

# XXXVI Bieg Piastów

## WYNIKI ZAWODÓW

### 10 km CT

**Organizator:** Stowarzyszenie BIEG PIASTÓW

**Termin:** 02 marca 2012 r.

**Miejsce:** Szklarska Poręba - Jakuszyce

**Dystans:** 10 km CT

| Miejsce<br>Rank                         | Nr<br>Bib | Nazwisko i imię<br>Name | Miejscowość<br>City | Kraj<br>Nat | Drużyna<br>Team | R-k<br>YoB | W kategorii<br>in Age | Sex    | Czas<br>Time | [km/h] |
|---|-----------|-------------------------|---------------------|-------------|-----------------|------------|-----------------------|--------|--------------|--------|
| <b>10 km CT Mężczyźni KATEGORIA:M20</b> |           |                         |                     |             |                 |            |                       |        |              |        |
| 1                                       | 43        | ESCHER TONI             | SEHMATAL-SEHMA      | DEU         |                 | 90         | M20/1                 | (M)2   | 00:28:13     | 21.29  |
| 2                                       | 78        | SKOWRON PIOTR           | JELENIA GÓRA        | POL         |                 | 93         | M20/2                 | (M)5   | 00:33:06     | 18.15  |
| 3                                       | 2         | MIESZAŁA JAKUB          | JELENIA GÓRA        | POL         |                 | 94         | M20/3                 | (M)7   | 00:33:27     | 17.94  |
| 4                                       | 17        | MAZUREK PATRYK          | JEDLINA-ZDRÓJ       | POL         |                 | 94         | M20/4                 | (M)12  | 00:35:09     | 17.15  |
| 5                                       | 895       | CABAŁA GRACJAN          | CZARNY BÓR          | POL         |                 | 95         | M20/5                 | (M)22  | 00:36:40     | 16.36  |
| 6                                       | 74        | ŁUKOWICZ PATRYK         | JELENIA GÓRA        | POL         |                 | 94         | M20/6                 | (M)24  | 00:36:59     | 16.43  |
| 7                                       | 79        | SKOWRON MICHAŁ          | JELENIA GÓRA        | POL         |                 | 98         | M20/7                 | (M)25  | 00:37:20     | 16.28  |
| 8                                       | 84        | HABRAT PIOTR            | KROSNO              | POL         |                 | 93         | M20/8                 | (M)28  | 00:38:10     | 15.90  |
| 9                                       | 73        | BOGACZ PAWEŁ            | NIESTĘPOWO          | POL         |                 | 93         | M20/9                 | (M)29  | 00:38:41     | 15.72  |
| 10                                      | 988       | NIKŁAS KRZYSZTOF        | KARTUZY             | POL         |                 | 97         | M20/10                | (M)38  | 00:41:18     | 14.53  |
| 11                                      | 987       | OKROJ MARCIN            | ŁAPALICE            | POL         |                 | 95         | M20/11                | (M)39  | 00:41:25     | 14.49  |
| 12                                      | 12        | JAŹDŹEWSKI DAWID        | LUBAWKA             | POL         |                 | 88         | M20/12                | (M)42  | 00:42:16     | 14.31  |
| 13                                      | 22        | ŁATA MARCIN             | TARNÓW              | POL         |                 | 93         | M20/13                | (M)52  | 00:43:36     | 13.97  |
| 14                                      | 294       | PAWŁOWSKI JAN           | SOSNOWIEC           | POL         |                 | 99         | M20/14                | (M)59  | 00:44:28     | 13.49  |
| 15                                      | 180       | TOKARCZYK WOJCIECH      | RYTRO               | POL         |                 | 98         | M20/15                | (M)64  | 00:45:01     | 13.66  |
| 16                                      | 141       | MICHAŁEWSKI MICHAŁ      | JELENIA GÓRA        | POL         |                 | 92         | M20/16                | (M)72  | 00:46:09     | 13.41  |
| 17                                      | 14        | STRZYCZKOWSKI MACIEJ    | WARSZAWA WESOLA     | POL         |                 | 95         | M20/17                | (M)79  | 00:46:23     | 13.06  |
| 18                                      | 104       | NYCZ RADOSŁAW           | WŁOCLAWEK           | POL         |                 | 95         | M20/18                | (M)84  | 00:47:13     | 13.05  |
| 19                                      | 619       | ROSTEK JAKUB            | POZNAN              | POL         |                 | 98         | M20/19                | (M)86  | 00:47:54     | 12.53  |
| 20                                      | 144       | MYTNIK MICHAŁ           | TARNÓW KOSZYCE      | POL         |                 | 97         | M20/20                | (M)94  | 00:48:52     | 12.52  |
| 21                                      | 583       | SKUPIEŃ WITOLD          | KLUSZKOWCE          | POL         |                 | 89         | M20/21                | (M)95  | 00:48:52     | 12.28  |
| 22                                      | 124       | SZEREMETA SZYMON        | LWÓWEK ŚLĄSKI       | POL         |                 | 93         | M20/22                | (M)102 | 00:49:34     | 12.37  |
| 23                                      | 302       | GREKOW JAKUB            | WROCLAW             | POL         |                 | 95         | M20/23                | (M)109 | 00:50:03     | 11.99  |
| 24                                      | 1050      | PIWAŃSKI KACPER         | BYDGOSZCZ           | POL         |                 | 96         | M20/24                | (M)140 | 00:52:28     | 11.44  |
| 25                                      | 122       | MAJKOWSKI KRZYSZTOF     | DOBRZYŃ             | POL         |                 | 94         | M20/25                | (M)171 | 00:54:47     | 11.17  |
| 26                                      | 315       | ZDZIECHOWSKI MACIEJ     | ŚREM, DĄBROWA       | POL         |                 | 00         | M20/26                | (M)173 | 00:54:57     | 10.92  |
| 27                                      | 804       | KOŁODZIEJ ADAM          | WARSZAWA            | POL         |                 | 98         | M20/27                | (M)175 | 00:55:05     | 10.89  |
| 28                                      | 414       | SZYMANEK DAMIAN         | KŁOBUCK             | POL         |                 | 00         | M20/28                | (M)188 | 00:55:59     | 10.72  |
| 29                                      | 219       | FURMANOWSKI FRANCISZEK  | PUSZCZYKOWO         | POL         |                 | 97         | M20/29                | (M)199 | 00:56:49     | 10.56  |
| 30                                      | 260       | SZTUBA KACPER           | LEŚNA               | POL         |                 | 99         | M20/30                | (M)202 | 00:57:01     | 10.52  |
| 31                                      | 701       | RZEMIEŃ PIOTR           | RUDNA WIELKA        | POL         |                 | 97         | M20/31                | (M)204 | 00:57:07     | 10.50  |
| 32                                      | 57        | BORECZEK MICHAŁ         | WROCLAW             | POL         |                 | 00         | M20/32                | (M)210 | 00:57:26     | 10.73  |
| 33                                      | 279       | JASIŃSKI BARTOSZ        | CZERNICA            | POL         |                 | 94         | M20/33                | (M)211 | 00:57:31     | 10.43  |
| 34                                      | 327       | BOROWIEC JAKUB          | DRZONKÓW            | POL         |                 | 98         | M20/34                | (M)219 | 00:57:56     | 10.36  |
| 35                                      | 630       | BIEDERMAN MARCIN        | IWANOWICE           | POL         |                 | 98         | M20/35                | (M)221 | 00:57:58     | 10.35  |
| 36                                      | 278       | KLEPACZ JAKUB           | ŁÓDŹ                | POL         |                 | 98         | M20/36                | (M)222 | 00:58:00     | 10.34  |
| 37                                      | 507       | MARCINIAK MIKOŁAJ       | MYSLAKOWICE         | POL         |                 | 99         | M20/37                | (M)223 | 00:58:05     | 10.33  |
| 38                                      | 883       | CZEPIELIK ADAM          | KRAKÓW              | POL         |                 | 95         | M20/38                | (M)228 | 00:58:20     | 10.29  |
| 39                                      | 125       | NADACHOWSKI ARTUR       | OSTRÓW              | POL         |                 | 00         | M20/39                | (M)238 | 00:59:17     | 10.48  |
| 40                                      | 392       | ADAMUS BARTŁOMIEJ       | CZĘSTOCHOWA         | POL         |                 | 90         | M20/40                | (M)244 | 00:59:28     | 10.09  |
| 41                                      | 223       | KURZAWA KRZYSZTOF       | POZNAŃ              | POL         |                 | 99         | M20/41                | (M)246 | 00:59:31     | 10.08  |
| 42                                      | 1098      | ŁYKOWSKI PAWEŁ          | TRZEMESZNO          | POL         |                 | 94         | M20/42                | (M)255 | 00:59:49     | 10.03  |
| 43                                      | 773       | WÓLCZYŃSKI MAREK        | WŁODAWA             | POL         |                 | 97         | M20/43                | (M)256 | 00:59:57     | 10.01  |
| 44                                      | 173       | ADAMUS PIOTR            | CZĘSTOCHOWA         | POL         |                 | 95         | M20/44                | (M)266 | 01:00:32     | 10.22  |
| 45                                      | 393       | MIKULSKI TOMASZ         | MORAWA              | POL         |                 | 88         | M20/45                | (M)268 | 01:00:37     | 9.90   |
| 46                                      | 264       | BRZEZIŃSKI MACIEJ       | OŻARÓW MAZOWIECKI   | POL         |                 | 99         | M20/46                | (M)283 | 01:01:17     | 9.79   |

| <b>Miejsce Rank</b> | <b>Nr Bib</b> | <b>Nazwisko i imię Name</b> | <b>Miejscowość City</b> | <b>Kraj Nat</b> | <b>Drużyna Team</b> | <b>R-k YoB</b> | <b>W kategorii in Age Sex</b> | <b>Czas Time</b> | <b>[km/h]</b> |
|---------------------|---------------|-----------------------------|-------------------------|-----------------|---------------------|----------------|-------------------------------|------------------|---------------|
| 47                  | 990           | ŁASZEWSKI DAWID             | KARTUZY                 | POL             |                     | 95             | M20/47 (M)288                 | 01:01:35         | 9.74          |
| 48                  | 1040          | JĘDRZEJCZAK BOGDAN          | ŁÓDŹ                    | POL             |                     | 96             | M20/48 (M)290                 | 01:01:42         | 9.72          |
| 49                  | 819           | DUDKOWIAK WOJCIECH          | DRZONKOW                | POL             |                     | 00             | M20/49 (M)293                 | 01:02:00         | 9.68          |
| 50                  | 688           | PAJDA GABRIEL               | WARSZAWA                | POL             |                     | 98             | M20/50 (M)295                 | 01:02:12         | 9.65          |
| 51                  | 965           | BALA ALEKSANDER             | LEGNICA                 | POL             |                     | 97             | M20/51 (M)302                 | 01:02:29         | 9.60          |
| 52                  | 799           | DUDA ARKADIUSZ              | RANTY                   | POL             |                     | 94             | M20/52 (M)306                 | 01:02:43         | 9.57          |
| 53                  | 989           | KOSZAŁKA SZYMON             | TUCHLINO                | POL             |                     | 95             | M20/53 (M)311                 | 01:03:09         | 9.50          |
| 54                  | 487           | WIŚNIEWSKI MIKOŁAJ          | BRZOZA-OLIMPIN          | POL             |                     | 98             | M20/54 (M)320                 | 01:03:47         | 9.41          |
| 55                  | 700           | RZEMIEŃ MATEUSZ             | RUDNA WIELKA            | POL             |                     | 99             | M20/55 (M)326                 | 01:04:13         | 9.34          |
| 56                  | 432           | STRZYMIŃSKI MAREK           | ZIELONA GÓRA            | POL             |                     | 88             | M20/56 (M)328                 | 01:04:28         | 9.31          |
| 57                  | 1028          | KOTYLAK DANIEL              | OSIEK                   | POL             |                     | 98             | M20/57 (M)341                 | 01:05:15         | 9.20          |
| 58                  | 457           | KOZŁOWSKI RAFAL             | ZAGAN                   | POL             |                     | 89             | M20/58 (M)348                 | 01:05:42         | 9.13          |
| 59                  | 503           | RADWAŃSKI KAMIL             | ŁÓDŹ                    | POL             |                     | 99             | M20/59 (M)351                 | 01:05:43         | 9.13          |
| 60                  | 1012          | PILIS PIOTR                 | CZĘSTOCHOWA             | POL             |                     | 97             | M20/60 (M)353                 | 01:05:54         | 9.10          |
| 61                  | 573           | WRONA MARIUSZ               | KARPACZ                 | POL             |                     | 99             | M20/61 (M)359                 | 01:06:11         | 9.07          |
| 62                  | 521           | JASTRZĘBSKI KAMIL           | GORZÓW WLKP.            | POL             |                     | 98             | M20/62 (M)378                 | 01:07:25         | 8.90          |
| 63                  | 354           | OCIEPKA ADRIAN              | KŁOBUCK                 | POL             |                     | 94             | M20/63 (M)379                 | 01:07:28         | 8.89          |
| 64                  | 1032          | KNAPIŃSKI KAROL             | WROCŁAW                 | POL             |                     | 99             | M20/64 (M)385                 | 01:07:56         | 8.83          |
| 65                  | 474           | SZŁĄZAK JAKUB               | KŁOBUCK                 | POL             |                     | 94             | M20/65 (M)392                 | 01:08:21         | 8.78          |
| 66                  | 798           | MELLER GRZEGORZ             |                         | POL             |                     | 93             | M20/66 (M)393                 | 01:08:26         | 8.77          |
| 67                  | 1096          | KOSZELA MICHAŁ              | OŚNO LUBUSKIE           | POL             |                     | 95             | M20/67 (M)398                 | 01:08:49         | 8.72          |
| 68                  | 438           | SOŚNIAK ARIEL               | KŁOBUCK                 | POL             |                     | 91             | M20/68 (M)403                 | 01:09:04         | 8.69          |
| 69                  | 158           | WALACIK ALEKSANDER          | OBORA                   | POL             |                     | 95             | M20/69 (M)404                 | 01:09:07         | 8.91          |
| 70                  | 533           | GOŁ PATRYK                  | KŁOBUCK                 | POL             |                     | 94             | M20/70 (M)412                 | 01:10:02         | 8.57          |
| 71                  | 726           | RAGIEL JAKUB                | ZŁOCIENIEC              | POL             |                     | 97             | M20/71 (M)413                 | 01:10:07         | 8.56          |
| 72                  | 1045          | BAK MIECZYŚLAW              | SIEMIANOWICE ŚLĄSKIE    | POL             |                     | 93             | M20/72 (M)414                 | 01:10:07         | 8.56          |
| 73                  | 884           | CZEPIELIK TOMASZ            | KRAKÓW                  | POL             |                     | 98             | M20/73 (M)431                 | 01:11:12         | 8.43          |
| 74                  | 1024          | RAGIEL WOJCIECH             | ZŁOCIENIEC              | POL             |                     | 95             | M20/74 (M)439                 | 01:11:54         | 8.34          |
| 75                  | 853           | KORDOS WITOLD               | KOZY                    | POL             |                     | 00             | M20/75 (M)450                 | 01:12:43         | 8.25          |
| 76                  | 404           | MYTNIK MACIEJ               | TARNÓW KOSZYCE          | POL             |                     | 00             | M20/76 (M)453                 | 01:12:50         | 8.24          |
| 77                  | 836           | JZYDORCZYK MATEUSZ          | KŁOBUCK                 | POL             |                     | 94             | M20/77 (M)459                 | 01:13:30         | 8.16          |
| 78                  | 946           | KAWAŁKO MATEUSZ             | WARSZAWA                | POL             |                     | 00             | M20/78 (M)471                 | 01:14:32         | 8.05          |
| 79                  | 922           | KAROLAK FILIP               | GORZÓW WLKP.            | POL             |                     | 97             | M20/79 (M)475                 | 01:15:10         | 7.98          |
| 80                  | 911           | WNĘK MATEUSZ                | GŁUCHOŁAZY              | POL             |                     | 99             | M20/80 (M)481                 | 01:16:22         | 7.86          |
| 81                  | 795           | PSZCZÓŁKOWSKI JAROSŁAW      | WARSZAWA                | POL             |                     | 92             | M20/81 (M)484                 | 01:16:52         | 7.81          |
| 82                  | 620           | KLATKA ŁUKASZ               | LUBAŃ                   | POL             |                     | 99             | M20/82 (M)488                 | 01:17:44         | 7.72          |
| 83                  | 265           | BĄCZEK ŁUKASZ               | GORZÓW WLKP.            | POL             |                     | 98             | M20/83 (M)490                 | 01:18:06         | 7.68          |
| 84                  | 830           | STRZELCZYK KAMIL            | KŁOBUCK                 | POL             |                     | 94             | M20/84 (M)491                 | 01:18:07         | 7.68          |
| 85                  | 473           | JUSZCZYK JAKUB              | KRAKÓW                  | POL             |                     | 97             | M20/85 (M)492                 | 01:18:12         | 7.67          |
| 86                  | 470           | NICER WOJCIECH              | KŁOBUCK                 | POL             |                     | 94             | M20/86 (M)497                 | 01:19:02         | 7.59          |
| 87                  | 704           | STANECKI ŁUKASZ             | WŁOCLAWEK               | POL             |                     | 93             | M20/87 (M)498                 | 01:19:09         | 7.58          |
| 88                  | 423           | KRYVENIA MIKHAIL            | GRODNO                  | BLR             |                     | 97             | M20/88 (M)516                 | 01:21:49         | 7.33          |
| 89                  | 745           | BRANDT WOJTEK               | BELCHATÓW               | POL             |                     | 99             | M20/89 (M)538                 | 01:25:36         | 7.01          |
| 90                  | 928           | PIETRUKANIEC KACPER         | WARSZAWA                | POL             |                     | 99             | M20/90 (M)548                 | 01:27:18         | 6.87          |
| 91                  | 652           | WITKOWSKI HUBERT            | RATOWICE                | POL             |                     | 99             | M20/91 (M)550                 | 01:27:34         | 6.85          |
| 92                  | 921           | MITWICKI WOJCIECH           | GORZÓW WLKP.            | POL             |                     | 95             | M20/92 (M)557                 | 01:29:29         | 6.71          |
| 93                  | 520           | DYLEWSKI SEBASTIAN          | GORZÓW WLKP.            | POL             |                     | 97             | M20/93 (M)563                 | 01:31:39         | 6.55          |
| 94                  | 926           | SOKÓŁ WIKTOR                | WARSZAWA-WESOLA         | POL             |                     | 99             | M20/94 (M)566                 | 01:32:35         | 6.48          |
| 95                  | 686           | CZYŻ HUBERT                 | WARSZAWA                | POL             |                     | 00             | M20/95 (M)567                 | 01:33:16         | 6.43          |
| 96                  | 823           | ŻAGLEWSKI DAWID             | WROCŁAW                 | POL             |                     | 90             | M20/96 (M)573                 | 01:37:25         | 6.16          |
| 97                  | 662           | GOLUBIEWSKI PIOTR           | WARSZAWA                | POL             |                     | 00             | M20/97 (M)581                 | 01:44:24         | 5.75          |
| 98                  | 548           | OSTROWSKI SZYMON            | KRUSZYN                 | POL             |                     | 99             | M20/98 (M)585                 | 01:45:35         | 5.68          |

