	M50/105 (M)1458	00:50:10	00:47:11	00:27:01 / 1966	12.72
1531	6060	PIAŃOŃ PIOTR	WIELICZKA		DISKUS	78	M30/611 (M)1459	00:50:10	00:49:38	00:24:34 / 1169	12.09
1532	3113	JAKUBIAK DOMINIK	WARSZAWA			57	M50/106 (M)1460	00:50:10	00:49:27	00:25:20 / 1388	12.13
1533	3351	POLKOWSKI MATEUSZ	WARSZAWA		JONES LANG LASALLE	81	M20/467 (M)1461	00:50:11	00:49:00	00:25:18 / 1374	12.24
1534	3517	FELCZAK DOROTA	SOCHACZEW		KLUB MARATOŃCZYKA AKTYWNI	84	K20/33 (K)73	00:50:11	00:48:18	00:26:08 / 1674	12.42
1535	6043	PARANDYK KRYSZTIAN	SKARŻYSKO KAMIENNA /		DRUŻYNA SZPIKU	84	M20/468 (M)1462	00:50:11	00:49:01	00:25:38 / 1505	12.24
1536	6278	SZYMAŃSKI WIESŁAW	PŁOŃSK		PŁOŃSK	62	M40/256 (M)1463	00:50:12	00:50:03	00:25:53 / 1602	11.99
1537	4560	DOBIASZ HUBERT	SZYDŁOWIEC			80	M30/612 (M)1464	00:50:12	00:48:27	00:26:08 / 1672	12.38
1538	7218	ORGANEK PAWEŁ	BIALYSTOK			88	M20/469 (M)1465	00:50:12	00:47:48	00:26:55 / 1932	12.55
1539	1913	TORZEWSKI JANUSZ	WARSZAWA		NIEZRZESZONY	73	M30/613 (M)1466	00:50:13	00:47:48	00:26:52 / 1907	12.55
1540	1049	MAJ BEATA	WARSZAWA		RUN IS FUN	67	K40/14 (K)74	00:50:14	00:47:49	00:26:01 / 1631	12.55
1541	2124	KOWAL ANDRZEJ	WARSZAWA			65	M40/257 (M)1467	00:50:14	00:50:03	00:24:07 / 1048	11.99
1542	1617	WIATR MIROSŁAW	WARSZAWA			56	M50/107 (M)1468	00:50:14	00:50:04	00:25:02 / 1300	11.98
1543	1857	KOŚLA KRYSZTIAN	WARSZAWA			84	M20/470 (M)1469	00:50:14	00:47:45	00:26:32 / 1794	12.57
1544	6065	PIETRZAK MIECZYSLAW	WARSZAWA		MOSTOSTAL WARSZAWA	69	M40/258 (M)1470	00:50:15	00:48:44	00:24:55 / 1258	12.31
1545	2979	ANTOLAK RYSZARD	WARSZAWA		IBOX	70	M40/259 (M)1471	00:50:15	00:49:09	00:24:44 / 1210	12.21
1546	3693	JAKUBOWSKA EDYTA	WARSZAWA		REELANDIA	83	K20/34 (K)75	00:50:16	00:48:34	00:27:04 / 1984	12.35
1547	4124	CZARNECKI ADAM	ŁOMIANKI			71	M30/614 (M)1472	00:50:16	00:48:59	00:25:19 / 1384	12.25
1548	4667	STRAMEL PIOTR	SŁUPSK			66	M40/260 (M)1473	00:50:16	00:48:33	00:26:20 / 1732	12.36
1549	2045	WIĄCZYK PRZEMEK	DUCHNÓW			94	M20/471 (M)1474	00:50:17	00:47:32	00:27:07 / 1998	12.62
1550	5288	BARTCZAK JANUSZ	BODZANÓW			60	M50/108 (M)1475	00:50:17	00:48:29	00:25:44 / 1543	12.38
1551	7032	STRUSS MARCIN	WARSZAWA			67	M40/261 (M)1476	00:50:17	00:48:12	00:26:52 / 1910	12.45
1552	549	SUPIŃSKI OKTAWIUSZ	WARSZAWA			80	M30/615 (M)1477	00:50:18	00:48:32	00:26:06 / 1662	12.36
1553	5503	GLĄZ ARKADIUSZ	MIŃSK MAZOWIECKI			78	M30/616 (M)1478	00:50:18	00:47:59	00:26:50 / 1892	12.50
1554	5604	JÓZEFIAK MAREK	JAWORZNO			86	M20/472 (M)1479	00:50:19	00:46:57	00:27:26 / 2079	12.78

<b>Miejsce Rank</b>	<b>Nr Bib</b>	<b>Nazwisko i imię Name</b>	<b>Miejscowość City</b>	<b>Kraj Nat</b>	<b>Drużyna Team</b>	<b>R-k YoB</b>	<b>W kategorii in Age Sex</b>	<b>Czas Time</b>	<b>Czas Netto</b>	<b>5km</b>	<b>[km/h]</b>
1555	2304	WALASZCZYK PAWEŁ	PIASECZNO			60	M50/109 (M)1480	00:50:19	00:48:28	00:25:44 / 1545	12.38
1556	35	PUCHALSKI FILIP	WARSZAWA			87	M20/473 (M)1481	00:50:19	00:50:18	00:23:29 / 860	11.93
1557	1459	DĘBNIK TOMASZ	WARSZAWA			61	M40/262 (M)1482	00:50:20	00:47:39	00:25:54 / 1606	12.59
1558	3512	SADOWSKI JAROSŁAW	MIĘDZYBORÓW		LKS WRZOS MIĘDZYBORÓW	89	M20/474 (M)1483	00:50:20	00:50:02	00:24:06 / 1039	11.99
1559	2414	WASILEWSKI ŁUKASZ	SOKOŁÓW PODLASKI			84	M20/475 (M)1484	00:50:20	00:47:32	00:26:16 / 1708	12.62
1560	4542	KORGÓŁ RADOSŁAW	MYSŁÓW			89	M20/476 (M)1485	00:50:20	00:48:49	00:26:09 / 1681	12.29
1561	4563	JANICKA ELŻBIETA	MŁAWA		NIE	66	K40/15 (K)76	00:50:21	00:48:13	00:26:15 / 1704	12.44
1562	3184	CZUBAKOWSKI SŁAWOMIR	WARSZAWA			64	M40/263 (M)1486	00:50:22	00:50:02	00:24:10 / 1059	11.99
1563	2842	ROSA LESZEK	TŁUSZCZ		TKS BÓBR	59	M50/110 (M)1487	00:50:23	00:48:23	00:26:32 / 1799	12.40
1564	6188	SKORUPIŃSKI JAROSŁAW	RADZYMIN			68	M40/264 (M)1488	00:50:23	00:47:26	00:26:12 / 1697	12.65
1565	5305	BERNATEK ANDRZEJ	WARSZAWA		NASZE-BIEGANIE.PL	74	M30/617 (M)1489	00:50:23	00:48:25	00:27:07 / 1996	12.39
1566	2043	KOCON TOMEK	DUCHNÓW			71	M30/618 (M)1490	00:50:23	00:47:39	00:27:07 / 2001	12.59
1567	4204	CIEĆWIERZ MARCIN	KLAUDYN			83	M20/477 (M)1491	00:50:23	00:48:22	00:26:07 / 1666	12.41
1568	3881	CEBARTOWSKI PATRYK	RADOM			82	M20/478 (M)1492	00:50:23	00:48:01	00:26:34 / 1807	12.50
1569	4462	ŁONIEWSKA AGNIESZKA	WARSZAWA			86	K20/35 (K)77	00:50:23	00:48:54	00:25:21 / 1396	12.27
1570	4114	KRAWCZYK PIOTR	JÓZEFÓW		MLKS JÓZEFOWIA	50	M60/13 (M)1493	00:50:24	00:50:19	00:25:07 / 1332	11.92
1571	825	KLIWIUK GRZEGORZ	NOWE KOZŁOWICE		EUROPAPIER-IMPAP	86	M20/479 (M)1494	00:50:24	00:48:25	00:25:38 / 1500	12.39
1572	1182	BOLIMOWSKI ANDRZEJ	WARSZAWA			86	M20/480 (M)1495	00:50:24	00:47:07	00:27:15 / 2033	12.73
1573	1512	ŚWIĆ RAFAŁ	WARSZAWA		TRUCHT TARCHOMIN	74	M30/619 (M)1496	00:50:24	00:49:29	00:25:29 / 1439	12.13
1574	1634	BRZEZIŃSKI WALDEMAR	NOWE MIASTO NAD			65	M40/265 (M)1497	00:50:25	00:47:39	00:26:40 / 1833	12.59
1575	4635	MALISZEWSKI ARTUR	WARSZAWA			67	M40/266 (M)1498	00:50:25	00:49:43	00:26:16 / 1707	12.07
1576	754	ROKITNICKI MATEUSZ	WARSZAWA			84	M20/481 (M)1499	00:50:25	00:48:51	00:26:55 / 1935	12.28
1577	3473	NOWACKI WOJCIECH	WARSZAWA			68	M40/267 (M)1500	00:50:25	00:46:44	00:27:11 / 2019	12.84
1578	6229	STEINDEL MARCIN	WARSZAWA			74	M30/620 (M)1501	00:50:26	00:49:46	00:25:28 / 1433	12.06
1579	6017	ORCZYKOWSKI DARIUSZ	RADOM			67	M40/268 (M)1502	00:50:26	00:48:04	00:26:41 / 1841	12.48
1580	4632	JANIK MICHAŁ MARCIN	WARSZAWA		KB HOLMESPLACE	81	M20/482 (M)1503	00:50:26	00:49:07	00:26:06 / 1660	12.22
1581	2405	KALICIŃSKI HENRYK	ŻABIENIEC		STOWARZYSZENIE KONDYCJA	77	M30/621 (M)1504	00:50:27	00:49:16	00:25:32 / 1454	12.18
1582	5965	MUCHA SEBASTIAN	PRZASNYSZ			78	M30/622 (M)1505	00:50:27	00:48:52	00:26:00 / 1624	12.28
1583	2245	DROGOŃ ARKADIUSZ	WARSZAWA		KGJ	78	M30/623 (M)1506	00:50:27	00:49:17	00:24:43 / 1207	12.17
1584	1098	FLAJSZER ŁUKASZ	MIĘDZYCHÓD			77	M30/624 (M)1507	00:50:27	00:50:17	00:24:41 / 1199	11.93
1585	1099	WITCZAK AGNIESZKA	WARSZAWA			86	K20/36 (K)78	00:50:27	00:50:18	00:24:41 / 1198	11.93
1586	1270	KRZANOWSKA MONIKA	KRAKÓW			72	K30/27 (K)79	00:50:27	00:49:23	00:25:35 / 1475	12.15
1587	3372	HALBEDEL PIOTR	WARSZAWA			75	M30/625 (M)1508	00:50:27	00:50:17	00:24:25 / 1120	11.93
1588	4003	MIŚKIEWICZ PIOTR	WARSZAWA		TARCZYCA.INFO	68	M40/269 (M)1509	00:50:27	00:48:35	00:26:31 / 1785	12.35
1589	3598	ZATOR BARTOSZ	WARSZAWA			81	M20/483 (M)1510	00:50:28	00:46:17	00:27:54 / 2215	12.96
1590	1414	KWIATKOWSKI ADRIAN	WARSZAWA		GROTY TEAM	74	M30/626 (M)1511	00:50:28	00:49:36	00:25:37 / 1495	12.10
1591	5409	CZERNIAWSKI TOMASZ	WARSZAWA		AZS UW JUDO	96	M20/484 (M)1512	00:50:28	00:49:55	00:23:59 / 1011	12.02
1592	1707	JOCZ JAROSŁAW	WARSZAWA		JARTOM TEAM	70	M40/270 (M)1513	00:50:28	00:50:06	00:25:36 / 1482	11.98
1593	5723	KOWALSKI ŁUKASZ	JÓZEFÓW			91	M20/485 (M)1514	00:50:28	00:49:21	00:24:44 / 1213	12.16
1594	6770	KOSTEK ANDRZEJ	ZANIEMYSŁ			85	M20/486 (M)1515	00:50:28	00:49:48	00:24:24 / 1113	12.05
1595	561	JAROŃCZYK PAWEŁ	BIALYSTOK			87	M20/487 (M)1516	00:50:29	00:48:14	00:25:35 / 1480	12.44
1596	861	ZADROŻNY PIOTR	WARSZAWA			71	M30/627 (M)1517	00:50:29	00:48:27	00:25:37 / 1498	12.38
1597	4276	BRYŁA TOMASZ	WARSZAWA			81	M20/488 (M)1518	00:50:29	00:49:42	00:26:38 / 1826	12.07
1598	3990	MORAWSKI CEZARY	WARSZAWA			80	M30/628 (M)1519	00:50:29	00:48:07	00:26:26 / 1766	12.47
1599	14	KORCZ DARIUSZ	POZNAŃ		POWERADE	63	M40/271 (M)1520	00:50:30	00:50:17	00:25:03 / 1304	11.93
1600	5987	NIEKRASZ PAWEŁ	KOSZALIN			89	M20/489 (M)1521	00:50:30	00:47:19	00:27:32 / 2103	12.68
1601	4286	TROJNAR KRZYSZTOF	KATOWICE			86	M20/490 (M)1522	00:50:30	00:48:13	00:27:03 / 1980	12.44
1602	4283	WOJCIEROWSKI MACIEJ	KSIAŻENICE			92	M20/491 (M)1523	00:50:30	00:48:13	00:27:04 / 1985	12.44
1603	3565	WOŁYŃCZYK BARTŁOMIEJ	WARSZAWA		WSPINVISION	83	M20/492 (M)1524	00:50:31	00:47:12	00:27:36 / 2118	12.71
1604	1821	WALCZAK KINGA	WARSZAWA			75	K30/28 (K)80	00:50:31	00:48:20	00:26:55 / 1934	12.41
1605	1292	RYSZKA BOGUSŁAW	WARSZAWA			66	M40/272 (M)1525	00:50:31	00:48:53	00:25:46 / 1551	12.27
1606	1559	GOLASA NATALIA	WARSZAWA			87	K20/37 (K)81	00:50:31	00:48:54	00:25:48 / 1564	12.27
1607	1988	ROZBICKI MARIUSZ	WARSZAWA			80	M30/629 (M)1526	00:50:32	00:49:40	00:25:39 / 1510	12.08
1608	1510	KRYSTEK ARTUR				73	M30/630 (M)1527	00:50:32	00:49:06	00:26:07 / 1668	12.22
1609	7219	PIASECKI PAWEŁ	STARE BABICE			82	M20/493 (M)1528	00:50:32	00:48:31	00:26:14 / 1703	12.37
1610	3330	KOPCZYŃSKI KRZYSZTOF	POZNAŃ			78	M30/631 (M)1529	00:50:33	00:48:36	00:26:03 / 1640	12.35
1611	2849	RUDEK MARCIN	CHOJNICE			80	M30/632 (M)1530	00:50:33	00:48:19	00:26:31 / 1789	12.42
1612	7017	BOJAROWSKI JACEK	WARSZAWA			55	M50/111 (M)1531	00:50:33	00:48:35	00:26:27 / 1769	12.35

<b>Miejsce Rank</b>	<b>Nr Bib</b>	<b>Nazwisko i imię Name</b>	<b>Miejscowość City</b>	<b>Kraj Nat</b>	<b>Drużyna Team</b>	<b>R-k YoB</b>	<b>W kategorii in Age Sex</b>	<b>Czas Time</b>	<b>Czas Netto</b>	<b>5km</b>	<b>[km/h]</b>
1613	2327	ZALEWSKI RAFAŁ	WARSZAWA			70	M40/273 (M)1532	00:50:34	00:48:52	00:26:23 / 1746	12.28
1614	4656	JĘDRKOWIAK ROMAN	WARSZAWA			71	M30/633 (M)1533	00:50:34	00:49:22	00:25:50 / 1577	12.15
1615	6268	SZULAK WOJTEK	ŁÓDŹ			76	M30/634 (M)1534	00:50:35	00:48:50	00:25:19 / 1383	12.29
1616	1124	RYBARSKA EWA	ŁOMIANKI			83	K20/38 (K)82	00:50:35	00:48:55	00:26:13 / 1701	12.27
1617	5876	MAŁAGOWSKI PIOTR	UJAZD		NIEZRZESZONY	88	M20/494 (M)1535	00:50:35	00:49:06	00:25:52 / 1594	12.22
1618	5284	BARDZYŃSKI PAWEŁ	PIŃCZÓW			79	M30/635 (M)1536	00:50:35	00:49:08	00:25:46 / 1552	12.21
1619	3144	KOŹUSZEK ROBERT	WARSZAWA			71	M30/636 (M)1537	00:50:35	00:49:24	00:26:11 / 1689	12.15
1620	2726	KĄKOL SEBASTIAN	OTWOCK			95	M20/495 (M)1538	00:50:35	00:49:45	00:25:52 / 1593	12.06
1621	4529	KONOPKO DAMIAN	SMOLANY			86	M20/496 (M)1539	00:50:35	00:48:13	00:25:54 / 1604	12.44
1622	4407	ŻYCZYŃSKI JAROSŁAW	KOBYŁKA			82	M20/497 (M)1540	00:50:35	00:46:43	00:28:18 / 2391	12.84
1623	1228	WERNIK ALEKSANDER	WARSZAWA		ALETEMPO	82	M20/498 (M)1541	00:50:36	00:50:00	00:25:43 / 1539	12.00
1624	2555	RUSEK AGNIESZKA	WARSZAWA			76	K30/29 (K)83	00:50:36	00:48:24	00:26:13 / 1699	12.40
1625	2322	MARZEC WOJCIECH	ZĄBKI			66	M40/274 (M)1542	00:50:37	00:48:18	00:26:12 / 1694	12.42
1626	6081	POCZTARSKI KAROL	MIĘDZYRZEC PODLASKI		ŁEJNY	88	M20/499 (M)1543	00:50:37	00:47:35	00:28:47 / 2576	12.61
1627	2121	KIENHUIS BAS	WARSZAWA			77	M30/637 (M)1544	00:50:37	00:47:45	00:26:39 / 1830	12.57
1628	2505	KOWALSKI ŁUKASZ	WARSZAWA			70	M40/275 (M)1545	00:50:37	00:49:41	00:25:42 / 1529	12.08
1629	2271	CHABROWSKI MARCIN	WARSZAWA			93	M20/500 (M)1546	00:50:37	00:49:14	00:27:17 / 2046	12.19
1630	2270	CHABROWSKI PAWEŁ	WARSZAWA			72	M30/638 (M)1547	00:50:37	00:49:14	00:27:17 / 2044	12.19
1631	4247	DĄBROWSKI-TUMAŃSKI PAWEŁ	WARSZAWA			89	M20/501 (M)1548	00:50:37	00:45:25	00:28:01 / 2263	13.21
1632	3219	GASEK RAFAŁ	WARSZAWA			80	M30/639 (M)1549	00:50:37	00:49:50	00:24:37 / 1181	12.04
1633	1065	KORZĘTKOWSKI ADAM	WARSZAWA			79	M30/640 (M)1550	00:50:38	00:49:01	00:26:16 / 1712	12.24
1634	1910	SKRZYPCZAK GRZEGORZ	OLSZTYN		SZYBCY Z OLSZTYNA	79	M30/641 (M)1551	00:50:38	00:48:11	00:27:03 / 1977	12.45
1635	3380	OCHRYMOWICZ TOMASZ	WARSZAWA			72	M30/642 (M)1552	00:50:38	00:49:43	00:25:10 / 1345	12.07
1636	588	RAJEWSKI ROBERT	WARSZAWA			83	M20/502 (M)1553	00:50:39	00:49:50	00:25:17 / 1371	12.04
1637	4045	KUŚNIERKIEWICZ TOMASZ	WARSZAWA			63	M40/276 (M)1554	00:50:39	00:48:35	00:26:26 / 1762	12.35
1638	661	BOKISZ ROBERT	MALBORK		WAT	89	M20/503 (M)1555	00:50:40	00:49:08	00:26:09 / 1679	12.21
1639	946	LASOCKI ANDRZEJ	WARSZAWA			72	M30/643 (M)1556	00:50:40	00:49:13	00:25:53 / 1598	12.19
1640	6279	SZYMAŃSKI PIOTR	PRUSZKÓW			80	M30/644 (M)1557	00:50:40	00:47:45	00:27:09 / 2012	12.57
1641	323	ŻUK MARCIN	PIASECZNO		NIEZRZESZONY	74	M30/645 (M)1558	00:50:41	00:50:17	00:24:40 / 1191	11.93
1642	533	TULIK PAWEŁ	WARSZAWA			73	M30/646 (M)1559	00:50:41	00:48:50	00:25:40 / 1515	12.29
1643	900	ZALEWSKI MACIEJ	WARSZAWA			96	M20/504 (M)1560	00:50:42	00:47:19	00:27:43 / 2156	12.68
1644	813	MARCZYK MACIEJ	WARSZAWA			67	M40/277 (M)1561	00:50:42	00:48:39	00:26:06 / 1656	12.33
1645	3960	HUTNY EWA	WARSZAWA			64	K40/16 (K)84	00:50:43	00:49:51	00:25:50 / 1578	12.04
1646	3161	OSTROWSKI JANUSZ	GRÓJEC		JW 3411 GRÓJEC	73	M30/647 (M)1562	00:50:43	00:49:56	00:26:03 / 1639	12.02
1647	5768	KUBIK KRZYSZTOF	WIELICZKA			78	M30/648 (M)1563	00:50:43	00:50:10	00:24:32 / 1152	11.96
1648	2725	MAZUREK KAMIL	OSTROWIEC ŚW			79	M30/649 (M)1564	00:50:44	00:50:05	00:25:16 / 1367	11.98
1649	4422	WOJTŁA PAWEŁ	WARSZAWA			84	M20/505 (M)1565	00:50:45	00:48:46	00:27:32 / 2100	12.30
1650	3913	JARCZAK MATEUSZ	WARSZAWA			86	M20/506 (M)1566	00:50:45	00:46:43	00:28:18 / 2393	12.84
1651	3445	SZAFRAN CZESŁAW	WARSZAWA			48	M60/14 (M)1567	00:50:45	00:48:00	00:26:49 / 1884	12.50
1652	405	PIETRZYKOWSKI DARIUSZ	WARSZAWA		NIE DOTYCZY	68	M40/278 (M)1568	00:50:46	00:49:03	00:25:53 / 1597	12.23
1653	3361	PIĄTKOWSKI PIOTR	TCZEW			71	M30/650 (M)1569	00:50:46	00:49:53	00:24:32 / 1153	12.03
1654	2014	FUSEK WOJCIECH	WARSZAWA		GAZETA WYBORCZA/SPORT.PL	63	M40/279 (M)1570	00:50:46	00:50:16	00:25:17 / 1372	11.94
1655	4360	KAMIŃSKI MICHAŁ	WARSZAWA		ARTPROFI WARSZAWA	86	M20/507 (M)1571	00:50:46	00:48:12	00:26:17 / 1716	12.45
1656	89	CHOYNOWSKA MAŁGORZATA	PIŁA		POWERADE	68	K40/17 (K)85	00:50:46	00:50:33	00:25:25 / 1420	11.87
1657	3555	DYMACZ GRZEGORZ	HIPOLITÓW		-	67	M40/280 (M)1572	00:50:46	00:49:36	00:26:08 / 1669	12.10
1658	5904	MAZIŃSKI ANDRZEJ	PRUSZKÓW			78	M30/651 (M)1573	00:50:47	00:49:11	00:26:00 / 1626	12.20
1659	3025	SZCZEPANIAK HENRYK	WARSZAWA			66	M40/281 (M)1574	00:50:47	00:49:49	00:24:57 / 1267	12.04
1660	4197	CZAPLARSKI MARIUSZ	PIASECZNO			78	M30/652 (M)1575	00:50:47	00:49:53	00:27:15 / 2032	12.03
1661	3508	WINIARSKI ROBERT	WARSZAWA			72	M30/653 (M)1576	00:50:47	00:48:57	00:26:45 / 1859	12.26
1662	4618	SZUBA ERYK	WARSZAWA			72	M30/654 (M)1577	00:50:47	00:49:11	00:26:00 / 1627	12.20
1663	3865	CHYLEWSKI JAKUB	WARSZAWA			74	M30/655 (M)1578	00:50:48	00:49:06	00:25:23 / 1409	12.22
1664	3566	SKUPIEŃ ARTUR	WILCZA GÓRA			73	M30/656 (M)1579	00:50:48	00:48:43	00:26:56 / 1937	12.32
1665	1474	WOŹNIAK GRZEGORZ	WARSZAWA			63	M40/282 (M)1580	00:50:48	00:48:20	00:27:00 / 1959	12.41
1666	6298	ŚWIDERSKA KATARZYNA	POMIECHÓWEK			88	K20/39 (K)86	00:50:48	00:47:06	00:28:14 / 2358	12.74
1667	144	WEREDA PAWEŁ	WARSZAWA		PKO	70	M40/283 (M)1581	00:50:48	00:48:18	00:26:41 / 1843	12.42
1668	4769	PRĄDZYŃSKI DARIUSZ	WARSZAWA			54	M50/112 (M)1582	00:50:48	00:49:05	00:26:22 / 1743	12.22
1669	689	REMBERK MICHAŁ	WARSZAWA		WARSZAWSKI ŻÓŁWIK	71	M30/657 (M)1583	00:50:49	00:47:13	00:27:45 / 2162	12.71
1670	5690	KOPALA MARIUSZ	BELCHATÓW			89	M20/508 (M)1584	00:50:49	00:48:21	00:27:16 / 2038	12.41

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Czas Netto	5km	[km/h]
1671	6192	SKOWROŃSKI JERZY	PRZASNYSZ			57	M50/113 (M)1585	00:50:49	00:49:15	00:26:10 / 1682	12.18
1672	6191	SKOWROŃSKA DOROTA	PRZASNYSZ			58	K50/1 (K)87	00:50:49	00:49:15	00:26:10 / 1683	12.18
1673	3915	ŁUCZAK BARTOSZ	WARSZAWA			74	M30/658 (M)1586	00:50:50	00:47:13	00:27:53 / 2211	12.71
1674	3612	GLAPIŃSKA MAGDALENA	WARSZAWA			75	K30/30 (K)88	00:50:50	00:50:11	00:25:20 / 1391	11.96
1675	5357	BUCZEK DARIUSZ	B. SUŁKOWSKIE / G.		MARATONYPOLSKIE.PL TEAM	75	M30/659 (M)1587	00:50:50	00:49:15	00:25:35 / 1479	12.18
1676	3195	WIELEBA JAROSŁAW	WARSZAWA			70	M40/284 (M)1588	00:50:50	00:48:40	00:26:51 / 1899	12.33
1677	4338	MEYER PETER	WARSZAWA			68	M40/285 (M)1589	00:50:50	00:48:47	00:26:53 / 1914	12.30
1678	589	MEŻYŃSKI PIOTR	ZIELONKA			79	M30/660 (M)1590	00:50:51	00:49:48	00:24:34 / 1166	12.05
1679	404	MYŚLIŃSKI ZDZISŁAW	WARSZAWA			75	M30/661 (M)1591	00:50:51	00:49:55	00:25:32 / 1453	12.02
1680	6271	SZYCIK WALDEMAR	GRAJEWO		MARATONKA	69	M40/286 (M)1592	00:50:51	00:48:53	00:26:32 / 1798	12.27
1681	6094	PRAŻANOWSKI MARIUSZ	ŁÓDŹ		NIEZRZESZONY	67	M40/287 (M)1593	00:50:51	00:49:38	00:26:10 / 1685	12.09
1682	3158	KOZERA ANDRZEJ	GRÓJEC		JW 3411 GRÓJEC	65	M40/288 (M)1594	00:50:51	00:50:05	00:25:06 / 1323	11.98
1683	105	PURWIN ADAM	WARSZAWA		PKO	75	M30/662 (M)1595	00:50:51	00:50:26	00:24:23 / 1110	11.90
1684	2040	KRYCZEK PIOTR	WARSZAWA			63	M40/289 (M)1596	00:50:52	00:49:36	00:26:32 / 1797	12.10
1685	3036	BARABASZ ARTUR	OTWOCK			83	M20/509 (M)1597	00:50:52	00:48:16	00:26:35 / 1812	12.43
1686	5396	CZAJKA PAWEŁ	KOBIÓR		POLITECHNIKA ŚLĄSKA	87	M20/510 (M)1598	00:50:52	00:49:17	00:26:18 / 1722	12.17
1687	4631	GARUS LECH	KATOWICE		ŚCIEŻKA BIEGOWA PARK LEŚNY BRÓDNO	72	M30/663 (M)1599	00:50:53	00:47:54	00:27:18 / 2049	12.53
1688	4335	BEDNARZ MARTA	NISKO			81	K20/40 (K)89	00:50:53	00:48:50	00:26:52 / 1906	12.29
1689	5550	HAGGIS IAIN	WARSZAWA			61	M40/290 (M)1600	00:50:53	00:47:48	00:27:16 / 2037	12.55
1690	7087	ZALEWSKI DORIAN	WARSZAWA			79	M30/664 (M)1601	00:50:53	00:49:05	00:25:33 / 1458	12.22
1691	7067	BAĞARD MARCIN	STRZYŻÓW			85	M20/511 (M)1602	00:50:53	00:47:45	00:27:28 / 2086	12.57
1692	1354	CICHOŃSKA ELŻBIETA	WARSZAWA			66	K40/18 (K)90	00:50:54	00:49:15	00:26:16 / 1709	12.18
1693	6044	PARCHOMIUK ANDRZEJ	WARSZAWA		NIEZRZESZONY	63	M40/291 (M)1603	00:50:54	00:49:37	00:25:47 / 1558	12.09
1694	5961	MOTYLEWSKI FILIP	PABIANICE			91	M20/512 (M)1604	00:50:54	00:50:40	00:25:07 / 1327	11.84
1695	3577	KLAMCZYŃSKI MAREK	SULEJÓWEK			59	M50/114 (M)1605	00:50:54	00:48:57	00:26:47 / 1871	12.26
1696	3128	FERRARIS DANILO	WARSZAWA		ART PROFI WARSZAWA	56	M50/115 (M)1606	00:50:55	00:49:00	00:26:43 / 1849	12.24
1697	2940	STĘPŃIAK MICHAŁ	WARSZAWA			88	M20/513 (M)1607	00:50:55	00:49:38	00:24:33 / 1165	12.09
1698	3956	MEYER MARCIN	WARSZAWA			76	M30/665 (M)1608	00:50:55	00:49:59	00:25:22 / 1402	12.00
1699	6083	POLAK PIOTR	PRUSZKÓW		LABORATORIA NATURY	64	M40/292 (M)1609	00:50:55	00:48:48	00:26:11 / 1688	12.30
1700	2278	PIEKAREK GRZEGORZ	WARSZAWA		ART-PROFI	77	M30/666 (M)1610	00:50:56	00:50:00	00:24:55 / 1259	12.00
1701	3736	TREPKA MAREK	WARSZAWA			77	M30/667 (M)1611	00:50:56	00:50:08	00:25:17 / 1369	11.97
1702	4244	KRAWCZYK JAKUB	WARSZAWA			88	M20/514 (M)1612	00:50:56	00:48:44	00:26:31 / 1792	12.31
1703	4963	MICHALSKI ARTUR	WARSZAWA			83	M20/515 (M)1613	00:50:56	00:47:39	00:26:55 / 1931	12.59
1704	6262	SZELWACHOWSKI DARIUSZ	WARSZAWA		KB LAS HORMIGAS	64	M40/293 (M)1614	00:50:56	00:49:27	00:26:02 / 1634	12.13
1705	3331	OCHENDALSKI PIOTR	WARSZAWA			80	M30/668 (M)1615	00:50:56	00:47:24	00:27:39 / 2137	12.66
1706	2054	KĄKOL DARIUSZ	KAMIONKA			65	M40/294 (M)1616	00:50:57	00:49:12	00:26:08 / 1673	12.20
1707	1735	PACZYŃSKI WOJCIECH	WARSZAWA			74	M30/669 (M)1617	00:50:57	00:48:19	00:26:30 / 1782	12.42
1708	400	MAĆZKA ANNA	WARSZAWA			76	K30/31 (K)91	00:50:58	00:48:28	00:27:10 / 2013	12.38
1709	1103	ŚMIGIERA TOMASZ	WARSZAWA			79	M30/670 (M)1618	00:50:58	00:49:05	00:26:53 / 1916	12.22
1710	1604	KOT ANDRZEJ	LUBLIN		KB TP	68	M40/295 (M)1619	00:50:58	00:49:33	00:26:50 / 1891	12.11
1711	221	WIECZOREK JACEK	WARSZAWA			75	M30/671 (M)1620	00:50:58	00:50:53	00:25:10 / 1343	11.79
1712	6123	RABIŃSKI KRZYSZTOF	WARSZAWA			81	M20/516 (M)1621	00:50:58	00:49:01	00:26:05 / 1653	12.24
1713	4737	ZYGLEWICZ TOMEK	WARSZAWA			93	M20/517 (M)1622	00:50:58	00:46:54	00:27:53 / 2210	12.79
1714	4448	GUZANEK TOMASZ	WARSZAWA		WAT WARSZAWA	89	M20/518 (M)1623	00:50:58	00:49:39	00:25:24 / 1412	12.08
1715	2087	KURZYK PIOTR	OLSZEWNICA STARA			75	M30/672 (M)1624	00:50:59	00:49:18	00:26:06 / 1661	12.17
1716	3897	WOŹNIAK JANUSZ	WARSZAWA		URSYNÓW	71	M30/673 (M)1625	00:50:59	00:50:23	00:25:43 / 1538	11.91
1717	4731	MAĆKOWIAK PIOTR	WARSZAWA			89	M20/519 (M)1626	00:50:59	00:49:33	00:26:48 / 1880	12.11
1718	5347	BOROWIECKI MICHAŁ	KOZIENICE			78	M30/674 (M)1627	00:50:59	00:49:50	00:25:44 / 1541	12.04
1719	3169	ZAKRZEWSKI PAWEŁ	WOŁOMIN			70	M40/296 (M)1628	00:51:00	00:48:03	00:26:29 / 1776	12.49
1720	4189	SULIK AGNIESZKA	OPACZ KOLONIA			86	K20/41 (K)92	00:51:00	00:47:19	00:27:40 / 2143	12.68
1721	5460	ERBETOWSKI WOJCIECH	WARSZAWA			84	M20/520 (M)1629	00:51:00	00:49:29	00:26:00 / 1628	12.13
1722	4582	BILSKI MATEUSZ	WARSZAWA			89	M20/521 (M)1630	00:51:00	00:47:57	00:26:59 / 1956	12.51
1723	5602	JOB MAŁGORZATA	POZNAŃ		MARATONY POLSKIE.PL TEAM	75	K30/32 (K)93	00:51:00	00:50:10	00:26:04 / 1648	11.96
1724	4054	MICHALSKI MICHAŁ	SOBIENIE-JEZIORY		KB TP	76	M30/675 (M)1631	00:51:01	00:49:56	00:25:34 / 1471	12.02
1725	5341	BORKOWSKI KAZIMIERZ	TOMASZOW MAZ.		AZS-UNIWI.JANA KOCHANOWSKIGO	58	M50/116 (M)1632	00:51:01	00:50:36	00:24:19 / 1092	11.86
1726	4508	STUPALKOWSKI JAKUB	WARSZAWA			86	M20/522 (M)1633	00:51:01	00:49:25	00:25:59 / 1620	12.14
1727	1896	NOWAK PIOTR	CELESTYNÓW			67	M40/297 (M)1634	00:51:02	00:50:10	00:25:38 / 1502	11.96
1728	538	PHLIPOT CONSTANCE	WARSZAWA			55	K50/2 (K)94	00:51:02	00:48:20	00:26:59 / 1957	12.41

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Czas Netto	5km	[km/h]
1729	4070	LIMONOWICZ JANKA	WARSZAWA			67	K40/19 (K)95	00:51:02	00:49:46	00:25:33 / 1459	12.06
1730	2003	KNYCHAS DARIUSZ	WARSZAWA			73	M30/676 (M)1635	00:51:02	00:47:45	00:27:53 / 2213	12.57
1731	2920	MALICKI KRZYSZTOF	WARSZAWA			61	M40/298 (M)1636	00:51:02	00:49:58	00:25:43 / 1536	12.01
1732	3646	TRACZ JERZY	WARSZAWA			66	M40/299 (M)1637	00:51:02	00:50:40	00:24:31 / 1148	11.84
1733	5580	JANOWSKI MATEUSZ	JAKTORÓW			91	M20/523 (M)1638	00:51:02	00:48:47	00:26:33 / 1802	12.30
1734	1381	MUCHA GRZEGORZ	WARSZAWA			58	M50/117 (M)1639	00:51:03	00:48:27	00:26:46 / 1868	12.38
1735	5831	LIŚKIEWICZ SYLWIA	WARSZAWA		AZS-AWF WARSZAWA	77	K30/33 (K)96	00:51:03	00:49:25	00:26:44 / 1857	12.14
1736	1926	GOŁĘBIEWSKI MACIEJ	WARSZAWA			74	M30/677 (M)1640	00:51:03	00:49:27	00:25:39 / 1509	12.13
1737	2800	HOPPE PAWEŁ	WARSZAWA			74	M30/678 (M)1641	00:51:03	00:49:16	00:26:05 / 1650	12.18
1738	4476	GÓRECKI SEBASTIAN MAREK	WARSZAWA			85	M20/524 (M)1642	00:51:03	00:50:17	00:25:08 / 1335	11.93
1739	3322	POLANSKI RAFAL	WARSZAWA		POTWORY Z GLEBIN	70	M40/300 (M)1643	00:51:04	00:47:14	00:25:39 / 1508	12.70
1740	652	KOWALSKI ADAM	WARSZAWA			86	M20/525 (M)1644	00:51:04	00:48:10	00:27:58 / 2247	12.46
1741	2135	CIENKUSZ DAMIAN	WARSZAWA			78	M30/679 (M)1645	00:51:04	00:48:56	00:26:44 / 1853	12.26
1742	6242	SUPINSKA JUSTYNA	WARSZAWA			87	K20/42 (K)97	00:51:04	00:47:20	00:27:40 / 2140	12.68
1743	3002	KURAK KONRAD	WARSZAWA		MARINARA.PL	68	M40/301 (M)1646	00:51:04	00:50:27	00:26:18 / 1717	11.89
1744	77	NICAŁEK WIKTORIA	PRUSZKÓW			83	K20/43 (K)98	00:51:04	00:50:24	00:25:03 / 1307	11.90
1745	5355	BUCZAK JAROSŁAW	PIŃCZÓW		KL PONIDZIE PIŃCZÓW	62	M40/302 (M)1647	00:51:05	00:49:36	00:25:54 / 1605	12.10
1746	2811	LEPLE GRZEGORZ	OPACZ KOLONIA		KLUBBIEGACZA.PL	69	M40/303 (M)1648	00:51:05	00:48:03	00:26:55 / 1936	12.49
1747	6156	RYSZCZYK ADAM	RYBNIK			80	M30/680 (M)1649	00:51:05	00:49:51	00:25:57 / 1614	12.04
1748	1460	BALŚ ANDRZEJ	ANTONINÓW			55	M50/118 (M)1650	00:51:06	00:48:25	00:26:46 / 1870	12.39
1749	2971	BIFFIS TERENCE	WARSZAWA			81	M20/526 (M)1651	00:51:06	00:47:19	00:28:01 / 2265	12.68
1750	4642	FEDORCZUK GRZEGORZ	WARSZAWA			72	M30/681 (M)1652	00:51:06	00:50:00	00:25:24 / 1415	12.00
1751	5907	MAZUREK MICHAŁ	KONSTANCIN-JEZIORNA		RUN EUROSOF	77	M30/682 (M)1653	00:51:06	00:50:15	00:26:04 / 1649	11.94
1752	4347	PIWKO ROBERT	WARSZAWA			75	M30/683 (M)1654	00:51:06	00:49:56	00:26:39 / 1832	12.02
1753	3175	DADAN MAREK	WARSZAWA			64	M40/304 (M)1655	00:51:07	00:50:05	00:25:40 / 1516	11.98
1754	1993	SÓJKA MAŁGOSIA	WARSZAWA		KB HOLMES PLACE	75	K30/34 (K)99	00:51:07	00:50:19	00:25:57 / 1613	11.92
1755	3287	KOSZUT ROBERT	WARSZAWA			77	M30/684 (M)1656	00:51:07	00:49:41	00:25:37 / 1493	12.08
1756	4606	LEWOWSKI MICHAŁ	IŁAWA			85	M20/527 (M)1657	00:51:07	00:44:39	00:28:35 / 2497	13.44
1757	47	PIWKO HALINA	WARSZAWA		PKO	66	K40/20 (K)100	00:51:07	00:50:15	00:25:58 / 1615	11.94
1758	4219	KASZUBA JAKUB	NOWY TARG			82	M20/528 (M)1658	00:51:08	00:48:22	00:27:19 / 2056	12.41
1759	6196	SMARZEWSKI ADRIAN	WARSZAWA			81	M20/529 (M)1659	00:51:08	00:50:03	00:26:08 / 1671	11.99
1760	4035	STELMACHOWSKI MICHAŁ	PUSZCZYKOWO			82	M20/530 (M)1660	00:51:08	00:49:02	00:27:08 / 2002	12.24
1761	4436	DĄBROWSKI WITOLD	WARSZAWA		****KRZEPY I WŚCIEKŁA****	82	M20/531 (M)1661	00:51:08	00:48:15	00:26:41 / 1839	12.44
1762	677	DZIUBA HUBERT	KOZIENICE			84	M20/532 (M)1662	00:51:09	00:50:49	00:25:48 / 1562	11.81
1763	2448	KURPIEWSKI DARIUSZ	MODLIN TWIERDZA			67	M40/305 (M)1663	00:51:09	00:50:28	00:25:38 / 1501	11.89
1764	4361	DULNIK MARCIN	WARSZAWA			80	M30/685 (M)1664	00:51:09	00:49:22	00:26:01 / 1632	12.15
1765	7104	NOWAK PAWEŁ	WARSZAWA			68	M40/306 (M)1665	00:51:09	00:49:52	00:26:56 / 1938	12.03
1766	2473	WALENTA HANNA	WARSZAWA		KB HOLMES PLACE	76	K30/35 (K)101	00:51:10	00:48:56	00:26:58 / 1948	12.26
1767	1034	WAWRZONEK ZBIGNIEW	WARSZAWA			74	M30/686 (M)1666	00:51:10	00:48:31	00:27:15 / 2030	12.37
1768	2472	WALENTA STANISŁAW	WARSZAWA		KB HOLMES PLACE	75	M30/687 (M)1667	00:51:10	00:48:56	00:26:57 / 1946	12.26
1769	4023	ŻUCHEWICZ ADRIAN	W			92	M20/533 (M)1668	00:51:10	00:47:57	00:28:16 / 2375	12.51
1770	4853	ZWIERZCHOWSKI MICHAŁ	PRUSZKÓW			81	M20/534 (M)1669	00:51:11	00:49:47	00:26:41 / 1838	12.05
1771	6899	CHALECKI DARIUSZ	WARSZAWA			79	M30/688 (M)1670	00:51:11	00:49:50	00:25:40 / 1513	12.04
1772	4526	DURJASZ PAWEŁ	WARSZAWA			61	M40/307 (M)1671	00:51:12	00:48:41	00:26:02 / 1638	12.32
1773	4014	WRÓBLEWSKI PIOTR	WARSZAWA			73	M30/689 (M)1672	00:51:13	00:50:24	00:25:36 / 1486	11.90
1774	6435	ZIEMAK TADEUSZ	GLISNO		-	59	M50/119 (M)1673	00:51:13	00:48:55	00:26:47 / 1872	12.27
1775	6148	RUPIŃSKI GRZEGORZ	ELBLĄG			88	M20/535 (M)1674	00:51:13	00:48:33	00:27:08 / 2006	12.36
1776	4821	BIENKOWSKI EMIL	ŻYCHLIN			78	M30/690 (M)1675	00:51:13	00:49:34	00:26:54 / 1921	12.10
1777	3418	KLIMA MICHAŁ	WARSZAWA			74	M30/691 (M)1676	00:51:14	00:50:13	00:25:53 / 1599	11.95
1778	1726	KLASA PIOTR	KARTUZY		OMC SOLUTION	79	M30/692 (M)1677	00:51:14	00:50:12	00:25:38 / 1506	11.95
1779	5705	KOSOWSKI JAROSŁAW	RADOM			66	M40/308 (M)1678	00:51:14	00:48:14	00:27:43 / 2157	12.44
1780	3844	MAJCHER PAWEŁ	LEGIONOWO			84	M20/536 (M)1679	00:51:14	00:48:24	00:27:47 / 2173	12.40
1781	1534	GIELNIEWSKI RADOSŁAW	ŁOWICZ			79	M30/693 (M)1680	00:51:15	00:48:55	00:26:11 / 1687	12.27
1782	4701	KOZIEL MICHAŁ	KUDOWA ZDRÓJ			81	M20/537 (M)1681	00:51:15	00:49:40	00:25:58 / 1616	12.08
1783	4262	ILNICKI MARIUSZ	LUBACZÓW			82	M20/538 (M)1682	00:51:16	00:47:45	00:28:29 / 2455	12.57
1784	3070	CAJBEL MACIEJ	WROCLAW			86	M20/539 (M)1683	00:51:16	00:48:40	00:27:02 / 1975	12.33
1785	6414	ZAJKOWSKI WOJCIECH	WARSZAWA			86	M20/540 (M)1684	00:51:17	00:48:41	00:27:33 / 2108	12.32
1786	3171	SKUZA PAWEŁ	WARSZAWA			86	M20/541 (M)1685	00:51:17	00:49:17	00:26:25 / 1757	12.17

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Czas Netto	5km	[km/h]
1787	3207	BENSON GEORGE				60	M50/120 (M)1686	00:51:17	00:48:26	00:26:40 / 1834	12.39
1788	790	ŚWIERCZ SŁAWOMIR	WARSZAWA			68	M40/309 (M)1687	00:51:18	00:48:39	00:26:50 / 1890	12.33
1789	2515	ŚCIBOR MARIAN	ZEGRZE		CSLII ZEGRZE	72	M30/694 (M)1688	00:51:18	00:49:39	00:26:33 / 1801	12.08
1790	1963	ŚWIERCZEWSKI TOMASZ	WARSZAWA			75	M30/695 (M)1689	00:51:18	00:48:16	00:27:52 / 2206	12.43
1791	5870	MAJEWSKI KAROL	LEGIONOWO			79	M30/696 (M)1690	00:51:18	00:49:05	00:27:21 / 2061	12.22
1792	2953	MICHAŁOWSKI MARCIN	SKIERNIEWICE			88	M20/542 (M)1691	00:51:18	00:49:46	00:26:05 / 1654	12.06
1793	6526	ZWOLIŃSKI MARIUSZ	WARSZAWA			79	M30/697 (M)1692	00:51:18	00:48:39	00:26:58 / 1951	12.33
1794	924	NAREWSKI MACIEJ	LEGIONOWO			77	M30/698 (M)1693	00:51:19	00:48:07	00:27:54 / 2220	12.47
1795	925	KACZMAREK ARKADIUSZ	LEGIONOWO			74	M30/699 (M)1694	00:51:19	00:48:07	00:27:55 / 2223	12.47
1796	6302	ŚWIERZYŃSKI TOMASZ	WARSZAWA			84	M20/543 (M)1695	00:51:19	00:47:58	00:27:50 / 2191	12.51
1797	5619	KALATA PIOTR	WARSZAWA			80	M30/700 (M)1696	00:51:19	00:49:08	00:27:51 / 2194	12.21
1798	1934	GROCHOWSKA JOANNA	WARSZAWA		BIEGAMY Z OCHOTĄ	64	K40/21 (K)102	00:51:20	00:50:23	00:25:49 / 1569	11.91
1799	2987	CHOJNACKI MARCIN	WARSZAWA			78	M30/701 (M)1697	00:51:20	00:47:41	00:27:57 / 2236	12.58
1800	4555	BOROWSKI ROBERT	WARSZAWA			75	M30/702 (M)1698	00:51:20	00:50:39	00:26:00 / 1625	11.85
1801	771	SZYDŁO GRZEGORZ	OSTRÓW MAZOWIECKA			82	M20/544 (M)1699	00:51:21	00:49:49	00:26:06 / 1659	12.04
1802	3592	WIECZOREK DARIUSZ	WARSZAWA			67	M40/310 (M)1700	00:51:21	00:48:31	00:27:31 / 2099	12.37
1803	972	MOSIEJ ANNA	WARSZAWA		ACCELERATE	88	K20/44 (K)103	00:51:22	00:50:28	00:26:25 / 1759	11.89
1804	1981	PAWLIKOWSKI KORNELIUSZ	WARSZAWA			78	M30/703 (M)1701	00:51:22	00:48:06	00:27:23 / 2070	12.47
1805	4403	JACHIMEK MACIEJ	WARSZAWA			76	M30/704 (M)1702	00:51:22	00:47:52	00:27:34 / 2112	12.53
1806	4589	INGIELEWICZ WOJCIECH	WARSZAWA			80	M30/705 (M)1703	00:51:22	00:48:07	00:27:23 / 2069	12.47
1807	5256	ANDREJCZUK MACIEJ	BIALYSTOK/WARSZAWA			89	M20/545 (M)1704	00:51:23	00:49:32	00:26:24 / 1752	12.11
1808	3145	KOSMAŁA DARIUSZ	WARSZAWA			64	M40/311 (M)1705	00:51:23	00:51:09	00:24:50 / 1236	11.73
1809	2552	BLUSZCZ ŁUKASZ	WARSZAWA			78	M30/706 (M)1706	00:51:24	00:49:22	00:26:19 / 1723	12.15
1810	4404	BARAŃCZUK KAROL	WARSZAWA		CEVA FREIGHT (POLAND)	76	M30/707 (M)1707	00:51:24	00:47:32	00:28:19 / 2397	12.62
1811	4891	KUBALA SŁAWOMIR	WARSZAWA			71	M30/708 (M)1708	00:51:24	00:47:36	00:27:43 / 2155	12.61
1812	3618	DEPTUŁA SŁAWOMIR	OSTRÓW MAZOWIECKA		NIE NALEŻĘ	72	M30/709 (M)1709	00:51:25	00:50:28	00:26:17 / 1715	11.89
1813	5412	CZORNEJ SŁAWOMIR	WARSZAWA		TEAM SPUCHNIĘTA ŁYDKA	53	M50/121 (M)1710	00:51:25	00:50:21	00:25:46 / 1549	11.92
1814	6103	PUCHAWSKI MACIEJ	WARSZAWA			76	M30/710 (M)1711	00:51:25	00:50:54	00:25:12 / 1350	11.79
1815	4025	NALAZEK MACIEJ	MIŃSK MAZOWIECKI			86	M20/546 (M)1712	00:51:25	00:48:12	00:26:50 / 1893	12.45
1816	3183	BIERNACKI ADAM	ŁÓDŹ			50	M60/15 (M)1713	00:51:26	00:49:42	00:26:26 / 1767	12.07
1817	1690	SZACHNA KRZYSZTOF	WARSZAWA		RUNNING COUPLE	70	M40/312 (M)1714	00:51:26	00:49:07	00:26:59 / 1952	12.22
1818	610	KRUSZEWSKI PIOTR	ŁOMIANKI			87	M20/547 (M)1715	00:51:26	00:48:21	00:28:22 / 2414	12.41
1819	2980	CHĘCIAK GRZEGORZ	WARSZAWA			66	M40/313 (M)1716	00:51:26	00:49:22	00:26:39 / 1828	12.15
1820	1719	ELERYK PAWEŁ	WARSZAWA			66	M40/314 (M)1717	00:51:27	00:48:34	00:26:47 / 1873	12.35
1821	782	KWIATKOWSKI TOMASZ	CHELM			74	M30/711 (M)1718	00:51:27	00:49:51	00:25:40 / 1520	12.04
1822	3395	BIADUŃ BOGDAN	WARSZAWA			61	M40/315 (M)1719	00:51:27	00:48:33	00:27:30 / 2091	12.36
1823	3754	BANACKI RYSZARD	WARSZAWA			64	M40/316 (M)1720	00:51:27	00:50:34	00:25:50 / 1576	11.87
1824	7029	ZAJKOWSKI KRZYSZTOF	ELBLĄG			76	M30/712 (M)1721	00:51:27	00:51:17	00:25:39 / 1507	11.70
1825	4864	TEODORCZYK TOMASZ	WARSZAWA			72	M30/713 (M)1722	00:51:28	00:49:19	00:26:52 / 1904	12.17
1826	3900	ROŻEK FRANCISZEK	WARSZAWA			56	M50/122 (M)1723	00:51:29	00:51:09	00:23:42 / 936	11.73
1827	3477	JĘCKA JAKUB	WARSZAWA			84	M20/548 (M)1724	00:51:29	00:50:28	00:25:41 / 1522	11.89
1828	4153	JARENTOWSKI MAREK	WARSZAWA			74	M30/714 (M)1725	00:51:29	00:50:23	00:26:10 / 1684	11.91
1829	6805	TRACZ MACIEJ	WARSZAWA			81	M20/549 (M)1726	00:51:29	00:50:45	00:24:43 / 1208	11.82
1830	1133	WALCZUK PIOTR	WARSZAWA			75	M30/715 (M)1727	00:51:30	00:50:36	00:26:14 / 1702	11.86
1831	3010	FOURNIER BORIS	PARYŻ			84	M20/550 (M)1728	00:51:30	00:49:51	00:25:48 / 1563	12.04
1832	4887	FEDOROWICZ SEBASTIAN	WARSZAWA			70	M40/317 (M)1729	00:51:30	00:50:48	00:26:02 / 1635	11.81
1833	4445	PĘDZIWIATR KRZYSIEK	WARSZAWA		PSP	84	M20/551 (M)1730	00:51:30	00:50:16	00:26:55 / 1933	11.94
1834	1791	POŁOWNIAK ANDRZEJ	WARSZAWA			48	M60/16 (M)1731	00:51:31	00:48:43	00:26:57 / 1947	12.32
1835	1800	BANASIAK PIOTR	WARSZAWA		REPUBLIKA DZIECI	70	M40/318 (M)1732	00:51:31	00:49:17	00:26:54 / 1927	12.17
1836	914	JASTRZĘBSKI JACEK	SOCHACZEW		KN AKTYWNI	70	M40/319 (M)1733	00:51:31	00:48:11	00:28:16 / 2379	12.45
1837	56	GARDOCKI BARTOSZ	WARSZAWA		DZIENNIKARZ	84	M20/552 (M)1734	00:51:31	00:50:10	00:26:29 / 1777	11.96
1838	72	DZIOBAK TOMASZ	WARSZAWA		POWERADE	72	M30/716 (M)1735	00:51:32	00:49:52	00:27:10 / 2015	12.03
1839	5884	MARCZAK MICHAŁ	WARSZAWA		KLUB MARATONU WARSZAWSKIEGO	85	M20/553 (M)1736	00:51:32	00:48:48	00:28:17 / 2382	12.30
1840	2928	BOCHEŃSKI MATEUSZ	WARSZAWA			89	M20/554 (M)1737	00:51:32	00:48:48	00:28:17 / 2380	12.30
1841	2226	SZYMCZAK ARTUR	ŻYRARDÓW			83	M20/555 (M)1738	00:51:33	00:48:51	00:27:55 / 2221	12.28
1842	838	KRETKIEWICZ RAFAŁ	PIASECZNO			77	M30/717 (M)1739	00:51:33	00:48:18	00:28:26 / 2436	12.42
1843	3878	GWAREK LUCYNA	RADOM			85	K20/45 (K)104	00:51:33	00:48:31	00:27:36 / 2119	12.37
1844	5008	NOSARZEWSKI BARTEK	STUPSK			93	M20/556 (M)1740	00:51:33	00:49:25	00:27:17 / 2041	12.14



<b>Miejsce Rank</b>	<b>Nr Bib</b>	<b>Nazwisko i imię Name</b>	<b>Miejscowość City</b>	<b>Kraj Nat</b>	<b>Drużyna Team</b>	<b>R-k YoB</b>	<b>W kategorii in Age Sex</b>	<b>Czas Time</b>	<b>Czas Netto</b>	<b>5km</b>	<b>[km/h]</b>
1845	4876	JESINOWICZ BRONISLAW	WARSZAWA			59	M50/123 (M)1741	00:51:33	00:50:26	00:26:25 / 1756	11.90
1846	3974	ZIENOWICZ ARTUR	WARSZAWA			75	M30/718 (M)1742	00:51:34	00:50:45	00:26:41 / 1840	11.82
1847	1811	KAMIŃSKI ROBERT	WARSZAWA			76	M30/719 (M)1743	00:51:34	00:49:19	00:26:55 / 1930	12.17
1848	1765	SUSKI MIREK	ZĄBKI		DOM	72	M30/720 (M)1744	00:51:35	00:49:01	00:27:09 / 2011	12.24
1849	6440	ZIÓŁEK ŁUKASZ	WARSZAWA			75	M30/721 (M)1745	00:51:35	00:50:11	00:25:50 / 1584	11.96
1850	358	KOWALSKA JOANNA				84	K20/46 (K)105	00:51:36	00:50:52	00:25:55 / 1609	11.80
1851	5873	MAKULEC DARIUSZ	SOCHACZEW		"KM III" AKTYWNI III" SOCHACZEW"	69	M40/320 (M)1746	00:51:36	00:48:11	00:29:02 / 2671	12.45
1852	521	NOWAKOWSKI ROBERT	WARSZAWA			76	M30/722 (M)1747	00:51:36	00:50:28	00:27:01 / 1967	11.89
1853	2722	ZUBEK ZENON	WARSZAWA		KLUB WYSOKOGÓRSKI WARSZAWA	76	M30/723 (M)1748	00:51:36	00:47:25	00:27:53 / 2212	12.65
1854	1901	KLUJ MARIUSZ	WARSZAWA			93	M20/557 (M)1749	00:51:36	00:50:05	00:26:42 / 1846	11.98
1855	2900	SIEDLECKI MICHAŁ	WARSZAWA			87	M20/558 (M)1750	00:51:36	00:46:51	00:28:22 / 2412	12.81
1856	1886	SIEDLECKI TOMASZ	GRÓJEC		NIEZRZESZONY	85	M20/559 (M)1751	00:51:37	00:50:31	00:25:12 / 1348	11.88
1857	3889	SOBIERAJSKI HENRYK	WARSZAWA			64	M40/321 (M)1752	00:51:37	00:51:22	00:25:23 / 1408	11.68
1858	4379	WÓJCIK JAN	RADOM			83	M20/560 (M)1753	00:51:38	00:47:11	00:28:49 / 2582	12.72
1859	2553	PLUTA IRENEUSZ	WARSZAWA			62	M40/322 (M)1754	00:51:38	00:49:48	00:26:22 / 1740	12.05
1860	2645	ŚLIWIŃSKI PIOTR	WARSZAWA			84	M20/561 (M)1755	00:51:38	00:50:39	00:25:45 / 1547	11.85
1861	2323	OBLUSKI MICHAŁ	WARSZAWA			83	M20/562 (M)1756	00:51:39	00:50:40	00:25:41 / 1524	11.84
1862	5361	BUSZEWSKI JAKUB	WARSZAWA			86	M20/563 (M)1757	00:51:39	00:50:18	00:26:08 / 1670	11.93
1863	3861	SZYLDEROWICZ WITOLD	DRZONKÓW			61	M40/323 (M)1758	00:51:39	00:49:54	00:26:24 / 1751	12.02
1864	2891	KUC ANNA	WARSZAWA		NASZE-BIEGANIE	73	K30/36 (K)106	00:51:39	00:50:37	00:26:26 / 1765	11.85
1865	6833	BANDSZŁOWSKI KAMIL	WARSZAWA			86	M20/564 (M)1759	00:51:39	00:50:18	00:25:27 / 1429	11.93
1866	3862	KOWALSKI MICHAŁ	WARSZAWA		FC PYYK	86	M20/565 (M)1760	00:51:40	00:50:05	00:25:39 / 1511	11.98
1867	6540	MUZYKA MAURYCY	WARSZAWA			98	M20/566 (M)1761	00:51:40	00:48:52	00:28:37 / 2510	12.28
1868	7056	TĘDZIAGOLSKI TOMASZ	WARSZAWA			78	M30/724 (M)1762	00:51:40	00:47:33	00:28:26 / 2435	12.62
1869	4598	CHUDZIK MACIEJ	JÓZEFÓW		FUNDACJA DZIEKUJE NIE BIORE	74	M30/725 (M)1763	00:51:41	00:50:07	00:26:04 / 1644	11.97
1870	591	SOSZYŃSKA MAŁGORZATA	WARSZAWA			62	K40/22 (K)107	00:51:41	00:49:09	00:27:14 / 2029	12.21
1871	5999	NOSARZEWSKI WALDEMAR	OLSZTYN			67	M40/324 (M)1764	00:51:41	00:49:33	00:27:17 / 2040	12.11
1872	2964	KRUPIŃSKI NORBERT	WAŚEWO			76	M30/726 (M)1765	00:51:41	00:49:18	00:26:40 / 1835	12.17
1873	1806	MAZUR DARIUSZ	WARSZAWA			68	M40/325 (M)1766	00:51:42	00:48:04	00:28:09 / 2321	12.48
1874	391	JAWORSKI PAWEŁ	CHELM			78	M30/727 (M)1767	00:51:43	00:48:00	00:28:04 / 2282	12.50
1875	1431	ONODERA RYO	WARSZAWA			62	M40/326 (M)1768	00:51:43	00:49:09	00:27:52 / 2204	12.21
1876	3680	BIAŁEK PAWEŁ	PIASECZNO			66	M40/327 (M)1769	00:51:43	00:50:34	00:26:16 / 1710	11.87
1877	2202	MICHALEC MAREK	MIŃSK MAZOWIECKI			65	M40/328 (M)1770	00:51:44	00:49:14	00:26:32 / 1793	12.19
1878	1986	TOMCZAK KRZYSZTOF	MILANÓWEK			67	M40/329 (M)1771	00:51:44	00:48:32	00:28:06 / 2297	12.36
1879	4754	POPOWSKI PIOTR	WARSZAWA		ITI FITNESS CLUB	80	M30/728 (M)1772	00:51:44	00:49:49	00:27:44 / 2160	12.04
1880	2246	SOBCZYŃSKI PAWEŁ	WARSZAWA			64	M40/330 (M)1773	00:51:44	00:47:43	00:29:00 / 2659	12.57
1881	8	DRESLER KRZYSZTOF	WARSZAWA		PKO	73	M30/729 (M)1774	00:51:44	00:51:42	00:25:24 / 1413	11.61
1882	1259	ŚWIĘTOŃ GRZEGORZ	STRACHÓW			79	M30/730 (M)1775	00:51:45	00:44:43	00:29:22 / 2804	13.42
1883	2185	PUDZIANOWSKI PIOTR	RADOM		KB WPIONIE.PL	64	M40/331 (M)1776	00:51:45	00:49:43	00:26:52 / 1903	12.07
1884	1145	SKOWRON KAMIL	ZĄBKI			78	M30/731 (M)1777	00:51:45	00:51:01	00:25:52 / 1595	11.76
1885	1683	PTAK PAWEŁ	WARSZAWA			79	M30/732 (M)1778	00:51:46	00:48:54	00:27:01 / 1971	12.27
1886	5547	GUZIŃSKI ANDRZEJ	GDAŃSK			64	M40/332 (M)1779	00:51:46	00:50:49	00:26:02 / 1633	11.81
1887	1036	BUDNICKI GRZEGORZ	WARSZAWA			55	M50/124 (M)1780	00:51:46	00:50:20	00:26:22 / 1738	11.92
1888	407	DZIEKOŃSKI JACEK	KONSTANCIN-JEZIORNA		MARATONYPOLSKIE.PL TEAM	57	M50/125 (M)1781	00:51:47	00:49:35	00:27:00 / 1961	12.10
1889	344	JUREK NORBERT	WARSZAWA			84	M20/567 (M)1782	00:51:47	00:47:57	00:27:34 / 2111	12.51
1890	4024	KAJKA MICHAŁ	PUSZCZA MARIĄŃSKA			92	M20/568 (M)1783	00:51:47	00:48:34	00:28:18 / 2389	12.35
1891	6143	ROSŁOŃSKI MARCIN	WARSZAWA		ACCELERATE	78	M30/733 (M)1784	00:51:47	00:50:32	00:26:57 / 1945	11.87
1892	3076	WIT BARTŁOMIEJ	WARSZAWA			74	M30/734 (M)1785	00:51:47	00:49:38	00:26:36 / 1816	12.09
1893	2218	JANKOWSKI TADEUSZ	WARSZAWA		KS. OTRYT	52	M50/126 (M)1786	00:51:47	00:50:06	00:26:23 / 1747	11.98
1894	4856	KRASUSKI PAWEŁ	SIEDLCE			86	M20/569 (M)1787	00:51:47	00:50:48	00:25:40 / 1517	11.81
1895	5276	BALICKI ROBERT	WARSZAWA			68	M40/333 (M)1788	00:51:48	00:49:34	00:27:24 / 2075	12.10
1896	168	KORZENIOWSKI ROBERT	WARSZAWA		WAWEL KRAKÓW	68	M40/334 (M)1789	00:51:48	00:51:47	00:26:35 / 1811	11.59
1897	3989	PANTA PAWEŁ	WARSZAWA			73	M30/735 (M)1790	00:51:48	00:49:42	00:26:47 / 1879	12.07
1898	2606	KOJRO GRZEGORZ	WARSZAWA		ZWIĄZKOWIEC	84	M20/570 (M)1791	00:51:49	00:51:30	00:25:34 / 1467	11.65
1899	3828	MROWIŃSKI HUBERT	RADZYMIN			81	M20/571 (M)1792	00:51:49	00:48:11	00:28:55 / 2620	12.45
1900	6028	OSTROWSKI WOJCIECH	LUBOŃ			94	M20/572 (M)1793	00:51:49	00:49:16	00:28:10 / 2326	12.18
1901	4881	PODGÓRZAK MARCIN	KARCZEW			82	M20/573 (M)1794	00:51:49	00:49:16	00:28:10 / 2327	12.18
1902	4837	DZIACZKOWSKI JAN	WARSZAWA			83	M20/574 (M)1795	00:51:49	00:47:01	00:28:27 / 2440	12.76

<b>Miejsce Rank</b>	<b>Nr Bib</b>	<b>Nazwisko i imię Name</b>	<b>Miejscowość City</b>	<b>Kraj Nat</b>	<b>Drużyna Team</b>	<b>R-k YoB</b>	<b>W kategorii in Age Sex</b>	<b>Czas Time</b>	<b>Czas Netto</b>	<b>5km</b>	<b>[km/h]</b>
1903	1032	WIĘCKOWSKI KRZYSZTOF	WARSZAWA			78	M30/736 (M)1796	00:51:50	00:48:16	00:28:28 / 2452	12.43
1904	678	SZTOBRYN ALEKSANDER	KOZIENICE			85	M20/575 (M)1797	00:51:50	00:51:30	00:25:41 / 1523	11.65
1905	2561	CHMIELEWSKI JACEK	WARSZAWA			67	M40/335 (M)1798	00:51:50	00:50:17	00:26:46 / 1867	11.93
1906	6205	SOCHOCKI MARCIN	PŁOCK		SEKCJA MRÓZ - MORSY PŁOCK	79	M30/737 (M)1799	00:51:50	00:48:34	00:27:52 / 2209	12.35
1907	2213	KARPIŃSKI BARTOSZ	WARSZAWA			73	M30/738 (M)1800	00:51:51	00:51:22	00:24:40 / 1193	11.68
1908	812	ENGEL MARCIN	GRODZISK MAZOWIECKI			71	M30/739 (M)1801	00:51:51	00:49:14	00:26:51 / 1898	12.19
1909	915	ORZECZOWSKI KRZYSZTOF	SOCHACZEW			49	M60/17 (M)1802	00:51:51	00:48:31	00:28:17 / 2385	12.37
1910	3796	SZYSZKA SEBASTIAN	GARWOLIN		TRUCHTACZ.PL	71	M30/740 (M)1803	00:51:51	00:49:24	00:26:51 / 1896	12.15
1911	2408	HADYŚ MARCIN	JÓZEFOSŁAW			79	M30/741 (M)1804	00:51:51	00:48:45	00:27:30 / 2095	12.31
1912	3691	ZALEWSKI KSAWERY	WARSZAWA			47	M60/18 (M)1805	00:51:51	00:50:25	00:26:12 / 1695	11.90
1913	5649	KĄZMIERCZAK PIOTR	WARSZAWA			74	M30/742 (M)1806	00:51:51	00:48:09	00:28:00 / 2255	12.46
1914	1130	CHEBDA KRZYSZTOF	NOWY DWÓR			93	M20/576 (M)1807	00:51:52	00:49:57	00:26:31 / 1786	12.01
1915	2773	OLEŚNY BARTOSZ	FALENTY DUŻE			76	M30/743 (M)1808	00:51:53	00:48:39	00:27:30 / 2092	12.33
1916	6181	SIERADZKI ŁUKASZ	MIASKÓW KOŚCIELNY		RUNNINGTEAMMIASKÓW	94	M20/577 (M)1809	00:51:53	00:49:38	00:26:52 / 1908	12.09
1917	3932	GESUMUNNO PAOLO	WARSZAWA			59	M50/127 (M)1810	00:51:53	00:50:08	00:26:20 / 1731	11.97
1918	227	KOŚCIELNIAK MARIAN	N.DWÓR MAZ.		JOGGER	40	M70/1 (M)1811	00:51:54	00:51:45	00:25:51 / 1588	11.59
1919	485	CIEMIŃSKI KRZYSZTOF	WARSZAWA		*****	69	M40/336 (M)1812	00:51:54	00:49:14	00:27:50 / 2188	12.19
1920	3281	KWIATKOWSKI STEFAN	WARSZAWA			53	M50/128 (M)1813	00:51:54	00:48:42	00:27:38 / 2128	12.32
1921	612	SZYMAŃSKI MATEUSZ	KAMION		OSP KAMION	92	M20/578 (M)1814	00:51:54	00:48:14	00:28:08 / 2312	12.44
1922	6868	KUSAWSKI TOMASZ	JÓZEFÓW			80	M30/744 (M)1815	00:51:54	00:51:31	00:25:28 / 1434	11.65
1923	4164	KICEK ZDZISŁAW	BABOSZEWO			74	M30/745 (M)1816	00:51:55	00:49:16	00:27:15 / 2031	12.18
1924	592	KUŁAKOWSKI PIOTR	KONSTANCIN-JEZIORNA			57	M50/129 (M)1817	00:51:55	00:49:24	00:27:33 / 2106	12.15
1925	1294	STEFANIAK MARIUSZ	WROCLAW		K.B. VAMOS AMIGOS	71	M30/746 (M)1818	00:51:55	00:48:23	00:28:19 / 2399	12.40
1926	5761	KRZYKOWSKI PAWEŁ	PRZASNYSZ			73	M30/747 (M)1819	00:51:55	00:50:43	00:25:24 / 1411	11.83
1927	2550	MIESZKOWSKI MARCIN	WARSZAWA			81	M20/579 (M)1820	00:51:55	00:48:46	00:28:13 / 2354	12.30
1928	6772	PIECZYK TOMASZ	GDAŃSK			85	M20/580 (M)1821	00:51:55	00:50:03	00:26:21 / 1736	11.99
1929	1618	NOWAK SŁAWOMIR	WARSZAWA			70	M40/337 (M)1822	00:51:56	00:50:05	00:26:46 / 1865	11.98
1930	2633	ZAJĄC GRZEGORZ	NADARZYN			84	M20/581 (M)1823	00:51:56	00:50:01	00:28:03 / 2274	12.00
1931	6668	KLAMMER MARCIN	WARSZAWA			70	M40/338 (M)1824	00:51:56	00:49:51	00:27:08 / 2004	12.04
1932	3550	PLATEK TOMASZ	WARSZAWA-WESOLA		TKKF WESOLA	76	M30/748 (M)1825	00:51:57	00:50:00	00:27:48 / 2178	12.00
1933	6356	WIERCIAŃSKI DANIEL	WARSZAWA			84	M20/582 (M)1826	00:51:57	00:49:18	00:27:07 / 1997	12.17
1934	2918	SKRZYPCZAK HUBERT	PRUSZKÓW			79	M30/749 (M)1827	00:51:57	00:50:04	00:27:52 / 2207	11.98
1935	337	KACZYŃSKI KRZYSZTOF	GARWOLIN			81	M20/583 (M)1828	00:51:58	00:49:59	00:26:18 / 1719	12.00
1936	4231	SKOCZYŁAS PAWEŁ	WARSZAWA			84	M20/584 (M)1829	00:51:58	00:49:11	00:27:21 / 2063	12.20
1937	4315	KULAK KLAUDIUSZ	WARSZAWA		BRAK	77	M30/750 (M)1830	00:51:58	00:48:21	00:28:58 / 2643	12.41
1938	926	PAWŁOWSKA JOLANTA	WARSZAWA		ALETEMPO	59	K50/3 (K)108	00:51:59	00:49:37	00:27:12 / 2021	12.09
1939	4904	JOŃCZYK DANIEL	PNIEWY			81	M20/585 (M)1831	00:51:59	00:51:38	00:25:21 / 1398	11.62
1940	4105	GIERCZAK KUBA	WARSZAWA		RAIFFEISEN LEASING RUNNERS	79	M30/751 (M)1832	00:51:59	00:49:00	00:27:46 / 2168	12.24
1941	2044	KIELISZCZYK GRZEGORZ	DUCHNÓW			63	M40/339 (M)1833	00:52:00	00:49:15	00:28:11 / 2340	12.18
1942	2749	LEJMAN ADAM	WARSZAWA			69	M40/340 (M)1834	00:52:00	00:49:10	00:27:20 / 2057	12.20
1943	244	OSYTEK ARTUR	WARSZAWA		ZARZĄD DRÓG MIEJSKICH	60	M50/130 (M)1835	00:52:00	00:51:32	00:25:16 / 1365	11.64
1944	4236	KOWALIK DANIEL	CHOTOMÓW		GRUPA BIEGOWA CHTMO	82	M20/586 (M)1836	00:52:00	00:50:07	00:26:55 / 1929	11.97
1945	3781	BOGLE THOMAS	WARSZAWA			77	M30/752 (M)1837	00:52:00	00:48:22	00:29:02 / 2669	12.41
1946	3547	JAROSIŃSKI ARKADIUSZ	WARSZAWA		SCIEZKA BIEGOWA POLE MOKOTOWSKIE	77	M30/753 (M)1838	00:52:01	00:50:22	00:25:48 / 1561	11.91
1947	3879	MAKAREWICZ ROBERT	WARSZAWA		ŚCIEZKA POLE MOKOTOWSKIE	65	M40/341 (M)1839	00:52:01	00:50:22	00:25:49 / 1568	11.91
1948	6180	SIEŃCZYK MARCIN	WARSZAWA			78	M30/754 (M)1840	00:52:01	00:49:25	00:27:16 / 2035	12.14
1949	64	STĘPNIIEWSKI JACEK	WARSZAWA		POWERADE	67	M40/342 (M)1841	00:52:01	00:51:57	00:24:58 / 1270	11.55
1950	5836	LUBERADZKI PAWEŁ	WARSZAWA			82	M20/587 (M)1842	00:52:01	00:49:36	00:26:56 / 1939	12.10
1951	720	SUCHCICKI MAREK	JASZENICA			77	M30/755 (M)1843	00:52:02	00:51:05	00:26:17 / 1714	11.75
1952	2947	SAUERWALD THOMAS	WARSZAWA		PEPYS	64	M40/343 (M)1844	00:52:02	00:51:39	00:25:34 / 1468	11.62
1953	3593	DŁUGOLEŃCKI PAWEŁ	WARSZAWA			82	M20/588 (M)1845	00:52:02	00:50:18	00:27:03 / 1981	11.93
1954	746	AWSIUKIEWICZ MAREK	KARCZEW		12TRI.PL	72	M30/756 (M)1846	00:52:03	00:50:14	00:27:00 / 1963	11.94
1955	2230	KOSTRZEWA WALDEMAR	MILANÓWEK		NIEZRZESZONY	48	M60/19 (M)1847	00:52:03	00:50:28	00:26:47 / 1874	11.89
1956	1331	ULEWICZ JAKUB	WARSZAWA			67	M40/344 (M)1848	00:52:03	00:49:02	00:28:00 / 2259	12.24
1957	4698	ŚWIĘCONEK PIOTR	WARSZAWA		DB MARATHON TEAM	77	M30/757 (M)1849	00:52:03	00:50:18	00:26:24 / 1753	11.93
1958	1781	SZCZUROWSKI TOMASZ	WARSZAWA			91	M20/589 (M)1850	00:52:04	00:50:00	00:26:31 / 1791	12.00
1959	2549	PLISIŃSKI ŁUKASZ	LIPNO			83	M20/590 (M)1851	00:52:04	00:48:55	00:28:14 / 2356	12.27
1960	15	KURZAJEWSKI MACIEJ	WARSZAWA WESOLA		ASICS	73	M30/758 (M)1852	00:52:04	00:52:02	00:25:37 / 1497	11.53

<b>Miejsce Rank</b>	<b>Nr Bib</b>	<b>Nazwisko i imię Name</b>	<b>Miejscowość City</b>	<b>Kraj Nat</b>	<b>Drużyna Team</b>	<b>R-k YoB</b>	<b>W kategorii in Age</b>	<b>Sex</b>	<b>Czas Time</b>	<b>Czas Netto</b>	<b>5km</b>	<b>[km/h]</b>
1961	6864	KARAŚ MARIA	SULEJÓWEK			86	K20/47	(K)109	00:52:04	00:48:51	00:27:56 / 2230	12.28
1962	1464	ZASADA MICHAŁ	WARSZAWA			49	M60/20	(M)1853	00:52:05	00:50:17	00:26:55 / 1928	11.93
1963	577	WRÓBLEWSKI SEBASTIAN	WARSZAWA		POSNET POLSKA	75	M30/759	(M)1854	00:52:06	00:50:17	00:28:17 / 2386	11.93
1964	4603	WALKIEWICZ JAN	WARSZAWA			73	M30/760	(M)1855	00:52:06	00:48:40	00:27:49 / 2187	12.33
1965	4616	CHLEBOWSKI TOMASZ	WARSZAWA		RUN IS FUN	88	M20/591	(M)1856	00:52:06	00:49:41	00:26:49 / 1887	12.08
1966	1670	POPIELARCZYK MACIEK	WARSZAWA			93	M20/592	(M)1857	00:52:07	00:50:18	00:26:24 / 1755	11.93
1967	1368	SUCHTA ADRIAN	WARSZAWA			92	M20/593	(M)1858	00:52:07	00:50:44	00:26:34 / 1809	11.83
1968	1367	BOBRYK KAROL	WARSZAWA			95	M20/594	(M)1859	00:52:07	00:50:44	00:26:34 / 1808	11.83
1969	2593	ROGAŁA SŁAWOMIR	WARSZAWA			60	M50/131	(M)1860	00:52:07	00:49:13	00:27:38 / 2130	12.19
1970	2122	BARAN ZENON	WARSZAWA			60	M50/132	(M)1861	00:52:07	00:44:15	00:29:51 / 2990	13.56
1971	1710	SYMONOWICZ JACEK	WARSZAWA		JARTOM TEAM	71	M30/761	(M)1862	00:52:08	00:51:48	00:25:07 / 1329	11.58
1972	4885	GORGON TOMASZ	WARSZAWA		BKKK	78	M30/762	(M)1863	00:52:08	00:51:26	00:26:16 / 1706	11.67
1973	2665	MOSTOWSKA JOANNA	WARSZAWA			82	K20/48	(K)110	00:52:08	00:50:18	00:28:05 / 2285	11.93
1974	4967	RUTKOWSKI FILIP	WARSZAWA			83	M20/595	(M)1864	00:52:08	00:47:28	00:29:00 / 2653	12.64
1975	4399	WOŹNIAK MIKOŁAJ	WARSZAWA			80	M30/763	(M)1865	00:52:08	00:48:56	00:29:31 / 2865	12.26
1976	203	KWIATEK JAROSŁAW	WOŁOMIN			71	M30/764	(M)1866	00:52:08	00:50:19	00:28:07 / 2303	11.92
1977	3531	CISZAK TOMASZ	WARSZAWA			72	M30/765	(M)1867	00:52:09	00:50:10	00:27:19 / 2053	11.96
1978	1808	KOZAŁ MARCIN	WARSZAWA		PLAY RUNNING TEAM	76	M30/766	(M)1868	00:52:09	00:49:13	00:27:48 / 2179	12.19
1979	5637	KARŁOWICZ ANNA	WARSZAWA		KB GYMNASION	73	K30/37	(K)111	00:52:09	00:50:27	00:26:45 / 1863	11.89
1980	514	KURIATA MARCIN	WARSZAWA			75	M30/767	(M)1869	00:52:10	00:49:10	00:27:59 / 2254	12.20
1981	1928	MACIEJCZYK MARCIN	WARSZAWA			77	M30/768	(M)1870	00:52:10	00:48:28	00:27:39 / 2133	12.38
1982	4194	ROZWADOWSKI ADAM	WISZNICE			89	M20/596	(M)1871	00:52:10	00:49:20	00:27:02 / 1976	12.16
1983	2767	PRZEDWOLSKI TOMASZ				79	M30/769	(M)1872	00:52:10	00:50:47	00:26:52 / 1905	11.81
1984	5805	LASKOWSKI GRZEGORZ	POŚWIĘTNE			68	M40/345	(M)1873	00:52:11	00:50:19	00:26:57 / 1944	11.92
1985	709	OWSIANKO MAREK	WARSZAWA			71	M30/770	(M)1874	00:52:11	00:48:44	00:28:07 / 2298	12.31
1986	3328	OŚCIŁOWSKI MARCIN	WARSZAWA			74	M30/771	(M)1875	00:52:11	00:48:42	00:28:31 / 2477	12.32
1987	4509	FUDAŁA ADAM	WARSZAWA			79	M30/772	(M)1876	00:52:12	00:49:42	00:27:50 / 2190	12.07
1988	447	URBAŃSKI ARTUR	WARSZAWA			72	M30/773	(M)1877	00:52:13	00:49:57	00:27:26 / 2083	12.01
1989	3977	DORF TOMASZ	WARSZAWA			71	M30/774	(M)1878	00:52:13	00:50:36	00:27:00 / 1958	11.86
1990	2477	GONTARCZYK MARIUSZ	WARSZAWA			74	M30/775	(M)1879	00:52:14	00:49:34	00:27:30 / 2094	12.10
1991	4629	ZIELIŃSKI DAMIAN	WARSZAWA			86	M20/597	(M)1880	00:52:14	00:50:37	00:26:36 / 1817	11.85
1992	1226	ŁACIŃSKI JAROMIR	KWIRYNÓW			70	M40/346	(M)1881	00:52:14	00:50:06	00:26:59 / 1955	11.98
1993	4479	WOJCIECHOWSKI MICHAŁ	WARSZAWA			79	M30/776	(M)1882	00:52:14	00:49:17	00:27:56 / 2235	12.17
1994	1641	SŁOWIŃSKI MAREK	WARSZAWA			74	M30/777	(M)1883	00:52:14	00:51:20	00:26:32 / 1796	11.69
1995	4654	OCHOŃSKI MARCIN	KRAKÓW			78	M30/778	(M)1884	00:52:14	00:48:48	00:28:30 / 2469	12.30
1996	3984	ŻULICKI KAMIL	SKARŻYSKO - KAMIENNA			82	M20/598	(M)1885	00:52:15	00:50:49	00:26:43 / 1850	11.81
1997	520	PROKOPIENKO MAREK	WARSZAWA			76	M30/779	(M)1886	00:52:15	00:51:07	00:27:01 / 1968	11.74
1998	4263	FILEK MIKOŁAJ	PRUSZKÓW		HEMP TEAM PRUSZKÓW	85	M20/599	(M)1887	00:52:15	00:51:26	00:27:42 / 2151	11.67
1999	3864	ROGOWSKI PIOTR	WARSZAWA			85	M20/600	(M)1888	00:52:15	00:49:17	00:27:37 / 2120	12.17
2000	1715	KOWALSKI ADAM	BIAŁA PODLASKA			57	M50/133	(M)1889	00:52:16	00:48:19	00:28:32 / 2479	12.42
2001	3940	MALEC GRZEGORZ	WARSZAWA			79	M30/780	(M)1890	00:52:16	00:50:34	00:27:31 / 2098	11.87
2002	4838	LEWICKI MICHAŁ	WARSZAWA			67	M40/347	(M)1891	00:52:16	00:47:34	00:30:04 / 3075	12.61
2003	435	SZEWCZYK MICHAŁ	WARSZAWA			86	M20/601	(M)1892	00:52:17	00:49:35	00:28:02 / 2270	12.10
2004	4321	KAPOLKA ROBERT	WARSZAWA			87	M20/602	(M)1893	00:52:17	00:49:25	00:28:06 / 2290	12.14
2005	593	BELC PIOTR	WARSZAWA			77	M30/781	(M)1894	00:52:17	00:49:45	00:27:39 / 2135	12.06
2006	1894	RACHUBIŃSKI MICHAŁ	WARSZAWA			88	M20/603	(M)1895	00:52:17	00:48:25	00:28:39 / 2522	12.39
2007	2011	LENIARSKI RADOŚLAW	WARSZAWA		GAZETA WYBORCZA/POLSKA BIEGA	64	M40/348	(M)1896	00:52:18	00:50:58	00:25:31 / 1449	11.77
2008	2845	DZIEMIDEK TOMASZ	WARSZAWA			75	M30/782	(M)1897	00:52:18	00:50:21	00:27:14 / 2028	11.92
2009	4717	DANILUK GRZEGORZ	PRUSZKÓW			66	M40/349	(M)1898	00:52:18	00:48:32	00:28:37 / 2509	12.36
2010	3988	KOROŚ DARIUSZ	CHYLICZKI			63	M40/350	(M)1899	00:52:19	00:49:32	00:28:03 / 2276	12.11
2011	42	LEGIERSKI KRYSZTIAN	WARSZAWA		BIURO POSELSKIE	78	M30/783	(M)1900	00:52:19	00:52:18	00:25:32 / 1455	11.47
2012	721	GRUCZA RADOMIR	ŁOMIANKI			67	M40/351	(M)1901	00:52:20	00:49:17	00:27:51 / 2197	12.17
2013	3191	DRYJAŃSKI TOMASZ	WARSZAWA			72	M30/784	(M)1902	00:52:20	00:49:13	00:28:22 / 2415	12.19
2014	808	BUNICZ SEBASTIAN	WARSZAWA			81	M20/604	(M)1903	00:52:21	00:51:03	00:26:26 / 1763	11.75
2015	2435	BARANOWSKI ZBIGNIEW	MARKI			60	M50/134	(M)1904	00:52:21	00:49:00	00:28:13 / 2348	12.24
2016	1631	MARCINIAK ZBIGNIEW	WARSZAWA			71	M30/785	(M)1905	00:52:21	00:51:15	00:27:03 / 1982	11.71
2017	2149	WOJCIECHOWSKI TOMASZ			BGK	66	M40/352	(M)1906	00:52:22	00:51:56	00:25:41 / 1521	11.55
2018	814	KONARZEWSKI ADAM	LEGIONOWO			91	M20/605	(M)1907	00:52:23	00:49:13	00:28:17 / 2383	12.19

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Czas Netto	5km	[km/h]
2019	1129	KNAP WOJCIECH	WARSZAWA			60	M50/135 (M)1908	00:52:23	00:50:06	00:27:05 / 1990	11.98
2020	6124	RĄCZKA PIOTR	ZALESIE GÓRNE			80	M30/786 (M)1909	00:52:23	00:50:30	00:26:24 / 1750	11.88
2021	6144	RÓŻYCKI KONRAD	WARSZAWA		LECHICI ZIELONKA	62	M40/353 (M)1910	00:52:23	00:50:30	00:26:22 / 1742	11.88
2022	1611	OLUBIEC PIOTR	WARSZAWA		KB TP	68	M40/354 (M)1911	00:52:24	00:51:19	00:26:07 / 1665	11.69
2023	806	WANIEK JAKUB	WARSZAWA			71	M30/787 (M)1912	00:52:24	00:50:39	00:26:19 / 1727	11.85
2024	5296	BEDNAREK JACEK	PIASECZNO			67	M40/355 (M)1913	00:52:24	00:51:25	00:26:28 / 1775	11.67
2025	963	KASPRZAK ZBIGNIEW	WARSZAWA			74	M30/788 (M)1914	00:52:24	00:48:58	00:27:48 / 2181	12.25
2026	1870	PERZ MARCIN	WARSZAWA			82	M20/606 (M)1915	00:52:24	00:48:58	00:29:25 / 2826	12.25
2027	2337	WALCZAK MICHAŁ	GRODZISK MAZOWIECKI			87	M20/607 (M)1916	00:52:24	00:50:12	00:27:54 / 2214	11.95
2028	2492	DOBRZYCKI ROBERT	KOBYŁKA			73	M30/789 (M)1917	00:52:24	00:51:10	00:28:32 / 2481	11.73
2029	5471	FENDLER ROBERT	WARSZAWA		BELSKA_SQUAD	86	M20/608 (M)1918	00:52:24	00:49:46	00:27:35 / 2113	12.06
2030	1824	PAC BARTOSZ	WARSZAWA			81	M20/609 (M)1919	00:52:25	00:51:52	00:25:36 / 1483	11.57
2031	6359	WIĘCKOWSKI JAREK	WARKA		KB PULASKI	70	M40/356 (M)1920	00:52:25	00:49:43	00:28:43 / 2544	12.07
2032	4537	FRANKIEWICZ GABRIELA	KOMORÓW			83	K20/49 (K)112	00:52:25	00:51:00	00:26:53 / 1911	11.76
2033	632	URBANIAK MATEUSZ	WARSZAWA		UKS OLIMPUS	93	M20/610 (M)1921	00:52:26	00:49:46	00:28:28 / 2451	12.06
2034	1956	DE GROOT JAN	PIASECZNO		AVON	69	M40/357 (M)1922	00:52:26	00:49:23	00:27:40 / 2139	12.15
2035	4047	SUCHECKI ARKADIUSZ	WARSZAWA		-	79	M30/790 (M)1923	00:52:26	00:51:45	00:26:02 / 1636	11.59
2036	1597	WOŁOZYN PAWEŁ	NADARZYN		MINISTERSTWO ROLNICTWA I ROZWOJU WSI	80	M40/358 (M)1924	00:52:27	00:50:04	00:27:43 / 2153	11.98
2037	3020	KUCIŃSKI ŁUKASZ	WARSZAWA			78	M30/791 (M)1925	00:52:27	00:48:27	00:28:29 / 2462	12.38
2038	4066	ROTKIEWICZ MIKOŁAJ	WARSZAWA			74	M30/792 (M)1926	00:52:27	00:49:03	00:28:21 / 2407	12.23
2039	311	KRÓL DOROTA	RASZYN			86	K20/50 (K)113	00:52:28	00:51:08	00:27:07 / 1999	11.73
2040	2146	KACZOR TOMASZ			BGK	73	M30/793 (M)1927	00:52:28	00:49:38	00:28:20 / 2403	12.09
2041	2736	MARCZAK ANDRZEJ	WARSZAWA			69	M40/359 (M)1928	00:52:28	00:49:30	00:28:06 / 2292	12.12
2042	2768	PRZEDWOLSKI MACIEJ	WARSZAWA			53	M50/136 (M)1929	00:52:29	00:50:33	00:26:58 / 1950	11.87
2043	4484	BACIŃSKA AGNIESZKA	WARSZAWA			82	K20/51 (K)114	00:52:29	00:49:57	00:27:51 / 2200	12.01
2044	1536	MALINOWSKI JERZY	05-850 OŻARÓW			61	M40/360 (M)1930	00:52:30	00:49:49	00:27:30 / 2093	12.04
2045	1276	KULKA DARIUSZ	GRODZISK MAZOWIECKI			75	M30/794 (M)1931	00:52:30	00:50:02	00:26:56 / 1940	11.99
2046	3507	PAŁASIEWICZ GRZEGORZ	WARSZAWA			54	M50/137 (M)1932	00:52:30	00:50:32	00:26:45 / 1864	11.87
2047	313	ŻMUDA MICHAŁ	RASZYN			77	M30/795 (M)1933	00:52:31	00:51:11	00:27:08 / 2007	11.72
2048	955	MANUSZEWSKI ADRIAN			WKB META LUBLINIEC	79	M30/796 (M)1934	00:52:31	00:49:02	00:28:09 / 2317	12.24
2049	954	POTRZAŚAJ ANNA	LUBLIN			87	K20/52 (K)115	00:52:31	00:49:02	00:28:09 / 2318	12.24
2050	1643	POŁASKI DARIUSZ	RADZYMIN		KB-REBUS	75	M30/797 (M)1935	00:52:31	00:49:25	00:28:34 / 2493	12.14
2051	2610	MARCZUK MALWINA	WARSZAWA			87	K20/53 (K)116	00:52:31	00:52:27	00:25:56 / 1611	11.44
2052	6057	PIANKA KRZYSZTOF	BIALYSTOK			59	M50/138 (M)1936	00:52:31	00:47:51	00:29:13 / 2735	12.54
2053	4264	MILCZARCZYK TOMASZ	NOWY BAZANÓW		PSP	76	M30/798 (M)1937	00:52:31	00:51:17	00:26:57 / 1943	11.70
2054	352	CYBULSKI ADAM	WARSZAWA			61	M40/361 (M)1938	00:52:32	00:50:26	00:27:51 / 2202	11.90
2055	936	KOTWAS ROBERT	NIEPORĘT			73	M30/799 (M)1939	00:52:32	00:51:12	00:26:13 / 1700	11.72
2056	6233	STĘPNIOWSKI SEBASTIAN	NADARZYN		JAGRAM S.A.	85	M20/611 (M)1940	00:52:32	00:50:29	00:28:03 / 2275	11.89
2057	880	SKIERKOWSKI WŁODZIMIERZ	KOMORÓW			71	M30/800 (M)1941	00:52:33	00:49:27	00:27:59 / 2252	12.13
2058	2269	CHABROWSKI BARTEK	WARSZAWA			70	M40/362 (M)1942	00:52:33	00:51:10	00:27:17 / 2045	11.73
2059	2904	ZWIERZ MICHAŁ	WARSZAWA			73	M30/801 (M)1943	00:52:33	00:49:43	00:29:11 / 2721	12.07
2060	7141	OGONOWSKI JACEK	KRAKÓW			46	M60/21 (M)1944	00:52:33	00:52:03	00:26:01 / 1630	11.53
2061	1856	JAKUBASZEK MONIKA	WARSZAWA			80	K30/38 (K)117	00:52:34	00:49:12	00:28:05 / 2289	12.20
2062	416	ŚWIETULSKI KONRAD	MARKI			84	M20/612 (M)1945	00:52:34	00:49:10	00:28:43 / 2546	12.20
2063	417	KWIECIEŃ MAREK	MARKI			84	M20/613 (M)1946	00:52:34	00:49:10	00:28:43 / 2547	12.20
2064	2007	ORMAN KAMIL MICHAŁ	GRÓJEC			87	M20/614 (M)1947	00:52:34	00:50:32	00:28:08 / 2314	11.87
2065	3340	BARTNIK ANDRZEJ	WARSZAWA		WAT WARSZAWA	60	M50/139 (M)1948	00:52:34	00:49:11	00:28:19 / 2396	12.20
2066	6253	SZCZEPANIK TOMASZ	CZĘSTOCHOWA		ZABIEGANI CZĘSTOCHOWA	67	M40/363 (M)1949	00:52:35	00:49:49	00:28:07 / 2306	12.04
2067	4374	KARASIŃSKA ANNA	WARSZAWA			86	K20/54 (K)118	00:52:35	00:50:23	00:27:27 / 2085	11.91
2068	3484	ANTCZAK REMIGIUSZ	WARSZAWA			66	M40/364 (M)1950	00:52:35	00:50:58	00:25:36 / 1488	11.77
2069	4643	PACHOCKI ROBERT	WARSZAWA			66	M40/365 (M)1951	00:52:35	00:49:19	00:28:05 / 2287	12.17
2070	1660	RUDECKI ANDRZEJ				61	M40/366 (M)1952	00:52:36	00:47:48	00:29:22 / 2807	12.55
2071	4318	KACPERSKI JĘDREK	WARSZAWA			93	M20/615 (M)1953	00:52:36	00:51:13	00:27:18 / 2047	11.71
2072	5496	GERULA ANDRZEJ	WARSZAWA		KATAPULCI	83	M20/616 (M)1954	00:52:36	00:50:22	00:28:27 / 2439	11.91
2073	3642	MARCINIAK ŁUKASZ	WARSZAWA			81	M20/617 (M)1955	00:52:37	00:51:36	00:26:10 / 1686	11.63
2074	1485	WIĘCZEK JOLANTA	WARSZAWA			69	K40/23 (K)119	00:52:37	00:47:49	00:29:23 / 2809	12.55
2075	3767	LASOTA ZBIGNIEW	WARSZAWA			55	M50/140 (M)1956	00:52:38	00:51:23	00:26:22 / 1739	11.68
2076	1132	ZDUŃCZYK KATARZYNA	WARSZAWA			74	K30/39 (K)120	00:52:38	00:51:44	00:26:27 / 1768	11.60

