

IV Dycha Drzymały

WYNIKI ZAWODÓW

OPEN

Organizator: Burmistrz miasta Rakoniewice, Zakład Usług Komunalnych w Rakoniewicach

Termin: 05.10.2014

Miejsce: Rakoniewice

Dystans: 10 km

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age Sex | Czas Time | [min/km] |
|-------------------------------------|-----------|-----------------------------|---------------------|-------------|-----------------|------------|---------------------------|--------------|----------|
| OPEN Mężczyźni KATEGORIA:M16 | | | | | | | | | |
| 1 | 423 | GRODZKI Dawid | LESZNO | POL | | 96 | M16/1 (M)19 | 00:34:50 | 03.28 |
| 2 | 1431 | MANC Szymon | POZNAŃ | POL | SA PSP POZNAŃ | 95 | M16/2 (M)21 | 00:35:03 | 14 03.30 |
| 3 | 346 | URBAN Gracjan | OSTRÓW WIELKOPOLSKI | POL | | 96 | M16/3 (M)45 | 00:37:13 | 03.43 |
| 4 | 1427 | JĘDROSIK Kamil | POZNAŃ | POL | SA PSP POZNAŃ | 95 | M16/4 (M)53 | 00:37:33 | 34 03.45 |
| 5 | 22 | OHLY Jakub | GRODZISK WLKP. | POL | | 96 | M16/5 (M)71 | 00:38:07 | 03.48 |
| 6 | 611 | MATYSIK Wiktor | SOLEC | POL | | 96 | M16/6 (M)97 | 00:38:59 | 03.53 |
| 7 | 726 | MICHALAK Grzegorz | ŁUBNICA | POL | | 97 | M16/7 (M)131 | 00:39:49 | 03.58 |
| 8 | 543 | BORUCKI Adam | RAKONIEWICE | POL | | 96 | M16/8 (M)163 | 00:40:55 | 04.05 |
| 9 | 1432 | BAZYLUK Tomasz | POZNAŃ | POL | SA PSP POZNAŃ | 95 | M16/9 (M)208 | 00:41:54 | 92 04.11 |
| 10 | 1535 | BOCZAR Krzysztof | BRZEG | POL | | 97 | M16/10 (M)313 | 00:43:50 | 04.23 |
| 11 | 785 | BĄBELEK Jakub | NOWY TOMYŚL | POL | | 97 | M16/11 (M)406 | 00:45:14 | 04.31 |
| 12 | 1463 | MAKOWSKI Jan | WOLSZTYN | POL | | 96 | M16/12 (M)417 | 00:45:24 | 04.32 |
| 13 | 496 | SZYMKOWIAK Maciej | GRODZISK | POL | | 96 | M16/13 (M)421 | 00:45:33 | 04.33 |
| 14 | 100 | KOZŁOWSKI Jacek | KAMIENIEC | POL | | 96 | M16/14 (M)492 | 00:47:05 | 04.42 |
| 15 | 229 | MELEROWICZ Norbert | DĘBSKO | POL | | 96 | M16/15 (M)519 | 00:47:38 | 04.45 |
| 16 | 97 | PIERSZALSKI Michał | GRODZISK WLKP. | POL | | 97 | M16/16 (M)530 | 00:47:57 | 04.47 |
| 17 | 548 | BORUCKI Adam | | POL | | 96 | M16/17 (M)563 | 00:48:20 | 04.50 |
| 18 | 62 | ZACHARKO Karol | GRODZISK WLKP. | POL | | 97 | M16/18 (M)583 | 00:48:39 | 04.51 |
| 19 | 666 | KRAKOWIAK Bartosz | GRANOWO | POL | | 96 | M16/19 (M)586 | 00:48:43 | 04.52 |
| 20 | 327 | KRAWCZYK Dawid | LUBOŃ | POL | | 97 | M16/20 (M)588 | 00:48:45 | 04.52 |
| 21 | 507 | KASPROWIAK Patryk | RAKONIEWICE | POL | | 96 | M16/21 (M)640 | 00:49:44 | 04.58 |
| 22 | 1099 | TIC Jakub | WIELICHOWO | POL | | 96 | M16/22 (M)655 | 00:50:01 | 05.00 |
| 23 | 99 | KAŃDULA Tomasz | GRODZISK WLKP | POL | | 96 | M16/23 (M)656 | 00:50:01 | 05.00 |
| 24 | 1114 | TRZOP Filip damian | ZIELONA GÓRA | POL | | 96 | M16/24 (M)668 | 00:50:09 | 05.00 |
| 25 | 1351 | MALUŚKI Mateusz | NOWY TOMYŚL | POL | | 95 | M16/25 (M)680 | 00:50:24 | 05.02 |
| 26 | 612 | MATYSIK Marcin | SOLEC | POL | | 98 | M16/26 (M)723 | 00:51:38 | 05.09 |
| 27 | 21 | OHLY Mikołaj | GRODZISK WLKP | POL | | 97 | M16/27 (M)730 | 00:51:51 | 05.11 |
| 28 | 1064 | PRZYBYSZ Grzegorz sebastian | RAKONIEWICE | POL | | 97 | M16/28 (M)756 | 00:52:32 | 05.15 |
| 29 | 86 | SMEKTAŁA Mateusz | JANOWICE WIELKIE | POL | | 97 | M16/29 (M)761 | 00:52:38 | 05.15 |
| 30 | 857 | RUBCZYŃSKI Adam | RAKONIEWICE | POL | | 96 | M16/30 (M)795 | 00:53:39 | 05.21 |
| 31 | 1067 | ZAWLIK Bartek | POZNAŃ | POL | | 95 | M16/31 (M)899 | 00:58:41 | 05.52 |
| 32 | 322 | GIERNAŚ Aleksander | ŁUBNICA | POL | | 95 | M16/32 (M)916 | 00:59:27 | 05.56 |
| 33 | 714 | MAŃKOWSKI Szymon | RUCHOCICE | POL | | 97 | M16/33 (M)927 | 01:00:05 | 06.00 |
| 34 | 266 | SZULC Dominik | WRZEŚNIA | POL | | 97 | M16/34 (M)951 | 01:03:02 | 06.18 |
| 35 | 1411 | GRUSZKOWSKI Mateusz | WSCHOWA | POL | | 00 | M16/35 (M)967 | 01:05:06 | 06.30 |

OPEN Mężczyźni KATEGORIA:M20

| | | | | | | | | | |
|----|------|--------------------------|-------------------|-----|-----------------|----|--------------|----------|----------|
| 1 | 17 | MARYSIK Adam | KSIAŻ ŚLAŃSKI | POL | | 88 | M20/1 (M)4 | 00:32:35 | 03.15 |
| 2 | 534 | MAJORCZYK Bartosz | KARCZEWO | POL | | 92 | M20/2 (M)6 | 00:32:42 | 03.16 |
| 3 | 1428 | PRZEDWOJEWSKI Bartłomiej | POZNAŃ | POL | SA PSP POZNAŃ | 93 | M20/3 (M)9 | 00:33:26 | 6 03.20 |
| 4 | 1245 | ŚWIESIULSKI Łukasz | GARWOLIN | POL | KW PSP WARSZAWA | 92 | M20/4 (M)13 | 00:34:10 | 9 03.24 |
| 5 | 684 | GRACZYK Adrian | CZARNKÓW | POL | | 88 | M20/5 (M)14 | 00:34:29 | 03.26 |
| 6 | 289 | PLUCIŃSKI Radosław | SWARZĘDZ | POL | | 89 | M20/6 (M)15 | 00:34:30 | 03.27 |
| 7 | 1500 | KLECZAJ Piotr | WROCLAW | POL | KW PSP WROCLAW | 85 | M20/7 (M)16 | 00:34:35 | 10 03.27 |
| 8 | 1492 | KUJAWA Zbigniew | NAKŁO NAD NOTECIĄ | POL | KW PSP TORUŃ | 90 | M20/8 (M)17 | 00:34:43 | 11 03.28 |
| 9 | 1220 | ZAGAWA Łukasz | ŁÓDŹ | POL | KW PSP ŁÓDŹ | 89 | M20/9 (M)20 | 00:35:01 | 13 03.29 |
| 10 | 1323 | ROGALA Patryk | WARSZAWA | POL | SGSP WARSZAWA | 93 | M20/10 (M)22 | 00:35:03 | 15 03.30 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k | W kategorii YoB in Age Sex | Czas Time | [min/km] |
|--------------|--------|-----------------------------|------------------|----------|----------------------------|-----|----------------------------|-----------|----------|
| 11 | 583 | NIEMYT Adam | POZNAŃ | POL | | 89 | M20/11 (M)25 | 00:35:17 | 03.31 |
| 12 | 1093 | FEIFER Bartosz | WOLSZTYN | POL | | 88 | M20/12 (M)28 | 00:35:35 | 03.33 |
| 13 | 1430 | ROGOWSKI Zbigniew | POZNAŃ | POL | SA PSP POZNAŃ | 92 | M20/13 (M)29 | 00:35:36 | 19 03.33 |
| 14 | 343 | GRZEŚKOWIAK Krzysztof | SWARZĘDZ | POL | | 89 | M20/14 (M)31 | 00:35:42 | 03.34 |
| 15 | 1188 | KLONOWSKI Mikołaj | GOSTYŃ | POL | KW PSP POZNAŃ | 90 | M20/15 (M)32 | 00:35:59 | 21 03.35 |
| 16 | 1056 | JAŚNIEWICZ Mateusz mikołaj | POZNAŃ | POL | | 87 | M20/16 (M)33 | 00:36:01 | 03.35 |
| 17 | 410 | MICHALAK Mirosław | KOŚCIAN | POL | | 87 | M20/17 (M)35 | 00:36:33 | 03.39 |
| 18 | 533 | ALEKSANDROWICZ Bartosz | GNIEZNO | POL | | 87 | M20/18 (M)41 | 00:37:02 | 03.42 |
| 19 | 1395 | TREDER Sebastian | BYTÓW | POL | KW PSP GDAŃSK | 92 | M20/19 (M)42 | 00:37:04 | 27 03.42 |
| 20 | 248 | WIŚNIEWSKI Dawid | LESZNO | POL | | 85 | M20/20 (M)44 | 00:37:06 | 03.42 |
| 21 | 1106 | KURKIEWICZ Paweł | STALOWA WOLA | POL | KW PSP RZESZÓW | 91 | M20/21 (M)46 | 00:37:14 | 28 03.39 |
| 22 | 1124 | GRUSZCZYŃSKI Krzysztof | TUREK | POL | KW PSP POZNAŃ | 91 | M20/22 (M)50 | 00:37:30 | 32 03.44 |
| 23 | 1219 | ZAWISTOWSKI Krzysztof | CHODZIEŻ | POL | KW PSP POZNAŃ | 91 | M20/23 (M)55 | 00:37:38 | 36 03.45 |
| 24 | 230 | BIELAWSKI Tomasz | GRANOWO | POL | | 91 | M20/24 (M)56 | 00:37:38 | 03.45 |
| 25 | 580 | CHOJNACKI Maciej | GRODZISK | POL | | 93 | M20/25 (M)59 | 00:37:40 | 03.46 |
| 26 | 1108 | KUBIT Robert maricn | KROSNO | POL | KW PSP RZESZÓW | 85 | M20/26 (M)60 | 00:37:41 | 38 03.46 |
| 27 | 1429 | GLUSIŃSKI Bartłomiej maciej | BIAŁOGARD | POL | SA PSP POZNAŃ | 92 | M20/27 (M)68 | 00:38:02 | 43 03.48 |
| 28 | 1037 | SZASZNER Łukasz | SWARZĘDZ | POL | | 87 | M20/28 (M)70 | 00:38:06 | 03.48 |
| 29 | 1043 | BROCZKOWSKI Tomasz | ROSTARZEWO | POL | | 85 | M20/29 (M)72 | 00:38:08 | 03.48 |
| 30 | 1487 | KRAJEWSKI Tomasz | INOWROCLAW | POL | KW PSP TORUŃ | 88 | M20/30 (M)73 | 00:38:12 | 44 03.49 |
| 31 | 515 | REMBOWICZ Szymon | GNIEZNO | POL | | 89 | M20/31 (M)75 | 00:38:13 | 03.49 |
| 32 | 1289 | JANICKI Maciej | ZABRZE | POL | KW PSP KATOWICE | 88 | M20/32 (M)76 | 00:38:14 | 46 03.49 |
| 33 | 1476 | KRIEGER Łukasz | BYDGOSZCZ | POL | KW PSP TORUŃ | 90 | M20/33 (M)78 | 00:38:19 | 47 03.49 |
| 34 | 1322 | KLAKUS Mariusz | WARSZAWA | POL | SGSP WARSZAWA | 92 | M20/34 (M)82 | 00:38:24 | 51 03.50 |
| 35 | 1274 | GRZANKA Mateusz | ZAWIERCIE | POL | KW PSP KATOWICE | 86 | M20/35 (M)83 | 00:38:25 | 52 03.50 |
| 36 | 394 | CHUDZICKI Adam | LUBOŃ | POL | | 87 | M20/36 (M)86 | 00:38:35 | 03.51 |
| 37 | 1330 | KOT Bartłomiej | WARSZAWA | POL | SGSP WARSZAWA | 94 | M20/37 (M)93 | 00:38:49 | 56 03.52 |
| 38 | 1325 | KACPRZAK Mariusz | WARSZAWA | POL | SGSP WARSZAWA | 92 | M20/38 (M)104 | 00:39:09 | 58 03.54 |
| 39 | 1434 | BOCHM Szymon | POZNAŃ | POL | SA PSP POZNAŃ | 90 | M20/39 (M)106 | 00:39:10 | 59 03.55 |
| 40 | 1321 | JURZYK Piotr | WARSZAWA | POL | SGSP WARSZAWA | 93 | M20/40 (M)115 | 00:39:29 | 62 03.56 |
| 41 | 1283 | OSTRÓWKA Mateusz | ŚWIĘTOCHŁOWICE | POL | KW PSP KATOWICE | 90 | M20/41 (M)116 | 00:39:31 | 63 03.57 |
| 42 | 621 | MICHALAK Jakub | ŚREM | POL | | 93 | M20/42 (M)119 | 00:39:33 | 03.57 |
| 43 | 1338 | PACUŁA Bartosz | CZĘSTOCHOWA | POL | CS PSP CZĘSTOCHOWA | 92 | M20/43 (M)120 | 00:39:38 | 65 03.57 |
| 44 | 734 | KRYSZAK Nikodem | PYZDRY | POL | | 93 | M20/44 (M)126 | 00:39:44 | 03.58 |
| 45 | 1238 | BURA Łukasz | WSCHOWA | POL | KW PSP GORZÓW WIELKOPOLSKI | 90 | M20/45 (M)137 | 00:39:55 | 69 03.59 |
| 46 | 1326 | PAWLAK Krzysztof | WARSZAWA | POL | SGSP WARSZAWA | 88 | M20/46 (M)138 | 00:39:57 | 70 03.59 |
| 47 | 193 | ROMANÓW Damian | GORZÓW WLKP | POL | | 91 | M20/47 (M)139 | 00:39:58 | 03.59 |
| 48 | 1329 | KILANOWSKI Radosław | WARSZAWA | POL | SGSP WARSZAWA | 94 | M20/48 (M)141 | 00:40:05 | 71 04.00 |
| 49 | 1340 | KRÓL Piotr | CZĘSTOCHOWA | POL | CS PSP CZĘSTOCHOWA | 94 | M20/49 (M)145 | 00:40:19 | 72 04.01 |
| 50 | 1433 | KIJO Wincenty | POZNAŃ | POL | SA PSP POZNAŃ | 93 | M20/50 (M)149 | 00:40:27 | 74 04.02 |
| 51 | 1293 | WELS Dominik | LESZNO | POL | KW PSP POZNAŃ | 92 | M20/51 (M)153 | 00:40:38 | 75 04.03 |
| 52 | 1299 | KACZOR Michał | LESZNO | POL | KW PSP POZNAŃ | 90 | M20/52 (M)155 | 00:40:41 | 76 04.04 |
| 53 | 1197 | WOSZCZYŁO Adrian | MIĘDZYCHÓD | POL | KW PSP POZNAŃ | 85 | M20/53 (M)161 | 00:40:53 | 80 04.05 |
| 54 | 1380 | GREGUŁA Wojciech | GRYFINO | POL | KW PSP SZCZECIN | 86 | M20/54 (M)162 | 00:40:54 | 81 04.05 |
| 55 | 1156 | KANTORSKI Tomasz | POZNAŃ | POL | KW PSP POZNAŃ | 88 | M20/55 (M)164 | 00:40:56 | 82 04.05 |
| 56 | 1499 | GLUZA Radosław | OPALENICA | POL | | 91 | M20/56 (M)165 | 00:40:57 | 04.05 |
| 57 | 1281 | BINIĘDA Rafał | ŚWIĘTOCHŁOWICE | POL | KW PSP KATOWICE | 88 | M20/57 (M)166 | 00:40:57 | 83 04.05 |
| 58 | 836 | WIECZOREK Filip | OMIŃSKA | POL | | 87 | M20/58 (M)167 | 00:40:59 | 04.05 |
| 59 | 898 | KACZMAREK Łukasz | KAMIENIEC | POL | | 90 | M20/59 (M)170 | 00:41:02 | 04.06 |
| 60 | 551 | KOCHMAN Karol | BELĘCIN | POL | | 91 | M20/60 (M)174 | 00:41:06 | 04.06 |
| 61 | 1328 | BIALAS Maciej | WARSZAWA | POL | SGSP WARSZAWA | 92 | M20/61 (M)176 | 00:41:09 | 85 04.06 |
| 62 | 14 | SERWA Wojciech | RAKONIEWICE | POL | | 93 | M20/62 (M)183 | 00:41:23 | 04.08 |
| 63 | 306 | SZPAJER Bartosz | LUBOŃ | POL | | 87 | M20/63 (M)184 | 00:41:24 | 04.08 |
| 64 | 1327 | GOŁĘBIEWSKI Marcin | WARSZAWA | POL | SGSP WARSZAWA | 92 | M20/64 (M)188 | 00:41:29 | 88 04.08 |
| 65 | 506 | MIERZYŃSKI Paweł | WŁOSZAKOWICE | POL | | 89 | M20/65 (M)190 | 00:41:31 | 04.09 |
| 66 | 663 | KOTECKI Paweł | POZNAŃ | POL | | 92 | M20/66 (M)192 | 00:41:33 | 04.09 |
| 67 | 573 | JANKOWIAK Paweł | PAPROĆ | POL | | 89 | M20/67 (M)194 | 00:41:38 | 04.09 |
| 68 | 893 | KORALEWSKI Jakub | POZNAŃ | POL | | 86 | M20/68 (M)199 | 00:41:46 | 04.10 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k | W kategorii YoB in Age Sex | Czas Time | [min/km] |
|--------------|--------|-----------------------|---------------------|----------|----------------------------|-----|----------------------------|-----------|-----------|
| 69 | 619 | MATUSZEWSKI Paweł | GRODZISK | POL | | 91 | M20/69 (M)202 | 00:41:49 | 04.10 |
| 70 | 980 | KUIK Cezary | POZNAŃ 2 | POL | | 93 | M20/70 (M)207 | 00:41:53 | 04.11 |
| 71 | 614 | TURSKI Paweł | SULECHÓW | POL | | 91 | M20/71 (M)209 | 00:41:54 | 04.11 |
| 72 | 1306 | CZARNECKI Krzysztof | BRZEG | POL | KW PSP OPOLE | 89 | M20/72 (M)214 | 00:42:01 | 95 04.12 |
| 73 | 1339 | MARSZOLIK Mateusz | CZĘSTOCHOWA | POL | CS PSP CZĘSTOCHOWA | 93 | M20/73 (M)224 | 00:42:14 | 97 04.13 |
| 74 | 629 | FLEISCHER Przemysław | ZBĄSZYŃ | POL | | 87 | M20/74 (M)226 | 00:42:15 | 04.13 |
| 75 | 1435 | KOWALIK Adam | POZNAŃ | POL | SA PSP POZNAŃ | 94 | M20/75 (M)246 | 00:42:43 | 104 04.16 |
| 76 | 1318 | FLIEGER Jakub | RAKONIEWICE | POL | | 93 | M20/76 (M)261 | 00:43:04 | 04.18 |
| 77 | 919 | MATYJA Rafał | WŁOSZAKOWICE | POL | | 88 | M20/77 (M)270 | 00:43:13 | 04.19 |
| 78 | 1149 | KOWALSKI Szymon | WOLSZTYN | POL | KW PSP POZNAŃ | 89 | M20/78 (M)271 | 00:43:14 | 110 04.19 |
| 79 | 395 | CYGAN Michał | MIĘDZYRZECZ | POL | | 87 | M20/79 (M)272 | 00:43:14 | 04.19 |
| 80 | 296 | DĄBEK Krzysztof | STRZALKOWO | POL | | 89 | M20/80 (M)273 | 00:43:15 | 04.19 |
| 81 | 910 | SIP Sławomir | POZNAŃ | POL | | 89 | M20/81 (M)276 | 00:43:17 | 04.19 |
| 82 | 1128 | WYKA Szymon | POZNAŃ | POL | | 90 | M20/82 (M)278 | 00:43:18 | 04.19 |
| 83 | 1267 | HORLOZA Andrzej | WIELICHOWO | POL | | 90 | M20/83 (M)280 | 00:43:21 | 04.20 |
| 84 | 1252 | KACZOR Marcin | GNIEZNO | POL | KW PSP POZNAŃ | 85 | M20/84 (M)286 | 00:43:24 | 112 04.20 |
| 85 | 1232 | ZDĘGA Bartosz | WSCHOWA | POL | KW PSP GORZÓW WIELKOPOLSKI | 89 | M20/85 (M)288 | 00:43:25 | 114 04.20 |
| 86 | 174 | BANDUR Grzegorz | POZNAŃ | POL | | 88 | M20/86 (M)295 | 00:43:34 | 04.21 |
| 87 | 1309 | SZYNDROWSKI Maciej | BRZEG | POL | KW PSP OPOLE | 87 | M20/87 (M)298 | 00:43:37 | 118 04.21 |
| 88 | 1169 | SZMYT Roman | ŁÓDŹ | POL | KW PSP ŁÓDŹ | 86 | M20/88 (M)311 | 00:43:48 | 122 04.22 |
| 89 | 1344 | TAJCHERT Szymon | WOLSZTYN | POL | | 88 | M20/89 (M)318 | 00:43:56 | 04.23 |
| 90 | 1189 | WOJCIECHOWSKI Rafał | GOSTYŃ | POL | KW PSP POZNAŃ | 87 | M20/90 (M)319 | 00:43:56 | 125 04.23 |
| 91 | 1237 | JOJTE Mikołaj | WSCHOWA | POL | KW PSP GORZÓW WIELKOPOLSKI | 87 | M20/91 (M)320 | 00:43:57 | 126 04.23 |
| 92 | 184 | MUSZYŃSKI Marek | POZNAŃ | POL | | 87 | M20/92 (M)325 | 00:44:01 | 04.24 |
| 93 | 1091 | UŚCIŁO Michał | GÓRA | POL | KW PSP WROCLAW | 85 | M20/93 (M)332 | 00:44:06 | 130 04.24 |
| 94 | 339 | HOJAN Łukasz | POZNAŃ | POL | | 85 | M20/94 (M)333 | 00:44:07 | 04.24 |
| 95 | 735 | LUDWICZAK Konrad | POZNAŃ | POL | | 85 | M20/95 (M)334 | 00:44:08 | 04.24 |
| 96 | 1440 | CZARNOWSKI Mateusz | POZNAŃ | POL | SA PSP POZNAŃ | 91 | M20/96 (M)335 | 00:44:09 | 131 04.24 |
| 97 | 600 | WRÓBEL Maciej | GRODZISK | POL | | 92 | M20/97 (M)338 | 00:44:10 | 04.25 |
| 98 | 1436 | DEJNAROWICZ Piotr | POZNAŃ | POL | SA PSP POZNAŃ | 91 | M20/98 (M)339 | 00:44:11 | 132 04.25 |
| 99 | 1294 | ZAJĄC Bartosz | LESZNO | POL | KW PSP POZNAŃ | 90 | M20/99 (M)341 | 00:44:15 | 133 04.25 |
| 100 | 811 | PRZYBYŁA Mateusz | ROSTARZEWO | POL | | 87 | M20/100 (M)352 | 00:44:29 | 04.26 |
| 101 | 1065 | FRANEK Marcin | SŁOCIN | POL | | 94 | M20/101 (M)354 | 00:44:29 | 04.26 |
| 102 | 79 | SOBIERAJ Sławomir | ZĄBKOWICE ŚLĄSKIE | POL | KW PSP WROCLAW | 86 | M20/102 (M)356 | 00:44:31 | 137 04.27 |
| 103 | 634 | STEINBAUER Stefan | POZNAŃ | POL | | 85 | M20/103 (M)357 | 00:44:32 | 04.27 |
| 104 | 571 | SCHWANKE Damian | SWARZĘDZ | POL | | 92 | M20/104 (M)358 | 00:44:32 | 04.27 |
| 105 | 1315 | PALICKI Kamil | RAKONIEWICE | POL | | 85 | M20/105 (M)364 | 00:44:37 | 04.27 |
| 106 | 850 | PEMPERA Grzegorz | LUBOŃ | POL | | 86 | M20/106 (M)366 | 00:44:40 | 04.28 |
| 107 | 273 | MATYSIAK Tomasz | RAKONIEWICE | POL | | 92 | M20/107 (M)368 | 00:44:41 | 04.28 |
| 108 | 832 | KLECZ Marek | LUBOŃ | POL | | 86 | M20/108 (M)371 | 00:44:42 | 04.28 |
| 109 | 1307 | SZCZEPANIAK Mateusz | BRZEG | POL | KW PSP OPOLE | 91 | M20/109 (M)385 | 00:44:54 | 143 04.29 |
| 110 | 740 | GINDERA Dawid | RAKONIEWICE | POL | | 85 | M20/110 (M)390 | 00:45:00 | 04.30 |
| 111 | 64 | NOWACKI Bartosz | GRODZISK WLKP. | POL | | 94 | M20/111 (M)391 | 00:45:01 | 04.30 |
| 112 | 1284 | PASKO Marcin | ŚWIĘTOCHŁOWICE | POL | KW PSP KATOWICE | 92 | M20/112 (M)394 | 00:45:03 | 147 04.30 |
| 113 | 1439 | KOŁODZIEJCZYK Michał | POZNAŃ | POL | SA PSP POZNAŃ | 93 | M20/113 (M)402 | 00:45:12 | 149 04.31 |
| 114 | 1048 | TARGOWICKI Konrad | ROSTARZEWO | POL | | 87 | M20/114 (M)410 | 00:45:17 | 04.31 |
| 115 | 165 | MACIAK Rafał | OSTRÓW WIELKOPOLSKI | POL | | 88 | M20/115 (M)414 | 00:45:21 | 04.32 |
| 116 | 166 | WRZECIAN Adam | POZNAŃ | POL | | 86 | M20/116 (M)415 | 00:45:22 | 04.32 |
| 117 | 253 | ZAWODNY Mateusz | LUBOŃ | POL | | 86 | M20/117 (M)419 | 00:45:33 | 04.33 |
| 118 | 1122 | WOJCIECHOWSKI Mateusz | OSTRÓW WLKP. | POL | KW PSP POZNAŃ | 88 | M20/118 (M)428 | 00:45:41 | 152 04.34 |
| 119 | 45 | CHUDZIK Tomasz | ŁAWA | POL | KW PSP OLSZTYN | 90 | M20/119 (M)430 | 00:45:41 | 154 04.34 |
| 120 | 960 | SZÓSTKA Aleksander | POZNAŃ | POL | | 87 | M20/120 (M)432 | 00:45:44 | 04.34 |
| 121 | 529 | BILON Mateusz | SULECHÓW | POL | | 91 | M20/121 (M)440 | 00:45:52 | 04.35 |
| 122 | 1297 | GOLAŃSKI Jakub | LESZNO | POL | KW PSP POZNAŃ | 87 | M20/122 (M)446 | 00:46:04 | 156 04.36 |
| 123 | 1088 | BOROWSKI Przemysław | KONIN | POL | | 88 | M20/123 (M)452 | 00:46:15 | 04.37 |
| 124 | 999 | WIŚNIEWSKI Patryk | RAKONIEWICE | POL | | 88 | M20/124 (M)453 | 00:46:17 | 04.37 |
| 125 | 967 | SANDOMIERSKI Mariusz | JANIKOWO | POL | | 91 | M20/125 (M)455 | 00:46:18 | 04.37 |
| 126 | 1376 | GROCHOWSKI Rafał | POLICE | POL | KW PSP SZCZECIN | 88 | M20/126 (M)459 | 00:46:23 | 159 04.38 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age Sex | Czas Time | pkt | [min/km] |
|--------------|--------|----------------------------|-------------------|----------|------------------------|---------|------------------------|-----------|-----|----------|
| 127 | 1374 | KANIA Rafał | POLICE | | POL KW PSP SZCZECIN | 89 | M20/127 (M)460 | 00:46:25 | 160 | 04.38 |
| 128 | 1358 | ROMAŃCZUK Damian | KOŁOBRZEG | | POL KW PSP SZCZECIN | 86 | M20/128 (M)476 | 00:46:49 | 166 | 04.40 |
| 129 | 765 | PIETRUSZYŃSKI Adam | MIĘDZYCHÓD | | POL | 91 | M20/129 (M)480 | 00:46:52 | | 04.41 |
| 130 | 169 | WALCZAK Dariusz | DASZEWICE | | POL | 86 | M20/130 (M)484 | 00:46:54 | | 04.41 |
| 131 | 828 | SALSKI Jarosław | WRONKI | | POL | 86 | M20/131 (M)504 | 00:47:22 | | 04.44 |
| 132 | 1364 | GRUNER Łukasz | JAWOR | | POL KW PSP WROCLAW | 91 | M20/132 (M)506 | 00:47:27 | 168 | 04.44 |
| 133 | 1336 | PIOTROWSKI Kamil | CZĘSTOCHOWA | | POL CS PSP CZĘSTOCHOWA | 85 | M20/133 (M)507 | 00:47:27 | 169 | 04.44 |
| 134 | 524 | MICHALSKI Michał | GRODZISK WLKP. | | POL | 92 | M20/134 (M)509 | 00:47:28 | | 04.44 |
| 135 | 1291 | AUGUSTYNIAK Mateusz | TUREK | | POL KW PSP POZNAŃ | 91 | M20/135 (M)510 | 00:47:28 | 170 | 04.44 |
| 136 | 1140 | ANTKOWIAK Mikołaj | NOWY TOMYŚL | | POL KW PSP POZNAŃ | 89 | M20/136 (M)511 | 00:47:29 | 171 | 04.44 |
| 137 | 620 | SZYMKOWIAK Paweł | GRODZISK | | POL | 86 | M20/137 (M)514 | 00:47:32 | | 04.45 |
| 138 | 547 | DUDKIEWICZ Wojciech | BUK | | POL | 89 | M20/138 (M)524 | 00:47:46 | | 04.46 |
| 139 | 522 | SALOMON Dariusz | SWARZĘDZ | | POL | 86 | M20/139 (M)531 | 00:47:57 | | 04.47 |
| 140 | 1300 | ROLLA Filip | LESZNO | | POL KW PSP POZNAŃ | 89 | M20/140 (M)534 | 00:48:00 | 177 | 04.48 |
| 141 | 72 | ANDREJCZYK Grzegorz | POLKOWICE | | POL KW PSP WROCLAW | 85 | M20/141 (M)537 | 00:48:01 | 179 | 04.48 |
| 142 | 1163 | URBANIAK Krystian | SZAMOTUŁY | | POL KW PSP POZNAŃ | 89 | M20/142 (M)547 | 00:48:07 | 180 | 04.48 |
| 143 | 1102 | SIWY Piotr paweł | ROSTARZEWO | | POL | 93 | M20/143 (M)548 | 00:48:08 | | 04.48 |
| 144 | 1518 | GARZEŁ Tomasz | RAKONIEWICE | | POL | 87 | M20/144 (M)558 | 00:48:15 | | 04.49 |
| 145 | 669 | POŁOMKA Artur | RAKONIEWICE | | POL | 88 | M20/145 (M)571 | 00:48:27 | | 04.50 |
| 146 | 511 | JENEWSKI Bartosz | NOWY TOMYŚL | | POL | 87 | M20/146 (M)578 | 00:48:33 | | 04.51 |
| 147 | 413 | TOMCZAK Mateusz | GRANOWO | | POL | 93 | M20/147 (M)591 | 00:48:48 | | 04.52 |
| 148 | 498 | MATYSIK Mariusz | WOLSZTYN / NOWE | | POL | 86 | M20/148 (M)596 | 00:48:55 | | 04.53 |
| 149 | 74 | JAWORSKI Mateusz | POLKOWICE | | POL KW PSP WROCLAW | 90 | M20/149 (M)606 | 00:49:12 | 190 | 04.55 |
| 150 | 1366 | OSTROWSKI Wojciech | LUBOŃ | | POL | 94 | M20/150 (M)607 | 00:49:13 | | 04.55 |
| 151 | 206 | WAWRZYŃIAK Tomasz | POZNAŃ | | POL | 87 | M20/151 (M)610 | 00:49:18 | | 04.55 |
| 152 | 512 | WALCZAK Damian | POZNAŃ | | POL | 92 | M20/152 (M)615 | 00:49:19 | | 04.55 |
| 153 | 317 | WYDYMUS Szymon | SWARZĘDZ | | POL | 86 | M20/153 (M)618 | 00:49:22 | | 04.56 |
| 154 | 215 | GLAPA Jakub | RAKONIEWICE | | POL | 88 | M20/154 (M)621 | 00:49:27 | | 04.56 |
| 155 | 1180 | STEMPNIEWICZ Damian adrian | OSTRZESZÓW | | POL KW PSP POZNAŃ | 91 | M20/155 (M)628 | 00:49:31 | 196 | 04.57 |
| 156 | 1257 | BEREŻNICKI Łukasz | GNIEZNO | | POL KW PSP POZNAŃ | 85 | M20/156 (M)630 | 00:49:33 | 197 | 04.57 |
| 157 | 606 | SZESZUŁA Mariusz | OPALENICA | | POL | 89 | M20/157 (M)631 | 00:49:35 | | 04.57 |
| 158 | 1079 | SERWA Michał | RAKONIEWICE | | POL | 90 | M20/158 (M)633 | 00:49:36 | | 04.57 |
| 159 | 604 | PRZYWECKI Michał | PUSZCZYKOWO | | POL | 86 | M20/159 (M)638 | 00:49:43 | | 04.58 |
| 160 | 1141 | CYPRIAN Maciej | NOWY TOMYŚL | | POL KW PSP POZNAŃ | 92 | M20/160 (M)647 | 00:49:48 | 202 | 04.58 |
| 161 | 1536 | KUSKA Rafał | RUCHOCICE | | POL | 93 | M20/161 (M)658 | 00:50:02 | | 05.00 |
| 162 | 1119 | FRANKOWSKI Jakub | OSTRÓW WLKP. | | POL KW PSP POZNAŃ | 90 | M20/162 (M)660 | 00:50:04 | 207 | 05.00 |
| 163 | 1250 | MAZUR Damian | DRAWSKO POMORSKIE | | POL KW PSP SZCZECIN | 91 | M20/163 (M)666 | 00:50:08 | 210 | 05.00 |
| 164 | 1451 | DRZYMAŁA Michał | GRODZISK | | POL | 88 | M20/164 (M)674 | 00:50:18 | | 05.01 |
| 165 | 1334 | CHRÓŚCIK Marek | GRODZISK WLKP. | | POL | 92 | M20/165 (M)679 | 00:50:22 | | 05.02 |
| 166 | 1051 | CZEKAJ Przemysław | POZNAŃ | | POL | 87 | M20/166 (M)683 | 00:50:34 | | 05.03 |
| 167 | 1256 | CHMURA Paweł | GNIEZNO | | POL KW PSP POZNAŃ | 90 | M20/167 (M)685 | 00:50:42 | 214 | 05.04 |
| 168 | 190 | DUDZIAK Grzegorz | MOSINA | | POL | 87 | M20/168 (M)689 | 00:50:48 | | 05.04 |
| 169 | 539 | SZYDŁOWSKI Adrian | POZNAŃ | | POL | 87 | M20/169 (M)690 | 00:50:50 | | 05.05 |
| 170 | 1166 | BRYL Dariusz | ŁÓDŹ | | POL KW PSP ŁÓDŹ | 89 | M20/170 (M)691 | 00:50:50 | 215 | 05.05 |
| 171 | 1502 | MAZUREK Marcin | POGORZELA | | POL | 88 | M20/171 (M)699 | 00:51:07 | | 05.06 |
| 172 | 599 | NADOBNIK Marcin | RAKONIEWICE | | POL | 88 | M20/172 (M)701 | 00:51:08 | | 05.06 |
| 173 | 305 | JANDY Marcin | POZNAŃ | | POL | 85 | M20/173 (M)709 | 00:51:18 | | 05.07 |
| 174 | 1159 | KOSICKI Bartłomiej | SZAMOTUŁY | | POL KW PSP POZNAŃ | 90 | M20/174 (M)716 | 00:51:31 | 224 | 05.09 |
| 175 | 1059 | ŁUPICKI Andrzej | OSIECZNA | | POL | 90 | M20/175 (M)724 | 00:51:40 | | 05.10 |
| 176 | 1317 | GOLCZAK Bartosz | RAKONIEWICE | | POL | 88 | M20/176 (M)731 | 00:51:55 | | 05.11 |
| 177 | 648 | SZCZYGIEL Paweł | RAKONIEWICE | | POL | 90 | M20/177 (M)732 | 00:51:57 | | 05.11 |
| 178 | 136 | KRAWCZYK Robert | WOLSZTYN | | POL | 92 | M20/178 (M)746 | 00:52:16 | | 05.13 |
| 179 | 341 | BIAŁY Bartosz | STĘSZEW | | POL | 86 | M20/179 (M)755 | 00:52:32 | | 05.15 |
| 180 | 1158 | KACZMAREK Michał | SZAMOTUŁY | | POL KW PSP POZNAŃ | 85 | M20/180 (M)766 | 00:52:49 | 236 | 05.16 |
| 181 | 1571 | ANIOLA Mateusz | ROGALIN | | POL | 87 | M20/181 (M)767 | 00:52:51 | | 05.17 |
| 182 | 623 | JAROSZ Krzysztof | GRODZISK WLKP. | | POL | 86 | M20/182 (M)768 | 00:52:54 | | 05.17 |
| 183 | 367 | ŚWIĄTEK Jakub | LUBOŃ | | POL | 89 | M20/183 (M)772 | 00:53:03 | | 05.18 |
| 184 | 1012 | STACHOWIAK Marcin | PUSZCZYKOWO | | POL | 91 | M20/184 (M)773 | 00:53:04 | | 05.18 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age Sex | Czas Time | [min/km] |
|--------------|--------|--------------------------|------------------|----------|----------------------------|---------|------------------------|-----------|-----------|
| 185 | 1008 | WACHACZ Marcin | DOMINOWO | POL | | 92 | M20/185 (M)785 | 00:53:18 | 05.19 |
| 186 | 1383 | MATYSIAK Bartosz | RAKONIEWICE | POL | | 85 | M20/186 (M)802 | 00:53:46 | 05.22 |
| 187 | 1240 | KRAMSKI Mateusz | WOLSZTYN | POL | | 88 | M20/187 (M)806 | 00:53:53 | 05.23 |
| 188 | 84 | DOMINIAK Jakub | OPALENICA | POL | | 88 | M20/188 (M)814 | 00:54:10 | 05.25 |
| 189 | 1083 | HIRSCH Dariusz krzysztof | POZNAŃ | POL | | 86 | M20/189 (M)818 | 00:54:26 | 05.26 |
| 190 | 950 | WALIGÓRA Bartosz | ŁUBNICA | POL | | 90 | M20/190 (M)838 | 00:55:33 | 05.33 |
| 191 | 246 | SZCZERBAL Mariusz | KOŚCIAN | POL | | 94 | M20/191 (M)839 | 00:55:36 | 05.33 |
| 192 | 651 | CHLUDZIŃSKI Paweł | OBORNIKI | POL | | 89 | M20/192 (M)844 | 00:55:57 | 05.35 |
| 193 | 1144 | MICHALAK Łukasz | WRZEŚNIA | POL | KW PSP POZNAŃ | 89 | M20/193 (M)846 | 00:56:02 | 245 05.36 |
| 194 | 581 | SZKODA Krzysztof | GRODZISK | POL | | 85 | M20/194 (M)849 | 00:56:21 | 05.38 |
| 195 | 926 | KOKORNACZYK Zbigniew | WOLSZTYN | POL | | 85 | M20/195 (M)850 | 00:56:23 | 05.38 |
| 196 | 537 | GRABSKI Rafał | CICHA GÓRA | POL | | 92 | M20/196 (M)854 | 00:56:37 | 05.39 |
| 197 | 1142 | CYPRIAN Mateusz | NOWY TOMYŚL | POL | KW PSP POZNAŃ | 89 | M20/197 (M)863 | 00:57:02 | 247 05.42 |
| 198 | 1529 | PIESIK Kamil | WOLSZTYN | POL | | 87 | M20/198 (M)869 | 00:57:10 | 05.43 |
| 199 | 1412 | STRZELCZYK Krzysztof | WSCHOWA | POL | | 93 | M20/199 (M)870 | 00:57:11 | 05.43 |
| 200 | 135 | MAŁY Dawid | WOLSZTYN | POL | | 92 | M20/200 (M)871 | 00:57:20 | 05.44 |
| 201 | 1381 | WILGOSZ Igor | NOWA SÓL | POL | KW PSP GORZÓW WIELKOPOLSKI | 91 | M20/201 (M)881 | 00:57:43 | 248 05.46 |
| 202 | 1526 | KOSICKI Jakub | RAKONIEWICE | POL | | 85 | M20/202 (M)891 | 00:58:24 | 05.50 |
| 203 | 525 | NAJDEK Łukasz | GRODZISK | POL | | 88 | M20/203 (M)898 | 00:58:40 | 05.52 |
| 204 | 567 | BEDNARCZYK Piotr | WIELICHOWO | POL | | 92 | M20/204 (M)917 | 00:59:28 | 05.56 |
| 205 | 40 | WAWRZYŃSKI Marcin | WOLSZTYN | POL | | 92 | M20/205 (M)920 | 00:59:47 | 05.58 |
| 206 | 463 | SCHMIDTKE Łukasz | LUBOŃ | POL | | 90 | M20/206 (M)923 | 00:59:55 | 05.59 |
| 207 | 646 | BRILL Tobiasz | WROCLAW | POL | | 85 | M20/207 (M)926 | 01:00:01 | 06.00 |
| 208 | 724 | BUSZEWSKI Zbyszek | RAKONIEWICE | POL | | 87 | M20/208 (M)929 | 01:00:10 | 06.01 |
| 209 | 521 | CIESIELSKI Tomasz | GRODZISK | POL | | 89 | M20/209 (M)934 | 01:00:50 | 06.05 |
| 210 | 426 | BORKOWSKI Mateusz | POZNAŃ | POL | | 85 | M20/210 (M)936 | 01:01:07 | 06.06 |
| 211 | 741 | DZIĘCIOŁ Marcin | OPALENICA | POL | | 88 | M20/211 (M)940 | 01:01:47 | 06.10 |
| 212 | 391 | WOŹNIAK Bartosz | GOSTYŃ | POL | | 86 | M20/212 (M)941 | 01:01:48 | 06.10 |
| 213 | 95 | ŻURCZAK Michał | POZNAŃ | POL | | 90 | M20/213 (M)942 | 01:01:50 | 06.11 |
| 214 | 1342 | BARYLSKI Tomasz | ROKIETNICA | POL | | 90 | M20/214 (M)943 | 01:01:51 | 06.11 |
| 215 | 965 | JARNUT Tomasz | RAKONIEWICE | POL | | 89 | M20/215 (M)948 | 01:02:31 | 06.15 |
| 216 | 333 | KACZOR Michał | RUCHOCICE | POL | | 87 | M20/216 (M)956 | 01:03:29 | 06.20 |
| 217 | 637 | JURGA Marcin | KOŚCIAN | POL | | 86 | M20/217 (M)962 | 01:04:19 | 06.25 |
| 218 | 679 | RYBA Wojciech | KROTOSZYN | POL | | 85 | M20/218 (M)970 | 01:06:05 | 06.36 |
| 219 | 242 | SOCHA Karol | GRODZISK WLKP. | POL | | 90 | M20/219 (M)972 | 01:06:26 | 06.38 |
| 220 | 523 | NOWAK Przemysław | GRODZISK WLKP. | POL | | 92 | M20/220 (M)974 | 01:07:40 | 06.46 |
| 221 | 373 | MIELCAREK Michał | LUBOŃ | POL | | 89 | M20/221 (M)977 | 01:15:29 | 07.32 |
| 222 | 70 | GWARDA Andrzej | POLKOWICE | POL | KW PSP WROCLAW | 87 | M20/222 (M)982 | 01:18:21 | 259 07.50 |
| 223 | 1165 | FILIPCZAK Konrad | ŁÓDŹ | POL | KW PSP ŁÓDŹ | 86 | M20/223 (M)983 | 01:21:05 | 260 08.06 |

