

## XXIII Bieg Niepodległości

WYNIKI ZAWODÓW

## 10km

Organizator: WARSZAWSKI OŚRODEK SPORTU I REKREACJI

Termin: 11.11.2011

Miejsce: WARSZAWA

Dystans: 10km

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna / Klub Team / Club	R-k YoB	W kat. in Age	Wynik Time	Wynik netto	Wynik 5km	[km/h]
1	21	GARDZIELEWSKI ARKADIUSZ		RAZEM PO ZDROWIE FINANSOWE /	86	M20/1 (M)1	00:29:26	00:29:25	00:15:00	20.40
2	210	GIŻYŃSKI MARIUSZ	WARSZAWA	RAZEM PO ZDROWIE FINANSOWE /	11	(M)2	00:29:33	00:29:32	00:14:59	20.32
3	70	DRACZYŃSKI ADAM	NOWA SÓL	ASICS/RAZEM PO ZDROWIE FINANSOWE /	76	M30/1 (M)3	00:29:59	00:29:59	00:15:01	20.01
4	20	WIŚNIEWSKI JAKUB			77	M30/2 (M)4	00:31:06	00:31:06	00:15:25	19.29
5	24	DOBROWOLSKI EMIL	CHOTOMÓW		86	M20/2 (M)5	00:31:09	00:31:08	00:15:23	19.27
6	25	NOWOGRODZKI DAWID	SKIERBIESZÓW	KS AGROS ZAMOŚĆ /	88	M20/3 (M)6	00:31:59	00:31:59	00:15:49	18.76
7	27	BADUREK MACIEJ			11	(M)7	00:32:09	00:32:07	00:15:55	18.68
8	6966	DAWIDZIUK MACIEJ	JELEŃ GÓRA	PAŃSTWOWA STRAŻ POŻARNA W JELEŃ GÓRZE /	79	M30/3 (M)8	00:32:21	00:32:19	00:15:54	18.57
9	2145	BLADOS TOMASZ	BIELAWA	ITI ADVENTURE TEAM /	83	M20/4 (M)9	00:32:26	00:32:23	00:16:06	18.53
10	1426	NOŻYŃSKI DARIUSZ	WARSZAWA	DCS.PL /	80	M30/4 (M)10	00:32:33	00:32:33	00:16:05	18.43
11	2146	CELIŃSKI ROBERT	TRZEBIESZÓW	AZS AWF WARSZAWA ITI ADVENTURE TEAM /	73	M30/5 (M)11	00:32:36	00:32:35	00:16:03	18.41
12	2528	POLAK SEBASTIAN	WARSZAWA	KB ACTIVESPORTS WARSZAWA /	80	M30/6 (M)12	00:32:51	00:32:50	00:16:21	18.27
13	1044	GALĄZKA MARCIN	GARWOLIN	AVON /	89	M20/5 (M)13	00:32:55	00:32:53	00:16:53	18.25
14	6348	PIĘTKA WIESŁAW	KATOWICE	KS PIĘTKA /	65	M40/1 (M)14	00:32:57	00:32:57	00:16:14	18.21
15	3949	JASTRZĘBSKI KAMIL	KRAŚNIK	SKB KRAŚNIK /	92	M20/6 (M)15	00:33:09	00:33:09	00:16:19	18.10
16	5912	KAZEK MATEUSZ	MOKRZYSKA	MLUKS TARNÓW /	90	M20/7 (M)16	00:33:40	00:33:39	00:16:36	17.83
17	4534	MAKOWSKI MICHAŁ	WARSZAWA	AZS-AWF WARSZAWA /	86	M20/8 (M)17	00:33:41	00:33:39	00:16:39	17.83
18	1631	ŻURAWSKI MICHAŁ	PIASECZNO	ENTRE.PL TEAM /	75	M30/7 (M)18	00:33:42	00:33:41	00:16:53	17.81
19	11	LEWANDOWSKA IWONA		RAZEM PO ZDROWIE FINANSOWE /	85	K20/1 (K)1	00:33:44	00:33:42	00:16:52	17.80
20	189	GORTEL AGNIESZKA	CHORZÓW	ASICS/RAZEM PO ZDROWIE FINANSOWE /	77	K30/1 (K)2	00:34:00	00:33:58	00:16:53	17.66
21	581	SZRAJNER PIOTR	WARSZAWA	ENTRE.PL TEAM /	74	M30/8 (M)19	00:34:27	00:34:26	00:16:55	17.42
22	4820	BARAN MATEUSZ	KONSTANCIN-JEZIORNA	WARSZAWIACY /	93	M20/9 (M)20	00:34:42	00:34:40	00:17:06	17.31
23	5608	TYBUREK RAFAŁ	ÓLAWA	KB DOMBUD ÓLAWA /	78	M30/9 (M)21	00:34:43	00:34:40	00:17:21	17.31
24	5480	DYRLAGA TOMASZ	WĘGIERSKA GÓRKA	POLITECHNIKA ŚLĄSKA /	90	M20/10 (M)22	00:35:00	00:34:57	00:16:54	17.17
25	2464	MATCZAK BARTOSZ	WARSZAWA	EDC RUNNERS /	81	M30/10 (M)23	00:35:20	00:35:19	00:17:34	16.99
26	5779	GODLEWSKI ANDRZEJ	BORAWSKIE	TEAM ŁOMŻA /	85	M20/11 (M)24	00:35:23	00:35:18	00:17:49	17.00
27	1253	LIPIEC TOMASZ	WARSZAWA	BYLEDOBIEC ANIN /	71	M40/2 (M)25	00:35:25	00:35:23	00:17:22	16.96
28	6110	MALEC BARTOSZ	AUGUSTÓW	ATP AUGUSTÓW /	80	M30/11 (M)26	00:35:36	00:35:32	00:17:47	16.89
29	935	ŁOMIAK PIOTR	WARSZAWA	VOLKSWAGEN BANK /	71	M40/3 (M)27	00:35:37	00:35:22	00:17:37	16.97
30	6339	PIERZANKOWSKI JAKUB	ŁOWICZ	WYCINANKA ŁOWICZ /	87	M20/12 (M)28	00:35:46	00:35:46	00:16:56	16.78
31	3576	KOWALSKI ROBERT	ŻELECHÓW	AWF BIAŁA PODLASKA /	91	M20/13 (M)29	00:35:50	00:35:41	00:18:21	16.81
32	1811	KSIĄŻEK MAREK	WIĄZOWNA		81	M30/12 (M)30	00:35:50	00:35:43	00:17:51	16.80
33	367	KRUSZYŃSKI GRZEGORZ	PRUSZKÓW		74	M30/13 (M)31	00:35:52	00:35:46	00:17:49	16.78
34	1027	MAGIERSKI JERZY	WARSZAWA	BYLEDOBIEC ANIN /	56	M50/1 (M)32	00:35:55	00:35:52	00:17:50	16.73
35	207	ŁUKASIEWICZ MACIEJ	WARSZAWA		82	M20/14 (M)33	00:35:55	00:35:52	00:18:05	16.73
36	6237	RAJZER KRZYSZTOF	WARSZAWA	ENTRE.PL TEAM /	73	M30/14 (M)34	00:36:00	00:35:58	00:17:50	16.68
37	1399	SOSZKA MARCIN	PILAWA	SŁODKO-GORZKI /	83	M20/15 (M)35	00:36:04	00:36:04	00:17:53	16.64
38	6759	WESOŁOWSKI IRENEUSZ	WARSZAWA	AZS AWF WARSZAWA /	74	M30/15 (M)36	00:36:13	00:36:10	00:17:52	16.59
39	3690	KAMIŃSKI GRZEGORZ	MŁAWA	TEMPO MŁAWA /	84	M20/16 (M)37	00:36:15	00:36:11	00:18:04	16.58
40	1352	KRÓL DARIUSZ	WOŁOMIN	AKTYWNY RELAKS WOŁOMIN /	64	M40/4 (M)38	00:36:16	00:36:13	00:17:50	16.57
41	22	CZEŚNIK MARIA			97	K20/2 (K)3	00:36:17	00:36:15	00:17:51	16.55
42	139	ŁASIŃSKI MICHAŁ	WARSZAWA	KOMINEK /	87	M20/17 (M)39	00:36:19	00:36:16	00:17:50	16.54
43	5615	GÓRECKI MARCIN	WARSZAWA	RUN IS FUN /	70	M40/5 (M)40	00:36:21	00:36:15	00:18:07	16.55
44	5966	KOZŁOWSKI GRZEGORZ	NOWA SUCHA	AZS AWF WARSZAWA /	87	M20/18 (M)41	00:36:22	00:36:02	00:18:20	16.65
45	1666	KAROLKIEWICZ DANIEL	DROHICZYN		86	M20/19 (M)42	00:36:26	00:36:21	00:18:26	16.51

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Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna / Klub Team / Club	R-k W kat. YoB in Age	Wynik Time	Wynik netto	Wynik 5km	[km/h]
46	897	GARDENER JACEK	WARSZAWA	K.B. ACCELERATE /	66 M40/6 (M)43	00:36:26	00:36:24	00:18:06	16.48
47	3404	OKRASA MACIEJ	WARSZAWA	SUEDEANDMESH.COM /	75 M30/16 (M)44	00:36:27	00:36:23	00:18:05	16.49
48	6804	WOJNICKI KAMIL	SUFCZYN		92 M20/20 (M)45	00:36:28	00:36:10	00:18:08	16.59
49	6827	ZACH PAWEŁ	WARSZAWA	ENTRE.PL TEAM /	68 M40/7 (M)46	00:36:31	00:36:29	00:18:07	16.45
50	5920	KIELECKI TOMASZ	JÓZEFÓW		85 M20/21 (M)47	00:36:32	00:36:25	00:18:02	16.48
51	151	STASZEWSKI WOJCIECH	WARSZAWA	GW /	67 M40/8 (M)48	00:36:33	00:36:30	00:18:22	16.44
52	3710	GRONOWSKI HUBERT	LEGIONOWO		89 M20/22 (M)49	00:36:35	00:36:00	00:18:13	16.67
53	650	SIEPIOLA KRZYSZTOF	WARSZAWA	KB BIEGAMY Z ZASADAMI! /	76 M30/17 (M)50	00:36:37	00:36:36	00:17:51	16.39
54	44	STELMACH-STAWCZYK DOMINIKA	WARSZAWA	ENTRE.PL TEAM /	82 K20/3 (K)4	00:36:39	00:36:38	00:17:51	16.38
55	1259	GLINKA KRZYSZTOF	WARSZAWA	MKS POLONIA WARSZAWA /	64 M40/9 (M)51	00:36:41	00:36:38	00:18:11	16.38
56	2131	DRABCZYK SZYMON	WARSZAWA		60 M50/2 (M)52	00:36:43	00:36:41	00:18:12	16.36
57	6637	STEPIEŃ ZENON	KIELCE	KKL KIELCE /	63 M40/10 (M)53	00:36:44	00:36:39	00:18:21	16.37
58	5784	GOLONKA MATEUSZ	GORLICE	FESTIWAL BIEGOWY W KRYNICY /	89 M20/23 (M)54	00:36:46	00:36:43	00:17:56	16.34
59	6963	SOWIŃSKI MIŁOSZ	NOWA IWICZNA	4MS /	95 M20/24 (M)55	00:36:46	00:36:43	00:18:10	16.34
60	2367	BANASIAK JAKUB		12 TRI /	98 M20/25 (M)56	00:36:47	00:36:44	00:18:34	16.33
61	5092	FIGURSKI CZESZY	WARSZAWA	UKS G-8 BIELANY WA-WA /	66 M40/11 (M)57	00:36:48	00:36:47	00:18:04	16.31
62	6075	ŁACHUT WOJTEK	MLAWA	SSR TEMPO-MLAWA /	78 M30/18 (M)58	00:36:53	00:36:49	00:18:05	16.30
63	3424	ZAJĄC ROBERT	WAŁBRZYCH	KB TP /	75 M30/19 (M)59	00:36:58	00:36:52	00:18:20	16.27
64	1327	RUTKOWSKI JAN	LUZINO	GKS KASZUBI LUZINO /	76 M30/20 (M)60	00:36:58	00:36:42	00:18:12	16.35
65	922	STEFANIAK MACIEJ	WARSZAWA	ACCELERATE /	83 M20/26 (M)61	00:37:00	00:36:56	00:18:27	16.25
66	3737	ANDERS DANIEL	WARSZAWA		79 M30/21 (M)62	00:37:05	00:37:03	00:17:54	16.19
67	5919	KIECAL ANDRZEJ	SIEMIANOWICE ŚLĄSKIE	FEZ S.A. SIEMIANOWICE /	71 M40/12 (M)63	00:37:07	00:37:03	00:18:41	16.19
68	4395	NOWOCIEŃ JACEK	PODKOWA LEŚNA	GLKS NADARZYN /	59 M50/3 (M)64	00:37:08	00:37:02	00:18:22	16.20
69	16	ZWIERZCHOŃ GRZEGORZ		12TRI.PL /	11 (M)65	00:37:14	00:37:12	00:18:05	16.13
70	2347	ZIÓLKOWSKI JACEK	WARSZAWA	CROSS /	66 M40/13 (M)66	00:37:17	00:37:13	00:18:25	16.12
71	6740	WALCZAK DAMIAN	STASZÓW	AZS AWF BIAŁA PODLASKA /	91 M20/27 (M)67	00:37:18	00:37:13	00:18:22	16.12
72	5885	JÓZWIK WALDEMAR	WARSZAWA		72 M30/22 (M)68	00:37:19	00:37:07	00:18:42	16.17
73	6338	PIEŃKOS ANTONI	WARSZAWA		92 M20/28 (M)69	00:37:20	00:37:07	00:18:17	16.17
74	448	ZIENKIEWICZ WOJCIECH	TYCHOWO		84 M20/29 (M)70	00:37:25	00:37:07	00:18:43	16.17
75	3140	WOJCIESKI TOMASZ		ACTION /	71 M40/14 (M)71	00:37:26	00:37:20	00:18:19	16.07
76	3734	BRANAS MARCIN	WARSZAWA	SKIPOL /	86 M20/30 (M)72	00:37:27	00:37:23	00:18:50	16.05
77	2106	JAROSIEWICZ PAWEŁ	WARSZAWA	ACCELERATE /	90 M20/31 (M)73	00:37:28	00:37:07	00:18:40	16.17
78	3467	ZAKRZEWSKI KRZYSZTOF	SOCHACZEW		90 M20/32 (M)74	00:37:29	00:37:10	00:18:25	16.14
79	556	CZECHOWSKI MAREK	WARSZAWA	ALETEMPO /	87 M20/33 (M)75	00:37:30	00:37:26	00:18:49	16.03
80	6368	PODOBA JACEK	KONSTANCJA JEZIORNA		71 M40/15 (M)76	00:37:34	00:37:31	00:18:43	15.99
81	5167	KALIŃSKA RENATA	ŻABIENIEC	IMPACT TEAM /	78 K30/2 (K)5	00:37:35	00:37:32	00:18:41	15.99
82	1182	IGNATOWICZ ANDRZEJ	WARSZAWA	TRUCHT TARCHOMIN TEAM /	74 M30/23 (M)77	00:37:35	00:37:32	00:18:30	15.99
83	6976	DUDA SEWERYN	MIĘDZYRZEC PODLASKI	16BATALION POWIETRZNODESANTOWY KRAKÓW /	81 M30/24 (M)78	00:37:36	00:37:10	00:19:45	16.14
84	5799	GRABSKI RAFAŁ	CICHA GÓRA	GRODZISKI KLUB BIEGACZA /	92 M20/34 (M)79	00:37:37	00:37:22	00:18:54	16.06
85	4554	DOMAŃSKI MICHAŁ	WARSZAWA	BYLEDOBIEC ANIN /	80 M30/25 (M)80	00:37:39	00:37:35	00:18:51	15.96
86	1324	JURKOWSKI JAN	WARSZAWA	TEAM NUTRILITE /	83 M20/35 (M)81	00:37:39	00:37:35	00:18:21	15.96
87	6958	JACKOWIAK MICHAŁ	TORUŃ		79 M30/26 (M)82	00:37:40	00:37:37	00:18:22	15.95
88	6201	ŚWIESIULSKI ŁUKASZ	GARWOLIN	TRUCHTACZ.PL /	92 M20/36 (M)83	00:37:41	00:37:38	00:18:37	15.94
89	6929	RECLAW ARKADIUSZ	WARSZAWA	PASJAVSPRACA.COM /	78 M30/27 (M)84	00:37:42	00:37:36	00:18:26	15.96
90	4979	LEŚNIAK ADAM	HALINÓW	BYLEDOBIEC ANIN /	65 M40/16 (M)85	00:37:42	00:37:38	00:18:43	15.94
91	501	ROGÓZ GRZEGORZ	WARSZAWA	RANDONNEURS POLSKA /	69 M40/17 (M)86	00:37:43	00:37:18	00:18:39	16.09
92	1710	GWIAZDA CZESZY	WARSZAWA		73 M30/28 (M)87	00:37:44	00:37:34	00:18:46	15.97
93	1595	ZMORZYŃSKI JAKUB	WARSZAWA	ALETEMPO /	79 M30/29 (M)88	00:37:45	00:37:40	00:18:49	15.93
94	1831	STABIŃSKI MICHAŁ	WARSZAWA		83 M20/37 (M)89	00:37:51	00:37:38	00:18:30	15.94
95	1328	SCHAB JOANNA	WARSZAWA	ALETEMPO /	76 K30/3 (K)6	00:37:52	00:37:50	00:18:51	15.86
96	1940	BABULA JAROSŁAW	WARSZAWA	PKO_ /	83 M20/38 (M)90	00:37:52	00:37:48	00:18:50	15.87
97	1758	GÓRZYŃSKI JAKUB	WARSZAWA		81 M30/30 (M)91	00:37:53	00:37:44	00:18:30	15.90
98	4115	GRZYBOWSKI TOMASZ	SEROCK		88 M20/39 (M)92	00:37:56	00:37:09	00:19:00	16.15
99	5043	PRUSAK MICHAŁ	WARSZAWA		87 M20/40 (M)93	00:37:57	00:37:48	00:18:54	15.87
100	4799	ŻYCZYŃSKI JAROSŁAW	KOBYŁKA		82 M20/41 (M)94	00:38:01	00:37:35	00:18:36	15.96
101	1170	LIPKA ŁUKASZ	SULEJÓWEK		92 M20/42 (M)95	00:38:04	00:36:38	00:19:02	16.38

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Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna / Klub Team / Club	R-k W kat. YoB in Age	Wynik Time	Wynik netto	Wynik 5km	[km/h]
102	6676	SZTELMACH ADAM	ŻELECHÓW	ŻELECHÓW /	85 M20/43 (M)96	00:38:04	00:37:52	00:19:10	15.85
103	5932	KLUŻNIAK JACEK	KIELCE	KKL KIELCE /	75 M30/31 (M)97	00:38:08	00:38:03	00:18:51	15.77
104	6601	SMOLEŃSKI MICHAŁ	ŁÓDŹ	ORUN.PL /	80 M30/32 (M)98	00:38:10	00:37:54	00:18:58	15.83
105	6197	NAGÓRSKI KAMIL	WARSZAWA	WKREĆENI RACING TEAM /	75 M30/33 (M)99	00:38:12	00:38:06	00:18:37	15.75
106	4176	KAMIŃSKI ANDRZEJ	OLSZTYN		76 M30/34 (M)100	00:38:14	00:37:59	00:19:01	15.80
107	4851	DREWNOWSKI ROBERT	WARSZAWA		73 M30/35 (M)101	00:38:16	00:38:00	00:19:11	15.79
108	3118	KĄCKI PAWEŁ	WARSZAWA	KB ACTIVESPORTS WARSZAWA /	75 M30/36 (M)102	00:38:19	00:38:11	00:18:51	15.71
109	5388	CHAŁUPKA JACEK	NOWE MIASTO	BIEGIEM PRZEZ POLSKĘ /	80 M30/37 (M)103	00:38:19	00:37:52	00:18:20	15.85
110	3523	SADOWSKI ZBIGNIEW	BIEŻUŃ	PROMYK CIECHANÓW /	61 M50/4 (M)104	00:38:20	00:38:13	00:18:54	15.70
111	6726	TYBURSKI MARIUSZ	PRZASNYSZ	JW 5699 /	76 M30/38 (M)105	00:38:22	00:37:59	00:18:46	15.80
112	2006	LEWANDOWSKI JACEK	BOBROWIECE		72 M30/39 (M)106	00:38:24	00:38:21	00:19:02	15.65
113	3326	CZACHOR MAREK	ŚWIEBODZIN	WULKANY MIŁOŚCI /	82 M20/44 (M)107	00:38:24	00:38:19	00:19:08	15.66
114	5303	BĄCZEK MIROSŁAW	ŁOMŻA		66 M40/18 (M)108	00:38:24	00:38:15	00:19:05	15.69
115	5412	CIEŚLIK ZBIGNIEW	KIELCE	KKL KIELCE /	56 M50/5 (M)109	00:38:25	00:38:19	00:18:49	15.66
116	407	RYMKIEWICZ BARTOSZ	WARSZAWA	ENTRE.PL TEAM /	86 M20/45 (M)110	00:38:27	00:38:21	00:19:28	15.65
117	2105	BŁASZCZYK CEZARY	WARSZAWA	KB HOLMES PLACE /	71 M40/19 (M)111	00:38:28	00:38:22	00:19:01	15.64
118	199	KUZYK AGNIESZKA	RACISZYN	WKB META LUBLINIEC /	11 (K)7	00:38:28	00:38:24	00:19:05	15.63
119	3725	KACZOROWSKI MACIEJ	WARSZAWA	FUN SWIM /	69 M40/20 (M)112	00:38:30	00:38:22	00:19:05	15.64
120	595	PYCZ DANIEL	WARSZAWA	POGROMCY NIEMOCY /	76 M30/40 (M)113	00:38:32	00:38:17	00:19:06	15.67
121	2948	OSOWIECKI KRZYSZTOF	WARSZAWA		72 M30/41 (M)114	00:38:33	00:38:28	00:19:08	15.60
122	2806	LIPIEC SEBASTIAN	PRZYKWA		84 M20/46 (M)115	00:38:34	00:38:16	00:18:50	15.68
123	6685	SZYDLIK ADAM	ŁOMŻA	BRAK /	76 M30/42 (M)116	00:38:36	00:38:04	00:19:21	15.76
124	1748	KOWALCZYK MIKOŁAJ	WARSZAWA	NIEPRZEMAKALNI /	78 M30/43 (M)117	00:38:37	00:38:18	00:18:57	15.67
125	6258	NOSARZEWSKI KONRAD	STUPSK		91 M20/47 (M)118	00:38:38	00:38:31	00:18:48	15.58
126	5509	GAŚSIOROWSKI PIOTR	WARSZAWA		73 M30/44 (M)119	00:38:38	00:38:15	00:19:12	15.69
127	3266	TURCZYN MAREK	RUDA / TARCZYN		69 M40/21 (M)120	00:38:39	00:38:32	00:19:16	15.57
128	6578	SIEKIERSKI PAWEŁ	WOŁOMIN	DRUŻYNA SZPIKU /	83 M20/48 (M)121	00:38:39	00:38:27	00:19:02	15.60
129	4038	BRUDZIŃSKI CEZARY	OKUNIEW	NIEZALEŻNY /	77 M30/45 (M)122	00:38:40	00:38:23	00:18:59	15.63
130	2372	SIELSKI ARTUR			11 (M)123	00:38:41	00:38:38	00:19:27	15.53
131	4671	DOMAŃSKI BARTŁOMIEJ	PIASECZNO		75 M30/46 (M)124	00:38:44	00:38:11	00:19:11	15.71
132	6108	MAKSYMIAK MATEUSZ	BYTOM	AZS POLITECHNIKA ŚLĄSKA GLIWICE /	90 M20/49 (M)125	00:38:46	00:38:12	00:18:42	15.71
133	1218	GRUNWALD WITOLD	WARSZAWA		58 M50/6 (M)126	00:38:47	00:38:40	00:19:26	15.52
134	1061	SZYMBORSKI ŁUKASZ	RĘBKÓW	AVON /	84 M20/50 (M)127	00:38:52	00:38:49	00:18:57	15.46
135	4838	SMARZEK CEZARY	ŁASK	JASTRZĄB - 32. BLT ŁASK /	71 M40/22 (M)128	00:38:56	00:38:36	00:19:20	15.54
136	1465	GOSS RADOSŁAW	WARSZAWA		83 M20/51 (M)129	00:38:58	00:38:44	00:19:13	15.49
137	1252	AKSIUCIK ARKADIUSZ	WARSZAWA		81 M30/47 (M)130	00:38:58	00:38:32	00:18:37	15.57
138	3472	ROMANIUK DANIEL	WARSZAWA	LINUX&ANDROID MAGAZINE RUNNER /	82 M20/52 (M)131	00:38:59	00:38:45	00:19:07	15.48
139	3933	JANKOWSKI ANDRZEJ	WARSZAWA	ABC KONDYCJA /	78 M30/48 (M)132	00:38:59	00:38:49	00:19:21	15.46
140	1094	WITCZAK ANDRZEJ	WARSZAWA	12TRI.PL /	61 M50/7 (M)133	00:39:03	00:38:53	00:19:14	15.43
141	6159	MIROCHA JAN	BIALYSTOK	DELECTA PODLASKI KLUB BIEGOWY /	90 M20/53 (M)134	00:39:03	00:38:59	00:19:11	15.39
142	2345	KUROWSKI ERNEST	JÓZEFÓW	CROSS WARSZAWA SYRENKA /	76 M30/49 (M)135	00:39:05	00:38:51	00:19:31	15.44
143	6485	ROMAŃSKI KAZIMIERZ	LEGIONOWO		64 M40/23 (M)136	00:39:05	00:39:02	00:19:23	15.37
144	4085	ŚWIDERSKI SŁAWOMIR	OKUNIEW	BEMOVIA /	72 M30/50 (M)137	00:39:06	00:38:55	00:19:03	15.42
145	6142	MIEDZIEJEWSKI ANDRZEJ	GRODZISK MAZOWIECKI		86 M20/54 (M)138	00:39:09	00:39:00	00:18:39	15.38
146	2807	WAŚIK ARKADIUSZ	PRZYKWA		82 M20/55 (M)139	00:39:09	00:38:52	00:19:08	15.44
147	5907	KARŃCZAK MICHAŁ	WARSZAWA	BANK - KREDYT BANK /KB BIEGAMY Z ZASADAM /	86 M20/56 (M)140	00:39:11	00:38:37	00:19:34	15.54
148	6310	PARADOWSKI ANTONI	KRAKÓW		87 M20/57 (M)141	00:39:13	00:38:42	00:20:04	15.50
149	6540	RZĄDCA JACEK	WARSZAWA	IES INTERNATIONAL POLSKA /	83 M20/58 (M)142	00:39:16	00:38:50	00:19:18	15.45
150	6677	SZTELMACH PIOTR	ŻELECHÓW		86 M20/59 (M)143	00:39:17	00:39:04	00:19:31	15.36
151	2081	DELVERN PIERRE-MARIE	WARSZAWA	CHISPLAND TEAM /	75 M30/51 (M)144	00:39:17	00:38:43	00:19:03	15.50
152	1159	MALESZKA PAWEŁ	JABŁONNA		63 M40/24 (M)145	00:39:17	00:39:10	00:19:21	15.32
153	339	SZYMCZAK PIOTR	OSTROŁĘKA		77 M30/52 (M)146	00:39:18	00:39:10	00:19:40	15.32
154	3735	ZAWADZKI MACIEJ	WARSZAWA	BIEGAMY Z OCHOTĄ /	78 M30/53 (M)147	00:39:19	00:38:48	00:19:13	15.46
155	1524	NOWAK KRZYSZTOF	SULEJÓWEK		91 M20/60 (M)148	00:39:20	00:38:51	00:19:39	15.44
156	1525	NOWAK MACIEJ	SULEJÓWEK		65 M40/25 (M)149	00:39:20	00:38:52	00:19:39	15.44
157	6981	ZARZEKA MARCIN	BIALA PODLASKA	VEGE RUNNERS /	74 M30/54 (M)150	00:39:22	00:39:01	00:19:36	15.38
158	2995	GASPARSKI BARTŁOMIEJ	KĄTY WĘGIERSKIE	ART PROF /	77 M30/55 (M)151	00:39:25	00:39:18	00:19:28	15.27

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Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna / Klub Team / Club	R-k YoB	W kat. in Age	Wynik Time	Wynik netto	Wynik 5km	[km/h]
159	2869	PIEKARZ WALDEMAR	KĄTY		56	M50/8 (M)152	00:39:26	00:39:13	00:19:33	15.30
160	5082	KOŁODZIEJEK PIOTR	W-WA		70	M40/26 (M)153	00:39:26	00:39:18	00:19:36	15.27
161	6063	LIPIŃSKI ROBERT	SOSNOWIEC	BEZFORMY.PL /	70	M40/27 (M)154	00:39:26	00:38:49	00:19:15	15.46
162	6457	GISKA FABIAN	WARSZAWA		83	M20/61 (M)155	00:39:26	00:39:07	00:19:21	15.34
163	5774	GLÓWCZYK PAWEŁ	SULEJÓWEK		78	M30/56 (M)156	00:39:27	00:39:18	00:19:08	15.27
164	4187	WIĄCEK MARCIN	WARSZAWA	BYLEDOBIEC ANIN /	78	M30/57 (M)157	00:39:27	00:39:02	00:19:38	15.37
165	4529	LEMANOWICZ ŁUKASZ	MIŃSK MAZOWIECKI		85	M20/62 (M)158	00:39:30	00:39:14	00:19:34	15.29
166	4422	MAZUR MAREK	PIASECZNO		67	M40/28 (M)159	00:39:31	00:39:03	00:19:35	15.36
167	6403	ROSZYK SŁAWOMIR	POZNAŃ	QUENTINO.PL /	70	M40/29 (M)160	00:39:31	00:39:29	00:19:58	15.20
168	1960	SALAK MICHAŁ	WARSZAWA	PKO_ /	80	M30/58 (M)161	00:39:32	00:39:21	00:19:38	15.25
169	5456	DLUŻNIEWSKI JACEK	ŁOMŻA	DAJESZ BYKU TEAM /	75	M30/59 (M)162	00:39:34	00:39:27	00:19:40	15.21
170	3507	ZARZYCKI ZDZISŁAW	N.DWÓR MAZ.	JOGGER /	58	M50/9 (M)163	00:39:35	00:39:08	00:19:28	15.33
171	1772	MICHALSKI BARTOSZ	TORUŃ	RUN TO RUN /	82	M20/63 (M)164	00:39:36	00:39:28	00:19:25	15.20
172	4792	GOLEŃ KAMIL	WARSZAWA		87	M20/64 (M)165	00:39:36	00:38:57	00:19:39	15.40
173	5995	KOZŁOWSKI TOMASZ	PIASECZNO	BIARKEM CLUB PIASECZNO /	72	M30/60 (M)166	00:39:36	00:39:26	00:19:15	15.22
174	6428	LACH TOMASZ	WARSZAWA		72	M30/61 (M)167	00:39:38	00:39:19	00:19:21	15.26
175	6970	SEROCKI PIOTR	MARKI		77	M30/62 (M)168	00:39:40	00:39:27	00:19:34	15.21
176	495	WASILEWSKI ROBERT	WARSZAWA	WSB CYTADELA /	72	M30/63 (M)169	00:39:40	00:39:35	00:19:25	15.16
177	2380	WIECZOREK DARIUSZ	LEGIONOWO		69	M40/30 (M)170	00:39:40	00:39:07	00:18:32	15.34
178	331	GÓRAL TADEUSZ	WARSZAWA		70	M40/31 (M)171	00:39:41	00:39:24	00:19:18	15.23
179	6130	MATEJKO PIOTR	11-130 ORNETA	IKS SMOK PGNIG,APOTEX,LOTOS ORNETA /	54	M50/10 (M)172	00:39:41	00:39:38	00:19:33	15.14
180	4522	SIERADZKI SŁAWOMIR	SOSNOWIEC		77	M30/64 (M)173	00:39:43	00:39:10	00:19:42	15.32
181	349	DĄBROWSKI ROBERT	WARSZAWA		71	M40/32 (M)174	00:39:43	00:39:35	00:19:50	15.16
182	2015	OVIEDO ANTONIO	WIEDEŃ		72	M30/65 (M)175	00:39:45	00:39:29	00:19:25	15.20
183	5685	GÓRECZNY MICHAŁ	WARSZAWA	BYSTRONIC POLSKA /	81	M30/66 (M)176	00:39:45	00:39:15	00:19:25	15.29
184	3022	ANDRES BEATA	WARSZAWA	BIEGAMBOLUBIĘ /	75	K30/4 (K)8	00:39:45	00:39:44	00:19:41	15.10
185	5206	DOMAŃSKI GERARD	WARSZAWA	SALAŁKA COLESŁAW /	73	M30/67 (M)177	00:39:47	00:39:36	00:19:30	15.15
186	1129	CHYŁA ARTUR	KONSTANCIN JEZIORNA		68	M40/33 (M)178	00:39:50	00:39:32	00:19:19	15.18
187	41	SZOTA WOJCIECH	WARSZAWA		74	M30/68 (M)179	00:39:52	00:39:49	00:19:44	15.07
188	557	CZECHOWSKI ROBERT	WARSZAWA	ALETEMPO /	64	M40/34 (M)180	00:39:55	00:39:50	00:19:49	15.06
189	4359	ŁYŻWIŃSKI TOMASZ	WARSZAWA		68	M40/35 (M)181	00:39:56	00:39:49	00:19:34	15.07
190	5635	GOTKOWICZ KRZYSZTOF	GDAŃSK		75	M30/69 (M)182	00:39:57	00:39:50	00:19:55	15.06
191	5215	MICHALSKI MACIEJ	LEGIONOWO		79	M30/70 (M)183	00:39:59	00:39:47	00:19:39	15.08
192	1472	MILEWSKI MACIEK	LEGIONOWO		75	M30/71 (M)184	00:40:00	00:39:39	00:20:00	15.13
193	3958	FIGAT ANDRZEJ	KOBYŁKA	KOBYŁKA /	77	M30/72 (M)185	00:40:01	00:39:55	00:19:55	15.03
194	6796	WODER OLAF	GARWOLIN	TRUCHTACZ /	82	M20/65 (M)186	00:40:04	00:39:50	00:19:43	15.06
195	5917	KĘDZIERSKI ADAM	SKAWINA		87	M20/66 (M)187	00:40:04	00:39:52	00:19:43	15.05
196	4087	RYBAK ANDRZEJ	WARSZAWA	BRAK /	71	M40/36 (M)188	00:40:04	00:39:49	00:20:06	15.07
197	5052	LATUSZEK MICHAŁ	GARWOLIN	TRUCHTACZ.PL /	94	M20/67 (M)189	00:40:04	00:40:01	00:19:12	14.99
198	6560	SARZAŁA DARIUSZ	PULTUSK		59	M50/11 (M)190	00:40:05	00:39:44	00:19:54	15.10
199	1289	SELKE RADOSŁAW	WARSZAWA	TEAM NUTRILITE /	85	M20/68 (M)191	00:40:05	00:40:03	00:19:31	14.98
200	2989	MUZYKA MICHAŁ	WARSZAWA		71	M40/37 (M)192	00:40:06	00:39:54	00:20:01	15.04
201	3125	KAMIŃSKI ADAM	RASZYN		83	M20/69 (M)193	00:40:06	00:39:37	00:19:39	15.15
202	6248	DĄBROWA KAMIL	WARSZAWA	JEDYNKA POLSKIE RADIO /	73	M30/73 (M)194	00:40:06	00:39:59	00:19:53	15.01
203	725	STARZYŃSKI ADAM	NIEPORĘT	PRORUNNING PROMOTION /	76	M30/74 (M)195	00:40:08	00:39:43	00:20:08	15.11
204	23	SŁOMA MARCIN			68	M40/38 (M)196	00:40:08	00:40:05	00:19:47	14.97
205	4923	OPALA PRZEMYSŁAW	STRZESZEWO		87	M20/70 (M)197	00:40:08	00:39:48	00:19:50	15.08
206	3775	BRODOWSKI PAWEŁ	WINNICA	LIDER WINNICA /	75	M30/75 (M)198	00:40:08	00:39:12	00:19:31	15.31
207	1736	OKULUS PIOTR	WARSZAWA	LEGION WARSZAWA /	86	M20/71 (M)199	00:40:09	00:39:50	00:19:30	15.06
208	5088	WIATR MICHAŁ	WARSZAWA	SOFTTUTOR /	79	M30/76 (M)200	00:40:10	00:39:56	00:20:07	15.03
209	2260	PELCHEN TOMASZ	GRÓJEC	JW 3411 GRÓJEC /	74	M30/77 (M)201	00:40:11	00:39:42	00:19:39	15.11
210	6381	PRUSZEK STANISŁAW	GRODZISK MAZ		93	M20/72 (M)202	00:40:12	00:39:26	00:19:25	15.22
211	5752	PUCZYŁOWSKI TOMASZ	WARSZAWA	BIEGAMY Z OCHOTĄ /	74	M30/78 (M)203	00:40:12	00:39:54	00:19:31	15.04
212	329	PECIO MARIUSZ	WARSZAWA	TRUCHT TARCHOMIN TEAM /	77	M30/79 (M)204	00:40:12	00:39:43	00:20:20	15.11
213	4568	KOBRZYŃSKI SZYMON	WARSZAWA		81	M30/80 (M)205	00:40:14	00:39:49	00:20:23	15.07
214	3542	SIERHEJ ZDZISŁAW	STANISŁAWÓW	U.P.L.K.S. /	73	M30/81 (M)206	00:40:14	00:39:57	00:19:31	15.02
215	6836	ZARZECKI ADRIAN	TŁUSZCZ		87	M20/73 (M)207	00:40:15	00:39:58	00:19:50	15.01

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<i>Miejsce Rank</i>	<i>Nr Bib</i>	<i>Nazwisko i imię Name</i>	<i>Miejscowość City</i>	<i>Drużyna / Klub Team / Club</i>	<i>R-k W kat. YoB in Age</i>	<i>Wynik Time</i>	<i>Wynik netto</i>	<i>Wynik 5km</i>	<i>[km/h]</i>
216	4837	POLAŃSKI PIOTR	WARSZAWA	WARSZAWA-MOKOTÓW /	65 M40/39 (M)208	00:40:18	00:40:14	00:20:01	14.91
217	3897	RADZIEJOWSKI JAKUB	WARSZAWA	UKA WARSZAWA /	76 M30/82 (M)209	00:40:18	00:39:53	00:20:12	15.04
218	2578	WIŚNIOWOLSKI PAWEŁ	WARSZAWA		80 M30/83 (M)210	00:40:20	00:39:57	00:19:53	15.02
219	42	BOBEK FILIP	WARSZAWA		80 M30/84 (M)211	00:40:20	00:40:14	00:20:15	14.91
220	6165	MITURA ADAM	ZAKALEW	RCEZ LUBARTÓW /	94 M20/74 (M)212	00:40:20	00:39:42	00:19:53	15.11
221	43	CYPRIAŃSKI PRZEMYSŁAW			81 M30/85 (M)213	00:40:21	00:40:16	00:20:15	14.90
222	14	ZIELIŃSKA WERONIKA		12TRI.PL /	11 (K)9	00:40:22	00:40:19	00:20:22	14.88
223	1461	WOJDAK ROBERT	WARSZAWA	BIEGAMY Z OCHOTĄ /	67 M40/40 (M)214	00:40:22	00:40:12	00:20:03	14.93
224	6117	MARCINIAK CEZARY	PABIANICE	PKK99 /	65 M40/41 (M)215	00:40:23	00:40:12	00:20:10	14.93
225	3325	GERC JAROSŁAW	ŚWIEBODZIN	WULKANY MIŁOŚCI /	82 M20/75 (M)216	00:40:23	00:40:17	00:19:52	14.89
226	1462	MICHALIK PAWEŁ	WARSZAWA		87 M20/76 (M)217	00:40:24	00:40:11	00:19:45	14.93
227	1326	PASIECZNY ROBERT	GORZYCE	ZESPÓŁ SZKÓŁ W GORZYCACH /	77 M30/86 (M)218	00:40:25	00:39:56	00:19:55	15.03
228	2271	HOPPE ANDRZEJ	WARSZAWA	HP RUN /	83 M20/77 (M)219	00:40:26	00:39:53	00:19:20	15.04
229	2183	SENK ALEKSANDER	WARSZAWA	OBOZYBIEGOWE.PL /	79 M30/87 (M)220	00:40:26	00:40:07	00:19:56	14.96
230	4355	POLASKI DARIUSZ	RADZYMIN	KB-REBUS.PL /	75 M30/88 (M)221	00:40:28	00:39:32	00:20:24	15.18
231	138	ŁASIŃSKI PAWEŁ	WARSZAWA	KOMINEK /	83 M20/78 (M)222	00:40:28	00:40:26	00:20:22	14.84
232	4017	CHREŚCIONKO EWA	WYSZKÓW	CENTURION MTB TEAM /	82 K20/4 (K)10	00:40:28	00:39:58	00:20:09	15.01
233	3445	KĘSICKI ANDRZEJ	KRAKÓW	KB TP /	67 M40/42 (M)223	00:40:29	00:39:40	00:19:50	15.13
234	263	SAJKOWSKI ANDRZEJ	WARSZAWA		52 M50/12 (M)224	00:40:30	00:40:27	00:19:37	14.83
235	3136	KOCISZEWSKI PAWEŁ	KARCZEW	BRAK /	88 M20/79 (M)225	00:40:32	00:40:19	00:20:02	14.88
236	1353	KOWALCZYK PAWEŁ	WOŁOMIN	AKTYWNY RELAKS /	70 M40/43 (M)226	00:40:33	00:40:22	00:20:11	14.86
237	6990	MUCHA ARTUR	WARSAW	RAIFFEISEN LEASING RUNNERS /	75 M30/89 (M)227	00:40:33	00:40:25	00:20:19	14.85
238	1340	BIELSKI MARCIN	NOWE MIASTO N/PILICA	NIEZRZESZONY /	78 M30/90 (M)228	00:40:33	00:40:11	00:20:03	14.93
239	404	LIPSKI PIOTR	WARSZAWA		70 M40/44 (M)229	00:40:34	00:39:56	00:20:15	15.03
240	3535	LINDEBNY ANDRZEJ	WARSZAWA		74 M30/91 (M)230	00:40:34	00:40:28	00:19:51	14.83
241	6603	SMOLIŃSKI MICHAŁ	ŁÓDŹ	METALCHEMSC /	90 M20/80 (M)231	00:40:34	00:39:59	00:19:41	15.01
242	40	CHMIELEWSKI KRZYSZTOF	KRZAKI	ABC KONDYCJA.PL /	76 M30/92 (M)232	00:40:36	00:40:33	00:19:45	14.80
243	5637	MATYSIAK HANNA	LESZNO	UKS G8 BIELANY WARSZAWA /	90 K20/5 (K)11	00:40:36	00:40:33	00:19:59	14.80
244	5780	GOLA ŁUKASZ	ZAWIERZBIE		82 M20/81 (M)233	00:40:36	00:40:30	00:20:37	14.81
245	570	ŁUCZYŃSKI TOMASZ	WARSZAWA		73 M30/93 (M)234	00:40:37	00:40:34	00:19:46	14.79
246	5487	FELDMANE SANTA	VENTSPILS	MARATONA KLUBS VENTSPILS /	81 M30/94 (M)235	00:40:38	00:40:32	00:20:19	14.80
247	2660	DARUK PIOTR	WARSZAWA		79 M30/95 (M)236	00:40:38	00:40:31	00:19:36	14.81
248	6805	WOJTCZAK BŁAŻEJ	PABIANICE/WARSZAWA		78 M30/96 (M)237	00:40:39	00:39:50	00:19:44	15.06
249	3699	SIDOR KRZYSZTOF	DZIEKANÓW LEŚNY	123-A-TERAZ-MY /	62 M40/45 (M)238	00:40:40	00:40:29	00:20:01	14.82
250	3698	MATYJASIK MIROSLAW	PULAWY	123-A-TERAZ-MY /	73 M30/97 (M)239	00:40:41	00:40:30	00:20:01	14.81
251	4797	KRAWIEC ANDRZEJ	OLSZTYN	AKM VIII /	72 M30/98 (M)240	00:40:42	00:40:17	00:20:21	14.89
252	6592	SKRZYNIARZ MAREK	KIELCE		74 M30/99 (M)241	00:40:44	00:40:30	00:20:19	14.81
253	6166	MITURA MIKOŁAJ	ZAKALEW	18 BIAŁOSTOCKI PUŁK ROZPOZNAWCZY /	88 M20/82 (M)242	00:40:44	00:40:05	00:19:52	14.97
254	5174	HOFFMAN GRZEGORZ	WARSZAWA		85 M20/83 (M)243	00:40:46	00:39:46	00:20:02	15.09
255	4768	KUBICA ADAM	BYSTRA	PĘDĄCE NOŻYCE BYSTRA /	78 M30/100 (M)244	00:40:47	00:40:17	00:20:01	14.89
256	6609	SOBCZAK ROBERT	ŁÓDŹ	BIEGAMPOLODZI.PL /	82 M20/84 (M)245	00:40:47	00:39:49	00:20:33	15.07
257	233	SZCZEŚNIAK SŁAWOMIR	WARSZAWA	PKO BANK POLSKI /	72 M30/101 (M)246	00:40:47	00:40:19	00:19:46	14.88
258	6619	SOTEK MAREK	WARSZAWA	SPORTAKUS WARSZAWA /	73 M30/102 (M)247	00:40:48	00:40:32	00:20:09	14.80
259	1952	DĄBROWSKI MARIUSZ		PKO_ /	77 M30/103 (M)248	00:40:48	00:40:38	00:19:52	14.77
260	282	MARCZYŃSKA KATARZYNA	WARSZAWA		70 K40/1 (K)12	00:40:48	00:40:30	00:20:05	14.81
261	3777	BRODOWSKI KAMIL	WINNCA	LIDER WINNICA /	88 M20/85 (M)249	00:40:49	00:39:52	00:18:58	15.05
262	1318	BIAŁEK MARCIN	WARSZAWA		69 M40/46 (M)250	00:40:49	00:40:12	00:20:01	14.93
263	1254	MAŁECKI MACIEJ	WARSZAWA	BRAK /	86 M20/86 (M)251	00:40:50	00:40:31	00:19:53	14.81
264	6751	WAŚKOWSKI EMIL	ŁÓDŹ	SZAKALE BALUT ŁÓDŹ /	90 M20/87 (M)252	00:40:51	00:40:41	00:19:23	14.75
265	5634	KĄŻMIERCZAK KRZYSZTOF	RYKI		72 M30/104 (M)253	00:40:51	00:39:59	00:19:43	15.01
266	3792	PARZYSZEK BOGUSZ	WARSZAWA		82 M20/88 (M)254	00:40:51	00:40:20	00:20:08	14.88
267	6876	KAZIMIERSKI ARTUR	SOCHACZEW		68 M40/47 (M)255	00:40:51	00:40:36	00:20:32	14.78
268	5457	DOBOSZ DAMIAN	WOLA SIENNICKA		93 M20/89 (M)256	00:40:52	00:40:20	00:20:02	14.88
269	5119	LATUSZEK JAROSŁAW	GARWOLIN	TRUCHTACZ.PL /	70 M40/48 (M)257	00:40:52	00:40:36	00:19:57	14.78
270	5825	HACZYK JAROSŁAW	OPOLE	BIEG OPOLSKI /	68 M40/49 (M)258	00:40:53	00:40:22	00:20:11	14.86
271	4953	SOBOLEWSKI JAKUB	WARSZAWA	BANK GET BANK /	77 M30/105 (M)259	00:40:54	00:40:19	00:19:46	14.88
272	4283	KRÓL DARIUSZ	WARSZAWA		65 M40/50 (M)260	00:40:54	00:40:48	00:20:09	14.71

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna / Klub Team / Club	R-k W kat. YoB in Age	Wynik Time	Wynik netto	Wynik 5km	[km/h]
273	837	HOŁOWACZ KRZYSZTOF	WARSZAWA	ABC KONDYCJA /	77 M30/106 (M)261	00:40:54	00:40:24	00:20:02	14.85
274	3088	OLEJKO MICHAŁ	KRAKÓW	EVEO /	78 M30/107 (M)262	00:40:55	00:40:26	00:19:55	14.84
275	2847	BOGACKI MAREK	WARSZAWA		75 M30/108 (M)263	00:40:55	00:40:15	00:19:40	14.91
276	2613	CICHACKI SYLWESTER	WARSZAWA	BIEGAJZNAMI.PL /	89 M20/90 (M)264	00:40:55	00:40:22	00:20:00	14.86
277	602	GAGAŁA STEFAN	MILANÓWEK	WWW.MOTOZBYT-RYKI.PL /	82 M20/91 (M)265	00:40:56	00:40:51	00:20:21	14.69
278	2739	MAGIELSKI JAROSŁAW	NADARZYN	RBS BANK /	74 M30/109 (M)266	00:40:56	00:40:25	00:20:12	14.85
279	2489	ZIEMIŃSKI KAROL	WARSZAWA	EDC RUNNERS /	88 M20/92 (M)267	00:40:57	00:40:39	00:20:04	14.76
280	2483	WIŚNIEWSKI GRZEGORZ	WARSZAWA	EDC RUNNERS /	73 M30/110 (M)268	00:40:59	00:40:12	00:20:05	14.93
281	1955	AULEYTNER JANUSZ	WARSZAWA	PKO_ /	75 M30/111 (M)269	00:41:01	00:40:50	00:20:13	14.69
282	6558	SALSKI RAFAŁ	ŻYRARDÓW		68 M40/51 (M)270	00:41:02	00:40:22	00:19:56	14.86
283	5812	GRZYB KAZIMIERZ	KRAKÓW	AZS AWF KRAKÓW MASTERS /	72 M30/112 (M)271	00:41:02	00:40:14	00:20:36	14.91
284	5465	DRĘŻEK KRZYSZTOF	GRAJEWO	MARATONKA GRAJEWO /	65 M40/52 (M)272	00:41:04	00:40:36	00:20:30	14.78
285	3750	GŁEMBSKI DANIEL I KAMIL	WARSZAWA	POLSKA BIEGA /	76 M30/113 (M)273	00:41:04	00:40:15	00:19:46	14.91
286	5448	DAJCZER RAFAŁ	WARSZAWA		77 M30/114 (M)274	00:41:04	00:40:58	00:20:23	14.65
287	98	SIENIUC KUBA	WARSZAWA	WASA /	80 M30/115 (M)275	00:41:04	00:40:14	00:19:37	14.91
288	1055	PAŁYSA GRZEGORZ	GARWOLIN	AVON /	81 M30/116 (M)276	00:41:04	00:40:56	00:19:57	14.66
289	1749	BIELECKI TOMASZ	LUBLIN		87 M20/93 (M)277	00:41:05	00:40:59	00:20:08	14.64
290	6614	SOKÓŁ MICHAŁ	MODRZE	GRODZISKI KLUB BIEGACZA /	82 M20/94 (M)278	00:41:06	00:40:48	00:20:18	14.71
291	6736	VALERTS ANDRIS	VENTSPILS, LATVIA	MARATONA KLUBS/VENTSPILS /	70 M40/53 (M)279	00:41:07	00:41:02	00:20:19	14.62
292	5118	BAR WIESŁAW	WARSZAWA		70 M40/54 (M)280	00:41:07	00:40:50	00:20:32	14.69
293	6772	WIĘCKOWSKI GRZEGORZ	WARKA	KB START PUŁASKI WARKA /	71 M40/55 (M)281	00:41:08	00:40:25	00:20:17	14.85
294	3381	KRYWANOSOW DENIS	ÓLTARZEW		84 M20/95 (M)282	00:41:09	00:40:21	00:20:13	14.87
295	5890	KAJETANIAK MARIUSZ	RYBNIK	POLITECHNIKA ŚLĄSKA /	90 M20/96 (M)283	00:41:10	00:40:36	00:20:26	14.78
296	915	MOSE DOUGLUS	WARSZAWA	ZPS SP. Z O.O /	80 M30/117 (M)284	00:41:11	00:40:57	00:20:10	14.65
297	493	SZAŁADZIŃSKI SEBASTIAN	ZĄBKI		75 M30/118 (M)285	00:41:12	00:40:44	00:20:13	14.73
298	4876	BAK JAROSŁAW	WOŁOMIN		78 M30/119 (M)286	00:41:13	00:41:00	00:20:39	14.63
299	5508	HERMAN RAFAL	WARSZAWA	POWERSALES TRIATHLON TEAM /	76 M30/120 (M)287	00:41:14	00:40:52	00:20:02	14.68
300	6195	NADRATOWSKI TOMASZ	MŁAWA	TEMPO MŁAWA /	83 M20/97 (M)288	00:41:16	00:41:11	00:20:25	14.57
301	3242	TAUZ ANDRZEJ	WARSZAWA		76 M30/121 (M)289	00:41:17	00:40:54	00:20:01	14.67
302	4335	ŁUKASZEWSKI WITOLD	RADZIWIŁŁÓW MAZ.		67 M40/56 (M)290	00:41:17	00:41:11	00:19:53	14.57
303	6673	SZNAPKA EUGENIUSZ	ŚWIĘTOCHŁOWICE	TP TELTECH /	55 M50/13 (M)291	00:41:18	00:40:44	00:20:25	14.73
304	185	OLECHOWSKI JACEK	WARSZAWA		77 M30/122 (M)292	00:41:19	00:41:07	00:20:05	14.59
305	5674	CZYŻKOWSKI RAFAŁ	WARSZAWA		81 M30/123 (M)293	00:41:19	00:41:03	00:20:24	14.62
306	1610	ROZKRUT BRONISŁAW	MICHAŁOWICE	MICHAŁOWICE /	65 M40/57 (M)294	00:41:21	00:41:06	00:20:32	14.60
307	37	GOCH ROBERT	PIASECZNO	ABCKONDYCJA.PL /	64 M40/58 (M)295	00:41:21	00:41:15	00:20:14	14.55
308	137	SADRAK MICHAŁ	WARSZAWA	KOMINEK /	87 M20/98 (M)296	00:41:21	00:41:14	00:19:07	14.55
309	5203	WOJTAS JANUSZ	WARSZAWA		67 M40/59 (M)297	00:41:22	00:41:02	00:20:39	14.62
310	4022	LUCIMA PAWEŁ	WARSZAWA		73 M30/124 (M)298	00:41:22	00:40:59	00:20:27	14.64
311	2974	ZMITROWICZ BOGDAN	NOWA DĘBA		77 M30/125 (M)299	00:41:23	00:40:50	00:20:07	14.69
312	1285	TRONIARZ MARCIN	RASZYN		75 M30/126 (M)300	00:41:24	00:41:08	00:20:33	14.59
313	1185	SZTUBECKI MICHAŁ	WARSZAWA	VEGE RUNNERS /	72 M30/127 (M)301	00:41:24	00:41:10	00:20:00	14.57
314	6438	GRZEŚKOWIAK BARTOSZ	POZNAŃ	WARTA /	77 M30/128 (M)302	00:41:25	00:40:51	00:20:26	14.69
315	5320	BIAŁOGRODZKI SYLWESTER	ZALESIE GÓRNE	ZALESIE GÓRNE /	61 M50/14 (M)303	00:41:25	00:40:57	00:20:18	14.65
316	15	RACHWAŁ MICHAŁ		12TRI.PL /	11 (M)304	00:41:26	00:41:23	00:20:22	14.50
317	4202	JAŻŁO PRZEMEK	WARSZAWA	INVOLVER.PL /	85 M20/99 (M)305	00:41:26	00:41:15	00:20:14	14.55
318	2470	SZCZYGIEL PRZEMYSŁAW	WARSZAWA	EDC RUNNERS /	79 M30/129 (M)306	00:41:28	00:40:53	00:20:21	14.68
319	1361	KLIGLICH PAWEŁ	WOŁOMIN	TOWARZYSTWO AKTYWNY RELAKS WOŁOMIN /	77 M30/130 (M)307	00:41:28	00:41:16	00:20:24	14.54
320	4650	CZUB ANDRZEJ	KONSTANCIN - JEZ		67 M40/60 (M)308	00:41:29	00:41:21	00:20:23	14.51
321	5614	PĘKAŁSKI MAREK	WARSZAWA		77 M30/131 (M)309	00:41:29	00:41:12	00:20:10	14.56
322	524	MIKITA KONRAD	DĘBE WIELKIE	AKADEMIA SZTUK WALKI /	91 M20/100 (M)310	00:41:30	00:41:20	00:20:02	14.52
323	1711	PACURKOWSKI MARCIN	WARSZAWA		78 M30/132 (M)311	00:41:31	00:41:15	00:20:12	14.55
324	4471	KOZŁOWSKI KAROL	STARE JUCHY		80 M30/133 (M)312	00:41:31	00:41:07	00:20:32	14.59
325	4915	D ALIA FELICE	WARSZAWA		79 M30/134 (M)313	00:41:31	00:41:15	00:20:19	14.55
326	5104	PAWLAK KONRAD	KALISZ	SUPERMARATON KALISZ /	83 M20/101 (M)314	00:41:32	00:40:44	00:20:05	14.73
327	998	MIGDAŁ RADOSŁAW	WARSZAWA	REMBERTÓW TEAM /	76 M30/135 (M)315	00:41:33	00:41:23	00:20:15	14.50
328	6917	BESSER PIOTR	WARSZAWA	Rohacka PL /	70 M40/61 (M)316	00:41:34	00:41:18	00:20:43	14.53
329	2776	KURZAWA SŁAWOMIR	WARSZAWA		66 M40/62 (M)317	00:41:34	00:41:18	00:20:55	14.53

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Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna / Klub Team / Club	R-k W kat. YoB in Age	Wynik Time	Wynik netto	Wynik 5km	[km/h]
330	2614	MICHALSKI MARIUSZ	RADOM	FITNESS PARK RADOM /	81 M30/136 (M)318	00:41:34	00:40:59	00:20:12	14.64
331	913	OWSIŃSKI ANDRZEJ	WARSZAWA	ACCELERATE /	74 M30/137 (M)319	00:41:35	00:40:59	00:20:06	14.64
332	2918	LISICA MARCIN	WARSZAWA		72 M30/138 (M)320	00:41:35	00:41:14	00:20:23	14.55
333	5542	GELBERG MACIEJ	WARSZAWA		78 M30/139 (M)321	00:41:36	00:41:01	00:20:26	14.63
334	4151	BORAWSKI KAMIL	SUWAŁKI		83 M20/102 (M)322	00:41:36	00:40:53	00:20:37	14.68
335	6484	POKORSKI MAREK	WARSZAWA		71 M40/63 (M)323	00:41:37	00:41:10	00:20:28	14.57
336	5841	HYŻY PIOTR	TARNOWIEC	FESTIWAL BIEGOWY W KRYNICY /	80 M30/140 (M)324	00:41:37	00:40:48	00:20:23	14.71
337	5947	KOMAR ANDRZEJ	ZIELONY KĄT 17		76 M30/141 (M)325	00:41:38	00:41:31	00:20:34	14.45
338	5975	KOTOWICZ TADEUSZ	OTWOCK		53 M50/15 (M)326	00:41:39	00:41:33	00:20:19	14.44
339	3473	GWIZDAŁA CEZARY	WARSZAWA	NIEZRZESZONY /	70 M40/64 (M)327	00:41:40	00:41:03	00:20:24	14.62
340	3794	JOBT ANDRZEJ	WAARSZAWA	MKS POLONIA WARSZAWA /	56 M50/16 (M)328	00:41:40	00:41:15	00:20:32	14.55
341	4137	MICHAŁOWSKI LUKASZ	RADOM	RKB SMECZ /	87 M20/103 (M)329	00:41:41	00:40:44	00:20:51	14.73
342	6900	BLĄŻEJEWSKI BARTOSZ	MYŚLIBÓRZ		92 M20/104 (M)330	00:41:41	00:41:14	00:20:19	14.55
343	2985	CYDZIK MIROSLAW	OLSZTYN		76 M30/142 (M)331	00:41:42	00:40:39	00:20:26	14.76
344	857	DYGDŃ PRZEMYSŁAW	WARSZAWA	ACCELERATE /	74 M30/143 (M)332	00:41:42	00:41:34	00:20:19	14.43
345	3553	NOWAK PAWEŁ	KALINOWO	PUKS ROCH JASIEINICA /	89 M20/105 (M)333	00:41:43	00:40:54	00:20:18	14.67
346	4366	PIOTROWSKI ADAM	WARSZAWA	WWW.FORT-BEMA.PL /	72 M30/144 (M)334	00:41:43	00:41:37	00:20:39	14.42
347	2768	KILJAN HUBERT	WARSZAWA		80 M30/145 (M)335	00:41:44	00:41:42	00:19:56	14.39
348	2545	ORZOŁ JACEK	ZĄBKI	KB LENIWIEC ZĄBKI /	80 M30/146 (M)336	00:41:44	00:41:06	00:20:50	14.60
349	3396	PIEPER TOMASZ	PIASECZNO		67 M40/65 (M)337	00:41:44	00:40:41	00:21:11	14.75
350	3030	WYSZYŃSKI BERNARD	WARSZAWA	KB ACTIVE SPORTS WARSZAWA /	78 M30/147 (M)338	00:41:44	00:41:41	00:20:43	14.39
351	5700	WARCIŃSKI WOJCIECH	AUGUSTÓW	TEAM NUTRILITE /	67 M40/66 (M)339	00:41:45	00:41:17	00:20:31	14.53
352	2982	SKUZA PAWEŁ	WARSZAWA	LUXURY RUNNER /	86 M20/106 (M)340	00:41:45	00:41:14	00:20:32	14.55
353	526	FIDO MAREK	WARSZAWA		66 M40/67 (M)341	00:41:46	00:41:15	00:20:33	14.55
354	4273	SPECHT MIKOŁAJ	WARSZAWA	BIEGAM BO LUBIE /	76 M30/148 (M)342	00:41:46	00:41:18	00:20:28	14.53
355	1498	WOŹNIAK MIKOŁAJ	WARSZAWA		80 M30/149 (M)343	00:41:47	00:41:12	00:20:26	14.56
356	4668	PIETRUSIAK KONRAD	PRUSZKÓW	SILA JEST /	82 M20/107 (M)344	00:41:47	00:41:08	00:20:46	14.59
357	2223	DALASIŃSKI JAN	WARSZAWA		62 M40/68 (M)345	00:41:47	00:41:12	00:20:13	14.56
358	4217	ADASZEK LUKASZ	LUBLIN		77 M30/150 (M)346	00:41:48	00:41:19	00:20:40	14.52
359	5489	FIEDORCZYK ANDRZEJ	WYDMINY	ZSO WYDMINY /	62 M40/69 (M)347	00:41:48	00:41:31	00:20:54	14.45
360	5446	CZYŻOWSKI MAREK	MIŃSK MAZOWIECKI		76 M30/151 (M)348	00:41:48	00:41:02	00:20:46	14.62
361	2073	NOJSZEWSKI KAZIMIERZ	NOWA IWICZNA	BYLEDOBIEC ANIN /	68 M40/70 (M)349	00:41:49	00:41:42	00:20:30	14.39
362	5481	DZIEKOŃSKI TADEUSZ	BIALYSTOK	JUVENIA BIALYSTOK /	50 M60/1 (M)350	00:41:49	00:41:39	00:20:50	14.41
363	1078	STOKOWSKI MICHAŁ	WARSZAWA		85 M20/108 (M)351	00:41:49	00:41:42	00:20:30	14.39
364	4436	ŻACH PIOTR	WARSZAWA	POLITECHNIKA WARSZAWSKA /	74 M30/152 (M)352	00:41:51	00:41:22	00:21:07	14.50
365	3108	BIEL ARTUR	WARSZAWA	SPÓJNIA WARSZAWA /	77 M30/153 (M)353	00:41:52	00:41:37	00:20:27	14.42
366	6328	PELCZAR MICHAŁ	ISKRZYŃNIA	KU AZS UMED ŁÓDŹ /	87 M20/109 (M)354	00:41:52	00:41:20	00:20:45	14.52
367	2137	WALIŃSKI JAROSŁAW	SKARŻYSKO - KAMIENNA		68 M40/71 (M)355	00:41:53	00:41:44	00:20:39	14.38
368	3046	BUDZYŃSKI KRZYSZTOF	WARSZAWA		65 M40/72 (M)356	00:41:54	00:40:47	00:20:25	14.71
369	5971	KOSSAKOWSKI MATEUSZ	WOLA CYGOWSKA		94 M20/110 (M)357	00:41:54	00:41:01	00:20:32	14.63
370	3543	SIERHEJ JANUSZ	STANISŁAWÓW	UPLKS STANISŁAWÓW /	70 M40/73 (M)358	00:41:54	00:40:57	00:20:30	14.65
371	1630	KASIŃSKI GRZEGORZ	WARSZAWA		70 M40/74 (M)359	00:41:54	00:41:37	00:21:17	14.42
372	4996	ZAKRZEWSKI MACIEJ	WARSZAWA		77 M30/154 (M)360	00:41:54	00:41:21	00:20:20	14.51
373	1646	ZWIERZ MICHAŁ	WARSZAWA	ALETEMPO /	73 M30/155 (M)361	00:41:56	00:41:25	00:20:31	14.49
374	1694	RYŚ DARIUSZ	WARSZAWA	12TRI.PL /	80 M30/156 (M)362	00:41:57	00:41:24	00:20:28	14.49
375	6648	STRZYCZKOWSKI MACIEK	WARSZAWA		95 M20/111 (M)363	00:41:57	00:41:26	00:20:06	14.48
376	2742	REDA SŁAWOMIR	WARSZAWA	KB ACTIVESPORTS WARSZAWA /	58 M50/17 (M)364	00:41:57	00:41:43	00:20:57	14.38
377	5166	GAJEWSKI KAMIL	TLUSZCZ	BÓBR TLUSZCZ /	84 M20/112 (M)365	00:41:58	00:41:21	00:20:30	14.51
378	78	PERNAK PIOTR	WARSZAWA	ASICS /	70 M40/75 (M)366	00:41:58	00:41:47	00:20:45	14.36
379	5217	LESZCZYŃSKI PAWEŁ	WARSZAWA	LASY WAWERSKI /	60 M50/18 (M)367	00:41:58	00:41:39	00:20:33	14.41
380	2113	LEWANDOWSKI SEBASTIAN	GRODZISK MAZOWIECKI		78 M30/157 (M)368	00:41:59	00:41:28	00:20:42	14.47
381	751	CISZEK JERZY	WARSZAWA		88 M20/113 (M)369	00:41:59	00:41:17	00:20:02	14.53
382	2089	ASŁANOWICZ MARCIN	WARSZAWA		75 M30/158 (M)370	00:41:59	00:41:57	00:20:32	14.30
383	680	WAŻNY ADAM	CIESZANÓW		84 M20/114 (M)371	00:41:59	00:41:47	00:20:35	14.36
384	3362	RZESZUTEK MARCIN	TRUSKAW		83 M20/115 (M)372	00:42:00	00:41:39	00:20:34	14.41
385	5300	BARTOSIEWICZ BARTŁOMIEJ	RZESZÓW		66 M40/76 (M)373	00:42:00	00:40:23	00:20:19	14.86
386	5445	CZYŻKOWSKI PAWEŁ	MIŃSK MAZOWIECKI	YULO RUN TEAM SIEDLCE /	85 M20/116 (M)374	00:42:01	00:41:37	00:20:49	14.42

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Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna / Klub Team / Club	R-k W kat. YoB in Age	Wynik Time	Wynik netto	Wynik 5km	[km/h]
387	2962	RYNKIEWICZ TOMASZ	WARSZAWA		75 M30/159 (M)375	00:42:01	00:41:25	00:20:25	14.49
388	693	PRUSIŃSKI ROBERT	OTWOCK		67 M40/77 (M)376	00:42:01	00:41:37	00:20:50	14.42
389	33	ŁONIEWSKI KRZYSZTOF	WARSZAWA	TRÓJKA /	74 M30/160 (M)377	00:42:02	00:41:59	00:20:09	14.29
390	4453	BOGUSZEWSKI PIOTR	WOŁOMIN		81 M30/161 (M)378	00:42:03	00:41:08	00:20:54	14.59
391	5363	BOROWSKI MICHAŁ KRZYSZTOF	GRAJEWO	MARATONKA GRAJEWO /	80 M30/162 (M)379	00:42:03	00:41:35	00:20:55	14.43
392	1739	ZIELIŃSKA EMILIA	WARSZAWA		83 K20/6 (K)13	00:42:04	00:41:31	00:20:42	14.45
393	6170	MOLĄG MATEUSZ	BOLECHOWICE	MOSUR RUDAWA /	76 M30/163 (M)380	00:42:05	00:41:55	00:20:47	14.31
394	283	ŻYWEK MACIEJ	WARSZAWA	ALETEMPO /	73 M30/164 (M)381	00:42:06	00:41:43	00:20:38	14.38
395	3874	JASKÓŁOWSKI WALDEMAR	WARSZAWA	SGSP /	69 M40/78 (M)382	00:42:07	00:41:50	00:21:04	14.34
396	1057	SADURSKI KRZYSZTOF	ŁASKARZEW	AVON /	74 M30/165 (M)383	00:42:09	00:42:02	00:20:32	14.27
397	160	ŁUSZCZUK WITOLD	WARSZAWA	GW /	59 M50/19 (M)384	00:42:10	00:41:54	00:20:48	14.32
398	1407	MICHAŁOWSKI DANIEL	GRODZISK MAZOWIECKI		92 M20/117 (M)385	00:42:10	00:42:01	00:21:37	14.28
399	3516	SŁOCIAK ŁUKASZ	WARSZAWA		95 M20/118 (M)386	00:42:13	00:41:38	00:20:33	14.41
400	4641	SKARŻYŃSKI MICHAŁ	WARSZAWA	DRUŻYNA SZPIKU /	81 M30/166 (M)387	00:42:14	00:42:04	00:21:07	14.26
401	1111	FALKOWSKI PIOTR	PIASECZNO	ABC KONDYCJA /	69 M40/79 (M)388	00:42:14	00:42:10	00:20:44	14.23
402	7490	KAMIŃSKI MICHAŁ	WARSZAWA		86 M20/119 (M)389	00:42:15	00:41:46	00:20:29	14.37
403	5699	BASZCZAK MIROSLAW	WARSZAWA		75 M30/167 (M)390	00:42:15	00:41:51	00:20:30	14.34
404	2805	LECH MICHAŁ	WARSZAWA		88 M20/120 (M)391	00:42:16	00:41:28	00:20:46	14.47
405	6257	NOSARZEWSKI WALDEMAR	OLSZTYN		67 M40/80 (M)392	00:42:16	00:41:51	00:20:43	14.34
406	1918	ŁUKOMSKI JANUSZ	WARSZAWA	PKO BP /	78 M30/168 (M)393	00:42:18	00:41:46	00:21:08	14.37
407	5824	HABDAS ŁUKASZ	WROCLAW		82 M20/121 (M)394	00:42:18	00:41:14	00:20:48	14.55
408	1978	ZIÓŁKOWSKI PAWEŁ	WARSZAWA	PKO BP /	78 M30/169 (M)395	00:42:18	00:41:46	00:21:08	14.37
409	2445	ŚWIERCZ JACEK	WARSZAWA	BYLEDOBIEC ANIN /	69 M40/81 (M)396	00:42:19	00:41:40	00:20:37	14.40
410	4186	BIELERZEWSKI JAKUB	WARSZAWA	BRAK /	74 M30/170 (M)397	00:42:19	00:41:42	00:20:25	14.39
411	1973	SZYMAŃSKI ADAM	WYSZKÓW	PKO_ /	73 M30/171 (M)398	00:42:19	00:41:46	00:21:07	14.37
412	3996	GRYGOLEC JAROSŁAW	WARSZAWA	BANK - KREDYT BANK BIEGAMY Z ZASADAMI! /	77 M30/172 (M)399	00:42:19	00:41:40	00:20:25	14.40
413	6551	SADOWSKI ARKADIUSZ	OPALENICA	GRODZISKI KLUB BIEGACZA /	67 M40/82 (M)400	00:42:19	00:41:30	00:21:11	14.46
414	6331	PIASECKI TOMASZ	WARSZAWA	MIMUW /	80 M30/173 (M)401	00:42:20	00:41:31	00:20:57	14.45
415	5882	JĘDRAS PRZEMYSŁAW	KWIDZYN	AUTOMOBILKLUB ORSKI /	81 M30/174 (M)402	00:42:20	00:41:23	00:20:47	14.50
416	5758	GADECKI ARTUR	KIELCE	FITNESS CLUB TAO KIELCE /	76 M30/175 (M)403	00:42:21	00:41:54	00:20:46	14.32
417	925	WOLANIN TOMASZ	LUBLIN	ACCELERATE /	71 M40/83 (M)404	00:42:22	00:41:56	00:20:57	14.31
418	5360	BORKOWSKI TOMASZ	SUWAŁKI	BANKOWIEC /	81 M30/176 (M)405	00:42:22	00:41:25	00:21:08	14.49
419	3429	TERCZYŃSKI PAWEŁ	WARSZAWA	KB TP /	73 M30/177 (M)406	00:42:23	00:41:37	00:21:01	14.42
420	6765	WIECZOREK TOMASZ	KIELCE	KKL KIELCE /	84 M20/122 (M)407	00:42:25	00:42:02	00:21:02	14.27
421	709	MAZUREK RYSZARD	TŁUSZCZ	BÓBR TŁUSZCZ /	74 M30/178 (M)408	00:42:26	00:41:48	00:20:25	14.35
422	507	KOWALCZYK ARKADIUSZ	WARSZAWA		70 M40/84 (M)409	00:42:26	00:42:18	00:21:14	14.18
423	1137	RUDNIK MACIEJ	WARSZAWA	WARSZAWIACY /	70 M40/85 (M)410	00:42:26	00:42:19	00:21:14	14.18
424	1198	KORDOWSKI DOMINIK	ŻABIA WOLA		86 M20/123 (M)411	00:42:26	00:41:52	00:20:24	14.33
425	4078	MARCHEWKA JAROSŁAW	WARSZAWA	BRAK /	66 M40/86 (M)412	00:42:26	00:42:15	00:20:22	14.20
426	6334	PIĄTKOWSKI TADEUSZ	NOWE MIASTO	ŚWIAT ROWERÓW REACINTEAM /	68 M40/87 (M)413	00:42:27	00:41:47	00:20:30	14.36
427	10	KRAWIEC RAFAŁ	MAGDALENKA		96 M20/124 (M)414	00:42:28	00:41:58	00:20:50	14.30
428	6145	MIESZKOWSKI RADOSŁAW	WARSZAWA	IM2010 /	70 M40/88 (M)415	00:42:29	00:41:43	00:20:31	14.38
429	2582	TRAWKOWSKI PAWEŁ	WARSZAWA		73 M30/179 (M)416	00:42:30	00:41:14	00:20:34	14.55
430	6261	NOWAK SEBASTIAN	DYWITY		78 M30/180 (M)417	00:42:30	00:41:23	00:21:28	14.50
431	4497	BATORSKI MACIEJ	LĘBORK		76 M30/181 (M)418	00:42:30	00:41:37	00:20:16	14.42
432	1457	SWORCZUK PAWEŁ	MIĘDZYRZEC PODLASKI	WOJSKOWE CENTRUM GEOGRAFICZNE /	81 M30/182 (M)419	00:42:31	00:42:13	00:21:23	14.21
433	611	KOPER ADEK	WARSZAWA		60 M50/20 (M)420	00:42:31	00:42:30	00:20:56	14.12
434	6657	SZALENIEC TOMASZ	DZIAŁOSZYCE		75 M30/183 (M)421	00:42:31	00:42:24	00:20:35	14.15
435	1670	SZCZUBEŁ MARCIN	WAŁBRZYCH		79 M30/184 (M)422	00:42:32	00:42:00	00:20:42	14.29
436	360	DĄBROWSKI MIROSLAW	WARSZAWA		67 M40/89 (M)423	00:42:33	00:41:46	00:20:45	14.37
437	5090	SWEKLEJ PAWEŁ	WARSZAWA		75 M30/185 (M)424	00:42:33	00:42:25	00:20:59	14.15
438	5811	GRZĘDA TOMASZ	SZYDŁOWIEC	LENIWCE TEAM /	78 M30/186 (M)425	00:42:35	00:42:28	00:20:43	14.13
439	6245	ÓLDZIEJEWSKI MICHAŁ	ŁOMŻA		87 M20/125 (M)426	00:42:35	00:42:27	00:20:58	14.13
440	4266	JASTRZĘBSKI PIOTR	OLSZTYN	OLSZTYN /	84 M20/126 (M)427	00:42:36	00:42:01	00:21:21	14.28
441	4067	MAZURKIEWICZ BARTOSZ	RADOM	- /	83 M20/127 (M)428	00:42:36	00:42:02	00:20:17	14.27
442	6867	SOWIŃSKI PAWEŁ	WARSZAWA	TEAM NUTRILITE /	84 M20/128 (M)429	00:42:37	00:42:22	00:20:51	14.16
443	2567	KOKOSZA RADOSŁAW	WARSZAWA	IM 2010 POLSKA /	79 M30/187 (M)430	00:42:37	00:41:21	00:20:49	14.51

21.11.2011 01:31:06



<b>Miejsce Rank</b>	<b>Nr Bib</b>	<b>Nazwisko i imię Name</b>	<b>Miejscowość City</b>	<b>Drużyna / Klub Team / Club</b>	<b>R-k W kat. YoB in Age</b>	<b>Wynik Time</b>	<b>Wynik netto</b>	<b>Wynik 5km</b>	<b>[km/h]</b>
444	1097	SOCHA TOMASZ	WARSZAWA		68 M40/90 (M)431	00:42:38	00:42:11	00:20:48	14.22
445	5271	BAĆMAGA GRZEGORZ	RADOM	ALFSTAR RADOM /	68 M40/91 (M)432	00:42:38	00:42:04	00:21:06	14.26
446	3436	PACEWICZ MAREK	ZIELONKI	KB TP /	56 M50/21 (M)433	00:42:40	00:42:05	00:20:47	14.26
447	2788	WÓJCİK PIOTR	WARSZAWA	RADACHÓWKA RZĄDZI /	72 M30/188 (M)434	00:42:40	00:42:34	00:20:41	14.10
448	5261	AMBRUSZKIEWICZ ANDRZEJ	MIŃSK		77 M30/189 (M)435	00:42:40	00:41:43	00:20:36	14.38
449	4469	KUBACKI SEBASTIAN	OSIEDLE NIEWIADÓW	BRAK /	80 M30/190 (M)436	00:42:40	00:42:06	00:20:39	14.25
450	5399	CHROSTOWSKI KAMIL	KOLNO		89 M20/129 (M)437	00:42:41	00:42:08	00:20:48	14.24
451	2208	KIREJCZYK WOJCIECH	WARSZAWA	WYCZÓŁKI /	88 M20/130 (M)438	00:42:41	00:41:38	00:21:21	14.41
452	3402	JANUCHTA TOMASZ	WARSZAWA		73 M30/191 (M)439	00:42:42	00:41:52	00:20:56	14.33
453	3047	DĄBROWSKI PAWEŁ	WARSZAWA	KB ACTIVE SPORTS WARSZAWA /	87 M20/131 (M)440	00:42:43	00:42:19	00:21:36	14.18
454	1267	NADROWSKI PIOTR	PIASECZNO	KB ACIVESPORTS WARSZAWA /	67 M40/92 (M)441	00:42:43	00:42:14	00:21:14	14.21
455	2442	PISZCZATOWSKI WOJCIECH	WARSZAWA		71 M40/93 (M)442	00:42:43	00:42:16	00:21:04	14.20
456	166	GRASS ŁUKASZ	WARSZAWA	GW /	76 M30/192 (M)443	00:42:44	00:42:15	00:20:53	14.20
457	2132	BRYŁA TOMASZ	WARSZAWA	WARSZAWA-URSYNÓW /	81 M30/193 (M)444	00:42:44	00:42:21	00:21:23	14.17
458	1687	POKRZYWNICKI TOMEK	LEGIONOWO		79 M30/194 (M)445	00:42:45	00:42:28	00:20:11	14.13
459	1946	WOJTAN ROBERT	WARSZAWA	PKO_ /	71 M40/94 (M)446	00:42:45	00:42:33	00:21:20	14.10
460	1184	MIELNICZUK MIROSLAW	WARSZAWA	BRAK /	75 M30/195 (M)447	00:42:46	00:42:17	00:20:26	14.19
461	2834	BRONIAREK JACEK	WARSZAWA	AKTYWNI Z PZU /	73 M30/196 (M)448	00:42:47	00:42:30	00:21:15	14.12
462	5623	PRZEDPEŁSKI PRZEMYSŁAW	WARSZAWA		74 M30/197 (M)449	00:42:48	00:42:21	00:21:15	14.17
463	5321	BIAŁOGRODZKI LESZEK	PIASECZNO		71 M40/95 (M)450	00:42:48	00:42:20	00:20:39	14.17
464	4119	KACZOR JAROSŁAW	WARSZAWA	T-MOBILE RUNNING TEAM /	73 M30/198 (M)451	00:42:48	00:41:59	00:20:19	14.29
465	3871	KOZŁOWSKI GABRIEL	TŁUSZCZ		73 M30/199 (M)452	00:42:49	00:42:28	00:21:39	14.13
466	3490	TORZEWSKI ROMAN	BONIEWO	NIEZRZESZONY /	71 M40/96 (M)453	00:42:49	00:42:16	00:20:58	14.20
467	6666	SZCZOTKA PAWEŁ	WARSZAWA		72 M30/200 (M)454	00:42:49	00:41:45	00:20:57	14.37
468	3409	SUJAK MIROSLAW	MIŃSK MAZOWIECKI	MKB DREPTAK /	65 M40/97 (M)455	00:42:49	00:42:44	00:20:38	14.04
469	6270	OBRYCKI OLGIERD	WARSZAWA	NR /	79 M30/201 (M)456	00:42:50	00:42:22	00:20:45	14.16
470	4350	PUSTÓWKA TOMASZ	DZIĘGIELÓW		76 M30/202 (M)457	00:42:50	00:41:57	00:20:42	14.30
471	1641	GŁOWALA ŁUKASZ	WARSZAWA		80 M30/203 (M)458	00:42:51	00:42:04	00:21:31	14.26
472	3806	MILIŃSKI PIOTR	GDAŃSK	RUNNING FOR ESPORTS /	91 M20/132 (M)459	00:42:52	00:42:13	00:21:11	14.21
473	5331	BIERANOWSKI PIOTR	WARSZAWA-WESOLA	BIEGAJNAM.PL /	79 M30/204 (M)460	00:42:52	00:42:27	00:21:11	14.13
474	4388	GÓRECKI RAFAŁ	WIELISZEW		84 M20/133 (M)461	00:42:53	00:42:17	00:20:52	14.19
475	6037	KUREK MARCIN	DUCZKI	AKTYWNY RELAKS WOŁOMIN /	78 M30/205 (M)462	00:42:54	00:42:43	00:20:37	14.05
476	686	KRÓLIKOWSKI ARTUR	NIEPORĘT	NIEZRZESZONY /	71 M40/98 (M)463	00:42:54	00:42:24	00:21:22	14.15
477	4058	LEWANDOWSKI PIOTR	WARSZAWA	TRUCHTTARCHOMIN TEAM /	74 M30/206 (M)464	00:42:55	00:42:52	00:20:23	14.00
478	3877	OLEŹDKI JACEK	KONSTANCIN		73 M30/207 (M)465	00:42:55	00:42:28	00:21:08	14.13
479	5308	BEJROWSKI PIOTR	GDAŃSK	BEJRO TEAM - GDAŃSK /	86 M20/134 (M)466	00:42:55	00:42:50	00:21:32	14.01
480	4657	KOCIĘCKA JOANNA	POZNAŃ		95 K20/7 (K)14	00:42:56	00:42:27	00:21:11	14.13
481	1158	MALESZKA PIOTR	JABŁONNA		95 M20/135 (M)467	00:42:56	00:42:49	00:20:12	14.01
482	5273	BAGIŃSKI MICHAŁ	OLSZTYN		80 M30/208 (M)468	00:42:57	00:42:11	00:21:17	14.22
483	6752	WAŚIŃSKI JAN	WARSZAWA	KS BEDNARSKA /	83 M20/136 (M)469	00:42:57	00:42:25	00:20:33	14.15
484	916	ŁYJAK OLGA	WARSZAWA	ACCELERATE /	80 K30/5 (K)15	00:42:58	00:42:42	00:21:11	14.05
485	5735	ZAWODNIK DO UZUP			(M)470	00:42:58	00:42:43	00:20:57	14.05
486	2343	WOJCIECHOWSKI DAREK	WARSZAWA	CROSS WARSZAWA SYRENKA /	68 M40/99 (M)471	00:42:58	00:42:23	00:20:12	14.16
487	3483	BOLEK MARIUSZ	REGNÓW		82 M20/137 (M)472	00:42:58	00:42:13	00:21:12	14.21
488	1988	SAWCZENKO ANDRZEJ	WOŁOMIN	PKO_ /	59 M50/22 (M)473	00:42:59	00:42:38	00:21:17	14.07
489	3856	KWIATEK JACEK	WARSZAWA		70 M40/100 (M)474	00:43:00	00:42:52	00:20:41	14.00
490	1944	GODLEWSKI JAROSŁAW	WARSZAWA	PKO_ /	72 M30/209 (M)475	00:43:00	00:42:23	00:21:31	14.16
491	4587	DAGIL ALEKSANDER	WARSZAWA		77 M30/210 (M)476	00:43:01	00:42:01	00:20:51	14.28
492	6546	SADLEJ KRZYSZTOF	WARSZAWA	UKA /	79 M30/211 (M)477	00:43:02	00:42:32	00:21:05	14.11
493	2629	LECHOWSKI ŁUKASZ	RADOM	FITNESSPARK RADOM /	76 M30/212 (M)478	00:43:02	00:41:59	00:20:30	14.29
494	3665	KOSOWSKI ŁUKASZ	JĘDRZEJÓW		86 M20/138 (M)479	00:43:02	00:42:26	00:20:44	14.14
495	5955	KOPEĆ WALDEMAR	KUTNO	3 RBLOG KRAKÓW /	70 M40/101 (M)480	00:43:04	00:40:43	00:21:05	14.74
496	2851	STRAMEL PIOTR	SŁUPSK	NIE ZRZESZONY /	66 M40/102 (M)481	00:43:04	00:42:50	00:21:15	14.01
497	5207	LEWICKI MICHAŁ	WARSZAWA		67 M40/103 (M)482	00:43:05	00:43:02	00:22:05	13.94
498	1894	KOŹUCHOWSKI KRZYSZTOF	WARSZAWA		68 M40/104 (M)483	00:43:05	00:42:50	00:21:29	14.01
499	1609	ROZKRUT JULIAN	MICHAŁOWICE		96 M20/139 (M)484	00:43:06	00:42:54	00:20:49	13.99
500	1791	OCHMAN PIOTR	WARSZAWA	KB JOGGER NOWY DWÓR MAZOWIECKI /	83 M20/140 (M)485	00:43:06	00:41:14	00:20:41	14.55

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna / Klub Team / Club	R-k W kat. YoB in Age	Wynik Time	Wynik netto	Wynik 5km	[km/h]
501	4664	ANTOSIK BARTOSZ	WARSZAWA		71 M40/105 (M)486	00:43:07	00:42:58	00:20:44	13.96
502	947	JUREK PRZEMYSŁAW	WARSZAWA		78 M30/213 (M)487	00:43:07	00:42:20	00:21:11	14.17
503	6322	PAWŁOWSKI KAROL	WARSZAWA		76 M30/214 (M)488	00:43:07	00:42:18	00:21:11	14.18
504	2759	CIASNOCHA ŁUKASZ	JANÓW LUBELSKI		82 M20/141 (M)489	00:43:10	00:42:26	00:21:25	14.14
505	5212	KULIK KRZYSZTOF	KOMORÓW	OPEL RUNNING TEAM /	80 M30/215 (M)490	00:43:11	00:41:55	00:21:09	14.31
506	4836	ANDRZEJEWSKI SŁAWOMIR	KARCZEW	AS SOBIEKURSK /	76 M30/216 (M)491	00:43:11	00:42:37	00:20:25	14.08
507	714	DYMIŃSKI MARCIN	ZĄBKI	BÓBR TŁUSZCZ /	79 M30/217 (M)492	00:43:11	00:42:33	00:20:49	14.10
508	289	JALOCHA WALDEMAR		POLICJA /	11 (M)493	00:43:12	00:42:38	00:21:05	14.07
509	2107	PIELASZEK LESZEK	WOLA PIECZYSKA	GULIWIER TEAM /	69 M40/106 (M)494	00:43:13	00:42:49	00:21:30	14.01
510	2871	SIKORA GRZEGORZ	WARSZAWA		83 M20/142 (M)495	00:43:13	00:42:09	00:21:12	14.23
511	1301	RZECZKOWSKI ZYGMUNT	WARSZAWA	METRO WARSZAWSKIE /	54 M50/23 (M)496	00:43:13	00:42:38	00:21:15	14.07
512	5698	MITRONIUK MARCIN	NOWA WOLA		81 M30/218 (M)497	00:43:13	00:43:06	00:21:24	13.92
513	5949	KOMOREK DAMIAN	MLAWA		91 M20/143 (M)498	00:43:14	00:43:10	00:21:06	13.90
514	811	JURKIEWICZ KAROL	BIAŁOBRZEGI	9 BŁ BIAŁOBRZEGI /	81 M30/219 (M)499	00:43:14	00:42:57	00:20:59	13.97
515	928	SEKUNDA PIOTR	RADZYMIN	ACCELERATE /	87 M20/144 (M)500	00:43:14	00:42:04	00:21:23	14.26
516	5337	BIRANOWSKI MICHAŁ	MLAWA	TEMPO MLAWA /	91 M20/145 (M)501	00:43:15	00:43:10	00:21:05	13.90
517	5883	JĘDRYCH LESZEK	WARSZAWA	CF&IC RUNNERS /	74 M30/220 (M)502	00:43:15	00:42:55	00:21:08	13.98
518	860	DĄBROWSKI KRZYSZTOF	RADZYMIN	ACCELERATE /	50 M60/2 (M)503	00:43:15	00:42:44	00:21:10	14.04
519	6196	NADROWSKI SŁAWOMIR	MILANÓWEK		76 M30/221 (M)504	00:43:15	00:43:10	00:21:21	13.90
520	6639	STĘPIEŃ LESZEK	WOŁOMIN	KB POŚWIĘTNE /	78 M30/222 (M)505	00:43:15	00:42:36	00:21:15	14.08
521	831	ZALEWSKI MARCIN	WARSZAWA	CANOR ANTICUS /	52 M50/24 (M)506	00:43:15	00:43:08	00:21:37	13.91
522	1493	BĘBEŃCA BŁAŻEJ	WARSZAWA	WESOLA PIASKOWA /	83 M20/146 (M)507	00:43:16	00:42:57	00:21:00	13.97
523	5724	DYMEK JÓZEF	RUDAWA		50 M60/3 (M)508	00:43:16	00:43:08	00:21:29	13.91
524	5077	GANT POLLY	WARSZAWA		85 K20/8 (K)16	00:43:17	00:42:19	00:20:33	14.18
525	5664	ZIELONKA ROBERT	PARCZEW		81 M30/223 (M)509	00:43:18	00:42:30	00:21:13	14.12
526	1371	DUBAJ MICHAŁ	WARSZAWA	ALL4RUN /	89 M20/147 (M)510	00:43:18	00:43:09	00:21:43	13.90
527	4344	KLEPACZ KRZYSZTOF	GRODZISK MAZOWIECKI		92 M20/148 (M)511	00:43:18	00:42:44	00:21:04	14.04
528	846	KONDRASZUK GRZEGORZ	NOWA IWICZNA		73 M30/224 (M)512	00:43:18	00:42:36	00:20:51	14.08
529	6293	OSTROWSKI KRZYSZTOF	BIAŁYSTOK	NIEZRZESZONY /	77 M30/225 (M)513	00:43:19	00:42:38	00:21:12	14.07
530	6147	MIKOŁAJCZUK GRZEGORZ	SIEDLCE		84 M20/149 (M)514	00:43:19	00:42:25	00:21:26	14.15
531	5474	DULNIK MARCIN	WARSZAWA	ERICSSON RUNNING TEAM /	80 M30/226 (M)515	00:43:20	00:42:39	00:21:12	14.07
532	835	CACKO MONIKA	OTWOCK	ACCELERATE /	82 K20/9 (K)17	00:43:20	00:42:47	00:21:36	14.02
533	6823	WYPYCH KAMIL	OLSZTYN	BANK CITI HANDLOWY /	83 M20/150 (M)516	00:43:20	00:43:14	00:20:45	13.88
534	3749	SUSKA TOMASZ	LEGIONOWO		76 M30/227 (M)517	00:43:20	00:42:41	00:21:24	14.06
535	5012	JAKUBOWSKI SZYMON	WARSZAWA		75 M30/228 (M)518	00:43:21	00:43:09	00:20:50	13.90
536	2902	PASIERBSKI PIOTR	WARSZAWA		80 M30/229 (M)519	00:43:21	00:42:49	00:20:56	14.01
537	92	BANAŚKIEWICZ OSKAR	ZALESIE GÓRNE	GO SPORT /	87 M20/151 (M)520	00:43:21	00:42:40	00:21:16	14.06
538	1681	GERAS RYSZARD	WARSZAWA		81 M30/230 (M)521	00:43:21	00:42:46	00:20:56	14.03
539	1035	REMBELSKA DOMINIKA	JÓZEFOSŁAW	CAPOEIRA RAIZ /	73 K30/6 (K)18	00:43:22	00:43:06	00:21:00	13.92
540	6879	PERZYNA ADAM	WÓLKA KOSOWSKA		75 M30/231 (M)522	00:43:25	00:43:05	00:21:50	13.93
541	5653	MACIEJAK MAREK	SKIERNIEWICE	TEAM NUTRILITE /	54 M50/25 (M)523	00:43:26	00:42:24	00:21:12	14.15
542	5654	MACDONALD MARGARET	WARSAW		78 K30/7 (K)19	00:43:26	00:42:25	00:21:12	14.15
543	730	BIERNACKI JAROSŁAW	MIŃSK MAZOWIECKI	SG WP /	70 M40/107 (M)524	00:43:26	00:43:07	00:21:50	13.92
544	997	BIELEC ARTUR		REMBERTÓW TEAM /	11 (M)525	00:43:26	00:42:32	00:20:59	14.11
545	4157	MUNDEY SHAUN	WARSAW	NIE /	72 M30/232 (M)526	00:43:27	00:42:51	00:21:15	14.00
546	6910	STYKOWSKI SŁAWOMIR	WARSZAWA	ART PROFI /	78 M30/233 (M)527	00:43:28	00:43:17	00:21:47	13.86
547	4353	KOLAT DANIEL	WARSZAWA		70 M40/108 (M)528	00:43:28	00:42:52	00:21:19	14.00
548	4296	POPIS PIOTR	KOZIENICE	NA ZDROWIE KOZIENICE /	70 M40/109 (M)529	00:43:29	00:42:50	00:21:15	14.01
549	4459	TYMCZYSZYN PAWEŁ	WARSZAWA		73 M30/234 (M)530	00:43:29	00:42:19	00:20:45	14.18
550	826	OLSZTA PAWEŁ	ZĄBKI	BANK HANDLOWY SA /	75 M30/235 (M)531	00:43:29	00:43:20	00:21:49	13.85
551	1913	STYKOWSKI ROBERT	WARSZAWA	ART PROFI WARSZAWA /	77 M30/236 (M)532	00:43:30	00:43:09	00:21:18	13.90
552	1732	GRZANA TOMASZ	KWIRYNÓW	NIEPRZEMAKALNI /	75 M30/237 (M)533	00:43:31	00:42:57	00:21:24	13.97
553	6252	NIEMCZYK KAZIMIERZ	MILANÓWEK		62 M40/110 (M)534	00:43:32	00:43:03	00:20:40	13.94
554	6298	OWCZAREK ROBERT	KATOWICE	OWCZAREK TEAM /	85 M20/152 (M)535	00:43:32	00:43:07	00:20:59	13.92
555	1435	NOWAK DARIUSZ	WARSZAWA		67 M40/111 (M)536	00:43:32	00:43:08	00:21:23	13.91
556	3987	PAJĄCZKOWSKI DARIUSZ	RZESZÓW		81 M30/238 (M)537	00:43:32	00:42:13	00:21:28	14.21
557	4846	MARCZUK KAZIMIERZ	MAGDALENKA		54 M50/26 (M)538	00:43:32	00:43:00	00:21:21	13.95

21.11.2011 01:31:06

<b>Miejsce Rank</b>	<b>Nr Bib</b>	<b>Nazwisko i imię Name</b>	<b>Miejscowość City</b>	<b>Drużyna / Klub Team / Club</b>	<b>R-k W kat. YoB in Age</b>	<b>Wynik Time</b>	<b>Wynik netto</b>	<b>Wynik 5km</b>	<b>[km/h]</b>
558	4462	MARKIEL ROBERT	ZĄBKI		81 M30/239 (M)539	00:43:33	00:43:22	00:21:27	13.84
559	1876	SAGAN LUKASZ	WARSZAWA	TEAM NUTRILITE /	83 M20/153 (M)540	00:43:33	00:43:15	00:21:15	13.87
560	3789	JABŁOŃSKI GRZEGORZ	WARSZAWA		85 M20/154 (M)541	00:43:33	00:42:18	00:21:44	14.18
561	4426	RACHWALIK TOMASZ	STASI LAS		72 M30/240 (M)542	00:43:34	00:43:11	00:21:39	13.89
562	6049	LASOCKI PIOTR	WARSZAWA		81 M30/241 (M)543	00:43:34	00:43:16	00:21:30	13.87
563	2666	GARNEK BARTLOMIEJ	SOBOLEW		92 M20/155 (M)544	00:43:34	00:41:55	00:21:21	14.31
564	4285	DONARSKI WOJCIECH	GŁOSKÓW		89 M20/156 (M)545	00:43:35	00:42:38	00:22:28	14.07
565	1669	OLCZAK PAWEŁ	GRODZISK MAZOWIECKI		92 M20/157 (M)546	00:43:35	00:43:04	00:20:58	13.93
566	5244	BRUTKOWSKI WOJCIECH	WARSZAWA		79 M30/242 (M)547	00:43:36	00:43:20	00:21:02	13.85
567	4271	BIELECKI JAKUB	WARSZAWA	ENTRE.PL /	83 M20/158 (M)548	00:43:37	00:43:16	00:21:03	13.87
568	3035	NGUYEN-BRODNICKI TUNG	WARSZAWA	T-MOBILE RUNNING TEAM /	72 M30/243 (M)549	00:43:37	00:42:45	00:20:42	14.04
569	950	SZWAJKOWSKI PAWEŁ	WARSZAWA		74 M30/244 (M)550	00:43:40	00:43:04	00:21:34	13.93
570	3465	FREITES LUIS	BORZĘCIN DUŻY	POL VEN TEAM /	61 K50/1 (K)20	00:43:40	00:43:26	00:21:33	13.81
571	4693	KNYCHAS DAREK	WARSZAWA	TEAM KNYCHAS /	73 M30/245 (M)551	00:43:41	00:43:29	00:21:22	13.80
572	903	LIPOWSKI MARCIN	WARSZAWA		82 M20/159 (M)552	00:43:42	00:42:58	00:21:45	13.96
573	1329	KUKLA MARCIN	WARSZAWA		69 M40/112 (M)553	00:43:42	00:42:33	00:21:42	14.10
574	2941	BIEŁUSZKA PAWEŁ	WARSZAWA		84 M20/160 (M)554	00:43:42	00:43:21	00:21:40	13.84
575	5418	CORA KRZYSZTOF	LUSZOWICE	KKL /	75 M30/246 (M)555	00:43:43	00:43:32	00:21:43	13.78
576	5098	KOŁODZIEJEK MAREK	WARSZAWA		71 M40/113 (M)556	00:43:43	00:43:18	00:21:37	13.86
577	2679	MYŚLIŃSKI PIOTR	WARSZAWA		92 M20/161 (M)557	00:43:44	00:41:42	00:21:29	14.39
578	4977	WENGERSKI JĘDRZEJ	MAŁA NIESZAWKA		92 M20/162 (M)558	00:43:47	00:42:45	00:21:38	14.04
579	5195	CZOP CYPRIAN	KIJÓW		75 M30/247 (M)559	00:43:49	00:42:59	00:21:00	13.96
580	3005	SZANIAWSKI WOJCIECH	WARSZAWA		73 M30/248 (M)560	00:43:50	00:43:24	00:22:09	13.82
581	5896	KAMIŃSKI STANISŁAW	NADARZYN		58 M50/27 (M)561	00:43:50	00:43:21	00:21:41	13.84
582	3855	MAJEWSKI PIOTR	WARSZAWA	AUTONOMIA MAZOWIECKA /	76 M30/249 (M)562	00:43:51	00:42:54	00:21:34	13.99
583	1084	RAKOCZY PIOTR	WARSZAWA		77 M30/250 (M)563	00:43:52	00:43:15	00:21:10	13.87
584	2507	SZYSZKOWSKI TOMASZ	JÓZEFÓW	NIE ZRZESZONY /	75 M30/251 (M)564	00:43:52	00:42:59	00:21:19	13.96
585	6628	STAREK PAWEŁ	NOWINY		88 M20/163 (M)565	00:43:52	00:43:18	00:20:43	13.86
586	4129	WOLANIN TOMASZ	WARSZAWA	MARATONYPOLSKIE.PL TEAM /	74 M30/252 (M)566	00:43:52	00:43:34	00:21:41	13.77
587	6071	LUBERADZKI PAWEŁ	WARSZAWA	12TRI.PL /	82 M20/164 (M)567	00:43:53	00:43:29	00:21:34	13.80
588	1529	SZAJBE DARIUSZ	WARSZAWA		70 M40/114 (M)568	00:43:54	00:43:18	00:21:35	13.86
589	2631	RADOMSKI KAZIMIERZ	MAJDAN / WOŁOMIN	ŚWIAT SPORTU RACING TEAM /	63 M40/115 (M)569	00:43:54	00:43:14	00:21:26	13.88
590	5293	BARABACH MARCIN	PRZEWORNO		78 M30/253 (M)570	00:43:54	00:43:18	00:21:35	13.86
591	144	WASZCZYK BERNARD	WARSZAWA	KOMINEK /	76 M30/254 (M)571	00:43:55	00:43:14	00:21:15	13.88
592	3947	MACIEJCZYK MARCIN	WARSZAWA		77 M30/255 (M)572	00:43:55	00:42:20	00:21:07	14.17
593	2935	MEDYŃSKI RAFAŁ	MILANÓWEK	MEDYŃSKI.PL /	75 M30/256 (M)573	00:43:56	00:43:15	00:21:45	13.87
594	6207	ŁYP MIESZKO		ING BANK ŚLĄSKI /	81 M30/257 (M)574	00:43:57	00:42:15	00:21:46	14.20
595	3846	ŻAK ROBERT	MARKI		77 M30/258 (M)575	00:43:59	00:43:46	00:21:43	13.71
596	392	SZYSZKOWSKI WŁODZIMIERZ	WARSZAWA		68 M40/116 (M)576	00:44:00	00:43:21	00:21:45	13.84
597	4054	MADEJ PAWEŁ	GDAŃSK	BIEGANIE.PL /	85 M20/165 (M)577	00:44:01	00:42:55	00:21:30	13.98
598	39	GROCHOWSKI ANDRZEJ		ABC KONDYCJA. PL /	59 M50/28 (M)578	00:44:01	00:43:58	00:21:37	13.65
599	1349	KIMBER RADEK	FIUKÓWKA	V-MAX /	79 M30/259 (M)579	00:44:02	00:43:29	00:21:33	13.80
600	5346	BOBROWSKI ADAM	KONIEC BÓR	JW 1747 /	81 M30/260 (M)580	00:44:02	00:42:57	00:21:53	13.97
601	3549	STARZYŃSKI ROBERT	WARSZAWA		78 M30/261 (M)581	00:44:03	00:42:38	00:21:24	14.07
602	6698	SZYPULSKI WOJCIECH	WARSZAWA		74 M30/262 (M)582	00:44:03	00:43:26	00:21:25	13.81
603	6821	WRÓBLEWSKI FILIP	WARSZAWA	ENTRE.PL TEAM /	75 M30/263 (M)583	00:44:04	00:42:20	00:22:22	14.17
604	527	MATWIEJ DAWID	DĘBE WIELKIE	AKADEMIA SZTUK WALKI /	83 M20/166 (M)584	00:44:04	00:43:30	00:21:34	13.79
605	700	WAROT KRZYSZTOF	WARSZAWA		69 M40/117 (M)585	00:44:04	00:42:34	00:21:22	14.10
606	6536	RYBICKI ANDRZEJ	WARSZAWA		72 M30/264 (M)586	00:44:05	00:43:24	00:21:29	13.82
607	3139	KUCHTA PIOTR		ACTION /	76 M30/265 (M)587	00:44:06	00:43:33	00:21:52	13.78
608	67	JANKOWSKI SEBASTIAN	WARSZAWA	COCA COLA /	86 M20/167 (M)588	00:44:06	00:44:01	00:21:39	13.63
609	6210	JATELNICKI OLGIERD	KONSTANCIN		72 M30/266 (M)589	00:44:06	00:43:57	00:21:37	13.65
610	4577	ZYGADLEWICZ PIOTR	WARSZAWA		80 M30/267 (M)590	00:44:07	00:43:02	00:21:48	13.94
611	1088	SZWEDZIK KRZYSZTOF	ŁOMIANKI	WINIEC ROAD RUNNERS /	61 M50/29 (M)591	00:44:07	00:43:11	00:21:06	13.89
612	5256	ADAMOWICZ HUBERT	PIASECZNO		73 M30/268 (M)592	00:44:08	00:43:15	00:21:16	13.87
613	1279	SOWIŃSKI DOMINIK	ŁOMIANKI		92 M20/168 (M)593	00:44:08	00:42:48	00:21:29	14.02
614	4244	GLUTH-NOWOWIEJSKI ZBIGNIEW	WARSZAWA		69 M40/118 (M)594	00:44:08	00:43:07	00:21:35	13.92

21.11.2011 01:31:06

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna / Klub Team / Club	R-k YoB	W kat. in Age	Wynik Time	Wynik netto	Wynik 5km	[km/h]
615	3031	GRABOWSKI MICHAŁ	WARSZAWA		84	M20/169 (M)595	00:44:09	00:43:41	00:20:55	13.74
616	876	MICHALSKI DARIUSZ	WARSZAWA		60	M50/30 (M)596	00:44:09	00:43:31	00:21:24	13.79
617	1398	ŚLUBOWSKI CEZARY	GLUGOSIODŁO		78	M30/269 (M)597	00:44:10	00:43:05	00:21:16	13.93
618	4019	BOBROWNICKI-LIBCHEN GRZEGORZ	WARSZAWA	WITC /	62	M40/119 (M)598	00:44:10	00:43:29	00:21:24	13.80
619	2023	PAWLICKI TOMASZ	WARSZAWA	12TRI.PL /	80	M30/270 (M)599	00:44:10	00:43:48	00:21:49	13.70
620	1095	ZWOLIŃSKI MARIUSZ	WARSZAWA		79	M30/271 (M)600	00:44:10	00:43:18	00:21:20	13.86
621	3087	TĘDZIAGOLSKI TOMASZ	WARSZAWA		78	M30/272 (M)601	00:44:11	00:43:12	00:21:22	13.89
622	5585	MARCINIAK JANUSZ	ŻÓŁWIN	WARSZAWIACY /	60	M50/31 (M)602	00:44:11	00:43:11	00:21:36	13.89
623	1330	WIĘCH KRZYSZTOF	BRWINÓW		76	M30/273 (M)603	00:44:11	00:43:25	00:21:51	13.82
624	1754	WYSOCKI BARTOSZ	WARSZAWA	SALES&MORE RUNNERS /	88	M20/170 (M)604	00:44:11	00:43:16	00:22:15	13.87
625	1288	OLSAK MICHAŁ	PRUSZKÓW		88	M20/171 (M)605	00:44:12	00:43:10	00:21:52	13.90
626	1463	DOBRYŃSKI MICHAŁ	WARSZAWA		75	M30/274 (M)606	00:44:12	00:42:18	00:21:16	14.18
627	6297	OWCZAREK JACEK	OLEŚNICA	KERRY POLSKA OLEŚNICA /	84	M20/172 (M)607	00:44:12	00:43:46	00:21:30	13.71
628	5062	ROJEK JERZY	UŚCIE GORLICKIE		53	M50/32 (M)608	00:44:12	00:44:11	00:21:44	13.58
629	5342	BŁACHEWICZ MARCIN	BYDGOSZCZ		75	M30/275 (M)609	00:44:13	00:43:17	00:21:20	13.86
630	2122	RAJKOWSKI KRZYSZTOF	PRUSZKÓW	KB PRUSZKÓW /	64	M40/120 (M)610	00:44:13	00:43:25	00:21:37	13.82
631	4127	PŁASZCZYŃSKI HUBERT	RZEKUŃ	RZEKUNIANKA SQUAD /	95	M20/173 (M)611	00:44:13	00:43:23	00:22:35	13.83
632	4815	SZYMCZAK MACIEJ	WARSZAWA	WWW.PLANSOFT.ORG /	74	M30/276 (M)612	00:44:15	00:43:34	00:21:14	13.77
633	369	SZELC MACIEJ	WARSZAWA		78	M30/277 (M)613	00:44:15	00:43:28	00:21:42	13.80
634	2249	ZBRZEŃNIK PIOTR	WARSZAWA	TEAM NUTRILITE /	87	M20/174 (M)614	00:44:15	00:43:55	00:19:13	13.66
635	1278	BRZEZIŃSKI MACIEJ	PŁOCHOCIN		92	M20/175 (M)615	00:44:15	00:42:55	00:21:27	13.98
636	3869	KAMELA ROBERT	WARSZAWA	BANK CITIBANK /	72	M30/278 (M)616	00:44:16	00:43:20	00:22:10	13.85
637	7494	ĆWIKŁA KRZYSZTOF	MALAWA		66	M40/121 (M)617	00:44:16	00:43:18	00:21:45	13.86
638	3592	KOJRO ŁUKASZ	WARSZAWA	ZWIAZKOWIEC /	78	M30/279 (M)618	00:44:17	00:43:36	00:21:54	13.76
639	1476	TAJCHMAN MICHAŁ	WŁOSZCZOWA		82	M20/176 (M)619	00:44:18	00:44:01	00:21:31	13.63
640	2416	DZWONKOWSKI MARIUSZ	KRĘPA	KRĘPOSZKA /	80	M30/280 (M)620	00:44:18	00:42:32	00:21:35	14.11
641	1665	STĘPNIEWSKI EMIL	RADOM		76	M30/281 (M)621	00:44:19	00:43:24	00:20:54	13.82
642	4226	ZIELAK DARIUSZ	WARSZAWA	PEKAO SA /	74	M30/282 (M)622	00:44:19	00:43:36	00:21:46	13.76
643	659	KUBASZEWSKI MIROSŁAW	WARSZAWA		63	M40/122 (M)623	00:44:20	00:43:39	00:21:50	13.75
644	58	ŚMIGIELSKI DOMINIK	WARSZAWA	COCA COLA /	81	M30/283 (M)624	00:44:20	00:43:47	00:21:30	13.70
645	4292	ZDUŃCZYK ANDRZEJ	WARSZAWA		74	M30/284 (M)625	00:44:20	00:44:10	00:21:36	13.58
646	6414	MICHALAK PATRYK	STANISŁAWÓW		96	M20/177 (M)626	00:44:20	00:44:11	00:20:42	13.58
647	373	NIEMIRA MICHAŁ	WARSZAWA		84	M20/178 (M)627	00:44:21	00:43:43	00:21:41	13.72
648	3895	ROSŁOWICZ JERZY	LUBLIN		52	M50/33 (M)628	00:44:21	00:43:59	00:22:06	13.64
649	6504	RATAJCZAK RAJMUND	POZNAŃ		62	M40/123 (M)629	00:44:21	00:44:12	00:21:16	13.57
650	2821	ADAMCZYK PRZEMYSŁAW	WARSZAWA		77	M30/285 (M)630	00:44:22	00:43:46	00:21:43	13.71
651	4378	WÓDZ MACIEK	LESZNOWOLA		65	M40/124 (M)631	00:44:22	00:43:58	00:22:10	13.65
652	6708	TARTANUS PIOTR	WARSZAWA	BIG BOOM /	72	M30/286 (M)632	00:44:22	00:44:10	00:21:12	13.58
653	1881	REZNER DAMIAN	CZĘSTOCHOWA		84	M20/179 (M)633	00:44:23	00:43:32	00:21:28	13.78
654	1104	MACKIEWICZ DARIUSZ	KODEŃ	AKTYWNI KODEŃ /	75	M30/287 (M)634	00:44:23	00:43:06	00:20:52	13.92
655	910	SOKOŁOWSKI ARTUR	WARSZAWA		68	M40/125 (M)635	00:44:23	00:44:05	00:21:41	13.61
656	703	STRUBIŃSKI KONRAD	CHOTOMÓW	POLONIA WARSZAWA /	95	M20/180 (M)636	00:44:24	00:42:53	00:21:22	13.99
657	69	SOBCZAK ARKADIUSZ	WARSZAWA	COCA COLA /	71	M40/126 (M)637	00:44:24	00:44:19	00:21:39	13.54
658	4168	MISIAK PRZEMYSŁAW	BASZKOWKA		78	M30/288 (M)638	00:44:25	00:43:51	00:20:59	13.68
659	5869	JAROSIEWICZ DAMIAN	ŁOMŻA		84	M20/181 (M)639	00:44:25	00:43:09	00:22:42	13.90
660	4427	GLIWA RAFAŁ	BOROWA GÓRA	SEROCK BIEGA /	75	M30/289 (M)640	00:44:25	00:44:01	00:21:55	13.63
661	5496	FORMELA GRZEGORZ	ŁĘBORK	NIEZRZESZONY /	88	M20/182 (M)641	00:44:25	00:44:03	00:21:36	13.62
662	4455	BEBELSKI RAFAŁ	WARSZAWA	ATYWNI Z PZU /	77	M30/290 (M)642	00:44:25	00:44:00	00:21:07	13.64
663	4121	BOGOBOWICZ ZBIGNIEW	WARSZAWA	MARYMONT-RUDA /	49	M60/4 (M)643	00:44:26	00:43:39	00:22:08	13.75
664	50	WYPYCH RADOSŁAW	WARSZAWA	ART PROFI TEAM /	69	M40/127 (M)644	00:44:26	00:44:22	00:21:27	13.52
665	6275	OLBRYŚ STANISŁAW-ADAM	NASIELSK	K B PIMAR LEGIONOWO /	67	M40/128 (M)645	00:44:26	00:44:23	00:21:31	13.52
666	3230	FIJAK JERZY	BIELSKO-BIAŁA		56	M50/34 (M)646	00:44:27	00:44:22	00:21:27	13.52
667	336	MICHALAK MICHAŁ	MIŃSK MAZOWIECKI		72	M30/291 (M)647	00:44:28	00:42:34	00:21:11	14.10
668	3817	JURCZAK JERZY	WARSZAWA		87	M20/183 (M)648	00:44:28	00:43:23	00:21:41	13.83
669	6390	PUDEŁKO JAKUB	PIASECZNO		90	M20/184 (M)649	00:44:28	00:43:53	00:20:24	13.67
670	3450	BARAN HENRYK	PODWYSOKIE	KB TP /	74	M30/292 (M)650	00:44:28	00:44:10	00:21:50	13.58

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna / Klub Team / Club	R-k W kat. YoB in Age	Wynik Time	Wynik netto	Wynik 5km	[km/h]
671	1085	JĘDRZEJCZYK PIOTR	PIASECZNO		73 M30/293 (M)651	00:44:28	00:43:52	00:21:50	13.68
672	6013	KRUKOWSKI PATRYK	MAJDAN KOZIC DOLNYCH	LUBELSKIE STOWARZYSZENIE BIEGOWE /	90 M20/185 (M)652	00:44:29	00:44:23	00:21:20	13.52
673	827	DĄBROWSKI MARCIN	WARSZAWA	IM 2010 /	78 M30/294 (M)653	00:44:30	00:44:12	00:21:57	13.57
674	6633	STAWOWSKI PIOTR	WARSZAWA	ZUS-TEAM /	79 M30/295 (M)654	00:44:30	00:43:50	00:22:09	13.69
675	4433	IWANICKI MICHAŁ	WARSZAWA	PWPW S.A. /	82 M20/186 (M)655	00:44:30	00:42:58	00:21:49	13.96
676	2465	SERWIŃSKI RADOSŁAW	WARSZAWA	EDC RUNNERS /	82 M20/187 (M)656	00:44:30	00:43:52	00:21:03	13.68
677	2773	ŚPIEWAK KAROL	MARKI		73 M30/296 (M)657	00:44:31	00:44:08	00:21:40	13.60
678	1391	ALBERSKI PRZEMYSŁAW	WARSZAWA	JOHN PITCHER /	86 M20/188 (M)658	00:44:31	00:44:11	00:24:41	13.58
679	4939	ZATORSKI MIROSLAW	WARSZAWA	LEGION.RUN /	70 M40/129 (M)659	00:44:31	00:43:47	00:21:46	13.70
680	4458	GRZEGORCZYK WOJCIECH	WARSZAWA	ABCKONDYCJA /	67 M40/130 (M)660	00:44:31	00:43:55	00:21:50	13.66
681	6081	LUBIAN MICHAŁ	GARWOLIN	TRUCHTACZ.PL /	75 M30/297 (M)661	00:44:31	00:43:29	00:21:52	13.80
682	1396	CHRÓŚCICKI ADAM	WĘGRÓW		75 M30/298 (M)662	00:44:31	00:43:45	00:21:50	13.71
683	77	WRONKA MICHAŁ	WARSZAWA	ASICS /	81 M30/299 (M)663	00:44:32	00:44:26	00:21:21	13.50
684	1937	SEFERYŃIAK JACEK	WARSZAWA	PKO_ /	77 M30/300 (M)664	00:44:33	00:44:07	00:21:16	13.60
685	5120	KIELISZCZYK GRZEGORZ	DUCHNÓW		63 M40/131 (M)665	00:44:33	00:43:49	00:21:58	13.69
686	3915	PIĘDEL MICHAŁ	WARSZAWA	IN2TOP /	84 M20/189 (M)666	00:44:33	00:43:45	00:21:54	13.71
687	6118	MARCINIAK ANDRZEJ	MLAWA		74 M30/301 (M)667	00:44:34	00:44:26	00:21:38	13.50
688	3251	ZENC ROBERT	WARSZAWA		75 M30/302 (M)668	00:44:34	00:44:27	00:21:18	13.50
689	873	PAWLIKOWSKI KORNELIUSZ	WARSZAWA		78 M30/303 (M)669	00:44:35	00:43:41	00:22:16	13.74
690	6537	RYBICKI WIESŁAW	PŁOCK	NIEZRZESZONY /	64 M40/132 (M)670	00:44:35	00:43:50	00:21:47	13.69
691	3899	BIAŁOWĄS TOMASZ	WARSZAWA	K.B. MARANATHA /	75 M30/304 (M)671	00:44:36	00:43:25	00:21:54	13.82
692	5367	BRASIUN MIECZYSLAW	NOWY DWÓR		74 M30/305 (M)672	00:44:36	00:43:22	00:21:48	13.84
693	1395	ZITAROSA FRANCK	WARSZAWA		70 M40/133 (M)673	00:44:37	00:42:57	00:21:40	13.97
694	6361	PIWOŃSKI ARKADIUSZ	WARSZAWA	PKO_ /	78 M30/306 (M)674	00:44:38	00:44:02	00:21:48	13.63
695	3923	GÓRSKI GRZEGORZ KRZYSZTOF	WARSZAWA		73 M30/307 (M)675	00:44:38	00:42:46	00:20:53	14.03
696	1235	NOWAKOWSKI RAFAŁ	WARSZAWA	RUN LUSIA RUN /	73 M30/308 (M)676	00:44:39	00:44:36	00:22:00	13.45
697	4995	WOJTKOWSKI IRENEUSZ	WARSZAWA	INFOVIDE-MATRIX /	61 M50/35 (M)677	00:44:39	00:44:20	00:21:58	13.53
698	1685	BYSZEWSKI GRZEGORZ	WARSZAWA		84 M20/190 (M)678	00:44:39	00:42:51	00:21:33	14.00
699	2150	SZYMAŃSKI PIOTR	WARSZAWA		76 M30/309 (M)679	00:44:40	00:43:48	00:22:00	13.70
700	4548	DAJNOWICZ ŁUKASZ	WARSZAWA		77 M30/310 (M)680	00:44:41	00:44:03	00:21:55	13.62
701	5072	JĘDRZEJEWSKI RAFAŁ	WARSZAWA	RUN DARKINS /	70 M40/134 (M)681	00:44:41	00:43:43	00:21:33	13.72
702	2427	PEPŁOWSKI KONRAD	WARSZAWA	GRYFFINDOR /	91 M20/191 (M)682	00:44:41	00:43:57	00:21:49	13.65
703	917	WALIGÓRSKI TOMASZ	MARKI		72 M30/311 (M)683	00:44:41	00:43:45	00:21:19	13.71
704	6407	JAKUBIAK RAFAŁ	WARSZAWA	BIEGAMY Z OCHOTĄ /	78 M30/312 (M)684	00:44:42	00:43:58	00:21:23	13.65
705	1882	FIEDORUK PIOTR	WARSZAWA		62 M40/135 (M)685	00:44:42	00:43:41	00:21:52	13.74
706	6788	WITKOWSKI ŁUKASZ	NASIELSK		86 M20/192 (M)686	00:44:42	00:44:01	00:21:42	13.63
707	4561	KONARSKI TOMASZ	ŁOMIANKI	IM2010 /	84 M20/193 (M)687	00:44:43	00:43:54	00:21:31	13.67
708	3141	ABRAMCZYK ROMAN		ACTION /	78 M30/313 (M)688	00:44:44	00:43:03	00:21:53	13.94
709	4028	KNAP ARKADIUSZ	WARSZAWA		74 M30/314 (M)689	00:44:44	00:44:22	00:22:27	13.52
710	3520	FURMAN TOMASZ	WARSZAWA		71 M40/136 (M)690	00:44:45	00:44:23	00:21:51	13.52
711	6795	WNUK MARCIN	WARSZAWA	MCTEN.PL /	76 M30/315 (M)691	00:44:45	00:44:05	00:21:40	13.61
712	3039	SULKA TOMASZ	WARSZAWA		88 M20/194 (M)692	00:44:46	00:44:32	00:21:36	13.47
713	6691	SZYMAŃSKI PIOTR	PRUSZKÓW		80 M30/316 (M)693	00:44:46	00:44:24	00:22:23	13.51
714	2388	SZCZYPCZYK ZBIGNIEW		12 TRI /	11 (M)694	00:44:46	00:43:17	00:21:37	13.86
715	1275	PIKIEL PIOTR	RASZYN		73 M30/317 (M)695	00:44:46	00:44:42	00:23:06	13.42
716	5751	ROSZKIEWICZ HUBERT	ZALESIE GÓRNE	RH-FITNESS /	79 M30/318 (M)696	00:44:46	00:44:33	00:21:42	13.47
717	2605	NIEDŹWIADEK CZESŁAW	WARSZAWA	DOWÓDZTWO GARNIZONU WARSZAWA /	56 M50/36 (M)697	00:44:47	00:44:20	00:22:01	13.53
718	3029	RUSAK PAWEŁ	WARSZAWA		75 M30/319 (M)698	00:44:48	00:44:02	00:21:56	13.63
719	6776	WILJEWICZ KONRAD	ŁÓDŹ		74 M30/320 (M)699	00:44:48	00:44:06	00:22:09	13.61
720	753	KARPIŃSKI PIOTR	BŁONIE	BIAŁUTY TEAM /	79 M30/321 (M)700	00:44:49	00:43:54	00:20:59	13.67
721	337	SERAFIŃSKI JAROSŁAW	MIŃSK MAZOWIECKI		72 M30/322 (M)701	00:44:49	00:42:53	00:21:07	13.99
722	1691	KOCIĘCKI MIROSLAW	WARSZAWA		64 M40/137 (M)702	00:44:49	00:44:19	00:21:52	13.54
723	1846	PRZYBYŁ MAREK	WARSZAWA		76 M30/323 (M)703	00:44:50	00:43:27	00:21:38	13.81
724	5426	CYRAN ŁUKASZ	LUBLIN	LUBELSKIE STOWARZYSZENIE BIEGOWE /	82 M20/195 (M)704	00:44:50	00:44:31	00:22:10	13.48
725	4844	BARTCZAK JANUSZ	BODZANÓW		60 M50/37 (M)705	00:44:50	00:44:37	00:22:14	13.45
726	5876	JAWOREK BARBARA	WARSZAWA		83 K20/10 (K)21	00:44:50	00:44:13	00:22:14	13.57
727	2650	TULIK PAWEŁ	OŻARÓW MAZOWIECKI	LEGION WARSZAWA /	73 M30/324 (M)706	00:44:51	00:44:16	00:22:22	13.55

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Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna / Klub Team / Club	R-k W kat. YoB in Age	Wynik Time	Wynik netto	Wynik 5km	[km/h]
728	2793	POŚLAJKO MAREK	WARSZAWA		84 M20/196 (M)707	00:44:51	00:44:04	00:21:44	13.62
729	4924	SCRIVO ANDREA	WARSZAWA		84 M20/197 (M)708	00:44:51	00:44:23	00:21:08	13.52
730	2406	MAJEWSKI MARCIN	JEDLINA-LETNISKO		83 M20/198 (M)709	00:44:52	00:43:47	00:21:33	13.70
731	1411	DĘBEK MARCIN	WARSZAWA		96 M20/199 (M)710	00:44:52	00:44:30	00:22:23	13.48
732	3497	BONIEWSKA KAROLINA	WARSZAWA	MKS POLONIA /	82 K20/11 (K)22	00:44:52	00:44:22	00:21:37	13.52
733	5161	WITEK KONRAD	WARSZAWA	ENTRE.PL TEAM /	74 M30/325 (M)711	00:44:53	00:44:21	00:23:11	13.53
734	1284	ŻMUDA MICHAŁ	RASZYN		77 M30/326 (M)712	00:44:53	00:44:37	00:20:47	13.45
735	3555	SOBIERAJ KRZYSZTOF	JASZENICA	PUKS ROCH JASZENICA /	89 M20/200 (M)713	00:44:54	00:44:03	00:22:32	13.62
736	5626	OLEKSIAK MARCIN	WARSZAWA	NIESPOCENI MURANÓW /	73 M30/327 (M)714	00:44:54	00:44:38	00:22:34	13.44
737	6453	MIKOS JAROSŁAW	WARSZAWA	BIEGAMY Z OCHOTĄ /	67 M40/138 (M)715	00:44:55	00:44:03	00:21:52	13.62
738	2058	PIOTROWSKI JACEK	WARSZAWA		75 M30/328 (M)716	00:44:56	00:44:14	00:22:18	13.56
739	4748	DZIULKA PAWEŁ	WARSZAWA	CHŁOPCY Z FERAJNY /	73 M30/329 (M)717	00:44:56	00:43:58	00:21:30	13.65
740	6779	WINNICKI WOJCIECH	PRZASNYSZ	JW 5699 /	80 M30/330 (M)718	00:44:57	00:43:57	00:22:11	13.65
741	2929	LUBA ALICJA	WARSZAWA	POLONIA WARSZAWA /	83 K20/12 (K)23	00:44:57	00:44:28	00:21:12	13.49
742	3575	KOJRO GRZEGORZ	WARSZAWA	ZWIĄZKOWIEC /	84 M20/201 (M)719	00:44:57	00:44:15	00:21:53	13.56
743	4974	KREKORA ADRIAN	KOZIENICE	NA ZDROWIE KOZIENICE /	94 M20/202 (M)720	00:44:57	00:43:32	00:22:24	13.78
744	5967	KORUBA MARCIN	BUSKO ZDRÓJ		88 M20/203 (M)721	00:44:58	00:42:48	00:22:25	14.02
745	6299	OWCZAREK DAMIAN	WARSZAWA	OWCZAREK TEAM /	87 M20/204 (M)722	00:44:58	00:44:33	00:21:06	13.47
746	2444	ŚWIERCZ IWONA	WARSZAWA	BYLEDOBIEC ANIN /	69 K40/2 (K)24	00:44:58	00:44:17	00:22:10	13.55
747	863	WIŚNIEWSKI PIOTR	RUMAKI RADZIKÓW		73 M30/331 (M)723	00:44:58	00:43:29	00:21:42	13.80
748	4372	ANDZIAK MIROSLAW	GRÓJEC		72 M30/332 (M)724	00:44:58	00:44:45	00:21:40	13.41
749	2262	MATUSZCZAK BOGDAN	NOWE MIASTO NAD	JW 3411 /	70 M40/139 (M)725	00:44:58	00:44:08	00:21:38	13.60
750	2651	JAC ADAM	LASKI	TEAM NUTRILITE /	73 M30/333 (M)726	00:44:59	00:44:18	00:22:14	13.54
751	5901	KAPUSTA EWELINA	JEZIORZANY		87 K20/13 (K)25	00:44:59	00:44:34	00:22:27	13.46
752	4975	ŚLIWA TOMASZ	KRAKÓW	NA ZDROWIE KOZIENICE /	80 M30/334 (M)727	00:45:00	00:43:36	00:22:24	13.76
753	1191	SALAŃSKI MICHAŁ	WARSZAWA		75 M30/335 (M)728	00:45:01	00:43:17	00:21:24	13.86
754	2589	DĄBROWSKI MACIEJ	WARSZAWA	HUNTER MMA/BELLATOR /	91 M20/205 (M)729	00:45:02	00:43:56	00:21:51	13.66
755	2864	DOLIŃSKI ADAM	WARSZAWA	TRUCHT TARCHOMIN TEAM /	84 M20/206 (M)730	00:45:02	00:43:49	00:21:54	13.69
756	2984	KOLASIŃSKI PAWEŁ	WARSZAWA		57 M50/38 (M)731	00:45:02	00:44:32	00:21:39	13.47
757	100	STĘPNIAK JAKUB	WARSZAWA	WASA /	68 M40/140 (M)732	00:45:02	00:43:19	00:21:26	13.85
758	4276	PONIEWIERSKI RAFAŁ	WARSZAWA		78 M30/336 (M)733	00:45:02	00:43:52	00:21:49	13.68
759	1664	NIELIPIŃSKI MARIUSZ	DROHICZYN		70 M40/141 (M)734	00:45:02	00:44:18	00:22:02	13.54
760	422	LEWIŃSKI KRZYSZTOF	NOWE MIASTO NAD		67 M40/142 (M)735	00:45:03	00:44:34	00:22:41	13.46
761	1212	KUPNIEWSKI JAKUB	WARSZAWA	CANAL+ SPORT TEAM /	71 M40/143 (M)736	00:45:03	00:42:15	00:21:55	14.20
762	797	ŻURKO TOMASZ	SULEJÓWEK		66 M40/144 (M)737	00:45:03	00:43:29	00:21:43	13.80
763	5793	GÓRSKI MARCIN	WARSZAWA	SZALEJĄCE ZAJĄCE /	80 M30/337 (M)738	00:45:04	00:43:52	00:21:53	13.68
764	1467	KULIK JACEK	GRODZISK MAZOWIECKI		63 M40/145 (M)739	00:45:04	00:44:21	00:21:45	13.53
765	62	EKIERT MARIUSZ	WARSZAWA	COCA COLA /	73 M30/338 (M)740	00:45:04	00:43:39	00:21:47	13.75
766	478	SIDOROWICZ-RADZIKOWSKI ANDRZEJ	POLANICA ZDRÓJ	NIEZRZESZONY /	69 M40/146 (M)741	00:45:04	00:45:00	00:22:15	13.33
767	5644	KRANZ JACEK	WOŁOSATE		46 M60/5 (M)742	00:45:05	00:44:05	00:21:32	13.61
768	5650	KRANZ PRZEMYSŁAW	POZNAŃ		87 M20/207 (M)743	00:45:05	00:44:04	00:21:32	13.62
769	6669	SZEWczyk ALEKSANDER	WARSZAWA	BRAK /	93 M20/208 (M)744	00:45:06	00:43:40	00:21:59	13.74
770	3506	DOBROWOLSKI MAREK	N.DWÓR MAZ.	JOGGER /	64 M40/147 (M)745	00:45:06	00:44:51	00:21:56	13.38
771	5648	LUZAR JAROSŁAW	GRODZISK MAZOWIECKI		77 M30/339 (M)746	00:45:07	00:44:22	00:22:10	13.52
772	1761	RZEPNIEWSKI WOJCIECH	WARSZAWA		51 M60/6 (M)747	00:45:07	00:43:39	00:21:55	13.75
773	4258	ZAWADZKI MARCIN	WARSZAWA		84 M20/209 (M)748	00:45:07	00:44:20	00:21:58	13.53
774	3928	KLUZIŃSKI JĘDRZEJ	WARSZAWA	ATAJĄCE KOZICE /	89 M20/210 (M)749	00:45:08	00:43:50	00:22:12	13.69
775	887	PIOTROWSKI KAMIL		ZDM /	11 (M)750	00:45:08	00:44:43	00:21:46	13.42
776	1121	LEWANDOWSKI ROBERT	WARSZAWA		76 M30/340 (M)751	00:45:08	00:43:26	00:21:31	13.81
777	1128	SIATKOWSKI PIOTR	KONSTANCIN-JEZIORNA		90 M20/211 (M)752	00:45:08	00:43:28	00:22:10	13.80
778	6661	SZCZEPAŃSKI JAKUB	KRAKÓW		72 M30/341 (M)753	00:45:09	00:44:40	00:21:56	13.43
779	2458	STANOSZ JAKUB	WARSZAWA	EDC RUNNERS /	86 M20/212 (M)754	00:45:09	00:45:03	00:21:54	13.32
780	7470	FRĄC DANIEL	WARSZAWA		73 M30/342 (M)755	00:45:09	00:44:29	00:21:42	13.49
781	1936	KIELAK TADEUSZ	WARSZAWA	PKO_ /	70 M40/148 (M)756	00:45:10	00:44:38	00:21:58	13.44
782	6731	URBANIAK MARIAN	TRZEŚŃ	GOSIR GORZYCE /	59 M50/39 (M)757	00:45:10	00:44:43	00:22:22	13.42
783	6078	ŁODYGA MARCIN	GRODZISK WLKP	GRODZISKI KLUB BIEGACZA /	81 M30/343 (M)758	00:45:10	00:44:03	00:22:12	13.62

<b>Miejsce Rank</b>	<b>Nr Bib</b>	<b>Nazwisko i imię Name</b>	<b>Miejscowość City</b>	<b>Drużyna / Klub Team / Club</b>	<b>R-k W kat. YoB in Age</b>	<b>Wynik Time</b>	<b>Wynik netto</b>	<b>Wynik 5km</b>	<b>[km/h]</b>
784	284	PAWŁOWSKA-POJAWA ANNA	WARSZAW	BYLEDOBIEC ANIN /	76 K30/8 (K)26	00:45:11	00:44:31	00:22:09	13.48
785	5483	DZIUBANY TOMASZ	WARSZAWA	YOKOGAWA RUNNERS/BIEGAMY Z OCHOTĄ /	71 M40/149 (M)759	00:45:11	00:44:27	00:22:24	13.50
786	1721	ŻUBROWSKI ADAM	TLUSZCZ	TKS BÓBR /	77 M30/344 (M)760	00:45:11	00:44:13	00:21:49	13.57
787	4489	NOWISZ JAROSŁAW	WARSZAWA	KAHUNA /	76 M30/345 (M)761	00:45:11	00:44:01	00:21:54	13.63
788	2080	CHOSZCZEWSKI MARCIN	PRZASNYSZ	NIEZRZESZONY /	80 M30/346 (M)762	00:45:12	00:44:13	00:22:11	13.57
789	6781	WIŚNIEWSKA MARTYNA	RUMIA	TEAM NUTRILITE /	88 K20/14 (K)27	00:45:13	00:44:20	00:22:00	13.53
790	5754	FUKIET BARTEK	WARSZAWA		71 M40/150 (M)763	00:45:13	00:45:03	00:22:24	13.32
791	5675	BŁASZCZAK KATARZYNA	WARSZAWA		88 K20/15 (K)28	00:45:13	00:43:38	00:21:43	13.75
792	351	CHRZANOWSKI JAKUB	WARSZAWA	ING BANK ŚLAŃSKI /	81 M30/347 (M)764	00:45:13	00:43:41	00:21:59	13.74
793	6594	SKRZYPCZAK GRZEGORZ	OLSZTYN	AKM OLSZTYN /	79 M30/348 (M)765	00:45:14	00:44:28	00:22:41	13.49
794	1622	BRZUSZCZYŃSKI JACEK	WARSZAWA		76 M30/349 (M)766	00:45:14	00:45:07	00:21:42	13.30
795	1138	GÓRSKI JAN	OTRĘBUSY	KS KUBUŚ PUCHATEK /	87 M20/213 (M)767	00:45:14	00:45:04	00:21:30	13.31
796	1103	RZESZOTARSKI DARIUSZ	MICHAŁÓWEK	MICHAŁÓWKAKY /	70 M40/151 (M)768	00:45:14	00:44:40	00:22:06	13.43
797	6855	ZIMNIAK ŁUKASZ	OLEŚNICA	KERRY POLSKA - OLEŚNICA /	81 M30/350 (M)769	00:45:15	00:44:49	00:22:15	13.39
798	3773	GROSSE PAWEŁ	WARSZAWA		74 M30/351 (M)770	00:45:15	00:44:10	00:22:14	13.58
799	1747	SOCHACKI ANDRZEJ	WARSZAWA	WWW.FIKU-MIKU.COM.PL /	71 M40/152 (M)771	00:45:15	00:44:35	00:22:28	13.46
800	6289	OSAKOWICZ MATEUSZ	WARSZAWA		80 M30/352 (M)772	00:45:16	00:44:46	00:21:30	13.40
801	894	KŁONIECKI MARCIN	WARSZAWA		79 M30/353 (M)773	00:45:17	00:44:50	00:22:17	13.38
802	5276	BAL JAKUB	NOWA DĘBA	AZS WAT WARSZAWA /	89 M20/214 (M)774	00:45:17	00:45:09	00:22:17	13.29
803	3478	POŚNIK MATEUSZ	WARSZAWA	LEGIA WARSZAWA /	88 M20/215 (M)775	00:45:19	00:43:25	00:22:11	13.82
804	5462	DOMINÓW ŁUKASZ	LUBIN	LUBIŃSKIE CHARAKTERY /	79 M30/354 (M)776	00:45:19	00:43:21	00:22:08	13.84
805	1436	KRYCZEK PIOTR	WARSZAWA		63 M40/153 (M)777	00:45:19	00:44:50	00:22:55	13.38
806	6003	KRASUCKI JAKUB	BIAŁA PODLASKA		86 M20/216 (M)778	00:45:19	00:45:07	00:22:11	13.30
807	4687	ORŁOWSKI PRZEMYSŁAW	JÓZEFOSŁAW	EURO RSCG /	73 M30/355 (M)779	00:45:20	00:44:39	00:22:12	13.44
808	2026	WOJTYŚ TOMASZ	WARSZAWA		75 M30/356 (M)780	00:45:20	00:44:53	00:22:42	13.37
809	2211	BŁĄDZIEWICZ ROMUALD	WARSZAWA		49 M60/7 (M)781	00:45:21	00:44:31	00:22:26	13.48
810	1924	GRYGORUK ANDRZEJ	WARSZAWA	PKO_ /	74 M30/357 (M)782	00:45:21	00:44:55	00:22:42	13.36
811	2630	WRZOSEK RAFAŁ	RADOM	FITNESS PARK RAOM /	80 M30/358 (M)783	00:45:22	00:44:18	00:21:40	13.54
812	590	OLCZAK JANUSZ	WARSZAWA		64 M40/154 (M)784	00:45:22	00:45:05	00:22:35	13.31
813	4263	MEYER MARCIN	WARSZAWA	EKOGENERACJA S.A. /	76 M30/359 (M)785	00:45:25	00:44:50	00:21:54	13.38
814	819	DAMAZ ARKADIUSZ	WARSZAWA	AKD RIDE OR DIE /	71 M40/155 (M)786	00:45:25	00:44:33	00:21:45	13.47
815	410	JANICKI JACEK	WARSZAWA	BRAK /	72 M30/360 (M)787	00:45:25	00:43:54	00:21:45	13.67
816	3884	CZYŻKOWSKI TOMASZ	OTWOCK	NIEZRZESZONY /	65 M40/156 (M)788	00:45:26	00:44:33	00:22:40	13.47
817	6047	LASKOWSKI MICHAŁ	LIPINY STARE		79 M30/361 (M)789	00:45:27	00:44:18	00:22:15	13.54
818	4046	JOKA ADAM	PIASECZNO		83 M20/217 (M)790	00:45:27	00:43:56	00:21:41	13.66
819	5351	BOGUMIŁ PAWEŁ	WARKA	KB START PUŁASKI WARKA /	89 M20/218 (M)791	00:45:28	00:43:59	00:22:03	13.64
820	4452	ŚWIERCZEK GRZEGORZ	ZAWIERCIE		70 M40/157 (M)792	00:45:28	00:44:41	00:22:28	13.43
821	5054	CHOJNACKI DOMINIK	WARKA		90 M20/219 (M)793	00:45:28	00:43:59	00:22:04	13.64
822	562	KONOPKA LESZEK	WARSZAWA	WAT /	88 M20/220 (M)794	00:45:29	00:44:04	00:22:22	13.62
823	1439	MURAKAMI SHOICHI	WARSZAWA		82 M20/221 (M)795	00:45:29	00:45:26	00:22:04	13.21
824	5845	ISKRA PAWEŁ	MAJDAN KOZIEC		83 M20/222 (M)796	00:45:29	00:44:43	00:22:19	13.42
825	3920	LANG ALEKSANDER	WARSZAWA		75 M30/362 (M)797	00:45:29	00:44:04	00:21:59	13.62
826	6251	NIEMCZYK GRZEGORZ	MILANÓWEK		90 M20/223 (M)798	00:45:29	00:44:49	00:22:08	13.39
827	3438	MĄDRZYK MAREK	KRAKÓW	ORANGE RUNNERS POLSKA /	63 M40/158 (M)799	00:45:30	00:44:38	00:22:27	13.44
828	648	OLSZEWSKI JERZY	WARSZAWA	NIEZRZESZONY /	59 M50/40 (M)800	00:45:30	00:45:17	00:22:05	13.25
829	3651	WITANOWSKI ŁUKASZ	WARSZAWA		80 M30/363 (M)801	00:45:30	00:44:36	00:22:00	13.45
830	2903	KAWECKI DAMIAN	MARIANÓW	ECLIPSE BIKETIRES.PL /	77 M30/364 (M)802	00:45:31	00:45:00	00:22:22	13.33
831	3364	WIECZOREK DARIUSZ	WARSZAWA		67 M40/159 (M)803	00:45:31	00:44:46	00:22:15	13.40
832	3878	ŁABAJCZYK WITOLD	WARSZAWA	SZKOŁA GŁÓWNA SŁUŻBY POŻARNICZEJ /	74 M30/365 (M)804	00:45:31	00:45:03	00:21:31	13.32
833	2224	JAROSIŃSKI TOMASZ	WARSZAWA		69 M40/160 (M)805	00:45:31	00:45:12	00:21:57	13.27
834	4456	GÓRKA KRZYSZTOF	GRODZISK MAZOWIECKI		63 M40/161 (M)806	00:45:32	00:45:00	00:22:21	13.33
835	2286	PALUCH DARIUSZ	GRÓJEC	JW3411 /	76 M30/366 (M)807	00:45:32	00:44:52	00:21:31	13.37
836	2597	MIKULSKI RAFAŁ	WARSZAWA		74 M30/367 (M)808	00:45:32	00:44:37	00:22:34	13.45
837	3785	RĘBIŚ JOANNA	PIASECZNO	ABC KONDYCJA /	75 K30/9 (K)29	00:45:32	00:45:27	00:22:43	13.20
838	3129	ZIELIŃSKI ARTUR	WARSZAWA		73 M30/368 (M)809	00:45:32	00:44:26	00:22:01	13.50
839	3677	ONYSZCZUK JAROSŁAW	WARSZAWA	NIEZRZESZONY /	70 M40/162 (M)810	00:45:33	00:43:41	00:22:07	13.74
840	5182	BODZIAK MARCIN	WARSZAWA		70 M40/163 (M)811	00:45:33	00:44:59	00:21:48	13.34