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Czas Netto	5km	[km/h]
2077	6209	SOŻYŃSKI MACIEJ	WROCLAW			59	M50/141 (M)1957	00:52:38	00:49:46	00:27:47 / 2174	12.06
2078	3074	ADAMIUK ŁUKASZ	BIALA PODLASKA			89	M20/618 (M)1958	00:52:38	00:49:48	00:28:32 / 2484	12.05
2079	2983	GONTAR MICHAŁ	WARSZAWA			67	M40/367 (M)1959	00:52:38	00:51:45	00:28:07 / 2302	11.59
2080	4220	TYBURC PAWEŁ	WARSZAWA			73	M30/802 (M)1960	00:52:38	00:52:22	00:25:08 / 1336	11.46
2081	314	ZASĄCZKOWSKI CEZARY	RASZYN			84	M20/619 (M)1961	00:52:39	00:51:19	00:27:09 / 2010	11.69
2082	4173	MICHALIK JACEK	OSTRÓW			83	M20/620 (M)1962	00:52:39	00:48:48	00:29:05 / 2687	12.30
2083	2860	SIWOŃ EWA	WARSZAWA		ETRAMPKI.PL	73	K30/40 (K)121	00:52:40	00:50:49	00:28:04 / 2281	11.81
2084	2629	PRZYBYŁ MAREK	WARSZAWA			76	M30/803 (M)1963	00:52:40	00:49:52	00:28:11 / 2336	12.03
2085	3963	KUCIAK BARTOSZ	WARSZAWA			75	M30/804 (M)1964	00:52:40	00:49:57	00:28:49 / 2581	12.01
2086	6012	OKOŁÓW GRZEGORZ	IZABELIN			70	M40/368 (M)1965	00:52:40	00:51:23	00:26:22 / 1744	11.68
2087	6269	SZULIM ŁUKASZ	WYSZKÓW			95	M20/621 (M)1966	00:52:40	00:51:38	00:27:26 / 2082	11.62
2088	238	LESIK TOMASZ	LUBLINIEC		CROSS	55	M50/142 (M)1967	00:52:40	00:50:55	00:26:41 / 1842	11.78
2089	4630	ZIELIŃSKI KRZYSZTOF	WARSZAWA			59	M50/143 (M)1968	00:52:40	00:51:37	00:28:30 / 2471	11.62
2090	537	WAKE DOUG	WARSZAWA			59	M50/144 (M)1969	00:52:41	00:49:59	00:28:04 / 2283	12.00
2091	3735	HANBOWSKI WOJCIECH	WARSZAWA			56	M50/145 (M)1970	00:52:41	00:51:53	00:26:49 / 1885	11.56
2092	4810	SIEŃCZYK RAFAŁ	MARKI			77	M30/805 (M)1971	00:52:42	00:49:12	00:28:31 / 2472	12.20
2093	2221	WAŚ WOJCIECH	WARSZAWA			59	M50/146 (M)1972	00:52:43	00:51:10	00:27:11 / 2018	11.73
2094	624	ROZKRUT RYSZARD	WARSZAWA			57	M50/147 (M)1973	00:52:43	00:51:58	00:25:40 / 1519	11.55
2095	7097	PAWŁAK PIOTR	BRODNICA			73	M30/806 (M)1974	00:52:43	00:52:23	00:25:28 / 1432	11.45
2096	4751	KRASOŃ MARCIN	MYSIADŁO			81	M20/622 (M)1975	00:52:44	00:50:41	00:27:49 / 2183	11.84
2097	1680	KLAUZA WOJCIECH	PRUSZKÓW			71	M30/807 (M)1976	00:52:44	00:51:03	00:26:37 / 1822	11.75
2098	4600	KOTYNIA MAŁGORZATA	WARSZAWA			80	K30/41 (K)122	00:52:45	00:52:05	00:26:30 / 1779	11.52
2099	2686	CINIUSZEK IZABELLA	PRUSZKÓW		TEAMX	79	K30/42 (K)123	00:52:45	00:51:14	00:26:44 / 1854	11.71
2100	2614	KURASZ WOJCIECH	WARSZAWA			62	M40/369 (M)1977	00:52:45	00:48:36	00:28:27 / 2444	12.35
2101	3371	SZAŁKOWSKI DAWID	WARSZAWA			78	M30/808 (M)1978	00:52:45	00:52:35	00:25:42 / 1528	11.41
2102	3967	JAWOR MACIEJ	SANOK			84	M20/623 (M)1979	00:52:45	00:49:50	00:28:13 / 2352	12.04
2103	357	KOPEĆ MATEUSZ	WARSZAWA			87	M20/624 (M)1980	00:52:46	00:49:13	00:28:23 / 2422	12.19
2104	4564	TROCHYMIAK MICHAŁ	WARSZAWA			87	M20/625 (M)1981	00:52:46	00:51:13	00:27:03 / 1979	11.71
2105	3100	GLINIEWICZ ALEKSANDRA	WARSZAWA		KB GYMNASION WARSZAWA	55	K50/4 (K)124	00:52:47	00:49:06	00:28:40 / 2527	12.22
2106	3338	ŁEPSKA MARCELINA	WARSZAWA			86	K20/55 (K)125	00:52:47	00:49:43	00:28:40 / 2529	12.07
2107	586	CECHOWSKI TOMASZ	OSTROŁĘKA		POLSKA BIEGA	85	M20/626 (M)1982	00:52:48	00:51:17	00:26:26 / 1761	11.70
2108	6093	PÓLTORAK KRZYSZTOF	WARSZAWA			77	M30/809 (M)1983	00:52:48	00:48:58	00:28:54 / 2613	12.25
2109	2231	SZYMERSEKI MICHAŁ	WARSZAWA			85	M20/627 (M)1984	00:52:48	00:49:25	00:28:33 / 2487	12.14
2110	6090	POTYRA ANDRZEJ	WARSZAWA			81	M20/628 (M)1985	00:52:48	00:51:39	00:27:05 / 1989	11.62
2111	1187	OLCZAK PIOTR	WARSZAWA			84	M20/629 (M)1986	00:52:49	00:48:52	00:28:38 / 2517	12.28
2112	295	MIECH WIESŁAW			SYRENKA	54	M50/148 (M)1987	00:52:49	00:51:12	00:26:54 / 1920	11.72
2113	4559	JONATOWSKI KAROL	OTRĘBUSY			68	M40/370 (M)1988	00:52:49	00:52:36	00:25:18 / 1376	11.41
2114	3019	RZEWSKI FILIP	MARKI		MARKI - MARKOWE MIASTO	78	M30/810 (M)1989	00:52:49	00:50:58	00:27:37 / 2123	11.77
2115	2119	BOGUSZ GRZEGORZ	WARSZAWA			79	M30/811 (M)1990	00:52:50	00:50:08	00:26:53 / 1913	11.97
2116	4186	BAZYL JAN	WARSZAWA			76	M30/812 (M)1991	00:52:50	00:49:08	00:28:30 / 2468	12.21
2117	4034	RUSIŁOWICZ ANDRZEJ	WARSZAWA		SALES&MORE RUNNING TEAM	76	M30/813 (M)1992	00:52:50	00:50:44	00:27:21 / 2062	11.83
2118	241	SPÓLNIAK STANISŁAW	KRAKÓW		CROSS	51	M50/149 (M)1993	00:52:50	00:51:12	00:26:54 / 1919	11.72
2119	236	SZYMCZAK PIOTR	ŁĘCZYCA		CROSS	79	M30/814 (M)1994	00:52:50	00:51:12	00:26:54 / 1918	11.72
2120	5947	MŁYNARCZYK ERNEST	ŁÓDŹ			71	M30/815 (M)1995	00:52:51	00:49:56	00:28:17 / 2387	12.02
2121	1213	KRUK ARKADIUSZ	WARSZAWA			71	M30/816 (M)1996	00:52:51	00:51:09	00:27:20 / 2058	11.73
2122	3541	PAPIEŻ ŁUKASZ	KARCZEW		OKS OTWOCK	87	M20/630 (M)1997	00:52:51	00:50:40	00:27:50 / 2193	11.84
2123	59	DĄBROWSKI MARIUSZ	WOŁOMIN		PKO	77	M30/817 (M)1998	00:52:51	00:49:45	00:28:35 / 2498	12.06
2124	7035	LIESE MACIEJ	WARSZAWA			77	M30/818 (M)1999	00:52:51	00:49:49	00:27:56 / 2234	12.04
2125	1273	KONDEJ LESZEK	WARSZAWA			82	M20/631 (M)2000	00:52:52	00:49:48	00:29:23 / 2810	12.05
2126	853	ŚLESICKI ADRIAN	WARSZAWA			89	M20/632 (M)2001	00:52:52	00:49:56	00:27:24 / 2076	12.02
2127	1131	DĘBSKI RADOSŁAW	NOWY DWÓR			93	M20/633 (M)2002	00:52:52	00:50:57	00:27:22 / 2065	11.78
2128	3607	BIESZYŃSKA ANNA	ŁOMIANKI			60	K50/5 (K)126	00:52:52	00:51:39	00:27:31 / 2096	11.62
2129	2599	SZULKOWSKI MAREK	JÓZEFÓW		-	70	M40/371 (M)2003	00:52:53	00:49:45	00:28:35 / 2501	12.06
2130	5392	CORA KRZYSZTOF	KIELCE			75	M30/819 (M)2004	00:52:53	00:49:53	00:29:00 / 2658	12.03
2131	4796	BOGUCKI STEFAN	WARSZAWA			82	M20/634 (M)2005	00:52:53	00:51:06	00:26:44 / 1858	11.74
2132	4795	CZERMAK PAWEŁ	WARSZAWA			70	M40/372 (M)2006	00:52:53	00:51:06	00:26:43 / 1852	11.74
2133	4850	MIĘKISZ JACEK	WARSZAWA			56	M50/150 (M)2007	00:52:54	00:51:00	00:26:51 / 1900	11.76
2134	3267	MERCHELSKI PIOTR	SZCZECIN		ITI ADVENTURE TEAM	84	M20/635 (M)2008	00:52:54	00:50:59	00:27:45 / 2165	11.77

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Czas Netto	5km	[km/h]
2135	246	PIOTROWSKI KAMIL	WARSZAWA		ZARZA DRÓG MIEJSKICH	77	M30/820 (M)2009	00:52:54	00:47:57	00:29:08 / 2705	12.51
2136	5822	LEWTAK MARTA	BIAŁA PODLASKA		MINERAL MIDRANGE / POLSKA BIEGA	83	K20/56 (K)127	00:52:54	00:50:37	00:27:39 / 2136	11.85
2137	5304	BERG TOMASZ	WARSZAWA			86	M20/636 (M)2010	00:52:54	00:48:11	00:29:45 / 2955	12.45
2138	3877	KUTYŁA MICHAŁ	PRUSZKÓW			82	M20/637 (M)2011	00:52:54	00:49:31	00:28:44 / 2554	12.12
2139	1454	KRASIŃSKI DARIUSZ	WARSZAWA			72	M30/821 (M)2012	00:52:55	00:49:18	00:28:17 / 2384	12.17
2140	4956	KRUZA MALGORZATA	WARSZAWA			82	K20/57 (K)128	00:52:55	00:51:43	00:26:27 / 1770	11.60
2141	3316	PELŻEK MICHAEL	WARSZAWA			71	M30/822 (M)2013	00:52:55	00:50:46	00:27:47 / 2172	11.82
2142	6894	GURDZIŃSKI MICHAŁ	WARSZAWA			81	M20/638 (M)2014	00:52:55	00:51:40	00:27:05 / 1991	11.61
2143	135	RUPIŃSKA ANNA	KONSTANCIN			60	K50/6 (K)129	00:52:56	00:52:39	00:26:31 / 1787	11.40
2144	3043	KRĘTOWSKI JAN	WARSZAWA			49	M60/22 (M)2015	00:52:56	00:51:37	00:26:45 / 1862	11.62
2145	5100	SZWEDA JAN	WARSZAWA		TARCHOMIN	54	M50/151 (M)2016	00:52:56	00:51:04	00:27:59 / 2250	11.75
2146	2824	REDZYŃSKI PAWEŁ	WARSZAWA			92	M20/639 (M)2017	00:52:56	00:49:27	00:28:00 / 2256	12.13
2147	1397	LADAK MARCIN	WARSZAWA			74	M30/823 (M)2018	00:52:57	00:52:02	00:25:46 / 1553	11.53
2148	1039	KINASIEWICZ PAWEŁ	WARSZAWA			76	M30/824 (M)2019	00:52:57	00:51:58	00:26:23 / 1748	11.55
2149	542	BARLIK ARTUR	WARSZAWA			85	M20/640 (M)2020	00:52:57	00:49:44	00:28:16 / 2371	12.06
2150	3095	SZAFRAŃSKI ADAM	OPOLE			84	M20/641 (M)2021	00:52:57	00:51:46	00:27:24 / 2074	11.59
2151	3182	PIOTRAK JAROSŁAW	WARSZAWA			72	M30/825 (M)2022	00:52:57	00:49:37	00:28:08 / 2310	12.09
2152	3938	MAJEWSKI ŁUKASZ	WARSZAWA		VISTULA RUNNERS	79	M30/826 (M)2023	00:52:58	00:51:23	00:28:16 / 2377	11.68
2153	4797	LEWANDOWSKI ADRIAN	SWIDNIK			82	M20/642 (M)2024	00:52:58	00:50:33	00:27:40 / 2141	11.87
2154	1593	MARCIŃSKI PIOTR	WARSZAWA			68	M40/373 (M)2025	00:52:59	00:50:04	00:28:10 / 2328	11.98
2155	3354	BALCERZAK MACIEJ	WARSZAWA			71	M30/827 (M)2026	00:52:59	00:52:51	00:26:36 / 1815	11.35
2156	1371	ROGATKO MICHAŁ	WARSZAWA			64	M40/374 (M)2027	00:53:00	00:49:52	00:27:49 / 2184	12.03
2157	3290	PYZA JAROSŁAW	WARSZAWA			68	M40/375 (M)2028	00:53:00	00:50:58	00:27:04 / 1986	11.77
2158	4605	IWASZKIEWICZ ŁUKASZ	WARSZAWA			81	M20/643 (M)2029	00:53:01	00:49:51	00:27:49 / 2185	12.04
2159	2345	WALEWSKA AGNIESZKA	WARSZAWA			73	K30/43 (K)130	00:53:01	00:50:16	00:28:38 / 2519	11.94
2160	3273	RYBAK KRZYSZTOF	WARSZAWA		BIESZCZADZKIE JELONKI	73	M30/828 (M)2030	00:53:01	00:50:57	00:27:32 / 2102	11.78
2161	3130	MAŚLANKA PIOTR	KONSTANCIN-JEZIORNA			72	M30/829 (M)2031	00:53:01	00:49:57	00:28:14 / 2359	12.01
2162	5451	DUSZYŃSKI MATEUSZ	WARSZAWA			80	M30/830 (M)2032	00:53:01	00:50:25	00:27:41 / 2145	11.90
2163	800	POLAK BARTOSZ	SKIERDY			79	M30/831 (M)2033	00:53:02	00:50:51	00:29:58 / 3039	11.80
2164	6036	PAŁASZ PAWEŁ	WARSZAWA			73	M30/832 (M)2034	00:53:02	00:50:34	00:28:08 / 2315	11.87
2165	1328	ZALEGA PIOTR	SOLEC, POWIAT			72	M30/833 (M)2035	00:53:02	00:50:22	00:27:59 / 2253	11.91
2166	5992	NIEWIADOMSKI KRZYSZTOF	BELCHATÓW		KB SPARTAKUS BELCHATÓW	74	M30/834 (M)2036	00:53:03	00:49:28	00:28:38 / 2521	12.13
2167	3625	DĘBOWCZYK MARIUSZ	WARSZAWA WESOŁA			87	M20/644 (M)2037	00:53:03	00:50:14	00:29:13 / 2738	11.94
2168	1506	SÓWKA MICHAŁ	OSTRÓW WIELKOPOLSKI			82	M20/645 (M)2038	00:53:03	00:49:23	00:28:27 / 2442	12.15
2169	3807	KOWALSKI MARIUSZ	WARSZAWA		UCSIR	77	M30/835 (M)2039	00:53:04	00:49:20	00:28:45 / 2558	12.16
2170	1978	MANANDHAR MICHAŁ	WARSZAWA			80	M30/836 (M)2040	00:53:04	00:49:29	00:29:18 / 2780	12.13
2171	5593	JELIŃSKI MICHAŁ	WARSZAWA			87	M20/646 (M)2041	00:53:04	00:49:31	00:28:37 / 2514	12.12
2172	3401	OLEJNIK KRZYSZTOF	NOWY DWÓR			70	M40/376 (M)2042	00:53:04	00:50:08	00:28:23 / 2418	11.97
2173	4557	ROSIĄK JACEK	WARSZAWA		KLUB WYSOKOGÓRSKI WARSZAWA	63	M40/377 (M)2043	00:53:05	00:49:43	00:28:03 / 2277	12.07
2174	642	ZAJDEL WOJCIECH	WARSZAWA			79	M30/837 (M)2044	00:53:05	00:50:48	00:27:46 / 2169	11.81
2175	2132	TRAWIŃSKI KRZYSZTOF	OTWOCK			72	M30/838 (M)2045	00:53:05	00:52:27	00:26:19 / 1724	11.44
2176	3698	WIŚNIEWSKI LESZEK	ŁOMIANKI			78	M30/839 (M)2046	00:53:05	00:50:01	00:28:00 / 2257	12.00
2177	4536	DOMINAS JAROSŁAW	WARSZAWA			65	M40/378 (M)2047	00:53:05	00:50:06	00:27:59 / 2251	11.98
2178	4662	SOLTYS JAKUB	WARSZAWA			84	M20/647 (M)2048	00:53:06	00:49:52	00:29:01 / 2664	12.03
2179	4637	PIENIAK ANDRZEJ	DOBCZYN			69	M40/379 (M)2049	00:53:06	00:51:39	00:27:01 / 1970	11.62
2180	2041	WIŚNIEWSKI JAKUB	SULEJÓWEK			88	M20/648 (M)2050	00:53:06	00:51:35	00:27:57 / 2240	11.63
2181	6404	WRZOSEK ZBIGNIEW	WARSZAWA			70	M40/380 (M)2051	00:53:06	00:50:56	00:28:06 / 2296	11.78
2182	1047	MARCINIAK TOMASZ	POZNAŃ		HERKULES	74	M30/840 (M)2052	00:53:07	00:51:01	00:27:32 / 2105	11.76
2183	3622	STYPIŃSKI MAREK	WARSZAWA			67	M40/381 (M)2053	00:53:07	00:49:57	00:28:12 / 2346	12.01
2184	329	OSIŃSKI ARTUR	WARSZAWA			73	M30/841 (M)2054	00:53:08	00:48:58	00:29:16 / 2762	12.25
2185	3759	PYRZEWSKI DARIUSZ	TORUŃ			67	M40/382 (M)2055	00:53:08	00:52:25	00:25:27 / 1428	11.45
2186	6283	SZYMCZYNA ZDZISŁAW	KRAKÓW		KKB DYSTANS KRAKÓW / DRUŻYNA SZPIKU	58	M50/152 (M)2056	00:53:08	00:50:21	00:27:58 / 2248	11.92
2187	2866	CIOCH ADAM	WARSZAWA			54	M50/153 (M)2057	00:53:08	00:52:23	00:26:48 / 1882	11.45
2188	3382	MICHAŁEK JACEK	ELBLĄG			85	M20/649 (M)2058	00:53:08	00:49:43	00:28:42 / 2539	12.07
2189	1242	SULICH WOJCIECH	WARSZAWA		METRO WARSZAWSKIE	74	M30/842 (M)2059	00:53:09	00:50:15	00:28:15 / 2369	11.94
2190	1822	MIESZCZAŃSKI PIOTR	WARSZAWA			86	M20/650 (M)2060	00:53:09	00:48:09	00:30:23 / 3162	12.46
2191	2763	KOSIERADZKI PAWEŁ	WARSZAWA			68	M40/383 (M)2061	00:53:09	00:49:02	00:28:51 / 2595	12.24
2192	6025	OSIECKI EDWIN	KONSTANCIN-JEZIORNA			69	M40/384 (M)2062	00:53:09	00:51:05	00:27:38 / 2127	11.75

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Czas Netto	5km	[km/h]
2193	7008	MAKOSA PIOTR	LATCHORZEW			84	M20/651 (M)2063	00:53:09	00:50:44	00:28:12 / 2344	11.83
2194	5952	MOĆKO DANIEL	WOŁOMIN		ŚWIAT ROWERÓW RACING TEAM	71	M30/843 (M)2064	00:53:10	00:50:20	00:28:33 / 2488	11.92
2195	630	LIS KAROL	RADZYŃ PODLASKI			81	M20/652 (M)2065	00:53:10	00:50:13	00:28:10 / 2332	11.95
2196	6340	WALENCIK MATEUSZ	LUBLIN		KS TĘCZA	85	M20/653 (M)2066	00:53:10	00:51:03	00:27:45 / 2161	11.75
2197	3121	MARKIEWICZ MARCIN	WARSZAWA			92	M20/654 (M)2067	00:53:10	00:49:04	00:28:50 / 2590	12.23
2198	181	CEBULA SEBASTIAN				10	(M)2068	00:53:10	00:50:01	00:28:05 / 2286	12.00
2199	1736	RUSKOWIAK DARIUSZ	WARSZAWA			73	M30/844 (M)2069	00:53:11	00:49:16	00:29:13 / 2734	12.18
2200	3014	JASKUŁA PAWEŁ	WARSZAWA			77	M30/845 (M)2070	00:53:11	00:51:41	00:28:07 / 2299	11.61
2201	2211	ADEREK MARIUSZ	WARSZAWA			89	M20/655 (M)2071	00:53:11	00:49:15	00:29:20 / 2794	12.18
2202	2335	LEWANDOWSKA BARBARA	WARSZAWA			80	K30/44 (K)131	00:53:12	00:50:01	00:28:46 / 2564	12.00
2203	2437	SZYMAŃSKA MAŁGORZATA	WARSZAWA			70	K40/24 (K)132	00:53:12	00:49:10	00:29:09 / 2713	12.20
2204	2334	SKUCIŃSKI PAWEŁ	KIELCE		AZS UW	81	M20/656 (M)2072	00:53:12	00:50:01	00:28:46 / 2565	12.00
2205	4703	KRAWCZYK WOJCIECH	WARSZAWA		BRAK	69	M40/385 (M)2073	00:53:12	00:51:08	00:27:06 / 1994	11.73
2206	1704	TOKARSKI JERZY	WARSZAWA			61	M40/386 (M)2074	00:53:13	00:52:15	00:26:38 / 1823	11.48
2207	6433	ZENGTELER MACIEJ	WARSZAWA		DELOITTE ADVENTURE TEAM	82	M20/657 (M)2075	00:53:13	00:48:12	00:29:51 / 2994	12.45
2208	3641	SOMMER ROBERT	WARSZAWA			64	M40/387 (M)2076	00:53:13	00:49:55	00:31:31 / 3548	12.02
2209	4359	ŚPIEWAK KAROL	MARKI			73	M30/846 (M)2077	00:53:13	00:49:33	00:29:16 / 2764	12.11
2210	4401	ROGOZIŃSKI MIREK	WARSZAWA			87	M20/658 (M)2078	00:53:14	00:49:31	00:29:12 / 2729	12.12
2211	3667	ŁYŻWA JUSTYN DARIUSZ	KRAKÓW			71	M30/847 (M)2079	00:53:14	00:52:39	00:25:52 / 1596	11.40
2212	835	CZERWINSKI PAWEŁ	WARSZAWA			79	M30/848 (M)2080	00:53:15	00:50:17	00:28:02 / 2269	11.93
2213	4043	NIEŚCIORUK MIROSŁAW	ŁOMIANKI		WARM	61	M40/388 (M)2081	00:53:15	00:50:38	00:27:51 / 2201	11.85
2214	774	DOBROWOLSKI KRZYSZTOF	WARSZAWA			51	M50/154 (M)2082	00:53:15	00:49:33	00:29:36 / 2901	12.11
2215	1520	DMOCH ADRIAN	WARSZAWA			80	M30/849 (M)2083	00:53:15	00:50:33	00:27:57 / 2238	11.87
2216	3451	JANUSZ PIOTR	WARSZAWA			70	M40/389 (M)2084	00:53:16	00:49:25	00:28:39 / 2524	12.14
2217	1701	OLEŃDKI JANUSZ	WARSZAWA			56	M50/155 (M)2085	00:53:16	00:50:18	00:28:25 / 2432	11.93
2218	2869	KWAŚNIEWSKI WŁODZIMIERZ	WARSZAWA			52	M50/156 (M)2086	00:53:16	00:50:25	00:27:58 / 2242	11.90
2219	4566	OLSZEWSKI DARIUSZ	WARSZAWA			60	M50/157 (M)2087	00:53:16	00:50:58	00:27:25 / 2078	11.77
2220	411	BUDZYŃSKI KRZYSZTOF	WARSZAWA			85	M20/659 (M)2088	00:53:18	00:53:03	00:25:30 / 1447	11.31
2221	3514	STAWICKA IZABELA	WARSZAWA		PARTIA KOBIET	82	K20/58 (K)133	00:53:19	00:53:18	00:25:48 / 1559	11.26
2222	5647	KAZINIEC TOMASZ	KLEWKI			74	M30/850 (M)2089	00:53:19	00:51:11	00:27:36 / 2117	11.72
2223	3022	BEREZOWSKI JAROSŁAW	WARSZAWA			71	M30/851 (M)2090	00:53:19	00:50:23	00:28:13 / 2350	11.91
2224	522	WELLMAN PIOTR	WARSZAWA			76	M30/852 (M)2091	00:53:20	00:51:37	00:27:00 / 1962	11.62
2225	2253	BALCERZAK JASIEK	WARSZAWA		-	76	M30/853 (M)2092	00:53:20	00:51:39	00:28:20 / 2405	11.62
2226	4424	GRODZICKI WOJCIECH	WARSZAWA			92	M20/660 (M)2093	00:53:21	00:50:08	00:28:10 / 2331	11.97
2227	4425	GRODZICKI KRZYSZTOF	WARSZAWA			64	M40/390 (M)2094	00:53:21	00:50:08	00:28:10 / 2330	11.97
2228	4055	KALŁAUR KRZYSZTOF	WARSZAWA			84	M20/661 (M)2095	00:53:22	00:51:53	00:27:05 / 1988	11.56
2229	1687	BRUSKI ŁUKASZ	WARSZAWA			77	M30/854 (M)2096	00:53:22	00:49:12	00:29:06 / 2691	12.20
2230	2222	WAŚ TOMEK	WARSZAWA			93	M20/662 (M)2097	00:53:22	00:50:21	00:28:58 / 2645	11.92
2231	3696	SKIERKOWSKI TOMASZ	MARKI		MARKI!	80	M30/855 (M)2098	00:53:23	00:50:32	00:27:37 / 2122	11.87
2232	1012	PAJĄCZKOWSKI ANDRZEJ	WARSZAWA			62	M40/391 (M)2099	00:53:23	00:49:40	00:28:57 / 2639	12.08
2233	7088	BŁASZCZAK PAWEŁ	WARSZAWA			71	M30/856 (M)2100	00:53:23	00:51:15	00:27:28 / 2088	11.71
2234	360	BANAŚ PIOTR	WARSZAWA			73	M30/857 (M)2101	00:53:24	00:52:02	00:27:55 / 2225	11.53
2235	1064	DUSZAK PAWEŁ	ZĄBKI			68	M40/392 (M)2102	00:53:24	00:50:45	00:28:01 / 2266	11.82
2236	3620	RADZKA KATARZYNA	WESOLA WARSZAWA			83	K20/59 (K)134	00:53:24	00:49:39	00:28:14 / 2360	12.08
2237	5264	ARAK PIOTR	WARSZAWA			87	M20/663 (M)2103	00:53:24	00:50:17	00:29:09 / 2711	11.93
2238	3617	CZAJKOWSKI LESZEK	WARSZAWA		LETA.WAW.PL	63	M40/393 (M)2104	00:53:24	00:52:46	00:26:04 / 1647	11.37
2239	1665	DAWIDCZYK TOMASZ	KOBYŁKA			69	M40/394 (M)2105	00:53:25	00:49:16	00:29:33 / 2876	12.18
2240	5458	EJSMONT PIOTR	SUPRAŚL		KAPITAN PLANETA	88	M20/664 (M)2106	00:53:25	00:46:34	00:30:34 / 3233	12.88
2241	3433	BARTNICKI MACIEJ	WARSZAWA			67	M40/395 (M)2107	00:53:26	00:52:16	00:26:31 / 1783	11.48
2242	2191	TYBURSKI JACEK	WARSZAWA			73	M30/858 (M)2108	00:53:26	00:51:38	00:28:26 / 2438	11.62
2243	3782	MAMAJ SEBASTIAN	WARSZAWA			85	M20/665 (M)2109	00:53:26	00:51:39	00:27:03 / 1978	11.62
2244	4919	ORDYŁOWSKI JERZY	WARSZAWA			68	M40/396 (M)2110	00:53:26	00:49:57	00:28:08 / 2311	12.01
2245	226	HOŁOWACZ TOMASZ	WARSZAWA			40	M70/2 (M)2111	00:53:27	00:52:51	00:26:54 / 1922	11.35
2246	3493	PŁOCHOCKI JACEK	WARSZAWA			89	M20/666 (M)2112	00:53:27	00:49:51	00:29:02 / 2670	12.04
2247	4798	LEWANDOWSKI ARTUR	ŚWIDNIK			89	M20/667 (M)2113	00:53:27	00:51:05	00:27:40 / 2142	11.75
2248	7045	CZARNECKI SEBASTIAN	WARSZAWA			77	M30/859 (M)2114	00:53:27	00:50:16	00:28:07 / 2305	11.94
2249	4036	GOLACIK RYSZARD	RASZYN			61	M40/397 (M)2115	00:53:28	00:51:58	00:27:16 / 2039	11.55
2250	2075	KARCZ BARTOSZ	WARSZAWA			78	M30/860 (M)2116	00:53:28	00:51:37	00:27:46 / 2167	11.62

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Czas Netto	5km	[km/h]
2251	1266	KRZANOWSKA JULIA	KRAKÓW			94	K20/60 (K)135	00:53:28	00:52:24	00:26:09 / 1675	11.45
2252	2328	TYRAKOWSKI MATEUSZ				91	M20/668 (M)2117	00:53:28	00:51:11	00:27:37 / 2125	11.72
2253	3235	STELMACH TOMASZ	WARSZAWA			76	M30/861 (M)2118	00:53:29	00:50:24	00:28:18 / 2394	11.90
2254	4539	SZTOKINIER LESZEK	PIASECZNO			77	M30/862 (M)2119	00:53:29	00:50:23	00:28:08 / 2316	11.91
2255	2320	ZAKRZEWSKI RAFAŁ	WARSZAWA		KS BEDNARSKA/TG SOKÓŁ	76	M30/863 (M)2120	00:53:30	00:52:57	00:24:38 / 1182	11.33
2256	887	SENATOR RYSZARD	WARSZAWA		ATHLETIC BODY	57	M50/158 (M)2121	00:53:31	00:50:19	00:28:29 / 2456	11.92
2257	4113	GARDZIELIK PIOTR	WARSZAWA			72	M30/864 (M)2122	00:53:31	00:51:52	00:26:39 / 1827	11.57
2258	1157	WYROŻEMSKI ŁUKASZ	WARSZAWA			90	M20/669 (M)2123	00:53:32	00:49:56	00:29:34 / 2887	12.02
2259	857	FILIPEK GRZEGORZ	WARSZAWA		PUMA Z BIEGIEM WARSZAWY	71	M30/865 (M)2124	00:53:32	00:50:02	00:28:51 / 2596	11.99
2260	3367	KOZŁOWSKI JERZY	WARSZAWA		MURATOR S.A.	76	M30/866 (M)2125	00:53:32	00:50:45	00:28:28 / 2449	11.82
2261	3823	KAMIŃSKI TOMASZ	WARSZAWA			86	M20/670 (M)2126	00:53:32	00:50:11	00:30:04 / 3078	11.96
2262	4607	WIRASZKA PRZEMYSŁAW	WARSZAWA			82	M20/671 (M)2127	00:53:32	00:49:40	00:28:25 / 2431	12.08
2263	4916	KĄZMIERCZAK BARTEK	WIKTORÓW		PEKAOEKIPA	76	M30/867 (M)2128	00:53:33	00:50:09	00:29:17 / 2768	11.96
2264	1931	TOMASZEWSKI DARIUSZ	OTRĘBUSY			74	M30/868 (M)2129	00:53:33	00:51:16	00:27:48 / 2177	11.70
2265	3813	ZADROŻNY STANISŁAW	GARWOLIN			41	M60/23 (M)2130	00:53:33	00:53:06	00:26:09 / 1676	11.30
2266	2695	MARSZAŁEK MARCIN	PRUSZKÓW			70	M40/398 (M)2131	00:53:34	00:51:59	00:26:53 / 1915	11.54
2267	3740	ŚCIGALSKI DOMINIK	WARSZAWA			79	M30/869 (M)2132	00:53:34	00:50:38	00:28:01 / 2262	11.85
2268	3627	BIELIŃSKI MATEUSZ	WARSZAWA			87	M20/672 (M)2133	00:53:35	00:50:47	00:29:09 / 2714	11.81
2269	4319	SZPOJANKOWSKI KAMIL	WARSZAWA			86	M20/673 (M)2134	00:53:35	00:49:55	00:29:44 / 2947	12.02
2270	2946	OLSZAK WOJCIECH	WARSZAWA			83	M20/674 (M)2135	00:53:35	00:51:05	00:29:07 / 2701	11.75
2271	7010	SIKORSKI MATEUSZ	WARSZAWA			84	M20/675 (M)2136	00:53:35	00:51:10	00:27:59 / 2249	11.73
2272	7046	GOLISZEK SŁAWOMIR	PONIATOWA			87	M20/676 (M)2137	00:53:35	00:52:39	00:27:56 / 2231	11.40
2273	3417	IWANOWSKI PIOTR	WARSZAWA		KB CBK2 FANZZZ	80	M30/870 (M)2138	00:53:36	00:50:14	00:28:16 / 2372	11.94
2274	3768	LESIUK PIOTR	WARSZAWA			73	M30/871 (M)2139	00:53:36	00:50:51	00:27:41 / 2146	11.80
2275	707	RUTKOWSKI RAFAŁ	PIASECZNO			75	M30/872 (M)2140	00:53:37	00:51:44	00:27:29 / 2089	11.60
2276	243	WARDZYŃSKI PIOTR	WARSZAWA		ZARZĄD DRÓG MIEJSKICH	77	M30/873 (M)2141	00:53:38	00:53:10	00:25:21 / 1394	11.29
2277	5358	BUCZEK DOROTA	B. SUŁKOWSKIE /		MARATONYPOLSKIE.PL TEAM	78	K30/45 (K)136	00:53:39	00:52:04	00:26:54 / 1923	11.52
2278	2308	FILIPCZAK AGNIESZKA	ŻYRARDÓW			79	K30/46 (K)137	00:53:39	00:53:00	00:26:45 / 1860	11.32
2279	6617	GĄŁKA PIOTR	OSTROŁĘKA			88	M20/677 (M)2142	00:53:39	00:50:05	00:29:05 / 2685	11.98
2280	4381	PIETRZAK PIOTR	PŁOCK			83	M20/678 (M)2143	00:53:40	00:51:58	00:27:18 / 2050	11.55
2281	4323	ROSZKOWSKI PIOTR	WARSZAWA		KTE TRAMP	73	M30/874 (M)2144	00:53:40	00:52:15	00:26:21 / 1735	11.48
2282	4326	LICHOCKI ZBIGNIEW	WARSZAWA			60	M50/159 (M)2145	00:53:40	00:52:05	00:26:54 / 1924	11.52
2283	6520	MYĆ MIROSLAW				73	M30/875 (M)2146	00:53:40	00:52:27	00:26:45 / 1861	11.44
2284	7052	MAJCHRZAK MICHAEL	WARSZAWA			64	M40/399 (M)2147	00:53:40	00:50:40	00:28:26 / 2434	11.84
2285	3632	BRACQUEMONT MARIE	WARSZAWA			83	K20/61 (K)138	00:53:41	00:51:14	00:28:13 / 2349	11.71
2286	1096	NOCÓN ADAM	WARSZAWA			69	M40/400 (M)2148	00:53:41	00:50:13	00:28:20 / 2406	11.95
2287	5755	KRZAK MACIEJ	WARSZAWA		ABC KONDYCJA LAS KABACKI	54	M50/160 (M)2149	00:53:41	00:51:02	00:28:01 / 2264	11.76
2288	2177	KOZANECKA JOANNA	WARSZAWA		LASEK BIELANSKI TEAM	77	K30/47 (K)139	00:53:42	00:50:30	00:28:29 / 2461	11.88
2289	3688	ANISIEWICZ ALBERT	WARSZAWA		KLUBBIEGACZA.PL	73	M30/876 (M)2150	00:53:42	00:50:38	00:28:58 / 2640	11.85
2290	5273	BALCER KONRAD	WARSZAWA		MEŻUL MONTI	80	M30/877 (M)2151	00:53:44	00:48:26	00:30:50 / 3294	12.39
2291	2232	SŁAWIŃSKI MICHAŁ	WARSZAWA			90	M20/679 (M)2152	00:53:44	00:50:56	00:29:42 / 2930	11.78
2292	3621	KOBYLIŃSKI GRZEGORZ	WARSZAWA			78	M30/878 (M)2153	00:53:44	00:51:49	00:27:33 / 2109	11.58
2293	1361	KIELAK TADEUSZ	WARSZAWA			70	M40/401 (M)2154	00:53:45	00:52:01	00:27:02 / 1973	11.53
2294	1207	RUSSO RICCARDO	WARSZAWA		SQUADRA AZZURRA	86	M20/680 (M)2155	00:53:46	00:52:55	00:27:00 / 1964	11.34
2295	802	RYBKA ZBIGNIEW	WARSZAWA			68	M40/402 (M)2156	00:53:46	00:50:08	00:29:28 / 2844	11.97
2296	660	ADAMCZAK JOANNA	MINSK MAZOWIECKI			83	K20/62 (K)140	00:53:47	00:51:23	00:28:19 / 2401	11.68
2297	4073	SZULKOWSKI JAROSŁAW	WARSZAWA			62	M40/403 (M)2157	00:53:47	00:50:49	00:29:06 / 2696	11.81
2298	5964	MRÓZ MAŁGORZATA	WARSZAWA			82	K20/63 (K)141	00:53:47	00:51:20	00:27:21 / 2060	11.69
2299	708	BŁASZCZAK PIOTR	LUTOCIN			77	M30/879 (M)2158	00:53:48	00:50:20	00:28:07 / 2301	11.92
2300	4116	MAJNERT ADAM	WARSZAWA			93	M20/681 (M)2159	00:53:49	00:52:42	00:28:34 / 2495	11.39
2301	1778	CHRZANOWSKA AGNIESZKA	WARSZAWA		GTS RUNNING CLUB	77	K30/48 (K)142	00:53:49	00:51:36	00:27:33 / 2110	11.63
2302	2969	PODKOWIŃSKA IWONA	PIASECZNO			75	K30/49 (K)143	00:53:49	00:52:07	00:27:27 / 2084	11.51
2303	1657	PIETRZYK PIOTR DAMIAN	WARSZAWA			87	M20/682 (M)2160	00:53:49	00:50:15	00:29:05 / 2683	11.94
2304	3148	APELSKI DOMINIK	WARSZAWA			93	M20/683 (M)2161	00:53:49	00:52:42	00:28:30 / 2470	11.39
2305	6813	DMUCHOWSKI BARTOSZ	GARWOLIN			93	M20/684 (M)2162	00:53:49	00:52:42	00:28:30 / 2466	11.39
2306	2921	WÓJCIK JERZY PIOTR	WARSZAWA			55	M50/161 (M)2163	00:53:50	00:49:39	00:29:36 / 2897	12.08
2307	1236	PIASEK PAWEŁ	OSTROŁĘKA			94	M20/685 (M)2164	00:53:51	00:49:27	00:29:54 / 3014	12.13
2308	5837	LUDWINEK IWONA	WARSZAWA		VEGE RUNNERS	83	K20/64 (K)144	00:53:51	00:50:27	00:28:49 / 2585	11.89



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Czas Netto	5km	[km/h]
2309	4596	ŁYCZBA PRZEMYSŁAW	WARSZAWA			74	M30/880 (M)2165	00:53:51	00:52:36	00:26:06 / 1658	11.41
2310	6292	ŚCISŁOWSKI ŁUKASZ	WARKA			86	M20/686 (M)2166	00:53:51	00:52:36	00:26:54 / 1925	11.41
2311	1864	ŚLEDZ SEBASTIAN	WARSZAWA			85	M20/687 (M)2167	00:53:51	00:51:53	00:26:51 / 1901	11.56
2312	2143	MIRONCZUK TOMASZ			BGK	70	M40/404 (M)2168	00:53:52	00:50:18	00:29:16 / 2761	11.93
2313	2568	LEWARSKI MICHAŁ	SKIERNIEWICE			90	M20/688 (M)2169	00:53:52	00:50:53	00:27:54 / 2217	11.79
2314	2887	OSADNIK JACEK	WARSZAWA			76	M30/881 (M)2170	00:53:52	00:53:03	00:26:24 / 1754	11.31
2315	3608	BIESZYŃSKI BARTOSZ	ŁOMIANKI			84	M20/689 (M)2171	00:53:52	00:52:38	00:27:41 / 2147	11.40
2316	6499	GNIESZKAWA-SŁODKOWSKI TOMASZ	PUSZCZA MARIAŃSKA			73	M30/882 (M)2172	00:53:52	00:49:56	00:29:38 / 2912	12.02
2317	2779	BABICZ IRENEUSZ	HORODYSCZCZE		HORODYWSCZCZE	65	M40/405 (M)2173	00:53:53	00:51:34	00:28:15 / 2368	11.64
2318	4946	KUCZYŃSKI LESZEK	WARSZAWA		PRĘŻNE WACKI	78	M30/883 (M)2174	00:53:54	00:52:17	00:26:33 / 1803	11.48
2319	146	SIEGERT DARIUSZ	WARSZAWA		TS	68	M40/406 (M)2175	00:53:54	00:51:36	00:26:57 / 1942	11.63
2320	2227	CHEŃCIŃSKI PIOTR	WARSZAWA			81	M20/690 (M)2176	00:53:55	00:51:03	00:28:25 / 2428	11.75
2321	4788	BRODOWSKI JAROSŁAW	PULTUSK			81	M20/691 (M)2177	00:53:55	00:52:06	00:28:08 / 2309	11.52
2322	691	SMOLARZ JACEK	STRZENIÓWKA			54	M50/162 (M)2178	00:53:56	00:53:04	00:26:37 / 1818	11.31
2323	824	STRUBIŃSKI PAWEŁ	CHOTOMÓW		EUROPAPIER-IMPAP	70	M40/407 (M)2179	00:53:56	00:51:01	00:28:55 / 2627	11.76
2324	1278	STAŃCZYK ROMUALD	WARSZAWA			53	M50/163 (M)2180	00:53:56	00:52:49	00:27:39 / 2134	11.36
2325	3139	TYMIRSKI PAWEŁ	WARSZAWA			74	M30/884 (M)2181	00:53:56	00:50:41	00:28:18 / 2388	11.84
2326	4390	GRONSKI JERZY	WARSZAWA		OPEN	61	M40/408 (M)2182	00:53:56	00:51:46	00:28:04 / 2278	11.59
2327	6396	WÓJCIC MICHAŁ	WARSZAWA			83	M20/692 (M)2183	00:53:56	00:52:19	00:26:03 / 1642	11.47
2328	91	PULKOWNIK MARCIN	PIASECZNO		PKO	77	M30/885 (M)2184	00:53:56	00:50:50	00:28:38 / 2520	11.80
2329	4221	GARUS JAROSŁAW	PIASECZNO			79	M30/886 (M)2185	00:53:57	00:50:57	00:28:13 / 2347	11.78
2330	1473	TYMICKI ZBIGNIEW	WARSZAWA		SPORT 21	69	M40/409 (M)2186	00:53:57	00:50:47	00:28:32 / 2480	11.81
2331	4145	ZYDLEWSKI PIOTR	WARSZAWA			68	M40/410 (M)2187	00:53:57	00:50:47	00:28:31 / 2478	11.81
2332	3114	MŁYNIEC PIOTR	WARSZAWA			61	M40/411 (M)2188	00:53:57	00:51:47	00:27:37 / 2124	11.59
2333	2657	SZAŁAŃSKI RAFAŁ	WARSZAWA			68	M40/412 (M)2189	00:53:57	00:52:00	00:27:36 / 2116	11.54
2334	785	TULCZYŃSKI MICHAŁ	PIASTÓW			92	M20/693 (M)2190	00:53:58	00:52:15	00:27:19 / 2054	11.48
2335	6130	RIEKHOFF AARTJAN	WARSZAWA			81	M20/694 (M)2191	00:53:59	00:52:19	00:28:10 / 2329	11.47
2336	253	GROSKOWSKI MAREK	WARSZAWA		SYRENKA	88	M20/695 (M)2192	00:53:59	00:52:54	00:25:59 / 1622	11.34
2337	1816	KOBYLARZ JERZY	SULKOWICE			68	M40/413 (M)2193	00:54:00	00:51:57	00:28:21 / 2410	11.55
2338	6400	WRÓBEL ZBIGNIEW	SUWALKI			66	M40/414 (M)2194	00:54:00	00:51:57	00:28:22 / 2411	11.55
2339	1456	KOMARNICKI KAMIL	WARSZAWA			79	M30/887 (M)2195	00:54:00	00:52:10	00:27:29 / 2090	11.50
2340	3406	WIŚNIAK ARTUR	WARSZAWA			95	M20/696 (M)2196	00:54:00	00:50:37	00:28:56 / 2629	11.85
2341	4761	MŁYNARSKI ZYGMUNT	PAJĘCZNO		WKB META LUBLINIEC	66	M40/415 (M)2197	00:54:00	00:51:49	00:28:06 / 2295	11.58
2342	459	YATSUZUKA YO	WARSZAWA			74	M30/888 (M)2198	00:54:01	00:51:23	00:29:52 / 2998	11.68
2343	3015	STARCZEWSKI JAROSŁAW	ZĄBKI			75	M30/889 (M)2199	00:54:01	00:52:32	00:27:50 / 2189	11.42
2344	2715	KOŁODZIEJCZYK KRZYSZTOF	WARSZAWA			66	M40/416 (M)2200	00:54:01	00:50:21	00:29:44 / 2944	11.92
2345	422	KALICIECKI IRENEUSZ	WARSZAWA			63	M40/417 (M)2201	00:54:02	00:50:50	00:29:18 / 2779	11.80
2346	267	GAŁECKI SŁAWOMIR	MIŃSK MAZOWIECKI		STRAŻ MIEJSKA WA-WA	71	M30/890 (M)2202	00:54:02	00:50:41	00:29:19 / 2784	11.84
2347	2810	DOLECKI JAROSŁAW	WARSZAWA			75	M30/891 (M)2203	00:54:02	00:50:59	00:28:59 / 2652	11.77
2348	4641	ZAWADZKI ANDRZEJ	WARSZAWA			63	M40/418 (M)2204	00:54:02	00:52:14	00:28:07 / 2307	11.49
2349	446	KASPRZAK BOGUSŁAW	KARCZEW		DRUŻYNA SZPIKU	58	M50/164 (M)2205	00:54:03	00:50:31	00:29:14 / 2749	11.88
2350	744	KWIATKOWSKI ALEKSANDER	BIELAWY		NIEZRZESZONY	62	M40/419 (M)2206	00:54:03	00:49:38	00:30:06 / 3087	12.09
2351	553	ZIÓLEK SYLWESTER	WARSZAWA			76	M30/892 (M)2207	00:54:03	00:52:20	00:27:19 / 2052	11.46
2352	5299	BEKIESZA PAWEŁ	WARSZAWA			78	M30/893 (M)2208	00:54:03	00:53:08	00:26:39 / 1831	11.29
2353	29	OLECH ARTUR	WARSZAWA		BIURO POSELSKIE	72	M30/894 (M)2209	00:54:03	00:54:01	00:26:42 / 1847	11.11
2354	1302	POPIOŁOWSKI RADOŚLAW	MICHAŁOWICE			76	M30/895 (M)2210	00:54:04	00:53:06	00:25:47 / 1556	11.30
2355	4874	TYLEC ŁUKASZ	WARSZAWA			75	M30/896 (M)2211	00:54:04	00:51:16	00:28:36 / 2505	11.70
2356	2369	KOWIESKI ADAM			ACTION	10	(M)2212	00:54:05	00:53:25	00:25:47 / 1557	11.23
2357	4908	DĄBROWSKI FILIP	WARSZAWA			82	M20/697 (M)2213	00:54:05	00:50:03	00:29:03 / 2674	11.99
2358	5558	IDCZAK JUSTYNA	KOŁO			88	K20/65 (K)145	00:54:06	00:51:39	00:29:26 / 2836	11.62
2359	1815	DOBRAŃSKI MACIEJ	WARSZAWA		BIEGAMY Z OCHOTĄ	54	M50/165 (M)2214	00:54:06	00:51:07	00:28:41 / 2535	11.74
2360	1341	SENATOR KAROL	WARSZAWA			87	M20/698 (M)2215	00:54:06	00:50:54	00:28:06 / 2293	11.79
2361	1626	LIS PATRYK	WARSZAWA			90	M20/699 (M)2216	00:54:07	00:51:19	00:28:13 / 2351	11.69
2362	5781	KURDEJ ŁUKASZ	WARSZAWA		KB LAS HORMIGAS	85	M20/700 (M)2217	00:54:07	00:48:58	00:30:01 / 3056	12.25
2363	3478	STAWICKI RADOŚLAW	WARSZAWA		VOLVO. FOR MARATHON	70	M40/420 (M)2218	00:54:08	00:50:44	00:29:06 / 2697	11.83
2364	4410	ROWICKI MICHAŁ	WARSZAWA			95	M20/701 (M)2219	00:54:08	00:53:02	00:26:31 / 1784	11.31
2365	4230	SKOCZYŁAS JAN	LUBLIN			56	M50/166 (M)2220	00:54:09	00:51:38	00:27:48 / 2180	11.62
2366	3326	CIECIORA TOMASZ	WÓLKA KOSOWSKA		DRUŻYNA SZPIKU	69	M40/421 (M)2221	00:54:09	00:53:20	00:27:37 / 2126	11.25

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Czas Netto	5km	[km/h]
2367	4233	BORKOWSKI PIOTR	WARSZAWA			85	M20/702 (M)2222	00:54:09	00:51:41	00:27:43 / 2154	11.61
2368	3453	MAKOWSKI TADEUSZ	WARSZAWA			52	M50/167 (M)2223	00:54:09	00:51:16	00:28:50 / 2592	11.70
2369	7016	MOLENDĄ PIOTR	WARSZAWA			72	M30/897 (M)2224	00:54:09	00:50:33	00:29:09 / 2710	11.87
2370	1933	GROCHOWSKI GRZEGORZ	WARSZAWA		BIEGAMY Z OCHOTĄ	61	M40/422 (M)2225	00:54:10	00:53:19	00:26:50 / 1894	11.25
2371	2828	KAPRZYK GRZEGORZ	WARSZAWA			74	M30/898 (M)2226	00:54:10	00:52:55	00:27:17 / 2042	11.34
2372	1412	JUREWICZ ANDRZEJ	WARSZAWA			77	M30/899 (M)2227	00:54:10	00:50:16	00:28:52 / 2604	11.94
2373	73	KOBZA ALDONA	OTWOCK		POWERADE	82	K20/66 (K)146	00:54:10	00:53:19	00:27:13 / 2023	11.25
2374	4470	GRZYMAŁA ANDRZEJ	WARSZAWA			71	M30/900 (M)2228	00:54:10	00:50:31	00:28:23 / 2420	11.88
2375	464	STRACHOCKA ANNA	WARSZAWA		ZARZĄD DRÓG MIEJSKICH	56	K50/7 (K)147	00:54:11	00:53:08	00:27:42 / 2149	11.29
2376	3530	KOZŁOWSKI WOJCIECH	WARSZAWA		10 PSAM	73	M30/901 (M)2229	00:54:11	00:50:35	00:29:07 / 2699	11.86
2377	5754	KRUPIŃSKI DOMINIK	BIAŁA PODLASKA			80	M30/902 (M)2230	00:54:11	00:50:59	00:29:29 / 2857	11.77
2378	1148	PIETRYSZYN WOJCIECH	WARSZAWA			91	M20/703 (M)2231	00:54:12	00:50:07	00:29:41 / 2924	11.97
2379	1882	PRĘDOTA KRZYSZTOF	WARSZAWA		WARSZAWA WILANÓW	55	M50/168 (M)2232	00:54:13	00:51:27	00:29:11 / 2722	11.66
2380	5607	JÓZWICKI GRZESIEK	WARSZAWA			79	M30/903 (M)2233	00:54:13	00:52:14	00:28:28 / 2453	11.49
2381	6358	WIĘCKOWSKI GRZEGORZ	WARKA		KB START PUŁASKI WARKA	71	M30/904 (M)2234	00:54:13	00:51:31	00:29:37 / 2904	11.65
2382	5328	BOBROWSKI DARIUSZ	WARKA		KB START PUŁASKI WARKA	64	M40/423 (M)2235	00:54:13	00:51:30	00:29:37 / 2906	11.65
2383	5730	KOZIEŁ KRZYSZTOF	LUBLIN			78	M30/905 (M)2236	00:54:13	00:52:05	00:28:32 / 2485	11.52
2384	5998	NOCUŃ CZESŁAW	WARKA		KB PUŁASKI	53	M50/169 (M)2237	00:54:13	00:51:30	00:29:37 / 2903	11.65
2385	6456	ŻURAWSKI BOGUMIŁ	PŁOCK			59	M50/170 (M)2238	00:54:14	00:52:12	00:28:10 / 2333	11.49
2386	3639	JURCZAK JERZY	WARSZAWA			87	M20/704 (M)2239	00:54:14	00:51:03	00:29:00 / 2656	11.75
2387	3174	CZERNY DARIUSZ	WARSZAWA			79	M30/906 (M)2240	00:54:14	00:53:40	00:27:05 / 1992	11.18
2388	2831	ROGOZIŃSKI JĘDRZEJ	WARSZAWA			85	M20/705 (M)2241	00:54:14	00:51:24	00:28:11 / 2335	11.67
2389	2786	CHACZYKOWSKI JACEK	PRUSZKÓW		TEAM NUTRILITE	72	M30/907 (M)2242	00:54:14	00:50:59	00:29:17 / 2773	11.77
2390	3975	KANIA PIOTR	WARSZAWA			74	M30/908 (M)2243	00:54:14	00:52:37	00:27:26 / 2080	11.40
2391	6835	ŻURAWSKI MARCIN	PŁOCK			83	M20/706 (M)2244	00:54:14	00:52:12	00:28:10 / 2334	11.49
2392	3638	WARCHOŁ ROBERT	WARSZAWA			87	M20/707 (M)2245	00:54:14	00:51:03	00:29:00 / 2655	11.75
2393	377	JASIŃSKI MIKOŁAJ	WARSZAWA			83	M20/708 (M)2246	00:54:15	00:51:43	00:28:25 / 2426	11.60
2394	6076	PLASOTA GRZEGORZ	KOBYLKA			82	M20/709 (M)2247	00:54:15	00:50:10	00:29:58 / 3036	11.96
2395	7095	PIEKARSKI ANDRZEJ	WARSZAWA			72	M30/909 (M)2248	00:54:15	00:54:01	00:25:16 / 1364	11.11
2396	1194	NIWIŃSKI JAKUB	WARSZAWA			83	M20/710 (M)2249	00:54:16	00:50:04	00:30:01 / 3059	11.98
2397	1479	GAJDEK PIOTR	FELIKSÓW			78	M30/910 (M)2250	00:54:17	00:51:46	00:29:02 / 2668	11.59
2398	3355	BUNIEWICZ PIOTR	WARSZAWA			86	M20/711 (M)2251	00:54:17	00:51:02	00:29:31 / 2867	11.76
2399	3180	KULMA MAGDALENA	GDAŃSK			80	K30/50 (K)148	00:54:18	00:54:05	00:26:20 / 1729	11.09
2400	3423	ZALCMAN MARCIN	WARSZAWA			81	M20/712 (M)2252	00:54:18	00:52:13	00:28:28 / 2450	11.49
2401	2079	PIEC DARIUSZ	WARSZAWA			74	M30/911 (M)2253	00:54:18	00:51:25	00:28:47 / 2575	11.67
2402	3465	WYSOCKI SERGIUSZ	WIĄZOWNA		AZYMUT MAZOWSZE	80	M30/912 (M)2254	00:54:18	00:53:10	00:27:39 / 2138	11.29
2403	132	RUPIŃSKI KRZYSZTOF	KONSTANCIN			92	M20/713 (M)2255	00:54:19	00:54:02	00:25:46 / 1550	11.10
2404	694	ATYS BARTŁOMIEJ	ŁOMIANKI			75	M30/913 (M)2256	00:54:19	00:50:51	00:29:02 / 2672	11.80
2405	5908	MAĆZEWSKI MICHAŁ	KIELPIN			72	M30/914 (M)2257	00:54:19	00:51:47	00:29:16 / 2767	11.59
2406	1523	GRABOWSKI ROBERT	WARSZAWA			82	M20/714 (M)2258	00:54:19	00:51:34	00:28:02 / 2272	11.64
2407	4803	MILEWSKI MARCIN	WARSZAWA			79	M30/915 (M)2259	00:54:19	00:52:12	00:28:56 / 2628	11.49
2408	4527	GAŚECKI ARKADIUSZ	WARSZAWA		KLUB BIEGACZA BISIDE	86	M20/715 (M)2260	00:54:20	00:51:03	00:29:26 / 2833	11.75
2409	4941	KRUSZELNICKI KRZYSZTOF	WARSZAWA			63	M40/424 (M)2261	00:54:20	00:51:56	00:27:54 / 2218	11.55
2410	3033	CHODKOWSKI MARCIN	CIECHANÓW			85	M20/716 (M)2262	00:54:21	00:51:04	00:29:26 / 2834	11.75
2411	3921	KUBIAK MAREK	SZCZUDŁÓW			87	M20/717 (M)2263	00:54:21	00:51:50	00:29:55 / 3021	11.58
2412	5394	CYGANIEWICZ LESZEK	KRAKÓW		JASIEK MELA TEAM-KRAKÓW	57	M50/171 (M)2264	00:54:21	00:52:28	00:27:42 / 2150	11.44
2413	2262	KUNIKOWSKI RADOSŁAW	JÓZEFÓW			94	M20/718 (M)2265	00:54:21	00:53:08	00:26:54 / 1926	11.29
2414	7135	PEDA ZBIGNIEW	ZALESIE GÓRNE			70	M40/425 (M)2266	00:54:21	00:53:01	00:26:39 / 1829	11.32
2415	884	TRUSZKO BOGDAN	DUCHNICE			71	M30/916 (M)2267	00:54:22	00:51:15	00:28:39 / 2525	11.71
2416	2785	CHACZYKOWSKI MACIEJ	WARSZAWA			72	M30/917 (M)2268	00:54:22	00:51:05	00:29:20 / 2795	11.75
2417	3543	MUZYZKA BARBARA	WARSZAWA		KOPYTKO IM 2010	70	K40/25 (K)149	00:54:23	00:51:35	00:28:37 / 2513	11.63
2418	4486	OKSIEJUK-WASILEWSKA ANNA	BIAŁA PODLASKA			73	K30/51 (K)150	00:54:23	00:50:57	00:28:31 / 2474	11.78
2419	820	TRACZYK JAROSŁAW	WARSZAWA			60	M50/172 (M)2269	00:54:24	00:53:23	00:27:22 / 2066	11.24
2420	1338	ZASADA AGNIESZKA	ZIELONKA			63	K40/26 (K)151	00:54:24	00:51:44	00:28:07 / 2300	11.60
2421	2130	WARZOCHA MICHAŁ	WARSZAWA			81	M20/719 (M)2270	00:54:25	00:50:04	00:30:17 / 3129	11.98
2422	4129	GAWLAK MACIEJ	WARSZAWA			72	M30/918 (M)2271	00:54:25	00:51:06	00:29:05 / 2688	11.74
2423	4964	CHMIELEWSKI MACIEJ	KONSTANCIN			63	M40/426 (M)2272	00:54:25	00:52:35	00:28:13 / 2353	11.41
2424	2083	GALICKI KAMIL	WARSZAWA		BRAK	77	M30/919 (M)2273	00:54:25	00:50:45	00:29:43 / 2940	11.82

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Czas Netto	5km	[km/h]
2425	5675	KOLCZYŃSKI PIOTR	ŁÓDŹ		SUPER AMATOR	94	M20/720 (M)2274	00:54:26	00:51:07	00:27:54 / 2216	11.74
2426	4753	KUMOR TOMASZ	WARSZAWA		NIEZRZESZONY	86	M20/721 (M)2275	00:54:26	00:52:15	00:27:01 / 1972	11.48
2427	6504	CITTEL BERTOLD	WARSZAWA			75	M30/920 (M)2276	00:54:26	00:54:24	00:26:42 / 1848	11.03
2428	1951	GRADOWSKI KRZYSZTOF	WARSZAWA		BIEGAMY Z OCHOTĄ	80	M30/921 (M)2277	00:54:27	00:51:28	00:29:23 / 2814	11.66
2429	2445	KOWALSKI KRZYSZTOF	PIASECZNO			73	M30/922 (M)2278	00:54:27	00:50:57	00:29:20 / 2793	11.78
2430	4182	BAK TOMASZ	CZARNY LAS			82	M20/722 (M)2279	00:54:27	00:51:18	00:28:27 / 2443	11.70
2431	1542	BOKSZ JAROSŁAW	WARSZAWA		ŻÓŁWIE RUNNING TEAM	70	M40/427 (M)2280	00:54:28	00:51:24	00:28:44 / 2557	11.67
2432	2625	PAŁASZEWSKI KRYSZTIAN	WARSZAWA			80	M30/923 (M)2281	00:54:28	00:52:39	00:28:33 / 2486	11.40
2433	363	ŻABIK RADOSŁAW	WARSZAWA			79	M30/924 (M)2282	00:54:29	00:51:20	00:28:51 / 2594	11.69
2434	657	SZYMAŃSKI PRZEMYSŁAW	WARSZAWA			78	M30/925 (M)2283	00:54:29	00:53:11	00:28:20 / 2402	11.28
2435	478	WIĘCKOWSKI MICHAŁ	WARSZAWA			76	M30/926 (M)2284	00:54:29	00:50:55	00:28:44 / 2555	11.78
2436	4730	BOROŃ RYSZARD	PIASECZNO			60	M50/173 (M)2285	00:54:29	00:51:17	00:29:25 / 2829	11.70
2437	573	WOJCIECHOWSKI MICHAŁ	WARSZAWA			73	M30/927 (M)2286	00:54:29	00:53:48	00:22:12 / 555	11.15
2438	706	LEPERT JAROSŁAW	PULTUSK			76	M30/928 (M)2287	00:54:29	00:53:21	00:26:50 / 1888	11.25
2439	3789	AUGUSTYNIAK BOGUSŁAW	WARSZAWA			59	M50/174 (M)2288	00:54:29	00:50:54	00:29:38 / 2911	11.79
2440	1379	MALDIS MAREK	WARSZAWA			49	M60/24 (M)2289	00:54:29	00:53:45	00:28:15 / 2363	11.16
2441	109	CZUBA MARZENA	WARSZAWA		ASICS	69	K40/27 (K)152	00:54:29	00:51:31	00:29:24 / 2816	11.65
2442	1439	SZCZYGLÓWICZ PIOTR	WARSZAWA			88	M20/723 (M)2290	00:54:30	00:50:37	00:30:06 / 3086	11.85
2443	4314	URBAŃSKI PIOTR	WARSZAWA			71	M30/929 (M)2291	00:54:30	00:51:09	00:29:15 / 2752	11.73
2444	22	GÓRSKI GRZEGORZ	WARSZAWA			55	M50/175 (M)2292	00:54:30	00:54:28	00:27:14 / 2026	11.02
2445	1865	MANECZKO EUGENIUSZ	WARSZAWA			82	M20/724 (M)2293	00:54:31	00:52:41	00:27:44 / 2159	11.39
2446	3099	WIELOCHA WALDEMAR	WARSZAWA			60	M50/176 (M)2294	00:54:31	00:53:26	00:27:16 / 2036	11.23
2447	214	DOBROWOLSKI ARTUR	WARSZAWA		STRAŻ MIEJSKA WARSZAWA	74	M30/930 (M)2295	00:54:32	00:52:05	00:29:06 / 2690	11.52
2448	637	GLIWA RAFAŁ	BOROWA GÓRA			75	M30/931 (M)2296	00:54:32	00:51:05	00:29:33 / 2880	11.75
2449	725	SOCHA KAMIL	WARSZAWA			97	M20/725 (M)2297	00:54:32	00:51:59	00:29:26 / 2830	11.54
2450	62	RYCHLIK PAWEŁ	WARSZAWA		WARSZAWA	83	M20/726 (M)2298	00:54:32	00:52:50	00:27:28 / 2087	11.36
2451	6171	SETNIKOWSKI GRZEGORZ	OTWOCK-			58	M50/177 (M)2299	00:54:33	00:51:50	00:28:57 / 2636	11.58
2452	2381	PIETRUSZKA ŁUKASZ			ACTION	82	M20/727 (M)2300	00:54:33	00:49:40	00:31:32 / 3551	12.08
2453	1260	MYŚLIWIEC MARIUSZ	EMILIANÓW			85	M20/728 (M)2301	00:54:34	00:47:26	00:30:13 / 3110	12.65
2454	2840	ROSA ELŻBIETA	TŁUSZCZ		BÓBR	60	K50/8 (K)153	00:54:34	00:51:25	00:28:55 / 2624	11.67
2455	2420	MAZUR JANUSZ	WARSZAWA			79	M30/932 (M)2302	00:54:34	00:53:58	00:26:11 / 1691	11.12
2456	1767	SUSKI BARTEK	WARSZAWA		DON'T BE SHY RUN!	86	M20/729 (M)2303	00:54:35	00:52:01	00:28:41 / 2534	11.53
2457	2305	ŁYJAK MAREK	ZALESIE GÓRNE		MAPI SPORT	59	M50/178 (M)2304	00:54:35	00:53:06	00:26:37 / 1819	11.30
2458	5915	MICHAŁSKI MARCIN	WARSZAWA			78	M30/933 (M)2305	00:54:35	00:53:01	00:27:35 / 2114	11.32
2459	4572	KURIHARA MASAKAZU	WARSZAWA			76	M30/934 (M)2306	00:54:35	00:52:00	00:28:52 / 2605	11.54
2460	4375	POKRZYWNICKI TOMASZ	LEGIONOWO			79	M30/935 (M)2307	00:54:36	00:51:47	00:30:05 / 3082	11.59
2461	4860	MACKIEWICZ JAN	HAJNÓWKA			74	M30/936 (M)2308	00:54:36	00:51:16	00:29:46 / 2960	11.70
2462	544	SOCHA MARCIN	WARSZAWA			77	M30/937 (M)2309	00:54:37	00:52:42	00:28:23 / 2417	11.39
2463	2431	BIELUSZKA MARTA	WARSZAWA			85	K20/67 (K)154	00:54:37	00:52:20	00:29:00 / 2657	11.46
2464	2517	WILISZ ROBERT	LEGIONOWO			71	M30/938 (M)2310	00:54:38	00:53:00	00:26:51 / 1897	11.32
2465	1455	FRIEDRICH MICHAŁ	WARSZAWA			81	M20/730 (M)2311	00:54:40	00:52:19	00:29:13 / 2732	11.47
2466	3658	LUBAŃSKI STANISŁAW	WARSZAWA			50	M60/25 (M)2312	00:54:40	00:53:23	00:28:15 / 2366	11.24
2467	3906	ZIELIŃSKA ANNA	WARSZAWA			70	K40/28 (K)155	00:54:41	00:53:42	00:27:58 / 2245	11.17
2468	601	MALARA WOJTEK	WARSZAWA		CARSERVIS	78	M30/939 (M)2313	00:54:41	00:50:36	00:30:12 / 3106	11.86
2469	1046	ISASI GORKA	MARKI		BILBAO	71	M30/940 (M)2314	00:54:41	00:50:07	00:29:28 / 2847	11.97
2470	1538	KAWAMURA NAO	WARSZAWA		SHURAN KLUB	72	M30/941 (M)2315	00:54:41	00:52:02	00:28:46 / 2566	11.53
2471	5617	KALANDYK RAFAŁ	HERMANOWA			88	M20/731 (M)2316	00:54:41	00:51:48	00:28:46 / 2569	11.58
2472	4130	LIPNICKI MICHAŁ	WARSZAWA			79	M30/942 (M)2317	00:54:41	00:53:00	00:28:46 / 2567	11.32
2473	3017	SOBORCZYK MACIEJ	WARSZAWA			73	M30/943 (M)2318	00:54:41	00:52:59	00:27:19 / 2051	11.32
2474	3554	ROGACEWICZ HUBERT	WARSZAWA			84	M20/732 (M)2319	00:54:42	00:52:50	00:28:30 / 2465	11.36
2475	4824	PRZEWŁOKA MARIUSZ	ŁOMIANKI			89	M20/733 (M)2320	00:54:42	00:52:47	00:27:52 / 2203	11.37
2476	2917	CZWARNOWSKI PIOTR				80	M30/944 (M)2321	00:54:43	00:52:50	00:28:21 / 2409	11.36
2477	6885	SITNIK JAN	WARKA		KB PULASKI	46	M60/26 (M)2322	00:54:44	00:52:02	00:29:08 / 2707	11.53
2478	6039	PANUFNIK TOMASZ	WARSZAWA			81	M20/734 (M)2323	00:54:44	00:51:46	00:28:49 / 2584	11.59
2479	3323	BOGUSZ LILIA	WARSZAWA		POTWORY Z GLEBIN	76	K30/52 (K)156	00:54:46	00:51:10	00:28:49 / 2583	11.73
2480	4057	ZAWADZKI MARCIN	WARSZAWA		-	84	M20/735 (M)2324	00:54:46	00:50:24	00:31:04 / 3374	11.90
2481	4836	MIRECKI WOJCIECH	WARSZAWA		WARM RT	61	M40/428 (M)2325	00:54:46	00:52:07	00:28:55 / 2623	11.51
2482	4647	CYMERMAN SALOMON	WARSZAWA			49	M60/27 (M)2326	00:54:46	00:53:12	00:28:16 / 2378	11.28

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Czas Netto	5km	[km/h]
2483	7200	BILYK JAN	WROCLAW			83	M20/736 (M)2327	00:54:46	00:53:15	00:26:56 / 1941	11.27
2484	456	PIETROSIEWICZ WOJCIECH	WARSZAWA			79	M30/945 (M)2328	00:54:47	00:53:41	00:26:13 / 1698	11.18
2485	6394	WÓJCİK ŁUKASZ	ZAHAJKI		PESAN ZAHAJKI	80	M30/946 (M)2329	00:54:47	00:51:43	00:29:36 / 2900	11.60
2486	1114	DUTKOWSKI JAKUB	WARSZAWA			95	M20/737 (M)2330	00:54:47	00:51:37	00:28:51 / 2599	11.62
2487	3509	PIOTROWSKI DARIUSZ	WARSZAWA		KLUB VIIIIIIIII	82	M20/738 (M)2331	00:54:47	00:51:21	00:29:39 / 2917	11.68
2488	3075	DE BELLO SALVATORE	WARSZAWA		DBITALIA.PL	70	M40/429 (M)2332	00:54:48	00:52:49	00:28:12 / 2343	11.36
2489	6387	WOJTUNIAK JAROSŁAW	MAŁĘCZYN		KRAFT FOODS RUNNING TEAM	75	M30/947 (M)2333	00:54:49	00:54:01	00:26:28 / 1773	11.11
2490	6019	ORLIK SEBASTIAN	RADOM		JW 3463 RADOM	75	M30/948 (M)2334	00:54:49	00:54:01	00:26:28 / 1771	11.11
2491	6020	ORLIK MICHAŁ	RADOM		JW 3463 RADOM	98	M20/739 (M)2335	00:54:49	00:54:02	00:26:28 / 1774	11.10
2492	4478	SZYMCZAK RAFAŁ	KUTNO			83	M20/740 (M)2336	00:54:49	00:53:10	00:27:17 / 2043	11.29
2493	1866	KALBARCZYK ROBERT	WARSZAWA			66	M40/430 (M)2337	00:54:49	00:52:58	00:27:58 / 2244	11.33
2494	3690	KOPACZ BARTŁOMIEJ	POZNAŃ			81	M20/741 (M)2338	00:54:49	00:53:40	00:27:33 / 2107	11.18
2495	519	CHRZANOWSKI FILIP	WARSZAWA			83	M20/742 (M)2339	00:54:50	00:50:12	00:31:17 / 3467	11.95
2496	582	LUKASZUK ZENON	WARSZAWA			47	M60/28 (M)2340	00:54:50	00:53:03	00:28:08 / 2308	11.31
2497	1008	ŚWIDERSKI SYLWESTER	WARSZAWA			78	M30/949 (M)2341	00:54:50	00:53:06	00:27:19 / 2055	11.30
2498	2421	MICHALAK JAKUB	WARSZAWA			85	M20/743 (M)2342	00:54:50	00:50:46	00:30:17 / 3128	11.82
2499	1881	JADŁOWSKI TOMASZ	WARSZAWA			55	M50/179 (M)2343	00:54:50	00:52:04	00:29:04 / 2678	11.52
2500	2195	WOJCIECHOWSKI SEBASTIAN	TRZEBNICA			73	M30/950 (M)2344	00:54:51	00:52:28	00:28:33 / 2491	11.44
2501	834	STEFAŃSKA KATARZYNA	STARA WIEŚ		GLKS NADARZYN	72	K30/53 (K)157	00:54:51	00:51:37	00:29:11 / 2724	11.62
2502	1248	GMAJ DANIEL	GRÓJEC			82	M20/744 (M)2345	00:54:51	00:49:26	00:30:35 / 3237	12.14
2503	5356	BUCZAK MACIEJ	PIŃCZÓW		KL PONIDZIE PIŃCZÓW	63	M40/431 (M)2346	00:54:51	00:53:22	00:27:10 / 2014	11.24
2504	1724	ŻURAWSKI PAWEŁ	KĘDZIERZYN-KOŹLE		OMC_SOLUTION	74	M30/951 (M)2347	00:54:51	00:49:59	00:30:20 / 3145	12.00
2505	2279	WIETESKA EMILIA	PAPROTNIA		ART PROFI TEAM	82	K20/68 (K)158	00:54:51	00:53:55	00:27:56 / 2228	11.13
2506	4152	JAROSZ ANDRZEJ	WARSZAWA			74	M30/952 (M)2348	00:54:51	00:52:21	00:28:16 / 2373	11.46
2507	4472	KARDAŚ ADAM	WARSZAWA			81	M20/745 (M)2349	00:54:51	00:50:21	00:31:21 / 3493	11.92
2508	4245	OSADCZUK FILIP	WARSZAWA			80	M30/953 (M)2350	00:54:52	00:51:58	00:28:43 / 2545	11.55
2509	1537	JANASZEK DARIUSZ	WARSZAWA		NIEZRZESZONY	67	M40/432 (M)2351	00:54:52	00:51:08	00:29:15 / 2760	11.73
2510	1607	ROGUSKI RAFAL	LEGIONOWO		KB TP	78	M30/954 (M)2352	00:54:52	00:51:00	00:28:51 / 2601	11.76
2511	3156	PAWŁOWSKA KATARZYNA	WARSZAWA			75	K30/54 (K)159	00:54:52	00:52:52	00:28:09 / 2324	11.35
2512	6406	WYDRZYŃSKI MARCIN	DĘBLIN			80	M30/955 (M)2353	00:54:52	00:53:08	00:28:11 / 2339	11.29
2513	2656	HULEWICZ IGOR	WARSZAWA			94	M20/746 (M)2354	00:54:52	00:53:16	00:26:59 / 1954	11.26
2514	6282	SZYMCZYK ARTUR	LUBLIN			76	M30/956 (M)2355	00:54:52	00:53:08	00:28:11 / 2341	11.29
2515	4909	MODRZEJEWSKI MARCIN	WARSZAWA			86	M20/747 (M)2356	00:54:52	00:49:16	00:30:40 / 3258	12.18
2516	198	OLSZYNA ŁUKASZ	WARSZAWA			84	M20/748 (M)2357	00:54:52	00:50:26	00:30:05 / 3081	11.90
2517	6515	DEJNEKO ROBERT	WARSZAWA			80	M30/957 (M)2358	00:54:52	00:50:45	00:30:34 / 3232	11.82
2518	4720	GONCIKOWSKA EWA	WARSZAWA			74	K30/55 (K)160	00:54:53	00:52:04	00:29:19 / 2788	11.52
2519	566	NOWAKOWSKI PAWEŁ	WARSZAWA			78	M30/958 (M)2359	00:54:53	00:51:53	00:28:48 / 2579	11.56
2520	5798	KWIATKOWSKI WOJCIECH	WARSZAWA			79	M30/959 (M)2360	00:54:53	00:54:41	00:26:30 / 1781	10.97
2521	1774	DOMŻAŁ MICHAŁ	OTWOCK			69	M40/433 (M)2361	00:54:53	00:50:56	00:30:03 / 3071	11.78
2522	2137	SZTERNER ADAM	WARSZAWA			55	M50/180 (M)2362	00:54:53	00:52:26	00:28:29 / 2460	11.44
2523	2859	GIL MAGDALENA	WARSZAWA			95	K20/69 (K)161	00:54:53	00:51:10	00:29:51 / 2995	11.73
2524	2858	DURAKIEWICZ MARTA	WARSZAWA			95	K20/70 (K)162	00:54:53	00:51:10	00:29:51 / 2993	11.73
2525	3798	JANIK ARTUR	WARSZAWA			61	M40/434 (M)2363	00:54:53	00:53:28	00:28:00 / 2260	11.22
2526	480	ZYGA SZYMON	WARSZAWA			76	M30/960 (M)2364	00:54:54	00:51:46	00:29:56 / 3027	11.59
2527	4691	TURZYŃSKI TOMASZ	WARSZAWA		KB NA WŁASNĄ NOGĘ	76	M30/961 (M)2365	00:54:54	00:51:46	00:29:57 / 3030	11.59
2528	575	HYŻOREK ROBERT	WARSZAWA			95	M20/749 (M)2366	00:54:54	00:51:34	00:29:18 / 2776	11.64
2529	2889	BIGOSZEWSKI MICHAŁ	WARSZAWA			81	M20/750 (M)2367	00:54:54	00:51:29	00:29:21 / 2796	11.65
2530	3034	NOWIŃSKI ANDRZEJ	WARSZAWA		ANANAS DESIGN	76	M30/962 (M)2368	00:54:54	00:52:16	00:28:22 / 2413	11.48
2531	3729	CZUBEK ADAM	ZAKRZEW			66	M40/435 (M)2369	00:54:54	00:51:16	00:29:03 / 2675	11.70
2532	969	ŚLIWA MIROSLAW	WARSZAWA			74	M30/963 (M)2370	00:54:55	00:51:52	00:28:34 / 2494	11.57
2533	2201	WAŚOWSKI ARTUR	MIŃSK MAZOWIECKI		OSŻW	71	M30/964 (M)2371	00:54:55	00:52:24	00:29:22 / 2805	11.45
2534	5400	CZAPSKI TOMASZ	SOCHACZEW		KM AKTYWNI SOCHACZEW	80	M30/965 (M)2372	00:54:55	00:53:01	00:27:20 / 2059	11.32
2535	590	KARŁOWICZ ANNA MARIA	WARSZAWA		WOLNA WOLA	53	K50/9 (K)163	00:54:55	00:52:20	00:28:35 / 2500	11.46
2536	1972	FABISIAK JERZY	WARSZAWA			53	M50/181 (M)2373	00:54:55	00:51:27	00:28:45 / 2559	11.66
2537	4441	WRÓBEL WITOLD	WARSZAWA			84	M20/751 (M)2374	00:54:55	00:50:44	00:30:57 / 3336	11.83
2538	3181	ZAREMBA RYSZARD	WARSZAWA			53	M50/182 (M)2375	00:54:55	00:51:26	00:29:27 / 2841	11.67
2539	5575	JANCZAK MAREK	RADOM			73	M30/966 (M)2376	00:54:56	00:51:37	00:30:28 / 3196	11.62
2540	5263	APANAS RAFAŁ	WOŁOMIN		KB-REBUS	77	M30/967 (M)2377	00:54:56	00:51:49	00:28:35 / 2499	11.58

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Czas Netto	5km	[km/h]
2541	911	PASZKOWSKI ROBERT	WARSZAWA			74	M30/968 (M)2378	00:54:56	00:50:54	00:29:57 / 3031	11.79
2542	2203	GRELEWSKI KRZYSZTOF	MIŃSK MAZOWIECKI			75	M30/969 (M)2379	00:54:56	00:52:25	00:29:22 / 2806	11.45
2543	1470	MAŃKOWSKI MARCIN	WARSZAWA			79	M30/970 (M)2380	00:54:56	00:52:54	00:28:46 / 2568	11.34
2544	2318	SOKOLIK WIKTOR	WARSZAWA			85	M20/752 (M)2381	00:54:56	00:51:57	00:28:45 / 2560	11.55
2545	6457	ŻUREK ANDRZEJ	SIEDLCE			93	M20/753 (M)2382	00:54:56	00:50:56	00:30:47 / 3284	11.78
2546	6009	NUREK JERZY	MIŃSK MAZOWIECKI		MKB DREPTAK	49	M60/29 (M)2383	00:54:57	00:51:45	00:28:57 / 2635	11.59
2547	3920	ROGOWSKI-TYLMAN ANTONI	WARSZAWA		NIEZRZESZONY	86	M20/754 (M)2384	00:54:57	00:51:31	00:29:55 / 3017	11.65
2548	3559	SALAK PIOTR	WARSZAWA			70	M40/436 (M)2385	00:54:57	00:53:03	00:28:55 / 2625	11.31
2549	2641	FRYZE JANINA	WARSZAWA			85	K20/71 (K)164	00:54:57	00:51:17	00:29:44 / 2942	11.70
2550	4096	CHYS JACEK	WARSZAWA			66	M40/437 (M)2386	00:54:57	00:51:16	00:29:31 / 2864	11.70
2551	4890	ZASKÓRSKI ŁUKASZ	MICHAŁOWICE			81	M20/755 (M)2387	00:54:57	00:52:44	00:28:29 / 2459	11.38
2552	2292	BAKOWSKI PIOTR	SULEJÓWEK			81	M20/756 (M)2388	00:54:58	00:52:27	00:28:16 / 2370	11.44
2553	1119	HUNIN JAN	WARSZAWA			68	M40/438 (M)2389	00:54:58	00:51:06	00:29:41 / 2929	11.74
2554	5581	JANOWSKI WIKTOR	JAKTORÓW			94	M20/757 (M)2390	00:54:58	00:52:42	00:26:33 / 1804	11.39
2555	1550	SZMIDT MICHAŁ	GRUDZIĄDZ		DLL	85	M20/758 (M)2391	00:55:00	00:53:35	00:27:22 / 2064	11.20
2556	5363	BYDŁOWSKI MATEUSZ	GORZÓW WLKP.			86	M20/759 (M)2392	00:55:00	00:54:02	00:26:07 / 1667	11.10
2557	2523	CIENNIK WIKTOR	ZGIERZ		FOREVER YOUNG	66	M40/439 (M)2393	00:55:00	00:51:01	00:29:30 / 2862	11.76
2558	3771	MAĆKOWIAK JAKUB	JÓZEFOSŁAW		DB MARATHON TEAM	82	M20/760 (M)2394	00:55:00	00:53:33	00:27:26 / 2081	11.20
2559	4414	HUPAŁO ANATOL	GRÓJEC		ULKS JEDLIŃSK	94	M20/761 (M)2395	00:55:00	00:50:37	00:29:30 / 2859	11.85
2560	3147	LACHOWICZ MAREK	WARSZAWA		JUST SUSHI POLSKA	65	M40/440 (M)2396	00:55:00	00:54:12	00:26:30 / 1780	11.07
2561	3737	ZACHAREK PAWEŁ	ZAKROCZYM			76	M30/971 (M)2397	00:55:01	00:53:39	00:28:54 / 2617	11.18
2562	964	NALEWAJEK ANDRZEJ	WARSZAWA			63	M40/441 (M)2398	00:55:01	00:51:51	00:29:17 / 2771	11.57
2563	4021	GAWLIKOWSKI MARIAN	WROCLAW		BEZIEMIENI	71	M30/972 (M)2399	00:55:01	00:50:21	00:30:00 / 3053	11.92
2564	1621	OSIAK PAWEŁ	WARSZAWA		ANIN-SADUL	77	M30/973 (M)2400	00:55:02	00:51:40	00:29:29 / 2855	11.61
2565	1415	ADAMCZYK KATARZYNA	ŁOMIANKI			84	K20/72 (K)165	00:55:02	00:51:52	00:28:54 / 2615	11.57
2566	3992	ŚMIGIERA ADAM	WARSZAWA		GRUBASY.PL	73	M30/974 (M)2401	00:55:02	00:53:02	00:29:01 / 2666	11.31
2567	2728	SIWEK JONASZ	OTWOCK			95	M20/762 (M)2402	00:55:02	00:54:13	00:26:42 / 1844	11.07
2568	1150	MAZURKIEWICZ ANDRZEJ	WÓLKA KOZODAWSKA			53	M50/183 (M)2403	00:55:02	00:51:38	00:28:59 / 2648	11.62
2569	4179	GÓRSKI TOMASZ	WARSZAWA		RIGHTSOLUTION	73	M30/975 (M)2404	00:55:03	00:52:28	00:28:56 / 2631	11.44
2570	5302	BENEKE TOMASZ	WARSZAWA		PURE	68	M40/442 (M)2405	00:55:03	00:52:28	00:28:56 / 2632	11.44
2571	2212	LESIAK ROMAN	RADOM			70	M40/443 (M)2406	00:55:03	00:51:28	00:29:17 / 2769	11.66
2572	1511	GNATOWSKI MICHAŁ				72	M30/976 (M)2407	00:55:03	00:53:37	00:27:39 / 2132	11.19
2573	6317	TOPOLSKI JANUSZ	POZNAŃ		NIEZRZESZONY	59	M50/184 (M)2408	00:55:03	00:53:04	00:28:09 / 2325	11.31
2574	1053	PONIKOWSKI PAWEŁ	WARSZAWA			83	M20/763 (M)2409	00:55:04	00:51:36	00:29:50 / 2986	11.63
2575	901	ZALEWSKI PIOTR	WARSZAWA			69	M40/444 (M)2410	00:55:04	00:51:41	00:28:54 / 2616	11.61
2576	1962	DUDZIŃSKI RAFAŁ	WARSZAWA			70	M40/445 (M)2411	00:55:04	00:51:02	00:29:45 / 2953	11.76
2577	3999	LISIECKI ADAM	PULTUSK			87	M20/764 (M)2412	00:55:04	00:53:53	00:26:53 / 1917	11.14
2578	106	SIENKIEWICZ DARIUSZ	WARSZAWA		PKO	71	M30/977 (M)2413	00:55:04	00:52:08	00:28:42 / 2537	11.51
2579	3032	SKIBIŃSKI TOMASZ	OŻARÓW MAZ.			62	M40/446 (M)2414	00:55:05	00:51:35	00:30:15 / 3116	11.63
2580	1689	KRZYWICKI PAWEŁ	WARSZAWA			72	M30/978 (M)2415	00:55:06	00:50:28	00:30:52 / 3303	11.89
2581	4571	KROSTA SYLWESTER	SKARŻYSKO-KAMIENNA			71	M30/979 (M)2416	00:55:06	00:51:54	00:28:31 / 2475	11.56
2582	4570	DYGAS PIOTR	WARSZAWA			71	M30/980 (M)2417	00:55:06	00:51:54	00:28:31 / 2476	11.56
2583	1215	BOGUSZ SEBASTIAN	WARSZAWA			86	M20/765 (M)2418	00:55:07	00:50:07	00:31:21 / 3490	11.97
2584	5670	KOLAŃCZYK PAULINA	WARSZAWA, POZNAŃ		ALETEMPO	80	K30/56 (K)166	00:55:07	00:52:36	00:29:49 / 2981	11.41
2585	3479	STAWICKI SERGIUSZ	WARSZAWA		VOLVO. FOR MARATHON	68	M40/447 (M)2419	00:55:07	00:51:43	00:29:07 / 2698	11.60
2586	3038	HEJNAR JERZY	WARSZAWA			81	M20/766 (M)2420	00:55:07	00:52:35	00:29:06 / 2692	11.41
2587	5265	ARTWIK AGNIESZKA	WARSZAWA			87	K20/73 (K)167	00:55:07	00:53:04	00:27:49 / 2182	11.31
2588	2720	WILK ŁUKASZ	WARSZAWA			76	M30/981 (M)2421	00:55:08	00:52:09	00:29:14 / 2742	11.51
2589	6434	ZIELIŃSKI PAWEŁ	WARSZAWA			76	M30/982 (M)2422	00:55:08	00:52:34	00:28:32 / 2483	11.41
2590	3026	SKRYDALEWICZ STANISŁAW	OZARÓW MAZOWIECKI		WSD	86	M20/767 (M)2423	00:55:08	00:50:23	00:32:21 / 3826	11.91
2591	3037	WAWIÓROWSKI KAMIL	WARSZAWA			81	M20/768 (M)2424	00:55:08	00:52:36	00:29:06 / 2693	11.41
2592	5751	KRÓL JAROSŁAW	ŻELECHÓW			87	M20/769 (M)2425	00:55:09	00:50:57	00:30:35 / 3236	11.78
2593	4234	KRZOWSKI ŁUKASZ	OSTROWIEC			79	M30/983 (M)2426	00:55:09	00:52:09	00:29:08 / 2706	11.51
2594	917	BUJKO MACIEJ	WARSZAWA			76	M30/984 (M)2427	00:55:10	00:51:35	00:28:58 / 2644	11.63
2595	2761	LUTOWSKI MIKOŁAJ	WARSZAWA			91	M20/770 (M)2428	00:55:10	00:53:57	00:28:14 / 2355	11.12
2596	4008	GAWROŃSKI KRZYSZTOF	WARSZAWA		NIE	57	M50/185 (M)2429	00:55:10	00:51:47	00:28:47 / 2571	11.59
2597	3365	BUŻANTOWICZ ZYGMUNT	LUBAŃ			88	M20/771 (M)2430	00:55:10	00:50:36	00:29:42 / 2931	11.86
2598	4549	WUCZYŃSKI MICHAŁ	WARSZAWA			72	M30/985 (M)2431	00:55:10	00:54:01	00:27:31 / 2097	11.11