OPEN Mężczyźni KATEGORIA:M30

| | | | | | | | | | |
|----|------|---------------------|------------|-----|----------------------------|----|--------------|----------|----------|
| 1 | 332 | DRACZYŃSKI Adam | NOWA SÓL | POL | | 76 | M30/1 (M)1 | 00:31:47 | 03.10 |
| 2 | 41 | PIETERCZYK Damian | OLSZTYN | POL | KW PSP OLSZTYN | 84 | M30/2 (M)2 | 00:31:57 | 1 03.11 |
| 3 | 1211 | SZRAMA Dariusz | OBORNIKI | POL | KW PSP POZNAŃ | 79 | M30/3 (M)3 | 00:32:08 | 2 03.12 |
| 4 | 1397 | KSIĄŻEK Marek | OTWOCK | POL | KW PSP WARSZAWA | 81 | M30/4 (M)5 | 00:32:38 | 3 03.15 |
| 5 | 1226 | GLAPIAK Damian | KOŚCIAN | POL | KW PSP POZNAŃ | 80 | M30/5 (M)7 | 00:32:45 | 4 03.16 |
| 6 | 1204 | DAWIDZIUK Maciej | JELEŃ GÓRA | POL | KW PSP WROCLAW | 79 | M30/6 (M)8 | 00:33:18 | 5 03.19 |
| 7 | 1391 | FARJASZEWSKI Jakub | SŁUPSK | POL | KW PSP GDAŃSK | 84 | M30/7 (M)10 | 00:33:35 | 7 03.21 |
| 8 | 1111 | JANICKI Arkadiusz | JAROSŁAW | POL | KW PSP RZESZÓW | 81 | M30/8 (M)12 | 00:34:04 | 8 03.24 |
| 9 | 1214 | POGOCKI Seweryn | ŁÓDŹ | POL | KW PSP ŁÓDŹ | 79 | M30/9 (M)18 | 00:34:47 | 12 03.28 |
| 10 | 1210 | KOWALCZUK Tomasz | ŻARY | POL | KW PSP GORZÓW WIELKOPOLSKI | 78 | M30/10 (M)23 | 00:35:06 | 16 03.30 |
| 11 | 379 | GACKI Robert | POZNAŃ | POL | | 84 | M30/11 (M)26 | 00:35:22 | 03.32 |
| 12 | 1268 | SKRZYPCZAK Paweł | ŚWIEBODZIN | POL | KW PSP GORZÓW WIELKOPOLSKI | 78 | M30/12 (M)27 | 00:35:27 | 18 03.32 |
| 13 | 1218 | BURDKA Piotr | ŁÓDŹ | POL | KW PSP ŁÓDŹ | 76 | M30/13 (M)30 | 00:35:38 | 20 03.33 |
| 14 | 68 | OPALIŃSKI Arkadiusz | WROCLAW | POL | KW PSP WROCLAW | 82 | M30/14 (M)38 | 00:36:47 | 24 03.40 |
| 15 | 1260 | POCZWARDOWSKI Kamil | SIERPC | POL | KW PSP WARSZAWA | 84 | M30/15 (M)40 | 00:36:53 | 26 03.41 |
| 16 | 963 | SZUSTER Michał | LUBOŃ | POL | | 76 | M30/16 (M)43 | 00:37:04 | 03.42 |
| 17 | 1278 | RZEPKA Robert | MIKOŁÓW | POL | KW PSP KATOWICE | 83 | M30/17 (M)47 | 00:37:22 | 29 03.43 |
| 18 | 1275 | EDELMAN Paweł | KŁOBUCK | POL | KW PSP KATOWICE | 80 | M30/18 (M)48 | 00:37:24 | 30 03.44 |



























































| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age Sex | Czas Time | pkt | [min/km] |
|--------------|--------|-----------------------|-------------------|----------|----------------------------|---------|------------------------|-----------|-----|----------|
| 19 | 1488 | ŚLIWIŃSKI Paweł | LIPNO | POL | KW PSP TORUŃ | 82 | M30/19 (M)49 | 00:37:24 | 31 | 03.43 |
| 20 | 1360 | FUWAŁKA Łukasz | JAWOR | POL | KW PSP WROCŁAW | 80 | M30/20 (M)51 | 00:37:30 | 33 | 03.45 |
| 21 | 1109 | CZYŻEWICZ Mirosław | DĘBICA | POL | KW PSP RZESZÓW | 82 | M30/21 (M)54 | 00:37:35 | 35 | 03.45 |
| 22 | 560 | JANKOWSKI Arek | POZNAŃ | POL | | 75 | M30/22 (M)57 | 00:37:39 | | 03.45 |
| 23 | 1227 | KURZAWSKI Łukasz | KOŚCIAN | POL | KW PSP POZNAŃ | 84 | M30/23 (M)58 | 00:37:39 | 37 | 03.45 |
| 24 | 1230 | MAZUR Wojciech | POZNAŃ | POL | KW PSP POZNAŃ | 77 | M30/24 (M)61 | 00:37:48 | 39 | 03.46 |
| 25 | 375 | MICH Szymon | OLSZTYN | POL | | 84 | M30/25 (M)63 | 00:37:52 | | 03.47 |
| 26 | 607 | JAJEŚNICA Jacek | POZNAŃ | POL | | 75 | M30/26 (M)64 | 00:37:54 | | 03.47 |
| 27 | 1470 | KACZMAREK Adam | KROSNO ODRZAŃSKIE | POL | KW PSP GORZÓW WIELKOPOLSKI | 79 | M30/27 (M)66 | 00:37:55 | 41 | 03.47 |
| 28 | 1475 | ŁOPUSZYŃSKI Krzysztof | BYDGOSZCZ | POL | KW PSP TORUŃ | 83 | M30/28 (M)67 | 00:37:59 | 42 | 03.47 |
| 29 | 180 | SAJNAJ Jarosław | LUBOŃ | POL | | 79 | M30/29 (M)69 | 00:38:04 | | 03.48 |
| 30 | 1389 | DEMBICKI Piotr | GDYNIA | POL | KW PSP GDAŃSK | 81 | M30/30 (M)74 | 00:38:12 | 45 | 03.49 |
| 31 | 1477 | BARTCZAK Łukasz | BYDGOSZCZ | POL | KW PSP TORUŃ | 84 | M30/31 (M)79 | 00:38:21 | 48 | 03.50 |
| 32 | 1394 | ZABOROWSKI Andrzej | GDYNIA | POL | KW PSP GDAŃSK | 84 | M30/32 (M)80 | 00:38:23 | 49 | 03.50 |
| 33 | 1471 | SZUSTER Karol | SOSNOWIEC | POL | KW PSP KATOWICE | 83 | M30/33 (M)81 | 00:38:23 | 50 | 03.50 |
| 34 | 956 | KOZIOLEK Marcin | WOLSZTYN | POL | | 75 | M30/34 (M)84 | 00:38:29 | | 03.50 |
| 35 | 359 | STACHOWSKI Marcin | WOLSZTYN | POL | | 79 | M30/35 (M)85 | 00:38:34 | | 03.51 |
| 36 | 1301 | MANIKOWSKI Piotr | ZŁOTÓW | POL | KW PSP POZNAŃ | 78 | M30/36 (M)88 | 00:38:38 | 53 | 03.51 |
| 37 | 93 | BOCZAR Mirosław | WROCŁAW | POL | KW PSP WROCŁAW | 76 | M30/37 (M)89 | 00:38:41 | 54 | 03.52 |
| 38 | 1080 | BŁASZCZYK Tomasz | GÓRA | POL | KW PSP WROCŁAW | 79 | M30/38 (M)92 | 00:38:48 | 55 | 03.52 |
| 39 | 151 | GABRYSAK Adrian | POZNAŃ | POL | | 80 | M30/39 (M)100 | 00:39:02 | | 03.54 |
| 40 | 452 | SZYMCZYK Rafał | ŁĘŻYCA | POL | | 82 | M30/40 (M)101 | 00:39:03 | | 03.54 |
| 41 | 885 | ŁUCZAK Marcin | POZNAŃ | POL | | 82 | M30/41 (M)102 | 00:39:04 | | 03.54 |
| 42 | 26 | ŚWITAŁA Maciej | RAKONIEWICE | POL | | 79 | M30/42 (M)105 | 00:39:09 | | 03.54 |
| 43 | 1261 | GOCZYŃSKI Waldemar | SIERPC | POL | KW PSP WARSZAWA | 77 | M30/43 (M)107 | 00:39:13 | 60 | 03.55 |
| 44 | 192 | GRYCZKA Mateusz | LESZNO | POL | | 83 | M30/44 (M)110 | 00:39:20 | | 03.56 |
| 45 | 288 | GŁOWSKI Dariusz | POZNAŃ | POL | | 83 | M30/45 (M)111 | 00:39:20 | | 03.56 |
| 46 | 1386 | MIELNICZAK Artur | POZNAŃ | POL | | 76 | M30/46 (M)113 | 00:39:25 | | 03.56 |
| 47 | 1489 | GAŚSIOROWSKI Daniel | RADZIEJÓW | POL | KW PSP TORUŃ | 80 | M30/47 (M)117 | 00:39:32 | 64 | 03.57 |
| 48 | 746 | STĘCŁIK Przemysław | POZNAŃ | POL | | 79 | M30/48 (M)118 | 00:39:33 | | 03.57 |
| 49 | 776 | DUREK Dawid | JABŁONNA | POL | | 82 | M30/49 (M)123 | 00:39:43 | | 03.58 |
| 50 | 589 | GOLCZAK Piotr | GRODZISK WLKP. | POL | | 82 | M30/50 (M)127 | 00:39:47 | | 03.58 |
| 51 | 1221 | PERLIŃSKI Maciej | ŁÓDŹ | POL | KW PSP ŁÓDŹ | 83 | M30/51 (M)128 | 00:39:48 | 66 | 03.58 |
| 52 | 682 | DRGAS Roman | PROCHY | POL | | 82 | M30/52 (M)129 | 00:39:48 | | 03.58 |
| 53 | 1039 | NOWINOWSKI Andrzej | TUREK | POL | KW PSP POZNAŃ | 76 | M30/53 (M)130 | 00:39:49 | 67 | 03.58 |
| 54 | 416 | SOBCZAK Witold | POZNAŃ | POL | | 77 | M30/54 (M)132 | 00:39:50 | | 03.59 |
| 55 | 205 | NOCULAK Michał | LUBOŃ | POL | | 79 | M30/55 (M)133 | 00:39:51 | | 03.59 |
| 56 | 745 | TOMIŃSKI Juliusz | NOWA TUCHORZA | POL | | 76 | M30/56 (M)134 | 00:39:52 | | 03.59 |
| 57 | 154 | PRZYBYŁA Łukasz | KARPICKO | POL | | 84 | M30/57 (M)135 | 00:39:55 | | 03.59 |
| 58 | 461 | SAS Henryk | PIŁA | POL | | 78 | M30/58 (M)142 | 00:40:07 | | 04.00 |
| 59 | 330 | JUNG Marcin | GNIEZNO | POL | | 81 | M30/59 (M)143 | 00:40:15 | | 04.01 |
| 60 | 488 | TERLIKOWSKI Arkadiusz | NOWA SÓL | POL | | 76 | M30/60 (M)146 | 00:40:20 | | 04.02 |
| 61 | 1361 | SERAFIN Dariusz | JAWOR | POL | KW PSP WROCŁAW | 78 | M30/61 (M)148 | 00:40:26 | 73 | 04.02 |
| 62 | 1453 | DRZYMAŁA Mariusz | NOWA SÓL | POL | | 82 | M30/62 (M)154 | 00:40:38 | | 04.03 |
| 63 | 1496 | WASIEK Łukasz | GRODZISK WLKP. | POL | KW PSP POZNAŃ | 83 | M30/63 (M)156 | 00:40:42 | 77 | 04.04 |
| 64 | 1107 | BIK Marcin | KROSNO | POL | KW PSP RZESZÓW | 79 | M30/64 (M)158 | 00:40:46 | 78 | 04.04 |
| 65 | 1246 | WYRZYKOWSKI Tomasz | DRAWSKO POMORSKIE | POL | KW PSP SZCZECIN | 78 | M30/65 (M)159 | 00:40:47 | 79 | 04.04 |
| 66 | 677 | FILIPIAK Leszek | OPALENICA | POL | | 77 | M30/66 (M)160 | 00:40:47 | | 04.04 |
| 67 | 127 | WAWRZYŃIAK Marcin | POZNAŃ | POL | | 83 | M30/67 (M)172 | 00:41:05 | | 04.06 |
| 68 | 1414 | BURKOWSKI Dariusz | NOWY TOMYŚL | POL | | 75 | M30/68 (M)173 | 00:41:06 | | 04.06 |
| 69 | 209 | KRYM Radosław | BŁOŃSKO | POL | | 80 | M30/69 (M)175 | 00:41:08 | | 04.06 |
| 70 | 1155 | TOMIAK Dominik | KOMORNIKI | POL | | 80 | M30/70 (M)179 | 00:41:09 | | 04.06 |
| 71 | 1146 | FILIPIAK Przemysław | WRZEŚNIA | POL | KW PSP POZNAŃ | 81 | M30/71 (M)181 | 00:41:12 | 86 | 04.07 |
| 72 | 1231 | BERUS Przemysław | WSCHOWA | POL | KW PSP GORZÓW WIELKOPOLSKI | 80 | M30/72 (M)182 | 00:41:14 | 87 | 04.07 |
| 73 | 148 | SCHMIDT Michał | KOMORNIKI | POL | | 80 | M30/73 (M)185 | 00:41:29 | | 04.08 |
| 74 | 89 | POPLAWSKI Tomasz | OŚWIĘCIM | POL | | 82 | M30/74 (M)193 | 00:41:36 | | 04.09 |
| 75 | 848 | SZLENK Leszek | KOMORNIKI | POL | | 81 | M30/75 (M)196 | 00:41:40 | | 04.10 |
| 76 | 1308 | SZCZEPANIAK Rafał | BRZEG | POL | KW PSP OPOLE | 83 | M30/76 (M)200 | 00:41:46 | 89 | 04.10 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age Sex | Czas Time | pkt | [min/km] |
|--------------|--------|-----------------------|------------------|----------|----------------------------|---------|------------------------|-----------|-----|----------|
| 77 | 1478 | WIŚNIEWSKI Michał | BYDGOSZCZ | POL | KW PSP TORUŃ | 80 | M30/77 (M)201 | 00:41:48 | 90 | 04.10 |
| 78 | 1292 | KURPISZ Adrian | LESZNO | POL | KW PSP POZNAŃ | 80 | M30/78 (M)211 | 00:41:58 | 93 | 04.11 |
| 79 | 1129 | BUCZKOWSKI Dariusz | POZNAŃ | POL | | 77 | M30/79 (M)213 | 00:42:00 | | 04.12 |
| 80 | 140 | DURZYŃSKI Michał | POZNAŃ | POL | | 83 | M30/80 (M)215 | 00:42:02 | | 04.12 |
| 81 | 175 | NOWAK Marcin | POZNAŃ | POL | | 76 | M30/81 (M)216 | 00:42:03 | | 04.12 |
| 82 | 1384 | CIEŚLIK Maciej | POZNAŃ | POL | | 77 | M30/82 (M)217 | 00:42:04 | | 04.12 |
| 83 | 1035 | BIĄŁKOWSKI Tomasz | NAKŁO-PATEREK | POL | | 79 | M30/83 (M)220 | 00:42:12 | | 04.13 |
| 84 | 69 | BIERNACKI Mateusz | WROCLAW | POL | KW PSP WROCLAW | 84 | M30/84 (M)221 | 00:42:12 | 96 | 04.13 |
| 85 | 309 | BOREK Maciej | POZNAŃ | POL | | 77 | M30/85 (M)222 | 00:42:13 | | 04.13 |
| 86 | 189 | BLAJEK Maciej | POZNAŃ | POL | | 82 | M30/86 (M)223 | 00:42:14 | | 04.13 |
| 87 | 1270 | PURZYŃSKI Marcin | OLEŚNICA | POL | KW PSP WROCLAW | 77 | M30/87 (M)225 | 00:42:15 | 98 | 04.13 |
| 88 | 1148 | CEGLAREK Tomasz | WOLSZTYN | POL | KW PSP POZNAŃ | 77 | M30/88 (M)230 | 00:42:23 | 100 | 04.14 |
| 89 | 424 | LUCZAK Robert | GRODZISK WLKP | POL | | 75 | M30/89 (M)231 | 00:42:24 | | 04.14 |
| 90 | 111 | GROBELNY Dawid | ŁONIEWO | POL | | 80 | M30/90 (M)232 | 00:42:25 | | 04.14 |
| 91 | 1282 | PLUĆIŃSKI Adam | ŚWIĘTOCHŁOWICE | POL | KW PSP KATOWICE | 84 | M30/91 (M)233 | 00:42:25 | 101 | 04.14 |
| 92 | 633 | WOŹNY Sławomir | PERKOWO | POL | | 82 | M30/92 (M)238 | 00:42:30 | | 04.15 |
| 93 | 462 | JANKOWIAK Adam | LUBOŃ | POL | | 83 | M30/93 (M)244 | 00:42:39 | | 04.15 |
| 94 | 1234 | ŁAKOMY Mirosław | WSCHOWA | POL | KW PSP GORZÓW WIELKOPOLSKI | 81 | M30/94 (M)245 | 00:42:40 | 103 | 04.16 |
| 95 | 369 | WALCZAK Robert | ZIELONA GÓRA | POL | | 80 | M30/95 (M)247 | 00:42:44 | | 04.16 |
| 96 | 1295 | DURKA Sławomir | LESZNO | POL | KW PSP POZNAŃ | 81 | M30/96 (M)248 | 00:42:47 | 105 | 04.16 |
| 97 | 1078 | ROSZAK Daniel | KOMORNIKI | POL | | 78 | M30/97 (M)250 | 00:42:52 | | 04.17 |
| 98 | 758 | PIETRUSZKA Krzysztof | WOLSZTYN | POL | | 76 | M30/98 (M)251 | 00:42:53 | | 04.17 |
| 99 | 67 | STAROMLYŃSKI Marcin | WROCLAW | POL | KW PSP WROCLAW | 82 | M30/99 (M)255 | 00:42:57 | 107 | 04.17 |
| 100 | 162 | HADAM Michał | LUBOŃ | POL | | 77 | M30/100 (M)257 | 00:42:58 | | 04.17 |
| 101 | 628 | CIECHORSKI Jarosław | ZBĄSZYŃ | POL | | 78 | M30/101 (M)258 | 00:43:00 | | 04.18 |
| 102 | 159 | ŁAWNICZAK Tomasz | POZNAŃ | POL | | 82 | M30/102 (M)260 | 00:43:02 | | 04.18 |
| 103 | 430 | NIERADKA Przemysław | WOLSZTYN | POL | | 76 | M30/103 (M)263 | 00:43:05 | | 04.18 |
| 104 | 1413 | PAWELEC Paweł | NOWY TOMYŚL | POL | | 75 | M30/104 (M)266 | 00:43:06 | | 04.18 |
| 105 | 1228 | LUDWICZAK Stanisław | ŚMIGIEL | POL | | 78 | M30/105 (M)267 | 00:43:08 | | 04.18 |
| 106 | 1207 | KROTOWSKI Tomasz | JELENIA GÓRA | POL | KW PSP WROCLAW | 80 | M30/106 (M)268 | 00:43:13 | 109 | 04.19 |
| 107 | 326 | RATAJCZAK Krzysztof | POZNAŃ | POL | | 80 | M30/107 (M)274 | 00:43:15 | | 04.19 |
| 108 | 407 | KRYSMALSKI Maciej | KOMOROWO | POL | | 79 | M30/108 (M)275 | 00:43:16 | | 04.19 |
| 109 | 112 | NOLBRZYK Adrian | OSIECZNA | POL | | 76 | M30/109 (M)277 | 00:43:18 | | 04.19 |
| 110 | 557 | MILLER Adrian | GRODZISK | POL | | 84 | M30/110 (M)281 | 00:43:22 | | 04.20 |
| 111 | 361 | WAJSBERG Maciej | NOWA SÓL | POL | | 77 | M30/111 (M)282 | 00:43:22 | | 04.20 |
| 112 | 681 | KNAFLEWSKI Krystian | LESZNO | POL | | 78 | M30/112 (M)283 | 00:43:23 | | 04.20 |
| 113 | 393 | JANIAK Marcin | LUBOŃ | POL | | 81 | M30/113 (M)284 | 00:43:23 | | 04.20 |
| 114 | 1081 | JABŁECKI Andrzej | CHOSZCZNO | POL | KW PSP SZCZECIN | 75 | M30/114 (M)285 | 00:43:24 | 111 | 04.20 |
| 115 | 1254 | PIECZAŃKIEWICZ Marcin | GNIEZNO | POL | KW PSP POZNAŃ | 83 | M30/115 (M)287 | 00:43:24 | 113 | 04.20 |
| 116 | 443 | LECYK Damian | POZNAŃ | POL | | 78 | M30/116 (M)290 | 00:43:27 | | 04.20 |
| 117 | 792 | NOWAK Grzegorz | STRZYŻEWO | POL | | 79 | M30/117 (M)291 | 00:43:29 | | 04.20 |
| 118 | 1213 | GLIŃSKI Marcin | KOŁOBRZEG | POL | KW PSP SZCZECIN | 81 | M30/118 (M)293 | 00:43:33 | 117 | 04.21 |
| 119 | 668 | GARZEŁ Mirosław | RAKONIEWICE | POL | | 82 | M30/119 (M)294 | 00:43:34 | | 04.21 |
| 120 | 1407 | KACZMAREK Krzysztof | BABIMOST | POL | | 75 | M30/120 (M)296 | 00:43:35 | | 04.21 |
| 121 | 1014 | CIESIOLKA Jakub piotr | POZNAŃ | POL | | 80 | M30/121 (M)297 | 00:43:36 | | 04.21 |
| 122 | 1202 | PRZYBYŁA Karol | WOLSZTYN | POL | | 77 | M30/122 (M)299 | 00:43:37 | | 04.21 |
| 123 | 1136 | MIKOŁAJCZAK Marek | WRZEŚNIA | POL | KW PSP POZNAŃ | 75 | M30/123 (M)300 | 00:43:38 | 119 | 04.21 |
| 124 | 1162 | ŁACH Michał | SZAMOTUŁY | POL | KW PSP POZNAŃ | 84 | M30/124 (M)305 | 00:43:41 | 121 | 04.22 |
| 125 | 708 | HOJKA Karol | GRODZISK WLKP. | POL | | 83 | M30/125 (M)308 | 00:43:45 | | 04.22 |
| 126 | 752 | SUDZIK Mirosław | RAKONIEWICE | POL | | 80 | M30/126 (M)309 | 00:43:46 | | 04.22 |
| 127 | 1356 | BANASZAK Grzegorz | POZNAŃ | POL | KW PSP POZNAŃ | 78 | M30/127 (M)312 | 00:43:49 | 123 | 04.22 |
| 128 | 875 | BIENIEK Patryk | POZNAŃ | POL | | 80 | M30/128 (M)314 | 00:43:55 | | 04.23 |
| 129 | 1200 | ŁUCZAK Maciej | MIĘDZYCHÓD | POL | KW PSP POZNAŃ | 81 | M30/129 (M)317 | 00:43:55 | 124 | 04.23 |
| 130 | 28 | KOŚCIAŃSKI Adam | KOŚCIAN | POL | | 80 | M30/130 (M)321 | 00:43:58 | | 04.23 |
| 131 | 1263 | STASIAK Radosław | SIERPC | POL | KW PSP WARSZAWA | 76 | M30/131 (M)323 | 00:43:59 | 127 | 04.23 |
| 132 | 519 | FELEDZIAK Witold | GOSTYŃ | POL | | 80 | M30/132 (M)326 | 00:44:01 | | 04.24 |
| 133 | 409 | MICHALAK Dawid | DRZYMAŁOWO | POL | | 83 | M30/133 (M)327 | 00:44:03 | | 04.24 |
| 134 | 1212 | KORZENIEWSKI Jarosław | GORZÓW WLKP. | POL | KW PSP GORZÓW WIELKOPOLSKI | 75 | M30/134 (M)328 | 00:44:03 | 128 | 04.24 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k W kategorii YoB in Age Sex | Czas Time | [min/km] |
|--------------|--------|----------------------|---------------------|----------|----------------------------|--------------------------------|-----------|-----------|
| 135 | 179 | ZAWADZIŃSKI Maciej | NOWY TOMYŚL | POL | | 81 M30/135 (M)329 | 00:44:04 | 04.24 |
| 136 | 1038 | BRYCHCY Radosław | GRODZISK WLKP. | POL | | 83 M30/136 (M)330 | 00:44:05 | 04.24 |
| 137 | 445 | WACHOWIAK Mariusz | POZNAŃ | POL | | 78 M30/137 (M)336 | 00:44:09 | 04.24 |
| 138 | 267 | LIS Marcin | SWARZĘDZ | POL | | 77 M30/138 (M)337 | 00:44:10 | 04.25 |
| 139 | 418 | TOPOLEWSKI Grzegorz | DĄBRÓWKA | POL | | 82 M30/139 (M)340 | 00:44:13 | 04.25 |
| 140 | 1244 | PARSZEWSKI Remigiusz | STRZELCE KRAJEŃSKIE | POL | KW PSP GORZÓW WIELKOPOLSKI | 83 M30/140 (M)342 | 00:44:15 | 134 04.25 |
| 141 | 592 | SOBCZAK Mikotaj | SKÓRZEWO | POL | | 77 M30/141 (M)343 | 00:44:15 | 04.25 |
| 142 | 943 | ROZWADOWSKI Robert | SUCHY LAS | POL | | 75 M30/142 (M)344 | 00:44:16 | 04.25 |
| 143 | 1016 | GOŚCINIAK Maciej | LESZNO | POL | | 75 M30/143 (M)345 | 00:44:17 | 04.25 |
| 144 | 940 | SETECKI Michał | NOWE SKALMIERZYCE | POL | | 78 M30/144 (M)347 | 00:44:23 | 04.26 |
| 145 | 82 | KUBIK Krystian | ZĄBKOWICE ŚLĄSKIE | POL | KW PSP WROCŁAW | 81 M30/145 (M)349 | 00:44:25 | 135 04.26 |
| 146 | 315 | KOSTKA Bogumił | KROTOSZYN | POL | | 80 M30/146 (M)350 | 00:44:26 | 04.26 |
| 147 | 930 | ŁODYGA Marcin | GRODZISK WLKP | POL | | 81 M30/147 (M)351 | 00:44:26 | 04.26 |
| 148 | 1481 | BAJBAK Maciej | TORUŃ | POL | KW PSP TORUŃ | 78 M30/148 (M)353 | 00:44:29 | 136 04.26 |
| 149 | 1135 | NATHER Artur | WRZEŚNIA | POL | KW PSP POZNAŃ | 79 M30/149 (M)359 | 00:44:33 | 138 04.27 |
| 150 | 992 | WŁODARCZYK Łukasz | POZNAŃ | POL | | 80 M30/150 (M)360 | 00:44:33 | 04.27 |
| 151 | 1015 | SŁOŃSKI Wojciech | LESZNO | POL | | 76 M30/151 (M)361 | 00:44:35 | 04.27 |
| 152 | 906 | BUDYCH Bartosz | BUK | POL | | 79 M30/152 (M)365 | 00:44:38 | 04.27 |
| 153 | 256 | KRAMER Rafał | ZIELONA GÓRA | POL | | 76 M30/153 (M)367 | 00:44:40 | 04.28 |
| 154 | 717 | KASPERCZAK Paweł | NOWY TOMYŚL | POL | | 75 M30/154 (M)370 | 00:44:42 | 04.28 |
| 155 | 10 | MATYSIAK Marcin | RUCHOCICE | POL | | 80 M30/155 (M)372 | 00:44:43 | 04.28 |
| 156 | 314 | ŚMIGIELSKI Szymon | LESZNO | POL | | 80 M30/156 (M)373 | 00:44:46 | 04.28 |
| 157 | 1253 | KURKOWSKI Arkadiusz | GNIEZNO | POL | KW PSP POZNAŃ | 82 M30/157 (M)375 | 00:44:51 | 141 04.29 |
| 158 | 387 | KMIECIK Radosław | RAKONIEWICE | POL | | 80 M30/158 (M)377 | 00:44:51 | 04.29 |
| 159 | 1151 | WALIGÓRSKI Łukasz | WOLSZTYN | POL | | 83 M30/159 (M)381 | 00:44:53 | 04.29 |
| 160 | 806 | PALUSZKIEWICZ Rafał | LUBOŃ | POL | | 76 M30/160 (M)382 | 00:44:53 | 04.29 |
| 161 | 241 | PIKULA Radomir | ZIELONA GÓRA | POL | | 83 M30/161 (M)384 | 00:44:54 | 04.29 |
| 162 | 1420 | KAŃDULA Rajmund | GRODZISK WLKP. | POL | KW PSP POZNAŃ | 83 M30/162 (M)388 | 00:44:57 | 144 04.29 |
| 163 | 1298 | WIATROWSKI Paweł | LESZNO | POL | KW PSP POZNAŃ | 83 M30/163 (M)389 | 00:44:59 | 145 04.29 |
| 164 | 8 | MRUGALSKI Dariusz | POZNAŃ | POL | | 79 M30/164 (M)396 | 00:45:08 | 04.30 |
| 165 | 75 | WIECZOREK Zbigniew | RAKONIEWICE | POL | | 75 M30/165 (M)397 | 00:45:08 | 04.30 |
| 166 | 237 | KUCHARSKI Maciej | OPALENICA | POL | | 82 M30/166 (M)398 | 00:45:09 | 04.30 |
| 167 | 138 | MALINOWSKI Wojciech | POZNAŃ | POL | | 78 M30/167 (M)399 | 00:45:09 | 04.30 |
| 168 | 460 | BOGACZYK Damian | ŚRODA WIELKOPOLSKA | POL | | 80 M30/168 (M)400 | 00:45:09 | 04.30 |
| 169 | 128 | OLSZEWSKI Tomasz | MOSINA | POL | | 79 M30/169 (M)401 | 00:45:11 | 04.31 |
| 170 | 1060 | JANOWICZ Karol | OSIECZNA | POL | | 75 M30/170 (M)403 | 00:45:12 | 04.31 |
| 171 | 1101 | DZIERAN Marcin | TUREK | POL | KW PSP POZNAŃ | 78 M30/171 (M)405 | 00:45:13 | 150 04.31 |
| 172 | 1085 | RYŚ Sebastian | TULCE | POL | | 75 M30/172 (M)407 | 00:45:14 | 04.31 |
| 173 | 1185 | KLEPACKI Maciej | GOSTYŃ | POL | KW PSP POZNAŃ | 81 M30/173 (M)408 | 00:45:17 | 151 04.31 |
| 174 | 183 | FIER Marek | MOSINA | POL | | 81 M30/174 (M)411 | 00:45:19 | 04.31 |
| 175 | 141 | NAJDEREK Maciej | POZNAŃ | POL | | 82 M30/175 (M)413 | 00:45:20 | 04.32 |
| 176 | 954 | JASTRZĄBEK Marek | ROŻNOWO | POL | | 81 M30/176 (M)418 | 00:45:31 | 04.33 |
| 177 | 510 | BERNARD Marcin | KOSCIAN | POL | | 83 M30/177 (M)422 | 00:45:34 | 04.33 |
| 178 | 768 | SROKA Maciej | PUSZCZYKOWO | POL | | 78 M30/178 (M)423 | 00:45:35 | 04.33 |
| 179 | 883 | CIEŚLAK Paweł | POZNAŃ | POL | | 84 M30/179 (M)424 | 00:45:36 | 04.33 |
| 180 | 840 | RYCHTER Piotr | OPALENICA | POL | | 81 M30/180 (M)425 | 00:45:37 | 04.33 |
| 181 | 1006 | KUPKA Mirosław | RAKONIEWICE | POL | | 82 M30/181 (M)427 | 00:45:40 | 04.34 |
| 182 | 1375 | ORŁOWSKI Marcin | POLICE | POL | KW PSP SZCZECIN | 80 M30/182 (M)429 | 00:45:41 | 153 04.34 |
| 183 | 1373 | BUKO Łukasz | POLICE | POL | KW PSP SZCZECIN | 82 M30/183 (M)431 | 00:45:42 | 155 04.34 |
| 184 | 147 | JĘDRA Michał | POZNAŃ | POL | | 84 M30/184 (M)433 | 00:45:46 | 04.34 |
| 185 | 372 | MELLER Marcin | LUBOŃ | POL | | 83 M30/185 (M)434 | 00:45:47 | 04.34 |
| 186 | 973 | STACHOWIAK Michał | WOJNOWICE | POL | | 77 M30/186 (M)435 | 00:45:47 | 04.34 |
| 187 | 176 | NOWAKOWSKI Ryszard | POZNAŃ | POL | | 76 M30/187 (M)436 | 00:45:48 | 04.34 |
| 188 | 552 | MARCINEK Tomasz | POZNAŃ | POL | | 84 M30/188 (M)437 | 00:45:49 | 04.34 |
| 189 | 36 | SZULC Jarosław | GRODZISK WLKP. | POL | | 75 M30/189 (M)438 | 00:45:49 | 04.34 |
| 190 | 218 | JANKOWIAK Krzysztof | KROSINKO | POL | | 78 M30/190 (M)443 | 00:45:54 | 04.35 |
| 191 | 316 | GUZIKOWSKI Tomasz | SZCZECIN | POL | | 79 M30/191 (M)445 | 00:46:00 | 04.36 |
| 192 | 348 | ARGASIŃSKI Mateusz | POZNAŃ | POL | | 83 M30/192 (M)449 | 00:46:10 | 04.37 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age Sex | Czas Time | pkt | [min/km] |
|--------------|--------|-------------------------|-------------------|----------|-----------------|---------|------------------------|-----------|-----|----------|
| 193 | 1208 | ZONTEK Marcin | JELEŃ GÓRA | POL | KW PSP WROCLAW | 79 | M30/193 (M)451 | 00:46:12 | 158 | 04.37 |
| 194 | 1046 | WALKOWIAK Bartosz | PLEWISKA | POL | | 80 | M30/194 (M)456 | 00:46:20 | | 04.38 |
| 195 | 803 | DARCZ Daniel | RAKONIEWICE | POL | | 81 | M30/195 (M)461 | 00:46:28 | | 04.38 |
| 196 | 414 | KRYSMANN Marcin | RAKONIEWICE | POL | | 79 | M30/196 (M)462 | 00:46:29 | | 04.38 |
| 197 | 1171 | SOBIESZEK Marcin | KOPANICA | POL | | 76 | M30/197 (M)464 | 00:46:31 | | 04.39 |
| 198 | 1137 | RZEMYSZKIEWICZ Zbigniew | WRZEŚNIA | POL | KW PSP POZNAŃ | 76 | M30/198 (M)465 | 00:46:31 | 161 | 04.39 |
| 199 | 1247 | MICKUN Krzysztof | DRAWSKO POMORSKIE | POL | KW PSP SZCZECIN | 81 | M30/199 (M)467 | 00:46:32 | 162 | 04.39 |
| 200 | 1398 | KUKUŁA Jarosław | POZNAŃ | POL | | 82 | M30/200 (M)469 | 00:46:34 | | 04.39 |
| 201 | 578 | GOLAŃSKI Michał | RYDZYNA | POL | | 83 | M30/201 (M)470 | 00:46:37 | | 04.39 |
| 202 | 1503 | DRZEŹDŻON Piotr | POZNAŃ | POL | | 78 | M30/202 (M)472 | 00:46:38 | | 04.39 |
| 203 | 1003 | RATAJSZCZAK Konrad | POZNAŃ | POL | | 82 | M30/203 (M)473 | 00:46:44 | | 04.40 |
| 204 | 655 | STASIK Leszek | BABIMOST | POL | | 78 | M30/204 (M)477 | 00:46:49 | | 04.40 |
