

II Bemowski Bieg Przyjaźni 2010

WYNIKI ZAWODÓW / RESULTS LIST

OPEN Przodownicy

Organizator: Urząd Dzielnicy Bemowo m.st. Warszawy

Data: 19 września 2010 r.

Miejsce/Spot: Warszawa - Bemowo

Distance: 5km

<i>Miejsce</i> <i>Rank</i>	<i>Nr</i> <i>Bib</i>	<i>Nazwisko i imię</i> <i>Name</i>	<i>Miejscowość</i> <i>City</i>	<i>Kraj</i> <i>Nat</i>	<i>Drużyna</i> <i>Team</i>	<i>R-k</i> <i>YoB</i>	<i>W kategorii</i> <i>in Age</i>	<i>Grupy</i> <i>Group</i>	<i>Sex</i>	<i>Wynik</i> <i>Time</i>	<i>Wynik</i> <i>Netto [km/h]</i>	<i>Check points</i>
1	187	ŻEBROWSKI Krzysztof	ZAKRZEWO	ULKS MACIVIA MAKÓW MAZOWIECKI		90			(M)1	00:15:25	00:15:25 19.46	00:07:48 / 3 [19.23]
2	450	BADUREK Maciej	BIAŁA PODLASKA	AZS AWF BIAŁA PODLASKA		88			(M)2	00:15:38	00:15:38 19.19	00:07:48 / 1 [19.23]
3	228	CELIŃSKI Robert	TRZEBIESZÓW	ITI ADVENTURE TEAM		73			(M)3	00:15:38	00:15:38 19.19	00:07:48 / 2 [19.23]
4	162	KUŚMIERZ Sylwester	TOMASZÓW	BYLEDOBIEC ANIN		78			(M)4	00:16:07	00:16:06 18.63	00:07:54 / 4 [18.99]
5	403	JĘDRUSIŃSKI Damian	MIŃSK MAZOWIECKI	ENTRE.PL TEAM		91	Jun/1		(M)5	00:16:08	00:16:07 18.61	00:07:55 / 5 [18.95]
6	243	PTAK Sławomir	CEGLÓW	AZS-AWF WARSZAWA		86			(M)6	00:16:31	00:16:31 18.16	00:08:09 / 6 [18.40]
7	63	OLSZEWSKI Bartosz	WARSZAWA	WARSZAWIAKY		84			(M)7	00:17:12	00:17:11 17.46	00:08:32 / 7 [17.58]
8	308	KRYSIK Marcin	WUJÓWKA	AZS WAT		88			(M)8	00:17:12	00:17:11 17.46	00:08:33 / 9 [17.54]
9	222	KARKUT Bogdan	KOMORÓW	WITAR TARNOBRZEG		70	Mast/1		(M)9	00:17:15	00:17:14 17.41	00:08:37 / 13 [17.41]
10	644	BELOWSKI Mateusz	PULAWY			91	Jun/2		(M)10	00:17:19	00:17:18 17.34	00:08:34 / 10 [17.51]
11	323	JURKOWSKI Jan	WARSZAWA	ART PROFI TEAM		83			(M)11	00:17:23	00:17:22 17.27	00:08:33 / 8 [17.54]
12	139	KRÓL Dariusz	WOŁOMIN	TOWARZYSTWO AKTYWNY RELAKS		64	Mast/2		(M)12	00:17:27	00:17:26 17.21	00:08:36 / 12 [17.44]
13	245	SZYMBORSKI Rafał	GÓRA	KB PIMAR LEGIONOWO		92	Jun/3		(M)13	00:17:33	00:17:33 17.09	00:08:35 / 11 [17.48]
14	93	OPAŁA Przemysław	STRZESZEWO	WAT		87			(M)14	00:17:50	00:17:47 16.87	00:08:50 / 17 [16.98]
15	640	PIOTROWSKI Andrzej	WARSZAWA			72			(M)15	00:17:53	00:17:50 16.82	00:08:56 / 21 [16.79]
16	423	DRABCZYK Szymon	WARSZAWA			60	Mast/3		(M)16	00:17:55	00:17:54 16.76	00:08:50 / 18 [16.98]
17	374	MAZUR Jakub	KRAKÓW	AZS AWF KRAKÓW		92	Jun/4		(M)17	00:17:56	00:17:54 16.76	00:08:49 / 16 [17.01]
18	209	KOSIERADZKI Łukasz	SIEDLCE	KSS EKONOMIK SIEDLCE		91	Jun/5		(M)18	00:17:58	00:17:56 16.73	00:08:53 / 20 [16.89]
19	208	BRYŁA Krzysztof	WARSZAWA	BYLEDOBIEC ANIN		79			(M)19	00:17:59	00:17:58 16.70	00:08:51 / 19 [16.95]
20	367	NOWOCIEŃ Jacek	PODKOWA LEŚNA	GLKS NADARZYN		59	Mast/4		(M)20	00:18:01	00:18:01 16.65	00:08:56 / 22 [16.79]
21	192	WIECZOREK Piotr	WARSZAWA	SZALONY KOT		78			(M)21	00:18:02	00:18:00 16.67	00:09:00 / 25 [16.67]
22	196	ROSZKOWSKI Tomasz	WARSZAWA-NATOLIN	WARSZAWA NATOLIN ZACHODNI		86			(M)22	00:18:05	00:18:04 16.61	00:08:45 / 14 [17.14]
23	246	WYSOCKI Rafał	SIEDLCE	KSS EKONOMIK SIEDLCE WWW.STRZELECTWOSPORTOW		90			(M)23	00:18:06	00:18:04 16.61	00:08:59 / 23 [16.70]
24	420	DOŁĘGOWSKI Krzysztof	WARSZAWA	MIESIĘCZNIK BIEGANIE		79			(M)24	00:18:08	00:18:07 16.56	00:09:00 / 24 [16.67]
25	165	ŁUKASZEWICZ Ryszard	WARSZAWA			61	Mast/5		(M)25	00:18:21	00:18:20 16.36	00:09:02 / 26 [16.61]
26	285	PLACHCIŃSKI Patryk	WARSZAWA	ERA RUNNING TEAM		74			(M)26	00:18:21	00:18:19 16.38	00:09:03 / 27 [16.57]

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto [km/h]	Check points
27	218	CHRABAŁOWSKI Jarosław	WARSZAWA		KB GYMNASION WARSZAWA	85			(M)27	00:18:23	00:18:23 16.32	00:08:49 / 15 [17.01]
28	368	OLSZEWSKI Paweł	WARSZAWA			87			(M)28	00:18:30	00:18:29 16.23	00:09:10 / 29 [16.36]
29	152	STEFANIAK Maciej	WARSZAWA		ACCELERATE KB ACCENTURE	83			(M)29	00:18:37	00:18:36 16.13	00:09:11 / 30 [16.33]
30	42	FIGURSKI Cezary	WARSZAWA		UKS G8 BIELANY	66 Mast/6			(M)30	00:18:53	00:18:50 15.93	00:09:23 / 35 [15.99]
31	422	DOMAŃSKI Michał	WARSZAWA		BYLEDOBIEC ANIN	80			(M)31	00:18:54	00:18:52 15.90	00:09:19 / 33 [16.10]
32	267	KAROLKIEWICZ Daniel	DROHICZYN		DROHICZYN TEAM	86			(M)32	00:18:55	00:18:49 15.94	00:09:32 / 38 [15.73]
33	645	BELOWSKI Łukasz	PULAWY		ADBLUE	82			(M)33	00:19:07	00:19:03 15.75	00:09:18 / 32 [16.13]
34	127	TYMICKI Zbigniew	WARSZAWA		SBBP.PL	69 Mast/7			(M)34	00:19:09	00:19:07 15.69	00:09:27 / 36 [15.87]
35	66	GRZEŃDA Tomasz	SZYDŁOWIEC		LENIWCE TEAM	78			(M)35	00:19:13	00:19:12 15.63	00:09:19 / 34 [16.10]
36	55	SZCZEŚNIAK Sławomir	WARSZAWA			72			(M)36	00:19:14	00:19:12 15.63	00:09:11 / 31 [16.33]
37	430	JAROSIEWICZ Paweł	WARSZAWA		ACCELERATE	90			(M)37	00:19:22	00:19:20 15.52	00:09:47 / 45 [15.33]
38	351	KRUSZKA Jakub	WARSZAWA			85			(M)38	00:19:28	00:19:26 15.44	00:09:50 / 52 [15.25]
39	89	IGNATOWICZ Andrzej	WARSZAWA			74			(M)39	00:19:28	00:19:27 15.42	00:09:46 / 43 [15.36]
40	392	LEŚ Tomasz	WARSZAWA			88			(M)40	00:19:31	00:19:28 15.41	00:09:28 / 37 [15.85]
41	371	ZASINA Sebastian	PRUSZKÓW		FACEBOOK.COM/BIEGANIE	82			(M)41	00:19:32	00:19:30 15.38	00:09:46 / 44 [15.36]
42	95	OMSZAŃSKI Marek	WARSZAWA			81			(M)42	00:19:42	00:19:39 15.27	00:09:40 / 40 [15.52]
43	425	CICHAWA Paweł	OPOCZNO			79			(M)43	00:19:46	00:19:44 15.20	00:09:39 / 39 [15.54]
44	201	NIEWĘGŁOWSKI Marcin	LEGIONOWO		GRUPA BIEGOWA CHTMO	72			(M)44	00:19:48	00:19:47 15.16	00:09:43 / 41 [15.44]
45	111	LASOCKI Piotr	WARSZAWA			81			(M)45	00:19:49	00:19:47 15.16	00:09:48 / 49 [15.31]
46	283	LORANC Przemysław	WARSZAWA		ACCREO ALL BLUES	87			(M)46	00:19:52	00:19:45 15.19	00:10:15 / 69 [14.63]
47	262	ŻELAZKO Łukasz	BELSK DUŻY			88			(M)47	00:19:53	00:19:49 15.14	00:09:47 / 47 [15.33]
48	98	SOLCZAK Cezary	CHOTOMÓW		GRUPA BIEGOWA CHTMO	92 Jun/6			(M)48	00:19:54	00:19:44 15.20	00:10:29 / 82 [14.31]
49	195	JASIONOWSKI Mariusz	IZABELIN			91 Jun/7			(M)49	00:19:58	00:19:57 15.04	00:09:05 / 28 [16.51]
50	393	CYRA Piotr	WARSZAWA		ERA RUNNING TEAM	75			(M)50	00:19:59	00:19:56 15.05	00:09:57 / 57 [15.08]
51	414	RAJKOWSKI Krzysztof	PRUSZKÓW		KB PRUSZKÓW	64 Mast/8			(M)51	00:20:02	00:19:50 15.13	00:09:54 / 54 [15.15]
52	100	PIASECKI Paweł	STARE BABICE		FLY AWAY WARSZAWA	82			(M)52	00:20:03	00:20:02 14.98	00:09:56 / 55 [15.10]
53	197	WASILEWSKI Robert	WARSZAWA		WSB CYTADELA	72			(M)53	00:20:03	00:19:59 15.01	00:09:49 / 50 [15.28]
54	68	MITUŁA Łukasz	WOŁOMIN		WSB CYTADELA	86			(M)54	00:20:03	00:20:00 15.00	00:09:49 / 51 [15.28]
55	151	OWSIŃSKI Andrzej	WARSZAWA		ACCELERATE	70 Mast/9			(M)55	00:20:07	00:20:02 14.98	00:09:46 / 42 [15.36]
56	300	SZTUBECKI Michał	WARSZAWA		VEGE RUNNERS	72			(M)56	00:20:08	00:20:03 14.96	00:09:47 / 46 [15.33]
57	322	WODER Olaf	GARWOLIN		TRUCHTACZ.PL	82			(M)57	00:20:09	00:20:05 14.94	00:09:57 / 56 [15.08]
58	172	STYKOWSKI Robert	WARSZAWA		ART PROF1	77			(M)58	00:20:11	00:20:09 14.89	00:09:59 / 58 [15.03]
59	118	WILK Jarosław	WARSZAWA			62 Mast/10			(M)59	00:20:19	00:20:17 14.79	00:09:53 / 53 [15.18]
60	244	SZYMBORSKI Krzysztof	GÓRA		KB PIMAR LEGIONOWO	90			(M)60	00:20:23	00:20:23 14.72	00:09:48 / 48 [15.31]
61	396	POPOWSKI Jarosław	WARSZAWA		UNTS	69 Mast/11			(M)61	00:20:23	00:20:16 14.80	00:10:05 / 62 [14.88]
62	339	ZATORSKI Mirosław	WARSZAWA		LEGION.RUN	70 Mast/12			(M)62	00:20:27	00:20:23 14.72	00:10:09 / 66 [14.78]
63	421	DĄBROWSKI Tomasz	WARSZAWA		UNTS	78			(M)63	00:20:32	00:20:29 14.65	00:10:00 / 60 [15.00]