### 10 km CT Mężczyźni KATEGORIA:M25

|   |     |                  |              |     |  |    |             |          |       |
|---|-----|------------------|--------------|-----|--|----|-------------|----------|-------|
| 1 | 37  | KUCZERA NORBERT  | PLEŚNA       | POL |  | 85 | M25/1 (M)3  | 00:31:58 | 18.85 |
| 2 | 582 | ROSIEK KAMIL     | NOWY SĄCZ    | POL |  | 84 | M25/2 (M)11 | 00:35:06 | 17.09 |
| 3 | 109 | MIROWSKI BARTOSZ | JELENIA GÓRA | POL |  | 87 | M25/3 (M)27 | 00:37:58 | 16.07 |
| 4 | 198 | MAJOR JIRI       |              | CZE |  | 83 | M25/4 (M)36 | 00:41:02 | 14.91 |
| 5 | 313 | KRANZ PRZEMYSŁAW | AWF POZNAŃ   | POL |  | 87 | M25/5 (M)81 | 00:46:34 | 12.88 |

| <b>Miejsce Rank</b> | <b>Nr Bib</b> | <b>Nazwisko i imię Name</b> | <b>Miejscowość City</b> | <b>Kraj Nat</b> | <b>Drużyna Team</b> | <b>R-k YoB</b> | <b>W kategorii in Age Sex</b> | <b>Czas Time</b> | <b>[km/h]</b> |
|---------------------|---------------|-----------------------------|-------------------------|-----------------|---------------------|----------------|-------------------------------|------------------|---------------|
| 6                   | 100           | PACEK JAROSŁAW              | GLIWICE                 | POL             |                     | 83             | M25/6 (M)129                  | 00:51:30         | 12.10         |
| 7                   | 182           | ZUBOWICZ TOMASZ             | OKÓLEK                  | POL             |                     | 84             | M25/7 (M)131                  | 00:51:51         | 11.93         |
| 8                   | 127           | KACZYŃSKI BARTŁOMIEJ        | BRWINÓW                 | POL             |                     | 86             | M25/8 (M)133                  | 00:51:58         | 11.87         |
| 9                   | 955           | DRZĄSZCZ PIOTR              | KATOWICE                | POL             |                     | 86             | M25/9 (M)176                  | 00:55:08         | 10.88         |
| 10                  | 108           | KRUPCZYŃSKI MACIEJ          | RASZYN                  | POL             |                     | 84             | M25/10 (M)205                 | 00:57:09         | 10.82         |
| 11                  | 1029          | POTANIEC BARTŁOMIEJ         | KOSTRZYN NAD ODRĄ       | POL             |                     | 85             | M25/11 (M)208                 | 00:57:20         | 10.47         |
| 12                  | 879           | BAKOWICZ KAMIL              | KAMIENSK                | POL             |                     | 86             | M25/12 (M)291                 | 01:01:44         | 9.72          |
| 13                  | 818           | BIESTEK ŁUKASZ              | PISARZOWICE             | POL             |                     | 84             | M25/13 (M)374                 | 01:07:03         | 8.95          |
| 14                  | 417           | MACHO MAREK                 | SZCZYTNO                | POL             |                     | 84             | M25/14 (M)446                 | 01:12:27         | 8.28          |
| 15                  | 607           | MUSIAŁ BARTOSZ              | WROCLAW                 | POL             |                     | 87             | M25/15 (M)469                 | 01:14:21         | 8.07          |
| 16                  | 163           | OLESIK MARCIN               | TARNÓW                  | POL             |                     | 87             | M25/16 (M)470                 | 01:14:27         | 8.40          |
| 17                  | 969           | DYKAS JAROSŁAW              | UDANIN                  | POL             |                     | 83             | M25/17 (M)544                 | 01:26:16         | 6.96          |

### 10 km CT Mężczyźni KATEGORIA:M30

|    |      |                       |                 |     |  |    |               |          |       |
|----|------|-----------------------|-----------------|-----|--|----|---------------|----------|-------|
| 1  | 36   | SEIFERT BENJAMIN      | OBERWIESENTHAL  | DEU |  | 82 | M30/1 (M)1    | 00:27:24 | 21.90 |
| 2  | 21   | STRAMKA BARTŁOMIEJ    | NOWY TARG       | POL |  | 78 | M30/2 (M)8    | 00:33:56 | 17.74 |
| 3  | 8    | GRYCMAN KAZIMIERZ     | CIECHOWICE      | POL |  | 78 | M30/3 (M)18   | 00:35:54 | 16.89 |
| 4  | 9    | DUDZIŃSKI DARIUSZ     | TARNÓW/RZUCHOWA | POL |  | 82 | M30/4 (M)26   | 00:37:32 | 16.09 |
| 5  | 165  | JEZIORSKI PIOTR       | ZABELKÓW        | POL |  | 78 | M30/5 (M)30   | 00:39:13 | 15.62 |
| 6  | 116  | GOCYŁA MATEUSZ        | POSTĘP          | POL |  | 81 | M30/6 (M)35   | 00:40:14 | 15.14 |
| 7  | 52   | GAJOWSKI MACIEJ       | KAMIENNA GÓRA   | POL |  | 78 | M30/7 (M)40   | 00:41:48 | 14.57 |
| 8  | 47   | LESNIKOWSKI MATEUSZ   | WROCLAW         | POL |  | 78 | M30/8 (M)51   | 00:43:14 | 14.10 |
| 9  | 91   | WALCZAK ROBERT        | ZIELONA GÓRA    | POL |  | 80 | M30/9 (M)54   | 00:44:01 | 13.92 |
| 10 | 157  | MICHLEWICZ MICHAŁ     | WROCLAW         | POL |  | 82 | M30/10 (M)67  | 00:45:32 | 13.47 |
| 11 | 257  | ZAMORSKI WITOLD       | KRAKÓW          | POL |  | 79 | M30/11 (M)69  | 00:45:50 | 13.09 |
| 12 | 136  | DZIEDZIC KRYSZTIAN    | WROCLAW         | POL |  | 82 | M30/12 (M)73  | 00:46:12 | 13.30 |
| 13 | 92   | DYMITROW DAWID        | WROCLAW         | POL |  | 82 | M30/13 (M)83  | 00:47:04 | 12.97 |
| 14 | 761  | LESIOWSKI WOJCIECH    | TULCE           | POL |  | 81 | M30/14 (M)97  | 00:49:03 | 12.23 |
| 15 | 138  | ŻUREK TOMASZ          | BOROWIANKA      | POL |  | 79 | M30/15 (M)114 | 00:50:20 | 12.30 |
| 16 | 110  | KATAN TOMASZ ROMAN    | MYSLOWICE       | POL |  | 78 | M30/16 (M)116 | 00:50:30 | 12.31 |
| 17 | 143  | KOZŁOWSKI TOMASZ      | TUCHOLA         | POL |  | 78 | M30/17 (M)120 | 00:50:58 | 12.15 |
| 18 | 986  | SALETA DAMIAN         | MSTÓW           | POL |  | 79 | M30/18 (M)126 | 00:51:25 | 11.67 |
| 19 | 81   | RYNKO PAWEŁ           | OLSZTYN         | POL |  | 80 | M30/19 (M)141 | 00:52:31 | 11.71 |
| 20 | 565  | WÓDKIEWICZ PAWEŁ      | MYSŁAKOWICE     | POL |  | 80 | M30/20 (M)148 | 00:53:17 | 11.26 |
| 21 | 497  | KUCIA SEBASTIAN       | JELEŃ GÓRA      | POL |  | 80 | M30/21 (M)161 | 00:54:14 | 11.06 |
| 22 | 399  | GRUDZIEŃ RAFAŁ        | WROCLAW         | POL |  | 78 | M30/22 (M)163 | 00:54:18 | 11.05 |
| 23 | 968  | SZELIGA MACIEJ        | OLEŚNICA        | POL |  | 80 | M30/23 (M)178 | 00:55:16 | 10.86 |
| 24 | 218  | OLEKSY PIOTR          | KAMIENNA GÓRA   | POL |  | 79 | M30/24 (M)183 | 00:55:47 | 10.76 |
| 25 | 560  | ADAMUS ZBYSZEK        | WARSZAWA        | POL |  | 78 | M30/25 (M)193 | 00:56:19 | 10.65 |
| 26 | 269  | CHMIEL MIESZKO        | WROCLAW         | POL |  | 80 | M30/26 (M)209 | 00:57:21 | 10.46 |
| 27 | 190  | PACHUC GERARD         | RUDA MALENIECKA | POL |  | 78 | M30/27 (M)213 | 00:57:34 | 10.78 |
| 28 | 993  | CZYŻEWSKI FILIP       | ZIELONA GÓRA    | POL |  | 81 | M30/28 (M)216 | 00:57:45 | 10.39 |
| 29 | 977  | CZAPIK SZYMON         | LATCHORZEW      | POL |  | 80 | M30/29 (M)230 | 00:58:32 | 10.25 |
| 30 | 997  | PIELECH MARIUSZ       | CHOCIANÓW       | POL |  | 81 | M30/30 (M)269 | 01:00:38 | 9.90  |
| 31 | 982  | DOBNER KRZYSZTOF      | BIELSKO-BIAŁA   | POL |  | 80 | M30/31 (M)285 | 01:01:24 | 9.77  |
| 32 | 413  | MARKIEWICZ KAMIL      | WARSZAWA        | POL |  | 78 | M30/32 (M)303 | 01:02:29 | 9.60  |
| 33 | 822  | SADOWSKI KRZYSZTOF    | SUWAŁKI         | POL |  | 82 | M30/33 (M)307 | 01:02:44 | 9.56  |
| 34 | 674  | ROCZNIK GRZEGORZ      | SANOK           | POL |  | 80 | M30/34 (M)318 | 01:03:45 | 9.41  |
| 35 | 343  | DAŁĘTKA WOJCIECH      | WROCLAW         | POL |  | 80 | M30/35 (M)323 | 01:03:54 | 9.39  |
| 36 | 112  | KRUTAK ŁUKASZ         | GLUCHOŁAZY      | POL |  | 82 | M30/36 (M)334 | 01:04:52 | 9.58  |
| 37 | 562  | SZAWARA DANIEL        | ŻAGAŃ           | POL |  | 81 | M30/37 (M)383 | 01:07:52 | 8.84  |
| 38 | 691  | STULKA KRZYSZTOF      | TYCHY           | POL |  | 79 | M30/38 (M)400 | 01:08:56 | 8.70  |
| 39 | 1094 | YUKHNEVICH SIARHEI    | GRODNO          | BLR |  | 80 | M30/39 (M)402 | 01:08:59 | 8.70  |
| 40 | 148  | WILANOWSKI ALEKSANDER | WROCLAW         | POL |  | 82 | M30/40 (M)535 | 01:25:13 | 7.56  |
| 41 | 309  | WAWROWSKI PIOTR       | WŁOCŁAWEK       | POL |  | 81 | M30/41 (M)556 | 01:28:53 | 6.75  |
| 42 | 155  | ZABLOCKI JAROSŁAW     | ZARY            | POL |  | 78 | M30/42 (M)571 | 01:36:14 | 6.77  |

### 10 km CT Mężczyźni KATEGORIA:M35

|   |     |                      |         |     |  |    |             |          |       |
|---|-----|----------------------|---------|-----|--|----|-------------|----------|-------|
| 1 | 23  | SŁOBODZIAN EUGENIUSZ | CIESZYN | POL |  | 75 | M35/1 (M)10 | 00:34:35 | 17.42 |
| 2 | 197 | KALINA DAWID         |         | CZE |  | 74 | M35/2 (M)15 | 00:35:43 | 16.99 |

| <b>Miejsce Rank</b> | <b>Nr Bib</b> | <b>Nazwisko i imię Name</b> | <b>Miejscowość City</b> | <b>Kraj Nat</b> | <b>Drużyna Team</b> | <b>R-k YoB</b> | <b>W kategorii in Age Sex</b> | <b>Czas Time</b> | <b>[km/h]</b> |
|---------------------|---------------|-----------------------------|-------------------------|-----------------|---------------------|----------------|-------------------------------|------------------|---------------|
| 3                   | 45            | GALIK ZBIGNIEW              | SZKLARSKA PORĘBA        | POL             |                     | 73             | M35/3 (M)19                   | 00:36:07         | 16.74         |
| 4                   | 196           | NOWAKOWSKI TOMASZ           | SZKLARSKA PORĘBA        | POL             |                     | 74             | M35/4 (M)43                   | 00:42:25         | 14.42         |
| 5                   | 75            | FLORYAN PIOTR               | NOWY SĄCZ               | POL             |                     | 74             | M35/5 (M)56                   | 00:44:13         | 13.79         |
| 6                   | 1004          | ZIOBER PAWEŁ                | WROCLAW                 | POL             |                     | 77             | M35/6 (M)61                   | 00:44:40         | 13.43         |
| 7                   | 156           | SZANIEWSKI MIROSŁAW         | JELENIA GÓRA            | POL             |                     | 73             | M35/7 (M)70                   | 00:45:53         | 13.47         |
| 8                   | 954           | FURS TEODOR                 | CISNA                   | POL             |                     | 75             | M35/8 (M)77                   | 00:46:18         | 12.96         |
| 9                   | 174           | STĘPNIEWSKI MICHAŁ          | WARSZAWA                | POL             |                     | 74             | M35/9 (M)88                   | 00:48:10         | 12.84         |
| 10                  | 145           | MROCZEK TOMASZ              | LUBLIN                  | POL             |                     | 73             | M35/10 (M)91                  | 00:48:16         | 12.82         |
| 11                  | 295           | HUCAŁ TOMASZ                | TOMASZOWO               | POL             |                     | 76             | M35/11 (M)98                  | 00:49:05         | 12.22         |
| 12                  | 338           | BUBELA ADAM                 | OLSZTYN                 | POL             |                     | 77             | M35/12 (M)104                 | 00:49:48         | 12.05         |
| 13                  | 308           | LEGOMSKI PIOTR              | KRAKÓW                  | POL             |                     | 77             | M35/13 (M)107                 | 00:49:57         | 12.01         |
| 14                  | 312           | SZCZERBICKI MICHAŁ          | SMOLNIK                 | POL             |                     | 77             | M35/14 (M)113                 | 00:50:11         | 11.96         |
| 15                  | 1003          | KOBYLIŃSKI TOMASZ           | ZABRZE                  | POL             |                     | 76             | M35/15 (M)123                 | 00:51:14         | 11.71         |
| 16                  | 323           | WARDZIŃSKI ARTUR            | DZIWISZÓW               | POL             |                     | 74             | M35/16 (M)136                 | 00:52:07         | 11.51         |
| 17                  | 98            | STADNICKI BARTŁOMIEJ        | ZAKOPANE                | POL             |                     | 73             | M35/17 (M)137                 | 00:52:15         | 11.78         |
| 18                  | 132           | PACEK MARCIN                | GDYNIA                  | POL             |                     | 76             | M35/18 (M)142                 | 00:52:32         | 11.75         |
| 19                  | 172           | TROJAN RADOŚLAW             | JEŻÓW SUDECKI           | POL             |                     | 75             | M35/19 (M)143                 | 00:52:34         | 11.71         |
| 20                  | 212           | WIERUSZEWSKI RADOŚLAW       | POLKOWICE               | POL             |                     | 73             | M35/20 (M)146                 | 00:53:05         | 11.30         |
| 21                  | 248           | MICHALSKI PIOTR             | NADARZYN                | POL             |                     | 74             | M35/21 (M)166                 | 00:54:29         | 11.01         |
| 22                  | 184           | TYRNA TOMASZ                | ZABRZE                  | POL             |                     | 73             | M35/22 (M)191                 | 00:56:06         | 10.98         |
| 23                  | 597           | COOMBS JUSTIN               |                         | ENG             |                     | 76             | M35/23 (M)195                 | 00:56:22         | 10.64         |
| 24                  | 205           | KULETA DANIEL               | PYRZYCE                 | POL             |                     | 77             | M35/24 (M)197                 | 00:56:39         | 10.59         |
| 25                  | 750           | BIALACHOWSKI ARTUR          | PIONKI                  | POL             |                     | 73             | M35/25 (M)212                 | 00:57:33         | 10.43         |
| 26                  | 415           | SZYMANEK ZBIGNIEW           | KŁOBUCK                 | POL             |                     | 73             | M35/26 (M)225                 | 00:58:12         | 10.31         |
| 27                  | 867           | ROCKHILL JAMES              | READING                 | ENG             |                     | 75             | M35/27 (M)239                 | 00:59:21         | 10.11         |
| 28                  | 791           | SMOGULECKI DANIEL           | SZKLARSKA PORĘBA        | POL             |                     | 75             | M35/28 (M)248                 | 00:59:35         | 10.07         |
| 29                  | 1002          | SALAŁUN HENRYK              | BIELSKO-BIAŁA           | POL             |                     | 77             | M35/29 (M)249                 | 00:59:36         | 10.07         |
| 30                  | 266           | OSOMAŃSKI JULIUSZ           | GŁOGÓW                  | POL             |                     | 75             | M35/30 (M)250                 | 00:59:40         | 10.06         |
| 31                  | 340           | WIERCIOCH SŁAWOMIR          | LUBIN                   | POL             |                     | 73             | M35/31 (M)261                 | 01:00:17         | 9.95          |
| 32                  | 235           | SYNOWIECKI MAREK            | BRZEG                   | POL             |                     | 74             | M35/32 (M)274                 | 01:00:55         | 9.85          |
| 33                  | 287           | WLAZŁO PIOTR                | ŻAGAŃ                   | POL             |                     | 74             | M35/33 (M)280                 | 01:01:16         | 9.79          |
| 34                  | 349           | KITA SEBASTIAN              | PSZCZYNA                | POL             |                     | 73             | M35/34 (M)284                 | 01:01:18         | 9.79          |
| 35                  | 996           | KUC KORDIAN                 | ŚWIDNICA                | POL             |                     | 74             | M35/35 (M)300                 | 01:02:28         | 9.61          |
| 36                  | 419           | SAK TOMASZ                  | BOGATYNIA               | POL             |                     | 73             | M35/36 (M)304                 | 01:02:30         | 9.60          |
| 37                  | 559           | KRUPSKI ALEKSANDER          | WROCLAW                 | POL             |                     | 74             | M35/37 (M)308                 | 01:02:56         | 9.53          |
| 38                  | 1067          | CZAJKOWSKI JACEK            | KORSZE                  | POL             |                     | 76             | M35/38 (M)314                 | 01:03:20         | 9.47          |
| 39                  | 847           | SYNOWIEC GRZEGORZ           | WROCLAW                 | POL             |                     | 75             | M35/39 (M)316                 | 01:03:35         | 9.44          |
| 40                  | 512           | JAWORSKI RADEK              | WARSZAWA                | POL             |                     | 77             | M35/40 (M)335                 | 01:04:56         | 9.24          |
| 41                  | 270           | NICIA MARIUSZ               | KŁOBUCK                 | POL             |                     | 75             | M35/41 (M)345                 | 01:05:29         | 9.16          |
| 42                  | 623           | BENSARI REMIGIUSZ           | WROCLAW                 | POL             |                     | 74             | M35/42 (M)458                 | 01:13:12         | 8.20          |
| 43                  | 658           | SŁOWIK MICHAŁ               | BYSTRZYCA KŁODZKA       | POL             |                     | 75             | M35/43 (M)468                 | 01:14:20         | 8.07          |
| 44                  | 991           | BIAZDOSIK ALIAKSANDR        | GRODNO                  | BLR             |                     | 75             | M35/44 (M)472                 | 01:14:37         | 8.04          |
| 45                  | 225           | SZNAJDER WIKTOR             | DREZDENKO               | POL             |                     | 77             | M35/45 (M)493                 | 01:18:20         | 7.66          |
| 46                  | 692           | GRUDNIK BARTŁOMIEJ          | WARSZAWA                | POL             |                     | 76             | M35/46 (M)508                 | 01:20:04         | 7.49          |
| 47                  | 634           | PIECYK ROBERT               | JELENIA GÓRA            | POL             |                     | 77             | M35/47 (M)522                 | 01:22:59         | 7.23          |
| 48                  | 561           | POPLAWSKI MAREK             | LESZNO                  | POL             |                     | 73             | M35/48 (M)524                 | 01:23:28         | 7.19          |
| 49                  | 939           | WICHROWSKI GRZEGORZ         | MIRKÓW                  | POL             |                     | 74             | M35/49 (M)564                 | 01:32:18         | 6.50          |
| 50                  | 810           | BARANOWICZ PAWEŁ            | WROCLAW                 | POL             |                     | 73             | M35/50 (M)588                 | 02:10:01         | 4.61          |
| 51                  | 756           | GOLUBIEWSKI KRZYSZTOF       | WARSZAWA                | POL             |                     | 77             | M35/51 (M)590                 | 02:18:04         | 4.35          |