| 205 | 854 | HORDECKI Marcin | WOLSZTYN | POL | | 77 | M30/205 (M)478 | 00:46:51 | | 04.41 |
| 206 | 1314 | FURMANEK Piotr | ŚRODA WLKP. | POL | | 79 | M30/206 (M)481 | 00:46:52 | | 04.41 |
| 207 | 964 | KLUCZYŃSKI Kamil | NIEGOLEWO | POL | | 84 | M30/207 (M)485 | 00:46:54 | | 04.41 |
| 208 | 630 | JANKOWIAK Tomasz | PAPROĆ | POL | | 81 | M30/208 (M)487 | 00:46:59 | | 04.41 |
| 209 | 274 | DACH Hubert | RAKONIEWICE | POL | | 82 | M30/209 (M)488 | 00:47:00 | | 04.42 |
| 210 | 721 | PIOSZYK Krzysztof | GRODZISK | POL | | 78 | M30/210 (M)491 | 00:47:01 | | 04.42 |
| 211 | 1187 | DAJEWSKI Michał | GOSTYŃ | POL | KW PSP POZNAŃ | 82 | M30/211 (M)496 | 00:47:10 | 167 | 04.43 |
| 212 | 1530 | PERZ Michał | GRODZISK WLKP. | POL | | 79 | M30/212 (M)497 | 00:47:14 | | 04.43 |
| 213 | 587 | WALERIAŃCZYK Krystian | GUŁTOWY | POL | | 78 | M30/213 (M)499 | 00:47:16 | | 04.43 |
| 214 | 1343 | TAJCHERT Marcin | WOLSZTYN | POL | | 78 | M30/214 (M)501 | 00:47:19 | | 04.43 |
| 215 | 499 | SZOFER Adam | NOWY TOMYŚL | POL | | 84 | M30/215 (M)503 | 00:47:21 | | 04.44 |
| 216 | 834 | WALCZAK Krzysztof | POZNAŃ | POL | | 77 | M30/216 (M)505 | 00:47:25 | | 04.44 |
| 217 | 245 | SZMANIA Jakub | SWARZĘDZ | POL | | 81 | M30/217 (M)508 | 00:47:27 | | 04.44 |
| 218 | 788 | BANACH Karol | BOLEWICE | POL | | 79 | M30/218 (M)516 | 00:47:32 | | 04.45 |
| 219 | 278 | JÓSKOWIAK Michał | GRODZISK | POL | | 78 | M30/219 (M)517 | 00:47:33 | | 04.45 |
| 220 | 1150 | STRAK Bartosz lukasz | WOLSZTYN | POL | KW PSP POZNAŃ | 81 | M30/220 (M)521 | 00:47:41 | 174 | 04.46 |
| 221 | 1516 | ŚWITAŁA Krzysztof | RAKONIEWICE | POL | | 76 | M30/221 (M)525 | 00:47:49 | | 04.46 |
| 222 | 1198 | ROGAŁA Waldemar | MIĘDZYCHÓD | POL | KW PSP POZNAŃ | 77 | M30/222 (M)526 | 00:47:50 | 176 | 04.47 |
| 223 | 376 | PARUCKI Michał | POZNAŃ | POL | | 77 | M30/223 (M)532 | 00:47:59 | | 04.47 |
| 224 | 1320 | KOT Łukasz | PLESZEW | POL | KW PSP POZNAŃ | 80 | M30/224 (M)535 | 00:48:00 | 178 | 04.48 |
| 225 | 821 | BIERNAT Rafał | CZEMPIŃ | POL | | 76 | M30/225 (M)536 | 00:48:00 | | 04.48 |
| 226 | 647 | PRZYBYLSKI Bartłomiej | GRODZISK WLKP. | POL | | 79 | M30/226 (M)538 | 00:48:01 | | 04.48 |
| 227 | 444 | OSIŃSKI Przemek | ZIELONA GÓRA | POL | | 78 | M30/227 (M)543 | 00:48:03 | | 04.48 |
| 228 | 390 | MAJEWSKI Radosław | POZNAŃ | POL | | 79 | M30/228 (M)544 | 00:48:03 | | 04.48 |
| 229 | 991 | ZDEBIAK Dawid | GŁOGÓW | POL | | 79 | M30/229 (M)549 | 00:48:08 | | 04.48 |
| 230 | 690 | MATYSIK Piotr | WIRY | POL | | 84 | M30/230 (M)550 | 00:48:11 | | 04.49 |
| 231 | 1425 | ZIEGLER Szymon | GRODZISK WLKP. | POL | KW PSP POZNAŃ | 83 | M30/231 (M)551 | 00:48:11 | 181 | 04.49 |
| 232 | 102 | SZYMAŃSKI Paweł | LESZNO | POL | | 80 | M30/232 (M)552 | 00:48:11 | | 04.49 |
| 233 | 1196 | GRZEBIETA Roman | MIĘDZYCHÓD | POL | KW PSP POZNAŃ | 77 | M30/233 (M)553 | 00:48:12 | 182 | 04.49 |
| 234 | 1357 | SMUSZKIEWICZ Szymon | POZNAŃ | POL | KW PSP POZNAŃ | 81 | M30/234 (M)554 | 00:48:12 | 183 | 04.49 |
| 235 | 1474 | BRYCHCY Michał | GRODZISK WLKP. | POL | | 82 | M30/235 (M)555 | 00:48:13 | | 04.49 |
| 236 | 282 | GAWRYCH Marcin | LESZNO | POL | | 78 | M30/236 (M)557 | 00:48:14 | | 04.49 |
| 237 | 1209 | CZOPIK Roman | JELEŃ GÓRA | POL | KW PSP WROCLAW | 77 | M30/237 (M)560 | 00:48:17 | 185 | 04.49 |
| 238 | 972 | BIELAWSKI Jacek | GRODZISK | POL | | 79 | M30/238 (M)561 | 00:48:17 | | 04.49 |
| 239 | 1089 | KRYŚ Mariusz adam | BUK | POL | | 75 | M30/239 (M)562 | 00:48:18 | | 04.49 |
| 240 | 775 | KALETA Marek | JABLONNA | POL | | 79 | M30/240 (M)564 | 00:48:20 | | 04.50 |
| 241 | 134 | ARTWIŃSKI Marcin | WOLSZTYN | POL | | 82 | M30/241 (M)565 | 00:48:22 | | 04.50 |
| 242 | 329 | BĄCZKOWSKI Ryszard | POZNAŃ | POL | | 76 | M30/242 (M)566 | 00:48:23 | | 04.50 |
| 243 | 673 | JANIAK Michał | KOSTRZYN WLKP. | POL | | 78 | M30/243 (M)568 | 00:48:26 | | 04.50 |
| 244 | 880 | PIOSIK Artur | BABIMOST | POL | | 76 | M30/244 (M)569 | 00:48:26 | | 04.50 |
| 245 | 639 | BIENIEK Piotr | LESZNO | POL | | 82 | M30/245 (M)572 | 00:48:27 | | 04.50 |
| 246 | 277 | TARASEK Sławomir | NOWA SÓL | POL | | 79 | M30/246 (M)573 | 00:48:28 | | 04.50 |
| 247 | 271 | WICZUK-WICZEWSKI Marcin | POZNAŃ | POL | | 76 | M30/247 (M)575 | 00:48:30 | | 04.51 |
| 248 | 210 | LEHMANN Paweł | ZBĄSZYŃ | POL | | 75 | M30/248 (M)577 | 00:48:33 | | 04.51 |
| 249 | 340 | PACIEJEWSKI Marcin | BABIMOST | POL | | 77 | M30/249 (M)579 | 00:48:33 | | 04.51 |
| 250 | 807 | KAŃDUŁA Mariusz | GRANOWO | POL | | 76 | M30/250 (M)580 | 00:48:35 | | 04.51 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age Sex | Czas Time | pkt | [min/km] |
|--------------|--------|----------------------|-------------------|----------|----------------------------|---------|------------------------|-----------|-----|----------|
| 251 | 1143 | DĘBICKI Michał | WRZEŚNIA | POL | KW PSP POZNAŃ | 80 | M30/251 (M)581 | 00:48:36 | 187 | 04.51 |
| 252 | 408 | RADAJEWSKI Łukasz | WOLSZTYN | POL | | 81 | M30/252 (M)582 | 00:48:38 | | 04.51 |
| 253 | 675 | WASZKOWIAK Rafał | KOLSKO | POL | | 83 | M30/253 (M)587 | 00:48:44 | | 04.52 |
| 254 | 1509 | ZABROCKI Jacek | KOŻUCHÓW | POL | | 76 | M30/254 (M)589 | 00:48:46 | | 04.52 |
| 255 | 933 | GRELAK Dariusz | WOLSZTYN | POL | | 78 | M30/255 (M)590 | 00:48:47 | | 04.52 |
| 256 | 1098 | RAŻNY Dariusz | NEKLA | POL | | 75 | M30/256 (M)594 | 00:48:54 | | 04.53 |
| 257 | 736 | DĄBROWSKI Paweł | POZNAŃ | POL | | 75 | M30/257 (M)595 | 00:48:55 | | 04.53 |
| 258 | 924 | OLEJNICZAK Damian | POZNAŃ | POL | | 81 | M30/258 (M)599 | 00:48:57 | | 04.53 |
| 259 | 644 | FRAŃSKI Łukasz | NOWY TOMYŚL | POL | | 76 | M30/259 (M)602 | 00:49:04 | | 04.54 |
| 260 | 565 | MIELCAREK Tomasz | GÓRA | POL | | 78 | M30/260 (M)608 | 00:49:15 | | 04.55 |
| 261 | 1249 | MARUSZEWSKI Robert | DRAWSKO POMORSKIE | POL | KW PSP SZCZECIN | 81 | M30/261 (M)609 | 00:49:15 | 191 | 04.55 |
| 262 | 1280 | BARGIEL Paweł | ŚWIĘTOCHŁOWICE | POL | KW PSP KATOWICE | 79 | M30/262 (M)612 | 00:49:19 | 192 | 04.55 |
| 263 | 808 | ŁUCZAK Marcin | NOWY TOMYŚL | POL | | 82 | M30/263 (M)613 | 00:49:19 | | 04.55 |
| 264 | 671 | KALEMBA Daniel | MUROWANA GOŚLINA | POL | | 78 | M30/264 (M)614 | 00:49:19 | | 04.55 |
| 265 | 1235 | RAKOWSKI Kamil | WSCHOWA | POL | KW PSP GORZÓW WIELKOPOLSKI | 77 | M30/265 (M)623 | 00:49:29 | 195 | 04.56 |
| 266 | 939 | KACZMAREK Radosław | LESZNO | POL | | 78 | M30/266 (M)632 | 00:49:35 | | 04.57 |
| 267 | 1236 | RUSZCZAK Mariusz | WSCHOWA | POL | KW PSP GORZÓW WIELKOPOLSKI | 81 | M30/267 (M)635 | 00:49:39 | 199 | 04.57 |
| 268 | 81 | PROROK Bartłomiej | ZĄBKOWICE ŚLĄSKIE | POL | KW PSP WROCLAW | 82 | M30/268 (M)636 | 00:49:41 | 200 | 04.58 |
| 269 | 1005 | KAZUBEK Maciej | LESZNO | POL | | 82 | M30/269 (M)641 | 00:49:44 | | 04.58 |
| 270 | 713 | KRAWIEC Bartosz | RUCHOCICE | POL | | 81 | M30/270 (M)642 | 00:49:45 | | 04.58 |
| 271 | 786 | KONIECZNY Piotr | NOWY TOMYŚL | POL | | 81 | M30/271 (M)643 | 00:49:45 | | 04.58 |
| 272 | 643 | SZYMANDERA Dariusz | POZNAŃ | POL | | 83 | M30/272 (M)645 | 00:49:47 | | 04.58 |
| 273 | 1422 | WOJTYSIAK Paweł | GRODZISK WLKP. | POL | KW PSP POZNAŃ | 81 | M30/273 (M)649 | 00:49:48 | 203 | 04.58 |
| 274 | 1138 | NAWROCKI Marek | WRZEŚNIA | POL | KW PSP POZNAŃ | 79 | M30/274 (M)651 | 00:49:49 | 205 | 04.58 |
| 275 | 894 | GARBICZ Michał | KIEKRZ | POL | | 79 | M30/275 (M)652 | 00:49:54 | | 04.59 |
| 276 | 1120 | GOŚCINIAK Karol | OSTRÓW WLKP. | POL | KW PSP POZNAŃ | 81 | M30/276 (M)659 | 00:50:04 | 206 | 05.00 |
| 277 | 29 | WAJS Dariusz | RAKONIEWICE | POL | | 79 | M30/277 (M)661 | 00:50:05 | | 05.00 |
| 278 | 1225 | FELERSKI Marcin | KOŚCIAN | POL | KW PSP POZNAŃ | 79 | M30/278 (M)663 | 00:50:06 | 208 | 05.00 |
| 279 | 1248 | DZIURDZ Jacek | DRAWSKO POMORSKIE | POL | KW PSP SZCZECIN | 79 | M30/279 (M)665 | 00:50:07 | 209 | 05.00 |
| 280 | 1348 | DOMINIAK Marcin | ŚLUPCA | POL | KW PSP POZNAŃ | 84 | M30/280 (M)667 | 00:50:08 | 211 | 05.00 |
| 281 | 428 | NOWAK Maciej | KAŻMIERZ | POL | | 81 | M30/281 (M)673 | 00:50:18 | | 05.01 |
| 282 | 78 | JANIK Tomasz | ZĄBKOWICE ŚLĄSKIE | POL | KW PSP WROCLAW | 77 | M30/282 (M)676 | 00:50:20 | 212 | 05.02 |
| 283 | 32 | SOBOŃ Tomasz | CHORZEMIN | POL | | 82 | M30/283 (M)681 | 00:50:24 | | 05.02 |
| 284 | 693 | TATARYNOWICZ Marcin | ROSTARZEWO | POL | | 80 | M30/284 (M)682 | 00:50:25 | | 05.02 |
| 285 | 131 | CWOJDZIŃSKI Piotr | POZNAŃ | POL | | 78 | M30/285 (M)693 | 00:50:51 | | 05.05 |
| 286 | 1047 | NOWAK Krzysztof | POZNAŃ | POL | | 78 | M30/286 (M)695 | 00:50:53 | | 05.05 |
| 287 | 495 | KIJAK Krystian | LESZNO | POL | | 83 | M30/287 (M)697 | 00:51:02 | | 05.06 |
| 288 | 1031 | SZYMANOWSKI Damian | NIECHLÓW | POL | | 79 | M30/288 (M)698 | 00:51:05 | | 05.06 |
| 289 | 504 | PADŁA Łukasz | LUBOŃ | POL | | 83 | M30/289 (M)700 | 00:51:08 | | 05.06 |
| 290 | 1426 | FÓRMANIAK Marek | GRODZISK WLKP. | POL | KW PSP POZNAŃ | 83 | M30/290 (M)702 | 00:51:09 | 217 | 05.06 |
| 291 | 1074 | KRYNOJEWSKI Waldemar | GRODZISK WLKP. | POL | | 75 | M30/291 (M)703 | 00:51:12 | | 05.07 |
| 292 | 1353 | LUKS Arkadiusz | POZNAŃ | POL | KW PSP POZNAŃ | 83 | M30/292 (M)705 | 00:51:15 | 218 | 05.07 |
| 293 | 1203 | SIWIK Konrad | JELENIA GÓRA | POL | KW PSP WROCLAW | 79 | M30/293 (M)706 | 00:51:15 | 219 | 05.07 |
| 294 | 202 | ŁOPACZYK Maciej | LESZNO | POL | | 79 | M30/294 (M)708 | 00:51:16 | | 05.07 |
| 295 | 94 | IMIELSKI Tomasz | WROCLAW | POL | KW PSP WROCLAW | 78 | M30/295 (M)711 | 00:51:20 | 221 | 05.08 |
| 296 | 260 | HEŁAK Rafał | SWARZĘDZ | POL | | 76 | M30/296 (M)712 | 00:51:22 | | 05.08 |
| 297 | 263 | SOKÓŁ Michał | MODRZE | POL | | 82 | M30/297 (M)713 | 00:51:24 | | 05.08 |
| 298 | 985 | KUCHARSKI Krzysztof | ZŁOTNIKI | POL | | 84 | M30/298 (M)718 | 00:51:34 | | 05.09 |
| 299 | 1201 | LUBIK Przemysław | MIĘDZYCHÓD | POL | KW PSP POZNAŃ | 81 | M30/299 (M)720 | 00:51:36 | 227 | 05.09 |
| 300 | 1286 | KIDALA Tomasz | TARNOWSKIE GÓRY | POL | KW PSP KATOWICE | 78 | M30/300 (M)721 | 00:51:38 | 228 | 05.09 |
| 301 | 1100 | FRANEK Sebastian | LUBOŃ | POL | | 77 | M30/301 (M)726 | 00:51:41 | | 05.10 |
| 302 | 435 | WIECZOREK Krzysztof | CZERWONAK | POL | | 81 | M30/302 (M)727 | 00:51:41 | | 05.10 |
| 303 | 913 | STEFANIAK Sławomir | POZNAŃ | POL | | 81 | M30/303 (M)729 | 00:51:45 | | 05.10 |
| 304 | 1145 | KRYSTKOWIAK Maciej | WRZEŚNIA | POL | KW PSP POZNAŃ | 81 | M30/304 (M)735 | 00:52:01 | 230 | 05.12 |
| 305 | 879 | FECHNER Przemysław | KOŚCIAN | POL | | 82 | M30/305 (M)737 | 00:52:03 | | 05.12 |
| 306 | 1161 | DAMSE Marcin | SZAMOTUŁY | POL | | 82 | M30/306 (M)740 | 00:52:11 | | 05.13 |
| 307 | 1539 | SOLTYSIK Maciej | ZBĄSZYŃ | POL | | 76 | M30/307 (M)742 | 00:52:13 | | 05.13 |
| 308 | 1424 | PIECHOTA Marcin | GRODZISK WLKP. | POL | KW PSP POZNAŃ | 82 | M30/308 (M)744 | 00:52:14 | 232 | 05.13 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | Sex | Czas Time | pkt | [min/km] |
|-----------------|-----------|-------------------------|---------------------|---|-----------------|------------|-----------------------|--------|--------------|-----|----------|
| 309 | 1378 | PLECETY Marcin | LEGNICA |  POL | KW PSP WROCLAW | 80 | M30/309 | (M)749 | 00:52:21 | 233 | 05.14 |
| 310 | 1417 | NOWAK Marcin | GRODZISK WLKP. |  POL | KW PSP POZNAŃ | 79 | M30/310 | (M)750 | 00:52:21 | 234 | 05.14 |
| 311 | 146 | WILCZYŃSKI Błażej | POZNAŃ |  POL | | 78 | M30/311 | (M)751 | 00:52:22 | | 05.14 |
| 312 | 382 | ROGOZIŃSKI Henryk | BUK |  POL | | 76 | M30/312 | (M)752 | 00:52:28 | | 05.14 |
| 313 | 1352 | TOPOLSKI Adam | POZNAŃ |  POL | KW PSP POZNAŃ | 76 | M30/313 | (M)759 | 00:52:36 | 235 | 05.15 |
| 314 | 1508 | PAWLAK Piotr | POZNAŃ |  POL | | 75 | M30/314 | (M)760 | 00:52:36 | | 05.15 |
| 315 | 1387 | KLINKUSZ Adrian | SŁUPSK |  POL | KW PSP GDAŃSK | 78 | M30/315 | (M)763 | 00:52:44 | | 05.16 |
| 316 | 884 | ŁOWIECKI Dominik | POZNAŃ |  POL | | 79 | M30/316 | (M)764 | 00:52:44 | | 05.16 |
| 317 | 1444 | BARTKOWIAK Piotr | GRODZISK WLKP. |  POL | | 76 | M30/317 | (M)769 | 00:52:57 | | 05.17 |
| 318 | 753 | NIEWIADOMSKI Grzegorz | NOWY TOMYŚL |  POL | | 81 | M30/318 | (M)771 | 00:53:03 | | 05.18 |
| 319 | 696 | PIOSIK Krzysztof | WOLSZTYN |  POL | | 78 | M30/319 | (M)777 | 00:53:07 | | 05.18 |
| 320 | 535 | WALISZEWSKI Dominik | GRANOWO |  POL | | 81 | M30/320 | (M)783 | 00:53:17 | | 05.19 |
| 321 | 914 | TUMKO Krzysztof | OSIECZNA |  POL | | 77 | M30/321 | (M)789 | 00:53:23 | | 05.20 |
| 322 | 9 | PRZYMUSZAŁA Maciej | KOMOROWO |  POL | | 80 | M30/322 | (M)792 | 00:53:27 | | 05.20 |
| 323 | 1173 | SPIECZYŃSKI Łukasz | GRODZISK |  POL | | 81 | M30/323 | (M)794 | 00:53:35 | | 05.21 |
| 324 | 902 | GŁADYSZ Tomasz | POZNAŃ |  POL | | 78 | M30/324 | (M)799 | 00:53:44 | | 05.22 |
| 325 | 1472 | PIWOSZ Robert | GRODZISK WLKP. |  POL | | 84 | M30/325 | (M)800 | 00:53:45 | | 05.22 |
| 326 | 1182 | BANASZAK Tomasz | GOSTYŃ |  POL | KW PSP POZNAŃ | 75 | M30/326 | (M)803 | 00:53:48 | 237 | 05.22 |
| 327 | 1018 | BIMKIEWICZ Marek | WOLSZTYN |  POL | | 78 | M30/327 | (M)807 | 00:53:56 | | 05.23 |
| 328 | 556 | BRYCHCY Fabian | CHORZEMIN |  POL | | 77 | M30/328 | (M)808 | 00:53:57 | | 05.23 |
| 329 | 1255 | KRYŚLAK Jakub | GNIEZNO |  POL | KW PSP POZNAŃ | 82 | M30/329 | (M)809 | 00:53:59 | 238 | 05.23 |
| 330 | 485 | KOCOŃ Marcin | WOLSZTYN |  POL | | 82 | M30/330 | (M)811 | 00:54:01 | | 05.24 |
| 331 | 1206 | ZAKRZEWSKI Krzysztof | JELEŃ GÓRA |  POL | KW PSP WROCLAW | 81 | M30/331 | (M)812 | 00:54:04 | 239 | 05.24 |
| 332 | 1023 | SZULCZEWSKI Tomasz | KRUSZEWNIA |  NRU | | 84 | M30/332 | (M)817 | 00:54:21 | | 05.26 |
| 333 | 1349 | GRABOWSKI Andrzej | SŁUPCA |  POL | KW PSP POZNAŃ | 83 | M30/333 | (M)823 | 00:54:36 | 242 | 05.27 |
| 334 | 1405 | KAŹMIERSKI Piotr | GOSTYŃ |  POL | | 76 | M30/334 | (M)826 | 00:54:43 | | 05.28 |
| 335 | 244 | OKUŁA Zbigniew | POZNAŃ |  POL | | 79 | M30/335 | (M)827 | 00:54:45 | | 05.28 |
| 336 | 1446 | ROSOLSKI Piotr | RAKONIEWICE |  POL | | 84 | M30/336 | (M)830 | 00:55:02 | | 05.30 |
| 337 | 531 | KORYTOWSKI Sebastian | SWARZĘDZ |  POL | | 77 | M30/337 | (M)833 | 00:55:14 | | 05.31 |
| 338 | 214 | STEMPIN Łukasz | RAKONIEWICE |  POL | | 77 | M30/338 | (M)834 | 00:55:20 | | 05.32 |
| 339 | 1517 | WAJS Robert | RAKONIEWICE |  POL | | 76 | M30/339 | (M)836 | 00:55:29 | | 05.32 |
| 340 | 191 | DUDEK Łukasz | ZDUNY |  POL | | 80 | M30/340 | (M)837 | 00:55:30 | | 05.33 |
| 341 | 1160 | TOMKOWIAK Robert | SZAMOTUŁY |  POL | KW PSP POZNAŃ | 84 | M30/341 | (M)840 | 00:55:40 | 243 | 05.34 |
| 342 | 1372 | GRZYBOWSKI Przemysław | POLICE |  POL | KW PSP SZCZECIN | 79 | M30/342 | (M)842 | 00:55:50 | 244 | 05.35 |
| 343 | 554 | NOWAK Mateusz | POZNAŃ |  POL | | 84 | M30/343 | (M)843 | 00:55:55 | | 05.35 |
| 344 | 1528 | NOWAK Sławomir | RAKONIEWICE |  POL | | 75 | M30/344 | (M)845 | 00:56:01 | | 05.36 |
| 345 | 475 | STOLARCZYK Radosław | GÓRA |  POL | | 80 | M30/345 | (M)847 | 00:56:06 | | 05.36 |
| 346 | 878 | DYK Piotr | LUBOŃ |  POL | | 80 | M30/346 | (M)855 | 00:56:38 | | 05.39 |
| 347 | 866 | MANIKOWSKI Marcin | ROKIETNICA |  POL | | 83 | M30/347 | (M)857 | 00:56:42 | | 05.40 |
| 348 | 1192 | ARENTOWSKI Łukasz | POZNAŃ |  POL | | 75 | M30/348 | (M)858 | 00:56:44 | | 05.40 |
| 349 | 631 | MUSIAŁ Daniel | POZNAŃ |  POL | | 84 | M30/349 | (M)860 | 00:56:58 | | 05.41 |
| 350 | 219 | OLSZEWSKI Jacek | MOSINA |  POL | | 81 | M30/350 | (M)862 | 00:57:00 | | 05.42 |
| 351 | 712 | KRAWIEC Jakub | GRODZISK |  POL | | 83 | M30/351 | (M)865 | 00:57:03 | | 05.42 |
| 352 | 312 | KMIECIK Jarosław | RAKONIEWICE |  POL | | 76 | M30/352 | (M)866 | 00:57:03 | | 05.42 |
| 353 | 678 | TOMASZEWSKI Tomasz | PALĘDZIE |  POL | | 77 | M30/353 | (M)868 | 00:57:08 | | 05.42 |
| 354 | 837 | MAZIEC Dariusz | NOWY TOMYŚL |  POL | | 80 | M30/354 | (M)872 | 00:57:21 | | 05.44 |
| 355 | 465 | SOBKÓW Błażej | NOWY TOMYŚL |  POL | | 84 | M30/355 | (M)873 | 00:57:22 | | 05.44 |
| 356 | 105 | LUTOMSKI Marcin | KOŚCIAN |  POL | | 77 | M30/356 | (M)874 | 00:57:23 | | 05.44 |
| 357 | 1271 | ZAWLIK Przemysław | POZNAŃ |  POL | | 83 | M30/357 | (M)875 | 00:57:24 | | 05.44 |
| 358 | 709 | JASTRZĄBEK Waldemar | OBORNIKI |  POL | | 80 | M30/358 | (M)876 | 00:57:24 | | 05.44 |
| 359 | 1511 | LENIART Krzysztof | OCHLA |  POL | | 80 | M30/359 | (M)879 | 00:57:34 | | 05.45 |
| 360 | 969 | SZYMCZAK Krzysztof | GRODZISK |  POL | | 75 | M30/360 | (M)882 | 00:57:44 | | 05.46 |
| 361 | 505 | WOJTKOWIAK Sławomir | WOLSZTYN |  POL | | 80 | M30/361 | (M)885 | 00:57:58 | | 05.47 |
| 362 | 472 | MIKUŁA Artur | DĄBRÓWKA |  POL | | 83 | M30/362 | (M)888 | 00:58:10 | | 05.49 |
| 363 | 449 | LISIEWICZ Adam | WOLSZTYN |  POL | | 76 | M30/363 | (M)889 | 00:58:15 | | 05.49 |
| 364 | 595 | SWOROWSKI Karol | WOLSZTYN |  POL | | 82 | M30/364 | (M)890 | 00:58:17 | | 05.49 |
| 365 | 847 | MARKOWSKI Łukasz | WOLSZTYN |  POL | | 81 | M30/365 | (M)892 | 00:58:25 | | 05.50 |
| 366 | 24 | ZAREMBA Tomasz | SKÓRZEWO |  POL | | 75 | M30/366 | (M)897 | 00:58:37 | | 05.51 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age Sex | Czas Time | [min/km] |
|--------------|--------|--------------------------|------------------|----------|----------------------------|---------|------------------------|-----------|-----------|
| 367 | 113 | MARKIEWICZ Bartosz | SWARZĘDZ | POL | | 76 | M30/367 (M)900 | 00:58:44 | 05.52 |
| 368 | 1354 | KWAS Gniwomir | POZNAŃ | POL | KW PSP POZNAŃ | 84 | M30/368 (M)901 | 00:58:44 | 250 05.52 |
| 369 | 338 | PRALAT Łukasz | LESZNO | POL | | 77 | M30/369 (M)907 | 00:58:57 | 05.53 |
| 370 | 103 | LIPOWICZ Mariusz | RUCHOCICE | POL | | 77 | M30/370 (M)908 | 00:59:09 | 05.54 |
| 371 | 30 | GEMSKI Waldemar | RAKONIEWICE | POL | | 75 | M30/371 (M)913 | 00:59:20 | 05.56 |
| 372 | 702 | NOWAKOWSKI Błażej | POZNAŃ | POL | | 79 | M30/372 (M)915 | 00:59:22 | 05.56 |
| 373 | 1243 | KUROCZYCKI Łukasz | ŚWIEBODZIN | POL | KW PSP GORZÓW WIELKOPOLSKI | 80 | M30/373 (M)921 | 00:59:51 | 251 05.59 |
| 374 | 855 | KMIECIC Mirosław | RAKONIEWICE | POL | | 78 | M30/374 (M)922 | 00:59:53 | 05.59 |
| 375 | 436 | BRONOWICKI Jarek | LESZNO | POL | | 76 | M30/375 (M)924 | 00:59:56 | 05.59 |
| 376 | 292 | JOB Piotr | POZNAŃ | POL | | 75 | M30/376 (M)931 | 01:00:30 | 06.03 |
| 377 | 1181 | DUCHNIK Krzysztof maricn | OSTRZESZÓW | POL | KW PSP POZNAŃ | 81 | M30/377 (M)932 | 01:00:32 | 252 06.03 |
| 378 | 1443 | BORUCKI Piotr | POZNAŃ | POL | SA PSP POZNAŃ | 76 | M30/378 (M)937 | 01:01:09 | 253 06.06 |
| 379 | 1423 | KAZUBOWSKI Daniel | GRODZISK WLKP. | POL | KW PSP POZNAŃ | 83 | M30/379 (M)945 | 01:02:09 | 256 06.12 |
| 380 | 1195 | DEREZIŃSKI Tomasz | POZNAŃ | POL | | 84 | M30/380 (M)949 | 01:02:45 | 06.16 |
| 381 | 871 | PIECHOCKI Patryk | ROKIETNICA | POL | | 81 | M30/381 (M)950 | 01:02:49 | 06.16 |
| 382 | 34 | KURKOWIAK Tomasz | GRODZISK WLKP | POL | | 81 | M30/382 (M)952 | 01:03:05 | 06.18 |
| 383 | 915 | LIPSKI Paweł | HRUBIESZÓW | POL | | 82 | M30/383 (M)957 | 01:03:41 | 06.22 |
| 384 | 564 | PYSZKOWSKI Mariusz | BABIMOST | POL | | 81 | M30/384 (M)965 | 01:04:49 | 06.28 |
| 385 | 603 | KOTLARSKI Andrzej | SIEDLEC | POL | | 79 | M30/385 (M)971 | 01:06:12 | 06.37 |
| 386 | 238 | SOBALA Łukasz | POZNAŃ | POL | | 82 | M30/386 (M)973 | 01:06:49 | 06.40 |
| 387 | 3 | KAŃDULA Kamil | GRODZISK WLKP. | POL | | 84 | M30/387 (M)976 | 01:10:57 | 07.05 |
| 388 | 1519 | BARTKOWIAK Michał | GRODZISK WLKP. | POL | | 78 | M30/388 (M)979 | 01:16:19 | 07.37 |
| 389 | 1077 | BRUDŁO Marcin | GRODZISK | POL | | 76 | M30/389 (M)980 | 01:16:21 | 07.38 |
| 390 | 1164 | WOJNAR Maciej | ŁÓDŹ | POL | KW PSP ŁÓDŹ | 80 | M30/390 (M)984 | 01:21:05 | 261 08.06 |