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Czas Netto	5km	[km/h]
2599	30	JANUSZEWSKI PAWEŁ	WARSZAWA		PUMA	72	M30/986 (M)2432	00:55:10	00:51:11	00:31:20 / 3483	11.72
2600	895	POPOWSKI JAROSŁAW	WARSZAWA			69	M40/448 (M)2433	00:55:12	00:51:21	00:29:58 / 3040	11.68
2601	6256	SZCZEPAŃSKI STANISŁAW	BYTOM			75	M30/987 (M)2434	00:55:12	00:50:53	00:30:22 / 3161	11.79
2602	3442	PYDA TOMASZ	WARSZAWA			81	M20/772 (M)2435	00:55:12	00:52:21	00:28:51 / 2600	11.46
2603	1104	GĄTKIEWICZ MIKOŁAJ	WARSZAWA		BRAK	95	M20/773 (M)2436	00:55:13	00:53:48	00:28:42 / 2541	11.15
2604	1889	MARACH PIOTR	MARKI			80	M30/988 (M)2437	00:55:13	00:51:14	00:30:45 / 3276	11.71
2605	3109	GISZCZAK WŁODZIMIERZ	BIELSK		PEGAZ DROBIN	72	M30/989 (M)2438	00:55:13	00:51:47	00:29:13 / 2731	11.59
2606	1982	JEZERSKI JAKUB	WARSZAWA			71	M30/990 (M)2439	00:55:14	00:51:40	00:30:03 / 3070	11.61
2607	896	BARTNIKOWSKA MONIKA	WARSZAWA			81	K20/74 (K)168	00:55:14	00:51:23	00:29:58 / 3041	11.68
2608	4802	WÓJCIK KRZYSZTOF	KOĆMIERZÓW		PSP WARSZAWA	81	M20/774 (M)2440	00:55:14	00:52:20	00:29:38 / 2909	11.46
2609	2026	KJEWICZ MICHAŁ	WARSZAWA			83	M20/775 (M)2441	00:55:14	00:51:15	00:29:35 / 2895	11.71
2610	4226	DRZEWIŃSKI MARIUSZ	WARSZAWA		BIAŁE ŁĄKI	80	M30/991 (M)2442	00:55:14	00:52:36	00:28:48 / 2577	11.41
2611	4241	KOWALSKI JAKUB	WARSZAWA			79	M30/992 (M)2443	00:55:14	00:51:05	00:31:03 / 3369	11.75
2612	2219	JANKOWSKA-PORĘBSKA ALEKSANDRA	WARSZAWA		KS. OTRYT	84	K20/75 (K)169	00:55:15	00:53:34	00:28:19 / 2400	11.20
2613	2899	BIELECKI MACIEJ	WARSZAWA			87	M20/776 (M)2444	00:55:15	00:50:31	00:29:26 / 2837	11.88
2614	4784	RAFALO WOJCIECH	WARSZAWA			71	M30/993 (M)2445	00:55:15	00:52:52	00:28:28 / 2447	11.35
2615	7020	CHICIŃSKI GRZEGORZ	DĘBLIN			72	M30/994 (M)2446	00:55:15	00:53:42	00:28:23 / 2421	11.17
2616	747	GRENDZIŃSKI ANDRZEJ	OSTRÓDA			70	M40/449 (M)2447	00:55:16	00:53:25	00:28:04 / 2279	11.23
2617	2027	WYSOCKI ŁUKASZ	WARSZAWA			83	M20/777 (M)2448	00:55:16	00:51:17	00:29:35 / 2894	11.70
2618	7031	WYRWAL MARCIN	PIASECZNO			72	M30/995 (M)2449	00:55:16	00:52:12	00:29:08 / 2704	11.49
2619	1921	DOMŻAŁ MICHAŁ	WARSZAWA			73	M30/996 (M)2450	00:55:17	00:51:36	00:29:59 / 3047	11.63
2620	2867	MACECH-SMUŻEWSKA JOANNA	BIAŁA PODLASKA			65	K40/29 (K)170	00:55:17	00:53:40	00:28:16 / 2376	11.18
2621	2311	OLEŃDZKI SŁAWOMIR	WARSZAWA			69	M40/450 (M)2451	00:55:17	00:52:01	00:29:47 / 2971	11.53
2622	4366	SĘKOWSKA KATARZYNA	WARSZAWA		PURE	82	K20/76 (K)171	00:55:17	00:54:39	00:27:40 / 2144	10.98
2623	2527	KOPYŚ JERZY	WARSZAWA		TRUCHT TARCHOMIN	58	M50/186 (M)2452	00:55:18	00:51:37	00:30:13 / 3113	11.62
2624	2896	SZEWczyk KONRAD	WARSZAWA			85	M20/778 (M)2453	00:55:18	00:50:22	00:29:16 / 2765	11.91
2625	4471	WIERUSZ MACIEJ	WARSZAWA			86	M20/779 (M)2454	00:55:18	00:51:56	00:29:58 / 3038	11.55
2626	4473	SMOLARCZYK MIŁOSZ	WARSZAWA			86	M20/780 (M)2455	00:55:18	00:52:03	00:29:57 / 3035	11.53
2627	7083	BOGDAŃSKI JAKUB	POZNAŃ			89	M20/781 (M)2456	00:55:18	00:52:05	00:29:51 / 2996	11.52
2628	999	NOWOCIN MAGDALENA	WARSZAWA			79	K30/57 (K)172	00:55:19	00:54:12	00:27:52 / 2205	11.07
2629	3601	KAMONT RAFAŁ	WARSZAWA			81	M20/782 (M)2457	00:55:19	00:51:46	00:29:12 / 2730	11.59
2630	483	ŻAK KRZYSZTOF	ŁOMIANKI			87	M20/783 (M)2458	00:55:20	00:51:52	00:30:20 / 3144	11.57
2631	4421	WALENDZIEWSKA MAŁGORZATA	WARSZAWA			84	K20/77 (K)173	00:55:20	00:53:22	00:27:56 / 2227	11.24
2632	4192	STEFANIAK MARCIN	SZCZECIN			87	M20/784 (M)2459	00:55:20	00:52:20	00:29:43 / 2937	11.46
2633	2256	KUBAK GRACJANA	WARSZAWA			74	K30/58 (K)174	00:55:20	00:52:42	00:28:36 / 2504	11.39
2634	1093	BOROWSKI JAKUB	WARSZAWA			95	M20/785 (M)2460	00:55:20	00:53:24	00:28:37 / 2512	11.24
2635	4046	CZURYSZKIEWICZ EWELINA	ZIELONKA			90	K20/78 (K)175	00:55:20	00:52:13	00:29:44 / 2948	11.49
2636	3060	DOLEGA PIOTR	WARSZAWA		DZIELNICA URSUS	76	M30/997 (M)2461	00:55:20	00:52:19	00:30:31 / 3214	11.47
2637	7014	LENZ MAREK	GDAŃSK			72	M30/998 (M)2462	00:55:20	00:51:44	00:29:01 / 2665	11.60
2638	4489	WRONECKI MICHAŁ	PRUSZKÓW			83	M20/786 (M)2463	00:55:21	00:53:38	00:27:47 / 2171	11.19
2639	3553	KUROWSKI WOJCIECH	WARSZAWA		DWSZ MON	73	M30/999 (M)2464	00:55:21	00:49:21	00:31:35 / 3574	12.16
2640	3634	MASTALERZ ZENON	WARSZAWA			68	M40/451 (M)2465	00:55:21	00:50:34	00:31:05 / 3385	11.87
2641	2342	PODGÓRSKI PAWEŁ	WARSZAWA			81	M20/787 (M)2466	00:55:21	00:53:01	00:27:55 / 2224	11.32
2642	4576	SZTOMBER DANIEL	WARSZAWA		WARSZAWA	82	M20/788 (M)2467	00:55:21	00:52:46	00:29:13 / 2737	11.37
2643	3969	DŁUTOWSKI MICHAŁ	WARSZAWA			74	M30/1000 (M)2468	00:55:21	00:50:41	00:30:54 / 3316	11.84
2644	3738	CLAPIŃSKI WOJTEK	WARSZAWA			75	M30/1001 (M)2469	00:55:22	00:53:49	00:27:51 / 2196	11.15
2645	3629	WOJTACZKA WOJCIECH	WARSZAWA			81	M20/789 (M)2470	00:55:22	00:51:10	00:30:54 / 3318	11.73
2646	4084	KOMINEK JAROSŁAW	CELESTYNÓW			77	M30/1002 (M)2471	00:55:22	00:52:47	00:29:05 / 2686	11.37
2647	1983	TELEON PIOTR	WARSZAWA			74	M30/1003 (M)2472	00:55:23	00:50:35	00:30:36 / 3240	11.86
2648	4528	PLEWKA GRZEGORZ	WARSZAWA			81	M20/790 (M)2473	00:55:23	00:53:45	00:27:23 / 2068	11.16
2649	7060	STRABURZYŃSKI RAFAŁ	SZCZANIEC			80	M30/1004 (M)2474	00:55:23	00:52:11	00:30:28 / 3199	11.50
2650	5787	KURŻĄTKOWSKI DARIUSZ	CIECHANÓW		NIEZRZESZONY	74	M30/1005 (M)2475	00:55:24	00:51:34	00:30:47 / 3282	11.64
2651	2123	STARTEK DARIUSZ	WARSZAWA			69	M40/452 (M)2476	00:55:24	00:52:03	00:29:14 / 2744	11.53
2652	2364	HENCEL TOMASZ			ACTION	78	M30/1006 (M)2477	00:55:24	00:51:20	00:30:51 / 3298	11.69
2653	4170	KRASNOBORSKI JAKUB	LIDZBARK WARMIŃSKI			81	M20/791 (M)2478	00:55:24	00:52:17	00:29:56 / 3025	11.48
2654	4787	MALINOWSKI JULIUSZ	WARSZAWA			80	M30/1007 (M)2479	00:55:24	00:53:34	00:28:11 / 2337	11.20
2655	2787	LEHMANN JACEK	POZNAŃ			80	M30/1008 (M)2480	00:55:25	00:53:11	00:28:33 / 2489	11.28
2656	4801	LIS SYLWESTER	WARSZAWA			71	M30/1009 (M)2481	00:55:25	00:51:41	00:28:40 / 2530	11.61

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Czas Netto	5km	[km/h]
2657	4238	JANKOWSKI PIOTR	CHOTOMÓW		GRUPA BIEGOWA CHTMO	85	M20/792 (M)2482	00:55:25	00:53:31	00:28:09 / 2323	11.21
2658	4331	SZAFRANIEC ŁUKASZ	WARSZAWA		WARSZAWIANKA	85	M20/793 (M)2483	00:55:25	00:54:13	00:28:23 / 2419	11.07
2659	6756	CIUBAK EUGENIUSZ	WYSZKÓW			60	M50/187 (M)2484	00:55:25	00:54:58	00:27:37 / 2121	10.92
2660	3809	GOLACHOWSKI KRZYSZTOF	WARSZAWA		ENERGOINFO.PL	69	M40/453 (M)2485	00:55:26	00:51:45	00:30:02 / 3062	11.59
2661	4250	BOROWSKI MICHAŁ	WRSZAWA			89	M20/794 (M)2486	00:55:26	00:53:29	00:28:37 / 2511	11.22
2662	2478	BARTOSIK DAWID	WARSZAWA			76	M30/1010 (M)2487	00:55:28	00:51:32	00:29:42 / 2932	11.64
2663	3024	CHOLEWINSKI TOMASZ	WARSZAWA			63	M40/454 (M)2488	00:55:28	00:52:36	00:29:40 / 2921	11.41
2664	3377	KOBUS ANDRZEJ	WARSZAWA			69	M40/455 (M)2489	00:55:28	00:53:30	00:29:15 / 2751	11.21
2665	3463	FINKE GRZEGORZ	WARSZAWA			84	M20/795 (M)2490	00:55:29	00:51:34	00:29:44 / 2946	11.64
2666	4353	KUZAK KRZYSZTOF	WARSZAWA			73	M30/1011 (M)2491	00:55:29	00:53:55	00:28:20 / 2404	11.13
2667	190	JANOWICZ JACEK	WARSZAWA			69	M40/456 (M)2492	00:55:29	00:55:26	00:26:38 / 1825	10.82
2668	1105	GĄTKIEWICZ ARKADIUSZ	WARSZAWA		BRAK	67	M40/457 (M)2493	00:55:30	00:54:05	00:28:41 / 2532	11.09
2669	3583	GUZ TOMASZ	TORUŃ			88	M20/796 (M)2494	00:55:30	00:50:34	00:32:16 / 3794	11.87
2670	4672	KOŁOMYJSKI MACIEJ	WARSZAWA			68	M40/458 (M)2495	00:55:30	00:53:11	00:26:59 / 1953	11.28
2671	1729	KUPNIEWSKI JAKUB	WARSZAWA			71	M30/1012 (M)2496	00:55:31	00:51:25	00:29:33 / 2879	11.67
2672	4155	MICZEK KORNELIUSZ	MIKOŁÓW			84	M20/797 (M)2497	00:55:31	00:51:56	00:29:44 / 2943	11.55
2673	931	KACZOR JAROSŁAW	WARSZAWA		ERA RUNNING TEAM	73	M30/1013 (M)2498	00:55:32	00:51:45	00:29:46 / 2961	11.59
2674	249	OLBRYCHT IWONA	WARSZAWA		12TRI.PL	77	K30/59 (K)176	00:55:32	00:53:44	00:28:41 / 2536	11.17
2675	3939	GROSSE PAWEŁ	WARSZAWA			74	M30/1014 (M)2499	00:55:32	00:52:36	00:28:50 / 2591	11.41
2676	1198	PANUFNIK PIOTR	WARSZAWA			84	M20/798 (M)2500	00:55:33	00:51:38	00:30:36 / 3241	11.62
2677	2708	ZABOROWSKI GRZEGORZ	WARSZAWA			83	M20/799 (M)2501	00:55:33	00:52:55	00:28:17 / 2381	11.34
2678	3312	MATYJASIK JACEK	WARSZAWA			71	M30/1015 (M)2502	00:55:33	00:53:08	00:27:46 / 2166	11.29
2679	676	SOĆKO MARCIN	WARSZAWA			77	M30/1016 (M)2503	00:55:34	00:52:15	00:29:32 / 2870	11.48
2680	1649	WRÓBEL STANISŁAW	WARSZAWA			51	M50/188 (M)2504	00:55:34	00:53:04	00:28:44 / 2556	11.31
2681	4601	SUŁKOWSKI MICHAŁ	WARSZAWA			90	M20/800 (M)2505	00:55:35	00:53:28	00:28:51 / 2597	11.22
2682	2707	SYMONOWICZ MACIEJ	WARSZAWA			78	M30/1017 (M)2506	00:55:35	00:54:21	00:29:22 / 2802	11.04
2683	1345	PIETRAŚ AGATA	WARSZAWA			84	K20/79 (K)177	00:55:36	00:50:53	00:30:22 / 3157	11.79
2684	3094	KOŁACZKOWSKI ADAM	OPOLE			80	M30/1018 (M)2507	00:55:37	00:54:26	00:27:24 / 2073	11.02
2685	4386	GRZELAK JOANNA	WARSZAWA			81	K20/80 (K)178	00:55:37	00:52:34	00:29:04 / 2682	11.41
2686	3758	KULEJ LESZEK	WARSZAWA			87	M20/801 (M)2508	00:55:37	00:53:35	00:29:47 / 2970	11.20
2687	4520	TRZASKOWSKI MAREK CEZARY	KARCZEW			66	M40/459 (M)2509	00:55:38	00:54:17	00:28:02 / 2271	11.05
2688	5537	GRZONKOWSKI JAN	WARSZAWA		TECZA-SRĘCZA	85	M20/802 (M)2510	00:55:38	00:49:57	00:32:15 / 3791	12.01
2689	431	ZAWADZKI KAMIL	WARSZAWA			93	M20/803 (M)2511	00:55:39	00:52:08	00:29:17 / 2772	11.51
2690	374	BONIK PAWEŁ	WARSZAWA		PĘDZĄCE CHOMIKI	74	M30/1019 (M)2512	00:55:39	00:52:53	00:29:42 / 2934	11.35
2691	1568	GAWKOWSKI ROBERT	LEGIONOWO		FBT LEGIONOWO	73	M30/1020 (M)2513	00:55:39	00:51:25	00:30:19 / 3141	11.67
2692	641	GAWROŃSKI MARIUSZ	WARSZAWA			64	M40/460 (M)2514	00:55:39	00:55:31	00:27:04 / 1987	10.81
2693	2721	KOCON MACIEJ	WARSZAWA		KPMG MARATHON TEAM	79	M30/1021 (M)2515	00:55:40	00:50:52	00:30:03 / 3072	11.80
2694	3585	PERLEJEWSKI SEBASTIAN	CIECHANOWIEC		FACEBOOK.COM/BIEGANIE	87	M20/804 (M)2516	00:55:40	00:51:06	00:31:16 / 3464	11.74
2695	4692	SZCZĘSNY ŁUKASZ	SZYPLISZKI			86	M20/805 (M)2517	00:55:40	00:52:07	00:29:51 / 2989	11.51
2696	3420	NOWAK WALDEMAR	PIASECZNO			53	M50/189 (M)2518	00:55:42	00:53:14	00:29:29 / 2854	11.27
2697	1391	WÓJCİK ZBIGNIEW	WARSZAWA			70	M40/461 (M)2519	00:55:43	00:53:07	00:29:16 / 2766	11.30
2698	3595	RADWAŃSKI PAWEŁ	WARSZAWA			75	M30/1022 (M)2520	00:55:43	00:54:49	00:28:01 / 2267	10.95
2699	4108	DZICZEK KAZIMIERZ	WARSZAWA		DEALER SPORT	68	M40/462 (M)2521	00:55:43	00:51:37	00:31:16 / 3460	11.62
2700	4894	WAGNER DARIUSZ	ZIELÓWKA			89	M20/806 (M)2522	00:55:43	00:52:36	00:29:36 / 2898	11.41
2701	1095	WOŹNIAK JAROSŁAW	WARSZAWA			67	M40/463 (M)2523	00:55:45	00:52:18	00:29:46 / 2963	11.47
2702	4200	SZCZEPANIAK GRZEGORZ	WARSZAWA			68	M40/464 (M)2524	00:55:45	00:53:06	00:29:47 / 2965	11.30
2703	793	LISONEK AGATA	KONSTANCIN			75	K30/60 (K)179	00:55:45	00:53:39	00:29:29 / 2856	11.18
2704	2798	WASZAK LECH	KUTNO		2 BMT KUTNO	62	M40/465 (M)2525	00:55:46	00:53:10	00:29:01 / 2662	11.29
2705	788	POŚLĄJKO SYLWESTER	WARSZAWA			80	M30/1023 (M)2526	00:55:46	00:52:21	00:29:15 / 2753	11.46
2706	2770	MOROZ MARIUSZ	GRÓJEC			74	M30/1024 (M)2527	00:55:46	00:51:56	00:29:41 / 2923	11.55
2707	2675	TUBIS MICHAŁ	WARSZAWA			85	M20/807 (M)2528	00:55:46	00:51:44	00:31:02 / 3364	11.60
2708	5453	DYMARSKI MAREK	JÓZEFOSŁAW		123-A-TERAZ-MY	71	M30/1025 (M)2529	00:55:46	00:51:53	00:30:34 / 3228	11.56
2709	2228	GAWRON TOMASZ	WOLA WIŚNIOWA			80	M30/1026 (M)2530	00:55:46	00:53:31	00:29:31 / 2863	11.21
2710	3628	SOLINSKI JERZY	WARSZAWA			58	M50/190 (M)2531	00:55:46	00:52:09	00:29:35 / 2893	11.51
2711	5717	KOWALCZYK MARTA	OSTRÓW WLKP.			84	K20/81 (K)180	00:55:46	00:53:45	00:28:44 / 2551	11.16
2712	4768	KOŁODZIEJCZAK MAŁGORZATA	WARSZAWA			56	K50/10 (K)181	00:55:46	00:52:20	00:29:13 / 2736	11.46
2713	3895	LISIECKI PRZEMYSŁAW	WARSZAWA			74	M30/1027 (M)2532	00:55:47	00:53:11	00:29:56 / 3026	11.28
2714	3394	BARTOSIAK JAKUB				84	M20/808 (M)2533	00:55:47	00:52:38	00:28:25 / 2430	11.40

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Czas Netto	5km	[km/h]
2715	38	SUMISLAWSKI SEBASTIAN	POZNAŃ		ASICS	76	M30/1028 (M)2534	00:55:47	00:52:51	00:28:47 / 2572	11.35
2716	2117	SNOPEK MARIUSZ	WARSZAWA			86	M20/809 (M)2535	00:55:48	00:53:22	00:28:59 / 2651	11.24
2717	4224	WIELGO PRZYBYSLAW	WARSZAWA			73	M30/1029 (M)2536	00:55:48	00:52:34	00:29:56 / 3029	11.41
2718	6318	TOPOR MICHAL	POZNAN			89	M20/810 (M)2537	00:55:48	00:52:36	00:28:36 / 2503	11.41
2719	2400	ZYCHOWICZ JAROSLAW			ACTION	77	M30/1030 (M)2538	00:55:48	00:54:18	00:27:00 / 1960	11.05
2720	4681	ZAJĄC SŁAWOMIR	WARSZAWA			79	M30/1031 (M)2539	00:55:48	00:52:12	00:30:54 / 3317	11.49
2721	3225	ŁUKASIK KAZIMIERZ	PRUSZKÓW		NIEZRZESZONY	46	M60/30 (M)2540	00:55:49	00:53:21	00:29:37 / 2905	11.25
2722	4721	JÓZEFAKCI TOMASZ	WARSZAWA			73	M30/1032 (M)2541	00:55:49	00:49:01	00:32:36 / 3931	12.24
2723	465	KOSOBUDZKI GRZEGORZ	WARSZAWA			79	M30/1033 (M)2542	00:55:49	00:51:00	00:30:25 / 3176	11.76
2724	962	BANASIAK MACIEJ	HENRYKÓW UROCZE			76	M30/1034 (M)2543	00:55:49	00:52:22	00:29:38 / 2914	11.46
2725	1452	BORTNIK MAREK	WARSZAWA			69	M40/466 (M)2544	00:55:49	00:52:43	00:29:47 / 2972	11.38
2726	3486	ANTCZAK ADRIAN	WARSZAWA			95	M20/811 (M)2545	00:55:49	00:52:43	00:29:48 / 2973	11.38
2727	2008	SIERPIŃSKA BARBARA	GRÓJEC			90	K20/82 (K)182	00:55:50	00:52:07	00:29:53 / 3008	11.51
2728	210	STRZAŁKOWSKI MARCIN	WARSZAWA			88	M20/812 (M)2546	00:55:50	00:52:47	00:29:15 / 2756	11.37
2729	2344	WALEWSKI MARCIN	WARSZAWA			71	M30/1035 (M)2547	00:55:51	00:53:06	00:28:38 / 2516	11.30
2730	5713	KOWALCZYK JAROSLAW	SUWALKI			78	M30/1036 (M)2548	00:55:51	00:53:50	00:28:21 / 2408	11.15
2731	1419	SŁOMKA PAWEŁ	WARSZAWA			94	M20/813 (M)2549	00:55:51	00:52:05	00:28:12 / 2345	11.52
2732	6722	MAJCHER MICHAŁ	KIELCE			86	M20/814 (M)2550	00:55:51	00:53:50	00:28:09 / 2322	11.15
2733	3218	MIŚKO TADEUSZ	WARSZAWA			48	M60/31 (M)2551	00:55:51	00:54:08	00:28:02 / 2268	11.08
2734	336	NIEWIADOMSKI ZDZISŁAW	WARSZAWA			49	M60/32 (M)2552	00:55:52	00:52:40	00:29:23 / 2811	11.39
2735	2564	SZPANOWSKI JAKUB	GDAŃSK			79	M30/1037 (M)2553	00:55:52	00:51:58	00:30:57 / 3333	11.55
2736	489	MIJAS MACIEJ	WARSZAWA			72	M30/1038 (M)2554	00:55:53	00:53:20	00:29:15 / 2755	11.25
2737	2501	PIKULSKI MIECZYSLAW	PIŃCZÓW		KL PONIDZIE PIŃCZÓW	43	M60/33 (M)2555	00:55:53	00:52:40	00:29:54 / 3012	11.39
2738	6207	SOSZKA ŁUKASZ	WARSZAWA		3SPN WARSZAWA	83	M20/815 (M)2556	00:55:53	00:52:15	00:29:14 / 2746	11.48
2739	5316	BIELECKI JAKUB	WARSZAWA		ENTRE.PL TEAM / IM2010	83	M20/816 (M)2557	00:55:53	00:52:15	00:29:14 / 2745	11.48
2740	2729	WITAK DANIEL	OTWOCK			95	M20/817 (M)2558	00:55:53	00:55:03	00:26:48 / 1881	10.90
2741	436	SZEWczyk PIOTR	WARSZAWA			96	M20/818 (M)2559	00:55:54	00:51:06	00:31:06 / 3389	11.74
2742	6879	WASZKIEWICZ KAROL	RADOM		KOCHAM RADOM	84	M20/819 (M)2560	00:55:54	00:55:09	00:27:07 / 2000	10.88
2743	4682	LESIAK RAFAŁ	WARSZAWA			78	M30/1039 (M)2561	00:55:54	00:52:39	00:30:25 / 3179	11.40
2744	194	KRÓL ARKADIUSZ	WARSZAWA			72	M30/1040 (M)2562	00:55:54	00:54:48	00:26:46 / 1866	10.95
2745	5742	KRAWCOW PIOTR	BRWINÓW			85	M20/820 (M)2563	00:55:55	00:53:53	00:28:32 / 2482	11.14
2746	4513	MAJHOFER KUBA	WARSZAWA			95	M20/821 (M)2564	00:55:55	00:53:35	00:29:01 / 2663	11.20
2747	3259	PRZYSUCHA MICHAŁ	WARSZAWA			82	M20/822 (M)2565	00:55:55	00:54:25	00:27:01 / 1965	11.03
2748	2913	GRUZA PIOTR	WARSZAWA			72	M30/1041 (M)2566	00:55:55	00:55:44	00:26:29 / 1778	10.77
2749	2682	KWIATKOWSKI MICHAŁ	WARSZAWA			87	M20/823 (M)2567	00:55:56	00:53:30	00:28:59 / 2650	11.21
2750	1730	KORDALEWSKI ŁUKASZ	SULEJÓWEK			83	M20/824 (M)2568	00:55:56	00:51:50	00:29:35 / 2889	11.58
2751	2110	KWAPISZ HENRYK	WARSZAWA		SAINT-GOBAIN SQUAD	56	M50/191 (M)2569	00:55:56	00:52:31	00:29:22 / 2808	11.42
2752	2215	MAKARCZYK PAULINA	WARSZAWA			75	K30/61 (K)183	00:55:56	00:53:25	00:29:55 / 3020	11.23
2753	7057	WIĄCEK PAWEŁ	CZANIEC			79	M30/1042 (M)2570	00:55:56	00:55:43	00:26:49 / 1886	10.77
2754	7137	PLUDOWSKI PRZEMYSŁAW	WARSZAWA			82	M20/825 (M)2571	00:55:56	00:53:30	00:29:16 / 2763	11.21
2755	1937	MORAWSKA KINGA	WARSZAWA			79	K30/62 (K)184	00:55:57	00:53:06	00:29:51 / 2992	11.30
2756	6607	EBEL JEAN-YVES	WARSZAWA			56	M50/192 (M)2572	00:55:57	00:52:56	00:29:11 / 2725	11.34
2757	4207	BILIŃSKI TOMASZ	WARSZAWA		JELONKI	63	M40/467 (M)2573	00:55:57	00:52:59	00:29:34 / 2884	11.32
2758	4550	SZMUK ALEKSANDRA	NOWA IWICZNA			79	K30/63 (K)185	00:55:57	00:52:04	00:30:30 / 3207	11.52
2759	2522	KARALUS DARIUSZ	ŁÓDŹ		FOREVER YOUNG ŁÓDŹ	64	M40/468 (M)2574	00:55:58	00:53:36	00:28:45 / 2562	11.19
2760	4591	KALINOWSKI ARKADIUSZ	WARSZAWA			67	M40/469 (M)2575	00:55:58	00:52:21	00:30:06 / 3085	11.46
2761	4865	KOCISZEWSKI KAMIL	WARSZAWA			71	M30/1043 (M)2576	00:55:59	00:52:01	00:30:14 / 3114	11.53
2762	2299	GORSZKOW ANDRIEJ	WARSZAWA			63	M40/470 (M)2577	00:55:59	00:51:54	00:30:26 / 3184	11.56
2763	5521	GÓRSKI DOMINIK	WARSZAWA		KOMPANIA NIGDY JUŻ	78	M30/1044 (M)2578	00:55:59	00:51:33	00:30:43 / 3266	11.64
2764	576	MAZEK SEBASTIAN	WARSZAWA			82	M20/826 (M)2579	00:56:00	00:52:27	00:30:33 / 3226	11.44
2765	6162	RZYSKO MICHAŁ	WARSZAWA			76	M30/1045 (M)2580	00:56:00	00:54:59	00:29:32 / 2869	10.91
2766	6014	OLCZAK TOMASZ	GRÓJEC			76	M30/1046 (M)2581	00:56:01	00:54:54	00:28:09 / 2320	10.93
2767	5498	GEDLEK MACIEJ	NAWOJOWA GÓRA			78	M30/1047 (M)2582	00:56:01	00:53:40	00:29:43 / 2936	11.18
2768	4141	BURKE TIM	WARSZAWA			60	M50/193 (M)2583	00:56:01	00:53:48	00:29:47 / 2968	11.15
2769	4142	BURKE DEBBIE	WARSZAWA			61	K40/30 (K)186	00:56:01	00:53:49	00:29:47 / 2966	11.15
2770	4636	MALISZEWSKI KONRAD	WARSZAWA			95	M20/827 (M)2584	00:56:02	00:52:57	00:28:44 / 2552	11.33
2771	1501	STAROŃ JAKUB	KOZIENICE			88	M20/828 (M)2585	00:56:02	00:52:34	00:30:09 / 3097	11.41
2772	4480	BRZĘCZEK ROMAN	WARSZAWA			60	M50/194 (M)2586	00:56:02	00:55:36	00:26:23 / 1749	10.79



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Czas Netto	5km	[km/h]
2773	4652	MASZEWSKA AGATA	WARSZAWA			85	K20/83 (K)187	00:56:03	00:54:15	00:29:00 / 2654	11.06
2774	4156	MICZEK WIESŁAW	MIKOŁÓW			59	M50/195 (M)2587	00:56:03	00:52:28	00:29:24 / 2815	11.44
2775	3222	ZUBOWICZ JAKUB	WARSZAWA			82	M20/829 (M)2588	00:56:04	00:52:34	00:29:06 / 2695	11.41
2776	2425	JANKOWSKA MAŁGORZATA	WARSZAWA			78	K30/64 (K)188	00:56:04	00:53:01	00:29:30 / 2858	11.32
2777	6412	ZAJĄC SŁAWOMIR	GARWOLIN			70	M40/471 (M)2589	00:56:04	00:55:16	00:27:58 / 2241	10.86
2778	4574	MISIAK MARCIN	GIŻYCKO			79	M30/1048 (M)2590	00:56:04	00:54:18	00:27:13 / 2024	11.05
2779	5863	MACUTKIEWICZ PAWEŁ	PODKOWA LEŚNA			67	M40/472 (M)2591	00:56:04	00:53:55	00:28:11 / 2338	11.13
2780	370	GROCHOWSKI PAWEŁ RAFAŁ	WARSZAWA			76	M30/1049 (M)2592	00:56:05	00:51:43	00:31:04 / 3373	11.60
2781	5735	KOZŁOWSKI BARTŁOMIEJ	KIELCE			72	M30/1050 (M)2593	00:56:05	00:52:01	00:30:49 / 3290	11.53
2782	704	BIAŁCZAK SŁAWOMIR	PULTUSK			62	M40/473 (M)2594	00:56:05	00:54:55	00:28:15 / 2365	10.93
2783	705	TRZCIŃSKI WIESŁAW	PULTUSK			62	M40/474 (M)2595	00:56:05	00:54:55	00:28:15 / 2364	10.93
2784	3739	ZACHAREK PIOTR	ZAKROCZYM		HP-RUN	73	M30/1051 (M)2596	00:56:05	00:52:32	00:29:35 / 2892	11.42
2785	627	BALCERZAK MONIKA	WARSZAWA		ABCKONDYCJA	78	K30/65 (K)189	00:56:06	00:55:04	00:28:06 / 2291	10.90
2786	4431	NOWICKA JOANNA	WARSZAWA			53	K50/11 (K)190	00:56:06	00:54:56	00:27:51 / 2195	10.92
2787	1180	GRZYBOWSKI DARIUSZ	GRÓJEC		NIEZRZESZONY	72	M30/1052 (M)2597	00:56:06	00:54:18	00:28:26 / 2433	11.05
2788	679	BRODZIK PIOTR	WARSZAWA			75	M30/1053 (M)2598	00:56:06	00:51:04	00:30:27 / 3191	11.75
2789	3613	MAŚLANKA BOGDAN	WARSZAWA			70	M40/475 (M)2599	00:56:06	00:50:16	00:31:00 / 3350	11.94
2790	2821	NALAZEK WOJCIECH	MIŃSK MAZOWIECKI			53	M50/196 (M)2600	00:56:06	00:52:54	00:29:25 / 2822	11.34
2791	3216	SIEMIRADZKI KAMIL	WARSZAWA			85	M20/830 (M)2601	00:56:06	00:52:16	00:30:00 / 3051	11.48
2792	2936	GNIADKOWSKI ANDRZEJ	WARSZAWA			81	M20/831 (M)2602	00:56:07	00:51:50	00:32:53 / 4001	11.58
2793	2704	TOPOLSKI STANISŁAW	GLÓWKA			71	M30/1054 (M)2603	00:56:07	00:52:20	00:30:34 / 3231	11.46
2794	4248	HODOWICZ TOMASZ	WARSZAWA			61	M40/476 (M)2604	00:56:07	00:54:28	00:27:35 / 2115	11.02
2795	5993	NIEWIAROWSKI GRZEGORZ	WARSZAWA			78	M30/1055 (M)2605	00:56:07	00:53:21	00:29:53 / 3005	11.25
2796	722	BONACCHI SILVIA	WARSZAWA		ENTRE.PL	66	K40/31 (K)191	00:56:08	00:54:09	00:28:45 / 2561	11.08
2797	1518	GRAJEWSKI STEFAN	WARSZAWA			79	M30/1056 (M)2606	00:56:08	00:53:26	00:30:00 / 3054	11.23
2798	905	CZAJKOWSKI PIOTR	NADARZYN			63	M40/477 (M)2607	00:56:08	00:53:51	00:29:21 / 2798	11.14
2799	1977	SAKOWSKI MARCIN	WARSZAWA			80	M30/1057 (M)2608	00:56:09	00:51:58	00:30:24 / 3173	11.55
2800	4512	WILCZYŃSKI RAFAŁ	WARSZAWA			75	M30/1058 (M)2609	00:56:09	00:55:34	00:28:29 / 2457	10.80
2801	789	JANCZUK PIOTR	WARSZAWA			76	M30/1059 (M)2610	00:56:10	00:52:56	00:29:38 / 2910	11.34
2802	3375	SIKORA PIOTR	IŁŻA			87	M20/832 (M)2611	00:56:10	00:54:37	00:27:10 / 2016	10.99
2803	1040	SKIBIŃSKI ZENON	WARSZAWA			68	M40/478 (M)2612	00:56:10	00:53:48	00:28:53 / 2612	11.15
2804	1769	PARZUCHOWSKI PAWEŁ	RADOM			84	M20/833 (M)2613	00:56:10	00:53:03	00:29:05 / 2689	11.31
2805	5342	BORKOWSKI JERZY	RADOM		NIEZRZESZONY	51	M50/197 (M)2614	00:56:10	00:53:27	00:29:03 / 2676	11.23
2806	4518	GRZELAK ŁUKASZ	WARSZAWA			84	M20/834 (M)2615	00:56:10	00:55:34	00:28:29 / 2458	10.80
2807	398	FILIPIAK GRZEGORZ	WARSZAWA			74	M30/1060 (M)2616	00:56:11	00:52:28	00:29:11 / 2723	11.44
2808	4708	BAZAN JACEK	WARSZAWA			70	M40/479 (M)2617	00:56:11	00:52:07	00:29:38 / 2915	11.51
2809	6427	ZAWISKA IZABELA	WARSZAWA			77	K30/66 (K)192	00:56:11	00:55:06	00:29:24 / 2817	10.89
2810	4645	TOMCZYŃSKI MATEUSZ				95	M20/835 (M)2618	00:56:11	00:55:56	00:25:56 / 1612	10.73
2811	719	KRYSTOFIEC MAREK	WARSZAWA			75	M30/1061 (M)2619	00:56:12	00:52:28	00:28:42 / 2542	11.44
2812	692	GAŚSIOR JANUSZ	WARSZAWA			51	M50/198 (M)2620	00:56:12	00:53:07	00:29:21 / 2799	11.30
2813	1797	KACPRZYK EWA	WARSZAWA			91	K20/84 (K)193	00:56:12	00:53:04	00:29:28 / 2848	11.31
2814	2988	KŁOS ANDRZEJ	WARSZAWA			65	M40/480 (M)2621	00:56:12	00:53:36	00:30:15 / 3119	11.19
2815	3379	MAKOWIECKI JACEK	WARSZAWA			76	M30/1062 (M)2622	00:56:13	00:54:17	00:27:57 / 2239	11.05
2816	4083	LEWANDOWSKI ŁUKASZ	CELESTYNÓW			82	M20/836 (M)2623	00:56:13	00:53:37	00:29:49 / 2983	11.19
2817	4722	GLOBERMAN KEN	WARSZAWA			69	M40/481 (M)2624	00:56:13	00:49:20	00:32:36 / 3930	12.16
2818	5668	KOCOŃ MAREK	CZELADŹ		TKKF SATURN CZELADŹ	53	M50/199 (M)2625	00:56:14	00:52:14	00:30:28 / 3198	11.49
2819	3288	KACZMAREK GRZEGORZ	WARSZAWA			80	M30/1063 (M)2626	00:56:14	00:52:31	00:30:08 / 3094	11.42
2820	3522	POLEĆ ANDRZEJ	SOCHACZEW		KM AKTYWNI SOCHACZEW	65	M40/482 (M)2627	00:56:14	00:52:53	00:29:29 / 2852	11.35
2821	3846	WOŹNIAK PRZEMYSŁAW	WARSZAWA			73	M30/1064 (M)2628	00:56:14	00:53:21	00:29:17 / 2774	11.25
2822	3753	KONISIEWICZ MATEUSZ	CHOTOMÓW			85	M20/837 (M)2629	00:56:14	00:50:59	00:31:52 / 3670	11.77
2823	4794	ŚLĘZIAK MACIEJ	RYBNIK			84	M20/838 (M)2630	00:56:14	00:51:55	00:30:53 / 3307	11.56
2824	2002	WRÓBEL ELŻBIETA	WARSZAWA			75	K30/67 (K)194	00:56:15	00:55:35	00:27:38 / 2129	10.79
2825	4106	WYDRYCH MIKOŁAJ	WARSZAWA			85	M20/839 (M)2631	00:56:15	00:53:20	00:30:28 / 3200	11.25
2826	3217	MIKULSKI RAFAŁ	WARSZAWA			74	M30/1065 (M)2632	00:56:15	00:52:25	00:30:02 / 3064	11.45
2827	4301	ZOMENO CARLOS	WALENCJA			85	M20/840 (M)2633	00:56:15	00:52:12	00:30:02 / 3066	11.49
2828	1376	STOLARSKI PAWEŁ	JABŁONNA		ŁADEKS	64	M40/483 (M)2634	00:56:16	00:54:10	00:28:31 / 2473	11.08
2829	509	KWIATKOWSKI MACIEJ	WARSZAWA			76	M30/1066 (M)2635	00:56:16	00:53:08	00:29:55 / 3018	11.29
2830	885	RASZEWSKI PIOTR	WARSZAWA			80	M30/1067 (M)2636	00:56:16	00:52:57	00:30:12 / 3108	11.33

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Czas Netto	5km	[km/h]
2831	6195	SMAGA WOJCIECH	LUBLIN		FUNDACJA PROMETEUSZ	82	M20/841 (M)2637	00:56:16	00:54:07	00:29:57 / 3032	11.09
2832	3122	TUCHMACHER KRYSZTIAN	PEŁCZYCE			83	M20/842 (M)2638	00:56:16	00:54:44	00:28:36 / 2502	10.96
2833	4428	CHILIŃSKA JUDYTA	WARSZAWA			71	K30/68 (K)195	00:56:16	00:51:52	00:30:38 / 3248	11.57
2834	1961	SIENKIEWICZ PAWEŁ	WARSZAWA			74	M30/1068 (M)2639	00:56:17	00:52:22	00:30:31 / 3209	11.46
2835	1258	SŁYSZ BORYS	WARSZAWA			77	M30/1069 (M)2640	00:56:17	00:54:55	00:29:19 / 2789	10.93
2836	2681	ÓDŹEŃSKI WOJCIECH	WARSZAWA			66	M40/484 (M)2641	00:56:17	00:54:41	00:28:33 / 2492	10.97
2837	611	SUMIŃSKA MAGDALENA	KAMION		OSP KAMION	91	K20/85 (K)196	00:56:18	00:52:31	00:30:35 / 3235	11.42
2838	1878	SZEWczyk ANDRZEJ	WARSZAWA			82	M20/843 (M)2642	00:56:18	00:51:55	00:31:06 / 3393	11.56
2839	4790	NIECHWIADOWICZ JAN	WARSZAWA			66	M40/485 (M)2643	00:56:19	00:55:04	00:28:37 / 2507	10.90
2840	2223	SZUBERT ANNA	BRWINÓW			82	K20/86 (K)197	00:56:20	00:52:08	00:30:31 / 3211	11.51
2841	2862	HOFFMANN MATEUSZ	WARSZAWA			74	M30/1070 (M)2644	00:56:20	00:53:42	00:29:41 / 2927	11.17
2842	2418	NOWIERSKI ŁUKASZ	WARSZAWA			84	M20/844 (M)2645	00:56:20	00:54:30	00:29:04 / 2681	11.01
2843	3653	MATKOWSKI MARCIN	WARSZAWA			76	M30/1071 (M)2646	00:56:20	00:51:27	00:32:04 / 3721	11.66
2844	6382	WOJCIECHOWSKI MAREK	PIASECZNO		EDC RUNNERS	81	M20/845 (M)2647	00:56:20	00:54:35	00:27:32 / 2104	10.99
2845	3720	JUKIEL JAROSŁAW	WARSZAWA			69	M40/486 (M)2648	00:56:20	00:53:16	00:28:54 / 2618	11.26
2846	4098	SMOGORZEWSKI MICHAŁ	WARSZAWA			85	M20/846 (M)2649	00:56:21	00:55:02	00:27:12 / 2022	10.90
2847	1635	ZAJĄC MACIEJ	PIASECZNO			77	M30/1072 (M)2650	00:56:21	00:52:36	00:30:21 / 3154	11.41
2848	4573	RÓŻYCKA MAŁGORZATA	WARSZAWA			79	K30/69 (K)198	00:56:21	00:54:31	00:29:04 / 2680	11.01
2849	4429	PIĘTKA BEATA	KATOWICE			69	K40/32 (K)199	00:56:21	00:53:14	00:29:58 / 3037	11.27
2850	6853	KAMIŃSKI TOMASZ	WARSZAWA			55	M50/200 (M)2651	00:56:21	00:54:56	00:27:24 / 2077	10.92
2851	6862	JABŁOŃSKI KRZYSZTOF	WARSZAWA			60	M50/201 (M)2652	00:56:21	00:53:52	00:28:05 / 2288	11.14
2852	3594	STĘPCZYŃSKI JERZY	OSTRÓW MAZOWIECKA		NIE NALĘŻĘ	47	M60/34 (M)2653	00:56:22	00:55:28	00:28:27 / 2441	10.82
2853	2823	LEWIŃSKI ADAM	WARSZAWA			82	M20/847 (M)2654	00:56:22	00:52:50	00:29:54 / 3015	11.36
2854	2794	KULIK KRZYSZTOF	WARSZAWA			65	M40/487 (M)2655	00:56:22	00:51:57	00:31:29 / 3534	11.55
2855	2514	KULIK ANDRZEJ	WARSZAWA			63	M40/488 (M)2656	00:56:22	00:51:57	00:31:29 / 3529	11.55
2856	3651	BUGOWSKI ANDRZEJ	WARSZAWA			74	M30/1073 (M)2657	00:56:22	00:51:30	00:32:03 / 3717	11.65
2857	3904	NEBELSKI RAFAŁ	WARSZAWA		LASEK BIELAŃSKI TEAM	76	M30/1074 (M)2658	00:56:22	00:52:55	00:29:54 / 3013	11.34
2858	361	NICHOLAS FURNIVAL	WARSZAWA			75	M30/1075 (M)2659	00:56:23	00:53:43	00:30:39 / 3253	11.17
2859	1000	SŁODKOWSKI MAREK	WARSZAWA			55	M50/202 (M)2660	00:56:23	00:52:37	00:30:32 / 3219	11.40
2860	4554	GORYCKI GRZEGORZ	PIASECZNO			79	M30/1076 (M)2661	00:56:23	00:52:08	00:30:43 / 3265	11.51
2861	6561	BARAN LESZEK	WARSZAWA			61	M40/489 (M)2662	00:56:23	00:54:44	00:29:10 / 2718	10.96
2862	444	BORKOWSKI JACEK	OTWOCK			59	M50/203 (M)2663	00:56:24	00:52:54	00:29:07 / 2702	11.34
2863	6139	SKUTA SYLWIA	KIELCE			78	K30/70 (K)200	00:56:24	00:53:24	00:30:04 / 3077	11.24
2864	2329	TYRAKOWSKI JAROSŁAW				65	M40/490 (M)2664	00:56:24	00:54:05	00:28:30 / 2467	11.09
2865	2898	RAKOWSKI RAFAŁ	USTKA			80	M30/1077 (M)2665	00:56:24	00:51:40	00:29:34 / 2886	11.61
2866	4739	CIEMIŃSKI MARCIN	WARSZAWA			77	M30/1078 (M)2666	00:56:25	00:54:17	00:28:54 / 2614	11.05
2867	1233	WŁODARSKI BARTOSZ	WARSZAWA			74	M30/1079 (M)2667	00:56:25	00:55:01	00:27:54 / 2219	10.91
2868	3985	KARSKI JAROSŁAW	WARSZAWA			75	M30/1080 (M)2668	00:56:25	00:53:47	00:29:43 / 2939	11.16
2869	3282	KWIATKOWSKI KONRAD	WARSZAWA			84	M20/848 (M)2669	00:56:26	00:53:13	00:30:13 / 3111	11.27
2870	5770	KUCHARCZYK ADAM	CZĘSTOCHOWA			80	M30/1081 (M)2670	00:56:26	00:51:13	00:30:58 / 3342	11.71
2871	3335	SZAJDZIUŁ MARCIN	ŁUKÓW			84	M20/849 (M)2671	00:56:26	00:53:22	00:29:18 / 2775	11.24
2872	6775	KUBIC MICHAŁ	MIECHÓW			79	M30/1082 (M)2672	00:56:26	00:54:01	00:29:14 / 2741	11.11
2873	583	SOCHACKI MARCIN	WARSZAWA			77	M30/1083 (M)2673	00:56:27	00:54:43	00:27:49 / 2186	10.97
2874	770	SZYDŁO MARIUSZ	OSTRÓW MAZOWIECKA			80	M30/1084 (M)2674	00:56:28	00:54:56	00:29:02 / 2667	10.92
2875	1383	ŻYWEK TERESA	WARSZAWA		ABC KONDYCJA	47	K60/1 (K)201	00:56:29	00:54:05	00:29:25 / 2828	11.09
2876	3246	CIEMSKI MACIEJ	WARSZAWA		WWW.BZC.PL	90	M20/850 (M)2675	00:56:29	00:55:54	00:27:15 / 2034	10.73
2877	1746	KARŁOWICZ ADAM	WINNICA		LIDER WINNICA	90	M20/851 (M)2676	00:56:30	00:53:35	00:31:10 / 3411	11.20
2878	2155	ZARZYCKA MONIKA	N.DWÓR MAZ.		JOGGER	88	K20/87 (K)202	00:56:30	00:56:21	00:28:27 / 2445	10.65
2879	4101	KOWALCZYK PAWEŁ	GOLĄDKOWO		LIDER WINNICA	88	M20/852 (M)2677	00:56:30	00:53:35	00:31:10 / 3413	11.20
2880	858	MAKOWSKI PAWEŁ	WARSZAWA			87	M20/853 (M)2678	00:56:31	00:52:54	00:30:28 / 3194	11.34
2881	495	TKACZEWSKI ŁUKASZ	LEGIONOWO			85	M20/854 (M)2679	00:56:31	00:54:22	00:28:42 / 2538	11.04
2882	6175	SIDWIŃSKI MARCIN	WRSZAWA			82	M20/855 (M)2680	00:56:31	00:52:55	00:30:33 / 3223	11.34
2883	2509	TYTMAN JANUSZ	WARSZAWA			60	M50/204 (M)2681	00:56:31	00:53:40	00:29:08 / 2708	11.18
2884	4051	OLSZÓWKA ROBERT	STARE BABICE			66	M40/491 (M)2682	00:56:31	00:54:26	00:29:33 / 2875	11.02
2885	842	ŁĘCKI RADOSŁAW	WARSZAWA			78	M30/1085 (M)2683	00:56:32	00:52:55	00:29:41 / 2928	11.34
2886	421	KALICIECKI ARTUR	WARSZAWA			94	M20/856 (M)2684	00:56:32	00:54:27	00:28:38 / 2515	11.02
2887	3519	SZUSTKIEWICZ BEATA	SOCHACZEW		KM AKTYWNI SOCHACZEW	72	K30/71 (K)203	00:56:32	00:53:13	00:30:52 / 3305	11.27
2888	3199	ZIELIŃSKI SŁAWOMIR	OTWOCK			74	M30/1086 (M)2685	00:56:32	00:52:48	00:31:02 / 3363	11.36

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Czas Netto	5km	[km/h]
2889	745	ŁOSIAK JACEK	WARSZAWA			80	M30/1087 (M)2686	00:56:32	00:51:42	00:31:34 / 3562	11.61
2890	1055	KOSIŃSKI MAREK	WARSZAWA			57	M50/205 (M)2687	00:56:32	00:52:30	00:29:44 / 2949	11.43
2891	4544	DZIADKOWIEC LESŁAW	WARSZAWA		ŻÓŁWIE	68	M40/492 (M)2688	00:56:32	00:52:45	00:30:34 / 3230	11.37
2892	2745	BADKOWSKI MICHAŁ	WARSZAWA			83	M20/857 (M)2689	00:56:32	00:52:20	00:31:12 / 3423	11.46
2893	6769	SIDORUK GRZEGORZ	LEŚNA PODLASKA			86	M20/858 (M)2690	00:56:32	00:52:12	00:30:07 / 3090	11.49
2894	6837	ROMANOWICZ MIROSLAW	STRZELCE OPOLSKIE			73	M30/1088 (M)2691	00:56:32	00:55:53	00:27:42 / 2152	10.74
2895	503	JOACHIMOWICZ ROBERT	PIASECZNO			82	M20/859 (M)2692	00:56:33	00:53:24	00:29:36 / 2899	11.24
2896	1696	RĄCZKA KATARZYNA	MILANÓWEK			91	K20/88 (K)204	00:56:33	00:55:13	00:29:13 / 2733	10.87
2897	4239	RÓŻYCKI MIKOŁAJ	WARSZAWA		BRAK	80	M30/1089 (M)2693	00:56:33	00:53:23	00:31:16 / 3463	11.24
2898	4813	PASZKIEWICZ JUSTYNA	WARSZAWA			86	K20/89 (K)205	00:56:34	00:52:25	00:31:19 / 3479	11.45
2899	4201	WALCZAK JACEK	GŁOSKÓW			73	M30/1090 (M)2694	00:56:34	00:55:49	00:26:43 / 1851	10.75
2900	4646	GORSIAK EDWARD	WARSZAWA			59	M50/206 (M)2695	00:56:34	00:53:57	00:29:24 / 2819	11.12
2901	655	PUZYNOWSKI JAROSŁAW	WARSZAWA			79	M30/1091 (M)2696	00:56:35	00:54:48	00:29:01 / 2661	10.95
2902	4368	ZALEWSKI PIOTR	SULEJÓWEK			75	M30/1092 (M)2697	00:56:35	00:52:36	00:30:27 / 3187	11.41
2903	1469	TRYC MARCIN	WARSZAWA			78	M30/1093 (M)2698	00:56:35	00:52:37	00:29:56 / 3028	11.40
2904	2506	RESZKE SŁAWOMIR	WARSZAWA		MUCHOMOREK SPORT TEAM	63	M40/493 (M)2699	00:56:35	00:54:30	00:29:27 / 2840	11.01
2905	5307	BIAŁAS KONRAD	WARSZAWA			73	M30/1094 (M)2700	00:56:36	00:53:16	00:30:27 / 3193	11.26
2906	3832	NAZAREWICZ RAFAŁ	WARSZAWA			75	M30/1095 (M)2701	00:56:36	00:53:56	00:30:16 / 3124	11.12
2907	4819	NOGA MACIEJ	WARSZAWA			76	M30/1096 (M)2702	00:56:36	00:54:00	00:28:08 / 2313	11.11
2908	5841	ŁABANOWSKI TOMASZ	WARSZAWA			79	M30/1097 (M)2703	00:56:37	00:52:29	00:31:15 / 3451	11.43
2909	665	POBIKROWSKI PIOTR	WARSZAWA			82	M20/860 (M)2704	00:56:37	00:53:01	00:30:55 / 3320	11.32
2910	767	WOLSZCZAK EWELINA	WARSZAWA			83	K20/90 (K)206	00:56:37	00:56:07	00:28:07 / 2304	10.69
2911	1686	MUSTER SZYMON	WARSZAWA			77	M30/1098 (M)2705	00:56:37	00:52:27	00:30:30 / 3206	11.44
2912	4298	MURAWSKI MARCIN	JOZEFOSŁAW			74	M30/1099 (M)2706	00:56:38	00:53:16	00:31:02 / 3362	11.26
2913	5842	ŁABANOWSKI PIOTR	BIALYSTOK			80	M30/1100 (M)2707	00:56:38	00:52:30	00:31:15 / 3449	11.43
2914	1596	MAŚLANKA JÓZEF	WARSZAWA			61	M40/494 (M)2708	00:56:38	00:48:46	00:33:01 / 4029	12.30
2915	1942	MAĆZEWSKI BOGUSŁAW	WARSZAWA			59	M50/207 (M)2709	00:56:38	00:53:41	00:29:50 / 2987	11.18
2916	4857	ANDERSSON KASPER	WARSZAWA			80	M30/1101 (M)2710	00:56:38	00:53:12	00:29:25 / 2823	11.28
2917	419	DĄBROWSKI ZDZISŁAW	WARSZAWA			64	M40/495 (M)2711	00:56:39	00:52:49	00:31:34 / 3567	11.36
2918	1152	KOWALCZYK MARCIN	OTWOCK			69	M40/496 (M)2712	00:56:40	00:53:26	00:30:03 / 3068	11.23
2919	2315	WIŚNIEWSKI ARTUR	WARSZAWA			66	M40/497 (M)2713	00:56:40	00:53:25	00:31:06 / 3387	11.23
2920	1269	GRZYMKOWSKI ADAM	MARKI			74	M30/1102 (M)2714	00:56:41	00:52:47	00:29:26 / 2835	11.37
2921	1481	ZACHEL JAN	ŁOMIANKI			89	M20/861 (M)2715	00:56:41	00:52:00	00:31:58 / 3700	11.54
2922	3041	PIONK ANDRZEJ	WARSZAWA			49	M60/35 (M)2716	00:56:41	00:54:31	00:29:45 / 2952	11.01
2923	5640	KARWACKI ŁUKASZ	PASEK		PIĘKNI MŁODZIENY	83	M20/862 (M)2717	00:56:42	00:54:51	00:27:50 / 2192	10.94
2924	5259	ANTOLAK PIOTR	WARSZAWA			75	M30/1103 (M)2718	00:56:42	00:55:01	00:28:41 / 2533	10.91
2925	2833	PARCZEWSKI TADEUSZ	PRUSZKÓW			49	M60/36 (M)2719	00:56:42	00:53:17	00:30:34 / 3229	11.26
2926	5611	KACIŁOWICZ JACEK	OPOLE			53	M50/208 (M)2720	00:56:43	00:53:56	00:30:32 / 3216	11.12
2927	4053	CHOJNACKI LESZEK	WARSZAWA			73	M30/1104 (M)2721	00:56:43	00:52:28	00:31:35 / 3570	11.44
2928	545	PECIO MARIUSZ	WARSZAWA			77	M30/1105 (M)2722	00:56:44	00:52:29	00:31:44 / 3621	11.43
2929	3452	ŚWIDERSKI GRZEGORZ	WARSZAWA			80	M30/1106 (M)2723	00:56:44	00:54:17	00:28:52 / 2603	11.05
2930	6095	PROKOPIUK DARIUSZ	WARSZAWA			66	M40/498 (M)2724	00:56:45	00:47:54	00:32:18 / 3806	12.53
2931	5707	KOSTKA AGNIESZKA	BUDZISKA		NIEZRZESZONA	84	K20/91 (K)207	00:56:46	00:53:01	00:31:24 / 3506	11.32
2932	2280	SZOTA JAROSŁAW	WARSZAWA		ART PROFI TEAM	77	M30/1107 (M)2725	00:56:46	00:55:49	00:29:44 / 2941	10.75
2933	5330	BOBRYK ANNA	ŁOSICE			93	K20/92 (K)208	00:56:46	00:54:15	00:29:05 / 2684	11.06
2934	4614	KORDAS MARCIN	WARSZAWA - MOKOTÓW			79	M30/1108 (M)2726	00:56:47	00:53:44	00:29:48 / 2977	11.17
2935	3569	SKALSKI MACIEJ	WARSZAWA			78	M30/1109 (M)2727	00:56:48	00:54:41	00:29:19 / 2782	10.97
2936	3570	LEWANDOWSKA MARZENA	WARSZAWA			78	K30/72 (K)209	00:56:48	00:54:42	00:29:19 / 2783	10.97
2937	395	DREL CZUK KATARZYNA	ZIELONA GÓRA			81	K20/93 (K)210	00:56:49	00:53:22	00:30:18 / 3136	11.24
2938	717	MAZUREK ZBIGNIEW	BIALYSTOK			59	M50/209 (M)2728	00:56:50	00:53:05	00:29:25 / 2827	11.30
2939	5745	KRAWCZYK TOMASZ	WARSZAWA			80	M30/1110 (M)2729	00:56:50	00:53:23	00:29:33 / 2881	11.24
2940	2687	KONARSKI KAZIMIERZ	ŁOMIANKI		LASEK BIELAŃSKI TEAM	56	M50/210 (M)2730	00:56:51	00:52:59	00:30:23 / 3165	11.32
2941	2585	WALEWSKA MARTA	WARSZAWA			67	K40/33 (K)211	00:56:52	00:53:37	00:29:13 / 2740	11.19
2942	1486	LORBIECKI ROBERT	WARSZAWA			66	M40/499 (M)2731	00:56:52	00:52:04	00:31:06 / 3388	11.52
2943	3893	RUSZNIK PIOTR	PIASECZNO			75	M30/1111 (M)2732	00:56:52	00:54:57	00:28:39 / 2523	10.92
2944	2933	RĄCZKA ELŻBIETA	SULEJÓWEK			68	K40/34 (K)212	00:56:52	00:54:06	00:29:42 / 2933	11.09
2945	2646	NOWAK ANNA	WARSZAWA			76	K30/73 (K)213	00:56:53	00:53:39	00:31:15 / 3450	11.18
2946	6204	SOCHA TADEUSZ	CZĘSTOCHOWA		ZABIEGANI CZĘSTOCHOWA	62	M40/500 (M)2733	00:56:53	00:54:08	00:29:59 / 3044	11.08

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Czas Netto	5km	[km/h]
2947	1141	MARSZALEK MARCIN	CZĘSTOCHOWA			80	M30/1112 (M)2734	00:56:54	00:56:30	00:27:09 / 2008	10.62
2948	715	BAZAK YUVAL	WARSZAWA			66	M40/501 (M)2735	00:56:54	00:54:45	00:29:27 / 2839	10.96
2949	1142	MICHALSKI ROBERT	PRZASNYSZ			81	M20/863 (M)2736	00:56:54	00:56:31	00:27:14 / 2027	10.62
2950	1143	KARDOWSKI DARIUSZ	PIASECZNO			83	M20/864 (M)2737	00:56:54	00:56:30	00:27:09 / 2009	10.62
2951	3475	STRZAŁKOWSKI BARTOSZ	WARSZAWA			86	M20/865 (M)2738	00:56:54	00:54:50	00:28:40 / 2528	10.94
2952	2848	MYSTKOWSKI MARIUSZ	WARSZAWA			64	M40/502 (M)2739	00:56:54	00:53:25	00:31:42 / 3614	11.23
2953	547	KWIATKOWSKA KATARZYNA	WARSZAWA			76	K30/74 (K)214	00:56:55	00:53:46	00:30:01 / 3058	11.16
2954	2516	JOŃCZYK STANISŁAW	LEGIONOWO		CSLII ZEGRZE	66	M40/503 (M)2740	00:56:55	00:55:17	00:27:58 / 2243	10.85
2955	1140	KAPYŚ MICHAŁ	LEGIONOWO			82	M20/866 (M)2741	00:56:55	00:56:32	00:27:13 / 2025	10.61
2956	2777	ANTOSIEWICZ PAWEŁ	MIŃSK MAZOWIECKI			76	M30/1113 (M)2742	00:56:55	00:52:39	00:32:07 / 3742	11.40
2957	6759	NIEWOLA TOMASZ	ZDASZYNEK			75	M30/1114 (M)2743	00:56:55	00:53:46	00:29:18 / 2781	11.16
2958	5538	GRZYB MICHAŁ	RADOM			73	M30/1115 (M)2744	00:56:56	00:52:57	00:30:44 / 3269	11.33
2959	643	ŁOWCZYŃSKI MARCIN	WARSZAWA			77	M30/1116 (M)2745	00:56:57	00:52:40	00:32:24 / 3849	11.39
2960	1197	SZYPUŁA JACEK	WARSZAWA			69	M40/504 (M)2746	00:56:57	00:52:19	00:31:53 / 3677	11.47
2961	2644	PIZON KRZYSZTOF	PRZYSUCHA			85	M20/867 (M)2747	00:56:57	00:55:33	00:28:37 / 2508	10.80
2962	827	KUBICKI ARKADIUSZ	WARSZAWA		EUROPAPIER-IMPAP	77	M30/1117 (M)2748	00:56:58	00:54:03	00:29:45 / 2950	11.10
2963	2699	KURBIEL-AULEYTNER KATARZYNA	WARSZAWA			77	K30/75 (K)215	00:56:58	00:56:34	00:28:04 / 2280	10.61
2964	3991	PLESKOT KRYSZYNA	WARSZAWA			67	K40/35 (K)216	00:56:58	00:55:21	00:28:55 / 2626	10.84
2965	4685	WOJCIECHOWSKA TATIANA	WARSZAWA			72	K30/76 (K)217	00:56:58	00:53:53	00:29:49 / 2982	11.14
2966	325	ZAPORSKI MARCIN	WARSZAWA			76	M30/1118 (M)2749	00:56:59	00:55:17	00:29:03 / 2677	10.85
2967	500	WITUCKI MACIEJ	WARSZAWA			68	M40/505 (M)2750	00:56:59	00:55:07	00:28:16 / 2374	10.89
2968	2571	ZAWISZA SEBASTIAN	JOZEFOW			78	M30/1119 (M)2751	00:56:59	00:53:30	00:30:47 / 3285	11.21
2969	4755	FRYDRYCH KAROL	WARSZAWA			86	M20/868 (M)2752	00:56:59	00:53:37	00:29:59 / 3043	11.19
2970	4523	SIWEK PIOTR	WARSZAWA			70	M40/506 (M)2753	00:57:00	00:54:11	00:28:58 / 2646	11.07
2971	484	ŻAK IDA	ŁOMIANKI			84	K20/94 (K)218	00:57:00	00:53:32	00:30:19 / 3142	11.21
2972	5397	CZAJKOWSKI SYLWESTER	CZERNIEWICE		KUJAWIAK AMATOR CZERNIEWICE	58	M50/211 (M)2754	00:57:00	00:53:17	00:30:37 / 3242	11.26
2973	2399	ZAREMBA MICHAŁ			ACTION	10	(M)2755	00:57:00	00:55:57	00:27:57 / 2237	10.72
2974	2780	DWORAK MARCIN	WARSZAWA			71	M30/1120 (M)2756	00:57:01	00:53:42	00:31:09 / 3408	11.17
2975	5501	GLIŃSKI TOMASZ	SOSNOWIEC			81	M20/869 (M)2757	00:57:01	00:51:45	00:33:14 / 4094	11.59
2976	1285	HOLTE ALBERTSEN DENNIS	WARSZAWA		DANISH DYNAMITE	74	M30/1121 (M)2758	00:57:01	00:56:18	00:28:40 / 2526	10.66
2977	5950	MOCEK KRZYSZTOF	WARSZAWA		MINDSHARE	79	M30/1122 (M)2759	00:57:01	00:53:12	00:30:55 / 3324	11.28
2978	5889	MARKUS SŁAWOMIR	WARSZAWA			73	M30/1123 (M)2760	00:57:02	00:53:23	00:31:02 / 3360	11.24
2979	21	OLESIŃSKI BOGDAN	WARSZAWA			10	(M)2761	00:57:02	00:56:58	00:27:23 / 2071	10.53
2980	688	WIERZBICKI JACEK	WARSZAWA			83	M20/870 (M)2762	00:57:03	00:55:16	00:28:43 / 2549	10.86
2981	1773	MĄDRY JOANNA	ZĄBKI			67	K40/36 (K)219	00:57:03	00:53:48	00:30:15 / 3118	11.15
2982	3983	KACZMAREK DOMINIK	BIAŁOBRZEGI			79	M30/1124 (M)2763	00:57:03	00:53:48	00:30:15 / 3120	11.15
2983	631	SMUL DARIUSZ	WARSZAWA		UKS OLIMPUS	70	M40/507 (M)2764	00:57:03	00:54:25	00:28:56 / 2633	11.03
2984	3449	TRZCIŃSKA ANNA	WARSZAWA		TRZCINSKA.PL	78	K30/77 (K)220	00:57:03	00:54:11	00:30:17 / 3127	11.07
2985	3640	GRAD PIOTR	BIDZINY		BIURO OCHRONY RZĄDU	76	M30/1125 (M)2765	00:57:03	00:54:03	00:29:20 / 2790	11.10
2986	4382	TOPIŃSKI MARCIN	WARSZAWA			81	M20/871 (M)2766	00:57:03	00:53:45	00:29:20 / 2792	11.16
2987	1219	ŁOZA DARIUSZ	WARSZAWA			67	M40/508 (M)2767	00:57:04	00:54:48	00:29:21 / 2800	10.95
2988	524	PAPAJ GRZEGORZ	WARSZAWA			81	M20/872 (M)2768	00:57:04	00:52:35	00:31:33 / 3559	11.41
2989	3971	RUMIANEK MARCIN	WARSZAWA		MARCINRUMIANEK.COM	88	M20/873 (M)2769	00:57:04	00:56:22	00:27:45 / 2164	10.64
2990	1413	KONDEJ RAFAŁ	WARSZAWA			75	M30/1126 (M)2770	00:57:04	00:53:22	00:30:24 / 3174	11.24
2991	5722	KOWALSKI JAN	WARSZAWA			79	M30/1127 (M)2771	00:57:04	00:52:40	00:30:59 / 3346	11.39
2992	4567	OLSZEWSKA ALEKSANDRA	WARSZAWA			87	K20/95 (K)221	00:57:04	00:54:46	00:30:46 / 3278	10.96
2993	4363	MUSZCZYŃSKI SEBASTIAN	WARSZAWA			87	M20/874 (M)2772	00:57:04	00:54:25	00:27:58 / 2246	11.03
2994	4565	ZALEWSKI DAMIAN	LEGIONOWO			87	M20/875 (M)2773	00:57:05	00:54:47	00:30:46 / 3279	10.95
2995	402	SKURZAK MICHAŁ	WARSZAWA			75	M30/1128 (M)2774	00:57:06	00:53:27	00:30:45 / 3273	11.23
2996	556	PRZYBYSZ PIOTR	WARSZAWA			72	M30/1129 (M)2775	00:57:06	00:55:04	00:28:34 / 2496	10.90
2997	1935	NASALSKI RADOSŁAW	WARSZAWA			77	M30/1130 (M)2776	00:57:06	00:52:58	00:30:49 / 3289	11.33
2998	2127	SOLECKI RAFAŁ	WARSZAWA			81	M20/876 (M)2777	00:57:06	00:52:49	00:32:53 / 4002	11.36
2999	3538	NOWAKOWSKI WITOLD	WARSZAWA			60	M50/212 (M)2778	00:57:06	00:56:42	00:27:32 / 2101	10.58
3000	174	POŚNIK JAN				10	(M)2779	00:57:06	00:56:15	00:28:55 / 2622	10.67
3001	1272	KRÓL ANNA	WARSZAWA			81	K20/96 (K)222	00:57:07	00:55:27	00:28:59 / 2649	10.82
3002	1067	PIEKARSKI JACEK	BRWINÓW			66	M40/509 (M)2780	00:57:07	00:52:25	00:30:53 / 3308	11.45
3003	7047	IKWANTY TOMASZ	WARSZAWA			75	M30/1131 (M)2781	00:57:07	00:53:12	00:31:15 / 3446	11.28
3004	1871	PEPŁOŃSKI ŁUKASZ	CIECHANÓW			84	M20/877 (M)2782	00:57:08	00:53:42	00:29:25 / 2824	11.17

<b>Miejsce Rank</b>	<b>Nr Bib</b>	<b>Nazwisko i imię Name</b>	<b>Miejscowość City</b>	<b>Kraj Nat</b>	<b>Drużyna Team</b>	<b>R-k YoB</b>	<b>W kategorii in Age Sex</b>	<b>Czas Time</b>	<b>Czas Netto</b>	<b>5km</b>	<b>[km/h]</b>
3005	2748	KOŁPA JAKUB	WARSZAWA			76	M30/1132 (M)2783	00:57:09	00:55:24	00:29:13 / 2739	10.83
3006	3448	POPLAWSKA JOANNA	WARSZAWA			75	K30/78 (K)223	00:57:10	00:54:00	00:31:12 / 3428	11.11
3007	2784	BURK PIOTR	PRUSZKÓW			79	M30/1133 (M)2784	00:57:10	00:55:04	00:29:33 / 2878	10.90
3008	2783	CZYŻEWSKI LESZEK	WARSZAWA			75	M30/1134 (M)2785	00:57:10	00:55:04	00:29:32 / 2871	10.90
3009	4168	OLECH MARCIN	PIASTÓW			74	M30/1135 (M)2786	00:57:10	00:52:50	00:30:54 / 3311	11.36
3010	4711	GŁOWACKI MAREK	KARPACZ			68	M40/510 (M)2787	00:57:10	00:54:15	00:30:37 / 3243	11.06
3011	6757	BOGUCKI MICHAEL	WARSZAWA			87	M20/878 (M)2788	00:57:10	00:54:04	00:29:49 / 2980	11.10
3012	1128	DEFOUX CHRISTOPHE	WARSZAWA			69	M40/511 (M)2789	00:57:11	00:54:54	00:29:19 / 2786	10.93
3013	2285	KWILMAN ANDRZEJ	MŁAWA			83	M20/879 (M)2790	00:57:11	00:53:36	00:30:13 / 3112	11.19
3014	4732	ŁAZIUK JERZY	PIASTÓW			70	M40/512 (M)2791	00:57:11	00:55:09	00:29:28 / 2843	10.88
3015	4328	MAGDA KRZYSZTOF	SEROCK			89	M20/880 (M)2792	00:57:11	00:54:14	00:30:05 / 3079	11.06
3016	191	PUZON TOMASZ	WARSZAWA			75	M30/1136 (M)2793	00:57:11	00:53:13	00:31:20 / 3484	11.27
3017	572	OLEJ TOMASZ	MAGDALENKA			69	M40/513 (M)2794	00:57:12	00:53:58	00:31:44 / 3624	11.12
3018	4611	LISOWSKI KUBA	RADOM			78	M30/1137 (M)2795	00:57:12	00:53:18	00:30:26 / 3183	11.26
3019	2981	PASZTA MICHAŁ	BELCHATÓW			87	M20/881 (M)2796	00:57:13	00:52:17	00:32:15 / 3789	11.48
3020	3151	SZYMAŃSKI DOMINIK	WARSZAWA		123-A-TERAZ-MY	87	M20/882 (M)2797	00:57:13	00:54:44	00:31:46 / 3628	10.96
3021	4619	IWASZKO PIOTR	ŁOMIANKI			81	M20/883 (M)2798	00:57:13	00:55:59	00:28:00 / 2258	10.72
3022	5497	GĘBORYS MAŁGORZATA	TOMASZÓW LUBELSKI			86	K20/97 (K)224	00:57:14	00:55:41	00:28:38 / 2518	10.78
3023	4202	KERYK MYROSLAVA	WARSZAWA			74	K30/79 (K)225	00:57:15	00:56:04	00:27:55 / 2222	10.70
3024	6261	SZELAĞ TOMASZ	MIŃSK MAZOWIECKI			70	M40/514 (M)2799	00:57:15	00:54:05	00:29:15 / 2757	11.09
3025	3295	SYCZ ROBERT	WARSZAWA			73	M30/1138 (M)2800	00:57:16	00:52:40	00:33:23 / 4150	11.39
3026	4657	KONRAD PAWEŁ	WARSZAWA			64	M40/515 (M)2801	00:57:16	00:54:30	00:30:11 / 3104	11.01
3027	792	MUCZYN TOMASZ	KONSTANCIN-JEZIORNA			68	M40/516 (M)2802	00:57:17	00:54:03	00:30:57 / 3338	11.10
3028	5334	BOGUCKA ELIZA	WARSZAWA			86	K20/98 (K)226	00:57:17	00:53:36	00:31:43 / 3615	11.19
3029	3460	WOJTASZKO MACIEJ	WARSZAWA			76	M30/1139 (M)2803	00:57:17	00:53:25	00:30:58 / 3340	11.23
3030	6374	WŁODARCZYK TOMASZ	WARSZAWA			86	M20/884 (M)2804	00:57:18	00:56:39	00:27:51 / 2198	10.59
3031	552	ŁODZIŃSKI TOMASZ	JÓZEFÓW			72	M30/1140 (M)2805	00:57:18	00:54:07	00:30:02 / 3063	11.09
3032	5504	GŁOWACKI MARCIN	WARSZAWA			83	M20/885 (M)2806	00:57:18	00:53:00	00:31:31 / 3545	11.32
3033	3504	ZDZIECHOWSKI JAN	POZNAŃ			84	M20/886 (M)2807	00:57:18	00:52:39	00:32:27 / 3874	11.40
3034	1208	WOJTACZKA MICHAŁ	WARSZAWA		ZIEMNIAK COMPANY	74	M30/1141 (M)2808	00:57:19	00:54:01	00:30:07 / 3092	11.11
3035	3373	MARTIN DAWID	KIEDROWICE		KASZEBE KIEDROWICE	81	M20/887 (M)2809	00:57:19	00:55:35	00:29:34 / 2883	10.79
3036	928	OTRĄSEK KRZYSZTOF	KATOWICE			82	M20/888 (M)2810	00:57:19	00:52:52	00:31:48 / 3640	11.35
3037	2111	STASIUK MARIAN	WARSZAWA			61	M40/517 (M)2811	00:57:20	00:55:41	00:28:53 / 2608	10.78
3038	1499	WOŹNIAK ANNA	WARSZAWA			81	K20/99 (K)227	00:57:20	00:52:26	00:31:25 / 3511	11.44
3039	909	DRABOT KAZIMIERZ	OSTROŁĘKA			67	M40/518 (M)2812	00:57:20	00:56:41	00:27:08 / 2005	10.59
3040	4675	BUJAS MAREK	SULEJÓWEK			52	M50/213 (M)2813	00:57:20	00:52:30	00:31:41 / 3605	11.43
3041	427	KACZMARSKI MICHAŁ	WARSZAWA			77	M30/1142 (M)2814	00:57:21	00:57:10	00:26:33 / 1800	10.50
3042	4102	WŁODARCZYK ALEKSANDRA	WARSZAWA			79	K30/80 (K)228	00:57:21	00:53:39	00:30:25 / 3178	11.18
3043	4551	TURZYŃIECKI ANDRZEJ	WARSZAWA			80	M30/1143 (M)2815	00:57:21	00:52:05	00:33:00 / 4026	11.52
3044	7043	KROSIŃSKI ROMAN				57	M50/214 (M)2816	00:57:21	00:53:21	00:30:08 / 3093	11.25
3045	2926	SZUSTAK MICHAŁ	WARSZAWA		MARKETINGSPORTOWY.PL	67	M40/519 (M)2817	00:57:22	00:57:02	00:27:18 / 2048	10.52
3046	2684	MILIK PIOTR	ZĄBKI			76	M30/1144 (M)2818	00:57:22	00:56:46	00:27:39 / 2131	10.57
3047	2886	KIERZEK ROBERT	WARSZAWA			65	M40/520 (M)2819	00:57:22	00:54:31	00:31:14 / 3438	11.01
3048	3670	WERESKI PIOTR	CZOSNÓW			70	M40/521 (M)2820	00:57:22	00:53:23	00:30:33 / 3220	11.24
3049	1211	HERNIK JAROSŁAW	BŁONIE		FOB TEAM	76	M30/1145 (M)2821	00:57:23	00:52:21	00:33:43 / 4254	11.46
3050	4097	KOZUBSKI SŁAWOMIR	ŻYRARDÓW			86	M20/889 (M)2822	00:57:23	00:52:10	00:32:37 / 3936	11.50
3051	5346	BORKOWSKI ANDRZEJ	WARSZAWA			96	M20/890 (M)2823	00:57:23	00:54:27	00:29:46 / 2959	11.02
3052	5446	DUBAS GRAŻYNA	TARNOWSKIE GÓRY			64	K40/37 (K)229	00:57:24	00:55:20	00:29:54 / 3011	10.84
3053	4936	KOROLKO TOMASZ	WARSZAWA			86	M20/891 (M)2824	00:57:24	00:52:11	00:35:18 / 4738	11.50
3054	2697	CIOK MARCIN	WARSZAWA		UKS DWÓJKA WESOŁA	95	M20/892 (M)2825	00:57:24	00:54:05	00:31:29 / 3535	11.09
3055	347	ZIOLKOWSKI BARTŁOMIEJ	IZABELIN-LASKI			64	M40/522 (M)2826	00:57:25	00:56:31	00:28:46 / 2563	10.62
3056	1026	ZHANG FENG				75	M30/1146 (M)2827	00:57:25	00:56:51	00:26:12 / 1696	10.55
3057	2013	ŻAKOWSKA MAGDALENA	WARSZAWA		GAZETA WYBORCZA/POLSKA BIEGA	78	K30/81 (K)230	00:57:25	00:56:45	00:28:03 / 2273	10.57
3058	1540	CZABOK BRUNON	WARSZAWA			67	M40/523 (M)2828	00:57:25	00:55:50	00:30:25 / 3181	10.75
3059	3407	JUSIŃSKI ZBIGNIEW	WARSZAWA		ABC KONDYCJA	65	M40/524 (M)2829	00:57:25	00:54:05	00:30:22 / 3158	11.09
3060	5979	NASTALEK TOMASZ	OŻARÓW MAZOWIECKI		ERA RUNNING TEAM	63	M40/525 (M)2830	00:57:26	00:53:54	00:30:50 / 3293	11.13
3061	2210	ZIELIŃSKI BARTŁOMIEJ	WARSZAWA			80	M30/1147 (M)2831	00:57:26	00:57:09	00:28:25 / 2427	10.50
3062	3946	SZYMANEK ANIA	WARSZAWA			80	K30/82 (K)231	00:57:26	00:55:32	00:29:48 / 2976	10.80

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Czas Netto	5km	[km/h]
3063	6086	POPIŃSKA KATARZYNA	WARSZAWA			79	K30/83 (K)232	00:57:27	00:54:22	00:30:16 / 3123	11.04
3064	2456	PIWKO GRAŻYNA	WARSZAWA		PARK LEŚNY BRÓDNO	63	K40/38 (K)233	00:57:27	00:55:33	00:29:48 / 2974	10.80
3065	4640	ZAWADZKI PIOTR	WARSZAWA			72	M30/1148 (M)2832	00:57:27	00:55:39	00:28:51 / 2593	10.78
3066	294	JANKOWSKI PIOTR	LEGIONOWO		SYRENKA	46	M60/37 (M)2833	00:57:28	00:55:50	00:28:42 / 2540	10.75
3067	2525	KLIMCZEWSKI MAREK	ŁÓDŹ		FOREVER YOUNG ŁÓDŹ	65	M40/526 (M)2834	00:57:28	00:53:37	00:30:01 / 3061	11.19
3068	4205	JANOCHA MARCIN	WARSZAWA			76	M30/1149 (M)2835	00:57:29	00:53:38	00:31:30 / 3539	11.19
3069	870	WROŃSKI MARCIN	WARSZAWA			84	M20/893 (M)2836	00:57:29	00:53:14	00:31:14 / 3440	11.27
3070	2738	CICHAWA MIROSLAW	WARSZAWA		CF CEFARM SA	63	M40/527 (M)2837	00:57:29	00:53:47	00:30:35 / 3238	11.16
3071	734	KAZIMIERSKI ARTUR	SOCHACZEW		KM AKTYWNI SOCHACZEW	68	M40/528 (M)2838	00:57:30	00:54:08	00:29:50 / 2988	11.08
3072	1725	SMAGA ANNA	WARSZAWA			69	K40/39 (K)234	00:57:30	00:54:20	00:31:14 / 3442	11.04
3073	2776	MALKA MARCIN	MIŃSK MAZOWIECKI			76	M30/1150 (M)2839	00:57:30	00:53:14	00:32:02 / 3711	11.27
3074	2313	CHOMCZYK ANDRZEJ	WARSZAWA		ENTRE.PL TEAM	57	M50/215 (M)2840	00:57:31	00:52:44	00:31:36 / 3576	11.38
3075	1950	KOSATKO TOMASZ	WARSZAWA			84	M20/894 (M)2841	00:57:31	00:53:25	00:31:11 / 3419	11.23
3076	3902	NOJSZEWSKA ANNA	NOWA IWICZNA		ABC KONDYCJA	70	K40/40 (K)235	00:57:31	00:56:19	00:29:41 / 2926	10.65
3077	49	PASTULA URSZULA	WARSZAWA		PKO	70	K40/41 (K)236	00:57:31	00:54:40	00:30:39 / 3252	10.98
3078	6005	NOWAKOWSKI JAROSŁAW	WARSZAWA		ACCELERATE	80	M30/1151 (M)2842	00:57:32	00:53:44	00:31:20 / 3485	11.17
3079	5903	MAZIŃSKI KRZYSZTOF	HALINÓW			63	M40/529 (M)2843	00:57:32	00:52:48	00:31:55 / 3688	11.36
3080	4678	GAGAŁA PRZEMYSŁAW	WARSZAWA			69	M40/530 (M)2844	00:57:32	00:54:23	00:29:09 / 2709	11.03
3081	1310	DOMAŃSKI JACEK	WARSZAWA		WKB META LUBINIEC	41	M60/38 (M)2845	00:57:33	00:54:15	00:30:55 / 3319	11.06
3082	5552	HAŁON ANDRZEJ	OPOLE		BPSC TEAM	54	M50/216 (M)2846	00:57:33	00:54:46	00:30:32 / 3218	10.96
3083	4494	GÓRZYŃSKA ANNA	WARSZAWA			75	K30/84 (K)237	00:57:33	00:53:05	00:31:09 / 3406	11.30
3084	7101	CIUCHAK ADAM	WARSZAWA			68	M40/531 (M)2847	00:57:33	00:56:17	00:28:24 / 2424	10.66
3085	3286	DREJARZ-KACZMAREK ANNA	WARSZAWA			79	K30/85 (K)238	00:57:34	00:53:53	00:30:21 / 3155	11.14
3086	3852	SKONIECZNA EWA	WARSZAWA			71	K30/86 (K)239	00:57:34	00:55:30	00:28:51 / 2598	10.81
3087	5289	BARTNIAK DARIA	WARSZAWA			86	K20/100 (K)240	00:57:34	00:55:04	00:30:24 / 3172	10.90
3088	4342	BOSAK KRZYSZTOF	ZIELONA GÓRA			82	M20/895 (M)2848	00:57:34	00:52:53	00:32:31 / 3898	11.35
3089	3952	HAJNAS PAWEŁ	WARSZAWA			81	M20/896 (M)2849	00:57:34	00:54:26	00:30:37 / 3245	11.02
3090	4653	SIKORA RAFAŁ	WARSZAWA			76	M30/1152 (M)2850	00:57:34	00:54:08	00:29:49 / 2978	11.08
3091	4747	WÓJCIK AGNIESZKA	WARSZAWA		TRUCH TARCHOMIN TEAM	82	K20/101 (K)241	00:57:35	00:54:21	00:30:55 / 3321	11.04
3092	3021	KUCIŃSKI DOMINIK				84	M20/897 (M)2851	00:57:35	00:53:35	00:30:58 / 3339	11.20
3093	616	PISKORZ WOJCIECH	WARSZAWA			77	M30/1153 (M)2852	00:57:36	00:53:33	00:31:01 / 3355	11.20
3094	2951	ZIELIŃSKA LILIANA	WARSZAWA			68	K40/42 (K)242	00:57:36	00:56:57	00:28:52 / 2602	10.54
3095	5778	KULIK ERNEST	ŁOMIANKI			81	M20/898 (M)2853	00:57:36	00:53:54	00:31:45 / 3626	11.13
3096	4658	BIERNAT JAN	WARSZAWA			70	M40/532 (M)2854	00:57:36	00:53:20	00:32:35 / 3922	11.25
3097	6408	WYSOCKI RADOSŁAW	SIEDLCE			74	M30/1154 (M)2855	00:57:37	00:53:32	00:31:04 / 3379	11.21
3098	1637	CZWARNO WŁODZIMIERZ	WARSZAWA			70	M40/533 (M)2856	00:57:37	00:53:52	00:30:21 / 3150	11.14
3099	3810	GOLACHOWSKI JAN	WARSZAWA		ENERGOINFO.PL	94	M20/899 (M)2857	00:57:37	00:52:57	00:31:35 / 3568	11.33
3100	4696	TENDERENDA JAN	WARSZAWA		DB MARATHON TEAM	80	M30/1155 (M)2858	00:57:38	00:55:53	00:30:00 / 3048	10.74
3101	2091	NIEKRASZEWICZ PIOTR	WARSZAWA			75	M30/1156 (M)2859	00:57:38	00:57:07	00:27:24 / 2072	10.50
3102	4759	PRÓCHNIAK MACIEJ	WARSZAWA		TOUK	82	M20/900 (M)2860	00:57:38	00:53:01	00:32:17 / 3802	11.32
3103	351	LEWANDOWSKI JAKUB	WARSZAWA			89	M20/901 (M)2861	00:57:40	00:53:40	00:31:39 / 3597	11.18
3104	6372	WITKOWSKI RYSZARD	HALINÓW			59	M50/217 (M)2862	00:57:40	00:52:12	00:32:06 / 3736	11.49
3105	3165	TRAMSZ MAŁGORZATA	JANKOWICE		JW 3411 GRÓJEC	76	K30/87 (K)243	00:57:40	00:56:54	00:28:18 / 2392	10.54
3106	1400	KARPOWICZ AGATA	WARSZAWA			84	K20/102 (K)244	00:57:41	00:57:28	00:28:28 / 2454	10.44
3107	6348	WIATR ROBERT	WARSZAWA		FBI FALENICA	67	M40/534 (M)2863	00:57:41	00:48:48	00:33:34 / 4202	12.30
3108	3125	GORA PAWEŁ	LIPSKO			85	M20/902 (M)2864	00:57:41	00:52:55	00:30:37 / 3244	11.34
3109	306	ŚWIĘTOCHOWSKI MARCIN	WARSZAWA			81	M20/903 (M)2865	00:57:42	00:56:42	00:29:07 / 2700	10.58
3110	1380	PADIASEK ROBERT	PEĆCICE MAŁE			63	M40/535 (M)2866	00:57:42	00:55:54	00:28:28 / 2448	10.73
3111	4258	OSTAPCZUK SEBASTIAN	WARSZAWA		BRAK	70	M40/536 (M)2867	00:57:42	00:52:32	00:32:15 / 3788	11.42
3112	2795	SADZISZ PIOTR	WARSZAWA			73	M30/1157 (M)2868	00:57:42	00:53:17	00:31:29 / 3536	11.26
3113	4119	KLIMCZAK IRENEUSZ	WARSZAWA			67	M40/537 (M)2869	00:57:42	00:55:01	00:30:27 / 3192	10.91
3114	6388	WOJTŁA SZYMON	BIERNA		POLITECHNIKA ŚLĄSKA	87	M20/904 (M)2870	00:57:42	00:54:39	00:30:22 / 3160	10.98
3115	5910	MIANOWSKA ANETA	BABICE		POLITECHNIKA ŚLĄSKA	87	K20/103 (K)245	00:57:42	00:54:38	00:30:25 / 3180	10.98
3116	6518	RUTKE GRZEGORZ	WARSZAWA			75	M30/1158 (M)2871	00:57:42	00:55:07	00:30:49 / 3287	10.89
3117	449	GOLBERG DAWID	WARSZAWA			85	M20/905 (M)2872	00:57:43	00:49:43	00:32:58 / 4018	12.07
3118	3013	PASZKIET JACEK	WARSZAWA			67	M40/538 (M)2873	00:57:43	00:53:55	00:30:57 / 3337	11.13
3119	1872	WAŚIK PIOTR	MIĘTNE			75	M30/1159 (M)2874	00:57:44	00:53:06	00:31:39 / 3594	11.30
3120	6285	SZYMLA JAROSŁAW	OLSZTYN			72	M30/1160 (M)2875	00:57:44	00:54:57	00:31:15 / 3448	10.92

