

Puchar Polski Nordic Walking 2012 - Edycja V

WYNIKI ZAWODÓW

Nordic Walking 20 km

Organizator: Polska Federacja Nordic Walking

Termin: 08.09.2012

Miejsce: Barlinek

Dystans: 20km

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age Sex | Czas Time | [min/km] | pkt |
|---|-----------|-------------------------|---------------------|-------------|-----------------|------------|---------------------------|--------------|----------|-----|
| Nordic Walking 20 km Mężczyźni KATEGORIA:M18 | | | | | | | | | | |
| 1 | 121 | OLECHOWSKI Piotr | BARLINEK | POL | | 90 | M18/1 (M)12 | 02:34:35 | 07.43 | |
| Nordic Walking 20 km Mężczyźni KATEGORIA:M30 | | | | | | | | | | |
| 1 | 324 | KUBIAK Tomasz | INOWROCLAW | POL | | 75 | M30/1 (M)5 | 02:24:17 | 07.12 | |
| 2 | 190 | ANDRZEJEWSKI Michał | CZEMPIŃ | POL | | 82 | M30/2 (M)20 | 02:47:26 | 08.22 | |
| Nordic Walking 20 km Mężczyźni KATEGORIA:M40 | | | | | | | | | | |
| 1 | 53 | LUBIATOWSKI Ireneusz | GUBIN | POL | | 66 | M40/1 (M)1 | 02:15:33 | 06.46 | |
| 2 | 22 | ADAMSKI Robert | LUBOŃ | POL | | 67 | M40/2 (M)3 | 02:18:59 | 06.56 | |
| 3 | 393 | LENZ Andrzej | GNIEZNO | POL | | 63 | M40/3 (M)4 | 02:19:05 | 06.57 | |
| 4 | 50 | KULKA Maciej | POZNAŃ | POL | | 63 | M40/4 (M)16 | 02:38:57 | 07.56 | |
| 5 | 99 | SZUKAŁO Marek | SZCZECIN | POL | | 68 | M40/5 (M)22 | 02:49:29 | 08.28 | |
| Nordic Walking 20 km Mężczyźni KATEGORIA:M50 | | | | | | | | | | |
| 1 | 43 | HELWICH Stefan | WIELEN | POL | | 56 | M50/1 (M)2 | 02:16:04 | 06.48 | |
| 2 | 38 | GAJEWSKI Eugeniusz | GORZÓW WLKP. | POL | | 57 | M50/2 (M)6 | 02:25:08 | 07.15 | |
| 3 | 326 | TORCHALA Andrzej | GASZYN | POL | | 61 | M50/3 (M)8 | 02:27:32 | 07.22 | |
| 4 | 79 | ZAWADZKI Andrzej | LUBIN | POL | | 60 | M50/4 (M)9 | 02:28:48 | 07.26 | |
| 5 | 70 | STEFANICKI Marek | ŚWINOUJŚCIE | POL | | 58 | M50/5 (M)10 | 02:31:01 | 07.33 | |
| 6 | 245 | GIL Tomasz | GDYNIA | POL | | 54 | M50/6 (M)13 | 02:35:05 | 07.45 | |
| 7 | 192 | ANDRZEJEWSKI Mieczysław | CZEMPIŃ | POL | | 60 | M50/7 (M)14 | 02:37:29 | 07.52 | |
| 8 | 287 | PAWLAK Eryk | OSIELSKO | POL | | 58 | M50/8 (M)19 | 02:45:21 | 08.16 | |
| Nordic Walking 20 km Mężczyźni KATEGORIA:M60 | | | | | | | | | | |
| 1 | 49 | KUBICKI Bernard | LUBIN | POL | | 51 | M60/1 (M)7 | 02:25:56 | 07.17 | |
| 2 | 234 | WESOŁOWSKI Wojciech | GNIEZNO | POL | | 52 | M60/2 (M)11 | 02:32:30 | 07.37 | |
| 3 | 64 | PUPECKI Eugeniusz | POZNAŃ | POL | | 51 | M60/3 (M)15 | 02:38:13 | 07.54 | |
| 4 | 280 | APPEL Jerzy | OSIELSKO | POL | | 46 | M60/4 (M)17 | 02:41:40 | 08.05 | |
| 5 | 330 | SZNAJDER Zenon | RYBNIK | POL | | 52 | M60/5 (M)18 | 02:43:50 | 08.11 | |
| 6 | 194 | PRZYBYLAK Stanisław | POZNAN | POL | | 46 | M60/6 (M)21 | 02:48:33 | 08.25 | |
| Nordic Walking 20 km Kobiety KATEGORIA:K30 | | | | | | | | | | |
| 1 | 260 | MRÓZ Katarzyna | BYDGOSZCZ | POL | | 74 | K30/1 (K)1 | 02:28:29 | 07.25 | |
| Nordic Walking 20 km Kobiety KATEGORIA:K40 | | | | | | | | | | |



| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age Sex | Czas Time | [min/km] | pkt |
|--------------|--------|----------------------------|------------------|----------|--------------|---------|------------------------|-----------|----------|-----|
| 1 | 35 | DEKIERT-ADAMSKA Małgorzata | LUBOŃ | POL | | 70 | K40/1 (K)2 | 02:29:12 | 07.27 | |
| 2 | 123 | SKIBIŃSKA-SOBCZUK Marzena | ŚWIDNIK | POL | | 66 | K40/2 (K)3 | 02:33:57 | 07.41 | |
| 3 | 91 | OLESZCZUK Teresa | BARLINEK | POL | | 65 | K40/3 (K)4 | 02:34:57 | 07.44 | |
| 4 | 132 | KARASIEWICZ Irena | BRANIEWO | POL | | 63 | K40/4 (K)6 | 02:40:33 | 08.01 | |

Nordic Walking 20 km Kobiety KATEGORIA:K50

| | | | | | | | | | | |
|---|-----|------------------------|-----------|-----|--|----|-------------|----------|-------|--|
| 1 | 63 | POGORZELSKA Małgorzata | PSZCZÓŁKI | POL | | 62 | K50/1 (K)5 | 02:37:21 | 07.52 | |
| 2 | 238 | ŚLIWKA Wanda | CZEPINO | POL | | 57 | K50/2 (K)7 | 02:44:33 | 08.13 | |
| 3 | 239 | BAK Iwona | CZEPINO | POL | | 59 | K50/3 (K)9 | 02:50:59 | 08.32 | |
| 4 | 191 | ANDRZEJEWSKA Bogusława | CZEMPIŃ | POL | | 60 | K50/4 (K)12 | 03:07:19 | 09.21 | |

Nordic Walking 20 km Kobiety KATEGORIA:K60

| | | | | | | | | | | |
|---|-----|--------------------|------------|-----|--|----|-------------|----------|-------|--|
| 1 | 261 | MRÓZ Danuta | JANOWIEC | POL | | 51 | K60/1 (K)8 | 02:48:23 | 08.25 | |
| 2 | 78 | ZAWADZKA Maria | LUBIN | POL | | 51 | K60/2 (K)10 | 02:53:07 | 08.39 | |
| 3 | 327 | STACHERA Michalina | DZIAŁOSZYN | POL | | 51 | K60/3 (K)11 | 02:59:05 | 08.57 | |

Nordic Walking 10 km Mężczyźni KATEGORIA:M18

| | | | | | | | | | | |
|---|-----|---------------------|--------|-----|--|----|-------------|----------|-------|--|
| 1 | 237 | KACZKOWSKI Zbigniew | POZNAŃ | POL | | 85 | M18/1 (M)7 | 01:09:37 | 06.57 | |
| 2 | 45 | JANKOWSKI Jakub | RYPIN | POL | | 94 | M18/2 (M)17 | 01:15:10 | 07.31 | |