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto [km/h]	Check points	
64	336	RACHWAŁ Michał	WARSZAWA	12TRI.PL		81		(M)64		00:20:40	00:20:39	14.53	00:10:12 / 67 [14.71]
65	110	PAKUŁA Błażej	WARSZAWA	FACEBOOK.COM/BIEGANIE		88		(M)65		00:20:43	00:20:38	14.54	00:10:06 / 64 [14.85]
66	270	BIELECKI Jakub	WARSZAWA	ENTRE.PL		83		(M)66		00:20:47	00:20:43	14.48	00:10:04 / 61 [14.90]
67	52	KLIGLICH Paweł	WOŁOMIN	AKTYWNY RELAKS WOŁOMIN		77		(M)67		00:20:49	00:20:38	14.54	00:10:28 / 81 [14.33]
68	436	MALISZEWSKI Cezary	WARSZAWA	DENAT WARSZAWA		58	Mast/13	(M)68		00:20:50	00:20:43	14.48	00:10:22 / 73 [14.47]
69	442	ROSZKIEWICZ Hubert	ZALESIE GÓRNE	RH FITNESS		79		(M)69		00:20:51	00:20:49	14.41	00:10:07 / 65 [14.83]
70	169	BIELSKI Michał	WARSZAWA	GRUPA BIEGOWA CHTMO		92	Jun/8	(M)70		00:20:56	00:20:55	14.34	00:09:59 / 59 [15.03]
71	223	MAKULEC Dariusz	SOCHACZEW	KMAKTYWNI"SOCHACZEW"		69	Mast/14	(M)71		00:21:04	00:20:48	14.42	00:10:56 / 100 [13.72]
72	69	SUTARCZYK Marek	WARSZAWA	OSIR WARSZAWA BEMOWO		55	Mast/15	(M)72		00:21:07	00:21:05	14.23	00:10:22 / 74 [14.47]
73	362	KARPIŃSKI Robert	MARKI			71		(M)73		00:21:11	00:21:05	14.23	00:10:14 / 68 [14.66]
74	41	MIKOŁAJCZYK Konrad	WARSZAWA			79		(M)74		00:21:11	00:21:07	14.21	00:10:23 / 75 [14.45]
75	248	DZIACZYŃSKI Mariusz	PIASECZNO	ABC KONDYCJA		66	Mast/16	(M)75		00:21:11	00:21:04	14.24	00:10:28 / 80 [14.33]
76	170	BEBELSKI Rafał	WARSZAWA			77		(M)76		00:21:12	00:21:01	14.27	00:10:41 / 88 [14.04]
77	156	WIŚNIEWSKI Tomasz	WARSZAWA			70	Mast/17	(M)77		00:21:15	00:21:05	14.23	00:10:38 / 87 [14.11]
78	38	ADUNETS Andrei				87		(M)78		00:21:19	00:21:19	14.07	00:10:24 / 76 [14.42]
79	433	KAJAK Mirosław	GARWOLIN	TRUCHTACZ.PL		58	Mast/18	(M)79		00:21:23	00:21:19	14.07	00:10:28 / 79 [14.33]
80	84	ŻURAWSKI Paweł	NOWY GLINNIK	LENIWCE TEAM		78		(M)80		00:21:23	00:21:17	14.10	00:10:48 / 94 [13.89]
81	242	LUDKOWSKI Mariusz	MIŃSK MAZOWIECKI	KD DREPTAK		74		(M)81		00:21:24	00:21:20	14.06	00:10:46 / 91 [13.93]
82	101	ARTYSZUK Mirosław	WARSZAWA			60	Mast/19	(M)82		00:21:26	00:21:22	14.04	00:10:33 / 83 [14.22]
83	443	ROSZKIEWICZ Robert	ZALESIE GÓRNE	RH FITNESS		79		(M)83		00:21:26	00:21:23	14.03	00:10:48 / 95 [13.89]
84	387	SKÓRA Artur	WARSZAWA			85		(M)84		00:21:27	00:21:26	14.00	00:10:15 / 70 [14.63]
85	221	BRZOZOWSKI Andrzej	ZAMOŚĆ	WARSZAWA MOKOTÓW		54	Mast/20	(M)85		00:21:28	00:21:24	14.02	00:10:35 / 84 [14.17]
86	264	FELIS Paweł	BOBROWIEC			69	Mast/21	(M)86		00:21:28	00:21:21	14.05	00:10:36 / 85 [14.15]
87	350	ILCZUK Piotr	BŁONIE	LKS OLYMP BŁONIE		91	Jun/9	(M)87		00:21:28	00:21:27	13.99	00:10:26 / 78 [14.38]
88	331	ZYCH Tomasz	JASIENICA	FACEBOOK.COM/BIEGANIE		91	Jun/10	(M)88		00:21:28	00:21:26	14.00	00:10:18 / 71 [14.56]
89	212	DANISZEWSKI Piotr	CHOTOMÓW	GRUPA BIEGOWA CHTMO		78		(M)89		00:21:29	00:21:24	14.02	00:10:05 / 63 [14.88]
90	441	BASZCZAK Mirosław	WARSZAWA			75		(M)90		00:21:29	00:21:25	14.01	00:10:45 / 89 [13.95]
91	348	KOWALEWSKI Robert	WARSZAWA	GAZETA WYBORCZA		70	Mast/22	(M)91		00:21:30	00:21:21	14.05	00:10:45 / 90 [13.95]
92	142	KĘCIK Janusz	WARSZAWA			51	Mast/23	(M)92		00:21:33	00:21:23	14.03	00:10:48 / 96 [13.89]
93	70	MIKINA Artur	WARSZAWA	PWPW SA		59	Mast/24	(M)93		00:21:34	00:21:26	14.00	00:10:50 / 97 [13.85]
94	122	ADAMCZYK Marek	JAKTORÓW	ZF UNIA		73		(M)94		00:21:35	00:21:28	13.98	00:11:28 / 139 [13.08]
95	71	GAWRYJOLEK Michał	WARSZAWA			82		(M)95		00:21:36	00:21:22	14.04	00:10:46 / 92 [13.93]
96	181	POLKO Roman	TYCHY	META LUBLINIEC		62	Mast/25	(M)96		00:21:41	00:21:36	13.89	00:10:59 / 103 [13.66]
97	305	KURZAWA Sławomir	WARSZAWA			66	Mast/26	(M)97		00:21:43	00:21:38	13.87	00:11:00 / 105 [13.64]
98	261	STREFLIK Mateusz	GRÓJEC			94	Jun/11	(M)98		00:21:46	00:21:41	13.84	00:10:24 / 77 [14.42]
99	340	BIELEC Artur	WARSZAWA			73		(M)99		00:21:47	00:21:43	13.81	00:10:47 / 93 [13.91]
100	333	KROGULEC Mateusz	ŁOMIANKI	FACEBOOK.COM/BIEGANIE		88		(M)100		00:21:48	00:21:46	13.78	00:10:20 / 72 [14.52]

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto [km/h]	Check points	
101	125	WIŚNIEWSKI Piotr	RADZIKÓW	RUMAKI		73		(M)101		00:21:49	00:21:44	13.80	00:11:15 / 128 [13.33]
102	375	URBAN Arkadiusz	LUBARTÓW			72		(M)102		00:21:49	00:21:38	13.87	00:10:58 / 102 [13.68]
103	132	DOBROWOLSKI Krzysztof	WARSZAWA			51	Mast/27	(M)103		00:21:50	00:21:41	13.84	00:10:57 / 101 [13.70]
104	250	PAWLICKI Tomasz	WARSZAWA	SASKA KĘPA		80		(M)104		00:21:50	00:21:41	13.84	00:10:59 / 104 [13.66]
105	180	MAMLA Zbigniew	WARSZAWA	TRUCHT TARCHOMIN		70	Mast/28	(M)105		00:21:51	00:21:45	13.79	00:10:37 / 86 [14.13]
106	193	SERWATKA Lech	WARSZAWA			75		(M)106		00:21:54	00:21:34	13.91	00:11:13 / 125 [13.37]
107	332	GONTAREK Adam	STUDZIANKI	KB POŚWIĘTNE		85		(M)107		00:21:55	00:21:46	13.78	00:11:07 / 118 [13.49]
108	117	KURCEWICZ Dariusz	WARSZAWA	MADAROS		69	Mast/29	(M)108		00:21:56	00:21:48	13.76	00:10:50 / 98 [13.85]
109	81	JAROSIŃSKI Arkadiusz	WARSZAWA	SCIEZKA BIEGOWA POLE MOKOTOWSKIE		77		(M)109		00:21:59	00:21:46	13.78	00:11:08 / 119 [13.47]
110	268	STĘPIEŃ Leszek	WOŁOMIN	KB POŚWIĘTNE		78		(M)110		00:22:04	00:21:56	13.68	00:11:07 / 117 [13.49]
111	87	ZUBEK Zenon	WARSZAWA	KLUB WYSOKOGÓRSKI WARSZAWA		76		(M)111		00:22:07	00:21:53	13.71	00:11:06 / 113 [13.51]
112	317	MASKIEWICZ Arkadiusz	WARSZAWA	ERA RUNNING TEAM		70	Mast/30	(M)112		00:22:08	00:21:58	13.66	00:11:03 / 108 [13.57]
113	186	TELEŚNICKI Grzegorz	WARSZAWA			71		(M)113		00:22:09	00:22:01	13.63	00:11:05 / 112 [13.53]
114	206	POJAWA Tomasz	WARSZAWA	BYLEDOBIEC ANIN		73		(M)114		00:22:09	00:21:54	13.70	00:11:18 / 129 [13.27]
115	349	SZCZUROWSKI Tomasz	WARSZAWA			91	Jun/12	(M)115		00:22:11	00:22:07	13.56	00:10:54 / 99 [13.76]
116	417	SZELWACHOWSKI Dariusz	WARSZAWA	KB LAS HORMIGAS		64	Mast/31	(M)116		00:22:11	00:22:04	13.60	00:11:04 / 110 [13.55]
117	109	KORZONKOWSKI Tomasz	WARSZAWA			76		(M)117		00:22:12	00:22:09	13.54	00:11:24 / 135 [13.16]
118	174	PRZYBYŁA Krzysztof	WARSZAWA	KU AZS WAT WARSZAWA		86		(M)118		00:22:16	00:22:06	13.57	00:11:04 / 109 [13.55]
119	366	ZACKIEWICZ Maciej	WARSZAWA			93	Jun/13	(M)119		00:22:21	00:22:09	13.54	00:11:45 / 167 [12.77]
120	124	WIŚNIEWSKI Paweł	RADZIKÓW	RUMAKI		73		(M)120		00:22:22	00:22:17	13.46	00:11:06 / 114 [13.51]
121	185	ADAMKIEWICZ Mirosław	SOCHACZEW	KM AKTYWNI SOCHACZEW		67	Mast/32	(M)121		00:22:25	00:22:09	13.54	00:11:11 / 123 [13.41]
122	234	BUKOWSKI Janusz	WARSZAWA	GMINA BEMOWO /GAZOWNIA W-WA		56	Mast/33	(M)122		00:22:30	00:22:30	13.33	00:11:08 / 120 [13.47]
123	312	KOWALIK Daniel	CHOTOMÓW	GUPA BIEGOWA CHTMO		82		(M)123		00:22:33	00:22:26	13.37	00:11:14 / 127 [13.35]
124	231	BIEŃKOWSKI Rafał	CHOTOMÓW	GRUPA BIEGOWA CHTMO		89		(M)124		00:22:36	00:22:32	13.31	00:11:09 / 122 [13.45]
125	446	ŚWIR CZ Michał	KROŚNIEWICE			85		(M)125		00:22:39	00:22:30	13.33	00:11:27 / 138 [13.10]
126	399	DYMEL Krzysztof	RASZYN			84		(M)126		00:22:40	00:22:27	13.36	00:11:34 / 146 [12.97]
127	410	BORKOWSKI Piotr	WARSZAWA			85		(M)127		00:22:41	00:22:27	13.36	00:11:26 / 137 [13.12]
128	136	NIEDZIÓŁKA Jacek	WARSZAWA			66	Mast/34	(M)128		00:22:44	00:22:41	13.23	00:11:01 / 106 [13.62]
129	97	DYJAS Arkadiusz	CHOTOMÓW	GRUPA BIEGOWA CHTMO		92	Jun/14	(M)129		00:22:46	00:22:36	13.27	00:11:33 / 143 [12.99]
130	385	ŚWIERCZEWSKI Marcin	WARSZAWA			79		(M)130		00:22:46	00:22:30	13.33	00:11:44 / 164 [12.78]
131	8	KALICIECKI Ireneusz	WARSZAWA	DZIELNICA BEMOWO		90		(M)131		00:22:46	00:22:30	13.33	00:11:31 / 141 [13.02]
132	439	KLUKOWSKI Dariusz	WARSZAWA			65	Mast/35	(M)132		00:22:47	00:22:39	13.25	00:11:23 / 134 [13.18]
133	288	ISASI Gorka	MARKI	BILBAO		71		(M)133		00:22:47	00:22:35	13.28	00:11:09 / 121 [13.45]
134	419	KAROL Maciej	KOPRZYWNICA	PKO BP		85		(M)134		00:22:49	00:22:36	13.27	00:11:42 / 161 [12.82]
135	128	KOWA Łukasz	WARSZAWA	DISC KILLERS		86		(M)135		00:22:49	00:22:29	13.34	00:11:47 / 171 [12.73]
136	141	ZAKRZEWSKI Rafał	CHOTOMÓW	GRUPA BIEGOWA CHTMO		76		(M)136		00:22:51	00:22:49	13.15	00:11:07 / 115 [13.49]
137	73	MACHNACKI Michał	CHOTOMÓW	GRUPA BIEGOWA CHTMO		76		(M)137		00:22:51	00:22:44	13.20	00:11:40 / 154 [12.86]