### 10 km CT Mężczyźni KATEGORIA:M40

|   |     |                    |              |     |  |    |             |          |       |
|---|-----|--------------------|--------------|-----|--|----|-------------|----------|-------|
| 1 | 27  | KORYCIŃSKI RAFAŁ   | GDAŃSK       | POL |  | 71 | M40/1 (M)4  | 00:32:49 | 18.42 |
| 2 | 5   | KASPAR JAN         | PRAHA        | CZE |  | 71 | M40/2 (M)13 | 00:35:23 | 17.05 |
| 3 | 15  | SÓJKA MIROSŁAW     | BRÓJCE-LÓDŹ  | POL |  | 68 | M40/3 (M)37 | 00:41:03 | 14.80 |
| 4 | 114 | TOMCZAK TOMASZ     | WROCISLAWICE | POL |  | 69 | M40/4 (M)41 | 00:42:05 | 14.55 |
| 5 | 943 | SZAŁKOWSKI MARIUSZ | NOWY DWÓR    | POL |  | 68 | M40/5 (M)44 | 00:42:34 | 14.10 |
| 6 | 320 | WRÓBEL MARIUSZ     | PRZEMYŚL     | POL |  | 72 | M40/6 (M)47 | 00:42:58 | 13.96 |
| 7 | 56  | ŻUKOWSKI KRZYSZTOF | JELENIA GÓRA | POL |  | 71 | M40/7 (M)57 | 00:44:16 | 13.85 |
| 8 | 161 | GROMADA MARCIN     | BIALYSTOK    | POL |  | 72 | M40/8 (M)62 | 00:44:43 | 13.84 |

| <b>Miejsce Rank</b> | <b>Nr Bib</b> | <b>Nazwisko i imię Name</b> | <b>Miejscowość City</b> | <b>Kraj Nat</b> | <b>Drużyna Team</b> | <b>R-k YoB</b> | <b>W kategorii in Age Sex</b> | <b>Czas Time</b> | <b>[km/h]</b> |
|---------------------|---------------|-----------------------------|-------------------------|-----------------|---------------------|----------------|-------------------------------|------------------|---------------|
| 9                   | 42            | STRZYCZKOWSKI MICHAŁ        | WARSZAWA                | POL             |                     | 69             | M40/9 (M)68                   | 00:45:44         | 13.31         |
| 10                  | 151           | SOJKA MICHAŁ                | KRAKÓW                  | POL             |                     | 71             | M40/10 (M)93                  | 00:48:29         | 12.63         |
| 11                  | 170           | STĘPIEŃ ARKADIUSZ           | ŚCINAWA                 | POL             |                     | 70             | M40/11 (M)106                 | 00:49:56         | 12.32         |
| 12                  | 82            | KRAKÓWKO ROBERT             | ROSOCHATE KOŚCIELE      | POL             |                     | 72             | M40/12 (M)122                 | 00:51:12         | 12.03         |
| 13                  | 796           | PSZCZÓLKOWSKI ZBIGNIEW      | WARSZAWA                | POL             |                     | 71             | M40/13 (M)124                 | 00:51:15         | 11.71         |
| 14                  | 325           | BARAŃSKI PIOTR              | WARSZAWA                | POL             |                     | 69             | M40/14 (M)125                 | 00:51:16         | 11.70         |
| 15                  | 277           | WALACIK KRZYSZTOF           | OBORA                   | POL             |                     | 72             | M40/15 (M)145                 | 00:52:56         | 11.34         |
| 16                  | 228           | SALACH RADOSŁAW             | LUBSKO                  | POL             |                     | 72             | M40/16 (M)147                 | 00:53:15         | 11.27         |
| 17                  | 117           | NADACHOWSKI MAREK           | OSTRÓW                  | POL             |                     | 72             | M40/17 (M)149                 | 00:53:31         | 11.61         |
| 18                  | 1007          | LITWICKI NORBERT            | BOGATYNIA               | POL             |                     | 72             | M40/18 (M)151                 | 00:53:34         | 11.20         |
| 19                  | 250           | GRZYWACZEWSKI ANDRZEJ       | POZNAŃ                  | POL             |                     | 68             | M40/19 (M)154                 | 00:53:45         | 11.16         |
| 20                  | 337           | SYPIEWSKI KRZYSZTOF         | SZCZYTNO                | POL             |                     | 72             | M40/20 (M)156                 | 00:53:51         | 11.14         |
| 21                  | 103           | MICHALAK TOMASZ             | BORÓWIEC                | POL             |                     | 72             | M40/21 (M)164                 | 00:54:22         | 11.48         |
| 22                  | 185           | BEDŁA GRZEGORZ              | MIEDŹNO                 | POL             |                     | 69             | M40/22 (M)167                 | 00:54:35         | 11.39         |
| 23                  | 85            | GDULA RADOSŁAW              | TARNÓW                  | POL             |                     | 69             | M40/23 (M)174                 | 00:54:57         | 11.20         |
| 24                  | 408           | PASTUSZAK KAROL             | OSTRÓW WLKP.            | POL             |                     | 71             | M40/24 (M)180                 | 00:55:20         | 10.84         |
| 25                  | 253           | NIEZGODA RAFAŁ              | PARZYMICHE              | POL             |                     | 70             | M40/25 (M)190                 | 00:56:04         | 10.70         |
| 26                  | 164           | NOSAL SŁAWOMIR              | TARNÓW                  | POL             |                     | 70             | M40/26 (M)206                 | 00:57:12         | 10.82         |
| 27                  | 422           | BATKO WOJCIECH              | PIECHOWICE              | POL             |                     | 71             | M40/27 (M)215                 | 00:57:38         | 10.41         |
| 28                  | 275           | KLEPACZ JACEK               | ŁÓDŹ                    | POL             |                     | 71             | M40/28 (M)224                 | 00:58:05         | 10.33         |
| 29                  | 256           | KURZAWA JACEK               | POZNAŃ                  | POL             |                     | 68             | M40/29 (M)226                 | 00:58:17         | 10.29         |
| 30                  | 274           | SAPAŁA PIOTR                | GLUCHOŁAZY              | POL             |                     | 69             | M40/30 (M)227                 | 00:58:19         | 10.29         |
| 31                  | 272           | NIEMCZAK KRZYSZTOF          | JELEŃ GÓRA              | POL             |                     | 69             | M40/31 (M)237                 | 00:59:09         | 10.14         |
| 32                  | 585           | DOMITRZ MARCEL              | PIECHOWICE              | POL             |                     | 68             | M40/32 (M)243                 | 00:59:27         | 10.09         |
| 33                  | 586           | DOMITRZ WALDEMAR            | PIECHOWICE              | POL             |                     | 68             | M40/33 (M)247                 | 00:59:32         | 10.08         |
| 34                  | 331           | CZERSKI GRZEGORZ            | LUBAŃ                   | POL             |                     | 70             | M40/34 (M)262                 | 01:00:21         | 9.94          |
| 35                  | 177           | FIREK JAROSŁAW              | DUSZNIKI ZDRÓJ          | POL             |                     | 71             | M40/35 (M)264                 | 01:00:27         | 10.24         |
| 36                  | 450           | POGONOWSKI TADEUSZ          | GLIWICE                 | POL             |                     | 72             | M40/36 (M)287                 | 01:01:34         | 9.75          |
| 37                  | 966           | BALA DARIUSZ                | LEGNICA                 | POL             |                     | 70             | M40/37 (M)294                 | 01:02:00         | 9.68          |
| 38                  | 462           | PILIS TOMASZ                | CZĘSTOCHOWA             | POL             |                     | 71             | M40/38 (M)310                 | 01:03:07         | 9.51          |
| 39                  | 999           | MAŁECKI PRZEMYSŁAW          | RYBNIK                  | POL             |                     | 70             | M40/39 (M)313                 | 01:03:16         | 9.48          |
| 40                  | 1027          | KOTYLAK RAFAŁ               | OSIEK                   | POL             |                     | 70             | M40/40 (M)322                 | 01:03:52         | 9.39          |
| 41                  | 1026          | SKOREK FILIP                | WARSZAWA                | POL             |                     | 69             | M40/41 (M)331                 | 01:04:34         | 9.29          |
| 42                  | 1056          | MELNIKAU VIACHASLAU         | GRODNO                  | BLR             |                     | 72             | M40/42 (M)337                 | 01:05:01         | 9.23          |
| 43                  | 642           | RYCHLIK TOMASZ              | OSTRÓW WIELKOPOLSKI     | POL             |                     | 68             | M40/43 (M)338                 | 01:05:01         | 9.23          |
| 44                  | 237           | KWIETNIEWSKI TOMASZ         | RADOM                   | POL             |                     | 71             | M40/44 (M)346                 | 01:05:38         | 9.14          |
| 45                  | 693           | SZCZUROWSKI TOMASZ          | DZIWISZÓW               | POL             |                     | 68             | M40/45 (M)354                 | 01:05:54         | 9.10          |
| 46                  | 612           | KUCZAK WALDEMAR             | PRZYLEP                 | POL             |                     | 70             | M40/46 (M)356                 | 01:05:57         | 9.10          |
| 47                  | 494           | KOZŁOWSKI JAN               | KŁODZKO                 | POL             |                     | 69             | M40/47 (M)360                 | 01:06:20         | 9.05          |
| 48                  | 622           | PETRÓW ROBERT               | PIECHOWICE              | POL             |                     | 71             | M40/48 (M)367                 | 01:06:37         | 9.01          |
| 49                  | 802           | WITCZAK JAROSŁAW            | WARSZAWA                | POL             |                     | 71             | M40/49 (M)382                 | 01:07:46         | 8.85          |
| 50                  | 1001          | SZCZERBA ANDRZEJ            | SOSNOWIEC               | POL             |                     | 72             | M40/50 (M)395                 | 01:08:41         | 8.74          |
| 51                  | 950           | ZUKOWSKI TOMASZ             | DZWIERZUTY              | POL             |                     | 72             | M40/51 (M)408                 | 01:09:40         | 8.61          |
| 52                  | 551           | NEYMAN BARTOSZ              | WARSZAWA                | POL             |                     | 70             | M40/52 (M)418                 | 01:10:14         | 8.54          |
| 53                  | 1047          | DŁUGASZEK DARIUSZ RAFAŁ     | KRZESZOWICE             | POL             |                     | 68             | M40/53 (M)422                 | 01:10:45         | 8.48          |
| 54                  | 854           | KORDOS MIROSLAW             | KOZY                    | POL             |                     | 69             | M40/54 (M)445                 | 01:12:20         | 8.29          |
| 55                  | 517           | CHŁOPEK MAREK               | WARSZAWA                | POL             |                     | 69             | M40/55 (M)463                 | 01:13:39         | 8.15          |
| 56                  | 945           | KAWAŁKO MARIUSZ             | WARSZAWA                | POL             |                     | 70             | M40/56 (M)473                 | 01:14:38         | 8.04          |
| 57                  | 1041          | DROŹDŹ TOMASZ               | ŚWIDNICA                | POL             |                     | 70             | M40/57 (M)482                 | 01:16:42         | 7.82          |
| 58                  | 206           | HOŁDA MARIAN                | TYCHY                   | POL             |                     | 68             | M40/58 (M)489                 | 01:17:52         | 7.71          |
| 59                  | 361           | JĘDRAL PIOTR                | SZCZECINEK              | POL             |                     | 70             | M40/59 (M)500                 | 01:19:14         | 7.57          |
| 60                  | 402           | ZAJAC KRZYSZTOF             | MOJESZ                  | POL             |                     | 69             | M40/60 (M)502                 | 01:19:20         | 7.56          |
| 61                  | 833           | OKRĘGLICKI PAWEŁ            | ZŁOTORYJA               | POL             |                     | 70             | M40/61 (M)503                 | 01:19:31         | 7.55          |
| 62                  | 111           | PAJDA WOJCIECH              | WARSZAWA                | POL             |                     | 68             | M40/62 (M)506                 | 01:19:54         | 8.09          |
| 63                  | 919           | PIETRUKANIEC MARIUSZ        | GIŻYCKO                 | POL             |                     | 69             | M40/63 (M)518                 | 01:22:34         | 7.27          |
| 64                  | 574           | BŁONIAK JAROSŁAW            | WARSZAWA                | POL             |                     | 68             | M40/64 (M)521                 | 01:22:58         | 7.23          |
| 65                  | 1065          | MINTA ANDRZEJ               | WROCLAW                 | POL             |                     | 70             | M40/65 (M)523                 | 01:23:12         | 7.21          |
| 66                  | 455           | ŁAZIUK JERZY                | PIASTÓW                 | POL             |                     | 70             | M40/66 (M)526                 | 01:23:31         | 7.18          |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age Sex | Czas Time | [km/h] |
|--------------|--------|----------------------|------------------|----------|--------------|---------|------------------------|-----------|--------|
| 67           | 825    | MEDYŃSKI WOJCIECH    | KRZELÓW          | POL      |              | 70      | M40/67 (M)527          | 01:23:34  | 7.18   |
| 68           | 452    | LISIECKI DARIUSZ     | PYZDRY           | POL      |              | 68      | M40/68 (M)536          | 01:25:35  | 7.01   |
| 69           | 744    | WOJEWODA TOMASZ      | POZNAŃ           | POL      |              | 69      | M40/69 (M)558          | 01:30:33  | 6.63   |
| 70           | 65     | ŚLUSARSKI ŁUKASZ     | WARSZAWA         | POL      |              | 69      | M40/70 (M)565          | 01:32:19  | 7.09   |
| 71           | 696    | CZYŻ JACEK           | WARSZAWA         | POL      |              | 70      | M40/71 (M)568          | 01:33:22  | 6.43   |
| 72           | 678    | GÓRAL ROBERT         | WROCLAW          | POL      |              | 68      | M40/72 (M)584          | 01:45:15  | 5.70   |