<b>Miejsce Rank</b>	<b>Nr Bib</b>	<b>Nazwisko i imię Name</b>	<b>Miejscowość City</b>	<b>Kraj Nat</b>	<b>Drużyna Team</b>	<b>R-k YoB</b>	<b>W kategorii in Age Sex</b>	<b>Czas Time</b>	<b>Czas Netto</b>	<b>5km</b>	<b>[km/h]</b>
3121	2129	LOZIA MAREK	WARSZAWA		BRAK	70	M40/539 (M)2876	00:57:44	00:53:23	00:30:49 / 3291	11.24
3122	61	KOSTRZEWSKA BEATA			BIURO ADM.-GOSPODARCZE UMSW	79	K30/88 (K)246	00:57:44	00:57:36	00:28:14 / 2361	10.42
3123	4552	PROROK TOMASZ	OLSZTYN			79	M30/1161 (M)2877	00:57:44	00:53:19	00:32:24 / 3852	11.25
3124	3078	DOBKOWSKI MAKSYMILIAN	WARSZAWA		-	81	M20/906 (M)2878	00:57:45	00:53:13	00:31:46 / 3632	11.27
3125	1583	DĄBROWSKI ZBIGNIEW	MARKI			65	M40/540 (M)2879	00:57:45	00:52:59	00:31:32 / 3556	11.32
3126	80	KOSTRZEWSKI RADOSŁAW			BIURO ADM.-GOSPODARCZE UMSW	78	M30/1162 (M)2880	00:57:45	00:57:37	00:28:14 / 2357	10.41
3127	2636	ZAJĄC JERZY	NADARZYN		STRATOSMEDIA	53	M50/218 (M)2881	00:57:45	00:54:34	00:30:07 / 3089	11.00
3128	5710	KOTLAREK MARCIN	WARSZAWA			74	M30/1163 (M)2882	00:57:45	00:56:07	00:30:00 / 3050	10.69
3129	2252	BALCERZAK MICHAŁ	WARSZAWA		-	78	M30/1164 (M)2883	00:57:46	00:56:06	00:29:38 / 2908	10.70
3130	6539	GLUZA JERZY ANDRZEJ	WARSZAWA			47	M60/39 (M)2884	00:57:46	00:55:33	00:29:28 / 2846	10.80
3131	4257	SKOPINSKI TOMASZ	WARSZAWA			79	M30/1165 (M)2885	00:57:47	00:54:43	00:29:23 / 2813	10.97
3132	3567	JASIONOWSKI LESZEK	WARSZAWA			80	M30/1166 (M)2886	00:57:47	00:53:25	00:31:08 / 3398	11.23
3133	4592	DULIBAN PATRYK	WARSZAWA			90	M20/907 (M)2887	00:57:47	00:52:54	00:31:00 / 3352	11.34
3134	1165	SIWA MARCIN	KAZIMIERZ			76	M30/1167 (M)2888	00:57:48	00:53:52	00:31:50 / 3661	11.14
3135	1533	GETKO KRZYSZTOF	WARSZAWA			86	M20/908 (M)2889	00:57:48	00:54:50	00:31:12 / 3427	10.94
3136	1738	ORLIK PAWEŁ	LEGIONOWO			71	M30/1168 (M)2890	00:57:48	00:53:51	00:31:51 / 3663	11.14
3137	6423	ZAPARUCHA ANDRZEJ	PIASECZNO			71	M30/1169 (M)2891	00:57:48	00:54:20	00:30:01 / 3060	11.04
3138	5590	JEDLEWSKI KRZYSZTOF	LUBLIN			78	M30/1170 (M)2892	00:57:49	00:54:10	00:30:23 / 3166	11.08
3139	1118	SKRENCZYŃSKI PIOTR	WARSZAWA			95	M20/909 (M)2893	00:57:49	00:54:44	00:29:15 / 2758	10.96
3140	1417	KLEPACKI MAREK	DROHICZYN		DROHICZYN TEAM	87	M20/910 (M)2894	00:57:50	00:57:33	00:28:58 / 2641	10.43
3141	4088	SZYMCZAK TOMASZ	WARSZAWA			60	M50/219 (M)2895	00:57:51	00:54:16	00:30:56 / 3329	11.06
3142	1671	ADAMCZAK GRZEGORZ	BŁONIE		LEGION	71	M30/1171 (M)2896	00:57:51	00:53:46	00:30:21 / 3148	11.16
3143	6362	WILJEWICZ KONRAD	ŁÓDŹ			74	M30/1172 (M)2897	00:57:51	00:53:52	00:32:03 / 3716	11.14
3144	530	PRAWDA KAROL	WARSZAWA			76	M30/1173 (M)2898	00:57:52	00:55:51	00:30:56 / 3327	10.74
3145	2702	ŚLIWAK - MANOWSKA EWA	WARSZAWA		NOCARZ.PL	76	K30/89 (K)247	00:57:52	00:57:18	00:28:24 / 2425	10.47
3146	4211	SŁOWIK DARIUSZ	PRUSZCZ GDĄSKI			61	M40/541 (M)2899	00:57:52	00:53:59	00:30:12 / 3105	11.11
3147	6832	MITRONIUK MARCIN	BIAŁA PODLASKA			81	M20/911 (M)2900	00:57:52	00:55:04	00:29:52 / 2997	10.90
3148	458	DOBROWOLSKI DAMIAN	WARSZAWA		MKS VARSOVIA	96	M20/912 (M)2901	00:57:53	00:53:06	00:32:31 / 3895	11.30
3149	1947	CICHOŃ ARTUR	WARSZAWA			65	M40/542 (M)2902	00:57:53	00:53:51	00:31:27 / 3519	11.14
3150	6178	SIELECKI MICHAŁ	KOMOROWO			77	M30/1174 (M)2903	00:57:54	00:54:21	00:30:09 / 3095	11.04
3151	1025	KRAKOWIAK ARTUR				72	M30/1175 (M)2904	00:57:54	00:56:33	00:27:44 / 2158	10.61
3152	6755	BUSMA MAJA	LEGIONOWO			85	K20/104 (K)248	00:57:54	00:53:41	00:30:05 / 3083	11.18
3153	5963	MRÓZ RADOSŁAW	WARSZAWA			82	M20/913 (M)2905	00:57:55	00:54:02	00:31:38 / 3586	11.10
3154	659	HERNIK JERZY	PILKINGTON			51	M50/220 (M)2906	00:57:55	00:57:53	00:28:15 / 2362	10.37
3155	1399	WILKOWSKI MARIUSZ	WARSZAWA			88	M20/914 (M)2907	00:57:55	00:54:37	00:30:00 / 3049	10.99
3156	6288	SZYSZKA MATEUSZ	WARSZAWA		KLUB VIII	83	M20/915 (M)2908	00:57:55	00:54:28	00:31:41 / 3606	11.02
3157	1834	SOBIERAJ ANETA	JURKISZKI			85	K20/105 (K)249	00:57:56	00:54:03	00:31:08 / 3403	11.10
3158	3126	KLIMEK TOMASZ	WARSZAWA			68	M40/543 (M)2909	00:57:56	00:53:51	00:31:18 / 3473	11.14
3159	3603	BANASIAK MIROSŁAW	WARSZAWA			76	M30/1176 (M)2910	00:57:56	00:54:11	00:30:41 / 3259	11.07
3160	5718	KOWALCZYK MICHAŁ	WARSZAWA		NMTW TEAM	78	M30/1177 (M)2911	00:57:56	00:54:42	00:30:22 / 3159	10.97
3161	4134	ŚCIBORSKI ALEKSANDER	WARSZAWA			75	M30/1178 (M)2912	00:57:57	00:52:53	00:32:49 / 3987	11.35
3162	865	SKOLIMOWSKI ADAM	ŻABOKLIKI			69	M40/544 (M)2913	00:57:57	00:51:06	00:31:21 / 3491	11.74
3163	6185	SIUCHTA JAROSŁAW	LEGIONOWO		SD CRITICAL	84	M20/916 (M)2914	00:57:57	00:57:25	00:28:53 / 2607	10.45
3164	1171	WOJCIESZAK ZBIGNIEW	WARSZAWA			53	M50/221 (M)2915	00:57:58	00:57:21	00:28:22 / 2416	10.46
3165	1647	CYPEŁ SŁAWOMIR	SOCHACZEW		DRAGON	72	M30/1179 (M)2916	00:57:58	00:56:37	00:28:30 / 2463	10.60
3166	649	KOŁAKOWSKI MICHAŁ	WARSZAWA			82	M20/917 (M)2917	00:57:59	00:53:42	00:32:23 / 3843	11.17
3167	648	SIECZKO ANNA	LEGIONOWO			80	K30/90 (K)250	00:57:59	00:53:42	00:32:23 / 3845	11.17
3168	3546	BANKOWICZ PIOTR	WARSZAWA			70	M40/545 (M)2918	00:57:59	00:54:15	00:29:35 / 2890	11.06
3169	1932	TOMASZEWSKA JUSTYNA	OTRĘBUSY			75	K30/91 (K)251	00:57:59	00:55:43	00:30:04 / 3074	10.77
3170	1809	BRONISZEWSKI JAKUB	ZĄBKI			75	M30/1180 (M)2919	00:57:59	00:55:04	00:29:10 / 2716	10.90
3171	6851	KIMBER RADOSŁAW	CIECHANÓW			79	M30/1181 (M)2920	00:57:59	00:53:43	00:31:12 / 3425	11.17
3172	883	TRUSZKO AGNIESZKA	DUCHNICE			73	K30/92 (K)252	00:58:00	00:54:53	00:30:10 / 3102	10.93
3173	769	STANISZEWSKA MARTA	WARSZAWA			82	K20/106 (K)253	00:58:00	00:53:36	00:31:21 / 3492	11.19
3174	5391	COLAUTTI ENRICO	WARSZAWA			66	M40/546 (M)2921	00:58:00	00:54:59	00:29:52 / 3001	10.91
3175	4487	KUKAWSKI ŁUKASZ	WARSZAWA			83	M20/918 (M)2922	00:58:00	00:55:28	00:28:49 / 2587	10.82
3176	4100	WYPYCH KORNEŁ	OTWOCK		DEALER SPORT	86	M20/919 (M)2923	00:58:00	00:53:54	00:31:16 / 3465	11.13
3177	4587	DWORAKOWSKI MARCIN	WARSZAWA		KB W PIONIE.PL	74	M30/1182 (M)2924	00:58:01	00:55:27	00:30:19 / 3140	10.82
3178	4932	MASZCZYŃSKI KRZYSZTOF	PRUSZKÓW			82	M20/920 (M)2925	00:58:01	00:55:50	00:28:59 / 2647	10.75

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Czas Netto	5km	[km/h]
3179	4633	BAJEROWSKI ARKADIUSZ	WARSZAWA			77	M30/1183 (M)2926	00:58:01	00:57:05	00:28:33 / 2490	10.51
3180	5833	LUBAŃSKI SZYMON	JÓZEFÓW			94	M20/921 (M)2927	00:58:01	00:55:39	00:32:25 / 3854	10.78
3181	6147	RUDNICKI DANIEL	WYSZKOW			95	M20/922 (M)2928	00:58:02	00:57:00	00:29:56 / 3023	10.53
3182	6224	STASZEWSKI DOMINIK	WARSZAWA			82	M20/923 (M)2929	00:58:02	00:52:40	00:32:35 / 3924	11.39
3183	2454	CHODAK PAWEŁ	WARSZAWA			55	M50/222 (M)2930	00:58:02	00:56:55	00:28:12 / 2342	10.54
3184	1337	JÓZWIK BARBARA	ZIELONKA			66	K40/43 (K)254	00:58:03	00:55:16	00:30:25 / 3175	10.86
3185	5982	NATORSKI MACIEJ	WARSZAWA			79	M30/1184 (M)2931	00:58:03	00:54:31	00:31:07 / 3394	11.01
3186	5625	KAMIŃSKI KRZYSZTOF	PŁOCK			81	M20/924 (M)2932	00:58:04	00:53:16	00:33:59 / 4343	11.26
3187	6361	WILCZEK PAWEŁ	WARSZAWA			68	M40/547 (M)2933	00:58:04	00:55:05	00:30:21 / 3151	10.89
3188	2452	GLUSZEK MARCIN	WARSZAWA			87	M20/925 (M)2934	00:58:04	00:54:43	00:29:32 / 2872	10.97
3189	2453	GACH KATARZYNA	BILGORAJ			87	K20/107 (K)255	00:58:04	00:54:42	00:29:32 / 2868	10.97
3190	3090	ZIELIŃSKI MACIEJ	WARSZAWA		BODYRELAX - MASAŻE	82	M20/926 (M)2935	00:58:05	00:53:39	00:31:32 / 3552	11.18
3191	3814	KOZIOŁ MARIUSZ	WARSZAWA - WESOŁA		CENTRUM SYMULACJI I KOMPUTEROWYCH GIER W	72	M30/1185 (M)2936	00:58:05	00:57:13	00:28:44 / 2550	10.49
3192	5688	KONIECZNY ANDRZEJ	ŻELECHÓW			67	M40/548 (M)2937	00:58:05	00:55:56	00:29:36 / 2896	10.73
3193	4196	KUSZELEWSKA SYLWIA	WARSZAWA			88	K20/108 (K)256	00:58:06	00:57:24	00:27:55 / 2226	10.45
3194	2878	ŚLEDZIEWSKI MARIUSZ	OSTRÓW MAZOWIECKA			79	M30/1186 (M)2938	00:58:06	00:54:24	00:30:44 / 3268	11.03
3195	6248	SZAFRAŃSKI MAREK	ŁÓDŹ			82	M20/927 (M)2939	00:58:07	00:53:11	00:32:30 / 3888	11.28
3196	3387	KUBIK DOMINIK	WARSZAWA			72	M30/1187 (M)2940	00:58:07	00:54:36	00:31:05 / 3383	10.99
3197	2491	OCHAL ARTUR	JÓZEFOSŁAW			72	M30/1188 (M)2941	00:58:07	00:57:10	00:28:56 / 2630	10.50
3198	167	LIEPPE CHROSTOPHE	TOURCOING		UST	78	M30/1189 (M)2942	00:58:07	00:58:06	00:26:35 / 1813	10.33
3199	3787	WYSOCKI GRZEGORZ	WARSZAWA			81	M20/928 (M)2943	00:58:08	00:54:20	00:31:34 / 3561	11.04
3200	4710	CELIŃSKI ŁUKASZ	WARSZAWA			84	M20/929 (M)2944	00:58:08	00:53:45	00:31:35 / 3572	11.16
3201	5737	KRAJEWSKI MAREK	WARSZAWA			54	M50/223 (M)2945	00:58:08	00:56:40	00:30:01 / 3055	10.59
3202	2543	IGALSON JACEK	PIASECZNO			49	M60/40 (M)2946	00:58:08	00:53:40	00:31:28 / 3528	11.18
3203	1941	BOSKO MARCIN	ELK / PIASECZNO		POGROMCY NIEMOCY	74	M30/1190 (M)2947	00:58:09	00:54:00	00:31:03 / 3372	11.11
3204	3194	RUTKOWSKI RAFAŁ	WARSZAWA			77	M30/1191 (M)2948	00:58:09	00:53:53	00:31:24 / 3502	11.14
3205	2659	TURALSKI ZBIGNIEW	GLINOJECK			62	M40/549 (M)2949	00:58:09	00:54:23	00:31:14 / 3434	11.03
3206	6157	RYŻLAK ADAM	ŁÓDŹ		BRAK	75	M30/1192 (M)2950	00:58:09	00:54:27	00:31:27 / 3520	11.02
3207	6357	WIERZBICKI MICHAŁ	PISTÓW		BRAK	77	M30/1193 (M)2951	00:58:09	00:54:37	00:30:44 / 3270	10.99
3208	4763	RYBAK GRZEGORZ	WARSZAWA			81	M20/930 (M)2952	00:58:09	00:53:51	00:31:49 / 3656	11.14
3209	3352	KANTORSKA ALEKSANDRA	WARSZAWA		JONES LANG LASALLE	85	K20/109 (K)257	00:58:10	00:55:01	00:31:17 / 3466	10.91
3210	3153	DĘBOWSKI ANDRZEJ	AUGUSTÓW / WARSZAWA			72	M30/1194 (M)2953	00:58:10	00:54:35	00:30:58 / 3344	10.99
3211	6676	KONRAD BARTLOMIEJ	MARKI			95	M20/931 (M)2954	00:58:10	00:53:49	00:31:29 / 3533	11.15
3212	947	STAROŃ MARCIN	WARSZAWA			76	M30/1195 (M)2955	00:58:11	00:55:15	00:30:55 / 3322	10.86
3213	1066	WIELGO MARCIN	WARSZAWA			80	M30/1196 (M)2956	00:58:11	00:55:42	00:29:35 / 2891	10.77
3214	2572	JESIOTR RAFAŁ	JÓZEFÓW			77	M30/1197 (M)2957	00:58:11	00:54:42	00:30:48 / 3286	10.97
3215	2986	JAROSZ GRZEGORZ	WARSZAWA			82	M20/932 (M)2958	00:58:11	00:54:22	00:31:24 / 3509	11.04
3216	4126	KRAJEWSKA ANTONINA	WARSZAWA			87	K20/110 (K)258	00:58:11	00:55:02	00:31:18 / 3474	10.90
3217	7013	TROTS YOLIA				76	K30/93 (K)259	00:58:11	00:55:39	00:29:32 / 2874	10.78
3218	472	CHLUDZIŃSKA ALEKSANDRA	WARSZAWA			72	K30/94 (K)260	00:58:12	00:57:46	00:29:33 / 2877	10.39
3219	6092	PÓLTORAK KATARZYNA	WARSZAWA			77	K30/95 (K)261	00:58:12	00:54:22	00:31:26 / 3515	11.04
3220	1061	IWIŃSKA RENATA	WARSZAWA			74	K30/96 (K)262	00:58:12	00:52:23	00:32:09 / 3751	11.45
3221	6293	ŚLIWA ALICJA	ELK		MARATONKA GRAJEWO	54	K50/12 (K)263	00:58:12	00:56:15	00:29:24 / 2818	10.67
3222	6108	PUSZYŃSKA MONIKA	WARSZAWA			78	K30/97 (K)264	00:58:13	00:58:06	00:28:49 / 2586	10.33
3223	2326	MAZAN PRZEMYSŁAW	WARSZAWA		VEGE RUNNERS	75	M30/1198 (M)2959	00:58:13	00:55:48	00:31:11 / 3420	10.75
3224	3973	KACPRZYK MACIEJ	WARSZAWA			85	M20/933 (M)2960	00:58:13	00:54:06	00:32:03 / 3714	11.09
3225	6338	WALCZAK PIOTR	MŁYŃNARY			83	M20/934 (M)2961	00:58:13	00:53:10	00:31:55 / 3689	11.29
3226	2379	PAWLAK MARCIN			ACTION	83	M20/935 (M)2962	00:58:13	00:56:08	00:28:18 / 2395	10.69
3227	6222	STASIEWICZ LEONCJUSZ	HAJNÓWKA			39	M70/3 (M)2963	00:58:14	00:57:06	00:29:35 / 2888	10.51
3228	6223	STASIEWICZ WIERA	HAJNÓWKA			42	K60/2 (K)265	00:58:14	00:58:10	00:29:10 / 2715	10.32
3229	1940	KSIĄŻEK ANNA	WARSZAWA			76	K30/98 (K)266	00:58:14	00:56:29	00:28:30 / 2464	10.62
3230	6654	JĘDRZEJCZYK SZCZEPAN	SZCZEPANÓW KOŁO		NIEWIDZIALNI WĄCHOCK	82	M20/936 (M)2964	00:58:14	00:56:29	00:28:47 / 2574	10.62
3231	5622	KALISZUK RAFAŁ	MIĘDZYRZEC PODLASKI		ŁEJNY	88	M20/937 (M)2965	00:58:15	00:55:11	00:30:31 / 3213	10.87
3232	2415	BIEDRZYCKI TADEUSZ	KARCZEW			52	M50/224 (M)2966	00:58:15	00:56:13	00:30:32 / 3217	10.67
3233	3793	ELKNER MICHAŁ	SKIERNIEWICE			86	M20/938 (M)2967	00:58:15	00:55:33	00:30:57 / 3334	10.80
3234	6051	PAŹDZIÓR ŁUKASZ	WARSZAWA			76	M30/1199 (M)2968	00:58:16	00:53:58	00:31:49 / 3648	11.12
3235	3289	JĘDRZEJEWSKI MARCIN	PRUSZKÓW			80	M30/1200 (M)2969	00:58:17	00:54:19	00:31:35 / 3571	11.05



<b>Miejsce Rank</b>	<b>Nr Bib</b>	<b>Nazwisko i imię Name</b>	<b>Miejscowość City</b>	<b>Kraj Nat</b>	<b>Drużyna Team</b>	<b>R-k YoB</b>	<b>W kategorii in Age Sex</b>	<b>Czas Time</b>	<b>Czas Netto</b>	<b>5km</b>	<b>[km/h]</b>
3236	1054	SZATRAJ STANISŁAW	WARSZAWA			54	M50/225 (M)2970	00:58:17	00:53:23	00:31:39 / 3596	11.24
3237	5386	CIEŚLAR RAFAŁ	BIELSKO-BIAŁA			84	M20/939 (M)2971	00:58:17	00:52:12	00:30:23 / 3163	11.49
3238	1747	BRYŚKIEWICZ MAREK	ZBROSZKI		LIDER WINNICA	91	M20/940 (M)2972	00:58:17	00:55:23	00:31:50 / 3662	10.83
3239	4938	KUSTOSZ PIOTR	WARSZAWA			66	M40/550 (M)2973	00:58:17	00:54:50	00:30:23 / 3164	10.94
3240	383	SOSNOWSKI MIŁOSZ	WARSZAWA		TVP S.A.	75	M30/1201 (M)2974	00:58:18	00:53:38	00:32:28 / 3876	11.19
3241	1329	KOŃSKI WALDEMAR	BLONIE			50	M60/41 (M)2975	00:58:18	00:54:32	00:30:44 / 3271	11.00
3242	3835	MOCZYDŁOWSKI LUKASZ	WARSZAWA			75	M30/1202 (M)2976	00:58:18	00:53:38	00:32:27 / 3870	11.19
3243	3413	PAKULNIEWICZ MICHAŁ	WARSZAWA			80	M30/1203 (M)2977	00:58:18	00:52:50	00:32:56 / 4012	11.36
3244	1760	POLETAJEW SŁAWOMIR	WARSZAWA			85	M20/941 (M)2978	00:58:19	00:57:02	00:30:40 / 3255	10.52
3245	4463	KOSIŃSKI KONRAD	WARSZAWA			81	M20/942 (M)2979	00:58:19	00:56:07	00:29:09 / 2712	10.69
3246	2439	GERC MACIEJ	WARSZAWA			77	M30/1204 (M)2980	00:58:19	00:56:30	00:29:28 / 2851	10.62
3247	531	ZAPALSKI MICHAŁ	MILANOWEK			82	M20/943 (M)2981	00:58:20	00:56:19	00:30:55 / 3325	10.65
3248	529	STARBALA MICHAŁ	WARSZAWA			82	M20/944 (M)2982	00:58:20	00:56:19	00:30:55 / 3323	10.65
3249	2873	BARCZYŃSKI RAFAŁ	WARSZAWA			73	M30/1205 (M)2983	00:58:20	00:53:31	00:33:18 / 4120	11.21
3250	4639	WASILEWSKI JAROSŁAW	WARSZAWA			63	M40/551 (M)2984	00:58:20	00:55:42	00:31:15 / 3452	10.77
3251	867	WARGACKA JOANNA	WARSZAWA			83	K20/111 (K)267	00:58:21	00:55:29	00:30:50 / 3295	10.81
3252	3240	KOWIESKI DAWID	WARSZAWA		PSP	87	M20/945 (M)2985	00:58:21	00:54:50	00:31:07 / 3395	10.94
3253	2029	ORLIŃSKI MICHAŁ	WARSZAWA			90	M20/946 (M)2986	00:58:21	00:53:32	00:31:28 / 3524	11.21
3254	873	SZYMAŃSKI JAROSŁAW	WARSZAWA			70	M40/552 (M)2987	00:58:23	00:55:57	00:29:43 / 2938	10.72
3255	4531	MADEJ TOMASZ	BIALOBRZEZI			81	M20/947 (M)2988	00:58:24	00:55:21	00:31:02 / 3359	10.84
3256	3505	ZDZIECHOWSKI KAZIMIERZ	ŚREM			50	M60/42 (M)2989	00:58:24	00:53:45	00:31:31 / 3550	11.16
3257	4191	WIŚNIEWSKA BEATA	WARSZAWA			71	K30/99 (K)268	00:58:25	00:55:45	00:30:09 / 3096	10.76
3258	1327	SWACZYŃSKI ROBERT	WARSZAWA			68	M40/553 (M)2990	00:58:25	00:54:54	00:31:25 / 3513	10.93
3259	6550	RENO LUDE	WARSZAWA			78	M30/1206 (M)2991	00:58:25	00:56:03	00:30:28 / 3195	10.70
3260	2142	CICHOŃ TOMASZ	WARSZAWA			63	M40/554 (M)2992	00:58:25	00:53:53	00:31:08 / 3402	11.14
3261	3953	EJSYMOND DANIEL	WARSZAWA			72	M30/1207 (M)2993	00:58:26	00:57:18	00:28:53 / 2611	10.47
3262	2874	GŁOWACKA EMILIA	GRODZISK MAZOWIECKI			85	K20/112 (K)269	00:58:26	00:54:52	00:31:16 / 3456	10.94
3263	4861	SZOPSKI MAREK	WARSZAWA			45	M60/43 (M)2994	00:58:26	00:57:12	00:29:20 / 2791	10.49
3264	1874	POLAŃSKI ALEKSANDER	WARSZAWA			71	M30/1208 (M)2995	00:58:27	00:54:10	00:30:05 / 3080	11.08
3265	3819	BIENIEK MACIEJ	WARSZAWA		POLBANK EFG	75	M30/1209 (M)2996	00:58:28	00:56:57	00:29:12 / 2727	10.54
3266	3630	PULASKI RYSZARD	WARSZAWA		ITI ADVENTURE TEAM	53	M50/226 (M)2997	00:58:28	00:55:45	00:29:19 / 2785	10.76
3267	956	LEŚNIEWSKI MICHAŁ	LUBLINIEC		WKB META LUBLINIEC	78	M30/1210 (M)2998	00:58:29	00:56:07	00:29:49 / 2985	10.69
3268	5911	MICHALCZYK MARTA	WARSZAWA			77	K30/100 (K)270	00:58:29	00:54:55	00:31:20 / 3480	10.93
3269	2817	ŚWISTAK MICHAŁ	OTRĘBUSY			82	M20/948 (M)2999	00:58:29	00:53:30	00:32:42 / 3956	11.21
3270	3324	FRANKOWSKI ROBERT	WARSZAWA			74	M30/1211 (M)3000	00:58:30	00:54:16	00:31:21 / 3488	11.06
3271	2958	GOŁASZEWSKI MICHAŁ	WARSZAWA		LEGIA WARSZAWA	83	M20/949 (M)3001	00:58:30	00:53:37	00:32:23 / 3847	11.19
3272	2632	KUBAŃ DANUTA	WARSZAWA			65	K40/44 (K)271	00:58:31	00:53:58	00:31:49 / 3652	11.12
3273	408	PASEK ZBIGNIEW	WARSZAWA			63	M40/555 (M)3002	00:58:31	00:55:00	00:31:16 / 3458	10.91
3274	3111	BERENT IRENA	WARSZAWA			74	K30/101 (K)272	00:58:31	00:54:43	00:30:51 / 3297	10.97
3275	756	ABELEC TOMASZ	WARSZAWA			79	M30/1212 (M)3003	00:58:33	00:57:00	00:31:12 / 3424	10.53
3276	3495	KALINOWSKI MARCIN	WARSZAWA			86	M20/950 (M)3004	00:58:33	00:57:26	00:29:24 / 2821	10.45
3277	7048	DROZD JERZY	WARSZAWA			60	M50/227 (M)3005	00:58:33	00:55:02	00:31:16 / 3459	10.90
3278	4556	JANKOWSKI PIOTR	WARSZAWA		WARSZAWA	75	M30/1213 (M)3006	00:58:34	00:55:07	00:29:52 / 3000	10.89
3279	2402	HUSIATYŃSKI ANDRZEJ	WARSZAWA			72	M30/1214 (M)3007	00:58:34	00:54:34	00:31:16 / 3457	11.00
3280	2638	ŚCIBOR SONIA	WARSZAWA			92	K20/113 (K)273	00:58:34	00:55:02	00:31:04 / 3378	10.90
3281	3562	WŁODARCZYK RAFAŁ	WARSZAWA			76	M30/1215 (M)3008	00:58:34	00:52:59	00:33:23 / 4147	11.32
3282	126	JEDNACZ KAZIMIERZ	OTWOCK			82	M20/951 (M)3009	00:58:34	00:53:54	00:32:31 / 3896	11.13
3283	3805	BEDNARSKI GUSTAW	WARSZAWA			75	M30/1216 (M)3010	00:58:34	00:53:32	00:32:26 / 3863	11.21
3284	48	PUZIK JANUSZ	JÓZEFOSŁAW		PKO	77	M30/1217 (M)3011	00:58:34	00:55:31	00:31:02 / 3361	10.81
3285	1029	BAK JACEK	WARSZAWA			64	M40/556 (M)3012	00:58:35	00:53:55	00:32:28 / 3877	11.13
3286	5931	MILEWSKI KRZYSZTOF	OSTROŁĘKA			82	M20/952 (M)3013	00:58:35	00:54:52	00:31:02 / 3366	10.94
3287	3859	BANACH KLAUDIUSZ	WARSZAWA			76	M30/1218 (M)3014	00:58:35	00:54:51	00:30:51 / 3300	10.94
3288	2024	ORLIŃSKI PAWEŁ	WARSZAWA			89	M20/953 (M)3015	00:58:35	00:53:45	00:31:28 / 3527	11.16
3289	7051	DRAŻKOWSKI ROMAN	WARSZAWA			70	M40/557 (M)3016	00:58:35	00:54:15	00:31:48 / 3644	11.06
3290	5953	MODER PAWEŁ	WARSZAWA			75	M30/1219 (M)3017	00:58:36	00:54:28	00:31:49 / 3649	11.02
3291	5466	FAZAN BARBARA	JÓZEFOSŁAW		DISCBUSTERS	73	K30/102 (K)274	00:58:36	00:55:57	00:30:41 / 3260	10.72
3292	595	SIKORSKI SZYMON	WARSZAWA			83	M20/954 (M)3018	00:58:37	00:55:29	00:31:49 / 3650	10.81
3293	499	KOWALIK ZBIGNIEW	WARSZAWA			66	M40/558 (M)3019	00:58:37	00:57:39	00:29:03 / 2673	10.41

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Czas Netto	5km	[km/h]
3294	4395	CHMIELEWSKA GRAŻYNA	WARSZAWA			71	K30/103 (K)275	00:58:37	00:57:19	00:28:47 / 2570	10.47
3295	532	PARURA DOMINIK	MILANOWEK			74	M30/1220 (M)3020	00:58:38	00:56:37	00:30:56 / 3326	10.60
3296	4213	SZYMAŃSKI JACEK	WARSZAWA			65	M40/559 (M)3021	00:58:38	00:56:13	00:31:11 / 3421	10.67
3297	4215	SÓLTYSIAK PAWEŁ	WARSZAWA			74	M30/1221 (M)3022	00:58:38	00:56:14	00:31:11 / 3417	10.67
3298	4649	ZATOŃSKA ANNA	WARSZAWA			71	K30/104 (K)276	00:58:38	00:53:34	00:33:33 / 4200	11.20
3299	7065	CELEJ PAWEŁ	KŁOCZEW			95	M20/955 (M)3023	00:58:38	00:54:21	00:31:26 / 3516	11.04
3300	5437	DOMAŃSKI JAKUB	WARKA			89	M20/956 (M)3024	00:58:39	00:54:09	00:32:40 / 3949	11.08
3301	2059	RZEŹNIK MATEUSZ	WARKA			94	M20/957 (M)3025	00:58:39	00:54:09	00:32:40 / 3948	11.08
3302	2999	TUREK ŁUKASZ	WARSZAWA			84	M20/958 (M)3026	00:58:39	00:53:38	00:32:42 / 3957	11.19
3303	2949	DOBOSZ ELŻBIETA	WARSZAWA			58	K50/13 (K)277	00:58:40	00:50:48	00:33:02 / 4036	11.81
3304	1074	SCHULTA PAWEŁ	WARSZAWA			58	M50/228 (M)3027	00:58:40	00:54:45	00:31:39 / 3590	10.96
3305	1570	GRYZ KRZYSZTOF	WARSZAWA			59	M50/229 (M)3028	00:58:40	00:58:25	00:27:45 / 2163	10.27
3306	3709	GRYKO ALEKSANDRA	WARSZAWA			90	K20/114 (K)278	00:58:40	00:57:00	00:29:12 / 2728	10.53
3307	2283	JAGIELSKI MACIEJ	WARSZAWA			84	M20/959 (M)3029	00:58:40	00:58:38	00:28:43 / 2548	10.23
3308	3211	CZAJKOWSKI BŁAŻEJ	WARSZAWA			84	M20/960 (M)3030	00:58:41	00:54:07	00:31:29 / 3532	11.09
3309	1178	MIEŃKOWSKI MARCIN	NOWE MIASTO NAD			81	M20/961 (M)3031	00:58:41	00:56:53	00:29:21 / 2797	10.55
3310	4081	MALINOWSKI WIKTOR	ŁÓDŹ			58	M50/230 (M)3032	00:58:41	00:54:21	00:31:44 / 3622	11.04
3311	6056	PFADT WOJCIECH	WARSZAWA			62	M40/560 (M)3033	00:58:41	00:53:09	00:32:40 / 3947	11.29
3312	594	PRUSZCZAK REMIGIUSZ	WARSZAWA			76	M30/1222 (M)3034	00:58:42	00:56:11	00:30:00 / 3052	10.68
3313	473	PYTKOWSKI JAN WOJCIECH	WARSZAWA			63	M40/561 (M)3035	00:58:42	00:55:20	00:31:18 / 3477	10.84
3314	3098	PLECH WOJCIECH	GRYFINO			75	M30/1223 (M)3036	00:58:42	00:55:37	00:31:48 / 3639	10.79
3315	3708	RADOMSKI JAKUB	LECHICI ZIELONKA			87	M20/962 (M)3037	00:58:42	00:54:49	00:32:04 / 3725	10.95
3316	4825	KORNASZEWSKI ZBIGNIEW	WARSZAWA			54	M50/231 (M)3038	00:58:42	00:53:54	00:31:24 / 3503	11.13
3317	609	ŚWIĄTEK JANUSZ	KAMIENIEC WROCK			59	M50/232 (M)3039	00:58:43	00:54:07	00:32:10 / 3758	11.09
3318	2199	MAŁKIEWICZ MICHAŁ	WARSZAWA		SZTACHETA	82	M20/963 (M)3040	00:58:43	00:53:56	00:33:08 / 4076	11.12
3319	2113	RESIAK WOJCIECH	WARSZAWA		SILY POWIETRZNE	64	M40/562 (M)3041	00:58:43	00:55:22	00:30:54 / 3313	10.84
3320	5493	GAWROŃSKI ARTUR	KIELCE			71	M30/1224 (M)3042	00:58:43	00:54:24	00:32:47 / 3974	11.03
3321	5419	DĄBROWSKI MARCIN	KIELCE			69	M40/563 (M)3043	00:58:43	00:54:24	00:32:47 / 3979	11.03
3322	5321	BIL MARCIN	KIELCE		GÓRALŚWIĘTOKRZYSKI	69	M40/564 (M)3044	00:58:43	00:54:24	00:32:47 / 3975	11.03
3323	5930	MILCZAREK RENATA	PRUSZKÓW			68	K40/45 (K)279	00:58:44	00:58:08	00:28:49 / 2588	10.32
3324	3230	DUBIELECKI ŁUKASZ	WOLICA		BIEGAMY Z OCHOTĄ	78	M30/1225 (M)3045	00:58:44	00:58:32	00:27:03 / 1983	10.25
3325	743	KOSTRZEWA NATAN	WIELBARK			95	M20/964 (M)3046	00:58:44	00:55:52	00:29:54 / 3010	10.74
3326	3795	PULA JACEK	GARWOLIN		TRUCHTACZ.PL	80	M30/1226 (M)3047	00:58:44	00:55:39	00:30:24 / 3170	10.78
3327	3668	MOSKAL IZABELLA	WARSZAWA		BRYLANT KÓRNIK	73	K30/105 (K)280	00:58:44	00:54:23	00:31:40 / 3599	11.03
3328	6211	STACHURA KAROL	KIELCE		GÓRALŚWIĘTOKRZYSKI	82	M20/965 (M)3048	00:58:44	00:54:26	00:32:47 / 3977	11.02
3329	2176	SZAJEWSKA EWELINA	WARSZAWA		LASEK BIELANSKI TEAM	80	K30/106 (K)281	00:58:45	00:54:55	00:31:54 / 3680	10.93
3330	1422	BOJANOWSKI JAKUB	WARSZAWA		DELOITTE ADVENTURE TEAM	67	M40/565 (M)3049	00:58:45	00:54:15	00:31:59 / 3704	11.06
3331	3431	ROPPEL JACEK	GDYNIA		WUNDERTEAM	77	M30/1227 (M)3050	00:58:45	00:56:49	00:29:47 / 2967	10.56
3332	3429	NEUMANN CHRISTIAN	WARSZAWA		WUNDERTEAM	78	M30/1228 (M)3051	00:58:45	00:56:49	00:29:47 / 2969	10.56
3333	3769	WALIGÓRA RAFAŁ	WARSZAWA			77	M30/1229 (M)3052	00:58:45	00:54:20	00:32:25 / 3856	11.04
3334	4296	DĄBROWSKA JUSTYNA	WARSZAWA			87	K20/115 (K)282	00:58:45	00:54:26	00:32:38 / 3943	11.02
3335	4085	FORYŚ TOMASZ	SUJELÓWEK			85	M20/966 (M)3053	00:58:46	00:54:04	00:32:24 / 3848	11.10
3336	6203	SOBOLEWSKA BOGUSŁAWA	PULTUSK			59	K50/14 (K)283	00:58:46	00:58:11	00:28:57 / 2638	10.31
3337	6112	RADECKA ANNA	PULTUSK			78	K30/107 (K)284	00:58:46	00:58:10	00:28:57 / 2637	10.32
3338	6847	MECHLIŃSKI TOMASZ	WROCLAW			79	M30/1230 (M)3054	00:58:46	00:55:26	00:29:32 / 2873	10.82
3339	5958	MONARCHO ROBERT	WARSZAWA		KP MARKI	70	M40/566 (M)3055	00:58:47	00:58:31	00:28:25 / 2429	10.25
3340	504	STEC MIROSLAW	WARSZAWA			64	M40/567 (M)3056	00:58:47	00:55:50	00:30:16 / 3122	10.75
3341	4750	DURKA BENEDYKT	WARSZAWA			67	M40/568 (M)3057	00:58:47	00:53:50	00:32:18 / 3810	11.15
3342	6852	KONCEWICZ JAROSLAW	CIECHANÓW			83	M20/967 (M)3058	00:58:47	00:54:57	00:30:47 / 3283	10.92
3343	2970	GAJUK MARTA	OSTROWIEC			92	K20/116 (K)285	00:58:48	00:54:21	00:31:48 / 3642	11.04
3344	3005	ŚMIETANKA MARIA	WARSZAWA			81	K20/117 (K)286	00:58:48	00:57:57	00:30:17 / 3125	10.35
3345	6405	WYCZÓŁKOWSKI KRZYSZTOF	LEGIONOWO		161 AFA	84	M20/968 (M)3059	00:58:48	00:58:16	00:28:53 / 2609	10.30
3346	6304	ŚWISTAK ANNA	WARSZAWA			88	K20/118 (K)287	00:58:48	00:54:56	00:31:38 / 3585	10.92
3347	3080	WARZYWODA EWA	WARSZAWA			74	K30/108 (K)288	00:58:48	00:55:37	00:30:18 / 3133	10.79
3348	2238	GAWRYSZEWSKI JACEK	WARSZAWA			50	M60/44 (M)3060	00:58:49	00:57:40	00:29:18 / 2778	10.40
3349	1925	MILISZKIEWICZ-PAJDZIŃSKA AGNIESZKA	WARSZAWA			76	K30/109 (K)289	00:58:49	00:55:12	00:30:52 / 3306	10.87
3350	3249	GOŁĘBIEWSKI CEZARY	WARSZAWA			58	M50/233 (M)3061	00:58:49	00:55:35	00:30:31 / 3212	10.79
3351	2217	JACKOWIAK ZBIGNIEW	WARSZAWA		KS. OTRYT	50	M60/45 (M)3062	00:58:49	00:57:07	00:29:27 / 2838	10.50

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Czas Netto	5km	[km/h]
3352	2050	TEICHERT MARIA	WARSZAWA		KB GYMNJON	64	K40/46 (K)290	00:58:49	00:54:58	00:31:00 / 3349	10.92
3353	2658	WERNIO ANDRZEJ	WARSZAWA			54	M50/234 (M)3063	00:58:49	00:56:50	00:30:19 / 3137	10.56
3354	413	MĘŻYŃSKI ARKADIUSZ	WARSZAWA			78	M30/1231 (M)3064	00:58:50	00:54:42	00:31:54 / 3681	10.97
3355	289	KOSTRZEWSKI PAWEŁ	WARSZAWA		SYRENKA	73	M30/1232 (M)3065	00:58:51	00:56:40	00:30:18 / 3134	10.59
3356	291	POWAŁKA GRZEGORZ	WARSZAWA		SYRENKA	62	M40/569 (M)3066	00:58:51	00:56:38	00:30:18 / 3135	10.59
3357	1386	PRZYSUCHA JUSTYNA	WARSZAWA			84	K20/119 (K)291	00:58:51	00:57:27	00:29:46 / 2956	10.44
3358	3961	MARCINČZAK AGNIESZKA	ZĄBKI			82	K20/120 (K)292	00:58:51	00:54:45	00:30:39 / 3254	10.96
3359	4543	BITKOWSKI PAWEŁ	WARSZAWA		SOFTTUTOR	74	M30/1233 (M)3067	00:58:51	00:55:17	00:31:54 / 3682	10.85
3360	4882	WYLOT PAULINA	WARSZAWA			85	K20/121 (K)293	00:58:51	00:56:08	00:28:36 / 2506	10.69
3361	4295	DĄDROWSKI PAWEŁ	WARSZAWA			87	M20/969 (M)3068	00:58:51	00:54:32	00:32:38 / 3942	11.00
3362	4297	SZYMAŃSKA ALEKSANDRA	WARSZAWA			87	K20/122 (K)294	00:58:51	00:54:33	00:32:38 / 3941	11.00
3363	6498	CHROBOK BARTOSZ	JAWORZEC			76	M30/1234 (M)3069	00:58:51	00:54:30	00:30:51 / 3299	11.01
3364	2474	FOGEL PIOTR	KRUPIA WÓŁKA			68	M40/570 (M)3070	00:58:52	00:58:24	00:28:24 / 2423	10.27
3365	1402	KRYSIŃSKI BOGDAN MACIEJ	ZIELONKA			53	M50/235 (M)3071	00:58:52	00:53:55	00:17:39 / 34	11.13
3366	6314	TOMASZEWSKA IWONA	WARSZAWA			85	K20/123 (K)295	00:58:52	00:55:57	00:30:24 / 3169	10.72
3367	6808	LUBACZEWSKI TOMASZ	RUSIEC			68	M40/571 (M)3072	00:58:52	00:57:10	00:29:39 / 2916	10.50
3368	3212	MACIEJEWSKA MONIKA	WARSZAWA			73	K30/110 (K)296	00:58:53	00:57:34	00:29:26 / 2831	10.42
3369	1949	GAJDUL PIOTR	WARSZAWA			65	M40/572 (M)3073	00:58:53	00:57:34	00:29:26 / 2832	10.42
3370	2171	ZBIGNIEW ŚWIDERSKI	WARSZAWA			79	M30/1235 (M)3074	00:58:53	00:56:46	00:31:05 / 3382	10.57
3371	1656	SZCZEPKOWSKI MATEUSZ	WARSZAWA		NIEZRZESZONY	80	M30/1236 (M)3075	00:58:54	00:54:09	00:32:26 / 3866	11.08
3372	1445	GRAJKOWSKI WOJCIECH	WARSZAWA		SZYBKE RODNIKI WARSZAWA	80	M30/1237 (M)3076	00:58:54	00:53:52	00:31:38 / 3588	11.14
3373	527	MOSIOŁEK PRZEMYSŁAW	SKARŻYSKO-KAMIENNA			84	M20/970 (M)3077	00:58:54	00:53:48	00:34:19 / 4466	11.15
3374	3124	KSIĘŻNY ANDRZEJ	ŁOMIANKI			53	M50/236 (M)3078	00:58:54	00:55:54	00:30:56 / 3331	10.73
3375	1655	SZCZEPKOWSKI PAWEŁ	WARSZAWA		NIEZRZESZONY	55	M50/237 (M)3079	00:58:55	00:54:10	00:32:27 / 3867	11.08
3376	3127	HIRSZLER ELŻBIETA	WARSZAWA		ACTIVE SPORT	60	K50/15 (K)297	00:58:55	00:55:17	00:30:35 / 3239	10.85
3377	2923	WALLEWEIN JACEK	WARSZAWA			70	M40/573 (M)3080	00:58:55	00:55:54	00:31:06 / 3392	10.73
3378	2596	WNOROWSKI MICHAŁ	WARSZAWA			73	M30/1238 (M)3081	00:58:55	00:56:42	00:31:21 / 3487	10.58
3379	180	NADOLNY WIESŁAW				10	(M)3082	00:58:55	00:54:29	00:31:48 / 3641	11.01
3380	4676	HLEBOWICZ WALDEMAR	WARSZAWA			64	M40/574 (M)3083	00:58:55	00:50:00	00:33:18 / 4117	12.00
3381	3325	BOGDAŃSKI MARCIN	WARSZAWA			77	M30/1239 (M)3084	00:58:56	00:57:00	00:30:17 / 3131	10.53
3382	293	WAŁĘGA EDMUND	WARSZAWA		SYRENKA	43	M60/46 (M)3085	00:58:56	00:58:50	00:29:31 / 2866	10.20
3383	801	ARCZEWSKI PAWEŁ	WARSZAWA			69	M40/575 (M)3086	00:58:56	00:57:57	00:29:21 / 2801	10.35
3384	987	PYTLEWSKI ŁUKASZ	WARSZAWA		ACCELERATE	82	M20/971 (M)3087	00:58:57	00:55:27	00:30:30 / 3205	10.82
3385	1702	CHIM MARCIN	WARSZAWA			73	M30/1240 (M)3088	00:58:57	00:54:53	00:31:38 / 3583	10.93
3386	1013	DOBRYŃSKI FELIKS	WARSZAWA			67	M40/576 (M)3089	00:58:57	00:55:04	00:31:50 / 3657	10.90
3387	1082	SMITH KAMIL	WARSZAWA			92	M20/972 (M)3090	00:58:57	00:57:33	00:28:48 / 2578	10.43
3388	3416	SOLSKI ALEKSANDER	WARSZAWA			72	M30/1241 (M)3091	00:58:58	00:56:46	00:29:53 / 3007	10.57
3389	6752	SKRZYPEK ANNA	SZYDŁOWIEC			68	K40/47 (K)298	00:58:58	00:54:40	00:31:51 / 3664	10.98
3390	6840	WĘGRZYCKI WIESŁAW				33	M70/4 (M)3092	00:58:58	00:57:25	00:30:28 / 3201	10.45
3391	695	KUCIŃSKI DAWID	WARSZAWA			79	M30/1242 (M)3093	00:58:59	00:54:06	00:32:41 / 3952	11.09
3392	1539	SIEKIERSKI ŁUKASZ	WARSZAWA			77	M30/1243 (M)3094	00:58:59	00:54:07	00:32:41 / 3954	11.09
3393	4548	WAWRZYŃCZYK HUBERT	KONSTANCIN			95	M20/973 (M)3095	00:58:59	00:55:38	00:32:33 / 3904	10.78
3394	6350	WICIŃSKA IZABELA	ADAMÓW			69	K40/48 (K)299	00:59:00	00:56:19	00:29:34 / 2885	10.65
3395	369	KRAŚIŃSKI PIOTR	WARSZAWA			75	M30/1244 (M)3096	00:59:00	00:54:34	00:31:47 / 3636	11.00
3396	523	AMEREK MAGDALENA	WARSZAWA			82	K20/124 (K)300	00:59:00	00:56:06	00:30:20 / 3146	10.70
3397	2510	GUTOWSKI MICHAŁ	WARSZAWA			79	M30/1245 (M)3097	00:59:00	00:57:22	00:29:40 / 2920	10.46
3398	742	KOSTRZEWA KRZYSZTOF	WIELBARK			64	M40/577 (M)3098	00:59:01	00:56:10	00:29:15 / 2759	10.68
3399	4058	PAŁĘGA ARTUR	WARSZAWA			75	M30/1246 (M)3099	00:59:01	00:55:00	00:32:25 / 3853	10.91
3400	5662	KLIN MARIUSZ	CHELM			79	M30/1247 (M)3100	00:59:01	00:56:58	00:29:30 / 2861	10.53
3401	3489	PIÓRKOWSKI PRZEMYSŁAW	WARSZAWA			89	M20/974 (M)3101	00:59:01	00:55:24	00:31:46 / 3627	10.83
3402	5677	KOŁODZIEJ HANNA	WROCLAW			88	K20/125 (K)301	00:59:02	00:54:34	00:32:01 / 3710	11.00
3403	3120	MARKIEWICZ MICHAŁ	WARSZAWA			63	M40/578 (M)3102	00:59:02	00:54:56	00:31:08 / 3399	10.92
3404	3071	LUCH MICHAŁ	WROCLAW			88	M20/975 (M)3103	00:59:03	00:56:27	00:30:25 / 3177	10.63
3405	2018	SMOLIŃSKA MAŁGORZATA	WARSZAWA		POLSKA BIEGA/GAZETA WYBORCZA	75	K30/111 (K)302	00:59:03	00:56:11	00:31:05 / 3386	10.68
3406	2903	FLOREK PRZEMYSŁAW	WARSZAWA			76	M30/1248 (M)3104	00:59:03	00:57:10	00:29:14 / 2750	10.50
3407	4477	JAGIELSKI MAREK	WARSZAWA			58	M50/238 (M)3105	00:59:03	00:55:57	00:30:56 / 3332	10.72
3408	1728	BENDKOWSKI MAREK	WARSZAWA			78	M30/1249 (M)3106	00:59:04	00:56:50	00:31:32 / 3557	10.56
3409	629	POŻARSKI PIOTR	WAŁBRZYCH		MKS ATRII WAŁBRZYCH	84	M20/976 (M)3107	00:59:04	00:56:46	00:29:10 / 2717	10.57

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Czas Netto	5km	[km/h]
3410	3444	ZMITROWICZ AGATA	KONSTANCIN-JEZIORNA			79	K30/112 (K)303	00:59:04	00:55:41	00:29:53 / 3002	10.78
3411	7149	KOWALSKA JOLANTA	LEGIONOWO			79	K30/113 (K)304	00:59:04	00:54:51	00:31:31 / 3543	10.94
3412	188	ŁONIEWSKI KRZYSZTOF				76	M30/1250 (M)3108	00:59:05	00:55:07	00:31:20 / 3486	10.89
3413	4866	WASILEWSKI ROBERT	MARKI			77	M30/1251 (M)3109	00:59:05	00:54:28	00:32:20 / 3818	11.02
3414	1868	DEMIDOWSKA ALINA	PSZCZYNA			86	K20/126 (K)305	00:59:05	00:57:59	00:29:25 / 2825	10.35
3415	4190	WIŚNIEWSKI MAREK	WARSZAWA			71	M30/1252 (M)3110	00:59:06	00:56:26	00:30:09 / 3099	10.63
3416	799	KŁASIŃSKI JAKUB	WARSZAWA			75	M30/1253 (M)3111	00:59:06	00:54:58	00:31:18 / 3475	10.92
3417	2444	ZALEWSKI MICHAŁ	WARSZAWA		ŚB PARK LEŚNY BRÓDNO	63	M40/579 (M)3112	00:59:06	00:55:02	00:31:48 / 3645	10.90
3418	2539	HEJNA MACIEJ	WARSZAWA			81	M20/977 (M)3113	00:59:06	00:50:08	00:33:58 / 4336	11.97
3419	4621	MCLEAN MAGDALENA	WARSZAWA			78	K30/114 (K)306	00:59:06	00:54:39	00:32:09 / 3755	10.98
3420	6159	RZEWUSKI KAROL	WARSZAWA			78	M30/1254 (M)3114	00:59:07	00:54:11	00:32:39 / 3944	11.07
3421	5249	PALUCH DOMINIK	JEDLIŃSK			92	M20/978 (M)3115	00:59:07	00:58:24	00:29:28 / 2849	10.27
3422	317	WÓJCIK HENRYK	WARSZAWA			56	M50/239 (M)3116	00:59:08	00:58:26	00:28:04 / 2284	10.27
3423	1549	BOHUSZ TOMASZ	WARSZAWA		DLL	74	M30/1255 (M)3117	00:59:08	00:55:19	00:32:13 / 3773	10.85
3424	5427	DETLAFF PATRYCJA	WILCZA GÓRA		NIEZRZESZONA	83	K20/127 (K)307	00:59:08	00:58:14	00:28:52 / 2606	10.30
3425	4460	ŚMIECHOWSKI MATEUSZ	JEDLIŃSK		ULKS JEDLIŃSK	93	M20/979 (M)3118	00:59:08	00:58:25	00:29:29 / 2853	10.27
3426	3586	GRZESZCZYK BARTOSZ	PULAWY		KOMPANIA NIGDY JUŻ	88	M20/980 (M)3119	00:59:09	00:54:44	00:31:52 / 3667	10.96
3427	1020	KUKOWSKA KAROLINA				86	K20/128 (K)308	00:59:09	00:57:25	00:30:34 / 3234	10.45
3428	6114	RADKE RYSZARD	OZORKÓW			76	M30/1256 (M)3120	00:59:09	00:54:21	00:31:58 / 3698	11.04
3429	1718	DYDYCZ LESZEK	CHOTMÓW		-	68	M40/580 (M)3121	00:59:09	00:54:37	00:33:21 / 4135	10.99
3430	2037	BANACH AGNIESZKA	LEGIONOWO			83	K20/129 (K)309	00:59:09	00:56:25	00:31:32 / 3553	10.64
3431	3483	MACIEJAK PIOTR	STALOWA WOLA			86	M20/981 (M)3122	00:59:09	00:53:53	00:33:53 / 4306	11.14
3432	3609	MARCAK KACPER	PUSTELNIK			93	M20/982 (M)3123	00:59:10	00:58:32	00:29:14 / 2747	10.25
3433	6421	ZALEWSKI KRZYSZTOF	WARSZAWA			79	M30/1257 (M)3124	00:59:10	00:53:54	00:33:14 / 4100	11.13
3434	4079	ZAWADZKA MAŁGORZATA	WARSZAWA			83	K20/130 (K)310	00:59:10	00:55:00	00:31:40 / 3602	10.91
3435	5772	KUCZYŃSKA IZABELLA	PRUSZKÓW			70	K40/49 (K)311	00:59:11	00:56:55	00:30:11 / 3103	10.54
3436	4063	SIENICKI TOMASZ	WARSZAWA		SKANDIA	74	M30/1258 (M)3125	00:59:11	00:54:51	00:31:52 / 3668	10.94
3437	1875	POLAŃSKI JAKUB	WARSZAWA			95	M20/983 (M)3126	00:59:11	00:54:54	00:30:02 / 3065	10.93
3438	2832	MAJKOWSKI ROBERT	WARSZAWA			70	M40/581 (M)3127	00:59:11	00:54:51	00:30:45 / 3274	10.94
3439	2764	KOSIERADZKI MICHAŁ	WARSZAWA			95	M20/984 (M)3128	00:59:11	00:55:04	00:31:01 / 3353	10.90
3440	206	CYBER PIOTR	WARSZAWA			78	M30/1259 (M)3129	00:59:11	00:58:33	00:29:14 / 2748	10.25
3441	6295	ŚLUSARCZYK TOMASZ	WARSZAWA			75	M30/1260 (M)3130	00:59:12	00:56:14	00:29:56 / 3024	10.67
3442	3388	MICHALSKI MICHAŁ	WARSZAWA			79	M30/1261 (M)3131	00:59:12	00:55:41	00:31:05 / 3384	10.78
3443	7001	KURSZEWski PIOTR	GDAŃSKA			88	M20/985 (M)3132	00:59:12	00:55:54	00:33:30 / 4176	10.73
3444	847	WOJTAS MATEUSZ	WARSZAWA			97	M20/986 (M)3133	00:59:13	00:55:08	00:32:56 / 4013	10.88
3445	217	CHMIELEWSKA KATARZYNA	PODBIEL		STRAŻ MIEJSKA M.ST. WARSZAWY	84	K20/131 (K)312	00:59:13	00:56:50	00:30:26 / 3182	10.56
3446	1709	GÓDŹ BARTOSZ	WARSZAWA		JARTOM TEAM	81	M20/987 (M)3134	00:59:13	00:58:52	00:28:09 / 2319	10.19
3447	3410	ADASZEK ŁUKASZ	LUBLIN			77	M30/1262 (M)3135	00:59:13	00:55:39	00:32:07 / 3743	10.78
3448	3411	ADASZEK MICHAŁ	PIASECZNO			83	M20/988 (M)3136	00:59:13	00:55:39	00:32:07 / 3744	10.78
3449	2680	RAKOWSKA MAGDALENA	WARSZAWA			73	K30/115 (K)313	00:59:14	00:55:09	00:31:43 / 3617	10.88
3450	1162	TEKIELI ANDRZEJ	OTWOCK			80	M30/1263 (M)3137	00:59:15	00:57:00	00:32:29 / 3881	10.53
3451	6257	SZCZĘSNA HONORATA	WARSZAWA			77	K30/116 (K)314	00:59:15	00:55:53	00:31:43 / 3618	10.74
3452	5864	MADEJ PAWEŁ	GDAŃSK		BIEGANIE.PL	85	M20/989 (M)3138	00:59:16	00:54:32	00:32:54 / 4006	11.00
3453	2586	GLEGOLA RYSZARD			GRUPA BIEGACZY CHTMO	76	M30/1264 (M)3139	00:59:16	00:54:22	00:31:04 / 3377	11.04
3454	2854	FRYSKA ZBIGNIEW	WARSZAWA			83	M20/990 (M)3140	00:59:17	00:54:30	00:32:47 / 3973	11.01
3455	578	SZYMANIAK ZBIGNIEW	WARSZAWA			70	M40/582 (M)3141	00:59:18	00:54:43	00:32:08 / 3750	10.97
3456	2957	ROMANIUK JOANNA	WARSZAWA		KS ROMANIUX	82	K20/132 (K)315	00:59:18	00:57:00	00:29:39 / 2919	10.53
3457	5639	KARPIŃSKI ZDZISŁAW	KRAKÓW		WITAR TARNOBRZEG	42	M60/47 (M)3142	00:59:18	00:57:20	00:30:27 / 3188	10.47
3458	737	MISIAK RAFAŁ	MIKOŁÓW		MERLIN.PL	80	M30/1265 (M)3143	00:59:19	00:54:41	00:32:21 / 3825	10.97
3459	3575	KOCHAŃSKA KATARZYNA	WARSZAWA		N/A	75	K30/117 (K)316	00:59:19	00:57:33	00:30:38 / 3247	10.43
3460	6758	SOBIECH PIOTREK				89	M20/991 (M)3144	00:59:19	00:56:13	00:29:49 / 2979	10.67
3461	424	ROSTKOWSKI ŁUKASZ	WARSZAWA			85	M20/992 (M)3145	00:59:20	00:55:17	00:32:17 / 3798	10.85
3462	1475	PIÓREK PRZEMYSŁAW	WARSZAWA			81	M20/993 (M)3146	00:59:20	00:55:22	00:32:19 / 3817	10.84
3463	3968	KOSTRZYŃSKI STANISŁAW	WARSZAWA			48	M60/48 (M)3147	00:59:20	00:59:20	00:29:45 / 2951	10.11
3464	2678	MASTALERZ MARCIN	WARSZAWA			69	M40/583 (M)3148	00:59:21	00:55:38	00:32:10 / 3757	10.78
3465	433	SOWIŃSKA LIDIA	WARSZAWA			94	K20/133 (K)317	00:59:21	00:56:19	00:32:19 / 3814	10.65
3466	5478	FITT MARCIN	WARSZAWA			87	M20/994 (M)3149	00:59:21	00:54:51	00:33:37 / 4219	10.94
3467	5933	MIODOŃSKI JAN	CIESZYN			56	M50/240 (M)3150	00:59:21	00:57:15	00:30:17 / 3126	10.48

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Czas Netto	5km	[km/h]
3468	2485	JANKOWSKA AGNIESZKA	WARSZAWA		ABCKONDYCJA	80	K30/118 (K)318	00:59:22	00:56:43	00:29:28 / 2842	10.58
3469	2403	HINZMANN SZYMON	WARSZAWA			78	M30/1266 (M)3151	00:59:22	00:55:22	00:31:18 / 3472	10.84
3470	7007	BĘBENEK CZESŁAW	BRANSCZYCZUK			53	M50/241 (M)3152	00:59:23	00:54:37	00:32:26 / 3862	10.99
3471	355	MAŁACHOWSKI SŁAWOMIR	WARSZAWA			65	M40/584 (M)3153	00:59:24	00:54:38	00:32:26 / 3861	10.98
3472	881	KARPIŃSKI PIOTR	BLONIE			79	M30/1267 (M)3154	00:59:24	00:56:16	00:30:45 / 3275	10.66
3473	1014	HETMANOWSKA KATARZYNA	ILÓW		WESOLA STONOGA	88	K20/134 (K)319	00:59:24	00:56:27	00:30:20 / 3147	10.63
3474	6371	WITKOWSKI MATEUSZ	HALINÓW			90	M20/995 (M)3155	00:59:24	00:53:26	00:34:42 / 4585	11.23
3475	3841	JAROSIŃSKI JAKUB	WARSZAWA			94	M20/996 (M)3156	00:59:25	00:58:16	00:27:51 / 2199	10.30
3476	811	MICHNA ALEKSANDRA	WARSZAWA			80	K30/119 (K)320	00:59:26	00:56:18	00:31:22 / 3498	10.66
3477	6015	OLEKSY ZDZISŁAW	KAMIENNA GÓRA		NIE DOTYCZY	55	M50/242 (M)3157	00:59:26	00:55:02	00:31:42 / 3613	10.90
3478	2446	PRZYTUŁA ROBERT	WARSZAWA			74	M30/1268 (M)3158	00:59:26	00:55:26	00:31:22 / 3499	10.82
3479	3353	SOMMER BARBARA	WARSZAWA			63	K40/50 (K)321	00:59:26	00:56:09	00:31:31 / 3544	10.69
3480	4792	LATKA MAREK	LUBLINIEC		WKB META LUBLINIEC	90	M20/997 (M)3159	00:59:26	00:58:07	00:29:28 / 2850	10.32
3481	78	ZAWODNIK DO UZUP					(M)3160	00:59:26	00:56:09	00:31:31 / 3546	10.69
3482	3366	PIKUŁA DAMIAN	WARSZAWA			76	M30/1269 (M)3161	00:59:27	00:55:42	00:32:41 / 3950	10.77
3483	5472	FIDERKIEWICZ JAKUB	WARSZAWA			80	M30/1270 (M)3162	00:59:27	00:56:30	00:30:49 / 3288	10.62
3484	831	TUROS MAREK				69	M40/585 (M)3163	00:59:27	00:56:31	00:30:34 / 3227	10.62
3485	2648	MOSTOWSKI PIOTR	WARSZAWA			85	M20/998 (M)3164	00:59:28	00:54:21	00:33:04 / 4050	11.04
3486	162	GROT PAWEŁ	WARSZAWA			69	M40/586 (M)3165	00:59:28	00:54:42	00:31:10 / 3415	10.97
3487	315	NOWIŃSKI WOJCIECH	WARSZAWA			56	M50/243 (M)3166	00:59:29	00:57:32	00:28:43 / 2543	10.43
3488	626	JAGIELSKI WITOLD	WARSZAWA			65	M40/587 (M)3167	00:59:29	00:58:43	00:29:00 / 2660	10.22
3489	1433	SHIMUTA GO				74	M30/1271 (M)3168	00:59:29	00:56:54	00:30:21 / 3153	10.54
3490	71	KUKAWSKA JOANNA	LUBLIN		POWERADE	63	K40/51 (K)322	00:59:29	00:55:18	00:31:48 / 3643	10.85
3491	228	ZAWODNIK DO UZUP					(M)3169	00:59:29	00:59:15	00:18:34 / 71	10.13
3492	764	KWIATKOWSKI PIOTR	WARSZAWA			81	M20/999 (M)3170	00:59:30	00:54:26	00:33:43 / 4255	11.02
3493	2685	OWSIŃSKI MACIEJ	WARSZAWA			79	M30/1272 (M)3171	00:59:30	00:56:06	00:31:08 / 3400	10.70
3494	3368	SZTYLKA RAFAŁ	WARSZAWA			74	M30/1273 (M)3172	00:59:31	00:55:58	00:31:07 / 3396	10.72
3495	4020	PAWŁOWSKI PIOTR	WARSZAWA			73	M30/1274 (M)3173	00:59:31	00:55:42	00:33:36 / 4217	10.77
3496	5886	MARCZENKO KONSTANTY	RADOM			92	M20/1000 (M)3174	00:59:32	00:56:35	00:31:17 / 3468	10.60
3497	2922	WENDOŁOWSKI ROBERT	WARSZAWA			76	M30/1275 (M)3175	00:59:32	00:55:37	00:35:00 / 4668	10.79
3498	1662	SYCHOWICZ KLARA	WARSZAWA			74	K30/120 (K)323	00:59:32	00:56:07	00:31:11 / 3416	10.69
3499	3072	WIECZOREK MICHAŁ	PIASECZNO			85	M20/1001 (M)3176	00:59:32	00:54:52	00:31:58 / 3699	10.94
3500	3347	ZIOMEK KRZYSZTOF	NOWY DWÓR MAZ.			81	M20/1002 (M)3177	00:59:32	00:55:21	00:34:02 / 4363	10.84
3501	3765	LORA JOANNA	WARSZAWA			86	K20/135 (K)324	00:59:32	00:57:15	00:31:35 / 3569	10.48
3502	5651	KĘPIŃSKI TOMASZ	NIEPORĘT			85	M20/1003 (M)3178	00:59:33	00:55:49	00:32:03 / 3718	10.75
3503	5918	MICHAŁOWSKI KRZYSZTOF	WARSZAWA			80	M30/1276 (M)3179	00:59:34	00:55:50	00:32:04 / 3724	10.75
3504	4482	KUNICKI JACEK	WARSZAWA			83	M20/1004 (M)3180	00:59:34	00:55:55	00:31:15 / 3453	10.73
3505	3773	JELOWICKI RAFAŁ	KOBYŁKA			77	M30/1277 (M)3181	00:59:34	00:57:53	00:29:53 / 3009	10.37
3506	445	MĘKAL RADOŚLAW	WARSZAWA			79	M30/1278 (M)3182	00:59:35	00:56:45	00:30:04 / 3073	10.57
3507	4427	DULEWICZ JACEK	WARSZAWA			69	M40/588 (M)3183	00:59:35	00:55:31	00:31:40 / 3598	10.81
3508	618	KIERNOZEK SYLWIA	WARSZAWA			83	K20/136 (K)325	00:59:35	00:55:28	00:31:22 / 3494	10.82
3509	6454	ŻÓŁTAK MATEUSZ	WARSZAWA		AZS UW	85	M20/1005 (M)3184	00:59:35	00:54:15	00:31:32 / 3554	11.06
3510	7084	BOGDAŃSKI ROBERT	WARSZAWA			64	M40/589 (M)3185	00:59:35	00:56:21	00:30:31 / 3210	10.65
3511	1653	ĆWIEK JAROSŁAW	WARSZAWA			67	M40/590 (M)3186	00:59:36	00:57:19	00:29:30 / 2860	10.47
3512	4495	NOWAK AGNIESZKA	WARSZAWA			73	K30/121 (K)326	00:59:36	00:55:40	00:31:10 / 3412	10.78
3513	3029	EJSMONT EUGENIUSZ	OŻARÓW MAZOWIECKI		WSD	89	M20/1006 (M)3187	00:59:36	00:54:52	00:34:05 / 4379	10.94
3514	1723	NAHORNÝ RAFAŁ	WARSZAWA			61	M40/591 (M)3188	00:59:37	00:54:53	00:33:11 / 4084	10.93
3515	3030	PARFIANOWICZ JÓZEF	OŻARÓW MAZOWIECKI			88	M20/1007 (M)3189	00:59:37	00:54:52	00:34:05 / 4382	10.94
3516	4671	WIETRZYCKI PIOTR	WARSZAWA			79	M30/1279 (M)3190	00:59:37	00:56:49	00:31:28 / 3525	10.56
3517	1217	JABRZYK JAROSŁAW	WARSZAWA			77	M30/1280 (M)3191	00:59:38	00:55:26	00:32:00 / 3706	10.82
3518	2190	GROSZKOWSKI GRZEGORZ	IGNACÓW			75	M30/1281 (M)3192	00:59:38	00:54:48	00:32:12 / 3768	10.95
3519	2189	SMOLEŃSKI JACEK	WARSZAWA			58	M50/244 (M)3193	00:59:38	00:54:47	00:32:09 / 3752	10.95
3520	4805	HOMA JACEK	WARSZAWA			78	M30/1282 (M)3194	00:59:38	00:56:07	00:31:40 / 3600	10.69
3521	266	FIDO JERZY	ZIELONKA		LECHICI ZIELONKA	39	M70/5 (M)3195	00:59:39	00:59:37	00:29:15 / 2754	10.06
3522	879	SKIERKOWSKA MARZENA	KOMORÓW			71	K30/122 (K)327	00:59:39	00:56:32	00:30:46 / 3277	10.61
3523	5113	TYMIŃSKI PAWEŁ	WARSZAWA			76	M30/1283 (M)3196	00:59:39	00:54:23	00:32:53 / 4003	11.03
3524	2080	MROCZEK ANDRZEJ	WARSZAWA			68	M40/592 (M)3197	00:59:40	00:55:02	00:32:37 / 3938	10.90
3525	7129	ŻUKOCIŃSKI MATEUSZ	WARSZAWA			81	M20/1008 (M)3198	00:59:40	00:54:47	00:33:21 / 4134	10.95

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Czas Netto	5km	[km/h]
3526	3138	TYMIRSKI TADEUSZ	RADOM		MARATOŃCZYK POLITECHNIKA RADOMSKA	48	M60/49 (M)3199	00:59:41	00:56:26	00:30:33 / 3224	10.63
3527	3817	OKONIEWSKA AGNIESZKA	WARSZAWA		ABC KONDYCJA	72	K30/123 (K)328	00:59:41	00:56:55	00:31:17 / 3470	10.54
3528	1669	PRZERADZKI MARCIN	WARSZAWA		TOUK	73	M30/1284 (M)3200	00:59:42	00:55:05	00:32:18 / 3807	10.89
3529	2001	PIOTROWSKA KATARZYNA	WARSZAWA			74	K30/124 (K)329	00:59:42	00:55:56	00:31:15 / 3455	10.73
3530	4818	SIUDZIŃSKI REMIGIUSZ	WARSZAWA		BALONEM.NET	74	M30/1285 (M)3201	00:59:42	00:55:04	00:32:18 / 3811	10.90
3531	2224	SKIBIŃSKI MARIUSZ	WARSZAWA			76	M30/1286 (M)3202	00:59:42	00:57:33	00:29:58 / 3042	10.43
3532	7085	JAWORSKI MARCIN	GDYNIA			80	M30/1287 (M)3203	00:59:42	00:56:30	00:31:51 / 3665	10.62
3533	2162	WRÓBLEWSKI PAWEŁ	WARSZAWA			69	M40/593 (M)3204	00:59:43	00:56:19	00:31:03 / 3367	10.65
3534	2289	MARUSIŃSKA MARZENA	OTWOCK			62	K40/52 (K)330	00:59:43	00:59:19	00:29:46 / 2962	10.12
3535	957	ROSIŃSKI MARCIN	LUBINIEC		WKB META LUBINIEC	92	M20/1009 (M)3205	00:59:44	00:56:03	00:31:03 / 3370	10.70
3536	1214	JÓZWICKI ŁUKASZ	WARSZAWA			86	M20/1010 (M)3206	00:59:44	00:54:44	00:33:59 / 4339	10.96
3537	2281	WERNER MARCIN	WARSZAWA			84	M20/1011 (M)3207	00:59:44	00:58:10	00:31:04 / 3375	10.32
3538	2290	LECH BEATA	OTWOCK			63	K40/53 (K)331	00:59:44	00:56:17	00:29:47 / 2964	10.66
3539	1166	POLIŃSKA ANIA	WARSZAWA			64	K40/54 (K)332	00:59:45	00:57:31	00:29:38 / 2913	10.43
3540	4104	GAWRYSZCZAK SZYMON	WARSZAWA			83	M20/1012 (M)3208	00:59:45	00:56:46	00:31:54 / 3683	10.57
3541	6842	TANBERG JOHAN				68	M40/594 (M)3209	00:59:45	00:57:08	00:32:27 / 3873	10.50
3542	388	KRYNICKA MAGDALENA	WARSZAWA			75	K30/125 (K)333	00:59:46	00:59:24	00:27:23 / 2067	10.10
3543	1768	LEWICKI MATEUSZ	WARSZAWA		DON.....T BE	76	M30/1288 (M)3210	00:59:46	00:57:12	00:30:43 / 3264	10.49
3544	2781	NOWOSIELSKA DOROTA	WARSZAWA		MINISTERSTWO ROLNICTWA I ROZWOJU WS	81	K30/126 (K)334	00:59:46	00:56:54	00:31:52 / 3674	10.54
3545	4137	BUDECKA KAMILA	WARSZAWA			87	K20/137 (K)335	00:59:47	00:59:03	00:29:19 / 2787	10.16
3546	763	SOCHACKA MAŁGORZATA	WARSZAWA			82	K20/138 (K)336	00:59:47	00:54:43	00:33:42 / 4251	10.97
3547	636	PERS MARIUSZ	LEGIONOWO			68	M40/595 (M)3211	00:59:47	00:56:36	00:31:18 / 3471	10.60
3548	3492	NIEDŹWIADEK JAKUB	WARSZAWA		NIEDŹWIADKI TEAM	93	M20/1013 (M)3212	00:59:47	00:55:42	00:31:23 / 3501	10.77
3549	6151	RYBICKA EWA	WARSZAWA			74	K30/127 (K)337	00:59:47	00:55:10	00:32:48 / 3984	10.88
3550	3097	PARFIANOWICZ ADAM	WARSZAWA			94	M20/1014 (M)3213	00:59:47	00:55:28	00:31:34 / 3566	10.82
3551	321	PINKOSZ LESZEK	ZIELONKA		213 O.P.P	56	M50/245 (M)3214	00:59:49	00:59:33	00:28:50 / 2589	10.08
3552	3741	PISERA PIOTR	WARSZAWA			73	M30/1289 (M)3215	00:59:49	00:56:39	00:31:13 / 3429	10.59
3553	1855	SNOW MATT	LONDON			80	M30/1290 (M)3216	00:59:49	00:57:57	00:29:42 / 2935	10.35
3554	51	DZIEKAŃSKI MIKOŁAJ	WARSZAWA			88	M20/1015 (M)3217	00:59:49	00:56:47	00:32:33 / 3908	10.57
3555	2782	PODYMA WIESŁAW	RADZIKÓW		BRAK	57	M50/246 (M)3218	00:59:50	00:56:59	00:31:52 / 3669	10.53
3556	4466	LASKOWSKI ROBERT	OLSZTYN			77	M30/1291 (M)3219	00:59:50	00:58:20	00:33:15 / 4104	10.29
3557	6333	URBAŃSKI MAREK	ŁAŃCUT			65	M40/596 (M)3220	00:59:51	00:58:01	00:30:19 / 3138	10.34
3558	6332	URBAŃSKA ELŻBIETA	WARSZAWA			70	K40/55 (K)338	00:59:51	00:58:01	00:30:19 / 3139	10.34
3559	2668	KOMOREK MICHAŁ	KOMORÓW			83	M20/1016 (M)3221	00:59:51	00:55:20	00:32:34 / 3916	10.84
3560	3837	CZERNIAWSKI PRZEMYSŁAW	KOLUSZKI			89	M20/1017 (M)3222	00:59:51	00:58:03	00:27:52 / 2208	10.34
3561	1877	TRZCIŃSKI WITOLD	WARSZAWA			67	M40/597 (M)3223	00:59:51	00:56:01	00:32:16 / 3796	10.71
3562	2293	SOLARSKI JĘDRZEJ	WARSZAWA		KS HEKTOR	79	M30/1292 (M)3224	00:59:51	00:55:49	00:30:51 / 3301	10.75
3563	5753	KRUPA DARIUSZ	LUBLIN		FUNDACJA PROMETEUSZ	84	M20/1018 (M)3225	00:59:51	00:57:41	00:29:57 / 3034	10.40
3564	1614	ZAJĄCZKOWSKA JOANNA	WARSZAWA		KB TP	65	K40/56 (K)339	00:59:52	00:59:21	00:29:18 / 2777	10.11
3565	1083	STROŻEK PIOTR	WARSZAWA			94	M20/1019 (M)3226	00:59:52	00:54:18	00:32:54 / 4005	11.05
3566	1558	LIPIŃSKA KAMILA	WARSZAWA			84	K20/139 (K)340	00:59:52	00:58:22	00:28:48 / 2580	10.28
3567	6716	ŁOŚ WOJCIECH	GOSTYNIN			87	M20/1020 (M)3227	00:59:52	00:53:44	00:32:34 / 3913	11.17
3568	4597	BOGDAN WOJCIECH	WARSZAWA			76	M30/1293 (M)3228	00:59:52	00:54:13	00:34:44 / 4595	11.07
3569	474	PETASZKO JOANNA	MRAĞOWO			77	K30/128 (K)341	00:59:53	00:56:57	00:31:39 / 3595	10.54
3570	5682	KOMPA JAKUB	WARSZAWA			81	M20/1021 (M)3229	00:59:53	00:55:44	00:32:15 / 3786	10.77
3571	3341	BARTNIK MAGDALENA	WARSZAWA		SP 148	66	K40/57 (K)342	00:59:53	00:56:27	00:31:33 / 3560	10.63
3572	3424	NACHULEWICZ PAWEŁ	WARSZAWA			63	M40/598 (M)3230	00:59:53	00:55:10	00:32:16 / 3792	10.88
3573	5687	KONDRAT ADAM	WARSZAWA		GRUBASY KOMPUTEROWE	78	M30/1294 (M)3231	00:59:54	00:57:46	00:30:04 / 3076	10.39
3574	4868	DANYCH-KRZEPIŃSKA MONIKA	WARSZAWA			78	K30/129 (K)343	00:59:54	00:56:17	00:31:53 / 3678	10.66
3575	2451	KUBIAK DARIUSZ	WARSZAWA			76	M30/1295 (M)3232	00:59:56	00:56:39	00:32:47 / 3976	10.59
3576	5366	CHABROWSKI SŁAWOMIR	WARSZAWA			72	M30/1296 (M)3233	00:59:56	00:50:56	00:33:52 / 4304	11.78
3577	4590	KUPTEL ROBERT	WARSZAWA		BIELSK PODLASKI	75	M30/1297 (M)3234	00:59:57	00:54:45	00:33:04 / 4047	10.96
3578	1411	KONAROWSKI ANDRZEJ	WARSZAWA			60	M50/247 (M)3235	00:59:57	00:55:48	00:31:39 / 3591	10.75
3579	2096	SUCHARSKI JANUSZ	WARSZAWA			69	M40/599 (M)3236	00:59:57	00:57:09	00:31:14 / 3444	10.50
3580	604	OSTAP ZBIGNIEW	WARSZAWA		CARSERVIS	54	M50/248 (M)3237	00:59:58	00:55:54	00:32:36 / 3929	10.73
3581	1541	NOWICKI ŁUKASZ	WARSZAWA		-	71	M30/1298 (M)3238	00:59:58	00:55:22	00:32:52 / 3997	10.84
3582	597	KREPS MAŁGORZATA	WARSZAWA		CARSERVIS	77	K30/130 (K)344	00:59:59	00:55:55	00:32:35 / 3920	10.73
3583	603	STAŃCZUK MIROSLAWA	WARSZAWA		CARSERVIS	68	K40/58 (K)345	00:59:59	00:55:55	00:32:36 / 3928	10.73

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Czas Netto	5km	[km/h]
3584	4467	SKALSKI GRZEGORZ	OSTROWIEC ŚW.			74	M30/1299 (M)3239	00:59:59	00:54:18	00:33:07 / 4070	11.05
3585	3776	STERNICKI JERZY	IZABELIN			61	M40/600 (M)3240	00:59:59	00:55:16	00:32:05 / 3732	10.86
3586	3167	DORCZUK IWONA	WARSZAWA			85	K20/140 (K)346	01:00:00	00:57:03	00:30:56 / 3330	10.52
3587	3426	CHAŁCZYŃSKI MARCELI	KOZIENICE			85	M20/1022 (M)3241	01:00:00	00:57:56	00:29:49 / 2984	10.36
3588	6116	RADZIACH ILONA	WARSZAWA		FESTO	71	K30/131 (K)347	01:00:00	00:57:03	00:31:11 / 3418	10.52
3589	2705	MIKOŁAJCZYK JAROSŁAW	WARSZAWA		BIEGIEM PRZEZ POLSKĘ	79	M30/1300 (M)3242	01:00:00	00:57:11	00:32:23 / 3840	10.49
3590	4650	ZATOŃSKI WITOLD	WARSZAWA			73	M30/1301 (M)3243	01:00:00	00:54:56	00:33:34 / 4203	10.92
3591	2254	LEWIŃSKI KRZYSZTOF	NOWE MIASTO NAD		BIEGIEM PRZEZ ZPOLSKĘ	67	M40/601 (M)3244	01:00:01	00:57:12	00:32:23 / 3836	10.49
3592	1561	WACŁAWSKA RENATA	WARSZAWA		PUMA Z BIEGIEM WARSZAWY	73	K30/132 (K)348	01:00:01	00:56:29	00:30:59 / 3345	10.62
3593	5736	KOZŁOWSKI KONRAD	WARSZAWA		SZYBCY I WŚCIEKLI	68	M40/602 (M)3245	01:00:01	00:56:12	00:32:16 / 3793	10.68
3594	6869	SZCZEPANIAK PIOTR	PLOCK			79	M30/1302 (M)3246	01:00:01	00:56:45	00:32:01 / 3707	10.57
3595	2260	CHAŁUPKA JACEK	NOWE MIASTO		BIEGIEM PRZEZ POLSKĘ	80	M30/1303 (M)3247	01:00:01	00:57:12	00:32:22 / 3835	10.49
3596	1274	DUBIELECKI MACIEJ	WARSZAWA			82	M20/1023 (M)3248	01:00:02	00:55:31	00:32:47 / 3981	10.81
3597	2021	GRASZEK PIOTR	BYDGOSZCZ		GAZETA WYBORCZA/POLSKA BIEGA	70	M40/603 (M)3249	01:00:02	00:59:57	00:28:26 / 2437	10.01
3598	4877	JESINOWICZ SEBASTIAN	WARSZAWA			90	M20/1024 (M)3250	01:00:02	00:55:22	00:34:05 / 4384	10.84
3599	7418	WROTEK TYMOTEUSZ	WARSZAWA			98	M20/1025 (M)3251	01:00:03	00:55:48	00:33:34 / 4207	10.75
3600	3549	MATUSZEWSKI JAKUB	WARSZAWA			78	M30/1304 (M)3252	01:00:03	00:58:21	00:30:44 / 3267	10.28
3601	3838	MOTYLEWSKI TOMASZ	WARSZAWA		-	84	M20/1026 (M)3253	01:00:03	00:57:38	00:31:14 / 3436	10.41
3602	3840	GARDASIEWICZ MARZENA	PRUSZKÓW		-	85	K20/141 (K)349	01:00:03	00:57:38	00:31:13 / 3433	10.41
3603	3525	MŁODKOWSKI ADAM	JÓZEFÓW			72	M30/1305 (M)3254	01:00:03	00:57:58	00:30:07 / 3091	10.35
3604	4845	TUZIMEK ADRIAN	SKARYSZEW			88	M20/1027 (M)3255	01:00:03	00:59:55	00:28:19 / 2398	10.01
3605	3774	WOJCIECHOWSKI RAFAŁ	WARSZAWA			86	M20/1028 (M)3256	01:00:04	00:55:07	00:32:06 / 3740	10.89
3606	2243	WROTEK MIROSLAW	WARSZAWA		ENTRE.PL TEAM	66	M40/604 (M)3257	01:00:04	00:55:49	00:33:34 / 4208	10.75
3607	1589	JASZEWSKA EDYTA	WARSZAWA		ABC KONDYCJA	80	K30/133 (K)350	01:00:04	00:56:01	00:31:23 / 3500	10.71
3608	2019	KOSTRZEWSKI DARIUSZ	WARSZAWA		GAZETA WYBORCZA/POLSKA BIEGA	73	M30/1306 (M)3258	01:00:04	00:59:59	00:28:28 / 2446	10.00
3609	5702	KOSELA SEBASTIAN	RAWA MAZOWIECKA			85	M20/1029 (M)3259	01:00:04	00:55:44	00:33:17 / 4114	10.77
3610	621	BELKOWSKI BARTOSZ				79	M30/1307 (M)3260	01:00:05	00:55:21	00:32:15 / 3787	10.84
3611	3935	MOSEK PIOTR	RADOM			67	M40/605 (M)3261	01:00:05	00:55:49	00:32:27 / 3868	10.75
3612	76	SOBIESZCZAK PIOTR	WARSZAWA			88	M20/1030 (M)3262	01:00:05	00:57:03	00:32:33 / 3906	10.52
3613	932	KOSTRZEWA PIOTR	WARSZAWA			72	M30/1308 (M)3263	01:00:06	00:56:47	00:30:06 / 3084	10.57
3614	1700	GAJEWSKI MICHAŁ	WARSZAWA			78	M30/1309 (M)3264	01:00:06	00:56:27	00:31:28 / 3526	10.63
3615	4934	KACPERSKI ROBERT				66	M40/606 (M)3265	01:00:06	00:58:54	00:29:22 / 2803	10.19
3616	1094	PIERSCIENIAK JERZY	PULTUSK		NIE ZESZONY	56	M50/249 (M)3266	01:00:07	00:55:59	00:31:53 / 3675	10.72
3617	1699	BANKIEWICZ KRZYSZTOF	WARSZAWA			55	M50/250 (M)3267	01:00:07	00:56:28	00:31:30 / 3538	10.63
3618	6829	STARCZEWSKI MICHAŁ	WARSZAWA			82	M20/1031 (M)3268	01:00:07	00:55:35	00:33:56 / 4324	10.79
3619	4546	KUST ANNA	WARSZAWA			83	K20/142 (K)351	01:00:08	00:58:46	00:29:11 / 2720	10.21
3620	2765	GAŃKO KRZYSZTOF	WARSZAWA			83	M20/1032 (M)3269	01:00:08	00:57:30	00:31:56 / 3691	10.43
3621	3348	GÓDŹ PAWEŁ	ILŻA			82	M20/1033 (M)3270	01:00:08	00:55:58	00:34:33 / 4544	10.72
3622	1453	PRZYGODA MATEUSZ	WARSZAWA		MOTO FIGHT CLUB	94	M20/1034 (M)3271	01:00:09	00:59:58	00:28:15 / 2367	10.01
3623	1035	KACPRZAK MACIEJ	WARSZAWA			79	M30/1310 (M)3272	01:00:09	00:58:49	00:29:53 / 3003	10.20
3624	2138	MAKARUK ARTUR	BIAŁA PODLASKA			78	M30/1311 (M)3273	01:00:09	00:54:59	00:33:35 / 4213	10.91
3625	1860	ARIF IMRAN	WARSZAWA			84	M20/1035 (M)3274	01:00:10	00:58:50	00:29:53 / 3004	10.20
3626	4725	SADKOWSKI MICHAŁ	PRUSZKÓW			82	M20/1036 (M)3275	01:00:10	00:55:38	00:33:56 / 4325	10.78
3627	4056	MAŁYSKO JUSTYNA	WARSZAWA			82	K20/143 (K)352	01:00:11	00:55:41	00:32:25 / 3855	10.78
3628	2605	KOJRO KRZYSZTOF	WARSZAWA		ZWIĄZKOWIEC	49	M60/50 (M)3276	01:00:11	00:56:22	00:31:30 / 3542	10.64
3629	6419	ZAKRZEWSKI PAWEŁ	ŁÓDŹ		KLUB BIEGACZY NOWOSOLNA	78	M30/1312 (M)3277	01:00:11	00:55:52	00:33:17 / 4111	10.74
3630	6501	ŁUKA RADEK	WARSZAWA			70	M40/607 (M)3278	01:00:11	00:55:52	00:32:21 / 3824	10.74
3631	2291	PAWELSKI ROBERT	WARSZAWA			71	M30/1313 (M)3279	01:00:12	00:57:41	00:30:27 / 3185	10.40
3632	1716	DYDYCZ JOLANTA	BIAŁA PODLASKA			64	K40/59 (K)353	01:00:12	00:55:40	00:33:21 / 4136	10.78
3633	1717	SMYK ANITA	BIAŁA PODLASKA			70	K40/60 (K)354	01:00:12	00:55:40	00:33:22 / 4137	10.78
3634	4222	KOROTKO - WIELGO ANNA	WARSZAWA			73	K30/134 (K)355	01:00:12	00:56:58	00:31:27 / 3522	10.53
3635	4905	GOLISZEWSKI ADAM	WARSZAWA			77	M30/1314 (M)3280	01:00:12	00:56:28	00:31:03 / 3368	10.63
3636	3675	SAS ALDONA	PIASTÓW			61	K40/61 (K)356	01:00:13	00:55:49	00:33:10 / 4083	10.75
3637	298	INSIŃSKI ZENON	WARSZAA			35	M70/6 (M)3281	01:00:13	00:55:49	00:33:11 / 4086	10.75
3638	3624	STYŚ MAREK	GLIWICE			74	M30/1315 (M)3282	01:00:13	00:56:36	00:30:21 / 3149	10.60
3639	4061	MATUS JAROSŁAW	WARSZAWA		SKANDIA	79	M30/1316 (M)3283	01:00:13	00:55:51	00:32:01 / 3708	10.74
3640	948	SZCZERBA KRZYSZTOF	PULTUSK			76	M30/1317 (M)3284	01:00:13	00:57:17	00:32:36 / 3927	10.47
3641	2673	SZAŁAJSKI MARCIN	WARSZAWA			87	M20/1037 (M)3285	01:00:13	00:56:26	00:33:14 / 4098	10.63