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto [km/h]	Check points
138	412	PODBIELSKI Radosław	WARSZAWA		KB CASTELLANUS	82			(M)138	00:22:52	00:22:38 13.25	00:11:48 / 176 [12.71]
139	189	BUDNICKI Piotr	WARSZAWA		WWW.FITNESSTRENER.PL	75			(M)139	00:22:53	00:22:50 13.14	00:11:02 / 107 [13.60]
140	146	SAFIANIK Michał	WARSZAWA			78			(M)140	00:22:53	00:22:40 13.24	00:11:47 / 173 [12.73]
141	182	KOSTEWICZ Kacper	CHOTOMÓW		GRUPA BIEGOWA CHTMO	92	Jun/15		(M)141	00:22:57	00:22:47 13.17	00:11:07 / 116 [13.49]
142	154	KRZYMOWSKI Marek	WARSZAWA		OWCZY PĘD	72			(M)142	00:22:59	00:22:38 13.25	00:11:40 / 156 [12.86]
143	61	KUCZYŃSKI Daniel	WARSZAWA		SZMOTRUCHY	75			(M)143	00:22:59	00:22:51 13.13	00:11:26 / 136 [13.12]
144	418	SZELWACHOWSKI Daniel	WARSZAWA		KB LAS HORMIGAS	88			(M)144	00:23:00	00:22:53 13.11	00:11:19 / 131 [13.25]
145	370	WYDMUCH Wojciech	KATOWICE		TRAVOIS	82			(M)145	00:23:03	00:22:43 13.21	00:11:46 / 169 [12.75]
146	140	ZAKRZEWSKI Damian	CHOTOMÓW		GRUPA BIEGOWA CHTMO	92	Jun/16		(M)146	00:23:03	00:23:00 13.04	00:11:13 / 126 [13.37]
147	372	KOWALSKI Michał	WARSZAWA			86			(M)147	00:23:06	00:22:48 13.16	00:11:19 / 130 [13.25]
148	153	SZYPOWSKI Marcin	KOSZALIN			82			(M)148	00:23:08	00:22:46 13.18	00:11:22 / 133 [13.20]
149	354	RODAK Adam	WARSZAWA			91	Jun/17		(M)149	00:23:09	00:22:55 13.09	00:11:35 / 149 [12.95]
150	382	GRYCNER Paweł	WARSZAWA		BEZIMIENNI	84			(M)150	00:23:13	00:22:58 13.06	00:11:41 / 159 [12.84]
151	217	ŚWIETLIKOWSKI Robert	WARSZAWA			77			(M)151	00:23:15	00:23:04 13.01	00:11:38 / 151 [12.89]
152	325	SIKORA Jakub	WARSZAWA			84			(M)152	00:23:15	00:23:03 13.02	00:11:33 / 144 [12.99]
153	59	KUNKEL Marek	WARSZAWA		ACCELERATE KB ACCENTURE	74			(M)153	00:23:15	00:23:08 12.97	00:11:30 / 140 [13.04]
154	166	KROCHMAL Andrzej	WARSZAWA		KB ORIENTUZ	56	Mast/36		(M)154	00:23:17	00:23:05 13.00	00:11:31 / 142 [13.02]
155	155	WIŚNIEWSKI Maciej	WARSZAWA			94	Jun/18		(M)155	00:23:17	00:23:07 12.98	00:11:35 / 147 [12.95]
156	216	KURIATA Marcin	WARSZAWA			75			(M)156	00:23:19	00:23:01 13.03	00:12:08 / 196 [12.36]
157	203	PIETROŃ Mirosław	WARSZAWA		WSB CYTADELA	60	Mast/37		(M)157	00:23:19	00:23:01 13.03	00:11:48 / 177 [12.71]
158	394	PERŁOWSKI Piotr	WARSZAWA			82			(M)158	00:23:24	00:23:13 12.92	00:11:53 / 185 [12.62]
159	123	DOBZEAŃSKI Maciej	WARSZAWA		BIEGAMY Z OCHOTĄ	54	Mast/38		(M)159	00:23:27	00:23:19 12.87	00:11:54 / 188 [12.61]
160	164	JESINOWICZ Bronisław	WARSZAWA		CSIKGW AON	59	Mast/39		(M)160	00:23:29	00:23:23 12.83	00:11:41 / 157 [12.84]
161	241	ZWOLIŃSKI Mariusz	WARSZAWA			79			(M)161	00:23:31	00:23:12 12.93	00:12:10 / 199 [12.33]
162	306	JÓZWIK Robert	WARSZAWA			76			(M)162	00:23:31	00:23:14 12.91	00:12:27 / 225 [12.05]
163	360	WIERCIAŃSKI Daniel	WARSZAWA			84			(M)163	00:23:32	00:23:26 12.80	00:11:22 / 132 [13.20]
164	365	PIELACHOWSKI Piotr	WARSZAWA			59	Mast/40		(M)164	00:23:33	00:23:29 12.78	00:11:50 / 181 [12.68]
165	407	BUZA Tomasz	WARSZAWA			84			(M)165	00:23:34	00:23:20 12.86	00:11:49 / 179 [12.69]
166	188	LEWANDOWSKI Adrian	ŚWIDNIK			82			(M)166	00:23:35	00:23:24 12.82	00:11:47 / 172 [12.73]
167	395	ZALEWSKI Marcin	WARSZAWA		AMD NTT SYSTEM	87			(M)167	00:23:35	00:23:26 12.80	00:11:40 / 155 [12.86]
168	345	ROGOWSKI Grzegorz	WARSZAWA			86			(M)168	00:23:36	00:23:17 12.88	00:11:55 / 189 [12.59]
169	379	SZYMAŃSKI Wiesław	PŁONSK			62	Mast/41		(M)169	00:23:36	00:23:33 12.74	00:12:03 / 194 [12.45]
170	57	WAGNER Jacek	OTWOCK			72			(M)170	00:23:38	00:23:28 12.78	00:11:39 / 152 [12.88]
171	315	KORKOSZ Andrzej	WARSZAWA		GROTY TEAM	77			(M)171	00:23:38	00:23:29 12.78	00:11:44 / 165 [12.78]
172	255	MALINOWSKI Piotr	WARSZAWA			66	Mast/42		(M)172	00:23:39	00:23:27 12.79	00:11:39 / 153 [12.88]
173	650	PRZYBYLSKI Tomasz	WARSZAWA			55	Mast/43		(M)173	00:23:41	00:23:22 12.84	00:12:26 / 223 [12.06]
174	334	ERBETOWSKI Wojtek	WARSZAWA			84			(M)174	00:23:42	00:23:20 12.86	00:11:58 / 192 [12.53]