### 10 km CT Mężczyźni KATEGORIA:M45

|    |      |                        |                     |     |  |    |               |          |       |
|----|------|------------------------|---------------------|-----|--|----|---------------|----------|-------|
| 1  | 32   | SKOWRON MIECZYSLAW     | JELENIA GÓRA        | POL |  | 64 | M45/1 (M)9    | 00:34:19 | 17.65 |
| 2  | 7    | NĘDZA-KUBINIEC TADEUSZ | KOŚCIELISKO         | POL |  | 66 | M45/2 (M)14   | 00:35:28 | 16.97 |
| 3  | 10   | MICHALIK JAROSLAW      | SZKLARSKA PORĘBA    | POL |  | 66 | M45/3 (M)17   | 00:35:47 | 16.92 |
| 4  | 24   | TROJAK WITOLD          | TARNÓW              | POL |  | 64 | M45/4 (M)23   | 00:36:44 | 16.50 |
| 5  | 49   | MICHALAK ROBERT        | KROTOSZYN           | POL |  | 66 | M45/5 (M)33   | 00:39:49 | 15.35 |
| 6  | 71   | ZAWÓL STANISLAW        | SZKLARSKA PORĘBA    | POL |  | 66 | M45/6 (M)34   | 00:40:02 | 15.22 |
| 7  | 20   | SZTUBA BOGDAN          | LEŚNA               | POL |  | 64 | M45/7 (M)49   | 00:43:05 | 14.08 |
| 8  | 238  | JĘDRZEJEWSKI PAWEŁ     | ŁOMIANKI            | POL |  | 63 | M45/8 (M)53   | 00:43:52 | 13.68 |
| 9  | 40   | MARAS LADISLAV         | PRESOV              | SVK |  | 63 | M45/9 (M)58   | 00:44:25 | 13.82 |
| 10 | 77   | MARCHELA MIROSLAW      | BIALYSTOK           | POL |  | 67 | M45/10 (M)60  | 00:44:37 | 13.76 |
| 11 | 951  | SZTUKA WALDEMAR        | NOWY DWÓR MAZ.      | POL |  | 65 | M45/11 (M)90  | 00:48:11 | 12.45 |
| 12 | 87   | KULPA PAWEŁ            | BUKOWICE            | POL |  | 64 | M45/12 (M)92  | 00:48:22 | 12.74 |
| 13 | 38   | PATERAK JAN            | GOŚCIECIN           | POL |  | 66 | M45/13 (M)100 | 00:49:15 | 12.40 |
| 14 | 113  | KAMIŃSKI ANDRZEJ       | SŁUBICE             | POL |  | 67 | M45/14 (M)103 | 00:49:46 | 12.48 |
| 15 | 150  | PACA ALEKSANDER        | GLUCHOŁAZY          | POL |  | 64 | M45/15 (M)118 | 00:50:39 | 12.17 |
| 16 | 208  | MITRASZEWSKI WOJCIECH  | JELENIA GÓRA        | POL |  | 64 | M45/16 (M)127 | 00:51:29 | 11.65 |
| 17 | 311  | DYRDA ZBIGNIEW         | CZARNA GÓRNA        | POL |  | 64 | M45/17 (M)155 | 00:53:50 | 11.15 |
| 18 | 255  | PAWELAK DARIUSZ        | BLACHOWNIA          | POL |  | 67 | M45/18 (M)160 | 00:54:13 | 11.07 |
| 19 | 202  | ILKÓW JAN              | LEGNICA             | POL |  | 66 | M45/19 (M)162 | 00:54:15 | 11.06 |
| 20 | 186  | WALECKI MAREK          | OPOLE               | POL |  | 63 | M45/20 (M)165 | 00:54:29 | 11.35 |
| 21 | 146  | FABIJAŃSKI ARTUR       | LEŚNA               | POL |  | 66 | M45/21 (M)172 | 00:54:55 | 11.23 |
| 22 | 543  | WYDRA GRZEGORZ         | TARNOBRZEG          | POL |  | 66 | M45/22 (M)198 | 00:56:48 | 10.56 |
| 23 | 120  | DERLATKO SŁAWOMIR      | LUBIN               | POL |  | 66 | M45/23 (M)200 | 00:56:50 | 10.96 |
| 24 | 329  | HRADZKI ARTUR          | KŁODZKO             | POL |  | 67 | M45/24 (M)203 | 00:57:05 | 10.51 |
| 25 | 479  | PODRAZA JAN            | POLANA              | POL |  | 66 | M45/25 (M)207 | 00:57:18 | 10.47 |
| 26 | 209  | NOWAK FRANCISZEK       | LESZNO              | POL |  | 63 | M45/26 (M)229 | 00:58:23 | 10.28 |
| 27 | 980  | WIATROWSKI KAZIMIERZ   | JAWORZE             | POL |  | 64 | M45/27 (M)232 | 00:58:37 | 10.24 |
| 28 | 493  | SZEREMETA ANDRZEJ      | OSIECZNA            | POL |  | 64 | M45/28 (M)234 | 00:58:49 | 10.20 |
| 29 | 211  | GRZELCZAK TOMASZ       | ŁÓDŹ                | POL |  | 67 | M45/29 (M)236 | 00:58:56 | 10.18 |
| 30 | 382  | LASOWY WIKTOR          | WROCLAW             | POL |  | 67 | M45/30 (M)240 | 00:59:23 | 10.10 |
| 31 | 627  | OSIŃSKI PAWEŁ          | WARSZAWA            | POL |  | 66 | M45/31 (M)252 | 00:59:45 | 10.04 |
| 32 | 482  | WISZNIEWSKI ANDRZEJ    | BARTOSZYCE          | POL |  | 63 | M45/32 (M)263 | 01:00:23 | 9.94  |
| 33 | 94   | PROKESZ PAWEŁ          | WARSZAWA            | POL |  | 65 | M45/33 (M)265 | 01:00:29 | 10.29 |
| 34 | 511  | DYMANOWSKI OLGIERD     | ZDZIESZOWICE        | POL |  | 66 | M45/34 (M)275 | 01:00:55 | 9.85  |
| 35 | 410  | KRAWCZYK ROBERT        | WIELBARK            | POL |  | 67 | M45/35 (M)305 | 01:02:33 | 9.59  |
| 36 | 486  | WIŚNIEWSKI ZBIGNIEW    | BRZOZA-OLIMPIN      | POL |  | 66 | M45/36 (M)309 | 01:03:02 | 9.52  |
| 37 | 1064 | SKORULSKI JAROSLAW     | KONSTANCIN-JEZIORNA | POL |  | 65 | M45/37 (M)329 | 01:04:31 | 9.30  |
| 38 | 1016 | RADECKI DARIUSZ        | GRODZISK MAZ.       | POL |  | 67 | M45/38 (M)332 | 01:04:34 | 9.29  |
| 39 | 671  | ROGOZINSKI JACEK       | BYDGOSZCZ           | POL |  | 66 | M45/39 (M)336 | 01:04:57 | 9.24  |
| 40 | 476  | ZADROŻNY JACEK         | PILAWA              | POL |  | 65 | M45/40 (M)339 | 01:05:07 | 9.21  |
| 41 | 976  | GAJEWSKI WALDEMAR      | DOBROSZYCE          | POL |  | 63 | M45/41 (M)352 | 01:05:43 | 9.13  |
| 42 | 924  | WYTRYKUS JAROSLAW      | ZIELONA GÓRA        | POL |  | 66 | M45/42 (M)365 | 01:06:34 | 9.01  |
| 43 | 364  | BAKOWICZ MIROSLAW      | KAMIEŃSK            | POL |  | 63 | M45/43 (M)366 | 01:06:36 | 9.01  |
| 44 | 724  | PRZYBYŁ KRZYSZTOF      | KARPACZ             | POL |  | 63 | M45/44 (M)391 | 01:08:17 | 8.79  |
| 45 | 1038 | MAŁKOWICZ WOJCIECH     | WROCLAW             | POL |  | 66 | M45/45 (M)405 | 01:09:18 | 8.66  |
| 46 | 881  | CZEPIELIK DARIUSZ      | KRAKÓW              | POL |  | 67 | M45/46 (M)428 | 01:11:02 | 8.45  |
| 47 | 529  | MIKOŁAJCZAK ROMAN      | POZNAŃ              | POL |  | 63 | M45/47 (M)434 | 01:11:27 | 8.40  |
| 48 | 942  | ZARZYCKI DARIUSZ       | WARSZAWA            | POL |  | 65 | M45/48 (M)436 | 01:11:30 | 8.39  |
| 49 | 944  | JAWORSKI SYLWESTER     | WARSZAWA            | POL |  | 65 | M45/49 (M)447 | 01:12:28 | 8.28  |
| 50 | 675  | NOGA RYSZARD           | KAMIENNA GORA       | POL |  | 65 | M45/50 (M)487 | 01:17:24 | 7.75  |
| 51 | 200  | BENSARI WIT            | DZIERŻONIÓW         | POL |  | 67 | M45/51 (M)514 | 01:21:20 | 7.66  |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age Sex | Czas Time | [km/h] |
|--------------|--------|----------------------|------------------|----------|--------------|---------|------------------------|-----------|--------|
| 52           | 902    | KRAWCZYCKI JACEK     | WARSZAWA-WESOLA  | POL      |              | 63      | M45/52 (M)528          | 01:23:44  | 7.17   |
| 53           | 606    | GRUDZIŃSKI PIOTR     | WARSZAWA         | POL      |              | 64      | M45/53 (M)554          | 01:28:00  | 6.82   |
| 54           | 478    | JEZUIT JERZY         | KOLBUSZOWA       | POL      |              | 67      | M45/54 (M)555          | 01:28:03  | 6.81   |
| 55           | 179    | KNAPIŃSKI JERZY      | WROCLAW          | POL      |              | 66      | M45/55 (M)569          | 01:33:37  | 7.16   |
| 56           | 973    | BIEGALSKI KRZYSZTOF  | WOLA RASZTKOWSKA | POL      |              | 66      | M45/56 (M)580          | 01:43:35  | 5.79   |

### 10 km CT Mężczyźni KATEGORIA:M50

|    |      |                        |                  |     |  |    |               |          |       |
|----|------|------------------------|------------------|-----|--|----|---------------|----------|-------|
| 1  | 51   | POREBSKI PIOTR         | RYBNIK           | POL |  | 59 | M50/1 (M)31   | 00:39:31 | 15.42 |
| 2  | 31   | BRUNCLÍK IVO           | ŠPINDLERŮV MLÝN  | CZE |  | 58 | M50/2 (M)32   | 00:39:32 | 15.42 |
| 3  | 89   | GRZYWACZ KRZYSZTOF     | WARSZAWA         | POL |  | 59 | M50/3 (M)50   | 00:43:07 | 14.26 |
| 4  | 58   | GRZESIK ANDRZEJ        | SOSNOWIEC        | POL |  | 59 | M50/4 (M)66   | 00:45:25 | 13.52 |
| 5  | 301  | GRABOWSKI JACEK        | WROCLAW          | POL |  | 62 | M50/5 (M)96   | 00:48:57 | 12.26 |
| 6  | 139  | ŚWIECA EDWARD          | GLUCHOLAZY       | POL |  | 59 | M50/6 (M)101  | 00:49:30 | 12.46 |
| 7  | 227  | DRESLEWSKI PIOTR       | ŁÓDŹ             | POL |  | 62 | M50/7 (M)138  | 00:52:22 | 11.46 |
| 8  | 168  | SIPOWICZ ANDRZEJ       | KOSZALIN         | POL |  | 59 | M50/8 (M)144  | 00:52:46 | 11.74 |
| 9  | 906  | FRETWELL ROGER         | LONDON           | ENG |  | 59 | M50/9 (M)153  | 00:53:44 | 11.17 |
| 10 | 188  | SIWON MARIAN           | GROCHOLUB        | POL |  | 60 | M50/10 (M)182 | 00:55:43 | 11.16 |
| 11 | 861  | DUDKOWIAK ANDRZEJ      | DRZONKOW         | POL |  | 61 | M50/11 (M)220 | 00:57:58 | 10.35 |
| 12 | 468  | ŻALIŃSKI ZBIGNIEW      | JAWORZNO         | POL |  | 62 | M50/12 (M)233 | 00:58:45 | 10.21 |
| 13 | 316  | KRUPCZYŃSKI MARIUSZ    | RASZYN           | POL |  | 61 | M50/13 (M)241 | 00:59:26 | 10.10 |
| 14 | 118  | KĘPA ZYGMUNT           | BILCZA           | POL |  | 58 | M50/14 (M)245 | 00:59:28 | 10.32 |
| 15 | 153  | FROŁOWICZ TOMASZ       | MEZOWO           | POL |  | 61 | M50/15 (M)257 | 00:59:58 | 10.28 |
| 16 | 510  | BIAŁAS PIOTR           | JELEŃ GÓRA       | POL |  | 61 | M50/16 (M)259 | 01:00:07 | 9.98  |
| 17 | 356  | KOZŁOWSKI MICHAŁ       | JASIEŃ           | POL |  | 60 | M50/17 (M)278 | 01:01:03 | 9.83  |
| 18 | 981  | CIESZKO GRZEGORZ       | LUBLIN           | POL |  | 62 | M50/18 (M)279 | 01:01:15 | 9.80  |
| 19 | 706  | WOJTKOWIAK TOMASZ      | ZŁOTNIKI         | POL |  | 59 | M50/19 (M)286 | 01:01:34 | 9.75  |
| 20 | 915  | GRĘTKIEWICZ MAREK      | PABIANICE        | POL |  | 62 | M50/20 (M)301 | 01:02:28 | 9.61  |
| 21 | 880  | WALCZAK WIESŁAW        | ROGÓW            | POL |  | 60 | M50/21 (M)344 | 01:05:25 | 9.17  |
| 22 | 210  | MIKULSKI ANDRZEJ       | MORAWA           | POL |  | 59 | M50/22 (M)357 | 01:05:59 | 9.09  |
| 23 | 374  | SAMSEL KRZYSZTOF       | BOGATYNIA        | POL |  | 58 | M50/23 (M)363 | 01:06:30 | 9.02  |
| 24 | 369  | URBAŃCZYK KRZYSZTOF    | RYBNIK           | POL |  | 60 | M50/24 (M)368 | 01:06:40 | 9.00  |
| 25 | 230  | PIOTROWSKI DARIUSZ     | PIASTÓW          | POL |  | 61 | M50/25 (M)370 | 01:06:43 | 8.99  |
| 26 | 273  | CIEŚLAK TADEUSZ        | ZŁOCIEŃC         | POL |  | 61 | M50/26 (M)371 | 01:06:50 | 8.98  |
| 27 | 949  | LANCMAN MAREK          | STRZELCE WIELKIE | POL |  | 62 | M50/27 (M)373 | 01:06:58 | 8.96  |
| 28 | 876  | GRUSZCZYŃSKI ZBIGNIEW  | PIELGRZYMKI      | POL |  | 62 | M50/28 (M)377 | 01:07:16 | 8.92  |
| 29 | 985  | PERDAK ZBIGNIEW        | OPOLE            | POL |  | 59 | M50/29 (M)381 | 01:07:44 | 8.86  |
| 30 | 774  | KUKA MIROSLAW          | DĘBNO            | POL |  | 62 | M50/30 (M)384 | 01:07:52 | 8.84  |
| 31 | 590  | RÓŻYCKI LESZEK         | WARSZAWA         | POL |  | 59 | M50/31 (M)389 | 01:08:13 | 8.80  |
| 32 | 673  | CICHON ROBERT JERZY    | JELEŃ GÓRA       | POL |  | 58 | M50/32 (M)394 | 01:08:37 | 8.74  |
| 33 | 444  | WĘGLARZ TADEUSZ        | WARSZAWA         | POL |  | 58 | M50/33 (M)424 | 01:10:53 | 8.46  |
| 34 | 852  | FURMANOWSKI JERZY      | PUSZCZYKOWO      | POL |  | 60 | M50/34 (M)440 | 01:11:59 | 8.34  |
| 35 | 516  | NOCUŃ ZBIGNIEW         | GDAŃSK           | POL |  | 59 | M50/35 (M)441 | 01:12:00 | 8.33  |
| 36 | 193  | TARASZKIEWICZ IRENEUSZ | JELEŃ GÓRA       | POL |  | 58 | M50/36 (M)452 | 01:12:49 | 8.49  |
| 37 | 420  | LEWICZ MARIUSZ         | GLUCHOLAZY       | POL |  | 59 | M50/37 (M)457 | 01:13:11 | 8.20  |
| 38 | 1049 | ROSZCZYK WŁADYSŁAW     | ŁOMNA-CZOSNÓW    | POL |  | 60 | M50/38 (M)474 | 01:15:05 | 7.99  |
| 39 | 909  | MŁOT BOGUSŁAW          | WARSZAWA         | POL |  | 58 | M50/39 (M)479 | 01:16:08 | 7.88  |
| 40 | 67   | MAŁACHOWSKI MIROSLAW   | ŻARY             | POL |  | 62 | M50/40 (M)483 | 01:16:48 | 8.09  |
| 41 | 659  | WANAT ZBIGNIEW         | TORUŃ            | POL |  | 61 | M50/41 (M)495 | 01:18:31 | 7.64  |
| 42 | 885  | MANOWSKI JAROSŁAW      | WARSZAWA         | POL |  | 59 | M50/42 (M)505 | 01:19:47 | 7.52  |
| 43 | 759  | DRZAŚCZ WOJCIECH       | PIOTRKÓW         | POL |  | 61 | M50/43 (M)529 | 01:24:01 | 7.14  |
| 44 | 734  | GRZYBOWSKI JACEK       | CZĘSTOCHOWA      | POL |  | 61 | M50/44 (M)539 | 01:25:41 | 7.00  |
| 45 | 684  | SOKÓŁ ZBIGNIEW         | WARSZAWA         | POL |  | 61 | M50/45 (M)542 | 01:25:53 | 6.99  |
| 46 | 869  | DZIEWIĘCKI JACEK       | KATOWICE         | POL |  | 59 | M50/46 (M)549 | 01:27:24 | 6.86  |
| 47 | 737  | WOJCIECHOWSKI MIROSLAW | PIOTRKÓW         | POL |  | 62 | M50/47 (M)574 | 01:37:52 | 6.13  |
| 48 | 492  | SZATKOWSKI ZBIGNIEW    | BYDGOSZCZ        | POL |  | 61 | M50/48 (M)576 | 01:39:38 | 6.02  |

### 10 km CT Mężczyźni KATEGORIA:M55

|   |    |                  |             |     |  |    |             |          |       |
|---|----|------------------|-------------|-----|--|----|-------------|----------|-------|
| 1 | 39 | JOSEF HONES      | LIEBENAU    | AUT |  | 54 | M55/1 (M)6  | 00:33:08 | 18.23 |
| 2 | 30 | KOPROWSKI EDWARD |             | POL |  |    | M55/2 (M)20 | 00:36:23 | 16.60 |
| 3 | 33 | GRADNER JOSEF    | ST.LEONHARD | AUT |  | 53 | M55/3 (M)21 | 00:36:33 | 16.61 |