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna / Klub Team / Club	R-k W kat. YoB in Age	Wynik Time	Wynik netto	Wynik 5km	[km/h]
841	4387	BIAŁECKI JERZY	WARSZAWA	ALETEMPO /	59 M50/41 (M)812	00:45:33	00:45:10	00:22:15	13.28
842	4279	WALASEK PAWEŁ	WARSZAWA		73 M30/369 (M)813	00:45:34	00:44:51	00:21:56	13.38
843	4216	KOZŁOWSKI SOBIESŁAW	LEGNICA/WARSZAWA	BPS RUNNERS TEAM /	79 M30/370 (M)814	00:45:34	00:44:39	00:22:25	13.44
844	4262	BARANOWSKI ARKADIUSZ	WARSZAWA		64 M40/164 (M)815	00:45:34	00:45:26	00:22:28	13.21
845	5827	HAJEK JAROSŁAW	TARNÓW	TEAM NUTRILITE /	70 M40/165 (M)816	00:45:34	00:45:31	00:21:52	13.18
846	688	DAWID TOMASZ	WARSZAWA		73 M30/371 (M)817	00:45:35	00:44:55	00:21:49	13.36
847	2238	LASKOWSKI SZYMON	WARSZAWA		73 M30/372 (M)818	00:45:36	00:44:00	00:22:13	13.64
848	1550	KOCIMSKI JAN	SOCHACZEW	KM AKTYWNI SOCHACZEW /	48 M60/8 (M)819	00:45:36	00:45:29	00:22:24	13.19
849	6899	DOMAGAŁA JERZY	NADARZYN		63 M40/166 (M)820	00:45:38	00:45:18	00:22:31	13.25
850	9	WICIŃSKI RAFAŁ	WARSZAWA	COCA COLA /	68 M40/167 (M)821	00:45:38	00:45:32	00:22:18	13.18
851	2332	MAJCHRZAK MICHAŁ	KRAKÓW	CROSS KRAKÓW LAJKONIK /	84 M20/224 (M)822	00:45:38	00:44:48	00:22:42	13.39
852	2698	JAGIEŁŁO WOJCIECH	WARSZAWA		78 M30/373 (M)823	00:45:38	00:44:03	00:21:56	13.62
853	5297	BARSZCZ MARCIN	WARSZAWA	DGW /	82 M20/225 (M)824	00:45:38	00:44:52	00:21:51	13.37
854	6099	MAJCHRZAK JAROSŁAW	WARSZAWA		70 M40/168 (M)825	00:45:38	00:45:06	00:23:04	13.30
855	3014	KULAK KLAUDIUSZ	WARSZAWA	OIA W WARSZAWIE /	77 M30/374 (M)826	00:45:39	00:44:32	00:22:32	13.47
856	3225	MISIUREWICZ PAWEŁ	WARSZAWA	PASSUS SPORT TEAM /	69 M40/169 (M)827	00:45:39	00:44:48	00:22:49	13.39
857	5322	BIAŁOGRODZKI RYSZARD	PIASECZNO	BIARKEM CLUB PIASECZNO /	59 M50/42 (M)828	00:45:40	00:43:50	00:22:12	13.69
858	2942	BAGIŃSKI PAWEŁ	WARSZAWA	WARSZAWA URSYNÓW /	76 M30/375 (M)829	00:45:41	00:45:02	00:22:23	13.32
859	4386	ZIELIŃSKI ZBIGNIEW	WARSZAWA		69 M40/170 (M)830	00:45:41	00:45:08	00:22:31	13.29
860	164	KACZAN NORBERT	WARSZAWA	GW /	75 M30/376 (M)831	00:45:41	00:44:30	00:22:22	13.48
861	3287	OLESIŃSKI ARTUR	WARSZAWA	KB ACTIVESPORTS WARSZAWA /	80 M30/377 (M)832	00:45:41	00:44:08	00:21:56	13.60
862	4998	JANICKA ELŻBIETA	MLAWA		69 K40/3 (K)30	00:45:41	00:45:20	00:22:21	13.24
863	5636	DĄBROWSKI-TUMAŃSKI PAWEŁ	WARSZAWA		89 M20/226 (M)833	00:45:42	00:44:23	00:22:17	13.52
864	6393	PYTALSKI ŁUKASZ	PIŃCZÓW	NAPRZÓD PONIDZIE /	86 M20/227 (M)834	00:45:42	00:43:51	00:22:42	13.68
865	1251	SMOLIŃSKI MATEUSZ	WARSZAWA	- /	85 M20/228 (M)835	00:45:42	00:44:37	00:22:01	13.45
866	4092	GRYCNER PAWEŁ	WARSZAWA		84 M20/229 (M)836	00:45:43	00:45:05	00:22:23	13.31
867	678	PLUTA IRENEUSZ	WARSZAWA		62 M40/171 (M)837	00:45:44	00:44:33	00:22:06	13.47
868	5204	KOCON TOMASZ	DUCHNÓW		71 M40/172 (M)838	00:45:44	00:45:15	00:22:55	13.26
869	3668	MALINOWSKI RAFAŁ	WARSZAWA		88 M20/230 (M)839	00:45:44	00:44:09	00:21:56	13.59
870	2420	PLATEK ADAM	WARSZAWA	BIEGAM SAM /	71 M40/173 (M)840	00:45:45	00:44:01	00:22:04	13.63
871	3611	PODWYSOCKI MARCIN	AUGUSTÓW	ATP AUGUSTÓW /	88 M20/231 (M)841	00:45:45	00:44:46	00:22:23	13.40
872	1737	STANISZ PIOTR	WARSZAWA	LEGION WARSZAWA /	86 M20/232 (M)842	00:45:46	00:45:27	00:22:21	13.20
873	6562	SAWICKI PIOTR	BIAŁYSTOK	DELECTA PODLASKI KLUB BIEGOWY /	85 M20/233 (M)843	00:45:47	00:45:13	00:22:21	13.27
874	4755	STYPIŃSKI MAREK	PRUSZKÓW	MIGHTY SWIFTESS RT /	67 M40/174 (M)844	00:45:47	00:44:54	00:22:18	13.36
875	4313	LULA MARIUSZ	WARSZAWA		79 M30/378 (M)845	00:45:47	00:44:01	00:22:26	13.63
876	1825	SKWAREK ŁUKASZ	WARSZAWA	CITIBANK INTERNATIONAL PLC /	85 M20/234 (M)846	00:45:48	00:44:58	00:23:05	13.34
877	61	BRAMBOR ŁUKASZ	WARSZAWA	COCA COLA /	81 M30/379 (M)847	00:45:49	00:44:24	00:21:52	13.51
878	2956	PODDUBIUK MARIUSZ	ORNETA	BOR /	82 M20/235 (M)848	00:45:49	00:44:33	00:22:06	13.47
879	1156	KOTYŃSKI ŁUKASZ	WOŁOMIN		84 M20/236 (M)849	00:45:50	00:44:18	00:21:59	13.54
880	2112	TUCZYŃSKI KACPER	PRUSZKÓW		94 M20/237 (M)850	00:45:51	00:44:16	00:21:47	13.55
881	4911	PARCHOMIUK ANDRZEJ	WARSZAWA	NIEZRZESZONY /	63 M40/175 (M)851	00:45:51	00:44:50	00:21:38	13.38
882	3650	GOSPODARCZYK MARCIN	KOLONIA - JASZOWICE	12TRI.PL /	85 M20/238 (M)852	00:45:51	00:43:48	00:22:00	13.70
883	577	PIWOWAR KRZYSZTOF	WARSZAWA		94 M20/239 (M)853	00:45:52	00:44:40	00:21:25	13.43
884	758	MAJEWSKI TOMASZ	KOBYŁKA		70 M40/176 (M)854	00:45:52	00:45:03	00:21:50	13.32
885	6985	BOROWY MATEUSZ	JÓZEFÓW		89 M20/240 (M)855	00:45:52	00:44:17	00:22:08	13.55
886	1317	PRZYBYŁA KAROL	WARSZAWA	BANK POCZTOWY /	84 M20/241 (M)856	00:45:52	00:44:18	00:22:08	13.54
887	2508	PUSZAKOWSKI JACEK	WARSZAWA		75 M30/380 (M)857	00:45:53	00:45:23	00:22:29	13.22
888	140	KRASOŃ MARCIN	WARSZAWA	KOMINEK /	81 M30/381 (M)858	00:45:53	00:44:51	00:22:31	13.38
889	5929	KLIMIUK GRZEGORZ	WISIKITKI		86 M20/242 (M)859	00:45:54	00:44:50	00:22:33	13.38
890	510	ADAMSKA LIDIA	WARSZAWA	THE GREAT SOCIETY, BE METROPOLITAN /	56 K50/2 (K)31	00:45:54	00:45:52	00:22:18	13.08
891	2450	WICIŃSKI ANDRZEJ	WARSZAWA		70 M40/177 (M)860	00:45:54	00:44:46	00:22:30	13.40
892	6116	MARCHEWKA BARTOSZ	WARSZAWA		80 M30/382 (M)861	00:45:55	00:45:26	00:22:17	13.21
893	3824	MEJIA CARLOS	WARSZAWA		75 M30/383 (M)862	00:45:55	00:44:34	00:22:21	13.46
894	3810	SALIŃSKI BARTŁOMIEJ	WARSZAWA		88 M20/243 (M)863	00:45:55	00:44:22	00:21:55	13.52
895	4008	SZYMONIAK TOMEK	WARSZAWA		84 M20/244 (M)864	00:45:56	00:45:03	00:22:11	13.32
896	5037	WALENDZIEWSKI ADAM	WARSZAWA	ING BANK ŚLĄSKI /	82 M20/245 (M)865	00:45:56	00:44:39	00:22:21	13.44
897	2689	SMYK MICHAŁ	WARSZAWA	BEMOVIA /	84 M20/246 (M)866	00:45:56	00:45:25	00:22:12	13.21

21.11.2011 01:31:06



<b>Miejsce Rank</b>	<b>Nr Bib</b>	<b>Nazwisko i imię Name</b>	<b>Miejscowość City</b>	<b>Drużyna / Klub Team / Club</b>	<b>R-k W kat. YoB in Age</b>	<b>Wynik Time</b>	<b>Wynik netto</b>	<b>Wynik 5km</b>	<b>[km/h]</b>
898	344	RÓŻYCKI PATRYK	WARSZAWA		86 M20/247 (M)867	00:45:56	00:45:18	00:22:15	13.25
899	3881	DĘBOWSKI GRZEGORZ	SULEJÓWEK		70 M40/178 (M)868	00:45:56	00:44:49	00:22:31	13.39
900	4000	BARTOSZ MAREK	KRAKÓW		79 M30/384 (M)869	00:45:57	00:44:27	00:22:14	13.50
901	6566	KRAWCZYK MICHAŁ	WARSZAWA		78 M30/385 (M)870	00:45:57	00:44:16	00:22:10	13.55
902	4195	KROENKE MACIEJ	WARSZAWA	FERNPARTNERS /	81 M30/386 (M)871	00:45:57	00:44:22	00:22:04	13.52
903	6419	JASIK PIOTR	WARSZAWA		58 M50/43 (M)872	00:45:57	00:44:36	00:21:51	13.45
904	6969	SOWIŃSKI MARCIN	NOWA IWICZNA	4MS /	69 M40/179 (M)873	00:45:57	00:45:43	00:22:48	13.12
905	4685	KACZOREK ROBERT	WARSZAWA		52 M50/44 (M)874	00:45:57	00:45:07	00:21:58	13.30
906	3766	SULIMA WOJCIECH	WARSZAWA	KLUB KARATE KYOKUSHIN IPPON /	80 M30/387 (M)875	00:45:58	00:44:27	00:21:59	13.50
907	6454	KARCZ JACEK	SULEJÓWEK MIŁOSNA		73 M30/388 (M)876	00:45:58	00:45:05	00:22:06	13.31
908	692	FILEK MIKOŁAJ	PRUSZKÓW	HEMP TEAM PRUSZKÓW /	85 M20/248 (M)877	00:45:58	00:45:14	00:22:28	13.26
909	4520	DWORNIK ALEKSANDER	WARSZAWA		76 M30/389 (M)878	00:45:58	00:44:08	00:22:23	13.60
910	4635	DĄBROWSKI ANDRZEJ	WARSZAWA		74 M30/390 (M)879	00:45:58	00:45:16	00:22:18	13.25
911	2028	WOŹNIAK MICHAŁ	BLIZNE		69 M40/180 (M)880	00:45:59	00:44:41	00:22:34	13.43
912	2955	DAVIES PHILIP	WARSZAWA		70 M40/181 (M)881	00:45:59	00:40:49	00:20:32	14.70
913	5640	KRANZ JACEK	WOŁOSATE		87 M20/249 (M)882	00:45:59	00:44:58	00:23:02	13.34
914	4241	WAŚOWICZ OLGIERD	WARSZAWA		73 M30/391 (M)883	00:45:59	00:44:27	00:22:01	13.50
915	2328	GAŁCZYŃSKI ROBERT	PIEKARY ŚLĄSKIE	CROSS CHORZÓW KAROLINKA /	77 M30/392 (M)884	00:45:59	00:45:21	00:22:23	13.23
916	3027	ŁABIŃSKI MICHAŁ	WARSZAWA		93 M20/250 (M)885	00:46:00	00:44:41	00:22:11	13.43
917	4716	KORNELUK PIOTR	BYDGOSZCZ		77 M30/393 (M)886	00:46:00	00:45:10	00:22:09	13.28
918	145	JENTA AGATA	WARSZAWA	KOMINEK /	91 K20/16 (K)32	00:46:00	00:43:01	00:21:40	13.95
919	4175	SZADURA MAŁGORZATA	SKRZESZEW	GB CHTMO /	65 K40/4 (K)33	00:46:01	00:45:20	00:22:36	13.24
920	3757	MICHALSKI MICHAŁ	SOBIENIE-JEZIORY	KB TP /	76 M30/394 (M)887	00:46:01	00:45:28	00:22:21	13.20
921	6034	KULIŃSKI ARTUR	ORZYSZ	BIEGAJZNAMI.PL /	76 M30/395 (M)888	00:46:01	00:45:07	00:22:20	13.30
922	3517	ZAWADZKI KAMIL	WARSZAWA		79 M30/396 (M)889	00:46:02	00:44:37	00:22:20	13.45
923	5044	SZKWAREK RAFAŁ	PRUSZKÓW		74 M30/397 (M)890	00:46:02	00:44:48	00:22:14	13.39
924	3288	LEWANDOWSKI PAWEŁ	WARSZAWA	KB ACTIVESPORTS WARSZAWA /	80 M30/398 (M)891	00:46:02	00:45:33	00:22:46	13.17
925	3678	LUTY JACEK	WARSZAWA		68 M40/182 (M)892	00:46:03	00:45:04	00:22:37	13.31
926	664	BRZOZOWSKI ANDRZEJ	ZAMOŚĆ	WARSZAWA /	54 M50/45 (M)893	00:46:03	00:45:33	00:22:28	13.17
927	1420	WOŹNIAK JACEK	SKIERNIEWICE		67 M40/183 (M)894	00:46:03	00:44:07	00:22:23	13.60
928	6693	SZYMAŃSKI MACIEJ	BYDGOSZCZ		88 M20/251 (M)895	00:46:03	00:44:59	00:21:41	13.34
929	3300	KARAŚ JOLANTA	SULEJÓWEK		89 K20/17 (K)34	00:46:04	00:44:37	00:22:10	13.45
930	3428	THARON BRUNO	NANCY	KLUB BIEGACZA TP /	70 M40/184 (M)896	00:46:04	00:45:30	00:22:17	13.19
931	2509	CZERNIAWSKI SYLWESTER	KOZUSZKI		67 M40/185 (M)897	00:46:04	00:45:45	00:22:46	13.11
932	6458	SZMAKFEFER MARCIN	WARSZAWA		73 M30/399 (M)898	00:46:04	00:45:29	00:22:28	13.19
933	3502	PIETRZYKOWSKI TOMASZ	N.DWÓR MAZ.	JOGGER /	93 M20/252 (M)899	00:46:04	00:45:57	00:24:28	13.06
934	3630	PODKAŃSKI PAWEŁ	LEGIONOWO		84 M20/253 (M)900	00:46:05	00:45:23	00:22:38	13.22
935	1617	URBAŃSKI MIROSLAW	SIERADZ		69 M40/186 (M)901	00:46:05	00:44:52	00:22:29	13.37
936	4374	SAJNUG RAFAŁ	WARSZAWA		81 M30/400 (M)902	00:46:06	00:45:05	00:22:06	13.31
937	4907	FERRARIS DANILO	WARSZAWA	ART PROFI WARSZAWA /	56 M50/46 (M)903	00:46:06	00:45:26	00:22:43	13.21
938	3195	TELEON PIOTR	WARSZAWA		74 M30/401 (M)904	00:46:07	00:43:13	00:21:29	13.88
939	5517	OWSIEWSKI JAROSŁAW	OSTRÓW MAZOWIECKA		75 M30/402 (M)905	00:46:07	00:45:25	00:23:15	13.21
940	4081	PACHOCKI ROBERT	WARSZAWA		66 M40/187 (M)906	00:46:07	00:44:31	00:22:06	13.48
941	1115	WOJTYŁA PAWEŁ	WARSZAWA	UKS PUŁASKI /	84 M20/254 (M)907	00:46:07	00:44:50	00:22:22	13.38
942	4758	MARCINIAK ŁUKASZ	WARSZAWA	BIEGAMBOLUBIĘ /	81 M30/403 (M)908	00:46:08	00:44:59	00:21:59	13.34
943	7499	MICHALIK ADAM	KRAKÓW		71 M40/188 (M)909	00:46:08	00:45:34	00:22:30	13.17
944	6654	SWOBODA PIOTR	WARSZAWA		78 M30/404 (M)910	00:46:09	00:44:15	00:22:01	13.56
945	5108	ADAMCZEWSKI MAREK	WARSZAWA		70 M40/189 (M)911	00:46:09	00:44:29	00:22:05	13.49
946	5461	DOMAGAŁA JAROSŁAW	WARSZAWA	BIEGAM BO LUBIĘ /	66 M40/190 (M)912	00:46:09	00:43:59	00:21:42	13.64
947	2171	WAWROWSKI JANUSZ		ACTION /	54 M50/47 (M)913	00:46:10	00:45:56	00:22:32	13.06
948	6946	DUNIEC KAMIL	WARSZAWA		87 M20/255 (M)914	00:46:10	00:44:47	00:22:07	13.40
949	1841	BIALIAYEV ALIAKSANDR	WARSZAWA		88 M20/256 (M)915	00:46:10	00:45:20	00:22:01	13.24
950	1250	SMOLIŃSKI MICHAŁ	WARSZAWA	NIEZRZESZONY /	76 M30/405 (M)916	00:46:10	00:45:01	00:21:56	13.33
951	4239	PRZYBYSZ ARTUR	WARSZAWA		83 M20/257 (M)917	00:46:10	00:44:12	00:21:33	13.57
952	4824	SKOWRON MICHAŁ	KRAKÓW		83 M20/258 (M)918	00:46:11	00:45:16	00:21:56	13.25
953	2430	BRZÓSKO MACIEJ	WARSZAWA		75 M30/406 (M)919	00:46:11	00:44:51	00:22:22	13.38
954	3859	DRESLER KRZYSZTOF	WARSZAWA	THE GREAT SOCIETY /	73 M30/407 (M)920	00:46:11	00:46:09	00:22:47	13.00

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Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna / Klub Team / Club	R-k W kat. YoB in Age	Wynik Time	Wynik netto	Wynik 5km	[km/h]
955	2848	MAZAN PRZEMYSŁAW	WARSZAWA	VEGE RUNNERS /	75 M30/408 (M)921	00:46:11	00:45:14	00:22:42	13.26
956	472	ZAWADZKI MICHAŁ	WARSZAWA		96 M20/259 (M)922	00:46:12	00:44:28	00:22:34	13.49
957	2746	BUDNICKI GRZEGORZ	WARSZAWA		55 M50/48 (M)923	00:46:12	00:45:48	00:23:05	13.10
958	2140	BERDYCHOWSKI ZYGMUNT	WARSZAWA	GRUPA BIEGOWA SĄDECCZANIN /	60 M50/49 (M)924	00:46:12	00:44:34	00:22:06	13.46
959	6383	PRZEWÓDZKI JANUSZ	CIECHANÓW	CIECHANÓW /	56 M50/50 (M)925	00:46:12	00:45:28	00:22:59	13.20
960	572	SZYMANIAK MARCIN	WARSZAWA		82 M20/260 (M)926	00:46:13	00:44:27	00:22:22	13.50
961	6892	RYGALSKI MACIEJ	WARSZAWA		75 M30/409 (M)927	00:46:13	00:45:18	00:22:34	13.25
962	2103	ZAJĄC ŁUKASZ	WARSZAWA		86 M20/261 (M)928	00:46:13	00:45:31	00:21:39	13.18
963	5558	TELEŚNICKI GRZEGORZ	WARSZAWA		71 M40/191 (M)929	00:46:14	00:45:04	00:22:39	13.31
964	5357	BOREK TOMASZ	KIELCE		74 M30/410 (M)930	00:46:14	00:44:15	00:22:20	13.56
965	6295	OTRZĄSEK KRZYSZTOF	KATOWICE	TRUCHT TARCHOMIN TEAM /	82 M20/262 (M)931	00:46:15	00:44:40	00:22:06	13.43
966	6442	JEREMICZ MARCIN	GDAŃSK		79 M30/411 (M)932	00:46:15	00:44:39	00:22:10	13.44
967	5103	STARZYŃSKI PIOTR	WARSZAWA		71 M40/192 (M)933	00:46:15	00:44:49	00:22:20	13.39
968	3282	MUTRYNOWSKI PIOTR	WARSZAWA		74 M30/412 (M)934	00:46:15	00:44:16	00:22:05	13.55
969	1839	NOWAK ŁUKASZ	PILAWA DOLNA		80 M30/413 (M)935	00:46:16	00:44:19	00:22:29	13.54
970	1294	RYSZKA BOGUSŁAW	WARSZAWA		64 M40/193 (M)936	00:46:16	00:45:27	00:22:42	13.20
971	1438	HOLDING KENT	WARSZAWA	40ISH SLOW RUNNING BUDDHISTS /	64 M40/194 (M)937	00:46:16	00:45:40	00:22:25	13.14
972	5499	FRELISZEK MARCIN	WARSZAWA		85 M20/263 (M)938	00:46:17	00:44:37	00:22:08	13.45
973	3728	CYPRYAŃSKI PIOTR	MARZENIN		89 M20/264 (M)939	00:46:17	00:46:11	00:22:40	12.99
974	728	TRZASKOWSKI JAROSŁAW	WARSZAWA	LADYKAPITAN.PL /	78 M30/414 (M)940	00:46:17	00:43:15	00:21:08	13.87
975	4821	KLUKOWSKI DARIUSZ	WARSZAWA		65 M40/195 (M)941	00:46:17	00:46:11	00:22:47	12.99
976	3970	MĘCIŃSKI ŁUKASZ	WARSZAWA		73 M30/415 (M)942	00:46:17	00:45:10	00:22:40	13.28
977	153	KWIATKOWSKI OLGIERD	WARSZAWA	GW /	69 M40/196 (M)943	00:46:17	00:45:01	00:22:18	13.33
978	4007	FELIS PAWEŁ	BOBROWIEC		69 M40/197 (M)944	00:46:17	00:45:05	00:22:28	13.31
979	5606	BUGAJSKI ADAM	GDAŃSK	POLANIE /	74 M30/416 (M)945	00:46:17	00:46:01	00:22:31	13.04
980	3714	SAMSEL MARIUSZ	WARSZAWA	BGK /	85 M20/265 (M)946	00:46:18	00:45:24	00:23:20	13.22
981	1080	KIERSKI MICHAŁ	WARSZAWA		81 M30/417 (M)947	00:46:18	00:45:02	00:22:29	13.32
982	4833	KOWALSKI WŁODZIMIERZ	ŁÓDŹ	JATRZĄB 32 BLT ŁASK /	55 M50/51 (M)948	00:46:18	00:45:30	00:22:18	13.19
983	999	ULICZNY PAWEŁ	WARSZAWA	REMBERTÓW TEAM /	74 M30/418 (M)949	00:46:19	00:45:24	00:22:14	13.22
984	882	SYCHOWICZ ŁUKASZ		ZDM /	11 (M)950	00:46:19	00:44:51	00:21:52	13.38
985	2412	DZWONKOWSKI ARKADIUSZ	KRĘPA	KRĘPOSZKA /	78 M30/419 (M)951	00:46:20	00:44:24	00:23:20	13.51
986	6456	WOJCIECHOWSKI PAWEŁ	WARSZAWA		71 M40/198 (M)952	00:46:20	00:44:49	00:22:55	13.39
987	7481	DĄBROWSKI DARIUSZ	PIASECZNO		74 M30/420 (M)953	00:46:20	00:45:38	00:21:49	13.15
988	2585	SATKOWSKI RADOSŁAW	WARSZAWA		73 M30/421 (M)954	00:46:20	00:45:47	00:22:11	13.11
989	2928	KUTER KRZYSZTOF	ZABRZE		82 M20/266 (M)955	00:46:20	00:44:28	00:22:08	13.49
990	4419	JÓZWIK ROBERT	WARSZAWA		76 M30/422 (M)956	00:46:21	00:46:07	00:22:50	13.01
991	3399	SITOWSKI PAWEŁ	WILCZA GÓRA		70 M40/199 (M)957	00:46:21	00:45:00	00:22:18	13.33
992	2501	WOJCIECHOWSKI IRENEUSZ	WARSZAWA		69 M40/200 (M)958	00:46:21	00:46:13	00:22:10	12.98
993	1065	KUCHAREK ZBIGNIEW	WARSZAWA		56 M50/52 (M)959	00:46:21	00:45:59	00:22:28	13.05
994	1810	PENKALA MAREK	RASZYN		72 M30/423 (M)960	00:46:22	00:45:31	00:22:18	13.18
995	923	OLSZÓWKA ROBERT	STARE BABICE	KW POLSKA /	66 M40/201 (M)961	00:46:22	00:45:44	00:22:45	13.12
996	5234	WAWER ROBERT	PROSTKI	ARGEMA.PL /	72 M30/424 (M)962	00:46:23	00:45:52	00:22:26	13.08
997	6184	MRZYGŁOCKI ANDRZEJ	LUBLIN	LUBELSKIE STOWARZYSZENIE BIEGOWE /	62 M40/202 (M)963	00:46:23	00:46:17	00:22:39	12.96
998	747	KOSAK PAWEŁ	OLECKO		83 M20/267 (M)964	00:46:23	00:45:54	00:22:09	13.07
999	5667	ŚCIGALSKI DOMINIK	WARSZAWA		79 M30/425 (M)965	00:46:23	00:46:13	00:22:43	12.98
1000	3002	KWIATKOWSKI MATEUSZ	WARSZAWA		89 M20/268 (M)966	00:46:24	00:44:40	00:22:02	13.43
1001	6315	PATOŁA MACIEJ	IWONICZ ZDRÓJ		83 M20/269 (M)967	00:46:24	00:45:13	00:23:04	13.27
1002	6555	SAKRA DANIEL	WARSZAWA		83 M20/270 (M)968	00:46:25	00:45:47	00:23:15	13.11
1003	6175	MOSUR KAMIL	WARSZAWA		77 M30/426 (M)969	00:46:25	00:46:07	00:22:03	13.01
1004	3820	SIERADZKI RAFAŁ	WARSZAWA		76 M30/427 (M)970	00:46:25	00:44:17	00:22:16	13.55
1005	6746	WARSZYCKI ŁUKASZ	MAJDAN KOZIC DOLNYCH	LUBELSKIE STOWARZYSZENIE BIEGOWE /	83 M20/271 (M)971	00:46:25	00:45:09	00:22:08	13.29
1006	3950	PIETROŃ MIROSŁAW	WARSZAWA	WSB CYTADELA /	60 M50/53 (M)972	00:46:25	00:45:32	00:22:18	13.18
1007	3748	MAJCHER PAWEŁ	LEGIONOWO	BRAK /	84 M20/272 (M)973	00:46:25	00:45:45	00:22:41	13.11
1008	6930	JĘDRZEJEWSKI MAREK	LEGIONOWO		61 M50/54 (M)974	00:46:26	00:46:07	00:22:27	13.01
1009	3206	PLUCIENNIK ARTUR	WARSZAWA		71 M40/203 (M)975	00:46:26	00:44:33	00:22:40	13.47
1010	5778	GODLEWSKA IWONA	OLSZTYN		74 K30/10 (K)35	00:46:26	00:45:39	00:22:39	13.14
1011	4380	KRAJEWSKI MAKSYMILIAN	PIASECZNO		93 M20/273 (M)976	00:46:27	00:44:28	00:22:22	13.49

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Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna / Klub Team / Club	R-k W kat. YoB in Age	Wynik Time	Wynik netto	Wynik 5km	[km/h]
1012	1997	GUGLUSKA ROBERT	WOŁOMIN	PKO_ /	73 M30/428 (M)977	00:46:27	00:46:20	00:22:25	12.95
1013	5208	OLCZAK-PIĘNKOWSKA ANNA	WARSZAWA		78 K30/11 (K)36	00:46:27	00:45:49	00:23:06	13.10
1014	2069	KLEPCZAREK MARCIN	WARSZAWA		87 M20/274 (M)978	00:46:27	00:45:53	00:21:48	13.08
1015	5002	DZIEDZIC WOJTEK	WARSZAWA	ING BANK ŚLĄSKI /	74 M30/429 (M)979	00:46:27	00:43:55	00:22:23	13.66
1016	6991	BRACANOVIĆ DANIEL	RADOM		89 M20/275 (M)980	00:46:28	00:45:16	00:22:27	13.25
1017	832	COLOMBO LUCA	WARSZAWA	ACCELERATE /	80 M30/430 (M)981	00:46:28	00:44:44	00:21:49	13.41
1018	2645	BRODA RAFAŁ	SZCZECIN		82 M20/276 (M)982	00:46:28	00:44:15	00:21:35	13.56
1019	6128	MASZKIEWICZ MICHAŁ	WARSZAWA		80 M30/431 (M)983	00:46:29	00:45:18	00:23:24	13.25
1020	1009	KOZŁOWSKI MAREK	WARSZAWA		71 M40/204 (M)984	00:46:29	00:44:36	00:22:23	13.45
1021	5616	WOŹNIAK SEBASTIAN	WARSZAWA		84 M20/277 (M)985	00:46:29	00:44:34	00:23:16	13.46
1022	4207	SADKOWSKI TOMASZ	WARSZAWA		75 M30/432 (M)986	00:46:29	00:45:22	00:22:33	13.23
1023	2502	MALINOWSKI ADAM	WARSZAWA		66 M40/205 (M)987	00:46:29	00:44:34	00:22:17	13.46
1024	6783	WIŚNIEWSKI TOMASZ	WARSZAWA		70 M40/206 (M)988	00:46:30	00:45:23	00:23:16	13.22
1025	4634	CHRUSZCZEWSKI MIKOŁAJ	WARSZAWA		83 M20/278 (M)989	00:46:30	00:45:36	00:22:23	13.16
1026	1771	JAROSZEWSKIE ŁUKASZ	TORUŃ	RUN TO RUN /	73 M30/433 (M)990	00:46:31	00:44:59	00:22:00	13.34
1027	5274	BAJDOWSKI LESZEK	WARSZAWA	TEAM NUTRILITE /	68 M40/207 (M)991	00:46:31	00:45:27	00:22:55	13.20
1028	3556	LECH MIKOŁAJ	OTWOCK		95 M20/279 (M)992	00:46:31	00:45:26	00:22:31	13.21
1029	3167	KUROWSKI JAKUB	WARSZAWA		83 M20/280 (M)993	00:46:31	00:44:52	00:22:21	13.37
1030	4084	CZERNY DARIUSZ	WARSZAWA		79 M30/434 (M)994	00:46:31	00:45:22	00:21:54	13.23
1031	1742	WIŚNIEWSKI PAWEŁ	PULTUSK	12TRI.PL /	88 M20/281 (M)995	00:46:32	00:44:56	00:22:21	13.35
1032	5610	TALAGA BARTOSZ	WARSZAWA	12TRI.PL / MARATONKA GRAJEWO /	70 M40/208 (M)996	00:46:32	00:45:45	00:22:30	13.11
1033	3138	EL SOUSY KHALED	WARSZAWA		76 M30/435 (M)997	00:46:32	00:45:24	00:22:26	13.22
1034	1615	DŁUGOŁĘCKI SŁAWOMIR	ZARĘBY KOŚCIELNE		60 M50/55 (M)998	00:46:32	00:45:41	00:22:37	13.13
1035	2184	KRUSZEWSKA-SENK AGNIESZKA	WARSZAWA	OBOZYBIEGOWE.PL /	84 K20/18 (K)37	00:46:32	00:44:47	00:22:24	13.40
1036	1487	BRZĘCZEK ROMAN	WARSZAWA		60 M50/56 (M)999	00:46:32	00:45:39	00:22:35	13.14
1037	3972	PAJĄCZKOWSKI ANDRZEJ	WARSZAWA		62 M40/209 (M)1000	00:46:32	00:44:33	00:22:06	13.47
1038	6588	SKOCZEK KACPER	OTWOCK		96 M20/282 (M)1001	00:46:33	00:45:14	00:22:27	13.26
1039	2715	TOKARCZYK SEBASTIAN		RBS BANK /	84 M20/283 (M)1002	00:46:33	00:44:41	00:22:21	13.43
1040	651	WOJDAT LECH	WARSZAWA		53 M50/57 (M)1003	00:46:33	00:44:37	00:22:31	13.45
1041	2763	WYROŻEMSKI ŁUKASZ	WARSZAWA		90 M20/284 (M)1004	00:46:33	00:45:09	00:22:18	13.29
1042	4936	LEWANDOWSKI PAWEŁ	ELK		90 M20/285 (M)1005	00:46:33	00:44:53	00:22:24	13.37
1043	6647	STRZELEC WIESŁAW	RADOM	42.BLSZ /	73 M30/436 (M)1006	00:46:34	00:45:30	00:22:39	13.19
1044	1363	WIERZBICKI ANDRZEJ	WARSZAWA	- /	74 M30/437 (M)1007	00:46:34	00:46:23	00:22:34	12.94
1045	6065	LIS MICHAŁ	GRABINA	ALETEMPO /	79 M30/438 (M)1008	00:46:34	00:45:14	00:22:50	13.26
1046	47	DYJAK MAREK	WARSZAWA	BIEGAM BO LUBIĘ /	61 M50/58 (M)1009	00:46:34	00:44:28	00:22:32	13.49
1047	1051	KONDEJ MARIAN	SOŚNINKA	AVON /	67 M40/210 (M)1010	00:46:34	00:46:08	00:22:40	13.01
1048	2795	KACPURA PIOTR	RADOM		76 M30/439 (M)1011	00:46:34	00:45:31	00:22:39	13.18
1049	5556	SOJKA MICHAŁ	KRAKÓW		71 M40/211 (M)1012	00:46:35	00:45:20	00:22:35	13.24
1050	1024	TENDERENDA JAN	WARSZAWA	DB MARATHON TEAM /	80 M30/440 (M)1013	00:46:36	00:45:21	00:22:54	13.23
1051	666	WYPYCH KRZYSZTOF	WARSZAWA		87 M20/286 (M)1014	00:46:36	00:44:33	00:22:09	13.47
1052	734	MIKINA ARTUR	WARSZAWA	PWPW SA /	59 M50/59 (M)1015	00:46:36	00:46:13	00:22:41	12.98
1053	6825	WYSOCKI RADOSŁAW	SIEDLCE	YULO RUN TEAM SIEDLCE /	74 M30/441 (M)1016	00:46:36	00:45:15	00:22:12	13.26
1054	440	CZAPLARSKI MARIUSZ	PIASECZNO		78 M30/442 (M)1017	00:46:37	00:45:51	00:22:40	13.09
1055	6113	MAŁKIŃSKI JÓZEF	BYDGOSZCZ	NIEZRZSZONY /	57 M50/60 (M)1018	00:46:38	00:45:01	00:22:29	13.33
1056	2222	CELIŃSKI TOMASZ	OTWOCK		68 M40/212 (M)1019	00:46:38	00:46:30	00:22:43	12.90
1057	5190	TRYBUSZKIEWICZ WOJCIECH	WARSZAWA	GENERALI RUNNING TEAM /	72 M30/443 (M)1020	00:46:38	00:45:09	00:22:16	13.29
1058	3903	HOROSZKO MICHAŁ	WARSZAWA		87 M20/287 (M)1021	00:46:38	00:44:58	00:22:03	13.34
1059	4375	OLEJNIK JANUSZ	MICHAŁOWICE		68 M40/213 (M)1022	00:46:38	00:45:47	00:22:37	13.11
1060	417	GEORGEON CHRISTIAN	WARSZAWA		83 M20/288 (M)1023	00:46:38	00:45:01	00:22:19	13.33
1061	1469	POMASKI JAN	WARSZAWA		94 M20/289 (M)1024	00:46:38	00:45:00	00:22:21	13.33
1062	5277	BALA MICHAŁ	ŁÓDŹ	SZAKALE BALUT /	86 M20/290 (M)1025	00:46:39	00:44:05	00:21:56	13.61
1063	5870	JARZYŃKA KRZYSZTOF	LUBLIN		68 M40/214 (M)1026	00:46:39	00:45:15	00:22:48	13.26
1064	3671	NEUGEBAUER CEZARY	WARSZAWA	DELOITTE ADVENTURE TEAM /	87 M20/291 (M)1027	00:46:39	00:45:38	00:22:13	13.15
1065	3743	KŁOS IRENEUSZ	WARSZAWA	BIELANY /	69 M40/215 (M)1028	00:46:39	00:46:04	00:23:02	13.02
1066	3426	WOŁOWIK ARKADIUSZ	WARSZAWA	KB TP /	78 M30/444 (M)1029	00:46:39	00:44:18	00:22:01	13.54
1067	1934	ZGLIŃSKI PIOTR	SULEJÓWEK	PKO_ /	74 M30/445 (M)1030	00:46:40	00:46:19	00:22:05	12.95
1068	765	SERWATKA LECH	WARSZAWA		75 M30/446 (M)1031	00:46:40	00:46:14	00:23:18	12.98

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna / Klub Team / Club	R-k W kat. YoB in Age	Wynik Time	Wynik netto	Wynik 5km	[km/h]
1069	586	KOMOROWSKI PIOTREK	WARSZAWA		83 M20/292 (M)1032	00:46:40	00:46:34	00:22:41	12.88
1070	460	ŚCISŁOWSKI NORBERT	WARKA	KS START PUŁASKI /	82 M20/293 (M)1033	00:46:40	00:45:11	00:22:03	13.28
1071	936	SAKŁAWSKI ADAM	WARSZAWA		80 M30/447 (M)1034	00:46:41	00:45:07	00:22:07	13.30
1072	6443	KONSTANTYNOWICZ KONRAD	WARSZAWA		77 M30/448 (M)1035	00:46:42	00:44:59	00:22:12	13.34
1073	1127	KRYSIEWICZ MARCIN	WARSZAWA		84 M20/294 (M)1036	00:46:42	00:45:02	00:22:39	13.32
1074	36	MITURA ADAM			77 M30/449 (M)1037	00:46:42	00:45:08	00:22:18	13.29
1075	2676	CHYLKOWSKI MARCIN	MICHALOWICE		76 M30/450 (M)1038	00:46:42	00:45:33	00:22:49	13.17
1076	2829	GRUCHACZ ROBERT	WARSZAWA		89 M20/295 (M)1039	00:46:42	00:46:10	00:21:33	13.00
1077	6884	PACIOREK. MARIUSZ	MACIEJOWICE		79 M30/451 (M)1040	00:46:43	00:45:22	00:21:56	13.23
1078	3007	WÓJCIK ROBERT	WARSZAWA		75 M30/452 (M)1041	00:46:43	00:45:49	00:22:32	13.10
1079	5055	PLASOTA JAN	WARSZAWA		75 M30/453 (M)1042	00:46:43	00:46:21	00:22:54	12.94
1080	4732	WILCZEK MIROSŁAW	CELESTYNÓW	- /	79 M30/454 (M)1043	00:46:43	00:45:10	00:22:26	13.28
1081	736	PAŁYSKA MARCIN	WARSZAWA		76 M30/455 (M)1044	00:46:44	00:43:59	00:22:12	13.64
1082	4731	WIŚNIEWSKI LESZEK	KIELPIN	DELOITTE ADVENTURE TEAM /	78 M30/456 (M)1045	00:46:44	00:45:40	00:22:39	13.14
1083	1751	SARNA JAKUB	WARSZAWA	DB MARATHON TEAM /	79 M30/457 (M)1046	00:46:44	00:45:30	00:22:54	13.19
1084	5680	SZABELAK PIOTR	WARSZAWA	TEAM NUTRILITE /	65 M40/216 (M)1047	00:46:44	00:46:15	00:23:18	12.97
1085	2561	TOMCZAK WŁODZIMIERZ	WARSZAWA	AGR WELODROM /	54 M50/61 (M)1048	00:46:44	00:46:23	00:22:30	12.94
1086	6992	GIERCZAK JAKUB	WARSZAWA	RAIFFEISEN LEASING RUNNERS /	79 M30/458 (M)1049	00:46:44	00:45:17	00:22:44	13.25
1087	4472	KOZŁOWSKI JERZY	WARSZAWA		76 M30/459 (M)1050	00:46:44	00:45:38	00:22:05	13.15
1088	3096	MAZUREK MARCIN	WARSZAWA		76 M30/460 (M)1051	00:46:45	00:44:54	00:22:07	13.36
1089	6263	NOWAK SŁAWOMIR	WARSZAWA		70 M40/217 (M)1052	00:46:45	00:44:47	00:22:16	13.40
1090	169	REAUD JULIEN	WARSZAWA	VW SZEWCZYK /	79 M30/461 (M)1053	00:46:45	00:46:35	00:22:47	12.88
1091	1175	KOSIŃSKA KAROLINA	WARSZAWA	12RTI.PL /	86 K20/19 (K)38	00:46:45	00:45:58	00:22:46	13.05
1092	3386	MATYSIAK BARTŁOMIEJ	CZACHÓWEK		80 M30/462 (M)1054	00:46:46	00:45:11	00:22:02	13.28
1093	3321	JAKUBIEC MACIEJ	CZELADŹ		75 M30/463 (M)1055	00:46:46	00:45:50	00:22:57	13.09
1094	2910	STUPALKOWSKI MAREK	WARSZAWA	BIEGAMBOLUBIĘ /	62 M40/218 (M)1056	00:46:47	00:45:11	00:22:13	13.28
1095	4401	ROMAN ADAM	WARSZAWA	BANK PKO BP /12TRI.PL /	85 M20/296 (M)1057	00:46:47	00:46:14	00:22:20	12.98
1096	4192	PIĄTEK BOGDAN	ZIELONKA	LECHICI ZIELONKA /	53 M50/62 (M)1058	00:46:48	00:45:08	00:22:54	13.29
1097	2200	PAWLUCZUK PAWEŁ	WARSZAWA		78 M30/464 (M)1059	00:46:48	00:44:36	00:22:03	13.45
1098	3460	PIĄTEK ŁUKASZ	WARSZAWA		79 M30/465 (M)1060	00:46:49	00:46:30	00:22:38	12.90
1099	2394	MARCHEWKA JAN	WARSZAWA		62 M40/219 (M)1061	00:46:49	00:45:16	00:22:08	13.25
1100	6686	SZYLING-KŁOS MONIKA	WŁOCŁAWEK		74 K30/12 (K)39	00:46:49	00:45:18	00:21:45	13.25
1101	6036	KURAS LESZEK	ALEKSANDRÓW ŁÓDZKI		80 M30/466 (M)1062	00:46:49	00:46:40	00:22:52	12.86
1102	1021	NOWICKI JAROSŁAW	STANISŁAWÓW		70 M40/220 (M)1063	00:46:49	00:44:07	00:22:44	13.60
1103	1822	WŁODARSKI SEBASTIAN	WARSZAWA		78 M30/467 (M)1064	00:46:49	00:46:18	00:23:04	12.96
1104	850	SZYMAŃSKI ROBERT	WARSZAWA-WESOLA		49 M60/9 (M)1065	00:46:50	00:46:29	00:22:39	12.91
1105	1866	PIETRZAK MIECZYSLAW	PIASTÓW		65 M40/221 (M)1066	00:46:50	00:44:36	00:22:01	13.45
1106	2179	BIELIŃSKA ANNA		ACTION /	11 (K)40	00:46:50	00:46:46	00:23:09	12.83
1107	4390	MĘŻYŃSKI PIOTR	ZIELONKA		79 M30/468 (M)1067	00:46:50	00:45:37	00:22:14	13.15
1108	1306	WŁODARSKI MAREK	WARSZAWA		85 M20/297 (M)1068	00:46:51	00:45:51	00:22:16	13.09
1109	3801	RYCHLICA DAMIAN	WARSZAWA		90 M20/298 (M)1069	00:46:51	00:45:03	00:23:16	13.32
1110	6452	ROŻEK ROBERT	WARSZAWA		77 M30/469 (M)1070	00:46:51	00:45:59	00:22:23	13.05
1111	6490	WIŚNIEWSKI ANDRZEJ	OTWOCK	KLUB BIEGACZA PLL LOT /	57 M50/63 (M)1071	00:46:51	00:46:47	00:23:36	12.83
1112	6323	PAWŁOWSKI MARCIN	JABŁONNA	STARA BIDA /	85 M20/299 (M)1072	00:46:51	00:46:08	00:23:07	13.01
1113	1706	HOPPE PAWEŁ	WARSZAWA		74 M30/470 (M)1073	00:46:51	00:46:05	00:22:41	13.02
1114	6287	OPALSKI WOJCIECH	WARSZAWA		74 M30/471 (M)1074	00:46:52	00:45:44	00:23:02	13.12
1115	2186	KONARZEWSKI NORBERT	WARSZAWA		73 M30/472 (M)1075	00:46:52	00:44:19	00:22:29	13.54
1116	3802	FARIAN-NOŻYŃSKA AGNIESZKA	WARSZAWA		83 K20/20 (K)41	00:46:52	00:46:51	00:22:56	12.81
1117	2837	EDWARDS ANDREW	WARSZAWA		67 M40/222 (M)1076	00:46:52	00:42:46	00:22:24	14.03
1118	6112	MAŁAGOWSKI PIOTR	UJAZD	AMATOR /	88 M20/300 (M)1077	00:46:53	00:46:16	00:23:16	12.97
1119	2617	CHROBAK TOMASZ	WARSZAWA	SKANDIA /	79 M30/473 (M)1078	00:46:53	00:45:42	00:22:30	13.13
1120	4251	NAWROT ARKADIUSZ	MIŃSK MAZOWIECKI	KB DREPTAK /	77 M30/474 (M)1079	00:46:53	00:45:24	00:22:51	13.22
1121	181	GIERS TOMASZ	WARSZAWA	VW SZEWCZYK /	62 M40/223 (M)1080	00:46:53	00:46:51	00:22:39	12.81
1122	4676	CHOJECKI ŁUKASZ	WARSZAWA		74 M30/475 (M)1081	00:46:54	00:44:35	00:21:53	13.46
1123	4546	KACPROWSKI TADEUSZ	WARSZAWA		51 M60/10 (M)1082	00:46:54	00:45:36	00:22:35	13.16
1124	4444	MROWIEC MICHAŁ	BOBROWIEC		69 M40/224 (M)1083	00:46:54	00:46:00	00:22:25	13.04
1125	5592	JESINOWICZ BRONISŁAW	WARSZAWA	CENTRUM SYMULACJI I KOMPUTEROWYCH GIER59 W /	M50/64 (M)1084	00:46:55	00:46:04	00:22:49	13.02

21.11.2011 01:31:06

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna / Klub Team / Club	R-k W kat. YoB in Age	Wynik Time	Wynik netto	Wynik 5km	[km/h]
1126	3680	CHRAPOWICKI BARTOSZ	GIŻYCKO		91 M20/301 (M)1085	00:46:55	00:43:15	00:23:02	13.87
1127	4700	FRYDRYCH MARIUSZ	WARSZAWA	WARSZAWA KABATY RUTYNORUNNERS /	59 M50/65 (M)1086	00:46:55	00:46:29	00:22:53	12.91
1128	5727	OTOCKA ANNA	ŁÓDŹ	KLUB - SZAKALE BALUT ŁÓDŹ /	88 K20/21 (K)42	00:46:55	00:45:09	00:22:41	13.29
1129	2744	ROSIŃSKA BARBARA	MILANÓWEK	NIEZRZESZONA /	62 K40/5 (K)43	00:46:56	00:46:11	00:22:41	12.99
1130	6211	ZUBRZYCKI ŁUKASZ	WARSZAWA		86 M20/302 (M)1087	00:46:56	00:46:08	00:21:45	13.01
1131	320	RAJEWSKI ROBERT	WARSZAWA		83 M20/303 (M)1088	00:46:56	00:46:20	00:22:51	12.95
1132	4282	WYGLĄDAŁA ANDRZEJ	OTWOCKI WARSZAWA		77 M30/476 (M)1089	00:46:56	00:46:21	00:22:30	12.94
1133	3804	TOMASZEWSKI DARIUSZ	DĘBLIN		88 M20/304 (M)1090	00:46:56	00:45:50	00:23:01	13.09
1134	6100	MAJDOWSKI MAREK	PRZASNYSZ		73 M30/477 (M)1091	00:46:57	00:46:41	00:23:20	12.85
1135	980	NOWAKOWSKI ROBERT	WARSZAWA		76 M30/478 (M)1092	00:46:57	00:45:02	00:23:23	13.32
1136	345	PUTON ROMAN	WARSZAWA		59 M50/66 (M)1093	00:46:57	00:46:33	00:23:07	12.89
1137	3870	ŚWIDERSKA KATARZYNA	WARSZAWA		71 K40/6 (K)44	00:46:57	00:45:42	00:23:01	13.13
1138	868	DRABAREK ROMUALD	WARSZAWA	BANK ING BANK ŚLĄSKI /	62 M40/225 (M)1094	00:46:58	00:45:44	00:23:06	13.12
1139	1581	DANKOWSKI JAROSŁAW	KARCZEW		75 M30/479 (M)1095	00:46:58	00:45:42	00:22:57	13.13
1140	3106	MALISZEWSKI CEZARY	WARSZAWA	DENAT WARSZAWA /	58 M50/67 (M)1096	00:46:58	00:45:46	00:22:28	13.11
1141	3988	RURKA GRZEGORZ	WARSZAWA		63 M40/226 (M)1097	00:46:59	00:46:17	00:23:12	12.96
1142	4065	WOŹNIAK KAMIL	RADOM		75 M30/480 (M)1098	00:46:59	00:46:50	00:22:49	12.81
1143	502	SIBIGA DARIUSZ	WARSZAWA		64 M40/227 (M)1099	00:47:00	00:46:34	00:23:04	12.88
1144	4229	KLIMEK KRZYSZTOF	WARSZAWA	NIEZRZESZONY /	53 M50/68 (M)1100	00:47:02	00:46:13	00:23:10	12.98
1145	2288	SŁOWIŃSKI MARCIN	GRÓJEC	1 OREL /	84 M20/305 (M)1101	00:47:02	00:45:15	00:22:59	13.26
1146	2214	LENARCZYK KATARZYNA	WARSZAWA		76 K30/13 (K)45	00:47:02	00:46:22	00:22:18	12.94
1147	4428	URBAN ROBERT	WARSZAWA		73 M30/481 (M)1102	00:47:02	00:46:39	00:23:11	12.86
1148	2954	SIKORA KRZYSZTOF	ZAMOŚĆ	T-MOBILE RUNNING TEAM /	80 M30/482 (M)1103	00:47:03	00:44:49	00:22:45	13.39
1149	791	PADIASEK ROBERT	PĘCICE MAŁE		63 M40/228 (M)1104	00:47:03	00:45:37	00:22:34	13.15
1150	2491	BRONISZEWSKI JAKUB	ZĄBKI	PLAY /	75 M30/483 (M)1105	00:47:04	00:45:07	00:22:02	13.30
1151	465	SOKOLIK WIKTOR	SULEJÓWEK		85 M20/306 (M)1106	00:47:04	00:45:40	00:22:19	13.14
1152	5168	SZYLIŃSKI JAKUB	WARSZAWA		63 M40/229 (M)1107	00:47:04	00:46:08	00:22:46	13.01
1153	2695	SACHMATA ROBERT	WARSZAWA	MOTO-PARTNER /	67 M40/230 (M)1108	00:47:05	00:45:38	00:22:54	13.15
1154	6005	KRASZEWSKI MARCIN	WARSZAWA		79 M30/484 (M)1109	00:47:05	00:45:40	00:22:55	13.14
1155	5014	GAJEWSKI PRZEMYSŁAW	WARSZAWA	AGR WELODROM /	75 M30/485 (M)1110	00:47:05	00:45:52	00:22:45	13.08
1156	2916	HAJDUK SZYMON	WARSZAWA		76 M30/486 (M)1111	00:47:06	00:45:27	00:22:53	13.20
1157	4066	MAZURKIEWICZ JANUSZ	RADOM		81 M30/487 (M)1112	00:47:07	00:46:27	00:23:36	12.92
1158	2738	LANGIE ZBIGNIEW	KRAKÓW	RBS BANK /	70 M40/231 (M)1113	00:47:08	00:45:31	00:22:45	13.18
1159	6811	WOŹNICZKA ANDRZEJ	BIAŁYSTOK	BIEGAMBOLUBIĘ /	59 M50/69 (M)1114	00:47:09	00:45:29	00:22:52	13.19
1160	3479	POŚNIK SZYMON	WARSZAWA	MOS 2 WARSZAWA /	93 M20/307 (M)1115	00:47:09	00:45:33	00:22:56	13.17
1161	6928	JĘDRZEJEWSKA DOROTA	LEGIONOWO		95 K20/22 (K)46	00:47:09	00:46:51	00:22:35	12.81
1162	224	SPYCHALSKI RAFAŁ	WARSZAWA		11 (M)1116	00:47:09	00:46:28	00:23:23	12.91
1163	4080	WINIARSKI ROBERT	WARSZAWA	ROBERT /	72 M30/488 (M)1117	00:47:10	00:46:09	00:23:08	13.00
1164	5886	JUCHNIEWICZ ANDRZEJ	LIDZBARK WARMIŃSKI	12TRI.PL /	82 M20/308 (M)1118	00:47:10	00:46:44	00:23:10	12.84
1165	6084	ŁUCZYK JANUSZ	POŚWIĘTNE		79 M30/489 (M)1119	00:47:11	00:47:02	00:22:53	12.76
1166	1030	SZCZEPAŃCZYK ARKADIUSZ	LEGIONOWO	DB MARATHON TEAM /	81 M30/490 (M)1120	00:47:11	00:45:59	00:22:34	13.05
1167	1274	BURSZTYNOWSKI DARIUSZ	WARSZAWA		58 M50/70 (M)1121	00:47:11	00:46:37	00:21:46	12.87
1168	2575	ROEMRYCH PAWEŁ	WARSZAWA		71 M40/232 (M)1122	00:47:11	00:45:28	00:22:18	13.20
1169	4314	LULA ARTUR	BRODNICA		78 M30/491 (M)1123	00:47:12	00:45:26	00:22:59	13.21
1170	5144	NYKA JAN	WARSZAWA		70 M40/233 (M)1124	00:47:12	00:46:46	00:22:42	12.83
1171	6486	KAMIŃSKI TOMASZ	WARSZAWA	- /	86 M20/309 (M)1125	00:47:12	00:45:00	00:22:53	13.33
1172	6769	WIEREMIEJCZUK MARCIN	WARSZAWA		65 M40/234 (M)1126	00:47:13	00:45:53	00:23:35	13.08
1173	190	GRUPIŃSKI PIOTR	WARSZAWA		76 M30/492 (M)1127	00:47:14	00:47:01	00:22:41	12.76
1174	1832	ŚLĘZAK TOMASZ	LEGIONOWO		81 M30/493 (M)1128	00:47:14	00:45:35	00:22:32	13.16
1175	5464	DOROMIEJCZUK ANDRZEJ	KONSTANCIN-JEZIORNA	KKK IPPON KONSTANCIN-JEZIORNA /	67 M40/235 (M)1129	00:47:14	00:45:43	00:22:29	13.12
1176	2731	ZAPAŁOWSKI PAWEŁ	SIEDLCE	LENIWCE.PL /	83 M20/310 (M)1130	00:47:15	00:46:06	00:23:12	13.02
1177	5191	FROŁOW JAKUB	WARSZAWA	IM2010 /	73 M30/494 (M)1131	00:47:16	00:45:42	00:22:55	13.13
1178	3196	JANKOWSKI TADEUSZ	WARSZAWA		61 M50/71 (M)1132	00:47:16	00:47:11	00:23:06	12.72
1179	1408	GAWĘDA RENATA	WARSZAWA	ENTRE.PL TEAM/IM2010 /	61 K50/3 (K)47	00:47:16	00:46:43	00:23:11	12.84
1180	449	BRYŁA JAKUB	WARSZAWA		80 M30/495 (M)1133	00:47:16	00:46:57	00:22:06	12.78
1181	2839	MATCZUK GRZEGORZ	PIASECZNO		71 M40/236 (M)1134	00:47:16	00:45:39	00:22:19	13.14
1182	1145	KALASKA JAKUB	GARWOLIN		75 M30/496 (M)1135	00:47:16	00:47:12	00:22:22	12.71

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna / Klub Team / Club	R-k W kat. YoB in Age	Wynik Time	Wynik netto	Wynik 5km	[km/h]
1183	2493	KOZAL MARCIN	WARSZAWA	PLAY /	76 M30/497 (M)1136	00:47:16	00:45:57	00:22:40	13.06
1184	5631	STRZEŚNIEWSKI MAREK	PIASECZNO	IMPACT TEAM /	57 M50/72 (M)1137	00:47:17	00:46:17	00:23:21	12.96
1185	4618	KOMOR MARCIN	BOROWA GÓRA		81 M30/498 (M)1138	00:47:17	00:45:14	00:22:14	13.26
1186	2687	LIS MAREK	CYBULICE MAŁE		75 M30/499 (M)1139	00:47:17	00:44:48	00:22:41	13.39
1187	2594	KOTECKI WOJTEK	WARSZAWA		77 M30/500 (M)1140	00:47:18	00:45:40	00:22:29	13.14
1188	1717	STELMASZCZYK MACIEJ	WARSZAWA	AKD RIDE OR DIE TEAM /	78 M30/501 (M)1141	00:47:18	00:46:26	00:22:46	12.92
1189	5743	CHOJECKA AGNIESZKA	WARSZAWA		79 K30/14 (K)48	00:47:18	00:46:42	00:21:19	12.85
1190	3099	ŻABIK RADOŚLAW	WARSZAWA	CIUCHCIA /	79 M30/502 (M)1142	00:47:19	00:46:12	00:22:28	12.99
1191	4397	KUSIAK PIOTR	KIELCE	KKL KIELCE--SPRAWNI RAZEM /	65 M40/237 (M)1143	00:47:20	00:45:25	00:22:46	13.21
1192	4051	BRZOZOWY SŁAWOMIR	JABŁONNA		79 M30/503 (M)1144	00:47:20	00:45:27	00:22:44	13.20
1193	874	RYBARSKA EWA	ŁOMIANKI	- /	83 K20/23 (K)49	00:47:20	00:46:21	00:23:31	12.94
1194	3085	MUCHA MICHAŁ	GARWOLIN		88 M20/311 (M)1145	00:47:20	00:45:47	00:22:58	13.11
1195	1307	SŁOWIŃSKI MAREK	WARSZAWA		74 M30/504 (M)1146	00:47:20	00:46:43	00:22:41	12.84
1196	4280	SZYNDLER MARCIN	WARSZAWA	- /	77 M30/505 (M)1147	00:47:21	00:45:24	00:22:28	13.22
1197	2248	SIERY ARTUR	WARSZAWA		57 M50/73 (M)1148	00:47:22	00:45:21	00:22:33	13.23
1198	665	PYŚK KAMIL	OSTROŁĘKA	NKB ROMA /	83 M20/312 (M)1149	00:47:22	00:45:39	00:22:50	13.14
1199	2678	CHYŁKOWSKI MICHAŁ	MILANÓWEK		76 M30/506 (M)1150	00:47:22	00:46:15	00:22:49	12.97
1200	1402	PACZYŃSKI WOJCIECH	WARSZAWA		74 M30/507 (M)1151	00:47:22	00:47:21	00:24:43	12.67
1201	1583	KOWALCZUK ADAM	SIEDLCE		60 M50/74 (M)1152	00:47:23	00:47:03	00:23:11	12.75
1202	6553	SAJ SŁAWOMIR	OSTROŁĘKA	AG BEZ LIMITU OSTROŁĘKA I OKOLICE /	69 M40/238 (M)1153	00:47:23	00:45:32	00:22:23	13.18
1203	3130	POSTEK JAROSŁAW	PIASECZNO		79 M30/508 (M)1154	00:47:23	00:46:16	00:22:26	12.97
1204	7472	DRAŻKOWSKI ROMAN	WARSZAWA		70 M40/239 (M)1155	00:47:24	00:45:48	00:22:37	13.10
1205	4750	WALENDA ARKADIUSZ	LESZNOWOLA	CHŁOPCY Z FERAJNY /	73 M30/509 (M)1156	00:47:24	00:46:25	00:22:42	12.93
1206	1975	PIWKO HALINA	WARSZAWA	PKO_ /	66 K40/7 (K)50	00:47:25	00:47:17	00:24:19	12.69
1207	6964	DEVILLARD RAPHAEL	PIASECZNO		69 M40/240 (M)1157	00:47:25	00:45:57	00:22:41	13.06
1208	3457	ABRAMOWICZ KRZYSZTOF	WARSZAWA		72 M30/510 (M)1158	00:47:25	00:46:53	00:23:38	12.80
1209	5404	CHYLIŃSKI WOJCIECH	KIELCE	KKL KIELCE /	56 M50/75 (M)1159	00:47:25	00:46:22	00:22:50	12.94
1210	3913	PIĄTKOWSKI ANDRZEJ	ZŁOTOKŁOS	KB REBUS /	67 M40/241 (M)1160	00:47:25	00:46:21	00:23:00	12.94
1211	4391	PERLEJEWSKI SEBASTIAN	CIECHANOWIEC		87 M20/313 (M)1161	00:47:27	00:45:27	00:22:36	13.20
1212	5757	GAC WOJCIECH	WARSZAWA		86 M20/314 (M)1162	00:47:27	00:47:08	00:23:43	12.73
1213	5282	BALICKI RAFAŁ	ŁÓDŹ	BIEGACZ NOWOSOLNA /	96 M20/315 (M)1163	00:47:28	00:47:15	00:23:19	12.70
1214	172	MIŁOSZEWSKI RAFAŁ	WARSZAWA	VW SZEWCZYK /	89 M20/316 (M)1164	00:47:28	00:47:15	00:22:41	12.70
1215	5684	SKRZYPczAK JAROSŁAW	WARSZAWA	KB ACTIVE SPORTS WARSZAWA /	67 M40/242 (M)1165	00:47:29	00:46:10	00:23:25	13.00
1216	1192	GARBIEC TOMASZ	WARSZAWA		75 M30/511 (M)1166	00:47:29	00:45:16	00:22:36	13.25
1217	6069	LUBAŃSKI MATEUSZ	JÓZEFÓW		95 M20/317 (M)1167	00:47:29	00:45:19	00:22:40	13.24
1218	6070	LUBAŃSKI SZYMON	JÓZEFÓW		94 M20/318 (M)1168	00:47:30	00:45:19	00:22:40	13.24
1219	2683	KWIECIEŃ MAREK	MARKI	APRIL TEAM /	84 M20/319 (M)1169	00:47:30	00:44:50	00:22:42	13.38
1220	667	LESIAK ROMAN	RADOM		70 M40/243 (M)1170	00:47:30	00:45:39	00:22:44	13.14
1221	6064	LIPKA MATEUSZ	WARSZAWA		87 M20/320 (M)1171	00:47:30	00:47:22	00:24:28	12.67
1222	3168	KOSIOR TOMASZ	PIASECZNO		77 M30/512 (M)1172	00:47:30	00:46:22	00:22:26	12.94
1223	794	BELC PIOTR	WARSZAWA		77 M30/513 (M)1173	00:47:30	00:46:43	00:23:11	12.84
1224	2553	ŁYJAK PIOTR	WARSZAWA	MAPI SPORT /	90 M20/321 (M)1174	00:47:31	00:46:17	00:22:28	12.96
1225	3727	KOSTECKI KRYSZTIAN	BRWINÓW		87 M20/322 (M)1175	00:47:31	00:44:38	00:23:37	13.44
1226	673	OLSZEWSKI SŁAWOMIR	WARSZAWA		85 M20/323 (M)1176	00:47:31	00:46:18	00:22:32	12.96
1227	3363	MAGUZA FILIP	MIŃSK MAZOWIECKI		72 M30/514 (M)1177	00:47:31	00:46:24	00:22:58	12.93
1228	4870	SOBCZAK MICHAŁ	ŁOMIANKI		75 M30/515 (M)1178	00:47:31	00:46:31	00:22:54	12.90
1229	4184	SULICH MARIUSZ	WARSZAWA		76 M30/516 (M)1179	00:47:32	00:46:47	00:23:11	12.83
1230	6859	ZYCH TOMASZ	GOWOROWO	NADLEŚNICTWO OSTROŁĘKA /	49 M60/11 (M)1180	00:47:32	00:46:18	00:22:56	12.96
1231	5309	BELKIEWICZ RAFAŁ	WARSZAWA		80 M30/517 (M)1181	00:47:32	00:46:20	00:22:50	12.95
1232	5568	WCISŁO MAREK	WARSZAWA		70 M40/244 (M)1182	00:47:33	00:46:04	00:22:48	13.02
1233	4616	STUPKIEWICZ EWA	WARSZAWA	BANK PEKAO SA /	72 K30/15 (K)51	00:47:33	00:46:26	00:23:01	12.92
1234	5323	BIEDUNKIEWICZ PIOTR	BRANIEWO		66 M40/245 (M)1183	00:47:33	00:45:46	00:22:27	13.11
1235	4071	DĄBROWSKI PRZEMYSŁAW	WARSZAWA	TEAM NUTRILITE /	87 M20/324 (M)1184	00:47:35	00:46:35	00:23:24	12.88
1236	4126	BIAŁOBRZEZSKI KONRAD	RZĘKUŃ	RZĘKUNIANKA SQUAD /	96 M20/325 (M)1185	00:47:35	00:46:45	00:23:38	12.83
1237	1144	KOT TOMASZ	MIĘTNE		85 M20/326 (M)1186	00:47:36	00:45:53	00:23:24	13.08
1238	1010	KOPACZ BARTŁOMIEJ	WARSZAWA		81 M30/518 (M)1187	00:47:36	00:46:09	00:22:28	13.00
1239	4539	CHROBOK BARTOSZ	JAWORZE	BGŻ LEASING RUNNING TEAM /	76 M30/519 (M)1188	00:47:36	00:45:31	00:23:18	13.18

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Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna / Klub Team / Club	R-k YoB	W kat. in Age	Wynik Time	Wynik netto	Wynik 5km	[km/h]
1240	4834	MILCZAREK JANUSZ	ŁÓDŹ	JASTRZĄB-32.BLT ŁASK /	62	M40/246 (M)1189	00:47:36	00:46:45	00:22:25	12.83
1241	3165	DZIACZYŃSKI MARIUSZ	PIASECZNO	ABC KONDYCJA /	66	M40/247 (M)1190	00:47:36	00:46:04	00:22:44	13.02
1242	3997	LEŚNOWOLSKI PIOTR	WARSZAWA		68	M40/248 (M)1191	00:47:36	00:46:07	00:22:49	13.01
1243	5123	POPLAWSKI MAREK	WARSZAWA		76	M30/520 (M)1192	00:47:36	00:46:32	00:23:32	12.89
1244	2803	WARCHOLIK WITOLD	KRAKÓW		74	M30/521 (M)1193	00:47:37	00:45:57	00:22:55	13.06
1245	4431	ŚWIĘCICKI WOJCIECH	WARSZAWA		63	M40/249 (M)1194	00:47:37	00:46:57	00:22:56	12.78
1246	5519	MOGIŁKA PRZEMYSŁAW	WARSZAWA		75	M30/522 (M)1195	00:47:38	00:46:19	00:23:05	12.95
1247	4718	GAJERSKI SZYMON	OSOWIEC	T-MOBILE RUNNING TEAM /	77	M30/523 (M)1196	00:47:38	00:46:08	00:22:00	13.01
1248	2438	JASTRZĘBSKI DARIUSZ	WARSZAWA		57	M50/76 (M)1197	00:47:39	00:46:28	00:23:03	12.91
1249	4985	DRUŻYŃSKI MICHAŁ	CHYLICZKI		94	M20/327 (M)1198	00:47:39	00:45:57	00:23:19	13.06
1250	5536	BARANOWSKI ZBIGNIEW	MARKI		60	M50/77 (M)1199	00:47:39	00:47:02	00:23:17	12.76
1251	2056	BACHORSKI BOGDAN	PRZASNYSZ		75	M30/524 (M)1200	00:47:39	00:45:49	00:22:42	13.10
1252	3201	BRZEZIŃSKI CEZARY	WARSZAWA		69	M40/250 (M)1201	00:47:40	00:44:06	00:23:34	13.61
1253	6379	PRUSZCZAK KATARZYNA	LUBLIN		86	K20/24 (K)52	00:47:40	00:45:43	00:22:38	13.12
1254	6163	MITRUS MARCIN	LUBLIN	MAX MEDIA ART F.C. /	80	M30/525 (M)1202	00:47:40	00:45:34	00:22:01	13.17
1255	760	SPRENGEL PIOTR	MILANÓWEK		89	M20/328 (M)1203	00:47:41	00:46:52	00:23:02	12.80
1256	2487	KULIK MICHAŁ	WARSZAWA	EDC RUNNERS /	85	M20/329 (M)1204	00:47:41	00:46:36	00:22:52	12.88
1257	4154	CAŁKA PIOTR	WARSZAWA	HYPERMEDIA ISOBAR /	83	M20/330 (M)1205	00:47:41	00:46:10	00:23:00	13.00
1258	2488	MILCZARSKI RAFAŁ	WARSZAWA	EDC RUNNERS /	85	M20/331 (M)1206	00:47:41	00:46:37	00:22:41	12.87
1259	737	OSZMAŃSKI ANDRZEJ	WARSZAWA	MILLENIUM BANK /	82	M20/332 (M)1207	00:47:42	00:47:34	00:22:53	12.61
1260	321	TRACZ JERZY	WARSZAWA		66	M40/251 (M)1208	00:47:42	00:47:18	00:22:29	12.68
1261	3094	KILIAŃSKI RAFAŁ	WARSZAWA		72	M30/526 (M)1209	00:47:42	00:46:07	00:22:41	13.01
1262	3554	DMOCHOWSKI MARCIN	BUDZISZEWO	PUKS ROCH JASIEŃCICA /	89	M20/333 (M)1210	00:47:42	00:45:51	00:22:31	13.09
1263	656	DRABOT KAZIMIERZ	OSTROŁĘKA		67	M40/252 (M)1211	00:47:43	00:47:16	00:23:00	12.69
1264	6009	KRÓL JAROSŁAW	ŻELECHÓW		87	M20/334 (M)1212	00:47:43	00:46:30	00:23:19	12.90
1265	6139	MICHALSKI ROBERT	WOŁOMIN		82	M20/335 (M)1213	00:47:43	00:46:07	00:23:30	13.01
1266	1146	KALASKA BARTŁOMIEJ	GARWOLIN		86	M20/336 (M)1214	00:47:43	00:47:39	00:22:56	12.59
1267	6763	WIECZOREK KONSTANTY	BIAŁOBRZEGI	PILICA BIAŁOBRZEGI /	69	M40/253 (M)1215	00:47:43	00:47:20	00:22:43	12.68
1268	1011	KOWALSKI GRZEGORZ	PULTUSK		84	M20/337 (M)1216	00:47:44	00:47:25	00:22:40	12.65
1269	6058	LEWANDOWSKI KRZYSZTOF	RACIĄŻ		79	M30/527 (M)1217	00:47:44	00:46:34	00:24:04	12.88
1270	2860	ABRAGIMOWICZ NEIL	WARSZAWA		72	M30/528 (M)1218	00:47:44	00:46:14	00:23:02	12.98
1271	4623	REK IWONA	STANISŁAWÓW		88	K20/25 (K)53	00:47:44	00:45:38	00:23:20	13.15
1272	1054	SREBRZYŃSKI ROBERT	PIASECZNO		71	M40/254 (M)1219	00:47:44	00:47:23	00:23:14	12.66
1273	474	FILIPEK CEZARY	ZIELONKA		76	M30/529 (M)1220	00:47:45	00:47:29	00:22:48	12.64
1274	2299	BODĘGA RAFAŁ	WARSZAWA		76	M30/530 (M)1221	00:47:46	00:46:30	00:23:12	12.90
1275	4890	KORKOSZ ANDRZEJ	WARSZAWA	GROTY TEAM /	77	M30/531 (M)1222	00:47:46	00:45:49	00:22:38	13.10
1276	5646	WESOŁOWSKI MACIEJ	GRODZISK MAZOWIECKI		78	M30/532 (M)1223	00:47:46	00:47:00	00:23:18	12.77
1277	1376	SUTKOWSKI MICHAŁ	WARSZAWA		62	M40/255 (M)1224	00:47:46	00:46:29	00:23:08	12.91
1278	2344	GROSZKOWSKI HENRYK	WARSZAWA	CROSS WARSZAWA SYRENKA /	54	M50/78 (M)1225	00:47:47	00:47:31	00:23:06	12.63
1279	2389	KOZŁOWSKI TOMASZ			73	M30/533 (M)1226	00:47:47	00:47:45	00:23:33	12.57
1280	2681	SUTARCZYK MAREK	WARSZAWA	BEMOVIA /	55	M50/79 (M)1227	00:47:48	00:47:18	00:22:55	12.68
1281	1014	ŻÓLTOWSKI MACIEJ	WARSZAWA	T-MOBILE RUNNING TEAM /	74	M30/534 (M)1228	00:47:48	00:45:28	00:22:11	13.20
1282	3510	ŚLUSARCZYK PAULINA	N.DWÓR MAZ.	JOGGER /	94	K20/26 (K)54	00:47:48	00:47:42	00:23:39	12.58
1283	6325	PAŹ MARCIN	WARSZAWA	RCZPI /	81	M30/535 (M)1229	00:47:49	00:45:38	00:23:10	13.15
1284	2490	BŁASZCZYK PRZEMYSŁAW	WARSZAWA	PLAY /	84	M20/338 (M)1230	00:47:49	00:46:29	00:23:08	12.91
1285	6517	ROMANEK MAREK	ZAMBRÓW		61	M50/80 (M)1231	00:47:49	00:45:54	00:22:44	13.07
1286	1693	ZACZYKIEWICZ MACIEJ	MILANÓWEK		60	M50/81 (M)1232	00:47:49	00:47:34	00:23:05	12.61
1287	6222	ZWIERZCHOWSKI MACIEJ	WARSZAWA		78	M30/536 (M)1233	00:47:50	00:46:42	00:23:29	12.85
1288	1079	KOZŁOWSKI ADAM	WARSZAWA		62	M40/256 (M)1234	00:47:50	00:46:32	00:22:45	12.89
1289	6246	CHŁOPĄS MARCIN	WARSZAWA	CUE BAR KRAKÓW /	80	M30/537 (M)1235	00:47:50	00:46:12	00:22:21	12.99
1290	5449	DAŁOMIS LESŁAW	TRYŃCZA		77	M30/538 (M)1236	00:47:50	00:45:55	00:22:50	13.07
1291	4850	GRABOWSKI MAREK	WARSZAWA		84	M20/339 (M)1237	00:47:50	00:46:25	00:22:23	12.93
1292	1667	WARMIŃSKI MARCIN	DROHICZYN		84	M20/340 (M)1238	00:47:51	00:47:33	00:22:49	12.62
1293	4003	KRAJEWSKI MACIEJ	WŁOCŁAWEK		71	M40/257 (M)1239	00:47:51	00:46:30	00:22:47	12.90
1294	1933	PASTUŁA URSZULA	WARSZAWA	PKO_ /	70	K40/8 (K)55	00:47:52	00:46:34	00:23:06	12.88
1295	3327	MALISZEWSKI JACEK	WARSZAWA	ENERGOTEL.PL /	74	M30/539 (M)1240	00:47:52	00:46:52	00:22:41	12.80
1296	6320	PAWLIK PIOTR	TYCHY	SAINT-GOBAIN SQUAD /	78	M30/540 (M)1241	00:47:52	00:47:06	00:22:08	12.74

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna / Klub Team / Club	R-k YoB	W kat. in Age	Wynik Time	Wynik netto	Wynik 5km	[km/h]
1297	6472	WYSZOMIERSKI MICHAŁ	WARSZAWA		80	M30/541 (M)1242	00:47:53	00:46:07	00:22:23	13.01
1298	4831	MALEC DAREK	KOZIENICE		70	M40/258 (M)1243	00:47:53	00:47:02	00:22:42	12.76
1299	1032	ARSZELEWSKI BERNARD	PODKOWA LEŚNA	DB MARATHON TEAM /	82	M20/341 (M)1244	00:47:53	00:45:10	00:23:02	13.28
1300	6014	KRUPA LESZEK	WARSZAWA		69	M40/259 (M)1245	00:47:54	00:46:34	00:22:36	12.88
1301	4714	RAPACKI SZYMON	WARSZAWA		85	M20/342 (M)1246	00:47:54	00:47:15	00:23:09	12.70
1302	4596	DITTWALD PIOTR	WARSZAWA		85	M20/343 (M)1247	00:47:55	00:46:16	00:23:03	12.97
1303	601	WYSOCKI WOJCIECH	WARSZAWA		81	M30/542 (M)1248	00:47:55	00:46:12	00:23:27	12.99
1304	866	GRZEGORZEWSKI MARCIN	WARSZAWA	BANK ING BANK ŚLĄSKI /	64	M40/260 (M)1249	00:47:56	00:46:41	00:23:05	12.85
1305	6168	MŁOT DANIEL	OLSZTYN		76	M30/543 (M)1250	00:47:56	00:46:35	00:22:47	12.88
1306	6742	WALESZCZAK PATRYK KAMIL	NASIELSK	CHAMPION NOWY DWÓR MAZOWIECKI /	95	M20/344 (M)1251	00:47:56	00:46:52	00:22:52	12.80
1307	5569	CZAJKOWSKI SŁAWOMIR	NASIELSK		72	M30/544 (M)1252	00:47:57	00:46:18	00:23:19	12.96
1308	2386	NIEWIADOMSKI PIOTR			11	(M)1253	00:47:57	00:46:06	00:22:33	13.02
1309	6366	POCZTARSKI KAROL	MIĘDZYRZEC PODLASKI	ŁEJNY /	88	M20/345 (M)1254	00:47:57	00:46:15	00:23:37	12.97
1310	6020	KRZYKOWSKI PAWEŁ	PRZASNYSZ		73	M30/545 (M)1255	00:47:58	00:47:42	00:23:14	12.58
1311	4606	KAZIMIERSKA WERONIKA	WARSZAWA		86	K20/27 (K)56	00:47:58	00:47:19	00:23:10	12.68
1312	6597	SŁONECKI DOMINIK	WARSZAWA		86	M20/346 (M)1256	00:47:59	00:46:28	00:22:10	12.91
1313	2535	SITNIK MACIEJ	WARKA		90	M20/347 (M)1257	00:47:59	00:46:31	00:23:03	12.90
1314	6571	SĘKOWSKA KATARZYNA	WARSZAWA	PURE POLAND /	82	K20/28 (K)57	00:47:59	00:46:18	00:22:23	12.96
1315	4156	LULKA ANDRZEJ	WARSZAWA		70	M40/261 (M)1258	00:47:59	00:47:12	00:22:54	12.71
1316	5501	GADOMSKA DOMINIKA	WARSAW	POLONIA WARSZAWA /	93	K20/29 (K)58	00:47:59	00:45:10	00:22:49	13.28
1317	6224	ZWIERZCHOWSKI WOJCIECH	WARSZAWA		70	M40/262 (M)1259	00:48:00	00:46:53	00:23:30	12.80
1318	2802	JADŁOWSKI TOMASZ	WARSZAWA	WARSZAWA WILANÓW /	55	M50/82 (M)1260	00:48:01	00:45:58	00:23:27	13.05
1319	1853	CENDROWSKI MARCIN	WARSZAWA		68	M40/263 (M)1261	00:48:02	00:43:42	00:21:55	13.73
1320	3529	MICHALIK MARCIN	WARSZAWA		53	M50/83 (M)1262	00:48:02	00:46:38	00:22:38	12.87
1321	1856	WILCZYŃSKI ROBERT	WARSZAWA		72	M30/546 (M)1263	00:48:02	00:47:36	00:24:00	12.61
1322	6445	MŁYNYEC MAREK	WARSZAWA		74	M30/547 (M)1264	00:48:02	00:46:25	00:22:18	12.93
1323	5377	BUCZEK DARIUSZ	SUŁKOWICE	MARATONY POLSKIE /	75	M30/548 (M)1265	00:48:02	00:47:06	00:22:42	12.74
1324	972	KLUŠKA PIOTR	WARSZAWA		72	M30/549 (M)1266	00:48:03	00:46:45	00:22:53	12.83
1325	1124	TRUSZKOWSKI EMIL	WARSZAWA		87	M20/348 (M)1267	00:48:03	00:46:28	00:22:53	12.91
1326	4512	KLIMEK TOMASZ	WARSZAWA	BIEGAMY Z OCHOTĄ /	68	M40/264 (M)1268	00:48:04	00:46:12	00:23:07	12.99
1327	3866	KULKA MARCIN	PIASTÓW		83	M20/349 (M)1269	00:48:04	00:46:23	00:23:28	12.94
1328	2544	ŚWIĘCICKI MACIEJ	LASKI		70	M40/265 (M)1270	00:48:05	00:45:56	00:22:30	13.06
1329	924	ŚLUSARCZYK BOGUMIŁ	LEGIONOWO	ACCELERATE /	82	M20/350 (M)1271	00:48:05	00:45:39	00:22:28	13.14
1330	683	KUPRANOWICZ MIROSLAW	WARSZAWA		62	M40/266 (M)1272	00:48:06	00:46:30	00:22:22	12.90
1331	6082	ŁUCZAJ ANNA	BIELSKO - BIAŁA	606259871 /	83	K20/30 (K)59	00:48:06	00:47:40	00:23:26	12.59
1332	1672	MALISZEWSKI ANDRZEJ	SZADEK		68	M40/267 (M)1273	00:48:07	00:47:39	00:23:32	12.59
1333	6667	SZELAĞ TOMASZ	MIŃSK MAZOWIECKI		70	M40/268 (M)1274	00:48:07	00:47:32	00:23:29	12.62
1334	6439	FRANECKI PIOTR	RZESZÓW		89	M20/351 (M)1275	00:48:07	00:47:16	00:23:16	12.69
1335	1047	DE GROOT JAN	PIASECZNO	AVON /	69	M40/269 (M)1276	00:48:07	00:46:41	00:22:55	12.85
1336	682	PACHLA JANUSZ	KONSTANTYNÓW ŁÓDZKI		55	M50/84 (M)1277	00:48:07	00:46:31	00:22:22	12.90
1337	6111	MALINOWSKI MARIUSZ	AUGUSTÓW	- /	88	M20/352 (M)1278	00:48:08	00:46:30	00:22:55	12.90
1338	6004	KRASUCKI MACIEJ	BIAŁA PODLASKA		94	M20/353 (M)1279	00:48:08	00:47:55	00:24:27	12.52
1339	4474	PŁOSZCZYŃSKI KRYSZTIAN	WARSZAWA		75	M30/550 (M)1280	00:48:08	00:46:30	00:22:54	12.90
1340	2943	KLUPŚ DAMIAN	WARSZAWA		83	M20/354 (M)1281	00:48:08	00:47:36	00:23:33	12.61
1341	2027	KOWALEWSKI MACIEJ	WARSZAWA		69	M40/270 (M)1282	00:48:08	00:47:06	00:22:57	12.74
1342	1216	MALINOWSKI PAWEŁ	RASZYN		73	M30/551 (M)1283	00:48:09	00:45:29	00:23:08	13.19
1343	1930	IGNACIUK GRZEGORZ	DZIEKANÓW LEŚNY	PKO_ /	76	M30/552 (M)1284	00:48:09	00:47:54	00:23:42	12.53
1344	2510	GALIŃSKI TOMASZ	PIASECZNO		69	M40/271 (M)1285	00:48:09	00:46:40	00:22:30	12.86
1345	5551	GRZELAK JOANNA	WARSZAWA		81	K30/16 (K)60	00:48:09	00:44:52	00:22:43	13.37
1346	2792	GRABOWSKI ROBERT	WARSZAWA		82	M20/355 (M)1286	00:48:09	00:46:18	00:23:33	12.96
1347	4938	MATHIAK RAFAŁ	STARY KRASZEW		76	M30/553 (M)1287	00:48:10	00:45:45	00:23:37	13.11
1348	3818	WOJAS PIOTR	WARSZAWA		61	M50/85 (M)1288	00:48:10	00:46:41	00:23:28	12.85
1349	2727	RYSIEW ROBERT		RBS BANK /	11	(M)1289	00:48:10	00:46:28	00:23:23	12.91
1350	2608	DĘBOWSKI RADOŚLAW		DOWÓDZTWO GARNIZONU WARSZAWA /	73	M30/554 (M)1290	00:48:10	00:45:12	00:23:35	13.27
1351	6060	LEWKOWICZ KRZYSZTOF	WARSZAWA		88	M20/356 (M)1291	00:48:11	00:46:06	00:22:59	13.02
1352	3538	DULIŃSKI MARCIN	WARSZAWA		76	M30/555 (M)1292	00:48:11	00:47:03	00:23:01	12.75
1353	6541	RZECZKOWSKI GRZEGORZ	WARSZAWA		76	M30/556 (M)1293	00:48:11	00:45:43	00:23:02	13.12

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Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna / Klub Team / Club	R-k YoB	W kat. in Age	Wynik Time	Wynik netto	Wynik 5km	[km/h]
1354	452	KOWALSKI BARTOSZ	DĘBLIN		81	M30/557 (M)1294	00:48:11	00:46:57	00:23:35	12.78
1355	710	KUCHARSKI ROBERT	OPACZ KOLONIA	BANK ING /	72	M30/558 (M)1295	00:48:11	00:46:26	00:22:22	12.92
1356	2424	LEONIAK GRZEGORZ	WARSZAWA	ITI ADVENTURE /	66	M40/272 (M)1296	00:48:11	00:47:19	00:22:51	12.68
1357	1143	GUBA RAJMUND	MIĘTNE		76	M30/559 (M)1297	00:48:12	00:48:01	00:22:50	12.50
1358	4116	WALEWSKA AGNIESZKA	WARSZAWA		73	K30/17 (K)61	00:48:12	00:47:13	00:23:16	12.71
1359	3693	FALKOWSKI WOJCIECH	WARSZAWA		88	M20/357 (M)1298	00:48:13	00:46:29	00:23:56	12.91
1360	2767	SKRENCZYŃSKI PIOTR	WARSZAWA		95	M20/358 (M)1299	00:48:13	00:46:26	00:23:18	12.92
1361	840	PERZYNA RAFAŁ	WARSZAWA-URSUS		82	M20/359 (M)1300	00:48:13	00:46:28	00:22:40	12.91
1362	2061	KRAWCZYK WOJCIECH	WARSZAWA		69	M40/273 (M)1301	00:48:14	00:47:18	00:22:54	12.68
1363	314	GRABOWSKI HUBERT	KONSTANCIN-JEZIORNA		78	M30/560 (M)1302	00:48:14	00:47:10	00:22:40	12.72
1364	2758	KRUK ARKADIUSZ	WARSZAWA		71	M40/274 (M)1303	00:48:14	00:47:09	00:23:28	12.73
1365	6668	SZEWCUK ALEKSANDER	WARSZAWA		78	M30/561 (M)1304	00:48:14	00:47:13	00:22:57	12.71
1366	2333	SZYMCZAK PIOTR	ŁÓDŹ	CROSS ŁÓDŹ /	79	M30/562 (M)1305	00:48:14	00:46:38	00:23:22	12.87
1367	5923	KIELT JACEK	ŁAŃCUT		87	M20/360 (M)1306	00:48:14	00:46:19	00:23:16	12.95
1368	646	ADEK MARIUSZ	WARSZAWA		89	M20/361 (M)1307	00:48:15	00:46:18	00:23:15	12.96
1369	3505	JASTRZĘBSKI KRZYSZTOF	N.DWÓR MAZ.	JOGGER /	68	M40/275 (M)1308	00:48:16	00:47:39	00:23:53	12.59
1370	3616	SPADARZEWSKI DARIUSZ	WARSZAWA		82	M20/362 (M)1309	00:48:16	00:46:05	00:23:45	13.02
1371	623	KORZĘTKOWSKI ADAM	WARSZAWA	UNTS WARSZAWA /	79	M30/563 (M)1310	00:48:17	00:46:17	00:23:03	12.96
1372	6164	MITURA PIOTR	LUBLIN	TEAM NUTRILITE /	83	M20/363 (M)1311	00:48:17	00:46:31	00:23:44	12.90
1373	4592	HRYB PAVEL	WARSZAWA	BANK PKO BP /	75	M30/564 (M)1312	00:48:17	00:45:44	00:22:25	13.12
1374	4791	PARSONS ALAN	WARSZAWA-WESOLA	WITC /	81	M30/565 (M)1313	00:48:18	00:44:11	00:22:32	13.58
1375	5278	BALA BARTOSZ	ŁÓDŹ		85	M20/364 (M)1314	00:48:19	00:45:46	00:23:00	13.11
1376	2336	KOŚCIELNIAK MARIAN	N.DWÓR MAZ.	JOGGER /	40	M70/1 (M)1315	00:48:19	00:48:14	00:23:20	12.44
1377	2643	DREL CZUK KRZYSZTOF	ZIELONA GÓRA	K2TEAM.PL /	78	M30/566 (M)1316	00:48:20	00:47:17	00:23:22	12.69
1378	934	OSIŃSKI ARTUR	WARSZAWA		73	M30/567 (M)1317	00:48:21	00:46:15	00:23:15	12.97
1379	6444	MOSSOP ANDREW	WARSZAWA	WITC /	79	M30/568 (M)1318	00:48:21	00:44:14	00:22:33	13.56
1380	5746	SANECKI RAFAŁ	WARSZAWA		80	M30/569 (M)1319	00:48:22	00:48:04	00:23:18	12.48
1381	5597	KONTNY BARTOSZ	WARSZAWA	ACHEOLOGIA UW, NOWA AMA /	71	M40/276 (M)1320	00:48:22	00:46:47	00:23:13	12.83
1382	3294	ORLIŃSKI MICHAŁ	WARSZAWA		90	M20/365 (M)1321	00:48:23	00:45:00	00:23:20	13.33
1383	6727	TYCZYŃSKI ARKADIUSZ	RADOM	NIEZRZESZONY /	75	M30/570 (M)1322	00:48:23	00:46:28	00:22:52	12.91
1384	3711	GONTAR MICHAŁ	WARSZAWA		67	M40/277 (M)1323	00:48:23	00:47:04	00:23:28	12.75
1385	4897	LISIAK JERZY	LUBLIN	PGF CEFARM LUBLIN /	70	M40/278 (M)1324	00:48:23	00:47:02	00:23:05	12.76
1386	5419	CORBI MATHIEU	WARSZAWA		83	M20/366 (M)1325	00:48:23	00:45:43	00:23:04	13.12
1387	307	KOSOBUDZKI GRZEGORZ	WARSZAWA		79	M30/571 (M)1326	00:48:24	00:46:56	00:23:09	12.78
1388	2711	PRÓSZYŃSKI PAWEŁ		RBS BANK /	86	M20/367 (M)1327	00:48:24	00:46:40	00:23:14	12.86
1389	1671	ZALEWSKI PIOTR	WARSZAWA	ALETEMPO /	69	M40/279 (M)1328	00:48:24	00:47:09	00:23:19	12.73
1390	6807	WOJTUNIAK JAROSŁAW	MAŁĘCZYN		75	M30/572 (M)1329	00:48:26	00:47:22	00:23:12	12.67
1391	178	MAKULEC ŁUKASZ	WARSZAWA	VW SZEWCZYK /	85	M20/368 (M)1330	00:48:26	00:48:14	00:23:35	12.44
1392	5129	SALAMONIK CEZARY	WARSZAWA	SITK WARSZAWA /	87	M20/369 (M)1331	00:48:26	00:47:03	00:22:25	12.75
1393	3652	LEŚNIEWSKI IRENEUSZ	WARSZAWA		65	M40/280 (M)1332	00:48:26	00:47:03	00:22:23	12.75
1394	1042	KALIŃSKA JUSTYNA	GARWOLIN	AVON /	81	K30/18 (K)62	00:48:27	00:46:41	00:22:49	12.85
1395	489	ZYCH JAROSŁAW	KIELCE	NIEZRZESZONY /	80	M30/573 (M)1333	00:48:27	00:45:37	00:23:28	13.15
1396	319	STĘPNIAK CEZARY	OZORKÓW		77	M30/574 (M)1334	00:48:28	00:47:11	00:23:52	12.72
1397	6662	SZCZERBA ADAM	OLEŚNICA	KERRY POLSKA OLEŚNICA /	87	M20/370 (M)1335	00:48:28	00:48:02	00:23:36	12.49
1398	5243	KALUŻYŃSKI JAROSŁAW	LEGIONOWO		77	M30/575 (M)1336	00:48:29	00:46:30	00:23:23	12.90
1399	5647	DZIEKAN KRZYSZTOF	PRUSZKÓW	- /	72	M30/576 (M)1337	00:48:29	00:45:41	00:23:01	13.13
1400	6476	RYBKA ZBIGNIEW	WARSZAWA		68	M40/281 (M)1338	00:48:29	00:47:31	00:24:11	12.63
1401	2761	POLAK MARCIN	BUSKO-ZDRÓJ	12TRI.PL /	88	M20/371 (M)1339	00:48:30	00:47:46	00:23:00	12.56
1402	2852	WITKOWSKI TADEUSZ	TARNÓW OPOLSKI	NIEZRZESZONY /	56	M50/86 (M)1340	00:48:30	00:47:59	00:23:15	12.50
1403	6820	WRÓBLEWSKI PIOTR	WARSZAWA		86	M20/372 (M)1341	00:48:30	00:46:19	00:23:16	12.95
1404	5470	DRÓDŹ MARIUSZ	DRAWSKO POMORSKIE		76	M30/577 (M)1342	00:48:30	00:46:04	00:23:27	13.02
1405	2050	TATARCZUK JERZY	WARSZAWA		77	M30/578 (M)1343	00:48:30	00:46:34	00:23:48	12.88
1406	6140	MICHALUK MICHAŁ	LIPNO	YULO RUN TEAM SIEDLCE /	86	M20/373 (M)1344	00:48:31	00:46:59	00:24:21	12.77
1407	6227	BORKOWSKI KAZIMIERZ	TOMASZÓW	AZS UJK /	58	M50/87 (M)1345	00:48:31	00:48:12	00:23:40	12.45
1408	5564	OFICJAŁSKA MARTYNA	KONSTANCIN		94	K20/31 (K)63	00:48:31	00:48:22	00:23:48	12.41
1409	5248	LIPIŃSKI PIOTR	LEGIONOWO		77	M30/579 (M)1346	00:48:32	00:47:12	00:23:40	12.71
1410	4248	SÓJKA MARCIN	WARSZAWA	GT DIVERS /	70	M40/282 (M)1347	00:48:32	00:47:32	00:23:55	12.62



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna / Klub Team / Club	R-k W kat. YoB in Age	Wynik Time	Wynik netto	Wynik 5km	[km/h]
1468	3567	NIEDZIELA ARTUR	WARSZAWA		74 M30/598 (M)1402	00:48:48	00:46:16	00:24:09	12.97
1469	3268	BADELEK ANDRZEJ	BIAŁOBRZEGI		62 M40/300 (M)1403	00:48:48	00:46:25	00:23:16	12.93
1470	6215	MŁYNIEC TOMASZ	WARSZAWA		92 M20/389 (M)1404	00:48:49	00:47:11	00:23:07	12.72
1471	3043	ŚLIWA KRZYSZTOF	TARNOGÓRA		85 M20/390 (M)1405	00:48:50	00:46:46	00:23:13	12.83
1472	6522	ROSZKIEWICZ ROBERT	ZALESIE GÓRNE	RHFITNESS /	79 M30/599 (M)1406	00:48:50	00:48:35	00:23:40	12.35
1473	5398	CHROMIK SŁAWOMIR	MIKOŁÓW		74 M30/600 (M)1407	00:48:50	00:46:46	00:23:27	12.83
1474	1778	KACZYŃSKI ARTUR	WARSZAWA		74 M30/601 (M)1408	00:48:50	00:46:51	00:23:29	12.81
1475	3040	ŚLIWA ANETA	WARSZAWA		85 K20/34 (K)67	00:48:50	00:46:47	00:23:12	12.83
1476	6247	HAPONIUK PAWEŁ	LUBLIN		72 M30/602 (M)1409	00:48:50	00:47:26	00:22:28	12.65
1477	871	KWIATKOWSKI MACIEJ	WARSZAWA		76 M30/603 (M)1410	00:48:51	00:46:48	00:23:19	12.82
1478	1743	PROKOPIUK DARIUSZ	WARSZAWA		66 M40/301 (M)1411	00:48:51	00:46:45	00:23:06	12.83
1479	6505	RABIŃSKI KRZYSZTOF	WARSZAWA		81 M30/604 (M)1412	00:48:51	00:47:43	00:22:58	12.57
1480	2743	PAŁZEWICZ MARIA	WARSZAWA		87 K20/35 (K)68	00:48:51	00:47:00	00:24:12	12.77
1481	3989	ŚWIETLIK ANNA	LEGIONOWO		81 K30/20 (K)69	00:48:53	00:48:08	00:23:58	12.47
1482	5826	HACZYK NATALIA	OPOLE	BIEG OPOLSKI /	73 K30/21 (K)70	00:48:53	00:46:59	00:23:47	12.77
1483	4354	STACHELEK BARTOSZ	DUDY PUSZCZAŃSKIE	- /	91 M20/391 (M)1413	00:48:53	00:45:40	00:23:59	13.14
1484	1066	RYKOWSKI ADAM	WARSZAWA		69 M40/302 (M)1414	00:48:54	00:48:01	00:23:25	12.50
1485	1481	BOBRYK KRZYSZTOF	WARSZAWA		91 M20/392 (M)1415	00:48:54	00:46:24	00:23:06	12.93
1486	5802	GRATYS KATARZYNA	WARSZAWA	ENTRE.PL TEAM /	81 K30/22 (K)71	00:48:54	00:48:39	00:24:16	12.33
1487	976	ZYCH TOMASZ	JASIENICA	12TRI.PL /	91 M20/393 (M)1416	00:48:54	00:48:39	00:24:15	12.33
1488	4289	CYBULSKI PAWEŁ	GŁOSKÓW		84 M20/394 (M)1417	00:48:55	00:47:59	00:23:14	12.50
1489	3530	WALCZAK MICHAŁ	GRODZISK MAZOWIECKI		87 M20/395 (M)1418	00:48:55	00:47:18	00:24:07	12.68
1490	4860	MICHALAK MARIUSZ	WARSZAWA		64 M40/303 (M)1419	00:48:56	00:48:17	00:24:14	12.43
1491	4328	JAROSZCZYK GRZEGORZ	WARSZAWA		79 M30/605 (M)1420	00:48:56	00:47:54	00:23:16	12.53
1492	6404	WALENTA STANISŁAW	WARSZAWA	OBOZYBIEGOWE.PL /	75 M30/606 (M)1421	00:48:57	00:47:10	00:23:31	12.72
1493	6405	WALENTA HANNA	WARSZAWA	OBOZYBIEGOWE.PL /	76 K30/23 (K)72	00:48:57	00:47:11	00:23:30	12.72
1494	6226	KALASKA MACIEJ	GARWOLIN		83 M20/396 (M)1422	00:48:58	00:47:43	00:23:42	12.57
1495	4055	TYSZKIEWICZ WIESŁAW	PSARY NOWINY		68 M40/304 (M)1423	00:48:58	00:48:25	00:23:42	12.39
1496	1619	KILIAN MAREK	WARSZAWA	CUCUMBER PEKARI RUNNING CLUB /	68 M40/305 (M)1424	00:48:58	00:46:41	00:22:51	12.85
1497	5574	GORCZYCA WOJCIECH	TORUŃ		79 M30/607 (M)1425	00:48:58	00:46:41	00:23:26	12.85
1498	691	DĘBSKI RADEK	NOWY DWÓR		93 M20/397 (M)1426	00:48:59	00:45:30	00:23:02	13.19
1499	2539	KROCHMAL ANDRZEJ	WARSZAWA	KB ORIENTUZ /	56 M50/91 (M)1427	00:48:59	00:47:49	00:23:09	12.55
1500	2255	RYDZ MICHAŁ	WARSZAWA		86 M20/398 (M)1428	00:48:59	00:47:51	00:23:24	12.54
1501	801	MIODUSZEWSKI PAWEŁ	WARSZAWA		76 M30/608 (M)1429	00:49:00	00:48:53	00:24:04	12.27
1502	2521	CZUBEK MARIUSZ	KONSTANCJA JEZIORNA		76 M30/609 (M)1430	00:49:00	00:47:11	00:23:48	12.72
1503	4063	STĘPIEŃ MARCIN	LEGIONOWO	CSLII ZEGRZE /	77 M30/610 (M)1431	00:49:00	00:47:13	00:23:53	12.71
1504	5999	KRAJEWSKI BARTEK	MŁAWA	TEMPO MŁAWA /	94 M20/399 (M)1432	00:49:00	00:46:24	00:23:53	12.93
1505	2098	NIWIŃSKI JAKUB	WARSZAWA		83 M20/400 (M)1433	00:49:01	00:47:16	00:22:41	12.69
1506	13	BUKOWSKI JANUSZ	WARSZAWA		56 M50/92 (M)1434	00:49:01	00:47:31	00:22:49	12.63
1507	2017	PAPIERAK WOJCIECH	WIŚNIOWA GÓRA		67 M40/306 (M)1435	00:49:01	00:48:55	00:23:59	12.27
1508	505	WONCHOCKI PRZEMYSŁAW	WARSZAWA		81 M30/611 (M)1436	00:49:01	00:47:16	00:23:07	12.69
1509	1200	MRÓWKA RAFAŁ	ŁĄCKO		83 M20/401 (M)1437	00:49:02	00:47:30	00:24:01	12.63
1510	5815	GRZYMAŁA PAWEŁ	WYSZKÓW		80 M30/612 (M)1438	00:49:02	00:47:40	00:24:04	12.59
1511	5359	BORKOWSKI JERZY	RADOM	BEZ /	51 M60/13 (M)1439	00:49:02	00:48:05	00:23:47	12.48
1512	1302	FARECKI MAREK	WARSZAWA		58 M50/93 (M)1440	00:49:03	00:47:36	00:23:40	12.61
1513	5913	KAZINIEC TOMASZ	KLEWKI		74 M30/613 (M)1441	00:49:03	00:48:39	00:24:20	12.33
1514	3503	PIEKUT ANDRZEJ	N.DWÓR MAZ.	JOGGER /	59 M50/94 (M)1442	00:49:03	00:48:58	00:23:20	12.25
1515	6903	LAMPARSKI KRZYSZTOF	WARSZAWA		87 M20/402 (M)1443	00:49:04	00:46:31	00:24:03	12.90
1516	1195	ROGAŁA SŁAWOMIR	WARSZAWA		60 M50/95 (M)1444	00:49:04	00:47:15	00:23:58	12.70
1517	3786	KAROLAK MARCIN	JÓZEFOSŁAW	KB BUSINESS POWER /	69 M40/307 (M)1445	00:49:04	00:48:21	00:23:52	12.41
1518	3787	PUCHACZ PIOTR	WARSZAWA		74 M30/614 (M)1446	00:49:05	00:47:25	00:23:03	12.65
1519	1902	MAKOWIECKI TOMASZ	GRODZISK MAZOWIECKI		02 (M)1447	00:49:05	00:46:55	00:24:08	12.79
1520	6837	ZARZYCKI WOJCIECH	OSTROŁĘKA	AG BEZ LIMITU OSTROŁĘKA I OKOLICE /	71 M40/308 (M)1448	00:49:05	00:48:51	00:24:25	12.28
1521	4189	PAŁASIEWICZ GRZEGORZ	WARSZAWA		54 M50/96 (M)1449	00:49:05	00:48:21	00:23:58	12.41
1522	1759	RUSIŁOWICZ ANDRZEJ	WARSZAWA	SALES&MORE RUNNERS /	76 M30/615 (M)1450	00:49:05	00:47:36	00:23:19	12.61
1523	1173	FRASUNKIEWICZ ROBERT	WOŁOMIN		71 M40/309 (M)1451	00:49:06	00:47:10	00:23:44	12.72
1524	6027	KUCHARSKI PIOTR	WARSZAWA		87 M20/403 (M)1452	00:49:06	00:46:43	00:23:24	12.84

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna / Klub Team / Club	R-k W kat. YoB in Age	Wynik Time	Wynik netto	Wynik 5km	[km/h]
1525	3070	BURNOS ZBIGNIEW	REGUŁY		75 M30/616 (M)1453	00:49:06	00:48:10	00:23:48	12.46
1526	859	CZEKAJ JUSTYNA	WARSZAWA	ACCELERATE KLUB BIEGACZA ACCENTURE/ DEUT /	81 K30/24 (K)73	00:49:06	00:47:58	00:23:33	12.51
1527	6194	NADRA BARTOSZ	POZNAŃ		88 M20/404 (M)1454	00:49:06	00:46:18	00:23:55	12.96
1528	3193	WRÓBLEWSKI PIOTR	WARSZAWA		73 M30/617 (M)1455	00:49:06	00:48:10	00:23:14	12.46
1529	3534	SZYMANIAK ADAM	TARNOWSKIE GÓRY		81 M30/618 (M)1456	00:49:08	00:47:15	00:22:44	12.70
1530	3609	KOMORNICKI MIKOŁAJ	WARSZAWA		67 M40/310 (M)1457	00:49:08	00:47:33	00:22:34	12.62
1531	1510	ANIOLKOWSKI KRZYSZTOF	WARSZAWA		83 M20/405 (M)1458	00:49:08	00:46:24	00:23:08	12.93
1532	5281	BALICKI JACEK	ŁÓDŹ	BIEGACZ NOWOSOLNA /	63 M40/311 (M)1459	00:49:08	00:48:56	00:24:33	12.26
1533	4495	KOZŁOWSKI MARCIN	WARSZAWA		75 M30/619 (M)1460	00:49:08	00:48:16	00:24:05	12.43
1534	5693	JACHIMEK TOMASZ	JABLONNA	NIE DOTYCZY: /	73 M30/620 (M)1461	00:49:09	00:47:11	00:22:53	12.72
1535	1172	BOGUCKI WŁODZIMIERZ	SĘKOCIN NOWY		61 M50/97 (M)1462	00:49:09	00:47:14	00:23:42	12.70
1536	406	MROZIK JAROSŁAW	LUBLIN	K.B PEREŁKA /	86 M20/406 (M)1463	00:49:09	00:48:31	00:24:08	12.37
1537	4368	DUSZAK PAWEŁ	ZABKI	BRAK /	68 M40/312 (M)1464	00:49:09	00:46:19	00:22:44	12.95
1538	2314	ROGOWSKI MIROŚŁAW	WIELISZEW	POLICJA /	64 M40/313 (M)1465	00:49:09	00:45:25	00:23:58	13.21
1539	1947	KUDLAK MARCIN	MARKI	PKO_ /	79 M30/621 (M)1466	00:49:10	00:48:37	00:22:12	12.34
1540	3107	BALŚ ANDRZEJ	ANTONINÓW	ŚCIEŻKA BIEGOWA,,POLE MOKOTOWSKIE\ \ \ \ \ /	55 M50/98 (M)1467	00:49:10	00:46:31	00:23:09	12.90
1541	3158	KRZAK ANDRZEJ	PRUSZKÓW	. /	66 M40/314 (M)1468	00:49:10	00:47:24	00:23:43	12.66
1542	3509	KAMIŃSKI SZYMON	WARSZAWA		87 M20/407 (M)1469	00:49:10	00:46:33	00:24:34	12.89
1543	2426	MERKYS KAROLIS	WARSZAWA		84 M20/408 (M)1470	00:49:12	00:47:30	00:23:31	12.63
1544	5076	PAWLAK DARIUSZ	WARSZAWA		69 M40/315 (M)1471	00:49:12	00:47:15	00:24:15	12.70
1545	6861	ŻABIŃSKI LECH	GRAJEWO	MARATONKA GRAJEWO /	56 M50/99 (M)1472	00:49:12	00:46:48	00:23:31	12.82
1546	3700	DADAN MAREK	WARSZAWA	RUN4URSUS /	64 M40/316 (M)1473	00:49:12	00:48:12	00:23:34	12.45
1547	6437	KRASUSKI PIOTR	SOCHACZEW		88 M20/409 (M)1474	00:49:13	00:48:24	00:23:46	12.40
1548	5656	MUSTER SZYMON	WARSZAWA		77 M30/622 (M)1475	00:49:14	00:47:32	00:23:20	12.62
1549	5687	GNIADKOWSKI ANDRZEJ	WARSZAWA		81 M30/623 (M)1476	00:49:14	00:47:24	00:23:56	12.66
1550	335	MISZTO MAREK	MIŃSK MAZOWIECKI		75 M30/624 (M)1477	00:49:14	00:47:20	00:23:07	12.68
1551	1464	MAŚLANKA PIOTR	KONSTANCJA JEZIORNA	OPEL RUNNING TEAM /	72 M30/625 (M)1478	00:49:14	00:47:07	00:23:23	12.73
1552	5697	ZWIERSZCHOWSKI MICHAŁ	PRUSZKÓW	12TRI.PL /	81 M30/626 (M)1479	00:49:15	00:47:23	00:23:55	12.66
1553	2403	DESPRES BERNARD	WARSZAWA		67 M40/317 (M)1480	00:49:15	00:48:16	00:23:52	12.43
1554	4351	STACHELEK REMIGIUSZ	WARSZAWA	BBL /	93 M20/410 (M)1481	00:49:15	00:46:07	00:23:43	13.01
1555	5450	DAWIDOWICZ JERZY	POPOWO	TEAM NUTRILITE /	63 M40/318 (M)1482	00:49:15	00:46:16	00:22:49	12.97
1556	3132	STANIÓRSKI ANDRZEJ	WARSZAWA		78 M30/627 (M)1483	00:49:15	00:47:58	00:23:39	12.51
1557	3214	WŁODARCZYK RAFAŁ	WARSZAWA		76 M30/628 (M)1484	00:49:15	00:46:46	00:23:17	12.83
1558	5529	PARFIANOWICZ MARCIN	WARSZAWA		63 M40/319 (M)1485	00:49:15	00:46:49	00:23:01	12.82
1559	3059	CICHONSKA ELŻBIETA	WARSZAWA	TRUCHT TARCHOMIN TEAM /	66 K40/9 (K)74	00:49:16	00:48:03	00:24:07	12.49
1560	2606	WOŁOWSKI MARIUSZ	WYGLEDY	DGW /	73 M30/629 (M)1486	00:49:16	00:46:18	00:23:36	12.96
1561	1697	MACHNACKI MICHAŁ	LEGIONOWO	GRUPA BIEGOWA CHTMO /	76 M30/630 (M)1487	00:49:16	00:47:09	00:23:01	12.73
1562	5056	DOROBA KONRAD	WARSZAWA	KB BIEGAMY Z ZASADAMI /	76 M30/631 (M)1488	00:49:16	00:45:55	00:23:02	13.07
1563	3832	SKOŁOŻYŃSKI TOMASZ	WARSZAWA	AXA RUNNING TEAM /	84 M20/411 (M)1489	00:49:18	00:47:25	00:23:04	12.65
1564	2169	KRAŚKIEWICZ DANIEL		ACTION /	86 M20/412 (M)1490	00:49:18	00:46:23	00:22:53	12.94
1565	5301	BASIŃSKI JERZY	DĘBLIN	BRAK /	73 M30/632 (M)1491	00:49:18	00:47:43	00:23:22	12.57
1566	6169	MOCZYDŁOWSKI ŁUKASZ	WARSZAWA		75 M30/633 (M)1492	00:49:18	00:48:34	00:23:57	12.35
1567	3180	DUSSON ALEXANDRE	PARIS		79 M30/634 (M)1493	00:49:18	00:45:53	00:24:07	13.08
1568	5605	KACPROWICZ TOMASZ	WARSZAWA	DELOITTE ADVENTURE TEAM /	84 M20/413 (M)1494	00:49:18	00:48:34	00:23:57	12.35
1569	5089	MALISZEWSKI WOJCIECH	JÓZEFOSŁAW		74 M30/635 (M)1495	00:49:19	00:47:42	00:23:19	12.58
1570	2533	CHEŃCZYŃSKI PIOTR	WARSZAWA		81 M30/636 (M)1496	00:49:19	00:48:04	00:23:17	12.48
1571	4107	RUSZNIK PAWEŁ	KRASNYSTAW		87 M20/414 (M)1497	00:49:19	00:45:19	00:21:57	13.24
1572	3564	BUDZANOWSKI MIKOŁAJ	KRAKÓW		71 M40/320 (M)1498	00:49:19	00:47:49	00:23:51	12.55
1573	898	GAJDECKI TOMEK	WARSZAWA	ACCELERATE /	78 M30/637 (M)1499	00:49:19	00:47:27	00:23:08	12.64
1574	382	RODAK ADAM	WARSZAWA		91 M20/415 (M)1500	00:49:19	00:47:54	00:23:18	12.53
1575	5361	BOROWIECKI MICHAŁ	KOZIENICE	NA ZDROWIE KOZIENICE /	78 M30/638 (M)1501	00:49:19	00:48:07	00:23:43	12.47
1576	1756	STELMACHOWSKI MICHAŁ	WARSZAWA		82 M20/416 (M)1502	00:49:20	00:47:53	00:23:11	12.53
1577	2992	SERAFIN TOMASZ	WARSZAWA		79 M30/639 (M)1503	00:49:20	00:48:22	00:22:13	12.41
1578	4163	MALISZEWSKI ARTUR	WARSZAWA	ALIOR BANK /	67 M40/321 (M)1504	00:49:20	00:47:21	00:22:56	12.67
1579	3280	FOJT ANNA	WARSZAWA		87 K20/36 (K)75	00:49:20	00:46:59	00:23:33	12.77
1580	2104	TOMCZUK-KUZKA KATARZYNA	WARSZAWA	PURE /	76 K30/25 (K)76	00:49:21	00:47:40	00:23:21	12.59

21.11.2011 01:31:06

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna / Klub Team / Club	R-k W kat. YoB in Age	Wynik Time	Wynik netto	Wynik 5km	[km/h]
1581	2800	KLUZIAK KAMIL	ZIELONKA	12TRI.PL /	85 M20/417 (M)1505	00:49:21	00:47:51	00:23:35	12.54
1582	482	WACHNICKI PAWEŁ	WARSZAWA		83 M20/418 (M)1506	00:49:21	00:48:08	00:23:29	12.47
1583	1915	WRÓBLEWSKI TOMASZ	WARSZAWA		59 M50/100 (M)1507	00:49:21	00:48:38	00:24:20	12.34
1584	3333	IWAŃCZYK PRZEMYSŁAW	WARSZAWA	BIEGAM BO LUBIĘ /	74 M30/640 (M)1508	00:49:21	00:48:10	00:25:16	12.46
1585	3621	ŁOHUTKO PRZEMYSŁAW	WARSZAWA		83 M20/419 (M)1509	00:49:22	00:47:23	00:24:03	12.66
1586	6030	KUCZKOWSKI KRZYSZTOF	POZNAŃ		86 M20/420 (M)1510	00:49:22	00:46:29	00:23:49	12.91
1587	2448	URBANOWSKI MARCIN	KIELCE		77 M30/641 (M)1511	00:49:23	00:47:44	00:23:10	12.57
1588	1028	SŁUPCZYŃSKI TOMASZ	WARSZAWA	DB MARATHON TEAM /	82 M20/421 (M)1512	00:49:23	00:47:05	00:23:33	12.74
1589	3816	PUCEL WOJCIECH	RASZYN	12TRI.PL /	73 M30/642 (M)1513	00:49:23	00:46:40	00:23:43	12.86
1590	1110	KAMIŃSKI MICHAŁ	WARSZAWA	12TRI.PL /	81 M30/643 (M)1514	00:49:24	00:48:05	00:24:14	12.48
1591	4569	BARAŃCZUK KAROL	NOWA IWICZNA	CEVA RUNNERS TEAM /	76 M30/644 (M)1515	00:49:24	00:47:32	00:23:45	12.62
1592	5596	KOMAR MICHAŁ	WARSZAWA	AKTYWNI Z PZU /	75 M30/645 (M)1516	00:49:24	00:48:30	00:24:03	12.37
1593	6282	OLSZEWSKI JAROSŁAW	MŁAWA	TEMPO MŁAWA /	68 M40/322 (M)1517	00:49:24	00:48:07	00:22:56	12.47
1594	1165	KAMIŃSKI ROBERT	WARSZAWA		76 M30/646 (M)1518	00:49:24	00:48:05	00:24:14	12.48
1595	4286	MARCZAK LEONARD	GŁOSKÓW		82 M20/422 (M)1519	00:49:25	00:47:37	00:23:09	12.60
1596	4062	SKUTNIK MARCIN	ZĄBKI	CSLII /	77 M30/647 (M)1520	00:49:26	00:47:37	00:23:49	12.60
1597	1136	BOGDAN WOJCIECH	WARSZAWA		76 M30/648 (M)1521	00:49:26	00:45:43	00:24:03	13.12
1598	6908	BURZYMOWSKI ZBIGNIEW	OLSZTYN	AKM OLSZTYN /	72 M30/649 (M)1522	00:49:26	00:46:53	00:23:36	12.80
1599	2047	PILAT MARIUSZ	WARSZAWA	KLUB BIEGACZA PLL LOT /	63 M40/323 (M)1523	00:49:27	00:48:31	00:24:20	12.37
1600	5065	KĘDZIERSKI DARIUSZ	WARSZAWA		73 M30/650 (M)1524	00:49:27	00:48:30	00:24:18	12.37
1601	3260	ANTOSZEWSKI BARTOSZ	WARSZAWA		82 M20/423 (M)1525	00:49:27	00:47:09	00:24:40	12.73
1602	4988	ZYGMUNT MATEUSZ	SULNOWO	DRUŻYNA SZPIKU /	76 M30/651 (M)1526	00:49:28	00:47:29	00:24:07	12.64
1603	2677	KUBAK WOJCIECH	WARSZAWA		73 M30/652 (M)1527	00:49:29	00:49:09	00:23:41	12.21
1604	3194	SAPAŁA BERNARD	WARSZAWA		72 M30/653 (M)1528	00:49:29	00:46:52	00:23:28	12.80
1605	1779	PRUSZCZAK REMIGIUSZ	MYSIADŁO		76 M30/654 (M)1529	00:49:30	00:48:18	00:24:16	12.42
1606	6189	MUSUR ADAM	OLEŚNICA	KB LUPUS OLEŚNICA /	53 M50/101 (M)1530	00:49:31	00:48:43	00:24:08	12.32
1607	5265	ANTCZAK AGNIESZKA	ŁÓDŹ	BIEGACZ NOWOSOLNA /	76 K30/26 (K)77	00:49:31	00:48:51	00:24:27	12.28
1608	3776	BRODOWSKI MARCIN	WINNICA	LIDER WINNICA /	73 M30/655 (M)1531	00:49:31	00:46:56	00:24:38	12.78
1609	5911	KAWIECKI TOMASZ	PRZASNYSZ	DRUŻYNA SZPIKU /	71 M40/324 (M)1532	00:49:32	00:47:42	00:23:43	12.58
1610	386	SAUERWALD THOMAS	WARSZAWA	LAUFKLUB MARCINIUK /	64 M40/325 (M)1533	00:49:32	00:48:40	00:23:43	12.33
1611	3261	NAJDEREK TOMASZ	POZNAŃ		83 M20/424 (M)1534	00:49:32	00:48:14	00:23:50	12.44
1612	6470	GRYZIAK MICHAŁ	ŁOMIANKI	NIEZRZESZONY /	74 M30/656 (M)1535	00:49:33	00:47:37	00:23:43	12.60
1613	4827	CZUBAKOWSKI SŁAWOMIR	WARSZAWA		64 M40/326 (M)1536	00:49:34	00:49:14	00:23:31	12.19
1614	4847	KACHNIEWSKI MIROSLAW	WARSZAWA		71 M40/327 (M)1537	00:49:34	00:49:28	00:23:26	12.13
1615	3291	LIMINOWICZ ANDRZEJ	WARSZAWA		68 M40/328 (M)1538	00:49:35	00:47:33	00:24:25	12.62
1616	4260	PIETRZAK MARIUSZ	WARSZAWA		75 M30/657 (M)1539	00:49:35	00:48:28	00:24:42	12.38
1617	6235	GÓRSKI TOMASZ	OŻARÓW MAZ.	- /	76 M30/658 (M)1540	00:49:35	00:47:40	00:24:03	12.59
1618	3955	SYTA KRZYSZTOF	WARSZAWA		52 M50/102 (M)1541	00:49:35	00:48:07	00:24:08	12.47
1619	4865	KRZYŻEWSKI TOMASZ	WARSZAWA	JARTOM24.PL /	75 M30/659 (M)1542	00:49:35	00:48:03	00:23:52	12.49
1620	949	MICHAŁOWSKI DANIEL	WARSZAWA		78 M30/660 (M)1543	00:49:36	00:48:16	00:23:26	12.43
1621	4394	DRYGALSKI ADAM	WARSZAWA		80 M30/661 (M)1544	00:49:36	00:47:27	00:23:18	12.64
1622	6824	WYRWAŁ MARCIN	PIASECZNO		72 M30/662 (M)1545	00:49:36	00:48:39	00:24:24	12.33
1623	957	KONTOWSKI RAFAŁ	MICHAŁOWICE	BRAK /	61 M50/103 (M)1546	00:49:36	00:47:34	00:23:49	12.61
1624	5289	BANASZKIEWICZ MARCIN	NASIELSK		81 M30/663 (M)1547	00:49:37	00:47:06	00:23:49	12.74
1625	4023	ZALEWSKI HENRYK	JÓZEFÓW		72 M30/664 (M)1548	00:49:37	00:48:19	00:23:50	12.42
1626	5507	STAWICKI RADOSŁAW	WARSZAWA		70 M40/329 (M)1549	00:49:37	00:47:13	00:23:09	12.71
1627	1815	SZEWCZYK MARIUSZ	BIAŁA RAWSKA		86 M20/425 (M)1550	00:49:37	00:45:18	00:23:14	13.25
1628	4598	BURAK JANUSZ	PIASECZNO		65 M40/330 (M)1551	00:49:38	00:48:48	00:24:44	12.30
1629	6214	WIT BARTŁOMIEJ	WARSZAWA		74 M30/665 (M)1552	00:49:38	00:47:59	00:23:28	12.50
1630	2777	BUSZEWSKI JAKUB	WARSZAWA		86 M20/426 (M)1553	00:49:38	00:47:42	00:23:32	12.58
1631	287	HUTNY EWA	WARSZAWA	ŻOLIBORZ BIEGA /	64 K40/10 (K)78	00:49:38	00:48:00	00:23:58	12.50
1632	2628	LESZCZYŃSKI BARTOSZ	PŁOCK		80 M30/666 (M)1554	00:49:38	00:47:16	00:24:16	12.69
1633	6590	SKORUPIŃSKI JAROSŁAW	RADZYMIN	BRAK /	68 M40/331 (M)1555	00:49:38	00:47:07	00:23:09	12.73
1634	4147	MAŚLAK RADEK	KWIRYNÓW		72 M30/667 (M)1556	00:49:38	00:47:04	00:23:14	12.75
1635	3458	GŁOWACKI JACEK	WARSZAWA	BIEGAMY Z OCHOTĄ /	61 M50/104 (M)1557	00:49:39	00:48:28	00:23:56	12.38
1636	2627	ŻULEWSKI TOMASZ	PŁOCK		81 M30/668 (M)1558	00:49:39	00:47:15	00:24:14	12.70
1637	5899	KANIEWSKA MALWINA	ŁÓDŹ	SZAKALE BAŁUT ŁÓDŹ /	88 K20/37 (K)79	00:49:39	00:47:53	00:23:34	12.53

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Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna / Klub Team / Club	R-k W kat. YoB in Age	Wynik Time	Wynik netto	Wynik 5km	[km/h]
1638	4180	CHYLEWSKI PAWEŁ	BYDGOSZCZ		82 M20/427 (M)1559	00:49:39	00:48:38	00:25:54	12.34
1639	4027	GROCHOWSKA JOANNA	WARSZAWA	BIEGAMY Z OCHOTĄ /	64 K40/11 (K)80	00:49:40	00:48:29	00:23:56	12.38
1640	1508	KRAKOWIAK KAMIL	WARSZAWA		87 M20/428 (M)1560	00:49:40	00:48:19	00:23:18	12.42
1641	2789	BRODA ADAM	PIASTÓW		72 M30/669 (M)1561	00:49:40	00:46:40	00:23:41	12.86
1642	80	SUMISŁAWSKI SEBASTIAN	POZNAŃ	ASICS /	76 M30/670 (M)1562	00:49:41	00:48:01	00:24:12	12.50
1643	4733	NOWAK PIOTR	CELESTYNÓW		67 M40/332 (M)1563	00:49:41	00:48:45	00:24:14	12.31
1644	186	NIECHAJCZYK JACEK	"POZNAŃ		77 M30/671 (M)1564	00:49:41	00:48:03	00:24:10	12.49
1645	1245	KROSCHEL PIOTR	WARSZAWA		68 M40/333 (M)1565	00:49:41	00:49:12	00:23:27	12.20
1646	4949	KREMPA MICHAŁ	WARSZAWA		72 M30/672 (M)1566	00:49:41	00:47:49	00:23:50	12.55
1647	944	WILCZEWSKI JAROSŁAW	PIASTÓW	WOLF TEAM /	71 M40/334 (M)1567	00:49:41	00:47:34	00:22:40	12.61
1648	3807	STĘPNIAK MICHAŁ	ZAMOŚĆ		88 M20/429 (M)1568	00:49:41	00:48:32	00:24:17	12.36
1649	5497	FRAĆKOWIAK FILIP	WARSZAWA		80 M30/673 (M)1569	00:49:41	00:47:47	00:23:56	12.56
1650	2235	KOWALSKI ADAM	BIALA PODLASKA		57 M50/105 (M)1570	00:49:42	00:47:21	00:23:50	12.67
1651	3764	ZAWISTOWSKI PIOTR	WARSZAWA		85 M20/430 (M)1571	00:49:42	00:47:56	00:23:51	12.52
1652	136	ARTWIK AGNIESZKA	WARSZAWA	KOMINEK /	87 K20/38 (K)81	00:49:42	00:48:40	00:24:12	12.33
1653	4494	MATLAK RYSZARD	WARSZAWA		71 M40/335 (M)1572	00:49:43	00:48:51	00:23:24	12.28
1654	3016	SKRZESZEWSKI GRZEGORZ	WARSZAWA WESOLA		58 M50/106 (M)1573	00:49:43	00:49:35	00:23:42	12.10
1655	6459	CZWARNOK BŁAŻEJ	WARSZAWA		82 M20/431 (M)1574	00:49:43	00:48:18	00:22:39	12.42
1656	5395	CHODKOWSKI MARCIN	CIECHANÓW		85 M20/432 (M)1575	00:49:44	00:48:22	00:23:57	12.41
1657	716	KWIATKOWSKI MICHAŁ	WARSZAWA		79 M30/674 (M)1576	00:49:44	00:47:55	00:24:45	12.52
1658	4331	PIÓRKOWSKI MICHAŁ	WARSZAWA		80 M30/675 (M)1577	00:49:44	00:48:27	00:24:04	12.38
1659	3010	GRZANECKI RAFAŁ	WARSZAWA		75 M30/676 (M)1578	00:49:44	00:47:54	00:24:45	12.53
1660	4960	JAKUBIAK MARCIN	WARSZAWA		78 M30/677 (M)1579	00:49:44	00:48:03	00:24:27	12.49
1661	6851	ZIELIŃSKI KAROL	ZĄBKI		57 M50/107 (M)1580	00:49:45	00:47:50	00:23:21	12.54
1662	3889	BIAŁEK PAWEŁ	PIASECZNO		66 M40/336 (M)1581	00:49:45	00:48:16	00:23:47	12.43
1663	4158	BAJENA JAN	WARSZAWA		92 M20/433 (M)1582	00:49:45	00:48:17	00:23:37	12.43
1664	1750	BORUCIŃSKI PAWEŁ	KLAUDYN		59 M50/108 (M)1583	00:49:45	00:49:22	00:23:50	12.15
1665	504	GAWRON RAFAŁ	WARSZAWA		87 M20/434 (M)1584	00:49:46	00:47:40	00:22:40	12.59
1666	1260	MAMLA ZBIGNIEW	WARSZAWA	TRUCHT TARCHOMIN TEAM /	70 M40/337 (M)1585	00:49:46	00:48:33	00:23:50	12.36
1667	848	BLAUTENBERG LESZEK	WARSZAWA-WESOLA		64 M40/338 (M)1586	00:49:46	00:48:08	00:24:17	12.47
1668	2101	WĄGRODZKI PIOTR	GARWOLIN		73 M30/678 (M)1587	00:49:48	00:48:42	00:24:06	12.32
1669	6451	BRADY P.J.	WARSZAWA		81 M30/679 (M)1588	00:49:49	00:47:19	00:25:01	12.68
1670	4952	KAMIŃSKI MIROSLAW	WARSZAWA		67 M40/339 (M)1589	00:49:49	00:48:24	00:24:04	12.40
1671	5954	KOŃPA KRZYSZTOF	BRODNICA		71 M40/340 (M)1590	00:49:49	00:49:19	00:23:43	12.17
1672	3401	GŁĄB MARCIN	WARSZAWA		86 M20/435 (M)1591	00:49:49	00:46:10	00:22:59	13.00
1673	457	ŻUK MARCIN	PIASECZNO		74 M30/680 (M)1592	00:49:49	00:49:40	00:24:14	12.08
1674	6230	LIS SYLWESTER	WARSZAWA		71 M40/341 (M)1593	00:49:50	00:48:06	00:23:23	12.47
1675	3544	JURKIEWICZ JAN	WARSZAWA		62 M40/342 (M)1594	00:49:50	00:45:53	00:23:37	13.08
1676	6044	KWIATKOWSKI STEFAN	WARSZAWA		53 M50/109 (M)1595	00:49:50	00:47:23	00:23:06	12.66
1677	5669	DUCH EMIL	WARSZAWA		85 M20/436 (M)1596	00:49:51	00:48:45	00:24:48	12.31
1678	4228	MARKOWSKI MIROSLAW	IZABELIN	KAMPINOSKI PARK NARODOWY /	56 M50/110 (M)1597	00:49:51	00:47:48	00:23:57	12.55
1679	3767	KARWACKI ŁUKASZ	PASEK	PIĘKNI MŁODZIEŃCY /	83 M20/437 (M)1598	00:49:51	00:47:07	00:24:23	12.73
1680	1383	BOGUSZ SEBASTIAN	WARSZAWA		86 M20/438 (M)1599	00:49:51	00:46:26	00:24:13	12.92
1681	4926	SZTERNER ADAM	WARSZAWA		55 M50/111 (M)1600	00:49:52	00:48:43	00:23:45	12.32
1682	5987	KOWALSKI ŁUKASZ	JÓZEFÓW		91 M20/439 (M)1601	00:49:52	00:48:01	00:23:30	12.50
1683	483	BRYGAŁA TOMASZ	WARSZAWA		85 M20/440 (M)1602	00:49:52	00:48:39	00:23:30	12.33
1684	5268	ARAK PIOTR	WARSZAWA		87 M20/441 (M)1603	00:49:53	00:47:42	00:23:40	12.58
1685	2503	LISOWSKI PAWEŁ	WARSZAWA		74 M30/681 (M)1604	00:49:53	00:49:26	00:24:18	12.14
1686	2884	FAHRNI PETER	WARSZAWA	TEAM OPEL /	60 M50/112 (M)1605	00:49:53	00:47:50	00:23:52	12.54
1687	2283	WYPYCH PAWEŁ	BOBROWIEC	HP RUN /	71 M40/343 (M)1606	00:49:53	00:47:21	00:24:00	12.67
1688	1052	KUREK PIOTR	GARWOLIN	AVON /	84 M20/442 (M)1607	00:49:54	00:48:10	00:23:34	12.46
1689	3541	STĘPIEŃ BOGDAN	STANISŁAWÓW	UPLKS STANISŁAWÓW TĘCZA /	64 M40/344 (M)1608	00:49:54	00:48:54	00:22:50	12.27
1690	5095	TETER KAMIL	LUBLIN		85 M20/443 (M)1609	00:49:54	00:48:18	00:23:26	12.42
1691	779	SZAJKOWSKI KRZYSZTOF	WARSZAWA		57 M50/113 (M)1610	00:49:54	00:48:34	00:24:15	12.35
1692	5781	GOLCZEWSKI STANISŁAW	KOBYŁKA		76 M30/682 (M)1611	00:49:54	00:47:51	00:23:58	12.54
1693	1482	BOBRYK KAROL	WARSZAWA		95 M20/444 (M)1612	00:49:54	00:47:22	00:23:49	12.67
1694	5209	JAKUBOWSKI WALDEMAR	ŁÓDŹ		60 M50/114 (M)1613	00:49:54	00:49:17	00:24:34	12.17

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Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna / Klub Team / Club	R-k W kat. YoB in Age	Wynik Time	Wynik netto	Wynik 5km	[km/h]
1695	1135	BORZA MAREK	WARSZAWA		88 M20/445 (M)1614	00:49:55	00:48:07	00:23:29	12.47
1696	6376	PROKOP PAWEŁ	KATOWICE	BEZFORMY.PL /	79 M30/683 (M)1615	00:49:55	00:47:52	00:23:28	12.53
1697	2197	FRAŃCZKOWSKI KRZYSZTOF	ROGOZINO	TKKF PŁOCK /	60 M50/115 (M)1616	00:49:55	00:47:40	00:23:45	12.59
1698	5689	ŚWITALSKI KONRAD	WARSZAWA		75 M30/684 (M)1617	00:49:55	00:48:05	00:23:57	12.48
1699	5513	KUKIELKA RAFAŁ	OSTRÓW MAZOWIECKA		75 M30/685 (M)1618	00:49:56	00:49:14	00:24:16	12.19
1700	1494	PIWKO GRAŻYNA	WARSZAWA	PARK LEŚNY BRÓDNO /	63 K40/12 (K)82	00:49:56	00:48:03	00:23:41	12.49
1701	918	MAJERANOWSKI MARCIN	WARSZAWA		72 M30/686 (M)1619	00:49:57	00:48:36	00:23:56	12.35
1702	2188	KRASNOBORSKI JAKUB	WARSZAWA		81 M30/687 (M)1620	00:49:57	00:47:27	00:23:51	12.64
1703	1931	WAŚNIEWSKI SYLWESTER	WARSZAWA	PKO_ /	71 M40/345 (M)1621	00:49:57	00:49:04	00:24:31	12.23
1704	4528	PIASECKI PAWEŁ	STARE BABICE	FLY AWAY TRAVEL /	82 M20/446 (M)1622	00:49:57	00:49:02	00:24:38	12.24
1705	5252	ABRAMS MODRIS	RIGA	LSC RIGA /	56 M50/116 (M)1623	00:49:58	00:49:53	00:24:15	12.03
1706	3425	WYSOKIŃSKI JERZY	BIAŁA PODLASKA	KB TP /	63 M40/346 (M)1624	00:49:58	00:49:09	00:25:20	12.21
1707	5430	CZAJKOWSKI BŁAŻEJ	WARSZAWA	ACCREO ALL BLUES /	84 M20/447 (M)1625	00:49:58	00:48:10	00:23:57	12.46
1708	128	KRECIELEWSKI LESZEK	WARSZAWA	AMWAY /	59 M50/117 (M)1626	00:49:58	00:49:58	00:26:40	12.01
1709	4828	PARYSEK MARCEL	WARSZAWA		94 M20/448 (M)1627	00:49:59	00:47:37	00:24:06	12.60
1710	5039	SNARSKI PIOTR	WARSZAWA		86 M20/449 (M)1628	00:49:59	00:47:31	00:24:24	12.63
1711	3238	POLIT JUSTYNA	WARSZAWA		82 K20/39 (K)83	00:49:59	00:48:12	00:23:13	12.45
1712	907	PIOTROWSKI RYSZARD	RUSIEC		68 M40/347 (M)1629	00:49:59	00:48:24	00:23:57	12.40
1713	3145	SOCHA JAROSŁAW	WARSZAWA	ZUS /	70 M40/348 (M)1630	00:49:59	00:49:06	00:24:04	12.22
1714	5695	SOLTYS JAKUB	WARSZAWA		84 M20/450 (M)1631	00:49:59	00:48:26	00:23:53	12.39
1715	1323	SOLAREK WOJCIECH	WARSZAWA		87 M20/451 (M)1632	00:49:59	00:47:27	00:24:15	12.64
1716	6871	ŻYTKIEWICZ PIOTR	WARSZAWA		87 M20/452 (M)1633	00:50:00	00:47:27	00:24:28	12.64
1717	142	GUTKOWSKA KAROLINA		KOMINEK /	86 K20/40 (K)84	00:50:00	00:48:59	00:24:03	12.25
1718	2938	SZYMAŃSKI WIESŁAW	PŁOŃSK	PŁOŃSK /	62 M40/349 (M)1634	00:50:00	00:49:46	00:24:56	12.06
1719	3271	ZAJĄC MICHAŁ	KRAKÓW		73 M30/688 (M)1635	00:50:01	00:47:40	00:23:38	12.59
1720	3798	DYCKOWSKI ANDRZEJ	WARSZAWA		62 M40/350 (M)1636	00:50:01	00:48:23	00:24:15	12.40
1721	514	WIERZBICKI ŁUKASZ	WARSZAWA		80 M30/689 (M)1637	00:50:01	00:47:16	00:24:00	12.69
1722	1000	PERET ELA	WARSZAWA	Z KONKURSU /	82 K20/41 (K)85	00:50:01	00:47:54	00:23:53	12.53
1723	6690	SZYMAŃSKI ADRIAN	WARSZAWA	KOCHAM BŁAŻEJA /	83 M20/453 (M)1638	00:50:01	00:48:13	00:23:57	12.44
1724	4912	WILK ARTUR	TARNOBRZEG		95 M20/454 (M)1639	00:50:02	00:47:47	00:24:17	12.56
1725	3679	ŚWIERZYŃSKI ROBERT	WARSZAWA		75 M30/690 (M)1640	00:50:02	00:48:53	00:23:27	12.27
1726	1194	BIADUŃ BOGDAN	WARSZAWA		61 M50/118 (M)1641	00:50:02	00:48:12	00:23:59	12.45
1727	4638	RATAJEWICZ MACIEK	WARSZAWA	BIRBANCI /	80 M30/691 (M)1642	00:50:02	00:47:48	00:23:47	12.55
1728	2471	ZYGMUNT MICHAŁ	KONSTANCJA JEZIORNA	EDC RUNNERS /	84 M20/455 (M)1643	00:50:02	00:49:18	00:24:10	12.17
1729	3011	KAWA PAWEŁ	JÓZEFOSŁAW	VFRPOLAND.COM /	81 M30/692 (M)1644	00:50:02	00:47:13	00:23:42	12.71
1730	6839	ZATOŃSKI ZBIGNIEW	LUBLIN	LUBELSKIE STOWARZYSZENIE BIEGOWE /	77 M30/693 (M)1645	00:50:03	00:48:36	00:23:58	12.35
1731	721	LUTOWSKI MIKOŁAJ	WARSZAWA		91 M20/456 (M)1646	00:50:03	00:49:12	00:24:43	12.20
1732	340	RUTKOWSKI RAFAŁ	PIASECZNO		75 M30/694 (M)1647	00:50:03	00:49:27	00:24:36	12.13
1733	1733	ZIÓŁKOWSKI DARIUSZ	WARSZAWA		72 M30/695 (M)1648	00:50:03	00:47:42	00:23:35	12.58
1734	6429	KSIĘŻNIAK PRZEMYSŁAW	PULAWY	LEASEPLAN /	73 M30/696 (M)1649	00:50:03	00:48:55	00:24:35	12.27
1735	6302	OWORUSZKO JAROSŁAW	WARSZAWA	LEASEPLAN /	71 M40/351 (M)1650	00:50:04	00:48:56	00:24:35	12.26
1736	862	WIŚNIEWSKI PAWEŁ	RUMAKI RADZIKÓW		73 M30/697 (M)1651	00:50:04	00:48:34	00:24:28	12.35
1737	222	ELIASZ JAROSŁAW	WARSZAWA	DEPARTAMENT SPORTU WYCZYNOWEGO /	11 (M)1652	00:50:04	00:48:43	00:23:36	12.32
1738	2477	DRZEWIECKI MAREK	WARSZAWA	EDC RUNNERS /	78 M30/698 (M)1653	00:50:05	00:48:16	00:23:07	12.43
1739	2870	KOSMAŁA DARIUSZ	WARSZAWA		64 M40/352 (M)1654	00:50:05	00:49:54	00:24:19	12.02
1740	748	ZAPOROWSKI MARCIN	WARSZAWA	DRUŻYNA SZPIKU /	82 M20/457 (M)1655	00:50:05	00:48:08	00:23:46	12.47
1741	5247	PIOTRKOWICZ PAWEŁ	WARSZAWA		77 M30/699 (M)1656	00:50:05	00:49:25	00:23:45	12.14
1742	640	RZEMIENIUK PAWEŁ	JÓZEFOSŁAW		76 M30/700 (M)1657	00:50:05	00:48:31	00:24:04	12.37
1743	59	DZIOBAK TOMASZ	WARSZAWA	COCA COLA /	72 M30/701 (M)1658	00:50:06	00:48:40	00:24:14	12.33
1744	6362	PIWOWARCZYK MARCIN	BRODNICA	NIEZRZESZONY /	73 M30/702 (M)1659	00:50:06	00:49:14	00:25:04	12.19
1745	3340	ŁUKASZUK MICHAŁ	WARSZAWA		80 M30/703 (M)1660	00:50:06	00:47:42	00:23:49	12.58
1746	5393	BOHDANOWICZ ZBIGNIEW	WARSZAWA		78 M30/704 (M)1661	00:50:06	00:49:44	00:23:55	12.06
1747	1447	BOGUSZEWSKI SEBASTIAN	ŁAŃCUT		87 M20/458 (M)1662	00:50:07	00:48:21	00:23:08	12.41
1748	4464	SKOCZYŁAS PAWEŁ	LUBLIN		84 M20/459 (M)1663	00:50:07	00:47:38	00:23:35	12.60
1749	671	ŻUK PAWEŁ	WARSZAWA		75 M30/705 (M)1664	00:50:07	00:49:39	00:23:10	12.08
1750	1456	DZIADOSZ AGNIESZKA	BISZCZA		81 K30/27 (K)86	00:50:07	00:48:26	00:24:18	12.39
1751	3317	KAWECKA KATARZYNA	ŁAWKI		87 K20/42 (K)87	00:50:08	00:47:46	00:24:19	12.56

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Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna / Klub Team / Club	R-k YoB	W kat. in Age	Wynik Time	Wynik netto	Wynik 5km	[km/h]
1752	4421	KWIATKOWSKI MICHAŁ	WARSZAWA		87	M20/460 (M)1665	00:50:08	00:46:59	00:23:22	12.77
1753	4976	WÓJCİK MICHAŁ	KOZIENICE	NA ZDROWIE KOZIENICE /	83	M20/461 (M)1666	00:50:08	00:48:43	00:22:57	12.32
1754	5196	PIOTROWSKI KRZYSZTOF	OLECKO		76	M30/706 (M)1667	00:50:08	00:49:44	00:24:03	12.06
1755	156	STASZAK KATARZYNA	WARSZAWA	GW /	79	K30/28 (K)88	00:50:09	00:49:16	00:24:30	12.18
1756	2622	JEDRZEJEWSKI KONRAD	WARSZAWA	SKANDIA /	73	M30/707 (M)1668	00:50:09	00:47:40	00:23:37	12.59
1757	6387	PRZYBYSZ KRZYSZTOF	WARSZAWA	ART PROF /	69	M40/353 (M)1669	00:50:09	00:49:11	00:24:16	12.20
1758	3235	TYMIRSKI PAWEŁ	WARSZAWA		74	M30/708 (M)1670	00:50:09	00:48:25	00:23:46	12.39
1759	854	KUCZEROWSKI MICHAŁ	WARSZAWA		95	M20/462 (M)1671	00:50:10	00:48:19	00:23:50	12.42
1760	5787	GONTAREK ADAM	STUDZIANKI PANCERNE	KB POŚWIĘTNE /	85	M20/463 (M)1672	00:50:10	00:48:10	00:24:08	12.46
1761	1040	LIŚKIEWICZ JAN	WARSZAWA		96	M20/464 (M)1673	00:50:10	00:48:15	00:23:57	12.44
1762	1783	ŚWISTAK ANNA	WARSZAWA	KB JOGGER NOWY DWÓR MAZOWIECKI /	88	K20/43 (K)89	00:50:10	00:48:18	00:23:35	12.42
1763	2219	WIADERNY TOMASZ	RADOM		66	M40/354 (M)1674	00:50:11	00:46:51	00:23:50	12.81
1764	1072	PACHOŃ ŁUKASZ	WARSZAWA	DB MATATHON TEAM /	69	M40/355 (M)1675	00:50:11	00:49:12	00:24:18	12.20
1765	2323	PETELSKI PAWEŁ	GDAŃSK	CROSS WARSZAWA SYRENKA /	56	M50/119 (M)1676	00:50:11	00:48:24	00:25:01	12.40
1766	3726	WOŁOŻYŃ PAWEŁ	NADARZYN	MINISTERSTWO ROLNICTWA I ROZWOJU WSI /	70	M40/356 (M)1677	00:50:11	00:47:54	00:23:59	12.53
1767	4343	MIKUSEK PAWEŁ	WARSZAWA	AGR WELODROM /	77	M30/709 (M)1678	00:50:11	00:48:10	00:24:04	12.46
1768	6091	MACHNICKI TOMASZ	WARSZAWA		84	M20/465 (M)1679	00:50:12	00:47:07	00:24:00	12.73
1769	4643	WAŚ WOJCIECH	WARSZAWA		59	M50/120 (M)1680	00:50:12	00:49:17	00:24:10	12.17
1770	1394	BADOWSKI JERZY	ŁÓDŹ		74	M30/710 (M)1681	00:50:13	00:46:47	00:24:19	12.83
1771	872	KALINOWSKI LESZEK	WARSZAWA	NIEZALEŻNY /	73	M30/711 (M)1682	00:50:13	00:48:33	00:23:31	12.36
1772	927	SUWALD ANDRZEJ	WARSZAWA	ACCENTURE /	61	M50/121 (M)1683	00:50:13	00:47:04	00:23:57	12.75
1773	3435	PAMUŁA MARCIN	WARSZAWA	KB TP /	79	M30/712 (M)1684	00:50:13	00:47:51	00:23:38	12.54
1774	6223	GARDZIELIK PIOTR	WARSZAWA		72	M30/713 (M)1685	00:50:14	00:48:09	00:23:50	12.46
1775	6921	JĘDRZEJCZYK ROBERT	WARSZAWA	THE GREAT SOCIETY /	67	M40/357 (M)1686	00:50:14	00:50:07	00:24:09	11.97
1776	3055	FERENC ERYK	KĘTRZYN		88	M20/466 (M)1687	00:50:14	00:47:08	00:24:24	12.73
1777	1440	ŁOLIK MARCIN	WARSZAWA		81	M30/714 (M)1688	00:50:14	00:49:24	00:23:48	12.15
1778	2155	KOPEĆ MARCIN		ACTION /	88	M20/467 (M)1689	00:50:15	00:48:30	00:23:00	12.37
1779	1964	GRYZEL ADAM	WARSZAWA	PKO_ /	82	M20/468 (M)1690	00:50:15	00:48:52	00:24:29	12.28
1780	5863	JAMRÓZ MARIOLA	KIELCE	FITNESS CLUB TAO /	69	K40/13 (K)90	00:50:15	00:48:11	00:23:45	12.45
1781	2236	DYDYCZ LESZEK	CHOTOMÓW		68	M40/358 (M)1691	00:50:15	00:46:51	00:23:44	12.81
1782	3491	TORZEWSKI JANUSZ	WARSZAWA		73	M30/715 (M)1692	00:50:15	00:48:35	00:24:41	12.35
1783	3976	ROWIŃSKI TOMASZ	LEONCIN	GOLIAT /	71	M40/359 (M)1693	00:50:16	00:48:40	00:23:54	12.33
1784	5113	OKOŃ MICHAŁ	JULIANÓW		79	M30/716 (M)1694	00:50:16	00:47:41	00:24:14	12.58
1785	4699	PNIEWSKI ZDZISŁAW	PULTUSK		59	M50/122 (M)1695	00:50:16	00:48:15	00:24:34	12.44
1786	1071	KOCZUR JOANNA	KRAKOW	DB MARATHON TEAM /	73	K30/29 (K)91	00:50:16	00:49:16	00:24:18	12.18
1787	4625	REK LESZEK	SUCHOWIZNA		86	M20/469 (M)1696	00:50:17	00:46:25	00:23:09	12.93
1788	2125	MINDA SZYMON	WAŃCHOCK		82	M20/470 (M)1697	00:50:18	00:50:10	00:24:19	11.96
1789	17	KLEPACKA ZOFIA	WARSZAWA		86	K20/44 (K)92	00:50:18	00:49:16	00:24:19	12.18
1790	4357	PRZYBYŁ JACEK	PRUSZKÓW		84	M20/471 (M)1698	00:50:18	00:48:07	00:22:39	12.47
1791	2913	MICHALSKI RAFAŁ	JABŁONNA		73	M30/717 (M)1699	00:50:18	00:47:03	00:25:37	12.75
1792	6868	ŻULIŃSKI ANDRZEJ	WARSZAWA	KARNIOWICE WIEŚ /	75	M30/718 (M)1700	00:50:19	00:49:35	00:23:58	12.10
1793	3416	LENARCZYK ANNA	BŁONIE		77	K30/30 (K)93	00:50:19	00:48:14	00:23:40	12.44
1794	933	TORCHUT FREDERIC	POGORZEL		70	M40/360 (M)1701	00:50:19	00:48:13	00:24:26	12.44
1795	5561	SUMIŃSKI MARIUSZ	JABŁONNA		80	M30/719 (M)1702	00:50:19	00:48:04	00:24:05	12.48
1796	4968	SZCZEŚNIAK PAWEŁ	WARSZAWA		72	M30/720 (M)1703	00:50:19	00:48:14	00:23:40	12.44
1797	3413	HRNCIAR MICHAŁ	WARSZAWA		84	M20/472 (M)1704	00:50:20	00:47:19	00:23:46	12.68
1798	1689	STOMPOR PIOTR	PRZASNYSZ		87	M20/473 (M)1705	00:50:20	00:49:11	00:24:12	12.20
1799	3285	KUROWSKI MARCIN	WARSZAWA		73	M30/721 (M)1706	00:50:20	00:50:00	00:23:46	12.00
1800	6982	LUDWINEK IWONA	WARSZAWA	VEGE RUNNERS /	83	K20/45 (K)94	00:50:20	00:47:33	00:24:05	12.62
1801	3902	SZARPAK DOMINIK	WARSZAWA		94	M20/474 (M)1707	00:50:21	00:50:06	00:23:49	11.98
1802	4349	WÓJCİK GRZEGORZ	WARSZAWA		79	M30/722 (M)1708	00:50:21	00:47:38	00:23:56	12.60
1803	333	JNUSZEWSKI PAWEŁ	WARSZAWA	TRÓJKA /	72	M30/723 (M)1709	00:50:21	00:49:10	00:25:16	12.20
1804	3354	LEWANDOWSKI ROBERT	WARSZAWA		71	M40/361 (M)1710	00:50:21	00:49:53	00:24:02	12.03
1805	3001	KRZEMIŃSKI JACEK	WARSZAWA		82	M20/475 (M)1711	00:50:21	00:49:51	00:27:13	12.04
1806	6095	MADEJ MIROSLAW	KRAKÓW	KRAKÓW /	64	M40/362 (M)1712	00:50:21	00:49:31	00:23:31	12.12
1807	6978	RACZ WOJCIECH	WARSZAWA		90	M20/476 (M)1713	00:50:22	00:47:05	00:23:56	12.74
1808	3208	RÓŻAŃSKI KRZYSZTOF	WARSZAWA		66	M40/363 (M)1714	00:50:22	00:50:02	00:24:45	11.99