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto [km/h]	Check points	
175	210	LABRIGA Dariusz	KARCZEW			70	Mast/44	(M)175		00:23:44	00:23:30	12.77	00:11:49 / 178 [12.69]
176	386	GASPARSKI Piotr	WARSZAWA			72		(M)176		00:23:44	00:23:32	12.75	00:11:35 / 148 [12.95]
177	397	BANASIAK Piotr	WARSZAWA	REPUBLIKA DZIECI		70	Mast/45	(M)177		00:23:47	00:23:36	12.71	00:11:54 / 187 [12.61]
178	237	MICHALSKI Robert	WOŁOMIN			82		(M)178		00:23:48	00:23:15	12.90	00:12:34 / 232 [11.94]
179	104	PAC Bartosz	WARSZAWA			81		(M)179		00:23:49	00:23:45	12.63	00:11:34 / 145 [12.97]
180	67	PUCHALSKI Filip	WARSZAWA			87		(M)180		00:23:51	00:23:43	12.65	00:11:13 / 124 [13.37]
181	238	SZEWczyk Andrzej	WARSZAWA			82		(M)181		00:23:54	00:23:25	12.81	00:12:33 / 229 [11.95]
182	449	BELOWSKI Leszek	PULAWY			53	Mast/46	(M)182		00:23:55	00:23:48	12.61	00:11:48 / 175 [12.71]
183	321	SIERADZKI Łukasz	MIASTKÓW	RUNNING TEAM MIASTKÓW		94	Jun/19	(M)183		00:23:57	00:23:42	12.66	00:12:09 / 197 [12.35]
184	227	HULANICKI Andrzej	WARSZAWA	TKKF PIASKI WARSZAWA		58	Mast/47	(M)184		00:24:00	00:23:46	12.62	00:12:09 / 198 [12.35]
185	236	KOZUBSKI Sławomir	ŻYRARDÓW			86		(M)185		00:24:00	00:23:54	12.55	00:11:05 / 111 [13.53]
186	291	PLUCIENNICZAK Wojtek	LATCHORZEW	62 DR OP		80		(M)186		00:24:01	00:23:42	12.66	00:12:24 / 220 [12.10]
187	289	BELC Piotr	WARSZAWA			77		(M)187		00:24:03	00:23:53	12.56	00:11:42 / 162 [12.82]
188	437	MYSLEK Radosław	WARSZAWA	WOŚP		80		(M)188		00:24:05	00:23:42	12.66	00:12:22 / 213 [12.13]
189	149	ŚWIĆ Rafał	WARSZAWA			74		(M)189		00:24:05	00:24:04	12.47	00:11:50 / 180 [12.68]
190	473	WALEWSKI MARCIN	WARSZAWA			71		(M)190		00:24:05	00:23:57	12.53	00:11:44 / 166 [12.78]
191	190	KUCIŃSKI Łukasz	WARSZAWA			78		(M)191		00:24:07	00:23:52	12.57	00:12:11 / 201 [12.31]
192	647	GIERCZAK Jakub	WARSZAWA	RAIFFEISEN LEASING RUNNERS		79		(M)192		00:24:16	00:23:56	12.53	00:12:22 / 212 [12.13]
193	341	GROCHOWSKI Jakub	WARSZAWA			79		(M)193		00:24:17	00:23:59	12.51	00:12:32 / 227 [11.97]
194	51	ROSOSZCZUK Paweł	WARSZAWA			83		(M)194		00:24:17	00:24:05	12.46	00:11:46 / 170 [12.75]
195	72	MALINOWSKI Jerzy	SZELIGI	UKS AMBRA		61	Mast/48	(M)195		00:24:19	00:23:53	12.56	00:12:26 / 224 [12.06]
196	280	ORZESZEK Krzysztof	WARSZAWA	UKS GEPARD		70	Mast/49	(M)196		00:24:21	00:24:08	12.43	00:11:54 / 186 [12.61]
197	251	MISZTAK Piotr	WARSZAWA	IT4I		83		(M)197		00:24:22	00:24:02	12.48	00:12:23 / 218 [12.11]
198	105	WIŚNIEWSKI Marek	WARSZAWA			71		(M)198		00:24:22	00:24:14	12.38	00:11:59 / 193 [12.52]
199	401	ZIĘDALSKI Marcin	WARSZAWA			90		(M)199		00:24:26	00:24:17	12.35	00:11:41 / 158 [12.84]
200	330	MALDIS Marek	WARSZAWA	LASEK BIELAŃSKI TEAM		49	Mast/50	(M)200		00:24:27	00:24:22	12.31	00:12:12 / 203 [12.30]
201	258	WOJTASZKO Maciej	WARSZAWA			76		(M)201		00:24:28	00:24:09	12.42	00:12:32 / 228 [11.97]
202	215	KRUK Arkadiusz	WARSZAWA			71		(M)202		00:24:29	00:24:14	12.38	00:12:36 / 233 [11.90]
203	282	RADZIEJEWSKI Karol	OLTARZEW			85		(M)203		00:24:30	00:24:12	12.40	00:12:34 / 230 [11.94]
204	198	KINASIEWICZ Paweł	WARSZAWA			76		(M)204		00:24:30	00:24:24	12.30	00:11:48 / 174 [12.71]
205	194	NOWAKOWSKI Paweł	WARSZAWA			78		(M)205		00:24:31	00:24:18	12.35	00:11:58 / 191 [12.53]
206	409	OLAK Marcin	WARSZAWA			82		(M)206		00:24:32	00:24:10	12.41	00:12:55 / 250 [11.61]
207	296	ŁUKASIK Kazimierz	PRUSZKÓW			46	Mast/51	(M)207		00:24:32	00:24:13	12.39	00:12:34 / 231 [11.94]
208	272	ANDRZEJEWSKI Maciej	WARSZAWA			84		(M)208		00:24:34	00:24:20	12.33	00:12:26 / 222 [12.06]
209	408	DROZDOWSKI Witold	LEGIONOWO			70	Mast/52	(M)209		00:24:36	00:24:18	12.35	00:12:20 / 210 [12.16]
210	293	BEDNARCZYK Mariusz	WARSZAWA	STRAZ MIEJSKA		70	Mast/53	(M)210		00:24:37	00:24:32	12.23	00:12:22 / 215 [12.13]
211	80	SKIBIŃSKI Zenon	WARSZAWA			68	Mast/54	(M)211		00:24:37	00:24:31	12.24	00:11:43 / 163 [12.80]

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto [km/h]	Check points
212	434	SZYMAŃSKI Przemysław	WARSZAWA			78		(M)212		00:24:38	00:24:28 12.26	00:12:20 / 209 [12.16]
213	28	GASEK Rafał	WARSZAWA		DZIELNICA BEMOWO	90		(M)213		00:24:39	00:24:15 12.37	00:12:51 / 245 [11.67]
214	86	ARAK Arkadiusz	WARSZAWA		KLUB WYSOKOGÓRSKI WARSZAWA	80		(M)214		00:24:42	00:24:29 12.25	00:12:15 / 205 [12.24]
215	43	KOZŁOWSKI TOMASZ	WARSZAWA			73		(M)215		00:24:42	00:24:41 12.15	00:11:51 / 182 [12.66]
216	649	ROSIŃSKI Wojtek	WARSZAWA		RAIFFEISEN LEASING RUNNERS	85		(M)216		00:24:45	00:24:24 12.30	00:12:11 / 200 [12.31]
217	60	CZAJKOWSKI Błażej	WARSZAWA			84		(M)217		00:24:45	00:24:37 12.19	00:11:58 / 190 [12.53]
218	214	MERCHEL Krzysztof	CHOTOMÓW		GRUPA BIEGOWA CHTMO	83		(M)218		00:24:46	00:24:43 12.14	00:11:51 / 183 [12.66]
219	107	JARECKI Ryszard	WARSZAWA			74		(M)219		00:24:49	00:24:36 12.20	00:12:06 / 195 [12.40]
220	102	JANUSZ Piotr	WARSZAWA			70 Mast/55		(M)220		00:24:49	00:24:26 12.28	00:13:00 / 259 [11.54]
221	219	KALBARCZYK Krzysztof	WARSZAWA			76		(M)221		00:24:49	00:24:32 12.23	00:12:30 / 226 [12.00]
222	389	LUSAWA Tomasz	LEGIONOWO			74		(M)222		00:24:49	00:24:38 12.18	00:11:51 / 184 [12.66]
223	364	MATYSIEWICZ Piotr	WARSZAWA		ERA RUNNING TEAM	75		(M)223		00:24:50	00:24:35 12.20	00:12:25 / 221 [12.08]
224	388	NETZEL Tomasz	WARSZAWA		BLOGBIEGACZA.PL	84		(M)224		00:24:50	00:24:31 12.24	00:12:21 / 211 [12.15]
225	108	SEKLECKI Bogumił	WARSZAWA			72		(M)225		00:24:51	00:24:28 12.26	00:12:49 / 240 [11.70]
226	147	FILIPEK Grzegorz	WARSZAWA		PUMA Z BIEGIEM WARSZAWY	71		(M)226		00:24:51	00:24:30 12.24	00:12:59 / 258 [11.55]
227	299	CZERWINSKI Paweł	WARSZAWA			79		(M)227		00:24:52	00:24:25 12.29	00:13:05 / 273 [11.46]
228	398	FINKE Grzegorz	WARSZAWA			84		(M)228		00:24:54	00:24:31 12.24	00:12:37 / 234 [11.89]
229	249	LEJMAN Adam	WARSZAWA			69 Mast/56		(M)229		00:24:57	00:24:42 12.15	00:12:39 / 236 [11.86]
230	224	NIEŚCIORUK Mirosław	ŁOMIANKI		WARM	61 Mast/57		(M)230		00:24:57	00:24:30 12.24	00:12:51 / 246 [11.67]
231	112	ZAPORSKI Marcin	WARSZAWA			76		(M)231		00:24:58	00:24:46 12.11	00:12:24 / 219 [12.10]
232	641	CHRABAŁOWSKI Dariusz	WARSZAWA		SUPER EXPRESS	58 Mast/58		(M)232		00:24:58	00:24:46 12.11	00:12:11 / 202 [12.31]
233	444	BITOWT Krzysztof	PIASTÓW			70 Mast/59		(M)233		00:25:05	00:25:00 12.00	00:11:37 / 150 [12.91]
234	54	TORZEWSKI Janusz	WARSZAWA			73		(M)234		00:25:06	00:24:47 12.10	00:13:05 / 272 [11.46]
235	62	KUCZYŃSKI Lesław	WARSZAWA		SZMOTRUCHY	78		(M)235		00:25:06	00:24:57 12.02	00:11:45 / 168 [12.77]
236	384	MASŁOWSKI Michał	WARSZAWA			74		(M)236		00:25:10	00:24:53 12.06	00:12:22 / 217 [12.13]
237	413	RUPIEWICZ Jarosław	WARSZAWA		KB CASTELLANUS	80		(M)237		00:25:13	00:25:00 12.00	00:12:48 / 239 [11.72]
238	381	KOCZMEŁA Paweł	WARSZAWA		ERA RUNNING TEAM	75		(M)238		00:25:13	00:25:02 11.98	00:12:20 / 208 [12.16]
239	383	WOJTASIK Rafał	WARSZAWA			82		(M)239		00:25:16	00:24:46 12.11	00:12:14 / 204 [12.26]
240	447	GAŁĄŻKA Antek	WARSZAWA			91 Jun/20		(M)240		00:25:20	00:25:02 11.98	00:12:56 / 253 [11.60]
241	290	NIKOLAJÓW Adam Jimmy	WARSZAWA		62 DR OP	77		(M)241		00:25:25	00:25:06 11.95	00:12:58 / 257 [11.57]
242	440	MĘŻYŃSKI Arkadiusz	WARSZAWA		WARSZAWA-MOKOTÓW	78		(M)242		00:25:26	00:25:20 11.84	00:12:19 / 207 [12.18]
243	163	JESINOWICZ Sławomir	WARSZAWA		BIEGAM, BO MUSZĘ.	84		(M)243		00:25:29	00:25:19 11.85	00:13:02 / 264 [11.51]
244	278	SZYMANIAK Zbigniew	WARSZAWA			70 Mast/60		(M)244		00:25:29	00:25:11 11.91	00:12:54 / 248 [11.63]
245	94	ORŁOWSKI Przemysław	ZIELONKA			84		(M)245		00:25:31	00:25:22 11.83	00:13:02 / 265 [11.51]
246	338	DOBROWOLSKI Artur	WARSZAWA			74		(M)246		00:25:33	00:25:11 11.91	00:13:11 / 281 [11.38]
247	137	SZAKIEWICZ Bartłomiej	WARSZAWA			77		(M)247		00:25:34	00:25:21 11.83	00:12:56 / 252 [11.60]
248	266	TĘPIŃSKI Leszek	WARSZAWA			70 Mast/61		(M)248		00:25:34	00:25:34 11.73	00:12:22 / 214 [12.13]