| <b>Miejsce Rank</b> | <b>Nr Bib</b> | <b>Nazwisko i imię Name</b> | <b>Miejscowość City</b> | <b>Kraj Nat</b> | <b>Drużyna Team</b> | <b>R-k YoB</b> | <b>W kategorii in Age Sex</b> | <b>Czas Time</b> | <b>[km/h]</b> |
|---------------------|---------------|-----------------------------|-------------------------|-----------------|---------------------|----------------|-------------------------------|------------------|---------------|
| 4                   | 332           | WOJTAS JANUSZ               | JELEŃ GÓRA              | POL             |                     | 55             | M55/4 (M)48                   | 00:43:03         | 13.94         |
| 5                   | 54            | ARNOLD WALDEMAR             | WARSZAWA                | POL             |                     | 53             | M55/5 (M)55                   | 00:44:09         | 13.80         |
| 6                   | 46            | ZOREMBA JAN                 | TARNOWSKIE GÓRY         | POL             |                     | 53             | M55/6 (M)75                   | 00:46:13         | 13.32         |
| 7                   | 62            | LIPEK ZBIGNIEW              | JELEŃ GÓRA              | POL             |                     | 56             | M55/7 (M)76                   | 00:46:18         | 13.37         |
| 8                   | 288           | HUGO-BADER JACEK            | WARSZAWA                | POL             |                     | 57             | M55/8 (M)85                   | 00:47:19         | 12.68         |
| 9                   | 106           | BABSKI ROMAN                | JELEŃ GÓRA              | POL             |                     | 53             | M55/9 (M)87                   | 00:47:54         | 13.01         |
| 10                  | 95            | MARCINOWSKI EUGENIUSZ       | BIELAWA                 | POL             |                     | 56             | M55/10 (M)89                  | 00:48:10         | 12.83         |
| 11                  | 35            | KRZEMPEK ANDRZEJ            | GLIWICE                 | POL             |                     | 53             | M55/11 (M)99                  | 00:49:10         | 12.54         |
| 12                  | 70            | MAJOR STEFAN                | INOWROCLAW              | POL             |                     | 56             | M55/12 (M)105                 | 00:49:48         | 12.41         |
| 13                  | 213           | GLIŃSKI PIOTR               | WARSZAWA                | POL             |                     | 54             | M55/13 (M)111                 | 00:50:10         | 11.96         |
| 14                  | 232           | IWAŃCZYK KRZYSZTOF          | NOWY SĄCZ               | POL             |                     | 53             | M55/14 (M)112                 | 00:50:10         | 11.96         |
| 15                  | 69            | TOMEČKO JOZEF               | PREŠOV                  | SVK             |                     | 53             | M55/15 (M)117                 | 00:50:39         | 12.20         |
| 16                  | 1089          | CZERWIŃSKI RYSZARD          | POZNAŃ                  | POL             |                     | 56             | M55/16 (M)119                 | 00:50:44         | 11.83         |
| 17                  | 96            | KĘPA STANISŁAW              | KIELCE                  | POL             |                     | 56             | M55/17 (M)128                 | 00:51:29         | 11.94         |
| 18                  | 133           | NIECKUŁA ZBYSZEK            | ŁÓDŹ                    | POL             |                     | 55             | M55/18 (M)134                 | 00:52:01         | 11.95         |
| 19                  | 135           | KASZUBA ZBIGNIEW            | DEBRZNO                 | POL             |                     | 57             | M55/19 (M)135                 | 00:52:05         | 11.97         |
| 20                  | 1051          | PELÁK MIROSLAV              | BARDEJOV                | SVK             |                     | 57             | M55/20 (M)139                 | 00:52:26         | 11.44         |
| 21                  | 229           | MYTNIK WŁODZIMIERZ          | TARNÓW KOSZYCE          | POL             |                     | 56             | M55/21 (M)157                 | 00:53:55         | 11.13         |
| 22                  | 63            | OLEJNICZAK HENRYK           | KOŚCIELISKO             | POL             |                     | 53             | M55/22 (M)158                 | 00:53:55         | 11.50         |
| 23                  | 236           | ZEMUŁA ZBIGNIEW             | KRAKOW                  | POL             |                     | 54             | M55/23 (M)169                 | 00:54:38         | 10.98         |
| 24                  | 93            | WEDMAN JERZY                | WARSZAWA                | POL             |                     | 53             | M55/24 (M)170                 | 00:54:46         | 11.31         |
| 25                  | 251           | CIOCH ADAM                  | BIAŁA PODLASKA          | POL             |                     | 53             | M55/25 (M)185                 | 00:55:48         | 10.75         |
| 26                  | 465           | GAŁEK ANDRZEJ               | RUDNA WIELKA            | POL             |                     | 55             | M55/26 (M)186                 | 00:55:53         | 10.74         |
| 27                  | 534           | AWRAMIENKO WALDEMAR         | KOWARY                  | POL             |                     | 55             | M55/27 (M)194                 | 00:56:20         | 10.65         |
| 28                  | 147           | LEŚ IRENEUSZ                | BELCHATÓW               | POL             |                     | 53             | M55/28 (M)196                 | 00:56:33         | 10.97         |
| 29                  | 282           | DEJA ROMUALD                | POZNAŃ                  | POL             |                     | 56             | M55/29 (M)217                 | 00:57:50         | 10.37         |
| 30                  | 214           | ZAWADZKI RYSZARD            | MIEDŹNO                 | POL             |                     | 53             | M55/30 (M)218                 | 00:57:51         | 10.37         |
| 31                  | 318           | CISEK TADEUSZ               | LEONCIN -               | POL             |                     | 55             | M55/31 (M)231                 | 00:58:35         | 10.24         |
| 32                  | 910           | HOLT NIGEL                  | LYMINGTON               | ENG             |                     | 57             | M55/32 (M)235                 | 00:58:51         | 10.20         |
| 33                  | 842           | PAWŁOWSKI KRZYSZTOF         | ZIELONKA                | POL             |                     | 55             | M55/33 (M)242                 | 00:59:26         | 10.10         |
| 34                  | 572           | WIZNER CZESŁAW              | MYSŁOWICE               | POL             |                     | 54             | M55/34 (M)253                 | 00:59:45         | 10.04         |
| 35                  | 498           | JAROSZ MARIAN               | MYSŁOWICE               | POL             |                     | 53             | M55/35 (M)270                 | 01:00:41         | 9.89          |
| 36                  | 222           | SEJUD MICHAŁ                | OLEŚNICA                | POL             |                     | 56             | M55/36 (M)271                 | 01:00:46         | 9.87          |
| 37                  | 481           | KNAP MICHAŁ                 | BEDOŃ PRZYKOŚCIELE      | POL             |                     | 56             | M55/37 (M)272                 | 01:00:49         | 9.87          |
| 38                  | 342           | FILIMON TADEUSZ             | POZNAŃ                  | POL             |                     | 53             | M55/38 (M)276                 | 01:01:00         | 9.84          |
| 39                  | 249           | OSIŃSKI BOGDAN              | JASTROWIE               | POL             |                     | 54             | M55/39 (M)292                 | 01:01:55         | 9.69          |
| 40                  | 643           | ADAMCZYK WIESŁAW            | WILGA                   | POL             |                     | 53             | M55/40 (M)298                 | 01:02:20         | 9.63          |
| 41                  | 297           | HABRAT JÓZEF                | KROSNO                  | POL             |                     | 53             | M55/41 (M)312                 | 01:03:11         | 9.50          |
| 42                  | 319           | SIRANT MIECZYSLAW           | ŻAGAŃ                   | POL             |                     | 57             | M55/42 (M)321                 | 01:03:52         | 9.39          |
| 43                  | 570           | SZCZĘBAK BOGDAN             | WROCLAW                 | POL             |                     | 55             | M55/43 (M)325                 | 01:04:01         | 9.37          |
| 44                  | 587           | WRÓBEL JERZY                | GRĄDY                   | POL             |                     | 55             | M55/44 (M)349                 | 01:05:42         | 9.13          |
| 45                  | 631           | PALKA BOGUSŁAW              | MYSŁOWICE               | POL             |                     | 54             | M55/45 (M)361                 | 01:06:23         | 9.04          |
| 46                  | 588           | DALC SZYMON                 | POZNAN                  | POL             |                     | 56             | M55/46 (M)372                 | 01:06:50         | 8.98          |
| 47                  | 501           | SŁAPA ZBIGNIEW              | ZĄBKOWICE ŚLĄSKIE       | POL             |                     | 54             | M55/47 (M)390                 | 01:08:14         | 8.79          |
| 48                  | 893           | KUREK ANDRZEJ               | WARSZAWA                | POL             |                     | 55             | M55/48 (M)396                 | 01:08:41         | 8.74          |
| 49                  | 887           | DUDZIŃSKI SŁAWOMIR          | WARSZAWA                | POL             |                     | 55             | M55/49 (M)406                 | 01:09:31         | 8.63          |
| 50                  | 937           | BANASIAK ROMAN              | JAROSZKI                | POL             |                     | 55             | M55/50 (M)409                 | 01:09:53         | 8.59          |
| 51                  | 267           | DRZEWIECKI MIECZYSLAW       | TRZCIANKA               | POL             |                     | 54             | M55/51 (M)411                 | 01:10:00         | 8.57          |
| 52                  | 1006          | TERLICKI JÓZEF              | GRUSZEWNIA              | POL             |                     | 54             | M55/52 (M)417                 | 01:10:10         | 8.55          |
| 53                  | 656           | PRZYBYŁ ANDRZEJ             | PIOTRKÓW                | POL             |                     | 54             | M55/53 (M)423                 | 01:10:46         | 8.48          |
| 54                  | 728           | OKAJ EUGENIUSZ              | ŁÓDŹ                    | POL             |                     | 53             | M55/54 (M)435                 | 01:11:30         | 8.39          |
| 55                  | 489           | WINOWSKI KRZYSZTOF          | SZKLARSKA PORĘBA        | POL             |                     | 56             | M55/55 (M)449                 | 01:12:39         | 8.26          |
| 56                  | 967           | GŁOWA JAN                   | BIAŁE BŁOTO             | POL             |                     | 54             | M55/56 (M)451                 | 01:12:46         | 8.25          |
| 57                  | 874           | ZIĘTEK ANDRZEJ              | KWAŚNIKÓW DOLNY         | POL             |                     | 54             | M55/57 (M)462                 | 01:13:39         | 8.15          |
| 58                  | 335           | SURMAN KRZYSZTOF            | RYBNIK                  | POL             |                     | 54             | M55/58 (M)478                 | 01:15:43         | 7.92          |
| 59                  | 594           | ZAWADA LESZEK               | ŁÓDŹ                    | POL             |                     | 54             | M55/59 (M)485                 | 01:17:01         | 7.79          |
| 60                  | 518           | PAWLIKOWSKI JERZY           | WROCLAW                 | POL             |                     | 56             | M55/60 (M)486                 | 01:17:21         | 7.76          |
| 61                  | 957           | WALUK LESZEK                | DOBRZEŃ                 | POL             |                     | 56             | M55/61 (M)510                 | 01:20:40         | 7.44          |



| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k W kategorii YoB in Age Sex | Czas Time | [km/h] |
|--------------|--------|----------------------|------------------|----------|--------------|--------------------------------|-----------|--------|
| 62           | 1058   | KOZIARA ZBIGNIEW     | WARSZAWA         | POL      |              | 56 M55/62 (M)517               | 01:22:22  | 7.28   |
| 63           | 746    | BRANDT WALDEMAR      | BELCHATÓW        | POL      |              | 56 M55/63 (M)541               | 01:25:45  | 7.00   |
| 64           | 388    | WĘSKA LESZEK         | WARSZAWA- WESOLA | POL      |              | 54 M55/64 (M)545               | 01:26:26  | 6.94   |
| 65           | 648    | KULIŚ MIROSLAW       | ŁÓDŹ             | POL      |              | 56 M55/65 (M)546               | 01:26:46  | 6.92   |
| 66           | 789    | PRĘTNICKI KAROL      | POZNAŃ           | POL      |              | 56 M55/66 (M)575               | 01:39:15  | 6.05   |
| 67           | 495    | WYSIECKI JANUSZ      | KOŚCIERZYNA      | POL      |              | 53 M55/67 (M)577               | 01:40:15  | 5.99   |
| 68           | 722    | WIŚNIEWSKI RYSZARD   | JAWORZNO         | POL      |              | 53 M55/68 (M)587               | 01:55:41  | 5.19   |

### 10 km CT Mężczyźni KATEGORIA:M60

|    |     |                                |                   |     |  |                  |          |       |
|----|-----|--------------------------------|-------------------|-----|--|------------------|----------|-------|
| 1  | 199 | KRUPA FRANCISZEK               | SZAFLARY          | POL |  | 50 M60/1 (M)45   | 00:42:34 | 14.39 |
| 2  | 68  | BARTKOWIAK EDWARD              | JELENIA GÓRA      | POL |  | 48 M60/2 (M)46   | 00:42:51 | 14.32 |
| 3  | 64  | GAŚSIOR ADAM                   | KOSZYCE MAŁE      | POL |  | 52 M60/3 (M)74   | 00:46:13 | 13.38 |
| 4  | 53  | MACIUKIEWICZ WOJCIECH          | WROCLAW           | POL |  | 52 M60/4 (M)80   | 00:46:33 | 13.24 |
| 5  | 105 | WYBRANIEC ANDRZEJ              | KIETRZ            | POL |  | 50 M60/5 (M)82   | 00:46:39 | 13.27 |
| 6  | 80  | KAJDAS ADAM                    | WIEN              | AUT |  | 50 M60/6 (M)108  | 00:49:59 | 12.35 |
| 7  | 26  | SOBIEGRAJ JERZY                | POZNAN            | POL |  | 49 M60/7 (M)115  | 00:50:29 | 12.17 |
| 8  | 409 | PACANOWSKI WLADYSLAW           | MISSISSAUGA       | CAN |  | 52 M60/8 (M)121  | 00:51:04 | 11.75 |
| 9  | 88  | KOPERNOK MAREK                 | RYBNIK            | POL |  | 51 M60/9 (M)130  | 00:51:39 | 11.94 |
| 10 | 162 | FLOREK FRANCISZEK WIESLAW      | TARNÓW            | POL |  | 50 M60/10 (M)132 | 00:51:57 | 11.96 |
| 11 | 240 | LEŚNIEWSKI JAN                 | ELBLĄG            | POL |  | 48 M60/11 (M)150 | 00:53:31 | 11.21 |
| 12 | 128 | TWARDY ZDZISLAW                | STRZELCE OPOLSKIE | POL |  | 49 M60/12 (M)152 | 00:53:43 | 11.47 |
| 13 | 119 | OLEKSY JAN                     | TARNÓW            | POL |  | 48 M60/13 (M)179 | 00:55:18 | 11.14 |
| 14 | 159 | CZERWIŃSKI JANUSZ              | KOŃSKIE           | POL |  | 52 M60/14 (M)181 | 00:55:39 | 11.15 |
| 15 | 61  | KĘPA MARIAN                    | KIELCE            | POL |  | 49 M60/15 (M)184 | 00:55:47 | 11.06 |
| 16 | 191 | BOBOWSKI ZYGMUNT               | JELENIA GÓRA      | POL |  | 51 M60/16 (M)187 | 00:55:53 | 11.09 |
| 17 | 589 | MERTENS ROBERT                 | DUFFEL            | BEL |  | 52 M60/17 (M)201 | 00:56:53 | 10.55 |
| 18 | 394 | GAŚSIOROWSKI TADEUSZ           | WARSZAWA          | POL |  | 48 M60/18 (M)214 | 00:57:34 | 10.42 |
| 19 | 363 | BARTOSZEK ADAM                 | SŁOWA             | POL |  | 49 M60/19 (M)251 | 00:59:42 | 10.05 |
| 20 | 513 | PYKACZ JAROSLAW                | GDYNIA            | POL |  | 52 M60/20 (M)258 | 00:59:59 | 10.00 |
| 21 | 719 | WOJCIECHOWSKI ANDRZEJ GRZEGORZ | JÓZEFÓW           | POL |  | 51 M60/21 (M)267 | 01:00:36 | 9.90  |
| 22 | 347 | CHYLA ROMAN                    | CHOJNICE          | POL |  | 51 M60/22 (M)277 | 01:01:01 | 9.83  |
| 23 | 770 | MARMON WIESLAW                 | JASTRZĘBIE        | POL |  | 49 M60/23 (M)297 | 01:02:15 | 9.64  |
| 24 | 252 | GRACZYK TADEUSZ                | SZCZECIN          | POL |  | 51 M60/24 (M)299 | 01:02:21 | 9.62  |
| 25 | 241 | GŁOWACKI TADEUSZ               | POSZCZYNA         | POL |  | 48 M60/25 (M)319 | 01:03:46 | 9.41  |
| 26 | 280 | BARNAŚ JERZY                   | SZCZECIN          | POL |  | 48 M60/26 (M)324 | 01:03:56 | 9.38  |
| 27 | 992 | NOWAK ALOIZY                   | WALCE             | POL |  | 48 M60/27 (M)327 | 01:04:18 | 9.33  |
| 28 | 334 | MADEJSKI ADAM                  | GORZÓW WLKP       | POL |  | 52 M60/28 (M)340 | 01:05:07 | 9.21  |
| 29 | 362 | MAZUR ZBIGNIEW                 | LESZNO            | POL |  | 50 M60/29 (M)355 | 01:05:56 | 9.10  |
| 30 | 669 | WÓJCIK ALEKSANDER              | ZARY              | POL |  | 48 M60/30 (M)358 | 01:06:07 | 9.07  |
| 31 | 101 | BURSA KRZYSZTOF                | LUBIN             | POL |  | 51 M60/31 (M)376 | 01:07:16 | 9.36  |
| 32 | 285 | SZAFRANEK JERZY                | MIRSK             | POL |  | 52 M60/32 (M)380 | 01:07:33 | 8.88  |
| 33 | 304 | JANUS WIESLAW                  | TARNÓW            | POL |  | 49 M60/33 (M)386 | 01:07:56 | 8.83  |
| 34 | 979 | BIELECKI JAN                   | JELENIA GÓRA      | POL |  | 48 M60/34 (M)399 | 01:08:54 | 8.71  |
| 35 | 437 | ŁOPIŃSKI ALEKSY                | PIŁA              | POL |  | 48 M60/35 (M)401 | 01:08:58 | 8.70  |
| 36 | 690 | STASZAŁEK ZBIGNIEW             | GRYFINO           | POL |  | 50 M60/36 (M)416 | 01:10:09 | 8.55  |
| 37 | 284 | WIĄCEK RYSZARD                 | BRZEG DOLNY       | POL |  | 52 M60/37 (M)419 | 01:10:32 | 8.51  |
| 38 | 411 | BARTON HENRYK                  | BROŻEC            | POL |  | 51 M60/38 (M)421 | 01:10:35 | 8.50  |
| 39 | 453 | CHMIEL JERZY                   | GLUCHOŁAZY        | POL |  | 49 M60/39 (M)425 | 01:10:54 | 8.46  |
| 40 | 471 | ŁUKASIK TADEUSZ                | WARSZAWA          | POL |  | 51 M60/40 (M)426 | 01:10:57 | 8.46  |
| 41 | 577 | KAMIŃSKI RYSZARD               | WARSZAWA          | POL |  | 49 M60/41 (M)438 | 01:11:44 | 8.36  |
| 42 | 611 | WROBEL TADEUSZ                 | INOWROCLAW        | POL |  | 48 M60/42 (M)443 | 01:12:11 | 8.31  |
| 43 | 442 | OLEJNIK HENRYK                 | JELENIA GÓRA      | POL |  | 52 M60/43 (M)454 | 01:12:56 | 8.23  |
| 44 | 366 | BIAŁCZYK STANISLAW             | NYSA              | POL |  | 50 M60/44 (M)464 | 01:13:43 | 8.14  |
| 45 | 387 | SZABŁOWSKI MAREK               | WARSZAWA          | POL |  | 48 M60/45 (M)466 | 01:14:09 | 8.09  |
| 46 | 448 | JUSZCZUK ALEKSANDER            | SŁUPCA            | POL |  | 51 M60/46 (M)480 | 01:16:16 | 7.87  |
| 47 | 894 | GRODZIŃSKI JANUSZ              | JELENIA GÓRA      | POL |  | 50 M60/47 (M)496 | 01:18:47 | 7.62  |
| 48 | 714 | JANASZEK MICHAŁ                | WARSZAWA          | POL |  | 51 M60/48 (M)507 | 01:19:57 | 7.50  |
| 49 | 771 | KOWALSKI-NEUKIRCH HENRYK       | KATOWICE          | POL |  | 49 M60/49 (M)509 | 01:20:34 | 7.45  |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age Sex | Czas Time | [km/h] |
|--------------|--------|----------------------|------------------|----------|--------------|---------|------------------------|-----------|--------|
| 50           | 290    | CZARNIECKI MARIAN    | ŻARY-MARSZÓW     | POL      |              | 49      | M60/50 (M)511          | 01:20:49  | 7.42   |
| 51           | 886    | OSIŃSKI ROMAN        | WARSZAWA         | POL      |              | 48      | M60/51 (M)512          | 01:21:02  | 7.40   |
| 52           | 629    | MALEC RYSZARD        | GLUCHOŁAZY       | POL      |              | 48      | M60/52 (M)519          | 01:22:34  | 7.27   |
| 53           | 424    | ŁUBIAN JUZEF         | CHOINY           | POL      |              | 50      | M60/53 (M)532          | 01:24:44  | 7.08   |
| 54           | 702    | NIWIŃSKI ANDRZEJ     | WROCLAW          | POL      |              | 51      | M60/54 (M)543          | 01:25:58  | 6.98   |
| 55           | 974    | GOLUBIEWSKI ANTONI   | WARSZAWA         | POL      |              | 50      | M60/55 (M)547          | 01:27:09  | 6.88   |
| 56           | 571    | SURAWSKI KRZYSZTOF   | SZCZECIN         | POL      |              | 49      | M60/56 (M)579          | 01:42:03  | 5.88   |
| 57           | 738    | SZCZEREPA WOJCIECH   | LWÓWEK ŚLĄSKI    | POL      |              | 48      | M60/57 (M)582          | 01:44:45  | 5.73   |