OPEN Mężczyźni KATEGORIA:M40

| | | | | | | | | | |
|----|------|----------------------|----------------|-----|-----------------|----|---------------|----------|----------|
| 1 | 468 | WIATR Tomasz | POZNAŃ | POL | | 74 | M40/1 (M)11 | 00:34:02 | 03.24 |
| 2 | 1390 | SZREMSKI Marek | SŁUPSK | POL | KW PSP GDAŃSK | 70 | M40/2 (M)24 | 00:35:07 | 17 03.30 |
| 3 | 1388 | MAZUR Andrzej | GDYNIA | POL | KW PSP GDAŃSK | 74 | M40/3 (M)34 | 00:36:05 | 22 03.36 |
| 4 | 1468 | JANAS Roman | GRODZISK WLKP. | POL | | 72 | M40/4 (M)36 | 00:36:37 | 03.39 |
| 5 | 1105 | KRAWCZYK Krzysztof | STALOWA WOLA | POL | KW PSP RZESZÓW | 72 | M40/5 (M)39 | 00:36:51 | 25 03.40 |
| 6 | 1415 | RUTA Dariusz | NOWY TOMYŚL | POL | | 71 | M40/6 (M)52 | 00:37:32 | 03.45 |
| 7 | 1216 | MACIASZEK Grzegorz | ŁÓDŹ | POL | KW PSP ŁÓDŹ | 70 | M40/7 (M)62 | 00:37:49 | 40 03.46 |
| 8 | 1002 | RZĄDKOWSKI Mirosław | RAKONIEWICE | POL | | 67 | M40/8 (M)65 | 00:37:54 | 03.47 |
| 9 | 649 | KORYTOWSKI Daniel | SWARZĘDZ | POL | | 74 | M40/9 (M)77 | 00:38:17 | 03.49 |
| 10 | 942 | ADAMUS Radosław | OSTRÓW WLKP. | POL | | 65 | M40/10 (M)87 | 00:38:37 | 03.51 |
| 11 | 928 | WOLNY Zbigniew | STYKOWO | POL | | 70 | M40/11 (M)90 | 00:38:41 | 03.52 |
| 12 | 493 | ZANDECKI Maciej | SWARZĘDZ | POL | | 71 | M40/12 (M)94 | 00:38:51 | 03.53 |
| 13 | 1073 | LEŚNICKI Marek | ŚWIDNICA | POL | KW PSP WROCŁAW | 67 | M40/13 (M)95 | 00:38:54 | 57 03.53 |
| 14 | 412 | BANDUROWSKI Andrzej | NOWA SÓL | POL | | 72 | M40/14 (M)96 | 00:38:55 | 03.53 |
| 15 | 990 | MAZURKIEWICZ Jerzy | GŁOGÓW | POL | | 70 | M40/15 (M)98 | 00:39:01 | 03.54 |
| 16 | 988 | WACHOWIAK Piotr | GŁOGÓW | POL | | 74 | M40/16 (M)99 | 00:39:02 | 03.54 |
| 17 | 126 | WITKOWSKI Tomasz | KAMIONKI | POL | | 72 | M40/17 (M)108 | 00:39:14 | 03.55 |
| 18 | 688 | SZKUDLAREK Sławomir | PRZYPROSTYNIA | POL | | 70 | M40/18 (M)109 | 00:39:17 | 03.55 |
| 19 | 1104 | LULA Jarosław | JASŁO | POL | KW PSP RZESZÓW | 74 | M40/19 (M)112 | 00:39:21 | 61 03.56 |
| 20 | 778 | MACIASZCZYK Wojciech | STRZAŁKOWO | POL | | 73 | M40/20 (M)114 | 00:39:26 | 03.56 |
| 21 | 864 | NAPIERAŁA Wojciech | POZNAŃ | POL | | 72 | M40/21 (M)122 | 00:39:41 | 03.58 |
| 22 | 1290 | LATUSZEK Jarosław | GARWOLIN | POL | KW PSP WARSZAWA | 70 | M40/22 (M)136 | 00:39:55 | 68 03.59 |
| 23 | 810 | JAŚKOWIAK Maciej | GRODZISK WLKP. | POL | | 74 | M40/23 (M)140 | 00:40:01 | 04.00 |
| 24 | 597 | FLORASZEK Arkadiusz | DĄBRÓWKA | POL | | 72 | M40/24 (M)144 | 00:40:17 | 04.01 |
| 25 | 859 | JAZ Krzysztof | MIESZKOWICE | POL | | 70 | M40/25 (M)150 | 00:40:28 | 04.02 |
| 26 | 627 | NAWROCKI Piotr | ZALASEWO | POL | | 73 | M40/26 (M)151 | 00:40:33 | 04.03 |
| 27 | 618 | KASPRZAK Krzysztof | KOBIERNO | POL | | 68 | M40/27 (M)152 | 00:40:34 | 04.03 |
| 28 | 1486 | SPRINGER Adam | INOWROCŁAW | POL | KW PSP TORUŃ | 68 | M40/28 (M)169 | 00:41:01 | 84 04.06 |
| 29 | 415 | KANIUK Sławomir | GRODZISK | POL | | 70 | M40/29 (M)171 | 00:41:03 | 04.06 |
| 30 | 656 | BAER Tomasz | BABIMOST | POL | | 68 | M40/30 (M)180 | 00:41:10 | 04.07 |
| 31 | 728 | WRÓBEL Andrzej | POZNAŃ | POL | | 65 | M40/31 (M)186 | 00:41:29 | 04.08 |
| 32 | 268 | CHOJNIAK Wiesław | POZNAŃ | POL | | 73 | M40/32 (M)187 | 00:41:29 | 04.08 |
| 33 | 204 | PRZYBYLAK Krzysztof | POZNAŃ | POL | | 73 | M40/33 (M)189 | 00:41:30 | 04.09 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age Sex | Czas Time | [min/km] |
|--------------|--------|------------------------|---------------------|----------|-----------------|---------|------------------------|-----------|-----------|
| 34 | 59 | PETZA Maciej | POZNAŃ | POL | | 66 | M40/34 (M)191 | 00:41:33 | 04.09 |
| 35 | 5 | KUSTER Roman | KOMORNIKI | POL | | 70 | M40/35 (M)195 | 00:41:39 | 04.09 |
| 36 | 723 | HRUŚWICKI Waldemar | WOLSZTYN | POL | | 65 | M40/36 (M)197 | 00:41:43 | 04.10 |
| 37 | 700 | DOMAGAŁA Robert | KROTOSZYN | POL | | 70 | M40/37 (M)198 | 00:41:45 | 04.10 |
| 38 | 1379 | RUDZIŃSKI Jacek | GRYFINO | POL | KW PSP SZCZECIN | 69 | M40/38 (M)203 | 00:41:50 | 91 04.11 |
| 39 | 1032 | GEMBAŁSKI Mirosław | LESZNO | POL | | 69 | M40/39 (M)204 | 00:41:50 | 04.11 |
| 40 | 1062 | ZIELONACKI Tomasz | POZNAŃ | POL | | 67 | M40/40 (M)205 | 00:41:52 | 04.11 |
| 41 | 259 | ORCIUCH Maciej | ZIELONA GÓRA | POL | | 68 | M40/41 (M)210 | 00:41:55 | 04.11 |
| 42 | 1262 | SEKULSKI Paweł | SIERPC | POL | KW PSP WARSZAWA | 71 | M40/42 (M)212 | 00:41:59 | 94 04.11 |
| 43 | 342 | MATYSIK Zbigniew | OSTRÓW WIELKOPOLSKI | POL | | 74 | M40/43 (M)218 | 00:42:08 | 04.12 |
| 44 | 158 | ŻUBEREK Piotr | POZNAŃ | POL | | 71 | M40/44 (M)219 | 00:42:10 | 04.13 |
| 45 | 729 | KOWALCZYK Tadeusz | POZNAŃ | POL | | 68 | M40/45 (M)227 | 00:42:16 | 04.13 |
| 46 | 1304 | NOWAKOWSKI Jacek | BRZEG | POL | KW PSP OPOLE | 71 | M40/46 (M)229 | 00:42:23 | 99 04.14 |
| 47 | 952 | KONKIEWICZ Robert | GRODZISK WLKP | POL | | 72 | M40/47 (M)234 | 00:42:26 | 04.14 |
| 48 | 43 | BRZESKI Dariusz | BRANIEWO | POL | KW PSP OLSZTYN | 71 | M40/48 (M)235 | 00:42:26 | 102 04.14 |
| 49 | 35 | SZYMAŃSKI Marian | BUK | POL | | 65 | M40/49 (M)236 | 00:42:27 | 04.14 |
| 50 | 937 | MELONEK Paweł | GRODZISK WLKP | POL | | 66 | M40/50 (M)237 | 00:42:28 | 04.14 |
| 51 | 85 | ANDRZEJEWSKI Jacek | KOŚCIAN | POL | | 66 | M40/51 (M)239 | 00:42:30 | 04.15 |
| 52 | 868 | CAŁKA Wiesław | POZNAŃ | POL | | 73 | M40/52 (M)240 | 00:42:30 | 04.15 |
| 53 | 698 | POCZTA Marian | KROTOSZYN | POL | | 65 | M40/53 (M)242 | 00:42:36 | 04.15 |
| 54 | 1020 | MIKOŁAJCZAK Mieczysław | WRZEŚNIA | POL | | 67 | M40/54 (M)243 | 00:42:38 | 04.15 |
| 55 | 1055 | WYSTĘPSKI Janusz | POZNAŃ | POL | | 72 | M40/55 (M)249 | 00:42:52 | 04.17 |
| 56 | 1332 | JASKÓŁOWSKI Waldemar | WARSZAWA | POL | SGSP WARSZAWA | 69 | M40/56 (M)252 | 00:42:53 | 106 04.17 |
| 57 | 239 | HIEROWSKI Piotr | STRZAŁKOWO | POL | | 68 | M40/57 (M)253 | 00:42:53 | 04.17 |
| 58 | 1504 | FUDAŁEJ Mariusz | LUBIESZÓW | POL | | 72 | M40/58 (M)254 | 00:42:53 | 04.17 |
| 59 | 442 | LECYK Rafał | POZNAŃ | POL | | 73 | M40/59 (M)256 | 00:42:57 | 04.17 |
| 60 | 459 | LEMAN Maciej | POZNAŃ | POL | | 70 | M40/60 (M)259 | 00:43:02 | 04.18 |
| 61 | 959 | OWCZARZAK Dariusz | POZNAŃ | POL | | 67 | M40/61 (M)262 | 00:43:04 | 04.18 |
| 62 | 6 | NOWAK Leszek | JABŁONNA | POL | | 72 | M40/62 (M)264 | 00:43:05 | 04.18 |
| 63 | 1217 | MAKOWSKI Arkadiusz | ŁÓDŹ | POL | KW PSP ŁÓDŹ | 73 | M40/63 (M)265 | 00:43:06 | 108 04.18 |
| 64 | 615 | CHŁOPEK Dariusz | ZBAŚZYŃ | POL | | 69 | M40/64 (M)279 | 00:43:20 | 04.20 |
| 65 | 1127 | GRZYB Piotr | WOŁÓW | POL | KW PSP WROCŁAW | 73 | M40/65 (M)292 | 00:43:32 | 116 04.21 |
| 66 | 1448 | ŁUCZAK Zbigniew | NOWY TOMYŚL | POL | | 72 | M40/66 (M)302 | 00:43:39 | 04.21 |
| 67 | 1331 | ŁABAJCZYK Witold | | POL | SGSP WARSZAWA | 74 | M40/67 (M)303 | 00:43:41 | 120 04.22 |
| 68 | 364 | SITEK Dariusz | PUSZCZYKOWO | POL | | 73 | M40/68 (M)306 | 00:43:43 | 04.22 |
| 69 | 730 | KLIMCZYK Roman | OPALENICA | POL | | 73 | M40/69 (M)307 | 00:43:44 | 04.22 |
| 70 | 149 | DULAT Piotr | KOMORNIKI | POL | | 67 | M40/70 (M)310 | 00:43:48 | 04.22 |
| 71 | 328 | KRAWCZYK Robert | POZNAŃ | POL | | 69 | M40/71 (M)315 | 00:43:55 | 04.23 |
| 72 | 544 | WOJTKOWIAK Maciej | POZNAŃ | POL | | 74 | M40/72 (M)322 | 00:43:59 | 04.23 |
| 73 | 701 | KULAS Rafał | KROTOSZYN | POL | | 70 | M40/73 (M)324 | 00:44:00 | 04.24 |
| 74 | 1133 | CYTAWA Arkadiusz | WOŁÓW | POL | KW PSP WROCŁAW | 71 | M40/74 (M)331 | 00:44:05 | 129 04.24 |
| 75 | 270 | LITKE Rafał | MIĘDZYCHÓD | POL | | 74 | M40/75 (M)346 | 00:44:21 | 04.26 |
| 76 | 874 | BŁACHOWIAK Mariusz | LESZNO | POL | | 72 | M40/76 (M)363 | 00:44:37 | 04.27 |
| 77 | 814 | BANASZAK Wiesław | ZBAŚZYŃ | POL | | 65 | M40/77 (M)369 | 00:44:42 | 04.28 |
| 78 | 1296 | MUSIAŁ Tomasz | LESZNO | POL | KW PSP POZNAŃ | 74 | M40/78 (M)374 | 00:44:46 | 140 04.28 |
| 79 | 356 | KARASZEWSKI Arkadiusz | POZNAŃ | POL | | 66 | M40/79 (M)376 | 00:44:51 | 04.29 |
| 80 | 311 | KORYTOWSKI Andrzej | POZNAŃ | POL | | 72 | M40/80 (M)378 | 00:44:52 | 04.29 |
| 81 | 1359 | NIEMAS Mariusz | WADOWICE | POL | KW PSP KRAKÓW | 68 | M40/81 (M)380 | 00:44:53 | 142 04.29 |
| 82 | 802 | BEDNARZ Paweł | MIECZEWO | POL | | 73 | M40/82 (M)386 | 00:44:55 | 04.29 |
| 83 | 944 | ROZWADOWSKI Rafał | POZNAŃ | POL | | 73 | M40/83 (M)387 | 00:44:55 | 04.29 |
| 84 | 1112 | SZYMBORSKI Marek | ŁÓDŹ | POL | KW PSP ŁÓDŹ | 74 | M40/84 (M)392 | 00:45:01 | 146 04.30 |
| 85 | 1347 | LESZCZYŃSKI Robert | SŁUPCA | POL | KW PSP POZNAŃ | 74 | M40/85 (M)395 | 00:45:04 | 148 04.30 |
| 86 | 1118 | PASZKE Michał | GRODZISK WLKP. | POL | | 74 | M40/86 (M)412 | 00:45:20 | 04.32 |
| 87 | 674 | BUŚKO Roland | WOLSZTYN | POL | | 74 | M40/87 (M)416 | 00:45:22 | 04.32 |
| 88 | 975 | FILIPOWSKI Zenon | WSCHOWA | POL | | 73 | M40/88 (M)420 | 00:45:33 | 04.33 |
| 89 | 50 | PANKOWSKI Arkadiusz | NOWY TOMYŚL | POL | | 70 | M40/89 (M)426 | 00:45:37 | 04.33 |
| 90 | 470 | SKRZYPCZAK Maciej | RUCHOCICE | POL | | 73 | M40/90 (M)441 | 00:45:53 | 04.35 |
| 91 | 501 | SZYMAŃSKI Roman | BUK | POL | | 66 | M40/91 (M)442 | 00:45:53 | 04.35 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age Sex | Czas Time | pkt | [min/km] |
|--------------|--------|------------------------|---------------------|----------|----------------------------|---------|------------------------|-----------|-----|----------|
| 92 | 1123 | PABICH Adam | OSTRÓW WLKP. | POL | KW PSP POZNAŃ | 69 | M40/92 (M)450 | 00:46:12 | 157 | 04.37 |
| 93 | 920 | BUKALSKI Zbigniew | LUBOŃ | POL | | 70 | M40/93 (M)457 | 00:46:21 | | 04.38 |
| 94 | 106 | JANOWICZ Maciej | OSIECZNA | POL | | 74 | M40/94 (M)463 | 00:46:29 | | 04.38 |
| 95 | 553 | ZAREMBA Piotr | WOLSZTYN | POL | | 66 | M40/95 (M)466 | 00:46:32 | | 04.39 |
| 96 | 402 | WIŚNIEWSKI Arkadiusz | POZNAŃ | POL | | 70 | M40/96 (M)468 | 00:46:34 | | 04.39 |
| 97 | 66 | SMEKTAŁA Dariusz | JELEŃ GÓRA | POL | KW PSP WROCLAW | 66 | M40/97 (M)471 | 00:46:38 | 163 | 04.39 |
| 98 | 1337 | MSZYCA Jarosław | CZĘSTOCHOWA | POL | CS PSP CZĘSTOCHOWA | 74 | M40/98 (M)475 | 00:46:45 | 165 | 04.40 |
| 99 | 58 | MIAŁKAS Sylwester | NOWY TOMYŚL | POL | | 71 | M40/99 (M)482 | 00:46:52 | | 04.41 |
| 100 | 108 | BARCZAK Robert | RYDZYNA | POL | | 73 | M40/100 (M)483 | 00:46:52 | | 04.41 |
| 101 | 1466 | OLEJNICZAK Andrzej | NOWY TOMYŚL | POL | | 74 | M40/101 (M)486 | 00:46:58 | | 04.41 |
| 102 | 862 | BARAŃSKI Piotr | POZNAŃ | POL | | 68 | M40/102 (M)489 | 00:47:01 | | 04.42 |
| 103 | 1033 | KLUCZYŃSKI Krzysztof | KALSK | POL | | 73 | M40/103 (M)490 | 00:47:01 | | 04.42 |
| 104 | 791 | BRUSS Krzysztof | ZALASEWO | POL | | 71 | M40/104 (M)493 | 00:47:08 | | 04.42 |
| 105 | 384 | JĘDRZAK Przemysław | POZNAŃ | POL | | 73 | M40/105 (M)494 | 00:47:09 | | 04.42 |
| 106 | 200 | ANCUTA Wojciech | POZNAŃ | POL | | 67 | M40/106 (M)495 | 00:47:09 | | 04.42 |
| 107 | 771 | BROK Jacek | PLEWISKA | POL | | 70 | M40/107 (M)498 | 00:47:14 | | 04.43 |
| 108 | 161 | KACZMAREK Sławomir | KOŚCIAN | POL | | 69 | M40/108 (M)500 | 00:47:17 | | 04.43 |
| 109 | 455 | NOWAK Dariusz | MIĘDZYCHÓD | POL | | 73 | M40/109 (M)502 | 00:47:21 | | 04.44 |
| 110 | 389 | RUDNICKI Andrzej | BABIMOST | POL | | 73 | M40/110 (M)512 | 00:47:29 | | 04.44 |
| 111 | 1233 | GRUSZKOWSKI Marek | WSCHOWA | POL | KW PSP GORZÓW WIELKOPOLSKI | 72 | M40/111 (M)513 | 00:47:31 | 172 | 04.45 |
| 112 | 1305 | SAWICKI Ireneusz | BRZEG | POL | KW PSP OPOLE | 73 | M40/112 (M)518 | 00:47:35 | 173 | 04.45 |
| 113 | 152 | SŁABY Waldemar | POZNAŃ | POL | | 72 | M40/113 (M)520 | 00:47:38 | | 04.45 |
| 114 | 1310 | SERWADCZAK Piotr | BRZEG | POL | KW PSP OPOLE | 72 | M40/114 (M)522 | 00:47:43 | 175 | 04.46 |
| 115 | 405 | WEINSTOK Robert | POZNAŃ | POL | | 72 | M40/115 (M)523 | 00:47:45 | | 04.46 |
| 116 | 1113 | FRAĆKOWIAK Włodzimierz | WRONKI | POL | | 66 | M40/116 (M)527 | 00:47:53 | | 04.47 |
| 117 | 300 | MUCHA Leszek | POZNAŃ | POL | | 73 | M40/117 (M)528 | 00:47:54 | | 04.47 |
| 118 | 381 | ROGOZIŃSKI Tomasz | PYZDRY | POL | | 74 | M40/118 (M)529 | 00:47:55 | | 04.47 |
| 119 | 873 | STEPOWICZ Marek | WROCLAW | POL | | 72 | M40/119 (M)533 | 00:47:59 | | 04.47 |
| 120 | 774 | HOFFMAN Andrzej | ŚWIĘTNO | POL | | 67 | M40/120 (M)539 | 00:48:01 | | 04.48 |
| 121 | 1115 | TRZOP Andrzej | ZIELONA GÓRA | POL | | 68 | M40/121 (M)540 | 00:48:02 | | 04.48 |
| 122 | 251 | POHL Mariusz | POZNAŃ | POL | | 73 | M40/122 (M)541 | 00:48:03 | | 04.48 |
| 123 | 770 | KRAK Tomasz | ZIELONA GÓRA | POL | | 72 | M40/123 (M)542 | 00:48:03 | | 04.48 |
| 124 | 761 | PIETRUSIEWICZ Bogusław | BABIMOST | POL | | 65 | M40/124 (M)545 | 00:48:04 | | 04.48 |
| 125 | 53 | MAREK Tomasz | PAPROĆ | POL | | 74 | M40/125 (M)546 | 00:48:06 | | 04.48 |
| 126 | 1377 | ŁĘCKI Jarosław | LEGNICA | POL | KW PSP WROCLAW | 74 | M40/126 (M)556 | 00:48:13 | 184 | 04.49 |
| 127 | 737 | CYPRIAN Jarosław | OPALENICA | POL | | 69 | M40/127 (M)559 | 00:48:15 | | 04.49 |
| 128 | 1482 | RYDZ Leszek | TORUŃ | POL | KW PSP TORUŃ | 68 | M40/128 (M)574 | 00:48:30 | 186 | 04.51 |
| 129 | 912 | LEWANDOWSKI Marek | ZBAŚZYŃ | POL | | 72 | M40/129 (M)576 | 00:48:32 | | 04.51 |
| 130 | 291 | BINKOWSKI Marcin | MOSINA | POL | | 73 | M40/130 (M)584 | 00:48:40 | | 04.52 |
| 131 | 1042 | JOKSZ Leszek maciej | RAKONIEWICE | POL | | 68 | M40/131 (M)585 | 00:48:43 | | 04.52 |
| 132 | 404 | AUGUSTYŃIAK Michał | POZNAŃ | POL | | 73 | M40/132 (M)592 | 00:48:51 | | 04.53 |
| 133 | 1501 | PIĘKOŚ Piotr | GOSTYŃ | POL | | 69 | M40/133 (M)593 | 00:48:54 | | 04.53 |
| 134 | 1441 | ORŁOWSKI Grzegorz | POZNAŃ | POL | SA PSP POZNAŃ | 70 | M40/134 (M)600 | 00:48:58 | 188 | 04.53 |
| 135 | 1097 | SIBILAK Lucjan | GÓRA | POL | KW PSP WROCLAW | 68 | M40/135 (M)601 | 00:49:02 | 189 | 04.54 |
| 136 | 265 | SZULC Tomasz | WRZEŚNIA | POL | | 71 | M40/136 (M)603 | 00:49:06 | | 04.54 |
| 137 | 304 | KEMPIŃSKI Paweł | POZNAŃ | POL | | 71 | M40/137 (M)604 | 00:49:07 | | 04.54 |
| 138 | 224 | HAGLAUER Tomasz | WOLSZTYN | POL | | 65 | M40/138 (M)616 | 00:49:20 | | 04.56 |
| 139 | 247 | KOWALSKI Maciej | POZNAŃ | POL | | 70 | M40/139 (M)620 | 00:49:26 | | 04.56 |
| 140 | 1264 | FIJAŁKOWSKI Piotr | SIERPC | POL | KW PSP WARSZAWA | 69 | M40/140 (M)622 | 00:49:27 | 194 | 04.56 |
| 141 | 1570 | ZDZIECHOWSKI Paweł | DABROWA | POL | | 73 | M40/141 (M)627 | 00:49:30 | | 04.57 |
| 142 | 117 | MAĆKOWSKI Michał | KOMORNIKI | POL | | 73 | M40/142 (M)629 | 00:49:32 | | 04.57 |
| 143 | 1279 | ŻYWICA Ireneusz | ŚWIĘTOCHŁOWICE | POL | KW PSP KATOWICE | 67 | M40/143 (M)634 | 00:49:37 | 198 | 04.57 |
| 144 | 1416 | NOLKA Wojciech | GRODZISK WLKP. | POL | KW PSP POZNAŃ | 73 | M40/144 (M)639 | 00:49:43 | 201 | 04.58 |
| 145 | 858 | KURKIEWICZ Radosław | PLEWISKA | POL | | 69 | M40/145 (M)644 | 00:49:45 | | 04.58 |
| 146 | 1224 | LUDWICZAK Mateusz | KOSZANOWO | POL | | 72 | M40/146 (M)646 | 00:49:47 | | 04.58 |
| 147 | 762 | WASZKOWIAK Tomasz | GRANOWO | POL | | 71 | M40/147 (M)648 | 00:49:48 | | 04.58 |
| 148 | 707 | GÓRŃIAK Tomasz | STRZELCE KRAJEŃSKIE | POL | KW PSP GORZÓW WIELKOPOLSKI | 73 | M40/148 (M)650 | 00:49:48 | 204 | 04.58 |
| 149 | 458 | MAJERYK Rafał | POZNAŃ | POL | | 73 | M40/149 (M)654 | 00:50:00 | | 05.00 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age Sex | Czas Time | [min/km] |
|---------------------|---------------|----------------------------------|-------------------------|-----------------|---------------------|-----------------|-------------------------------|------------------|-----------------|
| 150 | 90 | OLEJNICZAK Krzysztof | GOSTYŃ | | POL | | 67 M40/150 (M)657 | 00:50:02 | 05.00 |
| 151 | 1513 | KAMIŃSKI Arkadiusz | POZNAŃ | | POL | | 73 M40/151 (M)662 | 00:50:06 | 05.00 |
| 152 | 301 | ROMANOWSKI Roman | POZNAŃ | | POL | | 68 M40/152 (M)664 | 00:50:07 | 05.00 |
| 153 | 1125 | SKOWROŃSKI Adam | POZNAŃ | | POL | | 66 M40/153 (M)669 | 00:50:11 | 05.01 |
| 154 | 622 | MICHALAK Sławomir | ŚREM | | POL | | 67 M40/154 (M)672 | 00:50:13 | 05.01 |
| 155 | 355 | KOWALSKI Jacek | GUŁTOWY | | POL | | 71 M40/155 (M)688 | 00:50:46 | 05.04 |
| 156 | 1025 | SWOROWSKI Maciej | WOLSZTYN | | POL | | 70 M40/156 (M)696 | 00:50:58 | 05.05 |
| 157 | 1205 | LOREK Marek | JELENIA GÓRA | | POL | KW PSP WROCLAW | 71 M40/157 (M)714 | 00:51:29 | 223 05.08 |
| 158 | 1442 | LAMPERSKI Przemysław | POZNAŃ | | POL | SA PSP POZNAŃ | 68 M40/158 (M)717 | 00:51:33 | 225 05.09 |
| 159 | 1346 | CHMIEL Rafał | SŁUPCA | | POL | KW PSP POZNAŃ | 70 M40/159 (M)719 | 00:51:35 | 226 05.09 |
| 160 | 1058 | LUPICKI Andrzej marek | OSIECZNA | | POL | | 71 M40/160 (M)725 | 00:51:40 | 05.10 |
| 161 | 299 | GADOMSKI Piotr | CZERWONAK | | POL | | 70 M40/161 (M)728 | 00:51:43 | 05.10 |
| 162 | 23 | ANDRZEJEWSKI Maciej | SZAMOTUŁY | | POL | | 74 M40/162 (M)733 | 00:51:58 | 05.11 |
| 163 | 1288 | OLESEK Marek | KATOWICE | | POL | KW PSP KATOWICE | 67 M40/163 (M)734 | 00:51:59 | 229 05.11 |
| 164 | 235 | MALKIEWICZ Jacek | WIELICHOWO | | POL | | 69 M40/164 (M)738 | 00:52:03 | 05.12 |
| 165 | 1419 | SKRZYPEK Mariusz | GRODZISK WLKP. | | POL | KW PSP POZNAŃ | 71 M40/165 (M)741 | 00:52:12 | 231 05.13 |
| 166 | 899 | KWIATKOWSKI Dariusz | BUK | | POL | | 74 M40/166 (M)743 | 00:52:13 | 05.13 |
| 167 | 489 | SKORUPINSKI Jarosław | WOLSZTYN | | POL | | 66 M40/167 (M)753 | 00:52:30 | 05.15 |
| 168 | 747 | GARGULIŃSKI Paweł | POZNAŃ | | POL | | 74 M40/168 (M)754 | 00:52:31 | 05.15 |
| 169 | 1457 | PUCICKI Mirosław | KĄKOLEWO | | POL | | 68 M40/169 (M)774 | 00:53:05 | 05.18 |
| 170 | 1350 | MALUŚKI Dariusz | NOWY TOMYŚL | | POL | | 72 M40/170 (M)775 | 00:53:06 | 05.18 |
| 171 | 1069 | WOYCZYŃSKI Dariusz | LESZNO | | POL | | 68 M40/171 (M)779 | 00:53:11 | 05.19 |
| 172 | 1063 | CHABRASZEWSKI Ryszard franciszek | ZIELONA GÓRA | | POL | | 69 M40/172 (M)780 | 00:53:13 | 05.19 |
| 173 | 1117 | CYBAL Michał | GRODZISK WLKP | | POL | | 74 M40/173 (M)782 | 00:53:17 | 05.19 |
| 174 | 217 | SZYMAŃSKI Michał | MOSINA | | POL | | 68 M40/174 (M)784 | 00:53:17 | 05.19 |
| 175 | 751 | KOWALCZYK Dariusz | LUBOŃ | | POL | | 74 M40/175 (M)786 | 00:53:21 | 05.20 |
| 176 | 440 | WANDEL Dariusz | POZNAŃ | | POL | | 71 M40/176 (M)791 | 00:53:26 | 05.20 |
| 177 | 800 | WALCZAK Marek | POZNAŃ | | POL | | 67 M40/177 (M)796 | 00:53:40 | 05.22 |
| 178 | 1017 | CHORAŹIAK Jacek | GRODZISK WLKP. | | POL | | 73 M40/178 (M)797 | 00:53:41 | 05.22 |
| 179 | 710 | OLENIAK Jarosław | NOWA SÓL | | POL | | 74 M40/179 (M)798 | 00:53:44 | 05.22 |
| 180 | 1009 | JESSA Włodzimierz | ŚREM | | POL | | 65 M40/180 (M)804 | 00:53:49 | 05.22 |
| 181 | 1418 | KRAWCZYK Waldemar | GRODZISK WLKP. | | POL | KW PSP POZNAŃ | 73 M40/181 (M)813 | 00:54:08 | 240 05.24 |
| 182 | 228 | MELEROWICZ Jarosław | DĘBSKO | | POL | | 67 M40/182 (M)815 | 00:54:16 | 05.25 |
| 183 | 1061 | TUSIEŃ Marcin | OSIECZNA | | POL | | 74 M40/183 (M)816 | 00:54:19 | 05.25 |
| 184 | 853 | LEHMANN Radosław | SIELINKO | | POL | | 73 M40/184 (M)819 | 00:54:28 | 05.26 |
| 185 | 1540 | MICHAŁOWICZ Tomasz | POZNAŃ | | POL | | 72 M40/185 (M)820 | 00:54:29 | 05.26 |
| 186 | 703 | DYKSAK Damian | POZNAN | | POL | | 74 M40/186 (M)821 | 00:54:29 | 05.26 |
| 187 | 1066 | ZAWLIK Maciej | POZNAŃ | | POL | | 72 M40/187 (M)822 | 00:54:35 | 05.27 |
| 188 | 272 | RYCHŁOWSKI Michał | POZNAŃ | | POL | | 73 M40/188 (M)825 | 00:54:43 | 05.28 |
| 189 | 805 | SAKOWSKI Grzegorz | CHOJNA | | POL | | 66 M40/189 (M)829 | 00:54:56 | 05.29 |
| 190 | 824 | GOCYLA Dariusz | POZNAŃ | | POL | | 66 M40/190 (M)831 | 00:55:09 | 05.30 |
| 191 | 226 | KOKORNACZYK Adam | TŁOKI | | POL | | 72 M40/191 (M)851 | 00:56:26 | 05.38 |
| 192 | 1480 | SEROCZYŃSKI Andrzej | TORUŃ | | POL | KW PSP TORUŃ | 67 M40/192 (M)859 | 00:56:50 | 246 05.41 |
| 193 | 892 | WURST Jacek | RAKONIEWICE | | POL | | 70 M40/193 (M)877 | 00:57:27 | 05.44 |
| 194 | 344 | PIECHOCKI Dawid | GRODZISK | | POL | | 74 M40/194 (M)880 | 00:57:42 | 05.46 |
| 195 | 816 | BARSZCZEWSKI Paweł | WARSZAWA | | POL | | 73 M40/195 (M)883 | 00:57:51 | 05.47 |
| 196 | 276 | GRZEŚKOWIAK Waldemar | CZEMPIŃ | | POL | | 73 M40/196 (M)884 | 00:57:51 | 05.47 |
| 197 | 822 | SMYK Andrzej | OPALENICA | | POL | | 69 M40/197 (M)887 | 00:58:01 | 05.48 |
| 198 | 1175 | SKARŁUBOWICZ Wojciech | GÓRA | | POL | KW PSP WROCLAW | 74 M40/198 (M)893 | 00:58:26 | 249 05.50 |
| 199 | 685 | KABZA Grzegorz | NOWY TOMYŚL | | POL | | 69 M40/199 (M)894 | 00:58:29 | 05.50 |
| 200 | 705 | PTAK Dariusz | POZNAŃ | | POL | | 68 M40/200 (M)896 | 00:58:33 | 05.51 |
| 201 | 1461 | KACZMAREK Krzysztof | GRODZISK WLKP. | | POL | | 70 M40/201 (M)903 | 00:58:45 | 05.52 |
| 202 | 831 | SUSZKA Michał | POZNAŃ | | POL | | 72 M40/202 (M)904 | 00:58:47 | 05.52 |
| 203 | 366 | KUNOWSKI Krzysztof | POZNAŃ | | POL | | 72 M40/203 (M)905 | 00:58:47 | 05.52 |
| 204 | 77 | RUSIN Piotr | BUK | | POL | | 72 M40/204 (M)910 | 00:59:14 | 05.55 |
| 205 | 882 | BARTKOWIAK Robert | KAMIONKI | | POL | | 74 M40/205 (M)911 | 00:59:14 | 05.55 |
| 206 | 38 | FRAĆKOWIAK Adam | WOLSZTYN | | POL | | 73 M40/206 (M)925 | 00:59:58 | 05.59 |
| 207 | 1460 | MIKOŁAJCZYK Dariusz | GŁODNO | | POL | | 74 M40/207 (M)928 | 01:00:06 | 06.00 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age Sex | Czas Time | [min/km] |
|--------------|--------|----------------------|------------------|----------|----------------|---------|------------------------|-----------|-----------|
| 208 | 164 | PIEŚCIŃSKI Waldemar | BOLEWICE | POL | | 74 | M40/208 (M)933 | 01:00:34 | 06.03 |
| 209 | 1355 | KLONOWSKI Robert | POZNAŃ | POL | KW PSP POZNAŃ | 71 | M40/209 (M)939 | 01:01:34 | 254 06.09 |
| 210 | 605 | BARANEK Grzegorz | WIELICHOWO | POL | | 72 | M40/210 (M)944 | 01:01:53 | 06.11 |
| 211 | 877 | NOWAK Leszek | SWARZĘDZ | POL | | 70 | M40/211 (M)947 | 01:02:21 | 06.14 |
| 212 | 931 | CHIBOWSKI Dariusz | POZNAŃ | POL | | 68 | M40/212 (M)954 | 01:03:13 | 06.19 |
| 213 | 16 | ŁUKASIK Sławomir | POZNAŃ | POL | | 69 | M40/213 (M)958 | 01:03:52 | 06.23 |
| 214 | 1572 | SKUZA Ruchard | WARSZAWA | POL | | 65 | M40/214 (M)959 | 01:04:02 | 06.24 |
| 215 | 27 | DYCHOWSKI Tomasz | KAMIONKI | POL | | 74 | M40/215 (M)960 | 01:04:11 | 06.25 |
| 216 | 1458 | ZGAIŃSKI Mariusz | ROSTARZEWO | POL | | 70 | M40/216 (M)961 | 01:04:14 | 06.25 |
| 217 | 1116 | DOMINO Konrad | POZNAŃ | POL | | 70 | M40/217 (M)963 | 01:04:38 | 06.27 |
| 218 | 911 | KULA Artur | BABIMOST | POL | | 71 | M40/218 (M)964 | 01:04:49 | 06.28 |
| 219 | 1075 | SZUPER Arkadiusz | GÓRA | POL | KW PSP WROCŁAW | 68 | M40/219 (M)966 | 01:05:04 | 257 06.30 |
| 220 | 71 | OPIŁKA Ernest | POLKOWICE | POL | KW PSP WROCŁAW | 71 | M40/220 (M)981 | 01:18:21 | 258 07.50 |