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Czas Netto	5km	[km/h]
3642	3318	WÓJTOWICZ MACIEJ	WARSZAWA			77	M30/1318 (M)3286	01:00:13	00:56:50	00:33:06 / 4064	10.56
3643	1436	ZIELIŃSKA MARYSIA	WARSZAWA		ŻOLIBORZ BIEGA	85	K20/144 (K)357	01:00:14	00:56:57	00:31:43 / 3616	10.54
3644	685	GALECKI TOMASZ	WARSZAWA			70	M40/608 (M)3287	01:00:14	00:56:06	00:31:37 / 3579	10.70
3645	3644	KAMIENIARZ MICHAŁ	WOŁOMIN			89	M20/1038 (M)3288	01:00:14	00:54:48	00:35:00 / 4667	10.95
3646	6825	AWRUK AGATA	WARSZAWA			83	K20/145 (K)358	01:00:14	00:59:30	00:29:24 / 2820	10.08
3647	3236	SZAŁKOWSKI SŁAWOMIR	WARSZAWA		RUN IS FUN	69	M40/609 (M)3289	01:00:15	00:55:46	00:32:23 / 3837	10.76
3648	6627	GÓRKA MONIKA	RADOM			76	K30/135 (K)359	01:00:15	00:59:58	00:29:17 / 2770	10.01
3649	3320	SAWICKI KONRAD	WARSZAWA			77	M30/1319 (M)3290	01:00:16	00:56:53	00:33:06 / 4063	10.55
3650	4285	ADAMOWICZ TOMASZ	WARSZAWA			68	M40/610 (M)3291	01:00:17	00:57:12	00:30:33 / 3225	10.49
3651	6217	STAŃCZAK AGNIESZKA	WARSZAWA		KB GYMNASION	74	K30/136 (K)360	01:00:17	00:55:18	00:32:35 / 3921	10.85
3652	4339	CZECHOWSKI KRZYSZTOF	WARSZAWA			79	M30/1320 (M)3292	01:00:18	00:55:15	00:33:35 / 4211	10.86
3653	2151	BORGOSZ PAWEŁ	WARSZAWA			75	M30/1321 (M)3293	01:00:19	00:54:33	00:34:06 / 4390	11.00
3654	1622	OSIAK ROBERT	WARSZAWA		ANIN-SADUL	87	M20/1039 (M)3294	01:00:21	00:57:19	00:31:25 / 3510	10.47
3655	6360	WIKTOREK JADWIGA	ŁÓDŹ		ŚCIEŻKI BIEGOWE NIKE	50	K60/3 (K)361	01:00:21	00:56:03	00:33:17 / 4110	10.70
3656	3996	DRABIŃSKI KAROL	SULEJÓWEK		NIEZRZESZONY	85	M20/1040 (M)3295	01:00:21	00:56:52	00:31:06 / 3390	10.55
3657	3515	JEŹEWSKI KRZYSZTOF	WARSZAWA			76	M30/1322 (M)3296	01:00:22	00:57:34	00:32:14 / 3778	10.42
3658	5422	DEPTUCH TOMASZ	JÓZEFÓW			74	M30/1323 (M)3297	01:00:22	00:57:58	00:30:14 / 3115	10.35
3659	2885	KACZANOWSKI ARTUR	WARSZAWA			83	M20/1041 (M)3298	01:00:22	00:57:34	00:32:14 / 3779	10.42
3660	4940	BOGUSZEWSKI ARKADIUSZ	GRODZISK			87	M20/1042 (M)3299	01:00:22	00:55:52	00:34:04 / 4378	10.74
3661	821	TOMASZEWSKI ANDRZEJ	WARSZAWA			82	M20/1043 (M)3300	01:00:23	00:55:56	00:33:06 / 4060	10.73
3662	822	ŚMIGIERA GRZEGORZ	WARSZAWA			82	M20/1044 (M)3301	01:00:23	00:55:57	00:33:06 / 4061	10.72
3663	1633	NĘDZI ALBIN	RADOM			62	M40/611 (M)3302	01:00:24	00:58:14	00:29:23 / 2812	10.30
3664	536	KAROLCZAK SANDRA	WARSZAWA			86	K20/146 (K)362	01:00:25	00:56:04	00:32:22 / 3834	10.70
3665	1351	LASKOWSKI DARIUSZ	ŁOMIANKI			61	M40/612 (M)3303	01:00:25	00:57:50	00:31:00 / 3351	10.37
3666	4302	NIWIŃSKI PIOTR	WARSZAWA		BOBER SQUAD TEAM	87	M20/1045 (M)3304	01:00:25	00:55:55	00:32:23 / 3839	10.73
3667	1817	RZOTKIEWICZ MAREK	WARSZAWA			68	M40/613 (M)3305	01:00:26	00:58:26	00:28:58 / 2642	10.27
3668	1352	LASKOWSKA MARZENA	ŁOMIANKI			64	K40/62 (K)363	01:00:26	00:57:50	00:31:01 / 3354	10.37
3669	2277	SKRZYPEK ROBERT	WARSZAWA			78	M30/1324 (M)3306	01:00:26	00:59:29	00:29:44 / 2945	10.09
3670	3623	KALICKI IRENEUSZ	WARSZAWA			78	M30/1325 (M)3307	01:00:26	00:55:00	00:33:25 / 4161	10.91
3671	2470	KAPUŚCIŃSKA BARBARA	WARSZAWA			94	K20/147 (K)364	01:00:27	00:56:09	00:33:32 / 4187	10.69
3672	1818	SIWEK JAROSŁAW	WARSZAWA			75	M30/1326 (M)3308	01:00:28	00:57:00	00:30:50 / 3296	10.53
3673	5954	MODRZEJEWSKI ADAM	WARSZAWA			82	M20/1046 (M)3309	01:00:28	00:55:10	00:33:22 / 4142	10.88
3674	6363	WILK KINGA	KRAKÓW			77	K30/137 (K)365	01:00:28	00:56:05	00:32:23 / 3842	10.70
3675	2225	INEKSIAK ZBIGNIEW	WARSZAWA			68	M40/614 (M)3310	01:00:28	00:58:19	00:30:21 / 3152	10.29
3676	7071	KUCZYŃSKA AGATA	WARSZAWA			83	K20/148 (K)366	01:00:28	00:56:48	00:31:37 / 3582	10.56
3677	894	STACHURSKI MICHAŁ	OTWOCK			79	M30/1327 (M)3311	01:00:29	00:59:42	00:28:55 / 2621	10.05
3678	4644	GLIŃSKI TADEUSZ	JEDLNIA-LETNISKO		LKS	41	M60/51 (M)3312	01:00:29	00:56:18	00:32:56 / 4014	10.66
3679	385	MELCHIOR WŁODZIMIERZ	RADZYŃ PODLASKI			53	M50/251 (M)3313	01:00:30	00:55:52	00:32:24 / 3851	10.74
3680	471	ZADROŻNY DARIUSZ	WARSZAWA			69	M40/615 (M)3314	01:00:30	01:00:04	00:29:37 / 2902	9.99
3681	1073	RYBARCZYK MALINA	PULTUSK			55	K50/16 (K)367	01:00:30	00:59:02	00:29:34 / 2882	10.16
3682	4380	ŻOCHOWSKI MAREK	STARGARD SZCZECIŃSKI		SZWLA	56	M50/252 (M)3315	01:00:30	00:55:35	00:34:06 / 4391	10.79
3683	1902	KŁOSIEWICZ KRZYSZTOF	WARSZAWA			66	M40/616 (M)3316	01:00:30	00:58:54	00:31:36 / 3575	10.19
3684	6367	WINIARSKI JACEK	TORUŃ			62	M40/617 (M)3317	01:00:31	00:54:39	00:32:47 / 3980	10.98
3685	5846	ŁAWRYNOWICZ MICHAŁ	WARSZAWA		ANIN-SADUL	86	M20/1047 (M)3318	01:00:31	00:57:30	00:31:24 / 3507	10.43
3686	935	PUCHACZ KATARZYNA	WARSZAWA		FDNT RUNNING TEAM	86	K20/149 (K)368	01:00:31	00:56:36	00:31:37 / 3580	10.60
3687	1869	PARZYDŁO MAREK	WARSZAWA			66	M40/618 (M)3319	01:00:31	00:55:58	00:33:44 / 4261	10.72
3688	4464	CYBULSKA MAŁGORZATA	WARSZAWA			78	K30/138 (K)369	01:00:31	00:58:02	00:31:20 / 3481	10.34
3689	1343	WARWAS MARCIN	WARSZAWA			81	M20/1048 (M)3320	01:00:32	00:57:05	00:33:07 / 4069	10.51
3690	5709	KOT KATARZYNA	ŁÓDŹ		ŚCIEŻKI BIEGOWE NIKE	75	K30/139 (K)370	01:00:32	00:56:13	00:33:17 / 4109	10.67
3691	3655	KOMORNICKI MIKOŁAJ	WARSZAWA			67	M40/619 (M)3321	01:00:32	00:55:59	00:33:44 / 4260	10.72
3692	3743	FOREMNIAK PIOTR	WARSZAWA			79	M30/1328 (M)3322	01:00:32	00:55:24	00:35:32 / 4813	10.83
3693	4578	ROGAŁA ADAM	WARSZAWA			67	M40/620 (M)3323	01:00:32	00:55:59	00:33:46 / 4268	10.72
3694	843	ORZECHOWSKI PRZEMYSŁAW	ŁOMIANKI			81	M20/1049 (M)3324	01:00:33	00:57:05	00:32:30 / 3890	10.51
3695	2884	KIERZEK ARTUR	WARSZAWA			95	M20/1050 (M)3325	01:00:33	00:57:42	00:31:14 / 3443	10.40
3696	2286	SZYPULSKI JACEK	MŁAWA			83	M20/1051 (M)3326	01:00:33	00:56:58	00:33:39 / 4224	10.53
3697	6066	PIETRZAK PAWEŁ	PABIANICE			68	M40/621 (M)3327	01:00:33	00:55:56	00:32:57 / 4016	10.73
3698	4065	MACIEJEWICZ PAWEŁ	WARSZAWA			85	M20/1052 (M)3328	01:00:33	00:57:32	00:32:26 / 3864	10.43
3699	2731	SIEREŃSKA KLAUDIA	OTWOCK			95	K20/150 (K)371	01:00:33	00:59:43	00:28:54 / 2619	10.05



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Czas Netto	5km	[km/h]
3700	2582	SZEWCZYK ARTUR	STARY CIEPIELÓW 58			72	M30/1329 (M)3329	01:00:34	00:55:45	00:33:06 / 4066	10.76
3701	844	PIĘTOWSKI MICHAŁ	ŁOMIANKI			81	M20/1053 (M)3330	01:00:34	00:57:06	00:32:31 / 3892	10.51
3702	929	OSTATEK MACIEJ	WARSZAWA			88	M20/1054 (M)3331	01:00:34	00:54:28	00:34:00 / 4346	11.02
3703	3412	PAKULNIEWICZ MAGDALENA	WARSZAWA		NIE MA LEKKO	82	K20/151 (K)372	01:00:35	00:55:33	00:33:24 / 4153	10.80
3704	4758	MALINOWSKI SŁAWOMIR	PŁOŃSK			62	M40/622 (M)3332	01:00:35	00:59:43	00:31:10 / 3410	10.05
3705	5333	BODZOŃ MARIUSZ	WARSZAWA			80	M30/1330 (M)3333	01:00:35	00:57:06	00:31:16 / 3461	10.51
3706	2747	QIH HUA				68	M40/623 (M)3334	01:00:35	00:58:52	00:32:22 / 3833	10.19
3707	5250	ZABOROWSKI DARIUSZ	WARSZAWA		SYMPATYK WARSZAWIAKY	59	M50/253 (M)3335	01:00:35	00:59:35	00:28:47 / 2573	10.07
3708	2908	KUJAWA PIOTR	WARSZAWA			10	(M)3336	01:00:35	00:55:50	00:33:01 / 4027	10.75
3709	117	URBAŃSKI PIOTR	WARSZAWA		SPORTBIZNES.PL	68	M40/624 (M)3337	01:00:35	00:57:52	00:30:53 / 3309	10.37
3710	4120	RĘCZKOWSKI MARCIN	WARSZAWA			78	M30/1331 (M)3338	01:00:36	00:59:59	00:28:18 / 2390	10.00
3711	4939	KUSTOSZ JACEK	MILANÓWEK			64	M40/625 (M)3339	01:00:37	00:58:15	00:26:15 / 1705	10.30
3712	3344	BARTNIK KATARZYNA	WARSZAWA			94	K20/152 (K)373	01:00:37	00:57:11	00:31:09 / 3407	10.49
3713	6172	SEWERYN RAFAŁ	GDYNIA			71	M30/1332 (M)3340	01:00:37	00:58:57	00:30:13 / 3109	10.18
3714	1275	WYBRANOWSKI SYLWESTER	WARSZAWA			78	M30/1333 (M)3341	01:00:38	00:58:09	00:30:27 / 3189	10.32
3715	3582	SZEWCZYŃSKI MAREK	WARSZAWA			75	M30/1334 (M)3342	01:00:38	00:58:36	00:31:13 / 3432	10.24
3716	2931	KUTASZEWICZ MAREK	WARSZAWA			56	M50/254 (M)3343	01:00:38	00:59:42	00:29:48 / 2975	10.05
3717	5788	KUSA MAGDALENA	WARSZAWA			84	K20/153 (K)374	01:00:38	00:53:53	00:33:59 / 4338	11.14
3718	4912	MARCZUK MACIEJ	WARSZAWA			69	M40/626 (M)3344	01:00:38	00:57:24	00:31:45 / 3625	10.45
3719	6375	WŁODARSKI SŁAWOMIR	OTWOCK			73	M30/1335 (M)3345	01:00:39	00:55:26	00:34:54 / 4646	10.82
3720	1239	PIASEK MICHAŁ	OSTROŁĘKA			95	M20/1055 (M)3346	01:00:40	00:56:16	00:33:07 / 4068	10.66
3721	1565	ULMAN TOMASZ	WARSZAWA			82	M20/1056 (M)3347	01:00:40	00:57:02	00:32:46 / 3971	10.52
3722	2519	ADAMCZEWSKA MARIA	ŁÓDŹ		FOREVER YOUNG ŁÓDŹ	70	K40/63 (K)375	01:00:40	00:56:40	00:31:42 / 3611	10.59
3723	2244	WICHOWSKI JERZY	BRWINÓW			64	M40/627 (M)3348	01:00:40	00:56:56	00:31:46 / 3629	10.54
3724	5724	KOZA KONRAD	ŁOWICZ			81	M20/1057 (M)3349	01:00:40	00:55:46	00:33:41 / 4244	10.76
3725	5500	GIGAGLIA MATIAS	WARSZAWA			72	M30/1336 (M)3350	01:00:40	00:53:42	00:33:47 / 4277	11.17
3726	362	STĘPIEŃ JACEK	WARSZAWA			56	M50/255 (M)3351	01:00:41	00:56:49	00:31:35 / 3573	10.56
3727	2911	LEWCZYŃSKI JERZY	WARSZAWA			62	M40/628 (M)3352	01:00:41	00:55:32	00:33:32 / 4193	10.80
3728	4457	KOT BOGUSŁAW	WARSZAWA			66	M40/629 (M)3353	01:00:41	00:56:55	00:31:34 / 3564	10.54
3729	6890	SZULGOTOWSKI KRYSZTOF	OŻARÓW MAZOWIECKI			87	M20/1058 (M)3354	01:00:41	00:57:48	00:30:29 / 3204	10.38
3730	1720	ROSLAN JACEK	WARSZAWA		HP RUN	63	M40/630 (M)3355	01:00:42	00:59:52	00:29:28 / 2845	10.02
3731	1891	KORDEK DANIEL	WARSZAWA			75	M30/1337 (M)3356	01:00:42	00:56:16	00:33:13 / 4093	10.66
3732	608	JWANIEC MARTA	WARSZAWA			76	K30/140 (K)376	01:00:42	00:58:34	00:30:59 / 3347	10.24
3733	5895	MATLA MACIEJ	RADOM			84	M20/1059 (M)3357	01:00:42	00:58:16	00:32:06 / 3735	10.30
3734	5114	TYTKOWSKI JACEK	WARSZAWA		WARM	54	M50/256 (M)3358	01:00:42	00:56:18	00:31:59 / 3703	10.66
3735	5108	TOMCZUK MARTA	WARSZAWA			78	K30/141 (K)377	01:00:42	01:00:05	00:30:12 / 3107	9.99
3736	6117	RAJKOWSKI ŁUKASZ	WARSZAWA			91	M20/1060 (M)3359	01:00:43	00:55:20	00:35:24 / 4771	10.84
3737	5885	MARCZENKO ALEKSANDER	RADOM			69	M40/631 (M)3360	01:00:44	00:57:44	00:29:59 / 3045	10.39
3738	2856	ROKITA STANISŁAW	WARSZAWA			56	M50/257 (M)3361	01:00:44	00:57:57	00:31:38 / 3584	10.35
3739	303	PREJNA ARKADIUSZ	WARSZAWA		BRAK	71	M30/1338 (M)3362	01:00:45	00:55:48	00:33:35 / 4212	10.75
3740	1694	BARTKIEWICZ JAKUB	WARSZAWA			73	M30/1339 (M)3363	01:00:45	00:59:17	00:30:46 / 3280	10.12
3741	1243	ANTONIEWICZ JERZY	GRÓJEC			70	M40/632 (M)3364	01:00:46	00:55:22	00:35:24 / 4772	10.84
3742	4203	GÓRALSKI MAREK	WARSZAWA		REMBERTÓW	72	M30/1340 (M)3365	01:00:46	00:57:48	00:32:10 / 3759	10.38
3743	3062	GOŚCICKI PAWEŁ	WARSZAWA		DZIELNICA URSUS	85	M20/1061 (M)3366	01:00:46	00:58:57	00:33:02 / 4037	10.18
3744	1149	ROMANOWSKI DARIUSZ	WARSZAWA			62	M40/633 (M)3367	01:00:47	00:55:52	00:33:25 / 4157	10.74
3745	367	ŁUBIAN MAGDALENA	OTWOCK			82	K20/154 (K)378	01:00:48	00:56:55	00:31:51 / 3666	10.54
3746	2630	KRÓLAK PIOTR	WARSZAWA			74	M30/1341 (M)3368	01:00:48	00:58:18	00:31:21 / 3489	10.29
3747	4320	MROZECZ SZYMON	MIŃSK MAZOWIECKI			85	M20/1062 (M)3369	01:00:49	00:56:06	00:33:47 / 4274	10.70
3748	6390	WOLNY RAFAŁ	CZĘSTOCHOWA			87	M20/1063 (M)3370	01:00:49	00:56:32	00:31:49 / 3647	10.61
3749	6186	SIWIERSKA ANNA	CZĘSTOCHOWA			92	K20/155 (K)379	01:00:49	00:56:32	00:31:49 / 3646	10.61
3750	2835	KOSINSKI ANDRZEJ	WARSZAWA			71	M30/1342 (M)3371	01:00:50	00:58:21	00:32:08 / 3748	10.28
3751	634	CIOŁEK SYLWESTER	WARSZAWA		UKS OLIMPUS	94	M20/1064 (M)3372	01:00:50	00:58:12	00:28:44 / 2553	10.31
3752	6274	SZYMAŃSKA PAULINA	WARSZAWA			86	K20/156 (K)380	01:00:50	00:58:50	00:30:51 / 3302	10.20
3753	3436	DROSCZ ALEKSANDER	WARSZAWA			95	M20/1065 (M)3373	01:00:50	00:55:57	00:34:39 / 4566	10.72
3754	379	OKRASZEWSKI ŁUKASZ	WARSZAWA			82	M20/1066 (M)3374	01:00:51	00:58:19	00:33:56 / 4322	10.29
3755	3918	THAMM ANDREAS	WARSZAWA			67	M40/634 (M)3375	01:00:51	00:55:44	00:35:12 / 4707	10.77
3756	2372	MAJEWSKI ARTUR			ACTION	76	M30/1343 (M)3376	01:00:51	01:00:00	00:29:37 / 2907	10.00
3757	2193	NOWAK WIKTOR	WARSZAWA			60	M50/258 (M)3377	01:00:52	00:56:14	00:33:05 / 4057	10.67

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Czas Netto	5km	[km/h]
3758	2089	KOGUC PIOTR	WARSZAWA		BRAK	66	M40/635 (M)3378	01:00:52	00:56:10	00:33:23 / 4146	10.68
3759	1037	STRZELCZYK ANDRZEJ	WARSZAWA			67	M40/636 (M)3379	01:00:53	00:57:26	00:31:16 / 3462	10.45
3760	2830	ŁAGODZIŃSKI JAKUB	WARSZAWA			87	M20/1067 (M)3380	01:00:53	00:57:52	00:31:13 / 3431	10.37
3761	6802	STERNICKA ANNA	IZABELIN			91	K20/157 (K)381	01:00:53	00:56:09	00:32:05 / 3734	10.69
3762	2348	RUMIN WIESŁAW	WARSZAWA		NIEZRZESZONY	53	M50/259 (M)3381	01:00:54	00:58:10	00:31:53 / 3676	10.32
3763	3040	ZAWADA MARTA	WIĄŻOWNA		ALETEMPO	91	K20/158 (K)382	01:00:54	00:55:19	00:33:56 / 4321	10.85
3764	3871	PIEKARNIAK AGNIESZKA	CHOTOMÓW			69	K40/64 (K)383	01:00:54	00:57:44	00:31:49 / 3655	10.39
3765	2737	KOWALCZYK KAMIL	WARSZAWA			84	M20/1068 (M)3382	01:00:54	00:57:13	00:31:38 / 3587	10.49
3766	2324	PISARSKI ARTUR	WARSZAWA		NIEZRZESZONY	79	M30/1344 (M)3383	01:00:55	00:55:48	00:34:06 / 4393	10.75
3767	4455	BARTYŚ ALEKSANDRA	LUBLIN			85	K20/159 (K)384	01:00:55	00:58:42	00:32:20 / 3819	10.22
3768	3057	WOJTACH MONIKA	WARSZAWA		DZIELNICA URSUS	85	K20/160 (K)385	01:00:55	00:59:06	00:33:02 / 4039	10.15
3769	4809	PISKORZ MARIAN	WARSZAWA			50	M60/52 (M)3384	01:00:55	00:59:58	00:29:55 / 3022	10.01
3770	4299	SZPOREK PIOTR	JÓZEFOSŁAW			76	M30/1345 (M)3385	01:00:56	00:57:33	00:32:22 / 3830	10.43
3771	2914	NOWAKOWSKI JANUSZ	ZĄBKI			71	M30/1346 (M)3386	01:00:56	00:57:02	00:32:19 / 3815	10.52
3772	5443	DRÓDŹ MARIUSZ	DRAWSKO POMORSKIE		NIEZRZESZONY	76	M30/1347 (M)3387	01:00:56	00:56:05	00:34:46 / 4605	10.70
3773	4050	KRAJEWSKI MACIEJ	WARSZAWA			67	M40/637 (M)3388	01:00:56	00:57:19	00:32:05 / 3731	10.47
3774	5832	LUBAŃSKI MATEUSZ	JÓZEFÓW			95	M20/1069 (M)3389	01:00:56	00:58:35	00:32:35 / 3919	10.24
3775	6033	PACIEJEWSKI TOMASZ	RADOM		TOMTEAM	65	M40/638 (M)3390	01:00:57	00:55:51	00:34:08 / 4411	10.74
3776	528	MOSIOLEK MARCIN	SKARŻYSKO-KAMIENNA			91	M20/1070 (M)3391	01:00:57	00:55:51	00:34:20 / 4469	10.74
3777	4332	DZIENIOWSKI GRZEGORZ	WARSZAWA			69	M40/639 (M)3392	01:00:57	00:56:36	00:33:41 / 4243	10.60
3778	2538	BACH RAFAŁ	SOKÓLKA			81	M20/1071 (M)3393	01:00:57	00:55:08	00:33:48 / 4280	10.88
3779	2542	HOŁUBOWSKI KRZYSZTOF	SZUDZIAŁOWO			74	M30/1348 (M)3394	01:00:57	00:55:07	00:33:48 / 4282	10.89
3780	1483	KOWALCZYK PIOTR	SANDOMIERZ		PARAGRAF TARNOBREZG	79	M30/1349 (M)3395	01:00:58	00:56:17	00:33:15 / 4103	10.66
3781	4426	ŁOKAJ PAWEŁ	STALOWA WOLA			80	M30/1350 (M)3396	01:00:58	00:56:17	00:33:20 / 4126	10.66
3782	3053	KARCZEWSKI MACIEJ	WARSZAWA		DZIELNICA URSUS	85	M20/1072 (M)3397	01:00:58	00:59:09	00:33:02 / 4038	10.14
3783	690	REMBERK BARBARA	WARSZAWA		WARSZAWSKI ŻÓŁWIK	74	K30/142 (K)386	01:00:59	00:57:21	00:32:14 / 3783	10.46
3784	3916	PĄGOWSKI MACIEJ	ŁOMIANKI			65	M40/640 (M)3398	01:00:59	00:56:37	00:32:18 / 3809	10.60
3785	2723	KORDELASIŃSKI MACIEJ	WARSZAWA			68	M40/641 (M)3399	01:00:59	00:56:37	00:33:42 / 4249	10.60
3786	4712	CZERWOŃSKI ARTUR	WARSZAWA			68	M40/642 (M)3400	01:01:00	00:56:04	00:32:26 / 3865	10.70
3787	3532	KLIMKIEWICZ AGNIESZKA	WARSZAWA			78	K30/143 (K)387	01:01:00	00:57:06	00:31:15 / 3454	10.51
3788	7208	CIEŚLIŃSKI MIKOŁAJ	KRUPIA WÓLKA			96	M20/1073 (M)3401	01:01:01	00:55:32	00:34:01 / 4355	10.80
3789	3520	ADAMKIEWICZ MICHAŁ	SOCHACZEW		KM AKTYWNI SOCHACZEW	95	M20/1074 (M)3402	01:01:02	00:57:39	00:32:05 / 3728	10.41
3790	6441	ZNAJ ARTUR	RADZISZÓW		NIEZRZESZONY	78	M30/1351 (M)3403	01:01:02	00:57:33	00:32:19 / 3816	10.43
3791	1100	SUTUŁA KRZYSZTOF	WARSZAWA			55	M50/260 (M)3404	01:01:02	00:57:43	00:31:42 / 3608	10.40
3792	2461	RADZIEJEWSKI KAROL	OŻARÓW MAZ			85	M20/1075 (M)3405	01:01:02	00:57:56	00:31:19 / 3478	10.36
3793	2984	ZAWOJSKA-GONTAR CZESŁAWA	WARSZAWA			65	K40/65 (K)388	01:01:02	01:00:09	00:30:53 / 3310	9.98
3794	2744	PARSZUTAS WIESŁAW	ŁOMIANKI		RONIN TEAM	52	M50/261 (M)3406	01:01:02	01:00:59	00:29:06 / 2694	9.84
3795	3516	ADAMKIEWICZ MIROSLAW	SOCHACZEW		KM AKTYWNI SOCHACZEW	67	M40/643 (M)3407	01:01:03	00:57:40	00:32:06 / 3739	10.40
3796	686	KALINOWSKI ZENON	KOBYŁKA			66	M40/644 (M)3408	01:01:03	00:57:14	00:32:06 / 3741	10.48
3797	2615	WNOROWSKI MACIEJ	WARSZAWA			76	M30/1352 (M)3409	01:01:04	00:58:51	00:31:26 / 3518	10.20
3798	3274	MACIEJEWSKA MARTA	WARSZAWA		BIESZCZADZKIE JELONKI	95	K20/161 (K)389	01:01:04	00:58:58	00:28:53 / 2610	10.18
3799	3470	BRAŃSKA-DOBROWOLSKA OLGA	WARSZAWA		MARATONYPOLSKIE.PL TEAM	73	K30/144 (K)390	01:01:04	00:58:37	00:31:39 / 3593	10.24
3800	2028	ZYGMONT TOMASZ	WARSZAWA		ŻÓŁWIE RUNNING TEAM	69	M40/645 (M)3410	01:01:05	00:57:20	00:32:09 / 3754	10.47
3801	5000	SIERAŃSKI PIOTR	ZIELONKA		CX80-PIETRZAK-TOMET-TEAM	83	M20/1076 (M)3411	01:01:05	00:56:42	00:34:10 / 4417	10.58
3802	5775	KUJAWIAK MIREK	RADOM			66	M40/646 (M)3412	01:01:05	00:57:26	00:31:59 / 3701	10.45
3803	5433	DOLEŻEK MARCIN	WARSZAWA		BIONDA INC.	69	M40/647 (M)3413	01:01:05	00:57:35	00:31:14 / 3437	10.42
3804	6602	DROBEK TOMASZ	LUBLIN		JW 3537	79	M30/1353 (M)3414	01:01:05	00:57:24	00:32:29 / 3878	10.45
3805	4744	LENDZION PAWEŁ	WARSZAWA			86	M20/1077 (M)3415	01:01:05	00:55:32	00:33:21 / 4133	10.80
3806	4456	SZCZĘSNA EWA	WARSZAWA			83	K20/162 (K)391	01:01:06	00:58:53	00:32:18 / 3805	10.19
3807	1862	RYSIEW ROBERT	WARSZAWA			79	M30/1354 (M)3416	01:01:06	01:00:11	00:29:40 / 2922	9.97
3808	4524	DZIAŁAK MARIUSZ	RADOM		OMCSOLUTION	73	M30/1355 (M)3417	01:01:06	00:56:14	00:31:30 / 3541	10.67
3809	6882	SURNIKOWSKI KAROL	WARSZAWA			82	M20/1078 (M)3418	01:01:06	01:00:06	00:29:04 / 2679	9.98
3810	1991	BUCHWALD PIOTR	WARSZAWA			80	M30/1356 (M)3419	01:01:07	00:52:15	00:35:13 / 4712	11.48
3811	6821	LATOSZEK MACIEJ	WARSZAWA			70	M40/648 (M)3420	01:01:07	00:55:50	00:33:59 / 4345	10.75
3812	1429	ŁUGOWSKI PAWEŁ	WARSZAWA			58	M50/262 (M)3421	01:01:08	00:59:00	00:30:33 / 3222	10.17
3813	3734	OLSZEWSKA JOANNA	OŻARÓW MAZOWIECKI			93	K20/163 (K)392	01:01:08	00:56:45	00:33:24 / 4152	10.57
3814	3875	PIASECKI PAWEŁ	CIECHANÓW			63	M40/649 (M)3422	01:01:08	00:56:24	00:33:11 / 4085	10.64
3815	2690	BOLBOT MARCIN			LEGIA	70	M40/650 (M)3423	01:01:08	00:56:47	00:32:09 / 3753	10.57

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Czas Netto	5km	[km/h]
3816	1651	DYMEL PIOTR	WARSZAWA			52	M50/263 (M)3424	01:01:09	00:59:10	00:31:02 / 3365	10.14
3817	1650	NAZAROVA ALLA	WARSZAWA			69	K40/66 (K)393	01:01:09	00:59:10	00:31:08 / 3404	10.14
3818	3568	BRODZIK BARTŁOMIEJ	WARSZAWA			83	M20/1079 (M)3425	01:01:09	00:56:18	00:33:07 / 4072	10.66
3819	6265	SZEWCZYK MARCIN	ŁÓDŹ			62	M40/651 (M)3426	01:01:09	00:56:50	00:33:17 / 4112	10.56
3820	5430	DOBROWOLSKI BARTOSZ	WARSZAWA		WISEBERG POLSKA	76	M30/1357 (M)3427	01:01:09	00:56:44	00:35:13 / 4711	10.58
3821	4851	ZABUSKI MAREK	WARSZAWA			89	M20/1080 (M)3428	01:01:09	00:57:54	00:29:45 / 2954	10.36
3822	4082	LESZCZYŃSKI ROBERT	WARSZAWA			83	M20/1081 (M)3429	01:01:10	00:56:51	00:32:21 / 3823	10.55
3823	3018	SOBORCZYK AGNIESZKA	WARSZAWA			73	K30/145 (K)394	01:01:10	00:59:38	00:30:42 / 3263	10.06
3824	2619	GLADYSZ AGATA	WARSZAWA		CIEPLE KLUCHY	79	K30/146 (K)395	01:01:11	00:56:52	00:32:21 / 3822	10.55
3825	6141	ROSLON RAFAL	WARSZAWA			77	M30/1358 (M)3430	01:01:11	00:58:06	00:31:47 / 3638	10.33
3826	4405	WAWRZYCKA MARTA	KIELCE		MICHU TEAM	84	K20/164 (K)396	01:01:12	00:58:31	00:32:05 / 3733	10.25
3827	1240	KOCINIAK SYLWESTER	WARSZAWA			67	M40/652 (M)3431	01:01:12	00:56:42	00:33:34 / 4204	10.58
3828	4906	SZYMCZAK ANDRZEJ	WARSZAWA		2MANIAX	58	M50/264 (M)3432	01:01:12	00:55:05	00:37:22 / 5210	10.89
3829	2618	SAWICKI MACIEK	WARSZAWA		CIEPLE KLUCHY	77	M30/1359 (M)3433	01:01:12	00:58:07	00:31:47 / 3637	10.32
3830	2995	KURZAWA ALDONA	WARSZAWA			67	K40/67 (K)397	01:01:12	00:57:50	00:32:22 / 3832	10.37
3831	1370	JEZIORSKI WOJCIECH	WARSZAWA			68	M40/653 (M)3434	01:01:13	00:57:29	00:32:21 / 3827	10.44
3832	775	DOBROWOLSKA AGNIESZKA	WARSZAWA			81	K20/165 (K)398	01:01:13	00:56:15	00:33:03 / 4043	10.67
3833	1041	DAŃCZAK LUKASZ	WARSZAWA			94	M20/1082 (M)3435	01:01:13	00:57:27	00:32:14 / 3784	10.44
3834	3319	ŚMIETANKA KRZYSZTOF	WARSZAWA			84	M20/1083 (M)3436	01:01:14	00:57:20	00:31:57 / 3693	10.47
3835	906	LITWIŃSKI PIOTR	WARSZAWA			68	M40/654 (M)3437	01:01:14	00:56:52	00:32:54 / 4004	10.55
3836	3227	MATCZUK KONRAD	WOŁOMIN			73	M30/1360 (M)3438	01:01:14	00:57:35	00:33:03 / 4042	10.42
3837	7053	KACZMAREK ANDRZEJ	ŚWIEBODZIN			68	M40/655 (M)3439	01:01:14	00:56:18	00:35:06 / 4684	10.66
3838	4229	POPLAWSKI BARTŁOMIEJ	WARSZAWA			79	M30/1361 (M)3440	01:01:15	00:56:41	00:32:43 / 3959	10.59
3839	795	KONWA RAFAL	WARSZAWA			77	M30/1362 (M)3441	01:01:16	00:57:47	00:32:59 / 4021	10.38
3840	7033	OLSZA PAWEŁ	CHODZIEŹ			85	M20/1084 (M)3442	01:01:16	00:56:53	00:32:53 / 4000	10.55
3841	4030	GAJC BARTEK	WARSZAWA			78	M30/1363 (M)3443	01:01:17	00:56:11	00:34:24 / 4490	10.68
3842	2834	SZYMCZAK RYSZARD	WARSZAWA		KB WARS	43	M60/53 (M)3444	01:01:17	00:57:59	00:32:12 / 3765	10.35
3843	4683	KOŁTAŁO PAULINA	WARSZAWA			83	K20/166 (K)399	01:01:18	00:57:44	00:32:12 / 3766	10.39
3844	5826	LIPSKI JANUSZ	STAROGARD GDAŃSKI			60	M50/265 (M)3445	01:01:19	00:59:42	00:28:06 / 2294	10.05
3845	1188	OLCZAK MICHAŁ	WARSZAWA			82	M20/1085 (M)3446	01:01:20	00:57:24	00:33:14 / 4099	10.45
3846	3461	GRUCELA ANNA	WARSZAWA		BLACKSTARCAFE	81	K20/167 (K)400	01:01:20	01:00:18	00:30:29 / 3203	9.95
3847	543	BARLIK ANNA	WARSZAWA			88	K20/168 (K)401	01:01:20	00:56:45	00:33:58 / 4334	10.57
3848	6376	WŁOSINIAK WIOLETTA	WROCLAW			88	K20/169 (K)402	01:01:20	00:55:33	00:34:26 / 4501	10.80
3849	741	JEŹ AGNIESZKA	KOBYŁKA			77	K30/147 (K)403	01:01:22	00:57:46	00:32:32 / 3902	10.39
3850	5901	MATYSIAK WOJCIECH	WARSZAWA			74	M30/1364 (M)3447	01:01:22	00:56:43	00:33:00 / 4025	10.58
3851	1627	ROSLAN GRZEGORZ	WARSZAWA		AKADEMIA OBRONY NARODOWEJ	65	M40/656 (M)3448	01:01:23	00:56:37	00:33:02 / 4034	10.60
3852	5733	KOZŁOWSKA ANNA	WARSZAWA			80	K30/148 (K)404	01:01:23	00:56:37	00:32:27 / 3872	10.60
3853	4918	JAWCZAK ROMAN	WARSZAWA			83	M20/1086 (M)3449	01:01:23	01:00:24	00:29:54 / 3016	9.93
3854	6519	RUDNIKI TOMASZ	WARSZAWA			77	M30/1365 (M)3450	01:01:23	00:59:48	00:30:39 / 3251	10.03
3855	1374	KALINOWSKI MIROSLAW	WARSZAWA		ŁADEKS	69	M40/657 (M)3451	01:01:24	00:58:16	00:30:33 / 3221	10.30
3856	386	KOZAK JERZY	WARSZAWA			55	M50/266 (M)3452	01:01:24	00:56:47	00:32:37 / 3935	10.57
3857	868	MALINOWSKA ZUZANNA	WARSZAWA			85	K20/170 (K)405	01:01:24	00:57:09	00:33:33 / 4197	10.50
3858	4823	FOGIEL PIOTR	WARSZAWA			76	M30/1366 (M)3453	01:01:24	00:59:29	00:30:54 / 3314	10.09
3859	640	DĄBROWSKI PRZEMYSŁAW	WARSZAWA			69	M40/658 (M)3454	01:01:25	00:57:44	00:32:14 / 3775	10.39
3860	1849	TYROWICZ JUSTYNA	WARSZAWA		12TRI.PL	84	K20/171 (K)406	01:01:25	00:57:39	00:31:56 / 3692	10.41
3861	5456	DZIĘCIOŁ ARTUR	TŁUSZCZ			87	M20/1087 (M)3455	01:01:25	00:56:06	00:35:44 / 4872	10.70
3862	1286	BR?GGER RASMUSSEN KAREN	WARSZAWA		DANISH DYNAMITE	64	K40/68 (K)407	01:01:26	00:55:43	00:34:10 / 4423	10.77
3863	6370	WITKOWSKA EDYTA	SOCHACZEW		KM AKTYWNI SOCHACZEW	75	K30/149 (K)408	01:01:27	00:58:02	00:31:47 / 3635	10.34
3864	6101	PRZYBYLSKA MAŁGORZATA	SOCHACZEW		KM AKTYWNI SOCHACZEW	69	K40/69 (K)409	01:01:27	00:58:02	00:31:47 / 3634	10.34
3865	4330	ABRAMCZYK JOANNA	PŁOCHOCIN			76	K30/150 (K)410	01:01:27	00:57:40	00:32:19 / 3813	10.40
3866	318	BOROWSKI PAWEŁ	WARSZAWA			74	M30/1367 (M)3456	01:01:28	00:55:54	00:35:14 / 4722	10.73
3867	1495	SOCHA MARCIN	RAWA MAZOWIECKA			77	M30/1368 (M)3457	01:01:28	00:58:12	00:33:38 / 4222	10.31
3868	1645	MIAŁKOS OLGA	SOCHACZEW		DRAGON	88	K20/172 (K)411	01:01:28	01:00:07	00:29:59 / 3046	9.98
3869	2948	WAWRZYSZKO DARIUSZ	MARKI			67	M40/659 (M)3458	01:01:28	00:58:37	00:31:10 / 3414	10.24
3870	4151	CZWARNOG ANNA	SULEJÓWEK			87	K20/173 (K)412	01:01:28	00:57:39	00:33:32 / 4194	10.41
3871	490	STOKOWSKI MARIUSZ	WARSZAWA-REMBERTÓ		WOLNY STRZELEC	74	M30/1369 (M)3459	01:01:29	00:57:00	00:34:10 / 4422	10.53
3872	479	SZCZEREK PAWEŁ	WARSZAWA			66	M40/660 (M)3460	01:01:29	00:57:01	00:34:10 / 4420	10.52
3873	3716	KOBRZYŃSKA MONIKA	WARSZAWA			81	K20/174 (K)413	01:01:29	00:58:05	00:32:48 / 3982	10.33

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Czas Netto	5km	[km/h]
3874	1995	ŻERO ANDRZEJ	WARSZAWA			83	M20/1088 (M)3461	01:01:29	00:55:27	00:34:44 / 4597	10.82
3875	2368	KOŚMIDER MACIEJ			ACTION	80	M30/1370 (M)3462	01:01:29	00:59:24	00:29:55 / 3019	10.10
3876	3101	MOSKWA GRZEGORZ	WARSZAWA			77	M30/1371 (M)3463	01:01:29	00:57:14	00:32:58 / 4020	10.48
3877	3177	GIEREJ ROBERT	WARSZAWA			71	M30/1372 (M)3464	01:01:29	00:59:01	00:32:18 / 3803	10.17
3878	3179	KOŚCIELNY GRZEGORZ	POZNAN			73	M30/1373 (M)3465	01:01:30	00:59:02	00:32:18 / 3804	10.16
3879	3480	KOSTYRA JANUSZ	WARSZAWA			86	M20/1089 (M)3466	01:01:30	00:56:14	00:34:11 / 4426	10.67
3880	1497	GACPARSKI PRZEMYSŁAW	RAWA MAZOWIECKA			89	M20/1090 (M)3467	01:01:31	00:58:15	00:33:38 / 4220	10.30
3881	3523	GRABOWSKA KATARZYNA	WARSZAWA			71	K30/151 (K)414	01:01:31	01:00:21	00:30:40 / 3257	9.94
3882	3485	PAZIEWSKI PRZEMYSŁAW	WARSZAWA		AVON	84	M20/1091 (M)3468	01:01:31	00:56:15	00:34:10 / 4425	10.67
3883	729	NOWORYTA JACEK	WARSZAWA			42	M60/54 (M)3469	01:01:32	01:00:10	00:30:57 / 3335	9.97
3884	201	TYZNER TADEUSZ	WARSZAWA			39	M70/7 (M)3470	01:01:32	01:00:50	00:29:39 / 2918	9.86
3885	2196	BARTKIEWICZ TOMASZ	WARSZAWA			53	M50/267 (M)3471	01:01:33	00:56:53	00:33:26 / 4165	10.55
3886	1249	Kawecki Paweł	GRÓJEC			72	M30/1374 (M)3472	01:01:33	00:56:12	00:35:24 / 4769	10.68
3887	3262	WALKOWSKI ROBERT	WARSZAWA			75	M30/1375 (M)3473	01:01:33	00:56:52	00:33:26 / 4166	10.55
3888	6533	WYSZOMIERSKI MICHAŁ	WARSZAWA			80	M30/1376 (M)3474	01:01:33	00:56:26	00:33:34 / 4205	10.63
3889	2249	KISZYCKI TADEUSZ	ŁÓDŹ			56	M50/268 (M)3475	01:01:34	01:00:07	00:29:14 / 2743	9.98
3890	4343	KORZEŃ MICHAŁ	CHOTOMÓW			85	M20/1092 (M)3476	01:01:34	00:56:18	00:34:03 / 4370	10.66
3891	4356	LISIECKI ADAM	LEGIONOWO			85	M20/1093 (M)3477	01:01:34	00:56:18	00:34:03 / 4366	10.66
3892	4006	LUBERADZKI MICHAŁ	WARSZAWA			63	M40/661 (M)3478	01:01:34	00:59:11	00:31:40 / 3601	10.14
3893	3007	KRASKA HUBERT	RADOM		KLUB MARATOŃCZYKA	78	M30/1377 (M)3479	01:01:34	00:56:28	00:34:28 / 4517	10.63
3894	5561	IWAŃSKI RYSZARD	RADOM		TOMTEAM	54	M50/269 (M)3480	01:01:35	00:56:29	00:34:27 / 4512	10.62
3895	4280	PIOTROWICZ MARCIN	WARSZAWA			83	M20/1094 (M)3481	01:01:35	00:55:33	00:34:01 / 4354	10.80
3896	5494	GEJDA PRZEMYSŁAW	OLSZTYN			77	M30/1378 (M)3482	01:01:35	00:56:29	00:34:10 / 4419	10.62
3897	2404	SARZYŃSKA MARZENA	WARSZAWA			59	K50/17 (K)415	01:01:36	01:00:05	00:30:58 / 3343	9.99
3898	988	PIETRASIK HANNA	WARSZAWA		ACCELERATE	76	K30/152 (K)416	01:01:36	00:57:16	00:34:21 / 4475	10.48
3899	3911	BUTKIEWICZ MAŁGORZATA	WARSZAWA			66	K40/70 (K)417	01:01:36	00:56:03	00:34:24 / 4494	10.70
3900	1263	NIECKARZ DARIUSZ	ZGIERZ		BRAK	67	M40/662 (M)3483	01:01:37	00:57:38	00:31:59 / 3702	10.41
3901	1262	NIECKARZ ADAM	ZGIERZ		BRAK	93	M20/1095 (M)3484	01:01:37	00:57:37	00:31:46 / 3630	10.41
3902	625	KUCIŃSKI KRZYSZTOF	WARSZAWA			74	M30/1379 (M)3485	01:01:37	00:59:19	00:30:24 / 3171	10.12
3903	2809	KARPETA KAMIL	SZYDŁOWIEC			95	M20/1096 (M)3486	01:01:37	01:00:45	00:29:53 / 3006	9.88
3904	2412	SZCZUROWSKI ŁUKASZ	CIECHANÓW			88	M20/1097 (M)3487	01:01:37	01:00:27	00:31:13 / 3430	9.93
3905	1335	GOŁASZEWSKI MACIEJ	WARSZAWA			82	M20/1098 (M)3488	01:01:38	00:57:26	00:33:48 / 4284	10.45
3906	3687	ANISIEWICZ DANUTA	WARSZAWA		KLUBBIEGACZA.PL	77	K30/153 (K)418	01:01:38	00:58:34	00:31:31 / 3549	10.24
3907	5449	DUNAJCZYK PIOTR	PABIANICE			57	M50/270 (M)3489	01:01:38	00:57:23	00:33:08 / 4073	10.46
3908	986	MAGIERSKI STANISŁAW	KRAKÓW		ACCELERATE	84	M20/1099 (M)3490	01:01:39	00:58:36	00:28:56 / 2634	10.24
3909	2504	DULIŃSKI MARCIN	WARSZAWA			76	M30/1380 (M)3491	01:01:39	00:53:15	00:35:15 / 4724	11.27
3910	5929	MILANI MONIKA	WARSZAWA			77	K30/154 (K)419	01:01:39	00:56:07	00:34:55 / 4651	10.69
3911	2978	ANTOLAK AGNIESZKA	WARSZAWA		IBOX	68	K40/71 (K)420	01:01:39	01:00:34	00:30:10 / 3101	9.91
3912	6173	SICZEK GRZEGORZ	WARSZAWA			80	M30/1381 (M)3492	01:01:40	00:58:33	00:32:17 / 3801	10.25
3913	1741	WITKOWSKI MIROSLAW	WARSZAWA			55	M50/271 (M)3493	01:01:40	00:59:45	00:29:41 / 2925	10.04
3914	2863	GLAZOWSKI MAREK	WARSZAWA			72	M30/1382 (M)3494	01:01:41	00:59:03	00:31:15 / 3447	10.16
3915	3860	KLAMRA GRZEGORZ	SOSNOWIEC			79	M30/1383 (M)3495	01:01:41	00:59:03	00:31:15 / 3445	10.16
3916	3884	MUCHA PIOTR	GARWOLIN		NIE ZRZESZONY	77	M30/1384 (M)3496	01:01:41	00:57:28	00:34:13 / 4434	10.44
3917	6260	SZEDIW TOMASZ	WARSZAWA			80	M30/1385 (M)3497	01:01:41	00:57:56	00:32:35 / 3925	10.36
3918	3820	STĄCZERA OLA	WARSZAWA			86	K20/175 (K)421	01:01:41	00:58:20	00:31:25 / 3514	10.29
3919	645	JANKOWSKI BARTŁOMIEJ	WARSZAWA		NIEZRZESZONY	73	M30/1386 (M)3498	01:01:42	00:57:35	00:32:02 / 3713	10.42
3920	5527	GREGORCZYK MONIKA	WARSZAWA			76	K30/155 (K)422	01:01:42	00:56:56	00:32:27 / 3869	10.54
3921	3885	PAZIEWSKI PAWEŁ	GARWOLIN			73	M30/1387 (M)3499	01:01:43	00:57:29	00:34:14 / 4438	10.44
3922	818	MOSAKOWSKI DARIUSZ	WARSZAWA			68	M40/663 (M)3500	01:01:43	00:56:34	00:33:49 / 4287	10.61
3923	1070	BURZYŃSKI ŁUKASZ	WARSZAWA			80	M30/1388 (M)3501	01:01:43	00:58:00	00:32:34 / 3917	10.34
3924	5491	GAŁDZICKI KAMIL	WARSZAWA			85	M20/1100 (M)3502	01:01:43	00:58:13	00:29:08 / 2703	10.31
3925	3652	DREWELUS RAFAŁ	WARSZAWA			81	M20/1101 (M)3503	01:01:43	00:56:50	00:33:03 / 4045	10.56
3926	5828	LIS JACEK	WARSZAWA			77	M30/1389 (M)3504	01:01:44	00:56:16	00:35:23 / 4764	10.66
3927	3728	BIEŃKOWSKA AGATA	WARSZAWA			95	K20/176 (K)423	01:01:44	00:57:14	00:33:39 / 4228	10.48
3928	6047	PATOKA PIOTR	WARSZAWA			77	M30/1390 (M)3505	01:01:44	00:58:00	00:32:39 / 3946	10.34
3929	3000	CHRABAŁOWSKI D	WARSZAWA			58	M50/272 (M)3506	01:01:44	00:56:38	00:33:16 / 4105	10.59
3930	2513	VAN DE BOEL FIET	WARSZAWA			60	K50/18 (K)424	01:01:44	00:57:20	00:32:27 / 3871	10.47
3931	4453	TOMASZEK ARTUR	WARSZAWA			70	M40/664 (M)3507	01:01:44	00:57:15	00:34:09 / 4413	10.48

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Czas Netto	5km	[km/h]
3932	787	SROCZYŃSKA MAGDALENA	WARSZAWA		NIKE	83	K20/177 (K)425	01:01:46	00:57:07	00:33:06 / 4062	10.50
3933	4808	RADZIEJOWSKA ANNA	WARSZAWA			76	K30/156 (K)426	01:01:46	00:57:29	00:33:19 / 4123	10.44
3934	2857	MAKOWSKI MAREK	PRUSZKÓW			83	M20/1102 (M)3508	01:01:46	00:57:05	00:32:23 / 3846	10.51
3935	1805	KOZICKI MAREK	WARSZAWA		PLAY	72	M30/1391 (M)3509	01:01:47	00:57:00	00:34:23 / 4487	10.53
3936	650	MINIAKOWSKI SZYMON	WARSZAWA			83	M20/1103 (M)3510	01:01:48	00:56:20	00:35:24 / 4773	10.65
3937	102	BAJOREK AGNIESZKA	WYSZKÓW			68	K40/72 (K)427	01:01:48	00:56:20	00:35:24 / 4774	10.65
3938	4886	SKWIROWSKI PIOTR	WARSZAWA			66	M40/665 (M)3511	01:01:48	00:57:35	00:32:39 / 3945	10.42
3939	1535	PŁOCHOCKI KRZYSZTOF	SULEJÓWEK		-	69	M40/666 (M)3512	01:01:49	00:59:03	00:31:52 / 3673	10.16
3940	6541	WYRZYKOWSKA BOŻENA	WARSZAWA			64	K40/73 (K)428	01:01:49	00:56:21	00:35:24 / 4775	10.65
3941	1062	IWIŃSKI MARCIN	WARSZAWA			74	M30/1392 (M)3513	01:01:50	00:56:01	00:34:07 / 4397	10.71
3942	3626	MROCEK KATARZYNA	ŁĘŻYCE			88	K20/178 (K)429	01:01:51	00:58:59	00:31:39 / 3589	10.17
3943	3714	KOBRZYŃSKI BRONISŁAW	WARSZAWA			52	M50/273 (M)3514	01:01:52	00:58:27	00:32:53 / 3999	10.27
3944	3715	GOSS BARTŁOMIEJ	KĄTY			76	M30/1393 (M)3515	01:01:52	00:58:27	00:32:53 / 3998	10.27
3945	7019	BUGAJEWSKI KRZYSZTOF	WARSZAWA			57	M50/274 (M)3516	01:01:52	00:58:43	00:31:50 / 3659	10.22
3946	3886	ZALEWSKI MIROSŁAW	GARWOLIN			79	M30/1394 (M)3517	01:01:53	00:57:40	00:34:13 / 4436	10.40
3947	2422	MICHALAK JERZY	WARSZAWA			56	M50/275 (M)3518	01:01:53	00:57:50	00:32:25 / 3857	10.37
3948	4419	GORSKI JAN	WARSZAWA			75	M30/1395 (M)3519	01:01:53	00:57:57	00:31:57 / 3694	10.35
3949	3606	WOŁYŃSKA IZABELLA	WARSZAWA			67	K40/74 (K)430	01:01:53	00:59:52	00:31:39 / 3592	10.02
3950	693	KĘPKA KRZYSZTOF	WARSZAWA			79	M30/1396 (M)3520	01:01:54	00:57:25	00:34:09 / 4416	10.45
3951	1927	DZIKI MARZENNA	WARSZAWA		ALETEMPO	53	K50/19 (K)431	01:01:54	00:59:55	00:31:04 / 3376	10.01
3952	5474	FIJAŁKOWSKI PAWEŁ	WARSZAWA			82	M20/1104 (M)3521	01:01:54	00:56:36	00:33:48 / 4283	10.60
3953	2442	ŚCIUBISZ WERONIKA	WARSZAWA			78	K30/157 (K)432	01:01:54	00:57:11	00:34:41 / 4577	10.49
3954	1525	CHABIERA EWELINA	WARSZAWA			84	K20/179 (K)433	01:01:55	00:58:31	00:32:37 / 3939	10.25
3955	4530	SEJ MACIEJ	SŁOMIN			72	M30/1397 (M)3522	01:01:56	00:56:28	00:33:43 / 4258	10.63
3956	2762	DUBER-STACHURSKA KATARZYNA	WARSZAWA			72	K30/158 (K)434	01:01:57	00:58:13	00:32:34 / 3915	10.31
3957	2567	KOPROWSKI ZBIGNIEW	RAWA MAZOWIECKA			56	M50/276 (M)3523	01:01:58	01:01:25	00:30:23 / 3167	9.77
3958	2566	KOPROWSKI WOJCIECH	RAWA MAZOWIECKA			86	M20/1105 (M)3524	01:01:58	01:01:24	00:30:24 / 3168	9.77
3959	5676	KOŁCZYK OLGA	WROCLAW			88	K20/180 (K)435	01:01:59	00:57:31	00:34:07 / 4400	10.43
3960	3993	SAVCHUK INNA	WARSZAWA			69	K40/75 (K)436	01:01:59	01:00:00	00:31:26 / 3517	10.00
3961	2401	TYLIKOWSKI ROBERT	HALINÓW			75	M30/1398 (M)3525	01:01:59	00:56:39	00:34:02 / 4361	10.59
3962	2872	AMBROSZCZYK RAFAŁ	WARSZAWA			70	M40/667 (M)3526	01:01:59	00:57:42	00:33:19 / 4124	10.40
3963	3421	PISKORSKA CHIE	WARSZAWA			67	K40/76 (K)437	01:01:59	01:01:16	00:30:01 / 3057	9.79
3964	1321	SYBILSKI MARIUSZ	REGUŁY			73	M30/1399 (M)3527	01:02:00	00:56:07	00:35:21 / 4758	10.69
3965	3933	LESZCZYŃSKI RAFAŁ	LEGIONOWO			71	M30/1400 (M)3528	01:02:00	01:00:57	00:30:22 / 3156	9.84
3966	2493	DOBRYZKA KAMILA	KOBYŁKA			74	K30/159 (K)438	01:02:01	01:00:47	00:31:29 / 3531	9.87
3967	46	ADAMOWICZ ADRIAN	WARSZAWA		PKO	84	M20/1106 (M)3529	01:02:01	00:59:01	00:33:26 / 4164	10.17
3968	4127	ZAKRZEWSKI WOJCIECH	WARSZAWA			76	M30/1401 (M)3530	01:02:02	00:56:05	00:34:34 / 4547	10.70
3969	1517	KUCHARSKI ROBERT	MICHAŁOWICE			72	M30/1402 (M)3531	01:02:02	00:57:57	00:34:20 / 4471	10.35
3970	779	KOPERSKI WOJCIECH	WARSZAWA			73	M30/1403 (M)3532	01:02:03	00:56:50	00:34:48 / 4618	10.56
3971	2263	BUCIOR TYMOTEUSZ	WARSZAWA			87	M20/1107 (M)3533	01:02:03	00:57:00	00:33:42 / 4248	10.53
3972	2853	PRZYBYLSKI KRZYSZTOF	WARSZAWA			80	M30/1404 (M)3534	01:02:04	00:57:19	00:33:59 / 4340	10.47
3973	4833	TOKARZ DAWID	WARSZAWA			78	M30/1405 (M)3535	01:02:04	00:58:27	00:33:23 / 4148	10.27
3974	4869	SARAPATA ANDRZEJ	WARSZAWA			78	M30/1406 (M)3536	01:02:05	00:58:27	00:33:23 / 4149	10.27
3975	1448	SOSNOWSKI RADOSŁAW	WARSZAWA			79	M30/1407 (M)3537	01:02:06	00:56:11	00:36:30 / 5054	10.68
3976	607	MALICKI JAROSŁAW	WARSZAWA			67	M40/668 (M)3538	01:02:06	00:58:13	00:33:41 / 4236	10.31
3977	1620	JACHOWICZ KRZYSZTOF	WARSZAWA			79	M30/1408 (M)3539	01:02:06	00:57:36	00:32:12 / 3767	10.42
3978	2941	GROBELNY MAREK	WARSZAWA		DPZ	73	M30/1409 (M)3540	01:02:06	00:58:00	00:32:13 / 3771	10.34
3979	2165	KAMIŃSKA MAŁGORZATA	WARSZAWA			59	K50/20 (K)439	01:02:06	00:59:40	00:32:14 / 3781	10.06
3980	4132	KOKOSZKA ANDRZEJ	ŁOMIANKI			57	M50/277 (M)3541	01:02:06	00:57:43	00:33:36 / 4216	10.40
3981	6384	WOJDYŁO MARCIN	RZESZÓW			77	M30/1410 (M)3542	01:02:07	00:56:30	00:35:21 / 4754	10.62
3982	3092	JAGIELSKI PIOTR	WARSZAWA			63	M40/669 (M)3543	01:02:07	01:00:15	00:31:09 / 3409	9.96
3983	2838	STOLARCZYK STANISŁAW	TŁUSZCZ		BÓBR TŁUSZCZ	43	M60/55 (M)3544	01:02:07	00:56:54	00:33:50 / 4295	10.54
3984	3777	MROWIEC ŁUKASZ	WARSZAWA			88	M20/1108 (M)3545	01:02:07	00:57:22	00:33:56 / 4323	10.46
3985	7034	ZAWODNIK DO UZUP					(M)3546	01:02:07	01:01:16	00:30:42 / 3262	9.79
3986	1636	BRZEZIŃSKA DOMINIKA	NOWE MIASTO NAD			94	K20/181 (K)440	01:02:08	00:57:50	00:33:31 / 4182	10.37
3987	3792	MARCINIAK PIOTR	ŁOMIANKI			86	M20/1109 (M)3547	01:02:08	00:59:25	00:32:13 / 3769	10.10
3988	1447	KĘPKA ADRIAN	RÓŻAN			90	M20/1110 (M)3548	01:02:09	00:56:16	00:36:30 / 5052	10.66
3989	1127	KOŁODZIEJ ROMAN	WARSZAWA			65	M40/670 (M)3549	01:02:09	00:58:00	00:33:32 / 4191	10.34

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Czas Netto	5km	[km/h]
3990	2595	CHMIELIŃSKI TOMASZ	WARSZAWA			74	M30/1411 (M)3550	01:02:09	00:58:22	00:33:22 / 4138	10.28
3991	6838	RACLAWSKI PIOTR	WARSZAWA			65	M40/671 (M)3551	01:02:09	00:57:38	00:31:50 / 3658	10.41
3992	4214	KUSAK PAWEŁ	WARSZAWA			84	M20/1111 (M)3552	01:02:10	00:57:14	00:34:43 / 4587	10.48
3993	2594	WASILEWSKI WOJCIECH	WARSZAWA			84	M20/1112 (M)3553	01:02:10	00:58:23	00:33:22 / 4139	10.28
3994	2250	ZAJĄKAŁA MICHAŁ	JÓZEFOSŁAW			75	M30/1412 (M)3554	01:02:11	00:58:48	00:31:12 / 3426	10.20
3995	1663	ZWOLIŃSKI SEBASTIAN	WARSZAWA		DRŻYM TEAM	78	M30/1413 (M)3555	01:02:11	00:57:28	00:34:18 / 4463	10.44
3996	891	SZCZEPAŃSKI WOJCIECH	KSIAŻENICE		DRŻYM TEAM	77	M30/1414 (M)3556	01:02:11	00:57:29	00:34:18 / 4465	10.44
3997	1069	SOSNOWSKI MARIAN	WARSZAWA			52	M50/278 (M)3557	01:02:11	00:58:12	00:33:18 / 4115	10.31
3998	4461	ŁOPATA BARTOSZ	WARSZAWA			83	M20/1113 (M)3558	01:02:11	00:57:13	00:34:26 / 4504	10.49
3999	1330	KWIECIEŃ JAN	BOCHNIA			50	M60/56 (M)3559	01:02:12	01:00:13	00:30:50 / 3292	9.96
4000	3215	RELUGA MAŁGORZATA	WARSZAWA			68	K40/77 (K)441	01:02:12	00:57:15	00:34:43 / 4588	10.48
4001	4958	SABA TOMASZ	LUBLIN			74	M30/1415 (M)3560	01:02:12	00:57:24	00:33:32 / 4188	10.45
4002	3339	SUWALD AGNIESZKA	WARSZAWA			87	K20/182 (K)442	01:02:12	00:56:59	00:34:21 / 4478	10.53
4003	3995	KOSTRZEWA MICHAŁ	WARSZAWA			74	M30/1416 (M)3561	01:02:12	00:57:03	00:34:25 / 4499	10.52
4004	3908	GRUŻEWSKA ZOFIA	WARSZAWA			95	K20/183 (K)443	01:02:12	00:59:46	00:32:14 / 3782	10.04
4005	4174	WIŚNIEWSKI IRENEUSZ	MIŃSK MAZOWIECKI			77	M30/1417 (M)3562	01:02:13	00:57:18	00:34:02 / 4364	10.47
4006	3345	SUWALD ANDRZEJ	WARSZAWA		KB GYMNASION WARSZAWA	61	M40/672 (M)3563	01:02:13	00:57:00	00:34:22 / 4481	10.53
4007	4562	ROSIŃSKI DARIUSZ	WARSZAWA			68	M40/673 (M)3564	01:02:13	00:57:41	00:33:45 / 4267	10.40
4008	4450	PŁOCHA KAROL	OSTROŁĘKA		NASZE-BIEGANIE.PL	90	M20/1114 (M)3565	01:02:13	00:58:38	00:31:42 / 3609	10.23
4009	3474	DĄBROWSKI ADAM	WARSZAWA			77	M30/1418 (M)3566	01:02:14	00:57:26	00:30:29 / 3202	10.45
4010	5247	RĘDZIA ALEKSANDRA	JEDLIŃSK			95	K20/184 (K)444	01:02:14	00:57:51	00:33:16 / 4106	10.37
4011	6878	HEŁAK PAWEŁ	BIAŁA PODLASKA			76	M30/1419 (M)3567	01:02:14	00:57:09	00:33:52 / 4305	10.50
4012	2739	ZYCH BARTEK	WARSZAWA			73	M30/1420 (M)3568	01:02:15	00:59:35	00:33:51 / 4298	10.07
4013	2150	FABISIAK ROMUALD			BGK	75	M30/1421 (M)3569	01:02:15	00:57:45	00:33:28 / 4171	10.39
4014	5246	PALUCH AGNIESZKA	JEDLIŃSK			94	K20/185 (K)445	01:02:15	00:57:52	00:33:16 / 4108	10.37
4015	393	GAWKOWSKI ARKADIUSZ	WARSZAWA			78	M30/1422 (M)3570	01:02:16	00:58:42	00:32:07 / 3745	10.22
4016	2206	NOWAK ROBERT	WARSZAWA			91	M20/1115 (M)3571	01:02:16	00:58:18	00:33:10 / 4082	10.29
4017	4709	GIL PIOTR	GŁOGÓW			70	M40/674 (M)3572	01:02:16	00:57:10	00:34:31 / 4537	10.50
4018	6439	ZIOBER ROMAN	WROCLAW		I TY MOIŻESZ ZOSTAĆ MARATOŃCZYKIEM	51	M50/279 (M)3573	01:02:17	00:58:04	00:34:46 / 4607	10.33
4019	3278	FŁORCZYK PAWEŁ	WARSZAWA		BIESZCZADZKIE JELONKI	69	M40/675 (M)3574	01:02:17	01:00:07	00:32:13 / 3770	9.98
4020	2706	MIRECKI TOMASZ	WARSZAWA			72	M30/1423 (M)3575	01:02:19	00:57:17	00:33:22 / 4143	10.47
4021	1394	DYLEWSKA ELŻBIETA	WARSZAWA			76	K30/160 (K)446	01:02:19	01:01:30	00:29:51 / 2991	9.76
4022	1644	RUSINEK PAWEŁ	PŁOCK			83	M20/1116 (M)3576	01:02:19	01:01:07	00:31:14 / 3435	9.82
4023	4178	KARKOS MAGDALENA	WARSZAWA			89	K20/186 (K)447	01:02:20	00:57:16	00:33:59 / 4341	10.48
4024	1912	TORZEWSKA AGNIESZKA	WARSZAWA			74	K30/161 (K)448	01:02:20	00:59:55	00:31:52 / 3671	10.01
4025	2031	MIKULSKI PRZEMYSŁAW	WARSZAWA			66	M40/676 (M)3577	01:02:20	00:57:53	00:32:47 / 3972	10.37
4026	2855	OLDAK KRZYSZTOF	WARSZAWA			69	M40/677 (M)3578	01:02:20	00:59:55	00:31:52 / 3672	10.01
4027	3534	WIRASZKA BARBARA	WARSZAWA			67	K40/78 (K)449	01:02:20	00:55:15	00:34:37 / 4557	10.86
4028	773	KOSTANEK TOMASZ	RAWA MAZOWIECKA			84	M20/1117 (M)3579	01:02:21	00:57:22	00:34:12 / 4430	10.46
4029	1202	PACIOREK PAWEŁ	PRUSZKÓW			81	M20/1118 (M)3580	01:02:21	01:00:08	00:30:40 / 3256	9.98
4030	2032	MIKULSKA MAŁGORZATA	WARSZAWA			94	K20/187 (K)450	01:02:21	00:57:52	00:33:52 / 4300	10.37
4031	4664	KRZEPKOWSKI RADOŚLAW	WARSZAWA			75	M30/1424 (M)3581	01:02:21	00:57:21	00:34:07 / 4402	10.46
4032	6319	TOWAREK MARTA	RADOM			84	K20/188 (K)451	01:02:21	00:59:25	00:32:23 / 3844	10.10
4033	3317	KOSIŃSKI ADAM	WARSZAWA			85	M20/1119 (M)3582	01:02:21	00:58:10	00:33:35 / 4215	10.32
4034	5270	BADOWSKI PRZEMYSŁAW	WARSZAWA			85	M20/1120 (M)3583	01:02:21	00:58:10	00:33:35 / 4214	10.32
4035	1914	KRUSZEWSKA JOANNA	WARSZAWA		HOLMES PLACE	55	K50/21 (K)452	01:02:22	00:59:03	00:33:05 / 4056	10.16
4036	3997	SZCZEPANOWSKI JAROSŁAW	WARSZAWA			54	M50/280 (M)3584	01:02:22	00:58:31	00:33:15 / 4102	10.25
4037	1457	KOZŁOWSKI TOMASZ	WARSZAWA			73	M30/1425 (M)3585	01:02:22	01:00:31	00:30:59 / 3348	9.91
4038	4859	RÓŻYCKI ARTUR	WARSZAWA			78	M30/1426 (M)3586	01:02:22	00:58:28	00:32:37 / 3937	10.26
4039	749	SZARSKA IWONA	WARSZAWA		ALETEMPO	60	K50/22 (K)453	01:02:23	00:57:15	00:32:52 / 3996	10.48
4040	3824	GAGO AGATA	WARSZAWA			69	K40/79 (K)454	01:02:23	00:57:49	00:34:08 / 4410	10.38
4041	921	RODAK KAMIL	WARSZAWA			96	M20/1121 (M)3587	01:02:24	00:57:37	00:34:52 / 4636	10.41
4042	3028	ORZOŁ MICHAŁ	OZARÓW MAZOWIECKI		WSD	86	M20/1122 (M)3588	01:02:24	00:57:39	00:34:08 / 4409	10.41
4043	4313	BACIŃSKA RENATA	WARSZAWA			73	K30/162 (K)455	01:02:25	01:01:30	00:32:31 / 3891	9.76
4044	4312	DZIEWULSKI KRZYSZTOF	WARSZAWA			48	M60/57 (M)3589	01:02:26	01:01:31	00:32:31 / 3894	9.75
4045	3931	WCISLIK MACIEJ	WARSZAWA			76	M30/1427 (M)3590	01:02:26	00:59:46	00:33:52 / 4303	10.04
4046	4713	GRZEĐA CYPRIAN	SIEDLCE			83	M20/1123 (M)3591	01:02:26	00:56:56	00:35:31 / 4809	10.54
4047	6834	KUBICZEK BARTEK	GLIWICE			84	M20/1124 (M)3592	01:02:26	00:57:53	00:33:21 / 4132	10.37

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Czas Netto	5km	[km/h]
4048	3143	BOGUSŁAWSKI PIOTR	WARSZAWA			49	M60/58 (M)3593	01:02:27	00:57:11	00:34:27 / 4511	10.49
4049	4378	DUDZIEC PIOTR	WARSZAWA			83	M20/1125 (M)3594	01:02:27	00:56:34	00:35:17 / 4734	10.61
4050	4663	LISIECKI SŁAWOMIR	WARSZAWA			75	M30/1428 (M)3595	01:02:27	00:56:50	00:34:16 / 4450	10.56
4051	965	NALEWAJEK IZABELLA	WARSZAWA			70	K40/80 (K)456	01:02:28	00:59:18	00:32:24 / 3850	10.12
4052	5372	CHMIELEWSKA ALEKSANDRA	WARSZAWA			85	K20/189 (K)457	01:02:28	00:58:34	00:34:33 / 4542	10.24
4053	2919	STEPHEN DAVIES	WARSZAWA			67	M40/678 (M)3596	01:02:28	00:59:35	00:33:13 / 4090	10.07
4054	3419	GRUDNIEWSKI MAREK	BIALYSTOK			83	M20/1126 (M)3597	01:02:28	00:56:44	00:33:24 / 4155	10.58
4055	6820	SŁAWIŃSKA HANNA	WARSZAWA			79	K30/163 (K)458	01:02:28	00:57:14	00:34:27 / 4508	10.48
4056	1225	MENDEL JACEK	TRUSKAW			72	M30/1429 (M)3598	01:02:29	00:56:36	00:33:17 / 4113	10.60
4057	1654	LIŚNIEWSKI ANDRZEJ	WARSZAWA		WKB META LUBLINIEC	72	M30/1430 (M)3599	01:02:29	00:58:12	00:33:29 / 4175	10.31
4058	1777	MAZUROWSKA JOANNA	DĘBE WIELKIE		AKADEMIA SZTUK WALKI	76	K30/164 (K)459	01:02:29	00:59:09	00:32:29 / 3882	10.14
4059	2362	CZERWIŃSKI MARCIN			ACTION	83	M20/1127 (M)3600	01:02:29	01:01:03	00:31:44 / 3620	9.83
4060	2391	URBANIAK ANDRZEJ			ACTION	54	M50/281 (M)3601	01:02:29	01:01:03	00:31:44 / 3619	9.83
4061	1612	TERCZYŃSKI PAWEŁ	WARSZAWA		KB TP	73	M30/1431 (M)3602	01:02:30	00:56:49	00:35:14 / 4723	10.56
4062	2341	KUCIAK PAWEŁ	ZĄBKI			69	M40/679 (M)3603	01:02:30	00:59:10	00:34:39 / 4570	10.14
4063	1134	MAZUR ANDRZEJ	WARSZAWA			72	M30/1432 (M)3604	01:02:30	00:56:49	00:35:14 / 4719	10.56
4064	4411	KOWALCZUK GRZEGORZ	WARSZAWA			83	M20/1128 (M)3605	01:02:30	00:58:16	00:32:50 / 3991	10.30
4065	4771	LUSAWA TOMASZ	JÓZEFÓW		LETE BIEGA	74	M30/1433 (M)3606	01:02:30	01:00:30	00:31:24 / 3505	9.92
4066	414	RUNOWSKI JACEK	WARSZAWA			77	M30/1434 (M)3607	01:02:31	00:59:57	00:32:00 / 3705	10.01
4067	3882	BIERNACKI MACIEJ	WARSZAWA			82	M20/1129 (M)3608	01:02:31	01:00:10	00:30:54 / 3312	9.97
4068	4434	NIEMCZYK RAFAŁ	WARSZAWA			76	M30/1435 (M)3609	01:02:31	00:57:01	00:35:31 / 4810	10.52
4069	4826	LALIK AGNIESZKA	JÓZEFÓW		LETE BIEGA	72	K30/165 (K)460	01:02:31	01:00:30	00:31:24 / 3508	9.92
4070	4870	KILJANEK PIOTR	WARSZAWA		PATOLOGIA	82	M20/1130 (M)3610	01:02:31	01:00:10	00:30:54 / 3315	9.97
4071	5318	BIELEWICZ ANTONI	WARSZAWA			74	M30/1436 (M)3611	01:02:31	00:56:55	00:35:32 / 4812	10.54
4072	3187	KOWALIK HUBERT	WOŁOMIN			80	M30/1437 (M)3612	01:02:31	00:57:15	00:34:11 / 4427	10.48
4073	1159	KAWIECKI TOMASZ	PRZASNYSZ			71	M30/1438 (M)3613	01:02:32	00:56:59	00:34:24 / 4489	10.53
4074	2587	KORNELUK DARIUSZ	WARSZAWA		-	67	M40/680 (M)3614	01:02:32	00:57:04	00:35:15 / 4726	10.51
4075	1196	SZYPULA PIOTR	BUCZKOWICE			88	M20/1131 (M)3615	01:02:32	00:57:54	00:35:31 / 4805	10.36
4076	1467	BRUSZKIEWICZ MIROSLAW	LEGIONOWO			65	M40/681 (M)3616	01:02:32	00:58:29	00:32:47 / 3978	10.26
4077	3880	SKÓRCZYŃSKA IZABELLA	WARSZAWA		-----	80	K30/166 (K)461	01:02:32	00:59:38	00:33:15 / 4101	10.06
4078	2450	GÓRSKI JAKUB	WARSZAWA			82	M20/1132 (M)3617	01:02:34	00:59:14	00:33:10 / 4081	10.13
4079	4433	GILL KONRAD	KRAKÓW			80	M30/1439 (M)3618	01:02:34	00:57:04	00:35:31 / 4807	10.51
4080	4435	NIEMCZYK WOJCIECH	NOWY TARG			78	M30/1440 (M)3619	01:02:34	00:57:04	00:35:31 / 4811	10.51
4081	3137	TRZOS-BŁĄDEK ELŻBIETA	BOBROWIEC			67	K40/81 (K)462	01:02:34	00:59:55	00:32:09 / 3756	10.01
4082	3503	BIAŁAS EMILIA	WARSZAWA			88	K20/190 (K)463	01:02:34	00:57:24	00:34:51 / 4633	10.45
4083	7023	OZÓG EWA	WARSZAWA			82	K20/191 (K)464	01:02:34	00:59:14	00:33:10 / 4080	10.13
4084	4110	ADAMCZYK MAGDALENA	MIELEC			86	K20/192 (K)465	01:02:35	00:56:57	00:33:25 / 4159	10.54
4085	4111	GÓRA GRZEGORZ	WARSZAWA			82	M20/1133 (M)3620	01:02:35	00:56:57	00:33:25 / 4160	10.54
4086	2316	ZABUSKI MARCIN	WARSZAWA			77	M30/1441 (M)3621	01:02:35	00:59:19	00:31:06 / 3391	10.12
4087	2735	URBAN ANDRZEJ	WARSZAWA			65	M40/682 (M)3622	01:02:35	00:57:04	00:34:47 / 4609	10.51
4088	855	KATARZYŃSKI ARTUR	NOWY DWÓR			76	M30/1442 (M)3623	01:02:36	00:59:05	00:32:13 / 3772	10.16
4089	1216	WINNICKI ŁUKASZ	WARSZAWA			87	M20/1134 (M)3624	01:02:36	00:57:36	00:33:31 / 4186	10.42
4090	1975	STACHOWICZ DAMIAN	WARSZAWA			85	M20/1135 (M)3625	01:02:36	01:01:45	00:30:27 / 3190	9.72
4091	6176	SIECZKA RENATA	WARSZAWA			81	K20/193 (K)466	01:02:36	00:57:59	00:33:33 / 4198	10.35
4092	1766	MĄDRY JACEK	ZĄBKI			65	M40/683 (M)3626	01:02:37	01:00:58	00:31:01 / 3358	9.84
4093	1976	SOWA SŁAWOMIR	WARSZAWA			85	M20/1136 (M)3627	01:02:37	01:01:46	00:30:27 / 3186	9.71
4094	4854	TEODORCZYK BARTŁOMIEJ	WARSZAWA			73	M30/1443 (M)3628	01:02:37	00:57:34	00:34:11 / 4428	10.42
4095	2388	SKWARKOWSKI KRZYSZTOF			ACTION	10	(M)3629	01:02:37	00:58:02	00:33:33 / 4199	10.34
4096	5295	BEDNARCZYK MACIEJ	BŁONIE		KOMPANIA NIGDY JUŻ	85	M20/1137 (M)3630	01:02:38	00:58:12	00:33:27 / 4167	10.31
4097	1442	KŁOKOCKI MATEUSZ	WARSZAWA			79	M30/1444 (M)3631	01:02:38	01:00:49	00:30:38 / 3246	9.87
4098	4697	ANTCZAK JAN	WARSZAWA		DB MARATHON TEAM	76	M30/1445 (M)3632	01:02:38	00:57:08	00:35:20 / 4749	10.50
4099	2070	KAJAK DANIEL	GARWOLIN		TRUCHTACZ.PL	90	M20/1138 (M)3633	01:02:39	00:59:33	00:33:19 / 4125	10.08
4100	735	KALINOWSKI RAFAŁ	WARSZAWA			79	M30/1446 (M)3634	01:02:39	00:57:52	00:34:31 / 4530	10.37
4101	736	PODOLAK MACIEJ	WARSZAWA			74	M30/1447 (M)3635	01:02:39	00:57:52	00:34:31 / 4531	10.37
4102	922	RODAK ZBIGNIEW	WARSZAWA			64	M40/684 (M)3636	01:02:40	00:57:52	00:34:28 / 4516	10.37
4103	4738	ZYGLEWICZ WIESŁAW	WARSZAWA			69	M40/685 (M)3637	01:02:40	00:57:45	00:33:31 / 4183	10.39
4104	1784	PAWELEC KRYSZYNA	BRWINÓW		NIEZRZESZONA	53	K50/23 (K)467	01:02:41	01:01:48	00:31:49 / 3651	9.71
4105	1785	PASZEK KRYSZYNA	GRODZISK MAZ		NIEZRZESZONA	61	K40/82 (K)468	01:02:41	01:01:48	00:31:49 / 3654	9.71

<b>Miejsce Rank</b>	<b>Nr Bib</b>	<b>Nazwisko i imię Name</b>	<b>Miejscowość City</b>	<b>Kraj Nat</b>	<b>Drużyna Team</b>	<b>R-k YoB</b>	<b>W kategorii in Age Sex</b>	<b>Czas Time</b>	<b>Czas Netto</b>	<b>5km</b>	<b>[km/h]</b>
4106	1010	KOTOWSKA KATARZYNA	DĘBE WIELKIE		AKADEMIA SZTUK WALKI	94	K20/194 (K)469	01:02:41	01:02:28	00:30:41 / 3261	9.61
4107	4497	TOMALAK ZBIGNIEW	WARSZAWA			71	M30/1448 (M)3638	01:02:41	00:58:51	00:31:08 / 3401	10.20
4108	2746	BRUSZEWSKI PIOTR	WARSZAWA			79	M30/1449 (M)3639	01:02:41	00:58:08	00:33:39 / 4227	10.32
4109	902	PYŚK KAMIL	OSTROŁĘKA			83	M20/1139 (M)3640	01:02:42	00:58:04	00:34:52 / 4638	10.33
4110	2377	NACHTYGAL DARIUSZ			ACTION	74	M30/1450 (M)3641	01:02:42	01:02:19	00:30:09 / 3098	9.63
4111	2484	RYMAR MICHAŁ	WARSZAWA			82	M20/1140 (M)3642	01:02:42	00:58:09	00:33:39 / 4225	10.32
4112	3930	ZAWADA MICHAŁ	WARSZAWA			73	M30/1451 (M)3643	01:02:43	01:00:03	00:33:52 / 4302	9.99
4113	3589	STRUK KAROL	BIALYSTOK			95	M20/1141 (M)3644	01:02:43	01:00:15	00:31:14 / 3441	9.96
4114	3590	FIŁONOWICZ JERZY	WARSZAWA-WŁOCHY		EUREKA	60	M50/282 (M)3645	01:02:43	01:00:15	00:31:14 / 3439	9.96
4115	3088	PYSIEWICZ JAREK	WARSZAWA			70	M40/686 (M)3646	01:02:43	01:02:24	00:28:41 / 2531	9.62
4116	6150	RUSZCZAK TADEUSZ	WYSZKÓW		DDA	54	M50/283 (M)3647	01:02:44	01:00:52	00:32:18 / 3808	9.86
4117	1472	URBAN GRZEGORZ	WARSZAWA			77	M30/1452 (M)3648	01:02:44	00:59:34	00:32:30 / 3887	10.07
4118	1795	SKOREK KATARZYNA	WARSZAWA			85	K20/195 (K)470	01:02:44	00:59:34	00:32:32 / 3900	10.07
4119	1466	WOJTAS MICHAŁ	WARSZAWA			82	M20/1142 (M)3649	01:02:44	01:00:55	00:30:38 / 3249	9.85
4120	4506	PALIŃSKA MALWINA	WARSZAWA			76	K30/167 (K)471	01:02:44	00:58:20	00:34:31 / 4534	10.29
4121	6873	BASZYŃSKI RADOSŁAW	WARSZAWA			77	M30/1453 (M)3650	01:02:44	01:00:23	00:31:03 / 3371	9.94
4122	1465	KARZEWSKA PAULA	WARSZAWA			85	K20/196 (K)472	01:02:45	01:00:55	00:30:39 / 3250	9.85
4123	4581	PIWOWARSKI FILIP	WARSZAWA			89	M20/1143 (M)3651	01:02:45	00:59:42	00:32:33 / 3909	10.05
4124	4878	JESINOWICZ GRAŻYNA	WARSZAWA			60	K50/24 (K)473	01:02:45	00:59:55	00:32:28 / 3875	10.01
4125	4879	JESINOWICZ SŁAWOMIR	WARSZAWA			84	M20/1144 (M)3652	01:02:45	00:58:05	00:34:05 / 4383	10.33
4126	284	KOŚOŃ DANUTA	WARSZAWA		SYRENKA	50	K60/4 (K)474	01:02:46	01:00:35	00:31:25 / 3512	9.90
4127	1488	SIERZPUTOWSKI ADAM	WARSZAWA			85	M20/1145 (M)3653	01:02:46	00:58:08	00:34:52 / 4637	10.32
4128	5859	ŁUCZYŃSKI MARCIN	WARSZAWA			69	M40/687 (M)3654	01:02:46	00:57:34	00:35:11 / 4705	10.42
4129	4786	PRZYCHODZEŃ JAKUB	PULAWY			85	M20/1146 (M)3655	01:02:46	00:58:09	00:35:35 / 4819	10.32
4130	6432	ZENGTELER ANDRZEJ	GDAŃSK			50	M60/59 (M)3656	01:02:47	00:57:46	00:34:47 / 4614	10.39
4131	69	KICMAN ANDRZEJ			BIURO ADM.-GOSPODARCZE UMSW	44	M60/60 (M)3657	01:02:47	01:02:43	00:31:20 / 3482	9.57
4132	4896	PRUSZKOWSKI MAREK	WARSZAWA			87	M20/1147 (M)3658	01:02:47	01:01:25	00:30:47 / 3281	9.77
4133	7099	MICHNA SZYMON	ŁOMIANKI			72	M30/1454 (M)3659	01:02:47	00:57:38	00:34:31 / 4535	10.41
4134	1237	ROSIĄK LESZEK	WARSZAWA		ZIELONY NUGAT	74	M30/1455 (M)3660	01:02:48	01:00:00	00:33:54 / 4315	10.00
4135	4031	ZIELIŃSKI PRZEMYSŁAW	OLSZTYN			76	M30/1456 (M)3661	01:02:48	00:57:43	00:33:48 / 4285	10.40
4136	4843	NOWAKOWSKI MACIEJ				80	M30/1457 (M)3662	01:02:48	00:58:34	00:32:45 / 3965	10.24
4137	570	BARTUŚ TOMASZ	WARSZAWA			69	M40/688 (M)3663	01:02:50	00:56:47	00:34:27 / 4510	10.57
4138	3934	LACHOWSZCZAK PIOTR	RADOM			71	M30/1458 (M)3664	01:02:50	00:58:34	00:32:48 / 3985	10.24
4139	1291	PECZSZ ALINKA	WARSZAWA		KLUB WYSOKOGÓRSKI WARSZAWA	81	K20/197 (K)475	01:02:50	00:57:47	00:35:16 / 4728	10.38
4140	2051	BERNAT WOJCIECH	WARSZAWA			77	M30/1459 (M)3665	01:02:51	00:57:58	00:34:36 / 4552	10.35
4141	1705	ZEGAR AGATA	WARSZAWA		LKS OLYMP BŁONIE	81	K20/198 (K)476	01:02:52	00:58:43	00:32:50 / 3992	10.22
4142	1772	SCEFES WALDEMAR	ZĄBKI			62	M40/689 (M)3666	01:02:52	01:01:13	00:30:03 / 3067	9.80
4143	5969	MYSIEWICZ KAMILA	WARSZAWA			86	K20/199 (K)477	01:02:52	00:58:33	00:34:17 / 4457	10.25
4144	6392	WOŹNIAK MARIAN	RADOM			52	M50/284 (M)3667	01:02:53	01:02:30	00:30:31 / 3208	9.60
4145	602	OSTROWSKI SYLWESTER	WARSZAWA		CARSERVIS	65	M40/690 (M)3668	01:02:54	00:58:53	00:34:36 / 4555	10.19
4146	1939	DĄBROWSKI DARIUSZ	WARSZAWA			72	M30/1460 (M)3669	01:02:54	00:58:48	00:32:16 / 3797	10.20
4147	2314	KARCZEWSKI TOMASZ	WARSZAWA			59	M50/285 (M)3670	01:02:54	01:00:38	00:32:46 / 3966	9.90
4148	1195	SZYPUŁA AGNIESZKA	WARSZAWA			72	K30/168 (K)478	01:02:55	00:58:21	00:33:01 / 4028	10.28
4149	6200	SOBAŃSKI MICHAŁ	WROCLAW		I TY ZOSTANIESZ MARATOŃCZYKIEM	74	M30/1461 (M)3671	01:02:56	00:59:27	00:32:55 / 4009	10.09
4150	3733	SKIENDZIELEWSKI SZYMON	WARSZAWA			75	M30/1462 (M)3672	01:02:56	00:57:15	00:35:37 / 4822	10.48
4151	6806	GĘBAL ARTUR	ELK			76	M30/1463 (M)3673	01:02:56	00:59:13	00:32:37 / 3933	10.13
4152	4089	KORSZON KAROLINA	WARSZAWA			83	K20/200 (K)479	01:02:57	01:00:31	00:33:53 / 4309	9.91
4153	3204	OSSOLIŃSKI MAKSYMILIAN	WARSZAWA			75	M30/1464 (M)3674	01:02:57	00:57:42	00:34:25 / 4497	10.40
4154	2164	GUMIŃSKA EWA	WARSZAWA			64	K40/83 (K)480	01:02:57	01:00:31	00:33:53 / 4312	9.91
4155	5868	MAJDAN ŁUKASZ	WARSZAWA			76	M30/1465 (M)3675	01:02:59	00:58:10	00:34:34 / 4545	10.32
4156	1112	GOLATOWSKI JĘDRZEJ	WARSZAWA			94	M20/1148 (M)3676	01:02:59	01:02:06	00:31:05 / 3381	9.66
4157	1110	BABUL ŁUKASZ	WARSZAWA			94	M20/1149 (M)3677	01:02:59	01:02:05	00:31:05 / 3380	9.66
4158	5747	KRAWIEC MARTA	PRUSZKÓW			80	K30/169 (K)481	01:02:59	00:58:32	00:33:25 / 4158	10.25
4159	1496	TRYBULSKI PAWEŁ	WARSZAWA			67	M40/691 (M)3678	01:03:00	00:58:17	00:34:41 / 4581	10.29
4160	6413	ZAJĄCZKOWSKA KATARZYNA	WARSZAWA		ŚCIEŻKI BIEGOWE POLA MOKOTOWSKIE	75	K30/170 (K)482	01:03:00	00:58:16	00:34:42 / 4584	10.30
4161	1770	WACHOWICZ MAŁGORZATA	WARSZAWA			84	K20/201 (K)483	01:03:00	00:59:53	00:31:54 / 3685	10.02
4162	5436	DOMAŃSKA MAŁGORZATA	SIENNICA			85	K20/202 (K)484	01:03:01	00:58:52	00:34:13 / 4435	10.19
4163	2417	CZYŻEWSKA MARLENA	LEGIONOWO			67	K40/84 (K)485	01:03:01	00:57:31	00:35:46 / 4883	10.43