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Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna / Klub Team / Club	R-k YoB	W kat. in Age	Wynik Time	Wynik netto	Wynik 5km	[km/h]
1809	3601	MOMOT PIOTR	STARE ZALUBICE		88	M20/477 (M)1715	00:50:22	00:46:11	00:22:40	12.99
1810	328	KARWOWSKI PAWEŁ	WARSZAWA	UKS OLIMPUS /	94	M20/478 (M)1716	00:50:22	00:48:38	00:23:34	12.34
1811	6397	RADOMSKI GRZEGORZ	WOŁOMIN	LECHICI ZIELONKA /	63	M40/364 (M)1717	00:50:22	00:47:10	00:23:48	12.72
1812	6209	JEDLIŃSKI MARCIN	WARSZAWA	EUROZET /	75	M30/724 (M)1718	00:50:22	00:48:46	00:25:26	12.30
1813	6011	KRÓLIKOWSKI ROMAN	KUTNO	2 BMT KUTNO /	72	M30/725 (M)1719	00:50:22	00:48:00	00:24:39	12.50
1814	609	SZWARC KAMIL	PŁOŃSK		89	M20/479 (M)1720	00:50:23	00:49:33	00:24:54	12.11
1815	1910	KANOWNIK MICHAŁ	WARSZAWA	LUXURY RUNNERIIIIIIIIII'S TEAM /	77	M30/726 (M)1721	00:50:23	00:47:57	00:24:24	12.51
1816	4396	SNOPEK MARIUSZ	WARSZAWA	NEVER BACK DOWN /	86	M20/480 (M)1722	00:50:23	00:48:22	00:23:50	12.41
1817	6652	SUSKI MIROSLAW	ZĄBKI		72	M30/727 (M)1723	00:50:23	00:47:29	00:23:37	12.64
1818	6342	PIETRAK HANNA	KOBYŁKA	TEAM NUTRILITE /	54	K50/4 (K)95	00:50:23	00:50:23	00:26:07	11.91
1819	3487	PIETRAŚ AGATA	WARSZAWA	KB PLL LOT /	84	K20/46 (K)96	00:50:23	00:48:33	00:23:57	12.36
1820	174	KUFERA DARIUSZ	WARSZAWA	VW SZEWCZYK /	71	M40/365 (M)1724	00:50:23	00:50:12	00:23:50	11.95
1821	4589	WÓJCİK JAN	RADOM		83	M20/481 (M)1725	00:50:23	00:47:29	00:24:05	12.64
1822	777	GIEŁO ROBERT	WARSZAWA	PLUS /	76	M30/728 (M)1726	00:50:23	00:49:34	00:24:55	12.10
1823	5117	LATUSZEK AGNIESZKA	GARWOLIN	TRUCHTACZ.PL /	70	K40/14 (K)97	00:50:24	00:49:33	00:24:24	12.11
1824	1576	MIKULSKI TOMASZ	WARSZAWA		93	M20/482 (M)1727	00:50:24	00:49:43	00:24:38	12.07
1825	5434	CZARNECKI ADAM	ŁOMIANKI		71	M40/366 (M)1728	00:50:24	00:48:22	00:24:06	12.41
1826	5851	JABLECKI JULIUSZ	WARSZAWA		84	M20/483 (M)1729	00:50:24	00:46:55	00:24:53	12.79
1827	2580	DROZD MACIEJ	WARSZAWA		75	M30/729 (M)1730	00:50:25	00:49:09	00:24:26	12.21
1828	3323	MĘDRZYCKI CEZARY	WARSZAWA		69	M40/367 (M)1731	00:50:25	00:47:21	00:23:38	12.67
1829	3791	DOŁĘGA PIOTR	WARSZAWA		76	M30/730 (M)1732	00:50:25	00:46:52	00:23:29	12.80
1830	4622	SMOLARCZYK MIŁOSZ	WARSZAWA		86	M20/484 (M)1733	00:50:27	00:48:14	00:23:16	12.44
1831	6953	ŚWIDERSKI KRYSZTIAN	WARSZAWA	TEAM NUTRILITE /	96	M20/485 (M)1734	00:50:27	00:47:20	00:23:45	12.68
1832	6679	SZULAK WOJCIECH	ŁÓDŹ		76	M30/731 (M)1735	00:50:27	00:49:28	00:24:28	12.13
1833	4278	MICHAŁOWSKI MARCIN	SKIERNIEWICE		88	M20/486 (M)1736	00:50:29	00:48:19	00:25:05	12.42
1834	305	GRACZYK MICHAŁ	WARSZAWA		97	M20/487 (M)1737	00:50:29	00:48:51	00:23:07	12.28
1835	5061	HADYŚ MARCIN	JÓZEFOSŁAW		79	M30/732 (M)1738	00:50:29	00:49:19	00:24:35	12.17
1836	4898	TARCHALSKI MACIEK	WARSZAWA		69	M40/368 (M)1739	00:50:30	00:49:26	00:24:02	12.14
1837	3192	VINAY GIORGIO	GRODZISK MAZOWIECKI	EDC RUNNERS /	84	M20/488 (M)1740	00:50:30	00:48:42	00:23:08	12.32
1838	2276	PIASECKA MONIKA	WARSZAWA	HP RUN /	75	K30/31 (K)98	00:50:30	00:49:08	00:24:29	12.21
1839	3484	RUTA RAFAŁ	STANISŁAWÓW		94	M20/489 (M)1741	00:50:30	00:47:23	00:22:48	12.66
1840	2583	POPLAWSKI KRZYSZTOF	WARSZAWA		96	M20/490 (M)1742	00:50:30	00:47:35	00:24:26	12.61
1841	359	STANISZEWSKI KRZYSZTOF	WARSZAWA		63	M40/369 (M)1743	00:50:30	00:49:53	00:24:43	12.03
1842	1935	PULKOWNIK MARCIN	PIASECZNO	PKO_ /	77	M30/733 (M)1744	00:50:31	00:46:57	00:24:38	12.78
1843	2453	SIRKO JAROSŁAW	WARSZAWA		76	M30/734 (M)1745	00:50:31	00:48:57	00:24:15	12.26
1844	2998	STARBAŁA MICHAŁ	WARSZAWA	AZAZEL TEAM /	82	M20/491 (M)1746	00:50:32	00:50:28	00:25:21	11.89
1845	332	TŁACZAŁA PIOTR	WARSZAWA		75	M30/735 (M)1747	00:50:32	00:48:30	00:23:49	12.37
1846	2997	PARURA DOMINIK	MILANOWEK	AZAZEL TEAM /	74	M30/736 (M)1748	00:50:32	00:50:29	00:25:22	11.89
1847	4925	ZAPALSKI MICHAŁ	WARSZAWA		82	M20/492 (M)1749	00:50:32	00:50:29	00:25:22	11.89
1848	1314	ŚWIERCZ SŁAWOMIR	WARSZAWA		68	M40/370 (M)1750	00:50:32	00:49:01	00:23:43	12.24
1849	2126	OSADCZUK FILIP	WARSZAWA		80	M30/737 (M)1751	00:50:32	00:48:06	00:24:30	12.47
1850	2423	PROKOP PAWEŁ	WARSZAWA		80	M30/738 (M)1752	00:50:33	00:48:50	00:24:08	12.29
1851	6576	SIEDLECKI TOMASZ	GRÓJEC	NIEZRZESZONY /	85	M20/493 (M)1753	00:50:33	00:49:33	00:23:58	12.11
1852	3388	GOLACHOWSKI JAN	WARSZAWA	ENERGOINFO.PL /	94	M20/494 (M)1754	00:50:33	00:47:49	00:24:41	12.55
1853	135	CHOYNOWSKA MAŁGORZATA	WARSZAWA	COCA COLA /	75	K30/32 (K)99	00:50:33	00:50:28	00:25:01	11.89
1854	379	SACHNO SERGIUSZ	WARSZAWA		80	M30/739 (M)1755	00:50:34	00:48:24	00:23:44	12.40
1855	5672	ŚMIGIERA TOMASZ	WARSZAWA		79	M30/740 (M)1756	00:50:34	00:48:34	00:24:28	12.35
1856	6482	IWANOWSKI PIOTR	WARSZAWA		80	M30/741 (M)1757	00:50:34	00:48:47	00:23:07	12.30
1857	4555	WOJCIESZAK ROBERT	WARSZAWA		69	M40/371 (M)1758	00:50:35	00:48:01	00:23:36	12.50
1858	73	STAŃCZYK RAFAŁ		ASICS /	80	M30/742 (M)1759	00:50:35	00:47:54	00:24:15	12.53
1859	6409	MERCHEL DARIUSZ	SULEJÓWEK	NIEZRZESZONY /	69	M40/372 (M)1760	00:50:36	00:48:01	00:23:38	12.50
1860	6582	SIERUTA TADEUSZ	OSTROŁĘKA		69	M40/373 (M)1761	00:50:36	00:50:23	00:24:25	11.91
1861	5011	MILEWSKA MARTYNA	MAŁA WIEŚ		93	K20/47 (K)100	00:50:36	00:46:27	00:23:24	12.92
1862	6694	SZYMCZAK MARCIN	MAJDAN KOZIC DOLNYCH	LUBELSKIE STOWARZYSZENIE BIEGOWE /	75	M30/743 (M)1762	00:50:36	00:49:19	00:24:22	12.17
1863	6808	WOLSKI WOJCIECH	WARSZAWA		72	M30/744 (M)1763	00:50:36	00:48:18	00:24:28	12.42
1864	2828	TORZEWSKI MARCIN	WARSZAWA		84	M20/495 (M)1764	00:50:36	00:47:34	00:24:36	12.61
1865	1364	STAFIEJ KAROL	WARSZAWA		62	M40/374 (M)1765	00:50:36	00:48:44	00:24:18	12.31

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Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna / Klub Team / Club	R-k YoB	W kat. in Age	Wynik Time	Wynik netto	Wynik 5km	[km/h]
1866	5862	JAKUBOWSKI DARIUSZ	PŁOCK	- /	73	M30/745 (M)1766	00:50:36	00:48:38	00:24:30	12.34
1867	4505	DYMEL KRZYSZTOF	RASZYN		84	M20/496 (M)1767	00:50:37	00:48:10	00:24:32	12.46
1868	5662	CHOYNOWSKA MAŁGORZATA	ŁOMIANKI	POWERADE /	68	K40/15 (K)101	00:50:37	00:50:32	00:25:01	11.87
1869	3442	KUCHARSKI MAREK	KLWÓW	KB TP /	75	M30/746 (M)1768	00:50:38	00:48:08	00:24:23	12.47
1870	2324	JEŻOWSKI SŁAWOMIR	WARSZAWA	CROSS WARSZAWA SYRENKA /	61	M50/123 (M)1769	00:50:38	00:48:52	00:25:07	12.28
1871	1029	ŚWIĘCONEK PIOTR	WARSZAWA	DB MARATHON TEAM /	77	M30/747 (M)1770	00:50:38	00:48:20	00:23:30	12.41
1872	1872	KOROŚ DARIUSZ	CHYLICZKI		63	M40/375 (M)1771	00:50:38	00:50:06	00:24:30	11.98
1873	3485	ARASZKIEWICZ MARCIN	STANISŁAWÓW		81	M30/748 (M)1772	00:50:38	00:47:31	00:24:30	12.63
1874	171	ANDREJEW MARCIN	WARSZAWA	VW SZEWCZYK /	96	M20/497 (M)1773	00:50:39	00:50:36	00:24:30	11.86
1875	6812	WÓJCİK ŁUKASZ	DRELÓW	PESAN /	80	M30/749 (M)1774	00:50:39	00:48:55	00:24:30	12.27
1876	1403	STANKIEWICZ TOMASZ	WARSZAWA		81	M30/750 (M)1775	00:50:39	00:47:38	00:23:20	12.60
1877	2070	KLEPCZAREK MAREK	WARSZAWA		87	M20/498 (M)1776	00:50:39	00:47:25	00:23:35	12.65
1878	6581	SIERADZKI ŁUKASZ	MIĄSTKÓW KOŚCIELNY	RUNNING TEAM MIĄSTKÓW /	94	M20/499 (M)1777	00:50:40	00:49:39	00:23:58	12.08
1879	221	ELIASZ JAN	WARSZAWA	DEPARTAMENT SPORTU WYCZYNOWEGO /	11	(M)1778	00:50:40	00:49:18	00:24:31	12.17
1880	6061	LEWTAK MARTA	BIAŁA PODLASKA	LIMOSA /	83	K20/48 (K)102	00:50:40	00:49:19	00:24:30	12.17
1881	5522	HATYŁAK TOMASZ	WARSZAWA	POLSKA BIEGA /	77	M30/751 (M)1779	00:50:40	00:48:05	00:24:18	12.48
1882	3015	MRÓZ JERZY	MIŃSK MAZOWIECKI	TEAM NUTRILITE /	77	M30/752 (M)1780	00:50:40	00:48:34	00:24:15	12.35
1883	1226	NOWAK JACEK	WARSZAWA		77	M30/753 (M)1781	00:50:41	00:48:59	00:23:43	12.25
1884	5042	MADEJ-MACIUSOWICZ BIANKA	WARSZAWA		74	K30/33 (K)103	00:50:41	00:48:56	00:24:40	12.26
1885	2745	ROSIŃSKA PAULINA	MILANÓWEK	NIEZRZESZONA /	90	K20/49 (K)104	00:50:41	00:49:43	00:24:45	12.07
1886	4948	KAMYK KRYSZTIAN	WARSZAWA		85	M20/500 (M)1782	00:50:41	00:48:11	00:23:46	12.45
1887	5142	SZERSZEŃ MICHAŁ	WARSZAWA		91	M20/501 (M)1783	00:50:42	00:47:18	00:24:05	12.68
1888	6615	SOLTYSEK MIECZYSLAW	KUTNO	2 BMT KUTNO /	71	M40/376 (M)1784	00:50:42	00:48:19	00:24:40	12.42
1889	1491	WIELICZKO KRZYSZTOF	ZAMOŚĆ		85	M20/502 (M)1785	00:50:42	00:48:46	00:23:42	12.30
1890	2751	TROJANOWSKI SEBASTIAN	WARSZAWA		85	M20/503 (M)1786	00:50:42	00:48:45	00:24:45	12.31
1891	5266	ANTCZAK TADEUSZ	KUTNO	2 BMT KUTNO /	72	M30/754 (M)1787	00:50:43	00:48:19	00:24:41	12.42
1892	6957	TWARDOWSKI BARTŁOMIEJ	WARSZAWA		85	M20/504 (M)1788	00:50:43	00:48:39	00:24:07	12.33
1893	6244	GALCZYŃSKI STANISŁAW	KIELCE		80	M30/755 (M)1789	00:50:43	00:47:58	00:23:34	12.51
1894	5410	CIEŚLAK PRZEMYSŁAW	WARSZAWA	BANK HANDLOWY W WARSZAWIE S.A. /	74	M30/756 (M)1790	00:50:44	00:46:58	00:24:51	12.78
1895	5718	TREMBICKI MAREK	WARSZAWA		78	M30/757 (M)1791	00:50:44	00:47:27	00:24:49	12.64
1896	5116	KRZYŻANOWSKA EWA	WARSZAWA	- /	72	K30/34 (K)105	00:50:44	00:50:27	00:25:13	11.89
1897	1205	SKIBIŃSKI MARIUSZ	WARSZAWA		76	M30/758 (M)1792	00:50:44	00:48:45	00:24:13	12.31
1898	4542	SZCZEPAŃSKI SATURNIN	WARSZAWA		66	M40/377 (M)1793	00:50:45	00:47:31	00:23:39	12.63
1899	2611	GRENDZIŃSKI ANDRZEJ	OSTRÓDA	12TRI.PL /	70	M40/378 (M)1794	00:50:45	00:48:08	00:23:55	12.47
1900	5604	MAKOWSKI MAREK	PRUSZKÓW	BRĄK /	83	M20/505 (M)1795	00:50:45	00:47:55	00:23:12	12.52
1901	1738	ZIELIŃSKI MACIEJ	WARSZAWA		82	M20/506 (M)1796	00:50:45	00:50:13	00:25:30	11.95
1902	1663	FALKOWSKI MACIEJ	WARSZAWA		82	M20/507 (M)1797	00:50:45	00:48:17	00:23:53	12.43
1903	6610	SOBCZAK KRZYSZTOF	OLSZTYN	AKM OLSZTYN /	82	M20/508 (M)1798	00:50:45	00:47:02	00:24:21	12.76
1904	2875	NOWAK WALDEMAR	PIASECZNO		53	M50/124 (M)1799	00:50:46	00:49:57	00:24:34	12.01
1905	4715	LASOTA ZBIGNIEW	WARSZAWA		55	M50/125 (M)1800	00:50:46	00:48:55	00:24:05	12.27
1906	455	WILCZEK RENATA	WARSZAWA		68	K40/16 (K)106	00:50:46	00:48:27	00:24:10	12.38
1907	4557	REMBOWSKI PIOTR	WARSZAWA		77	M30/759 (M)1801	00:50:47	00:48:13	00:24:10	12.44
1908	1593	TOLAK TADEUSZ	WARSZAWA		56	M50/126 (M)1802	00:50:47	00:48:22	00:24:50	12.41
1909	5452	LUFT KRZYSZTOF	WARSZAWA		58	M50/127 (M)1803	00:50:47	00:50:38	00:25:28	11.85
1910	3919	SZARPAK MATEUSZ	WARSZAWA		94	M20/509 (M)1804	00:50:47	00:50:30	00:25:03	11.88
1911	5294	BARANOWSKI MARCIN	OTWOCK		84	M20/510 (M)1805	00:50:47	00:49:41	00:24:51	12.08
1912	3162	PLUSKOTA ARKADIUSZ	TORUŃ		95	M20/511 (M)1806	00:50:48	00:48:47	00:24:47	12.30
1913	1023	RĘKAWEK ARTUR	GARWOLIN		71	M40/379 (M)1807	00:50:48	00:47:54	00:24:03	12.53
1914	1366	MAJER PIOTR	WARSZAWA		79	M30/760 (M)1808	00:50:48	00:48:04	00:24:37	12.48
1915	1530	BOCIAN MARIUSZ	WARSZAWA		72	M30/761 (M)1809	00:50:48	00:49:22	00:23:54	12.15
1916	3797	KARETKO ANDRZEJ	KRAKÓW		57	M50/128 (M)1810	00:50:48	00:47:28	00:24:04	12.64
1917	649	ROŻEK FRANCISZEK	WARSZAWA	NIEZRZESZONY /	56	M50/129 (M)1811	00:50:49	00:49:13	00:24:47	12.19
1918	5392	CHILCZUK MACIEJ	PIASECZNO		89	M20/512 (M)1812	00:50:49	00:49:43	00:24:20	12.07
1919	3114	LIMINOWICZ JANKA	WARSZAWA		67	K40/17 (K)107	00:50:49	00:50:47	00:24:46	11.81
1920	2574	WOJCIESZEK DOMINIK	WARSZAWA		76	M30/762 (M)1813	00:50:50	00:49:04	00:24:21	12.23
1921	3063	KOWALSKI JAN	WARSZAWA		79	M30/763 (M)1814	00:50:50	00:47:50	00:23:41	12.54
1922	3605	NIEDZIÓŁKA JACEK	WARSZAWA		66	M40/380 (M)1815	00:50:51	00:50:30	00:24:20	11.88

<b>Miejsce Rank</b>	<b>Nr Bib</b>	<b>Nazwisko i imię Name</b>	<b>Miejscowość City</b>	<b>Drużyna / Klub Team / Club</b>	<b>R-k W kat. YoB in Age</b>	<b>Wynik Time</b>	<b>Wynik netto</b>	<b>Wynik 5km</b>	<b>[km/h]</b>
1923	177	MŁODOŻENIEC MIREK	WARSZAWA	VW SZEWCZYK /	80 M30/764 (M)1816	00:50:51	00:50:37	00:24:18	11.85
1924	1199	ROGATKO MICHAŁ	WARSZAWA		64 M40/381 (M)1817	00:50:51	00:49:47	00:24:41	12.05
1925	4185	RYBAK PRZEMYSŁAW	WARSZAWA		79 M30/765 (M)1818	00:50:51	00:48:32	00:24:14	12.36
1926	5314	BIALAS KONRAD	RADOM		73 M30/766 (M)1819	00:50:52	00:47:05	00:25:02	12.74
1927	1092	BANASIAK SEBASTIAN	WARSZAWA		84 M20/513 (M)1820	00:50:52	00:49:41	00:24:25	12.08
1928	2887	LUTY LESZEK	WARSZAWA		82 M20/514 (M)1821	00:50:52	00:48:04	00:24:10	12.48
1929	3262	BROŻYNA BOGUSŁAW	WARSZAWA		70 M40/382 (M)1822	00:50:52	00:48:45	00:25:27	12.31
1930	5181	HAGGIS IAIN	WARSZAWA		61 M50/130 (M)1823	00:50:52	00:47:58	00:23:25	12.51
1931	6519	ROSIĄK PAWEŁ	LODZ		59 M50/131 (M)1824	00:50:52	00:49:53	00:25:42	12.03
1932	4987	SKOBIEJ KATARZYNA	WARSZAWA		90 K20/50 (K)108	00:50:52	00:47:58	00:24:55	12.51
1933	427	RASZEWSKI PIOTR	WARSZAWA		80 M30/767 (M)1825	00:50:52	00:48:54	00:24:38	12.27
1934	1602	DZBAŃSKI KRZYSZTOF	OŻARÓW MAZOWIECKI		73 M30/768 (M)1826	00:50:53	00:49:47	00:24:26	12.05
1935	1210	GOŁĘBIEWSKI MACIEJ	WARSZAWA		74 M30/769 (M)1827	00:50:53	00:48:53	00:24:05	12.27
1936	2536	SITNIK JAN	WARKA	START PUŁASKI WARKA /	46 M60/14 (M)1828	00:50:53	00:49:24	00:24:43	12.15
1937	4256	ŁYCZBA PRZEMYSŁAW	WARSZAWA		74 M30/770 (M)1829	00:50:55	00:49:48	00:23:30	12.05
1938	6595	SKULIMOWSKA SARA	WARSZAWA	MKS POLONIA WARSZAWA /	95 K20/51 (K)109	00:50:55	00:48:05	00:22:57	12.48
1939	1060	STELMACH MARIUSZ	RĘBKÓW	AVON /	76 M30/771 (M)1830	00:50:55	00:50:53	00:24:18	11.79
1940	3349	MOTYLEWSKI TOMASZ	WARSZAWA	- /	84 M20/515 (M)1831	00:50:55	00:46:55	00:23:06	12.79
1941	1824	LIPKA MAREK	ZŁOTY POTOK		85 M20/516 (M)1832	00:50:55	00:47:48	00:23:42	12.55
1942	195	SIEGERT DARIUSZ			68 M40/383 (M)1833	00:50:56	00:48:47	00:23:44	12.30
1943	3274	KACZMAREK MATEUSZ	WARSZAWA		91 M20/517 (M)1834	00:50:56	00:47:59	00:24:04	12.50
1944	813	SZCZEPANIUK AGATA	WARSZAWA		85 K20/52 (K)110	00:50:56	00:49:31	00:24:11	12.12
1945	6944	MATYSIEWICZ PIOTR	WARSZAWA	T-MOBILE RUNNING TEAM /	75 M30/772 (M)1835	00:50:56	00:48:31	00:24:12	12.37
1946	3966	SIWA MARCIN	WARSZAWA	COFACE TEAM /	76 M30/773 (M)1836	00:50:57	00:47:06	00:24:24	12.74
1947	6916	GREWIŃSKI TOMIK	WARSZAWA	RUN KAYAX RUN /	69 M40/384 (M)1837	00:50:57	00:48:28	00:25:06	12.38
1948	4488	RZYSKO MICHAŁ	WARSZAWA		76 M30/774 (M)1838	00:50:57	00:50:04	00:24:56	11.98
1949	1222	GRASZEK PIOTR	BYDGOSZCZ	POLSKA BIEGA /	70 M40/385 (M)1839	00:50:57	00:50:40	00:24:59	11.84
1950	3324	ZAKĘPSKI MARCIN	WARSZAWA		75 M30/775 (M)1840	00:50:57	00:47:55	00:24:15	12.52
1951	327	KONOPKO ERNEST	WARSZAWA	UKS OLIMPUS /	94 M20/518 (M)1841	00:50:58	00:49:58	00:24:29	12.01
1952	5127	GULINA PAWEŁ	WARSZAWA	METRO WARSZAWSKIE SP. Z O.O. /	73 M30/776 (M)1842	00:50:59	00:48:39	00:24:02	12.33
1953	6426	KOŁACZKOWSKI ALEKSANDER	OPOLE		95 M20/519 (M)1843	00:50:59	00:47:21	00:23:33	12.67
1954	4767	FLORCZYK PAWEŁ	WARSZAWA	BIESZCZADZKIE JELONKI /	69 M40/386 (M)1844	00:50:59	00:50:34	00:24:45	11.87
1955	3369	PRZYBYSZ PAWEŁ	WARSZAWA	KLUB WYSOKOGÓRSKI WARSZAWA /	76 M30/777 (M)1845	00:50:59	00:50:08	00:24:58	11.97
1956	1483	KNAP RADOSŁAW	WARSZAWA	12TRI.PL /	77 M30/778 (M)1846	00:50:59	00:48:40	00:24:03	12.33
1957	784	WARAKOMSKI ZBIGNIEW	WARSZAWA		81 M30/779 (M)1847	00:51:00	00:47:42	00:23:49	12.58
1958	2703	ARAGON DE SZUMAŃSKA MARGARITA		RBS BANK /	84 K20/53 (K)111	00:51:00	00:49:57	00:25:02	12.01
1959	5957	KOPIŃSKA-HAJEK MAGDALENA	KRAKÓW	TEAM NUTRILITE /	71 K40/18 (K)112	00:51:00	00:50:09	00:24:23	11.96
1960	3982	NAMURA-OCHALSKI MATEUSZ	WARSZAWA		78 M30/780 (M)1848	00:51:00	00:49:52	00:23:13	12.03
1961	6425	KOŁACZKOWSKI ADAM	OPOLE		80 M30/781 (M)1849	00:51:00	00:47:22	00:23:32	12.67
1962	2194	BEDNARCZYK MARIUSZ	WARSZAWA	STRAZ MIEJSKA MST.WARSZAWY OT-7 /	70 M40/387 (M)1850	00:51:01	00:50:38	00:25:18	11.85
1963	3811	JURZYK PIOTR	ZIELONKA		80 M30/782 (M)1851	00:51:01	00:48:45	00:25:10	12.31
1964	6664	SZCZĘSNY PAWEŁ	MAJDAN KOZIC DOLNYCH	LUBELSKIE STOWARZYSZENIE BIEGOWE /	86 M20/520 (M)1852	00:51:01	00:47:53	00:24:56	12.53
1965	3583	RADASZKIEWICZ PIOTR	WARSZAWA	METRO WARSZAWSKIE /	72 M30/783 (M)1853	00:51:02	00:48:42	00:24:27	12.32
1966	4617	SZYDŁO MARIUSZ	OSTRÓW MAZOWIECKA		80 M30/784 (M)1854	00:51:02	00:48:25	00:24:13	12.39
1967	702	KARSKI JAROSŁAW	WARSZAWA		75 M30/785 (M)1855	00:51:02	00:47:34	00:23:41	12.61
1968	4473	TRUSZKOWSKI TOMASZ	WARSZAWA		80 M30/786 (M)1856	00:51:02	00:48:16	00:24:46	12.43
1969	3704	PRZYBYLSKI KRZYSZTOF	WARSZAWA		80 M30/787 (M)1857	00:51:02	00:49:21	00:24:11	12.16
1970	5686	SZYMCZAK PAWEŁ	WARSZAWA	KB MANIAC POZNAŃ /	74 M30/788 (M)1858	00:51:03	00:49:22	00:24:19	12.15
1971	1455	PRZYCZYNEK ROMAN	WARSZAWA		79 M30/789 (M)1859	00:51:03	00:49:23	00:24:20	12.15
1972	1059	WOJNAROWICZ TOMASZ	WARSZAWA	TEAM NUTRILITE /	87 M20/521 (M)1860	00:51:04	00:47:42	00:24:10	12.58
1973	6988	MORAWSKI CEZARY	WARSZAWA	KONTRON /	80 M30/790 (M)1861	00:51:04	00:48:34	00:24:30	12.35
1974	4060	KOŻUSZEK ROBERT	WARSZAWA		71 M40/388 (M)1862	00:51:05	00:48:29	00:24:16	12.38
1975	1348	SKROK JAROSŁAW	WARSZAWA		74 M30/791 (M)1863	00:51:05	00:48:47	00:24:28	12.30
1976	3253	KOPACZ MIROSLAW	POZNAŃ		55 M50/132 (M)1864	00:51:05	00:49:47	00:24:22	12.05
1977	4329	STASZCZAK BŁAŻEJ	WARSZAWA		82 M20/522 (M)1865	00:51:06	00:51:02	00:24:50	11.76
1978	4287	JACKOWSKI GABRIEL	GŁOSKÓW		92 M20/523 (M)1866	00:51:06	00:50:21	00:24:30	11.92

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Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna / Klub Team / Club	R-k W kat. YoB in Age	Wynik Time	Wynik netto	Wynik 5km	[km/h]
1979	2684	ŁUKASZEWSKI MICHAŁ	OLSZEWNICA STARA		72 M30/792 (M)1867	00:51:06	00:47:19	00:24:30	12.68
1980	3513	WEJKUĆ GRZEGORZ	MRAĞOWO		78 M30/793 (M)1868	00:51:07	00:47:55	00:24:34	12.52
1981	6979	MISZCZAK MARIUSZ	WARSZAWA		79 M30/794 (M)1869	00:51:07	00:49:17	00:23:49	12.17
1982	6104	MAJEWICZ JAKUB	CHOCIANÓW		87 M20/524 (M)1870	00:51:07	00:49:08	00:24:53	12.21
1983	704	CIEMIŃSKI KRZYSZTOF	WARSZAWA		69 M40/389 (M)1871	00:51:08	00:48:20	00:25:53	12.41
1984	1575	LIPIŃSKI MARIUSZ	BORKI PADUCHY		92 M20/525 (M)1872	00:51:08	00:49:30	00:23:30	12.12
1985	2885	RAPINCZUK JAN	NOWY DWÓR		74 M30/795 (M)1873	00:51:08	00:50:19	00:27:32	11.92
1986	5642	TOPOREK KATARZYNA	WARSZAWA	DELOITTE ADVENTURE TEAM /	87 K20/54 (K)113	00:51:08	00:48:35	00:24:41	12.35
1987	2620	CZERWIŃSKI ROBERT	RADOM	BRAK /	65 M40/390 (M)1874	00:51:08	00:48:11	00:24:07	12.45
1988	6199	NAZAREWICZ MARCIN	JANÓW LUBELSKI		84 M20/526 (M)1875	00:51:09	00:49:04	00:24:43	12.23
1989	4500	KOZŁOWSKA MARTA	WARSZAWA		80 K30/35 (K)114	00:51:09	00:50:25	00:25:07	11.90
1990	2882	CHOJNOWSKI MAREK	ZĄBKI	ITI ADVENTURE TEAM /	76 M30/796 (M)1876	00:51:09	00:48:32	00:24:34	12.36
1991	2085	PRĄDZYŃSKI DARIUSZ	WARSZAWA	NIE DOTYCZY /	54 M50/133 (M)1877	00:51:09	00:48:57	00:24:37	12.26
1992	6271	OGONOWSKI JACEK	KRAKOW	GNANINIEPOKOJEM /	46 M60/15 (M)1878	00:51:10	00:50:47	00:24:09	11.81
1993	5369	BROLA KRZYSZTOF	WARSZAWA		79 M30/797 (M)1879	00:51:10	00:49:05	00:24:43	12.22
1994	5313	BĘBENEK CZESŁAW	KNUROWIEC		53 M50/134 (M)1880	00:51:11	00:49:50	00:24:55	12.04
1995	3901	BUCZKOWSKI MACIEJ	WARSZAWA	KB GALERIA WARSZAWA /	81 M30/798 (M)1881	00:51:11	00:48:28	00:24:47	12.38
1996	5157	STRYJEK PIOTR	CIECHANÓW		70 M40/391 (M)1882	00:51:11	00:49:03	00:23:41	12.23
1997	377	WASILEWSKI GRZEGORZ	KONSTANCIN JEZIORNA		84 M20/527 (M)1883	00:51:11	00:50:24	00:25:15	11.90
1998	558	PAWŁOWSKA JOLANTA	WARSZAWA	ALETEMPO /	59 K50/5 (K)115	00:51:11	00:50:18	00:25:15	11.93
1999	1445	TOMASZEWSKA EMILIA	WARSZAWA	BNP PARIBAS /	85 K20/55 (K)116	00:51:11	00:48:54	00:24:08	12.27
2000	1105	SIDORUK GRZEGORZ	OSSÓWKA		86 M20/528 (M)1884	00:51:12	00:49:55	00:24:27	12.02
2001	5176	JAWORSKI DARIUSZ	LEGIONOWO	PRACZ DYWANOW LEGIONOWO /	64 M40/392 (M)1885	00:51:12	00:49:47	00:24:39	12.05
2002	4424	STANKIEWICZ KRZYSZTOF	WARSZAWA		71 M40/393 (M)1886	00:51:12	00:47:19	00:24:04	12.68
2003	5414	CISŁO KRZYSZTOF	BRZEG DOLNY		81 M30/799 (M)1887	00:51:12	00:49:31	00:24:33	12.12
2004	2100	ATYS BARTŁOMIEJ	KIELPIN		75 M30/800 (M)1888	00:51:13	00:48:54	00:23:59	12.27
2005	4994	WILK KATARZYNA	KONSTANCIN-JEZIORNA	ABC KONDYCJA /	64 K40/19 (K)117	00:51:13	00:50:11	00:24:54	11.96
2006	2055	MYSIEWICZ RAFAŁ	CIECHANÓW		76 M30/801 (M)1889	00:51:13	00:49:23	00:24:37	12.15
2007	4167	PĄCZKOWSKI RAJMUND	WARSZAWA		76 M30/802 (M)1890	00:51:13	00:47:58	00:24:10	12.51
2008	5683	WROTECKI PAWEŁ	WARSZAWA		60 M50/135 (M)1891	00:51:14	00:49:20	00:24:20	12.16
2009	834	BOBROWICZ MATEUSZ	WARSZAWA	ACCELERATE /	83 M20/529 (M)1892	00:51:14	00:50:40	00:25:27	11.84
2010	2342	GROSZKOWSKI MEREK	WARSZAWA	CROSS WARSZAWA SYRENKA /	88 M20/530 (M)1893	00:51:15	00:50:05	00:24:41	11.98
2011	6141	MICHNA MARCIN	WARSZAWA		75 M30/803 (M)1894	00:51:15	00:48:15	00:25:22	12.44
2012	1848	SKUCIŃSKI PAWEŁ	KIELCE		81 M30/804 (M)1895	00:51:15	00:48:40	00:24:59	12.33
2013	5405	CICHON ARTUR	WARSZAWA		65 M40/394 (M)1896	00:51:15	00:49:59	00:24:27	12.00
2014	1847	LEWANDOWSKA BARBARA	WARSZAWA		80 K30/36 (K)118	00:51:15	00:48:41	00:25:00	12.32
2015	2708	SZALA PIOTR		RBS BANK /	79 M30/805 (M)1897	00:51:15	00:48:50	00:24:41	12.29
2016	5001	RUDNICKI JAKUB	WARSZAWA		89 M20/531 (M)1898	00:51:16	00:48:18	00:23:36	12.42
2017	1309	PAWIŃSKI ARTUR	WARSZAWA		74 M30/806 (M)1899	00:51:16	00:48:56	00:24:32	12.26
2018	1434	NOWAK ŁUKASZ	TORUŃ	PRIMORI MORTE /	83 M20/532 (M)1900	00:51:16	00:48:42	00:24:39	12.32
2019	5666	AUGUSTYN MAREK	ŁOMIANKI	NIEZRZESZONY /	56 M50/136 (M)1901	00:51:17	00:48:36	00:24:37	12.35
2020	2000	STECKIEWICZ PAWEŁ	WARSZAWA		84 M20/533 (M)1902	00:51:18	00:50:57	00:24:47	11.78
2021	1381	KULAKOWSKI PIOTR	KONSTANCIN JEZIORNA		57 M50/137 (M)1903	00:51:18	00:49:11	00:25:04	12.20
2022	4613	GOLACIK RYSZARD	RASZYN	NIE /	61 M50/138 (M)1904	00:51:19	00:50:39	00:24:43	11.85
2023	5625	SZULKOWSKI MAREK	JÓZEFÓW	- /	70 M40/395 (M)1905	00:51:19	00:48:33	00:24:42	12.36
2024	1916	LESZCZYŃSKI MACIEJ	WARSZAWA		64 M40/396 (M)1906	00:51:19	00:50:36	00:24:55	11.86
2025	3853	WYSZKOWSKI TOMASZ	WARSZAWA	NIEZRZESZONY /	65 M40/397 (M)1907	00:51:20	00:48:55	00:24:38	12.27
2026	2425	GROMYSZ DAWID	JANÓW LUBELSKI		87 M20/534 (M)1908	00:51:20	00:48:56	00:24:37	12.26
2027	2519	OLECH ARTUR	WARSZAWA	GENERALI RUNNING TEAM /	72 M30/807 (M)1909	00:51:21	00:51:18	00:25:31	11.70
2028	4943	PEDA ZBIGNIEW	ZALESIE GÓRNE	ALLAMANO /	70 M40/398 (M)1910	00:51:21	00:49:48	00:24:27	12.05
2029	2922	SZCZĘSŃNY ŁUKASZ	PIASECZNO		83 M20/535 (M)1911	00:51:21	00:47:28	00:24:22	12.64
2030	1782	WYRWAS TADEUSZ	ŁOMŻA	JG GLOBAL /	59 M50/139 (M)1912	00:51:22	00:48:05	00:25:08	12.48
2031	6455	CHLEBOWSKI MICHAŁ	WARSZAWA		68 M40/399 (M)1913	00:51:22	00:48:20	00:24:27	12.41
2032	1551	SUZDORF ADRIAN	ŻYRARDÓW		89 M20/536 (M)1914	00:51:22	00:49:55	00:25:09	12.02
2033	4780	HOJDA MAREK	WARSZAWA		66 M40/400 (M)1915	00:51:23	00:47:44	00:24:01	12.57
2034	1892	KRÓLIK WIESŁAW	WARKA	START PUŁASKI WARKA /	60 M50/140 (M)1916	00:51:23	00:48:47	00:24:35	12.30
2035	1308	PATEREK ANDRZEJ	WARSZAWA	ALETEMPO /	54 M50/141 (M)1917	00:51:24	00:48:38	00:24:19	12.34

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<b>Miejsce Rank</b>	<b>Nr Bib</b>	<b>Nazwisko i imię Name</b>	<b>Miejscowość City</b>	<b>Drużyna / Klub Team / Club</b>	<b>R-k W kat. YoB in Age</b>	<b>Wynik Time</b>	<b>Wynik netto</b>	<b>Wynik 5km</b>	<b>[km/h]</b>
2036	376	OKRASZEWSKI ŁUKASZ	WARSZAWA		82 M20/537 (M)1918	00:51:24	00:47:01	00:24:09	12.76
2037	4992	MIĘKISZ JACEK	WARSZAWA	MIMUW /	56 M50/142 (M)1919	00:51:24	00:48:58	00:24:35	12.25
2038	2587	KOZANECKA JOANNA	WARSZAWA	12TRI.PL /	77 K30/37 (K)119	00:51:24	00:49:21	00:24:45	12.16
2039	3073	RZEŹNIK MATEUSZ	WARKA		94 M20/538 (M)1920	00:51:24	00:48:28	00:24:41	12.38
2040	5775	GLUSZKIEWICZ DARIUSZ	WARSZAWA		72 M30/808 (M)1921	00:51:24	00:50:37	00:24:29	11.85
2041	817	NOWAKOWSKI SEBASTIAN	WARSZAWA		92 M20/539 (M)1922	00:51:25	00:47:51	00:24:04	12.54
2042	179	RDZANEK BARTOSZ	WARSZAWA	VW SZEWCZYK /	84 M20/540 (M)1923	00:51:25	00:51:13	00:25:35	11.71
2043	1500	ROBAK WOJCIECH	WARSZAWA	WOJSKOWE CENTRUM GEOGRAFICZNE /	82 M20/541 (M)1924	00:51:26	00:50:50	00:24:37	11.80
2044	4728	OPASEK KONRAD	WARSZAWA		74 M30/809 (M)1925	00:51:26	00:50:32	00:24:39	11.87
2045	3365	CZURYSZKIEWICZ EWELINA	ZIELONKA		90 K20/56 (K)120	00:51:26	00:50:16	00:24:51	11.94
2046	6350	PIOTRAK MARCIN	WARSZAWA	ANKODOR /	75 M30/810 (M)1926	00:51:26	00:49:21	00:24:21	12.16
2047	3644	STAŃCZAK ADAM	WARSZAWA	IGLA SZCZĘŚLIWICE /	73 M30/811 (M)1927	00:51:26	00:49:24	00:24:24	12.15
2048	4099	KOZŁOWSKI KRZYSZTOF	WARSZAWA		80 M30/812 (M)1928	00:51:27	00:47:53	00:24:39	12.53
2049	6624	STACZYŃSKI ANDRZEJ	MAJDAN KOZIC DOLNYCH		77 M30/813 (M)1929	00:51:27	00:48:20	00:24:57	12.41
2050	4600	ZAJĄCZKOWSKI LUCJAN	PIASECZNO		68 M40/401 (M)1930	00:51:27	00:48:46	00:24:24	12.30
2051	5453	DĄBROWSKA IWONA	ZĄBKI	TEAM NUTRILITE /	86 K20/57 (K)121	00:51:27	00:50:34	00:25:15	11.87
2052	3648	ZALESKI KRZYSZTOF	WARSZAWA		76 M30/814 (M)1931	00:51:27	00:49:22	00:24:22	12.15
2053	3606	NIEDZIÓŁKA MAŁGORZATA	WARSZAWA		68 K40/20 (K)122	00:51:27	00:51:06	00:24:18	11.74
2054	490	WNUCZYŃSKI-PORZONNY KAROL	WARSZAWA		80 M30/815 (M)1932	00:51:28	00:48:37	00:24:21	12.34
2055	4483	RIEFF TOMASZ	WARSZAWA	BANK DB MARATHON TEAM /	83 M20/542 (M)1933	00:51:28	00:48:15	00:23:59	12.44
2056	5810	GRZELCZAK TOMASZ	ŁÓDŹ	KB ARTURÓWEK ŁÓDŹ /	67 M40/402 (M)1934	00:51:28	00:48:31	00:24:51	12.37
2057	5093	POTEPA MICHAŁ	OTWOCK		92 M20/543 (M)1935	00:51:28	00:50:29	00:25:04	11.89
2058	477	PELZER MICHAEL			71 M40/403 (M)1936	00:51:28	00:49:27	00:24:46	12.13
2059	1459	POKONIECZNY KRZYSZTOF	WARSZAWA	WCG /	81 M30/816 (M)1937	00:51:28	00:50:49	00:24:01	11.81
2060	4973	KUSA MAGDALENA	WARSZAWA	BANK PEKAO SA /	84 K20/58 (K)123	00:51:29	00:50:20	00:25:24	11.92
2061	5139	POŚWIATA RAFAŁ	WARSZAWA		89 M20/544 (M)1938	00:51:29	00:49:07	00:24:54	12.22
2062	1033	ANTCZAK JAN	WARSZAWA	DB MARATHON TEAM /	76 M30/817 (M)1939	00:51:29	00:49:11	00:23:50	12.20
2063	3589	SUCHCICKI MAREK	JASIENICA	PUKS ROCH JASIENICA /	77 M30/818 (M)1940	00:51:29	00:49:04	00:24:50	12.23
2064	6640	STĘPNIK PAWEŁ	KIELCE		77 M30/819 (M)1941	00:51:29	00:47:38	00:24:23	12.60
2065	5671	MALIK PIOTR	WARSZAWA		82 M20/545 (M)1942	00:51:30	00:47:53	00:24:21	12.53
2066	6367	PODKOWIŃSKA IWONA	PIASECZNO		75 K30/38 (K)124	00:51:30	00:50:29	00:24:33	11.89
2067	5510	STAWICKI SERGIUSZ	WARSZAWA		68 M40/404 (M)1943	00:51:30	00:49:08	00:24:04	12.21
2068	5769	GILEWICZ MICHAŁ	OTRĘBUSY		89 M20/546 (M)1944	00:51:31	00:49:39	00:24:51	12.08
2069	4696	LASKA TOMASZ	ZAWICHOST		61 M50/143 (M)1945	00:51:31	00:48:24	00:24:14	12.40
2070	2603	GAC JACEK	WARSZAWA	DOWÓDZTWO GARNIZONU /	67 M40/405 (M)1946	00:51:31	00:49:12	00:25:08	12.20
2071	4866	JOCZ JAROSŁAW	WARSZAWA	JARTOM24.PL /	70 M40/406 (M)1947	00:51:32	00:48:02	00:24:38	12.49
2072	3705	LIS BARTŁOMIEJ	WARSZAWA		79 M30/820 (M)1948	00:51:32	00:47:58	00:24:30	12.51
2073	3774	WICHLIŃSKI MARCIN	WINNICA	LIDER WINNICA /	94 M20/547 (M)1949	00:51:32	00:48:12	00:24:20	12.45
2074	1958	WÓJCİK KAMIL	RADOM	PKO_ /	88 M20/548 (M)1950	00:51:32	00:48:26	00:24:04	12.39
2075	530	MAZUROWSKA JOANNA	DĘBE WIELKIE	AKADEMIA SZTUK WALKI /	76 K30/39 (K)125	00:51:32	00:50:52	00:25:09	11.80
2076	3683	NIEŚCIORUK MIROSLAW	ŁOMIANKI	WARM RT /	61 M50/144 (M)1951	00:51:33	00:49:23	00:23:59	12.15
2077	4295	JACHOWICZ JULIA	GDYNIA		91 K20/59 (K)126	00:51:34	00:49:58	00:24:22	12.01
2078	3610	SZYMCZAK MIROSLAW	WARSZAWA	CISCO RUNNING SQUAD /	70 M40/407 (M)1952	00:51:34	00:50:26	00:24:35	11.90
2079	877	DRABIŃSKI KAROL	SULEJÓWEK		85 M20/549 (M)1953	00:51:34	00:50:09	00:24:24	11.96
2080	2766	GALICKI KAMIL	WARSZAWA	BRAK /	77 M30/821 (M)1954	00:51:34	00:51:11	00:24:52	11.72
2081	1177	ZASTAWNY JAROSŁAW	WARSZAWA		61 M50/145 (M)1955	00:51:35	00:49:39	00:23:32	12.08
2082	4162	MALISZEWSKI KONRAD	WARSZAWA		95 M20/550 (M)1956	00:51:35	00:49:36	00:23:24	12.10
2083	2724	BIAŁA JOANNA		RBS BANK /	77 K30/40 (K)127	00:51:35	00:49:39	00:24:51	12.08
2084	5366	BRALEWSKI MAREK	KNUROWIEC		74 M30/822 (M)1957	00:51:36	00:51:34	00:24:43	11.64
2085	2702	WÓJCİKOWSKI PATRYK		RBS BANK /	82 M20/551 (M)1958	00:51:36	00:49:36	00:25:06	12.10
2086	629	ŻOCHOWSKI MARCIN	WARSZAWA		76 M30/823 (M)1959	00:51:36	00:48:51	00:24:22	12.28
2087	707	MALDIS MAREK	WARSZAWA		49 M60/16 (M)1960	00:51:36	00:49:21	00:24:16	12.16
2088	6956	BAZAN JACEK	WARSZAWA	TTT /	70 M40/408 (M)1961	00:51:36	00:47:59	00:23:59	12.50
2089	6754	WEDER JACEK	ŁÓDŹ	BIEGACZ NOWOSOLNA /	68 M40/409 (M)1962	00:51:38	00:51:25	00:25:11	11.67
2090	6756	WEDER MACIEK	ŁÓDŹ	BIEGACZ NOWOSOLNA /	96 M20/552 (M)1963	00:51:38	00:51:25	00:25:12	11.67
2091	4254	TOMCZAK DARIUSZ	WARSZAWA		65 M40/410 (M)1964	00:51:38	00:49:49	00:25:41	12.04
2092	3378	DZWOLAK ŁUKASZ	OŻARÓW MAZOWIECKI		91 M20/553 (M)1965	00:51:39	00:48:23	00:24:31	12.40

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna / Klub Team / Club	R-k W kat. YoB in Age	Wynik Time	Wynik netto	Wynik 5km	[km/h]
2093	2969	MINIAKOWSKI SZYMON	WARSZAWA		83 M20/554 (M)1966	00:51:39	00:50:16	00:24:32	11.94
2094	5440	CZERWIONKA LIDIA	KRAKÓW	MARATONYPOLSKIE.PL TEAM /	80 K30/41 (K)128	00:51:39	00:47:56	00:23:55	12.52
2095	3788	SIKORA JACEK	LATCHORZEW		72 M30/824 (M)1967	00:51:39	00:50:58	00:24:23	11.77
2096	1231	BUCIAK MICHAŁ	WARSZAWA		72 M30/825 (M)1968	00:51:40	00:47:56	00:23:55	12.52
2097	3566	ŚMIŁOWSKA MARZENA	WARSZAWA		78 K30/42 (K)129	00:51:40	00:49:07	00:24:40	12.22
2098	4178	BUKOWICKI MAREK	WARSZAWA		88 M20/555 (M)1969	00:51:40	00:47:29	00:24:02	12.64
2099	5997	KOZŁOWSKI MICHAŁ	LUBLIN	LUBELSKIE STOWARZYSZENIE BIEGOWE /	81 M30/826 (M)1970	00:51:40	00:50:12	00:25:19	11.95
2100	3891	MILIK PIOTR	ZĄBKI		76 M30/827 (M)1971	00:51:40	00:50:43	00:24:37	11.83
2101	6162	MIŚKIEWICZ PAWEŁ	WARSZAWA	MIŚKI /	82 M20/556 (M)1972	00:51:41	00:48:13	00:25:01	12.44
2102	4688	WASILEWSKI ROBERT	MARKI		77 M30/828 (M)1973	00:51:41	00:48:32	00:24:19	12.36
2103	3037	KACPRZAK GRZEGORZ	PRUSZKÓW		79 M30/829 (M)1974	00:51:42	00:48:28	00:24:09	12.38
2104	3515	BAK ROBERT	WARSZAWA		67 M40/411 (M)1975	00:51:42	00:51:04	00:23:49	11.75
2105	6039	KURZAŃKOWSKI DARIUSZ	CIECHANÓW		74 M30/830 (M)1976	00:51:42	00:48:57	00:25:24	12.26
2106	3237	MIECZNICKI MICHAŁ	WARSZAWA		78 M30/831 (M)1977	00:51:42	00:46:20	00:23:54	12.95
2107	3233	SKURZAK MICHAŁ	WARSZAWA		75 M30/832 (M)1978	00:51:43	00:49:09	00:24:42	12.21
2108	2845	PLEWKA GRZEGORZ	WARSZAWA		81 M30/833 (M)1979	00:51:43	00:50:19	00:24:11	11.92
2109	2801	PRĘDOTA KRZYSZTOF	WARSZAWA	WARSZAWA WILANÓW /	55 M50/146 (M)1980	00:51:44	00:49:42	00:25:17	12.07
2110	3470	ROMANIUK JOANNA	WARSZAWA	LINUX & ANDROID MAGAZINE RUNNERS TEA /	82 K20/60 (K)130	00:51:44	00:48:58	00:23:55	12.25
2111	1113	WALENDZIEWSKA MAŁGORZATA	ŁOMŻA		84 K20/61 (K)131	00:51:44	00:49:00	00:24:43	12.24
2112	3265	DE BELLO SALVATORE	WARSZAWA	DBITALIA.PL /	70 M40/412 (M)1981	00:51:44	00:49:45	00:25:21	12.06
2113	654	IWANIUK DAMIAN	MIŃSK MAZOWIECKI		88 M20/557 (M)1982	00:51:44	00:48:39	00:24:57	12.33
2114	1537	GOŁASZEWSKI MICHAŁ	WARSZAWA		83 M20/558 (M)1983	00:51:45	00:48:25	00:24:22	12.39
2115	555	STACHELEK WOJCIECH	WARSZAWA		73 M30/834 (M)1984	00:51:45	00:47:40	00:23:59	12.59
2116	211	PIASECKA AGNIESZKA	WARSZAWA		71 K40/21 (K)132	00:51:45	00:49:23	00:23:38	12.15
2117	1533	MOROZ MARIUSZ	GRÓJEC		74 M30/835 (M)1985	00:51:46	00:48:25	00:23:56	12.39
2118	3074	DOMAŃSKI JAKUB	WARKA		89 M20/559 (M)1986	00:51:46	00:48:50	00:24:41	12.29
2119	4545	KOBUS BŁAŻEJ	ŻYRARDÓW		92 M20/560 (M)1987	00:51:46	00:48:22	00:25:03	12.41
2120	4740	HRYNIEWICZ ZBIGNIEW	WARSZAWA		78 M30/836 (M)1988	00:51:46	00:48:22	00:24:27	12.41
2121	5163	ROGACEWICZ HUBERT	WARSZAWA	ORKAN /	84 M20/561 (M)1989	00:51:47	00:47:28	00:23:28	12.64
2122	858	CZAMARA DOROTA	OTWOCK	ACCELERATE /	81 K30/43 (K)133	00:51:47	00:50:08	00:23:57	11.97
2123	598	GADOMSKI RAFAŁ	WARSZAWA		77 M30/837 (M)1990	00:51:47	00:48:49	00:24:06	12.29
2124	767	KOBRZYŃSKI MICHAŁ	WARSZAWA	SATURN /	77 M30/838 (M)1991	00:51:47	00:51:20	00:25:47	11.69
2125	3526	WARZYBOK MARIUSZ	NOWE MIASTO NAD		77 M30/839 (M)1992	00:51:47	00:49:34	00:25:28	12.10
2126	5792	GÓRNIOWICZ MARCIN	WARSZAWA		81 M30/840 (M)1993	00:51:47	00:48:33	00:24:27	12.36
2127	3552	BOROWY ARKADIUSZ	BROK	PUKS ROCH JASIEŃNICA /	84 M20/562 (M)1994	00:51:47	00:49:23	00:25:28	12.15
2128	4336	OLCZAK PIOTR	WARSZAWA		84 M20/563 (M)1995	00:51:48	00:48:52	00:25:28	12.28
2129	3202	KAMIŃSKI SEBASTIAN	RZESZÓW		78 M30/841 (M)1996	00:51:49	00:50:10	00:24:33	11.96
2130	6377	PRUGAR PAULINA	WARSZAWA	ERICSSON TEAM /	83 K20/62 (K)134	00:51:49	00:48:04	00:24:15	12.48
2131	5030	ŁAZOWSKI TOMASZ	WARSZAWA		76 M30/842 (M)1997	00:51:49	00:51:03	00:25:04	11.75
2132	4892	POGAN KRZYSZTOF	KRAKÓW		58 M50/147 (M)1998	00:51:49	00:49:04	00:24:47	12.23
2133	3508	ZARZYCKA MONIKA	N.DWÓR MAZ.	JOGGER /	88 K20/63 (K)135	00:51:49	00:51:43	00:25:39	11.60
2134	378	WASILEWSKI PAWEŁ	KONSTANCJA JEZIORNA		78 M30/843 (M)1999	00:51:50	00:51:20	00:25:02	11.69
2135	1781	GALĄŻKA JANUSZ	ŁOMŻA	JG GLOBAL /	70 M40/413 (M)2000	00:51:50	00:48:33	00:25:08	12.36
2136	2607	OCHAL ARTUR	JÓZEFOSŁAW	DOWÓDZTWO GARNIZONU WARSZAWA /	72 M30/844 (M)2001	00:51:50	00:49:46	00:24:08	12.06
2137	5903	KARCZEWSKI PIOTR	OLEŚNICA	KERRY OLEŚNICA /	75 M30/845 (M)2002	00:51:51	00:51:24	00:24:59	11.67
2138	4243	ŁAPIŃSKI TOMASZ	WARSZAWA		76 M30/846 (M)2003	00:51:51	00:49:56	00:24:11	12.02
2139	1423	KINASIEWICZ PAWEŁ	WARSZAWA		76 M30/847 (M)2004	00:51:51	00:49:33	00:24:12	12.11
2140	3397	TYBURSKI JACEK	WARSZAWA		73 M30/848 (M)2005	00:51:51	00:47:57	00:24:30	12.51
2141	3991	SIWEK BARTŁOMIEJ	WIELISZEW		86 M20/564 (M)2006	00:51:51	00:48:17	00:24:36	12.43
2142	4999	PIETRZYK MAREK	MAGNUSZEW	CHYC CLUB /	90 M20/565 (M)2007	00:51:51	00:47:58	00:25:08	12.51
2143	2189	ZIELIŃSKI DANIEL	ADAMÓW WIEŚ		83 M20/566 (M)2008	00:51:52	00:48:28	00:24:15	12.38
2144	2109	SZYMAŃSKI TOMASZ	WARSZAWA	AGR WELODROM /	88 M20/567 (M)2009	00:51:52	00:48:43	00:25:01	12.32
2145	3375	JUREK MATEUSZ	WARSZAWA	TEAM NUTRALITE /	96 M20/568 (M)2010	00:51:53	00:49:53	00:24:18	12.03
2146	4322	LEWANDOWSKI MAREK	WARSZAWA		88 M20/569 (M)2011	00:51:53	00:48:21	00:24:11	12.41
2147	309	HADZLIK PIOTR	OTWOCK		74 M30/849 (M)2012	00:51:54	00:51:13	00:25:44	11.71
2148	1315	DUDZIŃSKI RAFAŁ	WARSZAWA		70 M40/414 (M)2013	00:51:54	00:48:35	00:24:20	12.35
2149	6874	DĄBROWSKI JAROSŁAW	PIASECZNO		75 M30/850 (M)2014	00:51:54	00:50:05	00:23:50	11.98

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<b>Miejsce Rank</b>	<b>Nr Bib</b>	<b>Nazwisko i imię Name</b>	<b>Miejscowość City</b>	<b>Drużyna / Klub Team / Club</b>	<b>R-k W kat. YoB in Age</b>	<b>Wynik Time</b>	<b>Wynik netto</b>	<b>Wynik 5km</b>	<b>[km/h]</b>
2150	3637	ZACKIEWICZ MACIEJ	WARSZAWA		93 M20/570 (M)2015	00:51:54	00:47:36	00:24:08	12.61
2151	6967	KOKOSZKA TOMASZ	PUSZCZA MARIANŃSKA	OPEL RUNNING TEAM /	81 M30/851 (M)2016	00:51:54	00:49:45	00:24:38	12.06
2152	4863	LUTOSTAŃSKI ROBERT	WARSZAWA	JARTOM24.PL /	81 M30/852 (M)2017	00:51:55	00:48:55	00:25:36	12.27
2153	851	ŻYMEŁKA ALEKSANDRA	WARSZAWA		70 K40/22 (K)136	00:51:55	00:50:00	00:25:23	12.00
2154	3456	TAŃSKI PRZEMYSŁAW	WARSZAWA	AGR WELODROM /	80 M30/853 (M)2018	00:51:56	00:49:00	00:24:42	12.24
2155	3808	OŹLAŃSKI DAMIAN	WARSZAWA		86 M20/571 (M)2019	00:51:56	00:50:46	00:24:29	11.82
2156	4412	HORBACZEWSKI MAREK	CHELM		62 M40/415 (M)2020	00:51:57	00:48:18	00:23:57	12.42
2157	2281	WIĘCKOWSKI KRZYSZTOF	WARSZAWA	HP RUN /	78 M30/854 (M)2021	00:51:57	00:47:34	00:24:05	12.61
2158	4766	BARANOWSKI TOMASZ	KOZIENICE	NA ZDROWIE /	57 M50/148 (M)2022	00:51:58	00:50:07	00:25:14	11.97
2159	5285	BANACH TOMASZ	LUBLIN		74 M30/855 (M)2023	00:51:58	00:50:12	00:24:32	11.95
2160	66	KORCZ DARIUSZ	WARSZAWA	COCA COLA /	63 M40/416 (M)2024	00:51:58	00:49:39	00:25:07	12.08
2161	582	POŚLAD MARIUSZ	ZĄBKI		74 M30/856 (M)2025	00:51:58	00:48:46	00:24:27	12.30
2162	4930	WYSZOMIERSKI DARIUSZ	WARSZAWA		71 M40/417 (M)2026	00:51:58	00:47:41	00:24:15	12.58
2163	3990	SIWEK MICHAŁ	WIELISZEW		88 M20/572 (M)2027	00:51:59	00:48:23	00:24:35	12.40
2164	6902	STASZEWSKI DOMINIK	WARSZAWA		82 M20/573 (M)2028	00:52:00	00:48:00	00:24:10	12.50
2165	5555	MATYJASIK JACEK	WARSZAWA	123-A-TERAZ-MY! /	71 M40/418 (M)2029	00:52:00	00:49:44	00:24:57	12.06
2166	3815	MAŁEK RAFAŁ	HALINÓW		76 M30/857 (M)2030	00:52:00	00:48:35	00:24:07	12.35
2167	503	SADOWSKA JUSTYNA	WARSZAWA		70 K40/23 (K)137	00:52:00	00:48:36	00:24:26	12.35
2168	6733	URBAŃSKI MAREK	ŁAŃCUT		65 M40/419 (M)2031	00:52:02	00:49:51	00:24:42	12.04
2169	2401	CHOMA BARTŁOMIEJ	SKARŻYSKO-KAMIENNA		80 M30/858 (M)2032	00:52:02	00:49:00	00:24:51	12.24
2170	1764	WILCZYŃSKI RAFAŁ	WARSZAWA		75 M30/859 (M)2033	00:52:02	00:51:35	00:25:13	11.63
2171	5160	SZYMERski MICHAŁ	WARSZAWA		85 M20/574 (M)2034	00:52:02	00:50:15	00:25:59	11.94
2172	2499	WNUK MICHAŁ	WARSZAWA	PLAY /	80 M30/860 (M)2035	00:52:02	00:49:21	00:24:23	12.16
2173	4853	SZOPA SŁAWOMIR	WARSZAWA		72 M30/861 (M)2036	00:52:03	00:48:37	00:24:58	12.34
2174	2735	SOLIWODA KRZYSZTOF	WARSZAWA	- /	74 M30/862 (M)2037	00:52:03	00:48:24	00:24:41	12.40
2175	2980	BUŻANTOWICZ ZYGMUNT	LUBAŃ		88 M20/575 (M)2038	00:52:03	00:49:13	00:24:03	12.19
2176	5059	KRAWCZYK TOMASZ	JÓZEFOSŁAW	LEASEPLAN /	76 M30/863 (M)2039	00:52:04	00:50:55	00:24:37	11.78
2177	847	WILGOS JANUSZ	WARSZAWA	12TRI.PL /	81 M30/864 (M)2040	00:52:04	00:48:49	00:24:39	12.29
2178	7491	ANDRZEJCZYK ADAM	WARSZAWA		73 M30/865 (M)2041	00:52:04	00:48:50	00:24:25	12.29
2179	3117	ROJEK ARTUR	GRODZISK MAZOWIECKI		70 M40/420 (M)2042	00:52:04	00:49:56	00:24:55	12.02
2180	1592	CHĘCIAK GRZEGORZ	WARSZAWA		66 M40/421 (M)2043	00:52:05	00:50:01	00:24:00	12.00
2181	6998	ZALEWSKI MIROSLAW	GARWOLIN		79 M30/866 (M)2044	00:52:05	00:50:33	00:24:15	11.87
2182	1548	CIECIERA PAWEŁ	WARSZAWA	AGR WELODROM /	72 M30/867 (M)2045	00:52:05	00:49:10	00:24:36	12.20
2183	3269	BADEŁEK MATEUSZ	BIĄŁOBRZEGI		88 M20/576 (M)2046	00:52:05	00:48:46	00:23:45	12.30
2184	6411	MIŚKIEWICZ PIOTR	WARSZAWA		68 M40/422 (M)2047	00:52:06	00:48:37	00:24:25	12.34
2185	5340	BITKOWSKI PAWEŁ	WARSZAWA	SOFTTUTOR /	74 M30/868 (M)2048	00:52:06	00:48:17	00:24:17	12.43
2186	3657	KWESTARZ GRZEGORZ	WARSZAWA	PIĘKNI MŁODZIEŃCY /	83 M20/577 (M)2049	00:52:06	00:49:23	00:24:44	12.15
2187	4861	BORDZIO ARKADIUSZ	MARKI		77 M30/869 (M)2050	00:52:06	00:49:07	00:25:37	12.22
2188	5138	STACHURSKI RAFAŁ	WARSZAWA		72 M30/870 (M)2051	00:52:06	00:51:02	00:25:36	11.76
2189	690	CHEBDA KRZYSZTOF	NOWY DWÓR		93 M20/578 (M)2052	00:52:07	00:48:38	00:23:44	12.34
2190	5739	SZOTA JAROSŁAW			77 M30/871 (M)2053	00:52:07	00:50:23	00:25:03	11.91
2191	5035	PAWŁOWSKI PIOTR	WARSZAWA		73 M30/872 (M)2054	00:52:07	00:48:17	00:24:44	12.43
2192	4580	OLEJNIK PIOTR	WARSZAWA		55 M50/149 (M)2055	00:52:08	00:50:02	00:24:49	11.99
2193	34	WŁODARCZYK TOMASZ		ORANGE SPORT /	85 M20/579 (M)2056	00:52:08	00:49:58	00:24:28	12.01
2194	4928	DOMASZEWSKI WOJCIECH	WARSZAWA		77 M30/873 (M)2057	00:52:08	00:50:24	00:24:18	11.90
2195	3267	KIELEK PRZEMYSŁAW	GRODZISK MAZOWIECKI		78 M30/874 (M)2058	00:52:08	00:48:39	00:25:21	12.33
2196	94	RESZKE FILIP		GO SPORT /	87 M20/580 (M)2059	00:52:08	00:50:51	00:26:05	11.80
2197	4306	WÓJCİK JERZY PIOTR	WARSZAWA		55 M50/150 (M)2060	00:52:08	00:48:54	00:24:24	12.27
2198	4538	JEZERSKI JAKUB	WARSZAWA		71 M40/423 (M)2061	00:52:09	00:49:21	00:24:55	12.16
2199	3823	WIERCIAŃSKI DANIEL	WARSZAWA		84 M20/581 (M)2062	00:52:09	00:49:01	00:24:17	12.24
2200	6161	MIŚKIEWICZ WITOLD	WARSZAWA	MIŚKI /	87 M20/582 (M)2063	00:52:09	00:48:42	00:25:04	12.32
2201	260	WIECZOREK JACEK	WARSZAWA		75 M30/875 (M)2064	00:52:09	00:51:02	00:24:50	11.76
2202	5132	POPIOLEK MARCIN	PRUSZKÓW	BRĄK /	76 M30/876 (M)2065	00:52:09	00:49:57	00:24:46	12.01
2203	963	SUCHTA ADRIAN	WARSZAWA		92 M20/583 (M)2066	00:52:09	00:49:38	00:24:12	12.09
2204	4219	NYCZ MARIUSZ	WARSZAWA		71 M40/424 (M)2067	00:52:10	00:49:43	00:25:20	12.07
2205	625	KOZANKIEWICZ TOMASZ	WARSZAWA	RETZEF /	78 M30/877 (M)2068	00:52:10	00:50:05	00:24:29	11.98
2206	5114	MARZAK MICHAŁ	WARSZAWA	POLITECHNIKA WARSZAWSKA /	85 M20/584 (M)2069	00:52:10	00:48:53	00:25:02	12.27

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Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna / Klub Team / Club	R-k W kat. YoB in Age	Wynik Time	Wynik netto	Wynik 5km	[km/h]
2207	5079	MAŁEK STANISŁAW	WARSZAWA		81 M30/878 (M)2070	00:52:11	00:50:16	00:24:03	11.94
2208	3451	SZULKOWSKI JAROSŁAW	WARSZAWA		62 M40/425 (M)2071	00:52:11	00:50:39	00:24:47	11.85
2209	2541	KOWALCZYK WOJCIECH	WARSZAWA	REMBERTÓW TEAM /	75 M30/879 (M)2072	00:52:12	00:51:31	00:24:56	11.65
2210	5111	KALUSZYŃSKI PAWEŁ	RADZYŃ PODLASKI	NIEZRZESZONY /	79 M30/880 (M)2073	00:52:12	00:49:07	00:24:20	12.22
2211	511	SOBOLEWSKI LUDWIK	WARSZAWA	BRAK /	65 M40/426 (M)2074	00:52:13	00:52:09	00:25:25	11.51
2212	6618	SOSNOWKA LESZEK	DZIAŁDOWO	BRAK /	63 M40/427 (M)2075	00:52:13	00:50:34	00:25:07	11.87
2213	3009	KAZANECKA JOANNA	WARSZAWA		79 K30/44 (K)138	00:52:13	00:50:25	00:25:11	11.90
2214	2815	SOBCZYŃSKI KRZYSZTOF	WARSZAWA	TRIATHLONIŚCI I CUKRZYCY /	86 M20/585 (M)2076	00:52:13	00:48:52	00:24:10	12.28
2215	2284	ZACHAREK PIOTR	WARSZAWA	HP-RUN /	73 M30/881 (M)2077	00:52:13	00:47:46	00:24:32	12.56
2216	1018	KASPRZAK BOGUSŁAW	KARCZEW	DRUŻYNA SZPIKU /	58 M50/151 (M)2078	00:52:13	00:51:13	00:24:58	11.71
2217	2612	AWSIUKIEWICZ MAREK	KARCZEW		72 M30/882 (M)2079	00:52:14	00:49:37	00:24:23	12.09
2218	5153	BRODAWKA SŁAWOMIR	WARSZAWA		64 M40/428 (M)2080	00:52:14	00:49:24	00:24:42	12.15
2219	2901	WÓJTOWICZ PIOTR	WARSZAWA		73 M30/883 (M)2081	00:52:14	00:49:23	00:25:32	12.15
2220	6135	MAĆZEWSKI MICHAŁ	KIELPIN		72 M30/884 (M)2082	00:52:14	00:49:01	00:24:17	12.24
2221	4550	TARAN YURIY	WARSZAWA		79 M30/885 (M)2083	00:52:15	00:50:49	00:24:41	11.81
2222	4470	SUBDA ROBERT	WOŁOMIN		71 M40/429 (M)2084	00:52:15	00:50:50	00:24:30	11.80
2223	5944	KOLCZYŃSKI PIOTR	ŁÓDŹ		94 M20/586 (M)2085	00:52:15	00:48:59	00:24:18	12.25
2224	6695	SZYMCZYK MICHAŁ	LUBLIN		86 M20/587 (M)2086	00:52:15	00:49:58	00:24:27	12.01
2225	4393	BRZEZIŃSKI WALDEMAR	NOWE MIASTO NAD		65 M40/430 (M)2087	00:52:15	00:49:50	00:24:55	12.04
2226	522	KWIATKOWSKI ANDRZEJ	LIPNO	10 WARSZAWSKI PULK SAMOCHODOWY /	78 M30/886 (M)2088	00:52:15	00:49:46	00:25:12	12.06
2227	5716	ŻUREK KATARZYNA	NOWY DWÓR	WKB META LUBLINIEC /	75 K30/45 (K)139	00:52:16	00:49:06	00:24:51	12.22
2228	4018	OPALIŃSKI RAFAŁ	ZIELONKA	TEAM NURILITE /	75 M30/887 (M)2089	00:52:16	00:50:27	00:24:44	11.89
2229	2672	POPIŃSKA KATARZYNA	WARSZAWA		79 K30/46 (K)140	00:52:16	00:51:29	00:25:46	11.65
2230	3116	JALTUSZYK GRZEGORZ	WARSZAWA		76 M30/888 (M)2090	00:52:17	00:52:13	00:24:56	11.49
2231	2783	SOWA ŁUKASZ	WARSZAWA		81 M30/889 (M)2091	00:52:17	00:50:43	00:25:11	11.83
2232	4034	WASILIK TOMASZ	WARSZAWA	BANK PEKAO SA /	73 M30/890 (M)2092	00:52:17	00:49:30	00:24:32	12.12
2233	4612	KLIMEK MICHAŁ	WARSZAWA		82 M20/588 (M)2093	00:52:17	00:50:39	00:24:17	11.85
2234	5795	GÓRSKI MACIEJ	GRODKÓW	STOWARZYSZENIE BE BETTER /	87 M20/589 (M)2094	00:52:17	00:49:34	00:24:54	12.10
2235	3581	MIŁOSZ MICHAŁ	WARSZAWA		89 M20/590 (M)2095	00:52:18	00:48:12	00:24:26	12.45
2236	3649	DWORAK MARCIN	WARSZAWA		71 M40/431 (M)2096	00:52:18	00:48:52	00:25:01	12.28
2237	5133	LITWIŃSKI PIOTR	LATCHORZEW		68 M40/432 (M)2097	00:52:18	00:49:00	00:24:21	12.24
2238	6607	SMYK PIOTR	MAJDAN KOZIC DOLNYCH	LUBELSKIE STOWARZYSZENIE BIEGOWE /	93 M20/591 (M)2098	00:52:18	00:51:11	00:24:47	11.72
2239	4783	MILEJ IRENEUSZ	WARSZAWA	NIENALEŻY /	56 M50/152 (M)2099	00:52:19	00:49:45	00:24:38	12.06
2240	6860	ZYWERT ANNA	MUROWANA GOŚLINA		91 K20/64 (K)141	00:52:19	00:49:00	00:24:50	12.24
2241	2975	ZMITROWICZ AGATA	KONSTANCIN		79 K30/47 (K)142	00:52:19	00:49:21	00:24:12	12.16
2242	1518	KOMOROWSKI ADAM	WARSZAWA		69 M40/433 (M)2100	00:52:19	00:48:13	00:24:10	12.44
2243	5573	KUCZYŃSKI MARCIN	JABLONNA		78 M30/891 (M)2101	00:52:19	00:48:13	00:24:12	12.44
2244	4114	GRZYBOWSKI JANUSZ	SEROCK		57 M50/153 (M)2102	00:52:20	00:48:48	00:24:43	12.30
2245	3622	MILEWSKI ANDRZEJ	DĄBRÓWKA		86 M20/592 (M)2103	00:52:20	00:51:15	00:24:52	11.71
2246	1238	JANKOWSKI TADEUSZ	WARSZAWA	KS OTRYT /	52 M50/154 (M)2104	00:52:20	00:50:07	00:25:25	11.97
2247	5402	CHUDZIK PIOTR	WARSZAWA		82 M20/593 (M)2105	00:52:20	00:50:19	00:25:08	11.92
2248	5819	GUZIŃSKI ANDRZEJ	GDAŃSK	TOP-KEY /	64 M40/434 (M)2106	00:52:20	00:51:14	00:25:20	11.71
2249	3590	TRENTOWSKI WOJCIECH	OSTRÓW MAZOWIECKA		75 M30/892 (M)2107	00:52:20	00:49:57	00:25:10	12.01
2250	1202	BIEŃKOWSKI MACIEK	WARSZAWA		71 M40/435 (M)2108	00:52:20	00:49:33	00:24:32	12.11
2251	4599	ŁYSIAK KRZYSZTOF	WARSZAWA	KOTLET POWER TEAM /	76 M30/893 (M)2109	00:52:20	00:49:34	00:24:05	12.10
2252	4188	JĘCKA JAKUB	WARSZAWA		84 M20/594 (M)2110	00:52:21	00:51:13	00:25:34	11.71
2253	5550	URBAŃSKI PIOTR	WARSZAWA		71 M40/436 (M)2111	00:52:21	00:48:54	00:24:37	12.27
2254	6221	ZIELIŃSKI CEZARY	WARSZAWA	2 PLUS 1 /	92 M20/595 (M)2112	00:52:22	00:51:03	00:26:00	11.75
2255	1611	STEFAŃSKA KATARZYNA	STARA WIEŚ	GLKS NADARZYN /	72 K30/48 (K)143	00:52:22	00:49:32	00:24:26	12.11
2256	2663	TUBIS MICHAŁ	CHELM		85 M20/596 (M)2113	00:52:22	00:49:19	00:24:25	12.17
2257	5222	DĘBIEC ANDRZEJ	WARSZAWA		65 M40/437 (M)2114	00:52:22	00:49:05	00:24:23	12.22
2258	6220	ZIELIŃSKA ANNA	WARSZAWA	2 PLUS 1 /	70 K40/24 (K)144	00:52:23	00:51:04	00:26:01	11.75
2259	4093	NOWACKI PIOTR	JÓZEFOSŁAW		79 M30/894 (M)2115	00:52:23	00:48:11	00:24:18	12.45
2260	4706	FUGIEL PIOTR	MICHAŁOWICE		63 M40/438 (M)2116	00:52:23	00:48:22	00:24:16	12.41
2261	6268	NYCÓKWIAK MAREK	NOWY TOMYŚL	NIEZRZESZONY /	78 M30/895 (M)2117	00:52:23	00:49:03	00:24:55	12.23
2262	437	KUROWSKI MACIEJ	WARSZAWA		80 M30/896 (M)2118	00:52:24	00:50:27	00:25:40	11.89
2263	6589	SKOPOWSKI JEREMI	MAJDAN KOZIC DOLNYCH	LUBELSKIE STOWARZYSZENIE BIEGOWE /	92 M20/597 (M)2119	00:52:24	00:51:05	00:24:34	11.75

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Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna / Klub Team / Club	R-k W kat. YoB in Age	Wynik Time	Wynik netto	Wynik 5km	[km/h]
2264	2517	KĄŻMIERCZAK MARCIN	SOCHACZEW		88 M20/598 (M)2120	00:52:24	00:49:05	00:24:17	12.22
2265	4070	JÓŻWICKI GRZESIEK	WARSZAWA		79 M30/897 (M)2121	00:52:24	00:51:43	00:24:45	11.60
2266	6680	SZULC MARYLA	MLAWA		88 K20/65 (K)145	00:52:24	00:52:03	00:24:26	11.53
2267	3968	SADOWSKI WOJCIECH	WARSZAWA	COFACE TEAM /	80 M30/898 (M)2122	00:52:25	00:48:36	00:24:00	12.35
2268	1384	KOSTANOWICZ PAWEŁ	WARSZAWA		93 M20/599 (M)2123	00:52:25	00:47:33	00:24:11	12.62
2269	5798	GRABOWSKI TADEUSZ	SOCHACZEW		51 M60/17 (M)2124	00:52:25	00:51:34	00:24:49	11.64
2270	2082	STRZECHOWSKI RAFAŁ	WARSZAWA		65 M40/439 (M)2125	00:52:25	00:50:30	00:25:34	11.88
2271	55	KUKAWSKA JOANNA	WARSZAWA	COLA COLA /	63 K40/25 (K)146	00:52:25	00:52:19	00:25:44	11.47
2272	2752	MILEWSKI RAFAŁ	WARSZAWA		74 M30/899 (M)2126	00:52:25	00:50:44	00:24:42	11.83
2273	1819	POGORZELSKI ŁUKASZ	WIĄŻOWNA		89 M20/600 (M)2127	00:52:25	00:51:38	00:25:56	11.62
2274	6567	SEJDAK RADOMIR	WARSZAWA		82 M20/601 (M)2128	00:52:26	00:49:44	00:25:06	12.06
2275	5443	CZWARNO TOMASZ	WARSZAWA		78 M30/900 (M)2129	00:52:26	00:50:51	00:24:18	11.80
2276	203	KLAMER MARCIN	WARSZAWA	MUZEUW PIŁSUDZKIEGO /	70 M40/440 (M)2130	00:52:26	00:50:05	00:25:15	11.98
2277	150	ŻUREK SŁAWOMIR	WARSZAWA	SPONSOR /	74 M30/901 (M)2131	00:52:26	00:51:20	00:24:51	11.69
2278	5050	FILIPOV AYRIDIN	WARSZAWA		95 M20/602 (M)2132	00:52:27	00:48:48	00:23:54	12.30
2279	4468	KUBACKI MAREK	OSIEDLE NIEWIADÓW	BRAK /	82 M20/603 (M)2133	00:52:27	00:49:07	00:24:20	12.22
2280	6684	SZYCIK WALDEMAR	GRAJEWO	MARATONKA GRAJEWO /	69 M40/441 (M)2134	00:52:27	00:49:17	00:24:42	12.17
2281	1976	PRZYŁECKI MICHAŁ	WARSZAWA	PKO_ /	77 M30/902 (M)2135	00:52:27	00:48:29	00:25:01	12.38
2282	4647	WAŚ TOMASZ	WARSZAWA		93 M20/604 (M)2136	00:52:28	00:51:49	00:25:21	11.58
2283	3550	KURDEJ GRZEGORZ	WARSAW	T-MOBILE RUNNING TEAM /	74 M30/903 (M)2137	00:52:28	00:49:07	00:24:22	12.22
2284	2190	GAWKOWSKI ROBERT	LEGIONOWO	CSLII ZEGRZE /	73 M30/904 (M)2138	00:52:28	00:51:12	00:25:09	11.72
2285	5528	PARFIANOWICZ ADAM	WARSZAWA		94 M20/605 (M)2139	00:52:28	00:50:01	00:23:45	12.00
2286	3908	CZAJA DANIEL	WARSZAWA		75 M30/905 (M)2140	00:52:28	00:51:46	00:26:03	11.59
2287	5572	ZUBOWICZ JAKUB	SEJNY	BANK PEKAO SA /	82 M20/606 (M)2141	00:52:28	00:48:59	00:25:26	12.25
2288	5950	KONCEWICZ JAROSŁAW	CIECHANÓW		83 M20/607 (M)2142	00:52:28	00:49:42	00:25:23	12.07
2289	571	GOŁASZEWSKI MAREK	LEGIONOWO		58 M50/155 (M)2143	00:52:29	00:49:42	00:25:03	12.07
2290	4073	RAMM SZATKIEWICZ KLARA	WARSZAWA WESOŁA		68 K40/26 (K)147	00:52:30	00:50:55	00:25:42	11.78
2291	900	FABISIAK MAREK	WARSZAWA	ACCELERATE /	76 M30/906 (M)2144	00:52:30	00:50:45	00:25:04	11.82
2292	3004	SAWICKI KRZYSZTOF	CZAPLIN		60 M50/156 (M)2145	00:52:31	00:50:27	00:25:02	11.89
2293	5338	BISIKIEWICZ MICHAŁ	OLSZTYN		79 M30/907 (M)2146	00:52:31	00:51:14	00:25:12	11.71
2294	5201	LATKOWSKA MARIANNA	WARSZAW		95 K20/66 (K)148	00:52:31	00:50:55	00:24:43	11.78
2295	1297	WILK PAWEŁ	WARSZAWA	AGR WELODROM /	79 M30/908 (M)2147	00:52:31	00:49:22	00:25:02	12.15
2296	3204	RYŚ TOMASZ	WARSZAWA		83 M20/608 (M)2148	00:52:31	00:50:21	00:24:39	11.92
2297	1213	KORDALEWSKI ŁUKASZ	SULEJÓWEK	CANAL+ /	83 M20/609 (M)2149	00:52:31	00:49:42	00:24:36	12.07
2298	1790	RADZKI MARCIN	TŁUSZCZ		74 M30/909 (M)2150	00:52:31	00:49:33	00:25:00	12.11
2299	1356	KIERNIKOWSKI WITOLD	RASZYN	TEAM NUTRILITE /	59 M50/157 (M)2151	00:52:32	00:52:10	00:25:11	11.50
2300	4891	POGAN MARCIN	KRAKÓW		85 M20/610 (M)2152	00:52:32	00:49:31	00:25:19	12.12
2301	952	RADECKI DARIUSZ	GRODZISK MAZOWIECKI		67 M40/442 (M)2153	00:52:32	00:49:00	00:24:49	12.24
2302	1589	LOBOS JAN	BRWINÓW		84 M20/611 (M)2154	00:52:32	00:48:56	00:25:27	12.26
2303	5193	WINKLER MARCIN	WARSZAWA		78 M30/910 (M)2155	00:52:33	00:49:25	00:24:31	12.14
2304	5156	KUBALA SŁAWOMIR	WARSZAWA		71 M40/443 (M)2156	00:52:33	00:50:26	00:24:46	11.90
2305	2588	SIERADZKI DOMINIK	WARSZAWA	AZS SGGW /	91 M20/612 (M)2157	00:52:33	00:51:28	00:25:30	11.66
2306	1062	TRZPIŁ MACIEJ	GARWOLIN	AVON /	78 M30/911 (M)2158	00:52:33	00:50:50	00:25:04	11.80
2307	5602	NOGALSKI RADOŚŁAW	ŚNIADÓWKA		90 M20/613 (M)2159	00:52:33	00:47:58	00:25:42	12.51
2308	6276	OLEKSIK PIOTR	KIELCE		79 M30/912 (M)2160	00:52:34	00:48:41	00:24:23	12.32
2309	613	ŻUK PIOTR	WARSZAWA		85 M20/614 (M)2161	00:52:34	00:50:15	00:25:12	11.94
2310	4583	CZWARNOWSKI PIOTR	WARSZAWA		80 M30/913 (M)2162	00:52:34	00:49:54	00:24:55	12.02
2311	1433	WOŻNICKI MACIEK	ŁÓDŻ	PRIMORI MORTE /	80 M30/914 (M)2163	00:52:34	00:49:56	00:25:17	12.02
2312	4480	CECOT ŁUKASZ	WARSZAWA		81 M30/915 (M)2164	00:52:35	00:49:45	00:25:05	12.06
2313	1488	WIĘCKOWSKI BARTEK	WARSZAWA		95 M20/615 (M)2165	00:52:35	00:50:04	00:24:18	11.98
2314	5956	KOPERA ADAM	WARSZAWA		86 M20/616 (M)2166	00:52:35	00:52:22	00:25:03	11.46
2315	2856	POLAŃSKI JAKUB	WÓŁKA KOZODAWSKA		95 M20/617 (M)2167	00:52:36	00:48:43	00:24:13	12.32
2316	308	RAJCHENBACH ROBERT	WARSZAWA		69 M40/444 (M)2168	00:52:36	00:48:39	00:24:39	12.33
2317	3860	KOWALEWSKI WOJCIECH	WARSZAWA		79 M30/916 (M)2169	00:52:36	00:49:24	00:23:30	12.15
2318	4818	KORDELAS GRZEGORZ	ŁÓDŻ	BIEGACZ NOWOSOLNA /	50 M60/18 (M)2170	00:52:36	00:51:47	00:25:37	11.59
2319	3655	KUCZYŃSKI DANIEL	WARSZAWA	PREŻNE VACKY /	75 M30/917 (M)2171	00:52:36	00:51:22	00:24:30	11.68
2320	6418	DZIURDZIAK MATEUSZ	KRZYWDA		91 M20/618 (M)2172	00:52:37	00:49:22	00:25:26	12.15

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Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna / Klub Team / Club	R-k YoB	W kat. in Age	Wynik Time	Wynik netto	Wynik 5km	[km/h]
2321	3452	JANKOWSKI BARTOSZ	WARSZAWA		87	M20/619 (M)2173	00:52:37	00:49:20	00:24:47	12.16
2322	6155	MILEWSKI KRZYSZTOF	OSTROŁĘKA	BRAK /	82	M20/620 (M)2174	00:52:37	00:49:28	00:24:16	12.13
2323	3607	MURLAK KAROL	WARSZAWA		82	M20/621 (M)2175	00:52:37	00:49:48	00:24:40	12.05
2324	5485	DZIURUŃ PIOTR	BRWINÓW		71	M40/445 (M)2176	00:52:37	00:48:12	00:24:47	12.45
2325	1684	ABELEK TOMASZ	WARSZAWA		79	M30/918 (M)2177	00:52:37	00:51:40	00:26:00	11.61
2326	3186	LESKI JANUSZ	WARSZAWA		60	M50/158 (M)2178	00:52:38	00:52:32	00:27:14	11.42
2327	932	SZOŁAJSKI BARTŁOMIEJ	WARSZAWA		77	M30/919 (M)2179	00:52:38	00:47:24	00:23:55	12.66
2328	2291	OGURKIS JAN	WARSZAWA		62	M40/446 (M)2180	00:52:38	00:51:40	00:25:19	11.61
2329	220	KARNICKI ZYGMUNT	KOSZALIN	TEAMU NUTRILITE /	55	M50/159 (M)2181	00:52:38	00:52:21	00:25:26	11.46
2330	3602	GRONIECKI MIKOŁAJ	WARSZAWA		80	M30/920 (M)2182	00:52:39	00:48:48	00:24:50	12.30
2331	6007	KRĘCIELEWSKI TOMASZ	WARSZAWA	TEAM NUTRILITE /	84	M20/622 (M)2183	00:52:39	00:48:55	00:26:37	12.27
2332	2466	DOMAŃSKI MIECZYSLAW	WARSZAWA	EDC RUNNERS /	82	M20/623 (M)2184	00:52:39	00:49:50	00:25:35	12.04
2333	1507	CYPEL SŁAWOMIR	SOCHACZEW	DRAGON SOCHACZEW /	72	M30/921 (M)2185	00:52:39	00:51:56	00:25:23	11.55
2334	3754	JAWOROWICZ TOMASZ	KONSTANCIN		77	M30/922 (M)2186	00:52:39	00:49:08	00:24:59	12.21
2335	614	REMBERK MICHAŁ	WARSZAWA	WARSZAWSKI ŻÓŁWIK /	71	M40/447 (M)2187	00:52:39	00:48:59	00:25:32	12.25
2336	261	HOŁOWACZ TOMASZ	WARSZAWA	ABC KONDYCJA /	40	M70/2 (M)2188	00:52:40	00:49:31	00:24:58	12.12
2337	6203	KRUSZEWSKI JAN	WARSZAWA		96	M20/624 (M)2189	00:52:40	00:51:06	00:24:55	11.74
2338	275	ZADROŻNY STANISŁAW	GARWOLIN		41	M70/3 (M)2190	00:52:40	00:51:50	00:25:36	11.58
2339	3355	CISZEWSKI MARCELI	KIELCE		83	M20/625 (M)2191	00:52:41	00:49:55	00:24:25	12.02
2340	576	DOBRODZIEJ TOMASZ	ODRZYWÓŁ		83	M20/626 (M)2192	00:52:41	00:48:10	00:23:47	12.46
2341	1688	STRZYŻEWSKI PAWEŁ	WARSZAWA		78	M30/923 (M)2193	00:52:41	00:50:30	00:25:05	11.88
2342	681	KRAJEWSKI MICHAŁ	WARSZAWA		83	M20/627 (M)2194	00:52:41	00:49:02	00:24:08	12.24
2343	1380	SOSZYŃSKA MAŁGOSIA	WARSZAWA		62	K40/27 (K)149	00:52:42	00:50:34	00:25:20	11.87
2344	4013	BOCHEŃSKI MATEUSZ	WARSZAWA		89	M20/628 (M)2195	00:52:42	00:50:07	00:26:07	11.97
2345	6880	HEŁAK PAWEŁ	BIAŁA PODLASKA		76	M30/924 (M)2196	00:52:42	00:49:54	00:25:19	12.02
2346	6392	PUŻNIAK MIROSLAW	JÓZEFÓW		81	M30/925 (M)2197	00:52:42	00:49:53	00:24:26	12.03
2347	5467	DROHOMIRECKI MARCIN	WARSZAWA	PKO BANK POLSKI. /	73	M30/926 (M)2198	00:52:42	00:52:18	00:25:13	11.47
2348	2838	IWASZKO PIOTR	ŁOMIANKI		81	M30/927 (M)2199	00:52:42	00:51:28	00:25:31	11.66
2349	6655	SYSKA MICHAŁ	KIELCE		95	M20/629 (M)2200	00:52:42	00:50:45	00:25:46	11.82
2350	176	MŁODOŻENIEC JACEK	WARSZAWA	VW SZEWCZYK /	68	M40/448 (M)2201	00:52:42	00:52:29	00:25:11	11.43
2351	5389	CHANDOSZKO BARTOSZ	PŁOCK		85	M20/630 (M)2202	00:52:43	00:50:49	00:24:45	11.81
2352	2413	CZUPA BARTOSZ	WARSZAWA		74	M30/928 (M)2203	00:52:43	00:49:21	00:24:28	12.16
2353	4798	ROGUSKI RAFAŁ	LEGIONOWO		78	M30/929 (M)2204	00:52:43	00:52:18	00:24:59	11.47
2354	879	SOSNOWSKA ALEKSANDRA	BIAŁYSTOK		82	K20/67 (K)150	00:52:43	00:49:06	00:24:19	12.22
2355	6549	SADOWSKI KONRAD	BIAŁA PODLASKA		81	M30/930 (M)2205	00:52:43	00:49:25	00:24:49	12.14
2356	2176	NACHTYGAL DARIUSZ		ACTION /	74	M30/931 (M)2206	00:52:44	00:50:22	00:24:20	11.91
2357	2173	SKWARKOWSKI KRZYSZTOF		ACTION /	83	M20/631 (M)2207	00:52:44	00:50:41	00:23:56	11.84
2358	4562	KONARSKI KAZIMIERZ	ŁOMIANKI		56	M50/160 (M)2208	00:52:44	00:50:48	00:24:36	11.81
2359	2791	CECHOWSKI TOMASZ	OSTROŁĘKA	POLSKA BIEGA /	85	M20/632 (M)2209	00:52:45	00:51:02	00:23:28	11.76
2360	2968	SZPANOWSKI MACIEJ	WARSZAWA		74	M30/932 (M)2210	00:52:45	00:49:04	00:24:28	12.23
2361	6723	TWOREK MACIEJ	RADOM		87	M20/633 (M)2211	00:52:46	00:48:29	00:24:54	12.38
2362	1415	MATYJASIAK JERZY	WARSZAWA		79	M30/933 (M)2212	00:52:46	00:51:32	00:25:08	11.64
2363	1310	MALEWICZ ADAM	WARSZAWA		74	M30/934 (M)2213	00:52:46	00:48:20	00:24:36	12.41
2364	3670	SZELAĞ JACEK	WARSZAWA	PIĘKNI MŁODZIENCY /	75	M30/935 (M)2214	00:52:46	00:50:03	00:24:44	11.99
2365	1993	JAKÓBCZAK PAWEŁ	WARSZAWA	PKO_ /	66	M40/449 (M)2215	00:52:46	00:51:05	00:25:24	11.75
2366	3925	PÓLTORAK BARTŁOMIEJ	OTWOCK		92	M20/634 (M)2216	00:52:46	00:52:10	00:23:25	11.50
2367	5185	KALAMARZ LESŁAW	WROCLAW	NIEZRZESZONY /	62	M40/450 (M)2217	00:52:46	00:51:46	00:25:31	11.59
2368	6890	RUTKOWSKA MAŁGORZATA	STALOWA WOLA		84	K20/68 (K)151	00:52:47	00:51:55	00:25:33	11.56
2369	4776	KOTWAS ROBERT	NIEPORĘT		73	M30/936 (M)2218	00:52:47	00:50:23	00:24:59	11.91
2370	3066	KWAPISZ HENRYK	KLAUDYN	SAINT-GOBAIN SQUAD /	56	M50/161 (M)2219	00:52:48	00:49:38	00:24:57	12.09
2371	1229	SOLTYSIAK MAREK	WARSZAWA		85	M20/635 (M)2220	00:52:48	00:51:26	00:25:29	11.67
2372	569	CYRNY RAFAŁ	WARSZAWA	ING ŻYCIE /	77	M30/937 (M)2221	00:52:48	00:49:28	00:24:45	12.13
2373	2285	SIODŁAK SYLWESTER	GRÓJEC	JW3411 /	75	M30/938 (M)2222	00:52:48	00:50:06	00:25:23	11.98
2374	5649	WŁOSTOWSKI MAREK	WARSZAWA	VEGE RUNNERS /	83	M20/636 (M)2223	00:52:48	00:49:08	00:25:01	12.21
2375	6496	CIOK PRZEMEK	WARSZAWA		80	M30/939 (M)2224	00:52:48	00:51:12	00:24:10	11.72
2376	2657	PIETRASIEWICZ WOJCIECH	WARSZAWA		79	M30/940 (M)2225	00:52:49	00:50:59	00:24:24	11.77
2377	3371	SZCZEPKOWSKI PAWEŁ	WARSZAWA	ARTEQUIPMENT /	55	M50/162 (M)2226	00:52:49	00:49:13	00:24:21	12.19

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<b>Miejsce Rank</b>	<b>Nr Bib</b>	<b>Nazwisko i imię Name</b>	<b>Miejscowość City</b>	<b>Drużyna / Klub Team / Club</b>	<b>R-k W kat. YoB in Age</b>	<b>Wynik Time</b>	<b>Wynik netto</b>	<b>Wynik 5km</b>	<b>[km/h]</b>
2378	6866	ŻOCHOWSKI ADAM	CIECHANÓW		76 M30/941 (M)2227	00:52:49	00:50:02	00:25:23	11.99
2379	5214	ISASI GORKA	BILBAO	BILBAO /	71 M40/451 (M)2228	00:52:49	00:48:28	00:24:08	12.38
2380	1176	KOSIŃSKI ANDRZEJ	WARSZAWA		57 M50/163 (M)2229	00:52:50	00:50:42	00:24:32	11.83
2381	4467	ZADURA KRZYSZTOF	WARSZAWA		74 M30/942 (M)2230	00:52:50	00:48:20	00:25:33	12.41
2382	4777	KILIAN DANIEL	MYSIADŁO	PWPW S.A. /	73 M30/943 (M)2231	00:52:50	00:49:47	00:24:44	12.05
2383	2710	BERNACIAK MARTA		RBS BANK /	87 K20/69 (K)152	00:52:51	00:51:00	00:25:57	11.76
2384	208	ŁASIŃSKI MARCIN	WARSZAWA		79 M30/944 (M)2232	00:52:51	00:49:49	00:24:50	12.04
2385	679	GRABOWSKI ROBERT	OSTRÓW MAZOWIECKA		74 M30/945 (M)2233	00:52:51	00:52:38	00:25:23	11.40
2386	3200	JANKOWSKI PIOTR	WARSZAWA	NIEZRZESZONY /	75 M30/946 (M)2234	00:52:51	00:49:42	00:24:37	12.07
2387	905	SWYNARSKI TOMASZ	WARSZAWA	ITI FITNESS CLUB /	71 M40/452 (M)2235	00:52:51	00:49:37	00:24:40	12.09
2388	6386	PRZYBYSZ KRZYSZTOF	KUJAWY	RUNNING TEAM MIASTKÓW /	94 M20/637 (M)2236	00:52:52	00:50:12	00:24:54	11.95
2389	3394	MIROWSKI JACEK	WARSZAWA		60 M50/164 (M)2237	00:52:52	00:50:07	00:25:37	11.97
2390	2830	DOBKOWSKI MAKSYMILIAN	WARSZAWA		81 M30/947 (M)2238	00:52:52	00:49:25	00:24:46	12.14
2391	5158	KĘPKA ADRIAN	RÓŻAN		90 M20/638 (M)2239	00:52:53	00:46:36	00:23:51	12.88
2392	2550	BEKIERSKI DOMINIK	WARSZAWA		82 M20/639 (M)2240	00:52:53	00:51:02	00:23:58	11.76
2393	984	CYBULSKI ADAM	WARSZAWA		61 M50/165 (M)2241	00:52:53	00:48:58	00:24:58	12.25
2394	6306	PALASZ PAWEŁ	WARSZAWA	PARK SKARYSZEWSKI /	73 M30/948 (M)2242	00:52:53	00:50:56	00:25:15	11.78
2395	642	DYBIEC KRZYSZTOF	WARSZAWA		69 M40/453 (M)2243	00:52:53	00:51:47	00:25:33	11.59
2396	4247	SÓJKA MAŁGOSIA	WARSZAWA	GT DIVERS /	75 K30/49 (K)153	00:52:53	00:51:55	00:26:15	11.56
2397	3876	JANKOWSKA AGNIESZKA	WARSZAWA	ABC KONDYCJA /	80 K30/50 (K)154	00:52:54	00:49:45	00:24:25	12.06
2398	1246	GOŁĄBEK HUBERT	WARSZAWA		89 M20/640 (M)2244	00:52:54	00:48:53	00:25:11	12.27
2399	3384	ROLKA SEBASTIAN	OŻARÓW MAZOWIECKI		89 M20/641 (M)2245	00:52:54	00:49:37	00:25:54	12.09
2400	4905	KACZOROWSKI PAWEŁ	WARSZAWA		86 M20/642 (M)2246	00:52:54	00:49:39	00:24:22	12.08
2401	3181	ROSIK PIOTR	SULEJÓWEK		83 M20/643 (M)2247	00:52:54	00:50:00	00:25:29	12.00
2402	6001	KRAKOWSKI DARIUSZ	BIAŁYSTOK	DELECTA PODLASKI KLUB BIEGOWY /	67 M40/454 (M)2248	00:52:54	00:49:38	00:24:48	12.09
2403	1708	LIPIŃSKI ADAM	TŁUSZCZ	BÓBR TŁUSZCZ /	73 M30/949 (M)2249	00:52:55	00:50:59	00:25:12	11.77
2404	1311	ROZKRUT RYSZARD	WARSZAWA	ZUS /	57 M50/166 (M)2250	00:52:55	00:52:25	00:25:07	11.45
2405	4698	LEPERT JAROSŁAW	PULTUSK		76 M30/950 (M)2251	00:52:55	00:50:55	00:24:38	11.78
2406	6498	GOŁĘBIOWSKI LUDWIK	WARSZAWA		83 M20/644 (M)2252	00:52:55	00:49:10	00:25:14	12.20
2407	4575	BIALAS MICHAŁ	WARSZAWA	BZ WBK /	87 M20/645 (M)2253	00:52:55	00:50:31	00:24:50	11.88
2408	3236	CIUBA PAWEŁ	JÓZEFOSŁAW		77 M30/951 (M)2254	00:52:56	00:48:46	00:24:36	12.30
2409	1003	CHUDZIK MACIEJ	JÓZEFÓW	FUNDACJA DZIEKUJE NIE BIORE /	74 M30/952 (M)2255	00:52:56	00:50:32	00:24:46	11.87
2410	6495	KUCHARSKI SŁAWOMIR	WARSZAWA	BRAK /	81 M30/953 (M)2256	00:52:56	00:49:07	00:24:23	12.22
2411	3270	BADEŁEK HUBERT	BIAŁOBRZEGI		60 M50/167 (M)2257	00:52:56	00:49:37	00:24:21	12.09
2412	2421	TROJANOWSKI SEBASTIAN	WARSZAWA		82 M20/646 (M)2258	00:52:57	00:50:25	00:26:11	11.90
2413	5668	KIREJCZYK STANISŁAW	WARSZAWA	WYCZÓŁKI /	82 M20/647 (M)2259	00:52:57	00:49:22	00:24:07	12.15
2414	5753	KOZAR JAKUB	LEGIONOWO		96 M20/648 (M)2260	00:52:57	00:49:34	00:24:37	12.10
2415	3880	BIRECKA AGATA	WARSZAWA		84 K20/70 (K)155	00:52:57	00:50:22	00:24:55	11.91
2416	3619	SNOPKIEWICZ JOANNA	SKWARNE		77 K30/51 (K)156	00:52:58	00:49:04	00:24:46	12.23
2417	4498	STANISZEWSKI BARTOSZ	GDAŃSK	PIĘTY SZALONEGO GNOMA I SPÓŁKA /	75 M30/954 (M)2261	00:52:58	00:52:06	00:24:53	11.52
2418	6292	OSTROWSKA BOŻENA	BIAŁYSTOK	NIE /	82 K20/71 (K)157	00:52:58	00:51:09	00:25:43	11.73
2419	4148	DZIĄG MACIEJ	WARSZAWA		96 M20/649 (M)2262	00:52:59	00:51:15	00:24:18	11.71
2420	5379	BUGIERA MAREK	LEGIONOWO	BIEGACZ NOWOSOLNA /	63 M40/455 (M)2263	00:52:59	00:52:45	00:24:41	11.37
2421	72	STAŃCZYK ROMUALD		ASICS /	53 M50/168 (M)2264	00:52:59	00:52:51	00:26:24	11.35
2422	1240	JANKOWSKA-PORĘBSKA ALEKSANDRA	WARSZAWA	KS OTRYT /	84 K20/72 (K)158	00:53:00	00:50:47	00:26:01	11.81
2423	5027	PORĘBSKI TOMASZ	WARSZAWA		94 M20/650 (M)2265	00:53:00	00:49:23	00:24:46	12.15
2424	631	KOBUS PAWEŁ	KONSTANCIN-JEZIORNA		69 M40/456 (M)2266	00:53:00	00:49:35	00:25:04	12.10
2425	4069	ŁUKASIAK TOMASZ	KŁOCZEW		67 M40/457 (M)2267	00:53:01	00:49:43	00:25:12	12.07
2426	7486	JAKUBOWSKA DOROTA	WARSZAWA		81 K30/52 (K)159	00:53:01	00:50:22	00:25:11	11.91
2427	3760	STADNICKI RAFAŁ	BOGUSZÓW - GORCE		81 M30/955 (M)2268	00:53:01	00:49:26	00:25:40	12.14
2428	6604	SMOLIŃSKI MARIUSZ	ŁÓDŹ	METALCHEMSC /	63 M40/458 (M)2269	00:53:01	00:50:05	00:24:54	11.98
2429	5673	LESZCZYŃSKI MARIUSZ	WARSZAWA	CHARTY Z ARUPA /	74 M30/956 (M)2270	00:53:01	00:49:09	00:24:59	12.21
2430	4682	GLAPIŃSKA MAGDALENA	WARSZAWA		75 K30/53 (K)160	00:53:02	00:52:21	00:25:18	11.46
2431	4576	LEKKI WOJCIECH	WARSZAWA		81 M30/957 (M)2271	00:53:02	00:49:18	00:24:21	12.17
2432	565	BAK JACEK	WARSZAWA		64 M40/459 (M)2272	00:53:02	00:49:09	00:24:50	12.21
2433	732	SŁOŃ RAFAŁ	WARSZAWA	KIELCE /	72 M30/958 (M)2273	00:53:03	00:51:19	00:25:28	11.69

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Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna / Klub Team / Club	R-k W kat. YoB in Age	Wynik Time	Wynik netto	Wynik 5km	[km/h]
2434	5777	GNIESZAWA-SŁODKOWSKI TOMASZ JÓZEF	OLSZANKA	PUMA PUSZCZA MARIANŃSKA /	73 M30/959 (M)2274	00:53:03	00:50:27	00:25:32	11.89
2435	3223	PRZEDWOLSKI TOMASZ	WARSZAWA		79 M30/960 (M)2275	00:53:03	00:49:45	00:24:48	12.06
2436	735	DĄBROWSKA KATARZYNA	LEGIONOWO		85 K20/73 (K)161	00:53:03	00:50:19	00:24:34	11.92
2437	3755	KIELAK KRZYSZTOF	NOWY PRAŻMÓW	ABC KONDYCJA /	75 M30/961 (M)2276	00:53:04	00:51:23	00:26:05	11.68
2438	4745	ZDZIECHOWSKI SZYMON	WARSZAWA	BANK PEKAO SA /	79 M30/962 (M)2277	00:53:04	00:50:08	00:25:12	11.97
2439	892	JUSIŃSKI ZBIGNIEW	WARSZAWA	ABC KONDYCJA /	65 M40/460 (M)2278	00:53:04	00:50:20	00:24:49	11.92
2440	6216	MŁYNIEC PIOTR	WARSZAWA		61 M50/169 (M)2279	00:53:04	00:50:19	00:25:09	11.92
2441	1627	ROSA PRZEMYSŁAW	WARSZAWA		86 M20/651 (M)2280	00:53:05	00:51:17	00:24:35	11.70
2442	2338	SAWA RYSZARD	WARSZAWA		44 M60/19 (M)2281	00:53:05	00:52:57	00:25:59	11.33
2443	4751	ZDZIECHOWSKI KAZIMIERZ	ŚREM		50 M60/20 (M)2282	00:53:05	00:50:09	00:25:11	11.96
2444	1458	JAKUBIUK SŁAWOMIR	WARSZAWA		77 M30/963 (M)2283	00:53:05	00:52:13	00:25:37	11.49
2445	1125	BIEŃKO ADAM	WARSZAWA	DELOITTE ADVENTURE TEAM /	75 M30/964 (M)2284	00:53:05	00:49:37	00:24:32	12.09
2446	3177	PRZYBYSZ ANDRZEJ	WARSZAWA		82 M20/652 (M)2285	00:53:05	00:50:01	00:24:57	12.00
2447	2331	SENIUK STANISŁAW	KRAKÓW	CROSS KRAKÓW LAJKONIK /	61 M50/170 (M)2286	00:53:05	00:52:58	00:26:00	11.33
2448	757	BOBEK MARCIN	LEGIONOWO	ULAMA TEAM /	82 M20/653 (M)2287	00:53:05	00:50:48	00:24:48	11.81
2449	5984	KOWALSKI MICHAŁ	PRZASNYSZ		78 M30/965 (M)2288	00:53:06	00:50:29	00:25:28	11.89
2450	2986	WICIŃSKA IZABELA	ADAMÓW		69 K40/28 (K)162	00:53:06	00:49:46	00:24:52	12.06
2451	1074	TMIEL KAROL	WOŁOMIN		79 M30/966 (M)2289	00:53:07	00:48:23	00:24:58	12.40
2452	1502	MIAŁKOS OLGA	SOCHACZEW	DRAGON SOCHACZEW /	88 K20/74 (K)163	00:53:08	00:51:44	00:25:18	11.60
2453	456	KOWALCZYK MARCIN	OTWOCK		69 M40/461 (M)2290	00:53:08	00:49:59	00:24:57	12.00
2454	4624	REK KAMIL	SUCHOWIZNA		92 M20/654 (M)2291	00:53:09	00:49:18	00:24:11	12.17
2455	3898	DOBROWOLSKI HUBERT	WARSZAWA		84 M20/655 (M)2292	00:53:09	00:52:05	00:25:29	11.52
2456	192	NIEPYTALSKI MICHAŁ	WARSZAWA	TELEEXPRESS /	85 M20/656 (M)2293	00:53:09	00:50:22	00:24:33	11.91
2457	4482	SZCZOLEK WOJCIECH	WARSZAWA	DB MARATHON TEAM /	83 M20/657 (M)2294	00:53:09	00:49:13	00:24:51	12.19
2458	304	JOŃCZYK DANIEL	PNIEWY		81 M30/967 (M)2295	00:53:10	00:52:57	00:26:23	11.33
2459	4173	DREJARZ-KACZMAREK ANNA	WARSZAWA		79 K30/54 (K)164	00:53:10	00:50:14	00:24:52	11.94
2460	5429	CZAJKOWSKI SYLWESTER	CZERNIEWICE	KUJAWIAK AMATOR CZERNIEWICE /	58 M50/171 (M)2296	00:53:10	00:51:44	00:25:49	11.60
2461	366	ZAWADA RAFAŁ	WARSZAWA	KIZIA MIZIA TEAM /	72 M30/968 (M)2297	00:53:10	00:46:28	00:24:37	12.91
2462	4929	ZGANIACZ TOMASZ	STRZYKUŁY		65 M40/462 (M)2298	00:53:11	00:50:21	00:24:48	11.92
2463	962	BARTKIEWICZ TOMASZ	WARSZAWA	NIEZRZESZONY /	53 M50/172 (M)2299	00:53:11	00:52:12	00:25:42	11.49
2464	4155	LULKA MICHAŁ	WARSZAWA		96 M20/658 (M)2300	00:53:11	00:50:03	00:24:04	11.99
2465	5296	BARAŃSKI MACIEJ	WARSZAWA		89 M20/659 (M)2301	00:53:11	00:50:52	00:24:21	11.80
2466	4367	RUTKOWSKI ŁUKASZ	SULEJÓWEK		81 M30/969 (M)2302	00:53:11	00:50:59	00:24:49	11.77
2467	4814	WOJCIECHOWSKI SEBASTIAN	TRZEBNICA		73 M30/970 (M)2303	00:53:11	00:51:05	00:25:14	11.75
2468	2418	BANKOWICZ PIOTR	WARSZAWA		70 M40/463 (M)2304	00:53:11	00:51:28	00:24:47	11.66
2469	5621	GORYCKI GRZEGORZ	PIASECZNO		79 M30/971 (M)2305	00:53:12	00:50:49	00:25:24	11.81
2470	3454	SOSNOWSKI MIŁOSZ	WARSZAWA		75 M30/972 (M)2306	00:53:12	00:51:58	00:25:06	11.55
2471	338	BONIK PAWEŁ	WARSZAWA	PĘDZĄCE CHOMIKI /	74 M30/973 (M)2307	00:53:12	00:49:50	00:24:42	12.04
2472	2402	CHWIST MARCIN	WARSZAWA		72 M30/974 (M)2308	00:53:12	00:52:35	00:25:54	11.41
2473	5978	KOWAL ANDRZEJ	SZCZECINEK		56 M50/173 (M)2309	00:53:12	00:53:08	00:25:42	11.29
2474	4111	WILISZ ROBERT	LEGIONOWO	CSLII /	71 M40/464 (M)2310	00:53:12	00:51:26	00:25:03	11.67
2475	2468	NOWAK KRZYSZTOF	KIELCE	EDC RUNNERS /	87 M20/660 (M)2311	00:53:12	00:49:41	00:25:04	12.08
2476	2446	GAŁĘZIA GRZEGORZ	WARSZAWA		69 M40/465 (M)2312	00:53:13	00:52:28	00:26:25	11.44
2477	2825	WILGAT ADAM	ZĄBKI		71 M40/466 (M)2313	00:53:13	00:49:59	00:24:51	12.00
2478	1410	GRABOWSKA MARCELA	WROCLAW		92 K20/75 (K)165	00:53:13	00:49:53	00:25:09	12.03
2479	689	KORPIKIEWICZ ANDRZEJ	WARSZAWA	TRUCHT TARCHOMIN TEAM /	81 M30/975 (M)2314	00:53:13	00:49:37	00:24:50	12.09
2480	3514	RUCIŃSKI RADOSŁAW	WARSZAWA		72 M30/976 (M)2315	00:53:13	00:50:10	00:24:54	11.96
2481	2447	GAŁĘZIA BARTEK	WARSZAWA		87 M20/661 (M)2316	00:53:13	00:52:29	00:26:25	11.43
2482	484	URBAŃSKI ARTUR	WARSZAWA		72 M30/977 (M)2317	00:53:13	00:49:53	00:24:48	12.03
2483	5588	KALISKI ANDRZEJ	ŁOMIANKI		78 M30/978 (M)2318	00:53:14	00:48:57	00:25:18	12.26
2484	2272	JACHIMEK MACIEJ	WARSZAWA	HP RUN /	76 M30/979 (M)2319	00:53:15	00:49:56	00:25:03	12.02
2485	2886	WILCZYŃSKI ANDRZEJ	NASIELSK		66 M40/467 (M)2320	00:53:15	00:50:17	00:25:25	11.93
2486	6945	DZIULA MARCIN	IŁŻA		80 M30/980 (M)2321	00:53:15	00:52:18	00:25:07	11.47
2487	5385	BYDŁOWSKI MATEUSZ	WROCLAW		86 M20/662 (M)2322	00:53:15	00:51:14	00:24:51	11.71
2488	2697	RZEWSKI FILIP	MARKI		78 M30/981 (M)2323	00:53:15	00:50:35	00:25:14	11.86
2489	3172	ŚLIWIŃSKI PIOTR	WARSZAWA		84 M20/663 (M)2324	00:53:15	00:49:33	00:25:26	12.11

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<b>Miejsce Rank</b>	<b>Nr Bib</b>	<b>Nazwisko i imię Name</b>	<b>Miejscowość City</b>	<b>Drużyna / Klub Team / Club</b>	<b>R-k W kat. YoB in Age</b>	<b>Wynik Time</b>	<b>Wynik netto</b>	<b>Wynik 5km</b>	<b>[km/h]</b>
2490	2261	OSTROWSKI JANUSZ	GRÓJEC	JW 3411 GRÓJEC /	73 M30/982 (M)2325	00:53:16	00:51:30	00:26:11	11.65
2491	4525	BORKOWSKI TOMASZ	BRWINÓW	BANK: KB BIEGAMY Z ZASADAMI! /	81 M30/983 (M)2326	00:53:16	00:49:34	00:24:54	12.10
2492	285	POJAWA TOMASZ	WARSZAW	BYLEDOBIEC ANIN /	73 M30/984 (M)2327	00:53:16	00:49:39	00:25:17	12.08
2493	2290	GIL PIOTR	GRÓJEC		78 M30/985 (M)2328	00:53:16	00:51:30	00:26:10	11.65
2494	4042	KAREWICZ KATARZYNA	WARSZAWA		73 K30/55 (K)166	00:53:16	00:49:25	00:24:11	12.14
2495	2674	BORTNIK MAREK	WARSZAWA		69 M40/468 (M)2329	00:53:16	00:52:27	00:25:30	11.44
2496	2662	ZAWADZKI KAROL	OSTROLEKA		90 M20/664 (M)2330	00:53:16	00:49:51	00:26:26	12.04
2497	6817	WRONA JAROSŁAW	LEŚNIEWSKA		84 M20/665 (M)2331	00:53:17	00:50:36	00:24:27	11.86
2498	4605	CHMIELEWSKI MACIEJ	WARSZAWA		65 M40/469 (M)2332	00:53:17	00:51:57	00:25:22	11.55
2499	6125	MARZEC ANNA	SIEMIANOWICE ŚLĄSKIE		88 K20/76 (K)167	00:53:17	00:49:41	00:25:09	12.08
2500	4487	FALĘTA MARTA	WROCLAW		76 K30/56 (K)168	00:53:17	00:51:53	00:25:37	11.56
2501	3341	ŁUKASZUK ZENON	WARSZAWA	- /	47 M60/21 (M)2333	00:53:17	00:50:52	00:25:18	11.80
2502	316	TUROS MAREK	WARSZAWA		69 M40/470 (M)2334	00:53:17	00:51:41	00:25:26	11.61
2503	6488	STARZAK-LESZCZENKO JOANNA	WARSZAWA		83 K20/77 (K)169	00:53:17	00:50:30	00:25:53	11.88
2504	5835	HERNIK ROBERT	WARSZAWA		73 M30/986 (M)2335	00:53:17	00:50:00	00:24:25	12.00
2505	3151	PAWLAK MARCIN		ACTION /	83 M20/666 (M)2336	00:53:17	00:51:36	00:26:38	11.63
2506	3813	JURZYK ANDRZEJ	ZIELONKA		53 M50/174 (M)2337	00:53:17	00:51:02	00:24:48	11.76
2507	5688	PAWLACZYK IZABELA	GRUDZIĄDZ	BYSTRONIC POLSKA /	85 K20/78 (K)170	00:53:17	00:52:46	00:25:49	11.37
2508	2407	ŚREDZIŃSKI ŁUKASZ	WROCLAW		79 M30/987 (M)2338	00:53:18	00:51:04	00:25:39	11.75
2509	3241	TATYS KAMILA	WARSZAWA		80 K30/57 (K)171	00:53:18	00:51:48	00:25:20	11.58
2510	2936	SZYMAŃSKA JUSTYNA	PŁOŃSK	PŁOŃSK /	87 K20/79 (K)172	00:53:18	00:53:04	00:25:45	11.31
2511	1338	DECZKOWSKI DARIUSZ	WARSZAWA	METRO WARSZAWSKIE /	72 M30/988 (M)2339	00:53:18	00:50:17	00:26:02	11.93
2512	4014	KARPIŃSKI BARTOSZ	WARSZAWA		73 M30/989 (M)2340	00:53:18	00:50:58	00:24:32	11.77
2513	3356	JAKIMIAK RAFAŁ	WARSZAWA		88 M20/667 (M)2341	00:53:20	00:50:16	00:25:08	11.94
2514	6494	POCIEJEWSKA JUSTYNA	WARSZAWA	INGZYCIE.PL /	81 K30/58 (K)173	00:53:20	00:50:37	00:25:46	11.85
2515	2295	BENEKE TOMASZ	WARSZAWA		68 M40/471 (M)2342	00:53:20	00:51:39	00:25:03	11.62
2516	3501	SZYMAŃSKA AGNIESZKA	N.DWÓR MAZ.	JOGGER /	92 K20/80 (K)174	00:53:20	00:53:03	00:25:58	11.31
2517	2685	KURZYK PIOTR	OLSZEWNICA STARA		75 M30/990 (M)2343	00:53:21	00:49:34	00:24:31	12.10
2518	5411	CIEŚLAK JAROSŁAW	WARSZAWA		85 M20/668 (M)2344	00:53:21	00:50:04	00:24:20	11.98
2519	3477	POŚNIK JAN	WARSZAWA	MOS 2 /	52 M50/175 (M)2345	00:53:21	00:51:23	00:25:22	11.68
2520	1261	LEJMAN ADAM	WARSZAWA		69 M40/472 (M)2346	00:53:22	00:52:03	00:24:42	11.53
2521	6022	KUBAK KRZYSZTOF	RYKI		73 M30/991 (M)2347	00:53:22	00:52:15	00:25:41	11.48
2522	2931	OLECH MARCIN	WARSZAWA		80 M30/992 (M)2348	00:53:22	00:49:51	00:25:27	12.04
2523	4652	SZYMA GRZEGORZ	WARSZAWA		68 M40/473 (M)2349	00:53:23	00:50:22	00:25:54	11.91
2524	4653	SZYMA KAROLINA	WARSZAWA	POLONIA WARSZAWA /	93 K20/81 (K)175	00:53:23	00:50:22	00:25:54	11.91
2525	405	ULMAN TOMASZ	WARSZAWA		82 M20/669 (M)2350	00:53:23	00:50:10	00:25:22	11.96
2526	6605	SMULSKI ZBIGNIEW	NOWE MIASTO		69 M40/474 (M)2351	00:53:23	00:51:22	00:25:20	11.68
2527	2591	BORZYM JOANNA	POMIECHÓWEK		83 K20/82 (K)176	00:53:24	00:50:03	00:25:48	11.99
2528	6474	POLAK WOJCIECH	WARSZAWA	PREŻNE VACKY /	72 M30/993 (M)2352	00:53:24	00:51:37	00:25:06	11.62
2529	2804	MOSKAL IZABELLA	WARSZAWA	BRYLANT KÓRNIK /	73 K30/59 (K)177	00:53:24	00:50:16	00:25:25	11.94
2530	2723	DZIUBIŃSKA MAŁGORZATA			77 K30/60 (K)178	00:53:24	00:50:18	00:26:03	11.93
2531	4536	LOZIA MAREK	STANISŁAWÓW	BGŻ LEASING RUNNING TEAM /	70 M40/475 (M)2353	00:53:24	00:50:09	00:25:11	11.96
2532	6822	WRÓBLEWSKI TADEUSZ	WARSZAWA		85 M20/670 (M)2354	00:53:24	00:50:38	00:24:51	11.85
2533	6584	SITKOWSKI WOJCIECH	WOLSZTYN	GRODZISKI KLUB BIEGACZA /	65 M40/476 (M)2355	00:53:24	00:51:07	00:25:49	11.74
2534	2924	KICIŃSKA ZUZANNA	WARSZAWA		86 K20/83 (K)179	00:53:24	00:51:09	00:25:07	11.73
2535	1304	PODGÓRZAK MARCIN	KARCZEW		82 M20/671 (M)2356	00:53:25	00:51:20	00:25:18	11.69
2536	1037	GWIAZDOWSKI MACIEJ	WARSZAWA		73 M30/994 (M)2357	00:53:25	00:51:00	00:25:01	11.76
2537	438	SZTOMBER PIOTR	WARSZAWA		85 M20/672 (M)2358	00:53:25	00:52:23	00:25:11	11.45
2538	3511	MESSELY BEATA	WARSZAWA		73 K30/61 (K)180	00:53:25	00:51:53	00:25:46	11.56
2539	5732	BŁĄŻEJCZYK MAREK	SOCHACZEW		71 M40/477 (M)2359	00:53:25	00:53:14	00:25:04	11.27
2540	1497	MAŁKIEWICZ MICHAŁ	WARSZAWA		82 M20/673 (M)2360	00:53:26	00:48:17	00:24:17	12.43
2541	2370	KOZŁOWSKA NATALIA		12 TRI /	11 (K)181	00:53:26	00:52:17	00:26:14	11.48
2542	3455	KOWALSKI JACEK	JONKOWO		69 M40/478 (M)2361	00:53:26	00:50:33	00:25:26	11.87
2543	5523	LASKUS WIKTORIA	WARSZAWA		83 K20/84 (K)182	00:53:27	00:52:07	00:25:55	11.51
2544	2818	OSIAK ANDRZEJ	ZALESIE GÓRNE	ZALESIE GÓRNE /	61 M50/176 (M)2362	00:53:27	00:50:09	00:25:00	11.96
2545	4832	BOTTE JEAN-YVES	ROUEN - FRANCJA		57 M50/177 (M)2363	00:53:27	00:52:07	00:25:42	11.51
2546	2025	ŻEGLIŃSKI TOMASZ	GRODZISK MAZOWIECKI		87 M20/674 (M)2364	00:53:27	00:52:10	00:25:09	11.50

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Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna / Klub Team / Club	R-k YoB	W kat. in Age	Wynik Time	Wynik netto	Wynik 5km	[km/h]
2547	3421	BURZYŃSKI ŁUKASZ	WARSZAWA		80	M30/995 (M)2365	00:53:27	00:52:12	00:25:36	11.49
2548	3372	SZCZEPKOWSKI MATEUSZ	WARSZAWA	ARTEQUIPMENT /	80	M30/996 (M)2366	00:53:27	00:49:51	00:25:00	12.04
2549	146	KORZENIOWSKI ROBERT	WARSZAWA	LEKKOATLETA /	68	M40/479 (M)2367	00:53:27	00:53:21	00:25:46	11.25
2550	2506	JASKUŁA PAWEŁ	WARSZAWA	RUNFOREST /	77	M30/997 (M)2368	00:53:27	00:50:03	00:26:30	11.99
2551	2457	GORALEWSKI MATEUSZ	WARSZAWA	EDC RUNNERS /	82	M20/675 (M)2369	00:53:27	00:50:31	00:24:51	11.88
2552	2979	TOMCZAK KRZYSZTOF	MILANÓWEK		67	M40/480 (M)2370	00:53:27	00:48:46	00:25:08	12.30
2553	311	MŁODECKA SYLWIA	WARSZAWA		73	K30/62 (K)183	00:53:27	00:50:04	00:25:05	11.98
2554	2505	STARCZEWSKI JAROSŁAW	ZĄBKI	RUNFOREST /	75	M30/998 (M)2371	00:53:27	00:50:03	00:26:30	11.99
2555	5526	FOGIEL MARCIN	WARSZAWA		86	M20/676 (M)2372	00:53:28	00:52:48	00:25:29	11.36
2556	2946	PIOTROWSKI PAWEŁ	WARSZAWA		78	M30/999 (M)2373	00:53:28	00:52:05	00:25:58	11.52
2557	2647	SZCZEPAŃSKI PAWEŁ	WARSZAWA		74	M30/1000 (M)2374	00:53:28	00:50:12	00:24:44	11.95
2558	6938	SKWARA ŁUKASZ	WARSZAWA	KS BEDNARSKA /	83	M20/677 (M)2375	00:53:28	00:49:23	00:24:30	12.15
2559	2392	CYBULA SEBASTIAN	WARSZAWA		74	M30/1001 (M)2376	00:53:28	00:50:14	00:24:22	11.94
2560	2246	HAWRYLUK DAMIAN	WARSZAWA		85	M20/678 (M)2377	00:53:29	00:50:46	00:25:10	11.82
2561	1511	MAJKOWSKI ROBERT	WARSZAWA		70	M40/481 (M)2378	00:53:29	00:50:30	00:25:06	11.88
2562	1542	KOWALCZYK PASZA	GOLĄDKOWO	LIDER WINNICA /	88	M20/679 (M)2379	00:53:29	00:50:23	00:26:35	11.91
2563	746	SYKUŁA TOMASZ	WARSZAWA		62	M40/482 (M)2380	00:53:29	00:48:56	00:24:53	12.26
2564	4478	NAJMOWICZ TOMASZ	DOBRE MIASTO		80	M30/1002 (M)2381	00:53:29	00:50:52	00:25:39	11.80
2565	1341	WAŚCIŃSKI TADEUSZ	WARSZAWA	POLITECHNIKA WARSZAWSKA WYDZIAŁ ZARZĄDZA /	52	M50/178 (M)2382	00:53:30	00:52:44	00:26:05	11.38
2566	3697	PŁOCHOCKI JACEK	WARSZAWA	RUN4URSUS /	89	M20/680 (M)2383	00:53:30	00:50:24	00:26:34	11.90
2567	2937	JĘDRZEJEWSKI MARCIN	PŁOŃSK	PŁOŃSK /	83	M20/681 (M)2384	00:53:31	00:53:17	00:25:46	11.26
2568	3286	JOACHIMOWICZ ROBERT	PIASECZNO	KULFON SQUAD /	82	M20/682 (M)2385	00:53:31	00:50:24	00:25:11	11.90
2569	68	PIWKO TOMASZ	WARSZAWA	COCA COLA /	82	M20/683 (M)2386	00:53:31	00:53:25	00:25:03	11.23
2570	3159	KICZKOWIAK DANIEL	DAWIDY		95	M20/684 (M)2387	00:53:31	00:49:41	00:25:46	12.08
2571	3910	KOSTRZEWA WALDEMAR	MILANÓWEK	TEAM NUTRILITE /	48	M60/22 (M)2388	00:53:31	00:50:58	00:25:31	11.77
2572	6053	LENDZIOSZEK PAWEŁ	ZALESIE		77	M30/1003 (M)2389	00:53:31	00:50:11	00:25:44	11.96
2573	5998	KOZŁOWSKI PIOTR	RADZIEJÓW	WAT /	88	M20/685 (M)2390	00:53:31	00:51:46	00:25:02	11.59
2574	4460	GLINIEWICZ ALEKSANDRA	WARSZAWA	KB ACTIVESPORTS WARSZAWA /	55	K50/6 (K)184	00:53:32	00:49:38	00:25:13	12.09
2575	4036	SULKA MICHAŁ	PIOTRKOW		88	M20/686 (M)2391	00:53:32	00:49:43	00:25:03	12.07
2576	4858	PAWLAK MICHAŁ	WARSZAWA		72	M30/1004 (M)2392	00:53:32	00:49:19	00:25:31	12.17
2577	1722	MICHALSKI PIOTR	NADARZYN		74	M30/1005 (M)2393	00:53:32	00:50:02	00:25:13	11.99
2578	943	KAMIŃSKI TOMEK	WARSZAWA		72	M30/1006 (M)2394	00:53:32	00:50:40	00:25:06	11.84
2579	6840	ZAURSKI PIOTR	OSTROŁĘKA		71	M40/483 (M)2395	00:53:33	00:51:30	00:26:45	11.65
2580	57	KOBZA ALDONA	WARSZAWA	COCA COLA /	82	K20/85 (K)185	00:53:33	00:52:32	00:25:53	11.42
2581	3568	SKOWRON KAMIL	ZĄBKI		78	M30/1007 (M)2396	00:53:33	00:51:17	00:24:58	11.70
2582	1926	SIENKIEWICZ DARIUSZ	WARSZAWA	PKO_ /	71	M40/484 (M)2397	00:53:33	00:53:21	00:25:55	11.25
2583	4933	KARCZMARCZYK RAFAŁ	WARSZAWA		79	M30/1008 (M)2398	00:53:34	00:51:10	00:25:14	11.73
2584	3675	TYRAKOWSKI JAROSŁAW	WARSZAWA		65	M40/485 (M)2399	00:53:34	00:52:20	00:25:34	11.46
2585	6314	PATEREK AGATA	GDAŃSK		73	K30/63 (K)186	00:53:34	00:50:47	00:24:55	11.81
2586	1970	BIEDUNKIEWICZ ANNA	BRANIEWO	PKO_ /	80	K30/64 (K)187	00:53:34	00:51:48	00:25:26	11.58
2587	2525	RZESZUTEK MICHAŁ	WARSZAWA		86	M20/687 (M)2400	00:53:35	00:50:54	00:24:23	11.79
2588	1690	SIWOŃ WOJCIECH	WARSZAWA	ETRAMPKI.PL /	70	M40/486 (M)2401	00:53:35	00:50:43	00:25:08	11.83
2589	2266	BONAR WIESŁAW	ZĄBKI	HP RUN /	78	M30/1009 (M)2402	00:53:35	00:50:15	00:24:54	11.94
2590	1141	STOLARSKI PAWEŁ	JABŁONNA		64	M40/487 (M)2403	00:53:36	00:51:55	00:25:50	11.56
2591	6872	ŻYTKOWSKI MICHAŁ	WARSZAWA		80	M30/1010 (M)2404	00:53:36	00:50:12	00:24:45	11.95
2592	2099	NIEDZIELIN ALEKSANDRA	WARSZAWA		89	K20/86 (K)188	00:53:36	00:52:59	00:25:02	11.32
2593	2547	GRZEGORZEWSKI WOJCIECH	WARSZAWA		93	M20/688 (M)2405	00:53:37	00:48:42	00:25:35	12.32
2594	4944	BYCHOWSKI PIOTR	CZARNA		89	M20/689 (M)2406	00:53:37	00:51:19	00:26:22	11.69
2595	2068	LATOSZEK GABRIELA	WARSZAWA		95	K20/87 (K)189	00:53:37	00:51:12	00:25:36	11.72
2596	86	KACZMAREK AGNIESZKA	WARSZAWA	GO SPORT /	79	K30/65 (K)190	00:53:38	00:49:56	00:25:21	12.02
2597	1293	PREIS MICHAŁ	WARSZAWA	MERITUM BANK ICB S.A /	76	M30/1011 (M)2407	00:53:38	00:49:20	00:24:16	12.16
2598	5087	DASZCZYŃSKI TADEUSZ	ŁOWICZ	AZS PW /	83	M20/690 (M)2408	00:53:38	00:49:51	00:25:06	12.04
2599	6124	MARSZAŁEK MARCIN	PRUSZKÓW		70	M40/488 (M)2409	00:53:38	00:50:42	00:25:40	11.83
2600	3981	SIERADZ MARCIN	LEGIONOWO		79	M30/1012 (M)2410	00:53:39	00:50:53	00:24:05	11.79
2601	310	URBAŃCZYK AGATA	WARSZAWA		82	K20/88 (K)191	00:53:39	00:50:17	00:25:37	11.93
2602	6986	NAGRODZKI KAROL	WARSZAWA		66	M40/489 (M)2411	00:53:39	00:49:14	00:24:51	12.19

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Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna / Klub Team / Club	R-k YoB	W kat. in Age	Wynik Time	Wynik netto	Wynik 5km	[km/h]
2603	6649	STYRNOL BŁAŻEJ	RYBNIK	TEAM NUTRILITE /	83	M20/691 (M)2412	00:53:39	00:50:53	00:26:02	11.79
2604	3050	ŁOZA DARIUSZ	WARSZAWA		67	M40/490 (M)2413	00:53:39	00:51:27	00:25:59	11.66
2605	3634	ADAMEK DARIUSZ	ZĄBKI		77	M30/1013 (M)2414	00:53:39	00:51:07	00:26:50	11.74
2606	2185	ŁADAK MARCIN	WARSZAWA		74	M30/1014 (M)2415	00:53:39	00:50:47	00:25:06	11.81
2607	2035	URBAN ANETA	DUCHNÓW		79	K30/66 (K)192	00:53:40	00:52:38	00:26:32	11.40
2608	5773	GŁOWACKA EMILIA	GRODZISK MAZOWIECKI		85	K20/89 (K)193	00:53:41	00:50:41	00:25:25	11.84
2609	706	DĄBROWA JUSTYNA	TARCZYN		77	K30/67 (K)194	00:53:41	00:50:07	00:21:37	11.97
2610	6249	FEDOROWICZ SEBASTIAN	WARSZAWA	ADF STUDIO /	70	M40/491 (M)2416	00:53:41	00:49:12	00:25:05	12.20
2611	1312	SZEWczyk ALDONA	MIŃSK MAZOWIECKI		73	K30/68 (K)195	00:53:42	00:51:15	00:26:40	11.71
2612	3453	KUCIŃSKI ŁUKASZ	WARSZAWA		78	M30/1015 (M)2417	00:53:42	00:49:53	00:24:12	12.03
2613	2850	SKOWROŃSKI JACEK	SZPETAL GÓRNY		84	M20/692 (M)2418	00:53:43	00:51:42	00:25:54	11.61
2614	4222	JĘDRZEJEWSKI MARCIN	PRUSZKÓW		80	M30/1016 (M)2419	00:53:43	00:51:54	00:25:41	11.56
2615	6919	SŁAWIŃSKI MICHAŁ	WARSZAWA		90	M20/693 (M)2420	00:53:43	00:49:48	00:26:39	12.05
2616	4270	SZYMAŃSKI MICHAŁ	WARSZAWA		96	M20/694 (M)2421	00:53:44	00:49:37	00:25:56	12.09
2617	6586	SKALSKI GRZEGORZ	OSTROWIEC		74	M30/1017 (M)2422	00:53:44	00:49:40	00:24:57	12.08
2618	5391	CHELMINIAK ARTUR	ŚWIĘTOCHŁOWICE		76	M30/1018 (M)2423	00:53:44	00:51:10	00:24:53	11.73
2619	596	PARANDYK KRYSZTIAN	WARSZAWA	TORO /	84	M20/695 (M)2424	00:53:44	00:50:56	00:26:09	11.78
2620	6092	MACUTKIEWICZ PAWEŁ	PODKOWA LEŚNA		67	M40/492 (M)2425	00:53:45	00:52:59	00:25:03	11.32
2621	6288	ORZECHOWSKI KRZYSZTOF	SOCHACZEW	KM AKTYWNI SOCHACZEW /	49	M60/23 (M)2426	00:53:45	00:50:44	00:25:16	11.83
2622	213	ZAWODNIK DO UZUP				(M)2427	00:53:45	00:53:43	00:25:52	11.17
2623	6645	STOŃ DARIUSZ	GARWOLIN		76	M30/1019 (M)2428	00:53:45	00:50:06	00:25:32	11.98
2624	2592	RUTA TOMASZ	MIŃSK MAZOWIECKI	BRAK /	70	M40/493 (M)2429	00:53:45	00:51:17	00:26:06	11.70
2625	3885	WTYKŁO KRZYSZTOF	JÓZEFÓW	NIEZRZESZONY /	64	M40/494 (M)2430	00:53:46	00:52:50	00:25:40	11.36
2626	1272	OWSIANKO MAREK	WARSZAWA		71	M40/495 (M)2431	00:53:46	00:50:28	00:25:18	11.89
2627	3890	WTYKŁO HANNA	JÓZEFÓW	NIEZRZESZONA /	66	K40/29 (K)196	00:53:46	00:52:50	00:25:41	11.36
2628	5822	GWIAZDA KAZIMIERZ	ŁĘKAWICA		73	M30/1020 (M)2432	00:53:46	00:50:39	00:25:52	11.85
2629	1954	WEREDA PAWEŁ	WARSZAWA	PKO_ /	70	M40/496 (M)2433	00:53:46	00:53:34	00:25:48	11.20
2630	1580	OLSZEWSKI ANDRZEJ	WARSZAWA	ING BANK /	67	M40/497 (M)2434	00:53:47	00:52:51	00:25:31	11.35
2631	964	WÓJCIK ZBIGNIEW	WARSZAWA		70	M40/498 (M)2435	00:53:47	00:51:58	00:26:00	11.55
2632	4654	POREBSKI MARIUSZ	WARSZAWA		72	M30/1021 (M)2436	00:53:47	00:51:06	00:23:59	11.74
2633	429	FILIPIAK GRZEGORZ	WARSZAWA		74	M30/1022 (M)2437	00:53:47	00:49:53	00:25:34	12.03
2634	5151	DURJASZ PAWEŁ	JÓZEFIN/HALINÓW	NIEZRZESZONY /	61	M50/179 (M)2438	00:53:47	00:51:07	00:24:00	11.74
2635	626	SŁADKOWSKI MARCIN	WARSZAWA		81	M30/1023 (M)2439	00:53:48	00:51:18	00:25:49	11.70
2636	2753	ŚWIDERSKI SYLWESTER	WARSZAWA		80	M30/1024 (M)2440	00:53:48	00:52:08	00:25:19	11.51
2637	1264	OKUBIEŃ TOMASZ	GRÓJEC		78	M30/1025 (M)2441	00:53:48	00:51:39	00:24:32	11.62
2638	5875	JASIONOWSKI MICHAŁ	SUWAŁKI	JW1747 SUWAŁKI /	87	M20/696 (M)2442	00:53:49	00:50:40	00:25:29	11.84
2639	5038	SPALIŃSKI MATEUSZ	WARSZAWA		90	M20/697 (M)2443	00:53:49	00:51:20	00:25:09	11.69
2640	6593	SKRZYNIARZ PAWEŁ	KIELCE		77	M30/1026 (M)2444	00:53:49	00:53:35	00:26:17	11.20
2641	1034	MAĆKOWIAK JAKUB	JÓZEFOSŁAW	DB MARATHON TEAM /	82	M20/698 (M)2445	00:53:50	00:51:07	00:25:20	11.74
2642	722	KRAJEWSKA-SUSKIEWICZ MAGDA	WARSZAWA	OBOZYBIEGOWE.PL /	74	K30/69 (K)197	00:53:50	00:49:35	00:25:27	12.10
2643	4738	SIKORA GRZEGORZ	KSIAŻENICE	T-MOBILE RUNNING TEAM /	74	M30/1027 (M)2446	00:53:50	00:51:08	00:26:19	11.73
2644	2927	WASILCZYK PATRYK	ELK		91	M20/699 (M)2447	00:53:50	00:49:31	00:24:30	12.12
2645	3617	BARANOWSKI PAWEŁ	ZIELONKA		95	M20/700 (M)2448	00:53:50	00:51:33	00:25:48	11.64
2646	4514	ADACH PIOTR	WARSZAWA		73	M30/1028 (M)2449	00:53:50	00:50:34	00:24:53	11.87
2647	5394	CHMIELIŃSKI PIOTR	WARSZAWA		77	M30/1029 (M)2450	00:53:50	00:51:41	00:26:16	11.61
2648	3496	GIELNIEWSKI RADOSŁAW	ŁOWICZ		79	M30/1030 (M)2451	00:53:51	00:51:59	00:24:48	11.54
2649	6441	PACHULSKI MARCIN	RADZYMIN		79	M30/1031 (M)2452	00:53:51	00:49:57	00:25:05	12.01
2650	5783	GOŁĘDZINOWSKI TOMASZ	WARSZAWA		65	M40/499 (M)2453	00:53:51	00:51:40	00:25:34	11.61
2651	1058	SULEWSKI ANDRZEJ	STARY KRASZEW	TEAM NUTRILITE /	74	M30/1032 (M)2454	00:53:51	00:51:27	00:24:54	11.66
2652	492	OBREBSKI MICHAŁ	PIASECZNO		78	M30/1033 (M)2455	00:53:51	00:50:19	00:25:10	11.92
2653	2772	JAWOROWSKA KATARZYNA	WARSZAWA		81	K30/70 (K)198	00:53:52	00:52:11	00:25:19	11.50
2654	2254	KROGULEC DARIUSZ	KOLBUSZOWA		69	M40/500 (M)2456	00:53:52	00:50:25	00:25:16	11.90
2655	6599	SŁUPSKI GRZEGORZ	WARSZAWA		75	M30/1034 (M)2457	00:53:52	00:48:59	00:24:49	12.25
2656	2558	MAJEWSKI MICHAŁ	WARSZAWA		76	M30/1035 (M)2458	00:53:53	00:50:47	00:25:21	11.81
2657	6914	HAREMBKA PAULINA	WARSZAWA		76	K30/71 (K)199	00:53:54	00:52:32	00:25:30	11.42
2658	3279	KLIMA MICHAŁ	WARSZAWA		74	M30/1036 (M)2459	00:53:54	00:51:00	00:25:28	11.76

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Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna / Klub Team / Club	R-k W kat. YoB in Age	Wynik Time	Wynik netto	Wynik 5km	[km/h]
2659	2634	NEVRETDINOV MARAT	WARSZAWA		75 M30/1037 (M)2460	00:53:54	00:51:04	00:25:04	11.75
2660	618	WINIARZ KRYSZTIAN	WARSZAWA		79 M30/1038 (M)2461	00:53:54	00:51:02	00:26:05	11.76
2661	6193	NADRA MAREK	POZNAŃ		85 M20/701 (M)2462	00:53:54	00:51:03	00:26:06	11.75
2662	889	SIEMASZKO PIOTR		ZDM /	11 (M)2463	00:53:54	00:51:30	00:24:50	11.65
2663	5704	WASILEWICZ TOMASZ	WARSZAWA	LIDER WINNICA /	83 M20/702 (M)2464	00:53:55	00:51:11	00:24:55	11.72
2664	90	DEFOUX CHRISTOPHE	WARSZAWA	GO SPORT /	69 M40/501 (M)2465	00:53:55	00:53:06	00:25:34	11.30
2665	4782	RYBAK KRZYSZTOF	WARSZAWA	BIESZCZADZKIE JELONKI /	73 M30/1039 (M)2466	00:53:55	00:53:21	00:23:41	11.25
2666	4633	MATKOWSKI MARCIN	WARSZAWA		76 M30/1040 (M)2467	00:53:56	00:51:47	00:26:48	11.59
2667	6574	SICIŃSKI GRZEGORZ	BIAŁA PODLASKA	BIAŁA BIEGA /	70 M40/502 (M)2468	00:53:56	00:49:39	00:25:52	12.08
2668	3444	KOSESKI ŁUKASZ	MIŃSK MAZOWIECKI	KLUB BIEGACZA TP /	83 M20/703 (M)2469	00:53:56	00:53:21	00:26:21	11.25
2669	4630	GIERADA PAWEŁ	WARSZAWA		78 M30/1041 (M)2470	00:53:56	00:50:33	00:25:46	11.87
2670	4509	FILIPEK GRZEGORZ	WARSZAWA	PUMA RETAIL A.G. /	71 M40/503 (M)2471	00:53:56	00:49:27	00:24:52	12.13
2671	773	SIEWIERSKI RADOSŁAW	OSTROŁĘKA		90 M20/704 (M)2472	00:53:56	00:50:51	00:25:40	11.80
2672	786	BARTOŃ WOJCIECH	PIASTÓW		79 M30/1042 (M)2473	00:53:57	00:50:53	00:25:38	11.79
2673	4365	KURYŁOWICZ AGNIESZKA	WARSZAWA		86 K20/90 (K)200	00:53:57	00:49:55	00:25:02	12.02
2674	6358	PISZCZATOWSKA SYLWIA	BIAŁYSTOK		82 K20/91 (K)201	00:53:57	00:50:47	00:25:50	11.81
2675	3246	BRYŁOWSKI RYSZARD	WARSZAWA		86 M20/705 (M)2474	00:53:57	00:50:58	00:25:20	11.77
2676	364	ORZECHOWSKI KRZYSZTOF	WARSZAWA		88 M20/706 (M)2475	00:53:57	00:48:54	00:25:13	12.27
2677	1883	GĘBSKA NATALIA	WARSZAWA		82 K20/92 (K)202	00:53:58	00:47:12	00:23:43	12.71
2678	1417	TEKIELI ANDRZEJ	OTWOCK		80 M30/1043 (M)2476	00:53:58	00:50:44	00:25:27	11.83
2679	2810	TOMALIK ŁUKASZ	WARSZAWA		77 M30/1044 (M)2477	00:53:58	00:50:26	00:25:14	11.90
2680	1962	KADZIELAWA ADAM	WARSZAWA	PKO_ /	74 M30/1045 (M)2478	00:53:59	00:53:48	00:26:25	11.15
2681	4515	SKOWROŃSKI RADOSŁAW	WARSZAWA		79 M30/1046 (M)2479	00:53:59	00:49:45	00:24:00	12.06
2682	6463	GLUSMAN MATIAS	WARSZAWA		74 M30/1047 (M)2480	00:53:59	00:52:38	00:24:47	11.40
2683	6158	MIDOŃSKA DOMINIKA	WARSZAWA		77 K30/72 (K)203	00:53:59	00:52:54	00:26:43	11.34
2684	2201	MAJCHRZAK KRYSZTIAN	CZĘSTOCHOWA	LAFARGE GIPS /	80 M30/1048 (M)2481	00:53:59	00:51:44	00:25:33	11.60
2685	6815	WÓJCIK JERZY	WARSZAWA		57 M50/180 (M)2482	00:53:59	00:52:31	00:25:59	11.42
2686	5262	ANDERSZ PATRYK	WARSZAWA		85 M20/707 (M)2483	00:54:00	00:50:53	00:26:22	11.79
2687	3398	MEISSNER JACEK	ZALESIE GÓRNE		89 M20/708 (M)2484	00:54:00	00:50:54	00:26:24	11.79
2688	4235	MAKOWSKI TADEUSZ	WARSZAWA	MOKOTÓW /	52 M50/181 (M)2485	00:54:00	00:50:39	00:25:22	11.85
2689	416	MARCZUK ROBERT	ZIELONKA	NIEZRZESZONY /	74 M30/1049 (M)2486	00:54:01	00:50:44	00:24:50	11.83
2690	5916	KERNSTEIN MICHAŁ	GDAŃSK	BIEGAMPOLODZI.PL /	76 M30/1050 (M)2487	00:54:01	00:50:22	00:26:09	11.91
2691	1063	GRALEWSKI IRENEUSZ	PŁOŃSK		70 M40/504 (M)2488	00:54:02	00:51:34	00:25:28	11.64
2692	1064	SZCZEPANEK PIOTR	KORONOWO		77 M30/1051 (M)2489	00:54:02	00:51:35	00:25:28	11.63
2693	1504	ŁOMNICKI JAROSŁAW	WARSZAWA		60 M50/182 (M)2490	00:54:03	00:50:48	00:25:45	11.81
2694	5503	NOWAK PAWEŁ JAN	WARSZAWA		82 M20/709 (M)2491	00:54:04	00:50:34	00:26:34	11.87
2695	4631	BUGOWSKI ANDRZEJ	WARSZAWA		74 M30/1052 (M)2492	00:54:04	00:51:56	00:26:38	11.55
2696	1370	GAJEWSKA-KRĘGIEL BARBARA	WARSZAWA		73 K30/73 (K)204	00:54:04	00:51:10	00:25:11	11.73
2697	4024	NIEWIAROWSKI GRZEGORZ	WARSZAWA		78 M30/1053 (M)2493	00:54:04	00:52:20	00:24:01	11.46
2698	3759	STADNICKI RADEK	BRWINÓW		71 M40/505 (M)2494	00:54:05	00:50:31	00:25:44	11.88
2699	2245	ANGOTTI ANTONIO			68 M40/506 (M)2495	00:54:05	00:50:51	00:25:52	11.80
2700	270	LIPIEC DARIUSZ	WARSZAWA	BYLEDOBIEC ANIN /	40 M70/4 (M)2496	00:54:05	00:45:47	00:20:48	13.11
2701	1012	TUREK MICHAŁ	PULTUSK		83 M20/710 (M)2497	00:54:05	00:52:44	00:25:07	11.38
2702	5478	DYMARSKI MAREK	JÓZEFOSŁAW	123-A-TERAZ-MY /	71 M40/507 (M)2498	00:54:05	00:50:55	00:25:11	11.78
2703	2404	PIECHOCKI DANIEL	BOBROWIEC		75 M30/1054 (M)2499	00:54:06	00:53:30	00:25:46	11.21
2704	6803	WOJENKA TOMASZ	PRUSZKÓW		76 M30/1055 (M)2500	00:54:07	00:53:41	00:26:03	11.18
2705	547	MATCZUK KONRAD	WOŁOMIN	WOŁOMIN /	73 M30/1056 (M)2501	00:54:07	00:50:31	00:25:14	11.88
2706	4523	WIECZORKIEWICZ MACIEJ	WARSZAWA		83 M20/711 (M)2502	00:54:07	00:49:32	00:26:13	12.11
2707	2066	SZOKALSKI KAZIEMIERZ	NOWY PRAŻMÓW		63 M40/508 (M)2503	00:54:07	00:51:43	00:26:33	11.60
2708	5663	JASTRZĘBSKI ŁUKASZ	LUBLIN		80 M30/1057 (M)2504	00:54:08	00:52:22	00:26:05	11.46
2709	1821	MUCZYŃ TOMASZ	KONSTANCJA JEZIORNA		68 M40/509 (M)2505	00:54:08	00:51:29	00:25:57	11.65
2710	6274	OLAK PIOTR	WARSZAWA		71 M40/510 (M)2506	00:54:08	00:52:47	00:25:59	11.37
2711	6319	PAWLICKI JANEK	WARSZAWA		78 M30/1058 (M)2507	00:54:09	00:50:40	00:25:14	11.84
2712	1886	CWALINA KAROL	WARSZAWA		83 M20/712 (M)2508	00:54:09	00:52:05	00:26:00	11.52
2713	2020	BURAKOWSKI PAWEŁ	ULASKI GOSTOMSKIE	TEAM NUTRILITE /	70 M40/511 (M)2509	00:54:10	00:50:45	00:25:19	11.82
2714	3604	MICHALAK ARTUR	SUCHY LAS		76 M30/1059 (M)2510	00:54:10	00:53:12	00:24:22	11.28
2715	3618	BARANOWSKI KRZYSZTOF	ZIELONKA		64 M40/512 (M)2511	00:54:10	00:51:52	00:25:48	11.57