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto [km/h]	Check points	
249	311	KONARSKI Kazimierz	LOMIANKI		LASEK BIELAŃSKI	56	Mast/62		(M)249	00:25:35	00:25:23	11.82	00:12:22 / 216 [12.13]
250	319	WOJEWODA Michał	WARSZAWA			74			(M)250	00:25:38	00:25:17	11.87	00:13:04 / 270 [11.48]
251	158	KĄŻMIERCZAK Jakub	WARSZAWA		WAT	69	Mast/63		(M)251	00:25:40	00:25:15	11.88	00:13:06 / 277 [11.45]
252	232	GRUZA Piotr	WARSZAWA			72			(M)252	00:25:41	00:25:39	11.70	00:11:42 / 160 [12.82]
253	90	IGNACIUK Grzegorz	DZIEKANÓW LEŚNY			76			(M)253	00:25:43	00:25:24	11.81	00:13:01 / 262 [11.52]
254	481	GIZIŃSKA-DZIADKOWIEC Beata	WARSZAWA		ŻÓLWIE	69	Mast/64		(M)254	00:25:45	00:25:22	11.83	00:13:12 / 282 [11.36]
255	356	ŚCIGALSKI Dominik	WARSZAWA			79			(M)255	00:25:46	00:25:29	11.77	00:12:58 / 256 [11.57]
256	175	PRZYBYŁA Sylwester	WARSZAWA		KU AZS WAT WARSZAWA	57	Mast/65		(M)256	00:25:49	00:25:28	11.78	00:12:57 / 254 [11.58]
257	160	WAGNER Jakub	WARSZAWA			94	Jun/21		(M)257	00:25:49	00:25:36	11.72	00:12:53 / 247 [11.64]
258	275	GAWROŃSKI Mariusz	WARSZAWA			64	Mast/66		(M)258	00:25:50	00:25:45	11.65	00:12:18 / 206 [12.20]
259	424	ŚLIWA Mirosław	WARSZAWA			74			(M)259	00:25:56	00:25:33	11.74	00:12:58 / 255 [11.57]
260	648	ZAKRZEWSKI Wojciech	WARSZAWA		RAIFFEISEN LEASING RUNNERS	76			(M)260	00:25:57	00:25:37	11.71	00:13:05 / 274 [11.46]
261	176	KROCHMAL Grzegorz	WARSZAWA		KU AZS WAT WARSZAWA	59	Mast/67		(M)261	00:26:00	00:25:40	11.69	00:13:06 / 276 [11.45]
262	31	JURCZAK Jerzy	WARSZAWA		DZIELNICA BEMOWO	90			(M)262	00:26:13	00:26:13	11.44	00:13:06 / 275 [11.45]
263	116	CECOT Łukasz	WARSZAWA			81			(M)263	00:26:13	00:25:55	11.58	00:13:24 / 290 [11.19]
264	646	GAWRYSZCZAK Szymon	WARSZAWA		RAIFFEISEN LEASING RUNNERS	83			(M)264	00:26:14	00:25:53	11.59	00:13:20 / 287 [11.25]
265	281	MIGDAŁ Radosław	WARSZAWA			76			(M)265	00:26:15	00:25:58	11.55	00:13:01 / 263 [11.52]
266	427	DUDA Staś	JÓZEFÓW			95	Jun/22		(M)266	00:26:16	00:26:05	11.50	00:13:13 / 283 [11.35]
267	252	GETKO Krzysztof	WARSZAWA			86			(M)267	00:26:16	00:26:03	11.52	00:12:49 / 241 [11.70]
268	239	JUNG Jakub	WARSZAWA		BIEGAM, BO MUSZĘ.	85			(M)268	00:26:17	00:26:07	11.49	00:13:02 / 266 [11.51]
269	314	TUCZYŃSKI Kacper	PRUSZKÓW			94	Jun/23		(M)269	00:26:17	00:26:05	11.50	00:13:01 / 261 [11.52]
270	126	CIECIORA Tomasz	WÓLKA KOSOWSKA		DRUŻYNA SZPIKU	69	Mast/68		(M)270	00:26:19	00:26:14	11.44	00:12:50 / 244 [11.69]
271	53	KWIATKOWSKI Michał	WARSZAWA			78			(M)271	00:26:20	00:25:56	11.57	00:13:40 / 295 [10.98]
272	235	TUROS Marek	WARSZAWA		AMATOR	69	Mast/69		(M)272	00:26:20	00:26:04	11.51	00:13:09 / 280 [11.41]
273	304	WIELGO Przybysław	WARSZAWA			73			(M)273	00:26:23	00:26:09	11.47	00:13:26 / 291 [11.17]
274	376	HENCEL Tomasz	WARSZAWA		PRAXIS	78			(M)274	00:26:24	00:26:24	11.36	00:12:42 / 238 [11.81]
275	302	BOROWY Krzysztof	WARSZAWA		ERA RUNNIG TEAM	74			(M)275	00:26:27	00:26:10	11.46	00:12:42 / 237 [11.81]
276	391	KUCHARSKI Stanisław	RAWA MAZOWIECKA			77			(M)276	00:26:28	00:26:21	11.39	00:12:54 / 249 [11.63]
277	178	JANCZYK Rafał	WARSZAWA			68	Mast/70		(M)277	00:26:30	00:26:30	11.32	00:13:03 / 268 [11.49]
278	406	LEŚNIAK Piotr	WARSZAWA			69	Mast/71		(M)278	00:26:37	00:26:23	11.37	00:13:03 / 269 [11.49]
279	294	SZYMAŃSKI Rafał	WARSZAWA			84			(M)279	00:26:38	00:26:26	11.35	00:14:02 / 316 [10.69]
280	286	KRYSIK Daniel	WUJÓWKA			90			(M)280	00:26:38	00:26:23	11.37	00:13:45 / 303 [10.91]
281	284	KALINOWSKI Jakub	WARSZAWA		KOMORÓW RUNNING TEAM	85			(M)281	00:26:38	00:26:25	11.36	00:14:02 / 317 [10.69]
282	301	CIECHOMSKI Cezary	SOKOŁÓW			77			(M)282	00:26:38	00:26:14	11.44	00:13:40 / 296 [10.98]
283	92	ZALEWSKI Marcin	WARSZAWA		CANOR ANTICUS	52	Mast/72		(M)283	00:26:40	00:26:22	11.38	00:13:51 / 311 [10.83]
284	91	ZALEWSKI Paweł	WARSZAWA		EXSESSIVE MACHINE	84			(M)284	00:26:40	00:26:22	11.38	00:13:51 / 309 [10.83]
285	138	JĄSKIEWICZ Marek	WARSZAWA			78			(M)285	00:26:45	00:26:32	11.31	00:13:03 / 267 [11.49]

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto [km/h]	Check points
286	7	ZAREMBA Michał	WARSZAWA		DZIELNICA BEMOWO	90		(M)286		00:26:47	00:26:36 11.28	00:13:20 / 286 [11.25]
287	287	DAŃKOWSKI Jan	WARSZAWA			83		(M)287		00:26:51	00:26:28 11.34	00:13:39 / 294 [10.99]
288	355	RODAK Zbigniew	WARSZAWA			64	Mast/73	(M)288		00:26:54	00:26:25 11.36	00:13:54 / 312 [10.79]
289	256	KONDEJ Rafał	WARSZAWA		TWG	75		(M)289		00:26:56	00:26:39 11.26	00:13:20 / 285 [11.25]
290	431	LIŚNIEWSKI Andrzej	WARSZAWA		WKB META LUBLINIEC	72		(M)290		00:26:57	00:26:32 11.31	00:13:55 / 313 [10.78]
291	377	KACZMAREK Grzegorz	WARSZAWA			80		(M)291		00:26:58	00:26:35 11.29	00:13:49 / 308 [10.86]
292	157	KOWALIK Zbigniew	WARSZAWA			66	Mast/74	(M)292		00:27:06	00:26:59 11.12	00:13:18 / 284 [11.28]
293	428	KUCIŃSKI Krzysztof	WARSZAWA			74		(M)293		00:27:07	00:26:52 11.17	00:13:08 / 279 [11.42]
294	79	DUDEK Mirosław	WARSZAWA		10 WPSAM	74		(M)294		00:27:07	00:26:48 11.19	00:13:45 / 302 [10.91]
295	78	KWIATKOWSKI Andrzej	WARSZAWA		10 WPSAM	78		(M)295		00:27:07	00:26:48 11.19	00:13:44 / 301 [10.92]
296	378	WOLSKI Marcin	WARSZAWA		ERA RUNNING TEAM	79		(M)296		00:27:09	00:26:53 11.16	00:12:49 / 243 [11.70]
297	271	GAWKOWSKI Arkadiusz	WARSZAWA			78		(M)297		00:27:21	00:27:00 11.11	00:13:41 / 298 [10.96]
298	205	BIEŃKOWSKI Jacek	WARSZAWA			79		(M)298		00:27:24	00:27:02 11.10	00:13:24 / 289 [11.19]
299	115	CZUPTA Hieronim	WARSZAWA		WARSZAWSKA MASA KRYTYCZNA	74		(M)299		00:27:25	00:27:10 11.04	00:13:41 / 299 [10.96]
300	269	GRYGOLEC Mirosław	PIASTÓW			68	Mast/75	(M)300		00:27:36	00:27:21 10.97	00:13:04 / 271 [11.48]
301	200	WASIL Mirosław	PRUSZKÓW			76		(M)301		00:27:43	00:27:23 10.96	00:13:46 / 305 [10.90]
302	133	MARUSZAK Piotr	WARSZAWA			84		(M)302		00:27:46	00:27:25 10.94	00:13:07 / 278 [11.44]
303	310	ŻUCZKOWSKI Łukasz	WARSZAWA			77		(M)303		00:27:47	00:27:21 10.97	00:13:55 / 314 [10.78]
304	347	LESNER Przemek	BLIZNE		AZS WAT WARSZAWA	70	Mast/76	(M)304		00:27:51	00:27:25 10.94	00:15:06 / 337 [9.93]
305	357	GURZYŃSKI Cezary	WARSZAWA			75		(M)305		00:27:52	00:27:26 10.94	00:15:07 / 338 [9.92]
306	263	ŁACHETA Jerzy	WARSZAWA			61	Mast/77	(M)306		00:27:59	00:27:38 10.86	00:13:46 / 306 [10.90]
307	114	RZEPKO Mariusz	MARKI			76		(M)307		00:28:02	00:27:39 10.85	00:13:45 / 304 [10.91]
308	448	MAKAREWICZ Andrzej	WARSZAWA			81		(M)308		00:28:02	00:27:49 10.78	00:13:29 / 292 [11.12]
309	642	DYMEL Piotr	WARSZAWA			52	Mast/78	(M)309		00:28:15	00:28:09 10.66	00:13:44 / 300 [10.92]
310	120	ROŚLAN Jacek	WARSZAWA		HP RUN	63	Mast/79	(M)310		00:28:22	00:28:13 10.63	00:13:51 / 310 [10.83]
311	77	OSOJCA Tomasz	BŁONIE			79		(M)311		00:28:25	00:27:59 10.72	00:14:09 / 319 [10.60]
312	74	ZBICIAK Piotr	WARSZAWA			79		(M)312		00:28:28	00:27:59 10.72	00:14:20 / 323 [10.47]
313	22	RYSZKOWSKI Maciej	WARSZAWA		DZIELNICA BEMOWO	90		(M)313		00:28:36	00:28:28 10.54	00:12:55 / 251 [11.61]
314	177	GAJ Artur	WARSZAWA			78		(M)314		00:28:36	00:28:22 10.58	00:12:49 / 242 [11.70]
315	435	SALACH Marcin	WARSZAWA			78		(M)315		00:28:39	00:28:23 10.57	00:13:22 / 288 [11.22]
316	318	SYPIAŃSKI Paweł	WARSZAWA			70	Mast/80	(M)316		00:28:50	00:28:42 10.45	00:13:40 / 297 [10.98]
317	405	OTRZAŚEK Krzysztof	KATOWICE			82		(M)317		00:29:05	00:28:36 10.49	00:14:20 / 324 [10.47]
318	88	GÓRALSKI Jędrzej	WARSZAWA			64	Mast/81	(M)318		00:29:06	00:28:50 10.40	00:13:56 / 315 [10.77]
319	316	ZARZYCKI Radosław	WARSZAWA		GROTY TEAM	77		(M)319		00:29:06	00:28:38 10.48	00:14:38 / 330 [10.25]
320	353	GAWRYŁO Zbigniew	WARSZAWA		BEMOWSKA GRUPA POŚCIGOWA	68	Mast/82	(M)320		00:29:11	00:28:45 10.43	00:15:11 / 340 [9.88]
321	76	GROMULSKI Bartosz	OLEKSIN			82		(M)321		00:29:12	00:28:50 10.40	00:14:09 / 318 [10.60]
322	358	PIWKOWSKI Piotr	WARSZAWA		KU SŁOŃCU	79		(M)322		00:29:12	00:29:01 10.34	00:13:34 / 293 [11.06]