<b>Miejsce Rank</b>	<b>Nr Bib</b>	<b>Nazwisko i imię Name</b>	<b>Miejscowość City</b>	<b>Kraj Nat</b>	<b>Drużyna Team</b>	<b>R-k YoB</b>	<b>W kategorii in Age Sex</b>	<b>Czas Time</b>	<b>Czas Netto</b>	<b>5km</b>	<b>[km/h]</b>
4164	3051	KOTYLA SYLWIA	WARSZAWA			85	K20/203 (K)486	01:03:01	01:00:46	00:32:37 / 3934	9.87
4165	4848	MARSZALEK MICHAŁ	WARSZAWA			75	M30/1466 (M)3679	01:03:01	00:55:07	00:35:48 / 4893	10.89
4166	2825	NIKIFORUK WOJCIECH	WARSZAWA			88	M20/1150 (M)3680	01:03:02	00:57:48	00:35:18 / 4739	10.38
4167	4558	GLINICKA AGATA	BIELANY			79	K30/171 (K)487	01:03:02	00:58:15	00:34:31 / 4532	10.30
4168	2042	ORLIŃSKI MARCIN	WARSZAWA			75	M30/1467 (M)3681	01:03:03	00:59:04	00:34:29 / 4522	10.16
4169	2488	LIS AGATA	HALINÓW			77	K30/172 (K)488	01:03:03	00:57:43	00:34:09 / 4415	10.40
4170	4483	TRACZYK TOMASZ	WARSZAWA			89	M20/1151 (M)3682	01:03:03	00:57:45	00:34:37 / 4559	10.39
4171	469	SIERZPUTOWSKA IZABELLA	MIASTKOWO			75	K30/173 (K)489	01:03:04	00:58:36	00:33:54 / 4313	10.24
4172	5524	GRABOWSKI PAWEŁ	ŁÓDŹ			83	M20/1152 (M)3683	01:03:04	00:58:18	00:34:31 / 4533	10.29
4173	3599	KAWECKI ZYGMUNT	WARSZAWA		ABC KONDYCJA LAS KABACKI	53	M50/286 (M)3684	01:03:04	01:01:54	00:30:16 / 3121	9.69
4174	856	KACPRZAK ALEKSANDRA	WARSZAWA			75	K30/174 (K)490	01:03:04	00:59:33	00:32:36 / 3926	10.08
4175	1324	MIAOJEDOW BOŻENA	WARSZAWA		OTK RZEŹNIK	54	K50/25 (K)491	01:03:04	01:02:04	00:31:31 / 3547	9.67
4176	4666	MAZURCZYK ZBIGNIEW	WARSZAWA		WTT WHEELER	56	M50/287 (M)3685	01:03:04	00:58:29	00:34:16 / 4448	10.26
4177	2772	PILIŃSKI MACIEJ	RASZYN			69	M40/692 (M)3686	01:03:05	00:58:57	00:33:08 / 4075	10.18
4178	5838	LULKA ANDRZEJ	WARSZAWA			70	M40/693 (M)3687	01:03:06	00:58:33	00:33:32 / 4192	10.25
4179	332	KERNER AGNIESZKA	WARSZAWA			76	K30/175 (K)492	01:03:07	01:02:23	00:30:06 / 3088	9.62
4180	380	OKRASZEWSKI JACEK	WARSZAWA			54	M50/288 (M)3688	01:03:07	01:02:30	00:29:12 / 2726	9.60
4181	776	FRONCZAK PAWEŁ	WARSZAWA			85	M20/1153 (M)3689	01:03:07	00:57:45	00:33:58 / 4333	10.39
4182	1601	PETRYCKI MARCIN	WARSZAWA			77	M30/1468 (M)3690	01:03:08	00:59:48	00:32:01 / 3709	10.03
4183	5912	MICHALSKA KATARZYNA	LEGIONOWO			79	K30/176 (K)493	01:03:08	00:58:42	00:34:19 / 4468	10.22
4184	2036	MATYSEK KATARZYNA	WARSZAWA			78	K30/177 (K)494	01:03:08	01:00:24	00:32:55 / 4010	9.93
4185	2035	MATYSEK PAWEŁ	WARSZAWA			69	M40/694 (M)3691	01:03:08	01:00:23	00:32:56 / 4011	9.94
4186	104	PIESIEWICZ MARIA	WARSZAWA		POWERADE	83	K20/204 (K)495	01:03:08	00:58:39	00:33:30 / 4180	10.23
4187	1605	MAGALSKI PIOTR	OLSZTYN		KB TP	73	M30/1469 (M)3692	01:03:09	00:57:28	00:35:48 / 4895	10.44
4188	4373	MIŚKO HUBERT	WARSZAWA			84	M20/1154 (M)3693	01:03:10	00:57:23	00:34:18 / 4458	10.46
4189	6109	PYSZYŃSKI MICHAŁ	WARSZAWA			85	M20/1155 (M)3694	01:03:10	00:57:41	00:35:38 / 4832	10.40
4190	4816	MŁODECKA JOANNA	WARSZAWA			93	K20/205 (K)496	01:03:10	00:58:27	00:34:17 / 4455	10.27
4191	2640	ZYCH PIOTR	WARSZAWA			78	M30/1470 (M)3695	01:03:11	00:58:29	00:34:28 / 4515	10.26
4192	4693	KOZAK TADEUSZ	WARSZAWA		AVON	51	M50/289 (M)3696	01:03:12	00:58:13	00:34:29 / 4520	10.31
4193	3200	KUJAWOWICZ MAREK	WARSZAWA			71	M30/1471 (M)3697	01:03:13	01:01:39	00:31:01 / 3357	9.73
4194	4345	WOJTASIK RAFAŁ	OSTROWIEC			86	M20/1156 (M)3698	01:03:13	00:58:22	00:33:25 / 4156	10.28
4195	3408	POLSKI ADAM	KANIE			63	M40/695 (M)3699	01:03:13	00:57:44	00:34:23 / 4485	10.39
4196	4237	BABIK GRZEGORZ	WARSZAWA			72	M30/1472 (M)3700	01:03:14	00:59:13	00:34:36 / 4553	10.13
4197	6133	ROGOYSKA-WIECZOREK MARTA	WARSZAWA			83	K20/206 (K)497	01:03:14	00:59:00	00:35:20 / 4748	10.17
4198	1819	JEZERSKA JUSTYNA	WARSZAWA			80	K30/178 (K)498	01:03:14	00:58:36	00:33:33 / 4201	10.24
4199	6449	ŻARNECKA MARLENA	WARSZAWA			83	K20/207 (K)499	01:03:14	01:00:13	00:32:15 / 3790	9.96
4200	425	ŁAŃCUCHOWSKI ŁUKASZ	PIASECZNO			85	M20/1157 (M)3701	01:03:15	00:59:12	00:32:49 / 3988	10.14
4201	2332	SZNAGE DOMINIK	WARSZAWA			81	M20/1158 (M)3702	01:03:16	01:01:08	00:34:18 / 4459	9.81
4202	2144	CHYCZEWSKI MICHAŁ			BGK	80	M30/1473 (M)3703	01:03:16	00:59:43	00:32:11 / 3763	10.05
4203	5248	MALINOWSKA BEATA	JEDLIŃSK			94	K20/208 (K)500	01:03:16	00:58:53	00:33:16 / 4107	10.19
4204	103	SKIBICKA DOROTA	WARSZAWA			73	K30/179 (K)501	01:03:16	00:58:25	00:33:47 / 4275	10.27
4205	2910	KUCZEROWSKA ANNA	WARSZAWA			66	K40/85 (K)502	01:03:17	01:02:25	00:29:57 / 3033	9.61
4206	551	KONARSKI RADOŚLAW	WARSZAWA			70	M40/696 (M)3704	01:03:17	00:59:37	00:33:40 / 4233	10.06
4207	755	SZNAJDER BEATA	BROCHÓW			80	K30/180 (K)503	01:03:17	01:01:44	00:31:12 / 3422	9.72
4208	333	KERNER PIOTR	WARSZAWA			66	M40/697 (M)3705	01:03:18	01:02:32	00:31:09 / 3405	9.59
4209	5928	MILANCEJ MAŁGOSIA	ŁÓDŹ		DRUŻYNA SZPIKU	82	K20/209 (K)504	01:03:18	00:59:44	00:32:33 / 3905	10.04
4210	1740	KOWALCZYK PIOTR	WARSZAWA			81	M20/1159 (M)3706	01:03:18	01:00:24	00:32:05 / 3729	9.93
4211	7092	KŁOSOWSKA MAŁGORZATA	MAJDAN KRÓLEWSKI			82	M20/1160 (M)3707	01:03:19	00:57:42	00:35:12 / 4709	10.40
4212	7093	WAWRZYŃIAK WOJCIECH	KARGOSZYN			82	M20/1161 (M)3708	01:03:19	00:57:42	00:35:12 / 4708	10.40
4213	1183	WŁODARSKI PATRYK	WROCLAW			79	M30/1474 (M)3709	01:03:20	00:58:27	00:37:09 / 5155	10.27
4214	938	GRZYB RYSZARD	WARSZAWA			56	M50/290 (M)3710	01:03:20	00:57:31	00:35:22 / 4760	10.43
4215	2818	WIENIAWSKA KATARZYNA	WARSZAWA			75	K30/181 (K)505	01:03:20	01:00:27	00:32:49 / 3989	9.93
4216	6765	WŁODARCZYK ŁUKASZ	OTWOCK			87	M20/1162 (M)3711	01:03:20	00:58:57	00:32:37 / 3932	10.18
4217	280	JANKOWSKI BRUNON	WĄBRZEŻNO			40	M70/8 (M)3712	01:03:21	00:58:51	00:33:04 / 4048	10.20
4218	2819	STAŃCZYK KAROLINA	WARSZAWA			74	K30/182 (K)506	01:03:21	01:00:28	00:32:50 / 3990	9.92
4219	3392	PODRAZA LESZEK	WARSZAWA			79	M30/1475 (M)3713	01:03:21	00:58:58	00:32:57 / 4017	10.18
4220	4485	TATJEWSKI MARCIN	WARSZAWA			88	M20/1163 (M)3714	01:03:22	00:58:04	00:34:38 / 4561	10.33
4221	1529	KRASKA TOMASZ	NOWE MIASTO NAD		BIEGIEM PRZEZ POLSKĘ	68	M40/698 (M)3715	01:03:23	01:00:35	00:32:29 / 3879	9.90

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Czas Netto	5km	[km/h]
4222	1528	KRASKA BARBARA	NOWE MIASTO NAD			75	K30/183 (K)507	01:03:23	01:00:36	00:32:29 / 3880	9.90
4223	3432	KWIATKOWSKI MICHAŁ	KARCZEW			82	M20/1164 (M)3716	01:03:23	00:58:51	00:35:19 / 4745	10.20
4224	3804	CZARNECKI SŁAWOMIR	MILANÓWEK			75	M30/1476 (M)3717	01:03:24	00:59:26	00:33:13 / 4091	10.10
4225	4396	GRYGOLEC MIROSLAW	PIASTÓW		HP RUN	68	M40/699 (M)3718	01:03:24	00:59:14	00:32:31 / 3899	10.13
4226	5771	KUCHARSKI IRENEUSZ	KOMORÓW		SPORT21	71	M30/1477 (M)3719	01:03:25	00:59:27	00:33:13 / 4092	10.09
4227	991	ŚWIERCZ ROBERT	WARSZAWA		ACCELERATE	83	M20/1165 (M)3720	01:03:25	00:59:10	00:33:05 / 4055	10.14
4228	2733	RZESZOTEK ANGELIKA	OTWOCK			94	K20/210 (K)508	01:03:25	01:02:36	00:29:46 / 2957	9.58
4229	6859	GAŁĘZIA GRZEGORZ	WARSZAWA			69	M40/700 (M)3721	01:03:25	01:01:39	00:32:11 / 3764	9.73
4230	6860	ZAJĄC TOMASZ	WARSZAWA			68	M40/701 (M)3722	01:03:25	01:01:39	00:32:10 / 3760	9.73
4231	346	STANISZEWSKI RAFAŁ	WARSZAWA			79	M30/1478 (M)3723	01:03:26	00:59:02	00:34:28 / 4518	10.16
4232	2730	SIEREŃSKA JOANNA	OTWOCK			95	K20/211 (K)509	01:03:26	01:02:36	00:29:46 / 2958	9.58
4233	6895	KŁOS ZBIGNIEW	PIASTÓW			60	M50/291 (M)3724	01:03:26	01:01:35	00:31:24 / 3504	9.74
4234	1526	PASTUSZEK KRZYSZTOF	JÓZEFÓW			85	M20/1166 (M)3725	01:03:27	00:58:52	00:33:59 / 4344	10.19
4235	1990	MIROSLAWSKI JAKUB	WARSZAWA			83	M20/1167 (M)3726	01:03:27	00:56:40	00:34:24 / 4496	10.59
4236	6896	BODO KONRAD	WARSZAWA			85	M20/1168 (M)3727	01:03:27	01:02:41	00:24:29 / 1141	9.57
4237	2677	LIPIŃSKA-MASTALERZ KATARZYNA	KARNICE			71	K30/184 (K)510	01:03:28	00:58:51	00:36:30 / 5055	10.20
4238	1189	MOLSKI MICHAŁ	WARSZAWA			75	M30/1479 (M)3728	01:03:28	01:01:16	00:30:15 / 3117	9.79
4239	292	SAWA RYSZARD	PRUSZKÓW		SYRENKA	44	M60/61 (M)3729	01:03:28	00:57:39	00:35:30 / 4801	10.41
4240	2455	SAWA JACEK	MARKI			68	M40/702 (M)3730	01:03:28	00:57:40	00:35:29 / 4795	10.40
4241	1356	KURZYŃSKA EWA	WARSZAWA			64	K40/86 (K)511	01:03:28	01:02:29	00:31:18 / 3476	9.60
4242	66	JAKUBOWSKI JAN	MOSKWA		POWERADE	83	M20/1169 (M)3731	01:03:28	01:01:47	00:30:10 / 3100	9.71
4243	6281	SZYMCZAK JAKUB	ŁÓDŹ		PATRIOCI WZR\11111\02	87	M20/1170 (M)3732	01:03:28	00:57:46	00:36:01 / 4944	10.39
4244	4166	ZELER-REKOWSKA MAJA	WARSZAWA			78	K30/185 (K)512	01:03:28	00:59:09	00:34:30 / 4527	10.14
4245	889	KOSSOWSKI MACIEK	WARSZAWA			77	M30/1480 (M)3733	01:03:29	00:59:04	00:35:12 / 4710	10.16
4246	2932	MIKOŁAJCZYK MACIEJ	WARSZAWA			80	M30/1481 (M)3734	01:03:29	00:58:02	00:35:13 / 4715	10.34
4247	4167	WAZOWICZ GRZEGORZ	WARSZAWA			75	M30/1482 (M)3735	01:03:29	00:59:09	00:34:31 / 4529	10.14
4248	4447	PAWELEC ANNA	WARSZAWA			81	K20/212 (K)513	01:03:30	01:01:01	00:31:46 / 3631	9.83
4249	2056	PAWŁOWSKI DARIUSZ	WARSZAWA			72	M30/1483 (M)3736	01:03:31	01:00:00	00:32:14 / 3774	10.00
4250	696	KRÓLAK STANISŁAW				60	M50/292 (M)3737	01:03:31	01:02:19	00:31:37 / 3577	9.63
4251	2109	BIŃKOWSKI TOMASZ	ŻYRARDÓW			52	M50/293 (M)3738	01:03:31	00:57:48	00:35:41 / 4847	10.38
4252	1050	MAJ GRZEGORZ	JEZIERNIK		RUN IS FUN	66	M40/703 (M)3739	01:03:32	00:58:16	00:35:43 / 4863	10.30
4253	6000	FIUK EDYTA	WARSZAWA			83	K20/213 (K)514	01:03:32	01:01:16	00:30:58 / 3341	9.79
4254	1714	ROSLAN MAŁGORZATA	WARSZAWA			64	K40/87 (K)515	01:03:33	01:02:44	00:31:44 / 3623	9.56
4255	7349	URBANIAK OSKAR	WARSZAWA			98	M20/1171 (M)3740	01:03:33	01:01:10	00:34:07 / 4401	9.81
4256	2503	MICHALAK TOMASZ	WARSZAWA			75	M30/1484 (M)3741	01:03:33	01:02:24	00:30:20 / 3143	9.62
4257	6764	ADASMSKI JAKUB	BYDGOSZCZ			84	M20/1172 (M)3742	01:03:33	00:58:57	00:34:40 / 4575	10.18
4258	511	KACKIEWICZ JAN	WARSZAWA			56	M50/294 (M)3743	01:03:34	00:59:29	00:35:20 / 4750	10.09
4259	4624	CZEKAJ JUSTYNA	WARSZAWA		EVEO	81	K20/214 (K)516	01:03:34	01:00:52	00:33:32 / 4189	9.86
4260	3376	SZTACHELSKI ZBIGNIEW	SUWAŁKI			82	M20/1173 (M)3744	01:03:34	00:59:15	00:34:03 / 4367	10.13
4261	6768	FILIPSKA ANNA	GDYNIA			85	K20/215 (K)517	01:03:34	00:58:57	00:34:40 / 4576	10.18
4262	3343	TUCZYŃSKA ELŻBIETA	PRUSZKÓW			65	K40/88 (K)518	01:03:35	01:02:19	00:32:08 / 3749	9.63
4263	260	MACHURA ROMAN	WARSZAWA			40	M70/9 (M)3745	01:03:35	00:59:17	00:33:42 / 4250	10.12
4264	6411	ZAJĄC ALEKSANDRA	GARWOLIN			95	K20/216 (K)519	01:03:35	00:59:55	00:32:34 / 3918	10.01
4265	7079	CHMIELEWSKI MACIEJ	LEGIONOWO			81	M20/1174 (M)3746	01:03:35	00:58:17	00:34:49 / 4621	10.29
4266	2107	WIŚNIEWSKA KAMILA	WARSZAWA			92	K20/217 (K)520	01:03:36	00:57:46	00:35:28 / 4792	10.39
4267	6182	SIKORSKA MAGDALENA	WARSZAWA			82	K20/218 (K)521	01:03:36	00:59:02	00:34:15 / 4447	10.16
4268	2108	WIŚNIEWSKI PATRYK				92	M20/1175 (M)3747	01:03:36	00:57:46	00:35:29 / 4793	10.39
4269	3350	WACŁAWSKA MARIA	WARSZAWA			79	K30/186 (K)522	01:03:37	00:59:10	00:32:51 / 3994	10.14
4270	1850	TYROWICZ AGATA	WARSZAWA		12TRI.PL	84	K20/219 (K)523	01:03:37	00:59:45	00:33:47 / 4276	10.04
4271	6305	TABAKA WITOLD	WARSZAWA			82	M20/1176 (M)3748	01:03:37	00:59:02	00:34:15 / 4445	10.16
4272	5693	KOPERSKI GRZEGORZ	WARSZAWA		NIE MA LEKKO	85	M20/1177 (M)3749	01:03:37	01:02:14	00:31:22 / 3497	9.64
4273	7081	RADECKI DARIUSZ	GRODZISK MAZOWIECKI			67	M40/704 (M)3750	01:03:38	00:57:57	00:36:47 / 5106	10.35
4274	7080	PANKOWSKI ANDRZEJ	PŁOCK			69	M40/705 (M)3751	01:03:38	00:58:39	00:35:17 / 4731	10.23
4275	4011	KAMIŃSKI MAREK	WARSZAWA			80	M30/1485 (M)3752	01:03:39	00:59:51	00:33:21 / 4131	10.03
4276	510	BORZIMEK LUDWIKA	WYSZKÓW			89	K20/220 (K)524	01:03:39	00:57:58	00:36:47 / 5105	10.35
4277	760	JAŚKIEWICZ MAREK	WARSZAWA			78	M30/1486 (M)3753	01:03:39	00:59:37	00:32:49 / 3986	10.06
4278	5557	KIERZKOWSKI TOMASZ	WARSZAWA			72	M30/1487 (M)3754	01:03:39	00:58:50	00:34:12 / 4432	10.20
4279	3296	KOBUS AGNIESZKA	WARSZAWA			88	K20/221 (K)525	01:03:39	00:59:03	00:34:15 / 4443	10.16

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Czas Netto	5km	[km/h]
4280	3297	GRAMATYKA AGATA	KRAKÓW			83	K20/222 (K)526	01:03:39	00:59:03	00:34:15 / 4441	10.16
4281	3704	SELIŃSKI MACIEJ	WARSZAWA		BRAK	83	M20/1178 (M)3755	01:03:40	00:57:40	00:36:41 / 5090	10.40
4282	2427	KUROWSKI JAKUB	WARSZAWA			83	M20/1179 (M)3756	01:03:40	00:57:43	00:35:53 / 4912	10.40
4283	687	BUKOWSKA-WRÓBEL ANNA	WARSZAWA			75	K30/187 (K)527	01:03:41	01:01:14	00:33:28 / 4173	9.80
4284	1123	RYNDAK-LACIUGA AGATA	KRAKÓW			75	K30/188 (K)528	01:03:41	00:59:49	00:33:41 / 4240	10.03
4285	136	RACHWAŁ MICHAŁ	WARSZAWA		FB2	81	M20/1180 (M)3757	01:03:41	00:59:49	00:33:41 / 4242	10.03
4286	6061	PIECHOTA ANDRZEJ	KRZYŻ WIELKOPOLSKI		INDYWIDUALNIE	49	M60/62 (M)3758	01:03:42	01:02:20	00:31:41 / 3604	9.63
4287	5700	KORUS JAKUB	KIELCE			89	M20/1181 (M)3759	01:03:42	00:59:07	00:36:05 / 4960	10.15
4288	5701	KORUS BARTOSZ	KIELCE			92	M20/1182 (M)3760	01:03:42	00:59:08	00:36:05 / 4958	10.15
4289	7136	LESZCZYŃSKI BARTŁOMIEJ	WARSZAWA			83	M20/1183 (M)3761	01:03:42	00:57:56	00:35:41 / 4846	10.36
4290	669	BONDARA SYLWIA	BYDGOSZCZ		UW	87	K20/223 (K)529	01:03:43	01:00:16	00:31:40 / 3603	9.96
4291	1408	JUNG JAKUB	WARSZAWA			85	M20/1184 (M)3762	01:03:43	00:59:04	00:35:26 / 4783	10.16
4292	3402	SEKUŁA JAKUB	WARSZAWA			83	M20/1185 (M)3763	01:03:43	01:03:36	00:31:27 / 3521	9.43
4293	7457	BR?GGER RASMUSSEN RASMUS	WARSZAWA		DANISH DYNAMITE	98	M20/1186 (M)3764	01:03:44	00:58:01	00:33:55 / 4316	10.34
4294	1722	SZACKI WOJCIECH	WARSZAWA		GAZETA WYBORCZA/POLSKA BIEGA	78	M30/1488 (M)3765	01:03:44	00:59:31	00:34:17 / 4454	10.08
4295	4369	STEFAŃSKI CEZARY	PIASECZNO			74	M30/1489 (M)3766	01:03:44	01:00:16	00:32:14 / 3780	9.96
4296	343	NETZEL TOMASZ	WARSZAWA		BLOGBIEGACZA.PL	84	M20/1187 (M)3767	01:03:45	00:58:49	00:33:41 / 4239	10.20
4297	328	KAROLCZAK MACIEJ	WARSZAWA			54	M50/295 (M)3768	01:03:46	00:59:23	00:33:01 / 4032	10.10
4298	1515	SROKA PAWEŁ	WARSZAWA			68	M40/706 (M)3769	01:03:46	00:58:53	00:32:34 / 3914	10.19
4299	6040	PAPLIŃSKI ANDRZEJ	WARSZAWA			63	M40/707 (M)3770	01:03:46	00:57:58	00:35:34 / 4816	10.35
4300	3247	CHUDZIK WOJCIECH	KIELCE			78	M30/1490 (M)3771	01:03:47	01:01:38	00:33:40 / 4230	9.73
4301	3405	TRUSIEWICZ MICHAŁ	WARSZAWA			79	M30/1491 (M)3772	01:03:47	00:58:03	00:33:24 / 4154	10.34
4302	5398	CZAMARA DOROTA	OTWOCK			81	K20/224 (K)530	01:03:47	00:59:36	00:34:47 / 4608	10.07
4303	3248	CHUDZIK TOMASZ	WARSZAWA		ERA RUNNING TEAM	74	M30/1492 (M)3773	01:03:47	01:01:38	00:33:39 / 4229	9.73
4304	2095	KLUCZY NORBERT	WARSZAWA			74	M30/1493 (M)3774	01:03:47	01:00:58	00:32:46 / 3967	9.84
4305	1281	RASMUSSEN CHRISTINA	WARSZAWA		DANISH DYNAMITE	62	K40/89 (K)531	01:03:48	00:58:05	00:35:11 / 4701	10.33
4306	3170	SALONI-SADOWSKA MARIA	WARSZAWA		BIEGAMY Z OCHOTĄ	71	K30/189 (K)532	01:03:48	00:59:16	00:34:20 / 4470	10.12
4307	5774	KUFEL KAROLINA	WARSZAWA			82	K20/225 (K)533	01:03:48	01:00:19	00:33:00 / 4022	9.95
4308	4665	KORKOZOWICZ WITOLD	JÓZEFOSŁAW			82	M20/1188 (M)3775	01:03:48	00:58:51	00:35:13 / 4713	10.20
4309	3811	WEPPÓ JACEK	WARSZAWA			65	M40/708 (M)3776	01:03:50	01:01:53	00:33:09 / 4079	9.70
4310	4620	MCLEAN FRASER	WARSZAWA			79	M30/1494 (M)3777	01:03:50	00:59:23	00:33:18 / 4116	10.10
4311	1953	RUTKOWSKI JANUSZ	LESZNO			63	M40/709 (M)3778	01:03:51	01:03:16	00:29:10 / 2719	9.48
4312	3502	BORKOWSKA BEATA	WARSZAWA			60	K50/26 (K)534	01:03:51	01:01:27	00:32:30 / 3886	9.76
4313	4627	GRABOWSKA RENATA	WARSZAWA		ALETEMPO	72	K30/190 (K)535	01:03:51	00:58:43	00:33:26 / 4162	10.22
4314	299	ANDRZEJEWSKI TADEUSZ				33	M70/10 (M)3779	01:03:52	01:00:06	00:33:51 / 4296	9.98
4315	3142	TUDEK MARIUSZ	GÓRA KALWARIA			72	M30/1495 (M)3780	01:03:52	01:01:37	00:33:04 / 4049	9.74
4316	3141	TUDEK JOANNA	GÓRA KALWARIA			74	K30/191 (K)536	01:03:52	01:01:36	00:33:05 / 4052	9.74
4317	864	SKOLIMOWSKI MAREK	SIEDLCE			65	M40/710 (M)3781	01:03:52	00:58:04	00:35:14 / 4720	10.33
4318	3334	KAMIŃSKI WIESŁAW WOJCIECH	WARSZAWA			67	M40/711 (M)3782	01:03:52	01:01:47	00:31:54 / 3684	9.71
4319	1425	GÓRALCZUK DOROTA	WARSZAWA			77	K30/192 (K)537	01:03:52	01:02:28	00:32:30 / 3883	9.61
4320	1424	WIERZCHUCKI ROBERT	WARSZAWA			77	M30/1496 (M)3783	01:03:52	01:02:28	00:32:30 / 3885	9.61
4321	4010	ROSSOCHACKI ŁUKASZ	CZERSK			92	M20/1189 (M)3784	01:03:52	01:01:36	00:33:04 / 4051	9.74
4322	4695	PANKIEWICZ KAROL	WARSZAWA		DB MARATHON TEAM	79	M30/1497 (M)3785	01:03:53	01:02:08	00:31:07 / 3397	9.66
4323	805	BRZÓSKA RYSZARD	PŁOCK			55	M50/296 (M)3786	01:03:54	00:59:17	00:33:43 / 4253	10.12
4324	5517	GONTAREK PIOTR	PIASECZNO			75	M30/1498 (M)3787	01:03:54	00:59:16	00:33:37 / 4218	10.12
4325	5967	MURACH ROBERT	WARSZAWA			74	M30/1499 (M)3788	01:03:54	00:58:13	00:35:41 / 4850	10.31
4326	5629	KANIA GRZEGORZ	WARSZAWA			73	M30/1500 (M)3789	01:03:55	00:59:14	00:33:56 / 4319	10.13
4327	5746	KRAWCZYK BEATA	WARSZAWA			70	K40/90 (K)538	01:03:55	00:59:15	00:33:56 / 4320	10.13
4328	7383	WOJTKIEWICZ KAROLINA			LEGIA	97	K20/226 (K)539	01:03:55	01:02:27	00:32:45 / 3963	9.61
4329	2692	WIŚNIEWSKI PAWEŁ			LEGIA	77	M30/1501 (M)3790	01:03:55	01:02:27	00:32:45 / 3962	9.61
4330	2691	WOJTKIEWICZ KAJETAN			LEGIA	68	M40/712 (M)3791	01:03:55	01:02:27	00:32:44 / 3961	9.61
4331	7250	MUSZYŃSKI ADRIAN	WARSZAWA			96	M20/1190 (M)3792	01:03:55	01:01:59	00:32:17 / 3800	9.68
4332	1551	KILJAŃSKA MARTA	WARSZAWA		DLL	83	K20/227 (K)540	01:03:56	01:00:29	00:33:20 / 4127	9.92
4333	6415	ZAKRZEWSKA JOANNA	TOMASZÓW			88	K20/228 (K)541	01:03:56	00:59:27	00:33:58 / 4337	10.09
4334	6276	SZYMAŃSKA MALWINA	PRUSZKÓW			80	K30/193 (K)542	01:03:56	01:01:01	00:34:30 / 4524	9.83
4335	3816	WOŹNIAKOWSKI OLGIERD	NOWA IWICZNA			71	M30/1502 (M)3793	01:03:56	01:01:09	00:32:55 / 4008	9.81
4336	1574	POLAK TERESA	WARSZAWA		KB GYMNASION WARSZAWA	51	K50/27 (K)543	01:03:57	01:00:45	00:32:17 / 3799	9.88
4337	5329	BOBRYK KAROLINA	WARSZAWA			84	K20/229 (K)544	01:03:57	00:59:11	00:34:49 / 4625	10.14

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Czas Netto	5km	[km/h]
4338	1599	ADAMSKI ZDOBYSLAW	WARSZAWA			58	M50/297 (M)3794	01:03:57	00:59:52	00:37:00 / 5136	10.02
4339	5937	MISIACZEK EWA	WARSZAWA		SBBP	68	K40/91 (K)545	01:03:58	00:56:06	00:36:21 / 5016	10.70
4340	817	JADCZYK GRZEGORZ	KRAKÓW			72	M30/1503 (M)3795	01:03:59	00:58:25	00:34:59 / 4664	10.27
4341	869	MALINOWSKI MICHAŁ	WARSZAWA			54	M50/298 (M)3796	01:03:59	00:59:44	00:34:06 / 4394	10.04
4342	2598	GARUS JAKUB	KIELCE			90	M20/1191 (M)3797	01:03:59	01:00:57	00:33:01 / 4030	9.84
4343	990	BOCZKOWSKI MAREK	WARSZAWA		ACCELERATE	88	M20/1192 (M)3798	01:04:00	00:59:14	00:35:11 / 4699	10.13
4344	3118	PARZYCH AGNIESZKA	WARSZAWA			72	K30/194 (K)546	01:04:00	01:00:13	00:33:03 / 4041	9.96
4345	4140	MIKA MICHAŁ	WARSZAWA			93	M20/1193 (M)3799	01:04:00	01:02:14	00:30:17 / 3130	9.64
4346	6845	DUKACZEWSKA IZABELLA	WARSZAWA			63	K40/92 (K)547	01:04:00	01:01:14	00:31:56 / 3690	9.80
4347	2194	SOSNOWSKA ANNA	WARSZAWA		SKAZANINARADOŚĆ.PL	80	K30/195 (K)548	01:04:02	00:58:20	00:35:55 / 4918	10.29
4348	2181	NAWROCKI PAWEŁ	WARSZAWA		ZAORANE.PL	74	M30/1504 (M)3800	01:04:02	00:58:20	00:35:55 / 4919	10.29
4349	6336	WACŁAWIAK EMILIA	SOCHACZEW			86	K20/230 (K)549	01:04:02	01:02:25	00:31:34 / 3565	9.61
4350	713	JANISZEWSKI KRZYSZTOF	WOŁOMIN			75	M30/1505 (M)3801	01:04:03	01:00:00	00:34:29 / 4521	10.00
4351	2540	SZYMAŃCZYK DARIUSZ	WARSZAWA			62	M40/713 (M)3802	01:04:03	01:00:16	00:32:33 / 3910	9.96
4352	6455	ŻÓLTAK TOMASZ	WARSZAWA			85	M20/1194 (M)3803	01:04:03	00:58:43	00:33:03 / 4040	10.22
4353	5340	BORKOWSKA JOANNA	WARSZAWA			84	K20/231 (K)550	01:04:04	00:59:17	00:34:50 / 4626	10.12
4354	733	BARTOCHOWSKI IRENEUSZ	WARSZAWA			57	M50/299 (M)3804	01:04:04	00:59:46	00:34:47 / 4611	10.04
4355	6422	ZALEWSKI KRZYSZTOF MARCIN	WARSZAWA			79	M30/1506 (M)3805	01:04:04	01:00:03	00:33:50 / 4292	9.99
4356	3533	CHORUŻY ANETA	PIASECZNO			81	K20/232 (K)551	01:04:04	01:00:10	00:33:00 / 4024	9.97
4357	6754	ŻAK EDYTA	WARSZAWA			80	K30/196 (K)552	01:04:04	00:58:49	00:35:39 / 4834	10.20
4358	5326	BLĄDEK WITOLD	ŁÓDŹ		NIEZRZESZONY	44	M60/63 (M)3806	01:04:05	00:58:54	00:35:16 / 4729	10.19
4359	3310	GWIAZDA MARCIN	NOWA IWICZNA			77	M30/1507 (M)3807	01:04:05	00:59:24	00:33:51 / 4297	10.10
4360	4842	CHOMIUK ANDRZEJ	WARSZAWA			73	M30/1508 (M)3808	01:04:06	00:59:15	00:34:23 / 4482	10.13
4361	1490	BŁASZCZYK SŁAWOMIR	WARSZAWA		HCT	67	M40/714 (M)3809	01:04:06	00:59:07	00:35:07 / 4686	10.15
4362	2998	ŚLIŻEWSKA MARTA	PEŁCZYCE			84	K20/233 (K)553	01:04:06	00:59:06	00:35:03 / 4675	10.15
4363	1727	WOŹNICZKA MARCIN	WARSZAWA			88	M20/1195 (M)3810	01:04:07	00:59:16	00:35:04 / 4678	10.12
4364	5151	ZYRA PRZEMYSŁAW	ZARĘBY			87	M20/1196 (M)3811	01:04:08	01:00:33	00:32:34 / 3912	9.91
4365	6073	PIROSZ WOJCIECH	RADOM		TOMTEAM	70	M40/715 (M)3812	01:04:09	00:59:02	00:35:02 / 4673	10.16
4366	3210	ZYGARSKA ALEKSANDRA	RADOM			87	K20/234 (K)554	01:04:09	00:58:35	00:34:57 / 4656	10.24
4367	1762	GRUBA MARCIN	WARSZAWA			81	M20/1197 (M)3813	01:04:10	00:58:39	00:36:32 / 5060	10.23
4368	4169	OCHOCKA MARZENA	WARSZAWA			77	K30/197 (K)555	01:04:10	00:58:23	00:35:42 / 4854	10.28
4369	5634	KARAŚ MARIA	SULEJÓWEK			86	K20/235 (K)556	01:04:10	00:59:03	00:35:02 / 4674	10.16
4370	4595	LASOTA GRZEGORZ	WARSZAWA			83	M20/1198 (M)3814	01:04:10	01:01:04	00:32:20 / 3820	9.83
4371	6528	WOJNACKI JERZY	WARSZAWA			65	M40/716 (M)3815	01:04:10	00:58:23	00:35:42 / 4852	10.28
4372	454	RADWAŃSKI JACEK	WARSZAWA			71	M30/1509 (M)3816	01:04:11	00:59:15	00:34:42 / 4586	10.13
4373	584	SIWIRSKA MAGDALENA	WARSZAWA			75	K30/198 (K)557	01:04:11	00:58:40	00:36:32 / 5061	10.23
4374	245	GÓRECKI ANDRZEJ	WARSZAWA		ZARZĄD DRÓG MIEJSKICH	80	M30/1510 (M)3817	01:04:11	00:59:14	00:34:40 / 4572	10.13
4375	247	DOMAŃSKI RAFAŁ	WARSZAWA		ZARZĄD DRÓG MIEJSKICH	85	M20/1199 (M)3818	01:04:11	00:59:14	00:34:39 / 4571	10.13
4376	148	CHABERA TERESA	ZĄBKI		PKO	69	K40/93 (K)558	01:04:11	01:04:00	00:29:52 / 2999	9.38
4377	3008	KRASKA TADEUSZ	RADOM		KLUB MARATOŃCZYKA	49	M60/64 (M)3819	01:04:12	00:59:06	00:34:41 / 4579	10.15
4378	3009	KRASKA AGNIESZKA	WARSZAWA			73	K30/199 (K)559	01:04:12	00:59:05	00:34:42 / 4582	10.16
4379	259	NOWAKOWSKI RAFAŁ	WARSZAWA			73	M30/1511 (M)3820	01:04:13	00:58:32	00:36:57 / 5125	10.25
4380	5612	KACPRZAK PAWEŁ	WOJSZYCE			69	M40/717 (M)3821	01:04:13	00:58:58	00:34:57 / 4655	10.18
4381	1840	DOLIŃSKA AGNIESZKA	WARSZAWA		ALETEMPO	76	K30/200 (K)560	01:04:13	00:59:21	00:34:23 / 4486	10.11
4382	6046	PASIKOWSKA MARIOLA	ŁÓDŹ		-	61	K40/94 (K)561	01:04:14	01:01:57	00:33:34 / 4206	9.69
4383	1841	ŚWIDERSKI ADRIAN	WARSZAWA			74	M30/1512 (M)3822	01:04:14	00:59:22	00:34:23 / 4483	10.11
4384	4005	CIEMIŃSKI BARTŁOMIEJ	WARSZAWA			79	M30/1513 (M)3823	01:04:14	01:01:29	00:33:30 / 4179	9.76
4385	5635	KARCZMARCZYK RAFAL	WARSZAWA			79	M30/1514 (M)3824	01:04:14	01:00:32	00:33:20 / 4128	9.91
4386	2076	JEDLIŃSKI RAFAŁ	WARSZAWA			75	M30/1515 (M)3825	01:04:14	01:00:32	00:35:06 / 4683	9.91
4387	199	TOKARSKI PIOTR	WARSZAWA			78	M30/1516 (M)3826	01:04:14	00:59:48	00:33:39 / 4226	10.03
4388	2626	KOSSOWSKA EDYTA	WARSZAWA			77	K30/201 (K)562	01:04:15	01:01:13	00:33:01 / 4031	9.80
4389	4041	STRZELECKI MICHAŁ	WARSZAWA			77	M30/1517 (M)3827	01:04:15	01:01:21	00:33:46 / 4273	9.78
4390	4300	STRZELECKI GRZEGORZ	WARSZAWA		SALOMON TRAIL RUNNING	79	M30/1518 (M)3828	01:04:15	01:01:22	00:33:46 / 4271	9.78
4391	727	ROSIK PIOTR	SULEJÓWEK			83	M20/1200 (M)3829	01:04:16	00:59:02	00:36:08 / 4971	10.16
4392	2462	MIODUSKA ANNA	KONSTANCIN			68	K40/95 (K)563	01:04:16	01:03:18	00:32:07 / 3746	9.48
4393	3446	STARĘGA PAWEŁ	WARSZAWA			73	M30/1519 (M)3830	01:04:16	01:01:08	00:33:19 / 4121	9.81
4394	3447	SEMENIUK TOMASZ	WARSZAWA			73	M30/1520 (M)3831	01:04:16	01:01:08	00:33:19 / 4122	9.81
4395	726	ROSIK EWELINA	SULEJÓWEK			83	K20/236 (K)564	01:04:17	00:59:03	00:35:58 / 4932	10.16

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Czas Netto	5km	[km/h]
4396	3747	BEDNARSKI RAFAŁ	WARSZAWA		ERA RUNNING TEAM	79	M30/1521 (M)3832	01:04:17	00:59:46	00:33:44 / 4264	10.04
4397	2258	FALKOWSKI GRZEGORZ	WARSZAWA			72	M30/1522 (M)3833	01:04:17	00:58:08	00:37:05 / 5149	10.32
4398	2622	WAWRZYCKI ANDRZEJ	WARSZAWA			41	M60/65 (M)3834	01:04:17	00:58:48	00:35:30 / 4800	10.20
4399	2423	HEJNRYCH KAMILA	WARSZAWA			85	K20/237 (K)565	01:04:18	01:00:14	00:34:27 / 4514	9.96
4400	3746	PARTYCKI PIOTR	WARSZAWA		ERA RUNNING TEAM	74	M30/1523 (M)3835	01:04:18	00:59:49	00:33:45 / 4265	10.03
4401	4779	TABOROWSKA MALWINA	POZNAŃ			84	K20/238 (K)566	01:04:18	00:59:52	00:35:38 / 4828	10.02
4402	4777	CYGAŃSKA AGATA	ZALESIE GÓRNE			65	K40/96 (K)567	01:04:18	00:58:49	00:36:23 / 5021	10.20
4403	6021	ORZESZEK MAŁGORZATA	WARSZAWA		UKS GEPARD	70	K40/97 (K)568	01:04:19	00:58:49	00:35:33 / 4815	10.20
4404	3689	MASLOWSKA MARTYNA	WARSZAWA			84	K20/239 (K)569	01:04:19	01:00:19	00:34:24 / 4491	9.95
4405	5816	LEŚNIAK PIOTR	WARSZAWA			69	M40/718 (M)3836	01:04:19	00:58:50	00:35:22 / 4762	10.20
4406	2608	KOSTYRA MAREK	WARSZAWA		NIE	50	M60/66 (M)3837	01:04:20	00:59:24	00:34:24 / 4493	10.10
4407	4785	GAWRON JAKUB	NOWY SĄCZ			86	M20/1201 (M)3838	01:04:20	00:59:43	00:35:34 / 4817	10.05
4408	3998	ZBORALSKI ŁUKASZ	NOWA IWICZNA			78	M30/1524 (M)3839	01:04:21	01:00:56	00:33:29 / 4174	9.85
4409	2788	SIKORA BARTŁOMIEJ	WARSZAWA			79	M30/1525 (M)3840	01:04:22	01:02:08	00:31:55 / 3686	9.66
4410	5565	JACHURA MARIA MAŁGORZATA	BIĄŁOBRZEGI		TKKF PŁOCK	63	K40/98 (K)570	01:04:22	01:02:34	00:31:29 / 3537	9.59
4411	3854	JAKUBIK ANNA	WARSZAWA		KOBIECY TEAM BIEGOWY	74	K30/202 (K)571	01:04:23	01:01:57	00:33:28 / 4172	9.69
4412	4948	JACKIEWICZ ZBIGNIEW	WARSZAWA			58	M50/300 (M)3841	01:04:23	01:01:42	00:33:03 / 4044	9.72
4413	4612	KONIECZNA-SALAMATIN JOANNA	WARSZAWA			66	K40/99 (K)572	01:04:24	01:03:12	00:31:34 / 3563	9.49
4414	1837	PIĄTEK MAŁGORZATA	WARSZAWA			71	K30/203 (K)573	01:04:24	00:59:16	00:35:19 / 4744	10.12
4415	1838	PIĄTEK WIESŁAW	WARSZAWA			66	M40/719 (M)3842	01:04:24	00:59:16	00:35:20 / 4746	10.12
4416	2507	BANROWSKI MARCIN	WARSZAWA			74	M30/1526 (M)3843	01:04:24	00:59:42	00:33:48 / 4281	10.05
4417	2790	KOCIMSKA AGNIESZKA	WARSZAWA			80	K30/204 (K)574	01:04:24	00:59:33	00:34:32 / 4538	10.08
4418	4538	KRAWCZYK RADOSŁAW	WARSZAWA			71	M30/1527 (M)3844	01:04:24	00:59:54	00:34:35 / 4548	10.02
4419	1846	SZYMAŃSKI ARTUR	WARSZAWA			70	M40/720 (M)3845	01:04:25	00:59:27	00:34:50 / 4631	10.09
4420	33	KALINOWSKI JANUSZ	WARSZAWA		PAP	50	M60/67 (M)3846	01:04:25	01:04:02	00:31:28 / 3523	9.37
4421	3117	KOZIŃSKA MAŁGORZATA	WARSZAWA			70	K40/100 (K)575	01:04:26	01:00:39	00:33:02 / 4035	9.89
4422	996	FABISIAK MAREK	WARSZAWA		ACCELERATE	76	M30/1528 (M)3847	01:04:27	00:59:13	00:35:37 / 4826	10.13
4423	1288	NIELSEN CARINA	WARSZAWA		DANISH DYNAMITE	75	K30/205 (K)576	01:04:27	00:58:44	00:35:11 / 4702	10.22
4424	2603	ZIELIŃSKI PIOTR	WARSZAWA			70	M40/721 (M)3848	01:04:27	01:00:53	00:33:50 / 4290	9.85
4425	5813	LESIUK JOANNA	PULAWY			73	K30/206 (K)577	01:04:27	01:01:34	00:34:41 / 4578	9.75
4426	2060	WIELGOSZ PIOTR	ŁOMIANKI			71	M30/1529 (M)3849	01:04:27	01:03:44	00:31:30 / 3540	9.41
4427	3526	DULIŃSKI JACEK	WARSZAWA			66	M40/722 (M)3850	01:04:28	00:59:01	00:35:38 / 4829	10.17
4428	670	MIKUŁA TOMASZ	WARSZAWA			66	M40/723 (M)3851	01:04:28	01:02:03	00:32:14 / 3777	9.67
4429	3303	JAKUBEK-SKULTECKA MONIKA	WARSZAWA			84	K20/240 (K)578	01:04:28	00:59:44	00:34:24 / 4495	10.04
4430	3954	SIERZPOWSKI TOMASZ	WARSZAWA			85	M20/1202 (M)3852	01:04:28	00:58:27	00:36:04 / 4956	10.27
4431	2815	BIAŁECKI ERYK	WARSZAWA			91	M20/1203 (M)3853	01:04:29	00:59:25	00:35:26 / 4781	10.10
4432	4149	IZYDORSKA MAGDALENA	WARSZAWA		SMILE	83	K20/241 (K)579	01:04:30	01:03:28	00:31:42 / 3610	9.45
4433	4150	RYBARCZYK DARIUSZ	WARSZAWA			82	M20/1204 (M)3854	01:04:30	01:03:29	00:31:42 / 3607	9.45
4434	3472	MURACKA ANNA	WARSZAWA			95	K20/242 (K)580	01:04:30	01:00:48	00:34:33 / 4541	9.87
4435	1524	SANTAREK MONIKA	WARSZAWA			73	K30/207 (K)581	01:04:31	01:01:07	00:33:04 / 4046	9.82
4436	739	SMOLIŃSKI ADAM	WIELBARK			89	M20/1205 (M)3855	01:04:31	00:59:07	00:35:40 / 4839	10.15
4437	5569	JACZYŃSKA ELIZA	BIAŁA PODLASKA			81	K20/243 (K)582	01:04:31	01:01:18	00:32:25 / 3858	9.79
4438	3471	MURACKI GRZEGORZ	WARSZAWA			68	M40/724 (M)3856	01:04:31	01:00:49	00:34:33 / 4540	9.87
4439	3004	POPCZYK ANNA	WARSZAWA			84	K20/244 (K)583	01:04:32	01:01:13	00:33:27 / 4168	9.80
4440	4772	RZEWNICKI PAWEŁ	WARSZAWA			89	M20/1206 (M)3857	01:04:32	01:00:04	00:36:01 / 4940	9.99
4441	3152	BRONIEWSKI JAKUB	WARSZAWA			82	M20/1207 (M)3858	01:04:33	00:59:47	00:34:55 / 4648	10.04
4442	1298	KĘPIŃSKI GRZEGORZ	WARSZAWA			49	M60/68 (M)3859	01:04:33	01:01:21	00:31:37 / 3578	9.78
4443	2073	TUSIŃSKI ŁUKASZ	WARSZAWA		MARKETINGSPORTOWY.PL	81	M20/1208 (M)3860	01:04:33	00:58:46	00:35:44 / 4869	10.21
4444	3168	MICHALSKA ANNA	WARSZAWA		BIEGAMY Z OCHOTĄ	64	K40/101 (K)584	01:04:33	01:00:00	00:34:20 / 4472	10.00
4445	3744	ŻEGARSKA EWA	LEGIONOWO			77	K30/208 (K)585	01:04:33	00:59:32	00:34:50 / 4630	10.08
4446	6111	RACZYŃSKA MAGDALENA	CHORZÓW		KTS SUPERMARATON KALISZ	79	K30/209 (K)586	01:04:34	00:59:39	00:35:11 / 4700	10.06
4447	5376	CHYLICKI MARIAN TOMASZ	RADOM		JW 3463 RADOM	58	M50/301 (M)3861	01:04:34	00:59:39	00:35:10 / 4694	10.06
4448	4817	MŁODECKA SYLWIA	WARSZAWA		BEZIEMIENI	73	K30/210 (K)587	01:04:34	00:59:54	00:34:54 / 4645	10.02
4449	2524	MAJCHROWSKA ANNA	ŁÓDŹ		FOREVER YOUNG ŁÓDŹ	64	K40/102 (K)588	01:04:34	01:00:34	00:33:40 / 4232	9.91
4450	4367	WOJCIECHOWSKA MAŁGORZATA	WARSZAWA			69	K40/103 (K)589	01:04:34	00:58:42	00:35:43 / 4862	10.22
4451	4895	PAWLAK WŁODEK	WARSZAWA			57	M50/302 (M)3862	01:04:34	01:00:01	00:34:17 / 4456	10.00
4452	4533	DĄBKOWSKI JAN	WARSZAWA		POLIS	83	M20/1209 (M)3863	01:04:34	00:59:45	00:35:23 / 4765	10.04
4453	6883	RADECKI MARCIN	WARSZAWA			83	M20/1210 (M)3864	01:04:34	01:03:30	00:30:52 / 3304	9.45

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Czas Netto	5km	[km/h]
4454	796	HAWRYLUK-TROJANOWSKA IWONA	SULEJÓWEK			73	K30/211 (K)590	01:04:35	01:01:14	00:33:22 / 4140	9.80
4455	5613	KACPURA PIOTR	RADOM		JW 3463 RADOM	76	M30/1530 (M)3865	01:04:35	00:59:40	00:35:11 / 4698	10.06
4456	841	JABŁOŃSKI RAFAŁ	WARSZAWA			79	M30/1531 (M)3866	01:04:35	01:03:48	00:31:01 / 3356	9.40
4457	4044	ŚWIERZEWSKA WERONIKA	OSTRÓDA		BEZIMIENNI	85	K20/245 (K)591	01:04:35	00:59:55	00:34:54 / 4642	10.01
4458	5506	GODULA ELŻBIETA	PIEKARY ŚL			67	K40/104 (K)592	01:04:35	00:59:59	00:35:23 / 4767	10.00
4459	5981	NATER URSZULA	LUBOŃ			50	K60/5 (K)593	01:04:35	01:02:17	00:32:31 / 3897	9.63
4460	6380	WOJCIECHOWSKI WALDEMAR	BRZESZYN		NIEZRZESZONY	72	M30/1532 (M)3867	01:04:36	00:58:58	00:35:38 / 4830	10.18
4461	647	RACZYŃSKI ŁUKASZ	WARSZAWA			82	M20/1211 (M)3868	01:04:36	01:01:03	00:33:27 / 4169	9.83
4462	1332	TRĘBICKI MARCIN	LASOZKI			52	M50/303 (M)3869	01:04:36	00:59:32	00:35:28 / 4788	10.08
4463	2259	KOPCZYŃSKA KASIA	WARSZAWA			72	K30/212 (K)594	01:04:36	00:58:27	00:37:05 / 5150	10.27
4464	5507	GODULA JACEK	PIEKARY ŚL			65	M40/725 (M)3870	01:04:36	01:00:00	00:35:24 / 4768	10.00
4465	2346	KIJAK PIOTR	WARSZAWA			63	M40/726 (M)3871	01:04:37	01:02:11	00:32:58 / 4019	9.65
4466	52	KOZŁOWSKI JAKUB	WARSZAWA		PKO	79	M30/1533 (M)3872	01:04:37	01:03:29	00:32:06 / 3737	9.45
4467	40	KOZŁOWSKA LIDIA	TŁUSZCZ		PKO	78	K30/213 (K)595	01:04:38	01:03:29	00:32:06 / 3738	9.45
4468	7064	CELEJ KAMILA	KŁOCZEW			94	K20/246 (K)596	01:04:38	01:00:22	00:33:33 / 4195	9.94
4469	1437	ZIELIŃSKA ANNA	WARSZAWA		ŻOLIBORZ BIEGA	57	K50/28 (K)597	01:04:39	01:01:22	00:33:35 / 4209	9.78
4470	1441	CZAJKA IZABELLA	WARSZAWA			61	K40/105 (K)598	01:04:39	01:01:22	00:33:35 / 4210	9.78
4471	67	MAKOSA EWELINA	KONSTANCIN - JEZIORNA		ASICS	86	K20/247 (K)599	01:04:39	00:58:41	00:37:34 / 5258	10.22
4472	68	SOMMER MARCIN	WARSZAWA		ASICS	85	M20/1212 (M)3873	01:04:40	00:58:42	00:37:34 / 5257	10.22
4473	967	ADAMIEC ARTUR	WARSZAWA			66	M40/727 (M)3874	01:04:41	00:59:29	00:35:09 / 4692	10.09
4474	3223	BIALKOWSKA ANNA	DOBRE			79	K30/214 (K)600	01:04:41	00:59:14	00:34:55 / 4652	10.13
4475	6091	POZNANIAK DARIUSZ	POZNAŃ			83	M20/1213 (M)3875	01:04:41	01:00:05	00:34:41 / 4580	9.99
4476	4617	POWICKA URSZULA	WARSZAWA		RUN IS FUN	76	K30/215 (K)601	01:04:42	00:59:26	00:36:04 / 4953	10.10
4477	1884	ORCZYK TOMASZ	KRAKÓW		MSZ	76	M30/1534 (M)3876	01:04:42	00:59:12	00:34:57 / 4654	10.14
4478	4107	ROSIŃSKI WOJCIECH	WARSZAWA		RAIFFEISEN LEASING RUNNERS	85	M20/1214 (M)3877	01:04:42	01:01:42	00:32:46 / 3968	9.72
4479	4615	CHLEBOWSKI MICHAŁ	WARSZAWA		RUN IS FUN	68	M40/728 (M)3878	01:04:43	01:02:18	00:33:08 / 4074	9.63
4480	3107	SZAMBORSKI MAKSYM	WARSZAWA			94	M20/1215 (M)3879	01:04:43	01:02:57	00:30:18 / 3132	9.53
4481	6818	RAULIN BOGUMIŁA	PĘPOWO			83	K20/248 (K)602	01:04:43	01:02:11	00:32:41 / 3953	9.65
4482	1944	BANACH ANDRZEJ	LUBLIN			47	M60/69 (M)3880	01:04:44	01:00:15	00:34:08 / 4405	9.96
4483	1945	JANUSZEK MAŁGORZATA	LUBLIN			60	K50/29 (K)603	01:04:44	01:00:15	00:34:07 / 4399	9.96
4484	1562	BARTOSZUK TOMEK	WARSZAWA			66	M40/729 (M)3881	01:04:44	00:58:54	00:34:45 / 4601	10.19
4485	4715	URBANIAK BOGUSIA	WARSZAWA			73	K30/216 (K)604	01:04:46	01:02:24	00:34:07 / 4396	9.62
4486	2844	DZIEMIDEK ANETA	WARSZAWA			76	K30/217 (K)605	01:04:46	01:02:49	00:32:23 / 3841	9.55
4487	3947	KOZA IRENEUSZ	RADOM			87	M20/1216 (M)3882	01:04:46	01:03:32	00:30:28 / 3197	9.44
4488	2062	RZECZKOWSKI MACIEJ	WARSZAWA		BRAK	54	M50/304 (M)3883	01:04:47	00:59:07	00:35:47 / 4886	10.15
4489	4087	WISZOWATY WOJCIECH	SULEJÓWEK			62	M40/730 (M)3884	01:04:48	01:00:05	00:34:06 / 4389	9.99
4490	2712	NOWAK BOGDAN	CZARNE			58	M50/305 (M)3885	01:04:48	00:59:12	00:35:18 / 4737	10.14
4491	6497	RYBIAŃSKI MARCIN	NOWY SĄCZ			80	M30/1535 (M)3886	01:04:49	01:01:35	00:33:42 / 4247	9.74
4492	6857	KLATKA MARIA	WARSZAWA			83	K20/249 (K)606	01:04:49	01:02:30	00:34:14 / 4440	9.60
4493	1200	MACIUSOWICZ GRZEGORZ	WARSZAWA			70	M40/731 (M)3887	01:04:50	01:04:14	00:31:58 / 3695	9.34
4494	1201	MADEJ-MACIUSOWICZ BIANKA	WARSZAWA			74	K30/218 (K)607	01:04:50	01:04:14	00:31:58 / 3696	9.34
4495	606	ROJAN PAWEŁ	WARSZAWA			63	M40/732 (M)3888	01:04:50	01:00:57	00:33:31 / 4181	9.84
4496	605	ROJAN ELŻBIETA	WARSZAWA			63	K40/106 (K)608	01:04:50	01:00:58	00:33:32 / 4190	9.84
4497	2945	KLOCEK MONIKA	LESZNOWOLA			86	K20/250 (K)609	01:04:50	01:04:14	00:31:58 / 3697	9.34
4498	1845	ŁACHETA JERZY	WARSZAWA			61	M40/733 (M)3889	01:04:51	00:59:53	00:34:50 / 4628	10.02
4499	3136	PASIEROWSKA MONIKA	WARSZAWA			73	K30/219 (K)610	01:04:51	01:02:16	00:31:29 / 3530	9.64
4500	6858	JAROWICZ JAKUB	WARSZAWA			81	M20/1217 (M)3890	01:04:51	01:02:34	00:34:14 / 4439	9.59
4501	3518	MILCZAREK RAFAŁ	SOCHACZEW		KM AKTYWNI SOCHACZEW	75	M30/1536 (M)3891	01:04:52	01:01:32	00:33:31 / 4184	9.75
4502	6368	WIŃKOWSKA ALICJA	SOCHACZEW			69	K40/107 (K)611	01:04:52	01:01:33	00:33:31 / 4185	9.75
4503	3808	GOWOREK JAROSŁAW	WARSZAWA			74	M30/1537 (M)3892	01:04:52	01:01:36	00:33:59 / 4342	9.74
4504	1638	PARZYCH WOJCIECH	WARSZAWA			77	M30/1538 (M)3893	01:04:53	01:02:03	00:31:42 / 3612	9.67
4505	6629	GÓDŹ-MORAWSKA MAŁGOSIA	KIELCE		SPELEOKLUB ŚWIĘTOKRZYSKI	80	K30/220 (K)612	01:04:53	00:59:47	00:35:40 / 4844	10.04
4506	4840	KOWALSKI WITOLD	WARSZAWA			66	M40/734 (M)3894	01:04:53	01:00:12	00:34:27 / 4509	9.97
4507	6324	TUSZYŃSKI TOMASZ	GŁOGÓW MŁP.			60	M50/306 (M)3895	01:04:54	01:03:05	00:30:56 / 3328	9.51
4508	4756	GAŚIEWSKI PAWEŁ	WARSZAWA		ERA RUNNING TEAM	77	M30/1539 (M)3896	01:04:55	00:59:17	00:35:41 / 4848	10.12
4509	1282	RASMUSSEN LARS	WARSZAWA		DANISH DYNAMITE	73	M30/1540 (M)3897	01:04:56	00:59:57	00:34:03 / 4371	10.01
4510	2147	FELINIAK STEFAN			BGK	83	M20/1218 (M)3898	01:04:56	01:03:44	00:31:22 / 3495	9.41
4511	4933	SZYMANOWSKI ANDRZEJ				67	M40/735 (M)3899	01:04:56	01:03:44	00:31:22 / 3496	9.41

<b>Miejsce Rank</b>	<b>Nr Bib</b>	<b>Nazwisko i imię Name</b>	<b>Miejscowość City</b>	<b>Kraj Nat</b>	<b>Drużyna Team</b>	<b>R-k YoB</b>	<b>W kategorii in Age Sex</b>	<b>Czas Time</b>	<b>Czas Netto</b>	<b>5km</b>	<b>[km/h]</b>
4512	330	FABJANIAK ZBIGNIEW	ZĄBKI			68	M40/736 (M)3900	01:04:57	01:01:01	00:33:22 / 4145	9.83
4513	2613	SAGAN MARCIN	WARSZAWA			74	M30/1541 (M)3901	01:04:57	00:59:14	00:36:45 / 5101	10.13
4514	3346	KASPRZYK ADAM	WARSZAWA			82	M20/1219 (M)3902	01:04:57	01:00:47	00:34:38 / 4564	9.87
4515	3705	POLAK ANDRZEJ	NOWA IWICZNA			47	M60/70 (M)3903	01:04:59	01:01:05	00:34:18 / 4462	9.82
4516	6214	STANISZEWSKI BARTOSZ	GDAŃSK			75	M30/1542 (M)3904	01:04:59	01:03:58	00:30:03 / 3069	9.38
4517	19	TRAWIŃSKI MICHAŁ	WARSZAWA			10	(M)3905	01:04:59	01:00:33	00:34:04 / 4374	9.91
4518	849	GRZESZKIEKICZ MIROSLAW	WARSZAWA			67	M40/737 (M)3906	01:05:00	01:00:46	00:33:09 / 4077	9.87
4519	850	WYPOREK WITOLD	WARSZAWA			82	M20/1220 (M)3907	01:05:00	01:00:46	00:33:09 / 4078	9.87
4520	4898	KASIŃSKA MONIKA	WARSZAWA			82	K20/251 (K)613	01:05:00	00:59:40	00:36:03 / 4949	10.06
4521	4897	KUJAWIŃSKI JACEK	WARSZAWA			82	M20/1221 (M)3908	01:05:00	00:59:40	00:36:02 / 4948	10.06
4522	1359	KOWALCZYK TADEUSZ	WARSZAWA			59	M50/307 (M)3909	01:05:00	01:00:59	00:34:39 / 4567	9.84
4523	4228	WAŚOWICZ JAKUB	STARE BABICE			79	M30/1543 (M)3910	01:05:01	01:00:27	00:31:53 / 3679	9.93
4524	3087	ROZPARA DANIEL	WARSZAWA			79	M30/1544 (M)3911	01:05:01	01:01:57	00:33:58 / 4335	9.69
4525	3104	PIETRZENIEWICZ MARCIN	WARSZAWA			76	M30/1545 (M)3912	01:05:01	00:59:47	00:34:09 / 4414	10.04
4526	6153	RYBICKI PAWEŁ	WARSZAWA			68	M40/738 (M)3913	01:05:02	01:01:02	00:34:19 / 4467	9.83
4527	6881	GOŹLIŃSKA AGNIESZKA	WARSZAWA			71	K30/221 (K)614	01:05:02	01:04:02	00:32:23 / 3838	9.37
4528	2537	JARMICKI ADAM	WARSZAWA			81	M20/1222 (M)3914	01:05:03	00:59:54	00:35:47 / 4892	10.02
4529	4417	ZALEWSKI MIROSLAW	WARSZAWA			81	M20/1223 (M)3915	01:05:03	00:59:54	00:35:47 / 4891	10.02
4530	728	FIODORÓW PAWEŁ	WARSZAWA		AZS WAT WARSZAWA	74	M30/1546 (M)3916	01:05:04	00:59:14	00:35:30 / 4803	10.13
4531	5877	MANIECKI ANNA	WARSZAWA			83	K20/252 (K)615	01:05:04	00:59:49	00:35:49 / 4901	10.03
4532	1796	KACPRZYK BEATA	WARSZAWA			65	K40/108 (K)616	01:05:05	01:01:51	00:34:04 / 4372	9.70
4533	3919	GWÓDŹ KAROLINA	WARSZAWA			85	K20/253 (K)617	01:05:06	01:01:25	00:34:16 / 4449	9.77
4534	3327	OŚCIŁOWSKA KATARZYNA	WARSZAWA			74	K30/222 (K)618	01:05:07	01:01:38	00:33:58 / 4331	9.73
4535	5984	NAZARUK BARTOSZ	WARSZAWA			85	M20/1224 (M)3917	01:05:08	00:59:29	00:35:17 / 4732	10.09
4536	4430	ZAMORA BEATA				69	K40/109 (K)619	01:05:08	01:01:09	00:35:00 / 4665	9.81
4537	6831	JACHACY MICHAŁ	TŁUSZCZ			99	M20/1225 (M)3918	01:05:08	00:59:49	00:35:44 / 4868	10.03
4538	5336	BOGUSIEWICZ TOMASZ	TŁUSZCZ			76	M30/1547 (M)3919	01:05:09	00:59:50	00:35:44 / 4875	10.03
4539	832	OLESKOWICZ STANISŁAWA	WARSZAWA			58	K50/30 (K)620	01:05:10	01:03:26	00:32:19 / 3812	9.46
4540	5399	CZAMARA SYLWIA	KARCZEW			82	K20/254 (K)621	01:05:10	01:00:59	00:35:11 / 4703	9.84
4541	6378	WNUK MICHAŁ	WARSZAWA			80	M30/1548 (M)3920	01:05:11	00:59:22	00:35:32 / 4814	10.11
4542	3891	ŚWIDERSKI MICHAŁ	JASTRZĘBIE			74	M30/1549 (M)3921	01:05:11	01:03:16	00:30:45 / 3272	9.48
4543	2434	STANIAK MICHAŁ	OTWOCK			78	M30/1550 (M)3922	01:05:12	00:59:32	00:36:07 / 4968	10.08
4544	3711	GOSPODAREK ADAM	LUBLIN			83	M20/1226 (M)3923	01:05:12	01:00:21	00:35:43 / 4864	9.94
4545	3209	GÓRCZYŃSKI ŁUKASZ	WARSZAWA		KB LAS HORMIGAS	77	M30/1551 (M)3924	01:05:12	01:00:03	00:37:13 / 5176	9.99
4546	5327	BOBCZUK MICHAŁ	WARSZAWA			80	M30/1552 (M)3925	01:05:12	00:59:41	00:36:32 / 5062	10.05
4547	613	KSYNA ŁUKASZ	KAMION		OSP KAMION	84	M20/1227 (M)3926	01:05:13	01:01:14	00:34:29 / 4523	9.80
4548	2467	BUDZEN TOMASZ	WARSZAWA			98	M20/1228 (M)3927	01:05:13	01:01:27	00:32:35 / 3923	9.76
4549	5642	KASIEWSKA EWA KATARZYNA	POZNAŃ			48	K60/6 (K)622	01:05:14	01:01:55	00:33:55 / 4318	9.69
4550	600	KRZYSZTOFIAK KRZYSZTOF	WARSZAWA		CARSERVIS	55	M50/308 (M)3928	01:05:14	01:01:12	00:34:37 / 4556	9.80
4551	1438	WÓJCIK PIOTR	WARSZAWA			83	M20/1229 (M)3929	01:05:14	01:01:25	00:34:48 / 4617	9.77
4552	2584	RUTKOWSKA ELŻBIETA	PULAWY			71	K30/223 (K)623	01:05:14	01:01:56	00:33:47 / 4278	9.69
4553	1440	GOLAŃSKA JOLANTA	USTRZYKI DOLNE			85	K20/255 (K)624	01:05:15	01:01:27	00:34:48 / 4616	9.76
4554	4223	ZIMOLZAK PIOTR	WARSZAWA		IBE	85	M20/1230 (M)3930	01:05:15	00:59:55	00:35:40 / 4843	10.01
4555	4714	BARAŃSKA IWONA	PISZ			74	K30/224 (K)625	01:05:16	01:00:24	00:34:59 / 4662	9.93
4556	4198	MINAKOWSKA KATARZYNA	WARSZAWA			71	K30/225 (K)626	01:05:16	01:02:17	00:34:12 / 4433	9.63
4557	3676	CHOLEWIŃSKI MARCIN	WARSZAWA			66	M40/739 (M)3931	01:05:16	01:03:23	00:31:33 / 3558	9.47
4558	2068	KAJAK ANNA MARIA	GARWOLIN		TRUCHTACZ.PL	94	K20/256 (K)627	01:05:17	01:02:28	00:34:10 / 4424	9.61
4559	6208	SOŻYŃSKA EDYTA	WROCLAW			70	K40/110 (K)628	01:05:17	01:01:04	00:34:46 / 4606	9.83
4560	5973	MYTYCH ELŻBIETA	WROCLAW			61	K40/111 (K)629	01:05:17	01:01:03	00:34:50 / 4632	9.83
4561	5630	KANICKI KAROL	WARSZAWA			84	M20/1231 (M)3932	01:05:17	01:01:01	00:35:21 / 4756	9.83
4562	5274	BALCERZAK KRYSZYNA	PIASECZNO			63	K40/112 (K)630	01:05:17	01:01:03	00:34:50 / 4629	9.83
4563	7063	LENARCZYK KRZYSZTOF	TORUŃ			82	M20/1232 (M)3933	01:05:17	01:01:29	00:35:46 / 4882	9.76
4564	1015	DOROSZKO KATARZYNA	IŁÓW		SEKIERA PIŁA	88	K20/257 (K)631	01:05:18	01:02:21	00:31:50 / 3660	9.62
4565	4086	ABRAMOWSKI PIOTR	WARSZAWA			79	M30/1553 (M)3934	01:05:19	01:00:33	00:34:54 / 4647	9.91
4566	3378	CHODYRA-PIAST ZUZANNA	WARSZAWA			73	K30/226 (K)632	01:05:19	01:00:26	00:34:58 / 4661	9.93
4567	2392	WALORYSZAK ANDRZEJ			ACTION	55	M50/309 (M)3935	01:05:19	01:03:53	00:34:07 / 4403	9.39
4568	3571	MAJEWSKI MICHAŁ	WORNÓWEK			72	M30/1554 (M)3936	01:05:19	00:59:39	00:35:48 / 4899	10.06
4569	1006	ORZOŁ JACEK	ZĄBKI		KBKS LENIWIEC	80	M30/1555 (M)3937	01:05:20	01:02:15	00:34:22 / 4480	9.64

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Czas Netto	5km	[km/h]
4570	1007	SUSKA KATARZYNA	RADZYMIN		KBKS LENIWIEC	86	K20/258 (K)633	01:05:20	01:02:15	00:34:22 / 4479	9.64
4571	1091	POPCZYK MICHAŁ	WARSZAWA			92	M20/1233 (M)3938	01:05:20	01:01:48	00:33:48 / 4279	9.71
4572	3058	KNIEFEL ALEKSANDRA	WARSZAWA			86	K20/259 (K)634	01:05:20	01:03:30	00:34:24 / 4492	9.45
4573	3994	CIOŚMAK KINGA	WARSZAWA			76	K30/227 (K)635	01:05:21	01:03:44	00:31:55 / 3687	9.41
4574	2954	WÓJCİK KLAUDYNA	WARSZAWA			85	K20/260 (K)636	01:05:21	01:00:36	00:35:27 / 4784	9.90
4575	5367	CHACIŃSKA MAŁGORZATA	NOWE RĘCZAJE		BRAK	82	K20/261 (K)637	01:05:21	01:00:04	00:36:42 / 5094	9.99
4576	3784	BRUS MARTA	WARSZAWA			90	K20/262 (K)638	01:05:21	01:02:56	00:33:12 / 4087	9.53
4577	780	WILK JAROSŁAW	WARSZAWA			62	M40/740 (M)3939	01:05:22	01:00:07	00:37:20 / 5203	9.98
4578	3414	KRĘGIEL JAROSŁAW	WARSZAWA			72	M30/1556 (M)3940	01:05:22	01:00:29	00:35:45 / 4877	9.92
4579	4388	LEŚNIEWICZ DANUTA	WARSZAWA			85	K20/263 (K)639	01:05:22	01:01:20	00:35:40 / 4842	9.78
4580	6870	GODULA MAGDALENA				83	K20/264 (K)640	01:05:22	01:01:21	00:34:49 / 4620	9.78
4581	1586	ZASADA TOMASZ	KRAKÓW			71	M30/1557 (M)3941	01:05:23	01:01:08	00:34:08 / 4412	9.81
4582	1968	MALESZKA PIOTR	JABŁONNA			95	M20/1234 (M)3942	01:05:23	01:00:08	00:37:19 / 5200	9.98
4583	2792	RAFALSKA BEATA	WARSZAWA			73	K30/228 (K)641	01:05:23	01:00:29	00:35:22 / 4763	9.92
4584	3415	GAJEWSKA-KRĘGIEL BARBARA	WARSZAWA			73	K30/229 (K)642	01:05:23	01:00:30	00:35:45 / 4876	9.92
4585	3488	ŁABĘDŹ PIOTR	WARSZAWA			85	M20/1235 (M)3943	01:05:23	01:03:13	00:31:32 / 3555	9.49
4586	5463	FALBA SYLWIA	WYSZKÓW			10	(K)643	01:05:23	01:03:30	00:33:43 / 4256	9.45
4587	5462	FALBA PIOTR	WYSZKÓW		DDA	83	M20/1236 (M)3944	01:05:24	01:03:30	00:33:43 / 4257	9.45
4588	5522	GÓDŹDŹ WOJTEK	KIELCE		SPELEOKLUB ŚWIĘTOKRZYSKI	74	M30/1558 (M)3945	01:05:24	01:05:18	00:32:04 / 3719	9.19
4589	3857	ABRATKIEWICZ SŁAWOMIR	WARSZAWA			72	M30/1559 (M)3946	01:05:24	01:00:54	00:33:05 / 4059	9.85
4590	5779	KUPCZYK MONIKA	SOCHACZEW		KM AKTYWNI SOCHACZEW	96	K20/265 (K)644	01:05:24	01:05:18	00:32:04 / 3720	9.19
4591	5513	GONTA ANETA	SOCHACZEW		KM AKTYWNI SOCHACZEW	97	K20/266 (K)645	01:05:24	01:05:17	00:32:04 / 3723	9.19
4592	2468	KORNILUK BARTOSZ	BIAŁA PODLASKA			80	M30/1560 (M)3947	01:05:24	01:00:32	00:34:31 / 4536	9.91
4593	4346	ŁYŚ DARIUSZ	WARSZAWA			79	M30/1561 (M)3948	01:05:24	01:00:03	00:35:46 / 4885	9.99
4594	6334	USZYŃSKI MACIEJ	WARSZAWA		RAIFFEISEN LEASING RUNNERS	69	M40/741 (M)3949	01:05:24	01:00:43	00:34:08 / 4408	9.88
4595	6874	GODULA KAMIL	PŁOCK			83	M20/1237 (M)3950	01:05:24	01:01:23	00:34:49 / 4622	9.77
4596	3269	KARPIŃSKI PIOTR	WARSZAWA			75	M30/1562 (M)3951	01:05:25	01:03:29	00:33:38 / 4221	9.45
4597	5811	LELONEK KLAUDIA	SOCHACZEW		KM AKTYWNI SOCHACZEW	98	K20/267 (K)646	01:05:25	01:05:18	00:32:05 / 3727	9.19
4598	7221	PŁOMIŃSKI BERNARD	WARSZAWA			95	M20/1238 (M)3952	01:05:25	00:57:25	00:37:36 / 5263	10.45
4599	2265	SZULECKI PRZEMYSŁAW	WARSZAWA			90	M20/1239 (M)3953	01:05:26	01:03:55	00:31:37 / 3581	9.39
4600	3706	LESNER PRZEMEK	BLIZNE		AZS WAT WARSZAWA	70	M40/742 (M)3954	01:05:27	00:59:31	00:36:41 / 5086	10.08
4601	4700	ROBERT PHILIPPE	WARSZAWA			60	M50/310 (M)3955	01:05:27	00:59:33	00:36:28 / 5043	10.08
4602	5393	CWETSCH ADAM	WARSZAWA			84	M20/1240 (M)3956	01:05:27	01:00:31	00:36:53 / 5118	9.91
4603	1450	WOJTASIK RAFAŁ	WARSZAWA			74	M30/1563 (M)3957	01:05:28	01:01:56	00:33:14 / 4096	9.69
4604	1449	WOJTASIK KATARZYNA	WARSZAWA			74	K30/230 (K)647	01:05:28	01:01:56	00:33:14 / 4097	9.69
4605	2689	FIDELUS MARCIN	WARSZAWA		LEGIA	74	M30/1564 (M)3958	01:05:28	01:03:59	00:32:45 / 3964	9.38
4606	6306	TABAKIERNIK MARCIN	WARSZAWA			85	M20/1241 (M)3959	01:05:28	00:59:55	00:35:54 / 4916	10.01
4607	3890	PARYSEK MACIEJ	WARSZAWA			67	M40/743 (M)3960	01:05:29	00:59:26	00:34:28 / 4519	10.10
4608	1360	KOWALCZYK MICHAŁ	WARSZAWA			91	M20/1242 (M)3961	01:05:29	01:01:28	00:34:39 / 4568	9.76
4609	2085	BUKOWSKA GRAŻYNA	WARSZAWA			70	K40/113 (K)648	01:05:29	01:00:36	00:35:09 / 4691	9.90
4610	1170	KOŁODZIEJ MIROŚLAWA	KAMIENŃ			84	K20/268 (K)649	01:05:30	00:59:59	00:37:52 / 5324	10.00
4611	3093	KOŁACZKOWSKI MACIEJ	OPOLE			83	M20/1243 (M)3962	01:05:30	01:04:19	00:32:21 / 3829	9.33
4612	2084	FOLARON BEATA	WARSZAWA			71	K30/231 (K)650	01:05:30	01:03:09	00:35:10 / 4696	9.50
4613	1854	KOPROWSKI KAMIL	WARSZAWA			82	M20/1244 (M)3963	01:05:30	01:01:26	00:33:00 / 4023	9.77
4614	4279	TYLKOWSKI MARCIN	WARSZAWA			83	M20/1245 (M)3964	01:05:31	00:59:30	00:36:41 / 5088	10.08
4615	3284	DOMAŃSKA KAROLINA				84	K20/269 (K)651	01:05:32	00:59:47	00:35:27 / 4785	10.04
4616	182	JAGIELSKI ROBERT				10	(M)3965	01:05:32	00:59:54	00:35:38 / 4827	10.02
4617	6277	SZYMAŃSKI RAFAŁ	WARSZAWA			84	M20/1246 (M)3966	01:05:33	01:00:24	00:35:21 / 4755	9.93
4618	3700	GURZYŃSKI CEZARY	WARSZAWA		AZS WAT	75	M30/1565 (M)3967	01:05:33	00:59:42	00:36:40 / 5084	10.05
4619	3701	GURZYŃSKA MAŁGORZATA	WARSZAWA			78	K30/232 (K)652	01:05:33	00:59:41	00:36:41 / 5087	10.05
4620	4277	SZCZYGIEL KRZYSZTOF	WARSZAWA			71	M30/1566 (M)3968	01:05:35	01:00:19	00:36:57 / 5124	9.95
4621	3123	PAPIERKOWSKI DANIEL	WARSZAWA			85	M20/1247 (M)3969	01:05:35	01:04:03	00:32:48 / 3983	9.37
4622	4687	BUDNICKI PIOTR	WARSZAWA		WWW.FITNESSTRENER.PL	75	M30/1567 (M)3970	01:05:37	01:01:13	00:35:42 / 4855	9.80
4623	4284	MIESZKOWSKI DARIUSZ	WARSZAWA		WARSZAWA-ŻOLIBORZ	61	M40/744 (M)3971	01:05:37	01:00:25	00:35:43 / 4867	9.93
4624	2968	KONTOWSKI RAFAŁ	MICHAŁOWICE		BEZ PRZYNALEŻNOŚCI	61	M40/745 (M)3972	01:05:37	01:02:12	00:35:09 / 4690	9.65
4625	6889	BAGIŃSKA MONIKA	TOPOLINA			80	K30/233 (K)653	01:05:37	01:02:51	00:33:50 / 4293	9.55
4626	6891	BAGIŃSKI RADOSŁAW	TOPOLINA			74	M30/1568 (M)3973	01:05:37	01:02:51	00:33:50 / 4289	9.55
4627	4686	BUDNICKA ANNA	WARSZAWA		WWW.FITNESSTRENER.PL	84	K20/270 (K)654	01:05:38	01:01:15	00:35:42 / 4858	9.80



<b>Miejsce Rank</b>	<b>Nr Bib</b>	<b>Nazwisko i imię Name</b>	<b>Miejscowość City</b>	<b>Kraj Nat</b>	<b>Drużyna Team</b>	<b>R-k YoB</b>	<b>W kategorii in Age Sex</b>	<b>Czas Time</b>	<b>Czas Netto</b>	<b>5km</b>	<b>[km/h]</b>
4628	5479	FRANKIEWICZ MARCIN	WARSZAWA			79	M30/1569 (M)3974	01:05:39	01:01:31	00:35:42 / 4853	9.75
4629	2349	KURPIŃSKA IZABELA	WARSZAWA			83	K20/271 (K)655	01:05:39	01:03:20	00:32:57 / 4015	9.47
4630	1477	DMYTRUK PAWEŁ	WARSZAWA			63	M40/746 (M)3975	01:05:39	01:01:27	00:33:57 / 4327	9.76
4631	392	BOCHENEK JERZY	WARSZAWA			54	M50/311 (M)3976	01:05:40	01:00:32	00:36:07 / 4970	9.91
4632	718	KRYSTOFIEC KAROLINA	WARSZAWA			81	K20/272 (K)656	01:05:40	01:01:55	00:34:40 / 4573	9.69
4633	2052	POLAKOW KONRAD	WARSZAWA			74	M30/1570 (M)3977	01:05:40	01:02:10	00:33:40 / 4234	9.65
4634	2053	BONIKOWSKA AGNIESZKA	WARSZAWA			83	K20/273 (K)657	01:05:40	01:02:10	00:33:41 / 4238	9.65
4635	6343	ZAWODNIK DO UZUP					(M)3978	01:05:40	01:01:46	00:34:35 / 4549	9.71
4636	3313	SADOWSKA KASIA	WARSZAWA			83	K20/274 (K)658	01:05:41	01:01:27	00:35:21 / 4752	9.76
4637	1279	BANG MARTIN	WARSZAWA			73	M30/1571 (M)3979	01:05:41	01:00:41	00:34:27 / 4513	9.89
4638	1969	KUSIŃSKI HUBERT	CHOTOMOW			95	M20/1248 (M)3980	01:05:41	01:00:26	00:37:19 / 5199	9.93
4639	4059	SUN WEISHUANG	KRAKÓW			80	K30/234 (K)659	01:05:41	01:01:40	00:34:26 / 4505	9.73
4640	5271	BADZYŃSKI PAWEŁ	WARSZAWA			71	M30/1572 (M)3981	01:05:41	01:04:01	00:32:16 / 3795	9.37
4641	4917	BANASZKIEWICZ ADAM	GRODZISK MAZOWIECKI		PEKAOEKIPA	79	M30/1573 (M)3982	01:05:42	01:01:17	00:35:26 / 4782	9.79
4642	5916	MICHALSKI ANDRZEJ	KOZIENICE			72	M30/1574 (M)3983	01:05:42	01:04:17	00:35:51 / 4905	9.33
4643	1283	ODGAARD SOFIE	WARSZAWA		DANISH DYNAMITE	86	K20/275 (K)660	01:05:43	00:59:57	00:36:01 / 4945	10.01
4644	1936	SZCZEPAŃSKI MAREK	WARSZAWA			77	M30/1575 (M)3984	01:05:43	01:02:52	00:33:12 / 4088	9.54
4645	6323	TURNER BERNARDO	WARSAW			80	M30/1576 (M)3985	01:05:43	01:01:46	00:35:02 / 4672	9.71
4646	3799	BACHÓRZ IWO	WARSZAWA			95	M20/1249 (M)3986	01:05:43	01:00:49	00:36:01 / 4943	9.87
4647	4776	CIEŚLIŃSKI PIOTR	KRUPIA WÓLKA			65	M40/747 (M)3987	01:05:43	01:00:13	00:36:23 / 5024	9.96
4648	5266	BACHANEK RENATA	KOZIENICE			82	K20/276 (K)661	01:05:43	01:04:18	00:35:51 / 4906	9.33
4649	1289	DAVIDSEN DITTE	WARSZAWA		DANISH DYNAMITE	83	K20/277 (K)662	01:05:44	00:59:58	00:36:01 / 4941	10.01
4650	2547	KOTWICKA MAGDALENA	MARKI		NIE	82	K20/278 (K)663	01:05:44	01:02:01	00:34:38 / 4565	9.67
4651	5990	NIEŚLUCHOWSKA RENATA	CIECHANÓW			79	K30/235 (K)664	01:05:45	01:01:34	00:35:04 / 4679	9.75
4652	4775	CIEŚLIŃSKA IRENA	KRUPIA WÓLKA			66	K40/114 (K)665	01:05:45	01:00:15	00:36:23 / 5023	9.96
4653	2257	KRZEŚIŃSKI ANDRZEJ	WARSZAWA		BRAK	74	M30/1577 (M)3988	01:05:46	01:03:08	00:33:14 / 4095	9.50
4654	6058	PIASECKI WOJCIECH	WARSZAWA			82	M20/1250 (M)3989	01:05:47	01:00:29	00:37:00 / 5138	9.92
4655	1048	WRÓBLEWSKI ANDRZEJ	WARSZAWA			55	M50/312 (M)3990	01:05:47	01:00:33	00:36:03 / 4950	9.91
4656	3434	MATUSZAK JACEK	WARSZAWA		BYLEDOBIEC ANIN	66	M40/748 (M)3991	01:05:48	01:00:52	00:36:28 / 5042	9.86
4657	3435	MATUSZAK PAWEŁ	WARSZAWA		BYLEDOBIEC ANIN	95	M20/1251 (M)3992	01:05:48	01:00:52	00:36:29 / 5045	9.86
4658	5031	PIANKA BOŻENNA	BIALYSTOK			63	K40/115 (K)666	01:05:48	01:01:07	00:33:52 / 4301	9.82
4659	599	LACH JUSTYNA	WARSZAWA		CARSERVIS	70	K40/116 (K)667	01:05:49	01:01:44	00:35:21 / 4751	9.72
4660	617	SOLUS TERESA	WARSZAWA			54	K50/31 (K)668	01:05:49	01:00:48	00:33:53 / 4307	9.87
4661	2382	PIETRZAK ARKADIUSZ			ACTION	10	(M)3993	01:05:49	01:02:32	00:31:49 / 3653	9.59
4662	3359	RASIŃSKA EWELINA	GUZOWATKA			88	K20/279 (K)669	01:05:50	01:01:07	00:35:25 / 4779	9.82
4663	1585	MAZGAL ADAM	WARSZAWA			85	M20/1252 (M)3994	01:05:50	01:00:03	00:34:25 / 4500	9.99
4664	1813	LINDNAŁ ANDRZEJ	WARSZAWA			86	M20/1253 (M)3995	01:05:50	01:00:17	00:35:22 / 4759	9.95
4665	3023	CHOLEWINSKA ZOFIA	WARSZAWA			86	K20/280 (K)670	01:05:50	01:02:58	00:33:26 / 4163	9.53
4666	3067	WODZYŃSKI ARTUR	WARSZAWA			88	M20/1254 (M)3996	01:05:50	01:01:05	00:34:53 / 4639	9.82
4667	918	PROTASIUK MARIUSZ	WIĄZOWNA			80	M30/1578 (M)3997	01:05:51	01:04:38	00:32:21 / 3828	9.28
4668	7072	BOROWSKI JOLANTA	WARSZAWA			71	K30/236 (K)671	01:05:51	01:04:30	00:34:43 / 4589	9.30
4669	7073	BOBROWSKA JOANNA	WARSZAWA			71	K30/237 (K)672	01:05:51	01:04:30	00:34:44 / 4592	9.30
4670	5279	CIECHOMSKI CEZARY	SOKOŁÓW			77	M30/1579 (M)3998	01:05:52	01:02:56	00:34:48 / 4615	9.53
4671	5268	BAĆMAGA ZBIGNIEW	RADOM			58	M50/313 (M)3999	01:05:52	01:03:49	00:33:58 / 4332	9.40
4672	5269	BAĆMAGA BOGUSŁAWA	RADOM			62	K40/117 (K)673	01:05:52	01:03:48	00:33:58 / 4329	9.40
4673	4309	REINHARD ANDRZEJ	WARSZAWA			81	M20/1255 (M)4000	01:05:52	01:00:11	00:35:46 / 4881	9.97
4674	3252	FURMAN TOMASZ	WARSZAWA			79	M30/1580 (M)4001	01:05:53	01:00:52	00:35:57 / 4924	9.86
4675	3791	JÓZWIK ROBERT	WARSZAWA			76	M30/1581 (M)4002	01:05:54	01:04:56	00:32:25 / 3859	9.24
4676	3790	PACHOLCZYK AGNIESZKA	WARSZAWA			81	K20/281 (K)674	01:05:54	01:04:56	00:32:25 / 3860	9.24
4677	6016	OLKOWICZ IWONA	PŁOCK		TKKF PŁOCK	63	K40/118 (K)675	01:05:55	01:04:07	00:32:08 / 3747	9.36
4678	4930	TOPOLSKI JAROSŁAW	WARSZAWA			69	M40/749 (M)4003	01:05:55	01:01:30	00:35:49 / 4903	9.76
4679	1553	KIERKOWSKA AGATA	PIASTÓW		DLL	80	K30/238 (K)676	01:05:56	01:02:27	00:33:53 / 4310	9.61
4680	3254	LEWANDOWSKA MAŁGORZATA	WARSZAWA			73	K30/239 (K)677	01:05:56	01:00:54	00:36:12 / 4982	9.85
4681	4348	CHABIOR TOMASZ	WARSZAWA			76	M30/1582 (M)4004	01:05:56	01:00:19	00:36:12 / 4983	9.95
4682	4000	MARKOWSKA AGATA	WARSZAWA			83	K20/282 (K)678	01:05:57	01:01:06	00:34:46 / 4603	9.82
4683	2925	WAJDWICZ ANNA	WARSZAWA		ZF UNIA	78	K30/240 (K)679	01:05:57	01:03:28	00:33:44 / 4263	9.45
4684	3253	PIELACHOWSKI PIOTR	WARSZAWA			59	M50/314 (M)4005	01:05:57	01:00:56	00:36:12 / 4981	9.85
4685	2357	BIEGANOWSKA AGNIESZKA			ACTION	87	K20/283 (K)680	01:05:57	01:04:43	00:32:54 / 4007	9.27