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Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna / Klub Team / Club	R-k W kat. YoB in Age	Wynik Time	Wynik netto	Wynik 5km	[km/h]
2716	1520	GOŁĘBIEWSKI JANEK	WARSZAWA		57 M50/183 (M)2512	00:54:10	00:51:18	00:25:11	11.70
2717	1614	ZIÓŁEK SYLWESTER	WARSZAWA		76 M30/1060 (M)2513	00:54:11	00:52:06	00:25:39	11.52
2718	979	PROKOPIENKO MAREK	WARSZAWA		76 M30/1061 (M)2514	00:54:11	00:50:39	00:25:45	11.85
2719	684	GODULA KAMIL	WARSZAWA		83 M20/713 (M)2515	00:54:11	00:51:41	00:26:19	11.61
2720	1207	DĘBOWCZYK MARIUSZ	WARSZAWA		87 M20/714 (M)2516	00:54:12	00:49:58	00:24:57	12.01
2721	914	MOSIEJ ANNA	WARSZAWA	ACCELERATE /	88 K20/93 (K)205	00:54:12	00:53:28	00:26:11	11.22
2722	2915	RAMA ANDRZEJ	WARSZAWA		78 M30/1062 (M)2517	00:54:13	00:52:00	00:26:15	11.54
2723	1519	MORAWSKI ŁUKASZ	WARSZAWA		81 M30/1063 (M)2518	00:54:13	00:50:07	00:25:06	11.97
2724	3900	NIEDZIELA WOJCIECH	NOWA IWICZNA		68 M40/513 (M)2519	00:54:13	00:50:47	00:25:06	11.81
2725	4881	KUTEK ARKADIUSZ	WARSZAWA	GARION TEAM /	77 M30/1064 (M)2520	00:54:14	00:50:51	00:25:55	11.80
2726	4636	DZIENIOWSKI GRZEGORZ	WARSZAWA	ARIMR /	69 M40/514 (M)2521	00:54:14	00:50:36	00:26:07	11.86
2727	1893	BOBROWSKI DARIUSZ	WARKA	START PULASKI WARKA /	64 M40/515 (M)2522	00:54:14	00:51:50	00:26:37	11.58
2728	31	AMBROZIAK ROBERT		COCA COLA /	79 M30/1065 (M)2523	00:54:14	00:52:49	00:26:04	11.36
2729	6024	KUBIK DOMINIK	WARSZAWA		72 M30/1066 (M)2524	00:54:15	00:50:48	00:25:25	11.81
2730	2079	DOBIASZ HUBERT	SZYDŁOWIEC		80 M30/1067 (M)2525	00:54:15	00:51:16	00:25:43	11.70
2731	2919	PIETRYSZYN WOJCIECH	WARSZAWA		91 M20/715 (M)2526	00:54:15	00:50:11	00:25:41	11.96
2732	1427	CIESIELSKI DOMINIK	ŻYCHLIN		81 M30/1068 (M)2527	00:54:16	00:50:25	00:26:52	11.90
2733	2244	SMYK KACPER	Biała Podlaska		90 M20/716 (M)2528	00:54:16	00:50:47	00:26:30	11.81
2734	669	NOWAK PIOTR	WARSZAWA		86 M20/717 (M)2529	00:54:16	00:53:03	00:24:41	11.31
2735	3826	OZIEWICZ ALEKSANDER	WARSZAWA	AXA RUNNING TEAM /	78 M30/1069 (M)2530	00:54:16	00:51:23	00:25:26	11.68
2736	3155	TOKAJ BARTOSZ	DOBRZENICA		80 M30/1070 (M)2531	00:54:17	00:52:06	00:23:44	11.52
2737	2790	WĘCŁAWEK JACEK	WIELGOLAS BRZEZIŃSKI	NIEZRZESZONY /	69 M40/516 (M)2532	00:54:17	00:50:18	00:24:58	11.93
2738	4544	MERGIEL WOJCIECH	KOBYŁKA		95 M20/718 (M)2533	00:54:17	00:51:59	00:25:48	11.54
2739	5982	KOWALIK TOMASZ	WARSZAWA		74 M30/1071 (M)2534	00:54:18	00:52:36	00:26:02	11.41
2740	1864	SOBAŃSKI RAFAŁ	WARSZAWA		76 M30/1072 (M)2535	00:54:18	00:50:13	00:25:35	11.95
2741	3528	SADOWSKI BOGDAN	WARSZAWA		65 M40/517 (M)2536	00:54:18	00:49:50	00:25:26	12.04
2742	3403	OKRASA-PFEIL KAROLINA	WARSZAWA	SUEDEANDMESH.COM /	80 K30/74 (K)206	00:54:18	00:52:09	00:26:16	11.51
2743	4165	NIEMCZYK WOJCIECH	NOWY TARG	ZST NOWY TARG /	78 M30/1073 (M)2537	00:54:19	00:50:58	00:26:01	11.77
2744	4177	ZIELIŃSKI PRZEMYSŁAW	OLSZTYN	NIEZRZESZONY /	76 M30/1074 (M)2538	00:54:19	00:50:37	00:25:18	11.85
2745	4215	HERMANIUK MARTA	WARSZAWA		84 K20/94 (K)207	00:54:19	00:50:01	00:24:59	12.00
2746	2439	STAWECKI MICHAŁ	WARSZAWA	TRUCHT TARCHOMIN TEAM /	76 M30/1075 (M)2539	00:54:19	00:53:57	00:27:04	11.12
2747	4166	NIEMCZYK RAFAŁ	WARSZAWA	OŚ /	76 M30/1076 (M)2540	00:54:19	00:50:59	00:26:00	11.77
2748	4761	WILK KONRAD	PRACE DUŻE		76 M30/1077 (M)2541	00:54:20	00:53:13	00:25:13	11.27
2749	2134	SITAREK MICHAŁ	WARSZAWA		84 M20/719 (M)2542	00:54:21	00:52:47	00:24:57	11.37
2750	2824	BARCZYK MATEUSZ	WARSZAWA	IMGW /	83 M20/720 (M)2543	00:54:21	00:50:48	00:25:15	11.81
2751	1805	DANILUK ROBERT	WARSZAWA		68 M40/518 (M)2544	00:54:21	00:51:41	00:26:33	11.61
2752	5530	JARENTOWSKI MAREK	WARSZAWA		74 M30/1078 (M)2545	00:54:21	00:52:55	00:25:30	11.34
2753	2549	PAROL PIOTR	SULEJÓWEK		82 M20/721 (M)2546	00:54:21	00:52:56	00:26:09	11.34
2754	4704	SURDYN DAMIAN	WARSZAWA		75 M30/1079 (M)2547	00:54:21	00:51:14	00:25:38	11.71
2755	6198	NAPIÓRKOWSKI TOMASZ	WARSZAWA	- /	81 M30/1080 (M)2548	00:54:21	00:52:32	00:25:38	11.42
2756	1837	SKIBIŃSKI ZENON	WARSZAWA	BIEGAM BO LUBIE /	68 M40/519 (M)2549	00:54:22	00:51:31	00:25:07	11.65
2757	2415	KURPIEWSKI DARIUSZ	NOWY DWÓR		67 M40/520 (M)2550	00:54:22	00:50:59	00:25:01	11.77
2758	2691	ŻOCHOWSKI KRZYSZTOF	WARSZAWA		60 M50/184 (M)2551	00:54:22	00:50:57	00:25:35	11.78
2759	982	JAKUBIK FILIP	WARSZAWA	12TRI /	96 M20/722 (M)2552	00:54:22	00:51:52	00:25:26	11.57
2760	3076	NAHORNÝ RAFAŁ	WARSZAWA	BRAK /	61 M50/185 (M)2553	00:54:22	00:51:23	00:25:27	11.68
2761	3081	OWCZAREK EMILIA	WARSZAWA		71 K40/30 (K)208	00:54:22	00:52:34	00:26:08	11.41
2762	1230	SKOPINSKI TOMASZ	WARSZAWA		79 M30/1081 (M)2554	00:54:23	00:50:59	00:26:20	11.77
2763	5715	ADAMIEC RAFAŁ	MILANÓWEK		80 M30/1082 (M)2555	00:54:23	00:51:51	00:25:23	11.57
2764	3256	DAVIES STEPHEN	WARSZAWA	AGR WELODROM /	67 M40/521 (M)2556	00:54:23	00:53:05	00:26:21	11.30
2765	867	KWIATKOWSKA KATARZYNA	WARSZAWA		76 K30/75 (K)209	00:54:25	00:52:23	00:25:30	11.45
2766	5535	ZYGLEWICZ TOMASZ	WARSZAWA		93 M20/723 (M)2557	00:54:25	00:50:42	00:24:47	11.83
2767	1564	ZAWADKA KAMIL	PILAWA		90 M20/724 (M)2558	00:54:25	00:50:16	00:25:53	11.94
2768	1636	KALINOWSKI RAFAŁ	WARSZAWA	GOCLAW /	79 M30/1083 (M)2559	00:54:25	00:50:29	00:26:03	11.89
2769	3006	PETASZKO JOANNA	MRAĞOWO		77 K30/76 (K)210	00:54:25	00:52:26	00:26:39	11.44
2770	5679	PODOLAK MACIEJ	WARSZAWA		74 M30/1084 (M)2560	00:54:25	00:50:29	00:26:03	11.89
2771	1828	WYSOCKI SŁAWOMIR	WARSZAWA	PATNET TEAM /	62 M40/522 (M)2561	00:54:26	00:51:11	00:26:08	11.72
2772	1041	LIŚKIEWICZ MACIEJ	WARSZAWA		71 M40/523 (M)2562	00:54:26	00:52:32	00:25:42	11.42

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Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna / Klub Team / Club	R-k YoB	W kat. in Age	Wynik Time	Wynik netto	Wynik 5km	[km/h]
2773	4785	SZCZUROWSKI TOMASZ	WARSZAWA		91	M20/725 (M)2563	00:54:27	00:51:22	00:25:27	11.68
2774	5073	KREID KRZYSZTOF	RADZIEJOWICE	NIE /	84	M20/726 (M)2564	00:54:28	00:50:32	00:26:57	11.87
2775	4049	FJAŁKOWSKI ŁUKASZ	PŁOŃSK		86	M20/727 (M)2565	00:54:28	00:50:00	00:26:02	12.00
2776	4909	DZIADKOWIEC LESŁAW	WARSZAWA	ŻÓŁWIE /	68	M40/524 (M)2566	00:54:28	00:50:10	00:25:13	11.96
2777	3641	SIDOR PAWEŁ	WARSZAWA		11	(M)2567	00:54:28	00:50:20	00:26:02	11.92
2778	1083	PACHULSKI ADAM	PIASECZNO		79	M30/1085 (M)2568	00:54:28	00:51:14	00:24:53	11.71
2779	1777	BROŻEK MARCIN	POZNAŃ		82	M20/728 (M)2569	00:54:29	00:50:01	00:24:52	12.00
2780	509	KOWALCZYK JUSTYNA	WARSZAWA	KB HOLMES /	70	K40/31 (K)211	00:54:30	00:51:08	00:24:59	11.73
2781	1247	NADOLSKI PIOTR	WARSZAWA		73	M30/1086 (M)2570	00:54:30	00:50:40	00:25:14	11.84
2782	774	DZIEWICKI MAREK	WARSZAWA		68	M40/525 (M)2571	00:54:30	00:49:27	00:25:42	12.13
2783	295	MADRZAK GRZEGORZ			74	M30/1087 (M)2572	00:54:30	00:53:18	00:27:55	11.26
2784	4537	SAMOJLUK ŚLUSARSKA BOŻENA	WARSZAWA		60	K50/7 (K)212	00:54:31	00:54:09	00:26:12	11.08
2785	5260	ALEKSANDROWICZ MICHAŁ	WARSZAWA	EUROZET /	76	M30/1088 (M)2573	00:54:31	00:51:53	00:25:09	11.56
2786	845	LISONEK AGATA	KONSTANCIN-JEZIORNA		75	K30/77 (K)213	00:54:31	00:51:51	00:25:34	11.57
2787	1972	OLECKI GRZEGORZ	PŁOCK	PKO_ /	71	M40/526 (M)2574	00:54:31	00:51:10	00:24:49	11.73
2788	3708	CIESIELSKA MAGDALENA	WARSZAWA		95	K20/95 (K)214	00:54:32	00:53:05	00:26:11	11.30
2789	2417	UZDOWSKI MICHAŁ	KRUPIA WÓŁKA	KRĘPOSZKA /	96	M20/729 (M)2575	00:54:32	00:52:38	00:26:42	11.40
2790	4701	TRZCIŃSKI WIESŁAW	PULTUSK	PULTUSK /	62	M40/527 (M)2576	00:54:32	00:52:32	00:26:27	11.42
2791	6461	CHOLEWIŃSKI TOMASZ	GÓRA KALWARIA		63	M40/528 (M)2577	00:54:32	00:51:42	00:26:04	11.61
2792	717	WYSOCKI SERGIUSZ	WIĄZOWNA	AZYMUT MAZOWSZE /	80	M30/1089 (M)2578	00:54:33	00:53:47	00:26:56	11.16
2793	2368	WASILEWSKI PIOTR			71	M40/529 (M)2579	00:54:33	00:51:50	00:25:56	11.58
2794	3952	MAGDA KRZYSZTOF	SEROCK		89	M20/730 (M)2580	00:54:34	00:51:22	00:25:36	11.68
2795	3561	MOSEK PIOTR	RADOM		67	M40/530 (M)2581	00:54:34	00:51:23	00:25:20	11.68
2796	1675	CZERWIŃSKI PAWEŁ	WARSZAWA	PAJĄK /	79	M30/1090 (M)2582	00:54:35	00:51:49	00:26:17	11.58
2797	3738	SABALA KRZYSZTOF	WARSZAWA		60	M50/186 (M)2583	00:54:35	00:51:18	00:25:22	11.70
2798	2076	CHRÓSCICKA STELLA	TCZEW		63	K40/32 (K)215	00:54:35	00:53:16	00:25:50	11.26
2799	1626	CZAJA PIOTR	WARSZAWA	BANK KREDYT BANK /	76	M30/1091 (M)2584	00:54:35	00:51:03	00:25:17	11.75
2800	88	PIEKARSKI MAREK	ŁÓDŹ	GO SPORT /	74	M30/1092 (M)2585	00:54:36	00:50:54	00:25:20	11.79
2801	4894	WINIARSKI JACEK ANDRZEJ	TORUŃ		62	M40/531 (M)2586	00:54:36	00:51:15	00:25:04	11.71
2802	5141	LINDNER MAJA	WARSZAWA		81	K30/78 (K)216	00:54:36	00:51:51	00:25:29	11.57
2803	1653	MALARA WOJCIECH	WARSZAWA	CARSERVIS /	78	M30/1093 (M)2587	00:54:36	00:50:14	00:27:24	11.94
2804	6591	SKRYPKA SERGIY	WARSZAWA		63	M40/532 (M)2588	00:54:36	00:51:06	00:25:39	11.74
2805	3113	KRZYWONOSIUK PIOTR	PRUSZKÓW		79	M30/1094 (M)2589	00:54:37	00:50:54	00:26:18	11.79
2806	1679	STAŃCZUK MATEUSZ	WARSZAWA		96	M20/731 (M)2590	00:54:37	00:50:14	00:27:24	11.94
2807	599	DZIEKAŃSKA DOROTA	WARSZAWA		77	K30/79 (K)217	00:54:37	00:51:12	00:25:56	11.72
2808	254	SCHREYER FRZYSZTOF	WARSZAWA		40	M70/5 (M)2591	00:54:37	00:51:20	00:25:20	11.69
2809	4291	LIPOWIECKI IGNACY	WARSZAWA		96	M20/732 (M)2592	00:54:37	00:52:54	00:25:18	11.34
2810	1787	DOBRYŃSKI FELIKS	WARSZAWA		67	M40/533 (M)2593	00:54:37	00:52:48	00:26:14	11.36
2811	1652	ŻELEWSKI KRZYSZTOF	WARSZAWA	KB-SKARYSAK /	85	M20/733 (M)2594	00:54:37	00:48:25	00:31:04	12.39
2812	534	MALCZEWSKI JANUSZ	WARSZAWA		57	M50/187 (M)2595	00:54:38	00:51:30	00:25:53	11.65
2813	6087	ŁUKOMSKI BERNARD	WARSZAWA		69	M40/534 (M)2596	00:54:38	00:53:32	00:26:47	11.21
2814	3578	KALBARCZYK KATARZYNA	WARSZAWA		84	K20/96 (K)218	00:54:38	00:52:19	00:26:33	11.47
2815	5816	GUTKOWSKI TOMEK	RADOM	NARKO-TEAM /	79	M30/1095 (M)2597	00:54:38	00:52:45	00:26:08	11.37
2816	4132	CIOCH ADAM	WARSZAWA		53	M50/188 (M)2598	00:54:38	00:52:29	00:26:05	11.43
2817	3393	SUSPERREGUI ADRIANA	WARSZAWA		72	K30/80 (K)219	00:54:38	00:51:39	00:26:49	11.62
2818	1789	ŚWIERCZYŃSKI ZBIGNIEW	CZERSK	OKSWIM OLSZTYN /	50	M60/24 (M)2599	00:54:38	00:52:50	00:26:14	11.36
2819	1022	KOPCZYŃSKI SŁAWOMIR	MIŃSK MAZOWIECKI		68	M40/535 (M)2600	00:54:39	00:52:50	00:26:30	11.36
2820	2147	ŚMIGIELSKI MICHAŁ	WARSZAWA	ITI ADVENTURE TEAM /	60	M50/189 (M)2601	00:54:39	00:51:21	00:26:11	11.68
2821	293	MIERZEJEWSKI JAKUB		POLICJA /	11	(M)2602	00:54:39	00:51:28	00:26:18	11.66
2822	6028	KUCHARSKI MICHAŁ	GDAŃSK		75	M30/1096 (M)2603	00:54:41	00:53:09	00:24:55	11.29
2823	2086	KOŁODZIEJCZAK MAŁGORZATA	WARSZAWA	URSYNÓW /	55	K50/8 (K)220	00:54:41	00:51:05	00:25:14	11.75
2824	806	KOWALCZYK MARIUSZ	RADOM		76	M30/1097 (M)2604	00:54:41	00:51:44	00:25:44	11.60
2825	699	STRUBIŃSKI PAWEŁ	CHOTOMÓW		70	M40/536 (M)2605	00:54:42	00:53:10	00:26:15	11.29
2826	778	SENATOR RYSZARD	WARSZAWA	ALETEMPO /	57	M50/190 (M)2606	00:54:42	00:50:22	00:26:30	11.91
2827	387	ZAJKOWSKI KRZYSZTOF	ELBLĄG		76	M30/1098 (M)2607	00:54:42	00:54:24	00:26:14	11.03
2828	3504	JĘDRAL SEBASTIAN	WARSZAWA		80	M30/1099 (M)2608	00:54:42	00:51:07	00:24:40	11.74
2829	6083	ŁUCZAK JANUSZ	ŁÓDŹ	STRAŻ MIEJSKA ŁÓDŹ /	68	M40/537 (M)2609	00:54:42	00:51:56	00:26:09	11.55

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Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna / Klub Team / Club	R-k W kat. YoB in Age	Wynik Time	Wynik netto	Wynik 5km	[km/h]
2830	5454	DETLAUF PATRYCJA	WILCZA GÓRA	NIEPODLEGA /	83 K20/97 (K)221	00:54:42	00:51:34	00:24:55	11.64
2831	4319	MOSIOLEK MONIKA	SKARŻYSKO-KAMIENNA		84 K20/98 (K)222	00:54:42	00:52:20	00:25:52	11.46
2832	4318	MOSIOLEK PRZEMYSŁAW	SKARŻYSKO-KAMIENNA		84 M20/734 (M)2610	00:54:42	00:52:20	00:25:52	11.46
2833	3873	SKOLIMOWSKI ADAM	WIELGOLAS BRZEZIŃSKI		78 M30/1100 (M)2611	00:54:43	00:51:48	00:26:36	11.58
2834	5981	KOWALCZYK TOMASZ	WARSZAWA	RCZPI /	87 M20/735 (M)2612	00:54:43	00:52:32	00:25:21	11.42
2835	4337	DUNIN-WILCZYŃSKA ALEKSANDRA KAROLINA	WARSZAWA		77 K30/81 (K)223	00:54:43	00:53:41	00:26:38	11.18
2836	1166	PRZYTUŁA ROBERT	WARSZAWA		74 M30/1101 (M)2613	00:54:43	00:51:23	00:25:34	11.68
2837	4025	KAMIŃSKA KATARZYNA	WARSZAWA		77 K30/82 (K)224	00:54:43	00:53:16	00:26:57	11.26
2838	6602	SMOLIŃSKA ALEKSANDRA	ŁÓDŹ	METALCHEMSC /	96 K20/99 (K)225	00:54:43	00:51:48	00:25:52	11.58
2839	3825	HOFFMAN GRZEGORZ	WARSZAWA	AXA RUNNING TEAM /	84 M20/736 (M)2614	00:54:44	00:50:53	00:25:34	11.79
2840	1053	GUDRO PIOTR		AVON /	11 (M)2615	00:54:44	00:52:57	00:25:59	11.33
2841	4267	MAZUR ANDRZEJ	WARSZAWA		72 M30/1102 (M)2616	00:54:44	00:53:47	00:26:07	11.16
2842	3830	SEWERYNIK JAKUB	WARSZAWA	AXA RUNNING TEAM /	81 M30/1103 (M)2617	00:54:44	00:51:28	00:24:49	11.66
2843	2604	LEHR MAREK	ZĄBKI	DOWÓDZTWO GARNIZONU WARSZAWA /	73 M30/1104 (M)2618	00:54:45	00:50:49	00:25:38	11.81
2844	541	KRAWCZYK MACIEJ	WARSZAWA		77 M30/1105 (M)2619	00:54:45	00:53:30	00:26:13	11.21
2845	1945	MILCZAREK ROBERT	SOCHACZEW	PKO /	75 M30/1106 (M)2620	00:54:45	00:54:30	00:25:32	11.01
2846	2196	GRELEWSKI KRZYSZTOF	MIŃSK MAZOWIECKI		75 M30/1107 (M)2621	00:54:45	00:53:12	00:26:29	11.28
2847	2950	MARTYNUSKA WOJCIECH	WARSZAWA		80 M30/1108 (M)2622	00:54:46	00:50:56	00:26:09	11.78
2848	4227	PIETRZYKOWSKI DARIUSZ	WARSZAWA	BIEGAM SAM /	68 M40/538 (M)2623	00:54:46	00:51:46	00:24:52	11.59
2849	4237	PALUSZYŃSKI PAWEŁ	WARSZAWA		75 M30/1109 (M)2624	00:54:46	00:51:52	00:24:51	11.57
2850	2054	PIETRKIEWICZ MARCIN	WARSZAWA		87 M20/737 (M)2625	00:54:46	00:51:30	00:25:41	11.65
2851	2534	SĘK PIOTR	WARKA		90 M20/738 (M)2626	00:54:46	00:51:33	00:26:01	11.64
2852	5933	KŁOS ALEKSANDRA	WARSZAWA		87 K20/100 (K)226	00:54:46	00:52:12	00:26:13	11.49
2853	4425	RĘBACZ MACIEJ	BIALYSTOK		71 M40/539 (M)2627	00:54:47	00:50:54	00:24:53	11.79
2854	5583	TKACZYK PIOTR	WARSZAWA		92 M20/739 (M)2628	00:54:47	00:51:51	00:28:09	11.57
2855	1421	STAŃCZYK TOMASZ	RAWA MAZOWIECKA	BANK PKO BP SA /	67 M40/540 (M)2629	00:54:48	00:51:22	00:25:41	11.68
2856	439	PONIATOWSKI ALEKSANDER	WARSZAWA		82 M20/740 (M)2630	00:54:49	00:51:25	00:24:56	11.67
2857	5617	SIEŃKOWSKA NATALIA	WYSZKÓW		85 K20/101 (K)227	00:54:49	00:51:19	00:25:01	11.69
2858	5820	GWARDA HENRYK	LUBLIN		70 M40/541 (M)2631	00:54:50	00:53:52	00:26:15	11.14
2859	202	DOMAS JOHN	WARSZAWA	OCEŃ SPOKOJNY /	70 M40/542 (M)2632	00:54:50	00:50:16	00:26:38	11.94
2860	2278	RAFALAK ARTUR	WARSZAWA	HP RUN /	74 M30/1110 (M)2633	00:54:50	00:50:58	00:24:59	11.77
2861	564	WÓJCIK - OSICA MAŁGORZATA	WARSZAWA		75 K30/83 (K)228	00:54:50	00:51:25	00:25:46	11.67
2862	4896	MĘCZYŃSKI GRZEGORZ	MARKI		77 M30/1111 (M)2634	00:54:51	00:50:37	00:25:31	11.85
2863	2287	JANKOWSKI KRZYSZTOF	NOWE MIASTO N/PILICĄ		71 M40/543 (M)2635	00:54:51	00:52:31	00:25:12	11.42
2864	3600	BRZOZOWSKI MACIEJ	WARSZAWA		76 M30/1112 (M)2636	00:54:51	00:54:08	00:26:25	11.08
2865	6466	GOLISZEK SŁAWOMIR	PONIATOWA		87 M20/741 (M)2637	00:54:51	00:51:08	00:26:04	11.73
2866	5469	DROZD MACIEJ	WARSZAWA		84 M20/742 (M)2638	00:54:52	00:52:33	00:25:45	11.42
2867	2770	ŚWIDERSKI DARIUSZ	WARSZAWA	CF CEFARM SA /	69 M40/544 (M)2639	00:54:52	00:50:49	00:25:36	11.81
2868	485	KUDELA PIOTR	WARSZAWA		74 M30/1113 (M)2640	00:54:52	00:52:20	00:25:24	11.46
2869	6940	FLISAK RAFAŁ	SZPROTAWA/WARSZAWA	BRAK /	75 M30/1114 (M)2641	00:54:52	00:52:29	00:25:39	11.43
2870	1696	SIWOŃ EWA	WARSZAWA	ETRAMPKI.PL /	73 K30/84 (K)229	00:54:52	00:52:00	00:26:03	11.54
2871	4637	DRABIK AGATA	WARSZAWA		80 K30/85 (K)230	00:54:52	00:53:21	00:26:29	11.25
2872	2570	MARKIEWICZ MICHAŁ	WARSZAWA		63 M40/545 (M)2642	00:54:53	00:48:40	00:24:53	12.33
2873	2569	MARKIEWICZ MARCIN	WARSZAWA		92 M20/743 (M)2643	00:54:53	00:48:40	00:24:53	12.33
2874	6233	GAŁĄZKA KATARZYNA	PIASECZNO		84 K20/102 (K)231	00:54:53	00:52:04	00:25:42	11.52
2875	1187	KOMARNICKI MICHAŁ	WARSZAWA		75 M30/1115 (M)2644	00:54:53	00:51:22	00:25:27	11.68
2876	5299	BARTOS MARCIN	ŁÓDŹ		89 M20/744 (M)2645	00:54:53	00:52:46	00:24:56	11.37
2877	2136	PIÓRKOWSKI DANIEL	PIASTÓW		83 M20/745 (M)2646	00:54:54	00:54:43	00:26:45	10.97
2878	3205	GĘBICKI ŁUKASZ	WALBRZYCH		84 M20/746 (M)2647	00:54:54	00:53:15	00:25:50	11.27
2879	2538	KROENKE BARBARA	WARSZAWA	OBOZYBIEGOWE /	51 K60/1 (K)232	00:54:54	00:51:33	00:25:54	11.64
2880	4770	OKUROWSKA SYLWIA	LEGIONOWO		82 K20/103 (K)233	00:54:54	00:53:07	00:26:31	11.30
2881	2037	SMOLARCZYK ANNA	TARNOWSKIE GÓRY		72 K30/86 (K)234	00:54:54	00:51:46	00:25:35	11.59
2882	2052	SMOLARCZYK GRZEGORZ	TARNOWSKIE GÓRY		70 M40/546 (M)2648	00:54:54	00:51:46	00:25:35	11.59
2883	6543	RZEPNIEWSKI ŁUKASZ	WARSZAWA	URSYNÓW /	79 M30/1116 (M)2649	00:54:54	00:51:36	00:25:10	11.63
2884	5880	JEDLEWSKI KRZYSZTOF	LUBLIN		78 M30/1117 (M)2650	00:54:54	00:51:10	00:25:17	11.73
2885	5598	BAZYDŁO ARTUR	WARSZAWA		73 M30/1118 (M)2651	00:54:54	00:52:43	00:25:52	11.38

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Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna / Klub Team / Club	R-k W kat. YoB in Age	Wynik Time	Wynik netto	Wynik 5km	[km/h]
2886	4384	DUCH PAWEŁ	WARKA		80 M30/1119 (M)2652	00:54:54	00:51:21	00:24:58	11.68
2887	1286	WIETESKA WALDEMAR	RASZYN	KS RASZYN /	72 M30/1120 (M)2653	00:54:54	00:52:48	00:27:11	11.36
2888	3524	CABAN MARIUSZ	WARSZAWA		73 M30/1121 (M)2654	00:54:54	00:52:43	00:25:51	11.38
2889	5013	KOBRZYŃSKI BRONISŁAW	WARSZAWA		52 M50/191 (M)2655	00:54:55	00:51:30	00:26:17	11.65
2890	3936	RĄCZKA ELŻBIETA	SULEJÓWEK		68 K40/33 (K)235	00:54:55	00:53:16	00:26:07	11.26
2891	635	RACZYŃSKI ŁUKASZ	WARSZAWA	12TRI.PL /	82 M20/747 (M)2656	00:54:55	00:51:30	00:25:45	11.65
2892	6909	GAŁECKI TOMASZ	WARSZAWA		70 M40/547 (M)2657	00:54:55	00:51:48	00:25:11	11.58
2893	148	KRAŚKO PIOTR	WARSZAWA	BIEGACZ /	71 M40/548 (M)2658	00:54:55	00:54:50	00:26:07	10.94
2894	3122	SZEWczyk PAWEŁ	GRÓJEC		79 M30/1122 (M)2659	00:54:55	00:52:37	00:26:12	11.40
2895	6138	MICHALSKI MICHAŁ	ŁOWICZ		79 M30/1123 (M)2660	00:54:56	00:51:29	00:25:26	11.65
2896	6026	KUCHARCZYK ADAM	WARSZAWA		80 M30/1124 (M)2661	00:54:56	00:50:23	00:25:43	11.91
2897	5624	PRZEDPEŁSKI ANDRZEJ	WARSZAWA		96 M20/748 (M)2662	00:54:56	00:51:18	00:24:36	11.70
2898	3075	TOMASZEWSKA AGATA	WARSZAWA	ACCELERATE /	85 K20/104 (K)236	00:54:56	00:51:39	00:25:01	11.62
2899	4408	GESUMUNNO PAOLO	WARSZAWA		59 M50/192 (M)2663	00:54:56	00:51:26	00:25:09	11.67
2900	1512	CHOLEWA KRZYSZTOF	WARSZAWA		75 M30/1125 (M)2664	00:54:56	00:50:33	00:25:34	11.87
2901	2460	PAWLIK ŁUKASZ	PIASECZNO	EDC RUNNERS /	79 M30/1126 (M)2665	00:54:57	00:47:15	00:23:10	12.70
2902	244	BOSAK MAREK	WARSZAWA		84 M20/749 (M)2666	00:54:57	00:51:28	00:26:18	11.66
2903	603	BRZOZOWSKI PIOTR	WARSZAWA	BRAK /	88 M20/750 (M)2667	00:54:57	00:50:59	00:26:05	11.77
2904	5586	KULMA MAGDALENA	GDAŃSK		80 K30/87 (K)237	00:54:57	00:53:34	00:25:30	11.20
2905	3101	WINNICKI PIOTR	WARSZAWA	RAIDDEISEN BANK /	76 M30/1127 (M)2668	00:54:57	00:51:09	00:25:59	11.73
2906	2138	BANACH AGNIESZKA	LEGIONOWO		83 K20/105 (K)238	00:54:57	00:51:46	00:25:39	11.59
2907	4352	GLUCHOWSKI ŁUKASZ	WARSZAWA		91 M20/751 (M)2669	00:54:57	00:53:30	00:27:38	11.21
2908	6493	SYBILSKI MARIUSZ	REGUŁY		73 M30/1128 (M)2670	00:54:58	00:50:28	00:26:38	11.89
2909	5660	GAWĘDA WŁODZIMIERZ	ZĄBKI		76 M30/1129 (M)2671	00:54:58	00:51:47	00:25:39	11.59
2910	409	ADAMCZYK PAWEŁ	WARSZAWA	KEEP ON RUNNING /	87 M20/752 (M)2672	00:54:58	00:51:49	00:25:05	11.58
2911	5466	DROBEK TOMASZ	LUBLIN	JW 3537 /	79 M30/1130 (M)2673	00:54:58	00:52:43	00:26:32	11.38
2912	1167	PRZYTUŁA KAROL	RAWA MAZOWIECKA		75 M30/1131 (M)2674	00:54:58	00:51:40	00:25:34	11.61
2913	4689	ZALEWSKI KSAWERY	WARSZAWA		47 M60/25 (M)2675	00:54:59	00:51:35	00:25:26	11.63
2914	4705	FUGIEL JOLANTA	MICHAŁOWICE		73 K30/88 (K)239	00:54:59	00:50:56	00:25:07	11.78
2915	5376	BUCHWALD PIOTR	WARSZAWA		80 M30/1132 (M)2676	00:54:59	00:53:47	00:26:14	11.16
2916	5894	KALISZUK RAFAŁ	MIĘDZYRZEC PODLASKI		88 M20/753 (M)2677	00:54:59	00:53:16	00:26:43	11.26
2917	5370	BRONAKOWSKI PIOTR	OLSZTYN		79 M30/1133 (M)2678	00:54:59	00:53:22	00:26:52	11.24
2918	3944	CESARCZYK GRZEGORZ	WARSZAWA		96 M20/754 (M)2679	00:55:00	00:50:44	00:25:29	11.83
2919	2253	BANASIAK MACIEJ	HENRYKÓW-UROCZE		76 M30/1134 (M)2680	00:55:00	00:51:35	00:25:44	11.63
2920	3961	KAMIENIARZ MICHAŁ	WOŁOMIN		89 M20/755 (M)2681	00:55:00	00:51:09	00:26:04	11.73
2921	2686	SZAFRAN CZESŁAW	WARSZAWA		48 M60/26 (M)2682	00:55:00	00:51:11	00:25:53	11.72
2922	2206	SZAFRAŃSKI MAREK	ŁÓDZ		82 M20/756 (M)2683	00:55:01	00:51:39	00:25:54	11.62
2923	4481	GNATOWSKI WŁODZIMIERZ	OLSZTYN	NIEZRZESZONY /	64 M40/549 (M)2684	00:55:01	00:52:27	00:26:06	11.44
2924	7495	GRAMACKI JAKUB	BRODNICA		78 M30/1135 (M)2685	00:55:01	00:55:01	00:28:47	10.91
2925	4040	OSMANOWSKI PIOTR	CHELMŻA		88 M20/757 (M)2686	00:55:01	00:50:16	00:26:10	11.94
2926	2316	GRZENDA DANIEL	WARSZAWA	MŁODZIEŻOWY OŚRODEK WYCHOWAWCZY NR 493	M20/758 (M)2687	00:55:03	00:50:18	00:26:49	11.93
				/					
2927	3999	KOKOCIŃSKI TOMASZ	WARSZAWA		76 M30/1136 (M)2688	00:55:03	00:51:46	00:25:00	11.59
2928	4361	ZIENOWICZ ARTUR	WARSZAWA		75 M30/1137 (M)2689	00:55:03	00:53:20	00:27:17	11.25
2929	2084	LEWICKI PAWEŁ	BIAŁYSTOK		81 M30/1138 (M)2690	00:55:03	00:51:37	00:25:47	11.62
2930	2500	IMIOLEK ROBERT	RASZYN		72 M30/1139 (M)2691	00:55:04	00:53:05	00:26:37	11.30
2931	1460	MATYSIAK JACEK	WARSZAWA		83 M20/759 (M)2692	00:55:05	00:51:27	00:25:19	11.66
2932	538	ZASADA MICHAŁ	WARSZAWA		49 M60/27 (M)2693	00:55:05	00:53:51	00:26:58	11.14
2933	2926	KAPYŚ MICHAŁ	LEGIONOWO	ŻUJĄCY TYTOŃ RUNNING TEAM /	82 M20/760 (M)2694	00:55:05	00:51:33	00:25:44	11.64
2934	655	ŁUNIEWSKI JACEK	MIŃSK MAZOWIECKI		70 M40/550 (M)2695	00:55:06	00:52:00	00:25:53	11.54
2935	4045	ZAKRZEWSKI PAWEŁ	WOŁOMIN		70 M40/551 (M)2696	00:55:06	00:52:07	00:27:01	11.51
2936	4360	WRÓBEL STANISŁAW	WARSZAWA		51 M60/28 (M)2697	00:55:06	00:52:18	00:26:12	11.47
2937	291	KRÓL ARKADIUSZ		POLICJA /	11 (M)2698	00:55:06	00:54:36	00:27:13	10.99
2938	2914	STASIUk MARIAN	WARSZAWA		61 M50/193 (M)2699	00:55:07	00:51:50	00:25:35	11.58
2939	2374	MEJ PAWEŁ	BACZKÓW K. BOCHNI W	NIEZRZESZONY - BOSY BIEGACZ /	72 M30/1140 (M)2700	00:55:07	00:55:05	00:27:21	10.89
2940	292	KRÓL KAROLINA		POLICJA /	11 (K)240	00:55:07	00:54:37	00:26:54	10.99
2941	365	BARAN ZENON	WARSZAWA	KB ACTIVESPORTS WARSZAWA /	60 M50/194 (M)2701	00:55:07	00:51:30	00:28:03	11.65

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<b>Miejsce Rank</b>	<b>Nr Bib</b>	<b>Nazwisko i imię Name</b>	<b>Miejscowość City</b>	<b>Drużyna / Klub Team / Club</b>	<b>R-k W kat. YoB in Age</b>	<b>Wynik Time</b>	<b>Wynik netto</b>	<b>Wynik 5km</b>	<b>[km/h]</b>
2942	1833	KAZIMIERSKI PIOTR	WARSZAWA		78 M30/1141 (M)2702	00:55:07	00:50:05	00:25:05	11.98
2943	4191	BIERNACKI ADAM	ŁÓDŹ/WARSZAWA	ŁÓDŹ/WARSZAWA /	50 M60/29 (M)2703	00:55:07	00:52:24	00:25:54	11.45
2944	3289	KINASIEWICZ MAREK	SKIERDY	CSIKGW /	52 M50/195 (M)2704	00:55:07	00:51:19	00:25:26	11.69
2945	4730	BIDACHA MAGDALENA	LUBLIN		78 K30/89 (K)241	00:55:08	00:53:14	00:27:19	11.27
2946	6344	PIETRZAK PIOTR	PŁOCK		83 M20/761 (M)2705	00:55:08	00:51:13	00:25:41	11.71
2947	3839	KOCISZEWSKI KAMIL	WARSZAWA	AXA RUNNING TEAM /	71 M40/552 (M)2706	00:55:08	00:51:25	00:25:43	11.67
2948	4420	MAKARCZYK PAULINA	WARSZAWA		75 K30/90 (K)242	00:55:09	00:51:55	00:25:50	11.56
2949	3234	TYMIRSKI TADEUSZ	RADOM	KLUB MARATOŃCZYKA POLITECHNIKA RADOMSKA /	48 M60/30 (M)2707	00:55:09	00:53:25	00:26:48	11.23
2950	3974	ZYGMUNT GRZEGORZ	WARSZAWA		75 M30/1142 (M)2708	00:55:09	00:51:20	00:24:12	11.69
2951	2822	BOCZYŃSKA MARIA	WARSZAWA		81 K30/91 (K)243	00:55:10	00:51:38	00:25:36	11.62
2952	727	PIETRASZEWSKI PRZEMYSŁAW	WARSZAWA	MILLENIUM BANK /	81 M30/1143 (M)2709	00:55:10	00:55:01	00:26:09	10.91
2953	2062	ALCHIMOWICZ ARTUR	WARSZAWA		76 M30/1144 (M)2710	00:55:10	00:52:58	00:24:46	11.33
2954	2595	PRUŚNIEWSKI KRZYSZTOF	WARSZAWA		75 M30/1145 (M)2711	00:55:10	00:52:22	00:26:19	11.46
2955	4072	AMANOWICZ MARCIN	WARSZAWA		72 M30/1146 (M)2712	00:55:10	00:51:59	00:25:44	11.54
2956	560	KOSIŃSKI MAREK	WARSZAWA		57 M50/196 (M)2713	00:55:11	00:52:24	00:26:06	11.45
2957	1716	OLEJNIK KRZYSZTOF	NOWY DWÓR		70 M40/553 (M)2714	00:55:11	00:50:55	00:25:58	11.78
2958	7487	CIEŚLAK MICHAŁ	WARSZAWA		77 M30/1147 (M)2715	00:55:11	00:52:10	00:26:21	11.50
2959	173	MIŁOSZEWSKI ARTUR	WARSZAWA	VW SZEWCZYK /	69 M40/554 (M)2716	00:55:12	00:54:59	00:27:04	10.91
2960	5952	KONIECZNY ANDRZEJ	ŻELECHÓW		67 M40/555 (M)2717	00:55:12	00:52:15	00:25:25	11.48
2961	5444	CZYŻEWSKI PIOTR	ŁÓDŹ	FUN- RUN TEAM /	65 M40/556 (M)2718	00:55:12	00:52:27	00:26:44	11.44
2962	6467	DĘBEK ŁUKASZ	RYKI		88 M20/762 (M)2719	00:55:12	00:51:28	00:26:05	11.66
2963	1661	GWIAZDA MARCIN	NOWA IWICZNA		77 M30/1148 (M)2720	00:55:12	00:52:58	00:25:03	11.33
2964	3069	POŁOWNIAK ANDRZEJ	WARSZAWA		48 M60/31 (M)2721	00:55:12	00:51:42	00:25:55	11.61
2965	4193	WEJMAN TOMASZ	WARSZAWA		84 M20/763 (M)2722	00:55:13	00:53:02	00:26:26	11.31
2966	2737	NOWOSIELSKI PIOTR	WARSZAWA	RBS BANK /	75 M30/1149 (M)2723	00:55:13	00:52:14	00:27:01	11.49
2967	4786	SOBOLEWSKI HUBERT	WARSZAWA		76 M30/1150 (M)2724	00:55:13	00:50:57	00:25:50	11.78
2968	2379	GRABIŃSKI ADAM	WARSZAWA	CROSS WARSZAWA /	81 M30/1151 (M)2725	00:55:13	00:50:46	00:26:11	11.82
2969	4252	KIERZEK ROBERT	LASKI		65 M40/557 (M)2726	00:55:14	00:51:54	00:25:30	11.56
2970	2957	ŻULEWSKI MACIEJ	WARSZAWA		93 M20/764 (M)2727	00:55:14	00:53:02	00:26:17	11.31
2971	2495	PRZEDPEŁSKI ŁUKASZ	WARSZAWA	PLAY /	76 M30/1152 (M)2728	00:55:14	00:52:24	00:25:01	11.45
2972	3203	GĘBICKA AGNIESZKA	WARSZAWA	TEAM ZUS /	81 K30/92 (K)244	00:55:14	00:53:37	00:26:05	11.19
2973	4747	KANAS MICHAŁ	RZESZÓW		83 M20/765 (M)2729	00:55:15	00:51:48	00:25:59	11.58
2974	5058	ŁUKASIK KAZIMIERZ	PRUSZKÓW	NIE ZRZESZONY /	46 M60/32 (M)2730	00:55:15	00:51:22	00:26:01	11.68
2975	814	SEKŚCIŃSKA MAGDA	ŁOMŻA		84 K20/106 (K)245	00:55:15	00:52:31	00:25:56	11.42
2976	3057	KRĘTOWSKI JAN	WARSZAWA		49 M60/33 (M)2731	00:55:16	00:53:41	00:26:16	11.18
2977	2441	KIZLING MICHAŁ	WARSZAWA		91 M20/766 (M)2732	00:55:16	00:51:47	00:25:49	11.59
2978	3868	MŁYNARCZYK PIOTR	WARSZAWA		72 M30/1153 (M)2733	00:55:16	00:51:29	00:25:37	11.65
2979	5690	AUGUSTYN KAJETAN	ŁOMIANKI		89 M20/767 (M)2734	00:55:16	00:52:35	00:25:59	11.41
2980	4615	MATCZUK MAREK	WARSZAWA		75 M30/1154 (M)2735	00:55:16	00:52:13	00:24:44	11.49
2981	5505	STAWICKA IZA	WARSZAWA		82 K20/107 (K)246	00:55:16	00:52:01	00:25:30	11.53
2982	6089	ŁUKOWSKI RYSZARD	PUCK	TEAM NUTRILITE /	69 M40/558 (M)2736	00:55:16	00:50:59	00:24:59	11.77
2983	4249	KOZŁOWSKI ANDRZEJ	WARSZAWA		79 M30/1155 (M)2737	00:55:16	00:53:39	00:26:33	11.18
2984	3276	ŁOŚ ŁUKASZ	WARSZAWA		92 M20/768 (M)2738	00:55:17	00:52:29	00:25:29	11.43
2985	426	NIZIŃSKI WŁODZIMIERZ	WARSZAWA		54 M50/197 (M)2739	00:55:17	00:53:05	00:25:25	11.30
2986	638	SOBIERAJ MICHAŁ	WARSZAWA		73 M30/1156 (M)2740	00:55:17	00:51:54	00:26:09	11.56
2987	2317	KOWALCZYK JAKUB	WARSZAWA	MŁODZIEŻOWY OŚRODEK WYCHOWAWCZY NR 493 /	93 M20/769 (M)2741	00:55:17	00:50:32	00:25:11	11.87
2988	3244	BOBAK MAGDALENA	WARSZAWA	SG /	81 K30/93 (K)247	00:55:18	00:54:54	00:26:49	10.93
2989	6523	ROZIŃSKI MIECZYSLAW	MAJDAN KOZIC DOLNYCH	LUBELSKIE STOWARZYSZENIE BIEGOWE /	79 M30/1157 (M)2742	00:55:18	00:54:00	00:25:31	11.11
2990	2329	MACHNIKOWSKI RAFAŁ	TORUŃ	CROSS BYDGOSZCZ ŁUCZNICZKA /	76 M30/1158 (M)2743	00:55:18	00:53:42	00:27:44	11.17
2991	2334	MIECH WIESŁAW	PŁOCK	CROSS WARSZAWA SYRENKA /	54 M50/198 (M)2744	00:55:18	00:53:42	00:27:43	11.17
2992	6800	WOJCIUK KATARZYNA	WARSZAWA		80 K30/94 (K)248	00:55:18	00:51:59	00:26:23	11.54
2993	2437	NASTALEK TOMASZ	OŻARÓW MAZOWIECKI	NIEZRZESZONY /	63 M40/559 (M)2745	00:55:18	00:51:29	00:25:24	11.65
2994	103	MITUNIEWICZ KUBA	WARSZAWA	WASA /	69 M40/560 (M)2746	00:55:19	00:51:19	00:26:19	11.69
2995	2429	STRYJEK OLGA	ZAKROCZYM		89 K20/108 (K)249	00:55:19	00:51:30	00:25:31	11.65
2996	512	KOLASA ANDRZEJ	WARSZAWA-WESOLA		51 M60/34 (M)2747	00:55:19	00:55:06	00:26:45	10.89
2997	3489	ŚLASA KRZYSZTOF	WARSZAWA		95 M20/770 (M)2748	00:55:19	00:51:44	00:25:32	11.60

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Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna / Klub Team / Club	R-k YoB	W kat. in Age	Wynik Time	Wynik netto	Wynik 5km	[km/h]
2998	3390	PATERCZYK ANDRZEJ	SIERADZ		62	M40/561 (M)2749	00:55:19	00:53:14	00:24:21	11.27
2999	1891	GRZEGOREK TOMASZ	WARKA	START PULASKI WARKA /	71	M40/562 (M)2750	00:55:20	00:52:43	00:26:09	11.38
3000	5832	NADULSKI PAWEŁ	LUBLIN		71	M40/563 (M)2751	00:55:20	00:51:32	00:25:56	11.64
3001	2671	ZACHARZEWSKI TOMASZ	WARSZAWA		62	M40/564 (M)2752	00:55:20	00:50:46	00:26:04	11.82
3002	2449	KOTZ MARCIN	WARSZAWA		87	M20/771 (M)2753	00:55:20	00:51:29	00:26:14	11.65
3003	6952	CHABROWSKI SŁAWOMIR	WARSZAWA		71	M40/565 (M)2754	00:55:20	00:52:13	00:24:52	11.49
3004	1762	SIEKIERA JERZY	WARSZAWA		79	M30/1159 (M)2755	00:55:21	00:51:22	00:25:06	11.68
3005	1949	PUZIK JANUSZ	JOZEFOSLAW	PKO_ /	77	M30/1160 (M)2756	00:55:22	00:51:16	00:25:28	11.70
3006	2411	PARCZEWSKI TADEUSZ	PRUSZKÓW		49	M60/35 (M)2757	00:55:22	00:52:18	00:26:27	11.47
3007	488	SIERZPUTOWSKI ARTUR	WARSZAWA		58	M50/199 (M)2758	00:55:22	00:52:15	00:26:27	11.48
3008	5599	MIKS MATEUSZ	WARSZAWA		87	M20/772 (M)2759	00:55:23	00:52:07	00:25:31	11.51
3009	539	ZIELIŃSKI KAZIMIERZ	WARSZAWA	WSB-CYTADELA /	48	M60/36 (M)2760	00:55:23	00:52:04	00:24:49	11.52
3010	1668	WARMIŃSKI PAWEŁ	DROHICZYN		85	M20/773 (M)2761	00:55:23	00:55:05	00:26:01	10.89
3011	2220	BRYCH DARIUSZ	RADOM		62	M40/566 (M)2762	00:55:24	00:52:04	00:26:06	11.52
3012	1634	JUREWICZ MAREK	WARSZAWA		76	M30/1161 (M)2763	00:55:24	00:52:22	00:25:28	11.46
3013	7482	SZELIGA TOMASZ	OLSZTYN		76	M30/1162 (M)2764	00:55:24	00:51:27	00:26:58	11.66
3014	5557	MICHALUNIO KRZYSZTOF	FROMBORK		71	M40/567 (M)2765	00:55:25	00:51:50	00:25:42	11.58
3015	5180	LEJZEROWICZ PIOTR	LEGIONOWO		85	M20/774 (M)2766	00:55:25	00:54:42	00:27:29	10.97
3016	3746	KALICIECKI IRENEUSZ	WARSZAWA	JELONEKRACE /	63	M40/568 (M)2767	00:55:25	00:52:25	00:26:44	11.45
3017	2897	SELSKI KRZYSZTOF	WARSZAWA		61	M50/200 (M)2768	00:55:26	00:51:27	00:25:35	11.66
3018	3963	ŚMIETANKA MARIA	WARSZAWA		81	K30/95 (K)250	00:55:26	00:52:02	00:26:04	11.53
3019	411	KLECZAJ JUSTYNA	WARSZAWA		81	K30/96 (K)251	00:55:26	00:52:06	00:25:50	11.52
3020	5074	GOUELLAIN OLIVIER	WARSZAWA		74	M30/1163 (M)2769	00:55:26	00:51:59	00:25:01	11.54
3021	2798	BARTHA JAN	ŁOMIANKI		96	M20/775 (M)2770	00:55:26	00:54:44	00:26:48	10.96
3022	4811	MURILLO XAVIER	WARSZAWA		75	M30/1164 (M)2771	00:55:26	00:51:28	00:26:14	11.66
3023	2718	MAZEK SEBASTIAN	WARSZAWA		82	M20/776 (M)2772	00:55:27	00:51:07	00:25:46	11.74
3024	396	PAUKSZTO MAREK	WARSZAWA		84	M20/777 (M)2773	00:55:27	00:53:02	00:25:52	11.31
3025	3854	STEFANSKI LESZEK R	WARSZAWA		57	M50/201 (M)2774	00:55:28	00:52:43	00:26:55	11.38
3026	4574	NOWAK TOMASZ KRZYSZTOF	PIASECZNO		77	M30/1165 (M)2775	00:55:28	00:53:36	00:26:14	11.19
3027	4573	MATYSIAK MARCIN	WARSZAWA	GAPMONT RUNNING TEAM /	77	M30/1166 (M)2776	00:55:28	00:53:37	00:26:15	11.19
3028	769	SABODACHA ALEKSANDER	WARSZAWA		51	M60/37 (M)2777	00:55:28	00:52:15	00:25:51	11.48
3029	454	GAWROŃSKI MARIUSZ	WARSZAWA		64	M40/569 (M)2778	00:55:29	00:55:27	00:26:03	10.82
3030	4257	PANUFNIK PIOTR	WARSZAWA	REMBERTÓW /	84	M20/778 (M)2779	00:55:29	00:52:34	00:25:28	11.41
3031	3415	LENARCZYK WOJCIECH	BŁONIE		72	M30/1167 (M)2780	00:55:30	00:53:26	00:26:12	11.23
3032	802	RACHOŃ ARKADIUSZ	ZĄBKI		72	M30/1168 (M)2781	00:55:30	00:54:09	00:24:54	11.08
3033	1725	STELMASZCZYK ANNA	WARSZAWA	AKD RIDE OR DIE TEAM /	79	K30/97 (K)252	00:55:31	00:54:38	00:26:22	10.98
3034	89	PASZCZYK PAULINA	WARSZAWA	GO SPORT /	80	K30/98 (K)253	00:55:31	00:54:13	00:26:21	11.07
3035	2378	BARANOWSKI TADEUSZ	WARSZAWA		37	M70/6 (M)2782	00:55:31	00:54:45	00:28:00	10.96
3036	451	MIJAS MACIEJ	WARSZAWA		72	M30/1169 (M)2783	00:55:31	00:52:05	00:26:05	11.52
3037	3012	LEWANDOWSKA MARZENA	WARSZAWA	ZABIEGANI RODZICE /	78	K30/99 (K)254	00:55:31	00:53:18	00:26:41	11.26
3038	3361	GÓZDŃ PAWEŁ	IŁŻA		82	M20/779 (M)2784	00:55:32	00:52:53	00:27:01	11.35
3039	4709	KOZŁOWSKI TOMASZ	WARSZAWA	A+A+A FAN CLUB /	73	M30/1170 (M)2785	00:55:32	00:52:48	00:26:01	11.36
3040	3828	OKAPIEC ALEKSANDRA	WARSZAWA	AXA RUNNING TEAM /	81	K30/100 (K)255	00:55:32	00:51:42	00:25:48	11.61
3041	4914	WILK GRZEGORZ	TARNOBRZEG		70	M40/570 (M)2786	00:55:32	00:53:18	00:25:18	11.26
3042	5665	AUGUSTYN OKTAWIAN	WARSZAWA		81	M30/1171 (M)2787	00:55:33	00:52:52	00:26:37	11.35
3043	607	MOLENDAS MARCIN	WARSZAWA		78	M30/1172 (M)2788	00:55:33	00:50:55	00:25:16	11.78
3044	1397	CABAJ PAWEŁ	WARSZAWA		75	M30/1173 (M)2789	00:55:33	00:50:54	00:25:14	11.79
3045	2529	GAJEWSKA KATARZYNA	MILANÓWEK		76	K30/101 (K)256	00:55:33	00:51:51	00:26:21	11.57
3046	1780	ZOTOV DENIS	SKIERDY	CISCO RUNNING SQUAD /	77	M30/1174 (M)2790	00:55:33	00:51:32	00:25:55	11.64
3047	939	BRZEZIŃSKI TOMASZ	WARSZAWA		77	M30/1175 (M)2791	00:55:33	00:55:07	00:27:01	10.89
3048	3412	MAZURCZYK ZBIGNIEW	WARSZAWA	WTT WARSZAWA /	56	M50/202 (M)2792	00:55:34	00:51:51	00:26:12	11.57
3049	2515	KOROWAJ PRZEMYSŁAW	WARSZAWA		84	M20/780 (M)2793	00:55:34	00:51:53	00:26:37	11.56
3050	6277	OLENDER PAWEŁ	WARSZAWA	- /	80	M30/1176 (M)2794	00:55:34	00:53:18	00:25:29	11.26
3051	754	TRUSZKO AGNIESZKA	DUCHNICE	BIAŁUTY TEAM /	73	K30/102 (K)257	00:55:34	00:52:53	00:26:19	11.35
3052	670	NAGIEL JACEK	SULEJÓWEK		68	M40/571 (M)2795	00:55:34	00:52:19	00:25:06	11.47
3053	4486	WYSOCKI GRZEGORZ	WARSZAWA		81	M30/1177 (M)2796	00:55:34	00:52:53	00:26:10	11.35
3054	4363	KORDELASIŃSKI MACIEJ	WARSZAWA		68	M40/572 (M)2797	00:55:35	00:51:57	00:26:07	11.55

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<b>Miejsce Rank</b>	<b>Nr Bib</b>	<b>Nazwisko i imię Name</b>	<b>Miejscowość City</b>	<b>Drużyna / Klub Team / Club</b>	<b>R-k YoB</b>	<b>W kat. in Age</b>	<b>Wynik Time</b>	<b>Wynik netto</b>	<b>Wynik 5km</b>	<b>[km/h]</b>
3055	4871	CZARKOWSKI MICHAŁ	FLETNOWO		81	M30/1178 (M)2798	00:55:35	00:51:30	00:26:24	11.65
3056	2264	BARTSCH CEZARY	WARSZAWA	HP RUN /	81	M30/1179 (M)2799	00:55:35	00:51:54	00:25:43	11.56
3057	5197	ZYSK EMILIA	WARSZAWA		83	K20/109 (K)258	00:55:35	00:53:59	00:26:08	11.11
3058	6134	MAZUR ALEKSANDER	KIELCE		79	M30/1180 (M)2800	00:55:35	00:53:36	00:25:44	11.19
3059	5979	KOWALCZYK PAWEŁ	WARSZAWA		81	M30/1181 (M)2801	00:55:35	00:53:54	00:25:37	11.13
3060	1413	ŚWIĘTOCHOWSKI MARCIN	ŁUKÓW		81	M30/1182 (M)2802	00:55:36	00:52:37	00:26:05	11.40
3061	2178	ANTOLAK RYSZARD		ACTION /	70	M40/573 (M)2803	00:55:36	00:50:16	00:24:41	11.94
3062	4485	WIŚNIEWSKA BEATA	WARSZAWA		71	K40/34 (K)259	00:55:36	00:54:33	00:27:24	11.00
3063	4848	ADAMCZYK ANNA	WARSZAWA		83	K20/110 (K)260	00:55:36	00:54:31	00:26:12	11.01
3064	3624	MĄDRY JOANNA	ZĄBKI	ING ŻYCIE /	67	K40/35 (K)261	00:55:37	00:52:22	00:25:52	11.46
3065	6901	RĘCZKOWSKI MARCIN	WARSZAWA		78	M30/1183 (M)2804	00:55:37	00:54:17	00:26:20	11.05
3066	2972	SZPANOWSKI PIOTR	OŻARÓW MAZOWIECKI		73	M30/1184 (M)2805	00:55:37	00:52:00	00:25:18	11.54
3067	3298	MATYJASEK TOMASZ	ROZALIN		71	M40/574 (M)2806	00:55:38	00:53:48	00:27:53	11.15
3068	49	SZOTA EMILIA		ART PROFI TEAM /	81	M30/1185 (M)2807	00:55:39	00:53:55	00:26:06	11.13
3069	1070	CIECHANOWSKI SŁAWOMIR	WARSZAWA		68	M40/575 (M)2808	00:55:39	00:50:54	00:25:44	11.79
3070	2513	MAJ BEATA	WARSZAWA	RUN IS FUN /	67	K40/36 (K)262	00:55:39	00:52:05	00:26:18	11.52
3071	4277	KOBUS ANDRZEJ	WARSZAWA		69	M40/576 (M)2809	00:55:39	00:51:38	00:25:50	11.62
3072	662	SZULC KRZYSZTOF	WARSZAWA		69	M40/577 (M)2810	00:55:39	00:52:07	00:26:29	11.51
3073	4110	GARDOCKI BARTOSZ	WARSZAWA		84	M20/781 (M)2811	00:55:40	00:51:05	00:25:49	11.75
3074	6620	SÓJKA KRZYSZTOF	MIEDZYRZEC PODLASKI		72	M30/1186 (M)2812	00:55:40	00:51:59	00:26:14	11.54
3075	5694	KUBISZEWSKI-JAKUBIAK LUKASZ	WARSZAWA	SAMORZĄDOWCA WARSZAWA /	79	M30/1187 (M)2813	00:55:40	00:52:14	00:25:53	11.49
3076	2160	OLENDER PAWEŁ		ACTION /	79	M30/1188 (M)2814	00:55:40	00:54:33	00:26:42	11.00
3077	839	STACHOWICZ MACIEJ	KOBYŁKA		77	M30/1189 (M)2815	00:55:41	00:52:50	00:26:07	11.36
3078	5833	HERBUT JERZY	KLUCZBORK	MKS KLUCZBORK /	60	M50/203 (M)2816	00:55:41	00:52:48	00:27:00	11.36
3079	4521	TOPIŃSKI MARCIN	WARSZAWA		81	M30/1190 (M)2817	00:55:41	00:52:08	00:25:50	11.51
3080	5286	BANASIAK DANIEL	WARSZAWA	BRAK /	82	M20/782 (M)2818	00:55:41	00:51:57	00:26:00	11.55
3081	2252	SIEKIERA AGNIESZKA	WARSZAWA		78	K30/103 (K)263	00:55:42	00:48:02	00:23:55	12.49
3082	2251	PAWLAK WŁODZIMIERZ	WARSZAWA	BIEGAJ Z OCHOTĄ /	57	M50/204 (M)2819	00:55:42	00:48:01	00:23:54	12.50
3083	5178	KARPOWICZ LUKASZ	WARSZAWA	BUHAHA TRI TEAM /	83	M20/783 (M)2820	00:55:42	00:51:15	00:25:58	11.71
3084	1234	TUZIMEK ADRIAN	SKARYSZEW		88	M20/784 (M)2821	00:55:42	00:54:22	00:26:14	11.04
3085	818	NOWAKOWSKI CZESŁAW	WARSZAWA		47	M60/38 (M)2822	00:55:42	00:52:05	00:26:24	11.52
3086	3800	WIECZORKOWSKI PIOTR	WARSZAWA		66	M40/578 (M)2823	00:55:42	00:52:26	00:24:40	11.44
3087	5521	CHOMIUK ANDRZEJ	WARSZAWA		73	M30/1191 (M)2824	00:55:43	00:52:42	00:25:36	11.39
3088	5200	WYSZOMIRSKA KATARZYNA	WARSZAWA		88	K20/111 (K)264	00:55:43	00:53:13	00:27:10	11.27
3089	657	PISKOWSKI KRZYSZTOF	WARSZAWA		76	M30/1192 (M)2825	00:55:43	00:54:51	00:26:59	10.94
3090	2675	KUBAK GRACJANA	WARSZAWA		74	K30/104 (K)265	00:55:43	00:55:24	00:26:26	10.83
3091	5734	OLEWNIK KRZYSZTOF	WARSZAWA		76	M30/1193 (M)2826	00:55:44	00:52:36	00:25:35	11.41
3092	4763	PARYŁAK ANDRZEJ	WROCLAW		79	M30/1194 (M)2827	00:55:44	00:52:55	00:25:20	11.34
3093	6697	SZYPSZAK TOMASZ	SOCHACZEW	KM AKTYWNI SOCHACZEW /	75	M30/1195 (M)2828	00:55:44	00:54:29	00:28:34	11.01
3094	2280	TOROSZEWSKI MACIEJ	WARSZAWA	HP RUN /	69	M40/579 (M)2829	00:55:45	00:51:48	00:25:37	11.58
3095	6131	MATUSZEWSKI MICHAŁ	GARBÓW		80	M30/1196 (M)2830	00:55:45	00:51:58	00:25:40	11.55
3096	375	JASIŃSKI MIKOŁAJ	WARSZAWA		83	M20/785 (M)2831	00:55:45	00:52:15	00:27:21	11.48
3097	787	TOKARSKI JERZY	WARSZAWA		61	M50/205 (M)2832	00:55:45	00:54:45	00:26:41	10.96
3098	2282	WOLNY MALGORZATA	WARSZAWA	HP RUN /	80	K30/105 (K)266	00:55:46	00:52:34	00:26:18	11.41
3099	5593	JESINOWICZ GRAŻYNA	WARSZAWA	CENTRUM SYMULACJI I KOMPUTEROWYCH GIER60 W /	K50/9 (K)267	00:55:46	00:54:57	00:27:33	10.92	
3100	989	JANASZEK DARIUSZ	WARSZAWA		67	M40/580 (M)2833	00:55:46	00:52:24	00:25:57	11.45
3101	4560	PRZYSUCHA MICHAŁ	WARSZAWA		82	M20/786 (M)2834	00:55:47	00:52:31	00:24:13	11.42
3102	3353	KAMIŃSKI WALDEMAR	WARSZAWA		68	M40/581 (M)2835	00:55:47	00:51:08	00:25:48	11.73
3103	7471	CICHOCKI ANDRZEJ	BIALYSTOK		71	M40/582 (M)2836	00:55:47	00:54:53	00:26:44	10.93
3104	3498	KLAJNER WOJCIECH	WARSZAWA		80	M30/1197 (M)2837	00:55:48	00:51:02	00:26:01	11.76
3105	4935	GRZYBOWSKI PAWEŁ	KALINOWO		90	M20/787 (M)2838	00:55:49	00:52:26	00:26:46	11.44
3106	3533	KALINOWSKI ADAM	HAŃSK		83	M20/788 (M)2839	00:55:49	00:53:55	00:25:34	11.13
3107	4963	STAWINOGA ZBIGNIEW	JÓZEFOSŁAW		72	M30/1198 (M)2840	00:55:50	00:53:15	00:25:58	11.27
3108	2965	PURCHAŁA LESZEK	PULAWY		74	M30/1199 (M)2841	00:55:50	00:51:41	00:26:23	11.61
3109	4621	WONTORSKI MATEUSZ	WARSZAWA	KGJ /	79	M30/1200 (M)2842	00:55:50	00:51:09	00:25:11	11.73
3110	5086	KWIATEK PIOTR	WARSZAWA	RAIFFEISEN LEASING RUNNERS /	77	M30/1201 (M)2843	00:55:51	00:52:48	00:26:51	11.36

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<b>Miejsce Rank</b>	<b>Nr Bib</b>	<b>Nazwisko i imię Name</b>	<b>Miejscowość City</b>	<b>Drużyna / Klub Team / Club</b>	<b>R-k W kat. YoB in Age</b>	<b>Wynik Time</b>	<b>Wynik netto</b>	<b>Wynik 5km</b>	<b>[km/h]</b>
3111	1628	SIWEK PIOTR	WARSZAWA-WESOLA		70 M40/583 (M)2844	00:55:51	00:52:42	00:26:17	11.39
3112	3367	KOMOROWSKI MATEUSZ	STRĄCZKÓW		86 M20/789 (M)2845	00:55:51	00:52:03	00:26:20	11.53
3113	4160	GILL KONRAD	KRAKÓW		80 M30/1202 (M)2846	00:55:52	00:52:29	00:26:13	11.43
3114	5853	JABŁOŃSKI TOMASZ	OLSZTYN	TOMKIDLAOLKI /	76 M30/1203 (M)2847	00:55:52	00:52:03	00:25:58	11.53
3115	5362	BOROWIK PIOTR	SOSNOWIEC	TEAM NUTRILITE /	62 M40/584 (M)2848	00:55:52	00:52:53	00:25:57	11.35
3116	5354	BOMASTEK SŁAWOMIR	TORUŃ		88 M20/790 (M)2849	00:55:53	00:52:46	00:26:22	11.37
3117	3666	FONDERSKI TOMASZ	PŁOŃSK		84 M20/791 (M)2850	00:55:53	00:52:38	00:27:22	11.40
3118	719	PROTASIUK MARIUSZ	WIĄZOWNA		80 M30/1204 (M)2851	00:55:53	00:55:07	00:27:01	10.89
3119	1803	DOMINOWSKI ROBERT	WARSZAWA		67 M40/585 (M)2852	00:55:54	00:51:40	00:25:48	11.61
3120	3219	ZALEWSKI PIOTR	SULEJÓWEK		75 M30/1205 (M)2853	00:55:54	00:52:17	00:25:36	11.48
3121	3086	NARTOWSKI JAN	WARSZAWA	KB JÓZEFOSŁAW /	59 M50/206 (M)2854	00:55:54	00:52:33	00:25:54	11.42
3122	896	JAWORSKA ALEKSANDRA	WARSZAWA	ACCELERATE /	83 K20/112 (K)268	00:55:54	00:52:56	00:26:23	11.34
3123	3809	FRANCZUK PAWEŁ	WARSZAWA		80 M30/1206 (M)2855	00:55:55	00:54:46	00:25:38	10.96
3124	6172	MONIUSZKO MALINOWSKA ANNA	BIALYSTOK		80 K30/106 (K)269	00:55:55	00:54:05	00:26:30	11.09
3125	956	MAKOWSKI PAWEŁ	WARSZAWA		87 M20/792 (M)2856	00:55:55	00:52:59	00:26:50	11.32
3126	6766	WIEDRO JOANNA	WARSZAWA		78 K30/107 (K)270	00:55:56	00:53:15	00:26:30	11.27
3127	1677	SZTOBRYN ALEKSANDER	KOZIENICE		85 M20/793 (M)2857	00:55:56	00:53:15	00:27:44	11.27
3128	4588	DUDZIEC PIOTR	WARSZAWA		83 M20/794 (M)2858	00:55:56	00:51:00	00:25:48	11.76
3129	4547	AUGUSTYNIAK BOGUSŁAW	WARSZAWA		59 M50/207 (M)2859	00:55:56	00:52:14	00:26:22	11.49
3130	6915	PEKALA KAROL	WARSZAWA		77 M30/1207 (M)2860	00:55:56	00:52:34	00:25:24	11.41
3131	4131	JEZIOREK ADAM	PRUSZKÓW		68 M40/586 (M)2861	00:55:56	00:52:11	00:27:23	11.50
3132	4662	KOBZA LUDWIK	WARSZAWA		69 M40/587 (M)2862	00:55:57	00:52:05	00:26:35	11.52
3133	6395	RABIEJEWSKI JERZY	MIŃSK MAZOWIECKI		51 M60/39 (M)2863	00:55:57	00:54:53	00:26:38	10.93
3134	4729	WÓJCIK AGNIESZKA	WARSZAWA		74 K30/108 (K)271	00:55:57	00:54:04	00:27:19	11.10
3135	6942	CZARNOCKI PIOTR	WARSZAWA		87 M20/795 (M)2864	00:55:57	00:54:14	00:27:57	11.06
3136	3044	KSIEZNY ANDRZEJ	ŁOMIANKI		53 M50/208 (M)2865	00:55:58	00:54:31	00:26:53	11.01
3137	5865	JANIAK BARTŁOMIEJ	BRATOSZEWICE		90 M20/796 (M)2866	00:55:59	00:53:29	00:26:43	11.22
3138	2247	SIERY ARTUR	WARSZAWA		86 M20/797 (M)2867	00:55:59	00:52:02	00:26:34	11.53
3139	5270	BABICZ IRENEUSZ	HORODYSZCZE		65 M40/588 (M)2868	00:55:59	00:51:26	00:24:53	11.67
3140	1731	BAKA WITOLD	GRODZISK MAZ.		71 M40/589 (M)2869	00:56:00	00:52:40	00:25:34	11.39
3141	2117	FLORYSIAK ARTUR	WARSZAWA		74 M30/1208 (M)2870	00:56:00	00:54:16	00:27:08	11.06
3142	5972	KOSZELNIK GRZEGORZ	KRAKÓW	TEAM NUTRILITE /	83 M20/798 (M)2871	00:56:00	00:52:27	00:26:51	11.44
3143	3667	NIEMCZAK KAMIL	WARSZAWA		88 M20/799 (M)2872	00:56:00	00:51:45	00:26:16	11.59
3144	5380	BUKOWSKI KRZYSZTOF	MILANÓWEK		73 M30/1209 (M)2873	00:56:00	00:52:49	00:26:54	11.36
3145	975	MISIAK RAFAŁ	MIKOŁÓW		80 M30/1210 (M)2874	00:56:01	00:52:08	00:25:40	11.51
3146	2428	PIOTROWSKI GRZEGORZ	NOWY DWÓR		66 M40/590 (M)2875	00:56:01	00:52:12	00:25:30	11.49
3147	6479	MARSZAŁEK PRZEMYSŁAW	WARSZAWA		82 M20/800 (M)2876	00:56:01	00:55:31	00:27:10	10.81
3148	4727	CZERWOŃSKI ARTUR	ŁOMIANKI		68 M40/591 (M)2877	00:56:02	00:51:02	00:25:44	11.76
3149	4931	ZABUSKI MARCIN ZBIGNIEW	WARSZAWA	NIEZRZESZONY /	77 M30/1211 (M)2878	00:56:02	00:52:48	00:25:12	11.36
3150	2182	MADEJ TOMASZ	BIAŁOBRZEGI		81 M30/1212 (M)2879	00:56:02	00:52:44	00:25:54	11.38
3151	6806	WOJTKOWSKI ADAM	CIECHANÓW		78 M30/1213 (M)2880	00:56:03	00:55:03	00:27:04	10.90
3152	380	DZIEWICKI KRZYSZTOF	WARSZAWA		70 M40/592 (M)2881	00:56:03	00:50:59	00:25:45	11.77
3153	1237	BYTNER KAMIL	WARSZAWA	BRAK /	83 M20/801 (M)2882	00:56:03	00:52:48	00:26:36	11.36
3154	4268	MIĄSEK ALEKSANDRA	WARSZAWA		84 K20/113 (K)272	00:56:03	00:52:56	00:25:53	11.34
3155	6528	RUBASZEK MICHAŁ	WARSZAWA		78 M30/1214 (M)2883	00:56:03	00:52:19	00:26:38	11.47
3156	2297	SZAŁKOWSKI DAWID	WARSZAWA		78 M30/1215 (M)2884	00:56:03	00:51:29	00:25:48	11.65
3157	3709	WIŚNIEWSKI ARTUR	WARSZAWA		66 M40/593 (M)2885	00:56:03	00:52:49	00:25:11	11.36
3158	6596	SKUTA SYLWIA	KIELCE	KKL KIELCE /	78 K30/109 (K)273	00:56:03	00:52:23	00:26:23	11.45
3159	5049	SITEK ANDRZEJ	GARWOLIN		69 M40/594 (M)2886	00:56:04	00:53:09	00:27:06	11.29
3160	2021	MASTEJ MARIUSZ	JASŁO		87 M20/802 (M)2887	00:56:04	00:52:56	00:26:11	11.34
3161	6561	SAWICKA - KING MAŁGORZATA	LONDON		73 K30/110 (K)274	00:56:04	00:53:48	00:26:57	11.15
3162	5925	KING SIMON	LONDON		71 M40/595 (M)2888	00:56:04	00:53:48	00:26:55	11.15
3163	4723	SYGIT KACPER	PILA		91 M20/803 (M)2889	00:56:04	00:51:48	00:26:00	11.58
3164	6307	PAŁASZ STANISŁAW	ŁÓDŹ	STRAŻ MIEJSKA /	63 M40/596 (M)2890	00:56:04	00:52:54	00:26:43	11.34
3165	1753	KIELISZEK MARCIN	ŁĘCZNA		88 M20/804 (M)2891	00:56:04	00:52:13	00:26:18	11.49
3166	4164	JUREK MARCIN	ZIELONKA		75 M30/1216 (M)2892	00:56:06	00:52:46	00:26:27	11.37
3167	4940	KORCZAK GRZEGORZ	ZALESIE GÓRNE		81 M30/1217 (M)2893	00:56:06	00:52:03	00:26:39	11.53

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Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna / Klub Team / Club	R-k YoB	W kat. in Age	Wynik Time	Wynik netto	Wynik 5km	[km/h]
3168	5173	KARASIŃSKI PIOTR	WARSZAWA		68	M40/597 (M)2894	00:56:06	00:54:19	00:27:39	11.05
3169	929	PAŚNICZEK MACIEJ	WARSZAWA	ACCELERATE /	76	M30/1218 (M)2895	00:56:06	00:52:52	00:25:46	11.35
3170	418	SZYMANIAK ZBIGNIEW	WARSZAWA		70	M40/598 (M)2896	00:56:07	00:52:25	00:26:15	11.45
3171	1441	FIC RAFAŁ	WARSZAWA		86	M20/805 (M)2897	00:56:07	00:54:08	00:24:49	11.08
3172	904	SIANECKI TOMASZ	WARSZAWA		60	M50/209 (M)2898	00:56:07	00:52:54	00:26:19	11.34
3173	4563	LUBOWICZ KRZYSZTOF	WARSZAWA		78	M30/1219 (M)2899	00:56:08	00:53:08	00:25:45	11.29
3174	2153	KWIATKOWSKI ARKARIUSZ		ACTION /	86	M20/806 (M)2900	00:56:08	00:52:46	00:25:22	11.37
3175	3405	ZABORSKI PAWEŁ	ZAMOŚĆ		86	M20/807 (M)2901	00:56:08	00:53:17	00:25:10	11.26
3176	1151	KOWALSKI KAMIL	MICHAŁÓW GRABINA		86	M20/808 (M)2902	00:56:08	00:51:04	00:25:34	11.75
3177	6174	MOSTOWSKI MAREK	WARSZAWA		89	M20/809 (M)2903	00:56:08	00:52:36	00:26:17	11.41
3178	4530	RYBARCZYK MALINA	PULTUSK		55	K50/10 (K)275	00:56:09	00:53:07	00:26:06	11.30
3179	5216	MICHALSKA KATARZYNA	LEGIONOWO		79	K30/111 (K)276	00:56:10	00:53:16	00:26:17	11.26
3180	731	KLEPACKI ZBIGNIEW	WARSZAWA		66	M40/599 (M)2904	00:56:10	00:52:23	00:26:25	11.45
3181	5928	KŁAWE FILIP	BYDGOSZCZ		86	M20/810 (M)2905	00:56:10	00:54:29	00:26:32	11.01
3182	4684	SMYK KRZYSZTOF	WARSZAWA	BEZ PRZYNALEŻNOŚCI /	63	M40/600 (M)2906	00:56:11	00:53:08	00:26:22	11.29
3183	4656	ADAMOWICZ TOMASZ	SŁUPSK		86	M20/811 (M)2907	00:56:11	00:51:55	00:25:08	11.56
3184	6838	ZASINA SEBASTIAN	PRUSZKÓW	RÜBEZAHN TEAM /	82	M20/812 (M)2908	00:56:11	00:50:53	00:26:14	11.79
3185	4320	PAC BARTOSZ	WARSZAWA		81	M30/1220 (M)2909	00:56:11	00:52:50	00:25:29	11.36
3186	1704	KOGUT ROBERT	KONSTANCIN	BRĄK /	73	M30/1221 (M)2910	00:56:12	00:53:07	00:28:13	11.30
3187	4978	JANUSZ PATRYK	WARSZAWA	FREE RIDER /	79	M30/1222 (M)2911	00:56:12	00:50:54	00:26:13	11.79
3188	6789	WITKOWSKI PAWEŁ	WARSZAWA		81	M30/1223 (M)2912	00:56:12	00:52:22	00:25:55	11.46
3189	830	KAMIENIECKA ALEKSANDRA	MILANÓWEK		92	K20/114 (K)277	00:56:13	00:53:40	00:26:40	11.18
3190	3930	KOSTUCH ADAM	WARSZAWA		58	M50/210 (M)2913	00:56:13	00:52:54	00:26:04	11.34
3191	1705	SOWA ANNA	WARSZAWA		77	K30/112 (K)278	00:56:13	00:52:49	00:26:07	11.36
3192	3115	KUCHARSKI STANISŁAW	CIELADZ	METALPROJEKT /	77	M30/1224 (M)2914	00:56:13	00:53:53	00:27:26	11.14
3193	6346	PIĘTA PRZEMYSŁAW	WARSZAWA	THE GREAT SOCIETY /	77	M30/1225 (M)2915	00:56:13	00:56:08	00:27:13	10.69
3194	6417	LIBERA ALEKSANDER	WARSZAWA		79	M30/1226 (M)2916	00:56:13	00:51:56	00:26:33	11.55
3195	3729	KOSTECKI TADEUSZ	TRZCINIEC		61	M50/211 (M)2917	00:56:14	00:52:22	00:26:57	11.46
3196	1752	GÓJSKI MIROSLAW	ZĄBKI		63	M40/601 (M)2918	00:56:14	00:53:18	00:25:48	11.26
3197	705	DĄBROWA ANDRZEJ	TARCZYN		71	M40/602 (M)2919	00:56:14	00:52:40	00:26:45	11.39
3198	6875	GURAZ TOMASZ	JOZEFOSŁAW		80	M30/1227 (M)2920	00:56:14	00:52:38	00:26:44	11.40
3199	5028	MALCZYŃSKI MACIEJ	WARSZAWA	IPAPL RUNNERS /	78	M30/1228 (M)2921	00:56:14	00:54:38	00:27:44	10.98
3200	1204	INEKSIĄK ZBIGNIEW	WARSZAWA-WESOLA		68	M40/603 (M)2922	00:56:15	00:55:02	00:26:30	10.90
3201	384	ROSKOWSKI MARCIN	WARSZAWA		72	M30/1229 (M)2923	00:56:15	00:52:23	00:26:28	11.45
3202	5620	JABŁONOWSKI KRZYSZTOF	WARSZAWA		67	M40/604 (M)2924	00:56:15	00:51:34	00:26:42	11.64
3203	958	KOLIBABSKI SYLWESTER	WARSZAWA		69	M40/605 (M)2925	00:56:15	00:51:36	00:26:44	11.63
3204	5015	LIS JAREK	WARSZAWA		78	M30/1230 (M)2926	00:56:15	00:52:03	00:25:31	11.53
3205	6529	RUCEL SŁAWOMIR	WARSZAWA	TEAM NUTRILITE /	77	M30/1231 (M)2927	00:56:16	00:53:02	00:25:18	11.31
3206	4945	GAWRYSZEWSKI MICHAŁ	GRANICA		71	M40/606 (M)2928	00:56:16	00:52:33	00:26:19	11.42
3207	1001	GAJ ARTUR	WARSZAWA		78	M30/1232 (M)2929	00:56:16	00:52:25	00:26:40	11.45
3208	1662	SIENKIEWICZ PAWEŁ	WARSZAWA		74	M30/1233 (M)2930	00:56:16	00:52:05	00:26:19	11.52
3209	1506	CHRUŚLIŃSKI ZBIGNIEW	WOŁOMIN	AKTYWNY RELAKS WOŁOMIN /	49	M60/40 (M)2931	00:56:17	00:52:35	00:26:26	11.41
3210	988	BARYŻEWSKI REMIGIUSZ	WARSZAWA		85	M20/813 (M)2932	00:56:17	00:50:19	00:25:53	11.92
3211	4300	NOWAKOWSKA MAGDALENA	WARSZAWA		73	K30/113 (K)279	00:56:17	00:55:11	00:27:51	10.87
3212	4646	STANISZEWSKI RAFAŁ	WARSZAWA		79	M30/1234 (M)2933	00:56:17	00:52:17	00:27:00	11.48
3213	3939	MALASIEWICZ KONRAD	LEGIONOWO		66	M40/607 (M)2934	00:56:17	00:51:12	00:25:34	11.72
3214	6330	PFADT WOJCIECH	WARSZAWA		62	M40/608 (M)2935	00:56:17	00:51:56	00:26:12	11.55
3215	1419	KUNG MICHELLE	WARSZAWA		93	K20/115 (K)280	00:56:18	00:53:06	00:25:37	11.30
3216	5722	ŚLIWA ALICJA	ELK		54	K50/11 (K)281	00:56:19	00:53:36	00:26:30	11.19
3217	5128	PISERA PIOTR	WARSZAWA		73	M30/1235 (M)2936	00:56:19	00:55:14	00:26:22	10.86
3218	2031	MARCINIAK ZBIGNIEW	CIECHANÓW		71	M40/609 (M)2937	00:56:20	00:51:30	00:26:46	11.65
3219	5930	KLIN MARIUSZ	CHELM		79	M30/1236 (M)2938	00:56:20	00:53:45	00:27:14	11.16
3220	2229	HOLTE ALBERTSEN DENNIS	WARSZAWA	AMBASADA DANII /	74	M30/1237 (M)2939	00:56:20	00:52:20	00:28:47	11.46
3221	2905	BIELECKI WAWRZYNIEC	WARSZAWA	ORIENT EXPRESS /	85	M20/814 (M)2940	00:56:20	00:51:54	00:25:39	11.56
3222	2046	ŚMIGASIEWICZ ADAM	WARSZAWA		59	M50/212 (M)2941	00:56:20	00:51:29	00:26:45	11.65
3223	3476	DĄBROWICZ ANNA	WARSZAWA		83	K20/116 (K)282	00:56:20	00:53:59	00:26:55	11.11
3224	3332	NEBELSKI RAFAŁ	WARSZAWA	LASEK BIELAŃSKI TEAM /	76	M30/1238 (M)2942	00:56:20	00:52:28	00:26:12	11.44

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Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna / Klub Team / Club	R-k YoB	W kat. in Age	Wynik Time	Wynik netto	Wynik 5km	[km/h]
3225	5612	JANKOWSKA MALGORZATA	WARSZAWA		78	K30/114 (K)283	00:56:21	00:53:57	00:26:54	11.12
3226	4466	STEFANIUK IWONA	PRUSZKÓW		77	K30/115 (K)284	00:56:21	00:53:31	00:27:05	11.21
3227	4139	GRELA MACIEJ	WARSZAWA		82	M20/815 (M)2943	00:56:21	00:51:48	00:26:01	11.58
3228	1233	FABJANIAK ZBIGNIEW	ZĄBKI		68	M40/610 (M)2944	00:56:21	00:55:12	00:26:31	10.87
3229	1372	KRĘGIEL JAROSŁAW	WARSZAWA		72	M30/1239 (M)2945	00:56:22	00:53:29	00:25:45	11.22
3230	6229	MICHAŁOWSKI DAWID	WARSZAWA	----- /	77	M30/1240 (M)2946	00:56:23	00:51:56	00:25:53	11.55
3231	6228	ŁYCZEK AGATA	WARSZAWA		84	K20/117 (K)285	00:56:23	00:51:56	00:25:54	11.55
3232	4683	MARCZAK KACPER	PUSTELNIK		93	M20/816 (M)2947	00:56:24	00:55:44	00:26:18	10.77
3233	4297	PACYNA TOMASZ	WARSZAWA		76	M30/1241 (M)2948	00:56:24	00:54:33	00:27:26	11.00
3234	864	DWORAK BOGUSZ	WARSZAWA		77	M30/1242 (M)2949	00:56:24	00:52:56	00:26:27	11.34
3235	4553	SZULKIN MICHAŁ	WARSZAWA		86	M20/817 (M)2950	00:56:24	00:52:50	00:26:14	11.36
3236	3560	RUDZIK TOMASZ	KIELPIN		72	M30/1243 (M)2951	00:56:25	00:53:13	00:25:36	11.27
3237	4265	CISZAK TOMASZ	WARSZAWA		72	M30/1244 (M)2952	00:56:25	00:49:41	00:25:14	12.08
3238	1480	PAWŁOWICZ DOROTA	WARSZAWA		83	K20/118 (K)286	00:56:25	00:55:17	00:27:15	10.85
3239	3493	TELEGA JANUSZ	WARSZAWA		57	M50/213 (M)2953	00:56:26	00:54:45	00:26:02	10.96
3240	1843	KACPRZYK EWA	WARSZAWA		91	K20/119 (K)287	00:56:26	00:53:19	00:25:55	11.25
3241	2932	WASILCZYK TOMASZ	ELK		91	M20/818 (M)2954	00:56:26	00:51:44	00:26:50	11.60
3242	2289	JACEK ANTONI	NOWE MIASTO NAD		64	M40/611 (M)2955	00:56:27	00:54:01	00:27:12	11.11
3243	3020	CIEĆWIERZ MICHAŁ	WARSZAWA	TEAM NUTRILITE /	74	M30/1245 (M)2956	00:56:27	00:53:10	00:26:27	11.29
3244	2199	KALUŻNY MAREK	WARSZAWA		80	M30/1246 (M)2957	00:56:27	00:52:31	00:26:08	11.42
3245	2213	MICHNA KATARZYNA	WARSZAWA		85	K20/120 (K)288	00:56:27	00:52:31	00:26:07	11.42
3246	1676	KOWALIK KRZYSZTOF	KRASNYSTAW		76	M30/1247 (M)2958	00:56:28	00:53:19	00:25:41	11.25
3247	3160	PIECOCKI KRZYSZTOF	WARSZAWA		74	M30/1248 (M)2959	00:56:28	00:52:14	00:25:40	11.49
3248	4234	TEIXEIRA JOSE	ŁÓDŹ		80	M30/1249 (M)2960	00:56:28	00:52:45	00:26:21	11.37
3249	5494	FOKS ELŻBIETA	RECZYCE	BŁYSKAWICA DOMANIEWICE /	81	K30/116 (K)289	00:56:28	00:55:36	00:27:57	10.79
3250	4231	SIBIŃSKI MARCIN	BABICE		74	M30/1250 (M)2961	00:56:28	00:52:44	00:26:18	11.38
3251	3222	PRZEDWOLSKI MACIEJ	WARSZAWA		55	M50/214 (M)2962	00:56:29	00:49:38	00:24:58	12.09
3252	2205	BOJARSKI MACIEJ	KONIN	LAFARGE GIPS /	78	M30/1251 (M)2963	00:56:29	00:54:12	00:27:03	11.07
3253	2933	SAJDAK KRZYSZTOF	WARSZAWA		68	M40/612 (M)2964	00:56:29	00:49:38	00:24:06	12.09
3254	4075	SŁODOWSKA ANNA	WARSZAWA		80	K30/117 (K)290	00:56:30	00:54:52	00:28:02	10.94
3255	1320	MATYSZKIEWICZ TOMASZ	BIAŁE BŁOTA	BANK POCZTOWY /	80	M30/1252 (M)2965	00:56:30	00:52:44	00:27:02	11.38
3256	2067	SZOKALSKA URSZULA	NOWY PRAŻMÓW		69	K40/37 (K)291	00:56:31	00:54:06	00:27:03	11.09
3257	955	KALAPUS WOJCIECH	OLSZTYN		87	M20/819 (M)2966	00:56:31	00:53:34	00:26:49	11.20
3258	3464	CICHON TOMASZ	WARSZAWA		63	M40/613 (M)2967	00:56:31	00:49:29	00:24:56	12.13
3259	6833	ZAPARUCHA ANDRZEJ	PIASECZNO		71	M40/614 (M)2968	00:56:31	00:52:56	00:25:43	11.34
3260	3702	NIEWIADOMSKI ZDZISŁAW	WARSZAWA		49	M60/41 (M)2969	00:56:31	00:53:31	00:26:43	11.21
3261	2953	WIHAN JANUSZ	MARKI	- /	70	M40/615 (M)2970	00:56:32	00:55:05	00:27:04	10.89
3262	6217	PAWLAK GRZEGORZ	KRAKÓW		79	M30/1253 (M)2971	00:56:33	00:51:47	00:27:03	11.59
3263	6352	PIOTROWICZ MARCIN	WARSZAWA		83	M20/820 (M)2972	00:56:33	00:51:18	00:25:13	11.70
3264	2642	DRELCZUK KATARZYNA	ZIELONA GORA	K2TEAM.PL /	81	K30/118 (K)292	00:56:33	00:53:26	00:27:03	11.23
3265	6630	STASIEWICZ WIERA	HAJNÓWKA		42	K60/2 (K)293	00:56:34	00:55:56	00:28:16	10.73
3266	1873	SOLARZ MAREK	WARSZAWA	MARATONYPOLSKIE.PL TEAM /	91	M20/821 (M)2973	00:56:34	00:53:07	00:26:18	11.30
3267	1523	NOWAK LIDIA	SULEJÓWEK		94	K20/121 (K)294	00:56:34	00:55:44	00:27:03	10.77
3268	3309	GALCZYŃSKI WOJCIECH	SZYDŁOWIEC		68	M40/616 (M)2974	00:56:34	00:53:32	00:26:17	11.21
3269	6351	PIOTRKOWICZ PIOTR	MIŃSK MAZOWIECKI	TEAM NUTRILITE /	79	M30/1254 (M)2975	00:56:35	00:55:32	00:25:46	10.80
3270	6447	JAFISZOW PIOTR	WARSZAWA	CELIAKIA.PL /	83	M20/822 (M)2976	00:56:35	00:52:03	00:27:20	11.53
3271	5696	WILK ŁUKASZ	WARSZAWA		76	M30/1255 (M)2977	00:56:35	00:52:44	00:26:20	11.38
3272	4611	BIAŁOBRZESKI MICHAŁ	WARSZAWA		78	M30/1256 (M)2978	00:56:35	00:52:12	00:26:36	11.49
3273	60	RYCHLIK PAWEŁ	WARSZAWA	COCA COLA /	83	M20/823 (M)2979	00:56:35	00:52:40	00:26:54	11.39
3274	6343	PIETRZAK DANIEL	WARSZAWA		77	M30/1257 (M)2980	00:56:36	00:51:42	00:26:04	11.61
3275	1598	GRABEK RADOSŁAW	WARSZAWA	BANK HANDLOWY /	75	M30/1258 (M)2981	00:56:36	00:52:53	00:25:43	11.35
3276	2552	STRZELECKI PIOTR	WARSZAWA		94	M20/824 (M)2982	00:56:36	00:51:37	00:25:38	11.62
3277	6420	KUSTOSZ PIOTR	WARSZAWA	MŁOCINY GHOST RUNNER /	66	M40/617 (M)2983	00:56:36	00:52:38	00:25:45	11.40
3278	6706	TARGOŃSKI ŁUKASZ	WARSZAWA		80	M30/1259 (M)2984	00:56:36	00:51:42	00:26:04	11.61
3279	5350	BOGUCKA ELIZA	WARSZAWA		86	K20/122 (K)295	00:56:37	00:52:43	00:27:32	11.38
3280	3882	KOZAK TADEUSZ	WARSZAWA		51	M60/42 (M)2985	00:56:37	00:52:25	00:26:27	11.45
3281	676	KADLOF MICHAŁ	WARSZAWA		89	M20/825 (M)2986	00:56:37	00:52:21	00:25:07	11.46

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Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna / Klub Team / Club	R-k W kat. YoB in Age	Wynik Time	Wynik netto	Wynik 5km	[km/h]
3282	2584	MARKUS SŁAWOMIR	WARSZAWA		73 M30/1260 (M)2987	00:56:37	00:52:22	00:27:32	11.46
3283	4330	JAWORSKI TOMASZ	WARSZAWA		77 M30/1261 (M)2988	00:56:38	00:54:35	00:26:40	10.99
3284	5902	KARCZEWSKI TOMASZ	WARSZAWA	TEAM NUTRILITE /	82 M20/826 (M)2989	00:56:38	00:53:03	00:27:03	11.31
3285	3663	RODION BOGUSH	WARSZAWA		82 M20/827 (M)2990	00:56:38	00:53:09	00:26:11	11.29
3286	6514	ROKOSZ JOANNA	JAROSŁAW	BRAK /	91 K20/123 (K)296	00:56:38	00:53:02	00:26:28	11.31
3287	2564	ADASZEWSKA KATARZYNA	WARSZAWA		79 K30/119 (K)297	00:56:38	00:54:23	00:26:42	11.03
3288	5506	WÓJCIK AGNIESZKA	WARSZAWA	TRUCHT TARCHOMIN TEAM /	82 K20/124 (K)298	00:56:39	00:53:01	00:26:36	11.32
3289	1186	SZYMCZAK ZBIGNIEW	WARSZAWA		69 M40/618 (M)2991	00:56:39	00:49:46	00:24:26	12.06
3290	3744	ŚWIDERSKI GRZEGORZ	WARSZAWA		80 M30/1262 (M)2992	00:56:39	00:52:35	00:26:02	11.41
3291	3380	PARFIANOVICH IOSIF	OŻARÓW MAZOWIECKI		88 M20/828 (M)2993	00:56:39	00:53:18	00:26:43	11.26
3292	3383	STRACH JERZY	OŻARÓW MAZOWIECKI		90 M20/829 (M)2994	00:56:39	00:53:18	00:26:41	11.26
3293	3385	MNISZAK TOMASZ	OŻARÓW MAZOWIECKI		89 M20/830 (M)2995	00:56:39	00:53:18	00:26:41	11.26
3294	3437	OLUBIEC PIOTR	WARSZAWA	KB TP /	68 M40/619 (M)2996	00:56:39	00:53:43	00:26:18	11.17
3295	63	ŻERO ANDRZEJ	WARSZAWA	COCA COLA /	83 M20/831 (M)2997	00:56:40	00:51:24	00:25:21	11.67
3296	3682	KOZANKIEWICZ PRZEMYSŁAW	WARSZAWA		75 M30/1263 (M)2998	00:56:40	00:52:44	00:25:51	11.38
3297	4358	MIZIOŁEK CEZARY	WARSZAWA		85 M20/832 (M)2999	00:56:40	00:51:44	00:25:48	11.60
3298	5721	ZIÓŁKOWSKI ROBERT	WARSZAWA	BIZRUNNER /	88 M20/833 (M)3000	00:56:40	00:53:57	00:26:46	11.12
3299	147	LIEPPE CHRISTOPHE	FRANCJA		79 M30/1264 (M)3001	00:56:41	00:56:36	00:25:48	10.60
3300	4182	DĄBROWSKA LENA	WARSZAWA		81 K30/120 (K)299	00:56:41	00:53:38	00:26:52	11.19
3301	2556	DULIBAN PATRYK	WARSZAWA	BRAK /	90 M20/834 (M)3002	00:56:41	00:53:58	00:30:19	11.12
3302	4822	WIELOCH MACIEJ	WARSZAWA		76 M30/1265 (M)3003	00:56:42	00:52:53	00:26:38	11.35
3303	2654	ZYBAŁA ROMAN	ZIMNOWODA		83 M20/835 (M)3004	00:56:42	00:52:06	00:26:26	11.52
3304	6858	ZWOLIŃSKA EWELINA	OSTROWIEC		84 K20/125 (K)300	00:56:42	00:53:43	00:26:44	11.17
3305	6507	REMISZEWSKI ARKADIUSZ	OSTROWIEC ŚW.	BRAK /	65 M40/620 (M)3005	00:56:42	00:53:43	00:26:45	11.17
3306	5336	BINDER PIOTR	WARSZAWA	OTK RZEŹNIK /	77 M30/1266 (M)3006	00:56:42	00:54:32	00:27:04	11.00
3307	1292	OLOWSKI JANUSZ	WARSZAWA	NIEZRZESZONY /	59 M50/215 (M)3007	00:56:42	00:51:10	00:26:16	11.73
3308	2234	SMYK ANITA I STEFAN	BIAŁA PODLASKA	POLSKA BIEGA /	70 K40/38 (K)301	00:56:42	00:53:13	00:27:21	11.27
3309	4324	PYŚNIAK SEBASTIAN	WARSZAWA		76 M30/1267 (M)3008	00:56:43	00:53:15	00:26:31	11.27
3310	6575	SIEDLECKI KONRAD	GDAŃSK		78 M30/1268 (M)3009	00:56:43	00:54:33	00:27:04	11.00
3311	325	SMUL DARIUSZ	WARSZAWA	UKS OLIMPUS /	70 M40/621 (M)3010	00:56:43	00:55:17	00:27:05	10.85
3312	3248	SZEWczyk PAWEŁ	WARSZAWA		70 M40/622 (M)3011	00:56:43	00:52:58	00:25:58	11.33
3313	4795	NOWAK MARCIN	KOBYŁKA	WARSZAWSKIE CENTRUM AIKIDO /	76 M30/1269 (M)3012	00:56:43	00:52:42	00:27:00	11.39
3314	628	DOBOSZ ANDRZEJ	WARSZAWA		74 M30/1270 (M)3013	00:56:43	00:52:51	00:26:35	11.35
3315	3124	ZAREMBA MICHAŁ		ACTION /	79 M30/1271 (M)3014	00:56:43	00:55:28	00:27:06	10.82
3316	6873	CHŁOPECKI MATEUSZ	RADOM		85 M20/836 (M)3015	00:56:43	00:54:14	00:28:18	11.06
3317	2038	EBERT MAREK	ZIELONKA	3BZABDWL /	70 M40/623 (M)3016	00:56:44	00:56:34	00:27:18	10.61
3318	3013	SKALSKI MACIEJ	WARSZAWA	ZABIEGANI RODZICE /	78 M30/1272 (M)3017	00:56:44	00:54:28	00:26:38	11.02
3319	1036	ROKICIŃSKI JACEK	JÓZEFOSŁAW	CAPOEIRA RAIZ /	67 M40/624 (M)3018	00:56:44	00:52:20	00:25:30	11.46
3320	3065	JASEK MAŁGORZATA	WARSZAWA		95 K20/126 (K)302	00:56:45	00:55:59	00:25:39	10.72
3321	3805	MAJOR MICHAŁ	STARGARD SZCZECIŃSKI		88 M20/837 (M)3019	00:56:45	00:55:36	00:26:44	10.79
3322	5532	ZYGLEWICZ WIESŁAW	WARSZAWA		69 M40/625 (M)3020	00:56:45	00:53:07	00:26:45	11.30
3323	3945	SZYBISZ PAWEŁ	WARSZAWA		63 M40/626 (M)3021	00:56:45	00:52:31	00:26:20	11.42
3324	2655	ZYŚK JANUSZ	LEGIONOWO		86 M20/838 (M)3022	00:56:46	00:50:03	00:25:11	11.99
3325	6977	MIRECKI WOJCIECH	WARSZAWA	WARM RT /	61 M50/216 (M)3023	00:56:46	00:54:34	00:27:28	11.00
3326	1016	KOPER JAROSŁAW	TOMASZÓW LUBELSKI	TEAM NUTRILITE /	82 M20/839 (M)3024	00:56:46	00:51:42	00:26:33	11.61
3327	4781	MACIEJEWSKA MARTA	PŁOCHOCIN	BIESZCZADZKIE JELONKI /	96 K20/127 (K)303	00:56:46	00:55:48	00:26:44	10.75
3328	436	BUDZYŃSKI KRZYSZTOF	WARSZAWA	BANK CITIBANK INTERNATIONAL PLC /	85 M20/840 (M)3025	00:56:46	00:55:44	00:26:15	10.77
3329	317	KAMIŃSKI WIESŁAW WOJCIECH	WARSZAWA		67 M40/627 (M)3026	00:56:47	00:52:50	00:25:10	11.36
3330	1767	TRACZYK JAROSŁAW	WARSZAWA		60 M50/217 (M)3027	00:56:47	00:52:52	00:26:24	11.35
3331	3112	BORGOSZ PAWEŁ	WARSZAWA		75 M30/1273 (M)3028	00:56:47	00:55:03	00:29:38	10.90
3332	6068	LJUNGGREN ERLAND	LINKÖPING		72 M30/1274 (M)3029	00:56:47	00:53:04	00:25:34	11.31
3333	870	MELCHIOR WŁODZIMIERZ	RADZYŃ PODLASKI		53 M50/218 (M)3030	00:56:47	00:52:56	00:26:25	11.34
3334	4673	SOCZYŃSKI RAFAŁ	KRASNYSTAW		87 M20/841 (M)3031	00:56:47	00:52:35	00:26:26	11.41
3335	1171	KALINOWSKI ZENON	KOBYŁKA		66 M40/628 (M)3032	00:56:49	00:54:52	00:26:18	10.94
3336	4957	JACKIEWICZ KRZYSZTOF	WARSZAWA		76 M30/1275 (M)3033	00:56:49	00:53:47	00:26:02	11.16
3337	194	LITOROWICZ-SIEGERT AGNIESZKA			68 K40/39 (K)304	00:56:49	00:54:41	00:26:27	10.97

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Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna / Klub Team / Club	R-k YoB	W kat. in Age	Wynik Time	Wynik netto	Wynik 5km	[km/h]
3338	269	TYZNER TADEUSZ	WARSZAWA		39	M70/7 (M)3034	00:56:50	00:56:17	00:27:52	10.66
3339	1406	WOJCIESZAK ZBIGNIEW	WARSZAWA		53	M50/219 (M)3035	00:56:50	00:55:25	00:27:05	10.83
3340	5324	BIELAK KRZYSZTOF	LUBLIN		80	M30/1276 (M)3036	00:56:50	00:52:04	00:26:16	11.52
3341	5451	DAWIDOWICZ DAWID	POPOWO	TEAM NUTRILITE /	88	M20/842 (M)3037	00:56:50	00:53:49	00:26:44	11.15
3342	4142	MICHALSKA ANNA	WARSZAWA	BIEGAMY Z OCHOTĄ /	64	K40/40 (K)305	00:56:51	00:53:10	00:26:25	11.29
3343	1224	KACZMARCZYK LESZEK	WARSZAWA		80	M30/1277 (M)3038	00:56:51	00:51:53	00:26:24	11.56
3344	3993	LISZKA-DALECKA MARIA	WARSZAWA		88	K20/128 (K)306	00:56:52	00:53:31	00:27:12	11.21
3345	2920	TROJANOWSKI TADEUSZ	WARSZAWA		54	M50/220 (M)3039	00:56:53	00:51:46	00:26:34	11.59
3346	2898	KARPETA KAMIL	SZYDŁOWIEC	LUXURY RUNNER /	96	M20/843 (M)3040	00:56:53	00:51:59	00:27:03	11.54
3347	3133	ŻELAZO ARKADIUSZ	CELESTYNÓW	AMATOR /	84	M20/844 (M)3041	00:56:53	00:53:40	00:26:38	11.18
3348	1045	MICHNA ALEKSANDRA	WARSZAWA		80	K30/121 (K)307	00:56:53	00:52:41	00:26:38	11.39
3349	65	DĄBROWSKI DARIUSZ	WARSZAWA	COCA COLA /	67	M40/629 (M)3042	00:56:54	00:53:00	00:26:24	11.32
3350	908	JUKIEL JAROSŁAW	WARSZAWA		69	M40/630 (M)3043	00:56:54	00:53:38	00:26:18	11.19
3351	4535	LUSAWA AGNIESZKA	LEGIONOWO		82	K20/129 (K)308	00:56:54	00:53:27	00:26:23	11.23
3352	6832	ZAMORA BEATA	TARNOWSKIE GÓRY	KS PIĘTKA /	72	K30/122 (K)309	00:56:54	00:56:42	00:27:42	10.58
3353	2748	JAGIELSKI WITOLD	WARSZAWA		65	M40/631 (M)3044	00:56:55	00:56:02	00:26:58	10.71
3354	4418	ORCZYK TOMASZ	WARSZAWA	MSZ /	76	M30/1278 (M)3045	00:56:55	00:53:38	00:26:26	11.19
3355	1596	KOWALSKI MARIUSZ	WARSZAWA	UCSIR /	77	M30/1279 (M)3046	00:56:55	00:52:53	00:26:24	11.35
3356	566	GUTKOWSKI JANUSZ	WARSZAWA		73	M30/1280 (M)3047	00:56:56	00:53:38	00:26:48	11.19
3357	4476	WIELGO PRZYBYŚLAW	WARSZAWA		73	M30/1281 (M)3048	00:56:56	00:54:09	00:26:10	11.08
3358	2661	KOWALIK PAWEŁ	RADZYŃ PODLASKI		89	M20/845 (M)3049	00:56:57	00:53:03	00:26:22	11.31
3359	2774	NOWOSIELSKA DOROTA	WARSZAWA	MINROL /	71	K40/41 (K)310	00:56:57	00:53:38	00:27:05	11.19
3360	3446	JAGIEŁŁO JAKUB	WARSZAWA	TELEKOMUNIKACJA POLSKA S.A. /	85	M20/846 (M)3050	00:56:57	00:53:53	00:27:41	11.14
3361	4591	LUSA MARCIN	SULEJÓWEK		80	M30/1282 (M)3051	00:56:58	00:53:13	00:25:39	11.27
3362	1948	ZIELIŃSKA SYLWIA	GRODZISK MAZOWIECKI	PKO_ /	75	K30/123 (K)311	00:56:58	00:56:44	00:27:31	10.58
3363	4869	WNUK MACIEJ	ZĄBKI		80	M30/1283 (M)3052	00:56:58	00:52:56	00:26:12	11.34
3364	1632	DZIUBA HUBERT	KOZIENICE		84	M20/847 (M)3053	00:56:58	00:54:17	00:27:44	11.05
3365	6896	SOKOŁOWSKI MARIAN	WARSZAWA		48	M60/43 (M)3054	00:56:59	00:56:17	00:26:44	10.66
3366	3433	PRUSIK MARCIN	WARSZAWA	KB TP /	87	M20/848 (M)3055	00:56:59	00:54:06	00:26:48	11.09
3367	1357	SROCZYŃSKA MAGDALENA	WARSZAWA		83	K20/130 (K)312	00:56:59	00:54:40	00:26:22	10.98
3368	1536	KUCHARSKI KRZYSZTOF	WARSZAWA		60	M50/221 (M)3056	00:57:00	00:54:14	00:26:47	11.06
3369	2787	DOBRYŃSKA NINA	WARSZAWA	MINROL /	73	K30/124 (K)313	00:57:00	00:53:41	00:27:04	11.18
3370	5544	BIERNACKI MACIEJ	WARSZAWA	FESTIWAL BIEGOWY /	84	M20/849 (M)3057	00:57:00	00:52:30	00:27:19	11.43
3371	475	ZAWADZKI KAMIL	WARSZAWA		93	M20/850 (M)3058	00:57:00	00:51:45	00:25:40	11.59
3372	3128	GÓRNIAK KRZYSZTOF	WARSZAWA		77	M30/1284 (M)3059	00:57:00	00:52:51	00:25:54	11.35
3373	3977	MALINOWSKI DAMIAN	WARSZAWA		86	M20/851 (M)3060	00:57:01	00:53:45	00:25:52	11.16
3374	2108	FEJFER MAGDALENA	WARSZAWA	AGR WELODROM /	88	K20/131 (K)314	00:57:01	00:53:34	00:26:48	11.20
3375	1048	HRYSKIEWICZ PAWEŁ	GARWOLIN	AVON /	79	M30/1285 (M)3061	00:57:02	00:54:28	00:25:50	11.02
3376	1354	SZWED KRZYSZTOF	WARSZAWA		72	M30/1286 (M)3062	00:57:02	00:54:41	00:26:43	10.97
3377	3245	KUJDA BARTŁOMIEJ	WARSZAWA		85	M20/852 (M)3063	00:57:02	00:54:02	00:27:34	11.10
3378	1255	KILAR KRYSZTIAN	JEDLIŃSK		60	M50/222 (M)3064	00:57:02	00:55:13	00:27:12	10.87
3379	4076	SZYPUŁA JACEK	WARSZAWA		69	M40/632 (M)3065	00:57:02	00:51:54	00:27:03	11.56
3380	2625	DUNIEC MACIEJ	WARSZAWA		72	M30/1287 (M)3066	00:57:03	00:53:55	00:27:12	11.13
3381	2725	ZIĘBA DANUTA		RBS BANK /	84	K20/132 (K)315	00:57:03	00:53:07	00:27:27	11.30
3382	7480	SMOLIŃSKI BOGUSŁAW	BABOSZEWO		77	M30/1288 (M)3067	00:57:03	00:53:35	00:26:18	11.20
3383	1287	ZYCH PIOTR	WARSZAWA		78	M30/1289 (M)3068	00:57:04	00:52:33	00:26:28	11.42
3384	2102	KULIK MICHAŁ	WARSZAWA		85	M20/853 (M)3069	00:57:04	00:52:56	00:26:54	11.34
3385	3850	PŁOCHOCKI KRZYSZTOF	SULEJÓWEK		69	M40/633 (M)3070	00:57:04	00:54:32	00:26:50	11.00
3386	6157	MINOROWICZ BARTOSZ	POZNAŃ/GORZÓW WLKP.		87	M20/854 (M)3071	00:57:04	00:53:30	00:26:07	11.21
3387	6634	STEFAŃSKI FREDERIK	POZNAŃ	- /	87	M20/855 (M)3072	00:57:04	00:53:29	00:27:08	11.22
3388	6465	BAREJ GRZEGORZ	WARSZAWA		75	M30/1290 (M)3073	00:57:04	00:53:34	00:26:42	11.20
3389	843	STACHOWICZ DOMINIK	RADZYMIN	KB-REBUS /	76	M30/1291 (M)3074	00:57:04	00:54:13	00:26:39	11.07
3390	6043	KWIATKOWSKI KONRAD	WARSZAWA		84	M20/856 (M)3075	00:57:05	00:54:20	00:26:29	11.04
3391	5658	PEJSKI CEZARY	WARSZAWA		55	M50/223 (M)3076	00:57:05	00:52:50	00:26:21	11.36
3392	2576	MIRECKA KATARZYNA	WARSZAWA		79	K30/125 (K)316	00:57:05	00:55:27	00:27:13	10.82
3393	4316	NOWOCIN MAGDALENA	WARSZAWA	BIEGAM BO LUBIĘ /	79	K30/126 (K)317	00:57:06	00:53:50	00:26:14	11.15
3394	218	ZAWODNIK DO UZUP				(M)3077	00:57:06	00:57:00	00:26:44	10.53

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Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna / Klub Team / Club	R-k YoB	W kat. in Age	Wynik Time	Wynik netto	Wynik 5km	[km/h]
3395	2091	DOBOSZ ELŻBIETA	WARSZAWA	KB ACTIVESPORTS WARSZAWA /	58	K50/12 (K)318	00:57:07	00:49:34	00:24:52	12.10
3396	2360	PISPIECH MARCIN			76	M30/1292 (M)3078	00:57:07	00:51:43	00:27:19	11.60
3397	2494	MĄDZIK ALEKSANDRA	WARSZAWA	PLAY /	81	K30/127 (K)319	00:57:07	00:52:54	00:27:16	11.34
3398	5107	KOZERA MARCIN	WARSZAWA	POLSKA BIEGA /	80	M30/1293 (M)3079	00:57:07	00:53:31	00:25:12	11.21
3399	3054	ROGUSKI ADAM	SKIERNIEWICE		78	M30/1294 (M)3080	00:57:07	00:53:40	00:27:33	11.18
3400	4565	BADOWSKI MAREK	WARSZAWA		71	M40/634 (M)3081	00:57:08	00:53:36	00:27:16	11.19
3401	3376	JUREK WOJCIECH	WARSZAWA	TEAM NUTRALITE /	65	M40/635 (M)3082	00:57:08	00:55:08	00:26:54	10.88
3402	170	ANDREJEW AGNIESZKA	WARSZAWA	VW SZEWCZYK /	70	K40/42 (K)320	00:57:08	00:56:56	00:26:58	10.54
3403	1468	SOSNOWSKI MARIAN	WARSZAWA		52	M50/224 (M)3083	00:57:08	00:55:25	00:27:08	10.83
3404	1401	RZEWNICKI PAWEŁ	WARSZAWA		89	M20/857 (M)3084	00:57:08	00:55:22	00:27:22	10.84
3405	6699	ŚCISŁOWSKI ŁUKASZ	WARKA		86	M20/858 (M)3085	00:57:08	00:54:11	00:26:24	11.07
3406	288	WASIL MIROSLAW	PRUSZKÓW	POLICJA /	76	M30/1295 (M)3086	00:57:08	00:53:40	00:26:33	11.18
3407	4888	BUCHALSKA EWA	WARSZAWA		71	K40/43 (K)321	00:57:09	00:53:29	00:26:36	11.22
3408	4889	NIEDŹWIECKA KATARZYNA	WARSZAWA		70	K40/44 (K)322	00:57:09	00:53:30	00:26:35	11.21
3409	4432	CHOMIUK TOMASZ	WARSZAWA		81	M30/1296 (M)3087	00:57:09	00:50:55	00:26:02	11.78
3410	4567	LIS MIKOŁAJ	WARSZAWA		83	M20/859 (M)3088	00:57:09	00:53:39	00:27:17	11.18
3411	7498	GOŁDYŃKA BARTŁOMIEJ	WARSZAWA		78	M30/1297 (M)3089	00:57:10	00:54:49	00:28:17	10.95
3412	5549	BRYLIŃSKI JAKUB	WARSZAWA		87	M20/860 (M)3090	00:57:10	00:55:27	00:27:58	10.82
3413	2181	DOBZAŃSKI MICHAŁ	WARSZAWA		78	M30/1298 (M)3091	00:57:11	00:52:59	00:25:31	11.32
3414	5553	ORŁOWICZ ALEKSANDRA	WARSZAWA		92	K20/133 (K)323	00:57:11	00:53:38	00:27:07	11.19
3415	6960	ROGAŁA MACIEJ	SIERADZ		63	M40/636 (M)3092	00:57:11	00:51:37	00:24:59	11.62
3416	1571	KOWIESKI DAWID	SIEDLCE	JRG 10 /	87	M20/861 (M)3093	00:57:11	00:55:38	00:27:52	10.78
3417	5239	OMULECKI IGOR	WARSZAWA		73	M30/1299 (M)3094	00:57:11	00:53:44	00:27:49	11.17
3418	415	KUCZYŃSKA MAGDALENA	WARSZAWA		82	K20/134 (K)324	00:57:11	00:52:30	00:26:42	11.43
3419	4932	SIENKIEWICZ RAFAŁ	WARSZAWA		79	M30/1300 (M)3095	00:57:11	00:53:00	00:25:30	11.32
3420	1002	NOWAKOWSKI PAWEŁ	WARSZAWA		78	M30/1301 (M)3096	00:57:11	00:53:19	00:26:39	11.25
3421	3150	KOŚMIDER MACIEJ		ACTION /	80	M30/1302 (M)3097	00:57:12	00:55:30	00:26:41	10.81
3422	4852	DUDEK MIROSLAW	WARSZAWA	10 WARSZAWSKI PUŁK SAMOCHODOWY /	74	M30/1303 (M)3098	00:57:12	00:53:45	00:26:09	11.16
3423	3348	KUCZYŃSKI MARCIN	WARSZAWA	- /	75	M30/1304 (M)3099	00:57:12	00:53:13	00:26:18	11.27
3424	2364	ZELISŁAWSKI JAN	WARSZAWA		86	M20/862 (M)3100	00:57:13	00:51:38	00:27:38	11.62
3425	152	TRĘBACKA KATARZYNA	WARSZAWA	GW /	74	K30/128 (K)325	00:57:13	00:53:37	00:25:20	11.19
3426	1214	MICHAŁEK MAREK	WARSZAWA		64	M40/637 (M)3101	00:57:13	00:52:56	00:26:27	11.34
3427	3441	KURZAWA ALDONA	WARSZAWA	KB TP /	67	K40/45 (K)326	00:57:14	00:54:05	00:26:44	11.09
3428	1545	KOSSOWSKI MACIEK	WARSZAWA		77	M30/1305 (M)3102	00:57:15	00:54:43	00:27:49	10.97
3429	3674	KUCZYŃSKI LESZEK	WARSZAWA	PRĘŻNE VACKY /	78	M30/1306 (M)3103	00:57:15	00:56:00	00:23:59	10.71
3430	5891	KALINOWSKI NORBERT	WASILKÓW		76	M30/1307 (M)3104	00:57:15	00:54:23	00:27:34	11.03
3431	6911	MULTAN GRZEGORZ	WARSZAWA		76	M30/1308 (M)3105	00:57:15	00:54:24	00:27:46	11.03
3432	4414	PAWELEC KRYSZYNA	BRWINÓW	NIEZRZESZONA /	53	K50/13 (K)327	00:57:16	00:55:00	00:27:35	10.91
3433	4793	GRABOWSKI JACEK	WARSZAWA		74	M30/1309 (M)3106	00:57:16	00:54:24	00:27:34	11.03
3434	4413	PASZEK KRYSZYNA	GRODZISK MAZ	NIEZRZESZONA /	61	K50/14 (K)328	00:57:16	00:54:59	00:27:33	10.91
3435	6853	ZIEMAK MACIEJ	JÓZEFOSŁAW		77	M30/1310 (M)3107	00:57:16	00:54:12	00:26:08	11.07
3436	6491	SZAŁKOWSKI SŁAWOMIR	WARSZAWA	RUN IS FUN /	69	M40/638 (M)3108	00:57:16	00:54:12	00:25:55	11.07
3437	6983	STAŚKIEWICZ TOMASZ	WARSZAWA	ABSTYNENCI TRIATHLON CLUB /	75	M30/1311 (M)3109	00:57:16	00:53:18	00:27:00	11.26
3438	3639	DWORAKOWSKI DARIUSZ	WARSZAWA		80	M30/1312 (M)3110	00:57:17	00:52:48	00:26:46	11.36
3439	3512	MESSELY ERIC	WARSZAWA		72	M30/1313 (M)3111	00:57:17	00:55:43	00:26:33	10.77
3440	6688	SZYMAŃSKA MALWINA	PRUSZKÓW		80	K30/129 (K)329	00:57:18	00:56:51	00:27:58	10.55
3441	2635	ZABOROWSKI DARIUSZ	WARSZAWA	SZPROS /	59	M50/225 (M)3112	00:57:18	00:55:30	00:26:48	10.81
3442	372	SZTEYNER JERZY	WARSZAWA		44	M60/44 (M)3113	00:57:18	00:56:48	00:27:52	10.56
3443	2906	WACHOWICZ GRZEGORZ	WARSZAWA		78	M30/1314 (M)3114	00:57:18	00:54:02	00:25:46	11.10
3444	4442	HASIEC Cezary	WARSZAWA		73	M30/1315 (M)3115	00:57:19	00:50:30	00:25:05	11.88
3445	2747	WIĘCKOWSKI MICHAŁ	WARSZAWA		76	M30/1316 (M)3116	00:57:20	00:52:57	00:26:33	11.33
3446	3277	GOSS BARTŁOMIEJ	KĄTY		76	M30/1317 (M)3117	00:57:20	00:53:55	00:26:39	11.13
3447	5938	KOĆOŃ MAREK	CZELADŹ	TKKF MOSIR SATURN CZELADŹ /	53	M50/226 (M)3118	00:57:20	00:53:05	00:26:44	11.30
3448	5019	PIASEK MICHAŁ	OSTROŁĘKA		95	M20/863 (M)3119	00:57:20	00:51:24	00:27:10	11.67
3449	2609	WITKOWSKI KONRAD	TOMASZÓW LUBELSKI	DOWÓDZTWO GARNIZONU WARSZAWA /	77	M30/1318 (M)3120	00:57:20	00:55:14	00:27:05	10.86
3450	752	KOŃSKI WALDEMAR	BŁONIE	BIAŁUTY TEAM /	50	M60/45 (M)3121	00:57:21	00:54:18	00:26:47	11.05
3451	4674	RACINOWSKI DARIUSZ	PŁOŃSK	IM.PIOTRA SEKOWSKIEGO PŁOŃSK /	63	M40/639 (M)3122	00:57:21	00:52:32	00:27:12	11.42

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3452	5433	CZARNECKI MICHAŁ	WARSZAWA	12TRI.PL /	75 M30/1319 (M)3123	00:57:21	00:54:02	00:26:16	11.10
3453	6971	LACHOWIECKI WOJCIECH	WARSZAWA		77 M30/1320 (M)3124	00:57:21	00:53:57	00:26:47	11.12
3454	4150	KWINTA ANDRZEJ	WARSZAWA	- /	77 M30/1321 (M)3125	00:57:21	00:53:59	00:26:19	11.11
3455	3736	RUMIANEK MARCIN	WARSZAWA	MARCINRUMIANEK.COM /	88 M20/864 (M)3126	00:57:21	00:56:12	00:27:19	10.68
3456	1799	KIJAK MICHAŁ	OLKUSZ	ICHF / NOBLESSE /	80 M30/1322 (M)3127	00:57:21	00:52:46	00:27:33	11.37
3457	5008	TARKOWSKI ALEKSANDER	WARSZAWA		74 M30/1323 (M)3128	00:57:21	00:55:13	00:27:38	10.87
3458	3475	HAŁOŃ MARCIN	PIASECZNO		76 M30/1324 (M)3129	00:57:22	00:53:36	00:25:58	11.19
3459	1603	WILK ŁUKASZ	WARSZAWA		80 M30/1325 (M)3130	00:57:22	00:53:24	00:26:29	11.24
3460	5893	KALISIAK ALEKSANDER	WOŁOMIN		96 M20/865 (M)3131	00:57:22	00:54:22	00:27:01	11.04
3461	3656	SUCHOPARSKA MARTA	PODKOWA LEŚNA		72 K30/130 (K)330	00:57:22	00:56:37	00:28:00	10.60
3462	4566	LUBOWICZ KATARZYNA	WARSZAWA		84 K20/135 (K)331	00:57:22	00:54:23	00:27:38	11.03
3463	4746	STOLARSKI JAROSŁAW	WARSZAWA		79 M30/1326 (M)3132	00:57:23	00:53:19	00:27:24	11.25
3464	7496	ELŻBIECIAK ANNA	GLIWICE	TEAM NUTRILITE /	74 K30/131 (K)332	00:57:23	00:54:14	00:27:27	11.06
3465	6850	ZIELIŃSKI ADAM	NOWA SUCHA		87 M20/866 (M)3133	00:57:23	00:52:26	00:27:01	11.44
3466	3360	KASPRZYK ADAM	WARSZAWA		82 M20/867 (M)3134	00:57:23	00:54:46	00:27:01	10.96
3467	5199	KUROWSKI MICHAŁ	WARSZAWA		87 M20/868 (M)3135	00:57:23	00:54:53	00:27:09	10.93
3468	6469	SIEDLECKA-MACH SYLWIA	WARSZAWA		85 K20/136 (K)333	00:57:24	00:57:13	00:29:16	10.49
3469	4206	ŚWISTAK KLAUDIA	WARSZAWA		79 K30/132 (K)334	00:57:24	00:55:17	00:27:22	10.85
3470	4205	ŚWISTAK MARCIN	WARSZAWA		81 M30/1327 (M)3136	00:57:24	00:55:17	00:27:22	10.85
3471	4816	JASIŃSKI MIKOŁAJ	WARSZAWA	UNIwersytecki Klub Alpinistyczny /	67 M40/640 (M)3137	00:57:24	00:55:58	00:27:32	10.72
3472	6396	RACINO MARCIN	WARSZAWA		83 M20/869 (M)3138	00:57:24	00:53:50	00:26:30	11.15
3473	301	GRABOWSKI PRZEMYSŁAW	KOCZARGI STARE	KOCZARGI 4RUN TEAM /	79 M30/1328 (M)3139	00:57:24	00:55:07	00:27:19	10.89
3474	1325	FLORCZAK SZYMON	WARSZAWA		87 M20/870 (M)3140	00:57:24	00:54:55	00:26:38	10.93
3475	3661	LAMPARSKI ROBERT	WARSZAWA		71 M40/641 (M)3141	00:57:24	00:57:24	00:34:34	10.45
3476	2270	HANSDORFER PAWEŁ	WARSZAWA	HP RUN /	72 M30/1329 (M)3142	00:57:25	00:56:31	00:26:57	10.62
3477	4667	KOMOREK ZENON	WARSZAWA		56 M50/227 (M)3143	00:57:25	00:55:30	00:27:53	10.81
3478	3275	ZAORSKI SEBASTIAN	WARSZAWA		79 M30/1330 (M)3144	00:57:25	00:54:41	00:28:51	10.97
3479	1358	STANIOS SYLWIA	WARSZAWA		81 K30/133 (K)335	00:57:26	00:53:17	00:25:32	11.26
3480	2048	KOZIŃSKI JANUSZ	ŁOMIANKI		50 M60/46 (M)3145	00:57:26	00:54:26	00:27:05	11.02
3481	6955	PILIPIUK BARTOSZ	BIALYSTOK		86 M20/871 (M)3146	00:57:26	00:52:55	00:29:19	11.34
3482	6115	MARANOWSKI PAWEŁ	KRÓLEWO		86 M20/872 (M)3147	00:57:26	00:54:04	00:28:14	11.10
3483	6912	CIEŚLA RYSZARD	PRUSZKÓW	AIKIDO PRUSZKÓW /	73 M30/1331 (M)3148	00:57:26	00:52:29	00:26:54	11.43
3484	2218	WĄSOWSKI ARTUR	MIŃSK MAZOWIECKI		71 M40/642 (M)3149	00:57:27	00:54:01	00:26:37	11.11
3485	3960	SZYMONIAK PAWEŁ	WYSOKIE MAZOWIECKIE		88 M20/873 (M)3150	00:57:27	00:54:25	00:27:04	11.03
3486	5121	SZARAWARA ŁUKASZ	WARSZAWA		73 M30/1332 (M)3151	00:57:27	00:53:49	00:26:53	11.15
3487	4581	STEFAŃSKI PAWEŁ	KAMIONKA		81 M30/1333 (M)3152	00:57:27	00:54:34	00:28:29	11.00
3488	4586	BANASZAK MACIEJ	WARSZAWA		81 M30/1334 (M)3153	00:57:27	00:54:36	00:28:30	10.99
3489	3217	MURAWSKI SŁAWOMIR	SOCHACZEW		86 M20/874 (M)3154	00:57:28	00:54:23	00:26:47	11.03
3490	5122	GONDEK ANDRZEJ	WARSZAWA		74 M30/1335 (M)3155	00:57:28	00:53:49	00:26:52	11.15
3491	6907	CIEMIŃSKA MARLENA	LESZNOWOLA	COUGAR.PL /	79 K30/134 (K)336	00:57:28	00:55:50	00:22:20	10.75
3492	5335	BIŁYK JAN	WROCLAW		82 M20/875 (M)3156	00:57:28	00:54:00	00:26:36	11.11
3493	6008	KRĘŻELEWSKI WOJCIECH	BOREK WLKP		75 M30/1336 (M)3157	00:57:29	00:54:23	00:27:57	11.03
3494	6183	MRÓZ-KRĘŻELEWSKA ANETA	BOREK WLKP		76 K30/135 (K)337	00:57:29	00:54:24	00:27:58	11.03
3495	3537	PREJNA ARKADIUSZ	WARSZAWA		71 M40/643 (M)3158	00:57:30	00:53:32	00:27:36	11.21
3496	1485	ROZWADOWSKI PAWEŁ	BRWINÓW		68 M40/644 (M)3159	00:57:30	00:52:31	00:26:31	11.42
3497	262	WAWRZYCKI ANDRZEJ	WARSZAWA	NIE NALEŻĘ /	41 M70/8 (M)3160	00:57:30	00:54:22	00:27:12	11.04
3498	1486	PIEKARSKI JACEK	BRWINÓW		66 M40/645 (M)3161	00:57:30	00:52:32	00:26:31	11.42
3499	3331	SZEWczyk PAWEŁ	WARSZAWA		74 M30/1337 (M)3162	00:57:31	00:52:25	00:27:34	11.45
3500	4719	GÓDŹ MICHAŁ	WARSZAWA		72 M30/1338 (M)3163	00:57:31	00:55:17	00:27:56	10.85
3501	1108	ZAWADKA MIROSLAW	WARSZAWA		70 M40/646 (M)3164	00:57:31	00:56:12	00:27:39	10.68
3502	3547	LUSIO TERESA	WARSZAWA		78 K30/136 (K)338	00:57:32	00:53:32	00:26:38	11.21
3503	3548	GIERSZEWSKI DARIUSZ	OLSZTYN		61 M50/228 (M)3165	00:57:32	00:53:33	00:26:39	11.20
3504	5580	FENDLER ROBERT	WARSZAWA	BEŁSKA_SQUAD /	86 M20/876 (M)3166	00:57:32	00:54:08	00:25:07	11.08
3505	1645	BIEŁUSZKA MARTA	WARSZAWA	JTJ ADVENTURE TEAM /	85 K20/137 (K)339	00:57:32	00:54:19	00:27:30	11.05
3506	2907	POCHYLSKI PAWEŁ	WARSZAWA	ORIENT EXPRESS /	85 M20/877 (M)3167	00:57:33	00:53:06	00:26:14	11.30
3507	6770	WIERZBICKI MICHAŁ	PIASTÓW	BRAK /	77 M30/1339 (M)3168	00:57:33	00:54:35	00:28:34	10.99
3508	5977	KOTYNIA MAŁGOSIA	NOWA WOLA		80 K30/137 (K)340	00:57:33	00:55:34	00:27:18	10.80

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Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna / Klub Team / Club	R-k W kat. YoB in Age	Wynik Time	Wynik netto	Wynik 5km	[km/h]
3509	1355	PLATEK TOMASZ	WARSZAWA		76 M30/1340 (M)3169	00:57:33	00:53:22	00:26:50	11.24
3510	209	PYSZYŃSKI MARIUSZ	WARSZAWA		75 M30/1341 (M)3170	00:57:34	00:54:19	00:26:17	11.05
3511	4044	DORABIAŁSKI WOJCIECH	WARSZAWA		74 M30/1342 (M)3171	00:57:34	00:52:32	00:26:31	11.42
3512	3462	BECZEK JAKUB	WARSZAWA		76 M30/1343 (M)3172	00:57:34	00:52:14	00:26:03	11.49
3513	3486	STRUŻEK MICHAŁ	WARSZAWA		84 M20/878 (M)3173	00:57:35	00:55:14	00:29:38	10.86
3514	5785	GOŁĘBIEWSKI KAMIL	MIĘDZYBORÓW		93 M20/879 (M)3174	00:57:35	00:55:04	00:28:24	10.90
3515	3812	WILCZYŃSKI WALDEMAR	WARSZAWA		41 M70/9 (M)3175	00:57:35	00:57:29	00:28:21	10.44
3516	2673	GRODNER ANNA	WARSZAWA		58 K50/15 (K)341	00:57:35	00:49:14	00:20:08	12.19
3517	6265	NOWAKOWSKI MICHAŁ	LEGIONOWO		80 M30/1344 (M)3176	00:57:35	00:53:16	00:27:22	11.26
3518	743	PISKORZ MARCIN	WARSZAWA		50 M60/47 (M)3177	00:57:35	00:56:54	00:27:42	10.54
3519	2486	FLONT ANNA	GARWOLIN		65 K40/46 (K)342	00:57:36	00:54:43	00:27:44	10.97
3520	5691	JACHIMEK ALICJA	JABŁONNA	NIE DOTYCZY:)	79 K30/138 (K)343	00:57:36	00:55:39	00:26:26	10.78
3521	3273	SMOGORZEWSKI MICHAŁ	WARSZAWA		85 M20/880 (M)3178	00:57:36	00:54:20	00:25:43	11.04
3522	1430	KLEJ TOMASZ	SOKÓŁKA		84 M20/881 (M)3179	00:57:36	00:54:59	00:27:22	10.91
3523	2242	MALINOWSKI JULIUSZ	WARSZAWA		81 M30/1345 (M)3180	00:57:37	00:52:59	00:27:11	11.32
3524	1744	ROSLAN JACEK	WARSZAWA	HP RUN /	63 M40/647 (M)3181	00:57:37	00:57:10	00:27:01	10.50
3525	888	STRACHOCKA ANNA		ZDM /	11 (K)344	00:57:37	00:53:49	00:26:43	11.15
3526	3720	PANASIUK MACIEJ	BIAŁA PODLASKA		90 M20/882 (M)3182	00:57:37	00:52:55	00:27:41	11.34
3527	87	ŻURAWIŃSKA EWA	WARSZAWA	GO SPORT /	80 K30/139 (K)345	00:57:38	00:56:50	00:28:10	10.56
3528	5136	DUBER-STACHURSKA KATARZYNA	WARSZAWA		72 K30/140 (K)346	00:57:38	00:56:36	00:27:23	10.60
3529	3758	NOWAK ANNA	WARSZAWA		76 K30/141 (K)347	00:57:38	00:53:37	00:27:03	11.19
3530	1336	KARWECKI RYSZARD	WARSZAWA		56 M50/229 (M)3183	00:57:39	00:53:13	00:26:32	11.27
3531	5652	MACIEJAK MARCIN	SOPOT	TEAM NUTRILITE /	77 M30/1346 (M)3184	00:57:39	00:53:28	00:27:08	11.22
3532	4477	EFLER MARCIN	ZAMOŚĆ		81 M30/1347 (M)3185	00:57:39	00:54:52	00:26:39	10.94
3533	2363	STĘPNIEWSKI SEBASTIAN	NADARZYN		85 M20/883 (M)3186	00:57:40	00:51:04	00:26:03	11.75
3534	3722	PAWŁOWSKA MARTYNA	WARSZAWA	DAMY RADĘ /	93 K20/138 (K)348	00:57:41	00:53:31	00:26:50	11.21
3535	4332	KERYK MYROSLAVA	WARSZAWA		74 K30/142 (K)349	00:57:41	00:56:14	00:27:01	10.67
3536	810	IGNACZAK DARIUSZ	KONSTANCIN-JEZIORNA	BIEGĄCY DI /	71 M40/648 (M)3187	00:57:42	00:55:54	00:26:32	10.73
3537	5375	BRZUSTOWICZ MARCIN	GDYNIA	TEAM NUTRILITE /	88 M20/884 (M)3188	00:57:42	00:56:14	00:27:37	10.67
3538	6176	MOŚCICKI ZENON	RUTKI - KOSSAKI		53 M50/230 (M)3189	00:57:42	00:54:35	00:27:08	10.99
3539	1546	BOSY MARIUSZ	WARSZAWA		81 M30/1348 (M)3190	00:57:43	00:55:43	00:28:02	10.77
3540	5134	SZUSTKIEWICZ BEATA	SOCHACZEW	KM AKTYWNI SOCHACZEW /	72 K30/143 (K)350	00:57:43	00:53:55	00:27:37	11.13
3541	5155	WOJCIECHOWSKI PIOTR	WARSZAWA		71 M40/649 (M)3191	00:57:43	00:54:34	00:26:17	11.00
3542	4303	KUROWSKI MARCIN	WARSZAWA		79 M30/1349 (M)3192	00:57:43	00:53:06	00:26:48	11.30
3543	2568	KARCZMAREK ARTUR	IZABELIN		80 M30/1350 (M)3193	00:57:44	00:56:44	00:28:29	10.58
3544	4506	DOLNY ŁUKASZ	WARSZAWA		84 M20/885 (M)3194	00:57:44	00:56:48	00:27:00	10.56
3545	3640	MEUŚ TOMASZ	WARSZAWA		60 M50/231 (M)3195	00:57:44	00:53:36	00:26:56	11.19
3546	167	RAWSKI TOMASZ	WARSZAWA	GW /	78 M30/1351 (M)3196	00:57:44	00:55:00	00:26:41	10.91
3547	5047	KOWALSKI ANDRZEJ	WARSZAWA		91 M20/886 (M)3197	00:57:45	00:53:24	00:26:14	11.24
3548	1741	MARKIEWICZ GRZEGORZ	WARSZAWA		72 M30/1352 (M)3198	00:57:45	00:54:59	00:26:53	10.91
3549	5852	JABŁONOWSKI GRZEGORZ	WARSZAWA		75 M30/1353 (M)3199	00:57:45	00:53:07	00:26:52	11.30
3550	6106	MAJEWSKI MARIUSZ	KOBYŁKA	TEAM NUTRILITE /	69 M40/650 (M)3200	00:57:46	00:54:44	00:26:40	10.96
3551	3580	CYGANOWSKI GRZEGORZ	WARSZAWA		75 M30/1354 (M)3201	00:57:46	00:54:10	00:26:48	11.08
3552	2019	BURAKOWSKI JAKUB	WARSZAWA	TEAM NUTRILITE /	93 M20/887 (M)3202	00:57:46	00:54:21	00:27:18	11.04
3553	597	ROZBICKI DAWID	WOŁOMIN		80 M30/1355 (M)3203	00:57:46	00:54:58	00:26:38	10.92
3554	7468	MATEJA KLEMENTYNA	WARSZAWA		74 K30/144 (K)351	00:57:46	00:54:34	00:26:55	11.00
3555	4582	BANASZAK PAWEŁ	GDAŃSK		79 M30/1356 (M)3204	00:57:48	00:54:55	00:28:27	10.93
3556	1133	JANCZEWSKI DARIUSZ	WARSZAWA		70 M40/651 (M)3205	00:57:48	00:51:33	00:26:23	11.64
3557	6934	KUPIDURA KAMIL	RADOM		82 M20/888 (M)3206	00:57:49	00:51:30	00:26:38	11.65
3558	1827	KRUK ADRIAN	WARSZAWA	NUTRALLITE TEAM /	86 M20/889 (M)3207	00:57:49	00:51:57	00:27:22	11.55
3559	3941	ADAMSKI MARCIN	WARSZAWA		75 M30/1357 (M)3208	00:57:49	00:53:04	00:26:39	11.31
3560	6432	KANTOROWICZ MARIA	JÓZEFÓW		85 K20/139 (K)352	00:57:49	00:55:23	00:26:42	10.83
3561	5702	ŻBIKOWSKA KAROLINA	WARSZAWA	BIEGAM BO LUBIĘ /	76 K30/145 (K)353	00:57:50	00:54:31	00:26:48	11.01
3562	3119	KOWALSKI MAREK	WARSZAWA		83 M20/890 (M)3209	00:57:50	00:55:09	00:26:57	10.88
3563	4325	RZEWUSKA EWA	WARSZAWA		69 K40/47 (K)354	00:57:50	00:54:27	00:26:42	11.02
3564	4091	WAŹNIEWSKI PAWEŁ	WARSZAWA		84 M20/891 (M)3210	00:57:50	00:55:54	00:27:34	10.73