Nordic Walking 10 km Mężczyźni KATEGORIA:M30

| | | | | | | | | | | |
|---|-----|------------------|------------------|-----|--|----|-------------|----------|-------|--|
| 1 | 77 | WYBIERAŁA Tomasz | GÓRA | POL | | 73 | M30/1 (M)3 | 01:06:54 | 06.41 | |
| 2 | 383 | SAGAN Hubert | ZIELONA GÓRA | POL | | 78 | M30/2 (M)9 | 01:10:39 | 07.03 | |
| 3 | 377 | OŚLIZŁO Jarosław | WODZISŁAW ŚLĄSKI | POL | | 82 | M30/3 (M)12 | 01:11:58 | 07.11 | |

Nordic Walking 10 km Mężczyźni KATEGORIA:M40

| | | | | | | | | | | |
|---|-----|-------------------|--------------|-----|--|----|-------------|----------|-------|--|
| 1 | 66 | RADWAN Piotr | KRAKÓW | POL | | 64 | M40/1 (M)1 | 01:04:44 | 06.28 | |
| 2 | 81 | ZIELIŃSKI Dariusz | BARLINEK | POL | | 66 | M40/2 (M)2 | 01:06:21 | 06.38 | |
| 3 | 391 | ZAJĄC Grzegorz | WAŁBRZYCH | POL | | 69 | M40/3 (M)5 | 01:07:50 | 06.47 | |
| 4 | 76 | WOŹNIAK Artur | GNIEWKOWO | POL | | 67 | M40/4 (M)10 | 01:10:53 | 07.05 | |
| 5 | 59 | ORCIUCH Maciej | ZIELONA GÓRA | POL | | 68 | M40/5 (M)14 | 01:12:43 | 07.16 | |
| 6 | 90 | NOWACKI Janusz | POZNAŃ | POL | | 65 | M40/6 (M)15 | 01:12:48 | 07.16 | |
| 7 | 37 | FIALKOWSKI Jan | POZNAŃ | POL | | 69 | M40/7 (M)22 | 01:24:00 | 08.24 | |

Nordic Walking 10 km Mężczyźni KATEGORIA:M50

| | | | | | | | | | | |
|----|-----|----------------------|--------------|-----|--|----|--------------|----------|-------|--|
| 1 | 65 | PUSZKIEL Leszek | ZIELONA GÓRA | POL | | 57 | M50/1 (M)4 | 01:06:58 | 06.41 | |
| 2 | 248 | FLIS Marek | ZIELONA GÓRA | POL | | 61 | M50/2 (M)6 | 01:08:44 | 06.52 | |
| 3 | 322 | KRZYŻANIAK Mirosław | ZIELONA GÓRA | POL | | 60 | M50/3 (M)8 | 01:10:27 | 07.02 | |
| 4 | 96 | SIEMIĄTKOWSKI Bogdan | WRZEŚNIA | POL | | 53 | M50/4 (M)11 | 01:11:55 | 07.11 | |
| 5 | 131 | PAZUREK Zdzisław | SKIERNIEWICE | POL | | 56 | M50/5 (M)13 | 01:12:24 | 07.14 | |
| 6 | 56 | MOSKA Waldemar | WEJHEROWO | POL | | 62 | M50/6 (M)18 | 01:20:05 | 08.00 | |
| 7 | 247 | WIERZCHOWSKI Jędrzej | INOWROCŁAW | POL | | 60 | M50/7 (M)19 | 01:20:40 | 08.04 | |
| 8 | 67 | SAMEK Roman | GRÓDKI | POL | | 62 | M50/8 (M)20 | 01:21:34 | 08.09 | |
| 9 | 62 | POGORZELSKI Jarosław | PSZCZÓŁKI | POL | | 62 | M50/9 (M)21 | 01:22:06 | 08.12 | |
| 10 | 113 | MIERNIK Dariusz | GORZÓW WLKP. | POL | | 54 | M50/10 (M)23 | 01:28:10 | 08.49 | |
| 11 | 276 | OLEK Mirosław | OSIELSKO | POL | | 58 | M50/11 (M)25 | 01:29:51 | 08.59 | |