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto [km/h]	Check points
323	103	MEKAL Radosław	WARSZAWA			79		(M)323		00:29:14	00:28:52 10.39	00:14:55 / 336 [10.06]
324	161	KOZŁOWSKI Jakub	WARSZAWA			79		(M)324		00:29:15	00:29:04 10.32	00:13:01 / 260 [11.52]
325	297	STACHOWICZ Tomasz	WARSZAWA			80		(M)325		00:29:16	00:28:49 10.41	00:13:48 / 307 [10.87]
326	257	SENATOR Karol	WARSZAWA			87		(M)326		00:29:17	00:29:00 10.34	00:12:38 / 235 [11.87]
327	337	SZYMAŃSKI Artur	WARSZAWA			70	Mast/83	(M)327		00:29:19	00:28:58 10.36	00:14:26 / 326 [10.39]
328	416	ZAKRZEWSKI Dariusz	WARSZAWA			70	Mast/84	(M)328		00:29:21	00:29:05 10.32	00:14:38 / 329 [10.25]
329	179	JÓŻWIK Zbigniew	ZIELONKA			64	Mast/85	(M)329		00:29:27	00:29:02 10.33	00:14:21 / 325 [10.45]
330	309	MATLA Maciej	RADOM			84		(M)330		00:29:28	00:29:03 10.33	00:14:52 / 333 [10.09]
331	274	NIWIŃSKI Bartek	WARSZAWA			77		(M)331		00:29:29	00:29:05 10.32	00:14:54 / 335 [10.07]
332	335	GÓRSKI Maciej	WARSZAWA			83		(M)332		00:29:29	00:29:05 10.32	00:14:52 / 332 [10.09]
333	415	FIODORÓW Paweł	WARSZAWA		AZS WAT WARSZAWA	74		(M)333		00:29:29	00:29:03 10.33	00:15:08 / 339 [9.91]
334	265	TĘPIŃSKI Rafał	WARSZAWA			94	Jun/24	(M)334		00:29:46	00:29:27 10.19	00:14:29 / 327 [10.36]
335	303	BOROWY Jakub	WARSZAWA			94	Jun/25	(M)335		00:29:50	00:29:33 10.15	00:14:29 / 328 [10.36]
336	58	MIRECKI Tomasz	WARSZAWA			71		(M)336		00:29:56	00:29:42 10.10	00:14:14 / 320 [10.54]
337	5	WACHNIK Piotr	WARSZAWA		DZIELNICA BEMOWO	90		(M)337		00:30:03	00:29:39 10.12	00:15:21 / 342 [9.77]
338	400	WAŚOWICZ Dariusz	WIELOGÓRA			63	Mast/86	(M)338		00:30:21	00:30:04 9.98	00:15:11 / 341 [9.88]
339	15	KRUPIŃSKI Marcin	WARSZAWA		DZIELNICA BEMOWO	90		(M)339		00:30:22	00:29:59 10.01	00:14:19 / 321 [10.48]
340	327	LUBAŃSKI Piotruś	WARSZAWA		MALWA TEAM SPORT	94	Jun/26	(M)340		00:30:24	00:29:55 10.03	00:14:19 / 322 [10.48]
341	329	LUBAŃSKI Piotr	WARSZAWA		MALWA TEAM SPORT	74		(M)341		00:30:25	00:29:57 10.02	00:15:22 / 345 [9.76]
342	328	LUBAŃSKI Stanisław	WARSZAWA		MALWA TEAM SPORT	50	Mast/87	(M)342		00:30:25	00:29:52 10.04	00:15:22 / 344 [9.76]
343	40	CZECHOWSKI Jerzy	WARSZAWA		MZA WARSZAWA	49	Mast/88	(M)343		00:30:31	00:30:24 9.87	00:14:47 / 331 [10.15]
344	260	ZALĘSKI Marcin	CZECZOTKI			77		(M)344		00:30:50	00:30:27 9.85	00:14:53 / 334 [10.08]
345	184	ADAMKIEWICZ Michał	SOCHACZEW		KM AKTYWNI SOCHACZEW	94	Jun/27	(M)345		00:30:56	00:30:40 9.78	00:15:21 / 343 [9.77]
346	65	JURKOWSKI Stanisław	WARSZAWA			35	Mast/89	(M)346		00:31:11	00:31:08 9.64	00:15:22 / 346 [9.76]
347	6	HORBACZEWSKI Marek	WARSZAWA		DZIELNICA BEMOWO	90		(M)347		00:32:19	00:32:19 9.28	00:16:01 / 348 [9.37]
348	82	BARTKOWIAK Henryk	NOWA IWICZNA			46	Mast/90	(M)348		00:33:06	00:32:45 9.16	00:16:01 / 349 [9.37]
349	121	GRABOWSKI Krzysztof	WARSZAWA			84		(M)349		00:33:11	00:32:46 9.16	00:16:08 / 350 [9.30]
350	148	ŚLUBOWSKI Konstanty	WARSZAWA			46	Mast/91	(M)350		00:33:25	00:32:54 9.12	00:16:19 / 351 [9.19]
351	233	MAREK Henryk	W-WA			47	Mast/92	(M)351		00:33:26	00:33:26 8.97	00:16:19 / 352 [9.19]
352	207	PAC Tomasz	WARSZAWA			84		(M)352		00:34:12	00:34:07 8.79	00:15:40 / 347 [9.57]
353	168	BAJOREK Jacek	WYSZKÓW			75		(M)353		00:35:52	00:35:21 8.49	00:16:59 / 353 [8.83]
354	119	BORZYM Lech	WARSZAWA			45	Mast/93	(M)354		00:37:49	00:37:21 8.03	00:18:52 / 354 [7.95]

ZAWODNICY NIE UKOŃCZYLI WYŚCIGU

II Bemowski Bieg Przyjaźni 2010

WYNIKI ZAWODÓW / RESULTS LIST

OPEN Przodowniczki

Organizator: Urząd Dzielnicy Bemowo m.st. Warszawy

Data: 19 września 2010 r.

Miejsce/Spot: Warszawa - Bemowo

Distance: 5km

<i>Miejsce</i> <i>Rank</i>	<i>Nr</i> <i>Bib</i>	<i>Nazwisko i imię</i> <i>Name</i>	<i>Miejscowość</i> <i>City</i>	<i>Kraj</i> <i>Nat</i>	<i>Drużyna</i> <i>Team</i>	<i>R-k</i> <i>YoB</i>	<i>W kategorii</i> <i>in Age</i>	<i>Grupy</i> <i>Group</i>	<i>Sex</i>	<i>Wynik</i> <i>Time</i>	<i>Wynik</i> <i>Netto [km/h]</i>	<i>Check points</i>	
1	634	TEKIEŃ Joanna	WARSZAWA	WARSZAWIANKA		87		(K)1		00:18:02	00:18:01	16.65	00:08:56 / 1 [16.79]
2	557	STAWCZYK Dominika	WARSZAWA	ENTRE.PL TEAM		82		(K)2		00:18:27	00:18:26	16.27	00:08:59 / 2 [16.70]
3	522	WOJCIECHOWSKA Katarzyna	KOMORÓW	STAL NOWA DĘBA		95	Jun/1	(K)3		00:20:25	00:20:24	14.71	00:10:05 / 3 [14.88]
4	580	RADZISZEWSKA Katarzyna	ŁASIEWITY	ULKS MACOVIA		91	Jun/2	(K)4		00:20:33	00:20:31	14.62	00:10:08 / 4 [14.80]
5	637	WITEK-PIOTROWSKA Ewa	WARSZAWA	ENTRE.PL		75		(K)5		00:20:55	00:20:54	14.35	00:10:15 / 5 [14.63]
6	618	KAMIEŃ Dorota	WARSZAWA	AWF WARSZAWA		72		(K)6		00:21:15	00:21:13	14.14	00:10:22 / 6 [14.47]
7	457	MITUŁA Anna	WOŁOMIN	WSB CYTADELA		85		(K)7		00:21:53	00:21:50	13.74	00:11:05 / 11 [13.53]
8	572	BĘBENEK Anna	KRAKÓW	JEZIORZANY		83		(K)8		00:21:56	00:21:54	13.70	00:10:52 / 9 [13.80]
9	629	DUDA Zuzia	JÓZEFÓW			94	Jun/3	(K)9		00:21:58	00:21:57	13.67	00:10:45 / 7 [13.95]
10	465	ŻURANIEWSKA Agnieszka	WARSZAWA	KLUB BIEGACZA NIKE		77		(K)10		00:22:09	00:22:06	13.57	00:10:55 / 10 [13.74]
11	514	PAWŁOWSKA-POJAWA Anna	WARSZAWA	BYLEDOBIEC ANIN		76		(K)11		00:22:25	00:22:23	13.40	00:10:52 / 8 [13.80]
12	491	WAGNER Jolanta	WARSZAWA			66	Mast/1	(K)12		00:22:27	00:22:25	13.38	00:11:05 / 12 [13.53]
13	632	SZADURA Małgorzata	SKRZESZEW			67	Mast/2	(K)13		00:22:34	00:22:32	13.31	00:11:06 / 13 [13.51]
14	624	OSTROWSKA-DOLĘGOWSKA Magdalena	WARSZAWA	MIEŚCZNIK BIEGANIE		84		(K)14		00:22:49	00:22:45	13.19	00:11:19 / 17 [13.25]
15	581	GRATYS Katarzyna	WARSZAWA	ENTRE.PL TEAM		81		(K)15		00:23:07	00:23:04	13.01	00:11:15 / 15 [13.33]
16	485	NIEDZIÓŁKA Małgorzata	WARSZAWA			68	Mast/3	(K)16		00:23:09	00:23:08	12.97	00:11:25 / 18 [13.14]
17	468	SOBIERAJ Aneta	WARSZAWA			85		(K)17		00:23:10	00:23:10	12.95	00:11:12 / 14 [13.39]
18	608	SZYMAŃSKA Justyna	PŁOŃSK			87		(K)18		00:23:17	00:23:16	12.89	00:11:50 / 25 [12.68]
19	493	KAZIMIERSKA Weronika	WARSZAWA			86		(K)19		00:23:21	00:23:20	12.86	00:11:16 / 16 [13.31]
20	524	HULANICKA Irina	WARSZAWA	LASEK BIELAŃSKI TEAM		56	Mast/4	(K)20		00:23:54	00:23:52	12.57	00:11:45 / 22 [12.77]
21	570	KWIATKOWSKA Anna	WARSZAWA			87		(K)21		00:24:01	00:23:55	12.54	00:12:06 / 30 [12.40]
22	588	LEWANDOWSKA Barbara	WARSZAWA			80		(K)22		00:24:04	00:23:58	12.52	00:11:36 / 20 [12.93]
23	509	SOSZYŃSKA Małgorzata	WARSZAWA			62	Mast/5	(K)23		00:24:05	00:24:02	12.48	00:11:49 / 24 [12.69]
24	486	SIWOŃ Ewa	WARSZAWA	ETRAMPKI.PL		73		(K)24		00:24:09	00:24:02	12.48	00:12:16 / 34 [12.23]
25	567	HOLUBIEC Małgorzata	SIEDLCE			71		(K)25		00:24:27	00:24:25	12.29	00:11:47 / 23 [12.73]
26	531	STEFAŃSKA Katarzyna	STARA WIEŚ	GLKS NADARZYN		72		(K)26		00:24:30	00:24:28	12.26	00:12:05 / 29 [12.41]