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Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna / Klub Team / Club	R-k W kat. YoB in Age	Wynik Time	Wynik netto	Wynik 5km	[km/h]
3565	5330	BIEŃKOWSKI EMIL	WARSZAWA		78 M30/1358 (M)3211	00:57:51	00:52:53	00:27:02	11.35
3566	6670	SZKOPEK JACEK	ŁÓDŹ		59 M50/232 (M)3212	00:57:51	00:54:48	00:26:51	10.95
3567	2191	NADOLSKI MICHAŁ	PULAWY	NIEZRZESZONY /	75 M30/1359 (M)3213	00:57:51	00:52:50	00:27:24	11.36
3568	428	KOSTRZEWA MICHAŁ	WARSZAWA		74 M30/1360 (M)3214	00:57:51	00:53:42	00:26:54	11.17
3569	1788	GERA KAROLINA	MICHAŁÓW-GRABINA		87 K20/140 (K)355	00:57:52	00:55:14	00:27:21	10.86
3570	2192	ZIELIŃSKI MAREK	WARSZAWA		64 M40/652 (M)3215	00:57:53	00:54:31	00:27:01	11.01
3571	1101	WIELGOŁASKI PAWEŁ	WARSZAWA		80 M30/1361 (M)3216	00:57:53	00:53:40	00:27:16	11.18
3572	4064	WOŹNIAK MARIAN	RADOM		52 M50/233 (M)3217	00:57:53	00:57:42	00:27:35	10.40
3573	4255	KIERZEK ARTUR	LASKI	KS BEDNARSKA /	95 M20/892 (M)3218	00:57:53	00:54:35	00:27:11	10.99
3574	820	STELMASZCZYK ARKADIUSZ	WARSZAWA		76 M30/1362 (M)3219	00:57:53	00:53:49	00:26:53	11.15
3575	5250	GAJOWNICZEK ROBERT	GRODZISK MAZOWIECKI		76 M30/1363 (M)3220	00:57:54	00:52:13	00:27:23	11.49
3576	3973	LUBANIAK MATEUSZ	WARSZAWA	BRAK /	86 M20/893 (M)3221	00:57:54	00:55:37	00:27:24	10.79
3577	2971	PIELACH GRZEGORZ	WARSZAWA		69 M40/653 (M)3222	00:57:54	00:53:58	00:26:41	11.12
3578	4886	RYTEL RAFAŁ	WARSZAWA	ZARZĄD /	80 M30/1364 (M)3223	00:57:55	00:54:03	00:26:38	11.10
3579	1160	CHACZYKOWSKI MACIEJ	WARSZAWA	TEAM NUTRILITE /	72 M30/1365 (M)3224	00:57:55	00:53:49	00:27:33	11.15
3580	4893	KWIATKOWSKI ŁUKASZ	TORUŃ		88 M20/894 (M)3225	00:57:55	00:54:33	00:26:38	11.00
3581	1223	KOSTRZEWSKI DARIUSZ	WARSZAWA		73 M30/1366 (M)3226	00:57:55	00:57:38	00:28:05	10.41
3582	6473	WRÓBLEWSKI ARTUR	WARSZAWA		75 M30/1367 (M)3227	00:57:56	00:54:38	00:25:19	10.98
3583	931	PODWORSKI PIOTR	WARKA		73 M30/1368 (M)3228	00:57:56	00:55:10	00:26:22	10.88
3584	4959	WALLEWEIN JACEK	WARSZAWA		70 M40/654 (M)3229	00:57:56	00:55:44	00:27:31	10.77
3585	4904	MIKA MICHAŁ	OTRĘBUSY		77 M30/1369 (M)3230	00:57:56	00:53:57	00:26:23	11.12
3586	2051	KOCON MACIEJ	WARSZAWA		79 M30/1370 (M)3231	00:57:56	00:54:19	00:26:54	11.05
3587	1183	NOWICKI MARIAN	WARSZAWA	TKKF PIASKI WARSZAWA /	44 M60/48 (M)3232	00:57:56	00:51:55	00:27:08	11.56
3588	4527	BANACH KLAUDIUSZ	WARSZAWA		76 M30/1371 (M)3233	00:57:57	00:53:22	00:26:44	11.24
3589	5152	BRODAWKA OLGA	WARSZAWA		88 K20/141 (K)356	00:57:57	00:53:30	00:27:27	11.21
3590	4379	WRAGA ANDRZEJ	WARSZAWA		76 M30/1372 (M)3234	00:57:57	00:53:18	00:27:40	11.26
3591	3389	GOLACHOWSKI KRZYSZTOF	WARSZAWA	ENERGOINFO.PL /	69 M40/655 (M)3235	00:57:58	00:55:15	00:26:49	10.86
3592	2093	LEWANDOWSKI TOMASZ	SOBIENIE JEZIORY	BRAK /	84 M20/895 (M)3236	00:57:58	00:54:00	00:26:49	11.11
3593	2092	ROSLONEK TOMASZ	KARCZEW	BRAK /	76 M30/1373 (M)3237	00:57:58	00:54:01	00:26:50	11.11
3594	1830	PAŁOWSKA KATARZYNA	WARSZAWA	CHTMO /	83 K20/142 (K)357	00:57:58	00:53:14	00:26:11	11.27
3595	3406	ROGALSKI MICHAŁ	WARSZAWA		88 M20/896 (M)3238	00:57:58	00:53:36	00:26:09	11.19
3596	3593	KOJRO KRZYSZTOF	WARSZAWA	ZWIĄZKOWIEC /	49 M60/49 (M)3239	00:57:58	00:55:00	00:27:30	10.91
3597	4708	BOBROWSKI KRZYSZTOF	WARSZAWA		67 M40/656 (M)3240	00:57:59	00:55:17	00:27:12	10.85
3598	4026	GROCHOWSKI GRZEGORZ	WARSZAWA	BIEGAMY Z OCHOTĄ /	61 M50/234 (M)3241	00:57:59	00:53:57	00:27:13	11.12
3599	941	RYBAŁTOWSKA ANNA	SIEDLCE		90 K20/143 (K)358	00:58:00	00:52:33	00:27:32	11.42
3600	698	KUBICKI ARKADIUSZ	WARSZAWA		77 M30/1374 (M)3242	00:58:01	00:54:20	00:26:35	11.04
3601	960	KUCIENSKI NORBERT	WARSZAWA	BRAK /	79 M30/1375 (M)3243	00:58:01	00:51:52	00:28:05	11.57
3602	5081	SZCZEPANIAK SEBASTIAN	WARSZAWA		84 M20/897 (M)3244	00:58:02	00:53:21	00:27:22	11.25
3603	3157	MIZERA MICHAŁ	WARSZAWA	WRS EITI /	88 M20/898 (M)3245	00:58:02	00:53:53	00:26:26	11.14
3604	5921	KIELICH ADRIAN	WARSZAWA		86 M20/899 (M)3246	00:58:02	00:52:59	00:27:39	11.32
3605	2644	KOPER PIOTR	WARSZAWA	ALETEMPO /	70 M40/657 (M)3247	00:58:02	00:55:45	00:26:53	10.76
3606	2040	SZULC RADOŚLAW	LEGIONOWO	3BZABDWL /	76 M30/1376 (M)3248	00:58:03	00:52:32	00:26:39	11.42
3607	1337	KŁOS ZBIGNIEW	PIASTÓW		60 M50/235 (M)3249	00:58:03	00:57:20	00:27:33	10.47
3608	2039	MICHALCZYK MATEUSZ	WARSZAWA	3BZADWL /	79 M30/1377 (M)3250	00:58:03	00:52:33	00:26:39	11.42
3609	2826	SZUSTAK MICHAŁ	WARSZAWA	MARKETINGSPORTOWY.PL /	67 M40/658 (M)3251	00:58:04	00:57:48	00:27:33	10.38
3610	4400	KOWALSKI SŁAWOMIR	GARWOLIN		70 M40/659 (M)3252	00:58:04	00:53:46	00:27:20	11.16
3611	3676	KORNELUK DARIUSZ	WARSZAWA		67 M40/660 (M)3253	00:58:04	00:54:00	00:27:54	11.11
3612	5879	JAŻWIŃSKI KRZYSZTOF	ŻYCHLIN		78 M30/1378 (M)3254	00:58:05	00:53:38	00:27:33	11.19
3613	2004	ŁYJAK-TOPOLSKA RÓŻA	LUBLIN		86 K20/144 (K)359	00:58:05	00:56:27	00:28:03	10.63
3614	5738	SOLAREK TOMASZ	ŻABIENIEC		78 M30/1379 (M)3255	00:58:05	00:56:23	00:27:26	10.64
3615	1283	ZAJĄCZKOWSKI CEZARY	RASZYN	KS RASZYN /	84 M20/900 (M)3256	00:58:06	00:55:58	00:27:32	10.72
3616	1277	MOGIELSKA - MONKIEWICZ JOANNA	WILCZA GÓRA		78 K30/146 (K)360	00:58:06	00:55:59	00:27:32	10.72
3617	1654	STAŃCZUK MIROŚLAWA	WARSZAWA	CARSERVIS /	68 K40/48 (K)361	00:58:06	00:53:43	00:27:25	11.17
3618	5813	GRZYB PAMELA	KRAKÓW		93 K20/145 (K)362	00:58:06	00:53:15	00:27:18	11.27
3619	620	KUNIKOWSKA KASIA	JÓZEFÓW		71 K40/49 (K)363	00:58:07	00:56:13	00:26:00	10.67
3620	459	ZIEJA MARIUSZ	WARSZAWA		76 M30/1380 (M)3257	00:58:07	00:53:10	00:27:13	11.29

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Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna / Klub Team / Club	R-k YoB	W kat. in Age	Wynik Time	Wynik netto	Wynik 5km	[km/h]
3621	2016	KIENO MAGDALENA	LIDZBARK WARMIŃSKI		88	K20/146 (K)364	00:58:07	00:54:59	00:26:36	10.91
3622	1453	ZIÓŁKOWSKA JOANNA	WARSZAWA		63	K40/50 (K)365	00:58:07	00:53:53	00:26:47	11.14
3623	1452	ZIÓŁKOWSKI JACEK	WARSZAWA		64	M40/661 (M)3258	00:58:08	00:53:53	00:26:48	11.14
3624	5764	GAUVIN ANNA	WARSZAWA		74	K30/147 (K)366	00:58:08	00:54:50	00:27:38	10.94
3625	2482	ADASZEWSKI ROBERT	WARSZAWA	EDC RUNNERS /	76	M30/1381 (M)3259	00:58:08	00:53:51	00:25:48	11.14
3626	619	KUNIKOWSKI RADEK	JÓZEFÓW		94	M20/901 (M)3260	00:58:08	00:56:16	00:26:03	10.66
3627	5765	GAUVIN ANDREW	WARSZAWA		77	M30/1382 (M)3261	00:58:09	00:54:50	00:27:38	10.94
3628	5109	ŁASKARZEWSKI ADAM	KOMORÓW		78	M30/1383 (M)3262	00:58:09	00:54:43	00:27:32	10.97
3629	3290	SZYMANOWSKI ANDRZEJ	PĘCICE MAŁE		67	M40/662 (M)3263	00:58:09	00:55:56	00:27:12	10.73
3630	621	KUNIKOWSKI GRZEŚ	JÓZEFÓW		96	M20/902 (M)3264	00:58:09	00:56:15	00:26:00	10.67
3631	1660	CZABOK BRUNON	WARSZAWA		67	M40/663 (M)3265	00:58:09	00:55:21	00:27:45	10.84
3632	2443	PODSIADŁY MICHAŁ	WARSZAWA		78	M30/1384 (M)3266	00:58:09	00:53:59	00:27:46	11.11
3633	1776	MARKOWSKI PIOTR	WARSZAWA		76	M30/1385 (M)3267	00:58:09	00:53:43	00:27:27	11.17
3634	487	TATAREK JAROSŁAW	WARSZAWA		69	M40/664 (M)3268	00:58:10	00:54:25	00:26:38	11.03
3635	6544	RZEWUSKI KAROL	WARSZAWA		78	M30/1386 (M)3269	00:58:10	00:54:57	00:26:55	10.92
3636	6703	ŚWIEBODA KAROL	GDAŃSK		89	M20/903 (M)3270	00:58:10	00:54:51	00:26:25	10.94
3637	1390	CICHOCKI TOMASZ	WARSZAWA		81	M30/1387 (M)3271	00:58:10	00:54:34	00:25:42	11.00
3638	540	STĘPIEŃ JACEK	WARSZAWA		56	M50/236 (M)3272	00:58:10	00:54:17	00:26:33	11.05
3639	1643	IWANICKI PAWEŁ	WARSZAWA		73	M30/1388 (M)3273	00:58:11	00:53:23	00:27:25	11.24
3640	3573	TELEJKO MICHAŁ	WARSZAWA		91	M20/904 (M)3274	00:58:11	00:53:48	00:26:42	11.15
3641	937	GRONZIK TOMASZ	WARSZAWA	LEGIA WARSZAWA /	81	M30/1389 (M)3275	00:58:11	00:53:31	00:26:37	11.21
3642	6994	STEFANIAK-HRYCKO AGNIESZKA	WARSZAWA		78	K30/148 (K)367	00:58:11	00:53:27	00:26:59	11.23
3643	7485	ŻUKOCIŃSKI MATEUSZ	WARSZAWA		81	M30/1390 (M)3276	00:58:11	00:52:59	00:27:08	11.32
3644	5622	MARKOWSKA OKTAWIA	MALBORK		79	K30/149 (K)368	00:58:12	00:56:34	00:27:28	10.61
3645	1190	MAJEWSKI ARTUR	KOBYŁKA		75	M30/1391 (M)3277	00:58:12	00:57:21	00:26:35	10.46
3646	3849	MISIAK PIOTR	WARSZAWA	DEALER SPORT WARTA /	72	M30/1392 (M)3278	00:58:12	00:51:47	00:26:03	11.59
3647	2024	KOPERSKI WOJCIECH	WARSZAWA	IM2010 POLSKA /	73	M30/1393 (M)3279	00:58:13	00:54:48	00:25:41	10.95
3648	3427	WERNER JACEK	WARSZAWA	KB TP /	84	M20/905 (M)3280	00:58:13	00:53:35	00:27:31	11.20
3649	6185	MUDRY HENRYK	WOLSZTYN	GRODZISKI KLUB BIEGACZA /	39	M70/10 (M)3281	00:58:13	00:55:28	00:26:55	10.82
3650	5763	GAMROWSKI GRZEGORZ	GRODZISK WLKP	GRODZISKI KLUB BIEGACZA /	57	M50/237 (M)3282	00:58:13	00:55:57	00:27:22	10.72
3651	2554	ŁYJAK MAREK	ZALESIE GÓRNE	MAPI SPORT /	59	M50/238 (M)3283	00:58:13	00:54:41	00:26:15	10.97
3652	6402	ZYGA SZYMON	WARSZAWA	KB NA WŁASNĄ NOGĘ /	76	M30/1394 (M)3284	00:58:14	00:54:13	00:27:44	11.07
3653	3127	SENATOR KAROL	WARSZAWA		87	M20/906 (M)3285	00:58:14	00:53:11	00:28:26	11.28
3654	4272	SAWICKI MACIEK	WARSZAWA	CIEPŁE KLUCHY RACING TEAM /	77	M30/1395 (M)3286	00:58:14	00:53:07	00:26:19	11.30
3655	4275	GLADYSZ AGATA	WARSZAWA	CIEPŁE KLUCHY RACING TEAM /	79	K30/150 (K)369	00:58:14	00:53:07	00:26:20	11.30
3656	632	SZYMAŃSKI PRZEMYSŁAW	WARSZAWA		78	M30/1396 (M)3287	00:58:14	00:54:23	00:27:50	11.03
3657	3359	ZIOMEK KRZYSZTOF	NOWY DWÓR		81	M30/1397 (M)3288	00:58:14	00:55:37	00:27:46	10.79
3658	3840	JASIEŃSKI GRZEGORZ	WARSZAWA	AXA RUNNING TEAM /	76	M30/1398 (M)3289	00:58:15	00:55:01	00:27:44	10.91
3659	2820	JAWORSKI FILIP	WARSZAWA		83	M20/907 (M)3290	00:58:15	00:52:52	00:26:58	11.35
3660	3847	DUDULSKI MATEUSZ	IŁAWA		91	M20/908 (M)3291	00:58:15	00:54:41	00:26:17	10.97
3661	6585	SIWERSKI PAWEŁ	OPOLE		83	M20/909 (M)3292	00:58:15	00:54:01	00:26:21	11.11
3662	6923	BOROŃ RYSZARD	NOWA IWICZNA		60	M50/239 (M)3293	00:58:16	00:54:57	00:27:33	10.92
3663	330	MIZIELIŃSKI ARTUR	WARSZAWA	LADA KLUB POLSKA /	74	M30/1399 (M)3294	00:58:16	00:54:27	00:27:16	11.02
3664	3565	LACHOWSZCZAK PIOTR	RADOM		71	M40/665 (M)3295	00:58:17	00:56:34	00:28:18	10.61
3665	6326	PAŹDZIOR ŁUKASZ	WARSZAWA	ZOOM ZOOM RUNNING TEAM /	76	M30/1400 (M)3296	00:58:17	00:53:40	00:27:23	11.18
3666	4133	MACECH-SMUŻEWSKA JOANNA	BIAŁA PODLASKA		65	K40/51 (K)370	00:58:17	00:54:40	00:26:52	10.98
3667	3198	KRYSZKIEWICZ CYRYL	ZŁOTOKŁOS	TEAM NUTRILITE /	96	M20/910 (M)3297	00:58:17	00:56:11	00:25:57	10.68
3668	1516	POLKOWSKI MICHAŁ	ZĄBKI		93	M20/911 (M)3298	00:58:17	00:54:23	00:26:48	11.03
3669	2945	GLEGOŁA RYSZARD	CHOTOMÓW	GRUPA BIEGOWA CHTMO /	76	M30/1401 (M)3299	00:58:17	00:54:27	00:26:13	11.02
3670	4274	LEWANDOWSKI KAROL	PIASECZNO/CHYLICZKI	KS PIASECZNO /	94	M20/912 (M)3300	00:58:18	00:56:35	00:25:55	10.60
3671	1081	ZALEWSKI ANDRZEJ	WARSZAWA	TEAM NUTRILITE /	57	M50/240 (M)3301	00:58:18	00:55:05	00:26:11	10.89
3672	4558	ANDZIAK PAWEŁ	PIASECZNO		86	M20/913 (M)3302	00:58:18	00:53:10	00:26:24	11.29
3673	4002	NEUMANN CHRISTIAN	WARSZAWA		78	M30/1402 (M)3303	00:58:19	00:56:25	00:27:22	10.64
3674	3917	DZIEWIECKI TOMASZ	PRUSZKÓW	NIEZRZESZONY /	65	M40/666 (M)3304	00:58:19	00:54:58	00:26:47	10.92
3675	5283	BALTER JAKUB	WARSZAWA		83	M20/914 (M)3305	00:58:19	00:54:14	00:28:15	11.06
3676	2680	GASEK RAFAŁ	WARSZAWA		80	M30/1403 (M)3306	00:58:19	00:55:49	00:27:51	10.75
3677	3747	KUBASZEWSKI MICHAŁ	WARSZAWA		83	M20/915 (M)3307	00:58:19	00:53:04	00:27:03	11.31

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Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna / Klub Team / Club	R-k YoB	W kat. in Age	Wynik Time	Wynik netto	Wynik 5km	[km/h]
3678	2988	SELINSKI MACIEJ	KONSTANCIN		83	M20/916 (M)3308	00:58:19	00:56:24	00:30:23	10.64
3679	575	MIŁOSZ KRZYSZTOF	WARSZAWA		63	M40/667 (M)3309	00:58:19	00:53:21	00:28:15	11.25
3680	6671	SZLACHCIKOWSKA HANNA	WARSZAWA		92	K20/147 (K)371	00:58:20	00:56:10	00:27:18	10.68
3681	408	SOKAL PAULINA	WARSZAWA	12TRI.PL /	86	K20/148 (K)372	00:58:21	00:54:56	00:27:24	10.92
3682	4208	MAGNOWSKI MAREK	NOWA IWICZNA		78	M30/1404 (M)3310	00:58:21	00:53:41	00:27:24	11.18
3683	2967	STARĘGA PAWEŁ	WARSZAWA	GRAJEK PRASKI /	73	M30/1405 (M)3311	00:58:21	00:54:22	00:28:01	11.04
3684	884	GÓRECKI ANDRZEJ		ZDM /	11	(M)3312	00:58:22	00:55:48	00:26:11	10.75
3685	3232	NOWICKA MAŁGORZATA	RADZYMIN		86	K20/149 (K)373	00:58:22	00:53:33	00:27:46	11.20
3686	158	SZACKI WOJCIECH	WARSZAWA	GW /	78	M30/1406 (M)3313	00:58:22	00:55:49	00:27:42	10.75
3687	4962	RZEPIŃSKI WOJCIECH	TORUŃ		92	M20/917 (M)3314	00:58:22	00:52:29	00:26:25	11.43
3688	3311	HAŃCZEWSKI WITOLD	WARSZAWA		48	M60/50 (M)3315	00:58:23	00:55:54	00:26:48	10.73
3689	5080	GOŁĘBIEWSKI DANIEL	KOBYŁKA		77	M30/1407 (M)3316	00:58:23	00:55:33	00:28:29	10.80
3690	450	RUNOWSKI JACEK	WARSZAWA		77	M30/1408 (M)3317	00:58:23	00:54:57	00:27:26	10.92
3691	4309	CYMBALAK GRZEGORZ	KOBYŁKA		80	M30/1409 (M)3318	00:58:23	00:56:22	00:28:02	10.64
3692	641	TYLIKOWSKI ROBERT	HALINÓW		75	M30/1410 (M)3319	00:58:24	00:53:24	00:26:41	11.24
3693	3582	ORLIŃSKI PAWEŁ	WARSZAWA		89	M20/918 (M)3320	00:58:24	00:53:52	00:27:00	11.14
3694	131	ZIELIŃSKI ŁUKASZ	WARSZAWA	AMWAY /	88	M20/919 (M)3321	00:58:24	00:54:22	00:27:24	11.04
3695	3255	SZELAĞ TOMASZ	WARSZAWA		78	M30/1411 (M)3322	00:58:24	00:53:55	00:27:37	11.13
3696	3763	JANETA-MARKOWSKA ALDONA	WARSZAWA		82	K20/150 (K)374	00:58:25	00:55:40	00:27:55	10.78
3697	849	SZYMAŃSKI KONRAD	WARSZAWA		50	M60/51 (M)3323	00:58:25	00:57:28	00:27:43	10.44
3698	6146	MIKA KRZYSZTOF	SKARŻYSKO-KAMIENNA	TEAM NUTRILITE /	64	M40/668 (M)3324	00:58:26	00:55:58	00:27:08	10.72
3699	2156	HENCEL TOMASZ		ACTION /	78	M30/1412 (M)3325	00:58:26	00:52:16	00:26:03	11.48
3700	959	BRYNDA KONRAD	CHYNÓW		87	M20/920 (M)3326	00:58:26	00:53:39	00:26:57	11.18
3701	4259	ZAWADZKA MAŁGORZATA	WARSZAWA		83	K20/151 (K)375	00:58:26	00:56:17	00:28:01	10.66
3702	3929	GRZELAK TOMASZ	WARSZAWA		68	M40/669 (M)3327	00:58:26	00:53:30	00:27:28	11.21
3703	1698	PERS MARIUSZ	LEGIONOWO	GRUPA BIEGOWA CHTMO /	68	M40/670 (M)3328	00:58:26	00:54:02	00:26:47	11.10
3704	5814	GRZYBOWSKI KRZYSZTOF	CIECHANÓW	TEAM NUTRILITE /	62	M40/671 (M)3329	00:58:27	00:57:05	00:27:40	10.51
3705	951	GÓRCZYŃSKI JAN	WARSZAWA		80	M30/1413 (M)3330	00:58:27	00:54:31	00:26:38	11.01
3706	2330	JANKOWSKI PIOTR	WARSZAWA	CROSS WARSZAWA SYRENKA /	49	M60/52 (M)3331	00:58:27	00:56:31	00:27:45	10.62
3707	4288	TATJEWSKI MARCIN	WARSZAWA		88	M20/921 (M)3332	00:58:28	00:55:33	00:27:07	10.80
3708	3330	MICHALCZAK KAMIL	WARKA		84	M20/922 (M)3333	00:58:29	00:53:29	00:27:02	11.22
3709	102	SZWANKOWSKI ADAM	WARSZAWA	WASA /	81	M30/1414 (M)3334	00:58:29	00:54:28	00:27:36	11.02
3710	4043	CISZKA TOMASZ	NOWY DWÓR		68	M40/672 (M)3335	00:58:29	00:53:55	00:27:21	11.13
3711	733	ZAŁUGA ŁUKASZ	WARSZAWA		79	M30/1415 (M)3336	00:58:29	00:53:42	00:27:27	11.17
3712	6179	MROCZEK MAGDALENA	SIEDLCE		88	K20/152 (K)376	00:58:30	00:54:37	00:27:38	10.99
3713	6180	MROCZEK TOMASZ	SIEDLE		63	M40/673 (M)3337	00:58:30	00:54:37	00:27:38	10.99
3714	1618	KOWALCZYK MAGDALENA	WARSZAWA		76	K30/151 (K)377	00:58:30	00:53:51	00:27:14	11.14
3715	4302	KARDASZ DOROTA	WARSZAWA	KB OMALANGA /	75	K30/152 (K)378	00:58:31	00:54:30	00:27:45	11.01
3716	4301	TURZYŃSKI TOMASZ	WARSZAWA	KB NA WŁASNĄ NOGĘ /	76	M30/1416 (M)3338	00:58:31	00:54:30	00:27:45	11.01
3717	622	JĘDRZEJCZYK NATALIA	WARSZAWA		85	K20/153 (K)379	00:58:31	00:54:55	00:27:28	10.93
3718	3313	PUDŁO MIROSLAW	WARSZAWA		62	M40/674 (M)3339	00:58:31	00:54:05	00:26:49	11.09
3719	54	URBAŃSKI PIOTR	WARSZAWA	SPORT BIZNES /	68	M40/675 (M)3340	00:58:31	00:55:22	00:27:00	10.84
3720	5756	FURMANIK ROBERT	SOCHACZEW	KM AKTYWNI SOCHACZEW /	76	M30/1417 (M)3341	00:58:32	00:54:16	00:27:47	11.06
3721	5025	LEŻAŃSKI STANISŁAW	WARSZAWA		60	M50/241 (M)3342	00:58:32	00:53:38	00:28:05	11.19
3722	52	KRZEMIŃSKI MARIUSZ			81	M30/1418 (M)3343	00:58:32	00:54:22	00:27:47	11.04
3723	701	KONARSKI ŁUKASZ	WARSZAWA		95	M20/923 (M)3344	00:58:32	00:57:00	00:28:26	10.53
3724	4726	TRZCIŃSKI ADAM	PULTUSK	XXXIII LICEUM OGÓLNOKSZTAŁCĄCE DWUJĘZYCZ /	95	M20/924 (M)3345	00:58:32	00:54:06	00:28:01	11.09
3725	6236	CICHY MARIUSZ	WARSZAWA	TEAM NUTRILITE /	75	M30/1419 (M)3346	00:58:32	00:54:09	00:26:14	11.08
3726	4571	PILCH PAULINA	WARSZAWA		73	K30/153 (K)380	00:58:33	00:56:50	00:27:40	10.56
3727	3448	GNIADEK BARTŁOMIEJ	WARSZAWA		71	M40/676 (M)3347	00:58:33	00:56:44	00:27:28	10.58
3728	1700	FREJNIK MICHAŁ	BŁONIE	KOMPANIA NIGDY JUŻ /	82	M20/925 (M)3348	00:58:34	00:51:51	00:26:29	11.57
3729	5428	CYGANIEWICZ LESZEK	KRAKÓW	TEAM /	57	M50/242 (M)3349	00:58:34	00:56:18	00:27:31	10.66
3730	5341	BLAK WIESŁAW	SKAWINA		64	M40/677 (M)3350	00:58:34	00:56:20	00:27:32	10.65
3731	2889	JAROSZYŃSKI PAWEŁ	GRÓJEC		67	M40/678 (M)3351	00:58:35	00:57:46	00:27:32	10.39
3732	471	MACIEJEWSKI DOMINIK	ZĄBKI		78	M30/1420 (M)3352	00:58:35	00:54:23	00:28:24	11.03
3733	5255	ADAMIEC ARTUR	PIASTÓW	ŚCIEŻKA BIEGOWA POLE MOKOTOWSKIE /	82	M20/926 (M)3353	00:58:35	00:53:35	00:27:32	11.20

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Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna / Klub Team / Club	R-k W kat. YoB in Age	Wynik Time	Wynik netto	Wynik 5km	[km/h]
3734	2094	ŻÓLCIŃSKI WALDEMAR	WARSZAWA		56 M50/243 (M)3354	00:58:35	00:54:10	00:26:28	11.08
3735	3819	MOCZYDŁOWSKI KAROL	PIASECZNO		89 M20/927 (M)3355	00:58:35	00:54:26	00:27:18	11.02
3736	5655	RÓŻYC NORBERT	WARSZAWA		84 M20/928 (M)3356	00:58:36	00:53:29	00:27:22	11.22
3737	2512	WALEWSKA MARTA	WARSZAWA		67 K40/52 (K)381	00:58:36	00:54:31	00:26:37	11.01
3738	5070	MARCINIAK WOJCIECH	WARSZAWA		72 M30/1421 (M)3357	00:58:36	00:54:27	00:26:55	11.02
3739	1808	KUCZYŃSKA IZABELLA	PRUSZKOW		70 K40/53 (K)382	00:58:37	00:55:40	00:27:34	10.78
3740	5726	KUBICZEK BARTŁOMIEJ	WROCLAW		86 M20/929 (M)3358	00:58:37	00:54:03	00:27:26	11.10
3741	3875	SKRAJNA ALEKSANDRA	WARSZAWA	WTW WARSZAWA /	87 K20/154 (K)383	00:58:37	00:53:25	00:27:18	11.23
3742	4039	KWAŚNIEWSKA MAGDALENA	WARSZAWA		85 K20/155 (K)384	00:58:37	00:53:25	00:27:19	11.23
3743	4559	GAŚECKI ARKADIUSZ	WARSZAWA		86 M20/930 (M)3359	00:58:37	00:53:25	00:27:18	11.23
3744	6870	ŻYGADŁO KAZIMIERZ	KRZYWICZYNY	LKS KRZYWICZYNY /	58 M50/244 (M)3360	00:58:38	00:55:45	00:28:59	10.76
3745	2221	SKORUPSKI GRZEGORZ	WARSZAWA		71 M40/679 (M)3361	00:58:38	00:55:33	00:27:25	10.80
3746	875	TRZECIAK DARIUSZ	OTWOCK	BRAK /	67 M40/680 (M)3362	00:58:38	00:53:26	00:26:30	11.23
3747	559	SZATRAJ STANISŁAW	NOWY DWÓR		55 M50/245 (M)3363	00:58:38	00:54:08	00:26:41	11.08
3748	1823	KACZYŃSKA JOANNA	LEGIONOWO	CHTMO /	85 K20/156 (K)385	00:58:38	00:53:54	00:26:12	11.13
3749	948	RADECKA LUIZA	GRODZISK MAZOWIECKI		91 K20/157 (K)386	00:58:39	00:55:14	00:28:22	10.86
3750	6471	KALŁAUR KRZYSZTOF	WARSZAWA		84 M20/931 (M)3364	00:58:39	00:55:20	00:27:08	10.84
3751	5945	SOŃTA OSKAR	BŁONIE		87 M20/932 (M)3365	00:58:40	00:51:58	00:25:55	11.55
3752	5233	BŁOŃSKI MARCIN	WARSZAWA	AGRESYWNE AGRESTY /	80 M30/1422 (M)3366	00:58:40	00:57:41	00:27:52	10.40
3753	1096	KOSSAK LESZEK	WARSZAWA		49 M60/53 (M)3367	00:58:40	00:57:27	00:27:34	10.44
3754	3329	KISIELEWSKA ZUZANNA	WARSZAWA		80 K30/154 (K)387	00:58:40	00:52:58	00:27:05	11.33
3755	5897	KAMIŃSKI KRZYSZTOF	RADOM	JW4938 /	64 M40/681 (M)3368	00:58:40	00:57:44	00:28:39	10.39
3756	912	NOWAK MACIEJ	SKIERNIEWICE	ACCELERATE /	87 M20/933 (M)3369	00:58:41	00:54:05	00:27:11	11.09
3757	5651	PALEC-FURGA OLGA	WARSZAWA		75 K30/155 (K)388	00:58:41	00:55:58	00:28:52	10.72
3758	4655	ŁUKASZUK MAŁGORZATA	ŁOMAZY		76 K30/156 (K)389	00:58:42	00:57:45	00:27:43	10.39
3759	1568	MACHNIKOWSKA AGNIESZKA	WARSZAWA		90 K20/158 (K)390	00:58:42	00:54:52	00:26:44	10.94
3760	3272	MALINOWSKI PIOTR	WARSZAWA		87 M20/934 (M)3370	00:58:42	00:57:22	00:28:18	10.46
3761	496	DANOWSKI PRZEMYSŁAW	CEGLÓW		82 M20/935 (M)3371	00:58:42	00:53:37	00:26:58	11.19
3762	3377	JÓZWIAK ADRIAN	OŻARÓW MAZOWIECKI		75 M30/1423 (M)3372	00:58:42	00:54:19	00:25:34	11.05
3763	5645	ŚWIERCZEWSKI MARCIN	SIERAKÓW		91 M20/936 (M)3373	00:58:42	00:54:08	00:26:25	11.08
3764	1605	EJSYMOND DANIEL	WARSZAWA		72 M30/1424 (M)3374	00:58:43	00:54:24	00:26:56	11.03
3765	4681	MARCZAK MONIKA	WARSZAWA		80 K30/157 (K)391	00:58:43	00:53:46	00:26:36	11.16
3766	2705	KUZIŃSKA EWA		RBS BANK /	86 K20/159 (K)392	00:58:43	00:54:15	00:27:18	11.06
3767	3536	ZAWADZKI ŁUKASZ	BIALYSTOK		84 M20/937 (M)3375	00:58:44	00:53:42	00:27:52	11.17
3768	143	LENARTOWSKI JAN	WARSZAWA	KOMINEK /	89 M20/938 (M)3376	00:58:44	00:55:07	00:28:03	10.89
3769	3694	KUCARZEWSKI JACEK	WARSZAWA		76 M30/1425 (M)3377	00:58:44	00:54:13	00:26:49	11.07
3770	3102	LUBAŃSKI STANISŁAW	WARSZAWA		50 M60/54 (M)3378	00:58:45	00:56:15	00:28:05	10.67
3771	1553	KAPUŚCIŃSKA BARBARA	WARSZAWA		94 K20/160 (K)393	00:58:45	00:53:53	00:27:41	11.14
3772	361	WĘGLIŃSKA SYLWIA	WARSZAWA		84 K20/161 (K)394	00:58:45	00:55:23	00:28:08	10.83
3773	362	WĘGLIŃSKI JAROSŁAW	PIASECZNO		79 M30/1426 (M)3379	00:58:45	00:55:24	00:28:10	10.83
3774	1834	PILARCZYK ANDRZEJ	GRODZISK MAZOWIECKI		77 M30/1427 (M)3380	00:58:45	00:57:44	00:30:55	10.39
3775	3778	OCZKOWSKI PAWEŁ	PODKOWA LEŚNA		74 M30/1428 (M)3381	00:58:45	00:53:36	00:26:20	11.19
3776	5352	BOGUSIEWICZ TOMASZ	TŁUSZCZ	"STOWARZYSZENIE III""TWÓRCY JUTRAIII"" /	76 M30/1429 (M)3382	00:58:46	00:53:28	00:27:21	11.22
3777	902	SMOCZYŃSKI MARCIN	WARSZAWA		57 M50/246 (M)3383	00:58:46	00:53:54	00:27:02	11.13
3778	3612	PIELACHOWSKI PIOTR	WARSZAWA		59 M50/247 (M)3384	00:58:47	00:53:44	00:27:03	11.17
3779	5126	KOZŁOWSKI MICHAŁ	WARSZAWA	POJEDNANIE Z KAPITAŁISTĄ /	79 M30/1430 (M)3385	00:58:48	00:53:55	00:27:20	11.13
3780	6090	MACHERA ANNA	WARSZAWA		81 K30/158 (K)395	00:58:48	00:57:01	00:27:39	10.52
3781	6659	SZCZEKUTEK ROBERT	WARSZAWA		79 M30/1431 (M)3386	00:58:48	00:54:15	00:27:46	11.06
3782	2366	GARDZIŃSKI ROBERT		12TRI /	71 M40/682 (M)3387	00:58:48	00:53:48	00:27:30	11.15
3783	5018	PIASEK PAWEŁ	OSTROŁĘKA		94 M20/939 (M)3388	00:58:48	00:52:52	00:27:08	11.35
3784	184	VIRIEUX ALAIN	WARSZAWA	VW SZEWCZYK /	64 M40/683 (M)3389	00:58:48	00:57:21	00:27:56	10.46
3785	6450	HOFFMANN MATEUSZ	WARSZAWA		74 M30/1432 (M)3390	00:58:48	00:54:02	00:27:25	11.10
3786	183	VIRIEUX LUCAS	WARSZAWA	VW SZEWCZYK /	95 M20/940 (M)3391	00:58:49	00:57:22	00:27:56	10.46
3787	7479	LUBACZEWSKI TOMASZ	RUSIEC		68 M40/684 (M)3392	00:58:50	00:53:30	00:26:47	11.21
3788	967	SMOCZYŃSKA EWA	WARSZAWA		83 K20/162 (K)396	00:58:50	00:56:00	00:27:37	10.71
3789	2665	KLIMCZAK IRENEUSZ	WARSZAWA	TEAM NUTRILITE /	67 M40/685 (M)3393	00:58:50	00:55:01	00:27:21	10.91
3790	3220	DUDEK TADEUSZ	WARSZAWA	PASSUS SPORT TEAM /	76 M30/1433 (M)3394	00:58:50	00:53:43	00:27:06	11.17

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Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna / Klub Team / Club	R-k W kat. YoB in Age	Wynik Time	Wynik netto	Wynik 5km	[km/h]
3791	1228	KOCHAŃSKA KATARZYNA	WARSZAWA		75 K30/159 (K)397	00:58:50	00:57:28	00:28:38	10.44
3792	938	BULACH KRZYSZTOF	WARSZAWA	TEAM NUTRILITE /	83 M20/941 (M)3395	00:58:50	00:56:40	00:26:47	10.59
3793	823	MOLIŃSKI PAWEŁ	WARSZAWA		80 M30/1434 (M)3396	00:58:51	00:57:46	00:27:59	10.39
3794	303	KOCIMSKA AGNIESZKA	ZAWADY STARE		80 K30/160 (K)398	00:58:51	00:55:17	00:27:16	10.85
3795	585	KASPRZAK PIOTR	WARSZAWA		86 M20/942 (M)3397	00:58:51	00:53:53	00:26:37	11.14
3796	574	OSSOWSKI KAROL	NOWY DWÓR GDAŃSKI		84 M20/943 (M)3398	00:58:52	00:53:35	00:28:05	11.20
3797	4448	FITT MARCIN	WARSAW	WILANOW COFFIN DODGERS /	88 M20/944 (M)3399	00:58:52	00:56:18	00:28:36	10.66
3798	2832	CZAJKA LUKASZ	LEGIONOWO		81 M30/1435 (M)3400	00:58:52	00:54:09	00:27:18	11.08
3799	6568	SENDER ANDRZEJ	WIELICZKA	NIE WIDZĘ PRZESZKÓD /	58 M50/248 (M)3401	00:58:52	00:56:38	00:27:36	10.59
3800	567	KARŁOWICZ ANNA	WARSZAWA		53 K50/16 (K)399	00:58:53	00:54:39	00:27:00	10.98
3801	5140	MYSLEK RADOSŁAW	KONSTANCIN-JEZIORNA		75 M30/1436 (M)3402	00:58:53	00:54:41	00:28:02	10.97
3802	458	ZIEJA MIROSLAW	WARSZAWA		80 M30/1437 (M)3403	00:58:53	00:53:56	00:26:25	11.12
3803	528	KOWALIK ZBIGNIEW	WARSZAWA		66 M40/686 (M)3404	00:58:54	00:56:19	00:27:45	10.65
3804	616	PAŃCZYK PAWEŁ	WARSZAWA		93 M20/945 (M)3405	00:58:54	00:54:19	00:27:09	11.05
3805	1013	DUDEK BARTŁOMIEJ	WARSZAWA		82 M20/946 (M)3406	00:58:54	00:54:26	00:26:01	11.02
3806	5908	KASPRZAK PIOTR	WARSZAWA		78 M30/1438 (M)3407	00:58:54	00:55:02	00:27:19	10.90
3807	6995	HRYCKO KRZYSZTOF	GDAŃSK		76 M30/1439 (M)3408	00:58:55	00:54:11	00:27:21	11.07
3808	4269	SOĆKO MARCIN	WARSZAWA		77 M30/1440 (M)3409	00:58:55	00:55:11	00:27:37	10.87
3809	5205	ISASI-KURAN AGATA	WARSZAWA	BILBAO /	77 K30/161 (K)400	00:58:56	00:54:35	00:27:37	10.99
3810	1919	KOBIERSKI RADOSŁAW	WARSZAWA	PKO_ /	79 M30/1441 (M)3410	00:58:56	00:54:59	00:27:31	10.91
3811	5936	KOBIERSKA EWA	WARSZAWA		80 K30/162 (K)401	00:58:56	00:54:59	00:27:32	10.91
3812	2258	KOZERA ANDRZEJ	GRÓJEC	JW 3411 GRÓJEC /	65 M40/687 (M)3411	00:58:56	00:57:49	00:27:10	10.38
3813	6204	WERTENSTEIN-ŻUŁAWSKI PIOTR	WARSZAWA		76 M30/1442 (M)3412	00:58:56	00:53:33	00:26:29	11.20
3814	3790	TROJANOWSKI BOGUSŁAW	WARSZAWA		71 M40/688 (M)3413	00:58:56	00:55:21	00:27:57	10.84
3815	35	SZOSTAKOWSKI JAROSŁAW			67 M40/689 (M)3414	00:58:57	00:57:40	00:27:50	10.40
3816	2097	BETTIN MATEUSZ	WARSZAWA		85 M20/947 (M)3415	00:58:57	00:54:09	00:27:20	11.08
3817	5641	SZARKOWSKI ROBERT	WARSZAWA		70 M40/690 (M)3416	00:58:57	00:55:23	00:27:56	10.83
3818	6692	SZYMAŃSKI SZYMON	WARSZAWA	12TRI.PL /	81 M30/1443 (M)3417	00:58:58	00:54:18	00:27:24	11.05
3819	974	GAJEWSKI MARCIN	WARSZAWA		81 M30/1444 (M)3418	00:58:58	00:55:15	00:28:33	10.86
3820	5305	BAKOWSKI LUKASZ	LUTOSŁAWICE		87 M20/948 (M)3419	00:58:58	00:54:40	00:27:48	10.98
3821	5638	ŚWIERCZEWSKI SYLWESTER	SIERAKÓW	JW2241 /	64 M40/691 (M)3420	00:58:58	00:54:23	00:26:25	11.03
3822	4835	SMARZEK BENITA	ŁASK	JASTRZĄB - 32. BLT ŁASK /	70 K40/54 (K)402	00:58:58	00:54:11	00:27:38	11.07
3823	4238	GALĄZKA-PRZYBYSZ EWELINA	WARSZAWA		83 K20/163 (K)403	00:58:58	00:55:46	00:27:42	10.76
3824	4819	DRACH PIOTR	WARSZAWA		70 M40/692 (M)3421	00:58:59	00:56:25	00:28:01	10.64
3825	2734	DĄBROWSKI DARIUSZ	WARSZAWA		72 M30/1445 (M)3422	00:58:59	00:53:39	00:27:41	11.18
3826	6843	ZBROWSKI MICHAŁ	PRUSZKÓW		82 M20/949 (M)3423	00:58:59	00:54:23	00:27:11	11.03
3827	5287	BANASZKIEWICZ IZABELA	GRODZISK MAZOWIECKI		79 K30/163 (K)404	00:58:59	00:54:46	00:28:01	10.96
3828	168	SKWIROWSKI PIOTR	WARSZAWA	GW /	66 M40/693 (M)3424	00:58:59	00:58:51	00:27:32	10.20
3829	658	BAĆMAGA MAREK	WARSZAWA	KLINIKA PROIMPLANT /	85 M20/950 (M)3425	00:58:59	00:54:41	00:27:44	10.97
3830	909	KOPEĆ MATEUSZ	WARSZAWA		87 M20/951 (M)3426	00:59:00	00:56:39	00:29:38	10.59
3831	5053	KAOKA PAWEŁ	MORAĞ		84 M20/952 (M)3427	00:59:00	00:56:44	00:27:42	10.58
3832	6862	ŻACH ANDRZEJ	MAŁKINIA	MKB TEAM MAŁKINIA /	57 M50/249 (M)3428	00:59:00	00:54:04	00:27:13	11.10
3833	548	STEĆ MIROSLAW	WARSZAWA		64 M40/694 (M)3429	00:59:00	00:55:02	00:27:12	10.90
3834	4052	FLAGO ARTUR	KRÓLEWIEC		73 M30/1446 (M)3430	00:59:01	00:57:09	00:27:13	10.50
3835	2726	DEMIDOWSKA ALINA		RBS BANK /	86 K20/164 (K)405	00:59:01	00:57:01	00:28:30	10.52
3836	4406	ADAMCZAK GRZEGORZ	BŁONIE	LEGION /	71 M40/695 (M)3431	00:59:01	00:56:10	00:26:59	10.68
3837	4356	RAFAŁO WOJCIECH	WARSZAWA		71 M40/696 (M)3432	00:59:02	00:55:47	00:27:11	10.76
3838	1389	JAGIEŁŁO PIOTR	WARSZAWA	- /	60 M50/250 (M)3433	00:59:02	00:55:57	00:27:40	10.72
3839	2452	BOROWSKI RAFAŁ	WARSZAWA		83 M20/953 (M)3434	00:59:02	00:54:04	00:27:48	11.10
3840	6098	MAGER SEBASTIAN	POZNAŃ	BRAK /	84 M20/954 (M)3435	00:59:02	00:57:00	00:28:48	10.53
3841	5951	KONDRAT ADAM	WARSZAWA		78 M30/1447 (M)3436	00:59:02	00:54:19	00:27:38	11.05
3842	3684	NIEŚCIORUK ANNA	ŁOMIANKI	WARM RT /	61 K50/17 (K)406	00:59:03	00:56:54	00:27:45	10.54
3843	4447	DEWISZEK PAWEŁ	WARSZAWA		66 M40/697 (M)3437	00:59:03	00:54:23	00:27:25	11.03
3844	1496	BAK LESZEK	CZĘSTOCHOWA		59 M50/251 (M)3438	00:59:03	00:56:41	00:27:50	10.59
3845	2198	ŁYDKOWSKI TOMASZ	PŁOCK	NIEZRZESZONY /	64 M40/698 (M)3439	00:59:03	00:55:31	00:27:50	10.81
3846	4663	WELLMAN PIOTR	WARSZAWA		76 M30/1448 (M)3440	00:59:03	00:55:36	00:26:16	10.79
3847	1966	TOMASIAK LUKASZ	WARSZAWA	PKO_ /	84 M20/955 (M)3441	00:59:03	00:55:09	00:27:36	10.88

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Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna / Klub Team / Club	R-k YoB	W kat. in Age	Wynik Time	Wynik netto	Wynik 5km	[km/h]
3848	6080	ŁOŚ KAZIMIERZ	GOSTYNIN		57	M50/252 (M)3442	00:59:03	00:52:45	00:26:55	11.37
3849	532	LEŚNIEWICZ TOMASZ	WARSZAWA	STARE WUJE /	73	M30/1449 (M)3443	00:59:04	00:54:04	00:27:11	11.10
3850	5085	STARUCH TOMASZ	WARSZAWA		83	M20/956 (M)3444	00:59:04	00:53:57	00:27:38	11.12
3851	2351	KOSTRZEBSKI PAWEŁ	WARSZAWA		64	M40/699 (M)3445	00:59:04	00:54:54	00:28:34	10.93
3852	2340	POWAŁKA GRZEGORZ	WARSZAWA		62	M40/700 (M)3446	00:59:04	00:54:52	00:28:33	10.94
3853	1075	DERBIN ROBERT	WARSZAWA		72	M30/1450 (M)3447	00:59:04	00:55:34	00:27:51	10.80
3854	6728	TYTKOWSKI JACEK	WARSZAWA	WARM RT /	54	M50/253 (M)3448	00:59:04	00:54:46	00:27:15	10.96
3855	6040	KUSSYK SŁAWOMIR	WARSZAWA		77	M30/1451 (M)3449	00:59:05	00:55:48	00:29:10	10.75
3856	141	MIKOŁAJCZYK PIOTR	WARSZAWA	KOMINEK /	79	M30/1452 (M)3450	00:59:05	00:59:01	00:28:02	10.17
3857	5232	BALCERZAK JASIEK RADOSŁAW	WARSZAWA	ARTYSTA /	76	M30/1453 (M)3451	00:59:05	00:53:28	00:27:03	11.22
3858	5242	SOMOW DAGMARA	WARSZAWA	12TRI /	86	K20/165 (K)407	00:59:05	00:54:20	00:27:21	11.04
3859	3598	ZAJĄC GRZEGORZ	NADARZYN	STRATOSMEDIA WIĘCEJ FUNKU RALLY TEAM NAD /	84	M20/957 (M)3452	00:59:05	00:52:28	00:27:21	11.44
3860	568	NOWORYTA JACEK	WARSZAWA	NIESTOWARZYSZONY /	42	M60/55 (M)3453	00:59:06	00:58:45	00:28:59	10.21
3861	2557	KOSIURA GRZEGORZ	WARSZAWA		70	M40/701 (M)3454	00:59:06	00:54:25	00:27:35	11.03
3862	6674	JĘDRUSZKO ADRIANA	MIĘTNE		84	K20/166 (K)408	00:59:06	00:54:30	00:27:29	11.01
3863	5767	GAŚIEWSKI PAWEŁ	WARSZAWA	T-MOBILE RUNNING TEAM /	77	M30/1454 (M)3455	00:59:06	00:54:28	00:27:27	11.02
3864	5241	BALCERZAK MICHAŁ	WARSZAWA	BANK DZ BANK POLSKA SA /	78	M30/1455 (M)3456	00:59:06	00:54:25	00:27:57	11.03
3865	188	MATYKA JAKUB	WARSZAWA		87	M20/958 (M)3457	00:59:07	00:57:42	00:27:10	10.40
3866	6762	WIDZISZOWSKI ŁUKASZ	WARSZAWA		78	M30/1456 (M)3458	00:59:07	00:55:26	00:28:04	10.82
3867	4734	FILONOWICZ MICHAŁ	WARSZAWA	EUREKA /	87	M20/959 (M)3459	00:59:07	00:56:38	00:28:06	10.59
3868	6192	NADOLNA KAROLINA	HOPOWO		92	K20/167 (K)409	00:59:07	00:55:52	00:26:40	10.74
3869	5221	MERCHELSKI PIOTR	SZCZECIN		84	M20/960 (M)3460	00:59:07	00:54:42	00:27:42	10.97
3870	5315	BIJAŁAS PIOTR	WARSZAWA	UKA WARSZAWA /	96	M20/961 (M)3461	00:59:07	00:55:54	00:26:40	10.73
3871	1362	PRZEPIÓRKA RAFAŁ	WARSZAWA	CHYBA TY /	88	M20/962 (M)3462	00:59:08	00:54:40	00:27:35	10.98
3872	97	BESZTERDA TOMASZ		WASA /	77	M30/1457 (M)3463	00:59:08	00:55:23	00:26:37	10.83
3873	2621	MATUS JAROSŁAW	WARSZAWA	SKANDIA /	79	M30/1458 (M)3464	00:59:08	00:54:27	00:27:42	11.02
3874	729	TRZASKOWSKA JUSTYNA	WARSZAWA	LADYKAPITAN.PL /	82	K20/168 (K)410	00:59:08	00:56:06	00:28:41	10.70
3875	3703	FIGURA DANIEL	WARSZAWA		93	M20/963 (M)3465	00:59:08	00:56:45	00:29:39	10.57
3876	825	ŚLIWAK-MANOWSKA EWA	WARSZAWA	NOCARZ.PL /	76	K30/164 (K)411	00:59:08	00:56:10	00:27:55	10.68
3877	4382	MALINOWSKI SŁAWOMIR	PŁOŃSK	MALINOWY BZYK /	62	M40/702 (M)3466	00:59:08	00:56:12	00:28:37	10.68
3878	1649	WALASZEK KRZYSZTOF	LUBLIN		74	M30/1459 (M)3467	00:59:08	00:54:22	00:27:25	11.04
3879	187	MAJ SYLWIA	WARSZAWA		87	K20/169 (K)412	00:59:08	00:57:43	00:27:11	10.40
3880	3008	MICHERA FILIP	WARSZAWA		77	M30/1460 (M)3468	00:59:09	00:55:24	00:27:17	10.83
3881	1321	RUCIŃSKI WOJCIECH	WARSZAWA		84	M20/964 (M)3469	00:59:09	00:52:44	00:26:21	11.38
3882	2857	POLAŃSKI ALEKSANDER	WÓLKA KOZODAWSKA		71	M40/703 (M)3470	00:59:09	00:55:16	00:25:56	10.86
3883	1102	MARKUSZEWSKI ŁUKASZ	WARSZAWA		80	M30/1461 (M)3471	00:59:09	00:57:01	00:29:22	10.52
3884	740	ŁAZUR RAFAŁ	WARSZAWA		90	M20/965 (M)3472	00:59:09	00:55:16	00:26:56	10.86
3885	4735	STRUK KAROL	WARSZAWA	EUREKA /	95	M20/966 (M)3473	00:59:09	00:56:42	00:28:09	10.58
3886	772	KACZOROWSKI ADAM	WARSZAWA		90	M20/967 (M)3474	00:59:09	00:56:45	00:27:36	10.57
3887	1590	MAKOWIECKI JACEK	WARSZAWA		76	M30/1462 (M)3475	00:59:10	00:56:59	00:28:10	10.53
3888	880	KĘPIŃSKI GRZEGORZ	WARSZAWA		49	M60/56 (M)3476	00:59:10	00:54:29	00:27:27	11.01
3889	4997	WRÓBEL WITOLD	WARSZAWA		84	M20/968 (M)3477	00:59:10	00:54:37	00:27:39	10.99
3890	4737	FILONOWICZ JERZY	WARSZAWA	EUREKA /	60	M50/254 (M)3478	00:59:10	00:56:43	00:28:07	10.58
3891	3629	BERNAT WOJCIECH	WARSZAWA		77	M30/1463 (M)3479	00:59:11	00:55:10	00:28:01	10.88
3892	3240	WOŹNIAKOWSKI OLGIERD	NOWA IWICZNA		71	M40/704 (M)3480	00:59:11	00:55:46	00:28:21	10.76
3893	5963	KORCZAK KONRAD	WARSZAWA	DANONE TEAM /	71	M40/705 (M)3481	00:59:11	00:54:17	00:28:03	11.05
3894	578	PIWOWAR MAREK	WARSZAWA		96	M20/969 (M)3482	00:59:12	00:58:00	00:27:17	10.34
3895	3636	MAJ MALGORZATA	WARSZAWA	RUN IS FUN /	70	K40/55 (K)413	00:59:12	00:56:09	00:27:25	10.69
3896	4021	OKONIEWSKA AGNIESZKA	MYSIADŁO	ABC KONDYCJA /	72	K30/165 (K)414	00:59:12	00:55:48	00:28:23	10.75
3897	4130	WÓLKIEWICZ PAWEŁ	PRUSZKÓW		70	M40/706 (M)3483	00:59:13	00:55:27	00:27:40	10.82
3898	1890	NOWICKI MACIEJ	KANIE		64	M40/707 (M)3484	00:59:13	00:56:25	00:26:49	10.64
3899	2158	SIERZPOWSKI SEBASTIAN		ACTION /	80	M30/1464 (M)3485	00:59:13	00:54:48	00:27:42	10.95
3900	2114	TUCZYŃSKA ELŻBIETA	PRUSZKÓW		65	K40/56 (K)415	00:59:13	00:54:49	00:27:32	10.95
3901	4170	PRZEMĘCKI DANIEL	WARSZAWA		84	M20/970 (M)3486	00:59:14	00:54:18	00:28:04	11.05
3902	149	KWIETNIEWSKI MICHAŁ	WARSZAWA	PREMIUM PR /	11	(M)3487	00:59:14	00:54:39	00:28:04	10.98
3903	2144	KOSTRZEWSKA BEATA	WARSZAWA		79	K30/166 (K)416	00:59:14	00:57:37	00:28:05	10.41

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Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna / Klub Team / Club	R-k W kat. YoB in Age	Wynik Time	Wynik netto	Wynik 5km	[km/h]
3904	2143	KOSTRZEWSKI RADOŚLAW	WARSZAWA		78 M30/1465 (M)3488	00:59:14	00:57:36	00:28:04	10.42
3905	1236	CZARNECKA BEATA	WARSZAWA	RUN LUSIA RUN /	75 K30/167 (K)417	00:59:14	00:54:29	00:27:21	11.01
3906	4181	GARWACKI BARTŁOMIEJ	WARSZAWA		82 M20/971 (M)3489	00:59:14	00:56:18	00:27:46	10.66
3907	1566	PIŃKOWSKI PIOTR	KONSTANCIN		72 M30/1466 (M)3490	00:59:14	00:55:08	00:26:37	10.88
3908	5794	GÓRSKI DOMINIK	WARSZAWA	KNJ / ITI AT /	78 M30/1467 (M)3491	00:59:14	00:52:30	00:26:28	11.43
3909	3886	IGNACIUK EWA	BRWINÓW		81 K30/168 (K)418	00:59:15	00:56:26	00:29:04	10.63
3910	1582	FUDECKI ROBERT	WARSZAWA		79 M30/1468 (M)3492	00:59:15	00:55:19	00:26:39	10.85
3911	6844	ZBROWSKI MATEUSZ	NOWA WIEŚ		91 M20/972 (M)3493	00:59:15	00:54:39	00:27:11	10.98
3912	6067	LISIEWSKI MARIUSZ	WARSZAWA		75 M30/1469 (M)3494	00:59:15	00:55:43	00:27:11	10.77
3913	6848	ZIELIŃSKA BARBARA	POZNAŃ		83 K20/170 (K)419	00:59:15	00:55:15	00:27:45	10.86
3914	1555	MAŁYSKO JUSTYNA	WARSZAWA		82 K20/171 (K)420	00:59:15	00:54:22	00:27:15	11.04
3915	5659	MODER PAWEŁ	WARSZAWA		75 M30/1470 (M)3495	00:59:15	00:56:08	00:28:43	10.69
3916	3531	IDZIAK MARCIN	JÓZEFOSŁAW		79 M30/1471 (M)3496	00:59:16	00:56:02	00:25:58	10.71
3917	5607	NEUBER ALEXANDER	WARSZAWA		65 M40/708 (M)3497	00:59:16	00:54:55	00:27:27	10.93
3918	4659	KAMIŃSKI DARIUSZ	SIEMIATYCZE		88 M20/973 (M)3498	00:59:16	00:54:54	00:26:57	10.93
3919	2041	OSZKINIS EWA	RUTKA-TARTAK		89 K20/172 (K)421	00:59:16	00:54:55	00:26:58	10.93
3920	3730	DĄBROWSKA KINGA	MYSIADŁO		85 K20/173 (K)422	00:59:16	00:56:08	00:27:56	10.69
3921	5755	FURMAN KRZYSZTOF	PILA		66 M40/709 (M)3499	00:59:17	00:54:31	00:27:23	11.01
3922	159	SMOLIŃSKA MAŁGORZATA	WARSZAWA	GW /	75 K30/169 (K)423	00:59:17	00:55:48	00:28:21	10.75
3923	4423	DĄBROWSKI PRZEMYSŁAW	WARSZAWA		69 M40/710 (M)3500	00:59:18	00:54:51	00:27:33	10.94
3924	5097	REJS KACPER	CHORZELE		90 M20/974 (M)3501	00:59:18	00:54:21	00:28:10	11.04
3925	4900	WÓJTOWICZ MACIEJ	WARSZAWA		77 M30/1472 (M)3502	00:59:18	00:56:59	00:27:22	10.53
3926	1431	OSTASZEWSKI MAREK	WARSZAWA		84 M20/975 (M)3503	00:59:18	00:57:02	00:27:12	10.52
3927	2775	PODYMA WIESŁAW	WARSZAWA		57 M50/255 (M)3504	00:59:18	00:55:59	00:27:04	10.72
3928	4212	STAWICKA ALEKSANDRA	TARCZYŃ		92 K20/174 (K)424	00:59:19	00:55:46	00:28:34	10.76
3929	3306	MISTRZAK MARCIN	PIASECZNO	BRAK /	80 M30/1473 (M)3505	00:59:19	00:52:55	00:28:11	11.34
3930	3351	KUMOR TOMASZ	WARSZAWA	- /	83 M20/976 (M)3506	00:59:19	00:55:19	00:28:19	10.85
3931	5146	KALINOWSKI ANDRZEJ	WARSZAWA		83 M20/977 (M)3507	00:59:19	00:54:39	00:27:27	10.98
3932	5105	ELLIS EWA	WARSZAWA		76 K30/170 (K)425	00:59:19	00:54:23	00:27:37	11.03
3933	6041	KUŚNIERZ MONIKA	WARSZAWA		78 K30/171 (K)426	00:59:20	00:56:58	00:28:34	10.53
3934	2451	BERŁOŻECKI MICHAŁ	WARSZAWA		78 M30/1474 (M)3508	00:59:20	00:54:21	00:27:47	11.04
3935	3257	PAULY RAINER	WARSZAWA		66 M40/711 (M)3509	00:59:20	00:54:59	00:27:47	10.91
3936	1153	WOJCIECHOWSKI RAFAŁ	WARSZAWA	- /	86 M20/978 (M)3510	00:59:20	00:56:17	00:26:58	10.66
3937	1178	MŁYŃCZAK ADAM	STRZELCE OPOLSKIE		88 M20/979 (M)3511	00:59:20	00:54:56	00:30:46	10.92
3938	245	KOSIKOWSKI DOMINIK	WARSZAWA		93 M20/980 (M)3512	00:59:21	00:54:11	00:28:03	11.07
3939	7500	WIECKOWSKI JAREK	WARKA		70 M40/712 (M)3513	00:59:21	00:57:50	00:28:08	10.37
3940	5989	KOZIOL WITOLD	OSTROWIEC		59 M50/256 (M)3514	00:59:21	00:56:19	00:28:09	10.65
3941	3909	KOSIKOWSKA ANNA	WARSZAWA	KOCHAM GRZESZCZA! /	88 K20/175 (K)427	00:59:21	00:54:11	00:28:04	11.07
3942	1695	MARKOWSKA EWA	WARSZAWA		80 K30/172 (K)428	00:59:21	00:55:50	00:27:38	10.75
3943	3347	GARDASIEWICZ MARZENA	PRUSZKÓW	- /	85 K20/176 (K)429	00:59:21	00:55:20	00:28:18	10.84
3944	3563	HOLIK EDYTA	KRAKÓW		77 K30/173 (K)430	00:59:21	00:56:12	00:27:40	10.68
3945	1678	KOPER MICHAŁ	WARSZAWA		83 M20/981 (M)3515	00:59:21	00:54:47	00:27:13	10.95
3946	3562	ŚPIEWAK MICHAŁ	JAWORZNO		79 M30/1475 (M)3516	00:59:22	00:56:12	00:27:39	10.68
3947	4233	MIKA MICHAŁ	WARSZAWA		95 M20/982 (M)3517	00:59:22	00:56:45	00:28:38	10.57
3948	3407	BUJAS MAREK	SULEJÓWEK		53 M50/257 (M)3518	00:59:22	00:55:46	00:27:40	10.76
3949	2083	KAMER JOANNA	PRUSZKÓW	UKA /	78 K30/174 (K)431	00:59:22	00:54:11	00:27:12	11.07
3950	1091	KOWALSKA JOANNA	WARSZAWA		84 K20/177 (K)432	00:59:22	00:58:07	00:28:14	10.32
3951	2849	WOJTACZKA MICHAŁ	WARSZAWA		74 M30/1476 (M)3519	00:59:22	00:54:59	00:27:42	10.91
3952	971	TOMASZEWSKI TOMASZ	WARSZAWA		82 M20/983 (M)3520	00:59:22	00:54:23	00:28:01	11.03
3953	615	REMBERK BARBARA	WARSZAWA	WARSZAWSKI ŻÓŁWIK /	74 K30/175 (K)433	00:59:23	00:55:59	00:27:46	10.72
3954	518	SKRZYPEK ROBERT	WARSZAWA		78 M30/1477 (M)3521	00:59:23	00:56:26	00:27:45	10.63
3955	4934	FRONCZAK PAWEŁ	WARSZAWA		85 M20/984 (M)3522	00:59:23	00:54:46	00:27:31	10.96
3956	3495	MICHAŁOWSKA ANTONINA	WARSZAWA		83 K20/178 (K)434	00:59:23	00:54:59	00:28:20	10.91
3957	994	JAKUBOWSKI ADAM	WARSZAWA		81 M30/1478 (M)3523	00:59:23	00:55:20	00:27:44	10.84
3958	4437	SOCHA MARCIN	RAWA MAZOWIECKA		77 M30/1479 (M)3524	00:59:24	00:55:39	00:28:03	10.78
3959	1765	STANISZEWSKI WALDEMAR	WARSZAWA		48 M60/57 (M)3525	00:59:24	00:54:39	00:27:50	10.98
3960	5175	WÓJCIK SZYMON	WARSZAWA		87 M20/985 (M)3526	00:59:24	00:54:13	00:27:18	11.07

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Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna / Klub Team / Club	R-k YoB	W kat. in Age	Wynik Time	Wynik netto	Wynik 5km	[km/h]
3961	993	DYLIK FILIP	ŁÓDŹ		86	M20/986 (M)3527	00:59:25	00:55:24	00:27:45	10.83
3962	1241	ŁAGOWSKI PIOTR	WARSZAWA	KS OTRYT /	84	M20/987 (M)3528	00:59:25	00:57:12	00:28:02	10.49
3963	3281	PAŁASZ DANIEL	WARSZAWA		75	M30/1480 (M)3529	00:59:25	00:55:02	00:28:21	10.90
3964	116	KUŚ MICHAŁ	WARSZAWA	AMWAY /	87	M20/988 (M)3530	00:59:25	00:50:20	00:23:40	11.92
3965	3745	SZTYBER JAKUB	ZĄBKI		77	M30/1481 (M)3531	00:59:25	00:54:52	00:27:47	10.94
3966	6774	WILCZEWSKI ADAM	NOWA IWICZNA		71	M40/713 (M)3532	00:59:25	00:55:53	00:26:44	10.74
3967	4796	ZIÓLKOWSKI MARCIN	KOBYŁKA	WARSZAWSKIE CENTRUM AIKIDO /	73	M30/1482 (M)3533	00:59:25	00:55:26	00:27:09	10.82
3968	7492	PUCHAWSKI MACIEJ	WARSZAWA		76	M30/1483 (M)3534	00:59:26	00:53:31	00:25:52	11.21
3969	1911	MALZACKI MARCIN	WARSZAWA		70	M40/714 (M)3535	00:59:26	00:55:02	00:27:16	10.90
3970	5179	STOSIK PAWEŁ	WARSZAWA	TRI TEAM BUHAHA /	81	M30/1484 (M)3536	00:59:26	00:54:57	00:27:01	10.92
3971	5472	DULEWICZ JACEK	WARSZAWA		69	M40/715 (M)3537	00:59:26	00:56:03	00:27:05	10.70
3972	4570	MAZURKIEWICZ GRZEGORZ	WARSZAWA		75	M30/1485 (M)3538	00:59:26	00:55:28	00:27:39	10.82
3973	4001	SZEWZYŃSKI MAREK	WARSZAWA		75	M30/1486 (M)3539	00:59:26	00:55:07	00:27:58	10.89
3974	4339	POLEĆ ŁUKASZ	SOCHACZEW	KM AKTYWNI SOCHACZEW /	84	M20/989 (M)3540	00:59:27	00:55:05	00:27:59	10.89
3975	1813	TOMASIK JANUSZ	WARSZAWA	NIEZRZESZONY /	43	M60/58 (M)3541	00:59:27	00:57:40	00:28:16	10.40
3976	6038	KUREK AREK	JASZENICA	STOWARZYSZENIE IIIIIII /	77	M30/1487 (M)3542	00:59:27	00:54:10	00:27:22	11.08
3977	4584	FRONCZEWSKA-WIENIAWSKA KATARZYNA	WARSZAWA		75	K30/176 (K)435	00:59:27	00:55:25	00:27:33	10.83
3978	5548	STAŃCZYK KAROLINA	WARSZAWA		74	K30/177 (K)436	00:59:27	00:55:25	00:27:34	10.83
3979	389	NIECHWIADOWICZ JAN	WARSZAWA		66	M40/716 (M)3543	00:59:27	00:55:48	00:27:28	10.75
3980	1428	LEWANDOWSKI ARKADIUSZ	WARSZAWA		78	M30/1488 (M)3544	00:59:27	00:54:48	00:27:29	10.95
3981	869	KOZAK JERZY	WARSZAWA		55	M50/258 (M)3545	00:59:27	00:55:36	00:27:09	10.79
3982	5003	TARKOWSKA KATARZYNA	WARSZAWA	T-MOBILE RUNNING TEAM /	74	K30/178 (K)437	00:59:28	00:56:32	00:27:50	10.61
3983	3688	MUSZYŃSKI ADRIAN	WARSZAWA		96	M20/990 (M)3546	00:59:28	00:58:06	00:28:11	10.33
3984	6863	ŻELEZIK MARCIN	HORNÓWEK	XLI LO. IM. JOAHIMA LELEWELA /	95	M20/991 (M)3547	00:59:28	00:55:34	00:27:43	10.80
3985	388	KURECKI JACEK	WARSZAWA		60	M50/259 (M)3548	00:59:28	00:55:49	00:28:06	10.75
3986	3058	WITKOWSKI MIROSLAW	WARSZAWA		55	M50/260 (M)3549	00:59:29	00:56:31	00:27:43	10.62
3987	2237	DYDYCZ JOLANTA	BIAŁA PODLASKA	POLSKA BIEGA /	64	K40/57 (K)438	00:59:29	00:54:47	00:27:43	10.95
3988	6242	KRAJEWSKI MACIEJ	WARSZAWA		67	M40/717 (M)3550	00:59:29	00:55:10	00:27:08	10.88
3989	5471	DUDEK PAWEŁ	WARSZAWA		79	M30/1489 (M)3551	00:59:29	00:56:51	00:30:37	10.55
3990	381	RODAK KAMIL	WARSZAWA		96	M20/992 (M)3552	00:59:29	00:55:13	00:27:49	10.87
3991	1544	RADZIKOWSKI MARCIN	WARSZAWA	POLBANK EFG /	78	M30/1490 (M)3553	00:59:29	00:55:11	00:29:56	10.87
3992	383	RODAK ZBIGNIEW	WARSZAWA		64	M40/718 (M)3554	00:59:30	00:55:13	00:27:49	10.87
3993	3672	ŚMIGIELSKI JAKUB	PRUSZKÓW		93	M20/993 (M)3555	00:59:30	00:56:10	00:29:22	10.68
3994	4450	BŁASZCZYK PAWEŁ	WARSZAWA	HOTELS PALACE /	68	M40/719 (M)3556	00:59:30	00:54:22	00:27:39	11.04
3995	4760	IHNATOWICZ ARKADIUSZ	WARSZAWA		68	M40/720 (M)3557	00:59:30	00:56:59	00:28:43	10.53
3996	1209	WŁODARSKI BARTOSZ	WARSZAWA		74	M30/1491 (M)3558	00:59:31	00:56:44	00:27:29	10.58
3997	346	KUPIEC DARIUSZ	MIŃSK MAZOWIECKI		69	M40/721 (M)3559	00:59:31	00:57:43	00:27:33	10.40
3998	6073	ŁABĘCKA IWONA	KIELCE		80	K30/179 (K)439	00:59:31	00:55:50	00:27:28	10.75
3999	125	CUCH ERWIN	WARSZAWA	AMWAY /	83	M20/994 (M)3560	00:59:31	00:55:30	00:27:24	10.81
4000	2393	VIP VIP			11	(M)3561	00:59:31	00:54:55	00:27:29	10.93
4001	844	LISONEK PAWEŁ	KONSTANCJA-JEZIORNA		67	M40/722 (M)3562	00:59:32	00:56:52	00:26:52	10.55
4002	3297	MATYJASEK AGATA	PIASTÓW		75	K30/180 (K)440	00:59:32	00:57:41	00:27:53	10.40
4003	6542	RZEPKO RADOSŁAW	WARSZAWA		86	M20/995 (M)3563	00:59:32	00:57:09	00:27:47	10.50
4004	4840	SUCHECKI MATEUSZ	WARSZAWA		79	M30/1492 (M)3564	00:59:33	00:54:17	00:28:19	11.05
4005	3100	WINNICKA PATRYCJA	WARSZAWA		75	K30/181 (K)441	00:59:33	00:55:46	00:26:46	10.76
4006	3574	KOSTYRA MAREK	WARSZAWA	ZWIĄZKOWIEC /	50	M60/59 (M)3565	00:59:34	00:56:35	00:27:50	10.60
4007	4348	WÓJCİK KAROLINA	WARSZAWA		80	K30/182 (K)442	00:59:35	00:56:51	00:28:51	10.55
4008	809	MARCZAK PAWEŁ	WARSZAWA		76	M30/1493 (M)3566	00:59:35	00:55:37	00:27:17	10.79
4009	4211	OKRASA MAREK	PIASECZNO		57	M50/261 (M)3567	00:59:35	00:56:15	00:28:18	10.67
4010	2454	LEWANDOWSKI JAKUB	WARSZAWA		89	M20/996 (M)3568	00:59:35	00:54:48	00:29:12	10.95
4011	4695	JAROSZ ANDRZEJ	KONSTANCJA-JEZIORNA		54	M50/262 (M)3569	00:59:35	00:56:32	00:27:52	10.61
4012	1087	KONKOWSKA-SZYMAŃSKA JOANNA	WARSZAWA		67	K40/58 (K)443	00:59:35	00:54:06	00:27:07	11.09
4013	7488	IZDEBSKI RADOSŁAW	WARSZAWA		77	M30/1494 (M)3570	00:59:36	00:55:26	00:28:51	10.82
4014	6152	MILER CEZARY	NASIELSK		77	M30/1495 (M)3571	00:59:36	00:57:03	00:28:23	10.52
4015	2315	MINTA IWONA	WARSZAWA		77	K30/183 (K)444	00:59:36	00:56:34	00:27:47	10.61
4016	2579	PRĘDOTA KRZYSZTOF	WARSZAWA		72	M30/1496 (M)3572	00:59:37	00:54:56	00:27:52	10.92

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Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna / Klub Team / Club	R-k YoB	W kat. in Age	Wynik Time	Wynik netto	Wynik 5km	[km/h]
4017	3482	WASILEWSKI KONRAD	ŁOMIANKI		86	M20/997 (M)3573	00:59:37	00:55:42	00:27:05	10.77
4018	1269	MICHALSKI ARKADIUSZ	WARSZAWA	12TRI.PL /	67	M40/723 (M)3574	00:59:37	00:55:18	00:29:33	10.85
4019	6997	PAZIEWSKA DOMINIKA	GARWOLIN		89	K20/179 (K)445	00:59:37	00:52:50	00:27:47	11.36
4020	6996	PAZIEWSKI PAWEŁ	GARWOLIN		73	M30/1497 (M)3575	00:59:37	00:52:50	00:27:48	11.36
4021	3021	BOŻYKOWSKI KRZYSZTOF	WARSZAWA		69	M40/724 (M)3576	00:59:38	00:53:31	00:27:13	11.21
4022	3851	GUZOWSKA IWONA	GDAŃSK		74	K30/184 (K)446	00:59:39	00:58:43	00:27:49	10.22
4023	3948	SOBCZAK TOMASZ	WARSZAWA		75	M30/1498 (M)3577	00:59:39	00:55:54	00:26:53	10.73
4024	3852	GRZYWACZ SEBASTIAN	PRUSZKÓW	FUND VIS MAIOR /	75	M30/1499 (M)3578	00:59:39	00:58:43	00:27:49	10.22
4025	6943	RUDAWSKI PATRYK	WARSZAWA		82	M20/998 (M)3579	00:59:39	00:57:55	00:31:17	10.36
4026	5051	WASILEWSKI WOJCIECH	WARSZAWA	YAWARA /	84	M20/999 (M)3580	00:59:39	00:55:12	00:27:43	10.87
4027	5821	GWIAZDA ELŻBIETA	ŁĘKAWICA		74	K30/185 (K)447	00:59:40	00:56:32	00:28:21	10.61
4028	4610	DUDZIŃSKA ALEKSANDRA	WARSZAWA		87	K20/180 (K)448	00:59:40	00:55:21	00:27:10	10.84
4029	425	OSITEK JANUSZ	MICHAŁOWICE		70	M40/725 (M)3581	00:59:40	00:54:02	00:27:00	11.10
4030	1572	POPEK PRZEMYSŁAW	ŁOMIANKI		91	M20/1000 (M)3582	00:59:40	00:58:04	00:27:21	10.33
4031	5164	STANIAK MACIEK	WARSZAWA		85	M20/1001 (M)3583	00:59:41	00:55:23	00:28:46	10.83
4032	6741	WALENTYŃSKI BARTŁOMIEJ	GLIWICE		91	M20/1002 (M)3584	00:59:41	00:55:29	00:28:05	10.81
4033	7097	OZGA JAKUB	WARSZAWA	DOJO MŁODE WILKI /	00	M20/1003 (M)3585	00:59:43	00:59:43	00:31:38	10.05
4034	6311	PASIKOWSKA MARIOLA	ŁÓDŹ	- /	61	K50/18 (K)449	00:59:43	00:57:24	00:28:40	10.45
4035	2259	KONOPSKI MICHAŁ	WARSZAWA		83	M20/1004 (M)3586	00:59:43	00:55:36	00:28:00	10.79
4036	3344	SAPIJASZKO ŁUKASZ	WARSZAWA		77	M30/1500 (M)3587	00:59:43	00:55:59	00:27:53	10.72
4037	5066	CIOŚMAK KINGA	WARSZAWA		76	K30/186 (K)450	00:59:44	00:57:58	00:28:02	10.35
4038	3753	KOŁODZIEJ ROMAN	WARSZAWA		65	M40/726 (M)3588	00:59:45	00:55:47	00:28:11	10.76
4039	4503	DZIĘGIELEWSKI PAWEŁ	MARKI		83	M20/1005 (M)3589	00:59:45	00:55:05	00:25:37	10.89
4040	3254	SREBRZYŃSKI CEZARY	WARSZAWA	SB ROD KRĘPA - ROSA /	70	M40/727 (M)3590	00:59:45	00:56:21	00:28:20	10.65
4041	3410	POŚLUSZNY TOMASZ	WARSZAWA		89	M20/1006 (M)3591	00:59:45	00:54:56	00:27:46	10.92
4042	2014	NIEWIAROWSKI ANDRZEJ	WARSZAWA	GREENI TEAM /	71	M40/728 (M)3592	00:59:46	00:55:16	00:26:38	10.86
4043	4504	SZAŁOWSKI RAFAŁ	WARSZAWA		77	M30/1501 (M)3593	00:59:46	00:54:06	00:28:29	11.09
4044	4678	MALINOWSKA ALEKSANDRA	WARSZAWA		85	K20/181 (K)451	00:59:47	00:55:26	00:27:43	10.82
4045	4338	POLEĆ ANDRZEJ	SOCHACZEW	KM AKTYWNI SOCHACZEW /	65	M40/729 (M)3594	00:59:47	00:55:26	00:27:59	10.82
4046	5788	GORAJ IRENEUSZ	KRAKÓW		65	M40/730 (M)3595	00:59:47	00:58:46	00:28:50	10.21
4047	822	GRYZ KRZYSZTOF	WARSZAWA		59	M50/263 (M)3596	00:59:47	00:57:24	00:27:23	10.45
4048	4839	HAŁAJKO ADAM	BEDLNO RADZYŃSKIE		90	M20/1007 (M)3597	00:59:48	00:55:55	00:28:14	10.73
4049	2633	SALA IWONA	RADOM		70	K40/59 (K)452	00:59:48	00:54:46	00:27:10	10.96
4050	6231	BANASIK KRZYSZTOF	WARSZAWA	ACCELERATE /	79	M30/1502 (M)3598	00:59:48	00:55:48	00:27:14	10.75
4051	3090	KĄLEK PRZEMYSŁAW	WARSZAWA		73	M30/1503 (M)3599	00:59:48	00:57:49	00:27:18	10.38
4052	6802	WOJDYŁO MARCIN	RZESZÓW		77	M30/1504 (M)3600	00:59:49	00:54:49	00:27:24	10.95
4053	1578	REMBLEWSKI SŁAWOMIR	ŁÓDŹ		60	M50/264 (M)3601	00:59:49	00:55:15	00:29:06	10.86
4054	5332	BIERNACKA MONIKA	MINSK MAZOWIECKI		75	K30/187 (K)453	00:59:50	00:58:46	00:28:47	10.21
4055	5965	KORKUĆ JACEK	MIŃSK MAZOWIECKI		63	M40/731 (M)3602	00:59:50	00:58:46	00:28:47	10.21
4056	348	TAJCHERT MARIA	WARSZAWA		64	K40/60 (K)454	00:59:50	00:55:46	00:27:16	10.76
4057	5022	BERNAT MICHAŁ	LUBLIN		78	M30/1505 (M)3603	00:59:51	00:57:38	00:27:54	10.41
4058	4771	GROCHAŁ ŁUKASZ	OWCZARNIA		93	M20/1008 (M)3604	00:59:51	00:57:58	00:28:13	10.35
4059	3659	ŚMIGIERA GRZEGORZ	WARSZAWA		82	M20/1009 (M)3605	00:59:51	00:57:59	00:27:53	10.35
4060	5007	NIEMYSKA EDYTA	LUBLIN		78	K30/188 (K)455	00:59:51	00:57:39	00:27:56	10.41
4061	3247	KARKOS MAGDALENA	WARSZAWA		89	K20/182 (K)456	00:59:51	00:54:46	00:27:32	10.96
4062	1928	DRAJKOWSKI TOMASZ	WARSZAWA	PKO_ /	74	M30/1506 (M)3606	00:59:51	00:57:43	00:26:48	10.40
4063	5946	KOŁODYŃSKI MICHAŁ	WARSZAWA		76	M30/1507 (M)3607	00:59:51	00:58:18	00:28:45	10.29
4064	3861	JAROSZEWSKA JOANNA	WARSZAWA		82	K20/183 (K)457	00:59:52	00:55:11	00:28:27	10.87
4065	1899	USZYCKI WOJCIECH	WARSZAWA		72	M30/1508 (M)3608	00:59:52	00:56:22	00:28:39	10.64
4066	6349	PIJAS JÓZEF	LUBLIN	TEAM NUTRILITE /	58	M50/265 (M)3609	00:59:52	00:55:59	00:27:45	10.72
4067	2799	BARTHA ANDRZEJ	ŁOMIANKI		57	M50/266 (M)3610	00:59:52	00:59:09	00:27:51	10.14
4068	5021	CHMIELEWSKI PIOTR	LUBLIN		78	M30/1509 (M)3611	00:59:52	00:57:37	00:27:53	10.41
4069	5720	WYSZYŃSKI ROBERT	SUWALKI	BIZRUNNER /	66	M40/732 (M)3612	00:59:52	00:57:10	00:28:37	10.50
4070	5046	MICHAŁCZYK WOJCIECH	WARSZAWA		86	M20/1010 (M)3613	00:59:53	00:56:40	00:27:07	10.59
4071	6372	POPIEL PAWEŁ	KIELCE		81	M30/1510 (M)3614	00:59:54	00:55:55	00:27:25	10.73
4072	5148	GROBELNY MAREK	WARSZAWA	TURBOŚLIMAKI /	73	M30/1511 (M)3615	00:59:54	00:54:57	00:27:39	10.92
4073	453	FROM PRZEMYSŁAW	WYSZKÓW	BRĄK /	85	M20/1011 (M)3616	00:59:54	00:58:01	00:28:09	10.34

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<b>Miejsce Rank</b>	<b>Nr Bib</b>	<b>Nazwisko i imię Name</b>	<b>Miejscowość City</b>	<b>Drużyna / Klub Team / Club</b>	<b>R-k W kat. YoB in Age</b>	<b>Wynik Time</b>	<b>Wynik netto</b>	<b>Wynik 5km</b>	<b>[km/h]</b>
4074	579	PRĘDKOPOWICZ DANIEL	GRODZISK MAZOWIECKI	ASRAZ ADVENTURE TEAM /	79 M30/1512 (M)3617	00:59:54	00:58:41	00:27:32	10.22
4075	468	YOSHIOKA YUTA	WARSZAWA		96 M20/1012 (M)3618	00:59:54	00:57:21	00:28:19	10.46
4076	3717	RADOWSKI ANDRZEJ	WARSZAWA	BANK GOSPODARSTWA KRAJOWEGO /	75 M30/1513 (M)3619	00:59:55	00:55:51	00:28:02	10.74
4077	1703	PLISIECKI WOJCIECH	KONSTANCIN-JEZIORNA		69 M40/733 (M)3620	00:59:55	00:56:50	00:28:12	10.56
4078	467	YOSHIOKA YUZO	WARSZAWA		60 M50/267 (M)3621	00:59:55	00:57:23	00:28:19	10.46
4079	3488	TORZEWSKA AGNIESZKA	WARSZAWA		74 K30/189 (K)458	00:59:56	00:58:16	00:28:10	10.30
4080	3865	ŚLĘZAK MARIUSZ	WARSZAWA		73 M30/1514 (M)3622	00:59:56	00:58:26	00:28:06	10.27
4081	497	RÓŻYCKI MACIEJ	WARSZAWA		85 M20/1013 (M)3623	00:59:56	00:54:51	00:27:31	10.94
4082	2610	WANDAS MAREK	WARSZAWA		76 M30/1515 (M)3624	00:59:57	00:55:11	00:27:10	10.87
4083	4906	HIRSZLER ELŻBIETA	WARSZAWA	ACTIVE SPORT /	60 K50/19 (K)459	00:59:57	00:54:53	00:28:05	10.93
4084	6531	RUDNICKI TADEUSZ	WYSZKÓW		65 M40/734 (M)3625	00:59:57	00:56:35	00:29:10	10.60
4085	3283	SAKNA ALINA	WARSZAWA		62 K40/61 (K)460	00:59:57	00:54:53	00:28:05	10.93
4086	6530	RUDNICKI WOJCIECH	WYSZKÓW		96 M20/1014 (M)3626	00:59:57	00:56:36	00:29:10	10.60
4087	6898	PANUFIK TOMASZ	WARSZAWA		81 M30/1516 (M)3627	00:59:57	00:59:57	00:32:30	10.01
4088	1492	ŚWISTAK JOANNA	OTRĘBUSY		85 K20/184 (K)461	00:59:58	00:55:40	00:27:52	10.78
4089	6701	ŚMIESZEK MAŁGORZATA	WARSZAWA		83 K20/185 (K)462	00:59:59	00:55:14	00:27:42	10.86
4090	1164	BANASIAK PIOTR	WARSZAWA	IKS POD WEZWANIEM DOBREGO ŁOTRA /	70 M40/735 (M)3628	00:59:59	00:57:41	00:25:27	10.40
4091	6012	KRUKOWSKA GRAŻYNA	WARSZAWA	RUN LUSIA RUN /	73 K30/190 (K)463	01:00:00	00:55:44	00:27:22	10.77
4092	447	WIECZOREK IZABELLA	WARSZAWA		69 K40/62 (K)464	01:00:00	00:55:20	00:27:40	10.84
4093	4077	MAZUREK-SZYPUŁA AGNIESZKA	WARSZAWA		72 K30/191 (K)465	01:00:00	00:56:15	00:27:43	10.67
4094	911	BRONOWSKA KATARZYNA	WARSZAWA		88 K20/186 (K)466	01:00:00	00:56:11	00:26:58	10.68
4095	636	KASKA KRZYSZTOF	LEGIONOWO		69 M40/736 (M)3629	01:00:01	00:55:10	00:27:27	10.88
4096	3061	SYCHOWICZ KLARA	WARSZAWA		74 K30/192 (K)467	01:00:02	00:57:58	00:28:09	10.35
4097	2668	NOWAK HENRYK	WARSZAWA		63 M40/737 (M)3630	01:00:02	00:56:48	00:27:44	10.56
4098	4326	SOKALSKA ANETA	WARSAW	WILANOW COFFIN DODGERS /	89 K20/187 (K)468	01:00:02	00:57:29	00:29:09	10.44
4099	593	WIERZBICKI JACEK	BIAŁA PISKA		83 M20/1015 (M)3631	01:00:02	00:54:21	00:27:12	11.04
4100	1521	OSIAK PAWEŁ	WARSZAWA	ANIN SADUL /	77 M30/1517 (M)3632	01:00:03	00:55:05	00:27:45	10.89
4101	4651	GAŚOWSKI PIOTR	WARSZAWA		64 M40/738 (M)3633	01:00:03	00:56:50	00:27:45	10.56
4102	3187	ANTCZAK MAREK	WARSZAWA	SFC ASPOLECZNI /	77 M30/1518 (M)3634	01:00:03	00:54:49	00:28:19	10.95
4103	46	PAWŁOWSKI TOMASZ	WARSZAWA	BIEGAM BO LUBIĘ /	66 M40/739 (M)3635	01:00:04	00:55:05	00:27:19	10.89
4104	3916	MAJEWSKI KAJETAN	PODDĘBIE		93 M20/1016 (M)3636	01:00:04	00:56:10	00:25:08	10.68
4105	3430	SKROCKI MARIUSZ	SZCZECIN	KB TP /	86 M20/1017 (M)3637	01:00:05	00:55:26	00:27:30	10.82
4106	7469	SIECZKA CZESŁAW	SIENNO		66 M40/740 (M)3638	01:00:05	00:56:57	00:29:15	10.54
4107	4739	POPÓW KETTY	KONSTANCIN		69 K40/63 (K)469	01:00:05	00:58:33	00:29:08	10.25
4108	3940	TOBIS PAWEŁ	WARSZAWA	COFACE TEAM /	73 M30/1519 (M)3639	01:00:06	00:56:16	00:26:29	10.66
4109	991	JÓŹWIAK ANNA	PIASTÓW		81 K30/193 (K)470	01:00:06	00:56:18	00:27:47	10.66
4110	2202	HUCZ DAMIAN	WROCLAW	LAFARGE GIPS /	78 M30/1520 (M)3640	01:00:06	00:56:04	00:27:33	10.70
4111	1769	SUTUŁA KRZYSZTOF	WARSZAWA	NIEZRZESZONY /	55 M50/268 (M)3641	01:00:06	00:57:59	00:27:41	10.35
4112	1912	CAŁKA PAWEŁ	WARSZAWA	METRO WARSZAWSKIE /	47 M60/60 (M)3642	01:00:07	00:55:22	00:27:51	10.84
4113	6864	ŻESZCZYŃSKA IZABELA	WARSZAWA		80 K30/194 (K)471	01:00:07	00:56:34	00:27:42	10.61
4114	414	KUCZYŃSKI RAFAŁ	WARSZAWA		76 M30/1521 (M)3643	01:00:07	00:55:26	00:27:43	10.82
4115	3432	ROSIAK MICHAŁ	WARSZAWA	KB TP /	76 M30/1522 (M)3644	01:00:07	00:55:22	00:27:52	10.84
4116	3018	SKUNECZNY MACIEJ	WARSZAWA	LUPHUNDO /	67 M40/741 (M)3645	01:00:08	00:54:47	00:26:41	10.95
4117	506	OLASEK PAWEŁ	WARSZAWA		69 M40/742 (M)3646	01:00:09	00:55:40	00:27:10	10.78
4118	2462	SIRAK MICHAŁ	WARSZAWA	EDC RUNNERS /	83 M20/1018 (M)3647	01:00:09	00:54:08	00:28:39	11.08
4119	175	MŁODOŻENIEC MAGDALENA	WARSZAWA	VW SZEWCZYK /	66 K40/64 (K)472	01:00:09	00:59:56	00:29:27	10.01
4120	2118	MILCZAREK RENATA	PRUSZKÓW		68 K40/65 (K)473	01:00:09	00:59:07	00:29:55	10.15
4121	4108	LASKOWSKI JACEK	WARSZAWA		77 M30/1523 (M)3648	01:00:10	00:55:14	00:27:07	10.86
4122	2573	BIEDRZYCKI TADEUSZ	KARCZEW	JTBTEAM /	52 M50/269 (M)3649	01:00:10	00:56:38	00:27:55	10.59
4123	4806	LEBIODA ELIZA	WARSZAWA		83 K20/188 (K)474	01:00:10	00:55:03	00:28:03	10.90
4124	4800	ŚCIECHOWSKI MICHAŁ	SIEDLCE		84 M20/1019 (M)3650	01:00:10	00:54:37	00:27:58	10.99
4125	5900	KAPERZYŃSKI GRZEGORZ	WARSZAWA	BRAK /	79 M30/1524 (M)3651	01:00:10	00:57:29	00:29:02	10.44
4126	749	ABRATKIEWICZ SŁAWOMIR	WARSZAWA		72 M30/1525 (M)3652	01:00:10	00:56:43	00:27:33	10.58
4127	4670	SZCZUROWSKI ŁUKASZ	CIECHANÓW	WSE ALMAMER /	88 M20/1020 (M)3653	01:00:10	00:57:33	00:29:42	10.43
4128	3770	BLOCH PAWEŁ	WINNICA	LIDER WINNICA /	94 M20/1021 (M)3654	01:00:12	00:55:50	00:28:12	10.75
4129	6735	VALERTE ILZE	VENTSPILS	MARATONA KLUBS VENTSPILS /	73 K30/195 (K)475	01:00:12	00:59:51	00:29:22	10.03
4130	5192	WICHOWSKI MICHAŁ	WARSZAWA	ASW CROSS-COUNTRY /	95 M20/1022 (M)3655	01:00:12	00:54:40	00:27:25	10.98

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Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna / Klub Team / Club	R-k YoB	W kat. in Age	Wynik Time	Wynik netto	Wynik 5km	[km/h]
4131	3048	KORPUS BARBARA	MSZCZONÓW		76	K30/196 (K)476	01:00:12	00:55:59	00:28:03	10.72
4132	2636	KOSSAKOWSKI WŁODZIMIERZ	WARSZAWA		57	M50/270 (M)3656	01:00:12	00:56:36	00:28:55	10.60
4133	3224	OŚCIŁOWSKA KATARZYNA	WARSZAWA		74	K30/197 (K)477	01:00:12	00:58:48	00:29:21	10.20
4134	2626	KOSSAKOWSKA ALEKSANDRA	WARSZAWA		96	K20/189 (K)478	01:00:13	00:56:37	00:28:55	10.60
4135	2921	TROJANOWSKI MICHAŁ	WARSZAWA		83	M20/1023 (M)3657	01:00:13	00:55:05	00:28:44	10.89
4136	4690	GROCHOWY DAWID	POZNAŃ	DLA BASI /	87	M20/1024 (M)3658	01:00:13	00:54:48	00:28:07	10.95
4137	1442	KUCIAK JAKUB	ZĄBKI		96	M20/1025 (M)3659	01:00:13	00:59:17	00:28:54	10.12
4138	4526	BANACH MONIKA	WARSZAWA	PBP BANK SA /	75	K30/198 (K)479	01:00:14	00:55:47	00:27:33	10.76
4139	1443	KUCIAK PAWEŁ	ZĄBKI		69	M40/743 (M)3660	01:00:14	00:59:19	00:28:55	10.12
4140	3572	NĘDZI ALBIN	RADOM	BRAK /	62	M40/744 (M)3661	01:00:15	00:57:19	00:27:49	10.47
4141	3879	JARCZEWSKI MICHAŁ	WARSZAWA		88	M20/1026 (M)3662	01:00:15	00:54:58	00:27:50	10.92
4142	4843	KORDULASIŃSKA DOROTA	MAŁA WIEŚ		88	K20/190 (K)480	01:00:15	00:56:02	00:27:30	10.71
4143	6665	SZCZODROWSKI SEBASTIAN	GDYNIA	TEAM NUTRILITE /	96	M20/1027 (M)3663	01:00:15	00:57:48	00:28:38	10.38
4144	2729	MIKUSEK EWA		RBS BANK /	78	K30/199 (K)481	01:00:15	00:55:12	00:27:47	10.87
4145	3250	LATUSZEK DAMIAN	PIASKI		85	M20/1028 (M)3664	01:00:16	00:54:50	00:29:16	10.94
4146	2212	POPLAWSKI BARTŁOMIEJ	WARSZAWA		79	M30/1526 (M)3665	01:00:16	00:55:02	00:27:58	10.90
4147	1584	GOŁĘBIEWSKI MARIUSZ	PIASECZNO		74	M30/1527 (M)3666	01:00:16	00:55:14	00:28:28	10.86
4148	4691	JACENKO MACIEJ	WARSZAWA		76	M30/1528 (M)3667	01:00:17	00:54:53	00:28:07	10.93
4149	2880	PIOTROWSKI RAFAŁ	WARSZAWA		95	M20/1029 (M)3668	01:00:18	00:57:14	00:29:06	10.48
4150	6999	TOKARSKA ALICJA	GRANICA		96	K20/191 (K)482	01:00:18	00:56:33	00:27:52	10.61
4151	6190	MYSIEWICZ KAMILA	WARSZAWA		86	K20/192 (K)483	01:00:18	00:57:28	00:29:00	10.44
4152	4677	KŁĘK MAGDALENA	WARSZAWA		74	K30/200 (K)484	01:00:19	00:55:10	00:27:31	10.88
4153	4862	GÓDŹ BARTOSZ	JABŁONNA		81	M30/1529 (M)3669	01:00:19	00:57:19	00:27:49	10.47
4154	1359	BIAŁOGRODZKI HUBERT	OTWOCK	---- /	73	M30/1530 (M)3670	01:00:20	00:54:17	00:27:40	11.05
4155	2877	ABRAMCZYK JOANNA	PŁOCHOCIN		76	K30/201 (K)485	01:00:20	00:55:39	00:27:27	10.78
4156	516	WINEK TOMASZ	WARSZAWA		66	M40/745 (M)3671	01:00:20	00:55:08	00:27:24	10.88
4157	4153	PATERA MICHAŁ	WARSZAWA		82	M20/1030 (M)3672	01:00:20	00:55:44	00:28:33	10.77
4158	3814	KOSMAŁA MAGDA	KONSTANCIN		91	K20/193 (K)486	01:00:20	00:55:51	00:28:06	10.74
4159	3395	RABA MIROSLAW	WARSZAWA	BRAK /	85	M20/1031 (M)3673	01:00:20	00:55:38	00:27:02	10.78
4160	996	SUPIŃSKA JUSTYNA	OLSZTYN		87	K20/194 (K)487	01:00:21	00:58:15	00:28:31	10.30
4161	4725	STACHNIK JAKUB	LEGIONOWO		82	M20/1032 (M)3674	01:00:21	00:55:14	00:28:24	10.86
4162	3983	ŁAZICKA MAGDALENA	WARSZAWA	12TRI /	67	K40/66 (K)488	01:00:21	00:58:13	00:28:29	10.31
4163	3500	RUTKOWSKI PIOTR	WARSZAWA		76	M30/1531 (M)3675	01:00:21	00:55:21	00:27:51	10.84
4164	3316	BUCZEK PIOTR	WARSZAWA		77	M30/1532 (M)3676	01:00:22	00:55:50	00:28:16	10.75
4165	589	WÓJCİK PIOTR	WARSZAWA		77	M30/1533 (M)3677	01:00:22	00:56:43	00:28:54	10.58
4166	5986	KOWALSKI ROBERT	PIASECZNO		66	M40/746 (M)3678	01:00:22	00:54:52	00:27:46	10.94
4167	2813	MIRKOWSKI ŁUKASZ	WARSZAWA	POLBANK EFG /	81	M30/1534 (M)3679	01:00:23	00:55:23	00:28:00	10.83
4168	3932	WICHROWSKI MICHAŁ	PŁOCK		78	M30/1535 (M)3680	01:00:23	00:56:01	00:28:11	10.71
4169	5729	ŚWIĄTKIEWICZ EWA	GÓRZNO	RUNNING TEAM MIASTKÓW /	94	K20/195 (K)489	01:00:23	00:55:46	00:27:29	10.76
4170	5554	CHOYNOWSKI ANDRZEJ	ŁOMIANKI		70	M40/747 (M)3681	01:00:23	00:56:45	00:27:33	10.57
4171	986	BARTUŚ TOMASZ	WARSZAWA		69	M40/748 (M)3682	01:00:23	00:55:16	00:27:39	10.86
4172	5240	BRĄNSKA-DOBROWOLSKA OLGA	WARSZAWA	MARATONYPOLSKIE.PL TEAM /	73	K30/202 (K)490	01:00:23	00:58:03	00:29:03	10.34
4173	1549	CZAPSKI TOMASZ	SOCHACZEW	KM AKTYWNI SOCHACZEW /	80	M30/1536 (M)3683	01:00:24	00:54:15	00:27:39	11.06
4174	1086	SOBOTKA MONIKA	WARSZAWA		71	K40/67 (K)491	01:00:24	00:55:37	00:27:50	10.79
4175	3585	KOPERA ŁUKASZ	RASZYN	12TRI.PL /	83	M20/1033 (M)3684	01:00:24	00:57:41	00:27:55	10.40
4176	6243	KACZMARSKI MICHAŁ	WARSZAWA	KPMG MARATHON TEAM /	77	M30/1537 (M)3685	01:00:24	00:57:42	00:28:15	10.40
4177	1648	OŻAREK MAGDALENA	SIEDLCE		90	K20/196 (K)492	01:00:25	00:54:58	00:27:32	10.92
4178	1953	WIERBOL BARTŁOMIEJ	WARSZAWA	PKO_ /	80	M30/1538 (M)3686	01:00:25	00:56:54	00:27:40	10.54
4179	592	SIEK JACEK	WARSZAWA		65	M40/749 (M)3687	01:00:25	00:56:31	00:28:37	10.62
4180	2522	CZUBEK ANETA	KONSTANCIN JEZIORNA		75	K30/203 (K)493	01:00:26	00:56:26	00:27:34	10.63
4181	1541	KOCIMSKA KAMILA	SOCHACZEW	KM AKTYWNI SOCHACZEW /	82	K20/197 (K)494	01:00:26	00:54:17	00:27:38	11.05
4182	6388	PRZYGODZKI MARCIN	LATCHORZEW	TEAM NUTRILITE /	71	M40/750 (M)3688	01:00:26	00:56:02	00:27:37	10.71
4183	750	MIZIOŁEK ADAM	WARSZAWA		57	M50/271 (M)3689	01:00:26	00:55:58	00:28:05	10.72
4184	796	WRONA PRZEMYSŁAW	WARSZAWA		87	M20/1034 (M)3690	01:00:26	00:55:28	00:28:45	10.82
4185	1132	FOLGA ANDRZEJ	WARSZAWA		72	M30/1539 (M)3691	01:00:26	00:54:11	00:26:55	11.07
4186	3443	KOZŁOWSKI KRZYSZTOF	CHELM	KB TP /	68	M40/751 (M)3692	01:00:26	00:58:09	00:28:33	10.32
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<b>Miejsce Rank</b>	<b>Nr Bib</b>	<b>Nazwisko i imię Name</b>	<b>Miejscowość City</b>	<b>Drużyna / Klub Team / Club</b>	<b>R-k YoB</b>	<b>W kat. in Age</b>	<b>Wynik Time</b>	<b>Wynik netto</b>	<b>Wynik 5km</b>	<b>[km/h]</b>
4187	1650	SZOPIŃSKI TOMASZ	GRAJEWO		86	M20/1035 (M)3693	01:00:27	00:55:45	00:28:01	10.76
4188	413	TYMICKA ANNA	WARSZAWA		96	K20/198 (K)495	01:00:27	00:58:08	00:27:55	10.32
4189	412	TYMICKI ZBIGNIEW	WARSZAWA		69	M40/752 (M)3694	01:00:28	00:58:08	00:27:53	10.32
4190	227	SALWIN DAMIAN	WOLOMIN	PKO NA FB /	88	M20/1036 (M)3695	01:00:28	00:58:39	00:30:25	10.23
4191	1116	DĄBROWSKA ANNA	WARSZAWA		76	K30/204 (K)496	01:00:29	00:54:18	00:26:46	11.05
4192	3695	URBANIAK ANDRZEJ	OTWOCK		72	M30/1540 (M)3696	01:00:29	00:55:58	00:28:12	10.72
4193	987	SIDOROWICZ GRZEGORZ	MARKI		72	M30/1541 (M)3697	01:00:29	00:58:04	00:29:15	10.33
4194	1114	WOJTYŁA PIOTR	WARSZAWA		58	M50/272 (M)3698	01:00:30	00:56:24	00:28:27	10.64
4195	4849	GRABOWSKA KATARZYNA	WARSZAWA		71	K40/68 (K)497	01:00:31	00:59:03	00:28:26	10.16
4196	795	MOSAKOWSKI DARIUSZ	WARSZAWA		68	M40/753 (M)3699	01:00:31	00:56:26	00:28:23	10.63
4197	2296	MINAKOWSKA KATARZYNA	WARSZAWA		71	K40/69 (K)498	01:00:32	00:58:49	00:28:17	10.20
4198	1686	FAFARA PIOTR	WARSZAWA		72	M30/1542 (M)3700	01:00:33	00:55:25	00:27:45	10.83
4199	3540	BIALAS EMILIA	WARSZAWA		88	K20/199 (K)499	01:00:33	00:56:24	00:27:27	10.64
4200	2475	CHOJNACKI TOMASZ	BLONIE	EDC RUNNERS /	64	M40/754 (M)3701	01:00:34	00:55:05	00:27:07	10.89
4201	1855	WRONA JANUSZ	WARSZAWA		68	M40/755 (M)3702	01:00:34	00:55:36	00:28:44	10.79
4202	5566	SIDWIŃSKI MARCIN	WARSZAWA	BANK PEKAO /	82	M20/1037 (M)3703	01:00:35	00:55:33	00:27:56	10.80
4203	1020	NOWAK BOGDAN	WARSZAWA		58	M50/273 (M)3704	01:00:35	00:56:19	00:27:34	10.65
4204	6066	LIS JACEK	WARSZAWA		77	M30/1543 (M)3705	01:00:35	00:55:26	00:28:10	10.82
4205	6399	RADZIACH ILONA	WARSZAWA	FESTO TEAM /	71	K40/70 (K)500	01:00:35	00:56:12	00:28:32	10.68
4206	5782	GOLENIEWSKI PATRYK	OSSÓW		92	M20/1038 (M)3706	01:00:36	00:59:10	00:28:11	10.14
4207	4532	SAMBOROWSKI WIKTOR	WARSZAWA		88	M20/1039 (M)3707	01:00:37	00:59:51	00:30:35	10.03
4208	4333	SZCZEPAŃSKI SEBASTIAN	WARSZAWA		76	M30/1544 (M)3708	01:00:37	00:57:48	00:27:02	10.38
4209	226	UBYNIKU TAMARA	SULEJOWEK	PKO NA FB /	65	K40/71 (K)501	01:00:37	00:56:36	00:28:23	10.60
4210	1117	BUKOWSKA MONIKA	WARSZAWA	TEAM NUTRILITE /	68	K40/72 (K)502	01:00:37	00:59:40	00:29:23	10.06
4211	6993	ZAKRZEWSKI WOJCIECH	WARSZAWA	RAIFFEISEN LEASING RUNNERS /	76	M30/1545 (M)3709	01:00:37	00:56:15	00:27:29	10.67
4212	104	ZELER MAJA	WARSZAWA	WASA /	81	K30/205 (K)503	01:00:38	00:56:00	00:27:51	10.71
4213	341	SKIERKOWSKA MARZENA	KAMPINOS	BIALUTY TEAM /	71	K40/73 (K)504	01:00:38	00:57:57	00:28:22	10.35
4214	368	BENDER PATRYK	PRZEWORSK		87	K20/200 (K)505	01:00:39	00:55:57	00:28:39	10.72
4215	5628	NARKIEWICZ-JODKO RAFAL	WARSZAWA		74	M30/1546 (M)3710	01:00:39	00:57:31	00:27:36	10.43
4216	2204	SULIŃSKA MARLENA	PRUSZKÓW	LAFARGE GIPS /	80	K30/206 (K)506	01:00:39	00:57:49	00:28:42	10.38
4217	2895	MROCEK ANDRZEJ	WARSZAWA		68	M40/756 (M)3711	01:00:39	00:55:59	00:27:36	10.72
4218	4910	GIZIŃSKA ALINA	WARSZAWA	ŻÓŁWIE RUNNING TEAM /	73	K30/207 (K)507	01:00:40	00:56:22	00:27:31	10.64
4219	2879	WINNICKI SZYMON	WARSZAWA		96	M20/1040 (M)3712	01:00:40	00:57:35	00:29:06	10.42
4220	906	LEOSZKIEWICZ KRZYSZTOF	RUSIEC		75	M30/1547 (M)3713	01:00:40	00:56:52	00:28:17	10.55
4221	5162	CIACH PAWEŁ	SIERADZ		89	M20/1041 (M)3714	01:00:40	00:55:00	00:29:26	10.91
4222	6206	MARCINKOWSKI BOGUSŁAW	WARSZAWA	GEOSPORT PAŃSTWOWY INSTYTUT GEOLOGICZNY /	48	M60/61 (M)3715	01:00:41	00:56:08	00:27:41	10.69
4223	2057	KRAKOWIAK PAWEŁ	OTWOCK		86	M20/1042 (M)3716	01:00:41	00:58:23	00:32:35	10.28
4224	3632	NOWAK PIOTR	WARSZAWA	J@M TEAM /	72	M30/1548 (M)3717	01:00:42	00:55:45	00:27:41	10.76
4225	5311	BERDYS SEBASTIAN	CZĘSTOCHOWA	AMATOR /	77	M30/1549 (M)3718	01:00:43	00:57:43	00:28:27	10.40
4226	1994	IMIEŁOWSKA PATRYCJA	WARSZAWA	PKO_ /	85	K20/201 (K)508	01:00:43	01:00:35	00:30:10	9.90
4227	4917	BOJANOWSKI JAKUB	ZIELONKA	DELOITTE ADVENTURE TEAM /	67	M40/757 (M)3719	01:00:43	00:55:34	00:27:34	10.80
4228	3625	SCHEFFS WALDEMAR	ZABKI	AON /	62	M40/758 (M)3720	01:00:43	00:57:10	00:27:39	10.50
4229	1373	SZCZECIŃSKI JACEK	WARSZAWA	T-MOBILE RUNNING TEAM /	78	M30/1550 (M)3721	01:00:43	00:55:04	00:27:51	10.90
4230	5935	KOBIELA RAFAL	ZABKI		73	M30/1551 (M)3722	01:00:44	00:58:13	00:28:54	10.31
4231	2699	JESIONOWSKI MACIEJ	WARSZAWA	DELOITTE ADVENTURE TEAM /	83	M20/1043 (M)3723	01:00:44	00:55:51	00:29:04	10.74
4232	6435	PRZYBYŁKOWICZ JACEK	WARSZAWA	BSL TRUCK /	74	M30/1552 (M)3724	01:00:44	00:56:03	00:27:41	10.70
4233	196	SIEGERT MAKSYM			96	M20/1044 (M)3725	01:00:45	00:58:36	00:27:56	10.24
4234	6384	PRZYBYŁSKA MAŁGORZATA	SOCHACZEW	KM AKTYWNI SOCHACZEW /	69	K40/74 (K)509	01:00:45	00:56:30	00:28:41	10.62
4235	4145	CICHY JACEK	WARSZAWA		73	M30/1553 (M)3726	01:00:46	00:56:57	00:27:22	10.54
4236	4136	KUBIEŃ ROBERT	WARSZAWA		76	M30/1554 (M)3727	01:00:46	00:56:23	00:26:58	10.64
4237	856	KUCZEROWSKA ANNA	WARSZAWA		66	K40/75 (K)510	01:00:47	00:58:49	00:28:14	10.20
4238	3025	NEUBERT MAREK	WARSZAWA	BEZ PRZYNALEŻNOŚCI /	49	M60/62 (M)3728	01:00:47	00:55:44	00:27:07	10.77
4239	3597	ZAJĄC MARCIN	NADARZYN	STRATOSMEDIA WIĘCEJ FUNKU RALLY TEAM NAD /	86	M20/1045 (M)3729	01:00:47	00:54:06	00:26:28	11.09
4240	2473	KRAWCZYK TOMASZ	WARSZAWA		81	M30/1555 (M)3730	01:00:48	00:54:31	00:27:49	11.01
4241	4942	PEDA ELŻBIETA	ZALESIE GÓRNE	ALLAMANO /	72	K30/208 (K)511	01:00:48	00:59:32	00:29:34	10.08
4242	3883	STERNICKI JERZY	IZABELIN		61	M50/274 (M)3731	01:00:48	00:56:44	00:28:15	10.58

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<b>Miejsce Rank</b>	<b>Nr Bib</b>	<b>Nazwisko i imię Name</b>	<b>Miejscowość City</b>	<b>Drużyna / Klub Team / Club</b>	<b>R-k YoB</b>	<b>W kat. in Age</b>	<b>Wynik Time</b>	<b>Wynik netto</b>	<b>Wynik 5km</b>	<b>[km/h]</b>
4243	4134	GRANIEWSKI ANDRZEJ	WARSZAWA	BAK /	58	M50/275 (M)3732	01:00:49	00:55:19	00:28:00	10.85
4244	2133	MIESZAŁA JUSTYNA	WARSZAWA	ORANGE TEAM /	79	K30/209 (K)512	01:00:49	00:59:26	00:28:55	10.10
4245	1242	MACIEJCZUK JAKUB	WARSZAWA		73	M30/1556 (M)3733	01:00:49	00:56:02	00:28:06	10.71
4246	7484	DĄBROWSKI PRZEMEK	WARSZAWA		71	M40/759 (M)3734	01:00:49	00:57:37	00:28:38	10.41
4247	4501	DZIĘCIOŁOWSKA KAROLINA	WARSZAWA		78	K30/210 (K)513	01:00:49	00:58:44	00:30:12	10.22
4248	2226	OXENVAD RASMUSSEN CHRISTINA	WARSZAWA	AMBASADA DANII /	62	K40/76 (K)514	01:00:50	00:56:50	00:28:47	10.56
4249	1206	MROCZEK KATARZYNA	ŁĘŻYCE		88	K20/202 (K)515	01:00:50	00:56:36	00:27:56	10.60
4250	4564	GLINICKA AGATA	WARSZAWA	MILENIUM BANK /	79	K30/211 (K)516	01:00:51	00:55:51	00:27:39	10.74
4251	3951	MORAWSKA ANNA	WARSZAWA	ABC KONDYCJA /	53	K50/20 (K)517	01:00:51	00:56:15	00:27:58	10.67
4252	1388	SMOKOWSKA JOANNA	WARSZAWA		68	K40/77 (K)518	01:00:51	00:56:29	00:27:35	10.62
4253	3182	ROSIK EWELINA	SULEJÓWEK		83	K20/203 (K)519	01:00:51	00:55:37	00:28:55	10.79
4254	5004	SZARANIEC KRZYSZTOF	SOSNOWIEC		87	M20/1046 (M)3735	01:00:52	00:55:26	00:27:40	10.82
4255	3596	ZAJĄC JERZY	NADARZYN	STRATOSMEDIA WIĘCEJ FUNKU RALLY TEAM NAD /	53	M50/276 (M)3736	01:00:52	00:56:13	00:27:44	10.67
4256	5236	SAS-KULCZYCKI FILIP	WARSZAWA		95	M20/1047 (M)3737	01:00:52	01:00:35	00:35:58	9.90
4257	2865	PROC MICHAŁ	WARSZAWA		80	M30/1557 (M)3738	01:00:53	00:57:05	00:27:11	10.51
4258	4261	CHOJNACKI PAWEŁ	RADOM		77	M30/1558 (M)3739	01:00:53	00:57:13	00:28:53	10.49
4259	6809	WOŁOZYK PRZEMYSŁAW	TORUŃ	----- /	84	M20/1048 (M)3740	01:00:53	01:00:29	00:28:32	9.92
4260	1220	SZCZEPANIK HUBERT	WARSZAWA		78	M30/1559 (M)3741	01:00:54	00:56:09	00:29:33	10.69
4261	3864	SZULC PAWEŁ	WARSZAWA		66	M40/760 (M)3742	01:00:54	00:56:16	00:27:42	10.66
4262	5990	KOZIOL RADOSŁAW	OSTROWIEC		92	M20/1049 (M)3743	01:00:55	00:57:53	00:31:09	10.37
4263	4240	ZASUWA MACIEJ	OŻARÓW MAZOWIECKI	FANKLUB KACZORKA /	75	M30/1560 (M)3744	01:00:55	00:56:26	00:27:16	10.63
4264	2361	WACINOWSKI ARKADIUSZ		DZIELNICA WŁOCHY /	97	M20/1050 (M)3745	01:00:55	00:56:56	00:28:48	10.54
4265	5748	SZWANKE DANIEL	WARSZAWA		95	M20/1051 (M)3746	01:00:55	00:55:56	00:27:47	10.73
4266	6492	RACŁAWSKI MAREK	WARSZAWA		68	M40/761 (M)3747	01:00:56	00:56:00	00:27:57	10.71
4267	1446	WYSOCKA EWA	ELK		89	K20/204 (K)520	01:00:56	00:56:27	00:27:57	10.63
4268	1345	SKUMIAŁ BARTŁOMIEJ	WARSZAWA		96	M20/1052 (M)3748	01:00:57	00:56:20	00:26:48	10.65
4269	2963	WACŁAWSKA MARIA	WARSZAWA		79	K30/212 (K)521	01:00:57	00:56:47	00:27:02	10.57
4270	7497	LEKKI MAREK	WARSZAWA		79	M30/1561 (M)3749	01:00:58	00:57:07	00:28:06	10.50
4271	4919	CZUPRYN ANNA	WARSZAWA		65	K40/78 (K)522	01:00:59	00:58:22	00:29:42	10.28
4272	5432	CZARNECKI TOMASZ	WARSZAWA	ROBOTICS INVENTIONS /	79	M30/1562 (M)3750	01:00:59	00:56:48	00:29:36	10.56
4273	4772	GROCHAL MARTA	OWCZARNIA		91	K20/205 (K)523	01:00:59	00:59:56	00:29:03	10.01
4274	6052	LENARCZYK KAROLINA	WARSZAWA		90	K20/206 (K)524	01:00:59	00:56:31	00:27:44	10.62
4275	355	KURZYŃSKA EWA	WARSZAWA		64	K40/79 (K)525	01:00:59	01:00:51	00:29:12	9.86
4276	6550	SADOWSKI MAREK	WARSZAWA	ROBOTICS INVENTIONS /	72	M30/1563 (M)3751	01:01:00	00:55:46	00:28:20	10.76
4277	2203	BARTOSIEWICZ TOMASZ	WARSZAWA	LAFARGE GIPS /	86	M20/1053 (M)3752	01:01:00	00:58:08	00:28:42	10.32
4278	1082	BAŃSKA TOMASZ	WARSZAWA		79	M30/1564 (M)3753	01:01:00	00:55:46	00:27:13	10.76
4279	2123	STAŚKIEWICZ ADAM	SEROCK		89	M20/1054 (M)3754	01:01:01	00:55:39	00:29:27	10.78
4280	2195	BARTKOWICZ BARTŁOMIEJ	WARSZAWA		71	M40/762 (M)3755	01:01:01	00:54:07	00:27:42	11.09
4281	6401	TOKARSKI PAWEŁ	GRANICA		73	M30/1565 (M)3756	01:01:01	00:57:16	00:27:51	10.48
4282	2371	MATYJAS ŁUKASZ			11	(M)3757	01:01:02	00:56:03	00:27:54	10.70
4283	2623	SIENICKI TOMASZ	WARSZAWA	SKANDIA /	74	M30/1566 (M)3758	01:01:02	00:56:16	00:27:47	10.66
4284	4074	SKRODZKA ANNA	WARSZAWA		77	K30/213 (K)526	01:01:03	00:56:19	00:27:48	10.65
4285	4720	BOROWICZ JACEK	WARSZAWA		77	M30/1567 (M)3759	01:01:04	00:56:03	00:27:44	10.70
4286	6826	WYSOKIŃSKA MILENA	WARSZAWA		82	K20/207 (K)527	01:01:04	00:57:11	00:27:39	10.49
4287	1640	CICHY ANDRZEJ	WARSZAWA		81	M30/1568 (M)3760	01:01:04	00:55:31	00:27:44	10.81
4288	4531	LAMPARSKI ARTUR	WARSZAWA		77	M30/1569 (M)3761	01:01:04	00:54:50	00:28:49	10.94
4289	4123	NODZAK MARCIN	ŁÓDŹ		72	M30/1570 (M)3762	01:01:05	00:56:03	00:27:56	10.70
4290	3431	SARAMAK RAFAŁ	IZABELIN	KB TP /	70	M40/763 (M)3763	01:01:05	00:56:07	00:27:29	10.69
4291	5590	KALISKA MARTA	ŁOMIANKI		77	K30/214 (K)528	01:01:05	00:56:48	00:28:10	10.56
4292	3539	BODNER EMIL	WARSZAWA		79	M30/1571 (M)3764	01:01:05	01:00:05	00:29:01	9.99
4293	1734	JEDLIŃSKI RAFAŁ	WARSZAWA		75	M30/1572 (M)3765	01:01:06	00:58:43	00:30:35	10.22
4294	4722	KUŚMIERSKI JACEK	WARSZAWA	DYM URSUSS /	65	M40/764 (M)3766	01:01:07	00:56:05	00:27:24	10.70
4295	494	SOLIS RAFAŁ	RADZYMIN		82	M20/1055 (M)3767	01:01:07	00:55:41	00:27:44	10.78
4296	5211	STAŃCZAK AGNIESZKA	WARSZAWA	ACTIVESPORTS /	74	K30/215 (K)529	01:01:07	00:57:43	00:28:25	10.40
4297	2794	TWARDOWSKI ROBERT	RADOM		59	M50/277 (M)3768	01:01:07	01:00:11	00:28:19	9.97
4298	1851	DYMEL ANDRZEJ	WARSZAWA		52	M50/278 (M)3769	01:01:07	00:59:22	00:29:11	10.11

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Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna / Klub Team / Club	R-k YoB	W kat. in Age	Wynik Time	Wynik netto	Wynik 5km	[km/h]
4299	6171	MOLSKI WOJCIECH	WARSZAWA	BRAK /	61	M50/279 (M)3770	01:01:08	00:59:32	00:28:19	10.08
4300	294	GOTKOWICZ KACPER	WARSZAWA		83	M20/1056 (M)3771	01:01:08	00:58:23	00:30:33	10.28
4301	1852	LEWCZUK BARBARA	WARSZAWA		80	K30/216 (K)530	01:01:08	00:56:50	00:28:49	10.56
4302	5539	STĘPIEŃ PAWEŁ	MARKI		81	M30/1573 (M)3772	01:01:08	00:58:08	00:29:23	10.32
4303	3969	OLCZAK PIOTR	JAKTORÓW-KOLONIA		84	M20/1057 (M)3773	01:01:08	00:57:26	00:28:53	10.45
4304	4855	CHORZĘPA TOMASZ	MARKI		68	M40/765 (M)3774	01:01:09	00:54:58	00:28:14	10.92
4305	995	OLEŹDKI JANUSZ	WARSZAWA		56	M50/280 (M)3775	01:01:10	00:58:35	00:31:07	10.24
4306	5048	KOWALSKA ELŻBIETA	WARSZAWA		84	K20/208 (K)531	01:01:11	00:56:50	00:28:08	10.56
4307	5267	APANEL KRZYSZTOF	WROCLAW		75	M30/1574 (M)3776	01:01:12	00:56:11	00:27:44	10.68
4308	2049	DĄBROWSKA ANIA	ŁOMIANKI		75	K30/217 (K)532	01:01:12	00:58:13	00:29:21	10.31
4309	1642	MALEWICZ-PELCZYŃSKA ALICJA	POZNAŃ		72	K30/218 (K)533	01:01:13	00:56:30	00:27:44	10.62
4310	1418	MATUSIAK PRZEMEK	BIALA PODLASKA		77	M30/1575 (M)3777	01:01:13	00:57:47	00:28:15	10.38
4311	3712	KOT BOGUSŁAW	WARSZAWA	BRAK /	66	M40/766 (M)3778	01:01:14	00:56:12	00:27:21	10.68
4312	4597	ŻAK KRZYSZTOF	WARSZAWA		76	M30/1576 (M)3779	01:01:14	00:56:12	00:29:06	10.68
4313	5980	KOWALCZYK JAROSŁAW	OPOLE		78	M30/1577 (M)3780	01:01:15	00:59:02	00:28:03	10.16
4314	4711	KOTARBA MAŁGORZATA	WARSZAWA	AMWAY NUTRILITE TEAM /	75	K30/219 (K)534	01:01:15	00:57:25	00:28:12	10.45
4315	2480	GŁODEK JERZY	WARSZAWA	EDC RUNNERS /	85	M20/1058 (M)3781	01:01:15	00:56:50	00:28:32	10.56
4316	4496	BOJARSKA ANNA	OLSZTYN		78	K30/220 (K)535	01:01:15	00:55:31	00:27:30	10.81
4317	4305	BAŃKOWSKI MARCIN	WARSZAWA		73	M30/1578 (M)3782	01:01:15	00:56:37	00:27:50	10.60
4318	3131	TORRES TOMASZ	WARSZAWA		84	M20/1059 (M)3783	01:01:16	00:55:10	00:28:45	10.88
4319	3000	SZOSTEK AGNIESZKA	WARSZAWA		77	K30/221 (K)536	01:01:18	01:00:23	00:29:25	9.94
4320	4955	DRACHAL MACIEJ	WARSZAWA		76	M30/1579 (M)3784	01:01:18	00:58:51	00:28:58	10.20
4321	2796	SKŁODOWSKI PIOTR	KOLUSZKI	HYPERMEDIAISOBAR /	84	M20/1060 (M)3785	01:01:18	00:56:55	00:28:23	10.54
4322	435	ŁUPIŃSKI KAROL	ZAMBRÓW	RISZ TEAM /	89	M20/1061 (M)3786	01:01:18	00:56:23	00:27:44	10.64
4323	1554	RYBICKI HUBERT	WARSZAWA		85	M20/1062 (M)3787	01:01:18	00:56:06	00:28:02	10.70
4324	4122	KRZYŻANOWSKI JAN	WARSZAWA	2SMAKI.PL /	78	M30/1580 (M)3788	01:01:19	00:56:16	00:28:31	10.66
4325	2819	PERSKI MAREK	WARSZAWA		64	M40/767 (M)3789	01:01:19	00:56:30	00:28:28	10.62
4326	5708	BARTOSIEWICZ ANNA	RZESZÓW		67	K40/80 (K)537	01:01:19	00:56:13	00:28:17	10.67
4327	6893	GRABOWSKA PAULINA	WARSZAWA		79	K30/222 (K)538	01:01:20	00:57:20	00:28:48	10.47
4328	1897	SZCZYGIEL ŁUKASZ	WARSZAWA		83	M20/1063 (M)3790	01:01:20	00:56:54	00:29:02	10.54
4329	3635	MAJ MACIEJ	WARSZAWA	RUN IS FUN /	94	M20/1064 (M)3791	01:01:20	00:58:15	00:28:21	10.30
4330	4371	KRZOSEK KRZYSZTOF	WARSZAWA	ANIOLKI MONKEYIIIIIIIEGO /	82	M20/1065 (M)3792	01:01:20	00:55:17	00:27:47	10.85
4331	4463	SKOCZYŁAS CEZARY	LUBLIN		87	M20/1066 (M)3793	01:01:21	00:58:12	00:28:41	10.31
4332	6935	CHAZANOW ADAM	WARSZAWA		73	M30/1581 (M)3794	01:01:21	00:56:50	00:27:46	10.56
4333	2728	CUPRYŚ ANNA-MARIA		RBS BANK /	78	K30/223 (K)539	01:01:21	00:56:20	00:27:33	10.65
4334	5643	PAWLAK KAROL	WARSZAWA		79	M30/1582 (M)3795	01:01:21	00:55:44	00:29:00	10.77
4335	3896	RADZIEJOWSKA ANNA	WARSZAWA		76	K30/224 (K)540	01:01:22	00:57:09	00:28:27	10.50
4336	6937	COWAN OLIVER	CARLISLE		88	M20/1067 (M)3796	01:01:22	00:56:51	00:27:46	10.55
4337	5131	TOMASZEWSKI MACIEJ	WARSZAWA		76	M30/1583 (M)3797	01:01:23	00:57:22	00:27:41	10.46
4338	434	KOŁACZ WOJCIECH	WARSZAWA	RISZ TEAM /	90	M20/1068 (M)3798	01:01:23	00:56:27	00:27:45	10.63
4339	6814	WÓJCIK BARBARA	WARSZAWA		90	K20/209 (K)541	01:01:24	00:56:59	00:29:01	10.53
4340	2722	KAKOL ANJA		RBS BANK /	83	K20/210 (K)542	01:01:24	00:56:53	00:27:55	10.55
4341	5364	BOSKY PAWEŁ	WARSZAWA	PRZEPISYWANIE.PL /	69	M40/768 (M)3799	01:01:24	00:58:21	00:27:43	10.28
4342	6813	WÓJCIK ROBERT	WARSZAWA		82	M20/1069 (M)3800	01:01:24	00:56:59	00:29:00	10.53
4343	6076	ŁAGOŹNY WOJCIECH	SKARŻYSKO-KAM		68	M40/769 (M)3801	01:01:25	00:57:27	00:29:56	10.44
4344	2071	KUREK WITOLD	WARSZAWA		82	M20/1070 (M)3802	01:01:25	00:54:31	00:27:42	11.01
4345	3769	LESNER PRZEMEK	BLIZNE	AZS WAT WARSZAWA /	70	M40/770 (M)3803	01:01:25	00:55:27	00:29:09	10.82
4346	2602	DOBRYZCKI ROBERT	KOBYŁKA	DOWÓDZTWO GARNIZONU WARSZAWA /	73	M30/1584 (M)3804	01:01:25	00:58:56	00:28:30	10.18
4347	3154	OSUCH MICHAŁ	GDYNIA	SFC ASPOLECZNI /	84	M20/1071 (M)3805	01:01:26	00:56:10	00:28:19	10.68
4348	1797	BOBROVSKA NATALY	ZUGERS, UKRAINA	ICHF / NOBLESSE /	82	K20/211 (K)543	01:01:26	00:55:14	00:27:10	10.86
4349	5459	DOBRYZCKA KAMILA	KOBYŁKA		74	K30/225 (K)544	01:01:26	00:58:56	00:28:30	10.18
4350	1914	JAKUBISIAK GRZEGORZ	GRÓJEC	AKTYWNI GRÓJEC /	76	M30/1585 (M)3806	01:01:27	00:58:25	00:31:09	10.27
4351	1907	RADZIO BARTOSZ	GRÓJEC		75	M30/1586 (M)3807	01:01:27	00:55:57	00:28:42	10.72
4352	1908	ŁACH MARCIN	GRÓJEC		78	M30/1587 (M)3808	01:01:27	00:55:57	00:28:43	10.72
4353	6489	SZYMAŃSKI MARCIN	WARSZAWA		76	M30/1588 (M)3809	01:01:28	00:57:47	00:28:25	10.38
4354	2900	CHODYRA-PIAST ZUZANNA	WARSZAWA		73	K30/226 (K)545	01:01:28	00:56:13	00:28:46	10.67
4355	3175	DREBOT TOMASZ	WARSZAWA		79	M30/1589 (M)3810	01:01:29	00:55:49	00:28:16	10.75

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Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna / Klub Team / Club	R-k YoB	W kat. in Age	Wynik Time	Wynik netto	Wynik 5km	[km/h]
4356	1977	STAŃCZAK MAŁGORZATA	LEGIONOWO	PKO_ /	74	K30/227 (K)546	01:01:29	01:01:02	00:28:54	9.83
4357	4579	SIENKIEWICZ RADOSŁAW	WARSZAWA		78	M30/1590 (M)3811	01:01:29	00:58:36	00:28:30	10.24
4358	3212	WYSOCKI MARCIN	WARSZAWA		73	M30/1591 (M)3812	01:01:29	00:57:16	00:29:04	10.48
4359	2993	BARLIK ARTUR	WARSZAWA		85	M20/1072 (M)3813	01:01:29	00:56:35	00:30:41	10.60
4360	6406	DUBIELECKI LUKASZ	WOLICA	BIEGAMY Z OCHOTĄ /	78	M30/1592 (M)3814	01:01:29	00:59:20	00:28:03	10.11
4361	3647	GULIŃSKI NORBERT	WARSZAWA		74	M30/1593 (M)3815	01:01:31	00:56:12	00:27:55	10.68
4362	2542	WALASZCZYK PAWEŁ	PIASECZNO		60	M50/281 (M)3816	01:01:31	00:56:17	00:28:34	10.66
4363	2543	KOWALCZYK AGNIESZKA	WARSZAWA		74	K30/228 (K)547	01:01:31	00:57:24	00:29:41	10.45
4364	1100	BURCHET TADEUSZ	MARKI		91	M20/1073 (M)3817	01:01:31	00:57:25	00:27:26	10.45
4365	399	ŁACHĘTA JERZY	WARSZAWA		61	M50/282 (M)3818	01:01:31	00:56:25	00:27:49	10.64
4366	580	KOŚCIANIUK ANDRZEJ	WARSZAWA		72	M30/1594 (M)3819	01:01:31	00:59:58	00:29:09	10.01
4367	3449	TOMOŃ MIROSLAW	WARSZAWA		76	M30/1595 (M)3820	01:01:32	00:57:58	00:27:55	10.35
4368	2600	WÓJCİK RAFAŁ	ŁOMIANKI	AGR WELODROM /	95	M20/1074 (M)3821	01:01:32	00:56:43	00:28:59	10.58
4369	1386	MAĆKOWSKI HUBERT	WARSZAWA		78	M30/1596 (M)3822	01:01:33	00:58:04	00:28:08	10.33
4370	1360	TABOR TOMASZ	WOŁOMIN	BRAK /	77	M30/1597 (M)3823	01:01:33	00:55:31	00:27:42	10.81
4371	5365	BOŻEK KATARZYNA	DYWITY		77	K30/229 (K)548	01:01:33	00:56:45	00:29:34	10.57
4372	6262	NOWAK IWONA	DYWITY		77	K30/230 (K)549	01:01:33	00:56:45	00:29:34	10.57
4373	2478	KRZEMIEŃ-OJAK PAWEŁ	SULEJÓWEK	EDC RUNNERS /	55	M50/283 (M)3824	01:01:34	00:55:35	00:27:50	10.79
4374	1188	MAZURUK MACIEJ	WARSZAWA	AWAO /	70	M40/771 (M)3825	01:01:35	00:56:32	00:28:31	10.61
4375	4327	GROMADKA JAKUB	WARSZAWA		90	M20/1075 (M)3826	01:01:35	00:56:13	00:29:16	10.67
4376	2844	WASILEWSKI STANISŁAW	WARSZAWA		74	M30/1598 (M)3827	01:01:35	01:00:25	00:29:24	9.93
4377	4369	PUZYŃSKI JAKUB	WARSZAWA	ANIOŁKI MONKEY /	83	M20/1076 (M)3828	01:01:35	00:57:13	00:30:09	10.49
4378	6842	ZAWIŁA MACIEJ	WARSZAWA		83	M20/1077 (M)3829	01:01:35	00:56:53	00:29:31	10.55
4379	5400	CHRZĄSZCZ KRZYSZTOF	WARSZAWA		80	M30/1599 (M)3830	01:01:35	00:56:58	00:27:34	10.53
4380	2341	WAŁĘGA EDMUND	WARSZAWA		43	M60/63 (M)3831	01:01:36	01:01:21	00:30:13	9.78
4381	3664	KAROLCZAK MACIEJ	WARSZAWA		54	M50/284 (M)3832	01:01:36	00:56:45	00:27:35	10.57
4382	4284	ŁUCZYSZYN TOMASZ	GŁOSKÓW		77	M30/1600 (M)3833	01:01:36	01:00:40	00:28:50	9.89
4383	4887	ŻURAWSKI WOJCIECH	JULIANÓW	ZARZĄD /	80	M30/1601 (M)3834	01:01:36	00:56:51	00:27:40	10.55
4384	6557	SALSKA MAŁGORZATA	ŻYRARDÓW		69	K40/81 (K)550	01:01:37	00:53:16	00:24:07	11.26
4385	4951	WILK ANNA	WIELICZKA		82	K20/212 (K)551	01:01:37	00:57:24	00:29:53	10.45
4386	1860	DYMEL PIOTR	WARSZAWA		52	M50/285 (M)3835	01:01:37	00:58:51	00:29:02	10.20
4387	6629	STAROSTA RYSZARD	POZNAŃ		89	M20/1078 (M)3836	01:01:38	00:58:36	00:28:40	10.24
4388	85	BOGUĆKA PATRYCJA	KONSTANCIN-JEZIORNA	ASICS /	86	K20/213 (K)552	01:01:38	00:58:32	00:30:20	10.25
4389	899	KUKLA ANNA	WARSZAWA		70	K40/82 (K)553	01:01:38	00:56:43	00:29:37	10.58
4390	3095	PIESTRZENIEWICZ MARCIN	WARSZAWA		76	M30/1602 (M)3837	01:01:40	00:57:22	00:28:15	10.46
4391	3292	LIS AGATA	HALINÓW		77	K30/231 (K)554	01:01:40	00:56:40	00:27:31	10.59
4392	228	SAWCZENKO GRZEGORZ	WOŁOMIN	PKO NA FB /	85	M20/1079 (M)3838	01:01:40	00:56:04	00:28:18	10.70
4393	3041	KOŁODZIEJ PAWEŁ	JÓZEFÓW		66	M40/772 (M)3839	01:01:42	00:58:48	00:29:19	10.20
4394	3042	STAROSZ AGNIESZKA	WARSZAWA		87	K20/214 (K)555	01:01:42	00:58:50	00:29:20	10.20
4395	84	MAKOSA EWELINA	KONSTANCIN-JEZIORNA	ASICS /	86	K20/215 (K)556	01:01:43	00:58:36	00:30:20	10.24
4396	1474	BONDARCZYK ANITA	WARSZAWA	HENKEL RUNNING TEAM /	84	K20/216 (K)557	01:01:44	00:57:12	00:29:32	10.49
4397	6720	TRZECIAKIEWICZ KATARZYNA	RACISZYN	OWCZAREK TEAM /	91	K20/217 (K)558	01:01:44	00:57:30	00:27:58	10.43
4398	2560	STYPA JERZY	GRODZISK MAZOWIECKI		63	M40/773 (M)3840	01:01:44	00:56:58	00:29:09	10.53
4399	4061	DRZEWIECKI PIOTR	ZĘGRZE	CSLII ZĘGRZE /	67	M40/774 (M)3841	01:01:45	00:59:38	00:28:30	10.06
4400	2656	AMAROWICZ-PIETRASIEWICZ JULIA	WARSZAWA		80	K30/232 (K)559	01:01:45	00:57:45	00:28:48	10.39
4401	2530	SŁOWIK LUKASZ	PRUSZKÓW	MAFIA /	82	M20/1080 (M)3842	01:01:45	00:57:35	00:27:45	10.42
4402	4601	MALISZEWSKA MARTA	WARSZAWA	OBOZYBIEGOWE.PL /	78	K30/233 (K)560	01:01:45	00:58:24	00:28:36	10.27
4403	2504	PIÓRKOWSKI DARIUSZ	WARSZAWA		59	M50/286 (M)3843	01:01:46	00:56:27	00:29:09	10.63
4404	6600	SMAGA ANNA	WARSZAWA		69	K40/83 (K)561	01:01:46	00:56:56	00:27:35	10.54
4405	4032	GAJKOWSKI MACIEJ	WARSZAWA		74	M30/1603 (M)3844	01:01:46	00:56:04	00:27:08	10.70
4406	2951	ŚMIERZYCKI JAROSŁAW	WARSZAWA		69	M40/775 (M)3845	01:01:47	00:56:37	00:28:21	10.60
4407	1577	PIETRANIK PAWEŁ	PRUSZKÓW		86	M20/1081 (M)3846	01:01:48	00:57:04	00:28:22	10.51
4408	1656	MARSZAŁEK ANETA	WARSZAWA		86	K20/218 (K)562	01:01:48	00:57:05	00:28:23	10.51
4409	4629	GODLEWSKI KRZYSZTOF	ÓLTARZE GOŁĄCZE	OSP ÓLTARZE GOŁĄCZE /	73	M30/1604 (M)3847	01:01:48	00:56:36	00:28:51	10.60
4410	2497	SPOCZYŃSKI MICHAŁ	WARSZAWA	PLAY /	73	M30/1605 (M)3848	01:01:49	00:58:06	00:28:04	10.33
4411	1802	SOLARSKI JĘDRZEJ	WARSZAWA	ICHF / NOBLESSE /	79	M30/1606 (M)3849	01:01:49	00:57:14	00:29:19	10.48

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Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna / Klub Team / Club	R-k YoB	W kat. in Age	Wynik Time	Wynik netto	Wynik 5km	[km/h]
4412	770	KOŁOSIONEK DOROTA	WARSZAWA		87	K20/219 (K)563	01:01:49	00:57:42	00:28:20	10.40
4413	6186	MURACH ROBERT	WARSZAWA		74	M30/1607 (M)3850	01:01:49	00:55:55	00:28:46	10.73
4414	3439	MAGALSKI PIOTR	OLSZTYN	KB TP /	73	M30/1608 (M)3851	01:01:50	00:55:13	00:28:48	10.87
4415	5149	LEWCZYŃSKI JERZY	WARSZAWA	NIEZRZESZONY /	62	M40/776 (M)3852	01:01:50	00:56:36	00:28:36	10.60
4416	1378	MAŁACHOWSKI SŁAWOMIR	WARSZAWA	SSRL /	65	M40/777 (M)3853	01:01:50	00:59:02	00:28:47	10.16
4417	990	POPLAWSKI MARCIN	HALINÓW		76	M30/1609 (M)3854	01:01:50	00:58:07	00:29:01	10.32
4418	1826	PIASECKA AGATA	CIECHANÓW		64	K40/84 (K)564	01:01:51	00:58:44	00:29:27	10.22
4419	6787	WITKOWSKA EDYTA	SOCHACZEW	KM AKTYWNI SOCHACZEW /	75	K30/234 (K)565	01:01:51	00:57:36	00:28:42	10.42
4420	3608	MILLER AGNIESZKA	WARSZAWA		79	K30/235 (K)566	01:01:52	00:59:22	00:29:08	10.11
4421	5589	MUCHOROWSKI KRZYSZTOF	WARSZAWA		66	M40/778 (M)3855	01:01:52	00:56:38	00:28:23	10.59
4422	6835	ZARĘBA DOMINIK	MIŃSK MAZOWIECKI	TEAM NUTRILITE /	81	M30/1610 (M)3856	01:01:53	00:57:17	00:26:52	10.47
4423	1862	LACHOWSKA AGNIESZKA	WARSZAWA		85	K20/220 (K)567	01:01:53	00:57:48	00:28:44	10.38
4424	1863	KOWALCZYK KAMIL	WARSZAWA	CF CEFARM SA /	84	M20/1082 (M)3857	01:01:53	00:57:48	00:28:44	10.38
4425	4411	PIETRZYK KATARZYNA	WARSZAWA		91	K20/221 (K)568	01:01:54	00:57:11	00:28:28	10.49
4426	1647	KOLAŃCZYK PAULINA	WARSZAWA	ALETEMPO /	80	K30/236 (K)569	01:01:54	00:59:06	00:29:04	10.15
4427	5941	KOLAŃCZYK KRYSZYNA	POZNAŃ		46	K60/3 (K)570	01:01:54	00:59:05	00:29:04	10.16
4428	154	FUSEK WOJCIECH	WARSZAWA	GW /	63	M40/779 (M)3858	01:01:55	00:56:59	00:28:08	10.53
4429	2581	RADWAŃSKI JACEK	WARSZAWA		71	M40/780 (M)3859	01:01:56	00:56:47	00:29:01	10.57
4430	3921	SKOWROŃSKI ADAM	REMBELSZCZYŻNA		92	M20/1083 (M)3860	01:01:56	00:56:46	00:28:13	10.57
4431	1107	ŁUKASIAK PAWEŁ	WARSZAWA		82	M20/1084 (M)3861	01:01:57	01:00:37	00:29:07	9.90
4432	5703	BABIŃSKI JERZY	NADARZYN		60	M50/287 (M)3862	01:01:57	00:59:36	00:29:43	10.07
4433	5319	BIAŁOGRODZKA MARIOLA	PIASECZNO	BIARKEM CLUB PIASECZNO /	87	K20/222 (K)571	01:01:57	00:59:36	00:29:43	10.07
4434	6025	KUCHARCZYK JAKUB	KIELCE	AZS KRAKOWSKA AKADEMIA IM. ANDRZEJA FRYC /	89	M20/1085 (M)3863	01:01:57	00:58:35	00:30:06	10.24
4435	6234	PŁATKOWSKI KRZYSZTOF	TORUŃ		94	M20/1086 (M)3864	01:01:58	00:56:59	00:27:02	10.53
4436	1709	CZECHOWSKI JERZY	WARSZAWA		49	M60/64 (M)3865	01:01:58	00:56:54	00:27:33	10.54
4437	2713	ŁUKASZEWICZ KRZYSZTOF		RBS BANK /	83	M20/1087 (M)3866	01:01:58	00:58:18	00:30:28	10.29
4438	1346	AMBROZIAK ROBERT	WARSZAWA		69	M40/781 (M)3867	01:01:59	00:59:35	00:29:31	10.07
4439	1763	KOPYŚ JERZY	WARSZAWA		58	M50/288 (M)3868	01:01:59	00:57:13	00:29:06	10.49
4440	6936	CEBARTOWSKI PATRYK	RADOM	P-CREW /	82	M20/1088 (M)3869	01:01:59	00:55:40	00:27:49	10.78
4441	3918	CIESIELSKI MARCIN	WARSZAWA		70	M40/782 (M)3870	01:01:59	00:56:52	00:27:52	10.55
4442	4143	SALONI-SADOWSKA MARIA	WARSZAWA	BIEGAMY Z OCHOTĄ /	71	K40/85 (K)572	01:02:00	00:57:24	00:28:30	10.45
4443	1597	GRABEK ANNA	WARSZAWA		75	K30/237 (K)573	01:02:00	00:58:18	00:28:33	10.29
4444	660	FOGEL PIOTR	KRUPIA WÓLKA		68	M40/783 (M)3871	01:02:01	00:58:52	00:29:05	10.19
4445	5884	JODEŁKA PIOTR	ŁÓDŹ	FUN-RUN TEAM /	81	M30/1611 (M)3872	01:02:02	00:59:11	00:28:46	10.14
4446	3419	PAŻ HUBERT	MARKI		93	M20/1089 (M)3873	01:02:02	00:59:21	00:27:49	10.11
4447	2958	MARCZAK GRAŻYNA	WARSZAWA		53	K50/21 (K)574	01:02:02	00:58:09	00:29:07	10.32
4448	5064	PAJKOWSKA JOANNA	WARSZAWA		58	K50/22 (K)575	01:02:03	01:00:52	00:29:14	9.86
4449	4086	GAJEWSKI ŁUKASZ	WARSZAWA		76	M30/1612 (M)3874	01:02:03	01:01:43	00:29:00	9.72
4450	2990	BUCIOR TYMOTEUSZ	WARSZAWA		87	M20/1090 (M)3875	01:02:03	00:59:22	00:27:49	10.11
4451	1817	CHODUBSKA EWA	CIECHANÓW		68	K40/86 (K)576	01:02:03	00:58:57	00:29:28	10.18
4452	5772	GLAZOWSKI MAREK	WARSZAWA		72	M30/1613 (M)3876	01:02:03	00:58:33	00:28:15	10.25
4453	2168	PRZYBYŚLAWSKA IZABELA		ACTION /	79	K30/238 (K)577	01:02:03	00:57:44	00:29:30	10.39
4454	3312	WOŁOWSKA KATARZYNA	WARSZAWA		81	K30/239 (K)578	01:02:03	00:58:47	00:28:57	10.21
4455	6857	ZIÓŁKOWSKI JĘDRZEJ	WARSZAWA		83	M20/1091 (M)3877	01:02:04	00:57:43	00:28:09	10.40
4456	1150	SZUBKA KRZYSZTOF	WOŁOMIN		63	M40/784 (M)3878	01:02:04	00:56:59	00:28:03	10.53
4457	1637	STAROBRAĆ KATARZYNA	WARSZAWA		69	K40/87 (K)579	01:02:04	01:00:53	00:30:25	9.85
4458	1638	STAROBRAĆ ARKADIUSZ	WARSZAWA	ALETEMPO /	68	M40/785 (M)3879	01:02:04	01:00:53	00:30:25	9.85
4459	4784	NAZAROVA ALLA	WARSZAWA		69	K40/88 (K)580	01:02:04	01:00:17	00:30:20	9.95
4460	1451	BRUSZKIEWICZ MIROSLAW	LEGIONOWO	NIE NALEŻY /	65	M40/786 (M)3880	01:02:05	00:57:23	00:28:38	10.46
4461	6721	TUSIŃSKI ŁUKASZ	WARSZAWA	POLONIA WARSZAWA MTB /	81	M30/1614 (M)3881	01:02:05	00:56:53	00:27:18	10.55
4462	5582	WITKOWICZ TOMASZ	WARSZAWA		82	M20/1092 (M)3882	01:02:06	00:56:53	00:28:49	10.55
4463	2899	KARŁOWSKI KAROL	WARSZAWA		80	M30/1615 (M)3883	01:02:06	00:56:52	00:28:48	10.55
4464	726	ADAMIEC ARTUR	WARSZAWA		66	M40/787 (M)3884	01:02:06	00:57:10	00:28:27	10.50
4465	6883	FILIPOWICZ ARTUR	KALISZ		91	M20/1093 (M)3885	01:02:06	00:59:35	00:30:54	10.07
4466	3772	JASZCZAK DOMINIKA	WINNICA	LIDER WINNICA /	94	K20/223 (K)581	01:02:06	00:57:45	00:28:25	10.39
4467	3153	CYBULSKA MALGORZATA	WARSZAWA		78	K30/240 (K)582	01:02:07	00:56:28	00:28:27	10.63