Nordic Walking 10 km Mężczyźni KATEGORIA:M60



| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age Sex | Czas Time | [min/km] | pkt |
|---|--------|-------------------------|----------------------|----------|--------------|---------|------------------------|-----------|----------|-----|
| 1 | 25 | BONEK Bronisław | ŁABISZYN | POL | | 44 | M60/1 (M)16 | 01:13:48 | 07.22 | |
| Nordic Walking 10 km Mężczyźni KATEGORIA:M70 | | | | | | | | | | |
| 1 | 218 | BURACZEWSKI Zbigniew | INOWROCLAW | POL | | 39 | M70/1 (M)24 | 01:28:35 | 08.51 | |
| 2 | 211 | HERRMANN Siegmarr | PRENZLAU | GER | | 41 | M70/2 (M)26 | 01:33:48 | 09.22 | |
| Nordic Walking 10 km Kobiety KATEGORIA:K18 | | | | | | | | | | |
| 1 | 241 | WILCZYŃSKA Beata | POZNAŃ | POL | | 92 | K18/1 (K)9 | 01:14:15 | 07.25 | |
| 2 | 52 | LIPKO Adrianna | STARGARD SZCZECIŃSKI | POL | | 88 | K18/2 (K)10 | 01:14:39 | 07.27 | |
| 3 | 275 | ZDZIEBŁO Anna | OSIELSKO | POL | | 87 | K18/3 (K)12 | 01:15:39 | 07.33 | |
| 4 | 107 | DIDYK Marlena | KROSNO ODRZAŃSKIE | POL | | 85 | K18/4 (K)24 | 01:23:01 | 08.18 | |
| 5 | 420 | MOTLAWSKA Justyna | ŁABISZYN | POL | | 83 | K18/5 (K)26 | 01:25:39 | 08.33 | |
| Nordic Walking 10 km Kobiety KATEGORIA:K30 | | | | | | | | | | |
| 1 | 36 | DZIURA Beata | WAŁBRZYCH | POL | | 76 | K30/1 (K)4 | 01:11:06 | 07.06 | |
| 2 | 395 | KOŁODZIEJCZAK Beata | SOCHACZEW | POL | | 73 | K30/2 (K)5 | 01:11:51 | 07.11 | |
| 3 | 86 | JARCZYŃSKA Anna | MOSINA | POL | | 76 | K30/3 (K)8 | 01:14:11 | 07.25 | |
| 4 | 82 | ANDRZEJEWSKA Barbara | MOSINA KROSINKO | POL | | 74 | K30/4 (K)11 | 01:14:45 | 07.28 | |
| 5 | 71 | STEPCZYŃSKA Angelika | ŁABISZYN | POL | | 78 | K30/5 (K)13 | 01:16:08 | 07.36 | |
| 6 | 329 | KOWALCZYK Barbara | WODZISŁAW ŚLASKI | POL | | 73 | K30/6 (K)19 | 01:21:38 | 08.09 | |
| 7 | 111 | MAJEWSKA Małgorzata | NOWOGRÓDEK | POL | | 73 | K30/7 (K)29 | 01:27:33 | 08.45 | |
| 8 | 109 | ANDRUKONIS Anna | NOWOGRÓDEK | POL | | 79 | K30/8 (K)32 | 01:31:07 | 09.06 | |
| 9 | 289 | KĄŻMIERCZAK Żanetta | OSIELSKO | POL | | 77 | K30/9 (K)35 | 01:32:05 | 09.12 | |
| 10 | 224 | SCHUBBE Nadine | PRENZLAU | GER | | 81 | K30/10 (K)41 | 01:45:30 | 10.33 | |
| Nordic Walking 10 km Kobiety KATEGORIA:K40 | | | | | | | | | | |
| 1 | 80 | ZIELIŃSKA Teresa | BARLINEK | POL | | 65 | K40/1 (K)2 | 01:10:35 | 07.03 | |
| 2 | 24 | BOCZAR Beata | ZIELONA GÓRA | POL | | 65 | K40/2 (K)3 | 01:11:05 | 07.06 | |
| 3 | 236 | KRUSZKA Arleta | POZNAŃ | POL | | 64 | K40/3 (K)16 | 01:19:33 | 07.57 | |
| 4 | 122 | JESIONOWSKA Bożena | GARBÓW | POL | | 64 | K40/4 (K)17 | 01:21:13 | 08.07 | |
| 5 | 61 | PIETRZYCKA Teresa | JANOWIEC | POL | | 68 | K40/5 (K)18 | 01:21:22 | 08.08 | |
| 6 | 98 | SZUKAŁO Iwona | SZCZECIN | POL | | 69 | K40/6 (K)20 | 01:21:47 | 08.10 | |
| 7 | 44 | JANKOWSKA Katarzyna | RYPIN | POL | | 65 | K40/7 (K)22 | 01:22:37 | 08.15 | |
| 8 | 102 | ZACHER Theresa | POZNAŃ | POL | | 66 | K40/8 (K)25 | 01:24:06 | 08.24 | |
| 9 | 258 | ŚCIESIŃSKA Justyna | OSIELSKO | POL | | 71 | K40/9 (K)27 | 01:25:57 | 08.35 | |
| 10 | 221 | SAUERLAND Angelika | PRENZLAU | GER | | 65 | K40/10 (K)28 | 01:27:31 | 08.45 | |
| 11 | 266 | DROŻYŃSKA Marlena | OSIELSKO | POL | | 65 | K40/11 (K)33 | 01:31:53 | 09.11 | |
| 12 | 205 | FISCHER Doreen | PRENZLAU | GER | | 70 | K40/12 (K)38 | 01:40:10 | 10.01 | |
| 13 | 219 | MAY Mandy | PRENZLAU | GER | | 72 | K40/13 (K)40 | 01:40:24 | 10.02 | |
| 14 | 203 | DRESCHER Sylvia | PRENZLAU | GER | | 67 | K40/14 (K)42 | 01:45:50 | 10.35 | |
| Nordic Walking 10 km Kobiety KATEGORIA:K50 | | | | | | | | | | |
| 1 | 72 | STĘPIEN Lucyna | LUBIN | POL | | 57 | K50/1 (K)1 | 01:10:05 | 07.00 | |
| 2 | 68 | SOZAŃSKA Lucyna | GÓRA | POL | | 58 | K50/2 (K)6 | 01:12:16 | 07.13 | |
| 3 | 133 | TRUCHAN-BAJER Bożena | FROMBORK | POL | | 58 | K50/3 (K)7 | 01:13:19 | 07.19 | |
| 4 | 31 | CIBOROWSKA-LIPKO Bożena | STARGARD SZCZECIŃSKI | POL | | 58 | K50/4 (K)15 | 01:19:20 | 07.56 | |
| 5 | 272 | ZIELIŃSKA Jolanta | OSIELSKO | POL | | 61 | K50/5 (K)21 | 01:22:27 | 08.14 | |



| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age Sex | Czas Time | [min/km] | pkt |
|--------------|--------|-----------------------|------------------|----------|--------------|---------|------------------------|-----------|----------|-----|
| 6 | 97 | SIEMIĄTKOWSKA Grażyna | WRZEŚNIA | POL | | 56 | K50/6 (K)23 | 01:22:40 | 08.16 | |
| 7 | 389 | ROSSA Halina | LUBOŃ | POL | | 53 | K50/7 (K)31 | 01:28:28 | 08.50 | |
| 8 | 204 | ENGLER Christine | PRENZLAU | GER | | 61 | K50/8 (K)36 | 01:39:25 | 09.56 | |
| 9 | 213 | LABUS Roswitha | PRENZLAU | GER | | 59 | K50/9 (K)39 | 01:40:22 | 10.02 | |
| 10 | 233 | ZSIPI Roswitha | PRENZLAU | GER | | 54 | K50/10 (K)43 | 01:47:47 | 10.46 | |
| 11 | 265 | BĄCZYŃSKA Grażyna | OSIELSKO | POL | | 53 | K50/11 (K)44 | 01:49:52 | 10.59 | |

Nordic Walking 10 km Kobiety KATEGORIA:K60

| | | | | | | | | | | |
|---|-----|----------------|--------------|-----|--|----|-------------|----------|-------|--|
| 1 | 126 | JAKUBIAK Maria | LUBIN | POL | | 49 | K60/1 (K)14 | 01:19:10 | 07.55 | |
| 2 | 32 | CZYCZ Emilia | ZIELONA GÓRA | POL | | 50 | K60/2 (K)30 | 01:28:10 | 08.49 | |
| 3 | 231 | WRUCK Erika | PRENZLAU | GER | | 48 | K60/3 (K)37 | 01:39:39 | 09.57 | |
| 4 | 286 | NOWAK Halina | OSIELSKO | POL | | 50 | K60/4 (K)45 | 01:51:08 | 11.06 | |

Nordic Walking 10 km Kobiety KATEGORIA:K70

| | | | | | | | | | | |
|---|-----|-------------------|----------|-----|--|----|-------------|----------|-------|--|
| 1 | 210 | HERRMANN Ingrid | PRENZLAU | GER | | 40 | K70/1 (K)34 | 01:32:01 | 09.12 | |
| 2 | 284 | SUMARA Bernardyna | OSIELSKO | POL | | 38 | K70/2 (K)46 | 02:04:04 | 12.24 | |

Nordic Walking 5 km Kobiety KATEGORIA:K70

| | | | | | | | | | | |
|---|-----|-----------------------|-----------|-----|--|----|--------------|----------|-------|--|
| 1 | 39 | GLADCZYŃSKA Benedykta | WEJHEROWO | POL | | 42 | K70/1 (K)43 | 00:41:17 | 08.15 | |
| 2 | 196 | FEDOROWICZ Zofia | LUBIN | POL | | 42 | K70/2 (K)53 | 00:42:30 | 08.30 | |
| 3 | 198 | SZAROLETA Zofia | POZNAN | POL | | 37 | K70/3 (K)83 | 00:45:27 | 09.05 | |
| 4 | 202 | DITTMANN Christa | PRENZLAU | GER | | 39 | K70/4 (K)111 | 00:55:06 | 11.01 | |