### 10 km CT Mężczyźni KATEGORIA:M65

|    |      |                          |                  |     |  |    |               |          |       |
|----|------|--------------------------|------------------|-----|--|----|---------------|----------|-------|
| 1  | 858  | SMOLAR JULIUS            | SPIŠSKÁ NOVÁ VES | SVK |  | 46 | M65/1 (M)71   | 00:46:05 | 13.02 |
| 2  | 784  | SZYMAŃSKI ANDRZEJ        | WARSZAWA         | POL |  | 46 | M65/2 (M)78   | 00:46:23 | 12.94 |
| 3  | 575  | ZIELENIEWSKI WŁODZIMIERZ | WROCLAW          | POL |  | 45 | M65/3 (M)159  | 00:54:11 | 11.07 |
| 4  | 97   | KARWOWSKI JERZY          | SZCZECINEK       | POL |  | 44 | M65/4 (M)168  | 00:54:35 | 11.37 |
| 5  | 207  | SZCZEPAŃSKI ZBYŚLAW      | RACIBÓRZ         | POL |  | 44 | M65/5 (M)177  | 00:55:08 | 10.88 |
| 6  | 376  | BANACHOWSKI LECH         | SOPOT            | POL |  | 45 | M65/6 (M)296  | 01:02:14 | 9.64  |
| 7  | 625  | ŚRENIOWSKI JÓZEK         | ŁÓDŹ             | POL |  | 47 | M65/7 (M)343  | 01:05:25 | 9.17  |
| 8  | 283  | BŁĄDEK WITOLD            | ŁÓDŹ             | POL |  | 44 | M65/8 (M)347  | 01:05:41 | 9.13  |
| 9  | 353  | KAZIMIERSKI ZDZISŁAW     | WARSZAWA         | POL |  | 47 | M65/9 (M)362  | 01:06:30 | 9.02  |
| 10 | 451  | RAJFURA JERZY            | SOSNOWIEC        | POL |  | 47 | M65/10 (M)375 | 01:07:05 | 8.94  |
| 11 | 401  | KOTYLAK STANISŁAW        | LUBIN            | POL |  | 45 | M65/11 (M)387 | 01:08:02 | 8.82  |
| 12 | 794  | KORABLEWSKI ADAM         | BRZEG DOLNY      | POL |  | 46 | M65/12 (M)407 | 01:09:34 | 8.62  |
| 13 | 441  | STRZYMIŃSKI ROMUALD      | ZIELONA GÓRA     | POL |  | 44 | M65/13 (M)415 | 01:10:08 | 8.56  |
| 14 | 676  | PIETKIEWICZ WALDEMAR     | DZIERŻONIÓW      | POL |  | 43 | M65/14 (M)420 | 01:10:33 | 8.50  |
| 15 | 1039 | EBERSBACH KLAUS          | PIECHOWICE       | POL |  | 45 | M65/15 (M)427 | 01:10:59 | 8.45  |
| 16 | 346  | KŁĄCZYŃSKI EDWARD        | WAŁBRZYCH        | POL |  | 43 | M65/16 (M)429 | 01:11:05 | 8.44  |
| 17 | 454  | BARYLSKI ZBIGNIEW        | ALEKSANDRIA I    | POL |  | 46 | M65/17 (M)430 | 01:11:07 | 8.44  |
| 18 | 458  | POCZTA RYSZARD           | ŁÓDŹ             | POL |  | 47 | M65/18 (M)433 | 01:11:17 | 8.42  |
| 19 | 464  | MCCARTHY BERNARD         | CARDIFF          | ENG |  | 46 | M65/19 (M)455 | 01:13:02 | 8.22  |
| 20 | 732  | PAJDA JAN                | WOLBROM          | POL |  | 43 | M65/20 (M)460 | 01:13:34 | 8.16  |
| 21 | 187  | HALDYS HENRYK            | BOGUSZOW-GORCE   | POL |  | 46 | M65/21 (M)476 | 01:15:31 | 8.28  |
| 22 | 421  | GRYGORCZYK JERZY         | GARWOLIN         | POL |  | 46 | M65/22 (M)499 | 01:19:11 | 7.58  |
| 23 | 472  | EKIERT PIOTR             | GARWOLIN         | POL |  | 47 | M65/23 (M)513 | 01:21:19 | 7.38  |
| 24 | 793  | MARSZALEK JAN            | WARSZAWA         | POL |  | 45 | M65/24 (M)534 | 01:25:11 | 7.04  |
| 25 | 553  | ADAMCZYK ZENON           | KOLACIN          | POL |  | 46 | M65/25 (M)537 | 01:25:35 | 7.01  |
| 26 | 905  | WOJEWODA WITOSŁAW        | POZNAŃ           | POL |  | 43 | M65/26 (M)562 | 01:31:02 | 6.59  |
| 27 | 748  | SOZAŃSKI LESZEK          | WROCLAW          | POL |  | 45 | M65/27 (M)578 | 01:40:20 | 5.98  |
| 28 | 660  | JEDNORÓG JÓZEK           | OLEŚNICA         | POL |  | 43 | M65/28 (M)589 | 02:11:40 | 4.56  |

### 10 km CT Mężczyźni KATEGORIA:M70

|    |     |                      |            |     |  |    |               |          |       |
|----|-----|----------------------|------------|-----|--|----|---------------|----------|-------|
| 1  | 567 | SZNAPKA ANTONI       | ORZESZE    | POL |  | 05 | M70/1 (M)189  | 00:56:03 | 10.70 |
| 2  | 41  | PODGÓRSKI JERZY      | ŁÓDŹ       | POL |  | 37 | M70/2 (M)192  | 00:56:10 | 11.02 |
| 3  | 857 | GRACZYK BARTOSZ      | SZCZECIN   | POL |  | 05 | M70/3 (M)330  | 01:04:33 | 9.30  |
| 4  | 557 | NOWORYTA JACEK       | WARSZAWA   | POL |  | 42 | M70/4 (M)364  | 01:06:34 | 9.01  |
| 5  | 149 | ŻÓLTANIECKI WALDEMAR | JELEŃ GÓRA | POL |  | 41 | M70/5 (M)369  | 01:06:42 | 9.34  |
| 6  | 632 | KOROLKO EDWARD       | TORUŃ      | POL |  | 40 | M70/6 (M)410  | 01:09:56 | 8.58  |
| 7  | 456 | SZTOGRYN MARIAN      | GLUCHOŁAZY | POL |  | 37 | M70/7 (M)432  | 01:11:14 | 8.42  |
| 8  | 371 | PERCZAK BOGUSŁAW     | TORUŃ      | POL |  | 36 | M70/8 (M)442  | 01:12:07 | 8.32  |
| 9  | 782 | ZARĘBSKI JERZY       | WROCLAW    | POL |  | 33 | M70/9 (M)477  | 01:15:35 | 7.94  |
| 10 | 530 | DUDEK KAZIMIERZ      | WROCLAW    | POL |  | 38 | M70/10 (M)525 | 01:23:30 | 7.19  |
| 11 | 618 | OCIESA ZBIGNIEW      | KOZIENICE  | POL |  | 40 | M70/11 (M)530 | 01:24:18 | 7.12  |
| 12 | 605 | GRUDZIŃSKI JAN       | WARSZAWA   | POL |  | 33 | M70/12 (M)533 | 01:24:50 | 7.07  |
| 13 | 653 | KOSTRZEWSKI ANDRZEJ  | LUBLIN     | POL |  | 38 | M70/13 (M)551 | 01:27:39 | 6.85  |
| 14 | 667 | PILARZ STANISŁAW     | WROCLAW    | POL |  | 36 | M70/14 (M)561 | 01:30:53 | 6.60  |
| 15 | 628 | POLAK HENRYK         | RADOM      | POL |  | 35 | M70/15 (M)570 | 01:33:41 | 6.40  |
| 16 | 584 | CHODOROWSKI ANDRZEJ  | LUBLIN     | POL |  | 41 | M70/16 (M)572 | 01:37:07 | 6.18  |
| 17 | 102 | SKRZYPEK TOMASZ      | BYDGOSZCZ  | POL |  | 05 | M70/17 (M)586 | 01:49:15 | 6.03  |

### 10 km CT Kobiety KATEGORIA:K20

|   |     |                |          |     |  |    |            |          |       |
|---|-----|----------------|----------|-----|--|----|------------|----------|-------|
| 1 | 581 | DUDZIAK ARLETA | LIMANOWA | POL |  | 89 | K20/1 (K)4 | 00:46:24 | 12.93 |
|---|-----|----------------|----------|-----|--|----|------------|----------|-------|

| <b>Miejsce Rank</b> | <b>Nr Bib</b> | <b>Nazwisko i imię Name</b> | <b>Miejscowość City</b> | <b>Kraj Nat</b> | <b>Drużyna Team</b> | <b>R-k YoB</b> | <b>W kategorii in Age</b> | <b>Sex</b> | <b>Czas Time</b> | <b>[km/h]</b> |
|---------------------|---------------|-----------------------------|-------------------------|-----------------|---------------------|----------------|---------------------------|------------|------------------|---------------|
| 2                   | 176           | KIEDROWSKA KAMILA           | KARTUZY                 | POL             |                     | 95             | K20/2                     | (K)6       | 00:46:54         | 13.20         |
| 3                   | 300           | GRABOWSKA AGATA             | WROCLAW                 | POL             |                     | 96             | K20/3                     | (K)7       | 00:47:57         | 12.51         |
| 4                   | 142           | ŚWIECA KATARZYNA            | GLUCHOŁAZY              | POL             |                     | 92             | K20/4                     | (K)12      | 00:49:29         | 12.42         |
| 5                   | 86            | PLUCIŃSKA MARTYNA           | JELEŃ GÓRA              | POL             |                     | 94             | K20/5                     | (K)13      | 00:50:02         | 12.26         |
| 6                   | 28            | KLEKOTKO RENATA             | AUGUSTÓW                | POL             |                     | 88             | K20/6                     | (K)19      | 00:52:48         | 11.61         |
| 7                   | 1097          | PODLEWSKA SYLWIA            | SULĘCIN                 | POL             |                     | 92             | K20/7                     | (K)21      | 00:53:43         | 11.17         |
| 8                   | 959           | CZABOK KLAUDIA              | WARSZAWA                | POL             |                     | 98             | K20/8                     | (K)30      | 00:56:37         | 10.60         |
| 9                   | 296           | TOMASIAK KLEMENTYNA         | RYTRO                   | POL             |                     | 99             | K20/9                     | (K)39      | 00:59:44         | 10.04         |
| 10                  | 920           | PIECZYCHLEBEK SANDRA        | GORZÓW WLKP             | POL             |                     | 94             | K20/10                    | (K)43      | 01:00:41         | 9.89          |
| 11                  | 1090          | IWAŃCZYK MAŁGORZATA         | POZNAŃ                  | POL             |                     | 98             | K20/11                    | (K)54      | 01:02:45         | 9.56          |
| 12                  | 403           | NOGA BARBARA                | KŁOBUCK                 | POL             |                     | 94             | K20/12                    | (K)63      | 01:03:59         | 9.38          |
| 13                  | 152           | MACIUKIEWICZ BASIA          | WROCLAW                 | POL             |                     | 89             | K20/13                    | (K)64      | 01:04:04         | 9.71          |
| 14                  | 776           | GORZYCKA MAGDALENA          | KARPACZ                 | POL             |                     | 97             | K20/14                    | (K)65      | 01:04:14         | 9.34          |
| 15                  | 258           | SAPAŁA JOANNA               | GLUCHOŁAZY              | POL             |                     | 99             | K20/15                    | (K)72      | 01:05:45         | 9.13          |
| 16                  | 860           | DUDKOWIAK KAROLINA          | DRZONKOW                | POL             |                     | 96             | K20/16                    | (K)73      | 01:05:50         | 9.11          |
| 17                  | 820           | KOŁODZIEJ ZUZANNA           | WARSZAWA                | POL             |                     | 96             | K20/17                    | (K)90      | 01:07:30         | 8.89          |
| 18                  | 1017          | BONIECKA JUSTYNA            | NOWY DWÓR               | POL             |                     | 98             | K20/18                    | (K)93      | 01:07:37         | 8.87          |
| 19                  | 1046          | WIEROZĘBSKA ANETA           | IZABELIN                | POL             |                     | 93             | K20/19                    | (K)99      | 01:08:10         | 8.80          |
| 20                  | 775           | GORZYCKA KATARZYNA          | KARPACZ                 | POL             |                     | 96             | K20/20                    | (K)113     | 01:09:21         | 8.65          |
| 21                  | 443           | DOBRAKOWSKA ZUZANNA         | WROCLAW                 | POL             |                     | 98             | K20/21                    | (K)116     | 01:09:28         | 8.64          |
| 22                  | 705           | POSTRACH ALEKSANDRA         | CZĘSTOCHOWA             | POL             |                     | 97             | K20/22                    | (K)124     | 01:10:20         | 8.53          |
| 23                  | 76            | SZCZĘDZINA ANNA             | ROŻNIĄTÓW               | POL             |                     | 95             | K20/23                    | (K)126     | 01:10:21         | 8.81          |
| 24                  | 850           | JEZUIT WIKTORIA             | KOLBUSZOWA              | POL             |                     | 99             | K20/24                    | (K)136     | 01:11:28         | 8.40          |
| 25                  | 351           | TERPIŁOWSKA NIKOLA          | LEŚNA                   | POL             |                     | 98             | K20/25                    | (K)145     | 01:12:07         | 8.32          |
| 26                  | 405           | MYTNIK MONIKA               | TARNÓW KOSZYCE          | POL             |                     | 98             | K20/26                    | (K)148     | 01:12:34         | 8.27          |
| 27                  | 805           | TROJANEK KAROLINA           | OLSZYNA                 | POL             |                     | 89             | K20/27                    | (K)159     | 01:13:33         | 8.16          |
| 28                  | 1000          | FABIJAŃSKA ALEKSANDRA       | LEŚNA                   | POL             |                     | 98             | K20/28                    | (K)165     | 01:14:16         | 8.08          |
| 29                  | 808           | RASAŁA ALEKSANDRA           | STRZEGOM                | POL             |                     | 99             | K20/29                    | (K)167     | 01:14:25         | 8.06          |
| 30                  | 435           | ZIMOŃ AGNIESZKA             | CZĘSTOCHOWA             | POL             |                     | 97             | K20/30                    | (K)175     | 01:15:38         | 7.93          |
| 31                  | 1022          | VOS ALANA                   | TRZEBNICA               | POL             |                     | 92             | K20/31                    | (K)181     | 01:16:41         | 7.82          |
| 32                  | 787           | KULA WERONIKA               | SZCZECIN                | POL             |                     | 96             | K20/32                    | (K)182     | 01:16:58         | 7.80          |
| 33                  | 1033          | WOJCIECHOWSKA KLAUDIA       | WROCLAW                 | POL             |                     | 98             | K20/33                    | (K)195     | 01:18:48         | 7.61          |
| 34                  | 621           | HOLDA KAROLINA              | TYCHY                   | POL             |                     | 93             | K20/34                    | (K)196     | 01:18:57         | 7.60          |
| 35                  | 1031          | MURAWSKA WIKTORIA           | WROCLAW                 | POL             |                     | 99             | K20/35                    | (K)197     | 01:19:03         | 7.59          |
| 36                  | 1044          | DROŹDŹ ALICJA               | ŚWIDNICA                | POL             |                     | 99             | K20/36                    | (K)204     | 01:20:15         | 7.48          |
| 37                  | 1048          | ROSZCZYK EWA                | ŁOMNA - CZOSNÓW         | POL             |                     | 00             | K20/37                    | (K)212     | 01:21:45         | 7.34          |
| 38                  | 580           | KILAN SYLWIA                | KŁOBUCK                 | POL             |                     | 94             | K20/38                    | (K)213     | 01:21:55         | 7.32          |
| 39                  | 889           | SZCZOTKA OLGA               | BOGATYNIA               | POL             |                     | 00             | K20/39                    | (K)217     | 01:23:09         | 7.22          |
| 40                  | 797           | BUKOWSKA ARNIKA             |                         | POL             |                     | 92             | K20/40                    | (K)221     | 01:23:43         | 7.17          |
| 41                  | 668           | ZABLOCKA DAGMARA            | ZARY                    | POL             |                     | 99             | K20/41                    | (K)240     | 01:28:37         | 6.77          |
| 42                  | 835           | ZAJĄC MARLENA               | KŁOBUCK                 | POL             |                     | 94             | K20/42                    | (K)243     | 01:30:03         | 6.66          |
| 43                  | 834           | PYTEL PAULINA               | KŁOBUCK                 | POL             |                     | 94             | K20/43                    | (K)245     | 01:30:40         | 6.62          |
| 44                  | 936           | BARTOSZEWSKA ZUZANNA        | RZESZÓW                 | POL             |                     | 00             | K20/44                    | (K)250     | 01:32:44         | 6.47          |
| 45                  | 817           | SKRZYPEK BASIA              | BYDGOSZCZ               | POL             |                     | 00             | K20/45                    | (K)257     | 01:39:30         | 6.03          |
| 46                  | 972           | BIEGALSKA ANNA              | WARSZAWA                | POL             |                     | 00             | K20/46                    | (K)262     | 01:43:36         | 5.79          |
| 47                  | 711           | GÓRAL JOANNA                | WROCLAW                 | POL             |                     | 99             | K20/47                    | (K)263     | 01:43:46         | 5.78          |