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Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna / Klub Team / Club	R-k W kat. YoB in Age	Wynik Time	Wynik netto	Wynik 5km	[km/h]
4468	3768	BRYŚKIEWICZ JACEK	WINNICA	LIDER WINNICA /	83 M20/1094 (M)3886	01:02:07	00:57:46	00:28:25	10.39
4469	2230	LOLCK JACOB	WARSZAWA	AMBASADA DANII /	83 M20/1095 (M)3887	01:02:08	00:55:54	00:28:26	10.73
4470	3411	BOROWSKI MICHAŁ	WARSZAWA		89 M20/1096 (M)3888	01:02:08	00:57:18	00:27:52	10.47
4471	3098	MOSKWA GRZEGORZ	WARSZAWA		77 M30/1616 (M)3889	01:02:08	00:58:37	00:28:57	10.24
4472	1569	WECZERKA ADAM	WARSZAWA		93 M20/1097 (M)3890	01:02:09	01:00:15	00:27:45	9.96
4473	3867	OCIESA EWA	WARSZAWA		72 K30/241 (K)583	01:02:09	00:57:37	00:28:18	10.41
4474	3420	WARDZIŃSKI ŁUKASZ	WARSZAWA		84 M20/1098 (M)3891	01:02:09	00:57:27	00:28:39	10.44
4475	5310	BENTYN ALEKSANDRA	OTRĘBUSY		93 K20/224 (K)584	01:02:09	00:57:50	00:29:56	10.37
4476	6187	MUSIAŁ MACIEJ	OTRĘBUSY	KOCHAM_OLĘ /	87 M20/1099 (M)3892	01:02:09	00:59:51	00:31:59	10.03
4477	4609	MATYSIAK ANDRZEJ	WARSZAWA	T-MOBILERUNNINGTEAM /	71 M40/788 (M)3893	01:02:09	00:57:09	00:27:32	10.50
4478	1377	WINNICKI ŁUKASZ	WARSZAWA		87 M20/1100 (M)3894	01:02:10	00:58:45	00:27:53	10.21
4479	4109	ZAJĄKAŁA MICHAŁ	JÓZEFOSŁAW		75 M30/1617 (M)3895	01:02:10	00:57:46	00:27:34	10.39
4480	6980	BŁASZCZYK SŁAWOMIR	WARSZAWA	HAPPY CARP TEAM /	67 M40/789 (M)3896	01:02:10	00:58:09	00:28:39	10.32
4481	6748	WASILEWSKA RÓŻA	BIAŁA PODLASKA		84 K20/225 (K)585	01:02:10	00:56:17	00:28:33	10.66
4482	3521	RASZTAWICKI DARIUSZ	ZIELONKA	LECHICI ZIELONKA /	81 M30/1618 (M)3897	01:02:10	00:57:46	00:29:22	10.39
4483	3863	OCIESA BARTŁOMIEJ	WARSZAWA		73 M30/1619 (M)3898	01:02:10	00:57:38	00:28:16	10.41
4484	3227	KOWALCZYK TOMASZ	WARSZAWA		74 M30/1620 (M)3899	01:02:11	00:56:58	00:28:10	10.53
4485	3519	KUGACZ JACEK	ZIELONKA		74 M30/1621 (M)3900	01:02:11	00:57:47	00:29:23	10.38
4486	3620	PODRADZIŃSKA ILONA	WARSZAWA		83 K20/226 (K)586	01:02:11	00:56:06	00:28:42	10.70
4487	4950	WILK KINGA	WIELICZKA		77 K30/242 (K)587	01:02:11	00:57:58	00:29:53	10.35
4488	2714	KUROPATWIŃSKI ANDRZEJ		RBS BANK /	81 M30/1622 (M)3901	01:02:12	00:59:10	00:31:00	10.14
4489	2095	LESZCZYŃSKA EMILIA	RACIĄŻ		87 K20/227 (K)588	01:02:12	00:57:23	00:28:01	10.46
4490	2842	MATCZUK JOLANTA	PIASECZNO		67 K40/89 (K)589	01:02:12	00:53:41	00:24:20	11.18
4491	5915	KERNER AGNIESZKA	WARSZAWA		77 K30/243 (K)590	01:02:12	00:58:35	00:28:33	10.24
4492	2269	GRYGOLEC MIROSLAW	PIASTÓW	HP RUN /	68 M40/790 (M)3902	01:02:13	00:58:43	00:29:23	10.22
4493	5545	BRYM PAULINA	WARSZAWA		84 K20/228 (K)591	01:02:13	00:58:18	00:29:33	10.29
4494	2241	KOKOSZKA TYMON	WARSZAWA	AMBASADA DANII /	89 M20/1101 (M)3903	01:02:13	00:56:38	00:28:58	10.59
4495	6767	WIELEBA PIOTR	WARSZAWA		81 M30/1623 (M)3904	01:02:14	00:59:00	00:29:26	10.17
4496	3761	RÓŻYCKI MACIEJ	WARSZAWA		69 M40/791 (M)3905	01:02:14	00:58:46	00:29:45	10.21
4497	5504	DUBIEL MONIKA	WARSZAWA		79 K30/244 (K)592	01:02:14	00:58:58	00:29:10	10.18
4498	3056	ROZPARA DANIEL	SKIERNIEWICE		79 M30/1624 (M)3906	01:02:15	00:57:10	00:27:33	10.50
4499	3423	ZAJĄCZKOWSKA JOANNA	WARSZAWA	KB TP /	65 K40/90 (K)593	01:02:15	00:57:33	00:27:44	10.43
4500	5382	BUSZKIEWICZ MIROSLAW	LIPSKO		78 M30/1625 (M)3907	01:02:15	00:59:06	00:29:17	10.15
4501	5249	PODRAZA LESZEK	WARSZAWA		79 M30/1626 (M)3908	01:02:16	00:58:16	00:27:54	10.30
4502	3834	KAPUSTA SYLWIA	WARSZAWA	AXA RUNNING TEAM /	82 K20/229 (K)594	01:02:16	00:53:25	00:25:18	11.23
4503	4050	BOGDAŃSKA KATARZYNA	WARSZAWA		87 K20/230 (K)595	01:02:16	00:57:48	00:29:16	10.38
4504	1792	MANCEWICZ BARBARA	WARSZAWA	KB. JOGGER NOWY DWÓR MAZOWIECKI /	86 K20/231 (K)596	01:02:16	01:00:24	00:28:14	9.93
4505	2337	GRABIŃSKA MONIKA		CROSS WARSZAWA /	79 K30/245 (K)597	01:02:16	00:57:49	00:28:48	10.38
4506	6503	RAPACZ MATEUSZ	KRAKÓW		88 M20/1102 (M)3909	01:02:16	00:56:16	00:28:32	10.66
4507	5766	GAWROŃSKI GRZEGORZ	OSTROWIEC		64 M40/792 (M)3910	01:02:17	00:59:08	00:29:17	10.15
4508	3028	AMBROSZKIEWICZ ANNA	WARSZAWA		83 K20/232 (K)598	01:02:18	00:57:38	00:28:11	10.41
4509	306	GRACZYK WOJCIECH	WARSZAWA		67 M40/793 (M)3911	01:02:18	01:01:38	00:29:11	9.73
4510	594	BUKOWSKA ANNA	WARSZAWA	ŚCIEŻKI BIEGOWE POLE MOKOTOWSKIE /	75 K30/246 (K)599	01:02:18	00:56:38	00:28:29	10.59
4511	5229	GROCHOWSKI MARCIN	WARSZAWA		74 M30/1627 (M)3912	01:02:19	00:58:44	00:29:01	10.22
4512	4679	LIS KAROL	WARSZAWA		81 M30/1628 (M)3913	01:02:19	00:56:27	00:28:45	10.63
4513	4250	NOWAKOWSKI MACIEJ	WARSZAWA		80 M30/1629 (M)3914	01:02:19	00:55:39	00:28:37	10.78
4514	4895	KOWALCZYK ANNA	KRUPIA WÓLKA		76 K30/247 (K)600	01:02:19	00:59:49	00:28:23	10.03
4515	2077	GODNIAK SÖREN	WARSZAWA	TEAM NUTRILITE /	87 M20/1103 (M)3915	01:02:20	00:57:58	00:28:20	10.35
4516	2959	KAMIANOWSKI MIROSLAW	WARSZAWA		58 M50/289 (M)3916	01:02:21	00:59:45	00:28:38	10.04
4517	2075	SOBCZYK ADAM	KIELCE	TEAM NUTRILITE /	64 M40/794 (M)3917	01:02:21	00:57:59	00:28:20	10.35
4518	4101	SZYMAŃSKI GRZEGORZ	WARSZAWA		81 M30/1630 (M)3918	01:02:21	00:55:52	00:28:14	10.74
4519	3023	NOWAK PRZEMYSŁAW	PRUSZKÓW		80 M30/1631 (M)3919	01:02:21	00:57:13	00:28:54	10.49
4520	4825	SZEWICZYK KRZYSZTOF	WARSZAWA		83 M20/1104 (M)3920	01:02:21	00:56:52	00:27:06	10.55
4521	1877	WOLIŃSKI RAFAŁ	PRUSZKÓW	DLL /	73 M30/1632 (M)3921	01:02:21	00:58:27	00:28:02	10.27
4522	4010	SZKOPEK KAROLINA	OLSZTYN		84 K20/233 (K)601	01:02:22	00:57:50	00:30:35	10.37
4523	5619	JASTRZĘBSKA ANNA	WYSZKÓW		84 K20/234 (K)602	01:02:22	00:58:51	00:29:21	10.20
4524	5959	KOPROWSKI ZBIGNIEW	RAWA MAZOWIECKA		56 M50/290 (M)3922	01:02:22	01:00:26	00:29:45	9.93

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Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna / Klub Team / Club	R-k W kat. YoB in Age	Wynik Time	Wynik netto	Wynik 5km	[km/h]
4525	1249	SIERZPUTOWSKA IZABELLA	GRODZISK MAZOWIECKI	UMISIE /	75 K30/248 (K)603	01:02:22	00:57:49	00:28:27	10.38
4526	715	STOLARCZYK STANISŁAW	TŁUSZCZ	BÓBR TŁUSZCZ /	43 M60/65 (M)3923	01:02:22	00:57:04	00:28:19	10.51
4527	5618	LUBKOWSKI ADAM	WYSZKÓW		75 M30/1633 (M)3924	01:02:22	00:58:51	00:29:21	10.20
4528	713	ROSA LESZEK	TŁUSZCZ	BÓBR TŁUSZCZ /	59 M50/291 (M)3925	01:02:22	00:56:25	00:27:54	10.64
4529	6738	WACŁAWSKA RENATA	WARSZAWA		73 K30/249 (K)604	01:02:22	00:57:50	00:30:35	10.37
4530	6032	KULAS ŁUKASZ	MIĘDZYBORÓW		96 M20/1105 (M)3926	01:02:22	00:56:46	00:29:48	10.57
4531	6631	STASIEWICZ LEONCJUSZ	HAJNÓWKA		39 M70/11 (M)3927	01:02:22	01:00:58	00:30:31	9.84
4532	3613	PIELACHOWSKA BEATA	WARSZAWA		64 K40/91 (K)605	01:02:23	00:57:12	00:28:53	10.49
4533	4236	RUDZIK JANUSZ	WARSZAWA	NIEZRZESZONY /	73 M30/1634 (M)3928	01:02:23	00:56:59	00:29:10	10.53
4534	2187	KRASNOBORSKI JAN	LIDZBARK WARMIŃSKI		55 M50/292 (M)3929	01:02:23	00:56:56	00:28:46	10.54
4535	45	MILEWSKA ALEKSANDRA	WARSZAWA	BIEGAM BO LUBIĘ /	78 K30/250 (K)606	01:02:23	00:57:19	00:28:56	10.47
4536	5124	WOŚ ŁUKASZ	WARSZAWA		83 M20/1106 (M)3930	01:02:23	00:57:30	00:28:52	10.43
4537	3579	HUZIUK PIOTR	WARSZAWA		73 M30/1635 (M)3931	01:02:23	00:56:51	00:28:57	10.55
4538	4742	KOZON PIOTR	WARSZAWA		72 M30/1636 (M)3932	01:02:23	00:56:11	00:28:09	10.68
4539	3121	SMITH STEFAN	WARSZAWA		85 M20/1107 (M)3933	01:02:24	00:55:23	00:25:52	10.83
4540	5713	OZÓG EWA	MODLIBORZYCE		82 K20/235 (K)607	01:02:24	00:58:32	00:28:29	10.25
4541	4845	MOSAKOWSKA ANNA	NOWE GAŁKI		74 K30/251 (K)608	01:02:24	00:57:41	00:29:07	10.40
4542	12	SZMYT PIOTR			84 M20/1108 (M)3934	01:02:25	00:57:56	00:35:54	10.36
4543	6460	POGORZELSKI GRZEGORZ	WARSZAWA	KCR /	65 M40/795 (M)3935	01:02:25	01:01:19	00:29:26	9.79
4544	3559	BANROWSKI MARCIN	WARSZAWA		74 M30/1637 (M)3936	01:02:25	00:57:27	00:27:59	10.44
4545	6006	KRAWCZYK KATARZYNA	KRAKÓW		82 K20/236 (K)609	01:02:26	00:59:29	00:29:54	10.09
4546	1903	GOŚCINIEWICZ AGNIESZKA	WARSZAWA	GREENI TEAM /	69 K40/92 (K)610	01:02:26	00:57:56	00:27:46	10.36
4547	256	MALEWSKI ZYGMUNT	BOCHNIA		40 M70/12 (M)3937	01:02:27	01:00:14	00:28:17	9.96
4548	4047	OLSZEWSKI KRZYSZTOF	PRUSZKÓW		77 M30/1638 (M)3938	01:02:27	00:57:13	00:28:48	10.49
4549	2717	ŻAK DARIUSZ		RBS BANK /	74 M30/1639 (M)3939	01:02:27	00:58:04	00:28:47	10.33
4550	7489	SOKOŁOWSKI SZYMON	WARSZAWA		79 M30/1640 (M)3940	01:02:28	01:01:44	00:28:44	9.72
4551	2756	LATOMSKA-LATKOWSKA JAGODA	WARSZAWA		56 K50/23 (K)611	01:02:28	00:57:13	00:28:45	10.49
4552	1857	PROCZKO RADOSŁAW	WARSZAWA		78 M30/1641 (M)3941	01:02:28	00:57:19	00:29:01	10.47
4553	4841	DUCKWORTH TONY	WARSZAWA		64 M40/796 (M)3942	01:02:29	00:56:14	00:29:03	10.67
4554	4304	SZYMAŃSKI RAFAŁ	WARSZAWA	- /	74 M30/1642 (M)3943	01:02:29	00:56:16	00:28:10	10.66
4555	645	PRZYBYLSKA KATARZYNA	WARSZAWA		78 K30/252 (K)612	01:02:29	00:58:05	00:28:47	10.33
4556	214	ZAWODNIK DO UZUP			(M)3944	01:02:29	01:01:07	00:31:49	9.82
4557	1038	JANCZAK KRZYSZTOF	WARSZAWA		70 M40/797 (M)3945	01:02:29	00:58:09	00:27:02	10.32
4558	2991	MUZYKA BARBARA	WARSZAWA	CITI BANK INTERNATIONAL /	70 K40/93 (K)613	01:02:29	00:59:16	00:29:33	10.12
4559	3264	RYBAK BARTŁOMIEJ	WARSZAWA	T-MOBILE RUNNING TEAM /	64 M40/798 (M)3946	01:02:31	00:59:02	00:29:12	10.16
4560	1126	PINKOSZ LESZEK	ZIELONKA	LECHICI ZIELONKA /	56 M50/293 (M)3947	01:02:32	01:01:36	00:29:37	9.74
4561	4648	ARCZEWSKI PAWEŁ	WARSZAWA	MILÓŚNIK LEGII WARSZAWA /	69 M40/799 (M)3948	01:02:33	00:59:58	00:30:36	10.01
4562	5023	SZCZYGIELSKI KRZYSZTOF	WARSZAWA		75 M30/1643 (M)3949	01:02:33	00:56:36	00:28:35	10.60
4563	2618	MORYC MICHAŁ	SUWALKI		83 M20/1109 (M)3950	01:02:33	00:57:46	00:28:33	10.39
4564	901	WINIARSKA AGNIESZKA	WARSZAWA		63 K40/94 (K)614	01:02:33	00:57:38	00:28:54	10.41
4565	7438	KOSTRZEWA ARTUR	WARSZAWA		65 M40/800 (M)3951	01:02:34	00:53:51	00:24:16	11.14
4566	1878	KILJAŃSKA MARTA	WARSZAWA	DE LAGE LANDEN /	83 K20/237 (K)615	01:02:34	00:58:59	00:29:01	10.17
4567	2883	KACZMARSKI WOJCIECH	WARSZAWA		66 M40/801 (M)3952	01:02:34	00:57:52	00:29:31	10.37
4568	2455	OSSOLIŃSKI MAKSYMILIAN	JÓZEFÓW		75 M30/1644 (M)3953	01:02:34	00:57:54	00:27:43	10.36
4569	3185	ŁOPATA BARTOSZ	WARSZAWA	TEAM BIEGOWY ŻŁO /	83 M20/1110 (M)3954	01:02:34	00:57:03	00:28:47	10.52
4570	461	BOCHENEK JERZY	WARSZAWA		54 M50/294 (M)3955	01:02:34	00:56:21	00:28:11	10.65
4571	2619	STASZCZYK MARCIN	WARSZAWA		83 M20/1111 (M)3956	01:02:34	00:57:46	00:28:32	10.39
4572	2586	SZAJEWSKA EWELINA	WARSZAWA	12TRI.PL /	80 K30/253 (K)616	01:02:35	00:58:14	00:27:47	10.30
4573	2983	JAGIELSKI MACIEJ	PIONKI		80 M30/1645 (M)3957	01:02:35	00:56:34	00:28:31	10.61
4574	1039	JANCZAK KATARZYNA	WARSZAWA		71 K40/95 (K)617	01:02:35	00:58:07	00:28:10	10.32
4575	3259	ANTOSZEWSKA MONIKA	WARSZAWA		83 K20/238 (K)618	01:02:35	01:00:16	00:29:27	9.96
4576	4899	TOMCZYK MICHAŁ	WARSZAWA		71 M40/802 (M)3958	01:02:36	00:57:53	00:28:56	10.37
4577	1409	JÓZWIK BARBARA	ZIELONKA		66 K40/96 (K)619	01:02:36	00:57:41	00:28:50	10.40
4578	1333	DWORAKOWSKI MICHAŁ	WARSZAWA		76 M30/1646 (M)3959	01:02:37	00:57:00	00:29:15	10.53
4579	1836	OKULSKA JOANNA	NIEPORĘT		69 K40/97 (K)620	01:02:37	01:02:12	00:29:38	9.65
4580	3068	ORLIŃSKI MARCIN	WARSZAWA		75 M30/1647 (M)3960	01:02:37	00:57:57	00:29:30	10.35

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Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna / Klub Team / Club	R-k W kat. YoB in Age	Wynik Time	Wynik netto	Wynik 5km	[km/h]
4581	2843	REDLIŃSKI WOJCIECH	WARSZAWA	NIEZRZESZONY /	61 M50/295 (M)3961	01:02:38	00:56:27	00:27:53	10.63
4582	5060	JASZKIN JAKUB	WARSZAWA		90 M20/1112 (M)3962	01:02:38	00:57:06	00:28:39	10.51
4583	2265	BIESIADA TOMASZ	WARSZAWA	HP RUN /	81 M30/1648 (M)3963	01:02:38	00:58:50	00:29:05	10.20
4584	7437	KOSTRZEWA FILIP	WARSZAWA		00 M20/1113 (M)3964	01:02:38	00:53:55	00:24:16	11.13
4585	1604	BURZA TOMASZ	GARBATKA		87 M20/1114 (M)3965	01:02:38	00:58:39	00:29:02	10.23
4586	2548	JAKUBOWSKA ANNA	WARSZAWA		93 K20/239 (K)621	01:02:39	00:57:44	00:28:49	10.39
4587	5791	GÓRNIAK ANDRZEJ	WRZEŚNIA	TEAM NUTRILITE /	53 M50/296 (M)3966	01:02:39	00:57:33	00:28:20	10.43
4588	6109	MAKULEC DARIUSZ	SOCHACZEW	KM AKTYWNI SOCHACZEW /	69 M40/803 (M)3967	01:02:39	00:58:24	00:29:53	10.27
4589	3946	JANKOWSKI DOMINIK	POZNAŃ		83 M20/1115 (M)3968	01:02:40	00:59:53	00:29:24	10.02
4590	4775	LIPIEC EWA	SOCHACZEW	KM AKTYWNI SOCHACZEW /	63 K40/98 (K)622	01:02:40	00:58:52	00:30:21	10.19
4591	5576	GORCZYCA ANNA	TORUŃ	BANK PEKAO SA /	76 K30/254 (K)623	01:02:41	00:57:31	00:30:02	10.43
4592	6509	RĘBACZ ANNA	ZDUŃSKA WOLA		75 K30/255 (K)624	01:02:41	00:58:19	00:30:09	10.29
4593	5135	MILCZAREK RAFAŁ	SOCHACZEW	KM AKTYWNI SOCHACZEW /	75 M30/1649 (M)3969	01:02:41	00:58:51	00:30:19	10.20
4594	6510	RĘBACZ SYLWESTER	ZDUŃSKA WOLA	JASTRZĄB - 32.BLT ŁASK /	74 M30/1650 (M)3970	01:02:41	00:58:20	00:30:09	10.29
4595	1517	POLKOWSKA RENATA	ZĄBKI		70 K40/99 (K)625	01:02:42	00:58:46	00:28:46	10.21
4596	2215	FUKS SERHIY	WARSZAWA		77 M30/1651 (M)3971	01:02:42	00:56:15	00:29:23	10.67
4597	1922	WIERTLEWSKI ROBERT	WARSZAWA	PKO_ /	75 M30/1652 (M)3972	01:02:43	00:57:21	00:27:59	10.46
4598	1004	KUCIŃSKI KRZYSZTOF	WARSZAWA		74 M30/1653 (M)3973	01:02:43	00:58:00	00:27:38	10.34
4599	3229	KORAL-KWIATKOWSKA EWELINA	WARSZAWA		81 K30/256 (K)626	01:02:44	01:02:27	00:30:31	9.61
4600	1342	PASEK ZBIGNIEW	WARSZAWA		63 M40/804 (M)3974	01:02:45	00:57:21	00:29:00	10.46
4601	6502	RAKOWSKI KRZYSZTOF	WARSZAWA		83 M20/1116 (M)3975	01:02:45	00:58:27	00:28:42	10.27
4602	4644	KAMIŃSKA MAŁGORZATA	WARSZAWA	- /	59 K50/24 (K)627	01:02:46	00:58:20	00:30:43	10.29
4603	6380	PRUSZCZAK DOMINIKA	WARSZAWA		88 K20/240 (K)628	01:02:47	01:00:50	00:30:36	9.86
4604	4971	ŁAZIŃSKI MATEUSZ	JÓZEFÓW		96 M20/1117 (M)3976	01:02:47	00:57:25	00:29:26	10.45
4605	2909	SKRABACZ JACEK	WARSZAWA		69 M40/805 (M)3977	01:02:47	00:58:19	00:28:05	10.29
4606	4161	ROGOWSKI KRZYSZTOF	WARSZAWA	EDC RUNNERS /	82 M20/1118 (M)3978	01:02:48	00:56:17	00:27:07	10.66
4607	855	KUCZEROWSKA ALICJA	WARSZAWA		91 K20/241 (K)629	01:02:48	01:00:51	00:29:27	9.86
4608	1076	NIECKUŁA ZBIGNIEW	ŁÓDŹ	KB ARTURÓWEK ŁÓDŹ /	55 M50/297 (M)3979	01:02:49	00:58:45	00:30:34	10.21
4609	6094	MADALIŃSKA MAGDALENA	WARSZAWA	OBOZY BIEGOWE /	74 K30/257 (K)630	01:02:49	00:58:09	00:28:05	10.32
4610	4117	TYMIŃSKI MARIUSZ	SULEJÓWEK		75 M30/1654 (M)3980	01:02:49	00:58:55	00:28:56	10.18
4611	3669	CSERNAK KAMILA	WARSZAWA		85 K20/242 (K)631	01:02:50	01:00:09	00:30:14	9.98
4612	2999	BARLIK ANNA	WARSZAWA		88 K20/243 (K)632	01:02:50	00:59:12	00:28:54	10.14
4613	3646	KALUŻA MACIEJ	WARSZAWA		66 M40/806 (M)3981	01:02:51	00:59:27	00:29:49	10.09
4614	4665	SALWA ANNA	WARSZAWA		84 K20/244 (K)633	01:02:52	00:56:56	00:28:32	10.54
4615	2527	POLAK TERESA	WARSZAWA	KB ACTIVESPORTS WARSZAWA /	51 K60/4 (K)634	01:02:52	01:00:28	00:28:49	9.92
4616	5762	GAŁDZICKI KAMIL	WARSZAWA		85 M20/1119 (M)3982	01:02:52	00:58:07	00:27:31	10.32
4617	243	SIEMIŃSKI PAWEŁ	WARSZAWA	PKO BP /	76 M30/1655 (M)3983	01:02:52	01:00:33	00:29:22	9.91
4618	180	MANOWSKI GRZEGORZ	WARSZAWA	VW SZEWCZYK /	84 M20/1120 (M)3984	01:02:53	01:02:42	00:29:46	9.57
4619	1299	RASIŃSKA EWELINA	GUZOWATKA		88 K20/245 (K)635	01:02:53	00:58:05	00:28:30	10.33
4620	2861	FUNTOWICZ KLAUDIA	PRUSZKÓW		95 K20/246 (K)636	01:02:53	00:57:59	00:28:35	10.35
4621	3938	DĘBOWSKI PIOTR	SULEJÓWEK		96 M20/1121 (M)3985	01:02:53	01:00:21	00:27:42	9.94
4622	3459	WOŹNIAK GRZEGORZ	WARSZAWA		83 M20/1122 (M)3986	01:02:54	00:56:45	00:28:03	10.57
4623	1099	SMĘDEK ARKADIUSZ	WARSZAWA		70 M40/807 (M)3987	01:02:54	01:00:45	00:29:25	9.88
4624	7473	PYTKO JUSTYNA	GLIWICE	DELOITTE ADVENTURE TEAM /	87 K20/247 (K)637	01:02:55	00:57:48	00:28:07	10.38
4625	4880	DĄBROWSKA EWELINA	WOŁOMIN		82 K20/248 (K)638	01:02:55	01:02:32	00:30:05	9.59
4626	5420	COŚ MONIKA	WARSZAWA		76 K30/258 (K)639	01:02:55	00:58:05	00:29:50	10.33
4627	204	ZAGAJSKA MONIKA	WARSZAWA	OCEAN SPOKOJNY /	75 K30/259 (K)640	01:02:56	00:58:22	00:28:31	10.28
4628	5719	MURANTY PIOTR	WARSZAWA		64 M40/808 (M)3988	01:02:56	01:00:15	00:28:37	9.96
4629	5776	GLUDKOWSKI ŁUKASZ	GDAŃSK		82 M20/1123 (M)3989	01:02:57	00:56:13	00:27:09	10.67
4630	5112	SIERPIŃSKI MICHAŁ	PRUSZKÓW		83 M20/1124 (M)3990	01:02:57	00:57:55	00:29:31	10.36
4631	431	DYKIER SŁAWOMIR	WARSZAWA		75 M30/1656 (M)3991	01:02:57	00:57:55	00:29:05	10.36
4632	5714	SROKA ANNA	WARSZAWA		89 K20/249 (K)641	01:02:57	00:58:14	00:28:56	10.30
4633	4619	ZALEWSKI MICHAŁ	WARSZAWA	ŚB PARK LEŚNY BRÓDNO /	63 M40/809 (M)3992	01:02:57	00:57:58	00:28:48	10.35
4634	6954	PUTYŃSKI ANDRZEJ	SIERADZ		63 M40/810 (M)3993	01:02:57	00:58:47	00:31:10	10.21
4635	2243	KLUŻNIAK MATEUSZ	WARSZAWA		85 M20/1125 (M)3994	01:02:58	00:56:44	00:28:30	10.58
4636	391	WRÓBLEWSKI ANDRZEJ	WARSZAWA		55 M50/298 (M)3995	01:02:58	00:57:18	00:28:30	10.47
4637	5948	KOMOREK JAKUB	WARSZAWA	PĘDZĄCE CHOMIKI /	80 M30/1657 (M)3996	01:02:58	00:56:45	00:28:29	10.57

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Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna / Klub Team / Club	R-k W kat. YoB in Age	Wynik Time	Wynik netto	Wynik 5km	[km/h]
4638	4370	WAŚIK MATEUSZ	WARSZAWA	ANIOLKI MONKEYIIIIIIIEGO /	88 M20/1126 (M)3997	01:02:59	00:56:55	00:28:28	10.54
4639	4334	SZWEJ ANNA	WARSZAWA		88 K20/250 (K)642	01:02:59	01:02:13	00:30:35	9.64
4640	1019	CHĄDZYŃSKI MAREK	WARSZAWA		74 M30/1658 (M)3998	01:02:59	00:58:11	00:29:34	10.31
4641	5632	RICHTER ŁUKASZ	WARSZAWA		78 M30/1659 (M)3999	01:02:59	00:58:29	00:29:06	10.26
4642	2786	GAŁECKA ALDONA	OSTRÓW MAZOWIECKA		84 K20/251 (K)643	01:03:00	00:57:23	00:29:50	10.46
4643	789	MAŁEK BARTOSZ	LEGIONOWO		89 M20/1127 (M)4000	01:03:00	00:57:16	00:29:01	10.48
4644	3965	SIDOR JOANNA	WARSZAWA		73 K30/260 (K)644	01:03:00	00:58:59	00:29:23	10.17
4645	4138	CHODOWSKI TOMASZ	SULEJÓWEK		71 M40/811 (M)4001	01:03:00	00:59:05	00:28:56	10.16
4646	3178	BOROWSKI JACEK	WARSZAWA		70 M40/812 (M)4002	01:03:00	00:58:33	00:28:49	10.25
4647	5537	SZWEDLER-NOWACKA JOLANTA	RAWICZ		75 K30/261 (K)645	01:03:01	01:00:01	00:29:25	10.00
4648	6663	SZCZĘSNA HONORATA	WARSZAWA		77 K30/262 (K)646	01:03:01	01:00:04	00:30:44	9.99
4649	1906	GROSZKOWSKI GRZEGORZ	BLĘDÓW		75 M30/1660 (M)4003	01:03:01	00:57:30	00:29:04	10.43
4650	2762	ROSA MAGDALENA	WARSZAWA		89 K20/252 (K)647	01:03:01	00:57:32	00:28:50	10.43
4651	1861	BALCERZAK MONIKA	WARSZAWA	ABCKONDYCJA /	78 K30/263 (K)648	01:03:01	00:58:59	00:28:21	10.17
4652	1535	MICHALAK JERZY	WARSZAWA		56 M50/299 (M)4004	01:03:02	01:00:17	00:28:28	9.95
4653	2771	KĘPKA CEZARY	WARSZAWA		89 M20/1128 (M)4005	01:03:02	00:57:31	00:28:50	10.43
4654	2785	ZAWŁOCKI DANIEL	OSTRÓW MAZOWIECKA		79 M30/1661 (M)4006	01:03:02	00:57:26	00:29:50	10.45
4655	5538	BURDYŃSKI KRYSPIŃ	WARSZAWA	UKS GEPARD /	79 M30/1662 (M)4007	01:03:02	01:00:09	00:31:25	9.98
4656	5228	DYGAS PIOTR	WARSZAWA		71 M40/813 (M)4008	01:03:02	00:57:34	00:28:10	10.42
4657	1112	SZCZUKA MAREK	ŁOMIANKI		64 M40/814 (M)4009	01:03:03	00:57:51	00:29:08	10.37
4658	2096	BARTNICKA MAŁGORZATA	WARSZAWA		86 K20/253 (K)649	01:03:03	00:58:13	00:28:24	10.31
4659	1633	PAWELEC FILIP	WARSZAWA		81 M30/1663 (M)4010	01:03:03	00:58:04	00:29:21	10.33
4660	5198	KUCHARCZYK KRZYSZTOF	WARSZAWA		60 M50/300 (M)4011	01:03:03	01:00:22	00:28:39	9.94
4661	3588	GÓRA PAWEŁ	LIPSKO		85 M20/1129 (M)4012	01:03:03	00:58:16	00:28:43	10.30
4662	1393	MARCINIAK IZABELA	WARSZAWA		67 K40/100 (K)650	01:03:04	00:58:17	00:28:30	10.29
4663	6707	TARŃOWSKI MACIEJ	WARSZAWA		83 M20/1130 (M)4013	01:03:04	00:59:22	00:28:40	10.11
4664	4004	BOBEK BARBARA	LEGIONOWO	ULAMA TEAM /	58 K50/25 (K)651	01:03:04	00:56:52	00:28:14	10.55
4665	1629	BIESZYŃSKI BARTOSZ	WARSZAWA		84 M20/1131 (M)4014	01:03:05	00:58:35	00:30:20	10.24
4666	7071	CHACZYKOWSKI JACEK	PRUSZKÓW	TEAM NUTRILITE /	72 M30/1664 (M)4015	01:03:05	00:54:22	00:24:22	11.04
4667	3904	KOKOSZKA ANDRZEJ	ŁOMIANKI		57 M50/301 (M)4016	01:03:05	00:58:02	00:28:26	10.34
4668	3723	PRZYGODA MATEUSZ	WARSZAWA	MOTO FIGHT CLUB /	94 M20/1132 (M)4017	01:03:05	01:02:24	00:28:08	9.62
4669	1713	ZAKRZEWSKI TOMASZ	WOŁOMIN		84 M20/1133 (M)4018	01:03:05	00:58:17	00:29:09	10.29
4670	257	GRANAT BOGUSŁAW	WARSZAWA	A1POL /	32 M70/13 (M)4019	01:03:06	01:01:08	00:28:38	9.81
4671	720	LECH ADAM	WIĄZOWNA		89 M20/1134 (M)4020	01:03:06	01:02:23	00:31:00	9.62
4672	6308	PANKOWSKA PATRYCJA	WARSZAWA		80 K30/264 (K)652	01:03:06	00:58:59	00:28:14	10.17
4673	6941	SŁOMSKI TOMASZ	WARSZAWA		82 M20/1135 (M)4021	01:03:06	00:56:45	00:27:55	10.57
4674	5670	PIOTROWSKI MACIEJ	REGUŁY	REGUŁY CRAZY RUNNERS /	68 M40/815 (M)4022	01:03:06	00:59:28	00:28:45	10.09
4675	3765	WIERZCHOWSKA BARBARA	LEGIONOWO		79 K30/265 (K)653	01:03:06	00:56:56	00:29:08	10.54
4676	2890	GRZYBOWSKI DARIUSZ	GRÓJEC		72 M30/1665 (M)4023	01:03:07	00:59:45	00:24:59	10.04
4677	2888	GRZYBOWSKA ANETA	GRÓJEC		73 K30/266 (K)654	01:03:07	01:02:18	00:30:10	9.63
4678	4439	KALIŃSKA DOROTA	WARSZAWA		87 K20/254 (K)655	01:03:07	01:01:23	00:31:17	9.77
4679	6535	RYBICKI PAWEŁ	WARSZAWA		68 M40/816 (M)4024	01:03:07	00:59:02	00:29:28	10.16
4680	6253	NIEWIADOMSKI TOMASZ	TARŃOWSKIE GÓRY		65 M40/817 (M)4025	01:03:07	00:57:48	00:29:00	10.38
4681	5587	WYLOT GRAZYNA	WARSZAWA		85 K20/255 (K)656	01:03:07	00:57:55	00:28:35	10.36
4682	2709	ŻABOKLIKA JOANNA		RBS BANK /	83 K20/256 (K)657	01:03:08	00:57:56	00:29:10	10.36
4683	1601	KIRAGA ANNA	WARSZAWA		80 K30/267 (K)658	01:03:08	00:57:07	00:28:32	10.50
4684	6885	SURNIKOWSKI KAROL	WARSZAWA		82 M20/1136 (M)4026	01:03:08	01:01:57	00:29:16	9.69
4685	3796	SYSA TOMASZ	WARSZAWA		81 M30/1666 (M)4027	01:03:09	00:58:09	00:29:13	10.32
4686	353	KASHIVSKYY OLEH	WARSZAWA		70 M40/818 (M)4028	01:03:09	00:57:14	00:28:42	10.48
4687	5220	JUREWICZ DANIEL	ELK		84 M20/1137 (M)4029	01:03:09	00:59:30	00:27:33	10.08
4688	1809	PENKALA AGNIESZKA	RASZYN		73 K30/268 (K)659	01:03:11	00:58:25	00:29:13	10.27
4689	523	GRUSZCZYŃSKA-HYC AGNIESZKA	WARSZAWA		74 K30/269 (K)660	01:03:11	00:57:15	00:28:41	10.48
4690	783	RAKOWSKI PIOTR	PRUSZKÓW		92 M20/1138 (M)4030	01:03:11	00:57:05	00:29:56	10.51
4691	200	ZGÓRZAK MONIKA	WARSZAWA	OCEAN SPOKOJNY /	75 K30/270 (K)661	01:03:12	00:58:38	00:28:36	10.23
4692	201	PARASKA PIOTR	WARSZAWA	OCEAN SPOKOJNY /	77 M30/1667 (M)4031	01:03:12	00:58:37	00:28:28	10.24
4693	5520	PIECUCH KATARZYNA	WARSZAWA		78 K30/271 (K)662	01:03:12	00:58:37	00:28:28	10.24

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4694	4697	LASKA JAKUB	ZAWICHOST		93 M20/1139 (M)4032	01:03:13	00:57:19	00:28:44	10.47
4695	1961	WERSOŁOWSKI MICHAŁ	WARSZAWA	PKO_ /	75 M30/1668 (M)4033	01:03:13	00:59:04	00:28:34	10.16
4696	2516	SKRZECZYŃSKI ANDRZEJ	WARSZAWA		51 M60/66 (M)4034	01:03:13	00:59:39	00:28:37	10.06
4697	6877	MIKICIUK PATRYK	WARSZAWA		82 M20/1140 (M)4035	01:03:14	01:00:14	00:29:49	9.96
4698	3468	KOZAK MICHAŁ	LEGIONOWO		75 M30/1669 (M)4036	01:03:14	00:57:16	00:28:45	10.48
4699	5036	MROCZEK AGNIESZKA	WARSZAWA		82 K20/257 (K)663	01:03:14	00:59:23	00:29:21	10.10
4700	5026	PŁOSKI GRZEGORZ	WARSZAWA	AGR WELODROM /	59 M50/302 (M)4037	01:03:14	00:58:47	00:28:05	10.21
4701	853	KŁOSIŃSKA INGA	WARSZAWA		74 K30/272 (K)664	01:03:15	00:57:40	00:27:48	10.40
4702	3343	RZADKIEWICZ MARZENA	WARSZAWA		76 K30/273 (K)665	01:03:15	01:00:18	00:29:08	9.95
4703	3342	RZADKIEWICZ BEATA	WARSZAWA		76 K30/274 (K)666	01:03:15	01:00:19	00:29:09	9.95
4704	443	KWIECIEŃ JAN	BOCHNIA		50 M60/67 (M)4038	01:03:15	01:01:01	00:28:54	9.83
4705	5525	SARNACKI ŁUKASZ	WARSZAWA	BANK PEKAO SA /	83 M20/1141 (M)4039	01:03:15	00:56:59	00:27:35	10.53
4706	5009	HANYŻ EWELINA	WARSZAWA		78 K30/275 (K)667	01:03:16	01:01:59	00:29:57	9.68
4707	1718	GOGOLEWSKA IWONA	OLSZTYN		67 K40/101 (K)668	01:03:16	00:59:07	00:29:58	10.15
4708	6989	DZIKOWSKI DARIUSZ	ŻELECHLINEK		87 M20/1142 (M)4040	01:03:17	00:58:59	00:29:29	10.17
4709	1659	SPYCHALSKI PIOTR	WARSZAWA		74 M30/1670 (M)4041	01:03:18	00:57:36	00:29:16	10.42
4710	5676	GMAJ KATARZYNA	WARSZAWA		73 K30/276 (K)669	01:03:18	00:56:57	00:29:11	10.54
4711	4632	LEŚNIAK PIOTR	WARSZAWA		69 M40/819 (M)4042	01:03:20	00:57:58	00:28:56	10.35
4712	3681	ORZESZEK KRZYSZTOF	WARSZAWA	UKS GEPARD /	70 M40/820 (M)4043	01:03:20	00:57:59	00:28:56	10.35
4713	5570	JELOWICKI KRZYSZTOF	WARSZAWA		73 M30/1671 (M)4044	01:03:20	00:58:05	00:28:41	10.33
4714	1280	KRÓL DOROTA	RASZYN		86 K20/258 (K)670	01:03:21	01:00:32	00:29:02	9.91
4715	883	KAROLEWSKI KRZYSZTOF		ZDM /	11 (M)4045	01:03:21	00:57:15	00:29:27	10.48
4716	2311	DOBROWOLSKI ARTUR	WARSZAWA	STRAŻ MIEJSKA WARSZAWA /	74 M30/1672 (M)4046	01:03:21	01:01:00	00:29:39	9.84
4717	5017	PIASEK PIOTR	OSTROŁĘKA		65 M40/821 (M)4047	01:03:21	00:57:25	00:28:41	10.45
4718	356	FARCINKIEWICZ JUSTYNA	WARSZAWA		90 K20/259 (K)671	01:03:21	01:00:14	00:29:34	9.96
4719	2312	SARACEN ALEKSANDRA	WARSZAWA	POLICJA /	77 K30/277 (K)672	01:03:21	01:01:01	00:29:38	9.83
4720	5224	OLDAK KRZYSZTOF	WARSZAWA		69 M40/822 (M)4048	01:03:22	00:59:32	00:29:09	10.08
4721	2308	PIELAT MARIUSZ	LESZNO	STRAŻ MIEJSKA W-WA /	79 M30/1673 (M)4049	01:03:22	01:01:01	00:29:39	9.83
4722	5326	BIELSKI ANDRZEJ	WARSZAWA	10 WARSZAWSKI PUŁK SAMOCHODOWY /	75 M30/1674 (M)4050	01:03:22	01:01:02	00:29:38	9.83
4723	5511	PYŻAŁSKI RAFAŁ	WARSZAWA	10WPSAM /	75 M30/1675 (M)4051	01:03:22	01:01:01	00:29:39	9.83
4724	2307	KIERSKI MACIEJ	WARSZAWA /	STRAŻ MIEJSKA WARSZAWA / AKTYWNI SOCHACZ /	73 M30/1676 (M)4052	01:03:22	00:59:41	00:28:19	10.05
4725	4830	PIETRUSZEWSKI JACEK	WARSZAWA	10 WARSZAWSKI PUŁK SAMOCHODOWY /	70 M40/823 (M)4053	01:03:22	01:01:02	00:29:39	9.83
4726	2302	MISZCZUK ARKADIUSZ	WARSZAWA	STRAŻ MIEJSKA WARSZAWA /	67 M40/824 (M)4054	01:03:22	01:01:03	00:29:42	9.83
4727	1163	HERBST ZBIGNIEW	BRWINÓW		81 M30/1677 (M)4055	01:03:22	01:01:01	00:29:37	9.83
4728	2304	NERC AGATA	POMIECHÓWEK	STRAŻ MIEJSKA M.ST. WARSZAWY /	85 K20/260 (K)673	01:03:22	01:01:04	00:29:41	9.83
4729	2306	GAŁECKI SŁAWOMIR	MINSK MAZOWIECK	STRAŻ MIEJSKA M.ST.W-WY /	71 M40/825 (M)4056	01:03:23	01:01:02	00:29:38	9.83
4730	2313	SZYSZKA ADAM	WARSZAWA	POLICJA /	79 M30/1678 (M)4057	01:03:23	00:58:33	00:27:12	10.25
4731	2301	MACHOŃ PAWEŁ	WARSZAWA	STRAŻ MIEJSKA WARSZAWA /	75 M30/1679 (M)4058	01:03:23	01:01:02	00:29:40	9.83
4732	1766	ROZWANDOWICZ MACIEJ	WARSZAWA		63 M40/826 (M)4059	01:03:23	00:57:21	00:28:38	10.46
4733	2310	CHMIELEWSKA KATARZYNA	PODBIEL	STRAŻ MIEJSKA WARSZAWA /	84 K20/261 (K)674	01:03:23	01:01:03	00:29:40	9.83
4734	1526	MAJEWSKI MARCIN	RADZIWIŁÓW		82 M20/1143 (M)4060	01:03:23	01:01:01	00:29:36	9.83
4735	4854	MIODUSZEWSKI MARIUSZ	WARSZAWA	10 WARSZAWSKI PUŁK SAMOCHODOWY /	75 M30/1680 (M)4061	01:03:23	01:01:01	00:29:39	9.83
4736	4829	GARBACZ ANDRZEJ	WARSZAWA	10 WARSZAWSKI PUŁK SAMOCHODOWY /	70 M40/827 (M)4062	01:03:23	01:01:01	00:29:38	9.83
4737	4312	MRÓWKA MAREK	WARSZAWA		65 M40/828 (M)4063	01:03:24	00:59:26	00:28:42	10.10
4738	3064	TRZMIEL-JASEK KRYSZYNA	WARSZAWA		56 K50/26 (K)675	01:03:24	01:02:37	00:30:09	9.58
4739	5559	BUDZEN TOMASZ	WARSZAWA		96 M20/1144 (M)4064	01:03:24	00:58:26	00:29:37	10.27
4740	6144	MIERNIK DANIELA	TERESIN	- /	85 K20/262 (K)676	01:03:25	00:59:17	00:28:36	10.12
4741	1077	STOKOWSKA ELZBIETA	ŁÓDŹ	KB ARTURÓWEK ŁÓDŹ /	59 K50/27 (K)677	01:03:25	00:57:22	00:28:34	10.46
4742	5543	RÓŻYCKI KONRAD	WARSZAWA	LECHICI ZIELONKA /	62 M40/829 (M)4065	01:03:25	00:59:05	00:30:06	10.16
4743	3221	RADCZYŃSKA JUSTYNA	WARSZAWA	PASSUS SPORT TEAM /	65 K40/102 (K)678	01:03:26	00:58:45	00:28:58	10.21
4744	2947	MARYNOWSKI MICHAŁ	WARSZAWA		76 M30/1681 (M)4066	01:03:26	00:57:09	00:28:10	10.50
4745	5518	RĄCZKA PIOTR	WARSZAWA		80 M30/1682 (M)4067	01:03:26	00:57:15	00:28:14	10.48
4746	5024	ĆWIEK JAROSŁAW	WARSZAWA		67 M40/830 (M)4068	01:03:28	00:59:08	00:28:35	10.15
4747	219	ZAWODNIK DO UZUP			(M)4069	01:03:28	01:01:10	00:31:59	9.81
4748	4214	GIEREJ ROBERT	WARSZAWA		71 M40/831 (M)4070	01:03:28	00:59:48	00:30:28	10.03
4749	5102	MAJEWSKI KAROL	WARSZAWA	KLINIKA ŁAGODZENIA STRESU /	79 M30/1683 (M)4071	01:03:29	00:58:36	00:29:16	10.24

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4750	3239	BIAŁECKI PAWEŁ	JÓZEFOSŁAW		76	M30/1684 (M)4072	01:03:29	00:58:02	00:29:47	10.34
4751	6841	ZAURSKI MARCIN	OSTROŁĘKA		46	M60/68 (M)4073	01:03:29	00:59:19	00:27:02	10.12
4752	4213	KOŚCIELNY GRZEGORZ	LEGIONOWO		73	M30/1685 (M)4074	01:03:29	00:59:49	00:30:28	10.03
4753	6515	ROLIŃSKA AGNIESZKA	WARSZAWA		69	K40/103 (K)679	01:03:30	00:59:02	00:30:14	10.16
4754	6378	PRUSACZYK MARCIN	WARSZAWA		70	M40/832 (M)4075	01:03:30	00:58:39	00:29:50	10.23
4755	2572	PROKOP KRZYSZTOF	KOBYLANKA	POLFIN TEAM /	76	M30/1686 (M)4076	01:03:30	01:02:42	00:30:15	9.57
4756	4174	DOMAGAŁA MARCIN	WARSZAWA		75	M30/1687 (M)4077	01:03:30	00:57:03	00:29:23	10.52
4757	3137	SZAŁAJSKI MARCIN	WARSZAWA		87	M20/1145 (M)4078	01:03:30	00:58:47	00:30:36	10.21
4758	2566	DĄBROWSKI TOMASZ	WARSZAWA		78	M30/1688 (M)4079	01:03:31	00:58:08	00:28:59	10.32
4759	2571	WÓJCIKIEWICZ RAFAŁ	WARSZAWA	POLFIN TEAM /	78	M30/1689 (M)4080	01:03:31	01:02:44	00:30:15	9.56
4760	4389	OLCZYK WOJCIECH	WARSZAWA		68	M40/833 (M)4081	01:03:32	00:58:57	00:28:04	10.18
4761	6764	WIECZOREK DARIUSZ	WARSZAWA		83	M20/1146 (M)4082	01:03:32	00:58:21	00:30:02	10.28
4762	5441	CZERWONKA HALINA	WARSZAWA		58	K50/28 (K)680	01:03:32	01:02:31	00:30:20	9.60
4763	4321	KOWALSKA MONIKA	WARSZAWA	T-MOBILE RUNNING TEAM /	79	K30/278 (K)681	01:03:33	01:01:04	00:29:38	9.83
4764	419	OSTAP EMILIA	WARSZAWA		56	K50/29 (K)682	01:03:33	00:59:26	00:29:41	10.10
4765	420	OSTAP ZBIGNIEW	WARSZAWA		54	M50/303 (M)4083	01:03:33	00:59:26	00:29:40	10.10
4766	1680	KACKIEWICZ JAN	WARSZAWA	CARSERVIS /	56	M50/304 (M)4084	01:03:33	00:59:30	00:29:45	10.08
4767	3174	KOWALCZYK DAWID	SKIERNIEWICE		92	M20/1147 (M)4085	01:03:33	00:59:40	00:29:48	10.06
4768	1869	KORÓŚ MAGDALENA	CHYLICZKI		64	K40/104 (K)683	01:03:34	01:02:00	00:30:28	9.68
4769	812	STRUSIŃSKI GRZEGORZ	WARSZAWA		70	M40/834 (M)4086	01:03:34	00:59:08	00:30:43	10.15
4770	5495	FOLDA PIOTR	POZNAŃ		59	M50/305 (M)4087	01:03:34	00:57:28	00:29:20	10.44
4771	2987	MIKOŁAJCZYK AGATA	WARSZAWA		76	K30/279 (K)684	01:03:35	01:02:28	00:30:34	9.61
4772	198	PAWŁOWSKI DAREK	WARSZAWA	GO SPOTR /	11	(M)4088	01:03:35	01:03:24	00:29:24	9.46
4773	3003	SAWICKI KRYSZTIAN	WARSZAWA		85	M20/1148 (M)4089	01:03:35	01:02:12	00:29:53	9.65
4774	533	SZARSKA IWONA	WARSZAWA	ALETEMPO /	60	K50/30 (K)685	01:03:36	00:58:28	00:29:22	10.26
4775	5725	ZAWODNIK DO UZUP				(M)4090	01:03:36	00:58:43	00:28:59	10.22
4776	5304	BAK MATEUSZ	GDAŃSK	TEAMU NUTRILITE /	86	M20/1149 (M)4091	01:03:36	00:58:18	00:29:00	10.29
4777	4323	FIODORÓW PAWEŁ	WARSZAWA	AZS WAT WARSZAWA /	74	M30/1690 (M)4092	01:03:37	00:57:38	00:29:09	10.41
4778	2917	MARCINIAK MARCIN	WARSZAWA		72	M30/1691 (M)4093	01:03:37	00:57:41	00:28:32	10.40
4779	968	PELC AGATA	WARSZAWA		81	K30/280 (K)686	01:03:37	00:57:51	00:28:50	10.37
4780	2823	BUKWA TOMASZ	WARSZAWA		74	M30/1692 (M)4094	01:03:38	00:58:42	00:29:05	10.22
4781	2670	KOŁACZ KAROL	WARSZAWA		80	M30/1693 (M)4095	01:03:38	00:59:02	00:29:55	10.16
4782	2732	WENIO ZOFIA	WARSZAWA		82	K20/263 (K)687	01:03:38	00:58:04	00:28:21	10.33
4783	1927	OSSOWSKI MARCIN	WŁOCŁAWEK	PKO_ /	71	M40/835 (M)4096	01:03:38	00:59:44	00:26:33	10.04
4784	4842	MOSAKOWSKI PAWEŁ	NOWE GAŁKI		72	M30/1694 (M)4097	01:03:38	00:58:54	00:29:06	10.19
4785	1673	ŚCIUBISZ WERONIKA	WARSZAWA	ŚCIEŻKA BIEGOWA POLE MOKOTOWSKIE /	78	K30/281 (K)688	01:03:38	00:57:36	00:29:26	10.42
4786	5005	SOSNOWSKI RADOSŁAW	WARSZAWA	FIA /	79	M30/1695 (M)4098	01:03:38	00:57:26	00:30:04	10.45
4787	4068	DOBZYŃSKI RYSZARD	PŁOCHOCIN	OLYMP BŁONIE /	56	M50/306 (M)4099	01:03:38	00:58:24	00:28:53	10.27
4788	2029	PANAS KRZYSZTOF	WARSZAWA		74	M30/1696 (M)4100	01:03:39	00:59:34	00:29:28	10.07
4789	545	SAMOJLIK ZBIGNIEW	PIASECZNO		71	M40/836 (M)4101	01:03:39	00:58:37	00:29:49	10.24
4790	1118	TENDERENDA KAMIL	CIECHANOWIEC		86	M20/1150 (M)4102	01:03:39	00:57:57	00:27:40	10.35
4791	5627	CZEKAJ WOJCIECH	RADOM	KLUB KANAPOWYCH LENI /	61	M50/307 (M)4103	01:03:39	00:59:55	00:29:54	10.01
4792	4048	BERENT IRENA	WARSZAWA		74	K30/282 (K)689	01:03:40	00:58:07	00:28:57	10.32
4793	3631	NOWAK SANDRA	WARSZAWA	J@M TEAM /	73	K30/283 (K)690	01:03:40	00:58:43	00:28:55	10.22
4794	5584	JAROSZ BARTŁOMIEJ	WARSZAWA		78	M30/1697 (M)4104	01:03:41	00:59:07	00:27:53	10.15
4795	3998	PAZIEWSKI MARCIN	WARSZAWA	BANK KREDYT BANK S.A. /	82	M20/1151 (M)4105	01:03:42	00:57:12	00:29:35	10.49
4796	5328	BIENIEK MACIEJ	WARSZAWA	POLBANK /	75	M30/1698 (M)4106	01:03:43	01:01:38	00:31:04	9.73
4797	3249	MICUŁA KAROL	WARSZAWA		92	M20/1152 (M)4107	01:03:43	01:00:45	00:29:23	9.88
4798	5078	ROSIAK MAREK	WIELISZEW		57	M50/308 (M)4108	01:03:43	00:58:48	00:28:44	10.20
4799	4721	HERMANOWICZ PIOTR	ZĄBKI	TEAM NUTRILITE /	61	M50/309 (M)4109	01:03:43	00:59:37	00:27:29	10.06
4800	6462	CHOLEWIŃSKA ZOFIA	GÓRA KALWARIA		86	K20/264 (K)691	01:03:44	01:00:53	00:29:24	9.85
4801	5488	FELKEL ZBIGNIEW	PIASTÓW		58	M50/310 (M)4110	01:03:44	00:59:20	00:29:40	10.11
4802	5750	KLIMOVICH TAMARA	MIŃSK		62	K40/105 (K)692	01:03:44	01:03:06	00:30:46	9.51
4803	711	BEDNORZ KAZIMIERZ	WARSZAWA		66	M40/837 (M)4111	01:03:44	00:58:46	00:29:52	10.21
4804	546	PIÓRKOWSKI JAROSŁAW	WARSZAWA		66	M40/838 (M)4112	01:03:44	00:58:47	00:29:53	10.21
4805	2063	BARTOCHOWSKI IRENEUSZ	WARSZAWA		57	M50/311 (M)4113	01:03:44	00:59:54	00:30:31	10.02
4806	6202	BŁOŃSKI PIOTR	WARSZAWA		82	M20/1153 (M)4114	01:03:44	00:58:18	00:29:16	10.29

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Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna / Klub Team / Club	R-k W kat. YoB in Age	Wynik Time	Wynik netto	Wynik 5km	[km/h]
4976	2712	CZEKAJ KATARZYNA		RBS BANK /	86 K20/285 (K)750	01:04:47	01:01:05	00:29:56	9.82
4977	2492	KNAP EWA	WARSZAWA	PLAY /	85 K20/286 (K)751	01:04:48	01:00:34	00:30:06	9.91
4978	1049	KALINOWSKI WITOLD	WARSZAWA	AVON /	81 M30/1749 (M)4227	01:04:48	01:03:04	00:29:38	9.51
4979	5849	IWASZKO ROMAN	WARSZAWA	ROBOTICS INVENTIONS /	83 M20/1186 (M)4228	01:04:48	00:59:06	00:28:06	10.15
4980	4524	MORAWSKI ROGER	WARSZAWA		79 M30/1750 (M)4229	01:04:48	00:59:33	00:28:41	10.08
4981	1639	DROBIK MARCIN	WARSZAWA		87 M20/1187 (M)4230	01:04:49	00:58:25	00:28:37	10.27
4982	6869	ŻURAWSKI PAWEŁ	NOWY GLINNIK	LENIWCE TEAM /	78 M30/1751 (M)4231	01:04:49	01:01:00	00:31:29	9.84
4983	4884	KOPCZYŃSKA BEATA	WARSZAWA	BRAK /	66 K40/115 (K)752	01:04:50	00:59:50	00:29:29	10.03
4984	1425	SALAŁKA-GAŁKA MAGDALENA	WARSZAWA		70 K40/116 (K)753	01:04:50	01:00:03	00:29:19	9.99
4985	4417	MIRECKI TOMASZ	WARSZAWA		72 M30/1752 (M)4232	01:04:51	00:59:18	00:30:43	10.12
4986	4171	WYSMOLEK MAGDALENA	WARSZAWA		92 K20/287 (K)754	01:04:51	01:02:17	00:32:18	9.63
4987	2469	MYCEK PRZEMYSŁAW	WARSZAWA	EDC RUNNERS /	83 M20/1188 (M)4233	01:04:52	00:58:15	00:29:08	10.30
4988	2474	BISKUPSKI JANEK	JÓZEFOSŁAW	EDC RUNNERS /	74 M30/1753 (M)4234	01:04:52	00:58:14	00:29:31	10.30
4989	2387	MARCZEWSKI STANISŁAW	WARSZAWA	12 TRI /	83 M20/1189 (M)4235	01:04:52	01:00:07	00:28:58	9.98
4990	3587	GÓRSKA JOLANTA	JULIANÓW		74 K30/307 (K)755	01:04:54	01:01:14	00:29:12	9.80
4991	4937	ZBICIAK PIOTR	WARSZAWA	RUN4URSUS /	79 M30/1754 (M)4236	01:04:54	01:00:02	00:29:50	9.99
4992	841	KRUPINIEWICZ ANTONI	LEGIONOWO		69 M40/851 (M)4237	01:04:54	00:58:17	00:29:28	10.29
4993	2381	NADOLNY WIESŁAW	WARSZAWA		69 M40/852 (M)4238	01:04:55	00:59:03	00:28:45	10.16
4994	1850	WYSOCKA PAULINA	WARSZAWA		82 K20/288 (K)756	01:04:55	01:00:38	00:30:58	9.90
4995	5565	MODZELEWSKI ZDZISŁAW	WARSZAWA		73 M30/1755 (M)4239	01:04:56	00:59:01	00:29:06	10.17
4996	5861	JAKUBCZAK DAWID	MIĘDZYBORÓW		96 M20/1190 (M)4240	01:04:56	01:00:48	00:31:16	9.87
4997	3093	DĄBRÓWKA TOMASZ	WARSZAWA		79 M30/1756 (M)4241	01:04:57	00:57:59	00:27:39	10.35
4998	216	ZAWODNIK DO UZUP			(M)4242	01:04:57	00:56:24	00:26:06	10.64
4999	1067	HUSZCZA AGATA	WARSZAWA	DB MATATHON TEAM /	81 K30/308 (K)757	01:04:58	00:59:01	00:29:17	10.17
5000	2110	RESZKA HANNA	ZIELONKA	- /	59 K50/35 (K)758	01:04:58	01:00:02	00:29:23	9.99
5001	2797	BARTHA STANISŁAW	ŁOMIANKI		96 M20/1191 (M)4243	01:04:58	01:04:15	00:27:41	9.34
5002	3368	ADAMCZYK JULIA	WARSZAWA		91 K20/289 (K)759	01:04:59	01:00:24	00:29:52	9.93
5003	2018	BOROWICZ-DWORAK PATRYCJA	WARSZAWA		70 K40/117 (K)760	01:04:59	00:59:57	00:31:12	10.01
5004	3689	KAWECKI ZYGMUNT	WARSZAWA	ABC KONDYCJA /	53 M50/321 (M)4244	01:05:01	00:59:38	00:29:10	10.06
5005	4877	GROCHOWSKA AGATA	WARSZAWA		83 K20/290 (K)761	01:05:01	00:59:52	00:29:36	10.02
5006	1120	GÓRA DANIEL	WARSZAWA		67 M40/853 (M)4245	01:05:02	01:02:26	00:31:09	9.61
5007	1539	ŻELAZKO MONIKA	JÓZEFÓW		74 K30/309 (K)762	01:05:03	00:58:58	00:29:42	10.18
5008	4802	RABIŃSKI PIOTR	JAKTORÓW		78 M30/1757 (M)4246	01:05:03	00:58:48	00:29:37	10.20
5009	1296	LEONARCZYK JERZY	KRAKÓW		60 M50/322 (M)4247	01:05:05	01:04:56	00:30:55	9.24
5010	1201	TONDER MAGDALENA	SECEMIN		84 K20/291 (K)763	01:05:05	01:03:34	00:29:21	9.44
5011	1303	KWIATKOWSKI RAFAŁ	GÓRA KALWARIA		86 M20/1192 (M)4248	01:05:05	01:02:54	00:29:38	9.54
5012	2033	SITEK MAŁGORZATA	DUCHNÓW		79 K30/310 (K)764	01:05:06	01:04:05	00:30:55	9.36
5013	2239	BANG MARTIN	WARSZAWA	AMBASADA DANII /	73 M30/1758 (M)4249	01:05:07	01:01:10	00:30:31	9.81
5014	2961	ZIÓŁKOWSKI ADAM	NOWY DWÓR		93 M20/1193 (M)4250	01:05:07	01:03:45	00:28:03	9.41
5015	2750	OPALA ALEKSANDRA	WARSZAWA		89 K20/292 (K)765	01:05:08	00:59:39	00:28:49	10.06
5016	3111	ARCISZEWSKA MARTA	WARSZAWA	OWCZY PĘD /	78 K30/311 (K)766	01:05:11	00:59:46	00:29:23	10.04
5017	1760	PIÓREK PRZEMYSŁAW	WARSZAWA		81 M30/1759 (M)4251	01:05:11	00:59:57	00:30:57	10.01
5018	3109	KRZYMOWSKI MAREK	WARSZAWA	OWCZY PĘD /	72 M30/1760 (M)4252	01:05:11	00:59:47	00:29:22	10.04
5019	1842	KACPRZYK BEATA	WARSZAWA		65 K40/118 (K)767	01:05:11	01:01:57	00:30:24	9.69
5020	2812	ZIÓŁKOWSKA ALEKSANDRA	WARSZAWA		82 K20/293 (K)768	01:05:11	01:03:49	00:28:04	9.40
5021	633	JANKOWSKI MICHAŁ	WARSZAWA		72 M30/1761 (M)4253	01:05:12	01:04:55	00:35:58	9.24
5022	5186	KOLIŃSKI ROBERT	WARSZAWA	WWW.INLAN.PL /	79 M30/1762 (M)4254	01:05:12	00:58:15	00:28:30	10.30
5023	4402	GULCZYŃSKA MAGDALENA	SZCZECIN	NIEZRZESZONA /	85 K20/294 (K)769	01:05:12	01:01:09	00:29:09	9.81
5024	5101	ROSTKOWSKI ROMAN	WARSZAWA		70 M40/854 (M)4255	01:05:13	01:00:00	00:29:23	10.00
5025	4403	GULCZYŃSKA MARTA	WARSZAWA	NIEZRZESZONA /	87 K20/295 (K)770	01:05:14	01:01:12	00:29:09	9.80
5026	2526	PIETRASIK MARZENA	STARE BABICE		63 K40/119 (K)771	01:05:15	00:58:40	00:27:51	10.23
5027	4507	KIREJCZYK ZOFIA	WARSZAWA	WYCZÓŁKI /	84 K20/296 (K)772	01:05:15	00:59:40	00:30:26	10.06
5028	6906	MARTYŃSKI MARCIN	WARSZAWA		69 M40/855 (M)4256	01:05:16	01:01:38	00:28:03	9.73
5029	4201	PYSZEL MAŁGORZATA	MIŃSK MAZOWIECKI		62 K40/120 (K)773	01:05:17	01:02:49	00:30:03	9.55
5030	4817	KUMOR MARCIN	WARSZAWA		74 M30/1763 (M)4257	01:05:18	01:00:24	00:30:14	9.93
5031	3339	FAZAN RAFAŁ	WARSZAWA	ULEASHED /	71 M40/856 (M)4258	01:05:20	01:00:26	00:30:05	9.93
5032	6056	LESIECKI MICHAŁ	ŁÓDŹ	STRAŻ MIEJSKA ŁÓDŹ /	86 M20/1194 (M)4259	01:05:20	01:02:32	00:30:16	9.59

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Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna / Klub Team / Club	R-k W kat. YoB in Age	Wynik Time	Wynik netto	Wynik 5km	[km/h]
5090	1887	WARDECKA DOROTA	ZĄBKI	UNTS WARSZAWA /	65 K40/125 (K)791	01:05:45	00:59:43	00:30:40	10.05
5091	5235	PULASKI RYSZARD	WARSZAWA	ITI ADVENTURE TEAM /	53 M50/325 (M)4300	01:05:45	01:03:09	00:29:34	9.50
5092	2358	JAKUBOWSKI DANIEL			95 M20/1203 (M)4301	01:05:45	01:00:36	00:29:06	9.90
5093	759	PIETRZAK JACEK	WOŁOMIN		70 M40/866 (M)4302	01:05:46	00:59:44	00:30:38	10.04
5094	6468	SUCHECKA ALEKSANDRA	WARSZAWA	KW WARSZAWA /	85 K20/304 (K)792	01:05:46	00:59:43	00:30:06	10.05
5095	1142	STOLARSKA BEATA	JABŁONNA		66 K40/126 (K)793	01:05:47	01:04:08	00:31:58	9.36
5096	5110	GALADYK MARCIN	WARSZAWA	KAWAKANAPAKSIĄŻKI /	78 M30/1785 (M)4303	01:05:48	01:00:08	00:29:03	9.98
5097	2090	MIERZEJEWSKA KATARZYNA	WARSZAWA		85 K20/305 (K)794	01:05:48	01:00:37	00:30:54	9.90
5098	4362	GAŚSIOROWSKI KONRAD	PLONSK		82 M20/1204 (M)4304	01:05:49	01:01:02	00:30:17	9.83
5099	1109	KORDEK AGNIESZKA	WARSZAWA	- /	81 K30/317 (K)795	01:05:50	01:00:20	00:29:13	9.94
5100	3848	SPIEWAK SYLWIA	WARSZAWA		74 K30/318 (K)796	01:05:50	01:00:14	00:30:18	9.96
5101	1266	KIERSZNIIEWSKI PIOTR	GRÓJEC		74 M30/1786 (M)4305	01:05:50	00:59:55	00:30:46	10.01
5102	1265	GMAJ DANIEL			83 M20/1205 (M)4306	01:05:51	00:59:56	00:30:47	10.01
5103	1263	MAŃKA PIOTR	GRÓJEC		70 M40/867 (M)4307	01:05:51	00:59:56	00:28:52	10.01
5104	1405	KĘDZIERSKI PAWEŁ	WARSZAWA		57 M50/326 (M)4308	01:05:52	01:01:14	00:32:32	9.80
5105	1490	POZIARSKI DARIUSZ	JÓZEFOSŁAW		76 M30/1787 (M)4309	01:05:52	01:00:58	00:29:23	9.84
5106	3164	PACHOLSKI MARCIN	WARSZAWA		77 M30/1788 (M)4310	01:05:53	01:01:11	00:30:45	9.81
5107	1885	SZYMANEK RAJMUND	WARSZAWA		94 M20/1206 (M)4311	01:05:54	00:59:30	00:33:38	10.08
5108	2934	DZIKI MARZENNA	WARSZAWA	ALETEMPO /	53 K50/37 (K)797	01:05:55	01:01:36	00:30:09	9.74
5109	1174	KOZIARSKI TOMASZ	KŁUDNO STARE		70 M40/868 (M)4312	01:05:56	01:04:00	00:30:23	9.38
5110	4465	KUCHARSKI PIOTR	LUBARTÓW		68 M40/869 (M)4313	01:05:57	00:59:20	00:30:06	10.11
5111	3980	SIENKIEWICZ KATARZYNA	WARSZAWA		71 K40/127 (K)798	01:05:57	00:59:20	00:30:08	10.11
5112	3466	OSTROWSKI ANDRZEJ	WARSZAWA	- /	63 M40/870 (M)4314	01:05:57	00:59:19	00:30:07	10.12
5113	4169	KĘPIŃSKI TOMASZ	NIEPORĘT		85 M20/1207 (M)4315	01:05:59	00:59:37	00:29:59	10.06
5114	4958	KWIATKOWSKA MAJA	WARSZAWA		80 K30/319 (K)799	01:05:59	01:01:04	00:29:23	9.83
5115	5547	BORCZYK MAŁGORZATA	WARSZAWA		83 K20/306 (K)800	01:05:59	01:02:05	00:29:33	9.66
5116	5567	PATOKA PIOTR	WARSZAWA		77 M30/1789 (M)4316	01:05:59	00:59:43	00:30:04	10.05
5117	672	DEMBSKA JOANNA	WARSZAWA		82 K20/307 (K)801	01:06:00	01:01:04	00:29:23	9.83
5118	1155	KACPRZAK MACIEJ			80 M30/1790 (M)4317	01:06:00	01:04:39	00:32:57	9.28
5119	5836	HOGBERG JONAS	WARSZAWA		72 M30/1791 (M)4318	01:06:01	01:01:34	00:29:44	9.75
5120	1796	BARATI EHSAN	TEHERAN IRAN	ICHF / NOBLESSE /	81 M30/1792 (M)4319	01:06:01	00:59:23	00:29:50	10.10
5121	674	GAJDA AGNIESZKA	WARSZAWA		89 K20/308 (K)802	01:06:01	01:01:47	00:30:22	9.71
5122	3463	SOLIS TOMASZ	BELŻYCE		82 M20/1208 (M)4320	01:06:01	01:00:02	00:30:03	9.99
5123	4513	MŁOCHOWSKI MIKOŁAJ	WARSZAWA	- /	81 M30/1793 (M)4321	01:06:02	01:00:59	00:28:48	9.84
5124	3197	PANTERA ROMAN	WARSZAWA		82 M20/1209 (M)4322	01:06:02	01:00:41	00:28:34	9.89
5125	6526	RÓŻOWICZ MACIEJ	WARSZAWA		77 M30/1794 (M)4323	01:06:03	00:59:39	00:30:10	10.06
5126	2400	PAWŁOWSKA MAGDALENA	WARSZAWA		83 K20/309 (K)803	01:06:03	01:01:15	00:30:13	9.80
5127	2740	MAJHOFFER KUBA	WARSZAWA		95 M20/1210 (M)4324	01:06:03	01:04:28	00:30:30	9.31
5128	462	KOBUSIŃSKI EUGENIUSZ	WARSZAWA	AUTOMEX /	54 M50/327 (M)4325	01:06:04	00:59:54	00:29:46	10.02
5129	3857	DRZEWIECKI ROBERT	WARSZAWA		67 M40/871 (M)4326	01:06:04	01:02:29	00:29:51	9.60
5130	2472	FAFLIK-BROOKS ARTUR	WARSZAWA	EDC RUNNERS /	82 M20/1211 (M)4327	01:06:04	00:59:27	00:29:33	10.09
5131	4627	JEDLIŃSKA KATARZYNA	WARSZAWA		83 K20/310 (K)804	01:06:05	01:00:20	00:31:29	9.94
5132	5189	PILCICKI PRZEMYSŁAW	WARSZAWA		85 M20/1212 (M)4328	01:06:05	01:01:00	00:29:49	9.84
5133	2078	KUCHCIŃSKA MICHALINA	PRZASNYSZ	NIEZRZESZONA /	83 K20/311 (K)805	01:06:05	01:00:24	00:30:39	9.93
5134	1295	LEONARCZYK DANIEL	KRAKÓW	CLEPARDIA KRAKÓW /	95 M20/1213 (M)4329	01:06:06	01:05:57	00:33:09	9.10
5135	6360	PIWNIK MAGDALENA	KRAKÓW	TEAM NUTRILITE /	83 K20/312 (K)806	01:06:06	01:02:35	00:29:42	9.59
5136	2598	MIKULSKA DANUTA	WARSZAWA		76 K30/320 (K)807	01:06:06	01:01:57	00:30:51	9.69
5137	1844	TOMASZKIEWICZ JAROSŁAW	ZĄBKI	ZGRYZ ZĄBKI /	72 M30/1795 (M)4330	01:06:06	01:04:05	00:31:58	9.36
5138	2596	PRUŚNIEWSKA ELŻBIETA	WARSZAWA		81 K30/321 (K)808	01:06:07	01:01:57	00:30:50	9.69
5139	6525	RÓŻAŃSKI PAWEŁ	AUGUSTÓW		83 M20/1214 (M)4331	01:06:08	01:02:05	00:31:56	9.66
5140	1587	WŁADYKA KINGA	KONSTANCIN-JEZIORNA		80 K30/322 (K)809	01:06:08	01:00:29	00:29:56	9.92
5141	1161	ROMANOWSKI MICHAŁ	WARSZAWA		76 M30/1796 (M)4332	01:06:08	01:01:57	00:31:22	9.69
5142	473	BOCZKOWSKA PAULINA	MILANÓWEK		80 K30/323 (K)810	01:06:08	01:01:27	00:29:42	9.76
5143	1385	NAUMIUK MAŁGORZATA	PARCZEW	KS ZADYSZKA.PL /	79 K30/324 (K)811	01:06:09	01:00:56	00:30:18	9.85
5144	5970	KOSIOR DARIUSZ	WARSZAWA		67 M40/872 (M)4333	01:06:09	01:02:05	00:31:55	9.66
5145	1387	JAKOWIECKI KAROL	PARCZEW	KS ZADYSZKA.PL /	85 M20/1215 (M)4334	01:06:09	01:00:55	00:30:18	9.85
5146	3173	WRZOSEK ZBIGNIEW	WARSZAWA	NIEZRZESZONY /	70 M40/873 (M)4335	01:06:09	01:02:16	00:29:48	9.64

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Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna / Klub Team / Club	R-k YoB	W kat. in Age	Wynik Time	Wynik netto	Wynik 5km	[km/h]
5204	4805	GUZ JACEK	LEGIONOWO		65	M40/879 (M)4369	01:06:37	01:01:02	00:30:17	9.83
5205	4804	GUZ ALEKSANDRA	LEGIONOWO		89	K20/323 (K)836	01:06:37	01:01:04	00:30:19	9.83
5206	1239	JACKOWIAK ZBIGNIEW	WARSZAWA	KS OTRYT /	50	M60/78 (M)4370	01:06:38	01:02:30	00:30:38	9.60
5207	463	KAMIŃSKI KRZYSZTOF	WARSZAWA	KAMIKADZE /	70	M40/880 (M)4371	01:06:41	01:00:31	00:29:42	9.91
5208	3571	LECH BEATA	OTWOCK		63	K40/132 (K)837	01:06:41	01:05:34	00:32:02	9.15
5209	2908	KAJAK ANNA MARIA	GARWOLIN	TRUCHTACZ.PL /	94	K20/324 (K)838	01:06:42	01:03:49	00:30:52	9.40
5210	2912	KAJAK MIROSLAW	GARWOLIN	TRUCHTACZ.PL /	58	M50/332 (M)4372	01:06:42	01:03:48	00:30:51	9.40
5211	2781	ŁUBIAN MAGDALENA	OTWOCK		82	K20/325 (K)839	01:06:43	01:02:27	00:30:00	9.61
5212	298	KEPKA ROBERT			78	M30/1808 (M)4373	01:06:43	01:05:31	00:31:32	9.16
5213	2782	ŁUBIAN IWONA	OTWOCK		82	K20/326 (K)840	01:06:43	01:02:28	00:30:01	9.61
5214	2930	OLECH MONIKA	WARSZAWA		81	K30/332 (K)841	01:06:44	01:01:07	00:29:44	9.82
5215	1929	BIJAK PIOTR	RASZYN	PKO_ /	63	M40/881 (M)4374	01:06:44	00:58:25	00:27:02	10.27
5216	5455	DĘBSKA KINGA	WARSZAWA		69	K40/133 (K)842	01:06:44	01:00:43	00:31:03	9.88
5217	513	KOLASA BARBARA	WARSZAWA-WESOLA		56	K50/41 (K)843	01:06:45	01:06:31	00:32:18	9.02
5218	5594	BOLDYS OLIVIA	GLIWICE	BANK PEKAO SA /	88	K20/327 (K)844	01:06:45	01:01:34	00:30:01	9.75
5219	515	GŁADYSZ PAWEŁ	WARSZAWA		70	M40/882 (M)4375	01:06:45	01:01:58	00:30:25	9.68
5220	1225	ŚLARZYŃSKI JACEK	WARSZAWA		69	M40/883 (M)4376	01:06:45	00:59:53	00:29:31	10.02
5221	18	STRUMIŃSKA MAŁGORZATA			60	K50/42 (K)845	01:06:46	01:06:22	00:31:54	9.04
5222	3551	KORNACKI RAFAŁ	KALINOWO	PUKS ROCH JASIEŃNICA /	86	M20/1227 (M)4377	01:06:47	01:02:39	00:31:16	9.58
5223	3858	MIKLARZ PAWEŁ	PŁOŃSK		77	M30/1809 (M)4378	01:06:47	01:00:58	00:32:25	9.84
5224	5871	JASINOWSKA EMILIA	MIĘDZYCHÓD	- /	52	K50/43 (K)846	01:06:47	01:02:47	00:30:16	9.56
5225	3434	DRZEWICZ TOMASZ	WARSZAWA		71	M40/884 (M)4379	01:06:49	01:04:58	00:29:35	9.24
5226	966	WALENDZIK MAŁGORZATA	LEGIONOWO	KB PIMAR /	57	K50/44 (K)847	01:06:49	01:01:42	00:30:10	9.72
5227	531	WILK-SOKOŁOWSKI JAREK	MILANÓWEK		76	M30/1810 (M)4380	01:06:49	01:01:32	00:31:19	9.75
5228	4752	KORNAS AGNIESZKA	WARSZAWA	HYPERMEDIAISOBAR /	75	K30/333 (K)848	01:06:50	01:04:56	00:30:18	9.24
5229	5143	KOZIŃSKA MAŁGORZATA	WARSZAWA		70	K40/134 (K)849	01:06:51	01:02:25	00:31:49	9.61
5230	5931	KLUZIŃSKI JAKUB	RADOM	BANK PEKAO S.A. /	76	M30/1811 (M)4381	01:06:51	01:04:22	00:32:36	9.32
5231	83	KRÓL TYMOTEUZ	WARSZAWA	ASICS /	77	M30/1812 (M)4382	01:06:51	01:03:45	00:32:24	9.41
5232	3126	KRAWCZYK MARYLA	PIASECZNO		75	K30/334 (K)850	01:06:52	01:00:47	00:30:39	9.87
5233	2690	SOBIECKI ARTUR	MARKI		70	M40/885 (M)4383	01:06:53	01:00:50	00:30:48	9.86
5234	4199	TREPKOWSKA JULIA	WARSZAWA		95	K20/328 (K)851	01:06:53	01:01:51	00:29:48	9.70
5235	537	SWACZYŃSKI ROBERT	WARSZAWA	JULIA TEAM /	68	M40/886 (M)4384	01:06:55	01:04:17	00:31:03	9.33
5236	4493	ŁOJEWSKI ANDRZEJ	WARSZAWA		70	M40/887 (M)4385	01:06:55	01:01:11	00:30:09	9.81
5237	3032	OMILIAN AGNIESZKA	WARSZAWA		73	K30/335 (K)852	01:06:55	01:02:07	00:30:42	9.66
5238	3045	KRZYCKI RAFAŁ	WARSZAWA		77	M30/1813 (M)4386	01:06:56	01:01:18	00:30:30	9.79
5239	6260	NOWAK MARIA	PRUSZKÓW	BRAK /	62	K40/135 (K)853	01:06:56	01:03:15	00:31:29	9.49
5240	290	STĄSIEK DARIUSZ		POLICJA /	11	(M)4387	01:06:57	01:01:40	00:29:38	9.73
5241	2294	FIEDOROWICZ ELWIRA	SOKÓLKA		87	K20/329 (K)854	01:06:58	01:02:39	00:29:56	9.58
5242	6513	ROKICKA IZA	WARSZAWA		82	K20/330 (K)855	01:06:58	01:03:35	00:30:40	9.44
5243	5416	COLAUTTI KATARZYNA	WARSZAWA		68	K40/136 (K)856	01:06:59	01:00:44	00:30:48	9.88
5244	5417	COLAUTTI ENRICO	WARSZAWA		66	M40/888 (M)4388	01:06:59	01:00:44	00:30:47	9.88
5245	3295	SOBUŚ MIŁOSZ	WARSZAWA		75	M30/1814 (M)4389	01:06:59	01:02:13	00:29:09	9.64
5246	119	MIGDAŁ EWELINA	WARSZAWA	AMWEY /	67	K40/137 (K)857	01:07:01	01:02:36	00:33:56	9.58
5247	961	KOWALSKI SEBASTIAN	WARSZAWA		78	M30/1815 (M)4390	01:07:02	01:00:52	00:29:41	9.86
5248	5603	FOLARON BEATA	WARSZAWA		71	K40/138 (K)858	01:07:02	01:01:46	00:30:23	9.71
5249	5601	BUKOWSKA GRAŻYNA	WARSZAWA		70	K40/139 (K)859	01:07:02	01:01:45	00:30:22	9.72
5250	630	PRZYGODZKA-KOBUS HANNA	KONSTANCIN-JEZIORNA		72	K30/336 (K)860	01:07:02	01:01:08	00:29:51	9.81
5251	2733	ŻMIJEWSKA MARIOLA	WARSZAWA		73	K30/337 (K)861	01:07:02	01:01:28	00:30:11	9.76
5252	1475	GROTKOWSKA MONIKA	WARSZAWA		86	K20/331 (K)862	01:07:03	01:00:55	00:30:57	9.85
5253	4479	IGNATOWICZ-CECOT ANNA	WARSZAWA	- /	83	K20/332 (K)863	01:07:03	01:01:22	00:30:10	9.78
5254	4741	RYCHLIK MARIUSZ	KSIAŻENICE		72	M30/1816 (M)4391	01:07:05	01:01:47	00:31:22	9.71
5255	3481	ŁUGOWSKI PAWEŁ	WARSZAWA		58	M50/333 (M)4392	01:07:05	01:01:59	00:29:38	9.68
5256	4106	KARPETA MATEUSZ	SZYDŁOWIEC		87	M20/1228 (M)4393	01:07:06	01:02:59	00:31:12	9.53
5257	5856	JAGURA ROBERT	ŻYRARDÓW		69	M40/889 (M)4394	01:07:06	01:01:21	00:31:29	9.78
5258	2814	CZYŻ WITOLD	WARSZAWA		71	M40/890 (M)4395	01:07:06	01:01:56	00:30:13	9.69
5259	4533	KRUSZELNICKI KRZYSZTOF	BOBROWNIKI	TEAM NUTRILITE /	71	M40/891 (M)4396	01:07:07	01:01:53	00:30:58	9.70
5260	5188	MAKULEC DOMINIK	GARWOLIN		73	M30/1817 (M)4397	01:07:07	01:00:20	00:33:21	9.94

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Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna / Klub Team / Club	R-k W kat. YoB in Age	Wynik Time	Wynik netto	Wynik 5km	[km/h]
5261	3071	WIELICZKO KRZYSZTOF	WARSZAWA		71 M40/892 (M)4398	01:07:07	01:01:13	00:30:22	9.80
5262	1005	KOTLIKA MAŁGORZATA	WARSZAWA		75 K30/338 (K)864	01:07:07	01:01:52	00:30:05	9.70
5263	6889	KOPEĆ MONIKA	WARSZAWA		74 K30/339 (K)865	01:07:07	01:02:01	00:30:12	9.67
5264	763	BOGUSIEWICZ BEATA	WARSZAWA	BRAK /	80 K30/340 (K)866	01:07:08	01:00:51	00:30:46	9.86
5265	74	KORDACKI MARCIN	WARSZAWA	ASTER BIZNES /	77 M30/1818 (M)4399	01:07:09	01:04:03	00:29:42	9.37
5266	5546	RUMIŃSKA KATARZYNA	WARSZAWA	FESTIWAL BIEGOWY /	85 K20/333 (K)867	01:07:09	01:02:38	00:29:06	9.58
5267	1835	BORKOWSKI MICHAŁ	WARSZAWA	MŁODE LWY /	96 M20/1229 (M)4400	01:07:10	01:03:27	00:29:14	9.46
5268	296	GOTKOWICZ AGATA	WARSZAWA		82 K20/334 (K)868	01:07:10	01:04:20	00:32:55	9.33
5269	2653	GOSEK ANDRZEJ	WARSZAWA	SKK MŁODE LWY /	68 M40/893 (M)4401	01:07:11	01:03:26	00:29:13	9.46
5270	5272	BADZYŃSKI PAWEŁ	WARSZAWA		71 M40/894 (M)4402	01:07:12	01:02:04	00:29:51	9.67
5271	1683	SZNAJDER BEATA	BROCHÓW		81 K30/341 (K)869	01:07:12	01:06:17	00:29:40	9.05
5272	4764	WASILEWSKI MATEUSZ	WARSZAWA		81 M30/1819 (M)4403	01:07:12	01:01:51	00:31:42	9.70
5273	2111	GRZANKA MICHAŁ	STRZENIÓWKA		74 M30/1820 (M)4404	01:07:12	01:01:22	00:31:14	9.78
5274	5874	JASIŃSKI EDWARD	HORNÓWEK		71 M40/895 (M)4405	01:07:12	01:01:37	00:29:56	9.74
5275	5745	DROŻEK BOŻENA		PKO BP /	(K)870	01:07:12	00:58:35	00:26:56	10.24
5276	6905	CIEMIŃSKI BARTŁOMIEJ	LESZNOWOLA	MAN TRUCK & BUS /	79 M30/1821 (M)4406	01:07:13	01:04:56	00:30:19	9.24
5277	2760	KAPROŃ AGNIESZKA	KRZEMIEŃ PIERWSZY		79 K30/342 (K)871	01:07:13	01:03:25	00:30:50	9.46
5278	3072	RZEŃNIK PAWEŁ	WARKA		59 M50/334 (M)4407	01:07:13	01:05:11	00:33:59	9.20
5279	5502	KUZIEMSKA ANNA	SKIERNIEWICE	PGWB /	79 K30/343 (K)872	01:07:15	01:01:26	00:31:34	9.77
5280	2840	WICHROWSKI RADOSŁAW	WARSZAWA	WODA ŻYCIA /	81 M30/1822 (M)4408	01:07:15	01:00:48	00:29:23	9.87
5281	3026	SANIEWSKI MICHAŁ	WARSZAWA		81 M30/1823 (M)4409	01:07:18	01:01:57	00:31:16	9.69
5282	3024	JANKOWSKA ANGELIKA	CHWASZCZYNO		83 K20/335 (K)873	01:07:18	01:01:59	00:31:18	9.68
5283	7317	KRAJCZYŃSKI KAROL JÓZEF	LEGIONOWO		01 M20/1230 (M)4410	01:07:19	00:58:36	00:26:21	10.24
5284	3924	KOSTRZEWA RADOSŁAW	WARSZAWA		79 M30/1824 (M)4411	01:07:19	01:01:44	00:29:50	9.72
5285	481	SZOKALSKA ALEKSANDRA	WARSZAWA	TRANCE INSIDE /	82 K20/336 (K)874	01:07:20	00:58:35	00:26:43	10.24
5286	4020	KRAJCZYŃSKI ANDRZEJ	LEGIONOWO		72 M30/1825 (M)4412	01:07:20	01:04:45	00:32:29	9.27
5287	3525	STOPA SEWERYN	SUCHEDNIÓW		76 M30/1826 (M)4413	01:07:21	01:05:13	00:31:20	9.20
5288	6427	DĄDZIK PIOTR	USTANÓW		72 M30/1827 (M)4414	01:07:22	01:00:46	00:28:48	9.87
5289	4961	GRABOWSKA AGATA	TORUŃ		75 K30/344 (K)875	01:07:23	01:04:30	00:33:53	9.30
5290	4972	PENKALA LIDIA	WARSZAWA		75 K30/345 (K)876	01:07:23	01:04:29	00:33:53	9.30
5291	4882	BIERNACKA PAULINA	WARSZAWA		84 K20/337 (K)877	01:07:24	01:04:10	00:31:14	9.35
5292	3370	HÄFNER HANNA	WARSZAWA		91 K20/338 (K)878	01:07:25	01:01:00	00:32:31	9.84
5293	4901	KOCON MAGDALENA	WARSZAWA		84 K20/339 (K)879	01:07:25	01:01:40	00:30:40	9.73
5294	2565	JANASIEWICZ KATARZYNA	WARSZAWA		72 K30/346 (K)880	01:07:26	01:05:10	00:30:46	9.21
5295	5010	SOSNOWSKA AGNIESZKA	WARSZAWA		83 K20/340 (K)881	01:07:26	01:02:14	00:30:33	9.64
5296	5578	WYLOT PAULINA	WARSZAWA	- /	85 K20/341 (K)882	01:07:26	01:02:15	00:28:30	9.64
5297	2833	JANCZEWSKA MARTA	WARSZAWA		81 K30/347 (K)883	01:07:26	01:02:27	00:30:49	9.61
5298	3715	BIĄŁOWĄS BOGUSŁAW	WARSZAWA	BRACTWO BIEGOWE BGK /	69 M40/896 (M)4415	01:07:26	01:03:24	00:30:17	9.46
5299	5888	JUŚKIEWICZ JAROSŁAW	KRAKÓW		78 M30/1828 (M)4416	01:07:27	01:01:51	00:31:34	9.70
5300	2436	JASTRZĘBSKA ANNA	WARSZAWA		59 K50/45 (K)884	01:07:28	01:05:58	00:31:37	9.10
5301	2231	NIELSEN LISBETH	WARSZAWA	AMBASADA DANII /	87 K20/342 (K)885	01:07:29	01:04:19	00:31:37	9.33
5302	2518	ŻUK MAŁGORZATA	WARSZAWA	GENERALI RUNNING TEAM /	71 K40/140 (K)886	01:07:30	01:05:28	00:31:57	9.16
5303	2520	KALĘCKI RAFAŁ	WARSZAWA	GENERALI RUNNING TEAM /	76 M30/1829 (M)4417	01:07:30	01:05:30	00:31:57	9.16
5304	1865	KRÓL ALEKSANDRA	WARSZAWA		79 K30/348 (K)887	01:07:31	01:05:14	00:31:50	9.20
5305	4744	ZDZIECHOWSKI JAN	POZNAŃ		84 M20/1231 (M)4418	01:07:32	00:58:41	00:25:18	10.22
5306	6972	NIZIOŁ ALEKSANDRA	WARSZAWA	GRUPA MARKI 2020 :) /	84 K20/343 (K)888	01:07:33	01:06:14	00:32:02	9.06
5307	4660	MAZUR ANTONI	WARSZAWA		91 M20/1232 (M)4419	01:07:35	01:01:01	00:31:38	9.83
5308	4083	MARCINIAK TOMASZ	WARSZAWA		78 M30/1830 (M)4420	01:07:35	01:01:20	00:31:45	9.78
5309	4703	PIEGAT AGNIESZKA	WARSZAWA		83 K20/344 (K)889	01:07:35	01:03:20	00:30:58	9.47
5310	1812	JÓZWICKI MICHAŁ	WIĄZOWNA		77 M30/1831 (M)4421	01:07:36	01:06:49	00:32:26	8.98
5311	718	WÓJCIK PAULINA	LATOWICZ		87 K20/345 (K)890	01:07:36	01:06:13	00:31:49	9.06
5312	7156	GARIBIAN-SAMSEL MARIA	LEGIONOWO		82 K20/346 (K)891	01:07:36	00:58:53	00:26:22	10.19
5313	977	DUKIELSKA BEATA	WARSZAWA		69 K40/141 (K)892	01:07:36	01:00:59	00:31:33	9.84
5314	5040	GAWRYSZEWSKI KRZYSZTOF	WARSZAWA		88 M20/1233 (M)4422	01:07:36	01:04:42	00:30:44	9.27
5315	82	ZABŁOCKI WOJCIECH	WARSZAWA	ASICS /	85 M20/1234 (M)4423	01:07:37	01:04:31	00:32:24	9.30
5316	81	KAMIŃSKI MARCIN	WARSZAWA	ASICS /	85 M20/1235 (M)4424	01:07:37	01:04:31	00:32:24	9.30
5317	2250	GAWRYSZEWSKI JACEK	WARSZAWA		50 M60/79 (M)4425	01:07:37	01:04:45	00:30:44	9.27

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<b>Miejsce Rank</b>	<b>Nr Bib</b>	<b>Nazwisko i imię Name</b>	<b>Miejscowość City</b>	<b>Drużyna / Klub Team / Club</b>	<b>R-k W kat. YoB in Age</b>	<b>Wynik Time</b>	<b>Wynik netto</b>	<b>Wynik 5km</b>	<b>[km/h]</b>
5318	4712	DWORECKA AGNIESZKA	PULTUSK		74 K30/349 (K)893	01:07:38	01:01:30	00:30:32	9.76
5319	79	SZCZEPLEK JAN	WARSZAWA	ASICS /	85 M20/1236 (M)4426	01:07:39	01:04:32	00:32:22	9.30
5320	1248	JOŃCZYK KATARZYNA	WARSZAWA		71 K40/142 (K)894	01:07:39	01:02:59	00:30:24	9.53
5321	4585	FRONCZEWSKA MAGDALENA	WARSZAWA		78 K30/350 (K)895	01:07:39	01:03:35	00:31:04	9.44
5322	3686	SKOLIMOWSKA EWA	SIEDLCE	DRUŻYNA GANDALFA /	94 K20/347 (K)896	01:07:40	01:03:02	00:30:42	9.52
5323	5563	MIODUSZEWSKA ALEKSANDRA	WARSZAWA		84 K20/348 (K)897	01:07:40	01:06:25	00:32:17	9.03
5324	6280	OLESIEJUK ANTONI	LUBARTÓW		54 M50/335 (M)4427	01:07:40	01:02:37	00:30:53	9.58
5325	4105	POTORĘCKA DOROTA	WARSZAWA	HENKEL RUNNING TEAM /	57 K50/46 (K)898	01:07:40	01:01:17	00:30:11	9.79
5326	6973	KLICKI TOMASZ	MARKI		77 M30/1832 (M)4428	01:07:40	01:01:23	00:30:28	9.77
5327	2779	BOROWSKI SŁAWOMIR	GRODZISK MAZOWIECKI	CAPOEIRA RAIZ /	86 M20/1237 (M)4429	01:07:40	01:02:47	00:31:16	9.56
5328	3308	MAKNIA MATEUSZ	WARSZAWA	CAPOEIRA RAIZ /	90 M20/1238 (M)4430	01:07:40	01:02:47	00:31:17	9.56
5329	2778	KOŁODZIEJ LIDIA	WARSZAWA	CAPOEIRA RAIZ /	80 K30/351 (K)899	01:07:40	01:02:47	00:31:17	9.56
5330	762	GALLEWICZ TERESA	WARSZAWA		79 K30/352 (K)900	01:07:40	01:01:29	00:30:20	9.76
5331	1563	CZERWIEC MARCIN	WARSZAWA		76 M30/1833 (M)4431	01:07:41	01:01:25	00:31:19	9.77
5332	4210	GÓRA GRZEGORZ	WARSZAWA		82 M20/1239 (M)4432	01:07:42	01:04:11	00:32:46	9.35
5333	1258	ŚWIDER ZOFIA	SIEDLCE		47 K60/5 (K)901	01:07:42	01:07:34	00:33:20	8.88
5334	2780	PIETRZAK MARTYNA	WARSZAWA		94 K20/349 (K)902	01:07:43	01:07:34	00:31:56	8.88
5335	1414	BUJAKOWSKA-MATYJASIAK KATARZYNA	WARSZAWA		75 K30/353 (K)903	01:07:43	01:06:48	00:31:51	8.98
5336	1432	GŁOWACKA EMILIA	ZGIERZ	PRIMORI MORTE /	82 K20/350 (K)904	01:07:45	01:05:05	00:32:26	9.22
5337	1276	MULARCZYK AGNIESZKA	RASZYN		79 K30/354 (K)905	01:07:46	01:05:40	00:32:06	9.14
5338	6191	MYSLAK WIESLAW	KROCZEWO		60 M50/336 (M)4433	01:07:47	01:01:52	00:30:25	9.70
5339	2022	BORZYMEK LUDWIKA	WYSZKÓW		89 K20/351 (K)906	01:07:48	01:07:35	00:32:08	8.88
5340	2115	ZABOROWSKA KINGA	PARLIN	BRAK /	94 K20/352 (K)907	01:07:48	01:05:45	00:30:52	9.13
5341	1585	GOLAŃSKI DANIEL	USTRZYKI DOLNE		83 M20/1240 (M)4434	01:07:48	01:05:45	00:30:52	9.13
5342	6446	JANIEC MATEUSZ	WARSZAWA		80 M30/1834 (M)4435	01:07:48	01:07:27	00:37:03	8.90
5343	3752	CZAPLICKI LECH	WARSZAWA		54 M50/337 (M)4436	01:07:48	01:01:36	00:32:35	9.74
5344	5498	FRĄCZKOWSKA KATARZYNA	WARSZAWA		79 K30/355 (K)908	01:07:48	01:06:52	00:31:56	8.97
5345	1273	GRUSZCZYŃSKI MAREK	WARSZAWA		48 M60/80 (M)4437	01:07:49	01:02:05	00:31:17	9.66
5346	4921	WAŚOWICZ JAKUB	WARSZAWA		79 M30/1835 (M)4438	01:07:49	01:02:37	00:28:51	9.58
5347	6132	MATYSIAK WOJCIECH	WARSZAWA		74 M30/1836 (M)4439	01:07:50	01:02:31	00:30:48	9.60
5348	563	MICHNOWSKI PAWEŁ	WARSZAWA		82 M20/1241 (M)4440	01:07:50	01:05:01	00:31:11	9.23
5349	2809	WIELANIER MATYLDA	WARSZAWA	----- /	76 K30/356 (K)909	01:07:51	01:05:37	00:32:36	9.14
5350	6532	RUSAK KINGA	MIĄSTKÓW KOŚCIELNY	RUNNING TEAM MIĄSTKÓW /	95 K20/353 (K)910	01:07:51	01:03:14	00:30:22	9.49
5351	3751	CZAPLICKI ADAM	WARSZAWA		87 M20/1242 (M)4441	01:07:51	01:01:39	00:32:35	9.73
5352	4517	MIROWSKI JAN	WARSZAWA	FC SKARYSZAK /	84 M20/1243 (M)4442	01:07:51	01:01:38	00:31:03	9.73
5353	3838	ZARZYCKA MONIKA	WARSZAWA	AXA RUNNING TEAM /	79 K30/357 (K)911	01:07:52	01:03:13	00:33:21	9.49
5354	627	KUBAT BARTOSZ	WARSZAWA		84 M20/1244 (M)4443	01:07:52	01:01:40	00:31:03	9.73
5355	4346	BERNE WŁODZIMIERZ	OŻARÓW	BEZ PRZYDZIAŁU /	50 M60/81 (M)4444	01:07:52	01:01:50	00:30:48	9.70
5356	1123	KIELEWICZ KAZIMIERZ	RADOM		52 M50/338 (M)4445	01:07:54	01:02:01	00:28:53	9.67
5357	2866	LIPKA URSZULA	WARSZAWA		86 K20/354 (K)912	01:07:54	01:02:23	00:31:26	9.62
5358	6947	KOTECKI SŁAWOMIR	WARSZAWA		74 M30/1837 (M)4446	01:07:55	01:01:37	00:31:27	9.74
5359	4990	JACKIEWICZ ZBIGNIEW	WARSZAWA		58 M50/339 (M)4447	01:07:55	01:02:42	00:30:26	9.57
5360	2349	KOSSON DANUTA	WARSZAWA		50 K60/6 (K)913	01:07:55	01:03:57	00:32:03	9.38
5361	7155	MARCINKIEWICZ AGNIESZKA	WIELISZEW		86 K20/355 (K)914	01:07:56	00:59:24	00:29:29	10.10
5362	1956	KOZŁOWSKI JAKUB	WARSZAWA	PKO_ /	79 M30/1838 (M)4448	01:07:57	01:03:44	00:31:28	9.41
5363	529	BOROWIEC ŁUKASZ	WARSZAWA		82 M20/1245 (M)4449	01:07:57	01:02:56	00:29:32	9.53
5364	1921	PRESKO PAWEŁ	WARSZAWA	PKO_ /	79 M30/1839 (M)4450	01:07:58	01:03:22	00:29:50	9.47
5365	965	BEDNARZAK TADEUSZ	SIEDLCE		58 M50/340 (M)4451	01:07:58	01:01:16	00:31:06	9.79
5366	4857	ZIELIŃSKA KATARZYNA	GÓRA KALWARIA	TEAM NUTRILITE /	78 K30/358 (K)915	01:07:58	01:03:49	00:31:56	9.40
5367	3049	ŁUKASZEWSKI STANISŁAW	PŁOŃSK		57 M50/341 (M)4452	01:07:59	01:01:36	00:31:19	9.74
5368	2151	BIEGANOWSKA MAŁGORZATA		ACTION /	61 K50/47 (K)916	01:07:59	01:05:17	00:31:50	9.19
5369	2904	KAJAK DANIEL	GARWOLIN	TRUCHTACZ.PL /	90 M20/1246 (M)4453	01:08:00	01:05:01	00:32:11	9.23
5370	274	OLSZEWSKI ALEKSANDER	WARSZAWA		40 M70/15 (M)4454	01:08:00	01:05:49	00:31:37	9.12
5371	6150	MIKUSIŃSKI MICHAŁ	WARSZAWA		81 M30/1840 (M)4455	01:08:01	01:03:24	00:27:58	9.46
5372	2853	BIELSKA OLIVIA	WARSZAWA	NIE /	86 K20/356 (K)917	01:08:01	01:02:30	00:31:26	9.60
5373	5988	KOZIEL-ZIEMBIŃSKA ANNA	ŁÓDŹ		62 K40/143 (K)918	01:08:01	01:03:51	00:30:53	9.40

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Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna / Klub Team / Club	R-k YoB	W kat. in Age	Wynik Time	Wynik netto	Wynik 5km	[km/h]
5374	2152	BIEGANOWSKI ROMAN		ACTION /	58	M50/342 (M)4456	01:08:01	01:05:18	00:31:51	9.19
5375	3480	ŁUGOWSKA MARTA	WARSZAWA		82	K20/357 (K)919	01:08:02	01:02:55	00:30:35	9.54
5376	4749	KARPIŃSKI PIOTR	WARSZAWA		75	M30/1841 (M)4457	01:08:03	01:03:39	00:30:54	9.43
5377	7311	KWIATEK ANTONI	WARSZAWA		00	M20/1247 (M)4458	01:08:04	00:59:21	00:26:07	10.11
5378	6569	SETNIKOWSKI GRZEGORZ	OTWOCK		58	M50/343 (M)4459	01:08:04	01:01:42	00:34:16	9.72
5379	6579	SIELECKI MICHAŁ	KOMOROWO		77	M30/1842 (M)4460	01:08:04	01:03:50	00:30:27	9.40
5380	3894	ŁOBODZIŃSKI ŁUKASZ	WARSZAWA	DEALER SPORT WARTA /	78	M30/1843 (M)4461	01:08:04	01:01:39	00:30:44	9.73
5381	3183	MRUK ROBERT	ŁAZY	BRAK /	65	M40/897 (M)4462	01:08:05	01:02:04	00:31:03	9.67
5382	6816	WÓJTOWICZ PRZEMYSŁAW	WARSZAWA		76	M30/1844 (M)4463	01:08:05	01:03:51	00:30:27	9.40
5383	5422	CUDNY ADAM	WARSZAWA		72	M30/1845 (M)4464	01:08:05	00:59:23	00:26:07	10.10
5384	6000	KRAJEWSKI MAREK	WARSZAWA		54	M50/344 (M)4465	01:08:06	01:05:28	00:29:08	9.16
5385	5421	CUDNY JAN	WARSZAWA		00	M20/1248 (M)4466	01:08:06	00:59:23	00:26:07	10.10
5386	4223	MĘDREK DARIUSZ	WARSZAWA		71	M40/898 (M)4467	01:08:07	01:04:06	00:32:45	9.36
5387	3721	MATULANIEC ELŻBIETA	WARSZAWA	DAMY RADĘ /	56	K50/48 (K)920	01:08:07	01:03:01	00:30:37	9.52
5388	7450	JANUS KACPER	WARSZAWA		00	M20/1249 (M)4468	01:08:08	00:59:25	00:26:06	10.10
5389	5482	DZIĘCIOŁ ARTUR	TŁUSZCZ	"STOWARZYSZENIE \\\\"TWÓRCY JUTRA\\\\" /	87	M20/1250 (M)4469	01:08:08	01:02:51	00:28:30	9.55
5390	421	KORULCZYK MALAROWSKA AGNIESZKA	WARSZAWA		75	K30/359 (K)921	01:08:09	01:06:36	00:32:05	9.01
5391	4883	KRAJEWSKA KATARZYNA	WARSZAWA		74	K30/360 (K)922	01:08:10	01:02:37	00:30:58	9.58
5392	4190	PAŁASIEWICZ KRZYSZTOF	WARSZAWA		81	M30/1846 (M)4470	01:08:11	01:02:32	00:29:57	9.59
5393	953	ŻÓŁTOWSKI MACIEJ	PRUSZKÓW		75	M30/1847 (M)4471	01:08:11	01:02:14	00:31:23	9.64
5394	6423	GAWĘDA MARTA	WARSZAWA		75	K30/361 (K)923	01:08:12	01:03:52	00:31:32	9.39
5395	6951	PUTYŃSKA MARZENA	SIERADZ		72	K30/362 (K)924	01:08:15	01:02:39	00:30:48	9.58
5396	1556	KOŁODZIEJSKA KATARZYNA	PIASECZNO	CELIAKIA.PL /	78	K30/363 (K)925	01:08:15	01:03:34	00:31:43	9.44
5397	1211	KARNIEWSKI ROBERT	WARSZAWA		70	M40/899 (M)4472	01:08:15	01:05:20	00:30:28	9.18
5398	1157	PIASECKI KONRAD	WARSZAWA		70	M40/900 (M)4473	01:08:16	01:01:42	00:32:10	9.72
5399	5577	MARGIELSKI MICHAŁ	OTWOCK	- /	82	M20/1251 (M)4474	01:08:16	01:03:07	00:30:43	9.51
5400	1558	KOŁACZYŃSKA MARTA	WARSZAWA		88	K20/358 (K)926	01:08:16	01:04:09	00:28:59	9.35
5401	973	MALINOWSKI STANISŁAW	WARSZAWA-WESOLA		59	M50/345 (M)4475	01:08:16	01:06:55	00:29:56	8.97
5402	535	ZIENTEK ŁUKASZ	WARSZAWA		76	M30/1848 (M)4476	01:08:17	01:03:08	00:32:46	9.50
5403	4790	KAMIŃSKA ANNA	WARSZAWA		73	K30/364 (K)927	01:08:18	01:03:25	00:30:33	9.46
5404	2827	KOŁACZ WOJCIECH	WARSZAWA		72	M30/1849 (M)4477	01:08:19	01:03:17	00:30:52	9.48
5405	2369	VIP VIP		LOSOWANY NUMER Z 12 TRI /	11	(M)4478	01:08:19	01:06:56	00:31:39	8.96
5406	3318	MATUSZEWICZ AGATA	WARSZAWA		84	K20/359 (K)928	01:08:19	01:03:25	00:30:40	9.46
5407	1262	ANTONIEWICZ JERZY JACEK			70	M40/901 (M)4479	01:08:19	01:02:24	00:32:03	9.62
5408	644	LISTWOŃ MONIKA	WARSZAWA		77	K30/365 (K)929	01:08:19	01:02:25	00:32:03	9.61
5409	4519	CHMIELEWSKA MARTA	GRÓJEC	PBP BANK SA /	84	K20/360 (K)930	01:08:20	01:03:04	00:30:08	9.51
5410	2817	BOROWIEC ROBERT	WARSZAWA		76	M30/1850 (M)4480	01:08:20	01:03:18	00:30:52	9.48
5411	3293	KACPERSKI ROBERT	KOMORÓW		66	M40/902 (M)4481	01:08:20	01:06:08	00:32:28	9.07
5412	1816	KOWALSKA KATARZYNA	WARSZAWA		74	K30/366 (K)931	01:08:21	01:03:40	00:30:40	9.42
5413	798	HILGER ROBERT	WARSZAWA		86	M20/1252 (M)4482	01:08:22	01:03:06	00:29:43	9.51
5414	1139	DUDEK MARIA ANNA	WARSZAWA		93	K20/361 (K)932	01:08:23	01:02:01	00:30:26	9.67
5415	3017	ZEMKE ANNA	JÓZEFŚLAW	TEAM NUTRILITE /	79	K30/367 (K)933	01:08:24	01:02:15	00:31:31	9.64
5416	4867	KARPIŃSKI DARIUSZ	WARSZAWA		74	M30/1851 (M)4483	01:08:24	01:05:47	00:29:50	9.12
5417	4868	KOWALSKI ROBERT	WARSZAWA	POLSKA GRUPA DEALERÓW SP. Z O.O. /	74	M30/1852 (M)4484	01:08:24	01:05:47	00:29:50	9.12
5418	3169	MATEJAK KATARZYNA	WARSZAWA		77	K30/368 (K)934	01:08:26	01:02:43	00:30:06	9.57
5419	2481	FILIKS ŁUKASZ	WARSZAWA	EDC RUNNERS /	81	M30/1853 (M)4485	01:08:26	01:02:09	00:29:37	9.65
5420	350	KOWALCZYK MIROSŁAW	JÓZEFÓW		65	M40/903 (M)4486	01:08:27	01:03:57	00:29:06	9.38
5421	1509	JANIK GRZEGORZ	WARSZAWA		80	M30/1854 (M)4487	01:08:27	01:04:56	00:31:21	9.24
5422	1845	MAJTYKA PAULINA	WIELUŃ		81	K30/369 (K)935	01:08:28	01:04:56	00:31:20	9.24
5423	4543	WOŹNICA AGNIESZKA	OTWOCK		80	K30/370 (K)936	01:08:28	01:04:57	00:31:23	9.24
5424	1735	KŁOS MARIUSZ	WARSZAWA		82	M20/1253 (M)4488	01:08:28	01:06:07	00:32:18	9.07
5425	4499	DZIK DARIUSZ	WARSZAWA		77	M30/1855 (M)4489	01:08:28	01:05:05	00:32:01	9.22
5426	2551	STRZELECKI MARCIN	WARSZAWA		72	M30/1856 (M)4490	01:08:28	01:03:26	00:29:53	9.46
5427	3926	DMOCHOWSKI FILIP	WARSZAWA		89	M20/1254 (M)4491	01:08:29	01:02:21	00:31:41	9.62
5428	1073	JEDLIŃSKA MARTA	WARSZAWA	DB MARATHOM TEAM /	73	K30/371 (K)937	01:08:31	01:06:32	00:31:05	9.02
5429	1069	POCZEKWA JANUSZ	WARSZAWA	DB MARATON TEAM /	68	M40/904 (M)4492	01:08:31	01:06:32	00:31:05	9.02

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<b>Miejsce Rank</b>	<b>Nr Bib</b>	<b>Nazwisko i imię Name</b>	<b>Miejscowość City</b>	<b>Drużyna / Klub Team / Club</b>	<b>R-k W kat. YoB in Age</b>	<b>Wynik Time</b>	<b>Wynik netto</b>	<b>Wynik 5km</b>	<b>[km/h]</b>
5430	1017	LALEK JOANNA	WARSZAWA		73 K30/372 (K)938	01:08:32	01:02:27	00:30:40	9.61
5431	4059	DOŁĘGA WACŁAW	WARSZAWA		69 M40/905 (M)4493	01:08:33	01:02:11	00:30:27	9.65
5432	1429	BOGUSKA-KUNG GRAŻYNA	WARSZAWA		67 K40/144 (K)939	01:08:33	01:05:21	00:31:16	9.18
5433	4872	CZARKOWSKA ANNA	GRUDZIĄDZ		82 K20/362 (K)940	01:08:34	01:04:28	00:31:44	9.31
5434	3357	NOWAKOWSKI MACIEJ	WARSZAWA		72 M30/1857 (M)4494	01:08:34	01:04:35	00:30:22	9.29
5435	1522	OSIAK ROBERT	WARSZAWA	ANIN SADUL /	87 M20/1255 (M)4495	01:08:34	01:03:37	00:30:19	9.43
5436	519	POLITOWICZ KRZYSZTOF	CZECZOTKI	REDPOLLS RUNTEAM /	69 M40/906 (M)4496	01:08:35	01:03:34	00:30:02	9.44
5437	824	MANOWSKI MACIEJ	WARSZAWA	NOCARZ.PL /	75 M30/1858 (M)4497	01:08:35	01:03:30	00:31:48	9.45
5438	724	PIKAŁA ARTUR	WARSZAWA	PIKUŚ /	68 M40/907 (M)4498	01:08:35	01:03:29	00:30:42	9.45
5439	4102	ŁEBEK ARTUR	WARSZAWA	- /	77 M30/1859 (M)4499	01:08:35	01:02:31	00:30:22	9.60
5440	6887	RADECKI MARCIN	WARSZAWA		83 M20/1256 (M)4500	01:08:36	01:07:20	00:32:34	8.91
5441	3038	KULBICKA EWA, ELWIRA	WARSZAWA		56 K50/49 (K)941	01:08:37	01:05:23	00:32:31	9.18
5442	3123	LISTWOŃ ANNA	IŁAWA		80 K30/373 (K)942	01:08:37	01:02:41	00:32:02	9.57
5443	780	STACHURSKA KATARZYNA	OTWOCK		81 K30/374 (K)943	01:08:37	01:03:42	00:31:43	9.42
5444	782	JAWORSKI MARCIN	WARSZAWA		81 M30/1860 (M)4501	01:08:37	01:03:42	00:31:42	9.42
5445	5218	ROKICKA KATARZYNA	WARSZAWA	NIE /	61 K50/50 (K)944	01:08:38	01:02:34	00:31:04	9.59
5446	5213	KUROWICKA ANNA	WARSZAWA		84 K20/363 (K)945	01:08:38	01:03:56	00:32:24	9.38
5447	781	JAWORSKA ANNA	WARSZAWA		81 K30/375 (K)946	01:08:38	01:03:42	00:31:42	9.42
5448	1046	PAWLUS TADEUSZ	OLSZTYN		50 M60/82 (M)4502	01:08:41	01:04:28	00:31:07	9.31
5449	6878	KUBIC ZOFIA			11 (K)947	01:08:42	01:04:11	00:28:17	9.35
5450	4146	SUCHARDA EDWARD ANDRZEJ	WARSZAWA		96 M20/1257 (M)4503	01:08:43	01:02:29	00:30:48	9.60
5451	5514	POLAK RADOSŁAW KRZYSZTOF	WARSZAWA		79 M30/1861 (M)4504	01:08:46	01:02:37	00:30:42	9.58
5452	3742	KŁOS KAMIL	WARSZAWA	BIELANY /	93 M20/1258 (M)4505	01:08:47	01:05:02	00:30:28	9.23
5453	1375	BAK JOANNA	KONSTANCJA-JEZIORNA	BIEGAMBOLUBIĘ /	81 K30/376 (K)948	01:08:49	01:03:10	00:31:08	9.50
5454	6369	POLAK ELŻBIETA	STARA OLSZÓWKA	MAMUSIA /	86 K20/364 (K)949	01:08:49	01:04:56	00:32:58	9.24
5455	1728	TOCHMAN ROMUALD	OLSZTYN		54 M50/346 (M)4506	01:08:50	01:04:42	00:30:46	9.27
5456	4661	SIKORSKI MACIEJ	WARSZAWA		76 M30/1862 (M)4507	01:08:52	01:02:59	00:32:55	9.53
5457	4376	RUSZNIK MAGDALENA	PIASECZNO	IRA PIASECZNO /	77 K30/377 (K)950	01:08:52	01:04:41	00:31:10	9.28
5458	3374	GONCIARZ MARCIN	WARSZAWA		74 M30/1863 (M)4508	01:08:54	01:06:14	00:33:37	9.06
5459	5194	NYKIEL MACIEJ	WARSZAWA		74 M30/1864 (M)4509	01:08:54	01:05:47	00:28:43	9.12
5460	4125	BIAŁOBRZESKI PRZEMYSŁAW	RZEKUŃ	WAT WARSZAWA /	89 M20/1259 (M)4510	01:08:55	01:07:38	00:33:07	8.87
5461	4128	ŁUCKA MAGDALENA	CZĘSTOCHOWA	RZEKUNIANKA SQUAD /	89 K20/365 (K)951	01:08:55	01:07:40	00:33:08	8.87
5462	5579	GERNASZEWSKI MAREK	WARSZAWA	SIR CHINMOY MARATON TEAM /	59 M50/347 (M)4511	01:08:56	01:06:37	00:32:35	9.01
5463	1985	CHABERA TERESA	WARSZAWA	PKO_ /	69 K40/145 (K)952	01:08:56	01:02:40	00:31:41	9.57
5464	4669	PIZOŃ TOMASZ	MARKI		71 M40/908 (M)4512	01:08:58	01:02:37	00:33:02	9.58
5465	2059	WORONOWICZ IWONA	WARSZAWA		82 K20/366 (K)953	01:08:59	01:03:54	00:31:49	9.39
5466	5091	DĄBROWSKI WOJCIECH	WARSZAWA	NOCARZ.PL /	80 M30/1865 (M)4513	01:09:00	01:03:55	00:31:48	9.39
5467	5387	CEBULSKA - HOMANOWSKA JOANNA	ŻYRARDÓW		77 K30/378 (K)954	01:09:00	01:03:04	00:31:20	9.51
5468	1635	KACZOROWSKA SYLWIA	WARSZAWA		85 K20/367 (K)955	01:09:01	01:04:18	00:31:03	9.33
5469	6029	KUCHCIAK GRZEGORZ	ŻYRARDÓW		65 M40/909 (M)4514	01:09:01	01:03:30	00:30:50	9.45
5470	5575	JAROCKI ROMAN	WARSZAWA	BRAK /	50 M60/83 (M)4515	01:09:03	01:04:20	00:31:01	9.33
5471	1335	WRÓBLEWSKA JOANNA	WARSZAWA	LASEK BIELAŃSKI TEAM /	55 K50/51 (K)956	01:09:04	01:08:18	00:35:38	8.78
5472	852	KŁOSIŃSKI MICHAŁ	WARSZAWA	DELOITTE ADVENTURE TEAM /	73 M30/1866 (M)4516	01:09:05	01:03:31	00:30:33	9.45
5473	1281	WOJCIECHOWSKI GRZEGORZ	JÓZEFÓW		51 M60/84 (M)4517	01:09:05	01:03:31	00:30:33	9.45
5474	5657	KOWALEWSKI MARIUSZ	WARSZAWA		67 M40/910 (M)4518	01:09:06	01:07:05	00:33:10	8.94
5475	4812	ŚWIDA OLGIERD	WARSZAWA	WITC /	59 M50/348 (M)4519	01:09:07	01:02:57	00:31:32	9.53
5476	1768	LATOŚ ANDRZEJ	WARSZAWA		53 M50/349 (M)4520	01:09:07	01:02:56	00:30:19	9.53
5477	1007	ANDRZEJCZAK ANNA	MAGDALENKA		76 K30/379 (K)957	01:09:07	01:03:52	00:30:18	9.39
5478	6926	TOMASZEWSKI WOJTEK	WARSZAWA	MALENKA /	75 M30/1867 (M)4521	01:09:08	01:03:39	00:32:27	9.43
5479	3171	URBANIAK JOANNA	NOWE MIASTO		80 K30/380 (K)958	01:09:09	01:03:07	00:31:02	9.51
5480	5295	BARAŃCZYK EDYTA	WARSZAWA		75 K30/381 (K)959	01:09:10	01:06:07	00:32:13	9.07
5481	5484	DZIONEK KONRAD	WARSZAWA	KB-REBUS /	77 M30/1868 (M)4522	01:09:10	01:03:47	00:32:07	9.41
5482	4713	WŁOSZCZYK-ŁOMIAK MAGDALENA	WARSZAWA		72 K30/382 (K)960	01:09:10	01:06:07	00:32:13	9.07
5483	2893	WACOWSKI-JASTRZĘBSKI ADAM	WARSZAWA		78 M30/1869 (M)4523	01:09:12	01:04:29	00:32:24	9.30
5484	3110	GALUS EDYTA	BOROWA GÓRA		81 K30/383 (K)961	01:09:12	01:03:08	00:31:03	9.50
5485	5581	MIESZKOWSKI DARIUSZ	WARSZAWA		61 M50/350 (M)4524	01:09:13	01:05:06	00:31:15	9.22

21.11.2011 01:31:07

<i>Miejsce</i> <i>Rank</i>	<i>Nr</i> <i>Bib</i>	<i>Nazwisko i imię</i> <i>Name</i>	<i>Miejscowość</i> <i>City</i>	<i>Drużyna / Klub</i> <i>Team / Club</i>	<i>R-k</i> <i>W kat.</i> <i>YoB in Age</i>	<i>Wynik</i> <i>Time</i>	<i>Wynik</i> <i>netto</i>	<i>Wynik</i> <i>5km</i>	<i>[km/h]</i>
5486	5771	GLADKOWSKA MARTA	WARSZAWA		83 K20/368 (K)962	01:09:14	01:06:15	00:30:35	9.06
5487	3019	PRYZMONT KATARZYNA	WARSZAWA		82 K20/369 (K)963	01:09:16	01:04:50	00:31:38	9.25
5488	6771	WIĘCKOWSKI DARIUSZ	MAJDAN KOZIC DOLNYCH	LUBELSKIE STOWARZYSZENIE BIEGOWE /	76 M30/1870 (M)4525	01:09:16	01:05:05	00:30:53	9.22
5489	4445	ANAMA THEODORE	WARSZAWA		95 M20/1260 (M)4526	01:09:16	01:03:07	00:29:27	9.51
5490	4717	WYDZIAŁKIEWICZ WIERA	BYDGOSZCZ		75 K30/384 (K)964	01:09:17	01:03:20	00:30:11	9.47
5491	4135	GROMKO MONIKA	WARSZAWA		95 K20/370 (K)965	01:09:17	01:03:07	00:29:27	9.51
5492	4753	FERENIEC MARIA	WARSZAWA		89 K20/371 (K)966	01:09:17	01:03:01	00:33:02	9.52
5493	1089	BARTOSIŃSKI MARIUSZ	WARSZAWA		73 M30/1871 (M)4527	01:09:17	01:07:16	00:31:58	8.92
5494	1090	BARTOSIŃSKA PAULINA	WARSZAWA		95 K20/372 (K)967	01:09:17	01:07:16	00:31:57	8.92
5495	745	SZYMAŃSKI ANTONI	ŁAZY		48 M60/85 (M)4528	01:09:18	01:08:06	00:32:04	8.81
5496	1559	GOŁĘBIEWSKA RENATA	WARSZAWA		69 K40/146 (K)968	01:09:19	01:05:41	00:31:22	9.13
5497	5768	GDANIEC JOANNA	GDAŃSK	TEAM NUTRILITE /	79 K30/385 (K)969	01:09:20	01:03:55	00:32:05	9.39
5498	2816	JACZEWSKI JACEK	WARSZAWA	TEAM NUTRILITE /	64 M40/911 (M)4529	01:09:21	01:06:42	00:31:32	9.00
5499	1904	DUCHNOWSKA NATALIA	WARSZAWA		96 K20/373 (K)970	01:09:22	01:04:36	00:30:37	9.29
5500	1905	DUCHNOWSKI WŁODZIMIERZ	WARSZAWA		58 M50/351 (M)4530	01:09:22	01:04:36	00:30:37	9.29
5501	1969	ŁOJEWSKI PIOTR	WARSZAWA	PKO _ /	86 M20/1261 (M)4531	01:09:26	01:02:47	00:31:41	9.56
5502	1579	REMBLEWSKA ANIA	ŁÓDŹ		89 K20/374 (K)971	01:09:27	01:04:53	00:30:50	9.25
5503	1884	BUJALSKA AGATA	WARSZAWA		84 K20/375 (K)972	01:09:29	01:03:51	00:29:13	9.40
5504	764	LUTYK PIOTR	JÓZEFÓW		52 M50/352 (M)4532	01:09:31	01:04:30	00:32:25	9.30
5505	3914	WILCZEK PIOTR	WARSZAWA		67 M40/912 (M)4533	01:09:32	01:04:04	00:30:34	9.37
5506	4405	GULCZYŃSKA MARIA	WARSZAWA		84 K20/376 (K)973	01:09:32	01:05:29	00:31:12	9.16
5507	6881	KAPICA MAŁGORZATA	WARSZAWA		63 K40/147 (K)974	01:09:32	01:05:15	00:30:59	9.20
5508	4141	SCHMIOT-CIEŚLUK MONIKA	WARSZAWA		70 K40/148 (K)975	01:09:33	01:03:57	00:31:39	9.38
5509	3052	LOVE OLIVER	WARSZAWA		96 M20/1262 (M)4534	01:09:34	01:03:13	00:31:19	9.49
5510	3053	LOVE PETER	WARSZAWA		70 M40/913 (M)4535	01:09:35	01:03:13	00:31:19	9.49
5511	2754	KOŁODZIEJ PIOTR	OSTRÓW MAZOWIECKA		62 M40/914 (M)4536	01:09:36	01:08:00	00:34:38	8.82
5512	4773	HOLEWIŃSKI SZYMON	WARSZAWA		96 M20/1263 (M)4537	01:09:36	01:02:46	00:34:04	9.56
5513	1347	TOBIJASZ WALDEMAR	WARSZAWA		67 M40/915 (M)4538	01:09:36	01:07:13	00:29:39	8.93
5514	1473	MARCINIAK KATARZYNA	WARSZAWA		74 K30/386 (K)976	01:09:36	01:03:54	00:31:01	9.39
5515	2892	ROSLAN EWA	WARSZAWA	AKADEMIA OBRONY NARODOWEJ /	94 K20/377 (K)977	01:09:38	01:04:33	00:30:53	9.30
5516	2891	ROSLAN GRZEGORZ	WARSZAWA	AKADEMIA OBRONY NARODOWEJ /	65 M40/916 (M)4539	01:09:38	01:04:34	00:30:54	9.29
5517	401	GRABOWSKI KRZYSZTOF	WARSZAWA		84 M20/1264 (M)4540	01:09:40	01:03:32	00:32:00	9.44
5518	2858	ROKITA STANISŁAW	WARSZAWA		56 M50/353 (M)4541	01:09:42	01:04:11	00:29:46	9.35
5519	5730	STOLARSKA KAMILA	POMIECHÓWEK		91 K20/378 (K)978	01:09:44	01:08:21	00:33:56	8.78
5520	1449	KILJAN JACEK	WARSZAWA		58 M50/354 (M)4542	01:09:44	01:07:15	00:32:36	8.92
5521	5731	OTTO ŁUKASZ	POMIECHÓWEK		83 M20/1265 (M)4543	01:09:45	01:08:22	00:33:56	8.78
5522	4826	BOMBOL MAŁGORZATA	WARSZAWA		63 K40/149 (K)979	01:09:46	01:06:52	00:32:24	8.97
5523	3080	OWCZAREK ALEKSANDRA	WARSZAWA		95 K20/379 (K)980	01:09:46	01:07:54	00:32:11	8.84
5524	6332	PIĄTKOWSKA KATARZYNA	NOWA WIEŚ		94 K20/380 (K)981	01:09:46	01:06:07	00:32:43	9.07
5525	6046	LASKOWSKA KAROLINA	DĄBROWICA		90 K20/381 (K)982	01:09:49	01:09:08	00:32:54	8.68
5526	587	KOMOROWSKI STANISŁAW	WARSZAWA		52 M50/355 (M)4544	01:09:51	01:04:41	00:31:10	9.28
5527	1424	SAWICKI PAWEŁ	SANOK		73 M30/1872 (M)4545	01:09:53	01:03:32	00:31:23	9.44
5528	1801	SZYMBORSKI TOMASZ	CZOSNÓW	ICHF / NOBLESSE /	80 M30/1873 (M)4546	01:09:54	01:04:07	00:31:18	9.36
5529	4197	KRZEMIŃSKI ADAM	WARSZAWA		81 M30/1874 (M)4547	01:09:54	01:03:20	00:32:11	9.47
5530	4198	ZIENKIEWICZ MAREK	WARSZAWA		76 M30/1875 (M)4548	01:09:54	01:03:20	00:32:11	9.47
5531	1221	HOJNACKI MICHAŁ	WARSZAWA		81 M30/1876 (M)4549	01:09:55	01:03:47	00:31:41	9.41
5532	1219	KARWOWSKA MAGDALENA	WARSZAWA		79 K30/387 (K)983	01:09:55	01:03:47	00:31:41	9.41
5533	6897	ŚMIESZEK MAGDALENA	GLIWICE		72 K30/388 (K)984	01:09:55	01:01:20	00:29:14	9.78
5534	2365	RUPOCIŃSKA WERONIKA	WARSZAWA		91 K20/382 (K)985	01:09:56	01:04:21	00:30:54	9.32
5535	6031	KUJAWA ZBIGNIEW	OWCZARNIA		61 M50/356 (M)4550	01:09:56	01:07:45	00:31:34	8.86
5536	2267	BORKOWSKI PIOTR	WARSZAWA	HP RUN /	79 M30/1877 (M)4551	01:09:57	01:04:24	00:32:53	9.32
5537	276	FIDO JERZY	ZIELONKA	LECHICI ZIELONKA /	39 M70/16 (M)4552	01:09:58	01:04:29	00:32:28	9.30
5538	5905	KARNA HALINA	BĘDZIN	TAEM NUTRILITE /	52 K50/52 (K)986	01:09:59	01:06:05	00:32:08	9.08
5539	323	WYSOCKI JAN	WARSZAWA		43 M60/86 (M)4553	01:09:59	01:03:38	00:31:19	9.43
5540	4756	CEDROŃSKA DOMINIKA	WARSZAWA		94 K20/383 (K)987	01:09:59	01:04:51	00:31:32	9.25
5541	2831	WITEK ANDRZEJ	WARSZAWA		80 M30/1878 (M)4554	01:10:00	01:05:15	00:29:33	9.20
5542	4377	RUSZNIK PIOTR	PIASECZNO	IRA PIASECZNO /	75 M30/1879 (M)4555	01:10:01	01:05:49	00:30:33	9.12

<b>Miejsce Rank</b>	<b>Nr Bib</b>	<b>Nazwisko i imię Name</b>	<b>Miejscowość City</b>	<b>Drużyna / Klub Team / Club</b>	<b>R-k W kat. YoB in Age</b>	<b>Wynik Time</b>	<b>Wynik netto</b>	<b>Wynik 5km</b>	<b>[km/h]</b>
5543	6153	MILESKA EDYTA	POZNAŃ		72 K30/389 (K)988	01:10:01	01:01:33	00:26:18	9.75
5544	2859	ŁĘCKA MAŁGORZATA	WARSZAWA		74 K30/390 (K)989	01:10:01	01:07:03	00:32:11	8.95
5545	6932	MOŃKO MARCIN	WARSZAWA		76 M30/1880 (M)4556	01:10:02	01:04:56	00:31:00	9.24
5546	4037	CZARNECKA JAGODA	WARSZAWA		92 K20/384 (K)990	01:10:02	01:04:35	00:30:52	9.29
5547	5083	ŚLIŻ DANIEL	WARSZAWA		81 M30/1881 (M)4557	01:10:02	01:03:47	00:31:23	9.41
5548	2546	JENDRAL KATARZYNA	WARSZAWA		89 K20/385 (K)991	01:10:03	01:05:32	00:31:39	9.16
5549	1770	OTTO ZDZIŚLAWA	WARSZAWA		47 K60/7 (K)992	01:10:04	01:05:50	00:31:42	9.11
5550	520	BIELIK ROBERT	JÓZEFÓW		68 M40/917 (M)4558	01:10:04	01:05:13	00:32:01	9.20
5551	521	BIELIK ANNA	WARSZAWA		69 K40/150 (K)993	01:10:04	01:05:13	00:32:02	9.20
5552	2911	PIEKAREK PRZEMYSŁAW	STARACHOWICE		83 M20/1266 (M)4559	01:10:05	01:04:58	00:32:21	9.24
5553	3706	DACZKO MICHAŁ	WARSZAWA		81 M30/1882 (M)4560	01:10:06	01:08:52	00:32:16	8.71
5554	4179	KULIKOWSKI PAWEŁ	WARSZAWA		79 M30/1883 (M)4561	01:10:07	01:05:33	00:31:36	9.15
5555	4097	PRUS POLA	STARGARD SZCZECIŃSKI		94 K20/386 (K)994	01:10:07	01:03:48	00:33:12	9.40
5556	4098	PRUS PAWEŁ	WARSZAWA		73 M30/1884 (M)4562	01:10:08	01:03:48	00:33:12	9.40
5557	4920	CZUPRYN WOJCIECH	WARSZAWA		58 M50/357 (M)4563	01:10:08	01:07:29	00:31:25	8.89
5558	3051	LOVE EWELINA	WARSZAWA		74 K30/391 (K)995	01:10:08	01:03:47	00:31:20	9.41
5559	4031	MANOWSKI ANDRZEJ	WARSZAWA	AEGIS MEDIA - HYPERMEDIA /	69 M40/918 (M)4564	01:10:09	01:04:26	00:30:31	9.31
5560	6577	SIEKIERSKA ALDONA	WOŁOMI.	DRUŻYNA SZPIKU /	83 K20/387 (K)996	01:10:10	01:03:45	00:30:45	9.41
5561	3685	MISHINSKA ALEXANDRA	WARSZAWA		72 K30/392 (K)997	01:10:11	01:08:48	00:32:22	8.72
5562	1616	KOCOŃ RAFAŁ	WARSZAWA		84 M20/1267 (M)4565	01:10:11	01:03:48	00:29:56	9.40
5563	4224	BEDNARCZYK ZBIGNIEW	PRUSZKÓW		74 M30/1885 (M)4566	01:10:12	01:04:42	00:33:42	9.27
5564	3231	LUGOWSKA JUSTYNA	ŁŁAWA		80 K30/393 (K)998	01:10:12	01:09:56	00:35:58	8.58
5565	5230	BAJKO JUSTYNA	WARSZAWA		80 K30/394 (K)999	01:10:13	01:05:42	00:33:18	9.13
5566	2180	ŁYSOŃ PIOTR	KANIE	WLASNY KLUB SPORTOWY /	66 M40/919 (M)4567	01:10:13	01:08:12	00:36:05	8.80
5567	7493	PEŁCZYŃSKI PIOTR	RZESZÓW		71 M40/920 (M)4568	01:10:16	01:09:11	00:35:42	8.67
5568	6259	NOWAK MACIEJ	WARSZAWA		86 M20/1268 (M)4569	01:10:17	01:06:48	00:34:16	8.98
5569	4595	KAWKA ANDRZEJ	WARSZAWA	NIEZRZESZONY /	56 M50/358 (M)4570	01:10:19	01:06:03	00:33:52	9.08
5570	5063	BAJDA MARCIN	WARSZAWA		69 M40/921 (M)4571	01:10:23	01:10:11	00:31:42	8.55
5571	432	PASIEROWSKA MONIKA	WARSZAWA		73 K30/395 (K)1000	01:10:24	01:07:31	00:31:25	8.89
5572	4364	CHYCZEWSKA ANNA	PLONSK		69 K40/151 (K)1001	01:10:25	01:05:24	00:32:24	9.17
5573	3307	LIPIŃSKI PIOTR	GRÓJEC		67 M40/922 (M)4572	01:10:26	01:05:46	00:29:55	9.12
5574	2981	BUJALSKA DOROTA	WARSZAWA		59 K50/53 (K)1002	01:10:26	01:06:42	00:32:04	9.00
5575	4608	JARNICKI MARCIN	WARSZAWA		74 M30/1886 (M)4573	01:10:26	01:04:20	00:31:38	9.33
5576	4299	STALMACH SYLWIA	WARSZAWA		11 (K)1003	01:10:27	01:05:40	00:32:19	9.14
5577	4230	MIKA BARTEK	WARSZAWA		96 M20/1269 (M)4574	01:10:28	01:07:50	00:33:54	8.85
5578	6948	SZALAK MICHAŁ	PULAWY		77 M30/1887 (M)4575	01:10:29	01:04:31	00:31:36	9.30
5579	591	RAUZER ROBERT	WARSZAWA	COMPETENCE CENTER /	72 M30/1888 (M)4576	01:10:29	01:06:13	00:30:36	9.06
5580	6016	KRZEŚIŃSKI ANDRZEJ	WARSZAWA	BANK HANDLOWY W WARSZAWIE S.A. /	74 M30/1889 (M)4577	01:10:30	01:07:53	00:31:57	8.84
5581	942	ZWOLAK JOANNA	WARSZAWA		75 K30/396 (K)1004	01:10:31	01:09:23	00:32:14	8.65
5582	4807	SZCZEPAŃSKI ADAM	MILANÓWEK		81 M30/1890 (M)4578	01:10:33	01:04:17	00:30:38	9.33
5583	2116	ŁAZOWSKA JOANNA	WARSZAWA		80 K30/397 (K)1005	01:10:33	01:05:41	00:32:46	9.13
5584	1613	MUCHA MARCIN	WARSZAWA		76 M30/1891 (M)4579	01:10:33	01:03:46	00:33:41	9.41
5585	2459	RĘKAWEK ANETA	GARWOLIN		74 K30/398 (K)1006	01:10:34	01:07:39	00:32:06	8.87
5586	5184	STAŃCZUK MAREK	WARSZAWA		90 M20/1270 (M)4580	01:10:35	01:05:51	00:30:36	9.11
5587	4144	SUCHARDA EDWARD	WARSZAWA		63 M40/923 (M)4581	01:10:35	01:05:37	00:32:10	9.14
5588	5591	POPLAWSKA ANNA	WARSZAWA		85 K20/388 (K)1007	01:10:35	01:06:13	00:30:09	9.06
5589	4508	KRYSZKIEWICZ KRYSZYNA	WARSZAWA		51 K60/8 (K)1008	01:10:36	01:04:30	00:32:59	9.30
5590	4140	SZCZEPANIK CEZARY	WARSZAWA		65 M40/924 (M)4582	01:10:36	01:04:11	00:30:45	9.35
5591	2479	KOZICKI PAWEŁ	WARSZAWA	EDC RUNNERS /	85 M20/1271 (M)4583	01:10:36	01:03:55	00:32:07	9.39
5592	5183	STAŃCZUK KONRAD	WARSZAWA		83 M20/1272 (M)4584	01:10:36	01:05:53	00:30:36	9.11
5593	6430	CHELCHOWSKI PIOTR	PIASTÓW		74 M30/1892 (M)4585	01:10:37	01:03:59	00:30:50	9.38
5594	1437	AMROZIEWICZ MACIEJ	WARSZAWA		67 M40/925 (M)4586	01:10:38	01:04:23	00:31:36	9.32
5595	1179	TOMANEK RAFAŁ	WARSZAWA		83 M20/1273 (M)4587	01:10:38	01:06:14	00:30:47	9.06
5596	191	TUPAK-BAJER MAGDALENA	WARSZAWA	URZĄD MIASTA /	11 (K)1009	01:10:38	01:09:34	00:33:58	8.62
5597	3418	CHOROŚ SŁAWOMIR	JABŁONNA		74 M30/1893 (M)4588	01:10:39	01:04:53	00:31:30	9.25
5598	3417	CZERWIŃSKI MICHAŁ	HALINÓW		81 M30/1894 (M)4589	01:10:39	01:04:54	00:31:28	9.24
5599	5000	KWIECIŃSKI TOMASZ	WARSZAWA		65 M40/926 (M)4590	01:10:39	01:04:45	00:29:51	9.27

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Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna / Klub Team / Club	R-k YoB	W kat. in Age	Wynik Time	Wynik netto	Wynik 5km	[km/h]
5600	6606	SMYCZEK JAROSŁAW	CZARNOCIN	TEAM NUTRILITE /	74	M30/1895 (M)4591	01:10:39	01:03:51	00:32:28	9.40
5601	695	BRZOZOWSKI PIOTR	WOŁOMIN	KB-REBUS /	69	M40/927 (M)4592	01:10:39	01:04:29	00:31:20	9.30
5602	2142	MODLIBOREK JOANNA	WARSZAWA	DLL /	79	K30/399 (K)1010	01:10:40	01:04:09	00:31:58	9.35
5603	2693	KWIECIEŃ JACEK	MARKI	APRIL TEAM /	57	M50/359 (M)4593	01:10:40	01:04:17	00:31:29	9.33
5604	4549	LEŚ JULITA	WARSZAWA		86	K20/389 (K)1011	01:10:42	01:04:21	00:31:48	9.32
5605	1270	MARCZYK WOJCIECH	WARSZAWA		75	M30/1896 (M)4594	01:10:43	01:04:22	00:29:47	9.32
5606	815	KOWALCZYK MICHAŁ	WARSZAWA		91	M20/1274 (M)4595	01:10:43	01:04:36	00:32:32	9.29
5607	816	KOWALCZYK TADEUSZ	WARSZAWA		59	M50/360 (M)4596	01:10:43	01:04:34	00:32:30	9.29
5608	4203	WLEKLIŃSKA RENATA	WARSZAWA		64	K40/152 (K)1012	01:10:44	01:10:23	00:33:43	8.52
5609	251	STOKOWSKI WITOLD	WARSZAWA		30	M70/17 (M)4597	01:10:45	01:06:46	00:32:26	8.99
5610	3978	MAZUREK MAŁGORZATA	PARZNIEW		74	K30/400 (K)1013	01:10:45	01:02:53	00:31:04	9.54
5611	3979	MAZUREK MICHAŁ	PARZNIEW		76	M30/1897 (M)4598	01:10:45	01:02:53	00:31:01	9.54
5612	2496	SIWIK JAKUB	NADARZYN	PLAY /	79	M30/1898 (M)4599	01:10:46	01:03:55	00:31:45	9.39
5613	162	RAFALSKA BEATA	WARSZAWA	GW /	72	K30/401 (K)1014	01:10:48	01:05:31	00:32:27	9.16
5614	433	GRZESZCZAK HENRYK	WARSZAWA		50	M60/87 (M)4600	01:10:48	01:05:38	00:30:13	9.14
5615	6464	SIWIEC ROBERT	WARSZAWA		74	M30/1899 (M)4601	01:10:52	01:04:09	00:31:20	9.35
5616	2405	PACKO BARTOSZ	MAKÓW MAZOWIECKI	MAKÓW MAZOWIECKI /	79	M30/1900 (M)4602	01:10:53	01:08:22	00:36:11	8.78
5617	4801	PUSCZYN KATARZYNA	WARSZAWA		77	K30/402 (K)1015	01:10:53	01:05:20	00:32:41	9.18
5618	4149	DZIAG ANNA	WARSZAWA	NIE /	68	K40/153 (K)1016	01:10:53	01:04:40	00:31:16	9.28
5619	469	ISHIHARA YUKI	WARSZAWA		63	K40/154 (K)1017	01:10:55	01:05:00	00:32:07	9.23
5620	3827	WIERZGAŁA IWONA	WARSZAWA	AXA RUNNING TEAM /	79	K30/403 (K)1018	01:10:56	01:06:13	00:31:09	9.06
5621	3842	URBAŃSKA MARZENA	WARSZAWA	AXA RUNNING TEAM /	84	K20/390 (K)1019	01:10:57	01:05:47	00:30:44	9.12
5622	4232	MIKA DOROTA	WARSZAWA		72	K30/404 (K)1020	01:10:57	01:08:19	00:33:54	8.78
5623	6272	OKSZTULSKI KAROL	WARSZAWA		85	M20/1275 (M)4603	01:10:59	01:06:36	00:27:16	9.01
5624	5468	DROZD ALEKSANDRA	WARSZAWA		86	K20/391 (K)1021	01:10:59	01:07:30	00:34:16	8.89
5625	2749	GOŁĘBIEWSKI LUKASZ	SOCHACZEW		89	M20/1276 (M)4604	01:11:00	01:07:38	00:32:25	8.87
5626	2769	GOŁĘBIEWSKI RAFAŁ	SOCHACZEW		86	M20/1277 (M)4605	01:11:00	01:07:37	00:32:24	8.87
5627	3569	KAWECKI MACIEJ	WARSZAWA		88	M20/1278 (M)4606	01:11:02	01:04:30	00:33:04	9.30
5628	3558	FUDAŁA MAREK	WARSZAWA		55	M50/361 (M)4607	01:11:02	01:08:59	00:33:58	8.70
5629	3322	FRYCZYŃSKA MARZENA	KOBYŁKA		75	K30/405 (K)1022	01:11:02	01:04:37	00:31:55	9.29
5630	3532	KRAJEWSKI KRZYSZTOF	WARSZAWA		79	M30/1901 (M)4608	01:11:02	01:04:30	00:33:02	9.30
5631	64	KOWALSKI DANIEL	WARSZAWA	COCA COLA /	82	M20/1279 (M)4609	01:11:02	01:05:30	00:33:25	9.16
5632	3570	KRAJEWSKA ALICJA	WARSZAWA		81	K30/406 (K)1023	01:11:02	01:04:31	00:33:04	9.30
5633	1606	ADAMIAK MARIA	WARSZAWA		96	K20/392 (K)1024	01:11:02	01:07:58	00:32:43	8.83
5634	4385	MAJ WALDEMAR	WARSZAWA		56	M50/362 (M)4610	01:11:03	01:08:00	00:31:03	8.82
5635	3739	DOMANOWSKA MONIKA	WARSZAWA	BRĄK /	84	K20/393 (K)1025	01:11:04	01:07:17	00:32:48	8.92
5636	4759	DEMPNIAK PIOTR	WARSZAWA		70	M40/928 (M)4611	01:11:04	01:04:23	00:33:04	9.32
5637	3338	SOBCZAK ZYCH MARTA	WARSZAWA	UNLEASHED /	75	K30/407 (K)1026	01:11:06	01:05:59	00:32:21	9.09
5638	1702	PARDUS ALEKSANDER	WARSZAWA		73	M30/1902 (M)4612	01:11:06	01:06:56	00:33:00	8.96
5639	6747	WASIAK MAGDA	KUTNO		86	K20/394 (K)1027	01:11:10	01:05:07	00:31:48	9.21
5640	4757	JOACHIMIAK ANNA	WARSZAWA		75	K30/408 (K)1028	01:11:10	01:04:34	00:33:10	9.29
5641	1193	ROGAŁA BOŻENA	WARSZAWA		60	K50/54 (K)1029	01:11:10	01:04:22	00:31:57	9.32
5642	4710	KOMISARSKA MARZENA	STARE BABICE		67	K40/155 (K)1030	01:11:14	01:08:30	00:33:17	8.76
5643	6296	OWCZARCZYK WOJCIECH	ZGÓRZE	TEAM NUTRILITE /	89	M20/1280 (M)4613	01:11:14	01:10:28	00:31:47	8.51
5644	6340	BULAWA MACIEJ	GARWOLIN	TEAM NUTRILITE /	83	M20/1281 (M)4614	01:11:14	01:10:26	00:31:46	8.52
5645	7461	MIRECKA RENATA	WARSZAWA	WARM RT /	59	K50/55 (K)1031	01:11:17	01:02:41	00:34:03	9.57
5646	2167	WIETRZYKOWSKA MAŁGORZATA		ACTION /	69	M40/929 (M)4615	01:11:18	01:06:57	00:33:05	8.96
5647	357	ŁĘCICKA KATARZYNA	WARSZAWA		93	K20/395 (K)1032	01:11:18	01:08:11	00:32:39	8.80
5648	7328	OŚKO MARIAN	WARSZAWA		50	M60/88 (M)4616	01:11:18	01:02:51	00:34:10	9.55
5649	3707	GAŁ MICHAŁ	WARSZAWA	BGŻ /	80	M30/1903 (M)4617	01:11:19	01:09:33	00:33:20	8.63
5650	588	KOMOROWSKI MARCIN	WARSZAWA		82	M20/1282 (M)4618	01:11:20	01:06:09	00:32:38	9.07
5651	6167	MIZERSKA DOMINIKA	WARSZAWA		84	K20/396 (K)1033	01:11:21	01:09:45	00:34:37	8.60
5652	6705	TARCZYŃSKI TOMASZ	WARSZAWA		85	M20/1283 (M)4619	01:11:21	01:09:45	00:34:36	8.60
5653	612	WAGNER OKTAWIAN	OŻARÓW MAZOWIECKI		82	M20/1284 (M)4620	01:11:22	01:07:54	00:31:35	8.84
5654	1868	OLEJ TOMASZ	MAGDALENKA		69	M40/930 (M)4621	01:11:23	01:02:58	00:34:12	9.53
5655	3782	NIEDZIELSKI LUKASZ	JÓZEFOSŁAW		75	M30/1904 (M)4622	01:11:23	01:06:31	00:32:44	9.02
5656	3784	KALIŃSKA-NIEDZIELSKA AGNIESZKA	JÓZEFOSŁAW		79	K30/409 (K)1034	01:11:23	01:06:31	00:32:45	9.02