Nordic Walking 5 km Kobiety KATEGORIA:K60

| | | | | | | | | | | |
|----|-----|---------------------|-------------|-----|--|----|---------------|----------|-------|--|
| 1 | 54 | KURZAWSKA Jolanta | LUBIN | POL | | 49 | K60/1 (K)6 | 00:36:55 | 07.23 | |
| 2 | 21 | ADAMEK Anna | POZNAŃ | POL | | 51 | K60/2 (K)27 | 00:39:54 | 07.58 | |
| 3 | 193 | GRZYWOCZ Irena | BYTOM | POL | | 51 | K60/3 (K)34 | 00:40:15 | 08.03 | |
| 4 | 48 | KUBICKA Danuta | LUBIN | POL | | 51 | K60/4 (K)44 | 00:41:24 | 08.16 | |
| 5 | 120 | STAWNIAK Wanda | ŻNIN | POL | | 51 | K60/5 (K)55 | 00:42:59 | 08.35 | |
| 6 | 387 | TUROWICZ Leokadia | GORZÓW WLKP | POL | | 49 | K60/6 (K)86 | 00:46:34 | 09.18 | |
| 7 | 217 | BURACZEWSKA Teresa | INOWROCLAW | POL | | 45 | K60/7 (K)88 | 00:46:58 | 09.23 | |
| 8 | 206 | GEHRKE Iris | PRENZLAU | GER | | 45 | K60/8 (K)90 | 00:47:01 | 09.24 | |
| 9 | 271 | NIEWIECKA Teresa | OSIELSKO | POL | | 51 | K60/9 (K)100 | 00:48:52 | 09.46 | |
| 10 | 208 | GOTTESBÜHREN Helga | PRENZLAU | GER | | 51 | K60/10 (K)103 | 00:49:48 | 09.57 | |
| 11 | 232 | VOGEL Gabriele | PRENZLAU | GER | | 44 | K60/11 (K)104 | 00:49:48 | 09.57 | |
| 12 | 230 | WIELAND Elvira | PRENZLAU | GER | | 51 | K60/12 (K)106 | 00:50:10 | 10.02 | |
| 13 | 288 | KAŹMIERCZAK Barbara | OSIELSKO | POL | | 45 | K60/13 (K)109 | 00:53:09 | 10.37 | |
| 14 | 100 | TARCZEWSKA Danuta | BARLINEK | POL | | 45 | K60/14 (K)117 | 00:56:13 | 11.14 | |
| 15 | 244 | LISZKOWSKA Irena | GNIEZNO | POL | | 51 | K60/15 (K)124 | 00:58:13 | 11.38 | |
| 16 | 285 | KUJAWA Oralina | OSIELSKO | POL | | 46 | K60/16 (K)142 | 01:12:47 | 14.33 | |

Nordic Walking 5 km Kobiety KATEGORIA:K50

| | | | | | | | | | | |
|---|-----|-------------------------|--------------|-----|--|----|-------------|----------|-------|--|
| 1 | 185 | LESZCZYSZYN Krystyna | SZCZECINEK | POL | | 56 | K50/1 (K)8 | 00:37:20 | 07.28 | |
| 2 | 156 | ANDCZAK KRETOWSKA Maria | WRZEŚNIA | POL | | 58 | K50/2 (K)11 | 00:37:47 | 07.33 | |
| 3 | 188 | BRZEZINA Ewa | SOCHACZEW | POL | | 61 | K50/3 (K)13 | 00:37:51 | 07.34 | |
| 4 | 181 | MOŹDŻEN Barbara | GNIEZNO | POL | | 61 | K50/4 (K)20 | 00:39:06 | 07.49 | |
| 5 | 321 | MĘŻYŃSKA Małgorzata | ZIELONA GÓRA | POL | | 57 | K50/5 (K)22 | 00:39:19 | 07.51 | |



| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k W kategorii YoB in Age Sex | Czas Time | [min/km] | pkt |
|--------------|--------|-----------------------------|------------------|----------|--------------|--------------------------------|-----------|----------|-----|
| 6 | 267 | RATUSZNA Iwona | OSIELSKO | POL | | 60 K50/6 (K)25 | 00:39:28 | 07.53 | |
| 7 | 101 | TARCZEWSKA Zyta | INOWROCLAW | POL | | 57 K50/7 (K)28 | 00:39:55 | 07.59 | |
| 8 | 195 | SZALAŁ Anna | LUBIN | POL | | 54 K50/8 (K)32 | 00:40:05 | 08.01 | |
| 9 | 246 | TUSZYŃSKA Bernadetta lucyna | INOWROCLAW | POL | | 62 K50/9 (K)37 | 00:40:36 | 08.07 | |
| 10 | 92 | PIATCZYC Barbara | GRODZISK | POL | | 62 K50/10 (K)39 | 00:40:42 | 08.08 | |
| 11 | 47 | KOSIŃSKA Maria | RYPIN | POL | | 56 K50/11 (K)42 | 00:41:13 | 08.14 | |
| 12 | 176 | ROSÓŁ Maria | BARLINEK | POL | | 54 K50/12 (K)47 | 00:41:36 | 08.19 | |
| 13 | 250 | NOWAKOWSKA Ewa | OSIELSKO | POL | | 59 K50/13 (K)54 | 00:42:56 | 08.35 | |
| 14 | 69 | STEFANICKA Urszula | ŚWINOUJŚCIE | POL | | 59 K50/14 (K)61 | 00:43:27 | 08.41 | |
| 15 | 26 | BRAĆLAWSKA Ewa | ŚWINOUJŚCIE | POL | | 59 K50/15 (K)62 | 00:43:27 | 08.41 | |
| 16 | 331 | SZNAJDER Teresa | RYBNIK | POL | | 54 K50/16 (K)64 | 00:43:40 | 08.44 | |
| 17 | 184 | JASZEK Danuta | LUBIN | POL | | 54 K50/17 (K)75 | 00:44:25 | 08.53 | |
| 18 | 75 | TUSZYŃSKA Danuta | JANOWIEC | POL | | 56 K50/18 (K)78 | 00:45:01 | 09.00 | |
| 19 | 273 | DESPET Grażyna | OSIELSKO | PAK | | 59 K50/19 (K)81 | 00:45:13 | 09.02 | |
| 20 | 283 | LESZCZYŃSKA Kazimiera | OSIELSKO | POL | | 58 K50/20 (K)93 | 00:47:31 | 09.30 | |
| 21 | 282 | LESZCZYŃSKA Wiesława | OSIELSKO | POL | | 53 K50/21 (K)94 | 00:47:32 | 09.30 | |
| 22 | 269 | SIKORSKA Alfreda | OSIELSKO | POL | | 55 K50/22 (K)97 | 00:48:42 | 09.44 | |
| 23 | 222 | SCHÄFER Marlis | PRENZLAU | GER | | 55 K50/23 (K)107 | 00:51:51 | 10.22 | |
| 24 | 214 | LESTIN Elke | PRENZLAU | GER | | 59 K50/24 (K)108 | 00:51:54 | 10.22 | |
| 25 | 212 | KAPPEL Monika | PRENZLAU | GER | | 53 K50/25 (K)110 | 00:54:58 | 10.59 | |
| 26 | 223 | SCHLENCH Erika | PRENZLAU | GER | | 58 K50/26 (K)121 | 00:57:40 | 11.32 | |
| 27 | 227 | STEGEMANN Eveline | PRENZLAU | GER | | 55 K50/27 (K)122 | 00:57:41 | 11.32 | |
| 28 | 207 | GERLING Marianne | PRENZLAU | GER | | 57 K50/28 (K)125 | 00:58:25 | 11.41 | |
| 29 | 229 | THIELEMANN Barbara | PRENZLAU | GER | | 56 K50/29 (K)126 | 00:58:25 | 11.41 | |
| 30 | 200 | BERGANSKY Jutta | PRENZLAU | GER | | 60 K50/30 (K)129 | 00:58:31 | 11.42 | |
| 31 | 215 | LIESE Bärbel | PRENZLAU | GER | | 56 K50/31 (K)130 | 00:58:32 | 11.42 | |
| 32 | 710 | LISOWSKA Bogumiła | BARLINEK | POL | | 58 K50/32 (K)137 | 01:00:30 | 12.06 | |