### 10 km CT Kobiety KATEGORIA:K25

|    |     |                              |                    |     |  |    |        |        |          |       |
|----|-----|------------------------------|--------------------|-----|--|----|--------|--------|----------|-------|
| 1  | 195 | JIRICKOVA SIMONA             |                    | CZE |  | 84 | K25/1  | (K)1   | 00:37:29 | 16.31 |
| 2  | 244 | BURZYŃSKA JOANNA             | WARSZAWA           | POL |  | 83 | K25/2  | (K)8   | 00:48:11 | 12.45 |
| 3  | 99  | ŁUKASZCZYK ŁUCJA             | MURZASICHLE        | POL |  | 85 | K25/3  | (K)17  | 00:52:15 | 11.79 |
| 4  | 646 | HUHLER WIOLETTA              | WOLARAKOWA-BRÓJEBŁ |     |  | 83 | K25/4  | (K)58  | 01:03:08 | 9.50  |
| 5  | 848 | MŁODZIANOWSKA-SYNOWIEC MARIA | WROCLAW            | POL |  | 83 | K25/5  | (K)60  | 01:03:24 | 9.46  |
| 6  | 483 | KOŚCIELSKA AGATA ANNA        | OPOCZNO            | POL |  | 86 | K25/6  | (K)74  | 01:05:55 | 9.10  |
| 7  | 679 | MIŚKÓW KATARZYNA             | WROCLAW            | POL |  | 84 | K25/7  | (K)76  | 01:06:19 | 9.05  |
| 8  | 524 | SZCZĘSNA BEATA               | BYTOM              | POL |  | 83 | K25/8  | (K)104 | 01:08:28 | 8.76  |
| 9  | 599 | DZIEDZIC ANNA                | WROCLAW            | POL |  | 83 | K25/9  | (K)160 | 01:13:43 | 8.14  |
| 10 | 843 | GÓRSKA EMILIA                | KALISZ             | POL |  | 84 | K25/10 | (K)235 | 01:27:07 | 6.89  |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k W kategorii YoB in Age Sex | Czas Time | [km/h] |
|--------------|--------|----------------------|------------------|----------|--------------|--------------------------------|-----------|--------|
|--------------|--------|----------------------|------------------|----------|--------------|--------------------------------|-----------|--------|

### 10 km CT Kobiety KATEGORIA:K30

|    |      |                              |                  |     |  |                  |          |       |
|----|------|------------------------------|------------------|-----|--|------------------|----------|-------|
| 1  | 927  | SALETA MARTA                 | MSTÓW            | POL |  | 79 K30/1 (K)27   | 00:55:42 | 10.77 |
| 2  | 226  | ŁUBIAN MAGDALENA             | OTWOCK           | POL |  | 82 K30/2 (K)28   | 00:56:19 | 10.65 |
| 3  | 189  | BERTEL ALICJA                | OLSZTYN          | POL |  | 80 K30/3 (K)29   | 00:56:30 | 11.02 |
| 4  | 837  | KORSAK DOROTA                | GDYNIA           | POL |  | 82 K30/4 (K)35   | 00:58:42 | 10.22 |
| 5  | 635  | MAJER MAJA                   | SZKLARSKA PORĘBA | POL |  | 80 K30/5 (K)38   | 00:59:27 | 10.09 |
| 6  | 716  | SALACH MAGDALENA             | LUBSKO           | POL |  | 82 K30/6 (K)41   | 01:00:00 | 10.00 |
| 7  | 276  | OPALIŃSKA SABINA             | JAWOR            | POL |  | 82 K30/7 (K)49   | 01:02:20 | 9.63  |
| 8  | 383  | JANICKA-BIS JOANNA           | WARSZAWA         | POL |  | 78 K30/8 (K)59   | 01:03:13 | 9.49  |
| 9  | 948  | JARZYNA MARIA                | BRWINÓW          | POL |  | 81 K30/9 (K)67   | 01:04:48 | 9.26  |
| 10 | 978  | GÓZDŹ MALGOSIA               | KIELCE           | POL |  | 80 K30/10 (K)70  | 01:05:31 | 9.16  |
| 11 | 247  | MAĆKÓW NATALIA               | SZCZECIN         | POL |  | 78 K30/11 (K)84  | 01:06:52 | 8.97  |
| 12 | 826  | FILIPOWICZ BARBARA           | SOBIN            | POL |  | 80 K30/12 (K)87  | 01:07:12 | 8.93  |
| 13 | 357  | GAJOWSKA WIOLETTA            | KAMIENNA GÓRA    | POL |  | 78 K30/13 (K)88  | 01:07:25 | 8.90  |
| 14 | 499  | SŁAPA ALDONA                 | WROCLAW          | POL |  | 82 K30/14 (K)100 | 01:08:14 | 8.79  |
| 15 | 930  | MAKOSA JUSTYNA               | RADOM            | POL |  | 80 K30/15 (K)121 | 01:10:13 | 8.54  |
| 16 | 239  | NOWACKA JUSTYNA              | TUCHOLA          | POL |  | 78 K30/16 (K)128 | 01:10:30 | 8.51  |
| 17 | 552  | TOKARZ PATRYCJA              | KRAKÓW           | POL |  | 81 K30/17 (K)133 | 01:10:53 | 8.46  |
| 18 | 655  | SZCZERBICKA KATARZYNA        | SMOLNIK          | POL |  | 80 K30/18 (K)143 | 01:11:59 | 8.34  |
| 19 | 1034 | ZIĘTEK SYLWIA                | KWAŚNIÓW DOLNY   | POL |  | 81 K30/19 (K)149 | 01:12:35 | 8.27  |
| 20 | 777  | WEBER IZABELA                | JÓZEFÓW          | POL |  | 78 K30/20 (K)152 | 01:12:43 | 8.25  |
| 21 | 699  | KUCAB-KLICH KATARZYNA        | OLKUSZ           | POL |  | 78 K30/21 (K)158 | 01:13:15 | 8.19  |
| 22 | 373  | ŁUBIAN IWONA                 | OTWOCK           | POL |  | 82 K30/22 (K)168 | 01:14:36 | 8.04  |
| 23 | 723  | STULKA ALEKSANDRA            | TYCHY            | POL |  | 79 K30/23 (K)185 | 01:17:19 | 7.76  |
| 24 | 508  | KOZŁOWSKA ALEKSANDRA         | PIEKOSZÓW        | POL |  | 79 K30/24 (K)189 | 01:17:32 | 7.74  |
| 25 | 509  | MASNY AGNIESZKA              | KIELCE           | POL |  | 78 K30/25 (K)199 | 01:19:14 | 7.57  |
| 26 | 564  | WILANOWSKA EMILIA            | WROCLAW          | POL |  | 80 K30/26 (K)202 | 01:19:26 | 7.55  |
| 27 | 641  | GRUDNIK MARIA                | WARSZAWA         | POL |  | 81 K30/27 (K)215 | 01:22:53 | 7.24  |
| 28 | 838  | KARWALA JUSTYNA              | KŁOBUCK          | POL |  | 82 K30/28 (K)220 | 01:23:40 | 7.17  |
| 29 | 707  | MACIĄGOWSKA PAULINA          | NIEBORÓW         | POL |  | 81 K30/29 (K)241 | 01:28:57 | 6.75  |
| 30 | 566  | WYSIECKA-JAŚKIEWICZ WERONIKA | KOŚCIERZYNA      | POL |  | 80 K30/30 (K)259 | 01:40:51 | 5.95  |

### 10 km CT Kobiety KATEGORIA:K35

|    |      |                              |                     |     |  |                  |          |       |
|----|------|------------------------------|---------------------|-----|--|------------------|----------|-------|
| 1  | 48   | OLCOŃ EDYTA                  | BIAŁKA TATRZAŃSKA   | POL |  | 76 K35/1 (K)5    | 00:46:41 | 13.05 |
| 2  | 522  | ROGOWIEC KATARZYNA           | RABKA ZDRÓJ         | POL |  | 77 K35/2 (K)9    | 00:48:19 | 12.42 |
| 3  | 201  | BEDNARZ JOLANTA              | BUKOWIEC-BRÓJCE     | POL |  | 73 K35/3 (K)18   | 00:52:21 | 11.46 |
| 4  | 505  | KRĘŻEŁOK IWONA               | USTROŃ              | POL |  | 75 K35/4 (K)23   | 00:54:08 | 11.08 |
| 5  | 231  | ANDRYSZEK ANETA              | BUKOWIEC-BROJCE     | POL |  | 75 K35/5 (K)33   | 00:58:14 | 10.30 |
| 6  | 263  | BANICKA-PRUGAR MONIKA        | NADARZYN            | POL |  | 76 K35/6 (K)37   | 00:59:25 | 10.10 |
| 7  | 183  | NACZKE GRAŻYNA               | SZKLARSKA PORĘBA    | POL |  | 74 K35/7 (K)42   | 01:00:34 | 10.21 |
| 8  | 1052 | KSIĄŻEK AGNIESZKA            | WROCLAW             | POL |  | 77 K35/8 (K)52   | 01:02:43 | 9.57  |
| 9  | 286  | KŁĄCZYŃSKA NATALIA           | WROCLAW             | POL |  | 73 K35/9 (K)86   | 01:07:06 | 8.94  |
| 10 | 416  | MIZIOŁEK GABRIELA            | STRZEGOM            | POL |  | 74 K35/10 (K)92  | 01:07:36 | 8.88  |
| 11 | 461  | MIŃCZYK BEATA                | WILKANOWO           | POL |  | 77 K35/11 (K)94  | 01:07:41 | 8.86  |
| 12 | 636  | GAJDANOWICZ AGNIESZKA        | PIECHOWICE          | POL |  | 73 K35/12 (K)96  | 01:07:45 | 8.86  |
| 13 | 370  | BANICKA SABINA               | WARSZAWA            | POL |  | 75 K35/13 (K)117 | 01:09:41 | 8.61  |
| 14 | 666  | ŚWIERCZYŃSKA-SKUPIEŃ MALWINA | GLIWICE             | POL |  | 77 K35/14 (K)138 | 01:11:34 | 8.38  |
| 15 | 386  | KABZIŃSKA EMILIA             | KONSTANTYNÓW ŁÓDZKI | POL |  | 74 K35/15 (K)155 | 01:13:02 | 8.22  |
| 16 | 670  | KORENKIEWICZ ANNA            | BARGŁÓW             | POL |  | 77 K35/16 (K)161 | 01:13:48 | 8.13  |
| 17 | 899  | LUECK MAGDALENA              | ŁEBA                | POL |  | 77 K35/17 (K)164 | 01:14:15 | 8.08  |
| 18 | 1055 | IGNACIK TATIANA              | GRODNO              | BLR |  | 76 K35/18 (K)184 | 01:17:18 | 7.76  |
| 19 | 1083 | MEDYŃSKA ANNA                | WROCLAW             | POL |  | 76 K35/19 (K)208 | 01:21:09 | 7.39  |
| 20 | 890  | SZCZOTKA ANNA                | BOGATYNIA           | POL |  | 75 K35/20 (K)216 | 01:23:07 | 7.22  |
| 21 | 727  | SIKORSKA ANNA                | WARSZAWA            | POL |  | 76 K35/21 (K)219 | 01:23:30 | 7.19  |
| 22 | 689  | CHMIELIK-WÓJCICKA MONIKA     | SŁUPCA              | POL |  | 75 K35/22 (K)230 | 01:25:38 | 7.01  |
| 23 | 406  | ZIÓŁKOWSKA ANETA             | ROMANÓWEK, K ŁÓDZKI | POL |  | 75 K35/23 (K)238 | 01:27:45 | 6.84  |
| 24 | 743  | OSTROWSKA BARBARA            | KRUSZYN             | POL |  | 76 K35/24 (K)249 | 01:32:29 | 6.49  |

| Miejsce Rank                          | Nr Bib | Nazwisko i imię Name       | Miejscowość City    | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | (K) Sex | Czas Time | [km/h] |
|---------------------------------------|--------|----------------------------|---------------------|----------|--------------|---------|--------------------|---------|-----------|--------|
| 25                                    | 1025   | BORYS ALENA                | GRODNO              | BLR      |              | 75      | K35/25             | (K)258  | 01:39:36  | 6.02   |
| <b>10 km CT Kobiety KATEGORIA:K40</b> |        |                            |                     |          |              |         |                    |         |           |        |
| 1                                     | 140    | SOJKA BOŻENA               | ZAKOPANE            | POL      |              | 70      | K40/1              | (K)11   | 00:49:26  | 12.52  |
| 2                                     | 259    | NOWICKA URSZULA            | WARSZAWA            | POL      |              | 71      | K40/2              | (K)34   | 00:58:14  | 10.30  |
| 3                                     | 475    | MORDARSKA DOROTA           | LUBAWKA             | POL      |              | 69      | K40/3              | (K)44   | 01:00:55  | 9.85   |
| 4                                     | 958    | DASZKIEWICZ EWA            | OLKUSZ              | POL      |              | 72      | K40/4              | (K)47   | 01:02:11  | 9.65   |
| 5                                     | 344    | WIERZBICKA MARTA           | TRZEBNICA           | POL      |              | 72      | K40/5              | (K)51   | 01:02:33  | 9.59   |
| 6                                     | 377    | PIWOWARCZYK ELŻBIETA       | WROCLAW             | POL      |              | 72      | K40/6              | (K)57   | 01:02:58  | 9.53   |
| 7                                     | 1093   | YUKHNEVICH NATALLIA        | GRODNO              | BLR      |              | 72      | K40/7              | (K)61   | 01:03:41  | 9.42   |
| 8                                     | 375    | GOLECKA EWA                | BERLIN              | DEU      |              | 71      | K40/8              | (K)66   | 01:04:44  | 9.27   |
| 9                                     | 429    | PRZYBYŁOWICZ BOGUSŁAWA     | KŁODZKO             | POL      |              | 71      | K40/9              | (K)68   | 01:04:51  | 9.25   |
| 10                                    | 314    | KUCZAK MAŁGORZATA          | PRZYLEP             | POL      |              | 70      | K40/10             | (K)75   | 01:06:00  | 9.09   |
| 11                                    | 1013   | LEHNUNG UTE                | OTTENDORF           | DEU      |              | 71      | K40/11             | (K)79   | 01:06:31  | 9.02   |
| 12                                    | 380    | PULAWSKA MAŁGORZATA        | POZNAŃ              | POL      |              | 70      | K40/12             | (K)101  | 01:08:15  | 8.79   |
| 13                                    | 358    | KOZŁOWSKA EWA              | DOBRE MIASTO        | POL      |              | 69      | K40/13             | (K)111  | 01:09:16  | 8.66   |
| 14                                    | 339    | WIERCIOCH IWONA            | LUBIN               | POL      |              | 71      | K40/14             | (K)119  | 01:10:07  | 8.56   |
| 15                                    | 935    | BARTOSZEWSKA JOANNA        | RZESZÓW             | POL      |              | 68      | K40/15             | (K)127  | 01:10:23  | 8.52   |
| 16                                    | 539    | MAKSYMIOU KATARZYNA        | BREMEN              | DEU      |              | 69      | K40/16             | (K)141  | 01:11:52  | 8.35   |
| 17                                    | 604    | URBANIAK-WICHNIEWICZ BOGNA | PUSZCZYKOWO         | POL      |              | 72      | K40/17             | (K)144  | 01:12:01  | 8.33   |
| 18                                    | 792    | BAINES LISA                | DENVER              | USA      |              | 69      | K40/18             | (K)166  | 01:14:19  | 8.07   |
| 19                                    | 608    | SZCZEPANIK EDYTA           | CZĘSTOCHOWA         | POL      |              | 69      | K40/19             | (K)177  | 01:16:08  | 7.88   |
| 20                                    | 601    | WILKE BARBARA              | BERLIN              | DEU      |              | 72      | K40/20             | (K)179  | 01:16:37  | 7.83   |
| 21                                    | 610    | GORLACH BERNARDA           | GORZÓW WIELKOPOLSKI | POL      |              | 71      | K40/21             | (K)191  | 01:17:49  | 7.71   |
| 22                                    | 289    | PANAK MAŁGORZATA           | KANIE               | POL      |              | 68      | K40/22             | (K)192  | 01:17:56  | 7.70   |
| 23                                    | 613    | GOSTOMCZYK ANNA            | SZCZECINEK          | POL      |              | 69      | K40/23             | (K)200  | 01:19:16  | 7.57   |
| 24                                    | 1042   | DROŹDŹ WIOLETTA            | ŚWIDNICA            | POL      |              | 71      | K40/24             | (K)205  | 01:20:19  | 7.47   |
| 25                                    | 739    | CIEPLAK ANNA               | CZĘSTOCHOWA         | POL      |              | 72      | K40/25             | (K)210  | 01:21:33  | 7.36   |
| 26                                    | 769    | TOMKOWIAK-KĘDZIA DANUTA    | POZNAŃ              | POL      |              | 72      | K40/26             | (K)226  | 01:24:23  | 7.11   |
| 27                                    | 1068   | RATAJCZYK EWA              | WRZEŚNIA            | POL      |              | 68      | K40/27             | (K)227  | 01:24:27  | 7.10   |
| 28                                    | 650    | PACHO AGNIESZKA            | KOŁACIN             | POL      |              | 68      | K40/28             | (K)228  | 01:25:20  | 7.03   |
| 29                                    | 1057   | MELNIKAVA VOLHA            | GRODNO              | BLR      |              | 72      | K40/29             | (K)239  | 01:28:13  | 6.80   |
| 30                                    | 816    | SZYMAŃSKA-SKRZYPEK ANNA    | BYDGOSZCZ           | POL      |              | 69      | K40/30             | (K)252  | 01:34:32  | 6.35   |
| 31                                    | 712    | OBARZANEK BOŻENA           | POLICE              | POL      |              | 72      | K40/31             | (K)260  | 01:42:00  | 5.88   |
| 32                                    | 710    | GÓRAL MAŁOGORZATA          | WROCLAW             | POL      |              | 69      | K40/32             | (K)266  | 01:45:18  | 5.70   |