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Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna / Klub Team / Club	R-k YoB	W kat. in Age	Wynik Time	Wynik netto	Wynik 5km	[km/h]
5657	6436	WRÓBEL JAROSŁAW	WARSZAWA		67	M40/931 (M)4623	01:11:26	01:05:10	00:33:13	9.21
5658	4603	LENARCZYK PAWEŁ	WARSZAWA		76	M30/1905 (M)4624	01:11:26	01:08:08	00:32:16	8.81
5659	6440	LUTZ MONIKA	WARSZAWA		73	K30/410 (K)1035	01:11:26	01:05:11	00:33:12	9.20
5660	2862	KAMASZEWSKI WOJCIECH	WARSZAWA		56	M50/363 (M)4625	01:11:29	01:07:40	00:31:33	8.87
5661	1957	KOZŁOWSKA LIDIA	WARSZAWA	PKO_ /	78	K30/411 (K)1036	01:11:30	01:07:16	00:31:27	8.92
5662	1923	OLSZEWSKA ANETA	WARSZAWA	PKO_ /	73	K30/412 (K)1037	01:11:30	01:06:38	00:31:12	9.00
5663	5943	KOLCZYŃSKI DARIUSZ	ŁÓDŹ		61	M50/364 (M)4626	01:11:30	01:08:00	00:34:14	8.82
5664	3302	KALINOWSKI PIOTR	WARSZAWA		82	M20/1285 (M)4627	01:11:30	01:05:22	00:32:03	9.18
5665	5942	KOLCZYŃSKA CZESŁAWA	ŁÓDŹ		64	K40/156 (K)1038	01:11:30	01:08:01	00:34:16	8.82
5666	3733	JESIONKIEWICZ JACEK	WOLA MROKOWSKA		64	M40/932 (M)4628	01:11:31	01:05:11	00:31:30	9.20
5667	3892	BOBCZUK MICHAŁ	WARSZAWA		80	M30/1906 (M)4629	01:11:31	01:05:40	00:31:48	9.14
5668	6240	LESZCZYŃSKI TOMASZ	WARSZAWA		68	M40/933 (M)4630	01:11:32	01:05:00	00:32:48	9.23
5669	4856	ZIELIŃSKI TOMASZ	GÓRA KALWARIA	TEAM NUTRILITE /	77	M30/1907 (M)4631	01:11:33	01:07:22	00:33:28	8.91
5670	5069	RAJCHERT PAWEŁ	WARSZAWA		46	M60/89 (M)4632	01:11:33	01:08:29	00:32:44	8.76
5671	6497	OLIK MARTYNA	WARSZAWA		84	K20/397 (K)1039	01:11:33	01:05:12	00:33:12	9.20
5672	1573	BANASIUK GRZEGORZ	PRÓCHENKI /	PRÓCHENKI /	83	M20/1286 (M)4633	01:11:35	01:06:15	00:32:57	9.06
5673	1574	LATOSZEK IRENA	WARSZAWA		87	K20/398 (K)1040	01:11:36	01:06:15	00:32:58	9.06
5674	6241	PUŁAWSKA JOANNA	WARSZAWA		76	K30/413 (K)1041	01:11:37	01:05:04	00:32:52	9.22
5675	2940	JĘDRZEJEWSKA WERONIKA	PŁOŃSK		85	K20/399 (K)1042	01:11:39	01:06:30	00:33:44	9.02
5676	2939	MAŁKIEWICZ KAMIL	WARSZAWA		85	M20/1287 (M)4634	01:11:39	01:06:30	00:33:45	9.02
5677	3060	JAKUBASZ MARCIN	WARSZAWA		78	M30/1908 (M)4635	01:11:39	01:09:22	00:31:59	8.65
5678	3033	ŚLEPACZUK ROBERT	WARSZAWA		77	M30/1909 (M)4636	01:11:39	01:09:20	00:31:57	8.65
5679	1840	BOROWSKA MAGDALENA	WARSZAWA		66	K40/157 (K)1043	01:11:39	01:09:42	00:34:00	8.61
5680	3252	ŻURAWSKA- KAROLCZAK MAŁGORZATA	WARSZAWA		52	K50/56 (K)1044	01:11:39	01:06:15	00:32:04	9.06
5681	723	BULICZ-KAPRZAK KATARZYNA	SULEJÓWEK	AKTYWNI SOCHACZEW /	76	K30/414 (K)1045	01:11:40	01:05:31	00:32:30	9.16
5682	6672	SZNAPKA HALINA	ŚWIĘTOCHŁOWICE		58	K50/57 (K)1046	01:11:42	01:06:58	00:33:53	8.96
5683	5238	DĄBKOWSKI JAN	WARSZAWA	STOWARZYSZENIE MŁODYCH DZIENNIKARZY IIII	83	M20/1288 (M)4637	01:11:42	01:05:44	00:32:32	9.13
5684	1888	GRZESZCZYK ANDRZEJ	WARSZAWA		53	M50/365 (M)4638	01:11:43	01:09:13	00:32:55	8.67
5685	2977	MAJSTRUK IZABELA	JABŁONNA		75	K30/415 (K)1047	01:11:44	01:05:38	00:32:52	9.14
5686	4510	SADOWSKA KASIA	WARSZAWA		83	K20/400 (K)1048	01:11:44	01:08:39	00:34:35	8.74
5687	5170	KUROWSKI CHARLES	ZALESIE DOLNE	ROMANO MARTINO MARATHON TEAM /	86	M20/1289 (M)4639	01:11:46	01:05:41	00:33:54	9.13
5688	2074	KAKIETEK ADAM	JAKTORÓW		77	M30/1910 (M)4640	01:11:48	01:07:08	00:31:18	8.94
5689	4090	SKRZYMOWSKI TOMASZ	WARSZAWA		63	M40/934 (M)4641	01:11:48	01:06:07	00:31:32	9.07
5690	4980	DRATWICKA AGNIESZKA	WARSZAWA		70	K40/158 (K)1049	01:11:49	01:07:42	00:31:38	8.86
5691	3083	WARMIŃSKA-KRÓLAK ILONA	WARSZAWA		63	K40/159 (K)1050	01:11:50	01:10:37	00:34:34	8.50
5692	4438	TRENDOWSKI PIOTR	WARSZAWA		83	M20/1290 (M)4642	01:11:51	01:10:05	00:34:20	8.56
5693	5237	SKOWORODKO PIOTR	WARSZAWA		74	M30/1911 (M)4643	01:11:52	01:10:39	00:34:26	8.49
5694	508	JAŃCZYK RAFAŁ	WARSZAWA		68	M40/935 (M)4644	01:11:53	01:04:56	00:31:37	9.24
5695	115	KUŚ MAREK	WARSZAWA	AMWAY /	66	M40/936 (M)4645	01:11:54	01:05:48	00:32:54	9.12
5696	4969	ŁAŹIŃSKA PATRYCJA	JÓZEFÓW		96	K20/401 (K)1051	01:11:55	01:08:11	00:33:36	8.80
5697	114	KUŚ AGNIESZKA	WARSZAWA	AMWAY /	66	K40/160 (K)1052	01:11:56	01:05:51	00:32:56	9.11
5698	4511	BRYZIEWSKA MAGDALENA	WARSZAWA		74	K30/416 (K)1053	01:11:56	01:05:50	00:32:07	9.11
5699	6313	PAŚKO MACIEJ	WARSZAWA		80	M30/1912 (M)4646	01:11:57	01:08:55	00:30:59	8.71
5700	2694	SACHMATA AGATA	PIASECZNO	MOTO-PARTNER /	66	K40/161 (K)1054	01:12:00	01:06:10	00:32:37	9.07
5701	4383	SUCHODOLSKA EMILIA	PŁOŃSK		82	K20/402 (K)1055	01:12:01	01:07:00	00:34:30	8.96
5702	6924	KURAN SYLWIA	PIASTÓW		71	K40/162 (K)1056	01:12:03	01:05:35	00:32:25	9.15
5703	113	GOŁ DAMIAN	WARSZAWA	AMWAY /	66	M40/937 (M)4647	01:12:03	01:07:55	00:32:37	8.83
5704	4183	KUZIOLA MARCIN	BYDGOSZCZ	NIEZRZESZONY /	79	M30/1913 (M)4648	01:12:04	01:09:09	00:34:23	8.68
5705	3837	MASSARD MARIE-HELENE	WARSZAWA	AXA RUNNING TEAM /	75	K30/417 (K)1057	01:12:05	01:07:11	00:32:04	8.93
5706	442	BIAŁECKI MICHAŁ	WARSZAWA		73	M30/1914 (M)4649	01:12:07	01:06:42	00:32:29	9.00
5707	536	SZCZYPIORSKA MONIKA	WARSZAWA		90	K20/403 (K)1058	01:12:07	01:06:37	00:32:39	9.01
5708	1422	HUSZCZA DOMINIK	WARSZAWA		74	M30/1915 (M)4650	01:12:07	01:06:03	00:31:50	9.08
5709	441	GRZELAK MARIUSZ	WARSZAWA		75	M30/1916 (M)4651	01:12:07	01:06:44	00:32:29	8.99
5710	400	CIKOWSKI BARTOSZ	WARSZAWA	BBALLINI /	85	M20/1291 (M)4652	01:12:09	01:06:08	00:31:32	9.07
5711	1154	KRAMZA AGNIESZKA	WARSZAWA		77	K30/418 (K)1059	01:12:11	01:08:11	00:32:45	8.80
5712	5524	MŁYNARSKA RENATA	WARSZAWA	BANK PEKAO SA /	74	K30/419 (K)1060	01:12:11	01:07:55	00:32:30	8.83

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Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna / Klub Team / Club	R-k W kat. YoB in Age	Wynik Time	Wynik netto	Wynik 5km	[km/h]
5713	2065	BARRANCOS GARCIA JOSE	WARSZAWA		81 M30/1917 (M)4653	01:12:11	01:05:29	00:32:12	9.16
5714	1477	KOTERSKI LUKASZ	WARSZAWA		77 M30/1918 (M)4654	01:12:12	01:07:14	00:32:54	8.92
5715	5864	JANCZAK MAREK	RADOM		73 M30/1919 (M)4655	01:12:13	01:07:20	00:32:48	8.91
5716	5475	DURALSKA AGNIESZKA	RADOM		77 K30/420 (K)1061	01:12:14	01:07:20	00:32:47	8.91
5717	1715	DOMAŃSKI PAWEŁ	WARSZAWA		74 M30/1920 (M)4656	01:12:14	01:05:56	00:33:24	9.10
5718	2765	KOŁODZIEJ EWA	OSTRÓW MAZOWIECKA		61 K50/58 (K)1062	01:12:15	01:06:27	00:32:13	9.03
5719	785	OCHNIO AGATA	WARSZAWA		92 K20/404 (K)1063	01:12:17	01:06:05	00:33:44	9.08
5720	1271	KOZIEL KAROLINA	WARSZAWA		88 K20/405 (K)1064	01:12:17	01:07:19	00:32:09	8.91
5721	600	DALUCH BOGDAN	WARSZAWA		49 M60/90 (M)4657	01:12:17	01:06:07	00:32:56	9.07
5722	1740	CZARTORYSKI ANDRZEJ	BRWINÓW		67 M40/938 (M)4658	01:12:18	01:05:31	00:33:18	9.16
5723	4967	ŁAZIŃSKI PIOTR	JÓZEFÓW		66 M40/939 (M)4659	01:12:19	01:08:34	00:33:34	8.75
5724	4516	PARYS ALEKSANDRA	WARSZAWA		76 K30/421 (K)1065	01:12:20	01:05:57	00:32:42	9.10
5725	4604	KOSTYK BOGNA	WARSZAWA		66 K40/163 (K)1066	01:12:23	01:08:53	00:37:06	8.71
5726	2434	PACIOREK MAREK	POPOWO LETNISKO		57 M50/366 (M)4660	01:12:23	01:09:34	00:32:48	8.62
5727	315	SKŁODOWSKI TOMASZ	WARSZAWA		70 M40/940 (M)4661	01:12:24	01:05:37	00:33:04	9.14
5728	3701	SKOLIMOWSKA JAGODA	ŻABOKLIKI	DRUŻYNA GANDALFA /	89 K20/406 (K)1067	01:12:29	01:07:00	00:33:41	8.96
5729	3328	WYMYSŁOWSKA IGA	WARSZAWA		90 K20/407 (K)1068	01:12:29	01:05:39	00:32:52	9.14
5730	267	ŻMIGRODZKI WOJCIECH	WARSZAWA		38 M70/18 (M)4662	01:12:29	01:08:43	00:35:41	8.73
5731	3687	SKOLIMOWSKI ADAM	ŻABOKLIKI	DRUŻYNA GANDALFA /	69 M40/941 (M)4663	01:12:29	01:07:00	00:33:40	8.96
5732	3781	GUDOWICZ CICHALEWSKA KAJA	WARSZAWA		77 K30/422 (K)1069	01:12:30	01:07:39	00:32:51	8.87
5733	3780	GUDOWICZ MARCIN	WARSZAWA		76 M30/1921 (M)4664	01:12:31	01:07:39	00:32:50	8.87
5734	954	KNYZIAK JAROSŁAW	JASTRZĘBNIK		70 M40/942 (M)4665	01:12:31	01:06:34	00:32:38	9.01
5735	6931	TOMASZEWSKI ROBERT	LUBLIN		74 M30/1922 (M)4666	01:12:36	01:07:07	00:32:28	8.94
5736	3161	STĘPNIAK MIKOŁAJ	WARSZAWA	RB-LEGIONOWO /	87 M20/1292 (M)4667	01:12:36	01:08:30	00:33:15	8.76
5737	3163	STECKIEWICZ AGNIESZKA	WARSZAWA	RB-LEGIONOWO /	88 K20/408 (K)1070	01:12:37	01:07:58	00:32:42	8.83
5738	4702	PIEGAT IZABELA	WARSZAWA		89 K20/409 (K)1071	01:12:38	01:08:23	00:33:51	8.77
5739	6922	KURAN WŁODZIMIERZ	PIASTÓW		47 M60/91 (M)4668	01:12:40	01:06:13	00:32:19	9.06
5740	5171	KUROWSKI ROMAN	ZALESIE DOLNE	ROMANO MARTINO MARATHON TEAM /	49 M60/92 (M)4669	01:12:41	01:06:36	00:33:54	9.01
5741	4006	RZEPKA KRZYSZTOF	MYSIADŁO		73 M30/1923 (M)4670	01:12:42	01:06:23	00:32:37	9.04
5742	1454	SOBOLEWSKA JOANNA	WARSZAWA		78 K30/423 (K)1072	01:12:43	01:10:13	00:33:59	8.54
5743	371	MOSZKOWICZ EUGENIUSZ	WARSZAWA	ABCKONDYCJA LAS KABACKI /	42 M60/93 (M)4671	01:12:44	01:07:20	00:32:07	8.91
5744	4200	WIŚNICKA ANNA	WARSZAWA		81 K30/424 (K)1073	01:12:45	01:06:51	00:34:07	8.98
5745	5960	KORBUSZEWSKA MAGDALENA	RADZIEJOWICE		94 K20/410 (K)1074	01:12:45	01:06:49	00:32:08	8.98
5746	5401	CHUDZIK TOMASZ	WARSZAWA	T-MOBILE RUNNINGTEAM /	74 M30/1924 (M)4672	01:12:46	01:07:17	00:33:15	8.92
5747	5403	CHUDZIK WOJCIECH	CHMIELNIK		78 M30/1925 (M)4673	01:12:46	01:07:19	00:33:17	8.91
5748	5172	KUROWSKA MARIA	WARSZAWA	ROMANO MARTINO MARATHON TEAM /	90 K20/411 (K)1075	01:12:47	01:06:43	00:33:54	8.99
5749	1570	WECZERKA KATARZYNA	WARSZAWA		62 K40/164 (K)1076	01:12:48	01:09:17	00:32:46	8.66
5750	1701	PAROUS JOANNA	WARSZAWA		75 K30/425 (K)1077	01:12:48	01:06:39	00:34:02	9.00
5751	3103	LUBAŃSKA ELŻBIETA	WARSZAWA	MALWA TEA SPORT /	73 K30/426 (K)1078	01:12:50	01:10:24	00:34:09	8.52
5752	6959	ROGAŁA PIOTR	SIERADZ		91 M20/1293 (M)4674	01:12:51	01:07:18	00:32:53	8.92
5753	2293	BŁOCH MICHAŁ	RZAŚNIK		86 M20/1294 (M)4675	01:12:51	01:08:32	00:31:47	8.75
5754	6949	ROGAŁA IZABELA	SIERADZ		63 K40/165 (K)1079	01:12:52	01:07:19	00:32:53	8.91
5755	3822	CHMIELOWIEC MARZENA	ZĄBKI		84 K20/412 (K)1080	01:12:56	01:07:00	00:32:56	8.96
5756	1773	MIKUCKI BOGDAN	WARSZAWA		66 M40/943 (M)4676	01:12:57	01:08:17	00:32:41	8.79
5757	3771	DRÓZD ROBERT	WARSZAWA		79 M30/1926 (M)4677	01:13:00	01:06:29	00:33:49	9.02
5758	4409	GRANIEWSKI ALEKSANDER	WARSZAWA		77 M30/1927 (M)4678	01:13:01	01:07:32	00:33:04	8.88
5759	2996	BRZEZIŃSKA DANUTA	WARSZAWA		52 K50/59 (K)1081	01:13:01	01:06:36	00:34:02	9.01
5760	3078	KERNER PIOTR	WARSZAWA		66 M40/944 (M)4679	01:13:02	01:12:33	00:33:47	8.27
5761	1561	DUSZA RENATA	WARSZAWA		71 K40/166 (K)1082	01:13:02	01:06:42	00:33:02	9.00
5762	7193	WESOŁOWSKI PIOTR	PIASTÓW		99 M20/1295 (M)4680	01:13:03	01:04:31	00:30:29	9.30
5763	5560	BANACHOWICZ PRZEMEK	WARSZAWA-WESOLA	MJWPU-WWR-2 /	79 M30/1928 (M)4681	01:13:03	01:08:01	00:32:37	8.82
5764	6042	KWIATKOWSKI ADAM	MISIE		68 M40/945 (M)4682	01:13:04	01:07:10	00:32:55	8.93
5765	6148	MIKOŁAJCZYK DOROTA	BIAŁA PODLASKA		62 K40/167 (K)1083	01:13:05	01:10:40	00:34:31	8.49
5766	2641	GREGORCZYK MARIUSZ	WARSZAWA		77 M30/1929 (M)4683	01:13:08	01:09:40	00:36:20	8.61
5767	3577	FESNAK ANDRZEJ	WARSZAWA	FTS /	57 M50/367 (M)4684	01:13:08	01:06:27	00:32:31	9.03
5768	1699	SIEJKO ROBERT	JABŁONNA	GRUPA BIEGOWA CHTMO /	91 M20/1296 (M)4685	01:13:09	01:07:31	00:35:42	8.89
5769	1344	PRZYGODA ARKADIUSZ	WARSZAWA		59 M50/368 (M)4686	01:13:12	01:06:51	00:32:26	8.98

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<i>Miejsce Rank</i>	<i>Nr Bib</i>	<i>Nazwisko i imię Name</i>	<i>Miejscowość City</i>	<i>Drużyna / Klub Team / Club</i>	<i>R-k W kat. YoB in Age</i>	<i>Wynik Time</i>	<i>Wynik netto</i>	<i>Wynik 5km</i>	<i>[km/h]</i>
5770	4774	HOLEWIŃSKI PAWEŁ	WARSZAWA		64 M40/946 (M)4687	01:13:15	01:06:25	00:34:04	9.03
5771	1479	JAWORSKA JOANNA	OTWOCK		79 K30/427 (K)1084	01:13:16	01:07:39	00:32:54	8.87
5772	6987	NAGRODZKA MARIA	KOBYŁKA	OPEN /	75 K30/428 (K)1085	01:13:17	01:08:52	00:32:37	8.71
5773	3911	WILCZEK ZOFIA	WARSZAWA		96 K20/413 (K)1086	01:13:17	01:07:02	00:32:08	8.95
5774	792	SKRODZKI PIOTR	WARSZAWA		82 M20/1297 (M)4688	01:13:19	01:08:35	00:27:17	8.75
5775	2960	FIODOROW AGATA	PIASTÓW		76 K30/429 (K)1087	01:13:19	01:07:13	00:32:55	8.93
5776	4666	LEWY KRYSZTIAN	PRUSZKÓW		80 M30/1930 (M)4689	01:13:20	01:06:39	00:32:07	9.00
5777	1484	SZYMAŃSKA AGATA	WARSZAWA		77 K30/430 (K)1088	01:13:20	01:06:39	00:33:01	9.00
5778	6918	ZYRA KATARZYNA	WARSZAWA		77 K30/431 (K)1089	01:13:20	01:06:39	00:33:02	9.00
5779	4264	GRZYWACZ MARIUSZ	WROCLAW		70 M40/947 (M)4690	01:13:21	01:06:39	00:33:00	9.00
5780	2976	JANKOWSKI RAFAL	MILANÓWEK		70 M40/948 (M)4691	01:13:22	01:08:44	00:32:32	8.73
5781	6412	KACZMAREK DOMINIK	WARSZAWA		79 M30/1931 (M)4692	01:13:23	01:06:44	00:33:39	8.99
5782	3179	PRUS MARIUSZ	WARSZAWA		62 M40/949 (M)4693	01:13:23	01:09:25	00:32:26	8.64
5783	3387	MOŚCICKA HALINA	WARSZAWA		59 K50/60 (K)1090	01:13:26	01:07:10	00:31:42	8.93
5784	1995	GOLUBIEWSKI KRZYSZTOF	WARSZAWA	PKO_ /	77 M30/1932 (M)4694	01:13:27	01:07:35	00:33:44	8.88
5785	3793	CONDER JOANNA	WARSZAWA		88 K20/414 (K)1091	01:13:30	01:07:17	00:33:43	8.92
5786	940	ZAKS MACIEJ	WARSZAWA		87 M20/1298 (M)4695	01:13:31	01:06:57	00:32:45	8.96
5787	2878	STĘPNIEWSKI PAWEŁ	WARSZAWA		96 M20/1299 (M)4696	01:13:33	01:10:30	00:32:54	8.51
5788	5154	MIAZGA KRZYSZTOF	GARWOLIN		84 M20/1300 (M)4697	01:13:34	01:06:47	00:33:21	8.98
5789	1620	ZIELIŃSKI MIROSLAW	WARSZAWA	LASEK BIELAŃSKI TEAM /	53 M50/369 (M)4698	01:13:37	01:07:37	00:31:35	8.87
5790	5937	KOCH MARTYNA	WROCLAW		91 K20/415 (K)1092	01:13:39	01:08:13	00:32:52	8.80
5791	3599	KUBALSKA JOANNA	WARSZAWA	STRATOSMEDIA WIĘCEJ FUNKU RALLY TEAM NAD /	86 K20/416 (K)1093	01:13:41	01:07:00	00:33:27	8.96
5792	1621	CHRULSKA ZUZANNA	WARSZAWA	TEAM NUTRILITE /	82 K20/417 (K)1094	01:13:42	01:11:56	00:33:50	8.34
5793	6611	SOBCZYŃSKI EMIL	ŻYRARDÓW	- /	96 M20/1301 (M)4699	01:13:43	01:08:06	00:31:34	8.81
5794	4649	SZUMIEC-PRESCH BOGUSŁAWA	WARSZAWA		78 K30/432 (K)1095	01:13:43	01:11:04	00:33:37	8.44
5795	5034	GRZESZCZUK ANNA	WARSZAWA		67 K40/168 (K)1096	01:13:46	01:10:41	00:34:35	8.49
5796	6790	WLAŻŁO MONIKA	ZŁOTOKŁOS		80 K30/433 (K)1097	01:13:46	01:08:11	00:36:27	8.80
5797	2970	KOSICKA-GRABOWSKA AGNIESZKA	WARSZAWA		72 K30/434 (K)1098	01:13:47	01:07:06	00:33:02	8.94
5798	3147	TULICKI ANDRZEJ	WARSZAWA	ACTION /	74 M30/1933 (M)4700	01:13:47	01:08:40	00:32:44	8.74
5799	3887	BĄCZYK KATARZYNA	BRWINÓW		74 K30/435 (K)1099	01:13:48	01:08:07	00:32:45	8.81
5800	312	LASZCZKA MARTA	WARSZAWA		97 K20/418 (K)1100	01:13:49	01:07:05	00:34:18	8.94
5801	4317	MAJ IWONA	WARSZAWA	TEAM NUTRILITE /	58 K50/61 (K)1101	01:13:50	01:07:44	00:32:54	8.86
5802	5033	ZAJDEL ELŻBIETA	WARSZAWA		71 K40/169 (K)1102	01:13:51	01:10:45	00:34:33	8.48
5803	4308	JASZCZUR MICHAŁ	PŁOŃSK		81 M30/1934 (M)4701	01:13:53	01:07:46	00:33:33	8.85
5804	5032	GRZESZCZUK GRZEGORZ	WARSZAWA	KB GALERIA WARSZAWA /	66 M40/950 (M)4702	01:13:54	01:10:50	00:34:34	8.47
5805	5264	AWDZIEJCZYK EWA	WARSZAWA		63 K40/170 (K)1103	01:13:54	01:11:46	00:33:22	8.36
5806	2166	FISEL AGNIESZKA		ACTION /	73 K30/436 (K)1104	01:13:54	01:09:34	00:33:49	8.62
5807	4490	ŚWIDERSKA MAŁGORZATA	WARSZAWA	NIE DOTYCZY /	52 K50/62 (K)1105	01:13:55	01:13:10	00:35:38	8.20
5808	2141	MARĆ EWELINA	BIAŁOBZEGI	DLL /	77 K30/437 (K)1106	01:13:55	01:10:16	00:35:08	8.54
5809	4307	JASZCZUR JOANNA	PŁOŃSK		81 K30/438 (K)1107	01:13:56	01:07:48	00:33:34	8.85
5810	4152	BORUCH ZBIGNIEW	WARSZAWA		77 M30/1935 (M)4703	01:13:59	01:07:50	00:35:21	8.85
5811	363	ZDROJEK ARTUR	WARSZAWA		69 M40/951 (M)4704	01:13:59	01:11:31	00:34:56	8.39
5812	3084	CHODOWSKA MARZENA	WARSZAWA		60 K50/63 (K)1108	01:14:01	01:12:48	00:35:25	8.24
5813	6475	NOWOBILSKA GRYZIAK EWA	ŁOMIANKI		76 K30/439 (K)1109	01:14:02	01:09:59	00:33:51	8.57
5814	2741	LÜDERS HARK	WARSZAWA	- /	68 M40/952 (M)4705	01:14:03	01:07:40	00:32:46	8.87
5815	1122	JANOWSKI KONRAD	WARSZAWA		49 M60/94 (M)4706	01:14:04	01:11:24	00:34:43	8.40
5816	3499	SZYMAŃSKI MARIUSZ	WOLA RASZTOWSKA		78 M30/1936 (M)4707	01:14:05	01:07:38	00:35:41	8.87
5817	4692	JAROSZ EWA	KONSTANCIN		56 K50/64 (K)1110	01:14:06	01:13:57	00:36:45	8.11
5818	6424	KOŁACZKOWSKI MACIEJ	OPOLE		83 M20/1302 (M)4708	01:14:10	01:10:31	00:39:12	8.51
5819	3092	ŻRÓDLAK MAŁGORZATA	WARSZAWA	CELIAKIA.PL /	73 K30/440 (K)1111	01:14:10	01:08:42	00:34:56	8.73
5820	3091	ŻRÓDLAK MAREK	WARSZAWA	T-MOBILE RUNNING TEAM /	73 M30/1937 (M)4709	01:14:11	01:08:43	00:34:56	8.73
5821	5259	AFTAŃSKI PRZEMYSŁAW	ŁOCHOCIN		74 M30/1938 (M)4710	01:14:12	01:07:59	00:34:22	8.83
5822	5258	AFTAŃSKA IWONA	ŁOCHOCIN		72 K30/441 (K)1112	01:14:12	01:07:59	00:34:22	8.83
5823	4340	GROMYSZ JUSTYNA	ŁYNIOW		83 K20/419 (K)1113	01:14:13	01:12:36	00:36:40	8.26
5824	2232	SZYDEL MAŁGORZATA	WARSZAWA	AMBASADA DANII /	87 K20/420 (K)1114	01:14:13	01:11:04	00:33:50	8.44
5825	4341	KLAJDA CORINNE	WARSZAWA		69 K40/171 (K)1115	01:14:14	01:08:49	00:32:52	8.72

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<b>Miejsce Rank</b>	<b>Nr Bib</b>	<b>Nazwisko i imię Name</b>	<b>Miejscowość City</b>	<b>Drużyna / Klub Team / Club</b>	<b>R-k YoB</b>	<b>W kat. in Age</b>	<b>Wynik Time</b>	<b>Wynik netto</b>	<b>Wynik 5km</b>	<b>[km/h]</b>
5826	5099	WALESIAK-GOUELLAIN KATARZYNA	WARSZAWA		75	K30/442 (K)1116	01:14:16	01:11:10	00:33:33	8.43
5827	5541	SZCZEPAŃSKA-JANKOWSKA EWA	PULAWY		84	K20/421 (K)1117	01:14:17	01:08:49	00:33:15	8.72
5828	5540	JANKOWSKI ANDRZEJ	PULAWY		85	M20/1303 (M)4711	01:14:17	01:08:48	00:33:14	8.72
5829	2949	MAZUREK AGNIESZKA	WARSZAWA		72	K30/443 (K)1118	01:14:17	01:09:35	00:33:42	8.62
5830	2688	PILIPCZUK IWONA	WARSZAWA		59	K50/65 (K)1119	01:14:18	01:08:18	00:33:31	8.78
5831	2348	CIEŚLUK MAŁGORZATA	WARSZAWA	CROSS /	63	K40/172 (K)1120	01:14:19	01:10:16	00:34:46	8.54
5832	4694	LASKA MAGORZATA	ZAWICHOST		62	K40/173 (K)1121	01:14:28	01:08:35	00:33:00	8.75
5833	1392	MICHAŁEK JOANNA	WARSZAWA		78	K30/444 (K)1122	01:14:29	01:09:07	00:33:07	8.68
5834	5100	WÓJCIK MONIKA	WARSZAWA		69	K40/174 (K)1123	01:14:32	01:08:59	00:32:52	8.70
5835	643	STĘPIŃSKA JOANNA	WARSZAWA		76	K30/445 (K)1124	01:14:35	01:08:23	00:33:29	8.77
5836	634	ROGULSKA AGATA	WARSZAWA		79	K30/446 (K)1125	01:14:35	01:08:23	00:33:29	8.77
5837	2440	ANDRYSZAK NADINE	WARSZAWA		75	K30/447 (K)1126	01:14:36	01:13:08	00:33:51	8.20
5838	1215	SYPKO ALEKSANDRA	SOCHACZEW	TEAM NUTRILITE /	95	K20/422 (K)1127	01:14:37	01:08:43	00:34:06	8.73
5839	4724	LISIECKA-LIS KAMILA	WARSZAWA		68	K40/175 (K)1128	01:14:38	01:08:37	00:33:47	8.74
5840	738	KRÓL PAWEŁ	ŁOMIANKI		72	M30/1939 (M)4712	01:14:40	01:08:19	00:32:26	8.78
5841	4779	SMÓLSKA KATARZYNA	WARSZAWA		81	K30/448 (K)1129	01:14:40	01:08:31	00:35:20	8.76
5842	6613	SOKOLNICKA ANIA	WARSZAWA		85	K20/423 (K)1130	01:14:43	01:12:17	00:35:00	8.30
5843	7338	KOŁACZEWSKI MICHAŁ	WARSZAWA	TEAM NUTRILITE /	01	M20/1304 (M)4713	01:14:50	01:06:19	00:29:18	9.05
5844	4540	WOLSKA ANNA	WARSZAWA	BGŻ LEASING RUNNING TEAM /	86	K20/424 (K)1131	01:14:50	01:08:09	00:34:02	8.80
5845	4404	TRZOSOWSKI JACEK	WARSZAWA	CF CEFARM SA /	64	M40/953 (M)4714	01:14:51	01:08:20	00:33:41	8.78
5846	4541	ZAŁOGA MATEUSZ	WARSZAWA	BGŻ LEASING RUNNING TEAM /	84	M20/1305 (M)4715	01:14:51	01:08:10	00:34:02	8.80
5847	7339	KOŁACZEWSKA MONIKA	WARSZAWA	TEAM NUTRILITE /	75	K30/449 (K)1132	01:14:51	01:06:20	00:29:19	9.05
5848	4209	FARMUS ALDONA	WARSZAWA		68	K40/176 (K)1133	01:14:53	01:08:53	00:31:35	8.71
5849	6792	WŁODARCZYK DAMIAN	MAJDAN KOZIC DOLNYCH	LUBELSKIE STOWARZYSZENIE BIEGOWE /	85	M20/1306 (M)4716	01:14:59	01:13:41	00:36:25	8.14
5850	6208	LANGLEY KEVIN	WARSZAWA		76	M30/1940 (M)4717	01:15:00	01:06:31	00:29:20	9.02
5851	4778	FRYZKA ANDRZEJ	WARSZAWA		86	M20/1307 (M)4718	01:15:02	01:12:50	00:33:51	8.24
5852	3334	FRYDRYCH BOZENA	WARSZAWA		57	K50/66 (K)1134	01:15:04	01:09:39	00:34:32	8.61
5853	3336	MAREK HENRYK	WARSZAWA		47	M60/95 (M)4719	01:15:04	01:09:39	00:34:32	8.61
5854	1332	ŁUKASIAK ROBERT	WARSZAWA	- /	75	M30/1941 (M)4720	01:15:04	01:08:23	00:33:18	8.77
5855	5223	KALKOWSKA MARIOLA	SIERPC	FREELANCER /	80	K30/450 (K)1135	01:15:07	01:09:32	00:33:07	8.63
5856	1854	GUZOWSKI MARIUSZ JACEK	WARSZAWA	TEAM NUTRILITE /	76	M30/1942 (M)4721	01:15:08	01:11:33	00:35:44	8.39
5857	697	GAWROŃSKA ANNA	MŁOCHÓW		74	K30/451 (K)1136	01:15:08	01:12:38	00:36:09	8.26
5858	4607	SZABELAK WITEK	WARSZAWA	OBOZYBIEGOWE.PL /	81	M30/1943 (M)4722	01:15:10	01:10:53	00:34:18	8.46
5859	4298	KRZYSZCZAK MARIUSZ	WARSZAWA		73	M30/1944 (M)4723	01:15:10	01:09:56	00:34:36	8.58
5860	252	DUSZYŃSKI ZBIGNIEW	WARSZAWA		39	M70/19 (M)4724	01:15:10	01:11:03	00:32:34	8.44
5861	1168	GRUCELA KRZYSZTOF	WARSZAWA		80	M30/1945 (M)4725	01:15:17	01:09:58	00:34:00	8.58
5862	970	WYSOCKI PIOTR	LEGIONOWO		85	M20/1308 (M)4726	01:15:19	01:08:46	00:32:48	8.73
5863	5926	KISZKA ANNA	WARSZAWA		71	K40/177 (K)1137	01:15:19	01:09:42	00:32:56	8.61
5864	5150	RADOLIŃSKA DAGMARA	OPACZ KOLONIA		82	K20/425 (K)1138	01:15:21	01:14:56	00:35:24	8.01
5865	2408	KWIATKOWSKI PAWEŁ	BIELAWY		89	M20/1309 (M)4727	01:15:21	01:10:46	00:34:22	8.48
5866	3626	SCHEFFS BOŻENA	ZĄBKI		67	K40/178 (K)1139	01:15:21	01:12:37	00:34:44	8.26
5867	930	PODWORSKA IZA	WARKA		75	K30/452 (K)1140	01:15:23	01:12:35	00:34:29	8.27
5868	4294	MATHIA ANNA	WARSZAWA	BIURO INFORMACJI KREDYTOWEJ /	84	K20/426 (K)1141	01:15:23	01:11:30	00:35:29	8.39
5869	4315	MAJ ANTONINA	WARSZAWA	TEAM NUTRILITE /	93	K20/427 (K)1142	01:15:24	01:10:10	00:34:16	8.55
5870	663	ROMAŃSKI PIOTR	PIASECZNO		79	M30/1946 (M)4728	01:15:24	01:14:04	00:36:22	8.10
5871	2409	KWIATKOWSKI ALEKSANDER	ŁOWICZ		62	M40/954 (M)4729	01:15:24	01:10:50	00:34:22	8.47
5872	2300	ZNAMIEC MARCIN	WARSZAWA	NIEZRZESZONY /	77	M30/1947 (M)4730	01:15:25	01:10:51	00:34:23	8.47
5873	2044	MARANOWSKI IRENEUSZ	WARSZAWA		63	M40/955 (M)4731	01:15:26	01:10:34	00:33:43	8.50
5874	1793	MALEK ALIMOHAMAD	WARSZAWA	ICHF / NOBLESSE /	80	M30/1948 (M)4732	01:15:26	01:09:40	00:34:40	8.61
5875	4956	JAKUBIAK URSZULA	WARSZAWA		84	K20/428 (K)1143	01:15:26	01:09:15	00:35:37	8.66
5876	1901	SZAFRAŃSKI MARIUSZ	JÓZEFÓW		73	M30/1949 (M)4733	01:15:28	01:06:58	00:33:25	8.96
5877	1532	JANKOWSKA EWA	WARSZAWA		64	K40/179 (K)1144	01:15:29	01:11:04	00:33:55	8.44
5878	2652	ROGOZIŃSKI MARCIN	WARSZAWA	TEAM NUTRILITE /	80	M30/1950 (M)4734	01:15:30	01:09:14	00:31:20	8.67
5879	2664	KALEŃSKA-KLIMCZAK ALICJA	WARSZAWA	TEAM NUTRILITE /	71	K40/180 (K)1145	01:15:31	01:09:52	00:31:58	8.59
5880	1567	PRAGA ANNA	WARSZAWA		56	K50/67 (K)1146	01:15:31	01:15:22	00:36:45	7.96
5881	4743	WITKOWSKI WALDEMAR	PIASECZNO		52	M50/370 (M)4735	01:15:34	01:09:52	00:31:22	8.59

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<b>Miejsce</b> <b>Rank</b>	<b>Nr</b> <b>Bib</b>	<b>Nazwisko i imię</b> <b>Name</b>	<b>Miejscowość</b> <b>City</b>	<b>Drużyna / Klub</b> <b>Team / Club</b>	<b>R-k</b>	<b>W kat.</b> <b>YoB in Age</b>	<b>Wynik</b> <b>Time</b>	<b>Wynik</b> <b>netto</b>	<b>Wynik</b> <b>5km</b>	<b>[km/h]</b>
5882	259	REMBERK DANUTA	WARSZAWA		41	K70/1 (K)1147	01:15:35	01:11:58	00:35:12	8.34
5883	6410	NICINSKI WALDEMAR	WARSZAWA	AVIQ PIASECZNO /	67	M40/956 (M)4736	01:15:37	01:11:23	00:35:08	8.41
5884	397	MARKS GRZEGORZ	WARSZAWA		74	M30/1951 (M)4737	01:15:39	01:10:26	00:34:50	8.52
5885	4204	WALCZAK JOANNA	WARSZAWA		63	K40/181 (K)1148	01:15:39	01:15:18	00:33:44	7.97
5886	2128	POLKOWSKA IZABELA	WARSZAWA		66	K40/182 (K)1149	01:15:40	01:15:19	00:33:45	7.97
5887	4475	KOROTKO-WIELGO ANNA	WARSZAWA		73	K30/453 (K)1150	01:15:40	01:10:28	00:35:04	8.51
5888	1450	GONGOLEWSKA ANNA	WARSZAWA		85	K20/429 (K)1151	01:15:40	01:10:30	00:35:04	8.51
5889	133	SŁOWIKOWSKI ARTUR	WARSZAWA	AMWAY /	66	M40/957 (M)4738	01:15:43	01:09:52	00:34:21	8.59
5890	3315	BULAKOWSKA DOROTA	WARSZAWA	WARSZAWA /	80	K30/454 (K)1152	01:15:44	01:09:26	00:34:57	8.64
5891	4449	JENKINS CHRIS	WARSAW	WILANOW COFFIN DODGERS /	47	M60/96 (M)4739	01:15:47	01:13:16	00:34:21	8.19
5892	4440	UTKO MONIKA	WARSAW	WILANOW COFFIN DODGERS /	90	K20/430 (K)1153	01:15:47	01:13:15	00:34:20	8.19
5893	2555	BIGAJ DAWID	SZYMANÓW		84	M20/1310 (M)4740	01:15:49	01:14:54	00:33:53	8.01
5894	1838	CICHOCKA EDYTA	PULTUSK		88	K20/431 (K)1154	01:15:50	01:08:48	00:34:11	8.72
5895	2162	BOGUSZ ANNA		ACTION /	71	K40/183 (K)1155	01:15:58	01:10:29	00:33:13	8.51
5896	2563	KIMSZAŁ DOROTA	WARSZAWA		72	K30/455 (K)1156	01:15:58	01:09:15	00:34:41	8.66
5897	6408	BANDEIRA PEDRO	WARSZAWA		76	M30/1952 (M)4741	01:15:58	01:09:58	00:36:09	8.58
5898	2562	KIMSZAŁ PIOTR	WARSZAWA		69	M40/958 (M)4742	01:15:59	01:09:15	00:34:39	8.66
5899	2161	SZCZEPAŃCZYK AGNIESZKA		ACTION /	80	K30/456 (K)1157	01:16:07	01:10:39	00:33:13	8.49
5900	661	ROMAŃSKA ANNA	WARSZAWA		80	K30/457 (K)1158	01:16:07	01:14:49	00:36:22	8.02
5901	3305	NIEWIAROWSKI PIOTR	JÓZEFOSŁAW		67	M40/959 (M)4743	01:16:10	01:09:22	00:33:41	8.65
5902	517	PALUCH ANDRZEJ	WARSZAWA		65	M40/960 (M)4744	01:16:11	01:09:55	00:33:36	8.58
5903	1644	KORONKA KAROLINA	OSTROŁĘKA		91	K20/432 (K)1159	01:16:17	01:11:01	00:36:03	8.45
5904	5016	PIASEK ANNA	OSTROŁĘKA		70	K40/184 (K)1160	01:16:18	01:10:22	00:35:23	8.53
5905	4441	KRAWCZAK MATEUSZ	WARSZAWA		96	M20/1311 (M)4745	01:16:18	01:09:26	00:32:31	8.64
5906	4808	SZCZEPAŃSKI MARCIN	MILANÓWEK		83	M20/1312 (M)4746	01:16:24	01:10:08	00:33:54	8.56
5907	2225	STANGRECKI RAFAŁ	ŁOMIANKI		78	M30/1953 (M)4747	01:16:29	01:09:30	00:32:55	8.63
5908	6500	SYGULA AGNIESZKA	WARSZAWA		84	K20/433 (K)1161	01:16:30	01:10:08	00:34:16	8.56
5909	5904	KARDAŚ GRZEGORZ	RADOM		69	M40/961 (M)4748	01:16:32	01:10:07	00:34:32	8.56
5910	4502	SADOWSKI ARTUR	WARSZAWA		78	M30/1954 (M)4749	01:16:40	01:12:07	00:33:37	8.32
5911	6238	GALUSZKA JADWIGA	PRUSZKÓW	SPORTAKUS WARSZAWA /	77	K30/458 (K)1162	01:16:42	01:10:39	00:37:21	8.49
5912	3461	MASZNICZ IWONA	WARSZAWA		70	K40/185 (K)1163	01:16:42	01:10:42	00:34:26	8.49
5913	446	BLACHOWICZ JACEK	WARSZAWA		56	M50/371 (M)4750	01:16:43	01:10:33	00:35:14	8.50
5914	5562	KOMAR MAREK	WARSZAWA		83	M20/1313 (M)4751	01:16:46	01:13:07	00:39:13	8.21
5915	4927	GROCHOWSKI PAWEŁ	WARSZAWA		64	M40/962 (M)4752	01:16:48	01:10:28	00:33:54	8.51
5916	3994	GRZEGOREK KATARZYNA	WARSZAWA		70	K40/186 (K)1164	01:16:48	01:13:02	00:35:41	8.22
5917	3350	BARECKI WŁODZIMIERZ	WARSZAWA	NIEZRZESZONY /	56	M50/372 (M)4753	01:16:49	01:11:07	00:35:18	8.44
5918	51	KOMOROWSKA MARTA			79	K30/459 (K)1165	01:16:51	01:08:10	00:32:20	8.80
5919	4454	TKACZ TOMASZ	WARSZAWA		78	M30/1955 (M)4754	01:16:52	01:10:34	00:35:59	8.50
5920	1657	FLIS ARTUR	MICHAŁOWICE		86	M20/1314 (M)4755	01:16:52	01:11:26	00:35:08	8.40
5921	1658	FLIS GRAŻYNA	MICHAŁOWICE		57	K50/68 (K)1166	01:16:54	01:11:28	00:35:08	8.40
5922	5749	DUDEK AGNIESZKA	LUBLIN		76	K30/460 (K)1167	01:16:57	01:10:48	00:35:17	8.47
5923	6219	ŁYJAK ŁUKASZ	WARSZAWA	AKD RIDE OR DIE /	85	M20/1315 (M)4756	01:16:58	01:10:30	00:35:53	8.51
5924	3956	PONIATOWSKI DAWID	WARSZAWA		88	M20/1316 (M)4757	01:16:58	01:14:42	00:38:18	8.03
5925	6218	TUPAJ MAGDALENA	WARSZAWA	AKD RIDE OR DIE /	85	K20/434 (K)1168	01:16:58	01:10:31	00:35:53	8.51
5926	249	MAMCARCZYK TOMASZ	JAWORZNO	PKO BP /	82	M20/1317 (M)4758	01:17:00	01:10:36	00:33:59	8.50
5927	2064	LIPSKI SŁAWOMIR	KONSTANCIN-JEZIORNA		64	M40/963 (M)4759	01:17:04	01:10:22	00:36:59	8.53
5928	5681	SZÓSTYK BARBARA	TARNOBRZEG		86	K20/435 (K)1169	01:17:05	01:10:53	00:33:11	8.46
5929	2119	GOLAŃSKA JOANNA	PARLIN	BRAK /	83	K20/436 (K)1170	01:17:07	01:15:03	00:37:57	7.99
5930	1745	PAWŁOWSKI RAFAŁ	WARSZAWA		63	M40/964 (M)4760	01:17:09	01:16:42	00:33:47	7.82
5931	1505	KALIŃSKI SŁAWOMIR	NOWY DWÓR	BRAK /	72	M30/1956 (M)4761	01:17:10	01:10:20	00:33:30	8.53
5932	5246	HEJNA MACIEJ	WARSZAWA	HEJNA ARCHITEKCI /	81	M30/1957 (M)4762	01:17:14	01:13:30	00:36:54	8.16
5933	4246	MICHNIEWICZ MAŁGORZATA	WARSZAWA	ZUS TEAM /	77	K30/461 (K)1171	01:17:14	01:15:37	00:36:39	7.93
5934	1858	DĘBSKA ANNA	WARSZAWA		58	K50/69 (K)1172	01:17:15	01:13:23	00:35:28	8.18
5935	6341	PIETRAK WOJCIECH	KOBYŁKA	TEAM NUTRILITE /	85	M20/1318 (M)4763	01:17:16	01:13:02	00:35:08	8.22
5936	5031	SKOREK KATARZYNA	WARSZAWA		85	K20/437 (K)1173	01:17:20	01:11:16	00:34:10	8.42
5937	4736	FIŁONOWICZ ALEKSANDRA	WARSZAWA		85	K20/438 (K)1174	01:17:20	01:11:16	00:34:10	8.42
5938	1900	STANIŚLAWSKI FILIP	WARSZAWA		79	M30/1958 (M)4764	01:17:24	01:13:56	00:36:18	8.12

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<b>Miejsce Rank</b>	<b>Nr Bib</b>	<b>Nazwisko i imię Name</b>	<b>Miejscowość City</b>	<b>Drużyna / Klub Team / Club</b>	<b>R-k W kat. YoB in Age</b>	<b>Wynik Time</b>	<b>Wynik netto</b>	<b>Wynik 5km</b>	<b>[km/h]</b>
5939	358	OKRUSZKO MARIOLA	JÓZEFÓW		61 K50/70 (K)1175	01:17:26	01:14:06	00:36:39	8.10
5940	6303	PACAN JUSTYNA	KRASNYSTAW		87 K20/439 (K)1176	01:17:30	01:13:19	00:36:01	8.18
5941	5600	POKORSKA MAŁGORZATA	WARSZAWA		87 K20/440 (K)1177	01:17:30	01:12:20	00:32:51	8.29
5942	6854	ZIENIEWICZ TOMASZ	MAJDAN KOZIC DOLNYCH	LUBELSKIE STOWARZYSZENIE BIEGOWE /	80 M30/1959 (M)4765	01:17:30	01:13:20	00:36:01	8.18
5943	3595	MICHALIK WOJCIECH	WARSZAWA		56 M50/373 (M)4766	01:17:42	01:11:28	00:34:40	8.40
5944	6682	SZWAGIERCZAK MICHAŁ	RADOM		78 M30/1960 (M)4767	01:17:43	01:11:25	00:34:57	8.40
5945	236	ROMAN ADAM	WARSZAWA	PKO BP /	85 M20/1319 (M)4768	01:17:46	01:14:13	00:36:15	8.08
5946	3209	SIKORSKA EWELINA	WARSZAWA		77 K30/462 (K)1178	01:17:48	01:11:01	00:33:44	8.45
5947	1674	CIEŚLAK JOANNA	WARSZAWA		61 K50/71 (K)1179	01:17:50	01:11:47	00:35:06	8.36
5948	96	WISIŃSKA ADRIANNA	WARSZAWA	WASA /	81 K30/463 (K)1180	01:17:51	01:14:05	00:35:41	8.10
5949	95	DMOWSKI RAFAŁ	WARSZAWA	WASA /	73 M30/1961 (M)4769	01:17:51	01:14:05	00:35:40	8.10
5950	4556	SALACHA PRZEMYSŁAW	ŁÓDŹ		77 M30/1962 (M)4770	01:17:56	01:15:15	00:35:06	7.97
5951	3414	ZAWAL ANNA	WARSZAWA		78 K30/464 (K)1181	01:17:57	01:11:14	00:34:56	8.42
5952	6254	NIEWIAROWSKA-GRUDZIŃSKA EWA MARTA	WOŁOMIN		66 K40/187 (K)1182	01:17:58	01:11:08	00:35:32	8.43
5953	4053	GÓRAJEC PIOTR	CHYLICZKI		74 M30/1963 (M)4771	01:17:58	01:13:29	00:35:54	8.17
5954	6580	SIEMIONOWSKA EMILIA	SULEJÓWEK		83 K20/441 (K)1183	01:18:00	01:11:42	00:34:55	8.37
5955	1557	KOŁACZYŃSKA IWONA	WARSZAWA		65 K40/188 (K)1184	01:18:01	01:11:51	00:34:18	8.35
5956	238	KOCÓJ JAKUB	WARSZAWA	PKO BP /	79 M30/1964 (M)4772	01:18:01	01:13:28	00:33:37	8.17
5957	1316	WASILEWSKA DOROTA	WARSZAWA		83 K20/442 (K)1185	01:18:05	01:11:44	00:35:56	8.36
5958	2233	MARIAŃSKI MAREK	OLSZTYN		52 M50/374 (M)4773	01:18:07	01:12:32	00:36:52	8.27
5959	5609	WRÓBEL PAULINA	WARSZAWA		81 K30/465 (K)1186	01:18:07	01:16:06	00:36:05	7.88
5960	2377	PAWŁOWICZ ROBERT	SUCHOWOLA	PHU KOT WSC /	79 M30/1965 (M)4774	01:18:10	01:11:59	00:31:21	8.34
5961	3156	SADKOWSKA DOROTA	TYCHY		81 K30/466 (K)1187	01:18:10	01:11:50	00:36:49	8.35
5962	347	KUSSAKOWSKI ZBIGNIEW	WARSZAWA		74 M30/1966 (M)4775	01:18:18	01:17:55	00:37:21	7.70
5963	2148	MICHALSKA MAGDALENA	WARSZAWA		85 K20/443 (K)1188	01:18:18	01:12:16	00:35:17	8.30
5964	2149	MICHALSKI PIOTR	WARSZAWA		82 M20/1320 (M)4776	01:18:19	01:12:17	00:35:17	8.30
5965	278	KOTOWICZ OTTON	WARSZAWA		31 M70/20 (M)4777	01:18:24	01:13:52	00:36:24	8.12
5966	2135	MODLIBOREK WOJCIECH	WARSZAWA	ING /	79 M30/1967 (M)4778	01:18:24	01:11:53	00:35:43	8.35
5967	1181	MAŁYSKA KRZYSZTOF	PIASECZNO		78 M30/1968 (M)4779	01:18:25	01:12:01	00:33:54	8.33
5968	1093	WAŚOWICZ DARIUSZ	WIELOGÓRA		63 M40/965 (M)4780	01:18:28	01:12:34	00:34:33	8.27
5969	5423	CUPRYŚ KATARZYNA	PARZNIEW		76 K30/467 (K)1189	01:18:31	01:16:00	00:36:15	7.89
5970	326	SUCHOCKI MARIUSZ	WARSZAWA	UKS OLIMPUS /	95 M20/1321 (M)4781	01:18:31	01:17:00	00:30:21	7.79
5971	334	WŁODARCZYK TOMASZ	WARSZAWA	UKS OLIMPUS /	94 M20/1322 (M)4782	01:18:31	01:17:02	00:30:23	7.79
5972	677	ABRAMOWSKI PIOTR	WARSZAWA		79 M30/1969 (M)4783	01:18:34	01:15:16	00:49:29	7.97
5973	134	KROC ZBIGNIEW	WARSZAWA	AMWAY /	59 M50/375 (M)4784	01:18:34	01:12:03	00:33:42	8.33
5974	6480	KOSOWSKA ANGELA	WARSZAWA	ST GEM /	75 K30/468 (K)1190	01:18:36	01:15:56	00:37:11	7.90
5975	6487	ŻAK ZUZANNA			94 K20/444 (K)1191	01:18:37	01:15:58	00:37:15	7.90
5976	6478	OSIAK ANNA	WARSZAWA	ST GEM /	75 K30/469 (K)1192	01:18:38	01:15:58	00:37:14	7.90
5977	2385	KUDOWICZ ADAM	OTWOCK		40 M70/21 (M)4785	01:18:41	01:11:54	00:36:09	8.34
5978	1471	KRAWCZYŃSKA TINA	RADZIEJOWICE/ŚLABOMI		76 K30/470 (K)1193	01:18:50	01:12:42	00:35:17	8.25
5979	1470	KRAWCZYŃSKI JACEK	RADZIEJOWICE/ŚLABOMI	MARATONY POLSKIE /	47 M60/97 (M)4786	01:18:51	01:12:42	00:35:16	8.25
5980	6074	ŁABUS MICHAŁ	OPOLE		78 M30/1970 (M)4787	01:18:53	01:12:28	00:34:33	8.28
5981	1889	SZYMANEK ARKADIUSZ	WARSZAWA	BANK OCHRONY ŚRODOWISKA /	66 M40/966 (M)4788	01:18:54	01:12:30	00:33:58	8.28
5982	2835	NOWICKA LILIANA	WARSZAWA		85 K20/445 (K)1194	01:18:58	01:17:20	00:39:04	7.76
5983	2836	RÓŻANEK MICHAŁ	WARSZAWA		85 M20/1323 (M)4789	01:18:59	01:17:23	00:39:06	7.75
5984	3303	WOŁKOWYSKI KRZYSZTOF	WARSZAWA		66 M40/967 (M)4790	01:19:11	01:12:55	00:34:42	8.23
5985	985	TOMASIK KRZYSZTOF	PIASTÓW		87 M20/1324 (M)4791	01:19:17	01:12:37	00:35:44	8.26
5986	3829	JASTRZĘBSKA MARTA	WARSZAWA	AXA RUNNING TEAM /	85 K20/446 (K)1195	01:19:17	01:12:37	00:35:46	8.26
5987	2964	SZAFRAŃSKA SYLWIA	ŁOMIANKI		86 K20/447 (K)1196	01:19:20	01:14:07	00:37:01	8.10
5988	2524	RZESZUTEK ANETA	WARSZAWA		60 K50/72 (K)1197	01:19:20	01:12:45	00:36:40	8.25
5989	250	MARIAŃSKI SEBASTIAN	WARSZAWA	PKO BP /	83 M20/1325 (M)4792	01:19:21	01:19:03	00:38:13	7.59
5990	2637	KOTECKA ZOSIA	WARSZAWA		83 K20/448 (K)1198	01:19:21	01:13:42	00:35:41	8.14
5991	4429	NIEGRZYBOWSKA KAROLINA	ŁOMIANKI		89 K20/449 (K)1199	01:19:21	01:12:40	00:35:06	8.26
5992	430	SENATORSKA ZUZANNA	WARSZAWA		80 K30/471 (K)1200	01:19:21	01:13:19	00:37:21	8.18
5993	1943	SZYSZKA URSZULA	WARSZAWA	PKO_ /	58 K50/73 (K)1201	01:19:21	01:19:04	00:38:14	7.59
5994	4430	SZEWCZYK EDYTA	ŁOMIANKI		86 K20/450 (K)1202	01:19:22	01:12:41	00:35:06	8.25

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<i>Miejsce Rank</i>	<i>Nr Bib</i>	<i>Nazwisko i imię Name</i>	<i>Miejscowość City</i>	<i>Drużyna / Klub Team / Club</i>	<i>R-k W kat. YoB in Age</i>	<i>Wynik Time</i>	<i>Wynik netto</i>	<i>Wynik 5km</i>	<i>[km/h]</i>
5995	5307	BEDNARSKI DOMINIK	STASZÓW		81 M30/1971 (M)4793	<b>01:19:22</b>	01:14:09	00:37:01	8.09
5996	1180	TOMANEK ANDRZEJ	WARSZAWA		52 M50/376 (M)4794	<b>01:19:24</b>	01:19:03	00:37:03	7.59
5997	881	WOJTYŃSKI JERZY	WARSZAWA		46 M60/98 (M)4795	<b>01:19:24</b>	01:12:54	00:36:38	8.23
5998	920	CZERWIŃSKA ELŻBIETA	WARSZAWA	WYDAWNICTWO SIC! /	58 K50/74 (K)1203	<b>01:19:26</b>	01:13:09	00:34:37	8.20
5999	6278	OLESIEJUK KATARZYNA	LUBLIN	OLESIEJUK TEAM /	86 K20/451 (K)1204	<b>01:19:27</b>	01:14:24	00:35:12	8.06
6000	4016	PAWŁOWSKI ŁUKASZ	WARSZAWA	TEAM NUTRILITE /	85 M20/1326 (M)4796	<b>01:19:28</b>	01:13:42	00:40:40	8.14
6001	3912	KRASSOWSKI BARTOSZ	WARSZAWA		72 M30/1972 (M)4797	<b>01:19:30</b>	01:13:30	00:36:07	8.16
6002	466	SHIRAISHI KAZUKO	WARSZAWA		51 K60/9 (K)1205	<b>01:19:35</b>	01:14:15	00:35:57	8.08
6003	2701	TRACZ ADRIAN		RBS BANK /	85 M20/1327 (M)4798	<b>01:19:47</b>	01:13:57	00:38:23	8.11
6004	163	BIENIEK MICHAŁ	WARSZAWA	GW /	85 M20/1328 (M)4799	<b>01:19:49</b>	01:12:48	00:34:11	8.24
6005	6107	MAKOWIECKI MICHAŁ	BIAŁOBRZEGI		76 M30/1973 (M)4800	<b>01:19:55</b>	01:14:45	00:30:13	8.03
6006	3079	KERNER KATARZYNA	WARSZAWA		94 K20/452 (K)1206	<b>01:19:55</b>	01:19:26	00:38:48	7.55
6007	6477	DUDZIŃSKI TOMASZ	WARSZAWA	KTE TRAMP /	85 M20/1329 (M)4801	<b>01:20:04</b>	01:15:38	00:37:38	7.93
6008	398	SZYSZKA KINGA	WARSZAWA		88 K20/453 (K)1207	<b>01:20:07</b>	01:14:06	00:36:04	8.10
6009	5747	LECHAŃSKI ADAM	WARSZAWA		95 M20/1330 (M)4802	<b>01:20:10</b>	01:16:50	00:36:39	7.81
6010	6129	WOJTKOWSKI SEBASTIAN	WARSZAWA		97 M20/1331 (M)4803	<b>01:20:10</b>	01:14:46	00:34:33	8.02
6011	2357	LADKA JAKUB	WŁOCHY	DZIELNICA WŁOCHY /	11 (M)4804	<b>01:20:14</b>	01:13:52	00:34:17	8.12
6012	5029	GRZYB RAFAŁ	KOZIENICE		77 M30/1974 (M)4805	<b>01:20:16</b>	01:13:46	00:36:38	8.13
6013	606	KOSIERADZKA JOANNA	WARSZAWA		67 K40/189 (K)1208	<b>01:20:18</b>	01:13:37	00:36:11	8.15
6014	6791	WLEKLIK KAROLINA	WARSZAWA		82 K20/454 (K)1209	<b>01:20:22</b>	01:16:44	00:37:20	7.82
6015	1895	OBUCHOWICZ MACIEJ	WARSZAWA		72 M30/1975 (M)4806	<b>01:20:24</b>	01:13:39	00:36:21	8.15
6016	1896	OBUCHOWICZ ANNA	WARSZAWA		80 K30/472 (K)1210	<b>01:20:24</b>	01:13:39	00:36:20	8.15
6017	4590	STĘPLEWSKA MAŁGORZATA	WARSZAWA		74 K30/473 (K)1211	<b>01:20:27</b>	01:13:48	00:36:28	8.13
6018	8	SKOLIMOWSKI KRZYSZTOF	WARSZAWA	BURMISTRZ /	61 M50/377 (M)4807	<b>01:20:32</b>	01:20:21	00:36:09	7.47
6019	6950	ROGAŁA - KONIECZNA MAŁGORZATA	SIERADZ		69 K40/190 (K)1212	<b>01:20:34</b>	01:14:59	00:36:27	8.00
6020	5269	ARCISZEWSKA WIOLETTA	MIĘDZYBORÓW	- /	96 K20/455 (K)1213	<b>01:20:37</b>	01:14:48	00:36:16	8.02
6021	6079	ŁOJEWSKA IZABELA	KIELCE	FITNESS CLUB TAO /	67 K40/191 (K)1214	<b>01:20:43</b>	01:14:13	00:36:39	8.08
6022	2757	TARNOWSKA MAGDA	WARSZAWA	STASZEK JEST Z NAMI /	57 K50/75 (K)1215	<b>01:20:43</b>	01:14:49	00:36:30	8.02
6023	2755	TARNOWSKI TOMASZ	WARSZAWA	STASZEK JEST Z NAMI /	53 M50/378 (M)4808	<b>01:20:43</b>	01:14:50	00:36:30	8.02
6024	1232	BUCIAK ŁUKASZ	KAMPINOS		76 M30/1976 (M)4809	<b>01:20:45</b>	01:14:30	00:35:55	8.05
6025	6353	PIOTROWSKA KAROLINA	DĘBE WIELKIE		87 K20/456 (K)1216	<b>01:20:45</b>	01:14:30	00:35:48	8.05
6026	4443	TKACZ ŁUKASZ	WARSZAWA		81 M30/1977 (M)4810	<b>01:20:47</b>	01:14:29	00:35:59	8.06
6027	4392	KOLINKO TOMASZ	WARSZAWA		83 M20/1332 (M)4811	<b>01:20:48</b>	01:16:39	00:33:47	7.83
6028	4989	KOŚMIEJA ANNA	REGUŁY	BRAK /	75 K30/474 (K)1217	<b>01:20:50</b>	01:12:00	00:29:08	8.33
6029	799	DERBICH BEATA	WARSZAWA		87 K20/457 (K)1218	<b>01:20:57</b>	01:15:41	00:36:02	7.93
6030	1343	BARTKOWIAK HENRYK	NOWA IWICZNA	GIBNO WARSZAWA /	46 M60/99 (M)4812	<b>01:20:58</b>	01:14:56	00:34:24	8.01
6031	1909	FUROWICZ JUSTYNA	WARSZAWA	BRAK /	88 K20/458 (K)1219	<b>01:21:01</b>	01:15:15	00:37:01	7.97
6032	1917	FUROWICZ TOMASZ	WARSZAWA	BRAK /	78 M30/1978 (M)4813	<b>01:21:01</b>	01:12:36	00:34:21	8.26
6033	5571	OSIŃSKA KATARZYNA	KARCZEW		75 K30/475 (K)1220	<b>01:21:07</b>	01:14:27	00:36:25	8.06
6034	1829	TWAROWSKI MICHAŁ	WARSZAWA		90 M20/1333 (M)4814	<b>01:21:16</b>	01:14:58	00:35:55	8.00
6035	6888	KOWALSKA MAŁGORZATA	WARSZAWA	AIRBIKE /	77 K30/476 (K)1221	<b>01:21:21</b>	01:21:19	00:38:49	7.38
6036	402	DYGA-TWARDOWSKA HANNA	WARSZAWA		75 K30/477 (K)1222	<b>01:21:27</b>	01:19:45	00:40:17	7.52
6037	3638	ZACKIEWICZ URSZULA	WARSZAWA		65 K40/192 (K)1223	<b>01:21:27</b>	01:18:37	00:37:32	7.63
6038	403	TWARDOWSKI MAURZYCY	WARSZAWA		96 M20/1334 (M)4815	<b>01:21:28</b>	01:19:46	00:40:16	7.52
6039	5165	JABŁOŃSKA AGNIESZKA	LEGIONOWO	BRAK /	73 K30/478 (K)1224	<b>01:21:28</b>	01:16:18	00:38:07	7.86
6040	3189	MALICKI PIOTR	WARSZAWA		93 M20/1335 (M)4816	<b>01:21:33</b>	01:14:45	00:36:10	8.03
6041	3304	WOŁKOWYSKI DANIEL	WARSZAWA		96 M20/1336 (M)4817	<b>01:21:35</b>	01:15:18	00:34:24	7.97
6042	3893	CIEŚLAK ZENON	CELESTYNÓW		64 M40/968 (M)4818	<b>01:21:39</b>	01:15:14	00:36:01	7.98
6043	7062	KAMECKI KACPER	WARSZAWA		99 M20/1337 (M)4819	<b>01:21:43</b>	01:13:11	00:33:03	8.20
6044	4916	RUDNIK KRZYSZTOF KSAWERY	WARSZAWA	DELOITTE ADVENTURE TEAM /	76 M30/1979 (M)4820	<b>01:21:43</b>	01:18:26	00:54:29	7.65
6045	2042	ZIEMKIEWICZ MAGDALENA	WARSZAWA		64 K40/193 (K)1225	<b>01:21:45</b>	01:16:19	00:37:47	7.86
6046	2043	BARAŃSKI JAN IZYDOR	WARSZAWA		93 M20/1338 (M)4821	<b>01:21:47</b>	01:16:21	00:37:44	7.86
6047	3474	MATERKA RAFAŁ	KUTNO		83 M20/1339 (M)4822	<b>01:21:50</b>	01:15:24	00:39:29	7.96
6048	3190	MALICKI TOMASZ	WARSZAWA		62 M40/969 (M)4823	<b>01:21:56</b>	01:15:09	00:36:02	7.98
6049	2303	MIŁOSZ KAROLINA	WARSZAWA	STRAŻ MIEJSKA M.ST. WARSZAWA /	83 K20/459 (K)1226	<b>01:22:02</b>	01:19:42	00:37:49	7.53
6050	2994	BARLIK MAGDALENA	WARSZAWA		56 K50/76 (K)1227	<b>01:22:11</b>	01:18:43	00:39:33	7.62

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<b>Miejsce Rank</b>	<b>Nr Bib</b>	<b>Nazwisko i imię Name</b>	<b>Miejscowość City</b>	<b>Drużyna / Klub Team / Club</b>	<b>R-k W kat. YoB in Age</b>	<b>Wynik Time</b>	<b>Wynik netto</b>	<b>Wynik 5km</b>	<b>[km/h]</b>
6051	4120	KĄKOL BARŁOMIEJ	WARSZAWA		81 M30/1980 (M)4824	<b>01:22:15</b>	01:16:16	00:37:43	7.87
6052	265	REMBELSKA STEFANIA	WARSZAWA		39 K70/2 (K)1228	<b>01:22:18</b>	01:15:52	00:36:44	7.91
6053	3284	SZWABOWSKA URSZULA	WARSZAWA		72 K30/479 (K)1229	<b>01:22:19</b>	01:16:16	00:37:20	7.87
6054	2648	KRUK-PIELESIAK MAGDALENA	WARSZAWA		82 K20/460 (K)1230	<b>01:22:19</b>	01:15:51	00:38:25	7.91
6055	6975	DYLEWSKA ELZBIETA	WARSZAWA		76 K30/480 (K)1231	<b>01:22:25</b>	01:18:46	00:36:18	7.62
6056	1795	KUSIAK BEATA	WARSZAWA	ICHF / NOBLESSE /	85 K20/461 (K)1232	<b>01:22:29</b>	01:15:50	00:38:59	7.91
6057	5953	KONIKIEWICZ JAN	PIASECZNO		36 M70/22 (M)4825	<b>01:22:44</b>	01:16:05	00:39:00	7.89
6058	5479	DYMARSKI JĘDRZEJ	JÓZEFOSŁAW	123-A-TERAZ-MY /	96 M20/1340 (M)4826	<b>01:22:59</b>	01:17:00	00:37:49	7.79
6059	5210	ZIÓŁEK ELŻBIETA	WARSZAWA	BIEGAMY Z OCHOTĄ /	60 K50/77 (K)1233	<b>01:23:04</b>	01:16:41	00:37:07	7.82
6060	6355	PIOTROWSKI PIOTR	WARSZAWA	FIA /	76 M30/1981 (M)4827	<b>01:23:11</b>	01:16:55	00:37:40	7.80
6061	4104	GOS RADOSŁAW	WARSZAWA	- /	80 M30/1982 (M)4828	<b>01:23:14</b>	01:17:09	00:35:33	7.78
6062	4194	WANATOWSKA OLGA	WARSZAWA		72 K30/481 (K)1234	<b>01:23:21</b>	01:16:33	00:37:41	7.84
6063	247	GĘBURA MICHAŁ	LUBLIN	PKO BP /	86 M20/1341 (M)4829	<b>01:23:35</b>	01:20:02	00:40:57	7.50
6064	4594	CZERW MAGDALENA	PIASECZNO		87 K20/462 (K)1235	<b>01:23:35</b>	01:18:54	00:36:24	7.60
6065	1134	TROCZEWSKA ALEKSANDRA	WARSZAWA	LASEK BIELAŃSKI TEAM /	83 K20/463 (K)1236	<b>01:23:48</b>	01:17:09	00:38:53	7.78
6066	549	BORZYM LECH	WARSZAWA		45 M60/100 (M)4830	<b>01:23:52</b>	01:22:43	00:42:32	7.25
6067	6093	MAĆKOWIAK BOGUMIŁA	POZNAŃ	TEAM NUTRILITE /	46 K60/10 (K)1237	<b>01:24:01</b>	01:17:29	00:37:22	7.74
6068	1612	GLÓWCZAK KATARZYNA	WARSZAWA		83 K20/464 (K)1238	<b>01:24:03</b>	01:17:15	00:37:50	7.77
6069	4012	ŁUKASZCZYK JÓZEF	POZNAŃ	TEAM NUTRILITE /	56 M50/379 (M)4831	<b>01:24:06</b>	01:18:55	00:38:05	7.60
6070	30	GRABOWSKI WOJCIECH	WARSZAWA		11 (M)4832	<b>01:24:21</b>	01:24:17	00:38:18	7.12
6071	4913	WILK AGNIESZKA	TARNOBRZEG		73 K30/482 (K)1239	<b>01:24:21</b>	01:17:49	00:38:15	7.71
6072	2326	KARAŚ ALEKSANDRA	PŁOCK	CROSS WARSZAWA SYRENKA /	50 K60/11 (K)1240	<b>01:24:34</b>	01:18:05	00:38:37	7.68
6073	5881	JEDLIŃSKI MAREK	WARSZAWA		78 M30/1983 (M)4833	<b>01:24:38</b>	01:19:49	00:35:50	7.52
6074	610	WAGNER GRAŻYNA	OŻARÓW MAZOWIECKI		54 K50/78 (K)1241	<b>01:24:41</b>	01:21:13	00:39:32	7.39
6075	6653	SUŠKOVÁ ALEXANDRA	KRAKÓW	NUTRILITE TEAM /	81 K30/483 (K)1242	<b>01:24:43</b>	01:17:54	00:41:18	7.70
6076	3104	JANKOWSKA ELIZA	WARSZAWA		96 K20/465 (K)1243	<b>01:24:45</b>	01:22:19	00:42:19	7.29
6077	3105	LUBAŃSKI PIOTR	WARSZAWA		96 M20/1342 (M)4834	<b>01:24:45</b>	01:22:19	00:42:20	7.29
6078	1599	BALDA MARTYNA	WARSZAWA	TEAM NUTRILITE /	83 K20/466 (K)1244	<b>01:24:51</b>	01:18:18	00:37:22	7.66
6079	266	TOMICKA ELZBIETA	IZABELIN		37 K70/3 (K)1245	<b>01:24:55</b>	01:18:16	00:38:50	7.67
6080	2863	SAFIANOWSKA ALEKSANDRA	WARSZAWA		58 K50/79 (K)1246	<b>01:24:57</b>	01:21:07	00:38:02	7.40
6081	2854	SAFIANOWSKI MAREK	WARSZAWA	OPEL RUNNING TEAM /	58 M50/380 (M)4835	<b>01:24:57</b>	01:21:07	00:38:01	7.40
6082	4492	STEFAŃSKA ANNA	GRODZISK MAZOWIECKI		53 K50/80 (K)1247	<b>01:25:01</b>	01:18:33	00:38:25	7.64
6083	6398	RADWAŃSKI BOHDAN	BIAŁA PODLASKA		30 M70/23 (M)4836	<b>01:25:03</b>	01:22:37	00:40:41	7.26
6084	4754	FERENIEC MAŁGORZATA	WARSZAWA		63 K40/194 (K)1248	<b>01:25:11</b>	01:18:54	00:37:13	7.60
6085	4639	ŁANKIEWICZ KASIA	WARSZAWA	ALE TEMPO /	75 K30/484 (K)1249	<b>01:25:14</b>	01:18:46	00:38:28	7.62
6086	3614	KUBIAK MARCIN	JAKTORÓW		94 M20/1343 (M)4837	<b>01:25:16</b>	01:18:37	00:38:36	7.63
6087	4290	STANKIEWICZ JAN	WARSZAWA		66 M40/970 (M)4838	<b>01:25:41</b>	01:19:21	00:36:45	7.56
6088	4810	SADKOWSKA NINA	PRUSZKÓW		87 K20/467 (K)1250	<b>01:25:43</b>	01:19:17	00:39:26	7.57
6089	4813	SADKOWSKI MICHAŁ	PRUSZKÓW		82 M20/1344 (M)4839	<b>01:25:43</b>	01:19:17	00:39:27	7.57
6090	4993	SALAŃSKI WOJCIECH	WARSZAWA		84 M20/1345 (M)4840	<b>01:25:44</b>	01:19:17	00:39:27	7.57
6091	1148	NAROLEWSKA DOROTA	ŁOMIANKI		80 K30/485 (K)1251	<b>01:25:45</b>	01:22:15	00:37:05	7.29
6092	3872	RODZIEWICZ EWA	WARSZAWA		87 K20/468 (K)1252	<b>01:25:50</b>	01:16:48	00:36:58	7.81
6093	2375	ZAWADZKI EDWARD	WARSZAWA		41 M70/24 (M)4841	<b>01:25:50</b>	01:20:02	00:36:05	7.50
6094	5968	KORYCKI BOGUSŁAW	POZNAŃ	TEAM NUTRILITE /	64 M40/971 (M)4842	<b>01:25:55</b>	01:17:25	00:33:24	7.75
6095	2325	DĄBROWSKI MACIEJ	PŁOCK	CROSS WARSZAWA SYRENKA /	83 M20/1346 (M)4843	<b>01:26:02</b>	01:19:33	00:38:38	7.54
6096	3278	ROMANOWSKI LEON	WARSZAWA		46 M60/101 (M)4844	<b>01:26:02</b>	01:20:28	00:39:38	7.46
6097	3732	TURLEJ ZBIGNIEW	WARSZAWA		48 M60/102 (M)4845	<b>01:26:06</b>	01:21:02	00:40:00	7.40
6098	4089	TUPALSKA JANINA	WARSZAWA		63 K40/195 (K)1253	<b>01:26:14</b>	01:24:00	00:39:20	7.14
6099	4088	GALECKA BOŻENA	WARSZAWA		66 K40/196 (K)1254	<b>01:26:14</b>	01:24:00	00:39:21	7.14
6100	5145	SIERADZKA EDYTA	WARSZAWA		85 K20/469 (K)1255	<b>01:26:32</b>	01:21:12	00:38:28	7.39
6101	3082	KSIĘŻOPOLSKA ANNA	WARSZAWA		72 K30/486 (K)1256	<b>01:26:38</b>	01:19:52	00:39:11	7.51
6102	6818	WROŃSKA DOROTA	WARSZAWA		69 K40/197 (K)1257	<b>01:26:45</b>	01:19:57	00:38:05	7.50
6103	3188	MALICKA KATARZYNA	WARSZAWA		58 K50/81 (K)1258	<b>01:27:11</b>	01:20:44	00:39:30	7.43
6104	1305	PODGÓRZAK MARIA	KARCZEW		89 K20/470 (K)1259	<b>01:27:15</b>	01:25:03	00:39:40	7.05
6105	1939	ZALĘSKA AGNIESZKA	WARSZAWA	PKO_ /	77 K30/487 (K)1260	<b>01:27:30</b>	01:26:24	00:43:46	6.94
6106	272	GRZELAK ZYGMUNT	WARSZAWA	CROSS WARSZAWA SYRENKA /	32 M70/25 (M)4846	<b>01:27:36</b>	01:21:31	00:40:47	7.36
6107	273	MICHALIK JAN	WARSZAWA	CROSS WARSZAWA SYRENKA /	44 M60/103 (M)4847	<b>01:27:36</b>	01:21:30	00:40:44	7.36

21.11.2011 01:31:07

<b>Miejsce Rank</b>	<b>Nr Bib</b>	<b>Nazwisko i imię Name</b>	<b>Miejscowość City</b>	<b>Drużyna / Klub Team / Club</b>	<b>R-k W kat. YoB in Age</b>	<b>Wynik Time</b>	<b>Wynik netto</b>	<b>Wynik 5km</b>	<b>[km/h]</b>
6108	992	WIŚNIEWSKA LIDIA	WARSZAWA		58 K50/82 (K)1261	01:27:44	01:21:11	00:39:37	7.39
6109	6416	STAFIEJ-BARTOSIK AGATA	WARSZAWA		76 K30/488 (K)1262	01:27:49	01:22:17	00:40:11	7.29
6110	6415	BARTOSIK DAWID	WARSZAWA		76 M30/1984 (M)4848	01:27:49	01:22:17	00:40:11	7.29
6111	2362	MICHALCZYK MAŁGORZATA	WARSZAWA		90 K20/471 (K)1263	01:27:53	01:21:04	00:38:54	7.40
6112	3995	KAPRON DAGMARA	WARSZAWA		70 K40/198 (K)1264	01:27:56	01:22:23	00:40:19	7.28
6113	6801	WOJDAK MAGDALENA	ŻYRARDÓW		82 K20/472 (K)1265	01:28:05	01:21:49	00:37:54	7.33
6114	6810	WOŁOWICZ MILENA	MIĘDZYBORÓW	- /	96 K20/473 (K)1266	01:28:05	01:22:15	00:38:20	7.29
6115	101	PAWŁOWSKI SZYMON	WARSZAWA	WASA /	67 M40/972 (M)4849	01:28:54	01:24:52	00:30:37	7.07
6116	3841	KAZANECKA AGNIESZKA	WOŁOMIN	AXA RUNNING TEAM /	74 K30/489 (K)1267	01:28:58	01:22:19	00:38:40	7.29
6117	2053	ŚWIERCZYŃSKA DOMINIKA	WARSZAWA		93 K20/474 (K)1268	01:29:08	01:22:43	00:39:41	7.25
6118	6548	SADOWSKI WOJCIECH	GDYNIA	TEAM NUTRILITE /	79 M30/1985 (M)4850	01:29:52	01:22:55	00:41:09	7.24
6119	6547	SADOWSKA MAGDALENA	GDYNIA	TEAM NUTRILITE /	72 K30/490 (K)1269	01:29:52	01:23:03	00:41:17	7.22
6120	2531	HAHN GRZEGORZ	WARSZAWA		49 M60/104 (M)4851	01:29:59	01:22:34	00:40:45	7.27
6121	1971	KAROLAK AGNIESZKA	UNIECK	PKO_ /	70 K40/199 (K)1270	01:30:02	01:24:30	00:40:19	7.10
6122	5701	ORŁOWSKI KRZYSZTOF	PIASECZNO	BIEGAM BO LUBIĘ /	55 M50/381 (M)4852	01:30:03	01:21:27	00:36:14	7.37
6123	1798	BRZOZOWSKA ANNA	WARSZAWA	ICHF / NOBLESSE /	83 K20/475 (K)1271	01:30:03	01:24:18	00:40:27	7.12
6124	2730	ŁADA DOMINIK		RBS BANK /	84 M20/1347 (M)4853	01:30:08	01:28:57	00:42:27	6.75
6125	1925	ŁADA MARIUSZ	WARSZAWA	PKO_ /	77 M30/1986 (M)4854	01:30:09	01:29:01	00:42:31	6.74
6126	4457	VETTER TOMASZ	WARSZAWA		67 M40/973 (M)4855	01:30:35	01:27:17	00:46:12	6.87
6127	4642	MAKOWIECKI KRZYSZTOF	WARSZAWA	KLM /	51 M60/105 (M)4856	01:33:28	01:26:31	00:40:30	6.94
6128	4640	GÓRSKA JOANNA	WARSZAWA		87 K20/476 (K)1272	01:33:33	01:26:36	00:40:30	6.93
6129	3149	LASKOWSKI ANDRZEJ		ACTION /	76 M30/1987 (M)4857	01:33:39	01:28:31	00:38:00	6.78
6130	28	BAJOREK JACEK	WYSZKÓW	12TRI.PL /	75 M30/1988 (M)4858	01:39:38	01:39:38	00:52:04	6.02
6131	29	BAJOREK CEZARY	WYSZKÓW		96 M20/1348 (M)4859	01:39:38	01:39:38	00:52:05	6.02
6132	118	MIGDAŁ ANNA	WARSZAWA	AMWAY /	87 K20/477 (K)1273	01:39:49	01:33:40	00:50:09	6.41
6133	500	BROŻEK JERZY	WARSZAWA		56 M50/382 (M)4860	01:43:01	01:40:34	00:50:13	5.97
6134	212	STRZESZEWSKI JAKUB	WARSZAWA	PKO BP /	75 M30/1989 (M)4861	01:45:12	01:45:12	00:47:29	5.70
6135	1800	KAPUŚCIŃSKA-BERNATEK ALEKSANDRA	WARSZAWA	ICHF / NOBLESSE /	73 K30/491 (K)1274	01:46:13	01:39:29	00:48:13	6.03
6136	255	BŁASZCZAK ZBIGNIEW	WARSZAWA	WHITE RAVEN /	34 M70/26 (M)4862	01:50:32	01:50:32	00:58:04	5.43

## XXIII Bieg Niepodległości

WYNIKI ZAWODÓW

10km

Organizator: WARSZAWSKI OŚRODEK SPORTU I REKREACJI

Termin: 11.11.2011

Miejsce: WARSZAWA

Dystans: 10km

**KOBIETY (WOMEN)**

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna / Klub Team / Club	R-k YoB	W kat. in Age	Wynik Time	Wynik netto	Wynik 5km	[km/h]
1	11	LEWANDOWSKA IWONA		RAZEM PO ZDROWIE FINANSOWE /	85	K20/1 (K)1	00:33:44	00:33:42	00:16:52	17.80
2	189	GORTEL AGNIESZKA	CHORZÓW	ASICS/RAZEM PO ZDROWIE FINANSOWE /	77	K30/1 (K)2	00:34:00	00:33:58	00:16:53	17.66
3	22	CZEŚNIK MARIA			97	K20/2 (K)3	00:36:17	00:36:15	00:17:51	16.55
4	44	STELMACH-STAWCZYK DOMINIKA	WARSZAWA	ENTRE.PL TEAM /	82	K20/3 (K)4	00:36:39	00:36:38	00:17:51	16.38
5	5167	KALIŃSKA RENATA	ŻABIENIEC	IMPACT TEAM /	78	K30/2 (K)5	00:37:35	00:37:32	00:18:41	15.99
6	1328	SCHAB JOANNA	WARSZAWA	ALETEMPO /	76	K30/3 (K)6	00:37:52	00:37:50	00:18:51	15.86
7	199	KUZYK AGNIESZKA	RACISZYN	WKB META LUBLINIEC /	11	(K)7	00:38:28	00:38:24	00:19:05	15.63
8	3022	ANDRES BEATA	WARSZAWA	BIEGAMBOLUBIĘ /	75	K30/4 (K)8	00:39:45	00:39:44	00:19:41	15.10
9	14	ZIELIŃSKA WERONIKA		12TRI.PL /	11	(K)9	00:40:22	00:40:19	00:20:22	14.88
10	4017	CHRĘŚCIONKO EWA	WYSZKÓW	CENTURION MTB TEAM /	82	K20/4 (K)10	00:40:28	00:39:58	00:20:09	15.01
11	5637	MATYSIAK HANNA	LESZNO	UKS G8 BIELANY WARSZAWA /	90	K20/5 (K)11	00:40:36	00:40:33	00:19:59	14.80
12	282	MARCZYŃSKA KATARZYNA	WARSZAWA		70	K40/1 (K)12	00:40:48	00:40:30	00:20:05	14.81
13	1739	ZIELIŃSKA EMILIA	WARSZAWA		83	K20/6 (K)13	00:42:04	00:41:31	00:20:42	14.45
14	4657	KOCIĘCKA JOANNA	POZNAŃ		95	K20/7 (K)14	00:42:56	00:42:27	00:21:11	14.13
15	916	ŁYJAK OLGA	WARSZAWA	ACCELERATE /	80	K30/5 (K)15	00:42:58	00:42:42	00:21:11	14.05
16	5077	GANT POLLY	WARSZAWA		85	K20/8 (K)16	00:43:17	00:42:19	00:20:33	14.18
17	835	CACKO MONIKA	OTWOCK	ACCELERATE /	82	K20/9 (K)17	00:43:20	00:42:47	00:21:36	14.02
18	1035	REMBELSKA DOMINIKA	JÓZEFOSŁAW	CAPOEIRA RAIZ /	73	K30/6 (K)18	00:43:22	00:43:06	00:21:00	13.92
19	5654	MACDONALD MARGARET	WARSAW		78	K30/7 (K)19	00:43:26	00:42:25	00:21:12	14.15
20	3465	FREITES LUIS	BORZĘCIN DUŻY	POL VEN TEAM /	61	K50/1 (K)20	00:43:40	00:43:26	00:21:33	13.81
21	5876	JAWOREK BARBARA	WARSZAWA		83	K20/10 (K)21	00:44:50	00:44:13	00:22:14	13.57
22	3497	BONIEWSKA KAROLINA	WARSZAWA	MKS POLONIA /	82	K20/11 (K)22	00:44:52	00:44:22	00:21:37	13.52
23	2929	LUBA ALICJA	WARSZAWA	POLONIA WARSZAWA /	83	K20/12 (K)23	00:44:57	00:44:28	00:21:12	13.49
24	2444	ŚWIERCZ IWONA	WARSZAWA	BYLEDOBIEC ANIN /	69	K40/2 (K)24	00:44:58	00:44:17	00:22:10	13.55
25	5901	KAPUSTA EWELINA	JEZIORZANY		87	K20/13 (K)25	00:44:59	00:44:34	00:22:27	13.46
26	284	PAWŁOWSKA-POJAWA ANNA	WARSAW	BYLEDOBIEC ANIN /	76	K30/8 (K)26	00:45:11	00:44:31	00:22:09	13.48
27	6781	WIŚNIEWSKA MARTYNA	RUMIA	TEAM NUTRILITE /	88	K20/14 (K)27	00:45:13	00:44:20	00:22:00	13.53
28	5675	BŁASZCZAK KATARZYNA	WARSZAWA		88	K20/15 (K)28	00:45:13	00:43:38	00:21:43	13.75
29	3785	RĘBIŚ JOANNA	PIASECZNO	ABC KONDYCJA /	75	K30/9 (K)29	00:45:32	00:45:27	00:22:43	13.20
30	4998	JANICKA ELŻBIETA	MLAWA		69	K40/3 (K)30	00:45:41	00:45:20	00:22:21	13.24
31	510	ADAMSKA LIDIA	WARSZAWA	THE GREAT SOCIETY, BE METROPOLITAN /	56	K50/2 (K)31	00:45:54	00:45:52	00:22:18	13.08
32	145	JENTA AGATA	WARSZAWA	KOMINEK /	91	K20/16 (K)32	00:46:00	00:43:01	00:21:40	13.95
33	4175	SZADURA MAŁGORZATA	SKRZESZEW	GB CHTMO /	65	K40/4 (K)33	00:46:01	00:45:20	00:22:36	13.24
34	3300	KARAŚ JOLANTA	SULEJÓWEK		89	K20/17 (K)34	00:46:04	00:44:37	00:22:10	13.45
35	5778	GODLEWSKA IWONA	OLSZTYN		74	K30/10 (K)35	00:46:26	00:45:39	00:22:39	13.14
36	5208	OLCZAK-PIĘNKOWSKA ANNA	WARSZAWA		78	K30/11 (K)36	00:46:27	00:45:49	00:23:06	13.10
37	2184	KRUSZEWSKA-SENK AGNIESZKA	WARSZAWA	OBOZYBIEGOWE.PL /	84	K20/18 (K)37	00:46:32	00:44:47	00:22:24	13.40
38	1175	KOSIŃSKA KAROLINA	WARSZAWA	12RTI.PL /	86	K20/19 (K)38	00:46:45	00:45:58	00:22:46	13.05
39	6686	SZYLING-KŁOS MONIKA	WŁOCŁAWEK		74	K30/12 (K)39	00:46:49	00:45:18	00:21:45	13.25
40	2179	BIELIŃSKA ANNA		ACTION /	11	(K)40	00:46:50	00:46:46	00:23:09	12.83
41	3802	FARIAN-NOŻYŃSKA AGNIESZKA	WARSZAWA		83	K20/20 (K)41	00:46:52	00:46:51	00:22:56	12.81
42	5727	OTOCKA ANNA	ŁÓDŹ	KLUB - SZAKALE BAŁUT ŁÓDŹ /	88	K20/21 (K)42	00:46:55	00:45:09	00:22:41	13.29
43	2744	ROSIŃSKA BARBARA	MILANÓWEK	NIEZRZESZONA /	62	K40/5 (K)43	00:46:56	00:46:11	00:22:41	12.99
44	3870	ŚWIDERSKA KATARZYNA	WARSZAWA		71	K40/6 (K)44	00:46:57	00:45:42	00:23:01	13.13
45	2214	LENARCZYK KATARZYNA	WARSZAWA		76	K30/13 (K)45	00:47:02	00:46:22	00:22:18	12.94

21.11.2011 01:31:34

# KOBIECY (WOMEN)

<i>Miejsce Rank</i>	<i>Nr Bib</i>	<i>Nazwisko i imię Name</i>	<i>Miejscowość City</i>	<i>Drużyna / Klub Team / Club</i>	<i>R-k W kat. YoB in Age</i>	<i>Wynik Time</i>	<i>Wynik netto</i>	<i>Wynik 5km</i>	<i>[km/h]</i>
46	6928	JĘDRZEJEWSKA DOROTA	LEGIONOWO		95 K20/22 (K)46	00:47:09	00:46:51	00:22:35	12.81
47	1408	GAWĘDA RENATA	WARSZAWA	ENTRE.PL TEAM/IM2010 /	61 K50/3 (K)47	00:47:16	00:46:43	00:23:11	12.84
48	5743	CHOJECKA AGNIESZKA	WARSZAWA		79 K30/14 (K)48	00:47:18	00:46:42	00:21:19	12.85
49	874	RYBARSKA EWA	ŁOMIANKI	- /	83 K20/23 (K)49	00:47:20	00:46:21	00:23:31	12.94
50	1975	PIWKO HALINA	WARSZAWA	PKO_ /	66 K40/7 (K)50	00:47:25	00:47:17	00:24:19	12.69
51	4616	STUPKIEWICZ EWA	WARSZAWA	BANK PEKAO SA /	72 K30/15 (K)51	00:47:33	00:46:26	00:23:01	12.92
52	6379	PRUSZCZAK KATARZYNA	LUBLIN		86 K20/24 (K)52	00:47:40	00:45:43	00:22:38	13.12
53	4623	REK IWONA	STANISŁAWÓW		88 K20/25 (K)53	00:47:44	00:45:38	00:23:20	13.15
54	3510	ŚLUSARCZYK PAULINA	N.DWÓR MAZ.	JOGGER /	94 K20/26 (K)54	00:47:48	00:47:42	00:23:39	12.58
55	1933	PASTUŁA URSZULA	WARSZAWA	PKO_ /	70 K40/8 (K)55	00:47:52	00:46:34	00:23:06	12.88
56	4606	KAZIMIERSKA WERONIKA	WARSZAWA		86 K20/27 (K)56	00:47:58	00:47:19	00:23:10	12.68
57	6571	SĘKOWSKA KATARZYNA	WARSZAWA	PURE POLAND /	82 K20/28 (K)57	00:47:59	00:46:18	00:22:23	12.96
58	5501	GADOMSKA DOMINIKA	WARSAW	POLONIA WARSZAWA /	93 K20/29 (K)58	00:47:59	00:45:10	00:22:49	13.28
59	6082	ŁUCZAJ ANNA	BIELSKO - BIAŁA	606259871 /	83 K20/30 (K)59	00:48:06	00:47:40	00:23:26	12.59
60	5551	GRZELAK JOANNA	WARSZAWA		81 K30/16 (K)60	00:48:09	00:44:52	00:22:43	13.37
61	4116	WALEWSKA AGNIESZKA	WARSZAWA		73 K30/17 (K)61	00:48:12	00:47:13	00:23:16	12.71
62	1042	KALIŃSKA JUSTYNA	GARWOLIN	AVON /	81 K30/18 (K)62	00:48:27	00:46:41	00:22:49	12.85
63	5564	OFICJALSKA MARTYNA	KONSTANCIN		94 K20/31 (K)63	00:48:31	00:48:22	00:23:48	12.41
64	7477	FLOREK JOLANTA	WARSZAWA		82 K20/32 (K)64	00:48:40	00:46:02	00:23:23	13.03
65	3299	KARAŚ MARIA	SULEJÓWEK		86 K20/33 (K)65	00:48:45	00:47:18	00:22:57	12.68
66	1244	FIJOLEK-NOWIŃSKA BEATA	BRODNICA		75 K30/19 (K)66	00:48:45	00:48:22	00:23:23	12.41
67	3040	ŚLIWA ANETA	WARSZAWA		85 K20/34 (K)67	00:48:50	00:46:47	00:23:12	12.83
68	2743	PAŁZEWICZ MARIA	WARSZAWA		87 K20/35 (K)68	00:48:51	00:47:00	00:24:12	12.77
69	3989	ŚWIETLIK ANNA	LEGIONOWO		81 K30/20 (K)69	00:48:53	00:48:08	00:23:58	12.47
70	5826	HACZYK NATALIA	OPOLE	BIEG OPOLSKI /	73 K30/21 (K)70	00:48:53	00:46:59	00:23:47	12.77
71	5802	GRATYS KATARZYNA	WARSZAWA	ENTRE.PL TEAM /	81 K30/22 (K)71	00:48:54	00:48:39	00:24:16	12.33
72	6405	WALENTA HANNA	WARSZAWA	OBOZYBIEGOWE.PL /	76 K30/23 (K)72	00:48:57	00:47:11	00:23:30	12.72
73	859	CZEKAJ JUSTYNA	WARSZAWA	ACCELERATE KLUB BIEGACZA ACCENTURE/ DEUT /	81 K30/24 (K)73	00:49:06	00:47:58	00:23:33	12.51
74	3059	CICHOŃSKA ELŻBIETA	WARSZAWA	TRUCHT TARCHOMIN TEAM /	66 K40/9 (K)74	00:49:16	00:48:03	00:24:07	12.49
75	3280	FOJT ANNA	WARSZAWA		87 K20/36 (K)75	00:49:20	00:46:59	00:23:33	12.77
76	2104	TOMCZUK-KUZKA KATARZYNA	WARSZAWA	PURE /	76 K30/25 (K)76	00:49:21	00:47:40	00:23:21	12.59
77	5265	ANTCZAK AGNIESZKA	ŁÓDŹ	BIEGACZ NOWOSOLNA /	76 K30/26 (K)77	00:49:31	00:48:51	00:24:27	12.28
78	287	HUTNY EWA	WARSZAWA	ŻOLIBORZ BIEGA /	64 K40/10 (K)78	00:49:38	00:48:00	00:23:58	12.50
79	5899	KANIEWSKA MALWINA	ŁÓDŹ	SZAKALE BALUT ŁÓDŹ /	88 K20/37 (K)79	00:49:39	00:47:53	00:23:34	12.53
80	4027	GROCHOWSKA JOANNA	WARSZAWA	BIEGAMY Z OCHOTĄ /	64 K40/11 (K)80	00:49:40	00:48:29	00:23:56	12.38
81	136	ARTWIK AGNIESZKA	WARSZAWA	KOMINEK /	87 K20/38 (K)81	00:49:42	00:48:40	00:24:12	12.33
82	1494	PIWKO GRAŻYNA	WARSZAWA	PARK LEŚNY BRÓDNO /	63 K40/12 (K)82	00:49:56	00:48:03	00:23:41	12.49
83	3238	POLIT JUSTYNA	WARSZAWA		82 K20/39 (K)83	00:49:59	00:48:12	00:23:13	12.45
84	142	GUTKOWSKA KAROLINA		KOMINEK /	86 K20/40 (K)84	00:50:00	00:48:59	00:24:03	12.25
85	1000	PERET ELA	WARSZAWA	Z KONKURSU /	82 K20/41 (K)85	00:50:01	00:47:54	00:23:53	12.53
86	1456	DZIADOSZ AGNIESZKA	BISZCZA		81 K30/27 (K)86	00:50:07	00:48:26	00:24:18	12.39
87	3317	KAWECKA KATARZYNA	ŁAWKI		87 K20/42 (K)87	00:50:08	00:47:46	00:24:19	12.56
88	156	STASZAK KATARZYNA	WARSZAWA	GW /	79 K30/28 (K)88	00:50:09	00:49:16	00:24:30	12.18
89	1783	ŚWISTAK ANNA	WARSZAWA	KB JOGGER NOWY DWÓR MAZOWIECKI /	88 K20/43 (K)89	00:50:10	00:48:18	00:23:35	12.42
90	5863	JAMRÓZ MARIOLA	KIELCE	FITNESS CLUB TAO /	69 K40/13 (K)90	00:50:15	00:48:11	00:23:45	12.45
91	1071	KOCZUR JOANNA	KRAKOW	DB MARATHON TEAM /	73 K30/29 (K)91	00:50:16	00:49:16	00:24:18	12.18
92	17	KLEPACKA ZOFIA	WARSZAWA		86 K20/44 (K)92	00:50:18	00:49:16	00:24:19	12.18
93	3416	LENARCZYK ANNA	BŁONIE		77 K30/30 (K)93	00:50:19	00:48:14	00:23:40	12.44
94	6982	LUDWINEK IWONA	WARSZAWA	VEGE RUNNERS /	83 K20/45 (K)94	00:50:20	00:47:33	00:24:05	12.62
95	6342	PIETRAK HANNA	KOBYŁKA	TEAM NUTRILITE /	54 K50/4 (K)95	00:50:23	00:50:23	00:26:07	11.91
96	3487	PIETRAŚ AGATA	WARSZAWA	KB PLL LOT /	84 K20/46 (K)96	00:50:23	00:48:33	00:23:57	12.36
97	5117	LATUSZEK AGNIESZKA	GARWOLIN	TRUCHTACZ.PL /	70 K40/14 (K)97	00:50:24	00:49:33	00:24:24	12.11
98	2276	PIASECKA MONIKA	WARSZAWA	HP RUN /	75 K30/31 (K)98	00:50:30	00:49:08	00:24:29	12.21
99	135	CHOYNOWSKA MAŁGORZATA	WARSZAWA	COCA COLA /	75 K30/32 (K)99	00:50:33	00:50:28	00:25:01	11.89
100	5011	MILEWSKA MARTYNA	MAŁA WIEŚ		93 K20/47 (K)100	00:50:36	00:46:27	00:23:24	12.92
101	5662	CHOYNOWSKA MAŁGORZATA	ŁOMIANKI	POWERADE /	68 K40/15 (K)101	00:50:37	00:50:32	00:25:01	11.87

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# KOBIECY (WOMEN)

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna / Klub Team / Club	R-k W kat. YoB in Age	Wynik Time	Wynik netto	Wynik 5km	[km/h]
102	6061	LEWTAK MARTA	BIAŁA PODLASKA	LIMOSA /	83 K20/48 (K)102	00:50:40	00:49:19	00:24:30	12.17
103	5042	MADEJ-MACIUSOWICZ BIANKA	WARSZAWA		74 K30/33 (K)103	00:50:41	00:48:56	00:24:40	12.26
104	2745	ROSIŃSKA PAULINA	MILANÓWEK	NIEZRZESZONA /	90 K20/49 (K)104	00:50:41	00:49:43	00:24:45	12.07
105	5116	KRZYŻANOWSKA EWA	WARSZAWA	- /	72 K30/34 (K)105	00:50:44	00:50:27	00:25:13	11.89
106	455	WILCZEK RENATA	WARSZAWA		68 K40/16 (K)106	00:50:46	00:48:27	00:24:10	12.38
107	3114	LIMINOWICZ JANKA	WARSZAWA		67 K40/17 (K)107	00:50:49	00:50:47	00:24:46	11.81
108	4987	SKOBIEJ KATARZYNA	WARSZAWA		90 K20/50 (K)108	00:50:52	00:47:58	00:24:55	12.51
109	6595	SKULIMOWSKA SARA	WARSZAWA	MKS POLONIA WARSZAWA /	95 K20/51 (K)109	00:50:55	00:48:05	00:22:57	12.48
110	813	SZCZEPANIUK AGATA	WARSZAWA		85 K20/52 (K)110	00:50:56	00:49:31	00:24:11	12.12
111	2703	ARAGON DE SZUMAŃSKA MARGARITA		RBS BANK /	84 K20/53 (K)111	00:51:00	00:49:57	00:25:02	12.01
112	5957	KOPIŃSKA-HAJEK MAGDALENA	KRAKÓW	TEAM NUTRILITE /	71 K40/18 (K)112	00:51:00	00:50:09	00:24:23	11.96
113	5642	TOPOREK KATARZYNA	WARSZAWA	DELOITTE ADVENTURE TEAM /	87 K20/54 (K)113	00:51:08	00:48:35	00:24:41	12.35
114	4500	KOZŁOWSKA MARTA	WARSZAWA		80 K30/35 (K)114	00:51:09	00:50:25	00:25:07	11.90
115	558	PAWŁOWSKA JOLANTA	WARSZAWA	ALETEMPO /	59 K50/5 (K)115	00:51:11	00:50:18	00:25:15	11.93
116	1445	TOMASZEWSKA EMILIA	WARSZAWA	BNP PARIBAS /	85 K20/55 (K)116	00:51:11	00:48:54	00:24:08	12.27
117	4994	WILK KATARZYNA	KONSTANCIN-JEZIORNA	ABC KONDYCJA /	64 K40/19 (K)117	00:51:13	00:50:11	00:24:54	11.96
118	1847	LEWANDOWSKA BARBARA	WARSZAWA		80 K30/36 (K)118	00:51:15	00:48:41	00:25:00	12.32
119	2587	KOZANECKA JOANNA	WARSZAWA	12TRI.PL /	77 K30/37 (K)119	00:51:24	00:49:21	00:24:45	12.16
120	3365	CZURYSZKIEWICZ EWELINA	ZIELONKA		90 K20/56 (K)120	00:51:26	00:50:16	00:24:51	11.94
121	5453	DĄBROWSKA IWONA	ZĄBKI	TEAM NUTRILITE /	86 K20/57 (K)121	00:51:27	00:50:34	00:25:15	11.87
122	3606	NIEDZIÓŁKA MAŁGORZATA	WARSZAWA		68 K40/20 (K)122	00:51:27	00:51:06	00:24:18	11.74
123	4973	KUSA MAGDALENA	WARSZAWA	BANK PEKAO SA /	84 K20/58 (K)123	00:51:29	00:50:20	00:25:24	11.92
124	6367	PODKOWIŃSKA IWONA	PIASECZNO		75 K30/38 (K)124	00:51:30	00:50:29	00:24:33	11.89
125	530	MAZUROWSKA JOANNA	DĘBE WIELKIE	AKADEMIA SZTUK WALKI /	76 K30/39 (K)125	00:51:32	00:50:52	00:25:09	11.80
126	4295	JACHOWICZ JULIA	GDYNIA		91 K20/59 (K)126	00:51:34	00:49:58	00:24:22	12.01
127	2724	BIAŁA JOANNA		RBS BANK /	77 K30/40 (K)127	00:51:35	00:49:39	00:24:51	12.08
128	5440	CZERWIONKA LIDIA	KRAKÓW	MARATONYPOLSKIE.PL TEAM /	80 K30/41 (K)128	00:51:39	00:47:56	00:23:55	12.52
129	3566	ŚMIŁOWSKA MARZENA	WARSZAWA		78 K30/42 (K)129	00:51:40	00:49:07	00:24:40	12.22
130	3470	ROMANIUK JOANNA	WARSZAWA	LINUX & ANDROID MAGAZINE RUNNERS TEA /	82 K20/60 (K)130	00:51:44	00:48:58	00:23:55	12.25
131	1113	WALENDZIEWSKA MAŁGORZATA	ŁÓŻA		84 K20/61 (K)131	00:51:44	00:49:00	00:24:43	12.24
132	211	PIASECKA AGNIESZKA	WARSZAWA		71 K40/21 (K)132	00:51:45	00:49:23	00:23:38	12.15
133	858	CZAMARA DOROTA	OTWOCK	ACCELERATE /	81 K30/43 (K)133	00:51:47	00:50:08	00:23:57	11.97
134	6377	PRUGAR PAULINA	WARSZAWA	ERICSSON TEAM /	83 K20/62 (K)134	00:51:49	00:48:04	00:24:15	12.48
135	3508	ZARZYCKA MONIKA	N.DWÓR MAZ.	JOGGER /	88 K20/63 (K)135	00:51:49	00:51:43	00:25:39	11.60
136	851	ŻYMEŁKA ALEKSANDRA	WARSZAWA		70 K40/22 (K)136	00:51:55	00:50:00	00:25:23	12.00
137	503	SADOWSKA JUSTYNA	WARSZAWA		70 K40/23 (K)137	00:52:00	00:48:36	00:24:26	12.35
138	3009	KAZANECKA JOANNA	WARSZAWA		79 K30/44 (K)138	00:52:13	00:50:25	00:25:11	11.90
139	5716	ŻUREK KATARZYNA	NOWY DWÓR	WKB META LUBLINIEC /	75 K30/45 (K)139	00:52:16	00:49:06	00:24:51	12.22
140	2672	POPIŃSKA KATARZYNA	WARSZAWA		79 K30/46 (K)140	00:52:16	00:51:29	00:25:46	11.65
141	6860	ZYWERT ANNA	MUROWANA GOŚLINA		91 K20/64 (K)141	00:52:19	00:49:00	00:24:50	12.24
142	2975	ZMITROWICZ AGATA	KONSTANCIN		79 K30/47 (K)142	00:52:19	00:49:21	00:24:12	12.16
143	1611	STEFAŃSKA KATARZYNA	STARA WIEŚ	GLKS NADARZYN /	72 K30/48 (K)143	00:52:22	00:49:32	00:24:26	12.11
144	6220	ZIELIŃSKA ANNA	WARSZAWA	2.PLUS 1 /	70 K40/24 (K)144	00:52:23	00:51:04	00:26:01	11.75
145	6680	SZULC MARYLA	MLAWA		88 K20/65 (K)145	00:52:24	00:52:03	00:24:26	11.53
146	55	KUKAWSKA JOANNA	WARSZAWA	COLA COLA /	63 K40/25 (K)146	00:52:25	00:52:19	00:25:44	11.47
147	4073	RAMM SZATKIEWICZ KLARA	WARSZAWA WESOŁA		68 K40/26 (K)147	00:52:30	00:50:55	00:25:42	11.78
148	5201	LATKOWSKA MARIANNA	WARSZAWA		95 K20/66 (K)148	00:52:31	00:50:55	00:24:43	11.78
149	1380	SOSZYŃSKA MAŁGOSIA	WARSZAWA		62 K40/27 (K)149	00:52:42	00:50:34	00:25:20	11.87
150	879	SOSNOWSKA ALEKSANDRA	BIALYSTOK		82 K20/67 (K)150	00:52:43	00:49:06	00:24:19	12.22
151	6890	RUTKOWSKA MAŁGORZATA	STALOWA WOLA		84 K20/68 (K)151	00:52:47	00:51:55	00:25:33	11.56
152	2710	BERNACIAK MARTA		RBS BANK /	87 K20/69 (K)152	00:52:51	00:51:00	00:25:57	11.76
153	4247	SÓJKA MAŁGOSIA	WARSZAWA	GT DIVERS /	75 K30/49 (K)153	00:52:53	00:51:55	00:26:15	11.56
154	3876	JANKOWSKA AGNIESZKA	WARSZAWA	ABC KONDYCJA /	80 K30/50 (K)154	00:52:54	00:49:45	00:24:25	12.06
155	3880	BIRECKA AGATA	WARSZAWA		84 K20/70 (K)155	00:52:57	00:50:22	00:24:55	11.91
156	3619	SNOPIKIEWICZ JOANNA	SKWARNE		77 K30/51 (K)156	00:52:58	00:49:04	00:24:46	12.23
157	6292	OSTROWSKA BOŻENA	BIALYSTOK	NIE /	82 K20/71 (K)157	00:52:58	00:51:09	00:25:43	11.73

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# KOBIECY (WOMEN)

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna / Klub Team / Club	R-k W kat. YoB in Age	Wynik Time	Wynik netto	Wynik 5km	[km/h]
158	1240	JANKOWSKA-PORĘBSKA ALEKSANDRA	WARSZAWA	KS OTRYT /	84 K20/72 (K)158	00:53:00	00:50:47	00:26:01	11.81
159	7486	JAKUBOWSKA DOROTA	WARSZAWA		81 K30/52 (K)159	00:53:01	00:50:22	00:25:11	11.91
160	4682	GLAPIŃSKA MAGDALENA	WARSZAWA		75 K30/53 (K)160	00:53:02	00:52:21	00:25:18	11.46
161	735	DĄBROWSKA KATARZYNA	LEGIONOWO		85 K20/73 (K)161	00:53:03	00:50:19	00:24:34	11.92
162	2986	WICIŃSKA IZABELA	ADAMÓW		69 K40/28 (K)162	00:53:06	00:49:46	00:24:52	12.06
163	1502	MIAŁKOS OLGA	SOCHACZEW	DRAGON SOCHACZEW /	88 K20/74 (K)163	00:53:08	00:51:44	00:25:18	11.60
164	4173	DREJARZ-KACZMAREK ANNA	WARSZAWA		79 K30/54 (K)164	00:53:10	00:50:14	00:24:52	11.94
165	1410	GRABOWSKA MARCELA	WROCLAW		92 K20/75 (K)165	00:53:13	00:49:53	00:25:09	12.03
166	4042	KAREWICZ KATARZYNA	WARSZAWA		73 K30/55 (K)166	00:53:16	00:49:25	00:24:11	12.14
167	6125	MARZEC ANNA	SIEMIANOWICE ŚLĄSKIE		88 K20/76 (K)167	00:53:17	00:49:41	00:25:09	12.08
168	4487	FALĘTA MARTA	WROCLAW		76 K30/56 (K)168	00:53:17	00:51:53	00:25:37	11.56
169	6488	STARZAK-LESZCZENKO JOANNA	WARSZAWA		83 K20/77 (K)169	00:53:17	00:50:30	00:25:53	11.88
170	5688	PAWLACZYK IZABELA	GRUDZIĄDZ	BYSTRONIC POLSKA /	85 K20/78 (K)170	00:53:17	00:52:46	00:25:49	11.37
171	3241	TATYS KAMILA	WARSZAWA		80 K30/57 (K)171	00:53:18	00:51:48	00:25:20	11.58
172	2936	SZYMAŃSKA JUSTYNA	PŁOŃSK	PŁOŃSK /	87 K20/79 (K)172	00:53:18	00:53:04	00:25:45	11.31
173	6494	POCIEJEWSKA JUSTYNA	WARSZAWA	INGZYCIE.PL /	81 K30/58 (K)173	00:53:20	00:50:37	00:25:46	11.85
174	3501	SZYMAŃSKA AGNIESZKA	N.DWÓR MAZ.	JOGGER /	92 K20/80 (K)174	00:53:20	00:53:03	00:25:58	11.31
175	4653	SZYMA KAROLINA	WARSZAWA	POLONIA WARSZAWA /	93 K20/81 (K)175	00:53:23	00:50:22	00:25:54	11.91
176	2591	BORZYM JOANNA	POMIECHÓWEK		83 K20/82 (K)176	00:53:24	00:50:03	00:25:48	11.99
177	2804	MOSKAL IZABELLA	WARSZAWA	BRYLANT KÓRNIK /	73 K30/59 (K)177	00:53:24	00:50:16	00:25:25	11.94
178	2723	DZIUBIŃSKA MAŁGORZATA			77 K30/60 (K)178	00:53:24	00:50:18	00:26:03	11.93
179	2924	KICIŃSKA ZUZANNA	WARSZAWA		86 K20/83 (K)179	00:53:24	00:51:09	00:25:07	11.73
180	3511	MESSELY BEATA	WARSZAWA		73 K30/61 (K)180	00:53:25	00:51:53	00:25:46	11.56
181	2370	KOZŁOWSKA NATALIA		12 TRI /	11 (K)181	00:53:26	00:52:17	00:26:14	11.48
182	5523	LASKUS WIKTORIA	WARSZAWA		83 K20/84 (K)182	00:53:27	00:52:07	00:25:55	11.51
183	311	MŁODECKA SYLWIA	WARSZAWA		73 K30/62 (K)183	00:53:27	00:50:04	00:25:05	11.98
184	4460	GLINIEWICZ ALEKSANDRA	WARSZAWA	KB ACTIVESPORTS WARSZAWA /	55 K50/6 (K)184	00:53:32	00:49:38	00:25:13	12.09
185	57	KOBZA ALDONA	WARSZAWA	COCA COLA /	82 K20/85 (K)185	00:53:33	00:52:32	00:25:53	11.42
186	6314	PATEREK AGATA	GDAŃSK		73 K30/63 (K)186	00:53:34	00:50:47	00:24:55	11.81
187	1970	BIEDUNKIEWICZ ANNA	BRANIEWO	PKO_ /	80 K30/64 (K)187	00:53:34	00:51:48	00:25:26	11.58
188	2099	NIEDZIELIN ALEKSANDRA	WARSZAWA		89 K20/86 (K)188	00:53:36	00:52:59	00:25:02	11.32
189	2068	LATOSZEK GABRIELA	WARSZAWA		95 K20/87 (K)189	00:53:37	00:51:12	00:25:36	11.72
190	86	KACZMAREK AGNIESZKA	WARSZAWA	GO SPORT /	79 K30/65 (K)190	00:53:38	00:49:56	00:25:21	12.02
191	310	URBAŃCZYK AGATA	WARSZAWA		82 K20/88 (K)191	00:53:39	00:50:17	00:25:37	11.93
192	2035	URBAN ANETA	DUCHNÓW		79 K30/66 (K)192	00:53:40	00:52:38	00:26:32	11.40
193	5773	GŁOWACKA EMILIA	GRODZISK MAZOWIECKI		85 K20/89 (K)193	00:53:41	00:50:41	00:25:25	11.84
194	706	DĄBROWA JUSTYNA	TARCZYN		77 K30/67 (K)194	00:53:41	00:50:07	00:21:37	11.97
195	1312	SZEWCZYK ALDONA	MIŃSK MAZOWIECKI		73 K30/68 (K)195	00:53:42	00:51:15	00:26:40	11.71
196	3890	WTYKŁO HANNA	JÓZEFÓW	NIEZRZESZONA /	66 K40/29 (K)196	00:53:46	00:52:50	00:25:41	11.36
197	722	KRAJEWSKA-SUSKIEWICZ MAGDA	WARSZAWA	OBOZYBIEGOWE.PL /	74 K30/69 (K)197	00:53:50	00:49:35	00:25:27	12.10
198	2772	JAWOROWSKA KATARZYNA	WARSZAWA		81 K30/70 (K)198	00:53:52	00:52:11	00:25:19	11.50
199	6914	HAREMBSKA PAULINA	WARSZAWA		76 K30/71 (K)199	00:53:54	00:52:32	00:25:30	11.42
200	4365	KURYLÓWICZ AGNIESZKA	WARSZAWA		86 K20/90 (K)200	00:53:57	00:49:55	00:25:02	12.02
201	6358	PISZCZATOWSKA SYLWIA	BIAŁYSTOK		82 K20/91 (K)201	00:53:57	00:50:47	00:25:50	11.81
202	1883	GĘBSKA NATALIA	WARSZAWA		82 K20/92 (K)202	00:53:58	00:47:12	00:23:43	12.71
203	6158	MIDOŃSKA DOMINIKA	WARSZAWA		77 K30/72 (K)203	00:53:59	00:52:54	00:26:43	11.34
204	1370	GAJEWSKA-KRĘGIEL BARBARA	WARSZAWA		73 K30/73 (K)204	00:54:04	00:51:10	00:25:11	11.73
205	914	MOSIEJ ANNA	WARSZAWA	ACCELERATE /	88 K20/93 (K)205	00:54:12	00:53:28	00:26:11	11.22
206	3403	OKRASA-PFEIL KAROLINA	WARSZAWA	SUEDEANDMESH.COM /	80 K30/74 (K)206	00:54:18	00:52:09	00:26:16	11.51
207	4215	HERMANIUK MARTA	WARSZAWA		84 K20/94 (K)207	00:54:19	00:50:01	00:24:59	12.00
208	3081	OWCZAREK EMILIA	WARSZAWA		71 K40/30 (K)208	00:54:22	00:52:34	00:26:08	11.41
209	867	KWIATKOWSKA KATARZYNA	WARSZAWA		76 K30/75 (K)209	00:54:25	00:52:23	00:25:30	11.45
210	3006	PETASZKO JOANNA	MRAŁOWO		77 K30/76 (K)210	00:54:25	00:52:26	00:26:39	11.44
211	509	KOWALCZYK JUSTYNA	WARSZAWA	KB HOLMES /	70 K40/31 (K)211	00:54:30	00:51:08	00:24:59	11.73
212	4537	SAMOJLUK ŚLUSARSKA BOŻENA	WARSZAWA		60 K50/7 (K)212	00:54:31	00:54:09	00:26:12	11.08
213	845	LISONEK AGATA	KONSTANCIN-JEZIORNA		75 K30/77 (K)213	00:54:31	00:51:51	00:25:34	11.57

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**KOBIETY (WOMEN)**

<i>Miejsce Rank</i>	<i>Nr Bib</i>	<i>Nazwisko i imię Name</i>	<i>Miejscowość City</i>	<i>Drużyna / Klub Team / Club</i>	<i>R-k W kat. YoB in Age</i>	<i>Wynik Time</i>	<i>Wynik netto</i>	<i>Wynik 5km</i>	<i>[km/h]</i>
214	3708	CIESIELSKA MAGDALENA	WARSZAWA		95 K20/95 (K)214	00:54:32	00:53:05	00:26:11	11.30
215	2076	CHRÓSCICKA STELLA	TCZEW		63 K40/32 (K)215	00:54:35	00:53:16	00:25:50	11.26
216	5141	LINDNER MAJA	WARSZAWA		81 K30/78 (K)216	00:54:36	00:51:51	00:25:29	11.57
217	599	DZIEKAŃSKA DOROTA	WARSZAWA		77 K30/79 (K)217	00:54:37	00:51:12	00:25:56	11.72
218	3578	KALBARCZYK KATARZYNA	WARSZAWA		84 K20/96 (K)218	00:54:38	00:52:19	00:26:33	11.47
219	3393	SUSPERREGUI ADRIANA	WARSZAWA		72 K30/80 (K)219	00:54:38	00:51:39	00:26:49	11.62
220	2086	KOŁODZIEJCZAK MAŁGORZATA	WARSZAWA	URSYNÓW /	55 K50/8 (K)220	00:54:41	00:51:05	00:25:14	11.75
221	5454	DETLAUF PATRYCJA	WILCZA GÓRA	NIEPODLEGŁA /	83 K20/97 (K)221	00:54:42	00:51:34	00:24:55	11.64
222	4319	MOSIOLEK MONIKA	SKARŻYSKO-KAMIENNA		84 K20/98 (K)222	00:54:42	00:52:20	00:25:52	11.46
223	4337	DUNIN-WILCZYŃSKA ALEKSANDRA KAROLINA	WARSZAWA		77 K30/81 (K)223	00:54:43	00:53:41	00:26:38	11.18
224	4025	KAMIŃSKA KATARZYNA	WARSZAWA		77 K30/82 (K)224	00:54:43	00:53:16	00:26:57	11.26
225	6602	SMOLIŃSKA ALEKSANDRA	ŁÓDŹ	METALCHEMSC /	96 K20/99 (K)225	00:54:43	00:51:48	00:25:52	11.58
226	5933	KŁOS ALEKSANDRA	WARSZAWA		87 K20/100 (K)226	00:54:46	00:52:12	00:26:13	11.49
227	5617	SIEŃKOWSKA NATALIA	WYSZKÓW		85 K20/101 (K)227	00:54:49	00:51:19	00:25:01	11.69
228	564	WÓJCİK - OSICA MAŁGORZATA	WARSZAWA		75 K30/83 (K)228	00:54:50	00:51:25	00:25:46	11.67
229	1696	SIWOŃ EWA	WARSZAWA	ETRAPKI.PL /	73 K30/84 (K)229	00:54:52	00:52:00	00:26:03	11.54
230	4637	DRABIK AGATA	WARSZAWA		80 K30/85 (K)230	00:54:52	00:53:21	00:26:29	11.25
231	6233	GALĄŻKA KATARZYNA	PIASECZNO		84 K20/102 (K)231	00:54:53	00:52:04	00:25:42	11.52
232	2538	KROENKE BARBARA	WARSZAWA	OBOZYBIEGOWE /	51 K60/1 (K)232	00:54:54	00:51:33	00:25:54	11.64
233	4770	OKUROWSKA SYLWIA	LEGIONOWO		82 K20/103 (K)233	00:54:54	00:53:07	00:26:31	11.30
234	2037	SMOLARCZYK ANNA	TARNOWSKIE GÓRY		72 K30/86 (K)234	00:54:54	00:51:46	00:25:35	11.59
235	3936	RĄCZKA ELŻBIETA	SULEJÓWEK		68 K40/33 (K)235	00:54:55	00:53:16	00:26:07	11.26
236	3075	TOMASZEWSKA AGATA	WARSZAWA	ACCELERATE /	85 K20/104 (K)236	00:54:56	00:51:39	00:25:01	11.62
237	5586	KULMA MAGDALENA	GDAŃSK		80 K30/87 (K)237	00:54:57	00:53:34	00:25:30	11.20
238	2138	BANACH AGNIESZKA	LEGIONOWO		83 K20/105 (K)238	00:54:57	00:51:46	00:25:39	11.59
239	4705	FUGIEL JOLANTA	MICHAŁOWICE		73 K30/88 (K)239	00:54:59	00:50:56	00:25:07	11.78
240	292	KRÓL KAROLINA		POLICJA /	11 (K)240	00:55:07	00:54:37	00:26:54	10.99
241	4730	BIDACHA MAGDALENA	LUBLIN		78 K30/89 (K)241	00:55:08	00:53:14	00:27:19	11.27
242	4420	MAKARCZYK PAULINA	WARSZAWA		75 K30/90 (K)242	00:55:09	00:51:55	00:25:50	11.56
243	2822	BOCZYŃSKA MARIA	WARSZAWA		81 K30/91 (K)243	00:55:10	00:51:38	00:25:36	11.62
244	3203	GĘBICKA AGNIESZKA	WARSZAWA	TEAM ZUS /	81 K30/92 (K)244	00:55:14	00:53:37	00:26:05	11.19
245	814	SEKŚCIŃSKA MAGDA	ŁOMŻA		84 K20/106 (K)245	00:55:15	00:52:31	00:25:56	11.42
246	5505	STAWICKA IZA	WARSZAWA		82 K20/107 (K)246	00:55:16	00:52:01	00:25:30	11.53
247	3244	BOBAK MAGDALENA	WARSZAWA	SG /	81 K30/93 (K)247	00:55:18	00:54:54	00:26:49	10.93
248	6800	WOJCIUK KATARZYNA	WARSZAWA		80 K30/94 (K)248	00:55:18	00:51:59	00:26:23	11.54
249	2429	STRYJEK OLGA	ZAKROCZYM		89 K20/108 (K)249	00:55:19	00:51:30	00:25:31	11.65
250	3963	ŚMIETANKA MARIA	WARSZAWA		81 K30/95 (K)250	00:55:26	00:52:02	00:26:04	11.53
251	411	KLECZAJ JUSTYNA	WARSZAWA		81 K30/96 (K)251	00:55:26	00:52:06	00:25:50	11.52
252	1725	STELMASZCZYK ANNA	WARSZAWA	AKD RIDE OR DIE TEAM /	79 K30/97 (K)252	00:55:31	00:54:38	00:26:22	10.98
253	89	PASZCZYK PAULINA	WARSZAWA	GO SPORT /	80 K30/98 (K)253	00:55:31	00:54:13	00:26:21	11.07
254	3012	LEWANDOWSKA MARZENA	WARSZAWA	ZABIEGANI RODZICE /	78 K30/99 (K)254	00:55:31	00:53:18	00:26:41	11.26
255	3828	OKAPIEC ALEKSANDRA	WARSZAWA	AXA RUNNING TEAM /	81 K30/100 (K)255	00:55:32	00:51:42	00:25:48	11.61
256	2529	GAJEWSKA KATARZYNA	MILANÓWEK		76 K30/101 (K)256	00:55:33	00:51:51	00:26:21	11.57
257	754	TRUSZKO AGNIESZKA	DUCHNICE	BIĄŁUTY TEAM /	73 K30/102 (K)257	00:55:34	00:52:53	00:26:19	11.35
258	5197	ZYSK EMILIA	WARSZAWA		83 K20/109 (K)258	00:55:35	00:53:59	00:26:08	11.11
259	4485	WIŚNIEWSKA BEATA	WARSZAWA		71 K40/34 (K)259	00:55:36	00:54:33	00:27:24	11.00
260	4848	ADAMCZYK ANNA	WARSZAWA		83 K20/110 (K)260	00:55:36	00:54:31	00:26:12	11.01
261	3624	MĄDRY JOANNA	ZĄBKI	ING ŻYCIE /	67 K40/35 (K)261	00:55:37	00:52:22	00:25:52	11.46
262	2513	MAJ BEATA	WARSZAWA	RUN IS FUN /	67 K40/36 (K)262	00:55:39	00:52:05	00:26:18	11.52
263	2252	SIEKIERA AGNIESZKA	WARSZAWA		78 K30/103 (K)263	00:55:42	00:48:02	00:23:55	12.49
264	5200	WYSZOMIRSKA KATARZYNA	WARSZAWA		88 K20/111 (K)264	00:55:43	00:53:13	00:27:10	11.27
265	2675	KUBAK GRACJANA	WARSZAWA		74 K30/104 (K)265	00:55:43	00:55:24	00:26:26	10.83
266	2282	WOLNY MAŁGORZATA	WARSZAWA	HP RUN /	80 K30/105 (K)266	00:55:46	00:52:34	00:26:18	11.41
267	5593	JESINOWICZ GRAŻYNA	WARSZAWA	CENTRUM SYMULACJI I KOMPUTEROWYCH GIER60 W /	K50/9 (K)267	00:55:46	00:54:57	00:27:33	10.92
268	896	JAWORSKA ALEKSANDRA	WARSZAWA	ACCELERATE /	83 K20/112 (K)268	00:55:54	00:52:56	00:26:23	11.34
269	6172	MONIUSZKO MALINOWSKA ANNA	BIALYSTOK		80 K30/106 (K)269	00:55:55	00:54:05	00:26:30	11.09

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Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna / Klub Team / Club	R-k W kat. YoB in Age	Wynik Time	Wynik netto	Wynik 5km	[km/h]
270	6766	WIEDRO JOANNA	WARSZAWA		78 K30/107 (K)270	00:55:56	00:53:15	00:26:30	11.27
271	4729	WÓJCIK AGNIESZKA	WARSZAWA		74 K30/108 (K)271	00:55:57	00:54:04	00:27:19	11.10
272	4268	MIĄSEK ALEKSANDRA	WARSZAWA		84 K20/113 (K)272	00:56:03	00:52:56	00:25:53	11.34
273	6596	SKUTA SYLWIA	KIELCE	KKL KIELCE /	78 K30/109 (K)273	00:56:03	00:52:23	00:26:23	11.45
274	6561	SAWICKA - KING MAŁGORZATA	LONDON		73 K30/110 (K)274	00:56:04	00:53:48	00:26:57	11.15
275	4530	RYBARCZYK MALINA	PULTUSK		55 K50/10 (K)275	00:56:09	00:53:07	00:26:06	11.30
276	5216	MICHALSKA KATARZYNA	LEGIONOWO		79 K30/111 (K)276	00:56:10	00:53:16	00:26:17	11.26
277	830	KAMIENIECKA ALEKSANDRA	MILANÓWEK		92 K20/114 (K)277	00:56:13	00:53:40	00:26:40	11.18
278	1705	SOWA ANNA	WARSZAWA		77 K30/112 (K)278	00:56:13	00:52:49	00:26:07	11.36
279	4300	NOWAKOWSKA MAGDALENA	WARSZAWA		73 K30/113 (K)279	00:56:17	00:55:11	00:27:51	10.87
280	1419	KUNG MICHELLE	WARSZAWA		93 K20/115 (K)280	00:56:18	00:53:06	00:25:37	11.30
281	5722	ŚLIWA ALICJA	ELK		54 K50/11 (K)281	00:56:19	00:53:36	00:26:30	11.19
282	3476	DĄBROWICZ ANNA	WARSZAWA		83 K20/116 (K)282	00:56:20	00:53:59	00:26:55	11.11
283	5612	JANKOWSKA MAŁGORZATA	WARSZAWA		78 K30/114 (K)283	00:56:21	00:53:57	00:26:54	11.12
284	4466	STEFANIUK IWONA	PRUSZKÓW		77 K30/115 (K)284	00:56:21	00:53:31	00:27:05	11.21
285	6228	ŁYCZEK AGATA	WARSZAWA		84 K20/117 (K)285	00:56:23	00:51:56	00:25:54	11.55
286	1480	PAWŁOWICZ DOROTA	WARSZAWA		83 K20/118 (K)286	00:56:25	00:55:17	00:27:15	10.85
287	1843	KACPRZYK EWA	WARSZAWA		91 K20/119 (K)287	00:56:26	00:53:19	00:25:55	11.25
288	2213	MICHNA KATARZYNA	WARSZAWA		85 K20/120 (K)288	00:56:27	00:52:31	00:26:07	11.42
289	5494	FOKS ELŻBIETA	RECZYCE	BLYSKAWICA DOMANIEWICE /	81 K30/116 (K)289	00:56:28	00:55:36	00:27:57	10.79
290	4075	SŁODOWSKA ANNA	WARSZAWA		80 K30/117 (K)290	00:56:30	00:54:52	00:28:02	10.94
291	2067	SZOKALSKA URSZULA	NOWY PRAŻMÓW		69 K40/37 (K)291	00:56:31	00:54:06	00:27:03	11.09
292	2642	DREL CZUK KATARZYNA	ZIELONA GÓRA	K2TEAM.PL /	81 K30/118 (K)292	00:56:33	00:53:26	00:27:03	11.23
293	6630	STASIEWICZ WIERA	HAJNÓWKA		42 K60/2 (K)293	00:56:34	00:55:56	00:28:16	10.73
294	1523	NOWAK LIDIA	SULEJÓWEK		94 K20/121 (K)294	00:56:34	00:55:44	00:27:03	10.77
295	5350	BOGUĆKA ELIZA	WARSZAWA		86 K20/122 (K)295	00:56:37	00:52:43	00:27:32	11.38
296	6514	ROKOSZ JOANNA	JAROSŁAW	BRAK /	91 K20/123 (K)296	00:56:38	00:53:02	00:26:28	11.31
297	2564	ADA SZEWSKA KATARZYNA	WARSZAWA		79 K30/119 (K)297	00:56:38	00:54:23	00:26:42	11.03
298	5506	WÓJCIK AGNIESZKA	WARSZAWA	TRUCHT TARCHOMIN TEAM /	82 K20/124 (K)298	00:56:39	00:53:01	00:26:36	11.32
299	4182	DĄBROWSKA LENA	WARSZAWA		81 K30/120 (K)299	00:56:41	00:53:38	00:26:52	11.19
300	6858	ZWOLIŃSKA EWELINA	OSTROWIEC		84 K20/125 (K)300	00:56:42	00:53:43	00:26:44	11.17
301	2234	SMYK ANITA I STEFAN	BIAŁA PODLASKA	POLSKA BIEGA /	70 K40/38 (K)301	00:56:42	00:53:13	00:27:21	11.27
302	3065	JASEK MAŁGORZATA	WARSZAWA		95 K20/126 (K)302	00:56:45	00:55:59	00:25:39	10.72
303	4781	MACIEJEWSKA MARTA	PŁOCHOCIN	BIESZCZADZKIE JELONKI /	96 K20/127 (K)303	00:56:46	00:55:48	00:26:44	10.75
304	194	LITOROWICZ-SIEGERT AGNIESZKA			68 K40/39 (K)304	00:56:49	00:54:41	00:26:27	10.97
305	4142	MICHALSKA ANNA	WARSZAWA	BIEGAMY Z OCHOTĄ /	64 K40/40 (K)305	00:56:51	00:53:10	00:26:25	11.29
306	3993	LISZKA-DALECKA MARIA	WARSZAWA		88 K20/128 (K)306	00:56:52	00:53:31	00:27:12	11.21
307	1045	MICHNA ALEKSANDRA	WARSZAWA		80 K30/121 (K)307	00:56:53	00:52:41	00:26:38	11.39
308	4535	LUSAWA AGNIESZKA	LEGIONOWO		82 K20/129 (K)308	00:56:54	00:53:27	00:26:23	11.23
309	6832	ZAMORA BEATA	TARNOWSKIE GÓRY	KS PIĘTKA /	72 K30/122 (K)309	00:56:54	00:56:42	00:27:42	10.58
310	2774	NOWOSIELSKA DOROTA	WARSZAWA	MINROL /	71 K40/41 (K)310	00:56:57	00:53:38	00:27:05	11.19
311	1948	ZIELIŃSKA SYLWIA	GRODZISK MAZOWIECKI	PKO_ /	75 K30/123 (K)311	00:56:58	00:56:44	00:27:31	10.58
312	1357	SROCZYŃSKA MAGDALENA	WARSZAWA		83 K20/130 (K)312	00:56:59	00:54:40	00:26:22	10.98
313	2787	DOBRYŃSKA NINA	WARSZAWA	MINROL /	73 K30/124 (K)313	00:57:00	00:53:41	00:27:04	11.18
314	2108	FEJFER MAGDALENA	WARSZAWA	AGR WELODROM /	88 K20/131 (K)314	00:57:01	00:53:34	00:26:48	11.20
315	2725	ZIĘBA DANUTA		RBS BANK /	84 K20/132 (K)315	00:57:03	00:53:07	00:27:27	11.30
316	2576	MIRECKA KATARZYNA	WARSZAWA		79 K30/125 (K)316	00:57:05	00:55:27	00:27:13	10.82
317	4316	NOWOCIN MAGDALENA	WARSZAWA	BIEGAM BO LUBIĘ /	79 K30/126 (K)317	00:57:06	00:53:50	00:26:14	11.15
318	2091	DOBOSZ ELŻBIETA	WARSZAWA	KB ACTIVESPORTS WARSZAWA /	58 K50/12 (K)318	00:57:07	00:49:34	00:24:52	12.10
319	2494	MĄDZIK ALEKSANDRA	WARSZAWA	PLAY /	81 K30/127 (K)319	00:57:07	00:52:54	00:27:16	11.34
320	170	ANDREJEW AGNIESZKA	WARSZAWA	VV SZEWCZYK /	70 K40/42 (K)320	00:57:08	00:56:56	00:26:58	10.54
321	4888	BUCHALSKA EWA	WARSZAWA		71 K40/43 (K)321	00:57:09	00:53:29	00:26:36	11.22
322	4889	NIEDŹWIECKA KATARZYNA	WARSZAWA		70 K40/44 (K)322	00:57:09	00:53:30	00:26:35	11.21
323	5553	ORŁOWICZ ALEKSANDRA	WARSZAWA		92 K20/133 (K)323	00:57:11	00:53:38	00:27:07	11.19
324	415	KUCZYŃSKA MAGDALENA	WARSZAWA		82 K20/134 (K)324	00:57:11	00:52:30	00:26:42	11.43
325	152	TRĘBACKA KATARZYNA	WARSZAWA	GW /	74 K30/128 (K)325	00:57:13	00:53:37	00:25:20	11.19

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Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna / Klub Team / Club	R-k YoB	W kat. in Age	Wynik Time	Wynik netto	Wynik 5km	[km/h]
326	3441	KURZAWA ALDONA	WARSZAWA	KB TP /	67	K40/45 (K)326	00:57:14	00:54:05	00:26:44	11.09
327	4414	PAWELEC KRYSZYNA	BRWINÓW	NIEZRZESZONA /	53	K50/13 (K)327	00:57:16	00:55:00	00:27:35	10.91
328	4413	PASZEK KRYSZYNA	GRODZISK MAZ	NIEZRZESZONA /	61	K50/14 (K)328	00:57:16	00:54:59	00:27:33	10.91
329	6688	SZYMAŃSKA MALWINA	PRUSZKÓW		80	K30/129 (K)329	00:57:18	00:56:51	00:27:58	10.55
330	3656	SUCHOPARSKA MARTA	PODKOWA LEŚNA		72	K30/130 (K)330	00:57:22	00:56:37	00:28:00	10.60
331	4566	LUBOWICZ KATARZYNA	WARSZAWA		84	K20/135 (K)331	00:57:22	00:54:23	00:27:38	11.03
332	7496	ELŻBIĘCIAK ANNA	GLIWICE	TEAM NUTRILITE /	74	K30/131 (K)332	00:57:23	00:54:14	00:27:27	11.06
333	6469	SIEDLECKA-MACH SYLWIA	WARSZAWA		85	K20/136 (K)333	00:57:24	00:57:13	00:29:16	10.49
334	4206	ŚWISTAK KLAUDIA	WARSZAWA		79	K30/132 (K)334	00:57:24	00:55:17	00:27:22	10.85
335	1358	STANIOS SYLWIA	WARSZAWA		81	K30/133 (K)335	00:57:26	00:53:17	00:25:32	11.26
336	6907	CIEMIŃSKA MARLENA	LESZNOWOLA	COUGAR.PL /	79	K30/134 (K)336	00:57:28	00:55:50	00:22:20	10.75
337	6183	MRÓZ-KRĘŻELEWSKA ANETA	BOREK WLKP		76	K30/135 (K)337	00:57:29	00:54:24	00:27:58	11.03
338	3547	LUSIO TERESA	WARSZAWA		78	K30/136 (K)338	00:57:32	00:53:32	00:26:38	11.21
339	1645	BIELUSZKA MARTA	WARSZAWA	JTJ ADVENTURE TEAM /	85	K20/137 (K)339	00:57:32	00:54:19	00:27:30	11.05
340	5977	KOTYNIA MAŁGOSIA	NOWA WOLA		80	K30/137 (K)340	00:57:33	00:55:34	00:27:18	10.80
341	2673	GRODNER ANNA	WARSZAWA		58	K50/15 (K)341	00:57:35	00:49:14	00:20:08	12.19
342	2486	FLONT ANNA	GARWOLIN		65	K40/46 (K)342	00:57:36	00:54:43	00:27:44	10.97
343	5691	JACHIMEK ALICJA	JABLONNA	NIE DOTYCZY: /	79	K30/138 (K)343	00:57:36	00:55:39	00:26:26	10.78
344	888	STRACHOCKA ANNA		ZDM /	11	(K)344	00:57:37	00:53:49	00:26:43	11.15
345	87	ŻURAWIŃSKA EWA	WARSZAWA	GO SPORT /	80	K30/139 (K)345	00:57:38	00:56:50	00:28:10	10.56
346	5136	DUBER-STACHURSKA KATARZYNA	WARSZAWA		72	K30/140 (K)346	00:57:38	00:56:36	00:27:23	10.60
347	3758	NOWAK ANNA	WARSZAWA		76	K30/141 (K)347	00:57:38	00:53:37	00:27:03	11.19
348	3722	PAWŁOWSKA MARTYNA	WARSZAWA	DAMY RADĘ /	93	K20/138 (K)348	00:57:41	00:53:31	00:26:50	11.21
349	4332	KERYK MYROSLAVA	WARSZAWA		74	K30/142 (K)349	00:57:41	00:56:14	00:27:01	10.67
350	5134	SZUSTKIEWICZ BEATA	SOCHACZEW	KM AKTYWNI SOCHACZEW /	72	K30/143 (K)350	00:57:43	00:53:55	00:27:37	11.13
351	7468	MATEJA KLEMENTYNA	WARSZAWA		74	K30/144 (K)351	00:57:46	00:54:34	00:26:55	11.00
352	6432	KANTOROWICZ MARIA	JÓZEFÓW		85	K20/139 (K)352	00:57:49	00:55:23	00:26:42	10.83
353	5702	ŻBIKOWSKA KAROLINA	WARSZAWA	BIEGAM BO LUBIĘ /	76	K30/145 (K)353	00:57:50	00:54:31	00:26:48	11.01
354	4325	RZEWUSKA EWA	WARSZAWA		69	K40/47 (K)354	00:57:50	00:54:27	00:26:42	11.02
355	1788	GERA KAROLINA	MICHAŁÓW-GRABINA		87	K20/140 (K)355	00:57:52	00:55:14	00:27:21	10.86
356	5152	BRODAWKA OLGA	WARSZAWA		88	K20/141 (K)356	00:57:57	00:53:30	00:27:27	11.21
357	1830	PĄGOWSKA KATARZYNA	WARSZAWA	CHTMO /	83	K20/142 (K)357	00:57:58	00:53:14	00:26:11	11.27
358	941	RYBAŁTOWSKA ANNA	SIEDLCE		90	K20/143 (K)358	00:58:00	00:52:33	00:27:32	11.42
359	2004	ŁYJAK-TOPOLSKA RÓŻA	LUBLIN		86	K20/144 (K)359	00:58:05	00:56:27	00:28:03	10.63
360	1277	MOGIELSKA - MONKIEWICZ JOANNA	WILCZA GÓRA		78	K30/146 (K)360	00:58:06	00:55:59	00:27:32	10.72
361	1654	STAŃCZUK MIROSLAWA	WARSZAWA	CARSERVIS /	68	K40/48 (K)361	00:58:06	00:53:43	00:27:25	11.17
362	5813	GRZYB PAMELA	KRAKÓW		93	K20/145 (K)362	00:58:06	00:53:15	00:27:18	11.27
363	620	KUNIKOWSKA KASIA	JÓZEFÓW		71	K40/49 (K)363	00:58:07	00:56:13	00:26:00	10.67
364	2016	KIENO MAGDALENA	LIDZBARK WARMIŃSKI		88	K20/146 (K)364	00:58:07	00:54:59	00:26:36	10.91
365	1453	ZIÓŁKOWSKA JOANNA	WARSZAWA		63	K40/50 (K)365	00:58:07	00:53:53	00:26:47	11.14
366	5764	GAUVIN ANNA	WARSZAWA		74	K30/147 (K)366	00:58:08	00:54:50	00:27:38	10.94
367	6994	STEFANIAK-HRYCKO AGNIESZKA	WARSZAWA		78	K30/148 (K)367	00:58:11	00:53:27	00:26:59	11.23
368	5622	MARKOWSKA OKTAWIA	MALBORK		79	K30/149 (K)368	00:58:12	00:56:34	00:27:28	10.61
369	4275	GŁADYSZ AGATA	WARSZAWA	CIEPLE KLUCHY RACING TEAM /	79	K30/150 (K)369	00:58:14	00:53:07	00:26:20	11.30
370	4133	MACECH-SMUŻEWSKA JOANNA	BIAŁA PODLASKA		65	K40/51 (K)370	00:58:17	00:54:40	00:26:52	10.98
371	6671	SZLACHCIKOWSKA HANNA	WARSZAWA		92	K20/147 (K)371	00:58:20	00:56:10	00:27:18	10.68
372	408	SOKAL PAULINA	WARSZAWA	12TRI.PL /	86	K20/148 (K)372	00:58:21	00:54:56	00:27:24	10.92
373	3232	NOWICKA MAŁGORZATA	RADZYMIN		86	K20/149 (K)373	00:58:22	00:53:33	00:27:46	11.20
374	3763	JANETA-MARKOWSKA ALDONA	WARSZAWA		82	K20/150 (K)374	00:58:25	00:55:40	00:27:55	10.78
375	4259	ZAWADZKA MAŁGORZATA	WARSZAWA		83	K20/151 (K)375	00:58:26	00:56:17	00:28:01	10.66
376	6179	MROCEK MAGDALENA	SIEDLCE		88	K20/152 (K)376	00:58:30	00:54:37	00:27:38	10.99
377	1618	KOWALCZYK MAGDALENA	WARSZAWA		76	K30/151 (K)377	00:58:30	00:53:51	00:27:14	11.14
378	4302	KARDASZ DOROTA	WARSZAWA	KB OMALANGA /	75	K30/152 (K)378	00:58:31	00:54:30	00:27:45	11.01
379	622	JĘDRZEJCZYK NATALIA	WARSZAWA		85	K20/153 (K)379	00:58:31	00:54:55	00:27:28	10.93
380	4571	PILCH PAULINA	WARSZAWA		73	K30/153 (K)380	00:58:33	00:56:50	00:27:40	10.56
381	2512	WALEWSKA MARTA	WARSZAWA		67	K40/52 (K)381	00:58:36	00:54:31	00:26:37	11.01