Nordic Walking 5 km Kobiety KATEGORIA:K40

| | | | | | | | | | |
|----|-----|------------------------|--------------|-----|--|------------------|----------|-------|--|
| 1 | 83 | BURAKOWSKA Urszula | BARLINEK | POL | | 71 K40/1 (K)4 | 00:36:35 | 07.19 | |
| 2 | 323 | TORENC Małgorzata | ZIELONA GÓRA | POL | | 70 K40/2 (K)15 | 00:38:35 | 07.43 | |
| 3 | 396 | LIPOWICZ Basia | ZŁOTY POTOK | POL | | 69 K40/3 (K)21 | 00:39:06 | 07.49 | |
| 4 | 55 | MOSKA Eleonora | KĘBŁOWO | POL | | 65 K40/4 (K)26 | 00:39:39 | 07.55 | |
| 5 | 40 | GROCHOWALSKA Jadwiga | ŚLAWNO | POL | | 65 K40/5 (K)36 | 00:40:33 | 08.06 | |
| 6 | 124 | CHABROS Ewa | GARBÓW | POL | | 70 K40/6 (K)38 | 00:40:37 | 08.07 | |
| 7 | 88 | NOWACKA Joanna | POZNAŃ | POL | | 69 K40/7 (K)52 | 00:42:26 | 08.29 | |
| 8 | 291 | GIZLER Arleta | OSIELSKO | POL | | 65 K40/8 (K)67 | 00:43:56 | 08.47 | |
| 9 | 292 | GWIZDAŁA Jolanta | OSIELSKO | POL | | 63 K40/9 (K)69 | 00:44:06 | 08.49 | |
| 10 | 216 | LINDEMANN Yconne | PRENZLAU | GER | | 65 K40/10 (K)85 | 00:46:11 | 09.14 | |
| 11 | 209 | GOTVALD Christina | PRENZLAU | GER | | 72 K40/11 (K)101 | 00:48:59 | 09.47 | |
| 12 | 220 | RITTER Sabine | PRENZLAU | GER | | 64 K40/12 (K)115 | 00:55:55 | 11.11 | |
| 13 | 707 | KOZAR Małgorzata | BARLINEK | POL | | 72 K40/13 (K)136 | 01:00:28 | 12.05 | |
| 14 | 225 | SEMBACH Anita | PRENZLAU | GER | | 63 K40/14 (K)138 | 01:03:14 | 12.38 | |
| 15 | 708 | HAJDUK-SZYMAŃSKA Lidia | BARLINEK | POL | | 64 K40/15 (K)140 | 01:04:47 | 12.57 | |



| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age Sex | Czas Time | [min/km] | pkt |
|---|--------|-------------------------------|------------------|----------|--------------|---------|------------------------|-----------|----------|-----|
| 16 | 709 | MOTYKA Małgorzata | BARLINEK | | POL | 70 | K40/16 (K)141 | 01:04:48 | 12.57 | |
| Nordic Walking 5 km Kobiety KATEGORIA:K30 | | | | | | | | | | |
| 1 | 60 | PASZEK Katarzyna | LUBIN | | POL | 78 | K30/1 (K)9 | 00:37:36 | 07.31 | |
| 2 | 27 | BURZYŃSKA Joanna | POZNAŃ | | POL | 77 | K30/2 (K)14 | 00:38:08 | 07.37 | |
| 3 | 85 | GUBAŁA Jolanta | BARLINEK | | POL | 76 | K30/3 (K)24 | 00:39:20 | 07.52 | |
| 4 | 263 | UKLEJEWSKA Agnieszka | OSIELSKO | | POL | 78 | K30/4 (K)48 | 00:41:47 | 08.21 | |
| 5 | 108 | PAWLAK Ewa | BOGDANIEC | | POL | 81 | K30/5 (K)84 | 00:46:00 | 09.12 | |
| 6 | 228 | STEGEMANN Katrin | PRENZLAU | | GER | 81 | K30/6 (K)135 | 00:59:22 | 11.52 | |
| 7 | 711 | SKOP Anna | JAROMIERKI | | POL | 81 | K30/7 (K)139 | 01:04:41 | 12.56 | |
| Nordic Walking 5 km Kobiety KATEGORIA:K18 | | | | | | | | | | |
| 1 | 249 | LEWANDOWSKA Joanna | OSIELSKO | | POL | 85 | K18/1 (K)12 | 00:37:51 | 07.34 | |
| 2 | 84 | CZYŻ Monika | WELTYŃ | | POL | 89 | K18/2 (K)19 | 00:38:58 | 07.47 | |
| 3 | 256 | KUCHARKO Justyna | OSIELSKO | | POL | 87 | K18/3 (K)23 | 00:39:20 | 07.52 | |
| 4 | 253 | STASIEROWSKA Patrycja | OSIELSKO | | POL | 92 | K18/4 (K)35 | 00:40:26 | 08.05 | |
| 5 | 274 | DESPET Anna | OSIELSKO | | POL | 94 | K18/5 (K)63 | 00:43:36 | 08.43 | |
| 6 | 187 | PRZEPIÓRKA Karolina | WELTYŃ | | POL | 90 | K18/6 (K)65 | 00:43:47 | 08.45 | |
| Nordic Walking 5 km Kobiety KATEGORIA:KJUN | | | | | | | | | | |
| 1 | 398 | LIPOWICZ Judta | ZŁOTY POTOK | | POL | 98 | KJUN/1 (K)2 | 00:36:06 | 07.13 | |
| 2 | 89 | NOWACKA Zuzanna | POZNAŃ | | POL | 98 | KJUN/2 (K)3 | 00:36:22 | 07.16 | |
| 3 | 139 | PRZENIOSŁO Nikola | MOCZKOWO | | POL | 97 | KJUN/3 (K)16 | 00:38:37 | 07.43 | |
| 4 | 403 | KAMIŃSKA Dominika | BARLINEK | | POL | 97 | KJUN/4 (K)17 | 00:38:42 | 07.44 | |
| 5 | 151 | KARASIŃSKA-LAUDIDSEN Natascia | BARLINEK | | POL | 98 | KJUN/5 (K)45 | 00:41:24 | 08.16 | |
| 6 | 415 | ŁOGYDOWSKA Marta | BARLINEK | | POL | 98 | KJUN/6 (K)46 | 00:41:25 | 08.17 | |
| 7 | 416 | ALTAN Wiktoria | BARLINEK | | POL | 98 | KJUN/7 (K)58 | 00:43:18 | 08.39 | |
| 8 | 405 | JANKOWSKA Weronika | BARLINEK | | POL | 98 | KJUN/8 (K)59 | 00:43:19 | 08.39 | |
| 9 | 28 | CHMIELEWSKA Joanna | RYPIN | | POL | 98 | KJUN/9 (K)60 | 00:43:21 | 08.40 | |
| 10 | 408 | OLEJNIK Klaudia | BARLINEK | | POL | 98 | KJUN/10 (K)73 | 00:44:10 | 08.50 | |
| 11 | 406 | KNIAŻ Magdalena | BARLINEK | | POL | 98 | KJUN/11 (K)74 | 00:44:12 | 08.50 | |
| 12 | 143 | MUSZCZEK Ewa | BARLINEK | | POL | 97 | KJUN/12 (K)79 | 00:45:04 | 09.00 | |
| 13 | 147 | KRUPA Aleksandra | MOSTKOWO | | POL | 98 | KJUN/13 (K)95 | 00:48:10 | 09.38 | |
| 14 | 138 | RAJKOWSKA Weronika | MOSTKOWO | | POL | 98 | KJUN/14 (K)96 | 00:48:10 | 09.38 | |
| 15 | 149 | BARAN Magdalena | BARLINEK | | POL | 98 | KJUN/15 (K)102 | 00:49:08 | 09.49 | |
| 16 | 411 | SYNOŚ Anna | BARLINEK | | POL | 98 | KJUN/16 (K)112 | 00:55:23 | 11.04 | |
| 17 | 412 | LADRA Pola | BARLINEK | | POL | 98 | KJUN/17 (K)113 | 00:55:26 | 11.05 | |
| 18 | 153 | ŁUKASZUK Lidia | BARLINEK | | POL | 97 | KJUN/18 (K)116 | 00:56:08 | 11.13 | |
| 19 | 141 | PIETRZAK Karolina | BARLINEK | | POL | 98 | KJUN/19 (K)119 | 00:57:39 | 11.31 | |
| 20 | 150 | KASPRZAK Dominika | BARLINEK | | POL | 98 | KJUN/20 (K)120 | 00:57:39 | 11.31 | |
| 21 | 148 | KADZIOLKA Olga | BARLINEK | | POL | 98 | KJUN/21 (K)123 | 00:57:41 | 11.32 | |
| 22 | 136 | STANISZ Klaudia | BARLINEK | | POL | 98 | KJUN/22 (K)127 | 00:58:27 | 11.41 | |
| 23 | 135 | SMOLA Klaudia | BARLINEK | | POL | 98 | KJUN/23 (K)128 | 00:58:31 | 11.42 | |
| 24 | 140 | PILARCZYK Marcelina | BARLINEK | | POL | 98 | KJUN/24 (K)131 | 00:59:19 | 11.51 | |
| 25 | 404 | MILNER Anastazja | BARLINEK | | POL | 98 | KJUN/25 (K)132 | 00:59:20 | 11.52 | |
| 26 | 410 | SZOL Zuzanna | BARLINEK | | POL | 98 | KJUN/26 (K)133 | 00:59:21 | 11.52 | |



| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k W kategorii YoB in Age Sex | Czas Time | [min/km] | pkt |
|--------------|--------|----------------------|------------------|----------|--------------|--------------------------------|-----------|----------|-----|
|--------------|--------|----------------------|------------------|----------|--------------|--------------------------------|-----------|----------|-----|

Nordic Walking 5 km Kobiety KATEGORIA:KDZ

| | | | | | | | | | |
|----|-----|-------------------------|--------------|-----|--|------------------|----------|-------|--|
| 1 | 129 | KOZAK Katarzyna | KOSZALIN | POL | | 99 KDZ/1 (K)1 | 00:35:38 | 07.07 | |
| 2 | 397 | LIPOWICZ Sandra | ZŁOTY POTOK | POL | | 99 KDZ/2 (K)5 | 00:36:46 | 07.21 | |
| 3 | 162 | GROSZKOWSKA Nikola | BARLINEK | POL | | 99 KDZ/3 (K)7 | 00:37:20 | 07.28 | |
| 4 | 173 | NIEPSUJEWICZ Wiktoria | BARLINEK | POL | | 99 KDZ/4 (K)10 | 00:37:44 | 07.32 | |
| 5 | 87 | NOWACKA Helena | POZNAŃ | POL | | 00 KDZ/5 (K)18 | 00:38:51 | 07.46 | |
| 6 | 177 | SADKOWSKA Justyna | BARLINEK | POL | | 00 KDZ/6 (K)29 | 00:39:57 | 07.59 | |
| 7 | 169 | KOŁOSOWSKA Aleksandra | BARLINEK | POL | | 99 KDZ/7 (K)30 | 00:39:57 | 07.59 | |
| 8 | 255 | UKLEJEWSKA Oliwia | OSIELSKO | POL | | 02 KDZ/8 (K)31 | 00:40:04 | 08.00 | |
| 9 | 160 | DIAKOWSKA Natalia | BARLINEK | POL | | 00 KDZ/9 (K)33 | 00:40:09 | 08.01 | |
| 10 | 168 | KIERNIEJ Wiktoria | BARLINEK | POL | | 00 KDZ/10 (K)40 | 00:41:02 | 08.12 | |
| 11 | 305 | KAWALEC Karolina | MOSTKOWO | POL | | 00 KDZ/11 (K)41 | 00:41:04 | 08.12 | |
| 12 | 297 | MALISZEWSKA Weronika | MOSTKOWO | POL | | 01 KDZ/12 (K)49 | 00:41:51 | 08.22 | |
| 13 | 296 | MILKOWSKA Wiktoria | MOSTKOWO | POL | | 00 KDZ/13 (K)50 | 00:41:52 | 08.22 | |
| 14 | 300 | OLKIEWICZ Sandra | MOSTKOWO | POL | | 00 KDZ/14 (K)51 | 00:42:20 | 08.28 | |
| 15 | 158 | BROŻEK Paulina | BARLINEK | POL | | 99 KDZ/15 (K)56 | 00:43:02 | 08.36 | |
| 16 | 104 | WITKOWSKA Maria | GORZÓW WLKP. | POL | | 00 KDZ/16 (K)57 | 00:43:08 | 08.37 | |
| 17 | 167 | KAZECKA Maja | BARLINEK | POL | | 00 KDZ/17 (K)66 | 00:43:49 | 08.45 | |
| 18 | 180 | SZCZERBA Daria | BARLINEK | POL | | 00 KDZ/18 (K)68 | 00:44:01 | 08.48 | |
| 19 | 304 | SŁOWIEJKO Agata | MOSTKOWO | POL | | 01 KDZ/19 (K)70 | 00:44:07 | 08.49 | |
| 20 | 303 | SOBCZAK Alicja | MOSTKOWO | POL | | 00 KDZ/20 (K)71 | 00:44:07 | 08.49 | |
| 21 | 417 | STANISŁAWEK Paulina | BARLINEK | POL | | 99 KDZ/21 (K)72 | 00:44:08 | 08.49 | |
| 22 | 402 | OSTRYCHAR Alicja | BARLINEK | POL | | 01 KDZ/22 (K)76 | 00:44:34 | 08.54 | |
| 23 | 172 | MULAWKA Klaudia | BARLINEK | POL | | 00 KDZ/23 (K)77 | 00:44:38 | 08.55 | |
| 24 | 171 | MANZO Weronika | BARLINEK | POL | | 00 KDZ/24 (K)80 | 00:45:10 | 09.02 | |
| 25 | 166 | JASTRZĘBSKA Agata | BARLINEK | POL | | 00 KDZ/25 (K)82 | 00:45:20 | 09.04 | |
| 26 | 178 | STANISŁAWSKA Aleksandra | BARLINEK | POL | | 04 KDZ/26 (K)87 | 00:46:36 | 09.19 | |
| 27 | 118 | ŁECHTAŃSKA Julia | BARLINEK | POL | | 03 KDZ/27 (K)89 | 00:47:01 | 09.24 | |
| 28 | 399 | LACHOWICZ Maja | BARLINEK | POL | | 01 KDZ/28 (K)91 | 00:47:03 | 09.24 | |
| 29 | 419 | FATYGA Alicja | BARLINEK | POL | | 99 KDZ/29 (K)92 | 00:47:16 | 09.27 | |
| 30 | 302 | NOWAK Karolina | MOSTKOWO | POL | | 01 KDZ/30 (K)98 | 00:48:45 | 09.45 | |
| 31 | 299 | PALUS Aleksandra | MOSTKOWO | POL | | 01 KDZ/31 (K)99 | 00:48:47 | 09.45 | |
| 32 | 392 | NOWACZYK Martyna | BARLINEK | POL | | 03 KDZ/32 (K)105 | 00:49:55 | 09.59 | |
| 33 | 164 | JANIC Hanna | BARLINEK | POL | | 99 KDZ/33 (K)114 | 00:55:32 | 11.06 | |
| 34 | 394 | SKROBISZ Julia | BARLINEK | POL | | 01 KDZ/34 (K)118 | 00:56:39 | 11.19 | |
| 35 | 137 | RUDNICKA Emilia | BARLINEK | POL | | 99 KDZ/35 (K)134 | 00:59:22 | 11.52 | |