OPEN Mężczyźni KATEGORIA:M50

| | | | | | | | | | |
|----|------|--------------------------------|-------------------|-----|----------------------------|----|---------------|----------|-----------|
| 1 | 1493 | WOŹNIAK Janusz | TORUŃ | POL | KW PSP TORUŃ | 62 | M50/1 (M)37 | 00:36:43 | 23 03.40 |
| 2 | 699 | SIENKIEWICZ Czesław | KROTOSZYN | POL | | 58 | M50/2 (M)91 | 00:38:44 | 03.52 |
| 3 | 208 | ROSTEK Piotr | POZNAŃ | POL | | 61 | M50/3 (M)103 | 00:39:05 | 03.54 |
| 4 | 254 | PACUŁA Andrzej | GLIWICE | POL | | 64 | M50/4 (M)121 | 00:39:38 | 03.57 |
| 5 | 451 | PLACZEK Piotr | POZNAŃ | POL | | 62 | M50/5 (M)124 | 00:39:44 | 03.58 |
| 6 | 815 | KAPITAŃCZYK Marian | POZNAŃ | POL | | 55 | M50/6 (M)125 | 00:39:44 | 03.58 |
| 7 | 1523 | BOKUS Eugeniusz | WYSKOĆ | POL | | 63 | M50/7 (M)147 | 00:40:22 | 04.02 |
| 8 | 55 | KOWALA Marek | PTASZKOWO | POL | | 61 | M50/8 (M)157 | 00:40:45 | 04.04 |
| 9 | 941 | KURZAWSKI Wojciech | OSTRÓW WLKP | POL | | 62 | M50/9 (M)168 | 00:41:00 | 04.06 |
| 10 | 320 | ZAREMBA Janusz | POZNAŃ | POL | | 57 | M50/10 (M)177 | 00:41:09 | 04.06 |
| 11 | 1152 | WALIGÓRSKI Ryszard | WOLSZTYN | POL | | 57 | M50/11 (M)178 | 00:41:09 | 04.06 |
| 12 | 764 | PIETRUSZYŃSKI Gerard | MIĘDZYCHÓD | POL | | 58 | M50/12 (M)228 | 00:42:23 | 04.14 |
| 13 | 887 | ZIELEŃDA Andrzej | ROSTARZEWO | POL | | 61 | M50/13 (M)241 | 00:42:34 | 04.15 |
| 14 | 1368 | FRAŃCZKIEWICZ SĄGAJŁO Wojciech | GORZÓW WLKP. | POL | KW PSP GORZÓW WIELKOPOLSKI | 63 | M50/14 (M)289 | 00:43:26 | 115 04.20 |
| 15 | 281 | MARCINIAK Waldemar | RAKONIEWICE | POL | | 60 | M50/15 (M)301 | 00:43:39 | 04.21 |
| 16 | 1333 | CHRÓŚCIK Andrzej | GRODZISK WLKP. | POL | | 60 | M50/16 (M)304 | 00:43:41 | 04.22 |
| 17 | 900 | PIESIK Jarosław | ROSTARZEWO | POL | | 64 | M50/17 (M)316 | 00:43:55 | 04.23 |
| 18 | 378 | RATAJCZAK Rajmund | POZNAŃ | POL | | 62 | M50/18 (M)348 | 00:44:25 | 04.26 |
| 19 | 989 | GOLONKO Stanisław | GŁOGÓW | POL | | 58 | M50/19 (M)355 | 00:44:30 | 04.27 |
| 20 | 1484 | NĘDZUSIAK Dariusz | ALEKSANDRÓW | POL | KW PSP TORUŃ | 62 | M50/20 (M)362 | 00:44:36 | 139 04.27 |
| 21 | 829 | OTTO Tadeusz | LESZNO | POL | | 64 | M50/21 (M)379 | 00:44:52 | 04.29 |
| 22 | 727 | DAJEWSKI Andrzej | STARE OBORZYSKA | POL | | 59 | M50/22 (M)404 | 00:45:13 | 04.31 |
| 23 | 584 | SKOWROŃSKI Paweł | POZNAŃ | POL | | 55 | M50/23 (M)409 | 00:45:17 | 04.31 |
| 24 | 1071 | SKRZYPCZAK Marian | PIANOWO | POL | | 59 | M50/24 (M)444 | 00:45:56 | 04.35 |
| 25 | 780 | RATAJCZAK Grzegorz | PUSZCZYKÓWKO | POL | | 55 | M50/25 (M)447 | 00:46:07 | 04.36 |
| 26 | 812 | PRZYBYŁA Tomasz | ROSTARZEWO | POL | | 64 | M50/26 (M)448 | 00:46:08 | 04.36 |
| 27 | 966 | ŁUCZAK Sławomir | RAKONIEWICE | POL | | 64 | M50/27 (M)454 | 00:46:17 | 04.37 |
| 28 | 1258 | GEISLER Marek | POZNAŃ | POL | KW PSP POZNAŃ | 59 | M50/28 (M)474 | 00:46:45 | 164 04.40 |
| 29 | 313 | KUBIŚ Andrzej | RYDZYNA | POL | | 63 | M50/29 (M)479 | 00:46:51 | 04.41 |
| 30 | 852 | NOWICKI Jacek | POZNAŃ | POL | | 63 | M50/30 (M)515 | 00:47:32 | 04.45 |
| 31 | 558 | BABIAK Mikołaj | POZNAŃ | POL | | 62 | M50/31 (M)567 | 00:48:23 | 04.50 |
| 32 | 530 | PIECZYŃSKI Wojciech | OSIECZNA | POL | | 59 | M50/32 (M)597 | 00:48:55 | 04.53 |
| 33 | 593 | BUDNER Waldemar w. | POZNAŃ | POL | | 62 | M50/33 (M)598 | 00:48:56 | 04.53 |
| 34 | 660 | BUZAŁA Walenty | STARA ŁUBIANKA | POL | | 61 | M50/34 (M)605 | 00:49:11 | 04.55 |
| 35 | 1132 | ROGACZEWSKI Jan | POZNAŃ | POL | KW PSP POZNAŃ | 64 | M50/35 (M)617 | 00:49:22 | 193 04.56 |
| 36 | 453 | MASZTALERZ Zbigniew | JERZYKOWO | POL | | 62 | M50/36 (M)619 | 00:49:24 | 04.56 |
| 37 | 137 | TOMCZYK Stanisław | POZNAŃ | POL | | 62 | M50/37 (M)624 | 00:49:29 | 04.56 |
| 38 | 285 | PAJCHROWSKI Wojciech | BABIMOST | POL | | 62 | M50/38 (M)626 | 00:49:30 | 04.57 |
| 39 | 661 | KOWALSKI Zbigniew | STARA ŁUBIANKA | POL | | 59 | M50/39 (M)637 | 00:49:42 | 04.58 |
| 40 | 88 | WIŚNIEWSKI Piotr | GRUDZIĄDZ | POL | | 62 | M50/40 (M)653 | 00:49:59 | 04.59 |
| 41 | 657 | GROCHOLEWSKI Leszek | LUBOŃ | POL | | 63 | M50/41 (M)670 | 00:50:12 | 05.01 |
| 42 | 454 | ŚWIERCZYŃSKI Krzysztof | BYDGOSZCZ | POL | | 63 | M50/42 (M)671 | 00:50:12 | 05.01 |
| 43 | 83 | WYDMUCH Marek | ZĄBKOWICE ŚLĄSKIE | POL | KW PSP WROCŁAW | 62 | M50/43 (M)677 | 00:50:21 | 213 05.02 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age Sex | Czas Time | [min/km] |
|--------------|--------|------------------------|------------------|----------|--------------|---------|------------------------|-----------|----------|
| 44 | 927 | MALAJKA Józef | WOLSZTYN | POL | | 64 | M50/44 (M)678 | 00:50:22 | 05.02 |
| 45 | 448 | POCZĄTEK Michał | PILA | POL | | 55 | M50/45 (M)684 | 00:50:40 | 05.04 |
| 46 | 527 | ŁABUZ Marek ignacy | WROCLAW | POL | | 56 | M50/46 (M)687 | 00:50:45 | 05.04 |
| 47 | 1193 | DATKIEWICZ Marian | SULECHÓW | POL | | 55 | M50/47 (M)692 | 00:50:51 | 05.05 |
| 48 | 406 | RADAJEWSKI Krzysztof | ROSTARZEWO | POL | | 60 | M50/48 (M)704 | 00:51:14 | 05.07 |
| 49 | 922 | GÓRNY Marek | ŚWIĘCIECHOWA | POL | | 55 | M50/49 (M)707 | 00:51:16 | 05.07 |
| 50 | 352 | PROSZAK Bogdan | POZNAŃ | POL | | 56 | M50/50 (M)710 | 00:51:19 | 05.07 |
| 51 | 542 | DUDZIAK Jerzy | KOSCIAN | POL | | 63 | M50/51 (M)715 | 00:51:29 | 05.08 |
| 52 | 1580 | KOŁODZIEJCZYK Dariusz | POZNAŃ | POL | | 64 | M50/52 (M)739 | 00:52:10 | 05.13 |
| 53 | 1409 | BERESZYŃSKI Bernard | GRODZISK WLKP | POL | | 64 | M50/53 (M)745 | 00:52:15 | 05.13 |
| 54 | 491 | CIEŚLAK Andrzej | POZNAŃ | POL | | 56 | M50/54 (M)747 | 00:52:17 | 05.13 |
| 55 | 1371 | SWORNOWSKI Krzysztof | POZNAŃ | POL | | 61 | M50/55 (M)748 | 00:52:18 | 05.13 |
| 56 | 401 | WOJNOWSKI Leonard | POZNAŃ | POL | | 60 | M50/56 (M)757 | 00:52:33 | 05.15 |
| 57 | 115 | JANASZAK Jacek | POZNAŃ | POL | | 60 | M50/57 (M)758 | 00:52:35 | 05.15 |
| 58 | 54 | PYTA Grzegorz | GRODZISK WLKP. | POL | | 60 | M50/58 (M)762 | 00:52:38 | 05.15 |
| 59 | 754 | GÓRKIEWICZ Krzysztof | GOSTYŃ | POL | | 57 | M50/59 (M)765 | 00:52:48 | 05.16 |
| 60 | 872 | ZAWADZKI Krzysztof | STARY KISIELIN | POL | | 56 | M50/60 (M)770 | 00:52:59 | 05.17 |
| 61 | 188 | WAJNOR Waldemar | POZNAŃ | POL | | 59 | M50/61 (M)776 | 00:53:07 | 05.18 |
| 62 | 187 | WOŹNIAK Tomasz | POZNAŃ | POL | | 57 | M50/62 (M)778 | 00:53:09 | 05.18 |
| 63 | 101 | SALITA Lech | GNIEZNO | POL | | 60 | M50/63 (M)781 | 00:53:13 | 05.19 |
| 64 | 827 | BARTELA Janusz | WRONKI | POL | | 57 | M50/64 (M)787 | 00:53:22 | 05.20 |
| 65 | 12 | GROBELNY Ryszard | POZNAŃ | POL | | 63 | M50/65 (M)788 | 00:53:23 | 05.20 |
| 66 | 368 | GRZEŚ Marek | ŚREM | POL | | 58 | M50/66 (M)793 | 00:53:28 | 05.20 |
| 67 | 1473 | PIWOSZ Andrzej | GRODZISK WLKP. | POL | | 60 | M50/67 (M)801 | 00:53:45 | 05.22 |
| 68 | 1126 | STACHOWIAK Mirosław | KAMIENIEC | POL | | 63 | M50/68 (M)805 | 00:53:52 | 05.23 |
| 69 | 1041 | EKSTEROWICZ Marek | RAKONIEWICE | POL | | 63 | M50/69 (M)824 | 00:54:38 | 05.27 |
| 70 | 787 | FUNKA Andrzej | NOWY TOMYŚL | POL | | 60 | M50/70 (M)828 | 00:54:56 | 05.29 |
| 71 | 1497 | WARA - WAŚOWSKI Maciej | ŁÓDŹ | POL | | 63 | M50/71 (M)832 | 00:55:12 | 05.31 |
| 72 | 337 | CHUDZICKI Waldemar | ŁĘCZYCA | POL | | 59 | M50/72 (M)852 | 00:56:32 | 05.39 |
| 73 | 823 | GAMROWSKI Grzegorz | GRODZISK WLKP | POL | | 57 | M50/73 (M)853 | 00:56:36 | 05.39 |
| 74 | 170 | BEDNAREK Roman | POZNAŃ | POL | | 60 | M50/74 (M)856 | 00:56:41 | 05.40 |
| 75 | 15 | MENDEL Maciej | GRODZISK | POL | | 64 | M50/75 (M)861 | 00:56:58 | 05.41 |
| 76 | 492 | BIENIEK Grzegorz | LESZNO | POL | | 57 | M50/76 (M)864 | 00:57:03 | 05.42 |
| 77 | 749 | JANOWICZ Zbigniew | OPALENICA | POL | | 58 | M50/77 (M)867 | 00:57:04 | 05.42 |
| 78 | 120 | CANDER Jerzy | WĄBRZEŻNO | POL | | 58 | M50/78 (M)902 | 00:58:45 | 05.52 |
| 79 | 143 | ŻUREK Jan | STRZAŁKOWO | POL | | 60 | M50/79 (M)909 | 00:59:10 | 05.55 |
| 80 | 881 | KOPRUCKI Roman | WOJNOWICE WLKP | POL | | 61 | M50/80 (M)912 | 00:59:19 | 05.55 |
| 81 | 216 | PIATKOWIAK Jerzy | OPALENICA | POL | | 57 | M50/81 (M)930 | 01:00:15 | 06.01 |
| 82 | 555 | OPACZYK Paweł | POZNAŃ | POL | | 57 | M50/82 (M)935 | 01:00:54 | 06.05 |
| 83 | 1049 | BRONIECKI Ireneusz | OPALENICA | POL | | 58 | M50/83 (M)946 | 01:02:14 | 06.13 |
| 84 | 720 | STEMPNIAK Bogdan | POZNAŃ | POL | | 62 | M50/84 (M)969 | 01:05:48 | 06.34 |
| 85 | 397 | MACIEJOWSKI Wiktor | POZNAŃ | POL | | 55 | M50/85 (M)975 | 01:08:31 | 06.51 |
| 86 | 624 | DRGAS Andrzej | LUBOŃ | POL | | 55 | M50/86 (M)978 | 01:15:46 | 07.34 |