21.11.2011 01:31:34

# KOBIECY (WOMEN)

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna / Klub Team / Club	R-k YoB	W kat. in Age	Wynik Time	Wynik netto	Wynik 5km	[km/h]
382	1808	KUCZYŃSKA IZABELLA	PRUSZKÓW		70	K40/53 (K)382	<b>00:58:37</b>	00:55:40	00:27:34	10.78
383	3875	SKRAJNA ALEKSANDRA	WARSZAWA	WTW WARSZAWA /	87	K20/154 (K)383	<b>00:58:37</b>	00:53:25	00:27:18	11.23
384	4039	KWAŚNIEWSKA MAGDALENA	WARSZAWA		85	K20/155 (K)384	<b>00:58:37</b>	00:53:25	00:27:19	11.23
385	1823	KACZYŃSKA JOANNA	LEGIONOWO	CHTMO /	85	K20/156 (K)385	<b>00:58:38</b>	00:53:54	00:26:12	11.13
386	948	RADECKA LUIZA	GRODZISK MAZOWIECKI		91	K20/157 (K)386	<b>00:58:39</b>	00:55:14	00:28:22	10.86
387	3329	KISIELEWSKA ZUZANNA	WARSZAWA		80	K30/154 (K)387	<b>00:58:40</b>	00:52:58	00:27:05	11.33
388	5651	PALEC-FURGA OLGA	WARSZAWA		75	K30/155 (K)388	<b>00:58:41</b>	00:55:58	00:28:52	10.72
389	4655	ŁUKASZUK MAŁGORZATA	ŁOMAZY		76	K30/156 (K)389	<b>00:58:42</b>	00:57:45	00:27:43	10.39
390	1568	MACHNIKOWSKA AGNIESZKA	WARSZAWA		90	K20/158 (K)390	<b>00:58:42</b>	00:54:52	00:26:44	10.94
391	4681	MARCZAK MONIKA	WARSZAWA		80	K30/157 (K)391	<b>00:58:43</b>	00:53:46	00:26:36	11.16
392	2705	KUŹMIŃSKA EWA		RBS BANK /	86	K20/159 (K)392	<b>00:58:43</b>	00:54:15	00:27:18	11.06
393	1553	KAPUŚCIŃSKA BARBARA	WARSZAWA		94	K20/160 (K)393	<b>00:58:45</b>	00:53:53	00:27:41	11.14
394	361	WĘGLIŃSKA SYLWIA	WARSZAWA		84	K20/161 (K)394	<b>00:58:45</b>	00:55:23	00:28:08	10.83
395	6090	MACHERA ANNA	WARSZAWA		81	K30/158 (K)395	<b>00:58:48</b>	00:57:01	00:27:39	10.52
396	967	SMOCZYŃSKA EWA	WARSZAWA		83	K20/162 (K)396	<b>00:58:50</b>	00:56:00	00:27:37	10.71
397	1228	KOCHAŃSKA KATARZYNA	WARSZAWA		75	K30/159 (K)397	<b>00:58:50</b>	00:57:28	00:28:38	10.44
398	303	KOCIMSKA AGNIESZKA	ZAWADY STARE		80	K30/160 (K)398	<b>00:58:51</b>	00:55:17	00:27:16	10.85
399	567	KARŁOWICZ ANNA	WARSZAWA		53	K50/16 (K)399	<b>00:58:53</b>	00:54:39	00:27:00	10.98
400	5205	ISASI-KURAN AGATA	WARSZAWA	BILBAO /	77	K30/161 (K)400	<b>00:58:56</b>	00:54:35	00:27:37	10.99
401	5936	KOBIERSKA EWA	WARSZAWA		80	K30/162 (K)401	<b>00:58:56</b>	00:54:59	00:27:32	10.91
402	4835	SMARZEK BENITA	ŁASK	JASTRZĄB - 32. BLT ŁASK /	70	K40/54 (K)402	<b>00:58:58</b>	00:54:11	00:27:38	11.07
403	4238	GAŁĄŻKA-PRZYBYŚ EWELENA	WARSZAWA		83	K20/163 (K)403	<b>00:58:58</b>	00:55:46	00:27:42	10.76
404	5287	BANASZKIEWICZ IZABELA	GRODZISK MAZOWIECKI		79	K30/163 (K)404	<b>00:58:59</b>	00:54:46	00:28:01	10.96
405	2726	DEMIDOWSKA ALINA		RBS BANK /	86	K20/164 (K)405	<b>00:59:01</b>	00:57:01	00:28:30	10.52
406	3684	NIĘCIORUK ANNA	ŁOMIAŃKI	WARM RT /	61	K50/17 (K)406	<b>00:59:03</b>	00:56:54	00:27:45	10.54
407	5242	SOMOW DAGMARA	WARSZAWA	12TRI /	86	K20/165 (K)407	<b>00:59:05</b>	00:54:20	00:27:21	11.04
408	6674	JĘDRUSZKO ADRIANA	MIĘTNE		84	K20/166 (K)408	<b>00:59:06</b>	00:54:30	00:27:29	11.01
409	6192	NADOLNA KAROLINA	HOPOWO		92	K20/167 (K)409	<b>00:59:07</b>	00:55:52	00:26:40	10.74
410	729	TRZASKOWSKA JUSTYNA	WARSZAWA	LADYKAPITAN.PL /	82	K20/168 (K)410	<b>00:59:08</b>	00:56:06	00:28:41	10.70
411	825	ŚLIWAK-MANOWSKA EWA	WARSZAWA	NOCARZ.PL /	76	K30/164 (K)411	<b>00:59:08</b>	00:56:10	00:27:55	10.68
412	187	MAJ SYLWIA	WARSZAWA		87	K20/169 (K)412	<b>00:59:08</b>	00:57:43	00:27:11	10.40
413	3636	MAJ MAŁGORZATA	WARSZAWA	RUN IS FUN /	70	K40/55 (K)413	<b>00:59:12</b>	00:56:09	00:27:25	10.69
414	4021	OKONIEWSKA AGNIESZKA	MYSIADŁO	ABC KONDYCJA /	72	K30/165 (K)414	<b>00:59:12</b>	00:55:48	00:28:23	10.75
415	2114	TUCZYŃSKA ELŻBIETA	PRUSZKÓW		65	K40/56 (K)415	<b>00:59:13</b>	00:54:49	00:27:32	10.95
416	2144	KOSTRZEWSKA BEATA	WARSZAWA		79	K30/166 (K)416	<b>00:59:14</b>	00:57:37	00:28:05	10.41
417	1236	CZARNECKA BEATA	WARSZAWA	RUN LUSIA RUN /	75	K30/167 (K)417	<b>00:59:14</b>	00:54:29	00:27:21	11.01
418	3886	IGNACIUK EWA	BRWINÓW		81	K30/168 (K)418	<b>00:59:15</b>	00:56:26	00:29:04	10.63
419	6848	ZIELIŃSKA BARBARA	POZNAŃ		83	K20/170 (K)419	<b>00:59:15</b>	00:55:15	00:27:45	10.86
420	1555	MAŁYSKO JUSTYNA	WARSZAWA		82	K20/171 (K)420	<b>00:59:15</b>	00:54:22	00:27:15	11.04
421	2041	OSZKINIS EWA	RUTKA-TARTAK		89	K20/172 (K)421	<b>00:59:16</b>	00:54:55	00:26:58	10.93
422	3730	DĄBROWSKA KINGA	MYSIADŁO		85	K20/173 (K)422	<b>00:59:16</b>	00:56:08	00:27:56	10.69
423	159	SMOLIŃSKA MAŁGORZATA	WARSZAWA	GW /	75	K30/169 (K)423	<b>00:59:17</b>	00:55:48	00:28:21	10.75
424	4212	STAWICKA ALEKSANDRA	TARCZYN		92	K20/174 (K)424	<b>00:59:19</b>	00:55:46	00:28:34	10.76
425	5105	ELLIS EWA	WARSZAWA		76	K30/170 (K)425	<b>00:59:19</b>	00:54:23	00:27:37	11.03
426	6041	KUŚNIERZ MONIKA	WARSZAWA		78	K30/171 (K)426	<b>00:59:20</b>	00:56:58	00:28:34	10.53
427	3909	KOSIKOWSKA ANNA	WARSZAWA	KOCHAM GRZESZCZA! /	88	K20/175 (K)427	<b>00:59:21</b>	00:54:11	00:28:04	11.07
428	1695	MARKOWSKA EWA	WARSZAWA		80	K30/172 (K)428	<b>00:59:21</b>	00:55:50	00:27:38	10.75
429	3347	GARDASIEWICZ MARZENA	PRUSZKÓW	- /	85	K20/176 (K)429	<b>00:59:21</b>	00:55:20	00:28:18	10.84
430	3563	HOLIK EDYTA	KRAKÓW		77	K30/173 (K)430	<b>00:59:21</b>	00:56:12	00:27:40	10.68
431	2083	KAMER JOANNA	PRUSZKÓW	UKA /	78	K30/174 (K)431	<b>00:59:22</b>	00:54:11	00:27:12	11.07
432	1091	KOWALSKA JOANNA	WARSZAWA		84	K20/177 (K)432	<b>00:59:22</b>	00:58:07	00:28:14	10.32
433	615	REMBERK BARBARA	WARSZAWA	WARSZAWSKI ŻÓŁWIK /	74	K30/175 (K)433	<b>00:59:23</b>	00:55:59	00:27:46	10.72
434	3495	MICHAŁOWSKA ANTONINA	WARSZAWA		83	K20/178 (K)434	<b>00:59:23</b>	00:54:59	00:28:20	10.91
435	4584	FRONCZEWSKA-WIENIAWSKA KATARZYNA	WARSZAWA		75	K30/176 (K)435	<b>00:59:27</b>	00:55:25	00:27:33	10.83
436	5548	STAŃCZYK KAROLINA	WARSZAWA		74	K30/177 (K)436	<b>00:59:27</b>	00:55:25	00:27:34	10.83
437	5003	TARKOWSKA KATARZYNA	WARSZAWA	T-MOBILE RUNNING TEAM /	74	K30/178 (K)437	<b>00:59:28</b>	00:56:32	00:27:50	10.61

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**KOBIETY (WOMEN)**

<b>Miejsce Rank</b>	<b>Nr Bib</b>	<b>Nazwisko i imię Name</b>	<b>Miejscowość City</b>	<b>Drużyna / Klub Team / Club</b>	<b>R-k YoB</b>	<b>W kat. in Age</b>	<b>Wynik Time</b>	<b>Wynik netto</b>	<b>Wynik 5km</b>	<b>[km/h]</b>
438	2237	DYDYZC JOLANTA	BIAŁA PODLASKA	POLSKA BIEGA /	64	K40/57 (K)438	00:59:29	00:54:47	00:27:43	10.95
439	6073	ŁABĘCKA IWONA	KIELCE		80	K30/179 (K)439	00:59:31	00:55:50	00:27:28	10.75
440	3297	MATYJASEK AGATA	PIASTÓW		75	K30/180 (K)440	00:59:32	00:57:41	00:27:53	10.40
441	3100	WINNICKA PATRYCJA	WARSZAWA		75	K30/181 (K)441	00:59:33	00:55:46	00:26:46	10.76
442	4348	WÓJCIK KAROLINA	WARSZAWA		80	K30/182 (K)442	00:59:35	00:56:51	00:28:51	10.55
443	1087	KONKOWSKA-SZYMAŃSKA JOANNA	WARSZAWA		67	K40/58 (K)443	00:59:35	00:54:06	00:27:07	11.09
444	2315	MINTA IWONA	WARSZAWA		77	K30/183 (K)444	00:59:36	00:56:34	00:27:47	10.61
445	6997	PAZIEWSKA DOMINIKA	GARWOLIN		89	K20/179 (K)445	00:59:37	00:52:50	00:27:47	11.36
446	3851	GUZOWSKA IWONA	GDAŃSK		74	K30/184 (K)446	00:59:39	00:58:43	00:27:49	10.22
447	5821	GWIAZDA ELŻBIETA	ŁĘKAWICA		74	K30/185 (K)447	00:59:40	00:56:32	00:28:21	10.61
448	4610	DUDZIŃSKA ALEKSANDRA	WARSZAWA		87	K20/180 (K)448	00:59:40	00:55:21	00:27:10	10.84
449	6311	PASIKOWSKA MARIOLA	ŁÓDŹ	- /	61	K50/18 (K)449	00:59:43	00:57:24	00:28:40	10.45
450	5066	CIOŚMAK KINGA	WARSZAWA		76	K30/186 (K)450	00:59:44	00:57:58	00:28:02	10.35
451	4678	MALINOWSKA ALEKSANDRA	WARSZAWA		85	K20/181 (K)451	00:59:47	00:55:26	00:27:43	10.82
452	2633	SALA IWONA	RADOM		70	K40/59 (K)452	00:59:48	00:54:46	00:27:10	10.96
453	5332	BIERNACKA MONIKA	MINSK MAZOWIECKI		75	K30/187 (K)453	00:59:50	00:58:46	00:28:47	10.21
454	348	TAJCHERT MARIA	WARSZAWA		64	K40/60 (K)454	00:59:50	00:55:46	00:27:16	10.76
455	5007	NIEMYSKA EDYTA	LUBLIN		78	K30/188 (K)455	00:59:51	00:57:39	00:27:56	10.41
456	3247	KARKOS MAGDALENA	WARSZAWA		89	K20/182 (K)456	00:59:51	00:54:46	00:27:32	10.96
457	3861	JAROSZEWSKA JOANNA	WARSZAWA		82	K20/183 (K)457	00:59:52	00:55:11	00:28:27	10.87
458	3488	TORZEWSKA AGNIESZKA	WARSZAWA		74	K30/189 (K)458	00:59:56	00:58:16	00:28:10	10.30
459	4906	HIRSZLER ELŻBIETA	WARSZAWA	ACTIVE SPORT /	60	K50/19 (K)459	00:59:57	00:54:53	00:28:05	10.93
460	3283	SAKNA ALINA	WARSZAWA		62	K40/61 (K)460	00:59:57	00:54:53	00:28:05	10.93
461	1492	ŚWISTAK JOANNA	OTRĘBUSY		85	K20/184 (K)461	00:59:58	00:55:40	00:27:52	10.78
462	6701	ŚMIESZEK MAŁGORZATA	WARSZAWA		83	K20/185 (K)462	00:59:59	00:55:14	00:27:42	10.86
463	6012	KRUKOWSKA GRAŻYNA	WARSZAWA	RUN LUSIA RUN /	73	K30/190 (K)463	01:00:00	00:55:44	00:27:22	10.77
464	447	WIECZOREK IZABELLA	WARSZAWA		69	K40/62 (K)464	01:00:00	00:55:20	00:27:40	10.84
465	4077	MAZUREK-SZYPUŁA AGNIESZKA	WARSZAWA		72	K30/191 (K)465	01:00:00	00:56:15	00:27:43	10.67
466	911	BRONOWSKA KATARZYNA	WARSZAWA		88	K20/186 (K)466	01:00:00	00:56:11	00:26:58	10.68
467	3061	SYCHOWICZ KLARA	WARSZAWA		74	K30/192 (K)467	01:00:02	00:57:58	00:28:09	10.35
468	4326	SOKALSKA ANETA	WARSAW	WILANOW COFFIN DODGERS /	89	K20/187 (K)468	01:00:02	00:57:29	00:29:09	10.44
469	4739	POPÓW KETTY	KONSTANCIN		69	K40/63 (K)469	01:00:05	00:58:33	00:29:08	10.25
470	991	JÓZWIAK ANNA	PIASTÓW		81	K30/193 (K)470	01:00:06	00:56:18	00:27:47	10.66
471	6864	ŻESZCZYŃSKA IZABELA	WARSZAWA		80	K30/194 (K)471	01:00:07	00:56:34	00:27:42	10.61
472	175	MŁODOŻENIEC MAGDALENA	WARSZAWA	VW SZEWCZYK /	66	K40/64 (K)472	01:00:09	00:59:56	00:29:27	10.01
473	2118	MILCZAREK RENATA	PRUSZKÓW		68	K40/65 (K)473	01:00:09	00:59:07	00:29:55	10.15
474	4806	LEBIODA ELIZA	WARSZAWA		83	K20/188 (K)474	01:00:10	00:55:03	00:28:03	10.90
475	6735	VALERTE ILZE	VENTSPILS	MARATONA KLUBS VENTSPILS /	73	K30/195 (K)475	01:00:12	00:59:51	00:29:22	10.03
476	3048	KORPUS BARBARA	MSZCZONÓW		76	K30/196 (K)476	01:00:12	00:55:59	00:28:03	10.72
477	3224	OŚCIŁOWSKA KATARZYNA	WARSZAWA		74	K30/197 (K)477	01:00:12	00:58:48	00:29:21	10.20
478	2626	KOSSAKOWSKA ALEKSANDRA	WARSZAWA		96	K20/189 (K)478	01:00:13	00:56:37	00:28:55	10.60
479	4526	BANACH MONIKA	WARSZAWA	PBP BANK SA /	75	K30/198 (K)479	01:00:14	00:55:47	00:27:33	10.76
480	4843	KORDULASIŃSKA DOROTA	MAŁA WIEŚ		88	K20/190 (K)480	01:00:15	00:56:02	00:27:30	10.71
481	2729	MIKUSEK EWA		RBS BANK /	78	K30/199 (K)481	01:00:15	00:55:12	00:27:47	10.87
482	6999	TOKARSKA ALICJA	GRANICA		96	K20/191 (K)482	01:00:18	00:56:33	00:27:52	10.61
483	6190	MYSIEWICZ KAMILA	WARSZAWA		86	K20/192 (K)483	01:00:18	00:57:28	00:29:00	10.44
484	4677	KŁĘK MAGDALENA	WARSZAWA		74	K30/200 (K)484	01:00:19	00:55:10	00:27:31	10.88
485	2877	ABRAMCZYK JOANNA	PŁOCHOCIN		76	K30/201 (K)485	01:00:20	00:55:39	00:27:27	10.78
486	3814	KOSMAŁA MAGDA	KONSTANCIN		91	K20/193 (K)486	01:00:20	00:55:51	00:28:06	10.74
487	996	SUPIŃSKA JUSTYNA	OLSZTYN		87	K20/194 (K)487	01:00:21	00:58:15	00:28:31	10.30
488	3983	ŁAZICKA MAGDALENA	WARSZAWA	12TRI /	67	K40/66 (K)488	01:00:21	00:58:13	00:28:29	10.31
489	5729	ŚWIĄTKIEWICZ EWA	GÓRZNO	RUNNING TEAM MIASTKÓW /	94	K20/195 (K)489	01:00:23	00:55:46	00:27:29	10.76
490	5240	BRĄNSKA-DOBROWOLSKA OLGA	WARSZAWA	MARATONYPOLSKIE.PL TEAM /	73	K30/202 (K)490	01:00:23	00:58:03	00:29:03	10.34
491	1086	SOBOTKA MONIKA	WARSZAWA		71	K40/67 (K)491	01:00:24	00:55:37	00:27:50	10.79
492	1648	OŻAREK MAGDALENA	SIEDLCE		90	K20/196 (K)492	01:00:25	00:54:58	00:27:32	10.92
493	2522	CZUBEK ANETA	KONSTANCIN JEZIORNA		75	K30/203 (K)493	01:00:26	00:56:26	00:27:34	10.63

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Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna / Klub Team / Club	R-k YoB	W kat. in Age	Wynik Time	Wynik netto	Wynik 5km	[km/h]
494	1541	KOCIMSKA KAMILA	SOCHACZEW	KM AKTYWNI SOCHACZEW /	82	K20/197 (K)494	01:00:26	00:54:17	00:27:38	11.05
495	413	TYMICKA ANNA	WARSZAWA		96	K20/198 (K)495	01:00:27	00:58:08	00:27:55	10.32
496	1116	DĄBROWSKA ANNA	WARSZAWA		76	K30/204 (K)496	01:00:29	00:54:18	00:26:46	11.05
497	4849	GRABOWSKA KATARZYNA	WARSZAWA		71	K40/68 (K)497	01:00:31	00:59:03	00:28:26	10.16
498	2296	MINAKOWSKA KATARZYNA	WARSZAWA		71	K40/69 (K)498	01:00:32	00:58:49	00:28:17	10.20
499	3540	BIALAS EMILIA	WARSZAWA		88	K20/199 (K)499	01:00:33	00:56:24	00:27:27	10.64
500	6399	RADZIACH ILONA	WARSZAWA	FESTO TEAM /	71	K40/70 (K)500	01:00:35	00:56:12	00:28:32	10.68
501	226	UBYNIKU TAMARA	SULEJÓWEK	PKO NA FB /	65	K40/71 (K)501	01:00:37	00:56:36	00:28:23	10.60
502	1117	BUKOWSKA MONIKA	WARSZAWA	TEAM NUTRILITE /	68	K40/72 (K)502	01:00:37	00:59:40	00:29:23	10.06
503	104	ZELER MAJA	WARSZAWA	WASA /	81	K30/205 (K)503	01:00:38	00:56:00	00:27:51	10.71
504	341	SKIERKOWSKA MARZENA	KAMPINOS	BIALUTY TEAM /	71	K40/73 (K)504	01:00:38	00:57:57	00:28:22	10.35
505	368	BENDER PATRYK	PRZEWORSK		87	K20/200 (K)505	01:00:39	00:55:57	00:28:39	10.72
506	2204	SULIŃSKA MARLENA	PRUSZKÓW	LAFARGE GIPS /	80	K30/206 (K)506	01:00:39	00:57:49	00:28:42	10.38
507	4910	GIZIŃSKA ALINA	WARSZAWA	ŻÓŁWIE RUNNING TEAM /	73	K30/207 (K)507	01:00:40	00:56:22	00:27:31	10.64
508	1994	IMIEŁOWSKA PATRYCJA	WARSZAWA	PKO_ /	85	K20/201 (K)508	01:00:43	01:00:35	00:30:10	9.90
509	6384	PRZYBYLSKA MAŁGORZATA	SOCHACZEW	KM AKTYWNI SOCHACZEW /	69	K40/74 (K)509	01:00:45	00:56:30	00:28:41	10.62
510	856	KUCZEROWSKA ANNA	WARSZAWA		66	K40/75 (K)510	01:00:47	00:58:49	00:28:14	10.20
511	4942	PEDA ELŻBIETA	ZALESIE GÓRNE	ALLAMANO /	72	K30/208 (K)511	01:00:48	00:59:32	00:29:34	10.08
512	2133	MIESZAŁA JUSTYNA	WARSZAWA	ORANGE TEAM /	79	K30/209 (K)512	01:00:49	00:59:26	00:28:55	10.10
513	4501	DZIECIÓŁOWSKA KAROLINA	WARSZAWA		78	K30/210 (K)513	01:00:49	00:58:44	00:30:12	10.22
514	2226	OXENVAD RASMUSSEN CHRISTINA	WARSZAWA	AMBASADA DANII /	62	K40/76 (K)514	01:00:50	00:56:50	00:28:47	10.56
515	1206	MROCZEK KATARZYNA	ŁĘŻYCE		88	K20/202 (K)515	01:00:50	00:56:36	00:27:56	10.60
516	4564	GLINICKA AGATA	WARSZAWA	MILENIUM BANK /	79	K30/211 (K)516	01:00:51	00:55:51	00:27:39	10.74
517	3951	MORAWSKA ANNA	WARSZAWA	ABC KONDYCJA /	53	K50/20 (K)517	01:00:51	00:56:15	00:27:58	10.67
518	1388	SMOKOWSKA JOANNA	WARSZAWA		68	K40/77 (K)518	01:00:51	00:56:29	00:27:35	10.62
519	3182	ROSIK EWELINA	SULEJÓWEK		83	K20/203 (K)519	01:00:51	00:55:37	00:28:55	10.79
520	1446	WYSOCKA EWA	ELK		89	K20/204 (K)520	01:00:56	00:56:27	00:27:57	10.63
521	2963	WACŁAWSKA MARIA	WARSZAWA		79	K30/212 (K)521	01:00:57	00:56:47	00:27:02	10.57
522	4919	CZUPRYN ANNA	WARSZAWA		65	K40/78 (K)522	01:00:59	00:58:22	00:29:42	10.28
523	4772	GROCHAL MARTA	OWCZARNIA		91	K20/205 (K)523	01:00:59	00:59:56	00:29:03	10.01
524	6052	LENARCZYK KAROLINA	WARSZAWA		90	K20/206 (K)524	01:00:59	00:56:31	00:27:44	10.62
525	355	KURZYŃSKA EWA	WARSZAWA		64	K40/79 (K)525	01:00:59	01:00:51	00:29:12	9.86
526	4074	SKRODZKA ANNA	WARSZAWA		77	K30/213 (K)526	01:01:03	00:56:19	00:27:48	10.65
527	6826	WYSOKIŃSKA MILENA	WARSZAWA		82	K20/207 (K)527	01:01:04	00:57:11	00:27:39	10.49
528	5590	KALISKA MARTA	ŁOMIANKI		77	K30/214 (K)528	01:01:05	00:56:48	00:28:10	10.56
529	5211	STAŃCZAK AGNIESZKA	WARSZAWA	ACTIVESPORTS /	74	K30/215 (K)529	01:01:07	00:57:43	00:28:25	10.40
530	1852	LEWCZUK BARBARA	WARSZAWA		80	K30/216 (K)530	01:01:08	00:56:50	00:28:49	10.56
531	5048	KOWALSKA ELŻBIETA	WARSZAWA		84	K20/208 (K)531	01:01:11	00:56:50	00:28:08	10.56
532	2049	DĄBROWSKA ANIA	ŁOMIANKI		75	K30/217 (K)532	01:01:12	00:58:13	00:29:21	10.31
533	1642	MALEWICZ-PELCZYŃSKA ALICJA	POZNAŃ		72	K30/218 (K)533	01:01:13	00:56:30	00:27:44	10.62
534	4711	KOTARBA MAŁGORZATA	WARSZAWA	AMWAY NUTRILITE TEAM /	75	K30/219 (K)534	01:01:15	00:57:25	00:28:12	10.45
535	4496	BOJARSKA ANNA	OLSZTYN		78	K30/220 (K)535	01:01:15	00:55:31	00:27:30	10.81
536	3000	SZOSTEK AGNIESZKA	WARSZAWA		77	K30/221 (K)536	01:01:18	01:00:23	00:29:25	9.94
537	5708	BARTOSIEWICZ ANNA	RZESZÓW		67	K40/80 (K)537	01:01:19	00:56:13	00:28:17	10.67
538	6893	GRABOWSKA PAULINA	WARSZAWA		79	K30/222 (K)538	01:01:20	00:57:20	00:28:48	10.47
539	2728	CUPRYŚ ANNA-MARIA		RBS BANK /	78	K30/223 (K)539	01:01:21	00:56:20	00:27:33	10.65
540	3896	RADZIEJOWSKA ANNA	WARSZAWA		76	K30/224 (K)540	01:01:22	00:57:09	00:28:27	10.50
541	6814	WÓJCIK BARBARA	WARSZAWA		90	K20/209 (K)541	01:01:24	00:56:59	00:29:01	10.53
542	2722	KAKOL ANJA		RBS BANK /	83	K20/210 (K)542	01:01:24	00:56:53	00:27:55	10.55
543	1797	BOBROVSKA NATALY	ZUGERS, UKRAINA	ICHF / NOBLESSE /	82	K20/211 (K)543	01:01:26	00:55:14	00:27:10	10.86
544	5459	DOBRYZKA KAMILA	KOBYŁKA		74	K30/225 (K)544	01:01:26	00:58:56	00:28:30	10.18
545	2900	CHODYRA-PIAST ZUZANNA	WARSZAWA		73	K30/226 (K)545	01:01:28	00:56:13	00:28:46	10.67
546	1977	STAŃCZAK MAŁGORZATA	LEGIONOWO	PKO_ /	74	K30/227 (K)546	01:01:29	01:01:02	00:28:54	9.83
547	2543	KOWALCZYK AGNIESZKA	WARSZAWA		74	K30/228 (K)547	01:01:31	00:57:24	00:29:41	10.45
548	5365	BOŻEK KATARZYNA	DYWITY		77	K30/229 (K)548	01:01:33	00:56:45	00:29:34	10.57
549	6262	NOWAK IWONA	DYWITY		77	K30/230 (K)549	01:01:33	00:56:45	00:29:34	10.57

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# KOBIECY (WOMEN)

<i>Miejsce Rank</i>	<i>Nr Bib</i>	<i>Nazwisko i imię Name</i>	<i>Miejscowość City</i>	<i>Drużyna / Klub Team / Club</i>	<i>R-k W kat. YoB in Age</i>	<i>Wynik Time</i>	<i>Wynik netto</i>	<i>Wynik 5km</i>	<i>[km/h]</i>
550	6557	SALSKA MALGORZATA	ŻYRARDÓW		69 K40/81 (K)550	01:01:37	00:53:16	00:24:07	11.26
551	4951	WILK ANNA	WIELICZKA		82 K20/212 (K)551	01:01:37	00:57:24	00:29:53	10.45
552	85	BOGUCKA PATRYCJA	KONSTANCIN-JEZIORNA	ASICS /	86 K20/213 (K)552	01:01:38	00:58:32	00:30:20	10.25
553	899	KUKLA ANNA	WARSZAWA		70 K40/82 (K)553	01:01:38	00:56:43	00:29:37	10.58
554	3292	LIS AGATA	HALINÓW		77 K30/231 (K)554	01:01:40	00:56:40	00:27:31	10.59
555	3042	STAROSZ AGNIESZKA	WARSZAWA		87 K20/214 (K)555	01:01:42	00:58:50	00:29:20	10.20
556	84	MAKOSA EWELINA	KONSTANCIN-JEZIORNA	ASICS /	86 K20/215 (K)556	01:01:43	00:58:36	00:30:20	10.24
557	1474	BONDARCZYK ANITA	WARSZAWA	HENKEL RUNNING TEAM /	84 K20/216 (K)557	01:01:44	00:57:12	00:29:32	10.49
558	6720	TRZECIAKIEWICZ KATARZYNA	RACISZYN	OWCZAREK TEAM /	91 K20/217 (K)558	01:01:44	00:57:30	00:27:58	10.43
559	2656	AMAROWICZ-PIETRASIEWICZ JULIA	WARSZAWA		80 K30/232 (K)559	01:01:45	00:57:45	00:28:48	10.39
560	4601	MALISZEWSKA MARTA	WARSZAWA	OBOZYBIEGOWE.PL /	78 K30/233 (K)560	01:01:45	00:58:24	00:28:36	10.27
561	6600	SMAGA ANNA	WARSZAWA		69 K40/83 (K)561	01:01:46	00:56:56	00:27:35	10.54
562	1656	MARSZALEK ANETA	WARSZAWA		86 K20/218 (K)562	01:01:48	00:57:05	00:28:23	10.51
563	770	KOŁOSIONEK DOROTA	WARSZAWA		87 K20/219 (K)563	01:01:49	00:57:42	00:28:20	10.40
564	1826	PIASECKA AGATA	CIECHANÓW		64 K40/84 (K)564	01:01:51	00:58:44	00:29:27	10.22
565	6787	WITKOWSKA EDYTA	SOCHACZEW	KM AKTYWNI SOCHACZEW /	75 K30/234 (K)565	01:01:51	00:57:36	00:28:42	10.42
566	3608	MILLER AGNIESZKA	WARSZAWA		79 K30/235 (K)566	01:01:52	00:59:22	00:29:08	10.11
567	1862	LACHOWSKA AGNIESZKA	WARSZAWA		85 K20/220 (K)567	01:01:53	00:57:48	00:28:44	10.38
568	4411	PIETRZYK KATARZYNA	WARSZAWA		91 K20/221 (K)568	01:01:54	00:57:11	00:28:28	10.49
569	1647	KOLAŃCZYK PAULINA	WARSZAWA	ALETEMPO /	80 K30/236 (K)569	01:01:54	00:59:06	00:29:04	10.15
570	5941	KOLAŃCZYK KRYSZYNA	POZNAŃ		46 K60/3 (K)570	01:01:54	00:59:05	00:29:04	10.16
571	5319	BIAŁOGRODZKA MARIOLA	PIASECZNO	BIARKEM CLUB PIASECZNO /	87 K20/222 (K)571	01:01:57	00:59:36	00:29:43	10.07
572	4143	SALONI-SADOWSKA MARIA	WARSZAWA	BIEGAMY Z OCHOTĄ /	71 K40/85 (K)572	01:02:00	00:57:24	00:28:30	10.45
573	1597	GRABEK ANNA	WARSZAWA		75 K30/237 (K)573	01:02:00	00:58:18	00:28:33	10.29
574	2958	MARCZAK GRAŻYNA	WARSZAWA		53 K50/21 (K)574	01:02:02	00:58:09	00:29:07	10.32
575	5064	PAJKOWSKA JOANNA	WARSZAWA		58 K50/22 (K)575	01:02:03	01:00:52	00:29:14	9.86
576	1817	CHODUBSKA EWA	CIECHANÓW		68 K40/86 (K)576	01:02:03	00:58:57	00:29:28	10.18
577	2168	PRZYBYŚLAWSKA IZABELA		ACTION /	79 K30/238 (K)577	01:02:03	00:57:44	00:29:30	10.39
578	3312	WOŁOWSKA KATARZYNA	WARSZAWA		81 K30/239 (K)578	01:02:03	00:58:47	00:28:57	10.21
579	1637	STAROBRAT KATARZYNA	WARSZAWA		69 K40/87 (K)579	01:02:04	01:00:53	00:30:25	9.85
580	4784	NAZAROVA ALLA	WARSZAWA		69 K40/88 (K)580	01:02:04	01:00:17	00:30:20	9.95
581	3772	JASZCZAK DOMINIKA	WINNICA	LIDER WINNICA /	94 K20/223 (K)581	01:02:06	00:57:45	00:28:25	10.39
582	3153	CYBULSKA MALGORZATA	WARSZAWA		78 K30/240 (K)582	01:02:07	00:56:28	00:28:27	10.63
583	3867	OCIESA EWA	WARSZAWA		72 K30/241 (K)583	01:02:09	00:57:37	00:28:18	10.41
584	5310	BENTYN ALEKSANDRA	OTRĘBUSY		93 K20/224 (K)584	01:02:09	00:57:50	00:29:56	10.37
585	6748	WASILEWSKA RÓŻA	BIAŁA PODLASKA		84 K20/225 (K)585	01:02:10	00:56:17	00:28:33	10.66
586	3620	PODRADZIŃSKA ILONA	WARSZAWA		83 K20/226 (K)586	01:02:11	00:56:06	00:28:42	10.70
587	4950	WILK KINGA	WIELICZKA		77 K30/242 (K)587	01:02:11	00:57:58	00:29:53	10.35
588	2095	LESZCZYŃSKA EMILIA	RACIĄŻ		87 K20/227 (K)588	01:02:12	00:57:23	00:28:01	10.46
589	2842	MATCZUK JOLANTA	PIASECZNO		67 K40/89 (K)589	01:02:12	00:53:41	00:24:20	11.18
590	5915	KERNER AGNIESZKA	WARSZAWA		77 K30/243 (K)590	01:02:12	00:58:35	00:28:33	10.24
591	5545	BRYM PAULINA	WARSZAWA		84 K20/228 (K)591	01:02:13	00:58:18	00:29:33	10.29
592	5504	DUBIEL MONIKA	WARSZAWA		79 K30/244 (K)592	01:02:14	00:58:58	00:29:10	10.18
593	3423	ZAJĄCZKOWSKA JOANNA	WARSZAWA	KB TP /	65 K40/90 (K)593	01:02:15	00:57:33	00:27:44	10.43
594	3834	KAPUSTA SYLWIA	WARSZAWA	AXA RUNNING TEAM /	82 K20/229 (K)594	01:02:16	00:53:25	00:25:18	11.23
595	4050	BOGDAŃSKA KATARZYNA	WARSZAWA		87 K20/230 (K)595	01:02:16	00:57:48	00:29:16	10.38
596	1792	MANCEWICZ BARBARA	WARSZAWA	KB. JOGGER NOWY DWÓR MAZOWIECKI /	86 K20/231 (K)596	01:02:16	01:00:24	00:28:14	9.93
597	2337	GRABIŃSKA MONIKA		CROSS WARSZAWA /	79 K30/245 (K)597	01:02:16	00:57:49	00:28:48	10.38
598	3028	AMBROSZKIEWICZ ANNA	WARSZAWA		83 K20/232 (K)598	01:02:18	00:57:38	00:28:11	10.41
599	594	BUKOWSKA ANNA	WARSZAWA	ŚCIEŻKI BIEGOWE POLE MOKOTOWSKIE /	75 K30/246 (K)599	01:02:18	00:56:38	00:28:29	10.59
600	4895	KOWALCZYK ANNA	KRUPIA WÓLKA		76 K30/247 (K)600	01:02:19	00:59:49	00:28:23	10.03
601	4010	SZKOPEK KAROLINA	OLSZTYN		84 K20/233 (K)601	01:02:22	00:57:50	00:30:35	10.37
602	5619	JASTRZĘBSKA ANNA	WYSZKÓW		84 K20/234 (K)602	01:02:22	00:58:51	00:29:21	10.20
603	1249	SIERZPUTOWSKA IZABELLA	GRODZISK MAZOWIECKI	UMISIE /	75 K30/248 (K)603	01:02:22	00:57:49	00:28:27	10.38
604	6738	WACŁAWSKA RENATA	WARSZAWA		73 K30/249 (K)604	01:02:22	00:57:50	00:30:35	10.37
605	3613	PIELACHOWSKA BEATA	WARSZAWA		64 K40/91 (K)605	01:02:23	00:57:12	00:28:53	10.49

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# KOBIECY (WOMEN)

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna / Klub Team / Club	R-k W kat. YoB in Age	Wynik Time	Wynik netto	Wynik 5km	[km/h]
606	45	MILEWSKA ALEKSANDRA	WARSZAWA	BIEGAM BO LUBIĘ /	78 K30/250 (K)606	01:02:23	00:57:19	00:28:56	10.47
607	5713	OZÓG EWA	MODLIBORZYCE		82 K20/235 (K)607	01:02:24	00:58:32	00:28:29	10.25
608	4845	MOSAKOWSKA ANNA	NOWE GAŁKI		74 K30/251 (K)608	01:02:24	00:57:41	00:29:07	10.40
609	6006	KRAWCZYK KATARZYNA	KRAKÓW		82 K20/236 (K)609	01:02:26	00:59:29	00:29:54	10.09
610	1903	GOŚCINIEWICZ AGNIESZKA	WARSZAWA	GREENI TEAM /	69 K40/92 (K)610	01:02:26	00:57:56	00:27:46	10.36
611	2756	LATOMSKA-LATKOWSKA JAGODA	WARSZAWA		56 K50/23 (K)611	01:02:28	00:57:13	00:28:45	10.49
612	645	PRZYBYLSKA KATARZYNA	WARSZAWA		78 K30/252 (K)612	01:02:29	00:58:05	00:28:47	10.33
613	2991	MUZYZKA BARBARA	WARSZAWA	CITI BANK INTERNATIONAL /	70 K40/93 (K)613	01:02:29	00:59:16	00:29:33	10.12
614	901	WINIARSKA AGNIESZKA	WARSZAWA		63 K40/94 (K)614	01:02:33	00:57:38	00:28:54	10.41
615	1878	KILJAŃSKA MARTA	WARSZAWA	DE LAGE LANDEN /	83 K20/237 (K)615	01:02:34	00:58:59	00:29:01	10.17
616	2586	SZAJEWSKA EWELINA	WARSZAWA	12TRI.PL /	80 K30/253 (K)616	01:02:35	00:58:14	00:27:47	10.30
617	1039	JANCAK KATARZYNA	WARSZAWA		71 K40/95 (K)617	01:02:35	00:58:07	00:28:10	10.32
618	3259	ANTOSZEWSKA MONIKA	WARSZAWA		83 K20/238 (K)618	01:02:35	01:00:16	00:29:27	9.96
619	1409	JÓZWIK BARBARA	ZIELONKA		66 K40/96 (K)619	01:02:36	00:57:41	00:28:50	10.40
620	1836	OKULSKA JOANNA	NIEPORĘT		69 K40/97 (K)620	01:02:37	01:02:12	00:29:38	9.65
621	2548	JAKUBOWSKA ANNA	WARSZAWA		93 K20/239 (K)621	01:02:39	00:57:44	00:28:49	10.39
622	4775	LIPIEC EWA	SOCHACZEW	KM AKTYWNI SOCHACZEW /	63 K40/98 (K)622	01:02:40	00:58:52	00:30:21	10.19
623	5576	GORCZYCA ANNA	TORUŃ	BANK PEKAO SA /	76 K30/254 (K)623	01:02:41	00:57:31	00:30:02	10.43
624	6509	RĘBACZ ANNA	ZDUŃSKA WOLA		75 K30/255 (K)624	01:02:41	00:58:19	00:30:09	10.29
625	1517	POLKOWSKA RENATA	ZĄBKI		70 K40/99 (K)625	01:02:42	00:58:46	00:28:46	10.21
626	3229	KORAL-KWIATKOWSKA EWELINA	WARSZAWA		81 K30/256 (K)626	01:02:44	01:02:27	00:30:31	9.61
627	4644	KAMIŃSKA MAŁGORZATA	WARSZAWA	- /	59 K50/24 (K)627	01:02:46	00:58:20	00:30:43	10.29
628	6380	PRUSZCZAK DOMINIKA	WARSZAWA		88 K20/240 (K)628	01:02:47	01:00:50	00:30:36	9.86
629	855	KUCZEROWSKA ALICJA	WARSZAWA		91 K20/241 (K)629	01:02:48	01:00:51	00:29:27	9.86
630	6094	MADALIŃSKA MAGDALENA	WARSZAWA	OBOZY BIEGOWE /	74 K30/257 (K)630	01:02:49	00:58:09	00:28:05	10.32
631	3669	CSERNAK KAMILA	WARSZAWA		85 K20/242 (K)631	01:02:50	01:00:09	00:30:14	9.98
632	2999	BARLIK ANNA	WARSZAWA		88 K20/243 (K)632	01:02:50	00:59:12	00:28:54	10.14
633	4665	SALWA ANNA	WARSZAWA		84 K20/244 (K)633	01:02:52	00:56:56	00:28:32	10.54
634	2527	POLAK TERESA	WARSZAWA	KB ACTIVESPORTS WARSZAWA /	51 K60/4 (K)634	01:02:52	01:00:28	00:28:49	9.92
635	1299	RASIŃSKA EWELINA	GUZOWATKA		88 K20/245 (K)635	01:02:53	00:58:05	00:28:30	10.33
636	2861	FUNTOWICZ KLAUDIA	PRUSZKÓW		95 K20/246 (K)636	01:02:53	00:57:59	00:28:35	10.35
637	7473	PYTKO JUSTYNA	GLIWICE	DELOITTE ADVENTURE TEAM /	87 K20/247 (K)637	01:02:55	00:57:48	00:28:07	10.38
638	4880	DĄBROWSKA EWELINA	WOŁOMIN		82 K20/248 (K)638	01:02:55	01:02:32	00:30:05	9.59
639	5420	COŚ MONIKA	WARSZAWA		76 K30/258 (K)639	01:02:55	00:58:05	00:29:50	10.33
640	204	ZAGAJSKA MONIKA	WARSZAWA	OCEAN SPOKOJNY /	75 K30/259 (K)640	01:02:56	00:58:22	00:28:31	10.28
641	5714	SROKA ANNA	WARSZAWA		89 K20/249 (K)641	01:02:57	00:58:14	00:28:56	10.30
642	4334	SZWEJ ANNA	WARSZAWA		88 K20/250 (K)642	01:02:59	01:02:13	00:30:35	9.64
643	2786	GAŁECKA ALDONA	OSTRÓW MAZOWIECKA		84 K20/251 (K)643	01:03:00	00:57:23	00:29:50	10.46
644	3965	SIDOR JOANNA	WARSZAWA		73 K30/260 (K)644	01:03:00	00:58:59	00:29:23	10.17
645	5537	SZWEDLER-NOWACKA JOLANTA	RAWICZ		75 K30/261 (K)645	01:03:01	01:00:01	00:29:25	10.00
646	6663	SZCZĘSNA HONORATA	WARSZAWA		77 K30/262 (K)646	01:03:01	01:00:04	00:30:44	9.99
647	2762	ROSA MAGDALENA	WARSZAWA		89 K20/252 (K)647	01:03:01	00:57:32	00:28:50	10.43
648	1861	BALCERZAK MONIKA	WARSZAWA	ABCKONDYCJA /	78 K30/263 (K)648	01:03:01	00:58:59	00:28:21	10.17
649	2096	BARTNICKA MAŁGORZATA	WARSZAWA		86 K20/253 (K)649	01:03:03	00:58:13	00:28:24	10.31
650	1393	MARCINIAK IZABELA	WARSZAWA		67 K40/100 (K)650	01:03:04	00:58:17	00:28:30	10.29
651	4004	BOBEK BARBARA	LEGIONOWO	ULAMA TEAM /	58 K50/25 (K)651	01:03:04	00:56:52	00:28:14	10.55
652	6308	PANKOWSKA PATRYCJA	WARSZAWA		80 K30/264 (K)652	01:03:06	00:58:59	00:28:14	10.17
653	3765	WIERZCHOWSKA BARBARA	LEGIONOWO		79 K30/265 (K)653	01:03:06	00:56:56	00:29:08	10.54
654	2888	GRZYBOWSKA ANETA	GRÓJEC		73 K30/266 (K)654	01:03:07	01:02:18	00:30:10	9.63
655	4439	KALIŃSKA DOROTA	WARSZAWA		87 K20/254 (K)655	01:03:07	01:01:23	00:31:17	9.77
656	5587	WYLOT GRAZYNA	WARSZAWA		85 K20/255 (K)656	01:03:07	00:57:55	00:28:35	10.36
657	2709	ŻABOKLICKA JOANNA		RBS BANK /	83 K20/256 (K)657	01:03:08	00:57:56	00:29:10	10.36
658	1601	KIRAGA ANNA	WARSZAWA		80 K30/267 (K)658	01:03:08	00:57:07	00:28:32	10.50
659	1809	PENKALA AGNIESZKA	RASZYN		73 K30/268 (K)659	01:03:11	00:58:25	00:29:13	10.27
660	523	GRUSZCZYŃSKA-HYC AGNIESZKA	WARSZAWA		74 K30/269 (K)660	01:03:11	00:57:15	00:28:41	10.48
661	200	ZGÓRZAK MONIKA	WARSZAWA	OCEAN SPOKOJNY /	75 K30/270 (K)661	01:03:12	00:58:38	00:28:36	10.23

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# KOBIECY (WOMEN)

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna / Klub Team / Club	R-k YoB	W kat. in Age	Wynik Time	Wynik netto	Wynik 5km	[km/h]
662	5520	PIECUCH KATARZYNA	WARSZAWA		78	K30/271 (K)662	01:03:12	00:58:37	00:28:28	10.24
663	5036	MROCEK AGNIESZKA	WARSZAWA		82	K20/257 (K)663	01:03:14	00:59:23	00:29:21	10.10
664	853	KŁOSIŃSKA INGA	WARSZAWA		74	K30/272 (K)664	01:03:15	00:57:40	00:27:48	10.40
665	3343	RZADKIEWICZ MARZENA	WARSZAWA		76	K30/273 (K)665	01:03:15	01:00:18	00:29:08	9.95
666	3342	RZADKIEWICZ BEATA	WARSZAWA		76	K30/274 (K)666	01:03:15	01:00:19	00:29:09	9.95
667	5009	HANYŻ EWELINA	WARSZAWA		78	K30/275 (K)667	01:03:16	01:01:59	00:29:57	9.68
668	1718	GOGOLEWSKA IWONA	OLSZTYN		67	K40/101 (K)668	01:03:16	00:59:07	00:29:58	10.15
669	5676	GMAJ KATARZYNA	WARSZAWA		73	K30/276 (K)669	01:03:18	00:56:57	00:29:11	10.54
670	1280	KRÓL DOROTA	RASZYN		86	K20/258 (K)670	01:03:21	01:00:32	00:29:02	9.91
671	356	FARCINKIEWICZ JUSTYNA	WARSZAWA		90	K20/259 (K)671	01:03:21	01:00:14	00:29:34	9.96
672	2312	SARACEŃ ALEKSANDRA	WARSZAWA	POLICJA /	77	K30/277 (K)672	01:03:21	01:01:01	00:29:38	9.83
673	2304	NERC AGATA	POMIECHÓWEK	STRAŻ MIEJSKA M.ST. WARSZAWY /	85	K20/260 (K)673	01:03:22	01:01:04	00:29:41	9.83
674	2310	CHMIELEWSKA KATARZYNA	PODBIEL	STRAŻ MIEJSKA WARSZAWA /	84	K20/261 (K)674	01:03:23	01:01:03	00:29:40	9.83
675	3064	TRZMIEL-JASEK KRYSZYNA	WARSZAWA		56	K50/26 (K)675	01:03:24	01:02:37	00:30:09	9.58
676	6144	MIERNIK DANIELA	TERESIN	- /	85	K20/262 (K)676	01:03:25	00:59:17	00:28:36	10.12
677	1077	STOKOWSKA ELZBIETA	ŁÓDŹ	KB ARTURÓWEK ŁÓDŹ /	59	K50/27 (K)677	01:03:25	00:57:22	00:28:34	10.46
678	3221	RADCZYŃSKA JUSTYNA	WARSZAWA	PASSUS SPORT TEAM /	65	K40/102 (K)678	01:03:26	00:58:45	00:28:58	10.21
679	6515	ROLIŃSKA AGNIESZKA	WARSZAWA		69	K40/103 (K)679	01:03:30	00:59:02	00:30:14	10.16
680	5441	CZERWONKA HALINA	WARSZAWA		58	K50/28 (K)680	01:03:32	01:02:31	00:30:20	9.60
681	4321	KOWALSKA MONIKA	WARSZAWA	T-MOBILE RUNNING TEAM /	79	K30/278 (K)681	01:03:33	01:01:04	00:29:38	9.83
682	419	OSTAP EMILIA	WARSZAWA		56	K50/29 (K)682	01:03:33	00:59:26	00:29:41	10.10
683	1869	KOROŚ MAGDALENA	CHYLICZKI		64	K40/104 (K)683	01:03:34	01:02:00	00:30:28	9.68
684	2987	MIKOŁAJCZYK AGATA	WARSZAWA		76	K30/279 (K)684	01:03:35	01:02:28	00:30:34	9.61
685	533	SZARSKA IWONA	WARSZAWA	ALETEMPO /	60	K50/30 (K)685	01:03:36	00:58:28	00:29:22	10.26
686	968	PELC AGATA	WARSZAWA		81	K30/280 (K)686	01:03:37	00:57:51	00:28:50	10.37
687	2732	WENIO ZOFIA	WARSZAWA		82	K20/263 (K)687	01:03:38	00:58:04	00:28:21	10.33
688	1673	ŚCIUBISZ WERONIKA	WARSZAWA	ŚCIEŻKA BIEGOWA POLE MOKOTOWSKIE /	78	K30/281 (K)688	01:03:38	00:57:36	00:29:26	10.42
689	4048	BERENT IRENA	WARSZAWA		74	K30/282 (K)689	01:03:40	00:58:07	00:28:57	10.32
690	3631	NOWAK SANDRA	WARSZAWA	J@M TEAM /	73	K30/283 (K)690	01:03:40	00:58:43	00:28:55	10.22
691	6462	CHOLEWIŃSKA ZOFIA	GÓRA KALWARIA		86	K20/264 (K)691	01:03:44	01:00:53	00:29:24	9.85
692	5750	KLIMOVICH TAMARA	MIŃSK		62	K40/105 (K)692	01:03:44	01:03:06	00:30:46	9.51
693	552	ŻEBROWSKA AGNIESZKA	WILKÓW POMORSKI	ING BANK ŚLĄSKI /	72	K30/284 (K)693	01:03:45	01:02:14	00:29:55	9.64
694	4966	ŁAZIŃSKA MARIOLA	JÓZEFÓW		68	K40/106 (K)694	01:03:48	00:58:26	00:29:26	10.27
695	543	DŽUGANOWSKA AGNIESZKA	WARSZAWA		73	K30/285 (K)695	01:03:48	00:57:56	00:28:45	10.36
696	945	SIEMASZKO KAROLINA	KNURÓW	WOLF TEAM /	78	K30/286 (K)696	01:03:50	00:58:46	00:29:47	10.21
697	4218	KONIECZNA-SALAMATIN JOANNA	WARSZAWA		66	K40/107 (K)697	01:03:51	01:02:23	00:30:18	9.62
698	5227	ZAWADZKA MAGDALENA	WARSZAWA	TEAM NUTRILITE /	88	K20/265 (K)698	01:03:52	00:58:55	00:28:52	10.18
699	793	GRUŹEWSKA ZOFIA	WARSZAWA		96	K20/266 (K)699	01:03:52	00:59:27	00:30:43	10.09
700	788	KOLBUS-KWAŚNIEWSKA AGNIESZKA	WARSZAWA		78	K30/287 (K)700	01:03:55	00:58:21	00:29:34	10.28
701	1720	ŁABZIŃSKA EMILIA	KONSTANTYNÓW ŁÓDZKI		74	K30/288 (K)701	01:03:55	01:01:41	00:30:24	9.73
702	3964	SANTAREK MONIKA	WARSZAWA		73	K30/289 (K)702	01:03:55	00:59:53	00:29:25	10.02
703	5381	BURCOVSCHI NATALIA	WARSZAWA	ACCELERATE /	80	K30/290 (K)703	01:03:56	00:59:14	00:30:09	10.13
704	2121	GOLAŃSKA IWONA	RZESZÓW		83	K20/267 (K)704	01:03:57	01:01:52	00:30:37	9.70
705	3654	PINDELSKA ELŻBIETA	GÓRA KALWARIA		68	K40/108 (K)705	01:03:58	01:00:27	00:31:23	9.93
706	6501	RAKOWSKA KATARZYNA	WROCLAW	BIEGAM BO LUBIĘ /	79	K30/291 (K)706	01:03:59	00:59:01	00:29:52	10.17
707	4918	KONARZEWSKA PAULINA	DZIERŻANÓW		90	K20/268 (K)707	01:04:00	00:59:16	00:29:34	10.12
708	2373	RAJEWSKA ANNA	WARSZAWA		57	K50/31 (K)708	01:04:00	01:01:37	00:31:06	9.74
709	3799	TRZPIL DOROTA	WARSZAWA		72	K30/292 (K)709	01:04:01	01:00:43	00:29:40	9.88
710	4345	TOFILUK ANNA	JÓZEFÓW		77	K30/293 (K)710	01:04:01	00:56:24	00:27:52	10.64
711	6925	REZONICNIK LIDIJA	GORNJI GRAD	SD LIPA /	85	K20/269 (K)711	01:04:01	01:02:31	00:30:47	9.60
712	6057	LEŚNIAK URSZULA	KRAKÓW	TEAM NUTRILITE /	80	K30/294 (K)712	01:04:01	01:00:32	00:29:08	9.91
713	6743	WALKIEWICZ IZABELA	KIELCE		72	K30/295 (K)713	01:04:04	00:58:02	00:30:41	10.34
714	5909	KATNER DOMINIKA	WARSZAWA		81	K30/296 (K)714	01:04:05	01:03:36	00:31:35	9.43
715	4686	KRAKOWSKA JUSTYNA	WARSZAWA	GIFTSERWIS /	81	K30/297 (K)715	01:04:12	00:59:27	00:28:48	10.09
716	4242	JANICKA MARTA	WARSZAWA		81	K30/298 (K)716	01:04:12	00:59:43	00:30:11	10.05
717	1867	WRÓBLEWSKA NATALIA	WARSZAWA		80	K30/299 (K)717	01:04:13	00:59:02	00:29:33	10.16

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# KOBIETY (WOMEN)

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna / Klub Team / Club	R-k W kat. YoB in Age	Wynik Time	Wynik netto	Wynik 5km	[km/h]
718	5187	SAS ALDONA	PIASTÓW		61 K50/32 (K)718	01:04:14	00:58:15	00:30:01	10.30
719	6	KUHN LINA		WYDZIAŁ KULTURY AMBASADY REPUBLIKI FEDER /	11 (K)719	01:04:17	01:04:07	00:32:15	9.36
720	978	PAWŁOWSKA MAGDALENA	WARSZAWA	OBOZYBIEGOWE /	69 K40/109 (K)720	01:04:17	00:59:37	00:29:05	10.06
721	6232	GRABOWSKA AGNIESZKA	LEGIONOWO		83 K20/270 (K)721	01:04:18	01:03:25	00:30:31	9.46
722	5533	ZYGLEWICZ MARTA	WARSZAWA		94 K20/271 (K)722	01:04:19	00:59:12	00:29:51	10.14
723	1256	FRĄCZAK MONIKA	WARSZAWA		80 K30/300 (K)723	01:04:24	00:59:29	00:29:37	10.09
724	2867	KWAPISIEWICZ JOANNA	ŁÓDŹ		77 K30/301 (K)724	01:04:25	01:00:37	00:30:21	9.90
725	3935	DĘBOWSKA AGATA	SULEJÓWEK		68 K40/110 (K)725	01:04:25	01:01:50	00:30:40	9.70
726	652	WOJDAT EWA	WARSZAWA		58 K50/33 (K)726	01:04:27	00:58:41	00:29:15	10.22
727	1501	GDANIEC WERONIKA	WARSZAWA		85 K20/272 (K)727	01:04:27	00:58:35	00:28:40	10.24
728	423	LEWIŃSKA PAULINA	NOWE MIASTO NAD		76 K30/302 (K)728	01:04:28	01:02:27	00:30:55	9.61
729	424	SOKOŁOWSKA LUDMIŁA	NOWE MIASTO NAD		73 K30/303 (K)729	01:04:28	01:02:27	00:30:55	9.61
730	3176	PAWELEC ANNA	WARSZAWA		81 K30/304 (K)730	01:04:33	00:58:54	00:29:06	10.19
731	1217	ROZWADOWSKA HANNA	WARSZAWA		57 K50/34 (K)731	01:04:34	01:00:30	00:29:02	9.92
732	4645	KORSZUN KAROLINA	WARSZAWA		83 K20/273 (K)732	01:04:35	01:00:10	00:30:44	9.97
733	1197	MAKUCH MONIKA	ŻABIA WOLA		88 K20/274 (K)733	01:04:37	00:59:32	00:29:33	10.08
734	1365	RACINOWSKA - KOZIÓŁ ALICJA	WARSZAWA		70 K40/111 (K)734	01:04:37	01:01:34	00:30:43	9.75
735	5830	HARASIMIUK MAŁGORZATA	ZABORÓW		70 K40/112 (K)735	01:04:38	01:01:15	00:30:28	9.80
736	6724	TYBURCZY EWA	BIAŁYSTOK	DELECTA PODLASKI KLUB BIEGOWY /	70 K40/113 (K)736	01:04:38	01:01:05	00:30:29	9.82
737	6913	PAKULNIEWICZ MAGDALENA	WARSZAWA	NIE MA LEKKO /	82 K20/275 (K)737	01:04:39	01:01:07	00:29:07	9.82
738	3986	FLAGA KATARZYNA	KOBYŁKA		87 K20/276 (K)738	01:04:40	00:59:11	00:28:18	10.14
739	3821	WĘDRYCHOWSKA HELENA	SUCHEDNIÓW		85 K20/277 (K)739	01:04:40	00:58:47	00:28:47	10.21
740	4030	ŚMIESZCHALSKA JUSTYNA	WARSZAWA		84 K20/278 (K)740	01:04:41	01:00:56	00:31:47	9.85
741	6269	NYKOWSKA AGATA	WARSZAWA		85 K20/279 (K)741	01:04:43	00:59:54	00:29:23	10.02
742	1367	WACŁAWIK MARTA	WARSZAWA	- /	82 K20/280 (K)742	01:04:43	01:01:40	00:30:43	9.73
743	5431	CZAPCZYK MAŁGORZATA	OSTROWIEC		84 K20/281 (K)743	01:04:43	01:01:41	00:30:00	9.73
744	921	SKRZYPIŃSKA AGNIESZKA	WARSZAWA	K.B. ACCELERATE /	76 K30/305 (K)744	01:04:44	01:04:35	00:32:37	9.29
745	3301	FAZAN BARBARA	WARSZAWA	UNLEASHED /	73 K30/306 (K)745	01:04:45	00:59:52	00:30:07	10.02
746	5491	FILIPSKA ANNA	WARSZAWA		85 K20/282 (K)746	01:04:45	00:59:52	00:28:57	10.02
747	838	HOŁOWACZ WERONIKA	WARSZAWA	ABC KONDYCJA /	84 K20/283 (K)747	01:04:45	00:59:59	00:30:25	10.00
748	1552	KAWIŃSKA ALEKSANDRA	ŁOMIAŃKI		94 K20/284 (K)748	01:04:46	00:59:54	00:28:52	10.02
749	5857	JAKONIUK MARZANNA	WARSZAWA		69 K40/114 (K)749	01:04:46	01:03:12	00:30:51	9.49
750	2712	CZEKAJ KATARZYNA		RBS BANK /	86 K20/285 (K)750	01:04:47	01:01:05	00:29:56	9.82
751	2492	KNAP EWA	WARSZAWA	PLAY /	85 K20/286 (K)751	01:04:48	01:00:34	00:30:06	9.91
752	4884	KOPCZYŃSKA BEATA	WARSZAWA	BRAK /	66 K40/115 (K)752	01:04:50	00:59:50	00:29:29	10.03
753	1425	SALAŁACKA-GAŁKA MAGDALENA	WARSZAWA		70 K40/116 (K)753	01:04:50	01:00:03	00:29:19	9.99
754	4171	WYSMOLEK MAGDALENA	WARSZAWA		92 K20/287 (K)754	01:04:51	01:02:17	00:32:18	9.63
755	3587	GÓRSKA JOLANTA	JULIANÓW		74 K30/307 (K)755	01:04:54	01:01:14	00:29:12	9.80
756	1850	WYSOCKA PAULINA	WARSZAWA		82 K20/288 (K)756	01:04:55	01:00:38	00:30:58	9.90
757	1067	HUSZCZA AGATA	WARSZAWA	DB MATATHON TEAM /	81 K30/308 (K)757	01:04:58	00:59:01	00:29:17	10.17
758	2110	RESZKA HANNA	ZIELONKA	- /	59 K50/35 (K)758	01:04:58	01:00:02	00:29:23	9.99
759	3368	ADAMCZYK JULIA	WARSZAWA		91 K20/289 (K)759	01:04:59	01:00:24	00:29:52	9.93
760	2018	BOROWICZ-DWORAK PATRYCJA	WARSZAWA		70 K40/117 (K)760	01:04:59	00:59:57	00:31:12	10.01
761	4877	GROCHOWSKA AGATA	WARSZAWA		83 K20/290 (K)761	01:05:01	00:59:52	00:29:36	10.02
762	1539	ŻELAZKO MONIKA	JÓZEFÓW		74 K30/309 (K)762	01:05:03	00:58:58	00:29:42	10.18
763	1201	TONDER MAGDALENA	SECEMIN		84 K20/291 (K)763	01:05:05	01:03:34	00:29:21	9.44
764	2033	SITEK MAŁGORZATA	DUCHNÓW		79 K30/310 (K)764	01:05:06	01:04:05	00:30:55	9.36
765	2750	OPALA ALEKSANDRA	WARSZAWA		89 K20/292 (K)765	01:05:08	00:59:39	00:28:49	10.06
766	3111	ARCISZEWSKA MARTA	WARSZAWA	OWCZY PĘD /	78 K30/311 (K)766	01:05:11	00:59:46	00:29:23	10.04
767	1842	KACPRZYK BEATA	WARSZAWA		65 K40/118 (K)767	01:05:11	01:01:57	00:30:24	9.69
768	2812	ZIÓŁKOWSKA ALEKSANDRA	WARSZAWA		82 K20/293 (K)768	01:05:11	01:03:49	00:28:04	9.40
769	4402	GULCZYŃSKA MAGDALENA	SZCZECIN	NIEZRZESZONA /	85 K20/294 (K)769	01:05:12	01:01:09	00:29:09	9.81
770	4403	GULCZYŃSKA MARTA	WARSZAWA	NIEZRZESZONA /	87 K20/295 (K)770	01:05:14	01:01:12	00:29:09	9.80
771	2526	PIETRASIK MARZENA	STARE BABICE		63 K40/119 (K)771	01:05:15	00:58:40	00:27:51	10.23
772	4507	KIREJCZYK ZOFIA	WARSZAWA	WYCZÓŁKI /	84 K20/296 (K)772	01:05:15	00:59:40	00:30:26	10.06
773	4201	PYSZEL MAŁGORZATA	MIŃSK MAZOWIECKI		62 K40/120 (K)773	01:05:17	01:02:49	00:30:03	9.55

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# KOBIETY (WOMEN)

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna / Klub Team / Club	R-k YoB	W kat. in Age	Wynik Time	Wynik netto	Wynik 5km	[km/h]
774	3962	CHABIERA EWELINA	WARSZAWA		84	K20/297 (K)774	01:05:20	01:01:19	00:30:05	9.79
775	5611	KRÓL KATARZYNA	WARSZAWA	DELOITTE ADVENTURE TEAM /	87	K20/298 (K)775	01:05:21	01:00:05	00:30:53	9.99
776	2514	RUTKOWSKA ELZBIETA	WARSZAWA		71	K40/121 (K)776	01:05:22	00:59:42	00:30:00	10.05
777	3779	KAROLAK MONIKA	JÓZEFOSŁAW	KB BUSINESS POWER /	69	K40/122 (K)777	01:05:26	01:04:42	00:32:03	9.27
778	6321	PAWLIKOWSKA ELŻBIETA	RUMIA		55	K50/36 (K)778	01:05:27	01:00:11	00:29:31	9.97
779	5447	ĆWIEK SABINA	SIECHNICE	SG-SQUAD /	78	K30/312 (K)779	01:05:27	01:00:15	00:30:08	9.96
780	2476	WĘSIERSKA JOANNA	WARSZAWA	EDC RUNNERS /	83	K20/299 (K)780	01:05:29	00:58:49	00:29:08	10.20
781	5887	JUCHNIEWICZ MAŁGORZATA	LIDZBARK WARMIŃSKI		79	K30/313 (K)781	01:05:29	01:05:03	00:30:49	9.22
782	4310	STAROŃ MARIA	WARSZAWA	RR /	82	K20/300 (K)782	01:05:31	00:59:51	00:30:03	10.03
783	38	NOWAK ANNA	WARSZAWA	TVP WARSZAWA /	67	K40/123 (K)783	01:05:33	01:03:31	00:30:57	9.45
784	6329	PERZANOWSKA ELZBIETA	CYGÓW NOWY		90	K20/301 (K)784	01:05:36	01:04:54	00:32:54	9.24
785	2700	ZALEWSKA KAMILA	WARSZAWA		82	K20/302 (K)785	01:05:37	01:00:44	00:30:42	9.88
786	3985	WIĘCKOWSKA JOANNA	WARSZAWA	KB START PUŁASKI WARKA /	80	K30/314 (K)786	01:05:37	01:03:02	00:31:19	9.52
787	2088	WOJTASZEK ELŻBIETA	WARSZAWA		62	K40/124 (K)787	01:05:38	01:04:51	00:30:50	9.25
788	1339	BIELSKA ANETA	NOWE MIASTO N/PILICA	NIEZRZESZONA /	85	K20/303 (K)788	01:05:38	01:05:17	00:30:42	9.19
789	4056	JANISZEWSKA MAŁGORZATA	LEGIONOWO		72	K30/315 (K)789	01:05:42	01:01:12	00:29:55	9.80
790	821	STELMASZCZYK OLGA	WARSZAWA		81	K30/316 (K)790	01:05:42	01:01:36	00:30:33	9.74
791	1887	WARDECKA DOROTA	ZĄBKI	UNTS WARSZAWA /	65	K40/125 (K)791	01:05:45	00:59:43	00:30:40	10.05
792	6468	SUCHECKA ALEKSANDRA	WARSZAWA	KW WARSZAWA /	85	K20/304 (K)792	01:05:46	00:59:43	00:30:06	10.05
793	1142	STOLARSKA BEATA	JABŁONNA		66	K40/126 (K)793	01:05:47	01:04:08	00:31:58	9.36
794	2090	MIERZEJEWSKA KATARZYNA	WARSZAWA		85	K20/305 (K)794	01:05:48	01:00:37	00:30:54	9.90
795	1109	KORDEK AGNIESZKA	WARSZAWA	- /	81	K30/317 (K)795	01:05:50	01:00:20	00:29:13	9.94
796	3848	ŚPIEWAK SYLWIA	WARSZAWA		74	K30/318 (K)796	01:05:50	01:00:14	00:30:18	9.96
797	2934	DZIKI MARZENNA	WARSZAWA	ALETEMPO /	53	K50/37 (K)797	01:05:55	01:01:36	00:30:09	9.74
798	3980	SIENKIEWICZ KATARZYNA	WARSZAWA		71	K40/127 (K)798	01:05:57	00:59:20	00:30:08	10.11
799	4958	KWIATKOWSKA MAJA	WARSZAWA		80	K30/319 (K)799	01:05:59	01:01:04	00:29:23	9.83
800	5547	BORCZYK MAŁGORZATA	WARSZAWA		83	K20/306 (K)800	01:05:59	01:02:05	00:29:33	9.66
801	672	DEMBSKA JOANNA	WARSZAWA		82	K20/307 (K)801	01:06:00	01:01:04	00:29:23	9.83
802	674	GAJDA AGNIESZKA	WARSZAWA		89	K20/308 (K)802	01:06:01	01:01:47	00:30:22	9.71
803	2400	PAWŁOWSKA MAGDALENA	WARSZAWA		83	K20/309 (K)803	01:06:03	01:01:15	00:30:13	9.80
804	4627	JEDLIŃSKA KATARZYNA	WARSZAWA		83	K20/310 (K)804	01:06:05	01:00:20	00:31:29	9.94
805	2078	KUCHCIŃSKA MICHALINA	PRZASNYSZ	NIEZRZESZONA /	83	K20/311 (K)805	01:06:05	01:00:24	00:30:39	9.93
806	6360	PIWNIAK MAGDALENA	KRAKÓW	TEAM NUTRILITE /	83	K20/312 (K)806	01:06:06	01:02:35	00:29:42	9.59
807	2598	MIKULSKA DANUTA	WARSZAWA		76	K30/320 (K)807	01:06:06	01:01:57	00:30:51	9.69
808	2596	PRUŚNIEWSKA ELŻBIETA	WARSZAWA		81	K30/321 (K)808	01:06:07	01:01:57	00:30:50	9.69
809	1587	WŁADYKA KINGA	KONSTANCIN-JEZIORNA		80	K30/322 (K)809	01:06:08	01:00:29	00:29:56	9.92
810	473	BOCZKOWSKA PAULINA	MILANÓWEK		80	K30/323 (K)810	01:06:08	01:01:27	00:29:42	9.76
811	1385	NAUMIUK MAŁGORZATA	PARCZEW	KS ZADYSZKA.PL /	79	K30/324 (K)811	01:06:09	01:00:56	00:30:18	9.85
812	4946	KUZDRA ANNA	WARSZAWA		85	K20/313 (K)812	01:06:09	01:00:31	00:29:25	9.91
813	804	PIOTROWSKA KATARZYNA	WARSZAWA		74	K30/325 (K)813	01:06:10	01:01:04	00:32:26	9.83
814	4626	KONIECZNA KRYSZTIANA	RUMIA		88	K20/314 (K)814	01:06:11	01:00:15	00:29:08	9.96
815	554	POMIANOWSKA JOANNA	WARSZAWA	ING BANK ŚLĄSKI /	78	K30/326 (K)815	01:06:14	01:01:13	00:29:56	9.80
816	551	MUJEZINOVIĆ-JARDIS AMIRA	WARSZAWA		55	K50/38 (K)816	01:06:14	01:02:23	00:29:57	9.62
817	5633	KAZMIERCZAK SYLWIA	RYKI	NIEZRZESZONA /	74	K30/327 (K)817	01:06:15	01:00:17	00:30:11	9.95
818	4347	KAPUSNIAK DOROTA	WARSAW	WILANOW COFFIN DODGERS /	93	K20/315 (K)818	01:06:15	01:03:43	00:32:19	9.42
819	3545	JURKIEWICZ EMILIA	WARSZAWA		88	K20/316 (K)819	01:06:16	01:02:20	00:30:23	9.63
820	7299	DASZKIEWICZ MARTA	NOWY DWÓR		83	K20/317 (K)820	01:06:18	00:57:35	00:28:18	10.42
821	4578	WOJCIECHOWSKA MAŁGORZATA	WARSZAWA		69	K40/128 (K)821	01:06:18	01:01:23	00:30:12	9.77
822	1368	RUSZTECKA ANNA	WARSZAWA	BBL WARSZAWA /	79	K30/328 (K)822	01:06:19	01:00:40	00:31:07	9.89
823	1774	MIKUCKA SYLWIA	WARSZAWA		71	K40/129 (K)823	01:06:21	01:01:41	00:31:47	9.73
824	2072	PNIEWSKA IRMINA	WARSZAWA	PIKB /	57	K50/39 (K)824	01:06:22	01:00:14	00:29:52	9.96
825	6974	KLICKA MAGDALENA	MARKI		79	K30/329 (K)825	01:06:22	01:00:05	00:30:04	9.99
826	5020	KADLUBAŃSKA MAGDALENA	OSTROŁĘKA		94	K20/318 (K)826	01:06:24	01:00:28	00:28:20	9.92
827	1870	KOROŚ MARTA	CHYLICZKI		91	K20/319 (K)827	01:06:27	01:05:38	00:34:02	9.14
828	4982	KURPIŃSKA IZABELA	WARSZAWA	SG SQUAD / 12TRI.PL /	83	K20/320 (K)828	01:06:28	01:03:57	00:30:54	9.38
829	4981	KURPIŃSKA BARBARA	WARSZAWA	12TRI.PL /	58	K50/40 (K)829	01:06:28	01:03:57	00:30:53	9.38
830	6499	WIATROWSKA KINGA	WARSZAWA		73	K30/330 (K)830	01:06:29	01:01:47	00:29:47	9.71

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# KOBIECY (WOMEN)

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna / Klub Team / Club	R-k YoB	W kat. in Age	Wynik Time	Wynik netto	Wynik 5km	[km/h]
831	1871	KOROŚ DOMINIKA	CHYLICZKI		88	K20/321 (K)831	01:06:29	01:05:39	00:34:02	9.14
832	3959	SEREMAK IWONA	PRUSZKÓW	HENKEL RUNNING TEAM /	71	K40/130 (K)832	01:06:33	01:02:01	00:29:45	9.67
833	53	GRZONKA-PRZENIOSŁO JOANNA	WARSZAWA	SPORT BIZNES /	71	K40/131 (K)833	01:06:34	01:02:36	00:30:58	9.58
834	3954	KSIĘŻAK JOLANTA	WARSZAWA		79	K30/331 (K)834	01:06:35	00:59:56	00:30:49	10.01
835	2257	KOWALCZYK AGNIESZKA	WARSZAWA		85	K20/322 (K)835	01:06:37	01:02:56	00:31:11	9.53
836	4804	GUZ ALEKSANDRA	LEGIONOWO		89	K20/323 (K)836	01:06:37	01:01:04	00:30:19	9.83
837	3571	LECH BEATA	OTWOCK		63	K40/132 (K)837	01:06:41	01:05:34	00:32:02	9.15
838	2908	KAJAK ANNA MARIA	GARWOLIN	TRUCHTACZ.PL /	94	K20/324 (K)838	01:06:42	01:03:49	00:30:52	9.40
839	2781	LUBIAN MAGDALENA	OTWOCK		82	K20/325 (K)839	01:06:43	01:02:27	00:30:00	9.61
840	2782	LUBIAN IWONA	OTWOCK		82	K20/326 (K)840	01:06:43	01:02:28	00:30:01	9.61
841	2930	OLECH MONIKA	WARSZAWA		81	K30/332 (K)841	01:06:44	01:01:07	00:29:44	9.82
842	5455	DĘBSKA KINGA	WARSZAWA		69	K40/133 (K)842	01:06:44	01:00:43	00:31:03	9.88
843	513	KOLASA BARBARA	WARSZAWA-WESOLA		56	K50/41 (K)843	01:06:45	01:06:31	00:32:18	9.02
844	5594	BOLDYS OLIWIA	GLIWICE	BANK PEKAO SA /	88	K20/327 (K)844	01:06:45	01:01:34	00:30:01	9.75
845	18	STRUMIŃSKA MAŁGORZATA			60	K50/42 (K)845	01:06:46	01:06:22	00:31:54	9.04
846	5871	JASINOWSKA EMILIA	MIĘDZYCHÓD	- /	52	K50/43 (K)846	01:06:47	01:02:47	00:30:16	9.56
847	966	WALENZIK MAŁGORZATA	LEGIONOWO	KB PIMAR /	57	K50/44 (K)847	01:06:49	01:01:42	00:30:10	9.72
848	4752	KORNAS AGNIESZKA	WARSZAWA	HYPERMEDIAISOBAR /	75	K30/333 (K)848	01:06:50	01:04:56	00:30:18	9.24
849	5143	KOZIŃSKA MAŁGORZATA	WARSZAWA		70	K40/134 (K)849	01:06:51	01:02:25	00:31:49	9.61
850	3126	KRAWCZYK MARYLA	PIASECZNO		75	K30/334 (K)850	01:06:52	01:00:47	00:30:39	9.87
851	4199	TREPKOWSKA JULIA	WARSZAWA		95	K20/328 (K)851	01:06:53	01:01:51	00:29:48	9.70
852	3032	OMILIAN AGNIESZKA	WARSZAWA		73	K30/335 (K)852	01:06:55	01:02:07	00:30:42	9.66
853	6260	NOWAK MARIA	PRUSZKÓW	BRAK /	62	K40/135 (K)853	01:06:56	01:03:15	00:31:29	9.49
854	2294	FIEDOROWICZ ELWIRA	SOKÓŁKA		87	K20/329 (K)854	01:06:58	01:02:39	00:29:56	9.58
855	6513	ROKICKA IZA	WARSZAWA		82	K20/330 (K)855	01:06:58	01:03:35	00:30:40	9.44
856	5416	COLAUTTI KATARZYNA	WARSZAWA		68	K40/136 (K)856	01:06:59	01:00:44	00:30:48	9.88
857	119	MIGDAŁ EWELINA	WARSZAWA	AMWEY /	67	K40/137 (K)857	01:07:01	01:02:36	00:33:56	9.58
858	5603	FOLARON BEATA	WARSZAWA		71	K40/138 (K)858	01:07:02	01:01:46	00:30:23	9.71
859	5601	BUKOWSKA GRAŻYNA	WARSZAWA		70	K40/139 (K)859	01:07:02	01:01:45	00:30:22	9.72
860	630	PRZYGDZKA-KOBUS HANNA	KONSTANCIN-JEZIORNA		72	K30/336 (K)860	01:07:02	01:01:08	00:29:51	9.81
861	2733	ŻMIJEWSKA MARIOLA	WARSZAWA		73	K30/337 (K)861	01:07:02	01:01:28	00:30:11	9.76
862	1475	GROTKOWSKA MONIKA	WARSZAWA		86	K20/331 (K)862	01:07:03	01:00:55	00:30:57	9.85
863	4479	IGNATOWICZ-CECOT ANNA	WARSZAWA	- /	83	K20/332 (K)863	01:07:03	01:01:22	00:30:10	9.78
864	1005	KOTLICKA MAŁGORZATA	WARSZAWA		75	K30/338 (K)864	01:07:07	01:01:52	00:30:05	9.70
865	6889	KOPEĆ MONIKA	WARSZAWA		74	K30/339 (K)865	01:07:07	01:02:01	00:30:12	9.67
866	763	BOGUSIEWICZ BEATA	WARSZAWA	BRAK /	80	K30/340 (K)866	01:07:08	01:00:51	00:30:46	9.86
867	5546	RUMIŃSKA KATARZYNA	WARSZAWA	FESTIWAL BIEGOWY /	85	K20/333 (K)867	01:07:09	01:02:38	00:29:06	9.58
868	296	GOTKOWICZ AGATA	WARSZAWA		82	K20/334 (K)868	01:07:10	01:04:20	00:32:55	9.33
869	1683	SZNAJDER BEATA	BROCHÓW		81	K30/341 (K)869	01:07:12	01:06:17	00:29:40	9.05
870	5745	DROŻEK BOŻENA		PKO BP /		(K)870	01:07:12	00:58:35	00:26:56	10.24
871	2760	KAPROŃ AGNIESZKA	KRZEMIEŃ PIERWSZY		79	K30/342 (K)871	01:07:13	01:03:25	00:30:50	9.46
872	5502	KUZIEMSKA ANNA	SKIERNIEWICE	PGWB /	79	K30/343 (K)872	01:07:15	01:01:26	00:31:34	9.77
873	3024	JANKOWSKA ANGELIKA	CHWASZCZYNO		83	K20/335 (K)873	01:07:18	01:01:59	00:31:18	9.68
874	481	SZOKALSKA ALEKSANDRA	WARSZAWA	TRANCE INSIDE /	82	K20/336 (K)874	01:07:20	00:58:35	00:26:43	10.24
875	4961	GRABOWSKA AGATA	TORUŃ		75	K30/344 (K)875	01:07:23	01:04:30	00:33:53	9.30
876	4972	PENKALA LIDIA	WARSZAWA		75	K30/345 (K)876	01:07:23	01:04:29	00:33:53	9.30
877	4882	BIERNACKA PAULINA	WARSZAWA		84	K20/337 (K)877	01:07:24	01:04:10	00:31:14	9.35
878	3370	HÄFNER HANNA	WARSZAWA		91	K20/338 (K)878	01:07:25	01:01:00	00:32:31	9.84
879	4901	KOCON MAGDALENA	WARSZAWA		84	K20/339 (K)879	01:07:25	01:01:40	00:30:40	9.73
880	2565	JANASIEWICZ KATARZYNA	WARSZAWA		72	K30/346 (K)880	01:07:26	01:05:10	00:30:46	9.21
881	5010	SOSNOWSKA AGNIESZKA	WARSZAWA		83	K20/340 (K)881	01:07:26	01:02:14	00:30:33	9.64
882	5578	WYLOT PAULINA	WARSZAWA	- /	85	K20/341 (K)882	01:07:26	01:02:15	00:28:30	9.64
883	2833	JANCZEWSKA MARTA	WARSZAWA		81	K30/347 (K)883	01:07:26	01:02:27	00:30:49	9.61
884	2436	JASTRZĘBSKA ANNA	WARSZAWA		59	K50/45 (K)884	01:07:28	01:05:58	00:31:37	9.10
885	2231	NIELSEN LISBETH	WARSZAWA	AMBASADA DANII /	87	K20/342 (K)885	01:07:29	01:04:19	00:31:37	9.33
886	2518	ŻUK MAŁGORZATA	WARSZAWA	GENERALI RUNNING TEAM /	71	K40/140 (K)886	01:07:30	01:05:28	00:31:57	9.16
887	1865	KRÓL ALEKSANDRA	WARSZAWA		79	K30/348 (K)887	01:07:31	01:05:14	00:31:50	9.20

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# KOBIECY (WOMEN)

<b>Miejsce Rank</b>	<b>Nr Bib</b>	<b>Nazwisko i imię Name</b>	<b>Miejscowość City</b>	<b>Drużyna / Klub Team / Club</b>	<b>R-k W kat. YoB in Age</b>	<b>Wynik Time</b>	<b>Wynik netto</b>	<b>Wynik 5km</b>	<b>[km/h]</b>
888	6972	NIZIOŁ ALEKSANDRA	WARSZAWA	GRUPA MARKI 2020 :)	84 K20/343 (K)888	01:07:33	01:06:14	00:32:02	9.06
889	4703	PIEGAT AGNIESZKA	WARSZAWA		83 K20/344 (K)889	01:07:35	01:03:20	00:30:58	9.47
890	718	WÓJCIK PAULINA	LATOWICZ		87 K20/345 (K)890	01:07:36	01:06:13	00:31:49	9.06
891	7156	GARIBIAN-SAMSEL MARIA	LEGIONOWO		82 K20/346 (K)891	01:07:36	00:58:53	00:26:22	10.19
892	977	DUKIELSKA BEATA	WARSZAWA		69 K40/141 (K)892	01:07:36	01:00:59	00:31:33	9.84
893	4712	DWORECKA AGNIESZKA	PULTUSK		74 K30/349 (K)893	01:07:38	01:01:30	00:30:32	9.76
894	1248	JOŃCZYK KATARZYNA	WARSZAWA		71 K40/142 (K)894	01:07:39	01:02:59	00:30:24	9.53
895	4585	FRONCZEWSKA MAGDALENA	WARSZAWA		78 K30/350 (K)895	01:07:39	01:03:35	00:31:04	9.44
896	3686	SKOLIMOWSKA EWA	SIEDLCE	DRUŻYNA GANDALFA /	94 K20/347 (K)896	01:07:40	01:03:02	00:30:42	9.52
897	5563	MIODUSZEWSKA ALEKSANDRA	WARSZAWA		84 K20/348 (K)897	01:07:40	01:06:25	00:32:17	9.03
898	4105	POTOREČKA DOROTA	WARSZAWA	HENKEL RUNNING TEAM /	57 K50/46 (K)898	01:07:40	01:01:17	00:30:11	9.79
899	2778	KOŁODZIEJ LIDIA	WARSZAWA	CAPOEIRA RAIZ /	80 K30/351 (K)899	01:07:40	01:02:47	00:31:17	9.56
900	762	GALLEWICZ TERESA	WARSZAWA		79 K30/352 (K)900	01:07:40	01:01:29	00:30:20	9.76
901	1258	ŚWIDER ZOFIA	SIEDLCE		47 K60/5 (K)901	01:07:42	01:07:34	00:33:20	8.88
902	2780	PIETRZAK MARTYNA	WARSZAWA		94 K20/349 (K)902	01:07:43	01:07:34	00:31:56	8.88
903	1414	BUJAKOWSKA-MATYJASIAK KATARZYNA	WARSZAWA		75 K30/353 (K)903	01:07:43	01:06:48	00:31:51	8.98
904	1432	GŁOWACKA EMILIA	ZGIERZ	PRIMORI MORTE /	82 K20/350 (K)904	01:07:45	01:05:05	00:32:26	9.22
905	1276	MULARCZYK AGNIESZKA	RASZYN		79 K30/354 (K)905	01:07:46	01:05:40	00:32:06	9.14
906	2022	BORZYMEK LUDWIKA	WYSZKÓW		89 K20/351 (K)906	01:07:48	01:07:35	00:32:08	8.88
907	2115	ZABOROWSKA KINGA	PARLIN	BRAK /	94 K20/352 (K)907	01:07:48	01:05:45	00:30:52	9.13
908	5498	FRĄCZKOWSKA KATARZYNA	WARSZAWA		79 K30/355 (K)908	01:07:48	01:06:52	00:31:56	8.97
909	2809	WIELANIER MATYLDA	WARSZAWA	----- /	76 K30/356 (K)909	01:07:51	01:05:37	00:32:36	9.14
910	6532	RUSAK KINGA	MIĄSTKÓW KOŚCIELNY	RUNNING TEAM MIĄSTKÓW /	95 K20/353 (K)910	01:07:51	01:03:14	00:30:22	9.49
911	3838	ZARZYCKA MONIKA	WARSZAWA	AXA RUNNING TEAM /	79 K30/357 (K)911	01:07:52	01:03:13	00:33:21	9.49
912	2866	LIPKA URSZULA	WARSZAWA		86 K20/354 (K)912	01:07:54	01:02:23	00:31:26	9.62
913	2349	KOSSON DANUTA	WARSZAWA		50 K60/6 (K)913	01:07:55	01:03:57	00:32:03	9.38
914	7155	MARCINKIEWICZ AGNIESZKA	WIELISZEW		86 K20/355 (K)914	01:07:56	00:59:24	00:29:29	10.10
915	4857	ZIELIŃSKA KATARZYNA	GÓRA KALWARIA	TEAM NUTRILITE /	78 K30/358 (K)915	01:07:58	01:03:49	00:31:56	9.40
916	2151	BIEGANOWSKA MAŁGORZATA		ACTION /	61 K50/47 (K)916	01:07:59	01:05:17	00:31:50	9.19
917	2853	BIELSKA OLIVIA	WARSZAWA	NIE /	86 K20/356 (K)917	01:08:01	01:02:30	00:31:26	9.60
918	5988	KOZIEŁ-ZIEMBIŃSKA ANNA	ŁÓDŹ		62 K40/143 (K)918	01:08:01	01:03:51	00:30:53	9.40
919	3480	ŁUGOWSKA MARTA	WARSZAWA		82 K20/357 (K)919	01:08:02	01:02:55	00:30:35	9.54
920	3721	MATULANIEC ELŻBIETA	WARSZAWA	DAMY RADEĘ /	56 K50/48 (K)920	01:08:07	01:03:01	00:30:37	9.52
921	421	KORULCZYK MALAROWSKA AGNIESZKA	WARSZAWA		75 K30/359 (K)921	01:08:09	01:06:36	00:32:05	9.01
922	4883	KRAJEWSKA KATARZYNA	WARSZAWA		74 K30/360 (K)922	01:08:10	01:02:37	00:30:58	9.58
923	6423	GAWĘDA MARTA	WARSZAWA		75 K30/361 (K)923	01:08:12	01:03:52	00:31:32	9.39
924	6951	PUTYŃSKA MARZENA	SIERADZ		72 K30/362 (K)924	01:08:15	01:02:39	00:30:48	9.58
925	1556	KOŁODZIEJSKA KATARZYNA	PIASECZNO	CELIAKIA.PL /	78 K30/363 (K)925	01:08:15	01:03:34	00:31:43	9.44
926	1558	KOŁACZYŃSKA MARTA	WARSZAWA		88 K20/358 (K)926	01:08:16	01:04:09	00:28:59	9.35
927	4790	KAMIŃSKA ANNA	WARSZAWA		73 K30/364 (K)927	01:08:18	01:03:25	00:30:33	9.46
928	3318	MATUSZEWICZ AGATA	WARSZAWA		84 K20/359 (K)928	01:08:19	01:03:25	00:30:40	9.46
929	644	LISTWOŃ MONIKA	WARSZAWA		77 K30/365 (K)929	01:08:19	01:02:25	00:32:03	9.61
930	4519	CHMIELEWSKA MARTA	GRÓJEC	PBP BANK SA /	84 K20/360 (K)930	01:08:20	01:03:04	00:30:08	9.51
931	1816	KOWALSKA KATARZYNA	WARSZAWA		74 K30/366 (K)931	01:08:21	01:03:40	00:30:40	9.42
932	1139	DUDEK MARIA ANNA	WARSZAWA		93 K20/361 (K)932	01:08:23	01:02:01	00:30:26	9.67
933	3017	ZEMKE ANNA	JÓZEFSŁAW	TEAM NUTRILITE /	79 K30/367 (K)933	01:08:24	01:02:15	00:31:31	9.64
934	3169	MATEJAK KATARZYNA	WARSZAWA		77 K30/368 (K)934	01:08:26	01:02:43	00:30:06	9.57
935	1845	MAJTYKA PAULINA	WIELUŃ		81 K30/369 (K)935	01:08:28	01:04:56	00:31:20	9.24
936	4543	WOŹNICA AGNIESZKA	OTWOCK		80 K30/370 (K)936	01:08:28	01:04:57	00:31:23	9.24
937	1073	JEDLIŃSKA MARTA	WARSZAWA	DB MARATHOM TEAM /	73 K30/371 (K)937	01:08:31	01:06:32	00:31:05	9.02
938	1017	LALEK JOANNA	WARSZAWA		73 K30/372 (K)938	01:08:32	01:02:27	00:30:40	9.61
939	1429	BOGUSKA-KUNG GRAŻYNA	WARSZAWA		67 K40/144 (K)939	01:08:33	01:05:21	00:31:16	9.18
940	4872	CZARKOWSKA ANNA	GRUDZIĄDZ		82 K20/362 (K)940	01:08:34	01:04:28	00:31:44	9.31
941	3038	KULBICKA EWA, ELWIRA	WARSZAWA		56 K50/49 (K)941	01:08:37	01:05:23	00:32:31	9.18
942	3123	LISTWOŃ ANNA	ILAWA		80 K30/373 (K)942	01:08:37	01:02:41	00:32:02	9.57
943	780	STACHURSKA KATARZYNA	OTWOCK		81 K30/374 (K)943	01:08:37	01:03:42	00:31:43	9.42

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<b>Miejsce Rank</b>	<b>Nr Bib</b>	<b>Nazwisko i imię Name</b>	<b>Miejscowość City</b>	<b>Drużyna / Klub Team / Club</b>	<b>R-k W kat. YoB in Age</b>	<b>Wynik Time</b>	<b>Wynik netto</b>	<b>Wynik 5km</b>	<b>[km/h]</b>
944	5218	ROKICKA KATARZYNA	WARSZAWA	NIE /	61 K50/50 (K)944	<b>01:08:38</b>	01:02:34	00:31:04	9.59
945	5213	KUROWICKA ANNA	WARSZAWA		84 K20/363 (K)945	<b>01:08:38</b>	01:03:56	00:32:24	9.38
946	781	JAWORSKA ANNA	WARSZAWA		81 K30/375 (K)946	<b>01:08:38</b>	01:03:42	00:31:42	9.42
947	6878	KUBIC ZOFIA			11 (K)947	<b>01:08:42</b>	01:04:11	00:28:17	9.35
948	1375	BAK JOANNA	KONSTANCIN-JEZIORNA	BIEGAMBOLUBIĘ /	81 K30/376 (K)948	<b>01:08:49</b>	01:03:10	00:31:08	9.50
949	6369	POLAK ELŻBIETA	STARA OLSZÓWKA	MAMUSIA /	86 K20/364 (K)949	<b>01:08:49</b>	01:04:56	00:32:58	9.24
950	4376	RUSZNIK MAGDALENA	PIASECZNO	IRA PIASECZNO /	77 K30/377 (K)950	<b>01:08:52</b>	01:04:41	00:31:10	9.28
951	4128	ŁUCKA MAGDALENA	CZĘSTOCHOWA	RZEKUNIANKA SQUAD /	89 K20/365 (K)951	<b>01:08:55</b>	01:07:40	00:33:08	8.87
952	1985	CHABERA TERESA	WARSZAWA	PKO_ /	69 K40/145 (K)952	<b>01:08:56</b>	01:02:40	00:31:41	9.57
953	2059	WORONOWICZ IWONA	WARSZAWA		82 K20/366 (K)953	<b>01:08:59</b>	01:03:54	00:31:49	9.39
954	5387	CEBULSKA - HOMANOWSKA JOANNA	ŻYRARDÓW		77 K30/378 (K)954	<b>01:09:00</b>	01:03:04	00:31:20	9.51
955	1635	KACZOROWSKA SYLWIA	WARSZAWA		85 K20/367 (K)955	<b>01:09:01</b>	01:04:18	00:31:03	9.33
956	1335	WRÓBLEWSKA JOANNA	WARSZAWA	LASEK BIELAŃSKI TEAM /	55 K50/51 (K)956	<b>01:09:04</b>	01:08:18	00:35:38	8.78
957	1007	ANDRZEJCZAK ANNA	MAGDALENKA		76 K30/379 (K)957	<b>01:09:07</b>	01:03:52	00:30:18	9.39
958	3171	URBANIĄK JOANNA	NOWE MIASTO		80 K30/380 (K)958	<b>01:09:09</b>	01:03:07	00:31:02	9.51
959	5295	BARAŃCZYK EDYTA	WARSZAWA		75 K30/381 (K)959	<b>01:09:10</b>	01:06:07	00:32:13	9.07
960	4713	WŁOSZCZYK-ŁOMIAK MAGDALENA	WARSZAWA		72 K30/382 (K)960	<b>01:09:10</b>	01:06:07	00:32:13	9.07
961	3110	GAŁUS EDYTA	BOROWA GÓRA		81 K30/383 (K)961	<b>01:09:12</b>	01:03:08	00:31:03	9.50
962	5771	GAŁDKOWSKA MARTA	WARSZAWA		83 K20/368 (K)962	<b>01:09:14</b>	01:06:15	00:30:35	9.06
963	3019	PRYZMONT KATARZYNA	WARSZAWA		82 K20/369 (K)963	<b>01:09:16</b>	01:04:50	00:31:38	9.25
964	4717	WYDZIAŁKIEWICZ WIERA	BYDGOSZCZ		75 K30/384 (K)964	<b>01:09:17</b>	01:03:20	00:30:11	9.47
965	4135	GROMKO MONIKA	WARSZAWA		95 K20/370 (K)965	<b>01:09:17</b>	01:03:07	00:29:27	9.51
966	4753	FERENIEC MARIA	WARSZAWA		89 K20/371 (K)966	<b>01:09:17</b>	01:03:01	00:33:02	9.52
967	1090	BARTOSIŃSKA PAULINA	WARSZAWA		95 K20/372 (K)967	<b>01:09:17</b>	01:07:16	00:31:57	8.92
968	1559	GOŁĘBIEWSKA RENATA	WARSZAWA		69 K40/146 (K)968	<b>01:09:19</b>	01:05:41	00:31:22	9.13
969	5768	GDANIEC JOANNA	GDAŃSK	TEAM NUTRILITE /	79 K30/385 (K)969	<b>01:09:20</b>	01:03:55	00:32:05	9.39
970	1904	DUCHNOWSKA NATALIA	WARSZAWA		96 K20/373 (K)970	<b>01:09:22</b>	01:04:36	00:30:37	9.29
971	1579	REMBLEWSKA ANIA	ŁÓDŹ		89 K20/374 (K)971	<b>01:09:27</b>	01:04:53	00:30:50	9.25
972	1884	BUJALSKA AGATA	WARSZAWA		84 K20/375 (K)972	<b>01:09:29</b>	01:03:51	00:29:13	9.40
973	4405	GULCZYŃSKA MARIA	WARSZAWA		84 K20/376 (K)973	<b>01:09:32</b>	01:05:29	00:31:12	9.16
974	6881	KAPICA MAŁGORZATA	WARSZAWA		63 K40/147 (K)974	<b>01:09:32</b>	01:05:15	00:30:59	9.20
975	4141	SCHMIOT-CIEŚLUK MONIKA	WARSZAWA		70 K40/148 (K)975	<b>01:09:33</b>	01:03:57	00:31:39	9.38
976	1473	MARCINIĄK KATARZYNA	WARSZAWA		74 K30/386 (K)976	<b>01:09:36</b>	01:03:54	00:31:01	9.39
977	2892	ROSLAN EWA	WARSZAWA	AKADEMIA OBRONY NARODOWEJ /	94 K20/377 (K)977	<b>01:09:38</b>	01:04:33	00:30:53	9.30
978	5730	STOLARSKA KAMILA	POMIECHÓWEK		91 K20/378 (K)978	<b>01:09:44</b>	01:08:21	00:33:56	8.78
979	4826	BOMBOL MAŁGORZATA	WARSZAWA		63 K40/149 (K)979	<b>01:09:46</b>	01:06:52	00:32:24	8.97
980	3080	OWCZAREK ALEKSANDRA	WARSZAWA		95 K20/379 (K)980	<b>01:09:46</b>	01:07:54	00:32:11	8.84
981	6332	PIĄTKOWSKA KATARZYNA	NOWA WIEŚ		94 K20/380 (K)981	<b>01:09:46</b>	01:06:07	00:32:43	9.07
982	6046	LASKOWSKA KAROLINA	DĄBROWICA		90 K20/381 (K)982	<b>01:09:49</b>	01:09:08	00:32:54	8.68
983	1219	KARWOWSKA MAGDALENA	WARSZAWA		79 K30/387 (K)983	<b>01:09:55</b>	01:03:47	00:31:41	9.41
984	6897	ŚMIESZEK MAGDALENA	GLIWICE		72 K30/388 (K)984	<b>01:09:55</b>	01:01:20	00:29:14	9.78
985	2365	RUPOCIŃSKA WERONIKA	WARSZAWA		91 K20/382 (K)985	<b>01:09:56</b>	01:04:21	00:30:54	9.32
986	5905	KARNA HALINA	BĘDZIN	TAEM NUTRILITE /	52 K50/52 (K)986	<b>01:09:59</b>	01:06:05	00:32:08	9.08
987	4756	CEDROŃSKA DOMINIKA	WARSZAWA		94 K20/383 (K)987	<b>01:09:59</b>	01:04:51	00:31:32	9.25
988	6153	MILESKA EDYTA	POZNAŃ		72 K30/389 (K)988	<b>01:10:01</b>	01:01:33	00:26:18	9.75
989	2859	ŁĘCKA MAŁGORZATA	WARSZAWA		74 K30/390 (K)989	<b>01:10:01</b>	01:07:03	00:32:11	8.95
990	4037	CZARNECKA JAGODA	WARSZAWA		92 K20/384 (K)990	<b>01:10:02</b>	01:04:35	00:30:52	9.29
991	2546	JENDRAL KATARZYNA	WARSZAWA		89 K20/385 (K)991	<b>01:10:03</b>	01:05:32	00:31:39	9.16
992	1770	OTTO ZDZISŁAWA	WARSZAWA		47 K60/7 (K)992	<b>01:10:04</b>	01:05:50	00:31:42	9.11
993	521	BIELIK ANNA	WARSZAWA		69 K40/150 (K)993	<b>01:10:04</b>	01:05:13	00:32:02	9.20
994	4097	PRUS POLA	STARGARD SZCZECIŃSKI		94 K20/386 (K)994	<b>01:10:07</b>	01:03:48	00:33:12	9.40
995	3051	LOVE EWELINA	WARSZAWA		74 K30/391 (K)995	<b>01:10:08</b>	01:03:47	00:31:20	9.41
996	6577	SIEKIERSKA ALDONA	WOŁOMI.	DRUŻYNA SZPIKU /	83 K20/387 (K)996	<b>01:10:10</b>	01:03:45	00:30:45	9.41
997	3685	MISHINSKA ALEXANDRA	WARSZAWA		72 K30/392 (K)997	<b>01:10:11</b>	01:08:48	00:32:22	8.72
998	3231	LUGOWSKA JUSTYNA	ILAWA		80 K30/393 (K)998	<b>01:10:12</b>	01:09:56	00:35:58	8.58
999	5230	BAJKO JUSTYNA	WARSZAWA		80 K30/394 (K)999	<b>01:10:13</b>	01:05:42	00:33:18	9.13

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# KOBIECY (WOMEN)

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna / Klub Team / Club	R-k YoB	W kat. in Age	Wynik Time	Wynik netto	Wynik 5km	[km/h]
1000	432	PASIEROWSKA MONIKA	WARSZAWA		73	K30/395 (K)1000	01:10:24	01:07:31	00:31:25	8.89
1001	4364	CHYCZEWSKA ANNA	PLONSK		69	K40/151 (K)1001	01:10:25	01:05:24	00:32:24	9.17
1002	2981	BUJALSKA DOROTA	WARSZAWA		59	K50/53 (K)1002	01:10:26	01:06:42	00:32:04	9.00
1003	4299	STALMACH SYLWIA	WARSZAWA		11	(K)1003	01:10:27	01:05:40	00:32:19	9.14
1004	942	ZWOLAK JOANNA	WARSZAWA		75	K30/396 (K)1004	01:10:31	01:09:23	00:32:14	8.65
1005	2116	ŁAZOWSKA JOANNA	WARSZAWA		80	K30/397 (K)1005	01:10:33	01:05:41	00:32:46	9.13
1006	2459	RĘKAWEK ANETA	GARWOLIN		74	K30/398 (K)1006	01:10:34	01:07:39	00:32:06	8.87
1007	5591	POPLAWSKA ANNA	WARSZAWA		85	K20/388 (K)1007	01:10:35	01:06:13	00:30:09	9.06
1008	4508	KRYSZKIEWICZ KRYSZYNA	WARSZAWA		51	K60/8 (K)1008	01:10:36	01:04:30	00:32:59	9.30
1009	191	TUPAK-BAJER MAGDALENA	WARSZAWA	URZĄD MIASTA /	11	(K)1009	01:10:38	01:09:34	00:33:58	8.62
1010	2142	MODLIBOREK JOANNA	WARSZAWA	DLL /	79	K30/399 (K)1010	01:10:40	01:04:09	00:31:58	9.35
1011	4549	LEŚ JULITA	WARSZAWA		86	K20/389 (K)1011	01:10:42	01:04:21	00:31:48	9.32
1012	4203	WLEKLIŃSKA RENATA	WARSZAWA		64	K40/152 (K)1012	01:10:44	01:10:23	00:33:43	8.52
1013	3978	MAZUREK MAŁGORZATA	PARZNIEW		74	K30/400 (K)1013	01:10:45	01:02:53	00:31:04	9.54
1014	162	RAFALSKA BEATA	WARSZAWA	GW /	72	K30/401 (K)1014	01:10:48	01:05:31	00:32:27	9.16
1015	4801	PUŚCZNA KATARZYNA	WARSZAWA		77	K30/402 (K)1015	01:10:53	01:05:20	00:32:41	9.18
1016	4149	DZIĄG ANNA	WARSZAWA	NIE /	68	K40/153 (K)1016	01:10:53	01:04:40	00:31:16	9.28
1017	469	ISHIHARA YUKI	WARSZAWA		63	K40/154 (K)1017	01:10:55	01:05:00	00:32:07	9.23
1018	3827	WIERZGAŁA IWONA	WARSZAWA	AXA RUNNING TEAM /	79	K30/403 (K)1018	01:10:56	01:06:13	00:31:09	9.06
1019	3842	URBAŃSKA MARZENA	WARSZAWA	AXA RUNNING TEAM /	84	K20/390 (K)1019	01:10:57	01:05:47	00:30:44	9.12
1020	4232	MIKA DOROTA	WARSZAWA		72	K30/404 (K)1020	01:10:57	01:08:19	00:33:54	8.78
1021	5468	DROZD ALEKSANDRA	WARSZAWA		86	K20/391 (K)1021	01:10:59	01:07:30	00:34:16	8.89
1022	3322	FRYCZYŃSKA MARZENA	KOBYŁKA		75	K30/405 (K)1022	01:11:02	01:04:37	00:31:55	9.29
1023	3570	KRAJEWSKA ALICJA	WARSZAWA		81	K30/406 (K)1023	01:11:02	01:04:31	00:33:04	9.30
1024	1606	ADAMIAK MARIA	WARSZAWA		96	K20/392 (K)1024	01:11:02	01:07:58	00:32:43	8.83
1025	3739	DOMANOWSKA MONIKA	WARSZAWA	BRAK /	84	K20/393 (K)1025	01:11:04	01:07:17	00:32:48	8.92
1026	3338	SOBCZAK ZYCH MARTA	WARSZAWA	UNLEASHED /	75	K30/407 (K)1026	01:11:06	01:05:59	00:32:21	9.09
1027	6747	WASIAK MAGDA	KUTNO		86	K20/394 (K)1027	01:11:10	01:05:07	00:31:48	9.21
1028	4757	JOACHIMIAK ANNA	WARSZAWA		75	K30/408 (K)1028	01:11:10	01:04:34	00:33:10	9.29
1029	1193	ROGAŁA BOŻENA	WARSZAWA		60	K50/54 (K)1029	01:11:10	01:04:22	00:31:57	9.32
1030	4710	KOMISARSKA MARZENA	STARE BABICE		67	K40/155 (K)1030	01:11:14	01:08:30	00:33:17	8.76
1031	7461	MIRECKA RENATA	WARSZAWA	WARM RT /	59	K50/55 (K)1031	01:11:17	01:02:41	00:34:03	9.57
1032	357	ŁĘCICKA KATARZYNA	WARSZAWA		93	K20/395 (K)1032	01:11:18	01:08:11	00:32:39	8.80
1033	6167	MIZERSKA DOMINIKA	WARSZAWA		84	K20/396 (K)1033	01:11:21	01:09:45	00:34:37	8.60
1034	3784	KALIŃSKA-NIEDZIELSKA AGNIESZKA	JÓZEFOSŁAW		79	K30/409 (K)1034	01:11:23	01:06:31	00:32:45	9.02
1035	6440	LUTZ MONIKA	WARSZAWA		73	K30/410 (K)1035	01:11:26	01:05:11	00:33:12	9.20
1036	1957	KOZŁOWSKA LIDIA	WARSZAWA	PKO_ /	78	K30/411 (K)1036	01:11:30	01:07:16	00:31:27	8.92
1037	1923	OLSZEWSKA ANETA	WARSZAWA	PKO_ /	73	K30/412 (K)1037	01:11:30	01:06:38	00:31:12	9.00
1038	5942	KOLCZYŃSKA CZESŁAWA	ŁÓDŹ		64	K40/156 (K)1038	01:11:30	01:08:01	00:34:16	8.82
1039	6497	OLIK MARTYNA	WARSZAWA		84	K20/397 (K)1039	01:11:33	01:05:12	00:33:12	9.20
1040	1574	LATOSZEK IRENA	WARSZAWA		87	K20/398 (K)1040	01:11:36	01:06:15	00:32:58	9.06
1041	6241	PULAWSKA JOANNA	WARSZAWA		76	K30/413 (K)1041	01:11:37	01:05:04	00:32:52	9.22
1042	2940	JĘDRZEJEWSKA WERONIKA	PŁOŃSK		85	K20/399 (K)1042	01:11:39	01:06:30	00:33:44	9.02
1043	1840	BOROWSKA MAGDALENA	WARSZAWA		66	K40/157 (K)1043	01:11:39	01:09:42	00:34:00	8.61
1044	3252	ŻURAWSKA- KAROLCZAK MAŁGORZATA	WARSZAWA		52	K50/56 (K)1044	01:11:39	01:06:15	00:32:04	9.06
1045	723	BULICZ-KAPRZAK KATARZYNA	SULEJÓWEK	AKTYWNI SOCHACZEW /	76	K30/414 (K)1045	01:11:40	01:05:31	00:32:30	9.16
1046	6672	SZNAPKA HALINA	ŚWIĘTOCHŁOWICE		58	K50/57 (K)1046	01:11:42	01:06:58	00:33:53	8.96
1047	2977	MAJSTRUK IZABELA	JABŁONNA		75	K30/415 (K)1047	01:11:44	01:05:38	00:32:52	9.14
1048	4510	SADOWSKA KASIA	WARSZAWA		83	K20/400 (K)1048	01:11:44	01:08:39	00:34:35	8.74
1049	4980	DRATWICKA AGNIESZKA	WARSZAWA		70	K40/158 (K)1049	01:11:49	01:07:42	00:31:38	8.86
1050	3083	WARMIŃSKA-KRÓLAK ILONA	WARSZAWA		63	K40/159 (K)1050	01:11:50	01:10:37	00:34:34	8.50
1051	4969	ŁAZIŃSKA PATRYCJA	JÓZEFÓW		96	K20/401 (K)1051	01:11:55	01:08:11	00:33:36	8.80
1052	114	KUŚ AGNIESZKA	WARSZAWA	AMWAY /	66	K40/160 (K)1052	01:11:56	01:05:51	00:32:56	9.11
1053	4511	BRYZIEWSKA MAGDALENA	WARSZAWA		74	K30/416 (K)1053	01:11:56	01:05:50	00:32:07	9.11
1054	2694	SACHMATA AGATA	PIASECZNO	MOTO-PARTNER /	66	K40/161 (K)1054	01:12:00	01:06:10	00:32:37	9.07
1055	4383	SUCHODOLSKA EMILIA	PLONSK		82	K20/402 (K)1055	01:12:01	01:07:00	00:34:30	8.96

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## KOBIECY (WOMEN)

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna / Klub Team / Club	R-k YoB	W kat. in Age	Wynik Time	Wynik netto	Wynik 5km	[km/h]
1056	6924	KURAN SYLWIA	PIASTÓW		71	K40/162 (K)1056	01:12:03	01:05:35	00:32:25	9.15
1057	3837	MASSARD MARIE-HELENE	WARSZAWA	AXA RUNNING TEAM /	75	K30/417 (K)1057	01:12:05	01:07:11	00:32:04	8.93
1058	536	SZCZYPIORSKA MONIKA	WARSZAWA		90	K20/403 (K)1058	01:12:07	01:06:37	00:32:39	9.01
1059	1154	KRAMZA AGNIESZKA	WARSZAWA		77	K30/418 (K)1059	01:12:11	01:08:11	00:32:45	8.80
1060	5524	MŁYNARSKA RENATA	WARSZAWA	BANK PEKAO SA /	74	K30/419 (K)1060	01:12:11	01:07:55	00:32:30	8.83
1061	5475	DURALSKA AGNIESZKA	RADOM		77	K30/420 (K)1061	01:12:14	01:07:20	00:32:47	8.91
1062	2765	KOŁODZIEJ EWA	OSTRÓW MAZOWIECKA		61	K50/58 (K)1062	01:12:15	01:06:27	00:32:13	9.03
1063	785	OCHNIO AGATA	WARSZAWA		92	K20/404 (K)1063	01:12:17	01:06:05	00:33:44	9.08
1064	1271	KOZIEŁ KAROLINA	WARSZAWA		88	K20/405 (K)1064	01:12:17	01:07:19	00:32:09	8.91
1065	4516	PARYS ALEKSANDRA	WARSZAWA		76	K30/421 (K)1065	01:12:20	01:05:57	00:32:42	9.10
1066	4604	KOSTYK BOGNA	WARSZAWA		66	K40/163 (K)1066	01:12:23	01:08:53	00:37:06	8.71
1067	3701	SKOLIMOWSKA JAGODA	ŻABOKLIKI	DRUŻYNA GANDALFA /	89	K20/406 (K)1067	01:12:29	01:07:00	00:33:41	8.96
1068	3328	WYMYŚŁOWSKA IGA	WARSZAWA		90	K20/407 (K)1068	01:12:29	01:05:39	00:32:52	9.14
1069	3781	GUDOWICZ CICHALEWSKA KAJA	WARSZAWA		77	K30/422 (K)1069	01:12:30	01:07:39	00:32:51	8.87
1070	3163	STECKIEWICZ AGNIESZKA	WARSZAWA	RB-LEGIONOWO /	88	K20/408 (K)1070	01:12:37	01:07:58	00:32:42	8.83
1071	4702	PIEGAT IZABELA	WARSZAWA		89	K20/409 (K)1071	01:12:38	01:08:23	00:33:51	8.77
1072	1454	SOBOLEWSKA JOANNA	WARSZAWA		78	K30/423 (K)1072	01:12:43	01:10:13	00:33:59	8.54
1073	4200	WIŚNICKA ANNA	WARSZAWA		81	K30/424 (K)1073	01:12:45	01:06:51	00:34:07	8.98
1074	5960	KORBUSZEWSKA MAGDALENA	RADZIEJOWICE		94	K20/410 (K)1074	01:12:45	01:06:49	00:32:08	8.98
1075	5172	KUROWSKA MARIA	WARSZAWA	ROMANO MARTINO MARATHON TEAM /	90	K20/411 (K)1075	01:12:47	01:06:43	00:33:54	8.99
1076	1570	WECZERKA KATARZYNA	WARSZAWA		62	K40/164 (K)1076	01:12:48	01:09:17	00:32:46	8.66
1077	1701	PARDUS JOANNA	WARSZAWA		75	K30/425 (K)1077	01:12:48	01:06:39	00:34:02	9.00
1078	3103	LUBAŃSKA ELŻBIETA	WARSZAWA	MALWA TEA SPORT /	73	K30/426 (K)1078	01:12:50	01:10:24	00:34:09	8.52
1079	6949	ROGAŁA IZABELA	SIERADZ		63	K40/165 (K)1079	01:12:52	01:07:19	00:32:53	8.91
1080	3822	CHMIELOWIEC MARZENA	ZĄBKI		84	K20/412 (K)1080	01:12:56	01:07:00	00:32:56	8.96
1081	2996	BRZEZIŃSKA DANUTA	WARSZAWA		52	K50/59 (K)1081	01:13:01	01:06:36	00:34:02	9.01
1082	1561	DUSZA RENATA	WARSZAWA		71	K40/166 (K)1082	01:13:02	01:06:42	00:33:02	9.00
1083	6148	MIKOŁAJCZYK DOROTA	BIAŁA PODLASKA		62	K40/167 (K)1083	01:13:05	01:10:40	00:34:31	8.49
1084	1479	JAWORSKA JOANNA	OTWOCK		79	K30/427 (K)1084	01:13:16	01:07:39	00:32:54	8.87
1085	6987	NAGRODZKA MARIA	KOBYŁKA	OPEN /	75	K30/428 (K)1085	01:13:17	01:08:52	00:32:37	8.71
1086	3911	WILCZEK ZOFIA	WARSZAWA		96	K20/413 (K)1086	01:13:17	01:07:02	00:32:08	8.95
1087	2960	FIODOROW AGATA	PIASTÓW		76	K30/429 (K)1087	01:13:19	01:07:13	00:32:55	8.93
1088	1484	SZYMAŃSKA AGATA	WARSZAWA		77	K30/430 (K)1088	01:13:20	01:06:39	00:33:01	9.00
1089	6918	ZYRA KATARZYNA	WARSZAWA		77	K30/431 (K)1089	01:13:20	01:06:39	00:33:02	9.00
1090	3387	MOŚCICKA HALINA	WARSZAWA		59	K50/60 (K)1090	01:13:26	01:07:10	00:31:42	8.93
1091	3793	CONDER JOANNA	WARSZAWA		88	K20/414 (K)1091	01:13:30	01:07:17	00:33:43	8.92
1092	5937	KOCH MARTYNA	WROCLAW		91	K20/415 (K)1092	01:13:39	01:08:13	00:32:52	8.80
1093	3599	KUBALSKA JOANNA	WARSZAWA	STRATOSMEDIA WIĘCEJ FUNKU RALLY TEAM NAD /	86	K20/416 (K)1093	01:13:41	01:07:00	00:33:27	8.96
1094	1621	CHRULSKA ZUZANNA	WARSZAWA	TEAM NUTRILITE /	82	K20/417 (K)1094	01:13:42	01:11:56	00:33:50	8.34
1095	4649	SZUMIEC-PRESCH BOGUSŁAWA	WARSZAWA		78	K30/432 (K)1095	01:13:43	01:11:04	00:33:37	8.44
1096	5034	GRZESZCZUK ANNA	WARSZAWA		67	K40/168 (K)1096	01:13:46	01:10:41	00:34:35	8.49
1097	6790	WŁAZŁO MONIKA	ZŁOTOKŁOS		80	K30/433 (K)1097	01:13:46	01:08:11	00:36:27	8.80
1098	2970	KOSICKA-GRABOWSKA AGNIESZKA	WARSZAWA		72	K30/434 (K)1098	01:13:47	01:07:06	00:33:02	8.94
1099	3887	BĄCZYK KATARZYNA	BRWINÓW		74	K30/435 (K)1099	01:13:48	01:08:07	00:32:45	8.81
1100	312	LASZCZKA MARTA	WARSZAWA		97	K20/418 (K)1100	01:13:49	01:07:05	00:34:18	8.94
1101	4317	MAJ IWONA	WARSZAWA	TEAM NUTRILITE /	58	K50/61 (K)1101	01:13:50	01:07:44	00:32:54	8.86
1102	5033	ZAJDEŁ ELŻBIETA	WARSZAWA		71	K40/169 (K)1102	01:13:51	01:10:45	00:34:33	8.48
1103	5264	AWDZIEJCZYK EWA	WARSZAWA		63	K40/170 (K)1103	01:13:54	01:11:46	00:33:22	8.36
1104	2166	FISEŁ AGNIESZKA		ACTION /	73	K30/436 (K)1104	01:13:54	01:09:34	00:33:49	8.62
1105	4490	ŚWIDERSKA MAŁGORZATA	WARSZAWA	NIE DOTYCZY /	52	K50/62 (K)1105	01:13:55	01:13:10	00:35:38	8.20
1106	2141	MARC EVELINA	BIALOBZEGI	DLL /	77	K30/437 (K)1106	01:13:55	01:10:16	00:35:08	8.54
1107	4307	JASZCZUR JOANNA	PŁOŃSK		81	K30/438 (K)1107	01:13:56	01:07:48	00:33:34	8.85
1108	3084	CHODOWSKA MARZENA	WARSZAWA		60	K50/63 (K)1108	01:14:01	01:12:48	00:35:25	8.24
1109	6475	NOWOBILSKA GRYZIAK EWA	ŁOMIANKI		76	K30/439 (K)1109	01:14:02	01:09:59	00:33:51	8.57
1110	4692	JAROSZ EWA	KONSTANCIN		56	K50/64 (K)1110	01:14:06	01:13:57	00:36:45	8.11
1111	3092	ŻRÓDŁAK MAŁGORZATA	WARSZAWA	CELIAKIA.PL /	73	K30/440 (K)1111	01:14:10	01:08:42	00:34:56	8.73

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## KOBIECY (WOMEN)

<b>Miejsce Rank</b>	<b>Nr Bib</b>	<b>Nazwisko i imię Name</b>	<b>Miejscowość City</b>	<b>Drużyna / Klub Team / Club</b>	<b>R-k W kat. YoB in Age</b>	<b>Wynik Time</b>	<b>Wynik netto</b>	<b>Wynik 5km</b>	<b>[km/h]</b>
1112	5258	AFTAŃSKA IWONA	ŁOCHOCIN		72 K30/441 (K)1112	<b>01:14:12</b>	01:07:59	00:34:22	8.83
1113	4340	GROMYSZ JUSTYNA	ŁYNIEW		83 K20/419 (K)1113	<b>01:14:13</b>	01:12:36	00:36:40	8.26
1114	2232	SZYDEL MALGORZATA	WARSZAWA	AMBASADA DANII /	87 K20/420 (K)1114	<b>01:14:13</b>	01:11:04	00:33:50	8.44
1115	4341	KLAJDA CORINNE	WARSZAWA		69 K40/171 (K)1115	<b>01:14:14</b>	01:08:49	00:32:52	8.72
1116	5099	WALESIAK-GOUELLAIN KATARZYNA	WARSZAWA		75 K30/442 (K)1116	<b>01:14:16</b>	01:11:10	00:33:33	8.43
1117	5541	SZCZEPAŃSKA-JANKOWSKA EWA	PULAWY		84 K20/421 (K)1117	<b>01:14:17</b>	01:08:49	00:33:15	8.72
1118	2949	MAZUREK AGNIESZKA	WARSZAWA		72 K30/443 (K)1118	<b>01:14:17</b>	01:09:35	00:33:42	8.62
1119	2688	PILIPCZUK IWONA	WARSZAWA		59 K50/65 (K)1119	<b>01:14:18</b>	01:08:18	00:33:31	8.78
1120	2348	CIEŚLUK MALGORZATA	WARSZAWA	CROSS /	63 K40/172 (K)1120	<b>01:14:19</b>	01:10:16	00:34:46	8.54
1121	4694	LASKA MAGORZATA	ZAWICHOST		62 K40/173 (K)1121	<b>01:14:28</b>	01:08:35	00:33:00	8.75
1122	1392	MICHAŁEK JOANNA	WARSZAWA		78 K30/444 (K)1122	<b>01:14:29</b>	01:09:07	00:33:07	8.68
1123	5100	WÓJCIK MONIKA	WARSZAWA		69 K40/174 (K)1123	<b>01:14:32</b>	01:08:59	00:32:52	8.70
1124	643	STĘPIŃSKA JOANNA	WARSZAWA		76 K30/445 (K)1124	<b>01:14:35</b>	01:08:23	00:33:29	8.77
1125	634	ROGULSKA AGATA	WARSZAWA		79 K30/446 (K)1125	<b>01:14:35</b>	01:08:23	00:33:29	8.77
1126	2440	ANDRYSZAK NADINE	WARSZAWA		75 K30/447 (K)1126	<b>01:14:36</b>	01:13:08	00:33:51	8.20
1127	1215	SYPKO ALEKSANDRA	SOCHACZEW	TEAM NUTRILITE /	95 K20/422 (K)1127	<b>01:14:37</b>	01:08:43	00:34:06	8.73
1128	4724	LISIECKA-LIS KAMILA	WARSZAWA		68 K40/175 (K)1128	<b>01:14:38</b>	01:08:37	00:33:47	8.74
1129	4779	SMÓLSKA KATARZYNA	WARSZAWA		81 K30/448 (K)1129	<b>01:14:40</b>	01:08:31	00:35:20	8.76
1130	6613	SOKOLNICKA ANIA	WARSZAWA		85 K20/423 (K)1130	<b>01:14:43</b>	01:12:17	00:35:00	8.30
1131	4540	WOLSKA ANNA	WARSZAWA	BGŻ LEASING RUNNING TEAM /	86 K20/424 (K)1131	<b>01:14:50</b>	01:08:09	00:34:02	8.80
1132	7339	KOŁACZEWSKA MONIKA	WARSZAWA	TEAM NUTRILITE /	75 K30/449 (K)1132	<b>01:14:51</b>	01:06:20	00:29:19	9.05
1133	4209	FARMUS ALDONA	WARSZAWA		68 K40/176 (K)1133	<b>01:14:53</b>	01:08:53	00:31:35	8.71
1134	3334	FRYDRYCH BOZENA	WARSZAWA		57 K50/66 (K)1134	<b>01:15:04</b>	01:09:39	00:34:32	8.61
1135	5223	KALKOWSKA MARIOLA	SIERPC	FREELANCER /	80 K30/450 (K)1135	<b>01:15:07</b>	01:09:32	00:33:07	8.63
1136	697	GAWROŃSKA ANNA	MŁOCHÓW		74 K30/451 (K)1136	<b>01:15:08</b>	01:12:38	00:36:09	8.26
1137	5926	KISZKA ANNA	WARSZAWA		71 K40/177 (K)1137	<b>01:15:19</b>	01:09:42	00:32:56	8.61
1138	5150	RADOLIŃSKA DAGMARA	OPACZ KOLONIA		82 K20/425 (K)1138	<b>01:15:21</b>	01:14:56	00:35:24	8.01
1139	3626	SCHEFFS BOŻENA	ZĄBKI		67 K40/178 (K)1139	<b>01:15:21</b>	01:12:37	00:34:44	8.26
1140	930	PODWORSKA IZA	WARKA		75 K30/452 (K)1140	<b>01:15:23</b>	01:12:35	00:34:29	8.27
1141	4294	MATHIA ANNA	WARSZAWA	BIURO INFORMACJI KREDYTOWEJ /	84 K20/426 (K)1141	<b>01:15:23</b>	01:11:30	00:35:29	8.39
1142	4315	MAJ ANTONINA	WARSZAWA	TEAM NUTRILITE /	93 K20/427 (K)1142	<b>01:15:24</b>	01:10:10	00:34:16	8.55
1143	4956	JAKUBIAK URSZULA	WARSZAWA		84 K20/428 (K)1143	<b>01:15:26</b>	01:09:15	00:35:37	8.66
1144	1532	JANKOWSKA EWA	WARSZAWA		64 K40/179 (K)1144	<b>01:15:29</b>	01:11:04	00:33:55	8.44
1145	2664	KALEŃSKA-KLIMCZAK ALICJA	WARSZAWA	TEAM NUTRILITE /	71 K40/180 (K)1145	<b>01:15:31</b>	01:09:52	00:31:58	8.59
1146	1567	PRAGA ANNA	WARSZAWA		56 K50/67 (K)1146	<b>01:15:31</b>	01:15:22	00:36:45	7.96
1147	259	REMBERK DANUTA	WARSZAWA		41 K70/1 (K)1147	<b>01:15:35</b>	01:11:58	00:35:12	8.34
1148	4204	WALCZAK JOANNA	WARSZAWA		63 K40/181 (K)1148	<b>01:15:39</b>	01:15:18	00:33:44	7.97
1149	2128	POLKOWSKA IZABELA	WARSZAWA		66 K40/182 (K)1149	<b>01:15:40</b>	01:15:19	00:33:45	7.97
1150	4475	KOROTKO-WIELGO ANNA	WARSZAWA		73 K30/453 (K)1150	<b>01:15:40</b>	01:10:28	00:35:04	8.51
1151	1450	GONGOLEWSKA ANNA	WARSZAWA		85 K20/429 (K)1151	<b>01:15:40</b>	01:10:30	00:35:04	8.51
1152	3315	BULAKOWSKA DOROTA	WARSZAWA	WARSZAWA /	80 K30/454 (K)1152	<b>01:15:44</b>	01:09:26	00:34:57	8.64
1153	4440	UTKO MONIKA	WARSAW	WILANOW COFFIN DODGERS /	90 K20/430 (K)1153	<b>01:15:47</b>	01:13:15	00:34:20	8.19
1154	1838	CICHOCKA EDYTA	PULTUSK		88 K20/431 (K)1154	<b>01:15:50</b>	01:08:48	00:34:11	8.72
1155	2162	BOGUSZ ANNA		ACTION /	71 K40/183 (K)1155	<b>01:15:58</b>	01:10:29	00:33:13	8.51
1156	2563	KIMSZAŁ DOROTA	WARSZAWA		72 K30/455 (K)1156	<b>01:15:58</b>	01:09:15	00:34:41	8.66
1157	2161	SZCZEPAŃCZYK AGNIESZKA		ACTION /	80 K30/456 (K)1157	<b>01:16:07</b>	01:10:39	00:33:13	8.49
1158	661	ROMAŃSKA ANNA	WARSZAWA		80 K30/457 (K)1158	<b>01:16:07</b>	01:14:49	00:36:22	8.02
1159	1644	KORONKA KAROLINA	OSTROŁĘKA		91 K20/432 (K)1159	<b>01:16:17</b>	01:11:01	00:36:03	8.45
1160	5016	PIASEK ANNA	OSTROŁĘKA		70 K40/184 (K)1160	<b>01:16:18</b>	01:10:22	00:35:23	8.53
1161	6500	SYGUŁA AGNIESZKA	WARSZAWA		84 K20/433 (K)1161	<b>01:16:30</b>	01:10:08	00:34:16	8.56
1162	6238	GALUSZKA JADWIGA	PRUSZKÓW	SPORTAKUS WARSZAWA /	77 K30/458 (K)1162	<b>01:16:42</b>	01:10:39	00:37:21	8.49
1163	3461	MASZNICZ IWONA	WARSZAWA		70 K40/185 (K)1163	<b>01:16:42</b>	01:10:42	00:34:26	8.49
1164	3994	GRZEGOREK KATARZYNA	WARSZAWA		70 K40/186 (K)1164	<b>01:16:48</b>	01:13:02	00:35:41	8.22
1165	51	KOMOROWSKA MARTA			79 K30/459 (K)1165	<b>01:16:51</b>	01:08:10	00:32:20	8.80
1166	1658	FLIS GRAŻYNA	MICHAŁOWICE		57 K50/68 (K)1166	<b>01:16:54</b>	01:11:28	00:35:08	8.40
1167	5749	DUDEK AGNIESZKA	LUBLIN		76 K30/460 (K)1167	<b>01:16:57</b>	01:10:48	00:35:17	8.47

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# KOBIECY (WOMEN)

<b>Miejsce</b>	<b>Nr</b>	<b>Nazwisko i imię</b>	<b>Miejscowość</b>	<b>Drużyna / Klub</b>	<b>R-k</b>	<b>W kat.</b>	<b>Wynik</b>	<b>Wynik</b>	<b>Wynik</b>	<b>Wynik</b>
<b>Rank</b>	<b>Bib</b>	<b>Name</b>	<b>City</b>	<b>Team / Club</b>	<b>YoB</b>	<b>in Age</b>	<b>Time</b>	<b>netto</b>	<b>5km</b>	<b>[km/h]</b>
1168	6218	TUPAJ MAGDALENA	WARSZAWA	AKD RIDE OR DIE /	85	K20/434 (K)1168	01:16:58	01:10:31	00:35:53	8.51
1169	5681	SZÓSTYK BARBARA	TARNOBRZEG		86	K20/435 (K)1169	01:17:05	01:10:53	00:33:11	8.46
1170	2119	GOLAŃSKA JOANNA	PARLIN	BRAK /	83	K20/436 (K)1170	01:17:07	01:15:03	00:37:57	7.99
1171	4246	MICHNIEWICZ MAŁGORZATA	WARSZAWA	ZUS TEAM /	77	K30/461 (K)1171	01:17:14	01:15:37	00:36:39	7.93
1172	1858	DĘBSKA ANNA	WARSZAWA		58	K50/69 (K)1172	01:17:15	01:13:23	00:35:28	8.18
1173	5031	SKOREK KATARZYNA	WARSZAWA		85	K20/437 (K)1173	01:17:20	01:11:16	00:34:10	8.42
1174	4736	FIŁONOWICZ ALEKSANDRA	WARSZAWA		85	K20/438 (K)1174	01:17:20	01:11:16	00:34:10	8.42
1175	358	OKRUSZKO MARIOLA	JÓZEFÓW		61	K50/70 (K)1175	01:17:26	01:14:06	00:36:39	8.10
1176	6303	PACAN JUSTYNA	KRASNYSTAW		87	K20/439 (K)1176	01:17:30	01:13:19	00:36:01	8.18
1177	5600	POKORSKA MAŁGORZATA	WARSZAWA		87	K20/440 (K)1177	01:17:30	01:12:20	00:32:51	8.29
1178	3209	SIKORSKA EWELINA	WARSZAWA		77	K30/462 (K)1178	01:17:48	01:11:01	00:33:44	8.45
1179	1674	CIEŚLAK JOANNA	WARSZAWA		61	K50/71 (K)1179	01:17:50	01:11:47	00:35:06	8.36
1180	96	WISIŃSKA ADRIANNA	WARSZAWA	WASA /	81	K30/463 (K)1180	01:17:51	01:14:05	00:35:41	8.10
1181	3414	ZAWAL ANNA	WARSZAWA		78	K30/464 (K)1181	01:17:57	01:11:14	00:34:56	8.42
1182	6254	NIEMIAROWSKA-GRUDZIŃSKA EWA MARTA	WOŁOMIN		66	K40/187 (K)1182	01:17:58	01:11:08	00:35:32	8.43
1183	6580	SIEMIONOWSKA EMILIA	SULEJÓWEK		83	K20/441 (K)1183	01:18:00	01:11:42	00:34:55	8.37
1184	1557	KOŁACZYŃSKA IWONA	WARSZAWA		65	K40/188 (K)1184	01:18:01	01:11:51	00:34:18	8.35
1185	1316	WASILEWSKA DOROTA	WARSZAWA		83	K20/442 (K)1185	01:18:05	01:11:44	00:35:56	8.36
1186	5609	WRÓBEL PAULINA	WARSZAWA		81	K30/465 (K)1186	01:18:07	01:16:06	00:36:05	7.88
1187	3156	SADKOWSKA DOROTA	TYCHY		81	K30/466 (K)1187	01:18:10	01:11:50	00:36:49	8.35
1188	2148	MICHALSKA MAGDALENA	WARSZAWA		85	K20/443 (K)1188	01:18:18	01:12:16	00:35:17	8.30
1189	5423	CUPRYŚ KATARZYNA	PARZNIEW		76	K30/467 (K)1189	01:18:31	01:16:00	00:36:15	7.89
1190	6480	KOSOWSKA ANGELA	WARSZAWA	ST GEM /	75	K30/468 (K)1190	01:18:36	01:15:56	00:37:11	7.90
1191	6487	ŻAK ZUZANNA			94	K20/444 (K)1191	01:18:37	01:15:58	00:37:15	7.90
1192	6478	OSIAK ANNA	WARSZAWA	ST GEM /	75	K30/469 (K)1192	01:18:38	01:15:58	00:37:14	7.90
1193	1471	KRAWCZYŃSKA TINA	RADZIEJOWICE/ŚLABOMI		76	K30/470 (K)1193	01:18:50	01:12:42	00:35:17	8.25
1194	2835	NOWICKA LILIANA	WARSZAWA		85	K20/445 (K)1194	01:18:58	01:17:20	00:39:04	7.76
1195	3829	JASTRZĘBSKA MARTA	WARSZAWA	AXA RUNNING TEAM /	85	K20/446 (K)1195	01:19:17	01:12:37	00:35:46	8.26
1196	2964	SZAFRAŃSKA SYLWIA	ŁOMIANKI		86	K20/447 (K)1196	01:19:20	01:14:07	00:37:01	8.10
1197	2524	RZESZUTEK ANETA	WARSZAWA		60	K50/72 (K)1197	01:19:20	01:12:45	00:36:40	8.25
1198	2637	KOTECKA ZOSIA	WARSZAWA		83	K20/448 (K)1198	01:19:21	01:13:42	00:35:41	8.14
1199	4429	NIEMGRZYBOWSKA KAROLINA	ŁOMIANKI		89	K20/449 (K)1199	01:19:21	01:12:40	00:35:06	8.26
1200	430	SENATORSKA ZUZANNA	WARSZAWA		80	K30/471 (K)1200	01:19:21	01:13:19	00:37:21	8.18
1201	1943	SZYSZKA URSZULA	WARSZAWA	PKO_ /	58	K50/73 (K)1201	01:19:21	01:19:04	00:38:14	7.59
1202	4430	SZEWczyk EDYTA	ŁOMIANKI		86	K20/450 (K)1202	01:19:22	01:12:41	00:35:06	8.25
1203	920	CZERWIŃSKA ELŻBIETA	WARSZAWA	WYDAWNICTWO SIC! /	58	K50/74 (K)1203	01:19:26	01:13:09	00:34:37	8.20
1204	6278	OLESIJUK KATARZYNA	LUBLIN	OLESIJUK TEAM /	86	K20/451 (K)1204	01:19:27	01:14:24	00:35:12	8.06
1205	466	SHIRAISHI KAZUKO	WARSZAWA		51	K60/9 (K)1205	01:19:35	01:14:15	00:35:57	8.08
1206	3079	KERNER KATARZYNA	WARSZAWA		94	K20/452 (K)1206	01:19:55	01:19:26	00:38:48	7.55
1207	398	SZYSZKA KINGA	WARSZAWA		88	K20/453 (K)1207	01:20:07	01:14:06	00:36:04	8.10
1208	606	KOSIERADZKA JOANNA	WARSZAWA		67	K40/189 (K)1208	01:20:18	01:13:37	00:36:11	8.15
1209	6791	WLEKLIK KAROLINA	WARSZAWA		82	K20/454 (K)1209	01:20:22	01:16:44	00:37:20	7.82
1210	1896	OBUCHOWICZ ANNA	WARSZAWA		80	K30/472 (K)1210	01:20:24	01:13:39	00:36:20	8.15
1211	4590	STĘPLEWSKA MAŁGORZATA	WARSZAWA		74	K30/473 (K)1211	01:20:27	01:13:48	00:36:28	8.13
1212	6950	ROGAŁA - KONIECZNA MAŁGORZATA	SIERADZ		69	K40/190 (K)1212	01:20:34	01:14:59	00:36:27	8.00
1213	5269	ARCISZEWSKA WIOLETTA	MIĘDZYBORÓW	- /	96	K20/455 (K)1213	01:20:37	01:14:48	00:36:16	8.02
1214	6079	ŁOJEWSKA IZABELA	KIELCE	FITNESS CLUB TAO /	67	K40/191 (K)1214	01:20:43	01:14:13	00:36:39	8.08
1215	2757	TARNOWSKA MAGDA	WARSZAWA	STASZEK JEST Z NAMI /	57	K50/75 (K)1215	01:20:43	01:14:49	00:36:30	8.02
1216	6353	PIOTROWSKA KAROLINA	DĘBE WIELKIE		87	K20/456 (K)1216	01:20:45	01:14:30	00:35:48	8.05
1217	4989	KOŚMIEJA ANNA	REGUŁY	BRAK /	75	K30/474 (K)1217	01:20:50	01:12:00	00:29:08	8.33
1218	799	DERBICH BEATA	WARSZAWA		87	K20/457 (K)1218	01:20:57	01:15:41	00:36:02	7.93
1219	1909	FUROWICZ JUSTYNA	WARSZAWA	BRAK /	88	K20/458 (K)1219	01:21:01	01:15:15	00:37:01	7.97
1220	5571	OSIŃSKA KATARZYNA	KARCZEW		75	K30/475 (K)1220	01:21:07	01:14:27	00:36:25	8.06
1221	6888	KOWALSKA MAŁGORZATA	WARSZAWA	AIRBIKE /	77	K30/476 (K)1221	01:21:21	01:21:19	00:38:49	7.38
1222	402	DYGA-TWARDOWSKA HANNA	WARSZAWA		75	K30/477 (K)1222	01:21:27	01:19:45	00:40:17	7.52
1223	3638	ZACKIEWICZ URSZULA	WARSZAWA		65	K40/192 (K)1223	01:21:27	01:18:37	00:37:32	7.63

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# KOBIECY (WOMEN)

<b>Miejsce Rank</b>	<b>Nr Bib</b>	<b>Nazwisko i imię Name</b>	<b>Miejscowość City</b>	<b>Drużyna / Klub Team / Club</b>	<b>R-k W kat. YoB in Age</b>	<b>Wynik Time</b>	<b>Wynik netto</b>	<b>Wynik 5km</b>	<b>[km/h]</b>
1224	5165	JABŁOŃSKA AGNIESZKA	LEGIONOWO	BRAK /	73 K30/478 (K)1224	01:21:28	01:16:18	00:38:07	7.86
1225	2042	ZIEMKIEWICZ MAGDALENA	WARSZAWA		64 K40/193 (K)1225	01:21:45	01:16:19	00:37:47	7.86
1226	2303	MIŁOSZ KAROLINA	WARSZAWA	STRAŻ MIEJSKA M.ST. WARSZAWA /	83 K20/459 (K)1226	01:22:02	01:19:42	00:37:49	7.53
1227	2994	BARLIK MAGDALENA	WARSZAWA		56 K50/76 (K)1227	01:22:11	01:18:43	00:39:33	7.62
1228	265	REMBELSKA STEFANIA	WARSZAWA		39 K70/2 (K)1228	01:22:18	01:15:52	00:36:44	7.91
1229	3284	SZWABOWSKA URSZULA	WARSZAWA		72 K30/479 (K)1229	01:22:19	01:16:16	00:37:20	7.87
1230	2648	KRUK-PIELESIAK MAGDALENA	WARSZAWA		82 K20/460 (K)1230	01:22:19	01:15:51	00:38:25	7.91
1231	6975	DYLEWSKA ELZBIETA	WARSZAWA		76 K30/480 (K)1231	01:22:25	01:18:46	00:36:18	7.62
1232	1795	KUSIAK BEATA	WARSZAWA	ICHF / NOBLESSE /	85 K20/461 (K)1232	01:22:29	01:15:50	00:38:59	7.91
1233	5210	ZIÓŁEK ELŻBIETA	WARSZAWA	BIEGAMY Z OCHOTĄ /	60 K50/77 (K)1233	01:23:04	01:16:41	00:37:07	7.82
1234	4194	WANATOWSKA OLGA	WARSZAWA		72 K30/481 (K)1234	01:23:21	01:16:33	00:37:41	7.84
1235	4594	CZERW MAGDALENA	PIASECZNO		87 K20/462 (K)1235	01:23:35	01:18:54	00:36:24	7.60
1236	1134	TROCZEWSKA ALEKSANDRA	WARSZAWA	LASEK BIELAŃSKI TEAM /	83 K20/463 (K)1236	01:23:48	01:17:09	00:38:53	7.78
1237	6093	MAĆKOWIAK BOGUMIŁA	POZNAŃ	TEAM NUTRILITE /	46 K60/10 (K)1237	01:24:01	01:17:29	00:37:22	7.74
1238	1612	GLÓWCZAK KATARZYNA	WARSZAWA		83 K20/464 (K)1238	01:24:03	01:17:15	00:37:50	7.77
1239	4913	WILK AGNIESZKA	TARNOBRZEG		73 K30/482 (K)1239	01:24:21	01:17:49	00:38:15	7.71
1240	2326	KARAŚ ALEKSANDRA	PŁOCK	CROSS WARSZAWA SYRENKA /	50 K60/11 (K)1240	01:24:34	01:18:05	00:38:37	7.68
1241	610	WAGNER GRAŻYNA	OŻARÓW MAZOWIECKI		54 K50/78 (K)1241	01:24:41	01:21:13	00:39:32	7.39
1242	6653	SUŠKOVÁ ALEXANDRA	KRAKÓW	NUTRILITE TEAM /	81 K30/483 (K)1242	01:24:43	01:17:54	00:41:18	7.70
1243	3104	JANKOWSKA ELIZA	WARSZAWA		96 K20/465 (K)1243	01:24:45	01:22:19	00:42:19	7.29
1244	1599	BALDA MARTYNA	WARSZAWA	TEAM NUTRILITE /	83 K20/466 (K)1244	01:24:51	01:18:18	00:37:22	7.66
1245	266	TOMICKA ELZBIETA	IZABELIN		37 K70/3 (K)1245	01:24:55	01:18:16	00:38:50	7.67
1246	2863	SAFIANOWSKA ALEKSANDRA	WARSZAWA		58 K50/79 (K)1246	01:24:57	01:21:07	00:38:02	7.40
1247	4492	STEFAŃSKA ANNA	GRODZISK MAZOWIECKI		53 K50/80 (K)1247	01:25:01	01:18:33	00:38:25	7.64
1248	4754	FERENIEC MAŁGORZATA	WARSZAWA		63 K40/194 (K)1248	01:25:11	01:18:54	00:37:13	7.60
1249	4639	ŁANKIEWICZ KASIA	WARSZAWA	ALE TEMPO /	75 K30/484 (K)1249	01:25:14	01:18:46	00:38:28	7.62
1250	4810	SADKOWSKA NINA	PRUSZKÓW		87 K20/467 (K)1250	01:25:43	01:19:17	00:39:26	7.57
1251	1148	NAROLEWSKA DOROTA	ŁOMIANKI		80 K30/485 (K)1251	01:25:45	01:22:15	00:37:05	7.29
1252	3872	RODZIEWICZ EWA	WARSZAWA		87 K20/468 (K)1252	01:25:50	01:16:48	00:36:58	7.81
1253	4089	TUPALSKA JANINA	WARSZAWA		63 K40/195 (K)1253	01:26:14	01:24:00	00:39:20	7.14
1254	4088	GALECKA BOŻENA	WARSZAWA		66 K40/196 (K)1254	01:26:14	01:24:00	00:39:21	7.14
1255	5145	SIERADZKA EDYTA	WARSZAWA		85 K20/469 (K)1255	01:26:32	01:21:12	00:38:28	7.39
1256	3082	KSIĘŻOPOLSKA ANNA	WARSZAWA		72 K30/486 (K)1256	01:26:38	01:19:52	00:39:11	7.51
1257	6818	WROŃSKA DOROTA	WARSZAWA		69 K40/197 (K)1257	01:26:45	01:19:57	00:38:05	7.50
1258	3188	MALICKA KATARZYNA	WARSZAWA		58 K50/81 (K)1258	01:27:11	01:20:44	00:39:30	7.43
1259	1305	PODGÓRZAK MARIA	KARCZEW		89 K20/470 (K)1259	01:27:15	01:25:03	00:39:40	7.05
1260	1939	ZALĘSKA AGNIESZKA	WARSZAWA	PKO_ /	77 K30/487 (K)1260	01:27:30	01:26:24	00:43:46	6.94
1261	992	WIŚNIEWSKA LIDIA	WARSZAWA		58 K50/82 (K)1261	01:27:44	01:21:11	00:39:37	7.39
1262	6416	STAFIEJ-BARTOSIK AGATA	WARSZAWA		76 K30/488 (K)1262	01:27:49	01:22:17	00:40:11	7.29
1263	2362	MICHALCZYK MAŁGORZATA	WARSZAWA		90 K20/471 (K)1263	01:27:53	01:21:04	00:38:54	7.40
1264	3995	KAPRON DAGMARA	WARSZAWA		70 K40/198 (K)1264	01:27:56	01:22:23	00:40:19	7.28
1265	6801	WOJDAK MAGDALENA	ŻYRARDÓW		82 K20/472 (K)1265	01:28:05	01:21:49	00:37:54	7.33
1266	6810	WOŁOWICZ MILENA	MIĘDZYBORÓW	- /	96 K20/473 (K)1266	01:28:05	01:22:15	00:38:20	7.29
1267	3841	KAZANECKA AGNIESZKA	WOŁOMIN	AXA RUNNING TEAM /	74 K30/489 (K)1267	01:28:58	01:22:19	00:38:40	7.29
1268	2053	ŚWIERCZYŃSKA DOMINIKA	WARSZAWA		93 K20/474 (K)1268	01:29:08	01:22:43	00:39:41	7.25
1269	6547	SADOWSKA MAGDALENA	GDYNIA	TEAM NUTRILITE /	72 K30/490 (K)1269	01:29:52	01:23:03	00:41:17	7.22
1270	1971	KAROLAK AGNIESZKA	UNIECK	PKO_ /	70 K40/199 (K)1270	01:30:02	01:24:30	00:40:19	7.10
1271	1798	BRZozowska ANNA	WARSZAWA	ICHF / NOBLESSE /	83 K20/475 (K)1271	01:30:03	01:24:18	00:40:27	7.12
1272	4640	GÓRSKA JOANNA	WARSZAWA		87 K20/476 (K)1272	01:33:33	01:26:36	00:40:30	6.93
1273	118	MIGDAŁ ANNA	WARSZAWA	AMWAY /	87 K20/477 (K)1273	01:39:49	01:33:40	00:50:09	6.41
1274	1800	KAPUŚCIŃSKA-BERNATEK ALEKSANDRA	WARSZAWA	ICHF / NOBLESSE /	73 K30/491 (K)1274	01:46:13	01:39:29	00:48:13	6.03

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