Nordic Walking 5 km Mężczyźni KATEGORIA:M70

| | | | | | | | | | |
|---|-----|------------------------|-----------|-----|--|----------------|----------|-------|--|
| 1 | 199 | KIEDROWSKI Włodzimierz | BYDGOSZCZ | POL | | 41 M70/1 (M)36 | 00:39:00 | 07.48 | |
| 2 | 243 | LISZKOWSKI Piotr | GNIEZNO | POL | | 40 M70/2 (M)39 | 00:39:16 | 07.51 | |
| 3 | 29 | CHMIELEWSKI Józef | RYPIN | POL | | 41 M70/3 (M)46 | 00:41:00 | 08.12 | |

Nordic Walking 5 km Mężczyźni KATEGORIA:M60

| | | | | | | | | | |
|---|-----|---------------------|-------|-----|--|----------------|----------|-------|--|
| 1 | 197 | ZMACZYŃSKI Bogusław | LUBIN | POL | | 52 M60/1 (M)6 | 00:34:04 | 06.48 | |
| 2 | 127 | SOWA Andrzej | LUBIN | POL | | 49 M60/2 (M)16 | 00:34:59 | 06.59 | |



| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k W kategorii YoB in Age Sex | Czas Time | [min/km] | pkt |
|--------------|--------|-----------------------|------------------|----------|--------------|--------------------------------|-----------|----------|-----|
| 3 | 119 | STAWNIAK Karol | ŻNIN | POL | | 48 M60/3 (M)22 | 00:36:09 | 07.13 | |
| 4 | 186 | DĄBROWSKI Marian | LUBIN | POL | | 47 M60/4 (M)30 | 00:37:32 | 07.30 | |
| 5 | 226 | SIKORSKI Kazimierz | WŁOCLAWEK | POL | | 48 M60/5 (M)32 | 00:37:50 | 07.34 | |
| 6 | 125 | DĄBROWSKI Andrzej | DĘBLIN | POL | | 49 M60/6 (M)34 | 00:38:07 | 07.37 | |
| 7 | 201 | BLOHM Eckhard | PRENZLAU | GER | | 50 M60/7 (M)35 | 00:39:00 | 07.48 | |
| 8 | 270 | PILECKI Gustaw | OSIELSKO | POL | | 46 M60/8 (M)43 | 00:40:44 | 08.08 | |
| 9 | 259 | ŚCIESIŃSKI Henryk | OSIELSKO | POL | | 43 M60/9 (M)48 | 00:41:13 | 08.14 | |
| 10 | 386 | TUROWICZ Stanisław | GORZÓW WLKP | POL | | 46 M60/10 (M)55 | 00:42:30 | 08.30 | |
| 11 | 281 | LESZCZYŃSKI Władysław | OSIELSKO | POL | | 51 M60/11 (M)59 | 00:43:44 | 08.44 | |

Nordic Walking 5 km Mężczyźni KATEGORIA:M50

| | | | | | | | | | |
|----|-----|-----------------------|-----------|-----|--|-----------------|----------|-------|--|
| 1 | 189 | BRZEZINA Józef maciej | SOCHACZEW | POL | | 59 M50/1 (M)4 | 00:33:33 | 06.42 | |
| 2 | 41 | GROCHOWALSKI Marek | SŁAWNO | POL | | 61 M50/2 (M)10 | 00:34:20 | 06.52 | |
| 3 | 94 | PIATCZYC Waclaw | GRODZISK | POL | | 61 M50/3 (M)14 | 00:34:53 | 06.58 | |
| 4 | 240 | WILCZYŃSKI Krzysztof | POZNAŃ | POL | | 60 M50/4 (M)21 | 00:35:48 | 07.09 | |
| 5 | 155 | KRETKOWSKI Waldemar | WRZEŚNIA | POL | | 59 M50/5 (M)24 | 00:36:11 | 07.14 | |
| 6 | 388 | ROSSA Mieczysław | LUBOŃ | POL | | 53 M50/6 (M)29 | 00:37:32 | 07.30 | |
| 7 | 418 | SOBCZUK Mirosław | ŚWIDNIK | POL | | 61 M50/7 (M)44 | 00:40:54 | 08.10 | |
| 8 | 251 | NOWAKOWSKI Tomasz | OSIELSKO | POL | | 58 M50/8 (M)52 | 00:41:52 | 08.22 | |
| 9 | 175 | ROSENKIEWICZ Piotr | BARLINEK | POL | | 62 M50/9 (M)65 | 00:48:03 | 09.36 | |
| 10 | 385 | BOJKE Olgierd | GDAŃSK | POL | | 61 M50/10 (M)67 | 00:49:53 | 09.58 | |

Nordic Walking 5 km Mężczyźni KATEGORIA:M40

| | | | | | | | | | |
|----|-----|----------------------|-----------|-----|--|-----------------|----------|-------|--|
| 1 | 413 | KAZIMIERSKI Artur | SOCHACZEW | POL | | 68 M40/1 (M)11 | 00:34:25 | 06.53 | |
| 2 | 157 | CZLAPSKI Krzysztof | CIECHANÓW | POL | | 63 M40/2 (M)13 | 00:34:46 | 06.57 | |
| 3 | 279 | APPEL Tomasz | OSIELSKO | POL | | 69 M40/3 (M)15 | 00:34:58 | 06.59 | |
| 4 | 235 | GALAZKA Pawel | GNIEZNO | POL | | 64 M40/4 (M)19 | 00:35:37 | 07.07 | |
| 5 | 73 | STĘPIEŃ Arkadiusz | ŚCINAWA | POL | | 70 M40/5 (M)20 | 00:35:37 | 07.07 | |
| 6 | 57 | NAPIERAŁSKI Waldemar | NOWA SÓL | POL | | 63 M40/6 (M)25 | 00:36:15 | 07.15 | |
| 7 | 51 | LEMAŃSKI Artur | POZNAŃ | POL | | 70 M40/7 (M)28 | 00:37:02 | 07.24 | |
| 8 | 257 | ŚCIESIŃSKI Sławomir | OSIELSKO | POL | | 71 M40/8 (M)33 | 00:38:05 | 07.37 | |
| 9 | 30 | CHMIELEWSKI Paweł | RYPIN | POL | | 69 M40/9 (M)38 | 00:39:13 | 07.50 | |
| 10 | 128 | STANISŁAWSKI Piotr | BARLINEK | POL | | 71 M40/10 (M)42 | 00:39:59 | 07.59 | |
| 11 | 290 | GIZLER Wiesław | OSIELSKO | POL | | 63 M40/11 (M)69 | 00:51:41 | 10.20 | |