OPEN Mężczyźni KATEGORIA:M60

| | | | | | | | | | |
|----|------|---------------------------|---------------|-----|--|----|---------------|----------|-------|
| 1 | 1174 | BOECKI Stanisław waldemar | PILA | POL | | 54 | M60/1 (M)206 | 00:41:53 | 04.11 |
| 2 | 890 | BRONOWSKI Ryszard | STARY TOMYŚL | POL | | 49 | M60/2 (M)269 | 00:43:13 | 04.19 |
| 3 | 1021 | KWIATKOWSKI Tadeusz | WIELEN | POL | | 51 | M60/3 (M)383 | 00:44:54 | 04.29 |
| 4 | 425 | POLEĆ Wiesław | PILA | POL | | 49 | M60/4 (M)439 | 00:45:50 | 04.35 |
| 5 | 1172 | TOMCZAK Zbigniew roman | GNIEZNO | POL | | 54 | M60/5 (M)458 | 00:46:22 | 04.38 |
| 6 | 617 | MAĆKOWIAK Valery | KROTOSZYN | POL | | 54 | M60/6 (M)570 | 00:48:27 | 04.50 |
| 7 | 11 | BZDRĘGA Franciszek | POZNAŃ | POL | | 54 | M60/7 (M)611 | 00:49:18 | 04.55 |
| 8 | 886 | ZDZIECHOWSKI Kazimierz | | POL | | 50 | M60/8 (M)625 | 00:49:30 | 04.57 |
| 9 | 262 | MAKOWSKI Janusz | POZNAŃ | POL | | 53 | M60/9 (M)675 | 00:50:19 | 05.01 |
| 10 | 1053 | KUBASZEWSKI Henryk | LESZNO | POL | | 51 | M60/10 (M)686 | 00:50:43 | 05.04 |
| 11 | 905 | BEDNARSKI Józef | POZNAŃ | POL | | 46 | M60/11 (M)694 | 00:50:51 | 05.05 |
| 12 | 970 | BERNACKI Zbigniew | GRODZISK WLKP | POL | | 50 | M60/12 (M)722 | 00:51:38 | 05.09 |
| 13 | 1004 | ŁOPIŃSKI Aleksy | PILA | POL | | 48 | M60/13 (M)736 | 00:52:02 | 05.12 |
| 14 | 457 | MAJERYK Edward | JASIEŃ | POL | | 49 | M60/14 (M)790 | 00:53:24 | 05.20 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age Sex | Czas Time | [min/km] |
|--------------|--------|----------------------|------------------|----------|--------------|---------|------------------------|-----------|----------|
| 15 | 946 | BYKOWSKI Bogdan | STARY KISIELIN | POL | | 49 | M60/15 (M)810 | 00:54:00 | 05.24 |
| 16 | 981 | SZYMKOWSKI Czesław | POZNAŃ | POL | | 48 | M60/16 (M)835 | 00:55:23 | 05.32 |
| 17 | 528 | BILON Bogdan | SULECHÓW | POL | | 51 | M60/17 (M)848 | 00:56:12 | 05.37 |
| 18 | 977 | DAWID Jerzy | SULECHÓW | POL | | 46 | M60/18 (M)886 | 00:58:00 | 05.48 |
| 19 | 1495 | MAĆKOWIAK Jerzy | WOLSZTYN | POL | | 47 | M60/19 (M)895 | 00:58:32 | 05.51 |
| 20 | 917 | ROJ Roman | GRODZISK WLKP | POL | | 54 | M60/20 (M)906 | 00:58:53 | 05.53 |
| 21 | 938 | ZAWŁOCKI Marek | POZNAŃ | POL | | 49 | M60/21 (M)914 | 00:59:21 | 05.56 |
| 22 | 1367 | KOBYLINSKI Piotr | KOBYLNICA | POL | | 52 | M60/22 (M)918 | 00:59:28 | 05.56 |
| 23 | 157 | STAWIARZ January | POZNAŃ | POL | | 53 | M60/23 (M)919 | 00:59:42 | 05.58 |
| 24 | 796 | HOROWSKI Michał | POZNAŃ | POL | | 52 | M60/24 (M)953 | 01:03:06 | 06.18 |
| 25 | 203 | PRZYBYLAK Stanisław | POZNAN | POL | | 46 | M60/25 (M)955 | 01:03:24 | 06.20 |
| 26 | 772 | MIS Roman | POZNAŃ | POL | | 53 | M60/26 (M)968 | 01:05:17 | 06.31 |

OPEN Mężczyźni KATEGORIA:M70

| | | | | | | | | | |
|---|------|---------------------|-----------------|-----|--|----|--------------|----------|-------|
| 1 | 1455 | MUDRY Henryk | WOLSZTYN | POL | | 39 | M70/1 (M)841 | 00:55:50 | 05.35 |
| 2 | 1450 | STASIŃSKI Stanisław | POZNAŃ | POL | | 44 | M70/2 (M)878 | 00:57:30 | 05.45 |
| 3 | 1452 | SZKUDLAREK Michał | PRZYSIEKA STARA | POL | | 33 | M70/3 (M)938 | 01:01:10 | 06.07 |

OPEN Kobiety KATEGORIA:M16

| | | | | | | | | | |
|----|-----|--------------------|----------------|-----|--|----|---------------|----------|-------|
| 1 | 844 | MACIĄG Magdalena | BOLEWICE | POL | | 98 | M16/1 (K)29 | 00:46:31 | 04.39 |
| 2 | 748 | JANOWICZ Honorata | OPALENICA | POL | | 95 | M16/2 (K)58 | 00:49:34 | 04.57 |
| 3 | 236 | SKRZYPCZAK Daria | WIELICHOWO | POL | | 97 | M16/3 (K)105 | 00:52:25 | 05.14 |
| 4 | 798 | WALCZAK Katarzyna | POZNAŃ | POL | | 97 | M16/4 (K)130 | 00:53:54 | 05.23 |
| 5 | 594 | WĘGRZYN Klaudia | GRODZISK | POL | | 96 | M16/5 (K)155 | 00:55:36 | 05.33 |
| 6 | 738 | FABIŚ Patrycja | WOLSZTYN | POL | | 95 | M16/6 (K)199 | 00:58:01 | 05.48 |
| 7 | 125 | WITKOWSKA Izabela | KAMIONKI | POL | | 98 | M16/7 (K)271 | 01:03:51 | 06.23 |
| 8 | 477 | BANACH Aleksandra | GRODZISK | POL | | 96 | M16/8 (K)302 | 01:08:00 | 06.48 |
| 9 | 60 | POCZTOWA Paulina | GRODZISK | POL | | 96 | M16/9 (K)303 | 01:08:00 | 06.48 |
| 10 | 63 | MICHALSKA Monika | GRODZISK WLKP. | POL | | 96 | M16/10 (K)304 | 01:08:00 | 06.48 |
| 11 | 227 | CEGLAREK Magdalena | ROSTARZEWO | POL | | 96 | M16/11 (K)313 | 01:12:28 | 07.14 |

OPEN Kobiety KATEGORIA:K20

| | | | | | | | | | |
|----|------|-----------------------|-------------------|-----|--|----|--------------|----------|-------|
| 1 | 1525 | KORYTKOWSKA Justyna | ŁOMŻA | POL | | 86 | K20/1 (K)1 | 00:37:40 | 03.46 |
| 2 | 275 | ANDRZEJEWSKA Marta | BOSZKOWO-LETNISKO | POL | | 93 | K20/2 (K)4 | 00:41:09 | 04.06 |
| 3 | 948 | KACZMAREK Ewa | MIESZKOWICE | POL | | 89 | K20/3 (K)9 | 00:43:01 | 04.18 |
| 4 | 843 | MACIĄG Iwona | BOLEWICE | POL | | 88 | K20/4 (K)11 | 00:43:18 | 04.19 |
| 5 | 732 | PERZ Emilia | NOWY TOMYŚL | POL | | 90 | K20/5 (K)13 | 00:44:23 | 04.26 |
| 6 | 1034 | WROTECKA Katarzyna | UJŚCIE | POL | | 87 | K20/6 (K)15 | 00:44:36 | 04.27 |
| 7 | 160 | KNIAT Joanna | ZŁOTNIKI | POL | | 87 | K20/7 (K)16 | 00:44:40 | 04.28 |
| 8 | 173 | GRZELAK Maria | GNIEZNO | POL | | 90 | K20/8 (K)17 | 00:44:48 | 04.28 |
| 9 | 168 | MELCER Katarzyna | PSZCZEW | POL | | 88 | K20/9 (K)19 | 00:45:25 | 04.32 |
| 10 | 830 | DAJEWSKA Marta | STARE OBORZYSKA | POL | | 90 | K20/10 (K)20 | 00:45:34 | 04.33 |
| 11 | 918 | NOWAK Magdalena | UJAZD - HUBY | POL | | 89 | K20/11 (K)23 | 00:45:39 | 04.33 |
| 12 | 974 | ŚWIĄTEK Agata | OPALENICA | POL | | 93 | K20/12 (K)27 | 00:46:13 | 04.37 |
| 13 | 861 | NOWACKA Natalia | ŻABNO | POL | | 87 | K20/13 (K)31 | 00:46:36 | 04.39 |
| 14 | 513 | KAMIŃSKA Beata | POZNAŃ | POL | | 86 | K20/14 (K)32 | 00:46:48 | 04.40 |
| 15 | 163 | SYPEK Angelika | WROCLAW | POL | | 87 | K20/15 (K)34 | 00:46:50 | 04.41 |
| 16 | 114 | PRZYBYLAK Dorota | SWARZEDZ/JASIN | POL | | 93 | K20/16 (K)35 | 00:47:00 | 04.42 |
| 17 | 283 | TYLL Agnieszka | POZNAŃ | POL | | 90 | K20/17 (K)38 | 00:47:27 | 04.44 |
| 18 | 1194 | DATKIEWICZ Joanna | SULECHÓW | POL | | 90 | K20/18 (K)41 | 00:47:53 | 04.47 |
| 19 | 249 | SAMÓL Karolina | OSIECZNA | POL | | 90 | K20/19 (K)48 | 00:48:54 | 04.53 |
| 20 | 613 | HIRSZFELD Natalia | OPALENICA | POL | | 90 | K20/20 (K)54 | 00:49:15 | 04.55 |
| 21 | 1057 | PAŁASIK Malwina maria | POZNAŃ | POL | | 90 | K20/21 (K)57 | 00:49:34 | 04.57 |
| 22 | 98 | KACZMAREK Katarzyna | BABIMOST | POL | | 92 | K20/22 (K)61 | 00:49:40 | 04.58 |
| 23 | 1370 | SWORNOWSKA Maria | POZNAŃ | POL | | 94 | K20/23 (K)62 | 00:49:45 | 04.58 |
| 24 | 962 | SZYMKOWIAK Weronika | POZNAŃ | POL | | 85 | K20/24 (K)67 | 00:50:15 | 05.01 |
| 25 | 171 | KAMIŃSKA Kajetana | POZNAŃ | POL | | 89 | K20/25 (K)70 | 00:50:25 | 05.02 |
| 26 | 540 | SZYDŁOWSKA Paulina | POZNAŃ | POL | | 88 | K20/26 (K)75 | 00:50:49 | 05.04 |
| 27 | 20 | STĘPIEŃ Magdalena | GRODZISK WLKP. | POL | | 87 | K20/27 (K)79 | 00:50:56 | 05.05 |
| 28 | 363 | MEISSNER Ada | SWARZĘDZ | POL | | 88 | K20/28 (K)83 | 00:51:07 | 05.06 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age Sex | Czas Time | [min/km] |
|---------------------|---------------|----------------------------------|-------------------------|-----------------|---------------------|----------------|-------------------------------|------------------|-----------------|
| 29 | 1273 | LUKS Martyna | POZNAN | POL | | 85 | K20/29 (K)85 | 00:51:15 | 05.07 |
| 30 | 1445 | ZIOMEK Ewelina | WITNICA | POL | | 94 | K20/30 (K)86 | 00:51:18 | 05.07 |
| 31 | 303 | STĘPIEŃ Joanna | POLKOWICE | POL | | 87 | K20/31 (K)92 | 00:51:28 | 05.08 |
| 32 | 1154 | KUŚ Katarzyna joanna | TWARDOGÓRA | POL | | 91 | K20/32 (K)94 | 00:51:48 | 05.10 |
| 33 | 719 | GÓRNIŚWICZ Katarzyna | KLESZCZÓW | POL | | 87 | K20/33 (K)102 | 00:52:14 | 05.13 |
| 34 | 466 | WAWRZYŃIAK Marta | BORUJA KOŚCIELNA | POL | | 92 | K20/34 (K)104 | 00:52:24 | 05.14 |
| 35 | 1011 | KACZMAREK Joanna | PNIEWY | POL | | 85 | K20/35 (K)110 | 00:52:49 | 05.16 |
| 36 | 1013 | SZANDROCHA Urszula | POZNAŃ | POL | | 90 | K20/36 (K)114 | 00:53:04 | 05.18 |
| 37 | 546 | SZAJDAK Ada | SZAMOTUŁY | POL | | 89 | K20/37 (K)119 | 00:53:15 | 05.19 |
| 38 | 211 | SICIŃSKA Magdalena | GRODZISK WLKP. | POL | | 91 | K20/38 (K)125 | 00:53:31 | 05.21 |
| 39 | 576 | WEISS Magdalena | WOLSZTYN | POL | | 87 | K20/39 (K)132 | 00:54:10 | 05.25 |
| 40 | 536 | GRZOSEK Patrycja | WIELICHOWO | POL | | 93 | K20/40 (K)134 | 00:54:32 | 05.27 |
| 41 | 1040 | EKSTEROWICZ Anna maria | RAKONIEWICE | POL | | 90 | K20/41 (K)138 | 00:54:38 | 05.27 |
| 42 | 1007 | GARZEŁ Paulina | RAKONIEWICE | POL | | 92 | K20/42 (K)139 | 00:54:38 | 05.27 |
| 43 | 818 | KRAWCZYK Katarzyna | NOWY TOMYSL | POL | | 92 | K20/43 (K)146 | 00:54:59 | 05.29 |
| 44 | 566 | STRÓŻNIAK Anna | SWARZĘDZ | POL | | 90 | K20/44 (K)157 | 00:55:40 | 05.34 |
| 45 | 1534 | STROJNA- GRZYBOWSKA Marta sylwia | SZCZECIN | POL | | 87 | K20/45 (K)159 | 00:55:52 | 05.35 |
| 46 | 650 | KUBIAK Roksana | GOLINA | POL | | 89 | K20/46 (K)162 | 00:56:00 | 05.36 |
| 47 | 1082 | HIRSCH Agnieszka | POZNAŃ | POL | | 86 | K20/47 (K)163 | 00:56:01 | 05.36 |
| 48 | 636 | BARTKOWIAK Natalia | GRODZISK | POL | | 92 | K20/48 (K)167 | 00:56:15 | 05.37 |
| 49 | 582 | NAPIERALSKA Martyna | GRODZISK WLKP. | POL | | 88 | K20/49 (K)171 | 00:56:21 | 05.38 |
| 50 | 925 | KOKORNACZYK Katarzyna | WOLSZTYN | POL | | 89 | K20/50 (K)172 | 00:56:23 | 05.38 |
| 51 | 1531 | NAPIERALSKA Katarzyna | RAKONIEWICE | POL | | 87 | K20/51 (K)174 | 00:56:25 | 05.38 |
| 52 | 833 | BOSACKA Lidia | GNIEZNO | POL | | 86 | K20/52 (K)177 | 00:56:37 | 05.39 |
| 53 | 550 | CICHOWLAS Weronika | OPALENICA | POL | | 87 | K20/53 (K)185 | 00:57:02 | 05.42 |
| 54 | 233 | GUCIA Aleksandra | KAMIENIEC | POL | | 92 | K20/54 (K)189 | 00:57:09 | 05.42 |
| 55 | 799 | WALCZAK Barbara | POZNAŃ | POL | | 94 | K20/55 (K)190 | 00:57:14 | 05.43 |
| 56 | 781 | GOLCZAK Marta | RAKONIEWICE | POL | | 86 | K20/56 (K)193 | 00:57:26 | 05.44 |
| 57 | 1030 | MATYSIAK Marzena | RUCHOCICE | POL | | 86 | K20/57 (K)197 | 00:57:50 | 05.47 |
| 58 | 777 | KARCZ Patrycja | WOLSZTYN | POL | | 86 | K20/58 (K)200 | 00:58:10 | 05.49 |
| 59 | 139 | FLIEGNER Julia | POZNAŃ | POL | | 85 | K20/59 (K)206 | 00:58:45 | 05.52 |
| 60 | 901 | ŁAWECKA Katarzyna | WOŁOMIN | POL | | 87 | K20/60 (K)212 | 00:59:08 | 05.54 |
| 61 | 1157 | POPIELA Anna | SAMOTUŁY | POL | | 91 | K20/61 (K)216 | 00:59:34 | 05.57 |
| 62 | 231 | NOWICKA Dominika | GRODZISK | POL | | 88 | K20/62 (K)220 | 00:59:39 | 05.57 |
| 63 | 896 | HEJNAR Magdalena | GRODZISK | POL | | 88 | K20/63 (K)222 | 00:59:43 | 05.58 |
| 64 | 509 | GIEDROJĆ Anna | POZNAŃ | POL | | 90 | K20/64 (K)225 | 00:59:54 | 05.59 |
| 65 | 725 | BUSZEWSKA Joanna | WOLSZTYN | POL | | 87 | K20/65 (K)229 | 01:00:09 | 06.00 |
| 66 | 385 | SZKLAREK Anna | NOWY TOMYŚL | POL | | 92 | K20/66 (K)231 | 01:00:14 | 06.01 |
| 67 | 1131 | STILLER Anna | POZNAŃ | POL | | 86 | K20/67 (K)237 | 01:00:43 | 06.04 |
| 68 | 570 | WIECZOREK Anna | POZNAŃ | POL | | 86 | K20/68 (K)239 | 01:00:45 | 06.04 |
| 69 | 789 | GAŚSIOR Justyna | POZNAŃ | POL | | 86 | K20/69 (K)240 | 01:00:45 | 06.04 |
| 70 | 482 | MIŚ Dominika | GRODZISK WLKP. | POL | | 89 | K20/70 (K)242 | 01:00:51 | 06.05 |
| 71 | 427 | BORKOWSKA Katarzyna | POZNAŃ | POL | | 85 | K20/71 (K)244 | 01:01:07 | 06.06 |
| 72 | 96 | NOWAK Dominika | POZNAŃ | POL | | 90 | K20/72 (K)248 | 01:01:50 | 06.11 |
| 73 | 1449 | OLEJNICZAK Monika | WOLSZTYN | POL | | 86 | K20/73 (K)249 | 01:01:51 | 06.11 |
| 74 | 876 | SŁOMIANY Renata | GNIEWKOWO | POL | | 87 | K20/74 (K)257 | 01:02:12 | 06.13 |
| 75 | 380 | BRANICKA Anna | ŚWIECIE | POL | | 86 | K20/75 (K)260 | 01:02:21 | 06.14 |
| 76 | 1520 | WRÓBEL Marta | TARNOWSKIE GÓRY | POL | | 91 | K20/76 (K)262 | 01:02:30 | 06.15 |
| 77 | 1506 | DŻUGAJ Krystyna | POZNAŃ | POL | | 89 | K20/77 (K)263 | 01:02:39 | 06.15 |
| 78 | 334 | KACZOR Agnieszka | GOŹDZIN | POL | | 91 | K20/78 (K)266 | 01:03:30 | 06.21 |
| 79 | 156 | PRZYBYŁA Alicja | WOLSZTYN | POL | | 89 | K20/79 (K)269 | 01:03:38 | 06.21 |
| 80 | 279 | RĘKOŚ Natalia | LESZNO | POL | | 89 | K20/80 (K)274 | 01:04:06 | 06.24 |
| 81 | 480 | PIETREK Monika | POZNAŃ | POL | | 87 | K20/81 (K)277 | 01:04:19 | 06.25 |
| 82 | 984 | SOCHACKA Anna | OPALENICA | POL | | 91 | K20/82 (K)278 | 01:04:36 | 06.27 |
| 83 | 4 | KAŃDUŁA Marlena | POZNAŃ | POL | | 87 | K20/83 (K)279 | 01:04:41 | 06.28 |
| 84 | 667 | SOBCZAK Agata | GOLINA | POL | | 85 | K20/84 (K)288 | 01:06:04 | 06.36 |
| 85 | 541 | RORCZAK Justyna | GRODZISK WLKP. | POL | | 87 | K20/85 (K)292 | 01:06:25 | 06.38 |
| 86 | 642 | SZYMANDERA Sandra | POZNAŃ | POL | | 87 | K20/86 (K)296 | 01:06:47 | 06.40 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age Sex | Czas Time | [min/km] |
|--------------|--------|-----------------------|------------------|----------|--------------|---------|------------------------|-----------|----------|
| 87 | 225 | KOKORNACZYK Agnieszka | TŁOKI | | POL | 92 | K20/87 (K)297 | 01:06:55 | 06.41 |
| 88 | 538 | KOŁODZIEJCZAK Klaudia | MOSINA | | POL | 92 | K20/88 (K)300 | 01:07:26 | 06.44 |
| 89 | 838 | MAĆKOWIAK Katarzyna | RAKONIEWICE | | POL | 90 | K20/89 (K)309 | 01:09:54 | 06.59 |
| 90 | 996 | KOWALSKA Barbara | WOLSZTYN | | POL | 88 | K20/90 (K)312 | 01:11:40 | 07.10 |
| 91 | 574 | KREFT Małgorzata | ZBĄSZYŃ | | POL | 87 | K20/91 (K)316 | 01:12:46 | 07.16 |