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Czas Netto	5km	[km/h]
4686	4148	KELLER TOMASZ	WARSZAWA			75	M30/1583 (M)4006	01:05:57	01:04:25	00:32:04 / 3726	9.31
4687	5311	BIAŁOGRODZKI RYSZARD	PIASECZNO		NIEZRZESZONY	59	M50/315 (M)4007	01:05:58	01:03:38	00:33:40 / 4235	9.43
4688	6218	STAŃCZYK PAWEŁ	LUBNA			85	M20/1256 (M)4008	01:05:58	01:03:38	00:33:41 / 4237	9.43
4689	2924	ADAMCZYK MAREK	JAKTORÓW			73	M30/1584 (M)4009	01:05:58	01:03:29	00:33:44 / 4262	9.45
4690	4090	BAK ROBERT	WARSZAWA			67	M40/750 (M)4010	01:05:58	01:00:29	00:35:08 / 4688	9.92
4691	45	GLUCH KRZYSZTOF	ZĄBKI		PKO	78	M30/1585 (M)4011	01:05:58	01:00:56	00:35:43 / 4865	9.85
4692	4259	SRTAWIARZ PATRYCJA	WARSZAWA			79	K30/241 (K)681	01:05:59	01:01:57	00:34:06 / 4392	9.69
4693	273	MISZCZUK ARKADIUSZ	WARSZAWA		STRAŻ MIEJSKA WARSZAWA	67	M40/751 (M)4012	01:06:00	01:03:26	00:34:01 / 4353	9.46
4694	945	GARBACZ ANDRZEJ	WARSZAWA		10 WARSZAWSKI PUŁK SAMOCHODOWY	70	M40/752 (M)4013	01:06:00	01:03:27	00:34:00 / 4348	9.46
4695	271	MACHOŃ PAWEŁ	WARSZAWA		STRAŻ MIEJSKA WARSZAWA	75	M30/1586 (M)4014	01:06:00	01:03:27	00:34:00 / 4347	9.46
4696	154	BACHÓRZ MARTA	WARSZAWA		STRAŻ MIEJSKA WARSZAWA	74	K30/242 (K)682	01:06:00	01:03:23	00:34:04 / 4373	9.47
4697	1790	BIELSKI ANDRZEJ	WARSZAWA		DOWÓDZTWO GARNIZONU WARSZAWA	75	M30/1587 (M)4015	01:06:00	01:03:26	00:34:01 / 4351	9.46
4698	169	NERC AGATA	WARSZAWA		STRAŻ MIEJSKA	85	K20/284 (K)683	01:06:00	01:03:26	00:34:02 / 4357	9.46
4699	942	KWIATKOWSKI ANDRZEJ	WARSZAWA		10 WARSZAWSKI PUŁK SAMOCHODOWY	78	M30/1588 (M)4016	01:06:01	01:03:26	00:34:03 / 4368	9.46
4700	5856	ŁUCZAK JANUSZ	ŁÓDŹ			68	M40/753 (M)4017	01:06:01	01:03:26	00:34:02 / 4359	9.46
4701	941	DUDEK MIROSLAW	WARSZAWA		10 WARSZAWSKI PUŁK SAMOCHODOWY	74	M30/1589 (M)4018	01:06:01	01:03:25	00:34:01 / 4349	9.46
4702	944	PIETRUSZEWSKI JACEK	WARSZAWA		10 WARSZAWSKI PUŁK SAMOCHODOWY	70	M40/754 (M)4019	01:06:01	01:03:26	00:34:01 / 4352	9.46
4703	277	KIERSKI MACIEJ	WARSZAWA /		STRAŻ MIEJSKA WARSZAWA / AKTYWNI SOCHACZ	73	M30/1590 (M)4020	01:06:01	01:03:24	00:34:04 / 4375	9.46
4704	5260	ANTONIUK TOMASZ	ŁÓDŹ		STRAŻ MIEJSKA W ŁODZI	73	M30/1591 (M)4021	01:06:01	01:03:24	00:34:01 / 4356	9.46
4705	5648	KĄZMIERCZAK JACEK	ŁÓDŹ		STRAŻ MIEJSKA W ŁODZI	75	M30/1592 (M)4022	01:06:01	01:01:06	00:34:03 / 4365	9.82
4706	701	MRÓWKA MAREK	WARSZAWA			65	M40/755 (M)4023	01:06:02	01:01:10	00:34:03 / 4369	9.81
4707	6420	ZALESKI JERZY	WARSZAWA			55	M50/316 (M)4024	01:06:02	01:00:24	00:37:12 / 5167	9.93
4708	1404	KROGULSKI KAROL	WARSZAWA			80	M30/1593 (M)4025	01:06:02	01:00:14	00:35:52 / 4908	9.96
4709	3853	BŁĄDEK MACIEJ	NOWA IWICZNA			67	M40/756 (M)4026	01:06:02	01:02:29	00:34:02 / 4360	9.60
4710	6045	PARYSZEK KAMIL	PRZYKORY		RUNNING TEAM MIASTKÓW	95	M20/1257 (M)4027	01:06:03	01:01:24	00:37:26 / 5229	9.77
4711	6843	LESIECKI MICHAŁ	ŁÓDŹ			86	M20/1258 (M)4028	01:06:03	01:03:26	00:37:26 / 5230	9.46
4712	1058	KARAŚ DOROTA	SULEJÓWEK			87	K20/285 (K)684	01:06:04	01:02:50	00:34:16 / 4451	9.55
4713	507	DĘBIAK PIOTR	WARSZAWA			77	M30/1594 (M)4029	01:06:05	01:01:57	00:35:41 / 4851	9.69
4714	5469	FELKEL ZBIGNIEW	PIASTÓW			58	M50/317 (M)4030	01:06:05	01:02:04	00:34:17 / 4452	9.67
4715	2816	BIEŻYŃSKI DAMIAN	WARSZAWA			91	M20/1259 (M)4031	01:06:05	01:01:01	00:35:26 / 4780	9.83
4716	1965	GRABEK RADOSŁAW	WARSZAWA			75	M30/1595 (M)4032	01:06:06	01:01:27	00:35:19 / 4740	9.76
4717	1630	PAWLICKI ROBERT	WARSZAWA			86	M20/1260 (M)4033	01:06:06	01:01:15	00:37:14 / 5181	9.80
4718	5298	BEHOUNEK MAŁGORZATA	ZAKOPANE		TOWARZYSTWO GIMNASTYCZNE SOKÓŁ ZAKOPANE	61	K40/119 (K)685	01:06:06	01:01:14	00:34:55 / 4649	9.80
4719	6085	POMIANOWSKI JAN	WARSZAWA		KB GYMNASION	53	M50/318 (M)4034	01:06:08	01:02:28	00:34:25 / 4498	9.61
4720	772	SZCZEPANIK JOANNA	ZABORÓW			82	K20/286 (K)686	01:06:08	01:01:43	00:34:06 / 4388	9.72
4721	4774	KUCHARSKI KRZYSZTOF	WARSZAWA			60	M50/319 (M)4035	01:06:08	01:02:11	00:34:30 / 4525	9.65
4722	4418	DWORAK JUSTYNA	WARSZAWA			82	K20/287 (K)687	01:06:08	01:04:53	00:32:30 / 3884	9.25
4723	2039	ŚWIĘCICKI WAWRZYNIEC	WARSZAWA		SPORT21	71	M30/1596 (M)4036	01:06:09	01:00:37	00:37:20 / 5205	9.90
4724	4680	RAUZER ROBERT	WARSZAWA		COMPETENCE CENTER	72	M30/1597 (M)4037	01:06:09	01:04:39	00:32:14 / 3776	9.28
4725	6846	BRODACKA ANNA	WROCLAW			82	K20/288 (K)688	01:06:09	01:01:09	00:36:38 / 5078	9.81
4726	5309	BIAŁOGRODZKA MARIOLA	PIASECZNO		NIEZRZESZONA	87	K20/289 (K)689	01:06:10	01:03:49	00:33:41 / 4241	9.40
4727	2038	ŚWIĘCICKI WOJCIECH	WARSZAWA		SPORT21	93	M20/1261 (M)4038	01:06:10	01:00:38	00:37:20 / 5204	9.90
4728	4511	SZCZECZKO ANNA	ŁOMIANKI			77	K30/243 (K)690	01:06:10	01:02:08	00:35:51 / 4907	9.66
4729	4743	NASON ELŻBIETA	WARSZAWA		KB GALERIA WARSZAWA	67	K40/120 (K)691	01:06:11	01:00:16	00:36:29 / 5050	9.96
4730	4699	GORALSKA ALICJA	WARSZAWA			92	K20/290 (K)692	01:06:11	01:00:17	00:36:29 / 5044	9.95
4731	2909	KUCZEROWSKA ALICJA	WARSZAWA			91	K20/291 (K)693	01:06:12	01:05:20	00:32:04 / 3722	9.18
4732	5267	BAĆMAGA GRZEGORZ	RADOM			68	M40/757 (M)4039	01:06:13	01:04:09	00:33:58 / 4330	9.35
4733	4847	JANKOWSKA AGATA	WARSZAWA			83	K20/292 (K)694	01:06:13	01:02:30	00:33:58 / 4328	9.60
4734	6022	ORZESZEK KRZYSZTOF	WARSZAWA		UKS GEPARD	70	M40/758 (M)4040	01:06:14	01:00:46	00:36:00 / 4935	9.87
4735	1919	BURDYŃSKI KRYSPIŃ	WARSZAWA		UKS GEPARD WARSZAWA	79	M30/1598 (M)4041	01:06:14	01:00:46	00:36:00 / 4939	9.87
4736	3082	DUDA STANISŁAW	JÓZEFÓW			96	M20/1262 (M)4042	01:06:14	01:01:36	00:35:07 / 4685	9.74
4737	5257	ANDRZEJEWSKI MACIEJ	WARSZAWA			84	M20/1263 (M)4043	01:06:15	01:01:02	00:37:19 / 5198	9.83
4738	2118	TARKOWSKA AGNIESZKA	WARSZAWA			67	K40/121 (K)695	01:06:15	01:00:40	00:37:26 / 5228	9.89
4739	2511	KORSAK MARCIN	WARSZAWA			78	M30/1599 (M)4044	01:06:15	01:01:21	00:35:38 / 4833	9.78
4740	5940	MISZKURKA JAKUB	WARSZAWA		LEGIA WARSZAWA	91	M20/1264 (M)4045	01:06:16	01:02:25	00:34:12 / 4429	9.61
4741	4929	SOŚNIERZ JAKUB	WARSZAWA			76	M30/1600 (M)4046	01:06:16	01:02:02	00:34:18 / 4460	9.67
4742	4324	KREMKY MARIA ANDREA	WARSZAWA			76	K30/244 (K)696	01:06:17	01:04:51	00:32:38 / 3940	9.25

<b>Miejsce Rank</b>	<b>Nr Bib</b>	<b>Nazwisko i imię Name</b>	<b>Miejscowość City</b>	<b>Kraj Nat</b>	<b>Drużyna Team</b>	<b>R-k YoB</b>	<b>W kategorii in Age Sex</b>	<b>Czas Time</b>	<b>Czas Netto</b>	<b>5km</b>	<b>[km/h]</b>
4743	6898	GAŁĄZKA ANTEK	WARSZAWA			91	M20/1265 (M)4047	01:06:17	01:01:37	00:36:22 / 5017	9.74
4744	4863	ANDRZEJEWICZ ŁUKASZ	WARSZAWA			91	M20/1266 (M)4048	01:06:19	01:03:13	00:33:46 / 4270	9.49
4745	1646	SOKÓŁ TOMASZ	SOCHACZEW		DRAGON	67	M40/759 (M)4049	01:06:20	01:04:59	00:31:17 / 3469	9.23
4746	3762	BARTOSZEWSKI PIOTR	BRZEZINY			75	M30/1601 (M)4050	01:06:20	01:02:12	00:33:46 / 4269	9.65
4747	4121	BŁOŃSKI PIOTR	SIEDLCE			82	M20/1267 (M)4051	01:06:21	01:05:13	00:32:02 / 3712	9.20
4748	4545	GIZIŃSKA ALINA	WARSZAWA		ŻÓŁWIE RUNING TEAM	73	K30/245 (K)697	01:06:21	01:02:35	00:34:36 / 4550	9.59
4749	4888	GROMEK MIROSLAW	BIALOBZEGI		TEAM BOMIKA	60	M50/320 (M)4052	01:06:22	01:02:10	00:35:04 / 4676	9.65
4750	4889	GROMEK BOŻENA	BIALOBZEGI		TEAM BOMIKA	62	K40/122 (K)698	01:06:22	01:02:11	00:35:04 / 4677	9.65
4751	899	WĄGRODZKI MARIUSZ	NOWA WIEŚ			86	M20/1268 (M)4053	01:06:22	01:04:09	00:32:46 / 3969	9.35
4752	3077	WITEK ANDRZEJ	WARSZAWA			80	M30/1602 (M)4054	01:06:22	01:01:49	00:34:15 / 4446	9.71
4753	2205	NOWAK KRZYSZTOF	WARSZAWA			63	M40/760 (M)4055	01:06:22	01:02:25	00:34:21 / 4473	9.61
4754	6531	PUŚCIZNA KATARZYNA	WARSZAWA			77	K30/246 (K)699	01:06:22	01:03:46	00:33:12 / 4089	9.41
4755	6826	MUJEZINOVIC AMIRA	WARSZAWA			55	K50/32 (K)700	01:06:22	01:05:32	00:32:03 / 3715	9.16
4756	1192	KĘDZERSKI PAWEŁ	WARSZAWA			57	M50/321 (M)4056	01:06:23	01:00:52	00:37:45 / 5295	9.86
4757	6050	PAWŁOWICZ DOROTA	BIALYSTOK		KW	83	K20/293 (K)701	01:06:23	01:01:48	00:34:42 / 4583	9.71
4758	2475	BIERNAT ROBERT	WARSZAWA		10 WPSAM	84	M20/1269 (M)4057	01:06:23	01:04:10	00:32:46 / 3970	9.35
4759	5414	CZYŻEWSKI PIOTR	ŁÓDŹ		FAN- RUN TEAM	65	M40/761 (M)4058	01:06:24	01:03:49	00:34:02 / 4358	9.40
4760	1246	PEKACKI ROBERT	GRÓJEC			80	M30/1603 (M)4059	01:06:24	01:01:00	00:35:24 / 4770	9.84
4761	5750	KRÓL TERESA PATRYCJA	KRAKÓW			86	K20/294 (K)702	01:06:25	01:01:43	00:37:49 / 5311	9.72
4762	270	MILOSZ KAROLINA	WARSZAWA		STRAZ MIEJSKA M.ST.WARSZAWA	83	K20/295 (K)703	01:06:25	01:01:43	00:37:49 / 5313	9.72
4763	5807	LATOS MARCIN	WARSZAWA			75	M30/1604 (M)4060	01:06:25	00:59:43	00:36:25 / 5028	10.05
4764	6325	TWARDOWSKI ROBERT	RADOM		JW 3463 RADOM	59	M50/322 (M)4061	01:06:26	01:02:56	00:32:43 / 3960	9.53
4765	275	DZIOBKOWSKA MALGORZATA	WARSZAWA		STRAŻ MIEJSKA WARSZAWA	69	K40/123 (K)704	01:06:26	01:01:44	00:37:49 / 5312	9.72
4766	1742	SARACEN ALEKSANDRA	WARSZAWA			77	K30/247 (K)705	01:06:26	01:05:09	00:32:32 / 3901	9.21
4767	1743	SZYSZKA ADAM	WARSZAWA			79	M30/1605 (M)4062	01:06:26	01:02:50	00:32:32 / 3903	9.55
4768	943	MIODUSZEWSKI MARIUSZ	WARSZAWA		10 WARSZAWSKI PUŁK SAMOCHODOWY	75	M30/1606 (M)4063	01:06:27	01:00:46	00:35:45 / 4879	9.87
4769	3291	LIPSKI MARIAN				49	M60/71 (M)4064	01:06:27	01:00:46	00:35:45 / 4880	9.87
4770	4327	WÓJCIK HUBERT	WARSZAWA			72	M30/1607 (M)4065	01:06:27	01:01:23	00:36:07 / 4969	9.77
4771	6252	WIECZOREK KUBA	WARSZAWA			83	M20/1270 (M)4066	01:06:27	01:02:13	00:36:04 / 4955	9.64
4772	368	ŁUBIAN IWONA	OTWOCK			82	K20/296 (K)706	01:06:28	01:02:33	00:33:51 / 4299	9.59
4773	6077	PLASOTA ALINA	KOBYŁKA			85	K20/297 (K)707	01:06:28	01:02:18	00:34:08 / 4404	9.63
4774	6194	SŁOMA TOMASZ	ŁOWICZ			81	M20/1271 (M)4067	01:06:28	01:02:18	00:34:08 / 4407	9.63
4775	6251	WIECZOREK WOJCIECH	WARSZAWA			98	M20/1272 (M)4068	01:06:29	01:02:15	00:36:04 / 4954	9.64
4776	1147	ŁĘCICKA KATARZYNA	WARSZAWA			93	K20/298 (K)708	01:06:30	01:03:31	00:32:33 / 3907	9.45
4777	6291	ŚCIBOROWSKI JAROSŁAW	ŁÓDŹ		STRAZ MIEJSKA	82	M20/1273 (M)4069	01:06:30	01:01:20	00:37:12 / 5170	9.78
4778	4954	HUCZ DAMIAN	WROCLAW			78	M30/1608 (M)4070	01:06:30	01:01:20	00:37:12 / 5171	9.78
4779	5373	CHOJNACKI BARTOSZ	ŁÓDŹ		STRAŻ MIEJSKA	83	M20/1274 (M)4071	01:06:31	01:03:54	00:34:04 / 4376	9.39
4780	502	MOSZKOWICZ EUGENIUSZ	WARSZAWA		ABC KONDYCJA LAS KABACKI	42	M60/72 (M)4072	01:06:31	01:02:24	00:34:26 / 4502	9.62
4781	1254	SZAFRAN SŁAWOMIR	WŁOCŁAWEK			60	M50/323 (M)4073	01:06:31	01:01:31	00:35:29 / 4794	9.75
4782	2916	OWCZAREK EMILIA	WARSZAWA			71	K30/248 (K)709	01:06:33	01:02:47	00:34:47 / 4613	9.56
4783	5425	DESZCZKA MONIKA	WARSZAWA			84	K20/299 (K)710	01:06:34	01:02:04	00:35:59 / 4934	9.67
4784	3250	GAJDA JANUSZ	WARSZAWA			54	M50/324 (M)4074	01:06:35	01:01:45	00:34:04 / 4377	9.72
4785	2058	RZEŃNIK PAWEŁ	WARKA			59	M50/325 (M)4075	01:06:36	01:02:02	00:34:47 / 4610	9.67
4786	1430	ŁUGOWSKA MARTA	WARSZAWA			82	K20/300 (K)711	01:06:39	01:04:30	00:34:18 / 4461	9.30
4787	3499	WODYŃSKA-STOSIK NATALIA	WARSZAWA			81	K20/301 (K)712	01:06:39	01:01:42	00:35:48 / 4894	9.72
4788	1652	DYMEL ANDRZEJ	WARSZAWA			52	M50/326 (M)4076	01:06:39	01:04:39	00:32:05 / 3730	9.28
4789	5974	NAGLER PIOTR	CHOSZCZNO			74	M30/1609 (M)4077	01:06:39	01:01:42	00:35:48 / 4896	9.72
4790	3498	KARPOWICZ ŁUKASZ	WARSZAWA			83	M20/1275 (M)4078	01:06:40	01:01:42	00:35:48 / 4898	9.72
4791	2169	GOŁĘBIEWSKI WOJCIECH	KRASNE			82	M20/1276 (M)4079	01:06:40	01:04:31	00:34:18 / 4464	9.30
4792	4269	NAMURA-OCHALSKI MATEUSZ	WARSZAWA			78	M30/1610 (M)4080	01:06:41	01:00:28	00:42:54 / 5678	9.92
4793	4292	SIDORCZUK MAREK	WARSZAWA			69	M40/762 (M)4081	01:06:41	01:01:24	00:35:25 / 4778	9.77
4794	3643	GÓZDŹ MICHAŁ	WARSZAWA			72	M30/1611 (M)4082	01:06:42	01:04:28	00:33:42 / 4245	9.31
4795	1405	NOWICKI NORBERT	WARSZAWA			80	M30/1612 (M)4083	01:06:43	01:00:56	00:35:52 / 4909	9.85
4796	211	CYWIŃSKA KAROLINA	WARSZAWA			83	K20/302 (K)713	01:06:43	01:04:29	00:33:42 / 4246	9.30
4797	3888	KOŁODZIEJCZYK MACIEJ	WARSZAWA			74	M30/1613 (M)4084	01:06:44	01:01:30	00:36:00 / 4938	9.76
4798	2465	MALCZYK ANDRZEJ	WARSZAWA			64	M40/763 (M)4085	01:06:44	01:02:02	00:35:16 / 4727	9.67
4799	5331	BOBRYK ZENON	ŁOSICE		PCK ŁOSICE	57	M50/327 (M)4086	01:06:44	01:04:18	00:34:26 / 4503	9.33
4800	4273	KOSTYK BOGNA	WARSZAWA			66	K40/124 (K)714	01:06:45	01:01:59	00:35:47 / 4887	9.68

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Czas Netto	5km	[km/h]
4801	1167	MAJEWSKI KAJETAN	PODDĘBIE			93	M20/1277 (M)4087	01:06:46	01:00:59	00:34:32 / 4539	9.84
4802	1393	CZARNECKA BEATA	WARSZAWA			75	K30/249 (K)715	01:06:47	01:01:08	00:36:58 / 5128	9.81
4803	230	DUSZYŃSKI ZBIGNIEW	WARSZAWA		KB GYMNASION	39	M70/11 (M)4088	01:06:48	01:02:58	00:33:39 / 4223	9.53
4804	2546	JAKUBASZ MARCIN	WARSZAWA			78	M30/1614 (M)4089	01:06:48	01:04:03	00:34:06 / 4395	9.37
4805	565	GAJ ARTUR	WARSZAWA			78	M30/1615 (M)4090	01:06:49	01:03:47	00:35:11 / 4704	9.41
4806	2545	ŚLEPACZUK ROBERT	WARSZAWA			77	M30/1616 (M)4091	01:06:49	01:04:04	00:34:07 / 4398	9.37
4807	3374	MRUGAŁA WOJCIECH	WARSZAWA		WAT WARSZAWA	87	M20/1278 (M)4092	01:06:50	01:03:25	00:27:56 / 2229	9.46
4808	2915	CHODOWSKA MARZENA	WARSZAWA			60	K50/33 (K)716	01:06:51	01:03:05	00:34:47 / 4612	9.51
4809	1498	COŚ MONIKA	WARSZAWA		ALETEMPO	76	K30/250 (K)717	01:06:53	01:04:38	00:35:43 / 4860	9.28
4810	2724	ROGALSKA ALEKSANDRA	WARSZAWA			83	K20/303 (K)718	01:06:53	01:02:05	00:35:22 / 4761	9.66
4811	5731	KOZIEŁ-ZIEMBIŃSKA ANNA	ŁÓDŹ			62	K40/125 (K)719	01:06:54	01:01:59	00:35:31 / 4806	9.68
4812	2114	MICHNIEWICZ JAROSŁAW	MICHAŁÓW-REGINÓW			84	M20/1279 (M)4093	01:06:55	01:01:19	00:37:41 / 5279	9.79
4813	5252	ADAMCZEWSKI DARIUSZ	LIPKÓW			70	M40/764 (M)4094	01:06:57	01:01:38	00:37:35 / 5260	9.73
4814	2696	JANECKI ANDRZEJ	WARSZAWA		UKS DWÓJKA WESOŁA	47	M60/73 (M)4095	01:06:57	01:03:38	00:35:40 / 4838	9.43
4815	2955	PAWLATA TOMASZ	SKIERNIEWICE			87	M20/1280 (M)4096	01:06:58	01:03:33	00:27:56 / 2233	9.44
4816	1172	KSIĘŻAK JOLANTA	WARSZAWA			79	K30/251 (K)720	01:06:59	01:01:28	00:37:52 / 5325	9.76
4817	4037	KOWALCZYK MICHAŁ	WARSZAWA		WAT WARSZAWA	86	K20/304 (K)721	01:06:59	01:03:34	00:27:56 / 2232	9.44
4818	4072	SZULKOWSKA ALICJA	WARSZAWA			91	K20/305 (K)722	01:06:59	01:01:14	00:37:19 / 5201	9.80
4819	4028	HYJEK IZABELA	OTWOCK			90	K20/306 (K)723	01:06:59	01:01:14	00:37:19 / 5197	9.80
4820	2930	MACHLIŃSKA IWONA	WARSZAWA			90	K20/307 (K)724	01:07:00	01:01:32	00:35:57 / 4926	9.75
4821	1234	SZYMAŃSKI KONRAD	WARSZAWA			50	M60/74 (M)4097	01:07:00	01:03:23	00:34:45 / 4602	9.47
4822	6138	ROMANOWICZ ADRIANA	STRZELCE OPOLSKIE			76	K30/252 (K)725	01:07:00	01:06:21	00:32:31 / 3893	9.04
4823	1970	FARMUS ALDONA	WARSZAWA			68	K40/126 (K)726	01:07:01	01:02:01	00:35:48 / 4900	9.67
4824	700	ZAWADZKI DARIUSZ	JÓZEFÓW			66	M40/765 (M)4098	01:07:01	01:02:06	00:35:10 / 4697	9.66
4825	2214	BIĘKOWSKI ADAM	WARSZAWA			88	M20/1281 (M)4099	01:07:02	01:00:56	00:36:03 / 4951	9.85
4826	4175	ZAWADKA JAN	MIŃSK MAZOWIECKI			59	M50/328 (M)4100	01:07:02	01:02:07	00:34:38 / 4563	9.66
4827	3666	BILSKI PAWEŁ	WARSZAWA			94	M20/1282 (M)4101	01:07:02	01:01:59	00:34:40 / 4574	9.68
4828	2700	MATULANIEC ELŻBIETA	WARSZAWA		////////////////////////////////////	56	K50/34 (K)727	01:07:03	01:04:11	00:33:45 / 4266	9.35
4829	3679	DĄBROWSKA ANNA	WARSZAWA			76	K30/253 (K)728	01:07:03	01:03:08	00:34:51 / 4634	9.50
4830	6296	ŚMIGIELSKA MARTA	ŁÓDŹ			79	K30/254 (K)729	01:07:04	01:01:07	00:37:51 / 5319	9.82
4831	2187	MIŁOWSKI DOMINIK	WARSZAWA			81	M20/1283 (M)4102	01:07:04	01:02:42	00:35:05 / 4680	9.57
4832	4304	AMROZIEWICZ MACIEJ	WARSZAWA			67	M40/766 (M)4103	01:07:04	01:01:55	00:35:43 / 4866	9.69
4833	149	PRESKO PAWEŁ	WARSZAWA		PKO	79	M30/1617 (M)4104	01:07:04	01:03:02	00:34:52 / 4635	9.52
4834	1915	KRUSZEWSKI MAREK	WARSZAWA			56	M50/329 (M)4105	01:07:05	01:02:43	00:36:05 / 4959	9.57
4835	2601	PIETRZAK JACEK	WOŁOMIN			70	M40/767 (M)4106	01:07:05	01:04:40	00:33:30 / 4177	9.28
4836	119	GRZONKA - PRZENIOSŁO JOANNA	BYDGOSZCZ		SPORTBIZNES.PL	71	K30/255 (K)730	01:07:05	01:02:43	00:36:16 / 4994	9.57
4837	1045	MALINOWSKI STANISŁAW	WARSZAWA-WESOŁA			59	M50/330 (M)4107	01:07:07	01:01:41	00:35:28 / 4791	9.73
4838	2693	JESIONEK HENRYK	WARSZAWA			46	M60/75 (M)4108	01:07:08	01:03:42	00:35:35 / 4818	9.42
4839	466	PRZYBYSIAK MAREK	WARSZAWA			53	M50/331 (M)4109	01:07:09	01:05:27	00:30:32 / 3215	9.17
4840	2175	JASIŃSKI MICHAŁ	WARSZAWA			76	M30/1618 (M)4110	01:07:09	01:01:41	00:37:03 / 5146	9.73
4841	3430	ARENDRAD RADOŚLAW	GDYNIA		WUNDERTEAM	77	M30/1619 (M)4111	01:07:10	01:05:13	00:32:30 / 3889	9.20
4842	6137	ROKICKA ALEKSANDRA	WARSZAWA			86	K20/308 (K)731	01:07:11	01:02:41	00:35:31 / 4808	9.57
4843	4165	POLAŃSKA MAGDALENA	WARSZAWA			74	K30/256 (K)732	01:07:11	01:02:52	00:34:30 / 4526	9.54
4844	7134	JANKOWSKI RAFAŁ	MILANÓWEK			70	M40/768 (M)4112	01:07:11	01:03:58	00:34:15 / 4442	9.38
4845	4780	PAZIEWSKI MARCIN	WARSZAWA			82	M20/1284 (M)4113	01:07:12	01:01:06	00:35:27 / 4786	9.82
4846	2101	SKORUPSKI GRZEGORZ	WARSZAWA			71	M30/1620 (M)4114	01:07:12	01:01:19	00:36:27 / 5034	9.79
4847	3506	RUTKOWSKI JAKUB	WARSZAWA			87	M20/1285 (M)4115	01:07:12	01:02:05	00:35:57 / 4925	9.66
4848	6135	ROGULSKI ANDRZEJ	WARSZAWA			60	M50/332 (M)4116	01:07:12	01:02:42	00:35:30 / 4804	9.57
4849	1513	DUNIN-WILCZYŃSKA ALEKSANDRA KAROLINA	WARSZAWA			77	K30/257 (K)733	01:07:13	01:01:17	00:37:18 / 5192	9.79
4850	1514	MIKUSEK PAWEŁ	WARSZAWA		AGR WELODROM	77	M30/1621 (M)4117	01:07:13	01:01:17	00:37:18 / 5193	9.79
4851	6142	ROSLONIEC BEATA	WOŁOMIN			81	K20/309 (K)734	01:07:13	01:02:09	00:37:50 / 5317	9.65
4852	6126	REDA TOMASZ	HALINÓW			87	M20/1286 (M)4118	01:07:13	01:03:04	00:34:15 / 4444	9.51
4853	1229	KABZIŃSKA EMILIA	KONSTANTYNÓW ŁÓDZKI			74	K30/258 (K)735	01:07:13	01:02:31	00:36:17 / 4996	9.60
4854	1231	SZABŁOWSKI MAREK	WARSZAWA			48	M60/76 (M)4119	01:07:14	01:02:33	00:36:17 / 4995	9.59
4855	7412	KSIĘŻUK PATRYK	WARSZAWA		KYOKUSHIN DOJO MŁODE LWY	98	M20/1287 (M)4120	01:07:14	01:02:28	00:36:20 / 5009	9.61
4856	2581	KOCOŃ JAN	WARSZAWA			95	M20/1288 (M)4121	01:07:14	01:04:12	00:33:50 / 4291	9.35
4857	7364	GIŃKO ANTONI	MICHAŁOWICE			96	M20/1289 (M)4122	01:07:14	01:04:13	00:33:50 / 4294	9.34

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Czas Netto	5km	[km/h]
4858	3513	KLISZKO SŁAWOMIR	GÓRA KALWARIA			76	M30/1622 (M)4123	01:07:14	01:04:57	00:36:07 / 4966	9.24
4859	2356	BIEGANOWSKA MAŁGORZATA			ACTION	70	K40/127 (K)736	01:07:15	01:06:02	00:34:54 / 4643	9.09
4860	2358	BIEGANOWSKI ROMAN			ACTION	58	M50/333 (M)4124	01:07:15	01:06:01	00:34:53 / 4641	9.09
4861	3887	BIENIEK IWONA	WARSZAWA			77	K30/259 (K)737	01:07:16	01:02:03	00:35:37 / 4824	9.67
4862	4093	BUSZKIEWICZ MIROSLAW	SIENNO			78	M30/1623 (M)4125	01:07:16	01:02:59	00:36:32 / 5063	9.53
4863	4092	GAWROŃSKI GRZEGORZ	OSTROWIEC			64	M40/769 (M)4126	01:07:17	01:02:59	00:36:32 / 5064	9.53
4864	1530	GAJERSKI JERZY	WARSZAWA			52	M50/334 (M)4127	01:07:19	01:01:40	00:36:13 / 4985	9.73
4865	4340	GRZESIK WITOLD	WARSZAWA			61	M40/770 (M)4128	01:07:19	01:02:27	00:35:27 / 4787	9.61
4866	426	PALUCH BOGDAN	WARSZAWA			49	M60/77 (M)4129	01:07:20	01:02:53	00:36:09 / 4974	9.54
4867	2528	DULKO BOŻENA	WARSZAWA		TRUCHT TARCHOMIN	74	K30/260 (K)738	01:07:21	01:03:40	00:35:25 / 4777	9.42
4868	750	ŻIENIEK ŁUKASZ	WARSZAWA			76	M30/1624 (M)4130	01:07:21	01:02:13	00:35:50 / 4904	9.64
4869	1754	CZERWIŃSKA JOANNA	WARSZAWA			71	K30/261 (K)739	01:07:22	01:02:47	00:36:20 / 5004	9.56
4870	1250	KOWALCZYK ARTUR	GRÓJEC			76	M30/1625 (M)4131	01:07:23	01:01:59	00:37:13 / 5173	9.68
4871	1252	MAŃKA PIOTR	GRÓJEC			70	M40/771 (M)4132	01:07:23	01:01:59	00:37:13 / 5175	9.68
4872	5324	BŁASZCZYK DANIEL	PIASECZNO			72	M30/1626 (M)4133	01:07:23	01:05:26	00:33:43 / 4259	9.17
4873	5824	LPIŃSKA SYLWIA	WARSZAWA			84	K20/310 (K)740	01:07:24	01:02:42	00:34:26 / 4507	9.57
4874	2556	TOMANEK RAFAŁ	WARSZAWA			83	M20/1290 (M)4134	01:07:24	01:06:15	00:31:47 / 3633	9.06
4875	4883	MARGIELSKI MICHAŁ	OTWOCK			82	M20/1291 (M)4135	01:07:24	01:04:40	00:34:23 / 4484	9.28
4876	1315	BĄCZYK KRZYSZTOF	CELESTYNÓW			56	M50/335 (M)4136	01:07:25	01:03:53	00:32:52 / 3995	9.39
4877	3671	GODEK PIOTR	ZIELONKA			66	M40/772 (M)4137	01:07:25	01:01:19	00:35:58 / 4929	9.79
4878	702	STAWIŃSKI ZBIGNIEW	WARSZAWA			63	M40/773 (M)4138	01:07:27	01:03:41	00:35:21 / 4757	9.42
4879	1576	MILEWSKA MARIA	WARSZAWA			83	K20/311 (K)741	01:07:28	01:01:49	00:38:31 / 5398	9.71
4880	4146	CYRA PIOTR	WARSZAWA		ERA RUNNING TEAM	75	M30/1627 (M)4139	01:07:31	01:02:21	00:35:53 / 4913	9.62
4881	4143	CYRA IWONA	WARSZAWA			75	K30/262 (K)742	01:07:31	01:02:21	00:35:53 / 4914	9.62
4882	1831	WOŹNIAK GRZEGORZ	WARSZAWA			83	M20/1292 (M)4140	01:07:31	01:02:14	00:37:14 / 5184	9.64
4883	3615	BARTNICKI URBAN	ŁUKÓW			77	M30/1628 (M)4141	01:07:32	01:01:42	00:37:19 / 5202	9.72
4884	3815	HAMERSZMIT KRZYSZTOF	WARSZAWA			87	M20/1293 (M)4142	01:07:32	01:01:38	00:38:16 / 5370	9.73
4885	1757	SMOLIŃSKI JERZY	RADZIEJOWICE			50	M60/78 (M)4143	01:07:33	01:02:29	00:36:20 / 5003	9.60
4886	1996	CZUPTA HIERONIM	WARSZAWA		WARSZAWSKA MASA KRYTYCZNA	74	M30/1629 (M)4144	01:07:34	01:01:47	00:37:27 / 5231	9.71
4887	1071	LUENGEN BOERRIS	WARSZAWA			62	M40/774 (M)4145	01:07:36	01:02:29	00:35:12 / 4706	9.60
4888	4060	SIEMIENIUK IGOR	NOWA IWICZNA		SKANDIA	77	M30/1630 (M)4146	01:07:37	01:03:17	00:34:33 / 4543	9.48
4889	4586	STRZESZEWSKA KASIA	WARSZAWA		ITI ADVENTURE TEAM	85	K20/312 (K)743	01:07:37	01:05:19	00:33:22 / 4141	9.19
4890	334	KERNER KATARZYNA	WARSZAWA			94	K20/313 (K)744	01:07:38	01:06:54	00:32:11 / 3761	8.97
4891	145	SIEGERT MAKSYM	WARSZAWA		TS	96	M20/1294 (M)4147	01:07:38	01:05:20	00:34:12 / 4431	9.18
4892	5156	ŻELEZIK MARCIN	WARSZAWA			95	M20/1295 (M)4148	01:07:38	01:07:03	00:36:21 / 5013	8.95
4893	5949	ZAWODNIK DO USUPEŁ	PIASECZNO			85	K20/314 (K)745	01:07:39	01:03:29	00:35:37 / 4823	9.45
4894	6458	ŻYGADŁO KAZIMIERZ	KRZYWICZYNY		LKS	58	M50/336 (M)4149	01:07:39	01:02:27	00:36:52 / 5114	9.61
4895	5258	ANIKIEJ KAMIL	WARSZAWA			86	M20/1296 (M)4150	01:07:39	01:01:56	00:37:32 / 5250	9.69
4896	23	URBANOWICZ DARIUSZ	WARSZAWA		RADIO PIN	75	M30/1631 (M)4151	01:07:39	01:02:41	00:35:44 / 4870	9.57
4897	6581	BROSKIEWICZ STANISŁAW	WARSZAWA			59	M50/337 (M)4152	01:07:40	01:03:36	00:34:57 / 4660	9.43
4898	7407	OZGA JAKUB	WARSZAWA		SZKOŁA KARATE MŁODE LWY	00	M20/1297 (M)4153	01:07:41	01:02:55	00:36:20 / 5006	9.54
4899	3842	KURPIŃSKA BARBARA	WARSZAWA		RAZ DWA TRZY TERAZ MY	58	K50/35 (K)746	01:07:41	01:05:17	00:34:26 / 4506	9.19
4900	7207	KAZIMIERCZAK BARTOSZ	WARSZAWA		MŁODE LWY	97	M20/1298 (M)4154	01:07:41	01:02:54	00:36:20 / 5007	9.54
4901	4689	SMOLEŃSKA MAŁGORZATA	WARSZAWA			84	K20/315 (K)747	01:07:42	01:02:33	00:36:59 / 5131	9.59
4902	1347	NOWAK LIDIA	SULEJÓWEK			94	K20/316 (K)748	01:07:42	01:01:49	00:38:13 / 5365	9.71
4903	3812	HAMERSZMIT JAN	WARSZAWA			95	M20/1299 (M)4155	01:07:42	01:01:49	00:38:13 / 5366	9.71
4904	6712	LIGAJ KONRAD	WARSZAWA			98	M20/1300 (M)4156	01:07:42	01:02:55	00:36:20 / 5011	9.54
4905	394	KAMIŃSKI KRZYSZTOF	WARSZAWA			70	M40/775 (M)4157	01:07:43	01:02:36	00:36:44 / 5099	9.58
4906	852	KARWECKI RYSZARD	WARSZAWA			56	M50/338 (M)4158	01:07:43	01:02:24	00:36:35 / 5072	9.62
4907	5548	GWIAZDA ELŻBIETA	ŁĘKAWICA			74	K30/263 (K)749	01:07:44	01:03:55	00:35:42 / 4857	9.39
4908	5549	GWIAZDA KAZIMIERZ	ŁĘKAWICA 14			73	M30/1632 (M)4159	01:07:44	01:03:54	00:35:43 / 4861	9.39
4909	2562	ŚLIŹ DANIEL	ZĄBKI			81	M20/1301 (M)4160	01:07:44	01:01:59	00:36:44 / 5100	9.68
4910	574	DĘBSKA BEATA				95	K20/317 (K)750	01:07:45	01:04:14	00:33:54 / 4314	9.34
4911	141	EL TANBOULI IWONA	WARSZAWA		TS	75	K30/264 (K)751	01:07:45	01:02:50	00:35:14 / 4721	9.55
4912	6210	SPADŁO ANDRZEJ	MŁOKICIE			60	M50/339 (M)4161	01:07:47	01:02:35	00:36:52 / 5115	9.59
4913	2469	KORNILUK ELŻBIETA	KRZESZÓW DOLNY			80	K30/265 (K)752	01:07:48	01:02:56	00:36:06 / 4963	9.53
4914	3957	MAJDAK IRENEUSZ	WARSZAWA			84	M20/1302 (M)4162	01:07:48	01:01:47	00:36:20 / 5010	9.71
4915	6535	WASILEWSKI KONRAD	WARSZAWA			10	(M)4163	01:07:48	01:02:15	00:38:28 / 5393	9.64

<b>Miejsce Rank</b>	<b>Nr Bib</b>	<b>Nazwisko i imię Name</b>	<b>Miejscowość City</b>	<b>Kraj Nat</b>	<b>Drużyna Team</b>	<b>R-k YoB</b>	<b>W kategorii in Age Sex</b>	<b>Czas Time</b>	<b>Czas Netto</b>	<b>5km</b>	<b>[km/h]</b>
4916	2413	STĘPLEWSKA MAŁGORZATA	WARSZAWA			74	K30/266 (K)753	01:07:49	01:02:17	00:37:45 / 5292	9.63
4917	3073	TWAROWSKI MICHAŁ	WARSZAWA			90	M20/1303 (M)4164	01:07:50	01:02:21	00:35:47 / 4890	9.62
4918	3159	FURLAGA PRZEMEK	WARSZAWA			81	M20/1304 (M)4165	01:07:50	01:05:16	00:34:01 / 4350	9.19
4919	3467	JAKUBCZAK PRZEMYSŁAW	KĘDZYBORÓW			77	M30/1633 (M)4166	01:07:50	01:04:14	00:33:07 / 4071	9.34
4920	430	ZAWADZKI TOMASZ	WARSZAWA			64	M40/776 (M)4167	01:07:51	01:04:13	00:34:36 / 4554	9.34
4921	6524	FLORIAŃSKI MAREK	WARSZAWA			77	M30/1634 (M)4168	01:07:52	01:02:40	00:36:06 / 4965	9.57
4922	441	ŻURAWSKA-KAROLCZAK MAŁGORZATA	WARSZAWA			52	K50/36 (K)754	01:07:53	01:03:27	00:36:20 / 5008	9.46
4923	4937	MECH KATARZYNA	KOBYŁKA			85	K20/318 (K)755	01:07:54	01:02:08	00:37:13 / 5177	9.66
4924	5253	ADAMCZEWSKI ANDRZEJ	KONARY			55	M50/340 (M)4169	01:07:54	01:02:35	00:36:34 / 5068	9.59
4925	2990	KEBEDE MIKI	WARSZAWA			94	M20/1305 (M)4170	01:07:55	01:05:30	00:32:15 / 3785	9.16
4926	6301	ŚWIDERSKI KRYSZTIAN	WARSZAWA			96	M20/1306 (M)4171	01:07:55	01:05:09	00:33:07 / 4067	9.21
4927	3894	RUSZNIK MAGDALENA	PIASECZNO			77	K30/267 (K)756	01:07:56	01:07:15	00:33:20 / 4129	8.92
4928	2701	MANOWSKI MACIEJ	WARSZAWA		NOCARZ.PL	75	M30/1635 (M)4172	01:07:56	01:07:10	00:32:11 / 3762	8.93
4929	2775	BOBER DAMIAN	WARSZAWA			80	M30/1636 (M)4173	01:07:56	01:04:44	00:34:49 / 4623	9.27
4930	4594	KUBALSKA JOANNA	WARSZAWA			86	K20/319 (K)757	01:07:58	01:02:58	00:37:21 / 5209	9.53
4931	2634	ZAJĄC MARCIN	NADARZYN		STRATOSMEDIA	86	M20/1307 (M)4174	01:07:58	01:02:58	00:37:22 / 5211	9.53
4932	6341	WASIAK MAGDA	KUTNO			86	K20/320 (K)758	01:07:58	01:03:49	00:36:10 / 4978	9.40
4933	4443	BINDER PIOTR			OTK RZEŹNIK	77	M30/1637 (M)4175	01:07:58	01:02:39	00:37:23 / 5214	9.58
4934	4499	SIEDLECKI KONRAD	GDAŃSK			78	M30/1638 (M)4176	01:07:58	01:02:39	00:37:23 / 5213	9.58
4935	4706	GILEWICZ MIROSLAW	WARSZAWA			61	M40/777 (M)4177	01:07:58	01:02:23	00:37:11 / 5164	9.62
4936	4655	KOWALCZYK EWELINA	WYSZKÓW			79	K30/268 (K)759	01:08:00	01:05:23	00:34:05 / 4381	9.18
4937	1688	KWASIBORSKI PRZEMYSŁAW	WARSZAWA			77	M30/1639 (M)4178	01:08:01	01:02:22	00:35:55 / 4920	9.62
4938	3283	SELESKI KRZYSZTOF	WARSZAWA			61	M40/778 (M)4179	01:08:01	01:03:42	00:37:42 / 5281	9.42
4939	2416	KRZYKWA AGNIESZKA	LEGIONOWO			65	K40/128 (K)760	01:08:02	01:02:31	00:37:45 / 5294	9.60
4940	4449	URBAŃSKI BARTŁOMIEJ	WARSZAWA			81	M20/1308 (M)4180	01:08:03	01:03:46	00:36:33 / 5065	9.41
4941	4446	SKUPIŃSKI KRZYSZTOF	WARSZAWA			77	M30/1640 (M)4181	01:08:03	01:03:45	00:36:33 / 5067	9.41
4942	5847	ŁAZIŃSKA MARIOLA	WARSZAWA			68	K40/129 (K)761	01:08:03	01:03:53	00:35:37 / 4825	9.39
4943	1780	OSTROWSKI ARTUR	WARSZAWA		BARCELONETA	72	M30/1641 (M)4182	01:08:04	01:06:37	00:33:21 / 4130	9.01
4944	3399	JAKUBOWSKA DOMINIKA	WARSZAWA			79	K30/269 (K)762	01:08:04	01:03:41	00:36:43 / 5097	9.42
4945	6247	SYGULA MARIA	WARSZAWA			96	K20/321 (K)763	01:08:04	01:02:41	00:36:43 / 5098	9.57
4946	4953	SULIŃSKA MARLENA	PRUSZKÓW			80	K30/270 (K)764	01:08:04	01:02:54	00:37:13 / 5172	9.54
4947	897	WRZESIEŃ PIOTR	RADOM			74	M30/1642 (M)4183	01:08:05	01:02:26	00:37:24 / 5220	9.61
4948	3454	FISZER-NOWACKA ANNA	WARSZAWA			74	K30/271 (K)765	01:08:06	01:02:35	00:37:53 / 5327	9.59
4949	1659	BRZUSZCZYŃSKI RADOSŁAW	WARSZAWA			73	M30/1643 (M)4184	01:08:07	01:03:00	00:36:14 / 4990	9.52
4950	2789	KOZIŃSKI JANUSZ	WARSZAWA			50	M60/79 (M)4185	01:08:08	01:02:12	00:38:02 / 5344	9.65
4951	3279	HAMERUK MARIUSZ	WARSZAWA		BIESZCZADZKIE JELONKI	85	M20/1309 (M)4186	01:08:08	01:05:58	00:34:57 / 4657	9.10
4952	453	OWCZAREK STEFAN	WARSZAWA			53	M50/341 (M)4187	01:08:09	01:03:20	00:36:29 / 5047	9.47
4953	1255	SZAFRAN HALINA	WŁOCŁAWEK		WKB MARATOŃCZYK WŁOCŁAWEK	60	K50/37 (K)766	01:08:09	01:03:09	00:35:47 / 4889	9.50
4954	3403	SZELACHOWSKI WOJCIECH	WARSZAWA			79	M30/1644 (M)4188	01:08:09	01:04:46	00:33:22 / 4144	9.26
4955	2105	OKULSKA JOANNA	NIEPORĘT			69	K40/130 (K)767	01:08:10	01:03:09	00:36:02 / 4946	9.50
4956	3404	SZELACHOWSKA MAŁGORZATA	WARSZAWA			79	K30/272 (K)768	01:08:10	01:03:21	00:36:29 / 5048	9.47
4957	4922	PIECHOWICZ STANISŁAW	WARSZAWA			79	M30/1645 (M)4189	01:08:10	01:02:33	00:36:40 / 5083	9.59
4958	3110	WILK-KOPACZ KATARZYNA	WARSZAWA			77	K30/273 (K)769	01:08:11	01:02:40	00:37:45 / 5293	9.57
4959	1018	GOSEK ANDRZEJ	WARSZAWA		KYOKUSHIN DOJO MŁODE LWY	68	M40/779 (M)4190	01:08:12	01:03:25	00:36:21 / 5014	9.46
4960	2502	CZECHOWSKI JERZY	WARSZAWA		MZA WARSZAWA	49	M60/80 (M)4191	01:08:12	01:03:10	00:36:00 / 4937	9.50
4961	2591	ROGAŁA BOŻENA	WARSZAWA			60	K50/38 (K)770	01:08:12	01:02:23	00:36:42 / 5096	9.62
4962	6509	HOTÓWKA WOJCIECH				81	M20/1310 (M)4192	01:08:12	01:06:11	00:36:18 / 4998	9.07
4963	5488	GAŁĄZKA JÓZEF	WARSZAWA			93	M20/1311 (M)4193	01:08:13	01:03:26	00:36:21 / 5015	9.46
4964	301	MAKARUK RAFAŁ	SULEJÓWEK			69	M40/780 (M)4194	01:08:14	01:03:39	00:36:27 / 5033	9.43
4965	1966	GRABEK ANNA	WARSZAWA			75	K30/274 (K)771	01:08:14	01:03:35	00:36:16 / 4992	9.44
4966	6161	RZYSKO TOMASZ	WÓLKA KOZODAWSKA			68	M40/781 (M)4195	01:08:14	01:04:47	00:34:23 / 4488	9.26
4967	4858	RÓŻYCKA MARTYNA	WARSZAWA			78	K30/275 (K)772	01:08:14	01:04:21	00:35:17 / 4733	9.32
4968	3150	KURPIŃSKI WIKTOR	WARSZAWA		123-A-TERAZ-MY	87	M20/1312 (M)4196	01:08:14	01:05:45	00:35:54 / 4917	9.13
4969	2880	DYSKO BOŻENA	WARSZAWA			65	K40/131 (K)773	01:08:15	01:05:51	00:35:01 / 4671	9.11
4970	3883	ZDUNEK TOMASZ	WARSZAWA			74	M30/1646 (M)4197	01:08:15	01:04:37	00:35:45 / 4878	9.29
4971	2868	GRANIEWSKI ANDRZEJ	WARSZAWA			58	M50/342 (M)4198	01:08:15	01:04:14	00:38:01 / 5341	9.34
4972	2703	DĄBROWSKI WOJCIECH	WARSZAWA			80	M30/1647 (M)4199	01:08:16	01:07:31	00:33:02 / 4033	8.89
4973	6145	RUDNICKA GRAŻYNA	WYSZKOW			61	K40/132 (K)774	01:08:17	01:07:22	00:34:21 / 4476	8.91

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Czas Netto	5km	[km/h]
4974	6146	RUDNICKI TADEUSZ	WYSZKOW			65	M40/782 (M)4200	01:08:17	01:07:22	00:34:21 / 4477	8.91
4975	3016	KOSMALA PIOTR	WARSZAWA			74	M30/1648 (M)4201	01:08:17	01:04:19	00:34:45 / 4600	9.33
4976	2115	LASKUS WIKTORIA	WARSZAWA		NIE_BIEGAJ_BO_SIE_SPOCISZ_TEAM	83	K20/322 (K)775	01:08:18	01:04:32	00:34:34 / 4546	9.30
4977	2541	PILCICKI PRZEMYSŁAW	WARSZAWA			85	M20/1313 (M)4202	01:08:18	01:02:28	00:37:28 / 5233	9.61
4978	460	GRZESZCZYK ANDRZEJ	WARSZAWA		URSYNÓW	53	M50/343 (M)4203	01:08:19	01:05:10	00:34:39 / 4569	9.21
4979	2755	SAMULIK PIOTR	SIENNICA			79	M30/1649 (M)4204	01:08:19	01:07:07	00:32:22 / 3831	8.94
4980	4767	DWORAK BOGUSZ	WARSZAWA			77	M30/1650 (M)4205	01:08:19	01:04:31	00:35:01 / 4670	9.30
4981	5684	KONARSKA GRAŻYNA	SKIERNIEWICE			59	K50/39 (K)776	01:08:23	01:04:33	00:35:19 / 4742	9.30
4982	3752	NAZOREK ANNA	OTWOCK			74	K30/276 (K)777	01:08:24	01:06:03	00:35:10 / 4695	9.08
4983	3922	PŁOSKI GRZEGORZ	WARSZAWA		SPORT FIGIEKKI	59	M50/344 (M)4206	01:08:25	01:02:43	00:37:21 / 5207	9.57
4984	4042	NIEŚCIORUK ANNA	ŁOMIANKI		WARM	61	K40/133 (K)778	01:08:26	01:02:37	00:37:00 / 5135	9.58
4985	6053	PERZANOWSKA ELŻBIETA	POŚWIĘTNE			90	K20/323 (K)779	01:08:27	01:03:42	00:37:29 / 5240	9.42
4986	1106	PIOTROWSKI RAFAŁ	WARSZAWA			95	M20/1314 (M)4207	01:08:28	01:03:59	00:37:55 / 5328	9.38
4987	2676	KĘPCZYŃSKI JANUSZ	OŻARÓW MAZOWIECKI		GOSIR OŻARÓW MAZOWIECKI	49	M60/81 (M)4208	01:08:28	01:04:16	00:35:08 / 4687	9.34
4988	2760	MICHALCZYK WOJCIECH	WARSZAWA			86	M20/1315 (M)4209	01:08:29	01:06:03	00:32:51 / 3993	9.08
4989	5955	MODRZEJEWSKI MIKOŁAJ	ZALESIE GÓRNE			80	M30/1651 (M)4210	01:08:29	01:03:11	00:36:41 / 5085	9.50
4990	2967	MAMRO ZDZISŁAW	KRAKÓW		NIEZRZESZONY	46	M60/82 (M)4211	01:08:29	01:03:41	00:36:58 / 5130	9.42
4991	6238	SUCHARDA EDWARD ANDRZEJ	WARSZAWA		GIMNAZJUM NR 42	97	M20/1316 (M)4212	01:08:29	01:02:25	00:37:31 / 5245	9.61
4992	1364	STRUSIŃSKI GRZEGORZ	WARSZAWA			70	M40/783 (M)4213	01:08:30	01:02:55	00:38:10 / 5358	9.54
4993	2141	BORYCKI TOMASZ	WARSZAWA			76	M30/1652 (M)4214	01:08:31	01:02:02	00:35:46 / 4884	9.67
4994	6032	PACANOWSKI PRZEMYSŁAW	PIASECZNO			73	M30/1653 (M)4215	01:08:31	01:02:57	00:37:46 / 5298	9.53
4995	4333	ZIELIŃSKI MARCIN	WARSZAWA			71	M30/1654 (M)4216	01:08:32	01:02:37	00:38:47 / 5425	9.58
4996	251	MUSZYŃSKI JAN	WARSZAWA			40	M70/12 (M)4217	01:08:32	01:07:54	00:33:27 / 4170	8.84
4997	371	GROCHOWSKI ADRIAN	MARKI			95	M20/1317 (M)4218	01:08:33	01:04:11	00:32:34 / 3911	9.35
4998	2508	OSTROWSKI PAWEŁ	WARSZAWA			81	M20/1318 (M)4219	01:08:33	01:03:39	00:35:40 / 4845	9.43
4999	1209	JEDLIŃSKA MARTA	WARSZAWA		DB MARATHON TEAM	73	K30/277 (K)780	01:08:34	01:06:49	00:33:57 / 4326	8.98
5000	7026	KUCHARSKI MAREK	KLWÓW			75	M30/1655 (M)4220	01:08:34	01:03:08	00:37:51 / 5321	9.50
5001	7025	ADAMIAK AGNIESZKA	ŁÓDŹ			71	K30/278 (K)781	01:08:34	01:03:08	00:37:51 / 5320	9.50
5002	6763	SZCZĘSNY TOMASZ	PRUSZKÓW			10	(M)4221	01:08:34	01:02:54	00:36:34 / 5069	9.54
5003	5871	MAKOCCA JOANNA	WARSZAWA			83	K20/324 (K)782	01:08:35	01:06:31	00:34:13 / 4437	9.02
5004	2496	STACHOWICZ DOMINIK	WOŁOMIN		KB REBUS	76	M30/1656 (M)4222	01:08:35	01:03:02	00:38:10 / 5357	9.52
5005	3510	JANKOWSKA ANNA	WARSZAWA		KLUB VIII	85	K20/325 (K)783	01:08:36	01:05:10	00:34:44 / 4596	9.21
5006	2580	STACHOWICZ MACIEJ	KOBYŁKA			77	M30/1657 (M)4223	01:08:36	01:03:02	00:38:10 / 5359	9.52
5007	6828	WÓJCIK PIOTR	WARSZAWA			78	M30/1658 (M)4224	01:08:36	01:07:06	00:34:06 / 4387	8.94
5008	5510	GOŁĘBIEWSKI RAFAŁ	SOCHACZEW			86	M20/1319 (M)4225	01:08:37	01:07:50	00:33:05 / 4054	8.85
5009	5511	GOŁĘBIEWSKI ŁUKASZ	SOCHACZEW			89	M20/1320 (M)4226	01:08:37	01:07:50	00:33:05 / 4053	8.85
5010	4599	WACHOWIEC MACIEJ	WARSZAWA		AGR WELODROM	82	M20/1321 (M)4227	01:08:38	01:02:56	00:36:38 / 5077	9.53
5011	516	KOŁODZIEJ PIOTR	OSTRÓW MAZOWIECKA			62	M40/784 (M)4228	01:08:40	01:04:12	00:35:40 / 4840	9.35
5012	3872	GAŁ MICHAŁ	WARSZAWA		BRAK	80	M30/1659 (M)4229	01:08:40	01:05:18	00:34:38 / 4562	9.19
5013	1920	KOSSAK LESZEK	WARSZAWA			49	M60/83 (M)4230	01:08:40	01:03:44	00:37:52 / 5326	9.41
5014	7022	NOWAK EWA	ŁÓDŹ			94	K20/326 (K)784	01:08:40	01:03:35	00:37:49 / 5316	9.44
5015	184	MEJ PAWEŁ	DZIEWIN			72	M30/1660 (M)4231	01:08:41	01:08:40	00:26:38 / 1824	8.74
5016	3760	CICHOCKI JAROSŁAW	BRWINÓW			77	M30/1661 (M)4232	01:08:41	01:04:01	00:38:02 / 5345	9.37
5017	4181	PIECHOWSKI TOMASZ	WARSZAWA			77	M30/1662 (M)4233	01:08:42	01:04:04	00:36:26 / 5032	9.37
5018	4402	ŻELAZNY ALEKSANDRA	WARSZAWA		CEVA FREIGHT (POLAND)	81	K20/327 (K)785	01:08:42	01:03:15	00:36:31 / 5057	9.49
5019	3234	TROJAN-STELMACH MONIKA	WARSZAWA			77	K30/279 (K)786	01:08:42	01:05:37	00:34:50 / 4627	9.14
5020	384	BOŃCZAK MARCIN	WARSZAWA			81	M20/1322 (M)4234	01:08:43	01:06:14	00:34:05 / 4380	9.06
5021	3356	MAJCHERCZYK MAŁGORZATA	WARSZAWA			63	K40/134 (K)787	01:08:43	01:03:53	00:37:44 / 5287	9.39
5022	5944	MŁODAWSKA ANNA	WARSZAWA			83	K20/328 (K)788	01:08:43	01:03:14	00:36:04 / 4952	9.49
5023	3839	JANISZEWSKI MAREK	WARSZAWA			90	M20/1323 (M)4235	01:08:44	01:06:20	00:32:41 / 3951	9.05
5024	3358	PACHOLEC MARCIN	WARSZAWA		HOS RUNNING TEAM	79	M30/1663 (M)4236	01:08:44	01:03:54	00:37:44 / 5288	9.39
5025	3357	DRZEWIECKI ALESKANDER	WARSZAWA		HOS RUNNING TEAM	72	M30/1664 (M)4237	01:08:44	01:03:54	00:37:44 / 5289	9.39
5026	2410	BOGURADZKI DARIUSZ	JABŁONNA			84	M20/1324 (M)4238	01:08:45	01:03:32	00:37:15 / 5187	9.44
5027	2411	POKORA AGNIESZKA	ZĄBKI			71	K30/280 (K)789	01:08:45	01:03:33	00:37:15 / 5185	9.44
5028	1799	WOLNY DAMIAN	WAWA			89	M20/1325 (M)4239	01:08:45	01:08:42	00:36:14 / 4989	8.73
5029	1798	KOPIEĆ KATARZYNA	WARSZAWA			90	K20/329 (K)790	01:08:45	01:08:42	00:36:14 / 4986	8.73
5030	2288	DUDEK BARTŁOMIEJ	WARSZAWA			82	M20/1326 (M)4240	01:08:45	01:03:17	00:36:14 / 4987	9.48
5031	1858	ŁADA DOMINIK	WARSZAWA			84	M20/1327 (M)4241	01:08:45	01:05:27	00:34:43 / 4591	9.17

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Czas Netto	5km	[km/h]
5032	143	ŁADA MARIUSZ	WARSZAWA		PKO	77	M30/1665 (M)4242	01:08:45	01:05:27	00:34:43 / 4590	9.17
5033	1168	JAKOWIECKI KAROL	PARCZEW			85	M20/1328 (M)4243	01:08:46	01:03:29	00:37:12 / 5169	9.45
5034	1169	NAUMIUK MAŁGORZATA	PARCZEW			79	K30/281 (K)791	01:08:46	01:03:29	00:37:12 / 5166	9.45
5035	1571	KLUCZKA MARTA	WARSZAWA			82	K20/330 (K)792	01:08:46	01:03:49	00:35:14 / 4718	9.40
5036	4272	ROTOWSKA KAROLINA	OTRĘBUSY			84	K20/331 (K)793	01:08:46	01:03:45	00:36:57 / 5126	9.41
5037	2046	MECH PAULINA	KOBYŁKA			90	K20/332 (K)794	01:08:47	01:03:02	00:37:13 / 5178	9.52
5038	3261	MOSIEJ-SITEK JOANNA	WARSZAWA			75	K30/282 (K)795	01:08:47	01:07:30	00:33:18 / 4119	8.89
5039	3260	SITEK PIOTR	WARSZAWA			69	M40/785 (M)4244	01:08:47	01:07:29	00:33:18 / 4118	8.89
5040	2047	GÓRECKI BARTOSZ	DUCZKI			90	M20/1329 (M)4245	01:08:48	01:03:03	00:37:14 / 5179	9.52
5041	2526	SZARLIK-WOŹNIAK MAŁGORZATA	BLIZNE			75	K30/283 (K)796	01:08:48	01:03:44	00:37:25 / 5223	9.41
5042	851	WOŹNIAK ANGELIKA	WARSZAWA			83	K20/333 (K)797	01:08:49	01:03:31	00:36:55 / 5121	9.45
5043	4610	SZENAJCH-IWASZKIEWICZ JOANNA	WARSZAWA			81	K20/334 (K)798	01:08:50	01:02:47	00:37:08 / 5153	9.56
5044	2006	BARTNIK JOANNA				89	K20/335 (K)799	01:08:50	01:05:10	00:35:30 / 4802	9.21
5045	3201	MANOWSKI ANDRZEJ	WARSZAWA		CEVA FREIGHT (POLAND) SP. Z O.O.	69	M40/786 (M)4246	01:08:50	01:08:07	00:32:20 / 3821	8.81
5046	263	GRANAT BOGUSŁAW	WARSZAWA		A1POL	32	M70/13 (M)4247	01:08:51	01:04:30	00:34:44 / 4593	9.30
5047	1616	ROKICKI MARCIN	WARSZAWA			74	M30/1666 (M)4248	01:08:51	01:03:02	00:37:47 / 5300	9.52
5048	3542	PĘKALA KAROL	WARSZAWA			77	M30/1667 (M)4249	01:08:51	01:03:14	00:39:36 / 5495	9.49
5049	2020	GRASZEK ARLETA	ŁĄŻEK		GAZETA WYBORCZA/POLSKA BIEGA	69	K40/135 (K)800	01:08:52	01:05:59	00:37:48 / 5306	9.09
5050	4415	POLKOWSKA IZABELA	WARSZAWA		NIE	66	K40/136 (K)801	01:08:52	01:07:30	00:33:05 / 4058	8.89
5051	6250	SZALAK MICHAŁ	WARSZAWA			77	M30/1668 (M)4250	01:08:53	01:03:14	00:35:44 / 4873	9.49
5052	5632	KAPERZYŃSKI GRZEGORZ	W-WA			82	M20/1330 (M)4251	01:08:53	01:08:17	00:32:43 / 3958	8.79
5053	1543	PIOTROWSKI TOMASZ	SZCZECIN			83	M20/1331 (M)4252	01:08:53	01:02:59	00:39:38 / 5499	9.53
5054	1545	JARACZEWSKI JERZY	WARSZAWA			91	M20/1332 (M)4253	01:08:53	01:02:58	00:39:39 / 5501	9.53
5055	5858	ŁUCZYŃSKA MONIKA	WARSZAWA			71	K30/284 (K)802	01:08:54	01:03:43	00:37:09 / 5156	9.42
5056	1847	WAWRZYŃCZYK-MALINOWSKA ANIA	WARSZAWA		NIEZRZESZONA	67	K40/137 (K)803	01:08:55	01:04:40	00:36:14 / 4991	9.28
5057	1848	MALINOWSKI PIOTR	WARSZAWA		NIEZRZESZONY	66	M40/787 (M)4254	01:08:55	01:04:40	00:36:14 / 4988	9.28
5058	966	DĄBROWSKI TOMASZ	WARSZAWA			78	M30/1669 (M)4255	01:08:56	01:03:27	00:38:21 / 5379	9.46
5059	4267	GAWROŃSKA MARTA	KANIE			83	K20/336 (K)804	01:08:57	01:03:56	00:36:54 / 5119	9.38
5060	3052	PROKOP ŁUKASZ	WARSZAWA		DZIELNICA URSUS	85	M20/1333 (M)4256	01:08:57	01:07:08	00:34:37 / 4558	8.94
5061	3056	BAK DAGMARA	WARSZAWA		DZIELNICA URSUS	85	K20/337 (K)805	01:08:57	01:07:09	00:34:37 / 4560	8.94
5062	1355	FAFIŃSKI PIOTR	WARSZAWA			76	M30/1670 (M)4257	01:08:58	01:03:02	00:39:44 / 5508	9.52
5063	2894	MACKIEWICZ ANDRZEJ	W-WA			49	M60/84 (M)4258	01:08:58	01:03:07	00:37:49 / 5314	9.51
5064	1959	MARCINKOWSKI BARTOSZ	WARSZAWA			73	M30/1671 (M)4259	01:08:58	01:04:52	00:37:06 / 5151	9.25
5065	1958	MARCINKOWSKA DANUTA	WARSZAWA			74	K30/285 (K)806	01:08:59	01:04:52	00:37:06 / 5152	9.25
5066	930	RYBAK BARTŁOMIEJ	WARSZAWA			64	M40/788 (M)4260	01:09:00	01:04:04	00:36:41 / 5092	9.37
5067	353	BOROWSKI JACEK	WARSZAWA			70	M40/789 (M)4261	01:09:00	01:04:46	00:35:58 / 4930	9.26
5068	7050	FREY MAGDALENA	WARSZAWA			74	K30/286 (K)807	01:09:00	01:06:44	00:35:42 / 4856	8.99
5069	354	STRĄCZEK WOJCIECH	WARSZAWA			70	M40/790 (M)4262	01:09:01	01:04:47	00:35:58 / 4931	9.26
5070	5280	BARAN KINGA	ZGÓRZE		RUNNING TEAM MIASTKÓW	95	K20/338 (K)808	01:09:01	01:04:22	00:37:40 / 5278	9.32
5071	2851	BRZOZOWSKI MARCIN	WARSZAWA			79	M30/1672 (M)4263	01:09:01	01:02:47	00:38:48 / 5428	9.56
5072	5406	CZEPUKOJC MARTA	GDAŃSK		RUN SLOW - KISS FAST	81	K20/339 (K)809	01:09:01	01:04:07	00:36:05 / 4961	9.36
5073	5966	MULLER HUBERT	KRAKÓW		RUN SLOW - KISS FAST	78	M30/1673 (M)4264	01:09:01	01:04:07	00:36:06 / 4962	9.36
5074	863	SKOLIMOWSKA JAGODA	ŻABOKLIKI			89	K20/340 (K)810	01:09:03	01:03:21	00:37:32 / 5248	9.47
5075	862	SKOLIMOWSKA EWA	ŻABOKLIKI			94	K20/341 (K)811	01:09:03	01:03:21	00:37:32 / 5249	9.47
5076	2192	ISHIHARA YUKI	WARSZAWA			68	K40/138 (K)812	01:09:03	01:05:20	00:36:32 / 5058	9.18
5077	6839	RACŁAWSKI MAREK	WARSZAWA			68	M40/791 (M)4265	01:09:04	01:04:33	00:34:21 / 4474	9.30
5078	1435	TRYNIECKA IWONA	CHELM			83	K20/342 (K)813	01:09:05	01:05:17	00:35:00 / 4669	9.19
5079	1544	GORCZYCA ANNA	WARSZAWA			76	K30/287 (K)814	01:09:05	01:03:10	00:39:38 / 5500	9.50
5080	1377	STOLARSKA BEATA	JABLONNA		ŁADEKS	66	K40/139 (K)815	01:09:06	01:07:01	00:35:06 / 4682	8.95
5081	5468	FELCZAK WŁODZIMIERZ	SOCHACZEW		KLUB MARATOŃCZYKA AKTYWNI	56	M50/345 (M)4266	01:09:07	01:03:44	00:37:27 / 5232	9.41
5082	1042	PASIŃSKA ANETA	WARSZAWA			75	K30/288 (K)816	01:09:08	01:03:36	00:37:00 / 5137	9.43
5083	1407	STAROŃ PAWEŁ	WARSZAWA			77	M30/1674 (M)4267	01:09:08	01:03:58	00:38:04 / 5349	9.38
5084	6886	MAJEWSKI KAMIL	KOBYŁKA			95	M20/1334 (M)4268	01:09:09	01:06:44	00:33:30 / 4178	8.99
5085	3903	SZCZODROWSKI MARCIN	WARSZAWA			77	M30/1675 (M)4269	01:09:10	01:03:26	00:38:26 / 5388	9.46
5086	1081	MIKULSKI JACEK	WARSZAWA			92	M20/1335 (M)4270	01:09:10	01:06:48	00:34:54 / 4644	8.98
5087	1280	RASMUSSEN CARSTEN	WARSZAWA		DANISH DYNAMITE	60	M50/346 (M)4271	01:09:11	01:03:29	00:36:53 / 5116	9.45



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Czas Netto	5km	[km/h]
5088	2864	ŁAZUR RAFAŁ	WARSZAWA			90	M20/1336 (M)4272	01:09:11	01:03:27	00:38:26 / 5389	9.46
5089	2065	SABALA KRZYSZTOF	WARSZAWA			60	M50/347 (M)4273	01:09:14	01:03:42	00:37:42 / 5283	9.42
5090	4118	KALEŃSKA-KLIMCZAK ALICJA	WARSZAWA			71	K30/289 (K)817	01:09:14	01:06:32	00:34:45 / 4599	9.02
5091	2660	KUREK MICHAŁ	WARSZAWA			84	M20/1337 (M)4274	01:09:14	01:03:41	00:37:48 / 5307	9.42
5092	4502	REICH BRUNO	WARSZAWA			85	M20/1338 (M)4275	01:09:14	01:03:42	00:37:42 / 5282	9.42
5093	833	OCHKOVSKA MARIANA	WRASZAWA			88	K20/343 (K)818	01:09:15	01:07:31	00:34:48 / 4619	8.89
5094	5767	KUBIK MARLENA	ŁĄCK			90	K20/344 (K)819	01:09:15	01:04:26	00:36:42 / 5093	9.31
5095	1218	BUJALSKA PATRYCJA	WARSZAWA			78	K30/290 (K)820	01:09:15	01:03:48	00:36:35 / 5071	9.40
5096	4012	PORTACHA KATARZYNA	WARSZAWA			78	K30/291 (K)821	01:09:16	01:05:27	00:35:21 / 4753	9.17
5097	3951	HAJNAS ANNA	WARSZAWA			83	K20/345 (K)822	01:09:16	01:06:08	00:36:10 / 4976	9.07
5098	2852	BRZozowska KATARZYNA	WARSZAWA			77	K30/292 (K)823	01:09:17	01:03:04	00:38:49 / 5430	9.51
5099	1908	MARIAŃSKI MAREK	OLSZTYN			52	M50/348 (M)4276	01:09:18	01:06:10	00:36:13 / 4984	9.07
5100	1582	HINDERA PRZEMYSŁAW	WARSZAWA			80	M30/1676 (M)4277	01:09:20	01:05:34	00:36:40 / 5082	9.15
5101	3941	MACIEJAK ALEKSANDRA	WARSZAWA			74	K30/293 (K)824	01:09:22	01:03:34	00:37:10 / 5158	9.44
5102	3943	KOZŁOWSKA GRAŻYNA	WARSZAWA			74	K30/294 (K)825	01:09:23	01:03:35	00:37:10 / 5157	9.44
5103	3003	PACYNIA TOMASZ	WARSZAWA			76	M30/1677 (M)4278	01:09:24	01:03:47	00:39:36 / 5496	9.41
5104	5784	KUREK ELŻBIETA	WOŁOMIN			90	K20/346 (K)826	01:09:25	01:03:49	00:37:13 / 5174	9.40
5105	3803	SEREMAK IWONA	PRUSZKÓW		HENKEL RUNNING TEAM	71	K30/295 (K)827	01:09:26	01:05:27	00:35:30 / 4798	9.17
5106	3802	CUDNY ADAM	WARSZAWA			72	M30/1678 (M)4279	01:09:26	01:05:27	00:35:30 / 4799	9.17
5107	3821	BRAJBISZ MARTA	WARSZAWA			86	K20/347 (K)828	01:09:26	01:06:05	00:34:57 / 4659	9.08
5108	6893	RAJCHERT PAWEŁ	PIASECZNO			46	M60/85 (M)4280	01:09:26	01:03:50	00:37:10 / 5159	9.40
5109	4291	OKAPIEC ALEKSANDRA	WARSZAWA			81	K20/348 (K)829	01:09:27	01:07:18	00:34:10 / 4421	8.92
5110	4290	OLAK PIOTR	WARSZAWA			71	M30/1679 (M)4281	01:09:27	01:07:18	00:34:10 / 4418	8.92
5111	70	KĘDZIOR PRZEMYSŁAW			BIURO ADM.-GOSPODARCZE UMSW	77	M30/1680 (M)4282	01:09:27	01:03:32	00:38:17 / 5373	9.44
5112	4952	SKRZYPCZAK EDYTA	WARSZAWA			73	K30/296 (K)830	01:09:27	01:07:56	00:36:30 / 5053	8.83
5113	3672	BUCZEK PIOTR	WARSZAWA			77	M30/1681 (M)4283	01:09:28	01:03:48	00:38:24 / 5383	9.40
5114	5338	BONDARCZYK MARCIN	WARSZAWA		HENKEL RUNNING TEAM	82	M20/1339 (M)4284	01:09:28	01:05:29	00:35:29 / 4796	9.16
5115	5962	MROczkowska MARTA	WARSZAWA			85	K20/349 (K)831	01:09:28	01:07:19	00:34:17 / 4453	8.91
5116	5791	KWARCIŃSKI ADAM	POZEZRZE		FDNT RUNNING TEAM	86	M20/1340 (M)4285	01:09:29	01:05:18	00:38:12 / 5360	9.19
5117	4957	ZAGAJEWSKI PATRYK	BLONIE			91	M20/1341 (M)4286	01:09:29	01:08:15	00:33:48 / 4286	8.79
5118	3193	DRYJAŃSKA JOANNA	WARSZAWA			76	K30/297 (K)832	01:09:29	01:03:43	00:38:51 / 5434	9.42
5119	2590	BURNOS ZBIGNIEW	REGUŁY		ŁKB ŁOMŻA	75	M30/1682 (M)4287	01:09:30	01:04:19	00:44:02 / 5717	9.33
5120	5938	MISIACZEK-SPOCIŃSKA BEATA	WARSZAWA			72	K30/298 (K)833	01:09:30	01:04:12	00:37:28 / 5234	9.35
5121	1079	KOZŁOWSKI PIOTR	WARSZAWA			92	M20/1342 (M)4288	01:09:31	01:08:06	00:35:14 / 4717	8.81
5122	654	PILIPCZUK EDWARD	WARSZAWA			57	M50/349 (M)4289	01:09:32	01:04:43	00:36:32 / 5059	9.27
5123	2623	ARCISZEWSKA MARTA	WARSZAWA		OWCZY PĘD	78	K30/299 (K)834	01:09:33	01:03:46	00:37:22 / 5212	9.41
5124	2624	KRZYMOWSKI MAREK	SIEDLCE		OWCZY PĘD	72	M30/1683 (M)4290	01:09:33	01:03:47	00:37:21 / 5208	9.41
5125	3400	POTORECKA DOROTA	WARSZAWA			57	K50/40 (K)835	01:09:34	01:05:35	00:35:30 / 4797	9.15
5126	4007	POLAK DAMIAN	KOL. WARSZAWSKA			85	M20/1343 (M)4291	01:09:34	01:06:48	00:35:57 / 4922	8.98
5127	4004	POLAK ARTUR	KOL. WARSZAWSKA			76	M30/1684 (M)4292	01:09:36	01:06:51	00:35:57 / 4921	8.98
5128	1052	ŁEPECKA-CZAJKOWSKA KATARZYNA	WARSZAWA		RUN IS FUN	76	K30/300 (K)836	01:09:37	01:04:21	00:36:29 / 5046	9.32
5129	6004	NOWAK ANDRZEJ	UJAZD		AMATOR	63	M40/792 (M)4293	01:09:37	01:05:57	00:35:48 / 4897	9.10
5130	4078	GROCHOWSKA KAROLINA	WARSZAWA			87	K20/350 (K)837	01:09:38	01:08:44	00:35:53 / 4911	8.73
5131	4077	GROCHOWSKI ZDZISŁAW	WARSZAWA		AZS UW	59	M50/350 (M)4294	01:09:39	01:08:45	00:35:53 / 4910	8.73
5132	2235	GUTKOWSKI JANUSZ	WARSZAWA			73	M30/1685 (M)4295	01:09:39	01:04:41	00:36:40 / 5080	9.28
5133	1416	ŁAZOWSKA JOANNA	WARSZAWA			80	K30/301 (K)838	01:09:40	01:03:52	00:36:47 / 5104	9.39
5134	1588	ROZWADOWSKA HANNA	WARSZAWA			57	K50/41 (K)839	01:09:40	01:05:34	00:35:17 / 4730	9.15
5135	6523	GRYC MARIUSZ	WARSZAWA			71	M30/1686 (M)4296	01:09:40	01:04:13	00:37:52 / 5322	9.34
5136	397	KOBUSIŃSKI EUGENIUSZ	WARSZAWA		AUTOMEX	54	M50/351 (M)4297	01:09:41	01:04:33	00:37:26 / 5227	9.30
5137	5948	MŁYNARSKA RENATA	WARSZAWA			74	K30/302 (K)840	01:09:42	01:05:47	00:37:01 / 5140	9.12
5138	5936	MIRECKI TOMASZ	WARSZAWA			71	M30/1687 (M)4298	01:09:43	01:04:57	00:36:02 / 4947	9.24
5139	229	GRABOWSKI WOJCIECH	WARSZAWA			38	M70/14 (M)4299	01:09:43	01:09:40	00:33:06 / 4065	8.61
5140	5495	GEMBUS BŁAŻEJ	ŁÓDŹ			71	M30/1688 (M)4300	01:09:47	01:03:02	00:37:29 / 5236	9.52
5141	2172	SMYK MICHAŁ	WARSZAWA			84	M20/1344 (M)4301	01:09:48	01:04:36	00:38:42 / 5416	9.29
5142	3277	FLORCZYK OLA	WARSZAWA		BIESZCZADZKIE JELONKI	93	K20/351 (K)841	01:09:48	01:07:42	00:34:57 / 4658	8.86
5143	3648	KOWALCZYK AGNIESZKA	WARSZAWA			85	M20/1345 (M)4302	01:09:48	01:04:32	00:36:37 / 5075	9.30
5144	2850	GRUSZCZYŃSKI MAREK	WARSZAWA			48	M60/86 (M)4303	01:09:48	01:04:29	00:38:09 / 5355	9.30
5145	1443	GRAJKOWSKA TERESA	WARSZAWA			53	K50/42 (K)842	01:09:49	01:04:41	00:37:45 / 5296	9.28

<b>Miejsce Rank</b>	<b>Nr Bib</b>	<b>Nazwisko i imię Name</b>	<b>Miejscowość City</b>	<b>Kraj Nat</b>	<b>Drużyna Team</b>	<b>R-k YoB</b>	<b>W kategorii in Age Sex</b>	<b>Czas Time</b>	<b>Czas Netto</b>	<b>5km</b>	<b>[km/h]</b>
5146	3858	BANACH MONIKA	WARSZAWA			75	K30/303 (K)843	01:09:49	01:06:01	00:36:30 / 5051	9.09
5147	1038	JOŃCZYK ARTUR	WARSZAWA			74	M30/1689 (M)4304	01:09:50	01:07:21	00:35:58 / 4927	8.91
5148	1547	MARC EWELINA	BIAŁOBRZEGI			77	K30/304 (K)844	01:09:51	01:06:21	00:35:19 / 4741	9.04
5149	3398	KIELOCH KATARZYNA	WARSZAWA			83	K20/352 (K)845	01:09:51	01:03:59	00:38:19 / 5375	9.38
5150	4177	LEŚNIAK FILIP	HALINÓW			91	M20/1346 (M)4305	01:09:51	01:03:53	00:36:25 / 5030	9.39
5151	2929	PIOTROWSKI MIŁOSZ	WARSZAWA		ATHLETIC24.PL	87	M20/1347 (M)4306	01:09:53	01:04:25	00:35:58 / 4928	9.31
5152	3574	SPRAWKA KATARZYNA	NOWY DWÓR		NUTRIMASS.PL	70	K40/140 (K)846	01:09:55	01:07:30	00:34:59 / 4663	8.89
5153	4185	ŁAŃCUCKA KAROLINA	WARSZAWA			79	K30/305 (K)847	01:09:56	01:04:44	00:37:34 / 5259	9.27
5154	4184	PIOTROWSKA ANNA	WARSZAWA			88	K20/353 (K)848	01:09:56	01:04:45	00:37:34 / 5255	9.27
5155	2769	LUTYK PIOTR	JÓZEFÓW			52	M50/352 (M)4307	01:09:56	01:04:14	00:37:14 / 5183	9.34
5156	142	KREMER RENATE	WARSZAWA		ASICS	70	K40/141 (K)849	01:09:57	01:04:25	00:38:04 / 5348	9.31
5157	761	KARWAT JOANNA	WARSZAWA			76	K30/306 (K)850	01:09:58	01:04:29	00:37:30 / 5241	9.30
5158	3224	TRACZYK MAGDALENA	WARSZAWA			74	K30/307 (K)851	01:09:58	01:04:31	00:38:35 / 5402	9.30
5159	4490	DROSIO KATARZYNA	WARSZAWA			81	K20/354 (K)852	01:09:59	01:06:13	00:36:40 / 5081	9.06
5160	2198	NIEWIADOMSKI PIOTR	WARSZAWA		SZTACHETA	85	M20/1348 (M)4308	01:09:59	01:03:52	00:37:35 / 5261	9.39
5161	3059	KASPROWICZ PIOTR	WARSZAWA		DZIELNICA URSUS	82	M20/1349 (M)4309	01:09:59	01:08:07	00:34:44 / 4594	8.81
5162	4749	SZAFRAŃSKI MICHAŁ	WARSZAWA		DCS.PL	73	M30/1690 (M)4310	01:10:01	01:04:27	00:36:23 / 5022	9.31
5163	5714	KOWALCZYK ANNA	KRUPIA WÓLKA			76	K30/308 (K)853	01:10:03	01:04:01	00:41:35 / 5634	9.37
5164	2774	JABŁONOWSKI CEZARY	WARSZAWA			81	M20/1350 (M)4311	01:10:03	01:04:34	00:36:27 / 5037	9.29
5165	1251	OKOPIEŃ TOMASZ	GRÓJEC			76	M30/1691 (M)4312	01:10:03	01:04:38	00:38:59 / 5446	9.28
5166	3742	KOPCZYŃSKA ANNA	WARSZAWA			79	K30/309 (K)854	01:10:03	01:04:44	00:38:10 / 5356	9.27
5167	1461	CZERWONKA BARTOSZ	WARSZAWA			75	M30/1692 (M)4313	01:10:04	01:04:36	00:36:28 / 5041	9.29
5168	2799	SOBOLEWSKI RAFAŁ	WARSZAWA			75	M30/1693 (M)4314	01:10:05	01:04:37	00:36:28 / 5039	9.29
5169	4391	BOGUSZ MAREK	WARSZAWA		OPEN	66	M40/793 (M)4315	01:10:05	01:07:53	00:35:18 / 4735	8.84
5170	432	CZEMODUROW PAULINA	WARSZAWA			93	K20/355 (K)855	01:10:07	01:07:05	00:35:13 / 4714	8.94
5171	5272	BAJKO JUSTYNA	WARSZAWA			80	K30/310 (K)856	01:10:07	01:04:30	00:38:07 / 5351	9.30
5172	1833	JASIŃSKI EDWARD	HORNÓWEK			71	M30/1694 (M)4316	01:10:07	01:04:50	00:37:15 / 5186	9.25
5173	4553	GRZYL JOANNA	WARSZAWA			77	K30/311 (K)857	01:10:09	01:04:35	00:37:16 / 5188	9.29
5174	916	NOWAKOWSKI RYSZARD	SOCHACZEW			46	M60/87 (M)4317	01:10:10	01:04:32	00:37:02 / 5141	9.30
5175	501	POLITOWICZ KRZYSZTOF	CZECZOTKI			69	M40/794 (M)4318	01:10:12	01:05:29	00:36:00 / 4936	9.16
5176	4488	GIBKI MICHAŁ	WARSZAWA			84	M20/1351 (M)4319	01:10:13	01:04:18	00:38:13 / 5367	9.33
5177	3925	SIERAKIEWICZ GOSIA	WARSZAWA			92	K20/356 (K)858	01:10:13	01:05:43	00:35:59 / 4933	9.13
5178	2012	FRONTCZAK DOROTA	WARSZAWA		GAZETA WYBORCZA/POLSKA BIEGA	79	K30/312 (K)859	01:10:15	01:07:22	00:37:48 / 5309	8.91
5179	550	WYSOCKI JAN	WARSZAWA			43	M60/88 (M)4320	01:10:16	01:04:31	00:37:16 / 5189	9.30
5180	4389	NAGRODZKA MARYLA	WARSZAWA		OPEN	75	K30/313 (K)860	01:10:18	01:08:06	00:35:18 / 4736	8.81
5181	1632	MARANOWSKI IRENEUSZ	WARSZAWA			63	M40/795 (M)4321	01:10:21	01:09:15	00:33:46 / 4272	8.66
5182	3970	KLIMCZYK EWA	KRAKÓW			61	K40/142 (K)861	01:10:21	01:04:42	00:38:21 / 5378	9.27
5183	3926	PALUS EWA	WARSZAWA			75	K30/314 (K)862	01:10:22	01:05:27	00:35:54 / 4915	9.17
5184	6089	POTORSKI JAROSŁAW	WARSZAWA			84	M20/1352 (M)4322	01:10:23	01:04:23	00:41:20 / 5613	9.32
5185	1306	ŚWISTAK JOANNA	OTRĘBUSY			85	K20/357 (K)863	01:10:25	01:05:00	00:35:44 / 4871	9.23
5186	3096	PARFIAŃOWICZ MARCIN	WARSZAWA			63	M40/796 (M)4323	01:10:27	01:04:44	00:35:41 / 4849	9.27
5187	1318	BĄCZYK ŻANETA	CELESTYNÓW			91	K20/358 (K)864	01:10:28	01:06:59	00:34:56 / 4653	8.96
5188	6300	ŚWIDERSKI PAWEŁ	GRAJEWO		MARATONKA GRAJEWO	87	M20/1353 (M)4324	01:10:30	01:08:33	00:32:42 / 3955	8.75
5189	406	LESZCZUK ADAM	WARSZAWA			74	M30/1695 (M)4325	01:10:32	01:05:41	00:39:04 / 5450	9.13
5190	6811	KUDLEK KATARZYNA	RZESZÓW			84	K20/359 (K)865	01:10:33	01:05:03	00:38:48 / 5426	9.22
5191	1227	SZCZUREK ANNA	WARSZAWA			63	K40/143 (K)866	01:10:36	01:06:17	00:36:49 / 5108	9.05
5192	5251	ADAMCZEWSKA ANNA	WARSZAWA			85	K20/360 (K)867	01:10:36	01:05:16	00:38:58 / 5444	9.19
5193	1900	PAWLICKI LESZEK	WARSZAWA			84	M20/1354 (M)4326	01:10:37	01:07:20	00:35:05 / 4681	8.91
5194	2579	JAKUBIK JAN	WARSZAWA			95	M20/1355 (M)4327	01:10:37	01:07:36	00:35:15 / 4725	8.88
5195	564	TURLEJ ZBIGNIEW	WARSZAWA			48	M60/89 (M)4328	01:10:38	01:05:32	00:36:51 / 5111	9.16
5196	1594	MARCIŃSKA BEATA	WARSZAWA			70	K40/144 (K)868	01:10:38	01:04:52	00:36:52 / 5113	9.25
5197	5691	KOPEC MONIKA	WARSZAWA			74	K30/315 (K)869	01:10:38	01:05:34	00:37:02 / 5142	9.15
5198	5685	KONARSKI MACIEJ	WARSZAWA			74	M30/1696 (M)4329	01:10:39	01:05:35	00:37:03 / 5143	9.15
5199	2664	MOSTOWSKI JAN	WARSZAWA			49	M60/90 (M)4330	01:10:39	01:05:18	00:37:38 / 5270	9.19
5200	2663	KARP JAKUB	WARSZAWA			74	M30/1697 (M)4331	01:10:39	01:05:18	00:37:38 / 5268	9.19
5201	1783	WÓJCİK KRYSZYNA	WARSZAWA			49	K60/7 (K)870	01:10:41	01:05:00	00:37:38 / 5271	9.23
5202	4828	ADAMCZUK LUCYNA	WARSZAWA			82	K20/361 (K)871	01:10:41	01:05:15	00:36:28 / 5040	9.20
5203	1764	PNIEWSKA IRMINA	WARSZAWA			57	K50/43 (K)872	01:10:41	01:05:00	00:37:38 / 5269	9.23