### 10 km CT Kobiety KATEGORIA:K45

|    |      |                         |                   |     |  |    |        |        |          |       |
|----|------|-------------------------|-------------------|-----|--|----|--------|--------|----------|-------|
| 1  | 126  | NĘDZA-KUBINIEC ANNA     | KOŚCIELISKO       | POL |  | 65 | K45/1  | (K)14  | 00:50:14 | 12.50 |
| 2  | 129  | BRZUCHNAŁSKA BEATA      | ZŁOTNIKI          | POL |  | 65 | K45/2  | (K)26  | 00:55:31 | 11.17 |
| 3  | 224  | DAHRENDORF DOROTA       | SZKLARSKA PORĘBA  | POL |  | 67 | K45/3  | (K)32  | 00:57:20 | 10.47 |
| 4  | 368  | DOBRA MONIKA            | JELENIA GÓRA      | POL |  | 66 | K45/4  | (K)36  | 00:59:14 | 10.13 |
| 5  | 932  | SEMICZEK MARTA          | WROCLAW           | POL |  | 65 | K45/5  | (K)48  | 01:02:17 | 9.63  |
| 6  | 916  | GRĘTKIEWICZ DOROTA      | PABIANICE         | POL |  | 63 | K45/6  | (K)53  | 01:02:45 | 9.56  |
| 7  | 592  | TRZMIELEWSKA DOROTA     | KRAKÓW            | POL |  | 67 | K45/7  | (K)56  | 01:02:54 | 9.54  |
| 8  | 378  | KACZMAREK ELŻBIETA      | STARE MIASTO      | POL |  | 64 | K45/8  | (K)62  | 01:03:50 | 9.40  |
| 9  | 532  | MACECH-SMUŻEWSKA JOANNA | BIAŁA PODLASKA    | POL |  | 65 | K45/9  | (K)77  | 01:06:30 | 9.02  |
| 10 | 490  | HEBDOWSKA MAŁGORZATA    | ŚRODA ŚLĄSKA      | POL |  | 67 | K45/10 | (K)89  | 01:07:30 | 8.89  |
| 11 | 426  | SĘCZEK AGNIESZKA        | WARSZAWA - WESOLĄ | POL |  | 66 | K45/11 | (K)91  | 01:07:31 | 8.89  |
| 12 | 877  | GRUSZCZYŃSKA MAŁGORZATA | PIELGRZYMKI       | POL |  | 65 | K45/12 | (K)102 | 01:08:25 | 8.77  |
| 13 | 391  | PANOWICZ IZABELA        | TORUŃ             | POL |  | 67 | K45/13 | (K)112 | 01:09:18 | 8.66  |
| 14 | 431  | REMBOWSKA ELŻBIETA      | ŁÓDŹ              | POL |  | 65 | K45/14 | (K)122 | 01:10:15 | 8.54  |
| 15 | 523  | URBAŃSKA MAGDALENA      | WARSZAWA          | POL |  | 66 | K45/15 | (K)129 | 01:10:33 | 8.50  |
| 16 | 436  | BUDASZEWSKA ANNA        | ŁĘBA              | POL |  | 64 | K45/16 | (K)132 | 01:10:53 | 8.46  |
| 17 | 882  | CZEPIELIK BARBARA       | KRAKÓW            | POL |  | 67 | K45/17 | (K)134 | 01:11:03 | 8.44  |
| 18 | 491  | OPITEK ELŻBIETA         | GIŁOWICE          | POL |  | 64 | K45/18 | (K)142 | 01:11:58 | 8.34  |
| 19 | 1037 | MAŁKOWICZ JOANNA        | WROCLAW           | POL |  | 65 | K45/19 | (K)151 | 01:12:39 | 8.26  |
| 20 | 661  | GARNITZ MARZENA         | OSIEK N/NOTECIĄ   | POL |  | 64 | K45/20 | (K)153 | 01:12:50 | 8.24  |
| 21 | 657  | MAĆKOWSKA STANISŁAWA    | LESZNO            | POL |  | 63 | K45/21 | (K)162 | 01:13:54 | 8.12  |
| 22 | 412  | WAWER MARZENA           | MIĘTNE            | POL |  | 63 | K45/22 | (K)163 | 01:14:08 | 8.09  |
| 23 | 66   | KOSTECKA WIOLETTA       | ŻARY              | POL |  | 63 | K45/23 | (K)186 | 01:17:22 | 8.06  |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k W kategorii YoB in Age Sex | Czas Time | [km/h] |
|--------------|--------|----------------------|------------------|----------|--------------|--------------------------------|-----------|--------|
| 24           | 872    | PRZYBYŁA MAŁGORZATA  | KATOWICE         | POL      |              | 65 K45/24 (K)188               | 01:17:29  | 7.74   |
| 25           | 875    | STAWROSIEJKO JOLANTA | ŁEBA             | POL      |              | 63 K45/25 (K)194               | 01:18:06  | 7.68   |
| 26           | 485    | WIŚNIEWSKA ELŻBIETA  | BRZOZA-OLIMPIN   | POL      |              | 66 K45/26 (K)207               | 01:20:57  | 7.41   |
| 27           | 397    | WĘGLARSKA HALINA     | PIOTRKOW         | POL      |              | 63 K45/27 (K)222               | 01:23:59  | 7.14   |
| 28           | 892    | ŁENGOWIK KATARZYNA   | PŁOCK            | POL      |              | 67 K45/28 (K)229               | 01:25:27  | 7.02   |
| 29           | 649    | WYDRA DANUTA         | TARNOBRZEG       | POL      |              | 66 K45/29 (K)236               | 01:27:36  | 6.85   |
| 30           | 933    | SZATKOWSKA JOLANTA   | BYDGOSZCZ        | POL      |              | 63 K45/30 (K)256               | 01:39:20  | 6.04   |
| 31           | 698    | MIKOŁAJCZAK RENATA   | POZNAŃ           | POL      |              | 64 K45/31 (K)265               | 01:44:50  | 5.72   |

### 10 km CT Kobiety KATEGORIA:K50

|    |     |                         |                     |     |  |                  |          |       |
|----|-----|-------------------------|---------------------|-----|--|------------------|----------|-------|
| 1  | 307 | NIEWIADOMSKA KORNELIA   | GLIWICE             | POL |  | 61 K50/1 (K)10   | 00:48:26 | 12.39 |
| 2  | 90  | OLEJNICZAK HALINA       | KOŚCIELISKO         | POL |  | 60 K50/2 (K)16   | 00:51:03 | 12.15 |
| 3  | 306 | LIBARDI-KŁYŚ SYLWIA     | GLIWICE             | POL |  | 59 K50/3 (K)20   | 00:53:14 | 11.27 |
| 4  | 305 | DZIEDZIC JULIA          | STARY SACZ          | POL |  | 60 K50/4 (K)22   | 00:54:00 | 11.11 |
| 5  | 333 | NIEDBALSKA JADWIGA      | PIECHOWICE          | POL |  | 61 K50/5 (K)25   | 00:54:47 | 10.95 |
| 6  | 907 | BETTIS KAY              | LONDON              | ENG |  | 61 K50/6 (K)40   | 00:59:52 | 10.02 |
| 7  | 298 | GLEŃ-LATAWIEC URSZULA   | ZAMOŚĆ              | POL |  | 61 K50/7 (K)46   | 01:02:06 | 9.66  |
| 8  | 859 | DUDKOWIAK GRAZYNA       | DRZONKOW            | POL |  | 61 K50/8 (K)50   | 01:02:29 | 9.60  |
| 9  | 262 | BERNACKA JOLANTA        | LUBAŃ               | POL |  | 62 K50/9 (K)55   | 01:02:52 | 9.54  |
| 10 | 555 | JANECZEK BOŻENA         | OPOLE               | POL |  | 59 K50/10 (K)69  | 01:05:25 | 9.17  |
| 11 | 983 | KODRZYCKA MAŁGORZATA    | PRZECLAW SZCZECIN   | POL |  | 61 K50/11 (K)71  | 01:05:42 | 9.13  |
| 12 | 651 | DZIENIAK MARIA          | WOJCIESZÓW          | POL |  | 58 K50/12 (K)78  | 01:06:30 | 9.02  |
| 13 | 352 | HUGO-BADER AGATA        | WARSZAWA            | POL |  | 58 K50/13 (K)85  | 01:06:59 | 8.96  |
| 14 | 525 | KRÓL BOGUMIŁA           | RADOM               | POL |  | 60 K50/14 (K)95  | 01:07:45 | 8.86  |
| 15 | 430 | SIARKIEWICZ JOLANTA     | PODGÓRZYN           | POL |  | 61 K50/15 (K)97  | 01:07:52 | 8.84  |
| 16 | 271 | STOKOWSKA ELŻUNIA       | ŁÓDŹ                | POL |  | 59 K50/16 (K)103 | 01:08:27 | 8.77  |
| 17 | 446 | SIWON MONIKA            | GROCHOLUB           | POL |  | 61 K50/17 (K)108 | 01:09:00 | 8.70  |
| 18 | 348 | ZEMBIK GRAŻYNA          | GDAŃSK              | POL |  | 60 K50/18 (K)109 | 01:09:08 | 8.68  |
| 19 | 995 | SAKALOUSKAYA SVIATLANA  | GRODNO              | BLR |  | 62 K50/19 (K)114 | 01:09:24 | 8.65  |
| 20 | 367 | SZCZEBAK JOLANTA        | WROCLAW             | POL |  | 59 K50/20 (K)118 | 01:09:47 | 8.60  |
| 21 | 439 | GRZĘDZICKA EWA          | ŁEBA                | POL |  | 61 K50/21 (K)120 | 01:10:10 | 8.55  |
| 22 | 303 | MYTNIK STANISŁAWA       | TARNÓW KOSZYCE      | POL |  | 60 K50/22 (K)123 | 01:10:15 | 8.54  |
| 23 | 871 | MAJZER-NOWAK ELŻBIETA   | KATOWICE            | POL |  | 62 K50/23 (K)135 | 01:11:12 | 8.43  |
| 24 | 447 | PŁACHYTKA ALEKSANDRA    | POLANICA ZDR        | POL |  | 58 K50/24 (K)137 | 01:11:28 | 8.40  |
| 25 | 372 | BOROWICZ GRAŻYNA        | BYDGOSZCZ           | POL |  | 58 K50/25 (K)146 | 01:12:12 | 8.31  |
| 26 | 427 | SEJUD EWA               | OLEŚNICA            | POL |  | 60 K50/26 (K)157 | 01:13:11 | 8.20  |
| 27 | 831 | DĘBICKA MARIA           | OSTRÓW WIELKOPOLSKI | POL |  | 58 K50/27 (K)190 | 01:17:45 | 7.72  |
| 28 | 514 | PIECHOWIAK WIESŁAWA     | GDAŃSK              | POL |  | 58 K50/28 (K)193 | 01:17:58 | 7.70  |
| 29 | 609 | UCHMAN ALEKSANDRA       | WROCLAW             | POL |  | 62 K50/29 (K)203 | 01:20:06 | 7.49  |
| 30 | 735 | GABRYCH-WALCZAK JOLANTA | ROGÓW               | POL |  | 62 K50/30 (K)214 | 01:22:01 | 7.32  |
| 31 | 758 | DRZAŚCZ EWA             | PIOTRKÓW            | POL |  | 62 K50/31 (K)223 | 01:24:02 | 7.14  |
| 32 | 862 | GRZYBOWSKA DOROTA       | CZĘSTOCHOWA         | POL |  | 61 K50/32 (K)231 | 01:25:41 | 7.00  |
| 33 | 389 | WĘSKA ZOFIA             | WARSZAWA- WESOLA    | POL |  | 59 K50/33 (K)234 | 01:26:28 | 6.94  |
| 34 | 645 | DEJA ALINA              | POZNAŃ              | POL |  | 59 K50/34 (K)237 | 01:27:42 | 6.84  |
| 35 | 736 | WOJCIECHOWSKA JOANNA    | PIOTRKÓW            | POL |  | 58 K50/35 (K)254 | 01:35:27 | 6.29  |
| 36 | 870 | DZIEWIĘCKA BARBARA      | KATOWICE            | POL |  | 59 K50/36 (K)261 | 01:43:02 | 5.82  |

### 10 km CT Kobiety KATEGORIA:K55

|    |      |                        |              |     |  |                  |          |       |
|----|------|------------------------|--------------|-----|--|------------------|----------|-------|
| 1  | 72   | HAIDER ANNA            | LINZ         | AUT |  | 56 K55/1 (K)3    | 00:43:13 | 14.31 |
| 2  | 1088 | CZERWIŃSKA MAŁGORZATA  | POZNAŃ       | POL |  | 56 K55/2 (K)15   | 00:50:43 | 11.83 |
| 3  | 134  | KAJDAS TERESA          | WIEN         | AUT |  | 56 K55/3 (K)24   | 00:54:36 | 11.36 |
| 4  | 815  | KUCZYŃSKA-PYTEL DANUTA | ŚMIERTNY DĄB | POL |  | 54 K55/4 (K)45   | 01:01:10 | 9.81  |
| 5  | 360  | CHODOR MARIA JOLANTA   | OKONEK       | POL |  | 56 K55/5 (K)80   | 01:06:37 | 9.01  |
| 6  | 558  | LIPEK ELŻBIETA         | JELENIA GÓRA | POL |  | 57 K55/6 (K)81   | 01:06:42 | 9.00  |
| 7  | 984  | POCHYŁA KRYSZYNA       | NAMYSŁÓW     | POL |  | 55 K55/7 (K)98   | 01:08:03 | 8.82  |
| 8  | 299  | MAĆKOWIAK JADWIGA      | BOLESŁAWIEC  | POL |  | 55 K55/8 (K)105  | 01:08:34 | 8.75  |
| 9  | 846  | GLENNIS DORE           | LONDON       | ENG |  | 53 K55/9 (K)106  | 01:08:42 | 8.73  |
| 10 | 713  | LWOW JOLANTA           | SZCZECIN     | POL |  | 57 K55/10 (K)107 | 01:08:57 | 8.70  |
| 11 | 395  | BORSUK- BUSKA BOŻENA   | SUWAŁKI      | POL |  | 55 K55/11 (K)115 | 01:09:26 | 8.64  |
| 12 | 466  | KASZUBA JOLANTA        | DEBRZNO      | POL |  | 57 K55/12 (K)130 | 01:10:39 | 8.49  |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City    | Kraj Nat | Drużyna Team | R-k W kategorii YoB in Age Sex | Czas Time | [km/h] |
|--------------|--------|----------------------|---------------------|----------|--------------|--------------------------------|-----------|--------|
| 13           | 345    | GAJOS EDYTA          | WROCLAW             | POL      |              | 54 K55/13 (K)131               | 01:10:40  | 8.49   |
| 14           | 445    | CHYLA MARIA          | CHOJNICE            | POL      |              | 54 K55/14 (K)139               | 01:11:37  | 8.38   |
| 15           | 1066   | PAKHOMAVA TATSIANA   | GRODNO              | BLR      |              | 54 K55/15 (K)140               | 01:11:45  | 8.36   |
| 16           | 536    | MROCZEK MARIA        | GDAŃSK              | POL      |              | 53 K55/16 (K)150               | 01:12:36  | 8.26   |
| 17           | 463    | MAJCHRZAK BARBARA    | POZNAŃ              | POL      |              | 55 K55/17 (K)154               | 01:13:00  | 8.22   |
| 18           | 677    | KOSSOWSKA BARBARA    | WARSZAWA            | POL      |              | 53 K55/18 (K)169               | 01:15:00  | 8.00   |
| 19           | 535    | GALCZYŃSKA ELŻBIETA  | KŁODZKO             | POL      |              | 56 K55/19 (K)171               | 01:15:12  | 7.98   |
| 20           | 542    | MASTYLA HALINA       | OSTROPOLE           | POL      |              | 53 K55/20 (K)173               | 01:15:23  | 7.96   |
| 21           | 683    | SIRANT HANNA         | ŻAGAŃ               | POL      |              | 56 K55/21 (K)174               | 01:15:30  | 7.95   |
| 22           | 336    | SURMAN ALEKSANDRA    | RYBNIK              | POL      |              | 55 K55/22 (K)176               | 01:15:39  | 7.93   |
| 23           | 821    | SADOWSKA LILIANNA    | SUWAŁKI             | POL      |              | 56 K55/23 (K)178               | 01:16:27  | 7.85   |
| 24           | 785    | SOBIECKA URSZULA     | ROSANÓWŁÓDŹ         | POL      |              | 53 K55/24 (K)206               | 01:20:50  | 7.42   |
| 25           | 547    | LIZAKOWSKA ELŻBIETA  | OSTRÓW WIELKOPOLSKI | POL      |              | 57 K55/25 (K)211               | 01:21:36  | 7.35   |
| 26           | 617    | BARTON ELŻBIETA      | BROŻEC              | POL      |              | 56 K55/26 (K)225               | 01:24:22  | 7.11   |
| 27           | 964    | BETHIER JADWIGA      | CZĘSTOCHOWA         | POL      |              | 54 K55/27 (K)248               | 01:31:31  | 6.56   |

### 10 km CT Kobiety KATEGORIA:K60

|    |      |                          |                     |     |  |                  |          |      |
|----|------|--------------------------|---------------------|-----|--|------------------|----------|------|
| 1  | 381  | RATTUNDE EVA-MARIA       | PRENZLAU            | DEU |  | 50 K60/1 (K)110  | 01:09:15 | 8.66 |
| 2  | 654  | MAZUREK TERESA MARIA     | WARSZAWA            | POL |  | 52 K60/2 (K)125  | 01:10:21 | 8.53 |
| 3  | 839  | HAMERA-WITKOWSKA JOLANTA | WROCLAW             | POL |  | 51 K60/3 (K)147  | 01:12:23 | 8.29 |
| 4  | 1092 | YUKHNEVICH LIUDMILA      | GRODNO              | BLR |  | 52 K60/4 (K)156  | 01:13:08 | 8.20 |
| 5  | 840  | GOLEMBIEWSKA JADWIGA     | WROCLAW             | POL |  | 52 K60/5 (K)172  | 01:15:15 | 7.97 |
| 6  | 1020 | KAMIŃSKA GRAŻYNA         | WARSZAWA            | POL |  | 49 K60/6 (K)198  | 01:19:04 | 7.59 |
| 7  | 440  | MAJKOWSKA MARIA          | DOBRZYŃ             | POL |  | 51 K60/7 (K)201  | 01:19:26 | 7.55 |
| 8  | 528  | KASPRZAK BARBARA         | OSTRÓW WIELKOPOLSKI | POL |  | 48 K60/8 (K)209  | 01:21:10 | 7.39 |
| 9  | 544  | BIELECKA ANNA            | WARSZAWA            | POL |  | 50 K60/9 (K)224  | 01:24:21 | 7.11 |
| 10 | 760  | MARKOWIAK-KUKULA MARIA   | WARSZAWA            | POL |  | 49 K60/10 (K)233 | 01:26:05 | 6.97 |
| 11 | 515  | SCHENK - PYKACZ ANNA     | GDYNIA              | POL |  | 51 K60/11 (K)246 | 01:30:43 | 6.61 |
| 12 | 962  | BORYŚ DANUTA             | CZĘSTOCHOWA         | POL |  | 52 K60/12 (K)247 | 01:31:30 | 6.56 |
| 13 | 396  | WROŃSKA MARIA            | PIOTRKOW            | POL |  | 49 K60/13 (K)268 | 02:11:13 | 4.57 |

### 10 km CT Kobiety KATEGORIA:K65

|   |     |                        |         |     |  |                 |          |      |
|---|-----|------------------------|---------|-----|--|-----------------|----------|------|
| 1 | 647 | PIETRZYKOWSKA ELŻBIETA | WROCLAW | POL |  | 46 K65/1 (K)253 | 01:34:56 | 6.32 |
|---|-----|------------------------|---------|-----|--|-----------------|----------|------|

### 10 km CT Kobiety KATEGORIA:K70

|   |     |                   |              |     |  |                 |          |      |
|---|-----|-------------------|--------------|-----|--|-----------------|----------|------|
| 1 | 194 | ŻÓLTANIECKA ANNA  | JELENIA GÓRA | POL |  | 42 K70/1 (K)82  | 01:06:42 | 9.34 |
| 2 | 741 | PACHOWSKA BARBARA | WARSZAWA     | POL |  | 38 K70/2 (K)183 | 01:17:15 | 7.77 |
| 3 | 790 | KOZŁOWSKA MARIA   | GDAŃSK       | POL |  | 25 K70/3 (K)269 | 02:16:28 | 4.40 |