OPEN Kobiety KATEGORIA:K30

| | | | | | | | | | |
|----|------|-----------------------------------|-----------------|--|-----|----|---------------|----------|-----------|
| 1 | 1400 | GOLAK Agnieszka | WYRZEKA | | POL | 76 | K30/1 (K)2 | 00:39:44 | 03.58 |
| 2 | 302 | JOPEK - LUBIK Iliana | LUBOŃ | | POL | 77 | K30/2 (K)3 | 00:41:03 | 04.06 |
| 3 | 757 | PIETRUSZKA Katarzyna | WOLSZTYN | | POL | 77 | K30/3 (K)5 | 00:41:19 | 04.07 |
| 4 | 680 | KNAFLEWSKA Justyna | LESZNO | | POL | 79 | K30/4 (K)10 | 00:43:06 | 04.18 |
| 5 | 118 | KANIEWSKA Agnieszka | POZNAŃ | | POL | 79 | K30/5 (K)12 | 00:44:11 | 04.25 |
| 6 | 750 | JARCZYŃSKA Anna | MOSINA | | POL | 76 | K30/6 (K)18 | 00:45:19 | 04.31 |
| 7 | 172 | RUTA Karolina | ZAKRZEWO | | POL | 82 | K30/7 (K)21 | 00:45:34 | 04.33 |
| 8 | 632 | WOŻNA Marta | PERKOWO | | POL | 82 | K30/8 (K)25 | 00:46:09 | 04.36 |
| 9 | 122 | STELMASZCZYK Anita | OBORNIKI | | POL | 83 | K30/9 (K)30 | 00:46:32 | 04.39 |
| 10 | 654 | HOŁYŃSKA Zuzanna | ZBĄSZYNEK | | POL | 75 | K30/10 (K)33 | 00:46:49 | 04.40 |
| 11 | 345 | MICHALAK Aleksandra | POZNAŃ | | POL | 81 | K30/11 (K)36 | 00:47:01 | 04.42 |
| 12 | 889 | MICHALIK-TOMCZAK Hanna | POZNAŃ | | POL | 76 | K30/12 (K)40 | 00:47:41 | 04.46 |
| 13 | 955 | BAIER-JASTRZĄBEK Marta | ROŻNOWO | | POL | 79 | K30/13 (K)43 | 00:47:58 | 04.47 |
| 14 | 839 | MRUGALSKA-WAJS Monika | WOLSZTYN | | POL | 81 | K30/14 (K)44 | 00:48:20 | 04.50 |
| 15 | 575 | WĘCŁAWEK Agnieszka | POZNAŃ | | POL | 78 | K30/15 (K)46 | 00:48:50 | 04.53 |
| 16 | 763 | CIEŚLEWICZ-GALAS Katarzyna | POZNAŃ | | POL | 79 | K30/16 (K)49 | 00:48:57 | 04.53 |
| 17 | 951 | WAWIÓRKO Ania | POZNAŃ | | POL | 83 | K30/17 (K)50 | 00:48:57 | 04.53 |
| 18 | 598 | CHRÓSCIEL Aleksandra | NOWA SÓL | | POL | 80 | K30/18 (K)53 | 00:49:02 | 04.54 |
| 19 | 478 | JACHIMOWSKA Anna | POZNAŃ | | POL | 79 | K30/19 (K)55 | 00:49:16 | 04.55 |
| 20 | 186 | ŚWIERZOWSKA Magdalena | POZNAŃ | | POL | 78 | K30/20 (K)59 | 00:49:34 | 04.57 |
| 21 | 563 | SUMIŚLAWSKA Agnieszka | KOŻUCHÓW | | POL | 75 | K30/21 (K)64 | 00:49:47 | 04.58 |
| 22 | 716 | KASPERCZAK Katarzyna | NOWY TOMYŚL | | POL | 76 | K30/22 (K)65 | 00:49:53 | 04.59 |
| 23 | 665 | TRYBUŚ-STARK Agnieszka | MOSINA | | POL | 84 | K30/23 (K)71 | 00:50:28 | 05.02 |
| 24 | 483 | MACHOWICZ Jolanta | GOSTYŃ | | POL | 75 | K30/24 (K)73 | 00:50:37 | 05.03 |
| 25 | 520 | PISKORZ Sylwia | SIEDLEC | | POL | 75 | K30/25 (K)74 | 00:50:39 | 05.03 |
| 26 | 978 | NOWAKOWSKA Karolina | POZNAŃ | | POL | 77 | K30/26 (K)77 | 00:50:51 | 05.05 |
| 27 | 1287 | CICHOŃ Joanna | TARNOWSKIE GÓRY | | POL | 83 | K30/27 (K)78 | 00:50:55 | 216 05.05 |
| 28 | 1312 | BĄCZYK Jolanta | RAKONIEWICE | | POL | 84 | K30/28 (K)81 | 00:51:02 | 05.06 |
| 29 | 1345 | PLEWA Dominika | LESZNO | | POL | 84 | K30/29 (K)82 | 00:51:04 | 05.06 |
| 30 | 1170 | SOBIESZEK Justyna | KOPANICA | | POL | 80 | K30/30 (K)84 | 00:51:10 | 05.07 |
| 31 | 92 | BABUŚKA Barbara | WROCLAW | | POL | 81 | K30/31 (K)87 | 00:51:19 | 220 05.07 |
| 32 | 1134 | CYTAWA Ilona | WOŁÓW | | POL | 75 | K30/32 (K)89 | 00:51:21 | 222 05.08 |
| 33 | 867 | PIGULA Agnieszka | POZNAŃ | | POL | 78 | K30/33 (K)90 | 00:51:22 | 05.08 |
| 34 | 1537 | KASZUBSKA Barbara | KOŻUCHÓW | | POL | 83 | K30/34 (K)93 | 00:51:31 | 05.09 |
| 35 | 370 | ŁOCMAN Alicja | LUBOŃ | | POL | 80 | K30/35 (K)96 | 00:51:50 | 05.11 |
| 36 | 845 | STACHOWSKA Ewelina | ŚNIATY | | POL | 78 | K30/36 (K)97 | 00:51:51 | 05.11 |
| 37 | 744 | FILIPIAK Katarzyna | MOSINA | | POL | 84 | K30/37 (K)98 | 00:51:58 | 05.11 |
| 38 | 308 | OZIMEK-BOREK Anna | POZNAŃ | | POL | 78 | K30/38 (K)101 | 00:52:10 | 05.13 |
| 39 | 145 | WILCZYŃSKA Agnieszka | POZNAŃ | | POL | 79 | K30/39 (K)103 | 00:52:23 | 05.14 |
| 40 | 61 | LEDZIANOWSKA Anna | GRODZISK WLKP. | | POL | 77 | K30/40 (K)106 | 00:52:29 | 05.14 |
| 41 | 793 | BRYCHCY-NOWAK Paulina | STRZYŻEWO | | POL | 82 | K30/41 (K)107 | 00:52:35 | 05.15 |
| 42 | 935 | BŁASZYK Basia | GRODZISK WLKP | | POL | 79 | K30/42 (K)111 | 00:52:55 | 05.17 |
| 43 | 264 | ZIELIŃSKA- GONTAREWICZ Małgorzata | ZIELONA GÓRA | | POL | 82 | K30/43 (K)112 | 00:53:01 | 05.18 |
| 44 | 769 | WOŻNA Magdalena | ZIELONA GÓRA | | POL | 77 | K30/44 (K)113 | 00:53:03 | 05.18 |
| 45 | 471 | MARCINKOWSKA Ewa | ŚWIĘCIECHOWA | | POL | 81 | K30/45 (K)115 | 00:53:06 | 05.18 |
| 46 | 1068 | WOYCZYŃSKA Angelina | LESZNO | | POL | 81 | K30/46 (K)116 | 00:53:10 | 05.19 |
| 47 | 1385 | DUCHOŃ Katarzyna | POZNAŃ | | POL | 83 | K30/47 (K)118 | 00:53:13 | 05.19 |
| 48 | 826 | CHRAPLEWSKA Karolina | | | POL | 81 | K30/48 (K)122 | 00:53:20 | 05.20 |
| 49 | 652 | PAWŁOWSKA Agnieszka | GRANOWO | | POL | 81 | K30/49 (K)123 | 00:53:20 | 05.20 |
| 50 | 49 | KALINKIEWICZ Marta | WROCLAW | | POL | 75 | K30/50 (K)126 | 00:53:34 | 05.21 |
| 51 | 411 | BANDUROWSKA Agnieszka | NOWA SÓL | | POL | 76 | K30/51 (K)127 | 00:53:45 | 05.22 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age Sex | Czas Time | [min/km] |
|---------------------|---------------|-----------------------------|-------------------------|-----------------|---------------------|----------------|-------------------------------|------------------|-----------------|
| 52 | 240 | WŁODARCZYK Anna maria | ZIELONA GÓRA | POL | | 83 | K30/52 (K)128 | 00:53:47 | 05.22 |
| 53 | 207 | SICIARZ Natalia | POZNAŃ | POL | | 84 | K30/53 (K)131 | 00:54:00 | 05.24 |
| 54 | 773 | STRAK Agnieszka | KARPICKO | POL | | 81 | K30/54 (K)133 | 00:54:19 | 05.25 |
| 55 | 484 | KOCOŃ Monika | WOLSZTYN | POL | | 83 | K30/55 (K)136 | 00:54:33 | 05.27 |
| 56 | 759 | PIETRUSZKA Agnieszka | WOLSZTYN | POL | | 83 | K30/56 (K)140 | 00:54:38 | 05.27 |
| 57 | 1404 | KAŹMIERSKA Ewelina | GOSTYŃ | POL | | 77 | K30/57 (K)141 | 00:54:43 | 05.28 |
| 58 | 297 | PLUSKOTA Aneta | LINIE | POL | | 84 | K30/58 (K)142 | 00:54:46 | 05.28 |
| 59 | 432 | PISZCZAK Aleksandra | WOLSZTYN | POL | | 77 | K30/59 (K)145 | 00:54:58 | 05.29 |
| 60 | 1447 | ROSOLSKA Dorota | RAKONIEWICE | POL | | 84 | K30/60 (K)147 | 00:54:59 | 05.29 |
| 61 | 280 | DURKA Anna | LESZNO | POL | | 80 | K30/61 (K)148 | 00:55:09 | 05.30 |
| 62 | 1527 | KOSICKA Beata | RAKONIEWICE | POL | | 81 | K30/62 (K)149 | 00:55:18 | 05.31 |
| 63 | 213 | STEMPIN Danuta | RAKONIEWICE | POL | | 81 | K30/63 (K)150 | 00:55:20 | 05.32 |
| 64 | 739 | SIKORSKA Julia | RAKONIEWICE | POL | | 82 | K30/64 (K)152 | 00:55:27 | 05.32 |
| 65 | 1054 | JUSKOWIAK Kinga | POZNAŃ | POL | | 78 | K30/65 (K)154 | 00:55:31 | 05.33 |
| 66 | 683 | JASIŃSKA Marta | NOWA SÓL | POL | | 82 | K30/66 (K)156 | 00:55:38 | 05.33 |
| 67 | 450 | WOLNA Monika | POZNAŃ | POL | | 76 | K30/67 (K)158 | 00:55:45 | 05.34 |
| 68 | 1515 | SZULCZYK Barbara | POZNAŃ | POL | | 81 | K30/68 (K)161 | 00:55:59 | 05.35 |
| 69 | 779 | CHOJNACKA-MARYSIAK Anna | POWIDZ | POL | | 81 | K30/69 (K)164 | 00:56:02 | 05.36 |
| 70 | 733 | JARNÓT Agnieszka | STARY TOMYŚL | POL | | 77 | K30/70 (K)166 | 00:56:11 | 05.37 |
| 71 | 290 | BURDAJEWICZ Magdalena | MOSINA | POL | | 80 | K30/71 (K)168 | 00:56:16 | 05.37 |
| 72 | 625 | SEŃ Dagmara | LESZNO | POL | | 82 | K30/72 (K)169 | 00:56:18 | 05.37 |
| 73 | 201 | ŁOPACZYK Magdalena | LESZNO | POL | | 83 | K30/73 (K)170 | 00:56:19 | 05.37 |
| 74 | 133 | KARDZIS Anna | WOLSZTYN | POL | | 79 | K30/74 (K)173 | 00:56:23 | 05.38 |
| 75 | 638 | BIENIEK Kasia | LESZNO | POL | | 82 | K30/75 (K)175 | 00:56:31 | 05.39 |
| 76 | 261 | KMIECIK Marlena | RAKONIEWICE | POL | | 77 | K30/76 (K)181 | 00:56:57 | 05.41 |
| 77 | 220 | KAPELSKA Anna | MOSINA | POL | | 84 | K30/77 (K)183 | 00:57:01 | 05.42 |
| 78 | 365 | SZMAŃDA Katarzyna | WRONIAWY | POL | | 77 | K30/78 (K)186 | 00:57:03 | 05.42 |
| 79 | 784 | KLIMASZYK Joanna | GRODZISK WLKP. | POL | | 80 | K30/79 (K)188 | 00:57:08 | 05.42 |
| 80 | 934 | RATAJCZAK Anna | GRODZISK WLKP | POL | | 81 | K30/80 (K)192 | 00:57:25 | 05.44 |
| 81 | 755 | BANACH Magdalena | POZNAŃ | POL | | 77 | K30/81 (K)194 | 00:57:38 | 05.45 |
| 82 | 982 | TETER Gabriela | POZNAŃ | POL | | 81 | K30/82 (K)201 | 00:58:17 | 05.49 |
| 83 | 767 | SROKA Joanna | PUSZCZYKOWO | POL | | 81 | K30/83 (K)202 | 00:58:22 | 05.50 |
| 84 | 502 | BAK Ewa | GRODZISK WLKP. | POL | | 75 | K30/84 (K)204 | 00:58:28 | 05.50 |
| 85 | 438 | KANIEWSKA Beata | MIŁOSŁAW | POL | | 77 | K30/85 (K)209 | 00:58:59 | 05.53 |
| 86 | 517 | BAKUŁA-ANTONICKA Monika | GÓRA | POL | | 83 | K30/86 (K)210 | 00:59:00 | 05.54 |
| 87 | 374 | KACZAN Aleksandra | PLEWISKA | POL | | 75 | K30/87 (K)213 | 00:59:13 | 05.55 |
| 88 | 817 | MOSZAK Anna | DĄBROWA STARA | POL | | 84 | K30/88 (K)214 | 00:59:16 | 05.55 |
| 89 | 869 | SOBCZAK Anna | POZNAŃ | POL | | 78 | K30/89 (K)215 | 00:59:28 | 05.56 |
| 90 | 518 | FELEDZIAK Joanna | GOSTYŃ | POL | | 81 | K30/90 (K)217 | 00:59:35 | 05.57 |
| 91 | 908 | SOBAŃSKA Patrycja | KOMORNIKI | POL | | 77 | K30/91 (K)218 | 00:59:38 | 05.57 |
| 92 | 104 | LUTOMSKA Anna | KOŚCIAN | POL | | 79 | K30/92 (K)219 | 00:59:38 | 05.57 |
| 93 | 809 | JAŚKOWIAK Joanna | GRODZISK WLKP. | POL | | 77 | K30/93 (K)223 | 00:59:44 | 05.58 |
| 94 | 662 | KOSTECKA Małgorzata | SWARZĘDZ | POL | | 84 | K30/94 (K)224 | 00:59:48 | 05.58 |
| 95 | 437 | ANTKOWIAK Agnieszka | LESZNO | POL | | 82 | K30/95 (K)226 | 00:59:55 | 05.59 |
| 96 | 549 | KUBIAK Kasia | POZNAŃ | POL | | 82 | K30/96 (K)227 | 00:59:56 | 05.59 |
| 97 | 429 | KRYSTEK Elwira | KOBYLNIKI | POL | | 77 | K30/97 (K)228 | 01:00:02 | 06.00 |
| 98 | 7 | BEDŁA Izabela | BORUJA | POL | | 81 | K30/98 (K)232 | 01:00:21 | 06.02 |
| 99 | 335 | GAWARECKA Magdalena | SWARZĘDZ | POL | | 82 | K30/99 (K)233 | 01:00:22 | 06.02 |
| 100 | 33 | GRZEŚKOWIAK Joanna | KLEPINY | POL | | 77 | K30/100 (K)234 | 01:00:29 | 06.02 |
| 101 | 293 | JOB Małgorzata | POZNAŃ | POL | | 75 | K30/101 (K)235 | 01:00:31 | 06.03 |
| 102 | 331 | KOLBER Dorota | POZNAŃ | POL | | 77 | K30/102 (K)236 | 01:00:31 | 06.03 |
| 103 | 130 | ZARZYŃSKA Maria | POZNAŃ | POL | | 82 | K30/103 (K)238 | 01:00:45 | 06.04 |
| 104 | 689 | SZKUDLAREK Aneta | PRZYPROSTYNIA | POL | | 75 | K30/104 (K)241 | 01:00:50 | 06.05 |
| 105 | 1000 | KUPKA Agnieszka | RAKONIEWICE | POL | | 83 | K30/105 (K)243 | 01:00:56 | 06.05 |
| 106 | 659 | JANKOWIAK Karolina | WOLSZTYN | POL | | 84 | K30/106 (K)245 | 01:01:24 | 06.08 |
| 107 | 695 | ROGOZINSKA Danuta | WOLSZTYN | POL | | 75 | K30/107 (K)246 | 01:01:36 | 06.09 |
| 108 | 1001 | KUCHARCZAK Beata | GRODZISK | POL | | 77 | K30/108 (K)247 | 01:01:46 | 06.10 |
| 109 | 31 | SOBOŃ Agnieszka | CHORZEMIN | POL | | 82 | K30/109 (K)252 | 01:01:57 | 06.11 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age Sex | Czas Time | [min/km] |
|--------------|--------|----------------------------|------------------|----------|--------------|---------|------------------------|-----------|----------|
| 110 | 1467 | KACZMAREK Ilona | BABIMOST | POL | | 79 | K30/110 (K)254 | 01:02:00 | 06.12 |
| 111 | 324 | KRYSTIANC Zofia | KĄKOLEWO | POL | | 83 | K30/111 (K)255 | 01:02:04 | 06.12 |
| 112 | 325 | KRYSTIANC Dominika | KAKOLEWO | POL | | 81 | K30/112 (K)256 | 01:02:05 | 06.12 |
| 113 | 132 | KARDZIS Dorota | WOLSZTYN | POL | | 84 | K30/113 (K)258 | 01:02:16 | 06.13 |
| 114 | 221 | PAWLAK Dorota | OPALENICA | POL | | 82 | K30/114 (K)261 | 01:02:29 | 06.14 |
| 115 | 870 | ATAMAN Paulina | ROKIETNICA | POL | | 81 | K30/115 (K)264 | 01:02:51 | 06.17 |
| 116 | 177 | NOWAKOWSKA Teresa | POZNAŃ | POL | | 78 | K30/116 (K)265 | 01:03:01 | 06.18 |
| 117 | 110 | SZYPER Karolina | RAKONIEWICE | POL | | 77 | K30/117 (K)268 | 01:03:37 | 06.21 |
| 118 | 398 | KRÓL Agnieszka | MOSINA | POL | | 81 | K30/118 (K)272 | 01:04:00 | 06.24 |
| 119 | 1382 | KASPRZYK Izabela | PUSZCZYKOWO | POL | | 83 | K30/119 (K)273 | 01:04:00 | 06.24 |
| 120 | 907 | SZCZEPANIAK Agata | GOWARZEWO | POL | | 79 | K30/120 (K)276 | 01:04:16 | 06.25 |
| 121 | 983 | FRAÇKOWIAK Joanna | KAMIENIEC | POL | | 80 | K30/121 (K)280 | 01:04:41 | 06.28 |
| 122 | 1462 | KULA Arleta | BABIMOST | POL | | 75 | K30/122 (K)282 | 01:04:49 | 06.28 |
| 123 | 243 | OKUŁA Anna | POZNAŃ | POL | | 80 | K30/123 (K)285 | 01:05:08 | 06.30 |
| 124 | 431 | JAKUBOWSKA Magda | WOLSZTYN | POL | | 83 | K30/124 (K)287 | 01:05:30 | 06.33 |
| 125 | 323 | KRYSTIANC Jolanta | TARNOWO PODGÓRNE | POL | | 77 | K30/125 (K)290 | 01:06:11 | 06.37 |
| 126 | 602 | KOTLARSKA Irmína | SIEDLEC | POL | | 80 | K30/126 (K)291 | 01:06:11 | 06.37 |
| 127 | 476 | DOLICHER Joanna | WOLSZTYN | POL | | 75 | K30/127 (K)293 | 01:06:31 | 06.39 |
| 128 | 212 | BASZKO Danuta | WOLSZTYN | POL | | 76 | K30/128 (K)298 | 01:07:03 | 06.42 |
| 129 | 481 | CIESIELSKA Małgorzata | GRODZISK | POL | | 84 | K30/129 (K)299 | 01:07:23 | 06.44 |
| 130 | 307 | NAJDEREK OWCZAREK Karolina | POZNAŃ | POL | | 84 | K30/130 (K)301 | 01:07:41 | 06.46 |
| 131 | 1094 | JANKOWIAK Hanna | GRODZISK WLKP | POL | | 78 | K30/131 (K)305 | 01:08:38 | 06.51 |
| 132 | 1076 | BRUDŁO Beata | GRODZISK | POL | | 77 | K30/132 (K)307 | 01:08:39 | 06.51 |
| 133 | 1459 | ZGAIŃSKA Ilona | ROSTARZEWO | POL | | 77 | K30/133 (K)315 | 01:12:38 | 07.15 |

OPEN Kobiety KATEGORIA:K40

| | | | | | | | | | |
|----|------|-----------------------------|----------------|-----|--|----|---------------|----------|-------|
| 1 | 123 | BESZ-MALINOWSKA Katarzyna | POZNAŃ | POL | | 73 | K40/1 (K)6 | 00:41:35 | 04.09 |
| 2 | 958 | PRZYBYSZ Dorota | GRODZISK WLKP | POL | | 66 | K40/2 (K)8 | 00:42:32 | 04.15 |
| 3 | 863 | MUCHA Beata | POZNAŃ | POL | | 73 | K40/3 (K)14 | 00:44:24 | 04.26 |
| 4 | 691 | JABŁOŃSKA Monika | POZNAŃ | POL | | 73 | K40/4 (K)22 | 00:45:38 | 04.33 |
| 5 | 801 | HAREMZA Kinga | POZNAŃ | POL | | 73 | K40/5 (K)24 | 00:45:50 | 04.35 |
| 6 | 150 | MEJER Magdalena | DĄBROWA | POL | | 71 | K40/6 (K)26 | 00:46:10 | 04.37 |
| 7 | 929 | FUDALEJ Elżbieta | LUBIESZÓW | POL | | 73 | K40/7 (K)28 | 00:46:23 | 04.38 |
| 8 | 508 | NAWROCKA Iwona | ZALASEWO | POL | | 73 | K40/8 (K)39 | 00:47:31 | 04.45 |
| 9 | 1090 | BRYCHCY Wioletta małgorzata | GLIWICE | POL | | 71 | K40/9 (K)42 | 00:47:56 | 04.47 |
| 10 | 860 | JAZ Małgorzata | MIESZKOWICE | POL | | 70 | K40/10 (K)45 | 00:48:36 | 04.51 |
| 11 | 456 | WOJTKOWIAK Elżbieta | POZNAŃ | POL | | 74 | K40/11 (K)47 | 00:48:52 | 04.53 |
| 12 | 1302 | LATUSZEK Agnieszka | UNIN - KOLONIA | POL | | 70 | K40/12 (K)51 | 00:48:57 | 04.53 |
| 13 | 1514 | WOLNA Elżbieta | STRYKOWO | POL | | 73 | K40/13 (K)52 | 00:48:59 | 04.53 |
| 14 | 1070 | ZIELIŃSKA Kinga | KOŚCIAN | POL | | 73 | K40/14 (K)56 | 00:49:26 | 04.56 |
| 15 | 694 | SZNYCER Mirosława | BUK | POL | | 66 | K40/15 (K)60 | 00:49:36 | 04.57 |
| 16 | 360 | WIERZBICKA Małgorzata | NOWA SÓL | POL | | 67 | K40/16 (K)63 | 00:49:47 | 04.58 |
| 17 | 223 | HAGLAUER Agnieszka | WOLSZTYN | POL | | 71 | K40/17 (K)66 | 00:49:58 | 04.59 |
| 18 | 52 | MAREK Ewa | PAPROĆ | POL | | 74 | K40/18 (K)68 | 00:50:18 | 05.01 |
| 19 | 608 | CICHOS Barbara | GRODZISK | POL | | 66 | K40/19 (K)69 | 00:50:23 | 05.02 |
| 20 | 790 | BURDAJEWICZ Katarzyna | DOLSK | POL | | 71 | K40/20 (K)72 | 00:50:30 | 05.03 |
| 21 | 1087 | CHODARCEWICZ Aleksandra | POZNAŃ | POL | | 72 | K40/21 (K)76 | 00:50:50 | 05.05 |
| 22 | 1024 | SWOROWSKA Izabela | WOLSZTYN | POL | | 70 | K40/22 (K)80 | 00:50:58 | 05.05 |
| 23 | 1050 | ZAKASZEWSKA Alicja | GÓRA | POL | | 71 | K40/23 (K)88 | 00:51:20 | 05.08 |
| 24 | 819 | KWAŚNA Marzena | LUBOŃ | POL | | 71 | K40/24 (K)91 | 00:51:25 | 05.08 |
| 25 | 286 | IGNATOWSKA Anna | POZNAŃ | POL | | 73 | K40/25 (K)95 | 00:51:50 | 05.11 |
| 26 | 25 | JUJA Jaroslawa | GRODZISK WLKP. | POL | | 70 | K40/26 (K)99 | 00:51:58 | 05.11 |
| 27 | 1086 | CERAŃSKA Anna | POZNAŃ | POL | | 67 | K40/27 (K)100 | 00:52:07 | 05.12 |
| 28 | 579 | CHLOPEK Magdalena | ZBĄSZYŃ | POL | | 69 | K40/28 (K)108 | 00:52:35 | 05.15 |
| 29 | 596 | FLORASZEK Małgorzata | DĄBRÓWKA | POL | | 73 | K40/29 (K)109 | 00:52:44 | 05.16 |
| 30 | 731 | PERZ Marzena | BUKOWIEC | POL | | 68 | K40/30 (K)117 | 00:53:13 | 05.19 |
| 31 | 124 | WITKOWSKA Aleksandra | KAMIONKI | POL | | 73 | K40/31 (K)120 | 00:53:16 | 05.19 |
| 32 | 715 | FEIERABEND Beata | POZNAŃ | POL | | 71 | K40/32 (K)121 | 00:53:16 | 05.19 |
| 33 | 252 | KACZMAREK Magdalena | RYDZYNA | POL | | 73 | K40/33 (K)124 | 00:53:20 | 05.20 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age Sex | Czas Time | [min/km] |
|--------------|--------|--------------------------|------------------|----------|---------------|---------|------------------------|-----------|-----------|
| 34 | 1010 | JESSA Grażyna | ŚREM | POL | | 69 | K40/34 (K)129 | 00:53:49 | 05.22 |
| 35 | 1269 | TOMIAK-ROZYNEK Sylwia | WOLSZTYN | POL | | 72 | K40/35 (K)137 | 00:54:37 | 05.27 |
| 36 | 354 | KOWALSKA Anna | GUL TOWY | POL | | 73 | K40/36 (K)143 | 00:54:54 | 05.29 |
| 37 | 804 | SAKOWSKA Magdalena | CHOJNA | POL | | 70 | K40/37 (K)144 | 00:54:55 | 05.29 |
| 38 | 371 | SZUKALSKA Izabela | LUBOŃ | POL | | 72 | K40/38 (K)151 | 00:55:25 | 05.32 |
| 39 | 704 | DYKSAK Justyna | POZNAŃ | POL | | 74 | K40/39 (K)153 | 00:55:29 | 05.32 |
| 40 | 441 | WANDEL Agnieszka | POZNAŃ | POL | | 74 | K40/40 (K)160 | 00:55:54 | 05.35 |
| 41 | 144 | LEWANDOWSKA Dorota | STRZALKOWO | POL | | 74 | K40/41 (K)165 | 00:56:03 | 05.36 |
| 42 | 76 | SZYMAŃSKA Donata | BUK | POL | | 71 | K40/42 (K)179 | 00:56:46 | 05.40 |
| 43 | 1456 | KRAWIEC Sabina | JABLONNA | POL | | 66 | K40/43 (K)180 | 00:56:51 | 05.41 |
| 44 | 18 | WRÓBLEWSKA Wioletta | RAKONIEWICE | POL | | 70 | K40/44 (K)187 | 00:57:06 | 05.42 |
| 45 | 936 | STĘPCZAK Renata | GRODZISK WLKP | POL | | 73 | K40/45 (K)191 | 00:57:16 | 05.43 |
| 46 | 1403 | ŚLAŚKA-DORSZ Małgorzata | SZLEJEWO DRUGIE | POL | | 71 | K40/46 (K)195 | 00:57:46 | 05.46 |
| 47 | 1507 | WYSLUŻAL Elżbieta | POZNAŃ | POL | | 65 | K40/47 (K)196 | 00:57:47 | 05.46 |
| 48 | 718 | KONIECZNA Beata | POZNAŃ | POL | | 68 | K40/48 (K)198 | 00:58:00 | 05.48 |
| 49 | 968 | DROŻDŻYŃSKA Beata | RAKONIEWICE | POL | | 71 | K40/49 (K)203 | 00:58:27 | 05.50 |
| 50 | 706 | PTAK Dorota | POZNAŃ | POL | | 70 | K40/50 (K)207 | 00:58:57 | 05.53 |
| 51 | 835 | MYTYCH-BEM Adelina | POZNAŃ | POL | | 73 | K40/51 (K)208 | 00:58:57 | 05.53 |
| 52 | 797 | MORTKA Elżbieta | OPALENICA | POL | | 71 | K40/52 (K)211 | 00:59:07 | 05.54 |
| 53 | 1026 | ŻYCHLIŃSKA Małgorzata | GRODZISK WLKP. | POL | | 65 | K40/53 (K)221 | 00:59:39 | 05.57 |
| 54 | 87 | WIŚNIEWSKA Anna | GRUDZIĄDZ | POL | | 69 | K40/54 (K)230 | 01:00:14 | 06.01 |
| 55 | 1421 | WOJTYSIAK Izabela | GRODZISK WLKP. | POL | KW PSP POZNAŃ | 74 | K40/55 (K)250 | 01:01:52 | 255 06.11 |
| 56 | 697 | KAMIŃSKA Sylwia | POZNAŃ | POL | | 73 | K40/56 (K)259 | 01:02:16 | 06.13 |
| 57 | 971 | SZYMCZAK Magdalena | GRODZISK WLKP | POL | | 73 | K40/57 (K)270 | 01:03:50 | 06.23 |
| 58 | 295 | DĄBEK Arleta | STRZALKOWO | POL | | 66 | K40/58 (K)275 | 01:04:15 | 06.25 |
| 59 | 1176 | PACYNIA Bożena | RAKONIEWICE | POL | | 70 | K40/59 (K)281 | 01:04:45 | 06.28 |
| 60 | 545 | BEDNARCZYK Żaneta | WIELICHOWO | POL | | 73 | K40/60 (K)283 | 01:05:04 | 06.30 |
| 61 | 1410 | GRUSZKOWSKA Katarzyna | WSCHOWA | POL | | 72 | K40/61 (K)284 | 01:05:08 | 06.30 |
| 62 | 932 | MELLER Barbara | POZNAŃ | POL | | 69 | K40/62 (K)286 | 01:05:09 | 06.30 |
| 63 | 357 | KARASZEWSKA Aneta | POZNAŃ | POL | | 72 | K40/63 (K)289 | 01:06:10 | 06.37 |
| 64 | 953 | KONKIEWICZ Katarzyna | GRODZISK WLKP | POL | | 74 | K40/64 (K)306 | 01:08:38 | 06.51 |
| 65 | 347 | HRECYN Ewa | POZNAŃ | POL | | 70 | K40/65 (K)308 | 01:09:05 | 06.54 |
| 66 | 1524 | MAĆKOWIAK Jolanta teresa | RAKONIEWICE | POL | | 66 | K40/66 (K)314 | 01:12:31 | 07.15 |

OPEN Kobiety KATEGORIA:K50

| | | | | | | | | | |
|----|------|-------------------------|-------------|-----|----------------|----|---------------|----------|-----------|
| 1 | 711 | DZIERZKOWSKA Aleksandra | KOZIEGLOWY | POL | | 62 | K50/1 (K)7 | 00:41:43 | 04.10 |
| 2 | 91 | ŁABUZ Ewa | WROCLAW | POL | KW PSP WROCLAW | 55 | K50/2 (K)135 | 00:54:32 | 241 05.27 |
| 3 | 199 | KLAJA Katarzyna | CZERWONAK | POL | | 58 | K50/3 (K)176 | 00:56:31 | 05.39 |
| 4 | 447 | POCZĄTEK Anna | PIŁA | POL | | 58 | K50/4 (K)178 | 00:56:38 | 05.39 |
| 5 | 1369 | SWORNOWSKA Małgorzata | POZNAŃ | POL | | 62 | K50/5 (K)182 | 00:57:00 | 05.42 |
| 6 | 1498 | PAŃCZYSZYN Stanisława | POZNAŃ | POL | | 58 | K50/6 (K)205 | 00:58:34 | 05.51 |
| 7 | 995 | OLSZEWSKA Jolanta | WOLSZTYN | POL | | 62 | K50/7 (K)251 | 01:01:56 | 06.11 |
| 8 | 676 | SIP Barbara | POZNAŃ | POL | | 60 | K50/8 (K)253 | 01:01:59 | 06.11 |
| 9 | 255 | PACUŁA Tatiana | GLIWICE | POL | | 61 | K50/9 (K)267 | 01:03:30 | 06.21 |
| 10 | 569 | JANIK Jolanta | POZNAŃ | POL | | 59 | K50/10 (K)294 | 01:06:33 | 06.39 |
| 11 | 986 | WRÓBLEWSKA Bronisława | RAKONIEWICE | POL | | 62 | K50/11 (K)310 | 01:10:14 | 07.01 |
| 12 | 994 | KOWALSKA Joanna | WOLSZRYN | POL | | 61 | K50/12 (K)311 | 01:11:28 | 07.08 |
| 13 | 794 | DRGAS Maria | LUBOŃ | POL | | 57 | K50/13 (K)317 | 01:15:46 | 07.34 |

OPEN Kobiety KATEGORIA:K60

| | | | | | | | | | |
|---|------|-----------------|--------|-----|--|----|--------------|----------|-------|
| 1 | 1313 | SPYCHAŁA Danuta | POZNAŃ | POL | | 53 | K60/1 (K)37 | 00:47:24 | 04.44 |
| 2 | 1365 | NATER Urszula | LUBOŃ | POL | | 50 | K60/2 (K)184 | 00:57:01 | 05.42 |
| 3 | 568 | KAMIŃSKA Ewa | POZNAŃ | POL | | 54 | K60/3 (K)295 | 01:06:34 | 06.39 |