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii Grupy in Age Group Sex	Wynik Time	Wynik Netto [km/h]	Check points
27	536	KULMA Magdalena	WARSZAWA			80	(K)27	00:24:36	00:24:34 12.21	00:11:56 / 26 [12.57]
28	636	KAREWICZ Katarzyna	WARSZAWA			73	(K)28	00:24:36	00:24:27 12.27	00:12:04 / 28 [12.43]
29	551	PIWKO Halina	WARSZAWA			66 Mast/6	(K)29	00:24:38	00:24:36 12.20	00:12:01 / 27 [12.48]
30	106	WALEWSKA Agnieszka	WARSZAWA			73	(K)30	00:24:40	00:24:37 12.19	00:12:27 / 37 [12.05]
31	540	WÓJCIK Agnieszka	WARSZAWA			82	(K)31	00:24:53	00:24:50 12.08	00:12:15 / 32 [12.24]
32	604	ZASADA Agnieszka	ZIELONKA			63 Mast/7	(K)32	00:24:59	00:24:55 12.04	00:12:16 / 33 [12.23]
33	589	WÓJCICKA Olga	PŁONIAWY		MKS MACOVIA	93 Jun/4	(K)33	00:25:00	00:24:56 12.03	00:12:37 / 47 [11.89]
34	528	LUDKOWSKA Urszula	MIŃSK MAZOWIECKI		KD DREPTAK	74	(K)34	00:25:02	00:25:00 12.00	00:12:18 / 35 [12.20]
35	561	ADAMCZAK Joanna	MIŃSKA MAZOWIECKI			83	(K)35	00:25:05	00:24:58 12.02	00:12:27 / 39 [12.05]
36	595	DZIOBKOWSKA Małgorzata	WARSZAWA		TRUCHT TARCHOMIN	69 Mast/8	(K)36	00:25:08	00:25:06 11.95	00:12:27 / 38 [12.05]
37	515	PERKOWSKA Agnieszka	PŁOCHOCIN		FITNESS KLUB POMPELA W OŻAROWIE MAZ.	72	(K)37	00:25:14	00:25:12 11.90	00:12:27 / 36 [12.05]
38	560	BRYCZEK Patrycja	DĄBROWA			83	(K)38	00:25:18	00:25:17 11.87	00:11:30 / 19 [13.04]
39	512	BONDARA Sylwia	WARSZAWA		UW	87	(K)39	00:25:20	00:25:17 11.87	00:12:31 / 41 [11.98]
40	564	GURZYŃSKA Małgorzata	WARSZAWA			78	(K)40	00:25:22	00:25:19 11.85	00:12:32 / 42 [11.97]
41	584	PAWLIK Dorota	WARSZAWA		SAINT-GOBAIN SQUAD	76	(K)41	00:25:31	00:25:29 11.77	00:12:29 / 40 [12.02]
42	489	MOSIEJ Anna	WARSZAWA		ACCELERATE	88	(K)42	00:25:38	00:25:36 11.72	00:12:34 / 44 [11.94]
43	507	SZCZEPANIK Magdalena	WARSZAWA			85	(K)43	00:25:44	00:25:40 11.69	00:11:37 / 21 [12.91]
44	626	BERENT Irena	WARSZAWA			74	(K)44	00:25:50	00:25:42 11.67	00:12:35 / 45 [11.92]
45	16	ŚWIĄTEK Ewelina	WARSZAWA		DZIELNICA BEMOWO	90	(K)45	00:25:55	00:25:51 11.61	00:12:56 / 50 [11.60]
46	541	MALARCZYK Agata	WARSZAWA		ENTRE.PL	78	(K)46	00:25:56	00:25:42 11.67	00:12:59 / 53 [11.55]
47	577	ŁUBIAN Magdalena	OTWOCK			82	(K)47	00:25:58	00:25:52 11.60	00:12:57 / 51 [11.58]
48	484	STAŃSKA Monika	WARSZAWA			87	(K)48	00:26:02	00:26:00 11.54	00:12:32 / 43 [11.97]
49	472	WIŚNIEWSKA Beata	WARSZAWA			71	(K)49	00:26:03	00:26:00 11.54	00:12:35 / 46 [11.92]
50	502	JÓŻWIK Barbara	ZIELONKA			66 Mast/9	(K)50	00:26:06	00:26:02 11.52	00:12:59 / 52 [11.55]
51	553	BUDYTA Katarzyna	SOBIENIE JEZIORY			85	(K)51	00:26:10	00:26:10 11.46	00:12:12 / 31 [12.30]
52	617	BARTNIKOWSKA Monika	WARSZAWA			81	(K)52	00:26:11	00:26:06 11.49	00:13:11 / 57 [11.38]
53	594	DESZCZKA Monika	WARSZAWA			84	(K)53	00:26:20	00:26:15 11.43	00:13:18 / 60 [11.28]
54	555	DRELICH Marta	WARSZAWA			83	(K)54	00:26:21	00:26:10 11.46	00:13:21 / 63 [11.24]
55	603	MOSKAL Izabella	WARSZAWA			73	(K)55	00:26:26	00:26:23 11.37	00:12:55 / 49 [11.61]
56	498	ŻYWEK Teresa	WARSZAWA		ABC KONDYCJA LAS KABACKI	47 Mast/10	(K)56	00:26:30	00:26:23 11.37	00:13:20 / 62 [11.25]
57	478	FRANKOWSKA Magdalena	WARSZAWA			85	(K)57	00:26:35	00:26:31 11.31	00:13:34 / 74 [11.06]
58	530	CZAMARA Dorota	OTWOCK			81	(K)58	00:26:36	00:26:30 11.32	00:13:01 / 54 [11.52]
59	460	CZAMARA Sylwia	WARSZAWA			82	(K)59	00:26:37	00:26:31 11.31	00:13:17 / 59 [11.29]
60	452	KOTYNIA Małgorzata	WARSZAWA			80	(K)60	00:26:45	00:26:43 11.23	00:13:01 / 55 [11.52]
61	612	KARAŚ-GASPARSKA Julita	WARSZAWA			72	(K)61	00:26:53	00:26:42 11.24	00:13:31 / 71 [11.10]
62	451	BOBRYK Karolina	WARSZAWA			84	(K)62	00:26:56	00:26:52 11.17	00:13:27 / 66 [11.15]
63	475	KARŁOWICZ Anna Maria	WARSZAWA		WOLNA WOLA	53 Mast/11	(K)63	00:27:10	00:27:00 11.11	00:13:31 / 72 [11.10]

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii Grupy in Age Group Sex	Wynik Time	Wynik Netto [km/h]	Check points
64	470	ROSA Beata	WARSZAWA	WARSZAWA		86	(K)64	00:27:13	00:27:08 11.06	00:13:27 / 68 [11.15]
65	462	RENC Beata	LEGIONOWO	CHTMO		88	(K)65	00:27:17	00:27:16 11.00	00:13:25 / 65 [11.18]
66	638	ZAJĄCZKOWSKA Joanna	WARSZAWA			65 Mast/12	(K)66	00:27:17	00:27:16 11.00	00:12:54 / 48 [11.63]
67	546	PIWKO Grażyna	WARSZAWA			63 Mast/13	(K)67	00:27:34	00:27:25 10.94	00:13:44 / 78 [10.92]
68	542	CZERWIŃSKA - NOWAK Edyta	WARSZAWA			63 Mast/14	(K)68	00:27:37	00:27:34 10.88	00:13:41 / 76 [10.96]
69	453	TORZEWSKA Agnieszka	WARSZAWA			74	(K)69	00:27:41	00:27:36 10.87	00:13:41 / 77 [10.96]
70	568	KOROTKO Anna	WARSZAWA			73	(K)70	00:27:53	00:27:45 10.81	00:13:49 / 79 [10.86]
71	552	ORZESZEK Małgorzata	WARSZAWA	UKS GEPARD		70 Mast/15	(K)71	00:27:55	00:27:46 10.80	00:14:15 / 93 [10.53]
72	499	BORKOWSKA Joanna	WARSZAWA			84	(K)72	00:28:05	00:28:01 10.71	00:13:27 / 67 [11.15]
73	525	LALIK Agnieszka	LEGIONOWO			72	(K)73	00:28:06	00:27:56 10.74	00:13:50 / 80 [10.84]
74	480	WAJDWICZ Anna	WARSZAWA	ZF UNIA		78	(K)74	00:28:06	00:28:02 10.70	00:13:05 / 56 [11.46]
75	3	SZALEWSKA-SZULCZYŃSKA Ewa	WARSZAWA	DZIELNICA BEMOWO		90	(K)75	00:28:14	00:28:04 10.69	00:14:47 / 113 [10.15]
76	488	DZIKI Marzenna	WARSZAWA	ALETEMPO		53 Mast/16	(K)76	00:28:27	00:28:20 10.59	00:13:54 / 82 [10.79]
77	534	WOJTASZKO Elżbieta	WARSZAWA			78	(K)77	00:28:29	00:28:21 10.58	00:14:14 / 92 [10.54]
78	579	LUBAŃSKA Elżbieta	WARSZAWA	MALWA TEAM SPORT		73	(K)78	00:28:31	00:28:28 10.54	00:13:29 / 69 [11.12]
79	592	PIASECKA Monika	WARSZAWA			86	(K)79	00:28:35	00:28:34 10.50	00:13:25 / 64 [11.18]
80	476	IGNATOWICZ - CECOT Anna	WARSZAWA			83	(K)80	00:28:40	00:28:30 10.53	00:13:33 / 73 [11.07]
81	483	MARUSZAK Marta	WARSZAWA			87	(K)81	00:28:43	00:28:37 10.48	00:13:37 / 75 [11.02]
82	639	WACLAWSKA Maria	WARSZAWA			79	(K)82	00:28:48	00:28:41 10.46	00:13:29 / 70 [11.12]
83	504	PEPŁOWSKA Barbara	MAKÓW MAZOWIECKI			62 Mast/17	(K)83	00:28:53	00:28:47 10.42	00:14:34 / 105 [10.30]
84	619	NOJSZEWSKA Anna	NOWA IWICZNA			70 Mast/18	(K)84	00:28:54	00:28:48 10.42	00:14:11 / 91 [10.58]
85	518	WAWRZYCKA Marta	KIELCE	MICHU TEAM		84	(K)85	00:28:56	00:28:46 10.43	00:14:15 / 95 [10.53]
86	497	KROCHMAL Małgorzata	WARSZAWA	KU AZS WAT WARSZAWA		58 Mast/19	(K)86	00:28:56	00:28:49 10.41	00:14:07 / 88 [10.63]
87	25	GRĘZIAK Teresa	WARSZAWA	DZIELNICA BEMOWO		90	(K)87	00:28:57	00:28:48 10.42	00:14:37 / 108 [10.26]
88	598	TULEJ Bożena	MIŃSK MAZOWIECKI			63 Mast/20	(K)88	00:28:58	00:28:54 10.38	00:13:50 / 81 [10.84]
89	631	KACPRZAK Aleksandra	WARSZAWA	PUMA Z BIEGIEM WARSZAWY		75	(K)89	00:29:00	00:28:55 10.37	00:13:56 / 83 [10.77]
90	537	KOWALCZYK Anna	KRUPIA WÓLKA			76	(K)90	00:29:05	00:28:58 10.36	00:14:40 / 109 [10.23]
91	490	ARCISZEWSKA Marta	WARSZAWA	OWCZY PĘD		78	(K)91	00:29:06	00:28:57 10.36	00:14:04 / 87 [10.66]
92	10	GRĘZIAK Agnieszka	WARSZAWA	DZIELNICA BEMOWO		90	(K)92	00:29:07	00:28:58 10.36	00:14:37 / 107 [10.26]
93	513	DREJARZ-KACZMAREK Anna	WARSZAWA			79	(K)93	00:29:09	00:28:59 10.35	00:14:19 / 96 [10.48]
94	520	STAWICKA Jadwiga	KONSTANCIN	PARK ZDROJOWY KONSTANCIN		52 Mast/21	(K)94	00:29:12	00:29:09 10.29	00:14:21 / 97 [10.45]
95	635	KASIEWICZ Katarzyna	WARSZAWA			78	(K)95	00:29:13	00:29:03 10.33	00:13:18 / 61 [11.28]
96	573	TUCZYŃSKA Elżbieta	PRUSZKÓW			65 Mast/22	(K)96	00:29:15	00:29:11 10.28	00:13:57 / 84 [10.75]
97	585	BALCERZAK Monika	WARSZAWA	ABCKONDYCJA		78	(K)97	00:29:19	00:29:12 10.27	00:14:32 / 103 [10.32]
98	549	BRAŃSKA-DOBROWOLSKA Olga	WARSZAWA	MARATONYPOLSKIE.PL TEAM		73	(K)98	00:29:20	00:29:13 10.27	00:14:32 / 104 [10.32]
99	544	BUDNIK Joanna	CZOSNÓW			93 Jun/5	(K)99	00:29:20	00:29:16 10.25	00:13:17 / 58 [11.29]