Nordic Walking 5 km Mężczyźni KATEGORIA:M30

| | | | | | | | | | |
|---|-----|-----------------------|-----------------|-----|--|----------------|----------|-------|--|
| 1 | 381 | KOZAKOWSKI Tomasz | KWIDZYN | POL | | 75 M30/1 (M)1 | 00:32:41 | 06.32 | |
| 2 | 242 | OSTROWSKI Rafał | ŁEBA | POL | | 75 M30/2 (M)5 | 00:34:01 | 06.48 | |
| 3 | 262 | UKLEJEWSKI Przemysław | OSIELSKO | POL | | 74 M30/3 (M)17 | 00:35:16 | 07.03 | |
| 4 | 103 | WITKOWSKI Marcin | GORZÓW WLKP. | POL | | 77 M30/4 (M)23 | 00:36:11 | 07.14 | |
| 5 | 268 | KUCHARKO Damian | OSIELSKO | POL | | 82 M30/5 (M)26 | 00:36:37 | 07.19 | |
| 6 | 325 | SOLETA Krzysztof | NAKLO NAD NOT. | POL | | 73 M30/6 (M)41 | 00:39:40 | 07.56 | |
| 7 | 390 | CHOJNACKI Rafał | TARNOWSKIE GÓRY | POL | | 74 M30/7 (M)50 | 00:41:46 | 08.21 | |
| 8 | 254 | KOTOWICZ Jacek | OSIELSKO | POL | | 78 M30/8 (M)51 | 00:41:52 | 08.22 | |

Nordic Walking 5 km Mężczyźni KATEGORIA:M18



| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k W kategorii YoB in Age Sex | Czas Time | [min/km] | pkt | |
|--|--------|----------------------|------------------|----------|--------------|--------------------------------|-----------|----------|-----|--|
| 1 | 277 | GRZELAK Jakub | OSIELSKO | POL | | 89 M18/1 (M)18 | 00:35:33 | 07.06 | | |
| 2 | 252 | GWIZDAŁA Marcin | OSIELSKO | POL | | 85 M18/2 (M)31 | 00:37:35 | 07.31 | | |
| Nordic Walking 5 km Mężczyźni KATEGORIA: MJUN | | | | | | | | | | |
| 1 | 328 | LEWANDOWSKI Norbert | GASZYN | POL | | 95 MJUN/1 (M)2 | 00:33:00 | 06.36 | | |
| 2 | 278 | APPEL Oscar | OSIELSKO | POL | | 98 MJUN/2 (M)3 | 00:33:00 | 06.36 | | |
| 3 | 33 | ĆWIKLIŃSKI Dawid | ŁABISZYN | POL | | 97 MJUN/3 (M)9 | 00:34:16 | 06.51 | | |
| 4 | 95 | PLACZEK Filip | BARLINEK | POL | | 95 MJUN/4 (M)12 | 00:34:30 | 06.54 | | |
| 5 | 142 | SZTULC Patryk | BARLINEK | POL | | 98 MJUN/5 (M)45 | 00:41:00 | 08.12 | | |
| 6 | 145 | DUDAS Daniel | BARLINEK | POL | | 98 MJUN/6 (M)47 | 00:41:05 | 08.13 | | |
| Nordic Walking 5 km Mężczyźni KATEGORIA: MDZ | | | | | | | | | | |
| 1 | 130 | KOZAK Paweł | KOSZALIN | POL | | 01 MDZ/1 (M)7 | 00:34:05 | 06.49 | | |
| 2 | 264 | UKLEJEWSKI Kacper | OSIELSKO | POL | | 99 MDZ/2 (M)8 | 00:34:14 | 06.50 | | |
| 3 | 179 | STRYCH Adrian | BARLINEK | POL | | 99 MDZ/3 (M)27 | 00:36:54 | 07.22 | | |
| 4 | 42 | GROCHOWALSKI Mikołaj | SŁAWNO | POL | | 02 MDZ/4 (M)37 | 00:39:12 | 07.50 | | |
| 5 | 165 | JANKOWSKI Paweł | BARLINEK | POL | | 00 MDZ/5 (M)40 | 00:39:37 | 07.55 | | |
| 6 | 93 | PIATCZYK Michał | GRODZISK | POL | | 02 MDZ/6 (M)49 | 00:41:45 | 08.21 | | |
| 7 | 298 | PUCHNIAK Marcel | MOSTKOWO | POL | | 01 MDZ/7 (M)53 | 00:42:06 | 08.25 | | |
| 8 | 183 | ZAJĄCZKOWSKI Kamil | BARLINEK | POL | | 99 MDZ/8 (M)54 | 00:42:08 | 08.25 | | |
| 9 | 170 | MAŁYCHA Daniel | BARLINEK | POL | | 99 MDZ/9 (M)56 | 00:43:17 | 08.39 | | |
| 10 | 174 | REDZIAK Michał | BARLINEK | POL | | 00 MDZ/10 (M)57 | 00:43:23 | 08.40 | | |
| 11 | 294 | WILKOWICZ Oskar | MOSTKOWO | POL | | 00 MDZ/11 (M)58 | 00:43:25 | 08.41 | | |
| 12 | 293 | LEWANDOWSKI Łukasz | OSIELSKO | POL | | 02 MDZ/12 (M)60 | 00:44:21 | 08.52 | | |
| 13 | 301 | LEBIEDZIEWICZ Kacper | MOSTKOWO | POL | | 00 MDZ/13 (M)61 | 00:45:04 | 09.00 | | |
| 14 | 295 | RESIAK Kuba | MOSTKOWO | POL | | 01 MDZ/14 (M)62 | 00:45:40 | 09.08 | | |
| 15 | 384 | SAK Marcel | BARLINEK | POL | | 03 MDZ/15 (M)63 | 00:46:35 | 09.19 | | |
| 16 | 715 | FATYGA Bartosz | BARLINEK | POL | | 01 MDZ/16 (M)64 | 00:46:38 | 09.19 | | |
| 17 | 116 | DADUN Maciej | JAROMIERKI | POL | | 01 MDZ/17 (M)66 | 00:48:04 | 09.36 | | |
| 18 | 182 | WIERASZKO Kacper | BARLINEK | POL | | 00 MDZ/18 (M)68 | 00:50:12 | 10.02 | | |
| 19 | 400 | ŁODYGOWSKI Paweł | BARLINEK | POL | | 01 MDZ/19 (M)70 | 00:52:13 | 10.26 | | |
| 20 | 401 | MAŚLANEK Maciej | BARLINEK | POL | | 01 MDZ/20 (M)71 | 00:52:15 | 10.27 | | |
| 21 | 378 | ŚWIĄTEK Kacper | BARLINEK | POL | | 01 MDZ/21 (M)72 | 00:53:22 | 10.40 | | |
| 22 | 163 | GRUSZECKI Jakub | BARLINEK | POL | | 00 MDZ/22 (M)73 | 00:53:47 | 10.45 | | |
| 23 | 159 | CZAJKOWSKI Paweł | BARLINEK | POL | | 00 MDZ/23 (M)74 | 01:02:48 | 12.33 | | |
| 24 | 34 | ĆWIKLIŃSKI Krystian | ŁABISZYN | POL | | 00 MDZ/24 (M)75 | 01:33:03 | 18.36 | | |
| 25 | 382 | SAGAN Mateusz | ZIELONA GÓRA | POL | | 02 MDZ/25 (M)76 | 03:43:53 | 44.46 | | |