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Czas Netto	5km	[km/h]
5204	2098	PERCZYŃSKI TOMASZ	WARSZAWA			78	M30/1698 (M)4332	01:10:41	01:05:24	00:39:13 / 5465	9.17
5205	2022	GASIŃSKI LUKASZ	WARSZAWA			73	M30/1699 (M)4333	01:10:42	01:04:55	00:40:25 / 5544	9.24
5206	1999	GASIŃSKA PAULINA	WARSZAWA			75	K30/316 (K)873	01:10:42	01:04:55	00:40:26 / 5545	9.24
5207	4827	LIS PIOTR	SULEJÓWEK			74	M30/1700 (M)4334	01:10:42	01:05:15	00:36:27 / 5038	9.20
5208	4568	KUCHARCZYK KRZYSZTOF	WARSZAWA			60	M50/353 (M)4335	01:10:43	01:06:45	00:36:19 / 4999	8.99
5209	3684	POGORZELSKI GRZEGORZ	WARSZAWA			65	M40/797 (M)4336	01:10:43	01:09:35	00:35:23 / 4766	8.62
5210	2428	KRUSZEWSKA-SENK AGNIESZKA	WARSZAWA		OBOZYBIEGOWE.PL	84	K20/362 (K)874	01:10:46	01:06:24	00:36:55 / 5120	9.04
5211	4764	WOLAŃSKA ANNA	RADOMSKO			79	K30/317 (K)875	01:10:46	01:05:44	00:36:41 / 5089	9.13
5212	4736	ZYGLEWICZ MARTA	WARSZAWA			94	K20/363 (K)876	01:10:47	01:05:44	00:38:36 / 5406	9.13
5213	5365	CEDROŃSKA DOMINIKA	WARSZAWA			94	K20/364 (K)877	01:10:47	01:05:44	00:38:37 / 5409	9.13
5214	6863	ZAWODNIK DO UZUP					(M)4337	01:10:48	01:05:34	00:37:39 / 5272	9.15
5215	4569	SCHMIDT-CIEŚLUK MONIKA	WARSZAWA			70	K40/145 (K)878	01:10:49	01:05:38	00:36:19 / 5001	9.14
5216	2583	WÓJCİK MARCIN	WARSZAWA		AMT...	10	(M)4338	01:10:50	01:07:15	00:38:12 / 5361	8.92
5217	1664	DAWIDCZYK KATARZYNA	KOBYŁKA			73	K30/318 (K)879	01:10:51	01:06:36	00:38:00 / 5338	9.01
5218	2471	KAWIŃSKA ALEKSANDRA	WARSZAWA			94	K20/365 (K)880	01:10:51	01:06:33	00:36:05 / 4957	9.02
5219	6872	WOŹNIAK SEBASTIAN	SIERPC			82	M20/1356 (M)4339	01:10:51	01:05:58	00:36:09 / 4975	9.10
5220	1185	ZIELIŃSKA MAGDALENA	WŁOCŁAWEK			82	K20/366 (K)881	01:10:52	01:06:57	00:38:00 / 5339	8.96
5221	4884	WYLOT GRAŻYNA	WARSZAWA			85	K20/367 (K)882	01:10:52	01:08:09	00:34:05 / 4385	8.80
5222	4880	MERIANO ELIZABETH	LOS ANGELES			77	K30/319 (K)883	01:10:52	01:08:09	00:34:06 / 4386	8.80
5223	1184	BOJAKOWSKA EWA	WŁOCŁAWEK			82	K20/368 (K)884	01:10:53	01:06:58	00:38:00 / 5340	8.96
5224	6149	RUSAK KINGA	MIASTKÓW KOŚCIELNY		RUNNING TEAM MIASTKÓW	95	K20/369 (K)885	01:10:53	01:06:14	00:37:40 / 5277	9.06
5225	6290	SZYDEK JACEK	WARSZAWA		FUNDACJA PROMETEUSZ	58	M50/354 (M)4340	01:10:54	01:08:43	00:34:30 / 4528	8.73
5226	1212	CHMIELEWSKI JACEK	BŁONIE		FOB TEAM	69	M40/798 (M)4341	01:10:56	01:05:54	00:35:42 / 4859	9.10
5227	3663	GAŚSIOR KATARZYNA	WARSZAWA			65	K40/146 (K)886	01:10:56	01:04:56	00:40:32 / 5552	9.24
5228	1590	DANISZEWSKI ROBERT	WARSZAWA			77	M30/1701 (M)4342	01:10:57	01:10:01	00:34:49 / 4624	8.57
5229	2301	PYCZ AGNIESZKA	WARSZAWA		POGROMCY NIEMOCY	75	K30/320 (K)887	01:10:58	01:06:00	00:39:46 / 5512	9.09
5230	3494	KLEPACKI TOMASZ	WARSZAWA			10	(M)4343	01:10:58	01:07:06	00:33:43 / 4252	8.94
5231	1478	MATERKA RAFAL	KUTNO			83	M20/1357 (M)4344	01:10:59	01:06:07	00:36:38 / 5076	9.07
5232	2338	CZABOK ELŻBIETA	WARSZAWA			71	K30/321 (K)888	01:11:00	01:05:09	00:38:25 / 5384	9.21
5233	2163	UMBER SHARON	WARSZAWA		VISTULA RUNNERS & HASH HOUSE HARRIERS	60	K50/44 (K)889	01:11:00	01:07:35	00:36:41 / 5091	8.88
5234	5337	BOGUSZ PAWEŁ	WARSZAWA			79	M30/1702 (M)4345	01:11:01	01:09:02	00:34:02 / 4362	8.69
5235	2266	GURIN MARTA	WARSZAWA			81	K20/370 (K)890	01:11:01	01:05:50	00:38:02 / 5343	9.11
5236	4942	BYCZKOWSKA MARTA	PIASECZNO			76	K30/322 (K)891	01:11:01	01:09:58	00:35:14 / 4716	8.58
5237	2267	STERNIK MONIKA	WARSZAWA			80	K30/323 (K)892	01:11:02	01:05:51	00:38:02 / 5342	9.11
5238	2893	PAJEWSKI SŁAWOMIR	WARSZAWA			55	M50/355 (M)4346	01:11:03	01:05:37	00:37:38 / 5267	9.14
5239	2103	KRAWCZYŃSKI JACEK	RADZIEJOWICE/ŚLABOMI			47	M60/91 (M)4347	01:11:04	01:05:53	00:36:19 / 5000	9.11
5240	2102	NAPIÓRKOWSKI MIECZYSLAW	RADZIEJOWICE/ŚLABOMI			49	M60/92 (M)4348	01:11:04	01:05:53	00:36:19 / 5002	9.11
5241	2025	KILJAN JACEK	WARSZAWA			58	M50/356 (M)4349	01:11:04	01:05:36	00:36:39 / 5079	9.15
5242	1221	BIAŁECKI MICHAŁ	WARSZAWA			73	M30/1703 (M)4350	01:11:05	01:05:04	00:38:26 / 5387	9.22
5243	1222	GRZELAK MARIUSZ	WARSZAWA			75	M30/1704 (M)4351	01:11:05	01:05:04	00:38:26 / 5386	9.22
5244	2302	GRUSZCZYŃSKI WOJCIECH	BELCHATÓW		////////////////////////////////////	50	M60/93 (M)4352	01:11:07	01:06:01	00:37:46 / 5299	9.09
5245	1887	PRZYBYSIAK ANETA	GRÓJEC			78	K30/324 (K)893	01:11:07	01:06:02	00:37:52 / 5323	9.09
5246	6084	POLIŃSKI KONRAD	GRAJEWO		MARATONKA GRAJEWO	84	M20/1358 (M)4353	01:11:08	01:09:16	00:33:53 / 4311	8.66
5247	3763	ŚWIDER ZOFIA	SIEDLCE			47	K60/8 (K)894	01:11:09	01:07:08	00:37:33 / 5254	8.94
5248	3511	PAŁASIEWICZ KRZYSZTOF	WARSZAWA			83	M20/1359 (M)4354	01:11:09	01:06:19	00:36:46 / 5102	9.05
5249	1503	JUŻWINA MICHALINA	PRUSZKÓW			78	K30/325 (K)895	01:11:10	01:08:53	00:36:17 / 4997	8.71
5250	242	LOTHAMER ADAM	WARSZAWA		ZARZĄD DRÓG MIEJSKICH	76	M30/1705 (M)4355	01:11:10	01:06:08	00:39:18 / 5472	9.07
5251	1578	KOWALSKI ROBERT	WARSZAWA		POLSKA GRUPA DEALERÓW	74	M30/1706 (M)4356	01:11:13	01:08:26	00:34:45 / 4598	8.77
5252	1577	KARPIŃSKI DARIUSZ	WARSZAWA			74	M30/1707 (M)4357	01:11:13	01:08:27	00:33:55 / 4317	8.77
5253	5098	SZEWCZYK EWA	WARSZAWA			77	K30/326 (K)896	01:11:14	01:08:47	00:36:24 / 5025	8.72
5254	3292	STAŃCZUK MARIUSZ	WARSZAWA			83	M20/1360 (M)4358	01:11:15	01:06:39	00:33:24 / 4151	9.00
5255	3293	STAŃCZUK MAREK	WARSZAWA			90	M20/1361 (M)4359	01:11:15	01:06:38	00:36:07 / 4967	9.00
5256	3294	STAŃCZUK KONRAD	WARSZAWA			83	M20/1362 (M)4360	01:11:16	01:06:40	00:36:06 / 4964	9.00
5257	1174	SUTKOWSKI MICHAŁ	WARSZAWA			62	M40/799 (M)4361	01:11:18	01:05:38	00:38:33 / 5400	9.14
5258	1175	SUTKOWSKA AGATA	WARSZAWA			88	K20/371 (K)897	01:11:18	01:05:38	00:38:33 / 5401	9.14
5259	3597	KUROPATWIŃSKI ANDRZEJ	GDAŃSK			81	M20/1363 (M)4362	01:11:20	01:05:34	00:38:45 / 5420	9.15
5260	4962	JANISZEWSKA URSZULA	ŁOMIANKI		LINEA PRO	73	K30/327 (K)898	01:11:20	01:07:09	00:35:39 / 4836	8.94
5261	4903	YRKOSKA JOANNA	ŁOMIANKI			68	K40/147 (K)899	01:11:20	01:07:09	00:35:39 / 4835	8.94

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Czas Netto	5km	[km/h]
5262	4593	DUDZIŃSKI TOMASZ	WARSZAWA			85	M20/1364 (M)4363	01:11:21	01:06:41	00:37:33 / 5253	9.00
5263	829	ŻMIJEWSKA ANNA	WARSZAWA			81	K20/372 (K)900	01:11:23	01:05:58	00:38:53 / 5437	9.10
5264	830	ŻMIJEWSKI MATEUSZ	WARSZAWA			78	M30/1708 (M)4364	01:11:23	01:05:58	00:38:53 / 5438	9.10
5265	1446	BANY MICHAŁ	WARSZAWA			82	M20/1365 (M)4365	01:11:23	01:09:05	00:34:55 / 4650	8.69
5266	6431	ZDZIECHOWICZ ADRIAN	CZĘSTOCHOWA		MIASTO SPORTU	82	M20/1366 (M)4366	01:11:24	01:07:32	00:35:49 / 4902	8.88
5267	365	GARCARZ LESZEK	WARSZAWA			54	M50/357 (M)4367	01:11:25	01:05:47	00:38:29 / 5395	9.12
5268	4393	DANILCZUK JERZY	WARSZAWA		SPORT21	65	M40/800 (M)4368	01:11:26	01:05:54	00:37:59 / 5336	9.10
5269	4392	DANILCZUK ALEKSANDRA	WARSZAWA		SPORT21	70	K40/148 (K)901	01:11:26	01:05:54	00:37:59 / 5337	9.10
5270	4804	ZIELIŃSKA ANNA	WARSZAWA			78	K30/328 (K)902	01:11:26	01:06:01	00:37:28 / 5235	9.09
5271	2383	PIWKOWSKI PIOTR			ACTION	79	M30/1709 (M)4369	01:11:28	01:07:25	00:36:10 / 4977	8.90
5272	1300	HIBSZ ANDRZEJ	WARSZAWA			54	M50/358 (M)4370	01:11:29	01:07:18	00:36:16 / 4993	8.92
5273	1895	KONARZEWSKA PAULINA	DZIERŻANÓW			90	K20/373 (K)903	01:11:31	01:06:00	00:37:25 / 5226	9.09
5274	2148	RADOWSKI ANDRZEJ			BGK	75	M30/1710 (M)4371	01:11:31	01:05:51	00:38:39 / 5412	9.11
5275	7209	KOWALSKI FRANEK	WARSZAWA			96	M20/1367 (M)4372	01:11:32	01:06:51	00:35:44 / 4874	8.98
5276	3579	JASTRZĘBSKI JAKUB	WARSZAWA			90	M20/1368 (M)4373	01:11:32	01:09:07	00:35:28 / 4789	8.68
5277	3189	RADCZYŃSKA-MISIUREWICZ JUSTYNA	WARSZAWA		PASSUS SPORT TEAM	65	K40/149 (K)904	01:11:33	01:05:58	00:38:27 / 5392	9.10
5278	1401	KUKIER MONIKA	WARSZAWA		ALETEMPO	75	K30/329 (K)905	01:11:34	01:07:38	00:36:57 / 5127	8.87
5279	5829	LIS MAGDALENA	WARSZAWA			76	K30/330 (K)906	01:11:34	01:08:07	00:36:23 / 5020	8.81
5280	5601	JĘDRZEJCZYK NATALIA	WARSZAWA			85	K20/374 (K)907	01:11:35	01:06:20	00:38:47 / 5423	9.05
5281	7082	SZYMCZAK PAWEŁ	RADOM			85	M20/1369 (M)4374	01:11:35	01:06:20	00:38:47 / 5424	9.05
5282	1755	ANDREJEW AGNIESZKA	ZĄBKI			70	K40/150 (K)908	01:11:37	01:05:58	00:37:17 / 5190	9.10
5283	1832	USZYŃSKI DANIEL	WARSZAWA			80	M30/1711 (M)4375	01:11:37	01:06:21	00:36:53 / 5117	9.04
5284	555	DUDEK KAROL	ŁĄZY			82	M20/1370 (M)4376	01:11:38	01:08:53	00:39:14 / 5466	8.71
5285	2330	TYRAKOWSKA MAGDALENA				93	K20/375 (K)909	01:11:38	01:09:19	00:37:23 / 5215	8.66
5286	4171	SADOWSKI ROBERT	NOWOGRÓD			69	M40/801 (M)4377	01:11:38	01:05:58	00:37:17 / 5191	9.10
5287	6294	ŚLUBOWSKI KONSTANTY	WARSZAWA		PUMA Z BIEGIEM WARSZAWY	46	M60/94 (M)4378	01:11:39	01:06:07	00:38:37 / 5408	9.07
5288	6002	NOWAK MARIA	PRUSZKÓW			62	K40/151 (K)910	01:11:39	01:07:43	00:36:01 / 4942	8.86
5289	4501	OLSZEWSKA MAŁGORZATA	WARSZAWA		12TRI.PL	76	K30/331 (K)911	01:11:39	01:07:47	00:36:42 / 5095	8.85
5290	4707	NOWICKA MAŁGORZATA	WARSZAWA			77	K30/332 (K)912	01:11:40	01:05:43	00:38:07 / 5352	9.13
5291	7432	MIKULSKA WERONIKA	WARSZAWA			97	K20/376 (K)913	01:11:40	01:07:11	00:36:33 / 5066	8.93
5292	6582	BROSKIEWICZ NATALIA	WARSZAWA			91	K20/377 (K)914	01:11:40	01:07:35	00:35:47 / 4888	8.88
5293	7075	CZARKOWSKA ANNA	GRUDZIĄDZ			82	K20/378 (K)915	01:11:40	01:09:42	00:36:58 / 5129	8.61
5294	1985	KOSICKA-GRABOWSKA AGNIESZKA	WARSZAWA			72	K30/333 (K)916	01:11:42	01:05:26	00:38:45 / 5419	9.17
5295	1077	MICHAŁEK JOANNA	WARSZAWA			78	K30/334 (K)917	01:11:43	01:09:23	00:36:29 / 5049	8.65
5296	1137	OSIŃSKA ZUZANNA	WARSZAWA			88	K20/379 (K)918	01:11:44	01:07:00	00:37:55 / 5330	8.96
5297	1135	KRAWCZYK MARCIN	WARSZAWA			85	M20/1371 (M)4379	01:11:45	01:07:01	00:37:55 / 5329	8.95
5298	5957	MOLSKI WOJCIECH	WARSZAWA		BRAK	61	M40/802 (M)4380	01:11:45	01:06:24	00:37:21 / 5206	9.04
5299	1344	MUSZYŃSKI PAWEŁ	WARSZAWA			67	M40/803 (M)4381	01:11:47	01:05:57	00:37:43 / 5284	9.10
5300	6121	RATUSZYŃSKA URSZULA	WARSZAWA		ALETEMPO	73	K30/335 (K)919	01:11:52	01:07:46	00:39:48 / 5517	8.85
5301	6856	HUZIUK PIOTR	WARSZAWA			73	M30/1712 (M)4382	01:11:52	01:07:48	00:39:48 / 5516	8.85
5302	6297	ŚWIADERSKI JERZY	WARSZAWA			54	M50/359 (M)4383	01:11:53	01:06:28	00:37:46 / 5297	9.03
5303	3134	GRZESZCZAK HENRYK	WARSZAWA			50	M60/95 (M)4384	01:11:53	01:09:12	00:35:38 / 4831	8.67
5304	1820	KOSTYRKO-ZIEMIAŃSKA WERONIKA	KONSTANCIN-JEZIORNA		GAZETA WYBORCZA	62	K40/152 (K)920	01:11:56	01:09:58	00:36:24 / 5027	8.58
5305	2671	BURBA ADAM	WARSZAWA			86	M20/1372 (M)4385	01:11:56	01:06:32	00:37:14 / 5180	9.02
5306	699	BOROWSKA DOMINIKA	WARSZAWA			87	K20/380 (K)921	01:11:57	01:06:14	00:37:33 / 5251	9.06
5307	1203	PACIOREK MAREK	ZIELONKA			57	M50/360 (M)4386	01:11:57	01:09:46	00:35:09 / 4689	8.60
5308	5740	KRASKA TADEUSZ	RADOM		KLUB MARATOŃCZYKA POLITECHNIKI RADOMSKIE	49	M60/96 (M)4387	01:11:57	01:06:13	00:39:14 / 5467	9.06
5309	6621	GIEDROYĆ MAGDALENA	WARSZAWA			73	M30/1713 (M)4388	01:11:57	01:09:30	00:36:24 / 5026	8.63
5310	152	KOTOWICZ OTTON	WARSZAWA			31	M70/15 (M)4389	01:11:58	01:06:56	00:38:04 / 5350	8.96
5311	3898	WOŹNIAK SANSANEE	WARSZAWA		URSYNÓW	75	K30/336 (K)922	01:11:59	01:11:08	00:34:46 / 4604	8.43
5312	554	SZYMAŃSKI ANTONI	ŁĄZY			48	M60/97 (M)4390	01:12:01	01:09:56	00:35:40 / 4841	8.58
5313	797	SZYBOWSKA DOROTA	WARSZAWA			79	K30/337 (K)923	01:12:05	01:07:14	00:37:40 / 5276	8.92
5314	1691	SZACHNA DOROTA	WARSZAWA			68	K40/153 (K)924	01:12:05	01:06:29	00:37:01 / 5139	9.02
5315	798	SZYBOWSKI SŁAWEK	WARSZAWA			74	M30/1714 (M)4391	01:12:06	01:07:14	00:37:40 / 5275	8.92
5316	3964	KARPIŃSKI RYSZARD	WARSZAWA			72	M30/1715 (M)4392	01:12:06	01:09:30	00:35:25 / 4776	8.63

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Czas Netto	5km	[km/h]
5317	4265	BILIŃSKI WOJCIECH	KOŁOBRZEG		POLITOLOG TEAM	81	M20/1373 (M)4393	01:12:06	01:07:12	00:38:53 / 5435	8.93
5318	4807	WALKOWIAK NATALIA	PRZYTOCZNA			87	K20/381 (K)925	01:12:06	01:07:12	00:38:53 / 5436	8.93
5319	2750	LEJMAN KAMILA	WARSZAWA			91	K20/382 (K)926	01:12:07	01:09:17	00:35:10 / 4693	8.66
5320	6774	MAZUR PAWEŁ	RADOM			71	M30/1716 (M)4394	01:12:07	01:06:52	00:38:09 / 5354	8.97
5321	4831	MALANOWSKA ANNA	WARSZAWA			86	K20/383 (K)927	01:12:09	01:09:17	00:33:49 / 4288	8.66
5322	2319	CZERWIŃSKA ELŻBIETA	WARSZAWA		WYDAWNICTWO SIC!	58	K50/45 (K)928	01:12:11	01:06:29	00:38:30 / 5397	9.02
5323	3221	BALANA JACEK	LATCHORZEW			76	M30/1717 (M)4395	01:12:13	01:06:42	00:37:34 / 5256	9.00
5324	5804	LASKOWSKA KAROLINA	POŚWIĘTNE			90	K20/384 (K)929	01:12:15	01:07:30	00:37:30 / 5242	8.89
5325	4293	ROJEWSKI PIOTR	WARSZAWA			78	M30/1718 (M)4396	01:12:15	01:06:45	00:37:57 / 5334	8.99
5326	4294	PRZYBYLSKA KAROLINA	WARSZAWA			86	K20/385 (K)930	01:12:15	01:06:45	00:37:57 / 5333	8.99
5327	4694	MAZURKIEWICZ MICHAŁ	WARSZAWA			85	M20/1374 (M)4397	01:12:18	01:06:32	00:38:23 / 5382	9.02
5328	3529	KOSIŃSKI ANDRZEJ	WARSZAWA			64	M40/804 (M)4398	01:12:18	01:09:27	00:38:37 / 5410	8.64
5329	2649	WOŁKOWYSKI KRZYSZTOF	WARSZAWA			66	M40/805 (M)4399	01:12:20	01:10:57	00:35:20 / 4747	8.46
5330	1842	MAJCHRZAK EWA	WARSZAWA			73	K30/338 (K)931	01:12:22	01:07:30	00:37:43 / 5285	8.89
5331	3600	GŁOWACKA ANNA	WARSZAWA			92	K20/386 (K)932	01:12:22	01:08:02	00:38:16 / 5371	8.82
5332	1843	GAŚSIOROWSKA MONIKA	WARSZAWA			77	K30/339 (K)933	01:12:22	01:07:30	00:37:44 / 5286	8.89
5333	3301	JAMROZIAK ALEKSANDRA	WARSZAWA			91	K20/387 (K)934	01:12:25	01:06:45	00:40:01 / 5528	8.99
5334	4862	TRYLSKA ELIZA	KAJETANY			79	K30/340 (K)935	01:12:25	01:11:38	00:35:57 / 4923	8.38
5335	6354	WIELEBA PIOTR	WARSZAWA			81	M20/1375 (M)4400	01:12:27	01:06:25	00:40:16 / 5540	9.03
5336	90	FIRKŁĄG ARKADIUSZ	PIASECZNO		PKO	83	M20/1376 (M)4401	01:12:27	01:06:30	00:38:38 / 5411	9.02
5337	486	LETKIEWICZ GRZEGORZ	MARKI			74	M30/1719 (M)4402	01:12:28	01:06:51	00:37:18 / 5194	8.98
5338	2709	MIODUNA AGATA	WARSZAWA			81	K20/388 (K)936	01:12:28	01:06:50	00:37:18 / 5195	8.98
5339	3496	DUDEK TOMASZ	WARSZAWA			72	M30/1720 (M)4403	01:12:29	01:07:48	00:36:26 / 5031	8.85
5340	1113	LESIAK JOANNA	WARSZAWA			94	K20/389 (K)937	01:12:30	01:10:45	00:34:36 / 4551	8.48
5341	4180	BOCHENEK ARTUR	WARSZAWA			81	M20/1377 (M)4404	01:12:31	01:07:53	00:36:25 / 5029	8.84
5342	2386	SALAMONOWSKI JAN			ACTION	10	(M)4405	01:12:31	01:12:08	00:34:08 / 4406	8.32
5343	2441	KACZMARSKA MAZUR LIDIA	WARSZAWA			68	K40/154 (K)938	01:12:35	01:08:02	00:37:50 / 5318	8.82
5344	1737	OTTO ZDZIŚLAWA	WARSZAWA			47	K60/9 (K)939	01:12:35	01:06:57	00:38:30 / 5396	8.96
5345	3604	WOŁYŃSKI GRZEGORZ	WARSZAWA			93	M20/1378 (M)4406	01:12:37	01:10:36	00:33:53 / 4308	8.50
5346	3723	KURAN WŁODZIMIERZ	PIASTÓW			47	M60/98 (M)4407	01:12:38	01:07:04	00:38:35 / 5403	8.95
5347	3545	PAPIS DOROTA	WARSZAWA		ACCELERATE	70	K40/155 (K)940	01:12:39	01:06:47	00:38:32 / 5399	8.98
5348	264	JARECKI PAWEŁ	WARSZAWA		STRAŻ MIEJSKA WARSZAWA	65	M40/806 (M)4408	01:12:44	01:07:20	00:39:30 / 5482	8.91
5349	1235	ŁUKSZA WIESŁAW	WARSZAWA			41	M60/99 (M)4409	01:12:44	01:07:59	00:38:44 / 5418	8.83
5350	2592	BRZOZOWSKI PIOTR	WOŁOMIN		ETOH TEAM/KB-REBUS	69	M40/807 (M)4410	01:12:47	01:07:13	00:39:55 / 5525	8.93
5351	2440	MAZUR MACIEJ	WARSZAWA			67	M40/808 (M)4411	01:12:48	01:08:15	00:38:13 / 5364	8.79
5352	4252	ŚWIPIARSKA MAGDALENA	WARSZAWA		-----	83	K20/390 (K)941	01:12:48	01:06:47	00:39:15 / 5469	8.98
5353	4253	GICZEWSKI PAWEŁ	WARSZAWA		-----	82	M20/1379 (M)4412	01:12:48	01:06:46	00:39:16 / 5470	8.99
5354	3682	PIOTROWSKA KAROLINA	WARSZAWA			10	(K)942	01:12:51	01:11:24	00:36:36 / 5073	8.40
5355	5282	BARANOWSKI MARCIN	OTWOCK			84	M20/1380 (M)4413	01:12:53	01:07:03	00:39:38 / 5497	8.95
5356	1640	GOGOLEWSKA ANNA	ŚLUPNO		ŚLUPNO	59	K50/46 (K)943	01:12:54	01:08:46	00:37:49 / 5310	8.73
5357	4902	PIECUCH KATARZYNA	WARSZAWA			78	K30/341 (K)944	01:12:54	01:08:10	00:39:45 / 5510	8.80
5358	3233	BOROWIEC ROBERT	WARSZAWA			76	M30/1721 (M)4414	01:12:54	01:07:11	00:38:55 / 5441	8.93
5359	4305	MOTYL KATARZYNA	KĘTRZYN			87	K20/391 (K)945	01:12:55	01:08:16	00:39:34 / 5491	8.79
5360	5890	MAROŃSKI MATEUSZ	BUSKO ZDRÓJ		WOJSKOWA AKADEMIA TECHNICZNA	87	M20/1381 (M)4415	01:12:55	01:08:16	00:39:34 / 5490	8.79
5361	140	KRZACZYŃSKI MICHAŁ	BELCHATÓW		ASICS	87	M20/1382 (M)4416	01:12:55	01:08:16	00:39:34 / 5487	8.79
5362	2805	FALANDYS ARKADIUSZ	WARSZAWA			81	M20/1383 (M)4417	01:12:59	01:07:58	00:37:05 / 5148	8.83
5363	3635	BEDNARSKI BARTOSZ	WARSZAWA			74	M30/1722 (M)4418	01:12:59	01:11:19	00:35:00 / 4666	8.41
5364	2803	SOBISZ JACEK	WARSZAWA			71	M30/1723 (M)4419	01:13:00	01:08:01	00:37:11 / 5161	8.82
5365	2802	WSZENDYBYŁ KRZYSZTOF	WARSZAWA		WARS	81	M20/1384 (M)4420	01:13:00	01:07:59	00:37:04 / 5147	8.83
5366	2804	ANTOSIEWICZ MARCIN	WARSZAWA			80	M30/1724 (M)4421	01:13:00	01:07:59	00:37:25 / 5224	8.83
5367	2807	BŁĄŻEJCZYK DAMIAN	GARWOLIN			78	M30/1725 (M)4422	01:13:00	01:07:59	00:37:24 / 5221	8.83
5368	2808	MATWIEJCZUK ARTUR	WARSZAWA			75	M30/1726 (M)4423	01:13:00	01:08:00	00:37:25 / 5225	8.82
5369	4799	MISIOR TOMASZ	WARSZAWA			74	M30/1727 (M)4424	01:13:00	01:08:00	00:37:11 / 5160	8.82
5370	2801	WENERSKI MIROSLAW	NIEPORĘT			79	M30/1728 (M)4425	01:13:01	01:08:00	00:37:37 / 5264	8.82
5371	2806	ŚLIWA PAWEŁ	WARSZAWA			79	M30/1729 (M)4426	01:13:01	01:08:00	00:37:11 / 5163	8.82
5372	4503	KALIŃSKA DOROTA	WARSZAWA			87	K20/392 (K)946	01:13:02	01:07:16	00:41:03 / 5585	8.92
5373	2297	WAŚOWICZ DARIUSZ	WIELOGÓRA			63	M40/809 (M)4427	01:13:04	01:07:35	00:39:28 / 5480	8.88
5374	1739	SOLNICA JAREK	WARSZAWA			67	M40/810 (M)4428	01:13:04	01:09:07	00:36:50 / 5109	8.68

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Czas Netto	5km	[km/h]
5375	1220	KOWALCZYK MIROSLAW	JÓZEFÓW			65	M40/811 (M)4429	01:13:04	01:08:51	00:36:27 / 5035	8.71
5376	2131	NIEŚMIAŁEK MAREK	PIASECZNO			76	M30/1730 (M)4430	01:13:04	01:08:42	00:39:10 / 5463	8.73
5377	4728	BLUSZCZ ZUZANNA	WARSZAWA			86	K20/393 (K)947	01:13:04	01:08:13	00:38:20 / 5376	8.80
5378	4517	TRENDOWSKI PIOTR	WARSZAWA			83	M20/1385 (M)4431	01:13:06	01:07:20	00:41:03 / 5586	8.91
5379	4822	PARYS ALEKSANDRA	WARSZAWA		ŚCIEŻKI BIEGOWE BRÓDNO	76	K30/342 (K)948	01:13:06	01:07:04	00:39:10 / 5462	8.95
5380	1021	PANKIEWICZ PIOTR	WARSZAWA			72	M30/1731 (M)4432	01:13:07	01:07:33	00:40:12 / 5534	8.88
5381	3825	ZACKIEWICZ URSZULA	WARSZAWA			65	K40/156 (K)949	01:13:08	01:08:34	00:37:29 / 5239	8.75
5382	5574	JANCIK TYMOTEUSZ	WARSZAWA		UKS GEPARD	98	M20/1386 (M)4433	01:13:08	01:11:25	00:37:47 / 5301	8.40
5383	5572	JANCIK MARIUSZ	WARSZAWA		UKS GEPARD	80	M30/1732 (M)4434	01:13:09	01:11:25	00:37:48 / 5304	8.40
5384	3722	TOMASZEWSKI WOJTEK	WARSZAWA		MALENKA	75	M30/1733 (M)4435	01:13:11	01:09:04	00:37:11 / 5165	8.69
5385	3721	TOMASZEWSKI MACIEK	WŁODAWA		MALENKA	95	M20/1387 (M)4436	01:13:11	01:09:04	00:37:11 / 5162	8.69
5386	81	GRZYWOCZ SEBASTIAN	CHORZÓW		ASICS	86	M20/1388 (M)4437	01:13:11	01:07:14	00:41:05 / 5591	8.92
5387	2892	CHMURZYŃSKA ALEKSANDRA	WARSZAWA			81	K20/394 (K)950	01:13:12	01:08:37	00:39:39 / 5502	8.74
5388	2010	KUMÓR WALDEMAR			GAZETA WYBORCZA/POLSKA BIEGA	66	M40/812 (M)4438	01:13:14	01:09:01	00:38:49 / 5431	8.69
5389	4811	KORNELUK PIOTR	WROCLAW			77	M30/1734 (M)4439	01:13:15	01:09:06	00:36:12 / 4979	8.68
5390	4812	WYDZIAŁKIEWICZ WIERA	WROCLAW			75	K30/343 (K)951	01:13:15	01:11:41	00:36:12 / 4980	8.37
5391	866	MOŃKA AGNIESZKA	WARSZAWA			84	K20/395 (K)952	01:13:16	01:08:09	00:39:27 / 5479	8.80
5392	3834	ADELSON IZABELA	WARSZAWA			78	K30/344 (K)953	01:13:16	01:07:37	00:40:28 / 5548	8.87
5393	1888	KABOT PAULINA	OSUCHÓW			87	K20/396 (K)954	01:13:17	01:08:12	00:37:56 / 5332	8.80
5394	1828	NAJAR GRZEGORZ	PIASTÓW		DREPTAK PIASTOWSKI	72	M30/1735 (M)4440	01:13:18	01:08:46	00:36:56 / 5123	8.73
5395	1829	WOLNIEWICZ MIROSLAW	PRUSZKÓW			70	M40/813 (M)4441	01:13:18	01:08:45	00:36:56 / 5122	8.73
5396	3724	SMARDZ MONIKA	WARSZAWA			74	K30/345 (K)955	01:13:22	01:10:48	00:36:22 / 5018	8.47
5397	3725	TOMASZEWICZ EWA	WARSZAWA			83	K20/397 (K)956	01:13:22	01:10:47	00:36:23 / 5019	8.48
5398	6104	PULAWSKI MACIEJ	TŁUSZCZ			82	M20/1389 (M)4442	01:13:24	01:08:02	00:38:58 / 5443	8.82
5399	882	MIKLARZ PAWEŁ	PŁOŃSK			77	M30/1736 (M)4443	01:13:25	01:07:18	00:41:50 / 5641	8.92
5400	5899	MATUSIAK URSZULA	WARSZAWA			83	K20/398 (K)957	01:13:25	01:08:17	00:39:46 / 5513	8.79
5401	5369	CHŁYSTOWSKI ŁUKASZ	WARSZAWA			78	M30/1737 (M)4444	01:13:26	01:08:36	00:38:15 / 5369	8.75
5402	5573	JANCIK IWONA	WARSZAWA		UKS GEPARD	80	K30/346 (K)958	01:13:26	01:11:43	00:37:48 / 5308	8.37
5403	5519	GÓRAJEC PIOTR	WARSZAWA			74	M30/1738 (M)4445	01:13:26	01:07:34	00:39:44 / 5509	8.88
5404	3560	BRZOSTEK ALICJA	WARSZAWA			75	K30/347 (K)959	01:13:26	01:07:51	00:38:29 / 5394	8.84
5405	1661	MAJSZCZYK PAULINA	OTWOCK			89	K20/399 (K)960	01:13:27	01:10:58	00:38:49 / 5432	8.45
5406	3801	SZOKALSKA ALEKSANDRA	WARSZAWA		12TRI.PL	82	K20/400 (K)961	01:13:28	01:09:36	00:37:36 / 5262	8.62
5407	6496	JASINOWSKA EMILIA	MIĘDZYCHÓW			52	K50/47 (K)962	01:13:30	01:07:52	00:38:40 / 5414	8.84
5408	5762	KRZYSZCZAK MARIUSZ	WARSZAWA			73	M30/1739 (M)4446	01:13:31	01:09:16	00:38:59 / 5445	8.66
5409	6272	SZYDŁOWSKA MAGDALENA	WARSZAWA			84	K20/401 (K)963	01:13:31	01:08:24	00:39:23 / 5475	8.77
5410	4510	FUDALA RENATA	WARSZAWA			79	K30/348 (K)964	01:13:32	01:11:01	00:37:08 / 5154	8.45
5411	992	KUŚPIEL RENATA	WARSZAWA		ACCELERATE	84	K20/402 (K)965	01:13:35	01:10:35	00:37:37 / 5266	8.50
5412	5364	CEBULSKA - HOMANOWSKA JOANNA	ŻYRARDÓW			77	K30/349 (K)966	01:13:39	01:07:47	00:40:11 / 5532	8.85
5413	5972	MYŚLAK WIESŁAW	KROCZEWO			60	M50/361 (M)4447	01:13:39	01:07:36	00:39:42 / 5507	8.88
5414	401	KUROWSKI ANDRZEJ	WARSZAWA			68	M40/814 (M)4448	01:13:41	01:07:49	00:41:23 / 5616	8.85
5415	4018	WÓJCIK MONIKA	WARSZAWA			69	K40/157 (K)967	01:13:41	01:08:10	00:38:17 / 5372	8.80
5416	1126	DĄBROWSKA KAROLINA	WARSZAWA		BRAK	75	K30/350 (K)968	01:13:42	01:08:55	00:37:48 / 5305	8.71
5417	3876	SZYMAŃSKA LUCYNA	WARSZAWA			90	K20/403 (K)969	01:13:42	01:10:10	00:39:14 / 5468	8.55
5418	5312	BIAŁOGRODZKI BARTOSZ	PIASECZNO			86	M20/1390 (M)4449	01:13:43	01:11:24	00:35:36 / 4821	8.40
5419	5946	MŁYŃSKA MARIOLA	PIASECZNO			85	K20/404 (K)970	01:13:43	01:11:24	00:35:36 / 4820	8.40
5420	1672	MOGIELSKA MONKIEWICZ JOANNA	WILCZA GÓRA			78	K30/351 (K)971	01:13:44	01:08:29	00:39:28 / 5481	8.76
5421	4852	PAŁASIEWICZ LESZEK	WARSZAWA			83	M20/1391 (M)4450	01:13:44	01:08:54	00:36:47 / 5103	8.71
5422	326	MARKS GRZEGORZ	WARSZAWA			74	M30/1740 (M)4451	01:13:45	01:08:47	00:39:08 / 5458	8.72
5423	4325	RACZYŃSKI MICHAŁ	WARSZAWA			79	M30/1741 (M)4452	01:13:45	01:10:12	00:36:08 / 4972	8.55
5424	1320	KOCZWARA AGNIESZKA	WARSZAWA			81	K20/405 (K)972	01:13:46	01:10:14	00:37:29 / 5238	8.54
5425	4474	WALCZAK-WOJTKOWSKA IWONA	WARSZAWA			60	K50/48 (K)973	01:13:47	01:07:52	00:40:09 / 5529	8.84
5426	219	RAMMI RYSZARD	WARSZAWA			37	M70/16 (M)4453	01:13:48	01:13:10	00:35:28 / 4790	8.20
5427	1922	ROMANOWSKA MAŁGORZATA	WARSZAWA			82	K20/406 (K)974	01:13:52	01:10:19	00:37:29 / 5237	8.53
5428	2643	FORTUNA MARTA				85	K20/407 (K)975	01:13:52	01:10:12	00:37:31 / 5244	8.55
5429	1111	TARNOWSKI MATEUSZ	WARSZAWA			89	M20/1392 (M)4454	01:13:53	01:09:25	00:38:21 / 5377	8.64
5430	4522	GRODZKI DARIUSZ	BRZEZIN			81	M20/1393 (M)4455	01:13:55	01:09:47	00:37:48 / 5303	8.60
5431	888	WUJKOWSKA KATARZYNA	WARSZAWA			88	K20/408 (K)976	01:13:56	01:10:56	00:33:40 / 4231	8.46

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Czas Netto	5km	[km/h]
5432	703	JAKUBOWSKI GRZEGORZ	WARSZAWA			64	M40/815 (M)4456	01:13:57	01:10:11	00:37:47 / 5302	8.55
5433	3673	MULLER CHRISTOPH	WARSZAWA			78	M30/1742 (M)4457	01:13:58	01:11:43	00:35:19 / 4743	8.37
5434	1567	MIŚKIEWICZ DARIUSZ	OSOWIEC			68	M40/816 (M)4458	01:13:59	01:08:13	00:36:51 / 5110	8.80
5435	1566	MIŚKIEWICZ KAMIL	OSOWIEC			95	M20/1394 (M)4459	01:13:59	01:08:13	00:36:52 / 5112	8.80
5436	1682	JAKUBIAK URSZULA	WARSZAWA			84	K20/409 (K)977	01:13:59	01:08:21	00:39:51 / 5520	8.78
5437	1681	JAKUBIAK MARCIN	WARSZAWA			78	M30/1743 (M)4460	01:14:00	01:08:21	00:39:51 / 5519	8.78
5438	4781	JANOWSKI KONRAD	WARSZAWA		WKS GWARDIA WARSZAWA	49	M60/100 (M)4461	01:14:00	01:12:52	00:39:16 / 5471	8.23
5439	3944	URBAŃSKI TOMASZ	WARSZAWA			82	M20/1395 (M)4462	01:14:01	01:08:01	00:39:54 / 5523	8.82
5440	4412	KOZŁOWSKI ARKADIUSZ	WARSZAWA			74	M30/1744 (M)4463	01:14:02	01:10:07	00:37:59 / 5335	8.56
5441	1382	WICHROWSKI MICHAŁ	PŁOCK			78	M30/1745 (M)4464	01:14:03	01:10:47	00:34:53 / 4640	8.48
5442	3614	MAŚLANKA AGNIESZKA	WARSZAWA			71	K30/352 (K)978	01:14:03	01:08:14	00:39:35 / 5492	8.79
5443	1389	BRZOZOWSKA MARTYNA	PRUSZKÓW			83	K20/410 (K)979	01:14:04	01:08:13	00:41:58 / 5652	8.80
5444	5420	DEMBKOWSKA-ŁENGOWIK KATARZYNA	PŁOCK		NIEZRZESZONA	67	K40/158 (K)980	01:14:06	01:08:33	00:38:54 / 5440	8.75
5445	2662	BOMBAŁA AGNIESZKA	WARSZAWA			70	K40/159 (K)981	01:14:10	01:08:37	00:38:53 / 5439	8.74
5446	5782	KUREK ANDRZEJ	WARSZAWA		NTT SYSTEM SA	55	M50/362 (M)4465	01:14:11	01:08:38	00:38:50 / 5433	8.74
5447	4274	KORCZAK TOMASZ	WARSZAWA			84	M20/1396 (M)4466	01:14:11	01:07:59	00:42:04 / 5656	8.83
5448	262	STOKOWSKI WITOLD	WARSZAWA			30	M70/17 (M)4467	01:14:14	01:09:58	00:37:30 / 5243	8.58
5449	2365	JEDLIŃSKI PAWEŁ			ACTION	78	M30/1746 (M)4468	01:14:14	01:08:35	00:38:41 / 5415	8.75
5450	122	RUSINIAK SYLWIA	BIALYSTOK		KONKURS FB 1	90	K20/411 (K)982	01:14:17	01:09:35	00:37:49 / 5315	8.62
5451	2976	STYLIŃSKI ŁUKASZ	BORKI		IBOX	86	M20/1397 (M)4469	01:14:18	01:11:02	00:37:12 / 5168	8.45
5452	1088	CZARNECKA JAGODA	GŁOSKÓW			88	K20/412 (K)983	01:14:20	01:11:58	00:37:03 / 5144	8.34
5453	1085	MARCHEWKA MARTA	RASZYN			92	K20/413 (K)984	01:14:21	01:11:59	00:37:03 / 5145	8.34
5454	4789	ABRAMCZUK PIOTR	WARSZAWA			76	M30/1747 (M)4470	01:14:22	01:11:53	00:36:48 / 5107	8.35
5455	1836	JABŁOŃSKI BARTOSZ	WARSZAWA			80	M30/1748 (M)4471	01:14:25	01:08:23	00:40:45 / 5564	8.77
5456	1835	ADAMCZYK JOANNA	WARSZAWA			73	K30/353 (K)985	01:14:25	01:08:24	00:40:45 / 5563	8.77
5457	2407	ŁABUDZIŃSKI RADOSŁAW	SŁUPCZA			82	M20/1398 (M)4472	01:14:26	01:10:40	00:37:32 / 5247	8.49
5458	1247	KIERSZNIEWSKI PIOTR	GRÓJEC			74	M30/1749 (M)4473	01:14:28	01:09:04	00:37:14 / 5182	8.69
5459	2100	WOLSKA AGNIESZKA	PODKOWA LEŚNA			84	K20/414 (K)986	01:14:29	01:13:25	00:36:08 / 4973	8.17
5460	4385	TETER AGNIESZKA	ZAWICHOST			85	K20/415 (K)987	01:14:32	01:10:46	00:37:31 / 5246	8.48
5461	1552	CUBER JOANNA	KOBYŁKA			79	K30/354 (K)988	01:14:34	01:10:46	00:39:01 / 5447	8.48
5462	653	PILIPCZUK IWONA	WARSZAWA			59	K50/49 (K)989	01:14:35	01:09:46	00:39:07 / 5456	8.60
5463	79	KOŁODZIEJCZYK KAMILA	CHORZÓW		ASICS	83	K20/416 (K)990	01:14:35	01:08:38	00:41:05 / 5590	8.74
5464	3457	WITUSKI JERZY	WARSZAWA			50	M60/101 (M)4474	01:14:37	01:08:32	00:39:38 / 5498	8.75
5465	1598	KIEFERLING MATEUSZ	JAROSŁAW		BRAK	78	M30/1750 (M)4475	01:14:38	01:09:44	00:39:06 / 5454	8.60
5466	4026	SZUMNIAK ALICJA	WARSZAWA			92	K20/417 (K)991	01:14:40	01:11:21	00:36:31 / 5056	8.41
5467	2072	LAMPARSKI ROBERT	WARSZAWA			71	M30/1751 (M)4476	01:14:42	01:09:08	00:39:07 / 5457	8.68
5468	2309	NIEDŹWIEDZKA JOANNA	WARSZAWA			58	K50/50 (K)992	01:14:43	01:10:08	00:39:09 / 5461	8.56
5469	3012	RATAJCZAK ALEKSANDRA	WARSZAWA			84	K20/418 (K)993	01:14:44	01:11:10	00:37:23 / 5217	8.43
5470	1684	JABŁOŃSKI ŁUKASZ	DĘBLIN			81	M20/1399 (M)4477	01:14:44	01:11:10	00:37:24 / 5218	8.43
5471	5786	KUROWSKI ROMAN	WARSZAWA			49	M60/102 (M)4478	01:14:45	01:08:43	00:40:54 / 5579	8.73
5472	3766	ABRAMEK MARCIN	GIŻYCKO			79	M30/1752 (M)4479	01:14:46	01:11:29	00:37:33 / 5252	8.39
5473	2394	WIETRZYKOWSKA MAŁGORZATA			ACTION	69	K40/160 (K)994	01:14:47	01:13:05	00:40:33 / 5554	8.21
5474	1610	NOWAK ANETA	ŁÓDŹ			81	K20/419 (K)995	01:14:48	01:10:05	00:38:18 / 5374	8.56
5475	6355	WIERCIIŃSKA EMILIA	SIEDLCE			83	K20/420 (K)996	01:14:51	01:12:01	00:38:25 / 5385	8.33
5476	1238	PIASEK ANNA	OSTROŁĘKA			70	K40/161 (K)997	01:14:56	01:10:28	00:39:33 / 5485	8.51
5477	1102	BŁASZCZAK MICHAŁ	WARSZAWA			78	M30/1753 (M)4480	01:14:58	01:08:52	00:41:16 / 5607	8.71
5478	2063	RZECZKOWSKA JULIA	WARSZAWA			84	K20/421 (K)998	01:15:00	01:09:21	00:39:20 / 5473	8.65
5479	4358	JERUSZKA RENATA	WARSZAWA			77	K30/355 (K)999	01:15:00	01:09:01	00:41:08 / 5594	8.69
5480	5673	KOLCZYŃSKI DARIUSZ	ŁÓDŹ		SUPER AMATOR	61	M40/817 (M)4481	01:15:02	01:09:12	00:41:10 / 5595	8.67
5481	5672	KOLCZYŃSKA CZESŁAWA	ŁÓDŹ		SUPER AMATOR	64	K40/162 (K)1000	01:15:02	01:09:12	00:41:10 / 5597	8.67
5482	4216	MICHALAK PATRYCJA	WARSZAWA			84	K20/422 (K)1001	01:15:02	01:09:45	00:46:55 / 5743	8.60
5483	4217	MICHALAK MARIUSZ	WARSZAWA			64	M40/818 (M)4482	01:15:03	01:09:46	00:46:55 / 5742	8.60
5484	4218	MICHALAK WIOLETTA	WARSZAWA			65	K40/163 (K)1002	01:15:03	01:09:46	00:46:55 / 5744	8.60
5485	3135	SIDOROWICZ RYSZARD	CZĘSTOCHOWA			54	M50/363 (M)4483	01:15:03	01:09:17	00:40:36 / 5558	8.66
5486	4384	STRZELCZYK STANISŁAW	BŁONIE			52	M50/364 (M)4484	01:15:04	01:11:19	00:37:41 / 5280	8.41
5487	5785	KUROWSKA MARIA	WARSZAWA			90	K20/423 (K)1003	01:15:04	01:09:02	00:40:53 / 5578	8.69
5488	82	SYDOŃ EWA	WARSZAWA		ASICS	76	K30/356 (K)1004	01:15:04	01:11:36	00:36:59 / 5132	8.38
5489	4115	KOWALEWSKI PAWEŁ	OSTROŁĘKA			70	M40/819 (M)4485	01:15:05	01:13:52	00:36:20 / 5005	8.12

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Czas Netto	5km	[km/h]
5490	54	KOŁACZEK DOMINIKA	WARSZAWA		ASICS	79	K30/357 (K)1005	01:15:05	01:11:37	00:36:59 / 5134	8.38
5491	85	KOWALCZYK JOANNA	WARSZAWA		ASICS	74	K30/358 (K)1006	01:15:05	01:11:37	00:36:59 / 5133	8.38
5492	3456	ŁUKOMSKA KINGA	SKARŻYSKO-KAMIENNE			82	K20/424 (K)1007	01:15:06	01:10:29	00:38:36 / 5405	8.51
5493	5390	COIMBRA SWIATEK DANIELA	WARSZAWA			75	K30/359 (K)1008	01:15:07	01:10:30	00:38:36 / 5404	8.51
5494	3455	BUKOWSKA DOROTA	POZNAŃ			85	K20/425 (K)1009	01:15:07	01:10:30	00:38:36 / 5407	8.51
5495	2247	PIOTRKOWICZ URSZULA	WARSZAWA			74	K30/360 (K)1010	01:15:09	01:12:48	00:36:35 / 5070	8.24
5496	4139	MIKA BARTŁOMIEJ	WARSZAWA			95	M20/1400 (M)4486	01:15:09	01:12:44	00:39:03 / 5448	8.25
5497	3831	SZUMIEC-PRESCH BOGUSŁAWA	WARSZAWA			78	K30/361 (K)1011	01:15:10	01:09:26	00:39:35 / 5493	8.64
5498	4027	BARTOSIK JANUSZ	WARSZAWA			50	M60/103 (M)4487	01:15:10	01:09:19	00:39:09 / 5460	8.66
5499	4138	MIKA DOROTA	WARSZAWA			72	K30/362 (K)1012	01:15:13	01:12:51	00:39:04 / 5449	8.24
5500	6237	SUCHARDA EDWARD	WARSZAWA			63	M40/820 (M)4488	01:15:13	01:09:09	00:38:45 / 5421	8.68
5501	3203	BUCIAK MICHAŁ	WARSZAWA			72	M30/1754 (M)4489	01:15:16	01:09:27	00:39:32 / 5484	8.64
5502	3202	BUCIAK ŁUKASZ	KAMPINOS			76	M30/1755 (M)4490	01:15:17	01:09:28	00:39:33 / 5486	8.64
5503	5795	KWIATKOWSKA MAJA	NOWY DWÓR			80	K30/363 (K)1013	01:15:18	01:12:48	00:37:23 / 5216	8.24
5504	6163	SADOWSKI ARTUR	WARSZAWA			78	M30/1756 (M)4491	01:15:19	01:12:49	00:37:24 / 5219	8.24
5505	2343	ZATORSKA JOANNA	WARSZAWA			79	K30/364 (K)1014	01:15:23	01:10:33	00:39:35 / 5494	8.50
5506	272	KWIATKOWSKA RENATA	WARSZAWA		STRAŻ MIEJSKA	78	K30/365 (K)1015	01:15:25	01:09:52	00:38:27 / 5390	8.59
5507	3397	KOZIŃSKI ŁUKASZ	WARSZAWA			83	M20/1401 (M)4492	01:15:25	01:09:29	00:41:40 / 5637	8.64
5508	3949	LUBCZYŃSKI ŁUKASZ	WARSZAWA			79	M30/1757 (M)4493	01:15:28	01:10:42	00:40:53 / 5576	8.49
5509	1084	SZLASKI PAWEŁ	WARSZAWA			94	M20/1402 (M)4494	01:15:32	01:09:36	00:40:47 / 5567	8.62
5510	1154	FUDAŁA MAREK	WARSZAWA			81	M20/1403 (M)4495	01:15:33	01:09:33	00:40:49 / 5570	8.63
5511	1153	FUDAŁA MAREK	WARSZAWA			55	M50/365 (M)4496	01:15:33	01:09:33	00:40:50 / 5571	8.63
5512	5927	MIKOŁAJCZYK MAGDA	BIAŁA PODLASKA			94	K20/426 (K)1016	01:15:36	01:10:54	00:40:15 / 5536	8.46
5513	5926	MIKOŁAJCZYK STANISŁAW	BIAŁA PODLASKA			62	M40/821 (M)4497	01:15:37	01:10:55	00:40:15 / 5537	8.46
5514	3661	LERCH AGNIESZKA	WARSZAWA			79	K30/366 (K)1017	01:15:41	01:09:40	00:41:17 / 5608	8.61
5515	4439	DĄBROWSKA ANNA	ŁOMIANKI			75	K30/367 (K)1018	01:15:42	01:09:45	00:43:42 / 5703	8.60
5516	4580	KUSSYK SŁAWOMIR	WARSZAWA			77	M30/1758 (M)4498	01:15:43	01:09:30	00:42:39 / 5676	8.63
5517	4376	MIŚKO URSZULA	WARSZAWA			87	K20/427 (K)1019	01:15:44	01:09:57	00:41:37 / 5636	8.58
5518	1491	FJAŁKOWSKI MICHAŁ	KIELCE			78	M30/1759 (M)4499	01:15:46	01:09:51	00:40:39 / 5561	8.59
5519	4673	CHMIELEWSKI KAMIL	WARSZAWA		AZS UKSW	90	M20/1404 (M)4500	01:15:50	01:15:15	00:36:21 / 5012	7.97
5520	2371	KWIATKOWSKI ARKADIUSZ			ACTION	86	M20/1405 (M)4501	01:15:53	01:09:58	00:40:50 / 5572	8.58
5521	4782	KOZŁOWSKI JERZY	WARSZAWA			56	M50/366 (M)4502	01:15:53	01:14:34	00:35:40 / 4837	8.05
5522	6366	WINIARSKA AGNIESZKA	TORUŃ			87	K20/428 (K)1020	01:15:54	01:09:59	00:40:51 / 5573	8.57
5523	1802	SIWIK JAKUB	WARSZAWA		PLAY	79	M30/1760 (M)4503	01:15:57	01:10:19	00:42:11 / 5661	8.53
5524	3645	KONARZEWSKI HUBERT	DZIERŻANÓW			91	M20/1406 (M)4504	01:15:57	01:10:26	00:37:25 / 5222	8.52
5525	1264	WOJTYŃSKI JERZY	WARSZAWA			46	M60/104 (M)4505	01:15:58	01:10:31	00:41:58 / 5651	8.51
5526	3950	LUBCZYŃSKA KATARZYNA	WARSZAWA			79	K30/368 (K)1021	01:16:03	01:11:17	00:40:53 / 5577	8.42
5527	4372	BANACHOWICZ PRZEMEK	WARSZAWA		MAZOWIECKA JEDNOSTKA WDRAŻANIA PROGRAMÓW	79	M30/1761 (M)4506	01:16:04	01:11:12	00:38:46 / 5422	8.43
5528	5666	KOBIELA DOROTA	ŁÓDŹ			78	K30/369 (K)1022	01:16:06	01:11:51	00:41:19 / 5612	8.35
5529	6538	KOMOROWSKA MARTA	WARSZAWA			79	K30/370 (K)1023	01:16:07	01:10:46	00:40:49 / 5569	8.48
5530	2458	KAWKA ANDRZEJ	WARSZAWA		NIEZRZESZSONY	56	M50/367 (M)4507	01:16:08	01:10:14	00:39:47 / 5515	8.54
5531	4409	MARKÓW JOANNA	WARSZAWA			79	K30/371 (K)1024	01:16:09	01:10:40	00:39:54 / 5524	8.49
5532	3054	ROGUSKI JACEK	WARSZAWA		KLUB KARATE SHOTOKAN	84	M20/1407 (M)4508	01:16:09	01:13:21	00:38:22 / 5380	8.18
5533	3066	BOGUSKA EWA	WARSZAWA		DZIELNICA URSUS	85	K20/429 (K)1025	01:16:09	01:13:22	00:38:22 / 5381	8.18
5534	3800	SUCHEŃSKI JANUSZ	OLEŚNICA			44	M60/105 (M)4509	01:16:12	01:11:17	00:40:11 / 5533	8.42
5535	2097	ŚWIDERSKA MAŁGORZATA	WARSZAWA			52	K50/51 (K)1026	01:16:12	01:13:19	00:39:46 / 5514	8.18
5536	6179	SIEMIONOWSKA EMILIA	SULEJÓWEK			83	K20/430 (K)1027	01:16:13	01:10:26	00:39:34 / 5489	8.52
5537	4481	KUNICKI JERZY	WARSZAWA			55	M50/368 (M)4510	01:16:18	01:10:16	00:40:19 / 5541	8.54
5538	3166	GÓRECKI LESZEK	WARSZAWA			54	M50/369 (M)4511	01:16:22	01:11:08	00:41:41 / 5639	8.43
5539	3616	RÓŻAŁSKA MARTA	ŁUKÓW			79	K30/372 (K)1028	01:16:25	01:10:36	00:39:50 / 5518	8.50
5540	2631	KOŁACZYŃSKA IWONA	WARSZAWA			65	K40/164 (K)1029	01:16:26	01:11:53	00:39:57 / 5526	8.35
5541	2650	WOŁKOWYSKA LENA	WARSZAWA			75	K30/373 (K)1030	01:16:27	01:15:05	00:36:27 / 5036	7.99
5542	331	RYBIENIK BARTOSZ	WARSZAWA			77	M30/1762 (M)4512	01:16:28	01:12:55	00:41:17 / 5611	8.23
5543	341	FIDURA TOMASZ	WARSZAWA			77	M30/1763 (M)4513	01:16:28	01:12:55	00:41:17 / 5610	8.23
5544	4613	GÓRAIAK KRZYSZTOF	WARSZAWA			77	M30/1764 (M)4514	01:16:29	01:10:16	00:42:39 / 5677	8.54
5545	5674	KOLCZYŃSKI SŁAWOMIR	ŁÓDŹ		SUPER AMATOR	57	M50/370 (M)4515	01:16:33	01:10:43	00:41:11 / 5598	8.48
5546	540	LITEWNICKI SEBASTIAN	ŻYRARDÓW			77	M30/1765 (M)4516	01:16:35	01:10:44	00:40:38 / 5559	8.48
5547	3464	SZADKOWSKI RADOSŁAW	WARSZAWA			79	M30/1766 (M)4517	01:16:36	01:15:13	00:37:19 / 5196	7.98



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Czas Netto	5km	[km/h]
5548	4454	GRZYBOWSKA-TOMASZEK KATARZYNA	WARSZAWA			73	K30/374 (K)1031	01:16:38	01:12:10	00:38:40 / 5413	8.31
5549	2272	PIETRZYK MIROSLAW	WIELISZEW			54	M50/371 (M)4518	01:16:40	01:11:52	00:39:40 / 5504	8.35
5550	2273	ROSIAK JANUSZ	WARSZAWA			49	M60/106 (M)4519	01:16:40	01:11:52	00:39:40 / 5505	8.35
5551	364	GRABOWSKI KRZYSZTOF	WARSZAWA			84	M20/1408 (M)4520	01:16:41	01:11:16	00:39:25 / 5476	8.42
5552	4209	LASECKI PIOTR	WARSZAWA			73	M30/1767 (M)4521	01:16:41	01:10:47	00:40:35 / 5555	8.48
5553	4210	LASECKA AGNIESZKA	WARSZAWA			72	K30/375 (K)1032	01:16:41	01:10:47	00:40:36 / 5556	8.48
5554	43	MATRAS PIOTR	WARSZAWA		ASICS	87	M20/1409 (M)4522	01:16:42	01:10:48	00:40:36 / 5557	8.47
5555	4867	MENEL TOMASZ	WARSZAWA			83	M20/1410 (M)4523	01:16:43	01:10:38	00:41:17 / 5609	8.49
5556	2004	NAJBERG DOMINIK	WARSZAWA			77	M30/1768 (M)4524	01:16:51	01:10:43	00:41:14 / 5604	8.48
5557	2005	NAJBERG RENATA	WARSZAWA			78	K30/376 (K)1033	01:16:51	01:10:44	00:41:13 / 5601	8.48
5558	2499	MEJNER MAREK	WARSZAWA			80	M30/1769 (M)4525	01:16:52	01:10:55	00:41:13 / 5600	8.46
5559	2500	BOROWIEC LUKASZ	WARSZAWA			82	M20/1411 (M)4526	01:16:52	01:10:55	00:41:12 / 5599	8.46
5560	4960	BRYŁA WOJCIECH	WARSZAWA			71	M30/1770 (M)4527	01:16:52	01:11:37	00:38:44 / 5417	8.38
5561	1002	SZUBKA KRZYSZTOF	WOŁOMIN			63	M40/822 (M)4528	01:16:53	01:11:21	00:40:12 / 5535	8.41
5562	2134	JASIŃSKA BEATA	WARSZAWA			80	K30/377 (K)1034	01:16:53	01:12:00	00:39:53 / 5521	8.33
5563	748	MALCZEWSKI JANUSZ	WARSZAWA			57	M50/372 (M)4529	01:16:55	01:11:46	00:39:08 / 5459	8.36
5564	2178	HOŁOWACZ WERONIKA	WARSZAWA		ABC KONDYCJA	84	K20/431 (K)1035	01:16:56	01:10:51	00:41:32 / 5630	8.47
5565	339	KOSSAKOWSKI ZBIGNIEW	WARSZAWA			74	M30/1771 (M)4530	01:17:00	01:16:42	00:36:37 / 5074	7.82
5566	5980	NATER MAGDALENA	LUBOŃ			73	K30/378 (K)1036	01:17:00	01:14:27	00:40:00 / 5527	8.06
5567	3409	JANCEWICZ ROLAND	WARSZAWA		DWSZ MON	61	M40/823 (M)4531	01:17:03	01:11:03	00:40:26 / 5546	8.44
5568	1117	BEIM LIDIA	LEGIONOWO			48	K60/10 (K)1037	01:17:05	01:14:33	00:39:04 / 5451	8.05
5569	4067	ORLIK TOMASZ	WARSZAWA			66	M40/824 (M)4532	01:17:06	01:15:58	00:37:44 / 5291	7.90
5570	4815	ORLIK ANETA	WARSZAWA			98	K20/432 (K)1038	01:17:06	01:15:58	00:37:44 / 5290	7.90
5571	6817	SZCZĘSNY EMIL	WOŁOMIN			80	M30/1772 (M)4533	01:17:07	01:11:21	00:37:37 / 5265	8.41
5572	3384	BANACH KATARZYNA	WARSZAWA			86	K20/433 (K)1039	01:17:08	01:12:10	00:40:23 / 5542	8.31
5573	3383	DOLIASZ TOMASZ	WARSZAWA			86	M20/1412 (M)4534	01:17:08	01:12:10	00:40:23 / 5543	8.31
5574	7225	PIOTROWSKI MACIEJ	WARSZAWA			65	M40/825 (M)4535	01:17:10	01:12:41	00:38:27 / 5391	8.25
5575	2310	BANASIAK MARCIN	NOWY DWÓR			91	M20/1413 (M)4536	01:17:11	01:11:17	00:42:38 / 5675	8.42
5576	6232	STĘPIEŃ IZABELA	WOŁOMIN		KB POŚWIĘTNE	80	K30/379 (K)1040	01:17:16	01:11:23	00:42:26 / 5669	8.41
5577	6259	SZCZYPIÓR KRZYSZTOF	OBLĘGOREK			61	M40/826 (M)4537	01:17:19	01:11:26	00:37:40 / 5274	8.40
5578	4648	PIÓRKOWSKA KATARZYNA	WARSZAWA			51	K50/52 (K)1041	01:17:19	01:15:45	00:38:15 / 5368	7.92
5579	3868	BUJALSKA DOROTA	WARSZAWA			59	K50/53 (K)1042	01:17:22	01:16:41	00:37:40 / 5273	7.82
5580	1151	GADOMSKI ROBERT	WARSZAWA			72	M30/1773 (M)4538	01:17:23	01:11:16	00:41:05 / 5592	8.42
5581	4961	GAŁĄZKA ANNA	WARSZAWA			87	K20/434 (K)1043	01:17:27	01:11:53	00:41:24 / 5618	8.35
5582	4458	SKUROSZ PAULINA	JEDLIŃSK		ULKS JEDLIŃSK	94	K20/435 (K)1044	01:17:28	01:13:05	00:33:33 / 4196	8.21
5583	439	LEWIŃSKI MARCIN	WARSZAWA			79	M30/1774 (M)4539	01:17:31	01:11:46	00:41:50 / 5640	8.36
5584	579	PRAGA ANNA	WARSZAWA			56	K50/54 (K)1045	01:17:34	01:14:59	00:39:05 / 5453	8.00
5585	1930	SZYMANEK AREK	WARSZAWA			94	M20/1414 (M)4540	01:17:37	01:12:25	00:41:03 / 5589	8.29
5586	3892	ŚWIDERSKA JOANNA	JASTRZĘBIE			77	K30/380 (K)1046	01:17:38	01:16:57	00:39:06 / 5455	7.80
5587	874	SZYMAŃSKI LUKASZ	WARSZAWA			95	M20/1415 (M)4541	01:17:39	01:15:13	00:40:15 / 5538	7.98
5588	4163	ROGAŁA ULA	WARSZAWA			82	K20/436 (K)1047	01:17:44	01:11:52	00:41:30 / 5624	8.35
5589	3466	FORTIN MAŁGORZATA	WARSZAWA			72	K30/381 (K)1048	01:17:44	01:11:52	00:41:30 / 5625	8.35
5590	6867	DZIEKAŃSKI MARIAN	WARSZAWA			53	M50/373 (M)4542	01:17:44	01:12:31	00:38:03 / 5347	8.27
5591	5848	ŁAZIŃSKA PATRYCJA	WARSZAWA			95	K20/437 (K)1049	01:17:47	01:13:36	00:38:48 / 5429	8.15
5592	7042	ŁAZIŃSKI PIOTR	JÓZEFÓW			66	M40/827 (M)4543	01:17:47	01:13:37	00:38:48 / 5427	8.15
5593	4752	PACZYŃSKA DAGMARA	WARSZAWA		KLUB BIEGACZ NIKE	86	K20/438 (K)1050	01:17:51	01:12:20	00:39:34 / 5488	8.29
5594	6383	WOJDAK MAGDALENA	ŻYRARDÓW			82	K20/439 (K)1051	01:17:52	01:12:00	00:42:19 / 5662	8.33
5595	5806	LASOTA WERONIKA	ŻYRARDÓW			94	K20/440 (K)1052	01:17:52	01:12:00	00:42:19 / 5663	8.33
5596	4734	SAWICKA MONIKA	WARSZAWA		9 DYWERSYJNA	74	K30/382 (K)1053	01:17:56	01:11:52	00:41:34 / 5632	8.35
5597	2126	ZAWAL ANNA	WARSZAWA			78	K30/383 (K)1054	01:17:56	01:11:52	00:41:34 / 5633	8.35
5598	4254	GRABARCZYK PIOTR	WARSZAWA			70	M40/828 (M)4544	01:18:00	01:11:56	00:42:07 / 5658	8.34
5599	6532	WILCZEK AGNIESZKA	WARSZAWA			87	K20/441 (K)1055	01:18:01	01:13:06	00:42:25 / 5668	8.21
5600	3833	KACZKOWSKI ANDRZEJ	WARSZAWA			75	M30/1775 (M)4545	01:18:03	01:12:24	00:40:29 / 5549	8.29
5601	680	BRODZIK MONIKA	WARSZAWA			79	K30/384 (K)1056	01:18:04	01:13:02	00:40:38 / 5560	8.22
5602	826	GAWROŃSKA ANNA	MŁOCHÓW		EUROPAPIER-IMPAP	74	K30/385 (K)1057	01:18:09	01:13:06	00:41:00 / 5582	8.21
5603	1287	SZAFRAN BEATA	MARKÓW ŚWINICE			77	K30/386 (K)1058	01:18:10	01:17:50	00:37:56 / 5331	7.71
5604	823	GAWROŃSKI MICHAŁ	WARSZAWA			86	M20/1416 (M)4546	01:18:10	01:13:07	00:41:00 / 5581	8.21
5605	2535	WAŚCIŃSKI TADEUSZ	WARSZAWA		POLITECHNIKA WARSZAWSKA WYDZIAŁ	52	M50/374 (M)4547	01:18:12	01:12:27	00:41:03 / 5587	8.28

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Czas Netto	5km	[km/h]
ZARZĄDZA											
5606	6006	NOWAKOWSKI STANISŁAW	RYKI			52	M50/375 (M)4548	01:18:13	01:12:28	00:41:03 / 5588	8.28
5607	3441	ŁAGOWSKA JOANNA	WARSZAWA		KS. OTRYT	83	K20/442 (K)1059	01:18:13	01:16:30	00:39:25 / 5477	7.84
5608	2216	ŁAGOWSKI PIOTR	WARSZAWA		KS. OTRYT	84	M20/1417 (M)4549	01:18:14	01:16:31	00:39:25 / 5478	7.84
5609	3061	NIEMCZYK JACEK	WARSZAWA		DZIELNICA URSUS	85	M20/1418 (M)4550	01:18:23	01:16:30	00:41:27 / 5619	7.84
5610	2977	TULICKI ANDRZEJ	WARSZAWA		IBOX	74	M30/1776 (M)4551	01:18:27	01:15:09	00:39:40 / 5503	7.98
5611	3055	BAJER MAGDALENA	WARSZAWA		DZIELNICA URSUS	80	K30/387 (K)1060	01:18:28	01:12:40	00:42:09 / 5659	8.26
5612	3761	CICHOCKA IWONA	BRWINÓW			82	K20/443 (K)1061	01:18:30	01:13:50	00:38:03 / 5346	8.13
5613	118	KORCZ KATARZYNA	WARSZAWA			68	K40/165 (K)1062	01:18:30	01:15:57	00:39:32 / 5483	7.90
5614	195	KRÓL IZABELA	WARSZAWA			78	K30/388 (K)1063	01:18:31	01:14:18	00:41:01 / 5584	8.08
5615	2698	BAK MIROSŁAW	WARSZAWA			46	M60/107 (M)4552	01:18:35	01:14:27	00:40:27 / 5547	8.06
5616	134	RUPIŃSKA AGNIESZKA	KONSTANCIN			95	K20/444 (K)1064	01:18:36	01:18:17	00:40:16 / 5539	7.66
5617	3458	KUCZYŃSKA KATARZYNA	WARSZAWA			83	K20/445 (K)1065	01:18:51	01:13:09	00:41:28 / 5621	8.20
5618	6245	SYGUŁA AGNIESZKA	WARSZAWA		AZS UW	84	K20/446 (K)1066	01:18:53	01:13:30	00:41:10 / 5596	8.16
5619	5325	BŁĄŻEJCZYK JACEK	WARSZAWA			66	M40/829 (M)4553	01:19:01	01:13:43	00:42:03 / 5655	8.14
5620	5909	MELON-REGULSKA ANNA	WARSZAWA			79	K30/389 (K)1067	01:19:03	01:13:03	00:43:15 / 5684	8.21
5621	6127	REGULSKI MACIEJ	WARSZAWA			74	M30/1777 (M)4554	01:19:03	01:13:02	00:43:15 / 5685	8.22
5622	3785	HANDZLIK MARTA	WARSZAWA			81	K20/447 (K)1068	01:19:04	01:13:37	00:41:55 / 5648	8.15
5623	5727	KOZAK MARCIN	WARSZAWA			73	M30/1778 (M)4555	01:19:06	01:16:43	00:38:08 / 5353	7.82
5624	3591	MICHALIK WOJCIECH	WARSZAWA		KB GALERIA	56	M50/376 (M)4556	01:19:08	01:13:35	00:41:15 / 5605	8.15
5625	5395	CZACHAROWSKI BOHDAN	GRÓJEC		KB GALERIA WARSZAWA	41	M60/108 (M)4557	01:19:09	01:13:36	00:41:15 / 5606	8.15
5626	6525	BAGIŃSKI KONRAD	WARSZAWA			77	M30/1779 (M)4558	01:19:09	01:14:14	00:42:25 / 5667	8.08
5627	1031	BARAŃSKI JAN IZYDOR	WARSZAWA			93	M20/1419 (M)4559	01:19:16	01:14:11	00:42:20 / 5664	8.09
5628	6364	WILMOWSKA KATARZYNA	ŁÓDŹ		UKS BUSHI	69	K40/166 (K)1069	01:19:18	01:13:16	00:43:49 / 5705	8.19
5629	1546	WOLIŃSKI RAFAŁ	PRUSZKÓW		DLL	73	M30/1780 (M)4560	01:19:29	01:15:39	00:39:05 / 5452	7.93
5630	3528	OLSZEWSKI ANDRZEJ	WARSZAWA			61	M40/830 (M)4561	01:19:29	01:13:36	00:43:12 / 5683	8.15
5631	113	WIŚNIEWSKA ANNA	WARSZAWA			88	K20/448 (K)1070	01:19:31	01:16:13	00:40:10 / 5531	7.87
5632	342	DUDZIUK MARCIN	WARSZAWA			75	M30/1781 (M)4562	01:19:32	01:15:58	00:41:13 / 5602	7.90
5633	651	MALINSKI PAWEŁ	WARSZAWA			64	M40/831 (M)4563	01:19:32	01:15:58	00:41:14 / 5603	7.90
5634	878	KOSOWSKA ANGELA	WARSZAWA		SZKOŁA TENISA GEM	75	K30/390 (K)1071	01:19:35	01:14:51	00:41:52 / 5642	8.02
5635	876	ŻAK ZUZA	WARSZAWA		SZKOŁA TENISA GEM	94	K20/449 (K)1072	01:19:35	01:14:51	00:41:53 / 5644	8.02
5636	877	OSIAK ANNA	WARSZAWA		SZKOŁA TENISA GEM	75	K30/391 (K)1073	01:19:36	01:14:52	00:41:53 / 5645	8.01
5637	3154	WICHROWSKI RADOSŁAW	WARSZAWA			81	M20/1420 (M)4564	01:19:36	01:14:30	00:40:41 / 5562	8.05
5638	5423	DERLUKIEWICZ ARKADIUSZ	WARSZAWA			69	M40/832 (M)4565	01:19:39	01:15:42	00:40:52 / 5574	7.93
5639	5424	DERLUKIEWICZ MARTA	WARSZAWA			98	K20/450 (K)1074	01:19:39	01:15:41	00:40:52 / 5575	7.93
5640	7044	ORŁOWSKI KRZYSZTOF	PIASECZNO			55	M50/377 (M)4566	01:19:39	01:19:07	00:38:57 / 5442	7.58
5641	3779	PEŁKA ŁUKASZ	WARSZAWA			89	M20/1421 (M)4567	01:19:41	01:13:58	00:41:36 / 5635	8.11
5642	451	PYDYNOWSKA KATARZYNA	WARSZAWA			88	K20/451 (K)1075	01:19:42	01:15:50	00:41:54 / 5646	7.91
5643	2875	ROMANOWSKI LEON	WARSZAWA			46	M60/109 (M)4568	01:19:47	01:18:35	00:40:09 / 5530	7.64
5644	322	MOKRACKI PAWEŁ	WARSZAWA			61	M40/833 (M)4569	01:19:49	01:13:37	00:42:07 / 5657	8.15
5645	668	DROPIA JOANNA	WARSZAWA			84	K20/452 (K)1076	01:19:52	01:14:57	00:41:24 / 5617	8.01
5646	1434	GOLAŃSKI ANDRZEJ	USTRZYKI DOLNE			81	M20/1422 (M)4570	01:19:55	01:16:07	00:41:31 / 5627	7.88
5647	1500	GOLAŃSKI DANIEL	USTRZYKI DOLNE			83	M20/1423 (M)4571	01:19:55	01:16:08	00:41:32 / 5631	7.88
5648	4416	GOLAŃSKA JOANNA	WARSZAWA			83	K20/453 (K)1077	01:19:55	01:16:08	00:41:41 / 5638	7.88
5649	1763	WLEKLIK KAROLINA	WARSZAWA			82	K20/454 (K)1078	01:19:56	01:14:23	00:43:39 / 5701	8.07
5650	5939	MISZAŁSKA MARZENA	WARSZAWA			75	K30/392 (K)1079	01:19:58	01:16:01	00:41:00 / 5580	7.89
5651	1030	ZIEMKIEWICZ MAGDALENA	WARSZAWA			64	K40/167 (K)1080	01:20:00	01:14:55	00:42:20 / 5665	8.01
5652	2479	STANISŁAWSKI FILIP	WARSZAWA			79	M30/1782 (M)4572	01:20:02	01:16:13	00:41:07 / 5593	7.87
5653	2637	KASPRZAK KAROLINA	KARCZEW			88	K20/455 (K)1081	01:20:15	01:14:28	00:42:24 / 5666	8.06
5654	4199	DZIURDŹ JACEK	WARSZAWA			75	M30/1783 (M)4573	01:20:18	01:15:45	00:39:46 / 5511	7.92
5655	4162	KRET DOMINIKA	WARSZAWA		SAMSUNG ELECTRONIC POLSKA	81	K20/456 (K)1082	01:20:20	01:14:28	00:41:30 / 5626	8.06
5656	1339	KOMARNICKI BARTOSZ	BŁONIE			80	M30/1784 (M)4574	01:20:21	01:16:29	00:41:00 / 5583	7.84
5657	4437	KOSTRO ADAM	WARSZAWA			85	M20/1424 (M)4575	01:20:25	01:17:09	00:40:46 / 5566	7.78
5658	116	PAPIEWSKA MARTA	WARSZAWA			85	K20/457 (K)1083	01:20:25	01:17:09	00:40:46 / 5565	7.78
5659	3945	ANDERSZ PATRYK	WARSZAWA		AZS UW - JUDO	85	M20/1425 (M)4576	01:20:26	01:15:04	00:41:21 / 5614	7.99
5660	6244	SYGUŁA KACPER	WARSZAWA		AZS UW	86	M20/1426 (M)4577	01:20:26	01:15:04	00:41:22 / 5615	7.99
5661	3197	CELIŃSKA LIDIA	WARSZAWA			93	K20/458 (K)1084	01:20:33	01:14:15	00:43:53 / 5711	8.08
5662	3198	CELIŃSKA MAGDALENA	WARSZAWA			72	K30/393 (K)1085	01:20:34	01:14:17	00:43:53 / 5712	8.08

<b>Miejsce Rank</b>	<b>Nr Bib</b>	<b>Nazwisko i imię Name</b>	<b>Miejscowość City</b>	<b>Kraj Nat</b>	<b>Drużyna Team</b>	<b>R-k YoB</b>	<b>W kategorii in Age Sex</b>	<b>Czas Time</b>	<b>Czas Netto</b>	<b>5km</b>	<b>[km/h]</b>
5663	2336	KALKOWSKA MAGDALENA	WARSZAWA			78	K30/394 (K)1086	01:20:35	01:14:33	00:41:53 / 5643	8.05
5664	2241	PIZON SEBASTIAN	WARSZAWA		PLATAN BORKOWICE	81	M20/1427 (M)4578	01:20:35	01:19:11	00:38:12 / 5363	7.58
5665	434	SOWIŃSKA STEFANIA	WARSZAWA			57	K50/55 (K)1087	01:20:36	01:16:03	00:38:12 / 5362	7.89
5666	450	PYDYNOWSKA AGNIESZKA	WARSZAWA			88	K20/459 (K)1088	01:20:40	01:16:48	00:41:56 / 5650	7.81
5667	5388	CISZEWSKA MAŁGORZATA	WARSZAWA			78	K30/395 (K)1089	01:21:06	01:15:19	00:43:32 / 5694	7.97
5668	6854	PAWLIK ALICJA	WARSZAWA			45	K60/11 (K)1090	01:21:08	01:20:59	00:39:53 / 5522	7.41
5669	804	BRZÓSKA LEMIEC	PŁOCK			65	M40/834 (M)4579	01:21:18	01:15:08	00:46:07 / 5738	7.99
5670	4609	SOTEK MARIA	WARSZAWA			74	K30/396 (K)1091	01:21:20	01:15:27	00:46:07 / 5739	7.95
5671	5308	BIAŁOBRZESKA MIROSLAWA	KĘPIASTE			60	K50/56 (K)1092	01:21:34	01:16:07	00:40:47 / 5568	7.88
5672	1390	GÓJSKA ANETA	WARSZAWA			88	K20/460 (K)1093	01:21:40	01:15:49	00:42:30 / 5671	7.91
5673	151	MATEJA ANDRZEJ	WARSZAWA			37	M70/18 (M)4580	01:21:40	01:16:17	00:44:19 / 5722	7.87
5674	3726	MATEJA KLEMENTYN	WARSZAWA			74	M30/1785 (M)4581	01:21:40	01:16:17	00:44:19 / 5721	7.87
5675	3669	WIELANIER MATYLDA	WARSZAWA			76	K30/397 (K)1094	01:21:42	01:17:16	00:44:20 / 5723	7.77
5676	5678	KOŁODZIEJ MONIKA	WARSZAWA			81	K20/461 (K)1095	01:21:45	01:15:58	00:43:32 / 5693	7.90
5677	2294	CZAPLA WOJCIECH	SKIERDY			66	M40/835 (M)4582	01:21:56	01:16:29	00:41:55 / 5649	7.84
5678	5435	DOMAŃSKA KATARZYNA	PIASECZNO			75	K30/398 (K)1096	01:21:57	01:15:56	00:44:11 / 5720	7.90
5679	1406	WANATOWSKA OLGA	WARSZAWA			72	K30/399 (K)1097	01:21:58	01:15:52	00:43:33 / 5695	7.91
5680	1502	ŁANKIEWICZ KASIA	WARSZAWA		ALETEMPO	75	K30/400 (K)1098	01:22:01	01:19:45	00:40:32 / 5553	7.52
5681	6026	OSOJCA TOMASZ	BŁONIE			79	M30/1786 (M)4583	01:22:03	01:16:27	00:43:29 / 5690	7.85
5682	5530	GROMULSKA-OSOJCA BARBARA	BŁONIE			78	K30/401 (K)1099	01:22:04	01:16:28	00:43:30 / 5691	7.85
5683	518	TARNOWSKI TOMASZ	WARSZAWA			53	M50/378 (M)4584	01:22:06	01:17:38	00:42:57 / 5681	7.73
5684	517	TARNOWSKA MAGDA	WARSZAWA			57	K50/57 (K)1100	01:22:06	01:17:38	00:42:56 / 5680	7.73
5685	3438	RUSZTECKI ŁUKASZ	WARSZAWA			79	M30/1787 (M)4585	01:22:11	01:17:22	00:41:32 / 5628	7.76
5686	4968	MAKOWIECKI KRZYSZTOF	WARSZAWA			51	M50/379 (M)4586	01:22:17	01:16:33	00:41:32 / 5629	7.84
5687	515	KOŁODZIEJ EWA	OSTRÓW MAZOWIECKA			61	K40/168 (K)1101	01:22:20	01:16:07	00:42:56 / 5679	7.88
5688	6128	RESPONDOWSKI KRZYSZTOF	KONSTANCYN-JEZIORNA			65	M40/836 (M)4587	01:22:24	01:20:59	00:39:12 / 5464	7.41
5689	4969	GÓRSKA JOANNA	WARSZAWA			87	K20/462 (K)1102	01:22:25	01:16:41	00:43:54 / 5713	7.82
5690	1484	REMBERK DANUTA	WARSZAWA			41	K60/12 (K)1103	01:22:30	01:16:45	00:43:34 / 5698	7.82
5691	4705	GILEWICZ JOANNA	OTRĘBUSY			86	K20/463 (K)1104	01:22:33	01:16:58	00:44:08 / 5719	7.80
5692	4001	AKSAMIT MAREK	WARSZAWA			56	M50/380 (M)4588	01:22:34	01:19:34	00:39:21 / 5474	7.54
5693	6064	PIETRZAK NATALIA	PŁOCK			92	K20/464 (K)1105	01:22:41	01:17:52	00:44:56 / 5728	7.71
5694	223	KUDOWICZ ADAM	OTWOCK			40	M70/19 (M)4589	01:22:44	01:16:39	00:43:55 / 5714	7.83
5695	2905	MATEJEWSKI MIECZYŚLAW	WARSZAWA			42	M60/110 (M)4590	01:23:12	01:17:38	00:42:01 / 5653	7.73
5696	2186	ŁOJEK ROKSANA	RADOM			86	K20/465 (K)1106	01:23:16	01:18:06	00:43:16 / 5686	7.68
5697	3710	COSTA PLA LAURA	WARSZAWA			78	K30/402 (K)1107	01:23:20	01:17:45	00:40:30 / 5550	7.72
5698	4945	GARCÍA SERRANO PALOMA	WARSZAWA			74	K30/403 (K)1108	01:23:20	01:17:45	00:40:30 / 5551	7.72
5699	6865	PAWŁOWICZ ROBERT				79	M30/1788 (M)4591	01:23:29	01:17:22	00:43:24 / 5687	7.76
5700	3610	ORŁOWSKA MONIKA	JÓZEFOSŁAW			75	K30/404 (K)1109	01:23:33	01:18:23	00:43:36 / 5699	7.65
5701	378	OKRASZEWSKI PIOTR	WARSZAWA			87	M20/1428 (M)4592	01:23:50	01:21:18	00:42:26 / 5670	7.38
5702	5925	MIKOŁAJCZYK DOROTA	BIAŁA PODLASKA			62	K40/169 (K)1110	01:23:51	01:19:09	00:43:52 / 5707	7.58
5703	283	KARAŚ OLGA	PŁOCK		SYRENKA	50	K60/13 (K)1111	01:23:52	01:19:10	00:43:52 / 5708	7.58
5704	6337	WAGNER GRAŻYNA	OŻARÓW MAZOWIECKI		OŚ. FLORIANA	54	K50/58 (K)1112	01:23:53	01:21:23	00:41:55 / 5647	7.37
5705	3047	MALICKA KATARZYNA	WARSZAWA			58	K50/59 (K)1113	01:23:57	01:19:27	00:43:25 / 5688	7.55
5706	3045	MALICKI PIOTR	WARSZAWA			93	M20/1429 (M)4593	01:23:58	01:19:27	00:43:26 / 5689	7.55
5707	2975	LASKOWSKI MARCIN	WARSZAWA		IBOX	75	M30/1789 (M)4594	01:24:01	01:20:45	00:42:09 / 5660	7.43
5708	290	DĄBROWSKI MACIEJ	PŁOCK		SYRENKA	83	M20/1430 (M)4595	01:24:08	01:18:10	00:43:31 / 5692	7.68
5709	300	TOMICZKA ELŻBIETA	IZABELIN			37	K70/1 (K)1114	01:24:10	01:19:43	00:43:51 / 5706	7.53
5710	4306	KLEPACKA KATARZYNA	ELK			87	K20/466 (K)1115	01:24:11	01:19:33	00:41:29 / 5623	7.54
5711	4310	EMIELJANIUK ADAM	BIALYSTOK			86	M20/1431 (M)4596	01:24:11	01:19:32	00:41:29 / 5622	7.54
5712	4307	LEŚNIAK MATEUSZ	WADOWICE			86	M20/1432 (M)4597	01:24:11	01:19:32	00:41:28 / 5620	7.54
5713	3044	HAHN GRZEGORZ	WARSZAWA			49	M60/111 (M)4598	01:24:17	01:18:18	00:44:04 / 5718	7.66
5714	2974	LASKOWSKI ANDRZEJ	WARSZAWA		IBOX	76	M30/1790 (M)4599	01:24:27	01:21:13	00:39:41 / 5506	7.39
5715	872	SZYMAŃSKA EDYTA	WARSZAWA			69	K40/170 (K)1116	01:24:41	01:22:09	00:43:34 / 5697	7.30
5716	875	SZYMAŃSKI KONRAD	WARSZAWA			95	M20/1433 (M)4600	01:24:41	01:22:06	00:43:53 / 5710	7.31
5717	1116	GÓRA AGNIESZKA	WARSZAWA			71	K30/405 (K)1117	01:24:41	01:22:09	00:43:34 / 5696	7.30
5718	2661	GAJCZYK STANISŁAW	WARSZAWA		NIE NALEŻĘ	54	M50/381 (M)4601	01:24:43	01:18:37	00:44:39 / 5727	7.63
5719	1387	MAJCHERCZAK PAULINA	WARSZAWA			86	K20/467 (K)1118	01:24:45	01:18:54	00:43:45 / 5704	7.60
5720	2466	FRANKOWSKA ANNA	WARSZAWA			67	K40/171 (K)1119	01:24:49	01:19:17	00:44:22 / 5724	7.57

<b>Miejsce Rank</b>	<b>Nr Bib</b>	<b>Nazwisko i imię Name</b>	<b>Miejscowość City</b>	<b>Kraj Nat</b>	<b>Drużyna Team</b>	<b>R-k YoB</b>	<b>W kategorii in Age Sex</b>	<b>Czas Time</b>	<b>Czas Netto</b>	<b>5km</b>	<b>[km/h]</b>
5721	2170	STYBEL JOANNA	WARSZAWA			84	K20/468 (K)1120	01:24:51	01:19:45	00:45:16 / 5733	7.52
5722	3307	WITASZEK MALGORZATA	WARSZAWA			84	K20/469 (K)1121	01:24:52	01:19:45	00:45:16 / 5734	7.52
5723	1319	BĄCZYK ŁUKASZ	CELESTYNÓW			90	M20/1434 (M)4602	01:24:55	01:23:50	00:42:33 / 5674	7.16
5724	3664	ZIEMKIEWICZ BOGUSŁAWA	WARSZAWA			71	K30/406 (K)1122	01:25:02	01:21:04	00:42:31 / 5672	7.40
5725	158	RADWAŃSKI BOHDAN	BIAŁA PODLASKA			30	M70/20 (M)4603	01:25:14	01:20:31	00:43:53 / 5709	7.45
5726	254	MARCIŃSKI ANDRZEJ	WARSZAWA			38	M70/21 (M)4604	01:25:20	01:20:48	00:43:38 / 5700	7.43
5727	4496	KSIĘŻOPOLSKA ANNA	WARSZAWA			72	K30/407 (K)1123	01:25:20	01:19:24	00:44:27 / 5725	7.56
5728	147	LITOROWICZ-SIEGERT AGNIESZKA	WARSZAWA		TS	68	K40/172 (K)1124	01:25:35	01:20:24	00:43:59 / 5716	7.46
5729	121	AWDZIEJCZYK EWA	WARSZAWA		TS	63	K40/173 (K)1125	01:25:36	01:20:25	00:43:59 / 5715	7.46
5730	3390	STANKIEWICZ JAN	WARSZAWA			66	M40/837 (M)4605	01:25:39	01:20:10	00:42:32 / 5673	7.48
5731	3631	PIOTROWSKI PIOTR	WARSZAWA			76	M30/1791 (M)4606	01:25:40	01:19:47	00:46:02 / 5737	7.52
5732	282	GRZELAK ZYGMUNT	WARSZAWA		SYRENKA	32	M70/22 (M)4607	01:26:33	01:24:00	00:42:02 / 5654	7.14
5733	1451	PUCHALSKI PAWEŁ	WARSZAWA			61	M40/838 (M)4608	01:26:35	01:20:30	00:43:42 / 5702	7.45
5734	4329	LESZCZYŃSKI JANUSZ	WARSZAWA			78	M30/1792 (M)4609	01:27:15	01:21:08	00:46:10 / 5740	7.40
5735	3712	OLCZYK WOJCIECH	WARSZAWA			68	M40/839 (M)4610	01:27:59	01:22:42	00:47:44 / 5745	7.26
5736	6760	SOBOCIŃSKI FILIP	WARSZAWA			95	M20/1435 (M)4611	01:28:18	01:23:52	00:43:06 / 5682	7.15
5737	740	BAJOREK JACEK	WYSZKÓW			75	M30/1793 (M)4612	01:28:30	01:23:13	00:45:56 / 5735	7.21
5738	6534	BAJOREK CEZARY	WARSZAWA			95	M20/1436 (M)4613	01:28:30	01:23:13	00:46:11 / 5741	7.21
5739	93	BAJOREK CEZARY JERZY	WYSZKÓW		FB2	46	M60/112 (M)4614	01:28:31	01:23:13	00:45:56 / 5736	7.21
5740	6892	NIEWOLA ARTUR	WARSZAWA			74	M30/1794 (M)4615	01:29:26	01:25:42	00:45:04 / 5729	7.00
5741	1563	GRABOWSKA ANNA	WARSZAWA			79	K30/408 (K)1126	01:29:29	01:23:22	00:48:55 / 5748	7.20
5742	1564	FETKE FABIANA	TORUŃ			74	K30/409 (K)1127	01:29:29	01:23:22	00:48:55 / 5747	7.20
5743	3699	TOMASIK JANUSZ	WARSZAWA			43	M60/113 (M)4616	01:29:33	01:23:30	00:48:56 / 5749	7.19
5744	5994	NIEWOLA RENATA	WARSZAWA			74	K30/410 (K)1128	01:29:55	01:26:11	00:45:05 / 5730	6.96
5745	6226	STAWOWSKI MAREK	CHICAGO			87	M20/1437 (M)4617	01:31:33	01:26:43	00:44:37 / 5726	6.92
5746	3564	WOJKIEWICZ EMILIA	WARSZAWA			82	K20/470 (K)1129	01:31:53	01:25:50	00:48:47 / 5746	6.99
5747	5660	KLIMIŃSKA KATARZYNA	WARSZAWA			78	K30/411 (K)1130	01:31:57	01:29:33	00:45:16 / 5732	6.70
5748	5661	KLIMIŃSKI MICHAŁ	WARSZAWA			95	M20/1438 (M)4618	01:31:57	01:29:33	00:45:15 / 5731	6.70
5749	2679	GERWICKA JOLANTA	WARSZAWA			51	K50/60 (K)1131	01:35:27	01:28:57	00:50:08 / 5750	6.75
5750	255	WYSOCKI STANISŁAW	WARSZAWA		GWARDIA WARSZAWA	29	M70/23 (M)4619	01:35:52	01:29:52	00:50:29 / 5751	6.68
5751	1317	BĄCZYK MARIOLA	CELESTYNÓW			67	K40/174 (K)1132	01:36:11	01:32:41	00:51:01 / 5752	6.47
5752	5726	KOZAK BARTOSZ	WARSZAWA			95	M20/1439 (M)4620	01:39:06	01:37:19	00:26:46 / 1869	6.17
5753	3425	NACHULEWICZ JOANNA	WARSZAWA			63	K40/175 (K)1133	01:41:27	01:36:29	00:51:01 / 5753	6.22
5754	257	BŁASZCZAK ZBIGNIEW	WARSZAWA			34	M70/24 (M)4621	01:49:15	01:43:33	00:55:20 / 5754	5.79
5755	155	NIEDŹWIECKI JAN	WARSZAWA			26	M70/25 (M)4622	01:58:08	01:53:39		5.28
5756	8000	ZAGOŃCZYK FLIP	OBORY		FAIR PLAY	85	M20/1440 (M)4623	03:24:38	03:24:38		2.93