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto [km/h]	Check points
100	459	GZIŃSKA Alina	WARSZAWA		ZÓLWIE RUNNING TEAM	73		(K)100		00:29:25	00:29:15 10.26	00:14:15 / 94 [10.53]
101	492	KOZŁOWSKA Lidia	WARSZAWA			78		(K)101		00:29:32	00:29:27 10.19	00:14:03 / 86 [10.68]
102	547	WIERZBICKA Beata	GARWOLIN		BĘDZIE TRUCHTACZ.PL :)	76		(K)102		00:29:32	00:29:26 10.19	00:14:30 / 98 [10.34]
103	548	KAJAK Anna	GARWOLIN		TRUCHTACZ.PL	94 Jun/6		(K)103		00:29:32	00:29:26 10.19	00:14:30 / 100 [10.34]
104	511	SZENAJCH-IWASZKIEWICZ Joanna	WARSZAWA			81		(K)104		00:29:33	00:29:22 10.22	00:14:48 / 114 [10.14]
105	455	WAGNER Ewa	OTWOCK			76		(K)105		00:29:37	00:29:26 10.19	00:14:37 / 106 [10.26]
106	576	ŁUBIAN Iwona	OTWOCK			82		(K)106		00:29:40	00:29:34 10.15	00:14:09 / 89 [10.60]
107	487	ŚWIĆ Małgorzata	WARSZAWA			74		(K)107		00:29:44	00:29:44 10.09	00:14:10 / 90 [10.59]
108	575	DĄBROWSKA Lena	WARSZAWA			81		(K)108		00:29:48	00:29:41 10.11	00:14:00 / 85 [10.71]
109	596	DULKO Bożena	WARSZAWA		TRUCHT TARCHOMIN	74		(K)109		00:29:49	00:29:46 10.08	00:14:31 / 101 [10.33]
110	623	KOS-ZAKRZEWSKA Kinga	WARSZAWA			72		(K)110		00:30:05	00:29:54 10.03	00:14:49 / 116 [10.12]
111	14	ZYŚK Ilona	WARSZAWA		DZIELNICA BEMOWO	90		(K)111		00:30:05	00:29:55 10.03	00:15:14 / 127 [9.85]
112	606	TURSKA Lidia	PIASECZNO			54 Mast/23		(K)112		00:30:06	00:30:04 9.98	00:14:30 / 99 [10.34]
113	13	KOZŁOWSKA Ania	WARSZAWA		DZIELNICA BEMOWO	90		(K)113		00:30:10	00:30:00 10.00	00:15:14 / 128 [9.85]
114	543	BOGUCA Eliza	WARSZAWA			86		(K)114		00:30:13	00:30:06 9.97	00:15:09 / 121 [9.90]
115	532	WAWRZYŃCZYK-MALINOWSKA Ania	WARSZAWA			67 Mast/24		(K)115		00:30:19	00:30:14 9.92	00:14:31 / 102 [10.33]
116	517	KRUPA Marzena	GARWOLIN		BĘDZIE TRUCHTACZ.PL	81		(K)116		00:30:27	00:30:21 9.88	00:14:44 / 110 [10.18]
117	538	TĘPIŃSKA Iwona	WARSZAWA			70 Mast/25		(K)117		00:30:33	00:30:26 9.86	00:15:07 / 120 [9.92]
118	554	PILARSKA Malwina	WARSZAWA			84		(K)118		00:30:42	00:30:30 9.84	00:15:11 / 122 [9.88]
119	479	ROŚLAN Małgorzata	WARSZAWA			64 Mast/26		(K)119		00:30:43	00:30:36 9.80	00:15:12 / 124 [9.87]
120	527	FRYDRYCH Bożena	WARSZAWA			57 Mast/27		(K)120		00:30:44	00:30:42 9.77	00:14:46 / 111 [10.16]
121	523	NIEŚCIORUK Anna	ŁOMIANKI		WARM	61 Mast/28		(K)121		00:30:46	00:30:33 9.82	00:15:12 / 123 [9.87]
122	494	JESINOWICZ Grażyna	WARSZAWA			60 Mast/29		(K)122		00:30:59	00:30:50 9.73	00:15:21 / 133 [9.77]
123	556	DĄBKOWSKA Magdalena	WARSZAWA			83		(K)123		00:30:59	00:30:55 9.70	00:15:13 / 125 [9.86]
124	590	MATULANIEC Elżbieta	WARSZAWA		DAMY RADEĘ	56 Mast/30		(K)124		00:31:03	00:30:57 9.69	00:15:07 / 118 [9.92]
125	627	SZAFRAN Beata	MARKÓW ŚWINICE			77		(K)125		00:31:08	00:31:01 9.67	00:15:07 / 119 [9.92]
126	602	ZACKIEWICZ Urszula	WARSZAWA			65 Mast/31		(K)126		00:31:15	00:31:06 9.65	00:15:19 / 132 [9.79]
127	508	ROZBICKA-WIECZOREK Agnieszka	WARSZAWA			82		(K)127		00:31:15	00:31:06 9.65	00:15:19 / 131 [9.79]
128	562	KASIŃSKA Monika	WARSZAWA			82		(K)128		00:31:24	00:31:12 9.62	00:15:40 / 137 [9.57]
129	510	KURPIŃSKA Izabela	WARSZAWA			83		(K)129		00:31:32	00:31:30 9.52	00:14:48 / 115 [10.14]
130	599	BORKOWSKA Aleksandra	WARSZAWA		DZILENICA URSYNÓW	77		(K)130		00:31:37	00:31:29 9.53	00:14:47 / 112 [10.15]
131	503	KARWAT Joanna	WARSZAWA			76		(K)131		00:31:52	00:31:43 9.46	00:15:29 / 136 [9.69]
132	582	SZYBOWSKA Dorota	WARSZAWA			79		(K)132		00:31:54	00:31:52 9.41	00:15:00 / 117 [10.00]
133	550	BUTWIŁOWSKA Barbara	WARSZAWA			69 Mast/32		(K)133		00:31:59	00:31:55 9.40	00:15:14 / 129 [9.85]
134	521	GOGOLEWSKA Anna	SŁUPNO		SŁUPNO	59 Mast/33		(K)134		00:32:06	00:32:05 9.35	00:15:13 / 126 [9.86]

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto [km/h]	Check points
135	563	NIEDŹWIEDZKA Joanna	WARSZAWA			58	Mast/34		(K)135	00:32:20	00:32:15 9.30	00:15:58 / 142 [9.39]
136	610	ZAK Zuza	WARSZAWA			94	Jun/7		(K)136	00:32:21	00:32:10 9.33	00:15:29 / 134 [9.69]
137	611	KOSOWSKA Angela	WARSZAWA			75			(K)137	00:32:21	00:32:09 9.33	00:15:29 / 135 [9.69]
138	613	URBAN MARTYNA Monika	PULAWY			77			(K)138	00:32:49	00:32:43 9.17	00:16:09 / 143 [9.29]
139	526	ROGÓYSKA Agata	WARSZAWA		KW WARSZAWA	85			(K)139	00:32:56	00:32:50 9.14	00:15:15 / 130 [9.84]
140	614	PAWLICKA Izabella	WARSZAWA			54	Mast/35		(K)140	00:33:01	00:32:51 9.13	00:16:20 / 144 [9.18]
141	456	JURKOWSKA Irena	WARSZAWA			49	Mast/36		(K)141	00:33:06	00:33:00 9.09	00:15:45 / 139 [9.52]
142	559	BEDNARCZYK katarzyna	WARSZAWA			74			(K)142	00:33:41	00:33:37 8.92	00:16:35 / 147 [9.05]
143	593	WIELANIER Matylda	WARSZAWA			76			(K)143	00:33:53	00:33:43 8.90	00:16:21 / 146 [9.17]
144	539	STĘPIEŃ Izabela	WOŁOMIN			80			(K)144	00:34:03	00:33:53 8.85	00:16:21 / 145 [9.17]
145	469	SZOKALSKA Aleksandra	WARSZAWA			82			(K)145	00:34:14	00:34:11 8.78	00:15:42 / 138 [9.55]
146	533	OSTROWSKA Agnieszka	BLĘDÓW			82			(K)146	00:34:17	00:34:13 8.77	00:15:56 / 140 [9.41]
147	583	BYKOWSKA Anna	GŁOGÓW			81			(K)147	00:34:17	00:34:13 8.77	00:15:56 / 141 [9.41]
148	628	GRONEK Maria	WARSZAWA			65	Mast/37		(K)148	00:34:38	00:34:30 8.70	00:17:12 / 150 [8.72]
149	464	GROMULSKA-OSOJCA Barbara	BŁONIE			78			(K)149	00:35:04	00:34:52 8.60	00:17:12 / 149 [8.72]
150	621	SZYMAŃSKA Magdalena	PIASECZNO			82			(K)150	00:35:08	00:35:03 8.56	00:17:01 / 148 [8.81]
151	569	KURZAWA Aldona	WARSZAWA			67	Mast/38		(K)151	00:35:15	00:35:06 8.55	00:17:51 / 157 [8.40]
152	616	OSIAK Anna	WARSZAWA			75			(K)152	00:35:47	00:35:36 8.43	00:17:22 / 153 [8.64]
153	495	MARKOWSKA Beata	PRUSZKÓW			89			(K)153	00:35:53	00:35:48 8.38	00:17:22 / 151 [8.64]
154	566	SZTUBECKA Anna	WARSZAWA		GENERALI	72			(K)154	00:35:56	00:35:51 8.37	00:17:22 / 152 [8.64]
155	545	BUDNIK Magdalena	DĘBINA			92	Jun/8		(K)155	00:36:44	00:36:39 8.19	00:17:45 / 156 [8.45]
156	597	GAWRYŁO Kamila	WARSZAWA		BEMOWSKA GRUPA POŚCIGOWA	94	Jun/9		(K)156	00:36:48	00:36:39 8.19	00:17:36 / 154 [8.52]
157	12	WACHNIK Ewa	WARSZAWA		DZIELNICA BEMOWO	90			(K)157	00:37:39	00:37:39 7.97	00:17:39 / 155 [8.50]
158	630	LABRIGA Katarzyna	KARCZEW			68	Mast/39		(K)158	00:38:15	00:38:04 7.88	00:18:48 / 159 [7.98]
159	477	MAZUREK Agnieszka	WARSZAWA			72			(K)159	00:39:01	00:38:53 7.72	00:18:32 / 158 [8.09]
160	496	STYKOWSKA Katarzyna	WARSZAWA			76			(K)160	00:39:09	00:39:02 7.69	00:19:15 / 160 [7.79]

ZAWODNICY NIE UKOŃCZYLI WYŚCIGU